McDonald's Australia Main Food Menu Food and Beverage - Allergen - Ingredients - Nutrition Information

Information correct as at February 2025

At McDonald's we believe in the nutritional principals of balance, variety and moderation and that eating at McDonald's can fit into a healthy lifestyle. Our goal is to provide you with the information necessary to make informed decisions about your McDonald's menu choices. This guide can help you balance your McDonald's meal with the other meals you eat today, and every day.

This guide is for our Main Food Menu. For information regarding short-time menu items, please either ask a manager in one of our restaurants or contact our Customer Service Department either via our website http://mcdonalds.com.au/contactus or on 02 9875 7100.

The nutrition and ingredient information is based on standard product formulations, standard product assembly and standard serving sizes. Actual sizes and assembly may vary. Due to the individual preparation of each of our menu items, actual values may vary from those listed. Variations may also occur depending on the supplier, country of origin, region of the country of origin, and the season of the year. Further, product formulations may also occur depending on the supplier, country of origin, region of the country of origin, and the season of the year. Further, product formulations may change periodically.

Food Sensitivities and Preferences

As we operate working kitchens please be aware that there is always a risk that traces of allergens may be transferred to ingredients during storage or preparation of food in our kitchens. McDonald's Restaurants are therefore unable to guarantee that any food item sold is free from cross contact of allergens.

No food items are certified as vegetarian. Whilst some ingredients may not contain animal ingredients, we cannot guarantee that there will be no cross contact with ingredients that do contain animal ingredients in our kitchens.

We have a number of Halal certified restaurants. Only those items listed on the certificate in the front counter area and drive thru booth at our restaurants serving Halal options are certified as Halal.

If you would like further information or have food sensitivities or dietary concerns regarding specific ingredients in specific menu items, please contact us at http://mcdonalds.com.au/contactus or call us on 02 9875 7100.

Our allergen labelling complies with Australia New Zealand Food Standards Code - Standard 1.2.3 (Registered 09 March 2021)

If this document has been printed, please visit https://mcdonalds.com.au/our-impact/food-quality-sourcing/nutrition for most current information.

Allergen Summ	ary: As we	operate working kil	tchens please be a	ware that there is a	always a risk that a	Illergen containing	ingredients may t	e transferre	ed during s	torage	or prepar	ation of	f food in (our kitche	ens. McDonald's F	Restaurants are theref	ore unable to guarantee	that any food i	tem sold is free fro	om cross contact of	allergens.
		1	I	1	1	-	T	1			Tree nut				1	1	T T			1	
	Gluten	Wheat	Egg	Milk	Soy	Sesame	Peanut	Almond	Brazil Nut Cashew	Hazelnut	Macadamia		Pine Nut	Pistach io Walnut	Fish	Crustacea	Molluscs	Sulphites	Lupin	Added Preservative	Artificial Colour Artificial Flavour
BEEF																					
BBQ Bacon Angus	P	P	P	Р	Р	Р														Р	P
Big Mac and Double Big Mac	Р	Р	Р	Р	Р	Р														Р	
Cheeseburger, Double Cheeseburger and Triple Cheeseburger	Р	Р	м	Р	Р	Р														Р	
Classic Angus	Р	Р	Р	Р	Р	Р														Р	
Hamburger	Р	Р	м	м	Р	Р														Р	
Quarter Pounder and Double Quarter Pounder	Р	Р	м	Р	Р	Р														Р	
CHICKEN AND FISH																					
Chicken McNuggets®	Р	Р		м	м																
Chicken 'n' Cheese	Р	Р	Р	Р	Р	Р														Р	
McChicken® and Double McChicken®	Р	Р	Р	м	м	Р														Р	
McCrispy®	Р	P	P	Р	M	Р														Р	
McCrispy® Deluxe	Р	Р	Р	Р	M	Р														Р	
McSpicy [®]	Р	Р	Р	м	м	Р														Р	
Filet-O-Fish®	Р	Р	Р	Р	Р	Р									Р					Р	
WRAPS										1					1						
Chicken Snack Wrap	Р	P	P	м	M	м														Р	
Grilled Chicken Snack Wrap	Р	Р	Р	м	Р	м														Р	
FRIES																					
Fries	м	м		м	м															Р	
FRUIT																					
Apple Slices																					
CONDIMENTS																					
Barbeque Dipping Sauce	Р	Р			Р															Р	
Sweet and Sour Dipping Sauce	Р	Р			Р															Р	
Sweet Mustard Dipping Sauce																				Р	
Ketchup					Р																
Aioli	Р	Р	Р	Р	Р															Р	

Chart key:

P: Ingredient is PRESENT in the product as an ingredient, food additive or processing aid.

M: Ingredient may be present

						Sesame	Peanut	Tree nut												1		
	Gluten	en Wheat Egg	Egg	Milk	Soy			Almond	3razil Nut	Cashew Hazelnut	Macadamia	Jecan	Pine Nut	Pistach io Malnut	Fish	Crustacea	Molluscs	Sulphites	Lupin	Added Preservative	Artificial Colour	Artificial Flavou
BREAKFAST		1			1				-		-						1		1			
Bacon & Egg McMuffin® and Double Bacon & Egg McMuffin®	Р	Р	Р	Р	Р	м														Р		
Big Brekkie Burger	Р	Р	Р	Р	Р	Р														Р	Р	Р
Chicken McMuffin®	Р	Р	Р	Р	Р	м														Р		
Chicken and Bacon McMuffin®	Р	Р	Р	Р	Р	м														Р		
Mighty McMuffin	Р	Р	Р	Р	Р	м														Р		
Sausage McMuffin® and Double Sausage McMuffin®	Р	Р	м	Р	Р	м														Р		
Sausage & Egg McMuffin® and Double Sausage & Egg McMuffin®	Р	Р	Р	Р	Р	м														Р		
Hotcakes with Butter and Syrup	Р	Р	Р	Р																Р	Р	Р
Hash Brown	м	Μ		м	M																	

Chart key:

P: Ingredient is PRESENT in the product as an ingredient, food additive or processing aid. M: Ingredient may be present

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BEEF							
BBQ Bacon Angus						BBQ Bad	con Angus
BEEF PATTIES: Angus Beef.						Avg Qty / Serve	Avg Qty / 100g
BURGER BUN: Wheat Flour (Vitamins (Thiamin, Folate)), Water, Sugar, Yeast, Canola Oil, Iodised Salt, Wheat Gluten, Glaze (Water, Vegetable Protein, Sunflower Oil, Dextrose, Maltodextrin, Maize Starch), Preservative (282), Improver (Emulsifier (48	1), Soy Flour, Mineral S	alt (170), Acidity F	Regulator (516), Antio	xidant (300),	Energy (kJ)	3320	1120
Wheat Malt Flour, Enzyme (1100) (Contains Wheat)), Natural Flavour, Emulsifier (472e), Sesame Seeds.					Energy (Cal)	794	269
AUSSIE JACK CHEESE: Pasteurised Milk, Salt, Starter Culture, Non-animal Rennet.					Protein (g) Fat. total (g)	48.1 44.0	16.3 14.9
RASHER BACON: Pork, Water, Salt, Sugar, Emulsifiers (451, 450), Dextrose (Maize, Tapioca), Antioxidants (316, 392), Acidity Regulator (330), Sodium Nitrite (250), Smoked. SLIVERED RED ONION: Red Onion.					Saturated Fat (g)	21.0	7.1
SLIVERED KEU VNIUW: Red Union. HOUSEGRILL BBQ SAUCE: Vinegar, Water, Brown Sugar, Lemon Juice, Tomato Paste, Sugar, Onion Puree, Thickener (1422), Molasses, Garlic, Salt, Spices, Mustard, Flavourings, Malt Extract (Barley), Colour (150a), Vegetable Gum (415), Yeast Extrac	t Proportuativo (202)				Carbohydrate (g)	49.9	16.9
house concerning and a source runging, water, down study, territor to an and state, source, makering in terzi, moisses, source, and source, runging, water, down study, territor to an and state, source, makering in the state and the source of the source o	t, FTESEI Valive (202).				Sugars (g)	12,4	4.2
ANGUS SEASONING: Salt, Maltodextrin, Spices, Dextrose, Vegetable Powders, Yeast Extract, Sugar, Worcestershire Sauce Powder [Colour (150a)], Anticaking Agent (551), Flavourings (Milk), Spice Extract (100).					Sodium (mg)	1570	532
Contains: Wheat, Gluten, Milk, Soy, Egg, Sesame. BEEF PATTY, BACON and GRILLED ONION may be cooked on the same grill as Egg or products containing Gluten, Wheat, Milk, Soy.							
Big Mac® and Double Big Mac®				Big	Mac®	Double	Big Mac®
BIG MAC BUN: Wheat Flour (Vitamins (Thiamin, Folate)), Water, Sugar, Yeast, Canola Oil, Sesame Seeds, Potato Starch, Wheat Gluten, Iodised Salt, Glaze (Water, Vegetable Protein, Sunflower Oil, Dextrose, Maltodextrin, Maize Starch), Preservative	(282), Improver (Whea	at Flour, Ascorbio	>	Avg Qty / Serve	Avg Qty / 100g	Avg Qty / Serve	Avg Qty / 100g
Acid (300), Enzymes), Emulsifier (472e, 471), Natural Flavour, Ascorbic Acid (300).			Energy (kJ)	2340	1010	3160	1020
BEEF PATTIES: Beef.			Energy (Cal)	559	240	755	243
BIG MAC SAUCE: Vegetable Oil [Antioxidant (307b)], Sweet Relish [Diced Gherkin, Glucose-fructose Syrup, Sugar, Water, Vinegar, Corn Syrup, Acetic Acid (260), Salt, Thickener (415), Flavouring, Preservative (202), Calcium Chloride (509)], Water, Mu	stard [Water, Vinegar,	Mustard Seed,	Protein (g) Fat, total (g)	25.9 30.3	11.1 13.0	40.9 43.9	13.2 14.1
Salt, Sugar, Turmeric, Spices), Vinegar, Sugar, Egg Yolk, Salt, Thickeners (1442, 415), Dehydrated Vegetables, Spices, Preservative (202), Emulsifiers (433, 435), Flavouring, Colour (160c), Antioxidant (385). SHREDDED LETTUCE: Iceberg Lettuce.			Saturated Fat (g)	11.5	4.9	43.5	5.9
SHREDUED LE I I UCE: leeberg Lettuce. SLICED CHEESE: Chese (Pasturised Milk, Salt, Culture, Enzyme (Rennet)), Water, Milk Solids, Butter (Milk), Emulsifiers (331, 332), Salt, Acidity Regulators (260, 330), Natural Colours (160a, 160c), Soy Lecithin (322).			Carbohydrate (g)	43.8	18.8	47.7	15.1
SLICED UNESS: Cheese (Pasteurised Muik, Sait, Culture, Enzyme (kennet), Water, Muik Solids, Butter (Muik), Emulsiners (331, 332), Sait, Acidity Regulators (260, 330), Natural Colours (160a, 160/c), Soy Lecitini (322). ONIONS: Water, Dehvdrated White Onions.			Sugars (g)	7.6	3.2	8.1	2.6
Oncome Make, Englanded Winegar, Sait, Perservatives (202, 211), Natural Flavour.			Sodium (mg)	1090	468	1440	463
Cheeseburger, Double Cheeseburger and Triple Cheeseburger REGULAR BUN: Wheat Flour (Vitamins (Thiamin, Folate)), Water, Sugar, Yeast, Canola Oil, Iodised Salt, Glaze (Water, Vegetable Protein, Sunflower Oil, Dextrose, Maltodextrin, Maize Starch), Preservative (282), Wheat Gluten, Improver (Wheat Flour, Ascorbic Acid (300), Enzymes), Emulsifier (472e, 471), Ascorbic Acid (300), Enzymes (Wheat Flour, Enzymes), Sesame Seeds.		Chee: Avg Qty / Serve	Seburger Avg Qty / 100g	Double Ch Avg Qty / Serve	heeseburger	-	eeseburger
Elser PATTIES: Beef. SLICED CHEESE: Cheese (Pasteurised Milk, Salt, Culture, Enzyme (Rennet)), Water, Milk Solids, Butter (Milk), Emulsifiers (331, 332), Salt, Acidity Regulators (260, 330), Natural Colours (160a, 160c), Soy Lecithin (322). KETCHUP: Water, Tomato Paste, High Fructose Corn Syrup, Glucose Corn Syrup, Vinegar, Salt, Flavouring (Soybean Oil). MUSTARD: Water, Distilled Vinegar, Mustard Seed, Salt, Colour (100), Paytika, Natural Flavouring. PICKLES: Cucumber, Water, Vinegar, Salt, Preservatives (202, 211), Natural Flavour. ONIONS: Water, Dehydrated White Onions. SEASONING: Salt, Black Pepper, Sunflower Oil. Contains: Gluten, Wheat, Milk, Soy, Sesame. BEEFPATTIES may be cooked on the same grill as Egg or products containing Gluten, Wheat, Milk, Soy.	Energy (GJ) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg)	1240 1240 297 15.3 12.5 6.4 29.6 5.8 725	1040 1040 1249 12.8 10.5 5.4 24.8 4.9 609	Avg (24) Jav (24) 1860 444 25.7 23.1 12.4 31.9 6.7 1110	Avg Qty/100g 1050 252 14.6 13.1 7.1 8.1 8.1 8.1 8.8 630	Avg Qt/ / Serve 2470 550 36.1 33.6 18.5 34.2 7.5 1500	Avg Qty / 100g 1060 253 15.5 14.4 7.9 14.7 3.2 640
BEEF PATTIES: Beef. SLICED CHEESE: Cheese (Pasteurised Milk, Salt, Culture, Enzyme (Rennet)), Water, Milk Solids, Butter (Milk), Emulsifiers (331, 332), Salt, Acidity Regulators (260, 330), Natural Colours (160a, 160c), Soy Lecithin (322). KETCHUP: Water, Tomato Paste, High Fructose Corn Syrup, Clucose Corn Syrup, Vinegar, Salt, Flavouring (Soybean Oil). MUSTARD: Water, Distilled Vinegar, Mustard Seed, Salt, Colour (100), Paprika, Natural Flavour. ONIONS: Water, Dehydrated White Onions. SEASONING: Salt, Black Pepper, Sunflower Oil. Contains: Gluten, Wheat, Milk, Soy, Sesame. REGULAR BUN is produced and cooked in equipment that also produces products containing Soy, Sesame. BEEF PATTIES may be cooked on the same grill as Egg or products containing Gluten, Wheat, Milk, Soy.	Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g)	1240 297 15.3 12.5 6.4 29.6 5.8	1040 249 12.8 10.5 5.4 24.8 4.9	1860 444 25.7 23.1 12.4 31.9 6.7	1050 252 14.6 13.1 7.1 18.1 3.8	2470 590 36.1 33.6 18.5 34.2 7.5 1500	1060 253 15.5 14.4 7.9 14.7 3.2 640
BEEF PATTIES: Beef. SLICED CHEESE: Cheese (Pasteurised Milk, Salt, Culture, Enzyme (Rennet)), Water, Milk Solids, Butter (Milk), Emulsifiers (331, 332), Salt, Acidity Regulators (260, 330), Natural Colours (160a, 160c), Soy Lecithin (322). KETCHUP: Water, Tomato Paste, High Fructose Corn Syrup, Glucose Corn Syrup, Vinegar, Salt, Flavouring (Soybean Oil). MUSTARD: Water, Oitelide Vinegar, Mustard Seed, Salt, Colour (100), Paprika, Natural Flavouring. PICKLES: Cucumber, Water, Vinegar, Salt, Preservatives (202, 211), Natural Flavour. ONIONS: Water, Dehydrated White Onions. SEASONING: Salt, Black Pepper, Sunflower Oil. Contains: Gluten, Wheat, Milk, Soy, Sesame. REEURAR BUN Is produced and cooked in equipment that also produces products containing Soy, Sesame. BEEF PATTIES may be cooked on the same grill as Egg or products containing Gluten, Wheat, Milk, Soy. Classic Angus BEEF PATTY: Angus Beef.	Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg)	1240 297 16.3 12.5 6.4 29.6 5.8 725	1040 249 12.8 10.5 5.4 24.8 4.9 609	1860 444 25.7 23.1 12.4 31.9 6.7 1110	1050 252 14.6 13.1 7.1 18.1 3.8 630	2470 590 36.1 33.6 18.5 34.2 7.5 1500 Classi Avg Qty/Serve	1060 253 15.5 14.4 7.9 14.7 3.2 640 c Angus Avg Qty / 100g
BEEF PATTIES: Beef. SLICED CHESSE Cheese (Pasteurised Milk, Salt, Culture, Enzyme (Rennet)), Water, Milk Solids, Butter (Milk), Emulsifiers (331, 332), Salt, Acidity Regulators (260, 330), Natural Colours (160a, 160c), Soy Lecithin (322). KETCHUP: Water, Tomato Paste, High Fructose Corn Syrup, Glucose Corn Syrup, Vinegar, Salt, Flavouring (Soybean Oil). MUSTARD: Water, Distlied Vinegar, Mustard Seed, Salt, Colour (100), Paprika, Natural Flavouring. PICKLES: Cucumber, Water, Vinegar, Salt, Preservatives (202, 211), Natural Flavour. ONIONS: Water, Dehydrated White Onions. SEASONING: Salt, Black Pepper, Sunflower Oil. Contains: Gluten, Wheat, Milk, Soy, Sesame. REGULAR BUN is produced and cooked in equipment that also produces products containing Soy, Sesame. BEEF PATTIES may be cooked on the same grill as Egg or products containing Gluten, Wheat, Milk, Soy. ELESE ADDIESE Cheese (Water, Vegetable Protein, Sunflower Oil, Dextrose, Maltodextrin, Maize Starch), Preservative (282), Improver (Emulsifier (48 BURGER BUN: Wheat Flour (Vitamins (Thiamin, Folate)), Water, Sugar, Yeast, Canola Oil, Iodised Salt, Wheat Gluten, Glaze (Water, Vegetable Protein, Sunflower Oil, Dextrose, Maltodextrin, Maize Starch), Preservative (282), Improver (Emulsifier (48	Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg)	1240 297 16.3 12.5 6.4 29.6 5.8 725	1040 249 12.8 10.5 5.4 24.8 4.9 609	1860 444 25.7 23.1 12.4 31.9 6.7 1110	1050 252 14.6 13.1 7.1 18.1 3.8 630	2470 590 36.1 33.6 18.5 34.2 7.5 1500 Classi Avg Qty / Serve 2950	1060 253 15.5 14.4 7.9 14.7 3.2 640
BEEF PATTIES: Beef. SLICED CHEESE: Cheese (Pasteurised Milk, Salt, Culture, Enzyme (Rennet)), Water, Milk Solids, Butter (Milk), Emulsifiers (331, 332), Salt, Acidity Regulators (260, 330), Natural Colours (160a, 160c), Soy Lecithin (322). KETCHUP: Water, Tomato Paste, High Fructose Corn Syrup, Glucose Corn Syrup, Vinegar, Salt, Flavouring (Soybean Oil). MUSTARD: Water, Dittiled Vinegar, Mustard Seed, Salt, Colour (100), Paprika, Natural Flavouring. PICKLES: Courdmber, Water, Salt, Preservatives (202, 211), Natural Flavour. ONIONS: Water, Dehydrated White Onions. SEASONING: Salt, Black Pepper, Sunflower Oil. Contains: Gluten, Wheat, Milk, Soy, Sesame. REGULAR BUN is produced and cocked in equipment that also produces products containing Soy, Sesame. BEEF PATTIES may be cocked on the same grill as Egg or products containing Gluten, Wheat, Milk, Soy.	Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg)	1240 297 16.3 12.5 6.4 29.6 5.8 725	1040 249 12.8 10.5 5.4 24.8 4.9 609	1860 444 25.7 23.1 12.4 31.9 6.7 1110	1050 252 14.6 13.1 7.1 18.1 3.8 630	2470 590 36.1 33.6 18.5 34.2 7.5 1500 Classi Avg Qty/Serve	1060 253 15.5 14.4 7.9 14.7 3.2 640 c Angus Avg Qty / 100g
BEEF PATTIES may be cooked on the same grill as Egg or products containing Gluten, Wheat, Milk, Soy.	Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg)	1240 297 16.3 12.5 6.4 29.6 5.8 725	1040 249 12.8 10.5 5.4 24.8 4.9 609	1860 444 25.7 23.1 12.4 31.9 6.7 1110	1050 252 14.6 13.1 7.1 18.1 3.8 630	2470 590 36.1 33.6 18.5 34.2 7.5 1500 Classi Avg Qty / Serve 2950 706 40.1 39.3	1060 253 15.5 14.4 7.9 14.7 3.2 640 C Angus Avg Qty / 100g 946 226 12.8 12.8
BEEF PATTIES: Beef. SLICED CHEESE: Cheese (Pasteurised Milk, Salt, Culture, Enzyme (Rennet)), Water, Milk Solids, Butter (Milk), Emulsifiers (331, 332), Salt, Acidity Regulators (260, 330), Natural Colours (160a, 160c), Soy Lecithin (322). KETCHUP: Water, Tomato Deate, High Fructose Corn Syrup, Cilucose Corn Syrup, Vinegar, Salt, Flavouring (Soybean Oil). MUSTARD: Water, Tomato Deate, High Fructose Corn Syrup, Cilucose Corn Syrup, Vinegar, Salt, Flavouring (Soybean Oil). MUSTARD: Water, Dehydrated White Onions. SEASONING: Salt, Black Pepper, Sunflower Oil. Contains: Gluten, Wheat, Milk, Soy, Sesame. REGULAR BUN is produced and cooked in equipment that also produces products containing Soy, Sesame. BEEF PATTIES may be cooked on the same grill as Egg or products containing Gluten, Wheat, Milk, Soy. Classic Angus BEEF PATTY: Angus Beef. BURGER BUN: Wheat Flour (Vitamins (Thiamin, Folate)), Water, Sugar, Yeast, Canola Oil, Iodised Salt, Wheat Gluten, Glaze (Water, Vegetable Protein, Sunflower Oil, Dextrose, Maltodextrin, Maize Starch), Preservative (282), Improver (Emulsifier (48 Wheat Mater Flour, Enzyme (100) (Contains Wheat)), Natural Flavour, Emulsifier (472e), Sesame Seeds. SLICED TOMATO: Tomato. SLICED TOMATO: Tomato. SLICED TOMATO: Tomato.	Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg)	1240 297 16.3 12.5 6.4 29.6 5.8 725	1040 249 12.8 10.5 5.4 24.8 4.9 609	1860 444 25.7 23.1 12.4 31.9 6.7 1110	1050 252 14.6 13.1 7.1 18.1 3.8 630 630 Energy (6J) Energy (Cal) Protein (g) Frat, total (g) Saturated Fat (g)	2470 590 36.1 33.6 18.5 34.2 7.5 1500 Classi Avg Qty / Serve 2950 706 40.1 39.3 18.7	1060 253 15.5 14.4 7.9 14.7 3.2 640 c Angus Avg Qty / 100g 946 226 12.8 12.8 6.0
BEEF PATTIES: Beef. SLICED CHEESE: Cheese (Pasteurised Milk, Salt, Culture, Enzyme (Rennet)), Water, Milk Solids, Butter (Milk), Emulsifiers (331, 332), Salt, Acidity Regulators (260, 330), Natural Colours (160a, 160c), Soy Lecithin (322). KETCHUP: Water, Tomato Paste, High Fructose Corn Syrup, Olucose Corn Syrup, Vinegar, Salt, Flavouring (Soybean Oil). MUSTARD: Water, Distilled Vinegar, Mustard Seed, Salt, Colour (100), Paprika, Natural Flavouring. PICKLES: Cucumber, Water, Vinegar, Salt, Preservatives (202, 211), Natural Flavour. ONIONS. Water, Dehydrated White Onions. SEASONING: Salt, Black Pepper, Sunflower Oil. Contains: Gluten, Wheat, Milk, Soy, Sesame. REEE/ULAR BUN is produced and cooked in equipment that also produces products containing Soy, Sesame. BEEF PATTIES may be cooked on the same grill as Egg or products containing Gluten, Wheat, Milk, Soy. Classic Angus BURGER BUN: Wheat Flour (Vitamins (Thiamin, Folate)), Water, Sugar, Yeast, Canola Oil, Iodised Salt, Wheat Gluten, Glaze (Water, Vegetable Protein, Sunflower Oil, Dextrose, Maltodextrin, Maize Starch), Preservative (282), Improver (Emulsifier (48) Wheat Malt Flour, (Traryme (100) (Contains Wheat)), Natural Flavour, Emulsifier (472e), Sesame Seeds. SLICED TOMATO: Tormato.	Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg)	1240 297 16.3 12.5 6.4 29.6 5.8 725	1040 249 12.8 10.5 5.4 24.8 4.9 609	1860 444 25.7 23.1 12.4 31.9 6.7 1110	1050 252 14.6 13.1 7.1 18.1 3.8 630 Energy (k.)) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g)	2470 590 36.1 33.6 18.5 34.2 7.5 1500 Classi Avg Qty / Serve 2950 706 40.1 39.3 18.7 46.2	1060 253 15.5 14.4 7.9 14.7 3.2 640 c Angus Avg Qty/100g 946 226 12.8 12.6 6.0 14.8
BEEF PATTIES: Beef. SLICED CHESSE: Cheese (Pasteurised Milk, Salt, Culture, Enzyme (Rennet)), Water, Milk Solids, Butter (Milk), Emulsifiers (331, 332), Salt, Acidity Regulators (260, 330), Natural Colours (160a, 160c), Soy Lecithin (322), KETCHUP: Water, Tomato Paste, High Fructose Corn Syrup, Glucose Corn Syrup, Vinegar, Salt, Flavouring (Soybean Oil). MUSTARD: Water, Distlied Vinegar, Mustard Seed, Salt, Colour (100), Paprika, Natural Flavour. ONIONS: Water, Dehydrated White Onion. SEASONING: Salt, Black Pepper, Sunflower Oil. Contains: Gluten, Wheat, Milk, Soy, Sesame. REGULAR BUN is produced and cooked in equipment that also produces products containing Soy, Sesame. BEEF PATTIES may be cooked on the same grill as Egg or products containing Gluten, Wheat, Milk, Soy.	Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg)	1240 297 16.3 12.5 6.4 29.6 5.8 725	1040 249 12.8 10.5 5.4 24.8 4.9 609	1860 444 25.7 23.1 12.4 31.9 6.7 1110	1050 252 14.6 13.1 7.1 18.1 3.8 630 Energy (k.J) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g)	2470 590 36.1 33.6 18.5 34.2 7.5 1500 1500 1500 2950 706 40.1 39.3 18.7 46.2 9.3	1060 253 15.5 14.4 7.9 14.7 3.2 640 C Angus Avg Qty / 100g 946 226 12.8 12.6 6.0 14.8 3.0
BEEF PATTIES: Beef. SLICED CHEESE: Cheese (Pasteurised Milk, Salt, Culture, Enzyme (Rennet)), Water, Milk Solids, Butter (Milk), Emulsifiers (331, 332), Salt, Acidity Regulators (260, 330), Natural Colours (160a, 160c), Soy Lecithin (322). KETCHUP: Water, Tomato Paste, High Fructose Corn Syrup, Glucose Corn Syrup, Vinegar, Salt, Flavouring. PICKLES: Cucumber, Water, Vinegar, Salt, Preservatives (202, 211), Natural Flavouri. ONIONS: Water, Dehydrated White Onions. SEASONING: Salt, Black Pepper, Sunflower Oil. Contains: Gluten, Wheat, Milk, Soy, Sesame. REGULAR BUN is produced and cooked in equipment that also produces products containing Soy, Sesame. BEEF PATTIES may be cooked on the same grill as Egg or products containing Gluten, Wheat, Milk, Soy. Classic Angus BEEF PATTI: Angus Beef. BURGER BUN: Wheat Flour (Vitamins (Thiamin, Folate)), Water, Sugar, Yeast, Canola Oil, Iodised Salt, Wheat Gluten, Glaze (Water, Vegetable Protein, Sunflower Oil, Dextrose, Maltodextrin, Maize Starch), Preservative (282), Improver (Emulsifier (48 Wheat Malt Flour, Forzyme (100) (Contains Wheat)), Natural Flavour, Emulsifier (472e), Sesame Seeds. SLICED TOMATO: Tomato. SLICED TOMATO: Tomato. SLICED TOMATO: Tomato. SLICED TOMATO: Tomato. SLICED TOMAED ONION: Red Onion.	Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg)	1240 297 16.3 12.5 6.4 29.6 5.8 725	1040 249 12.8 10.5 5.4 24.8 4.9 609	1860 444 25.7 23.1 12.4 31.9 6.7 1110	1050 252 14.6 13.1 7.1 18.1 3.8 630 Energy (k.)) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g)	2470 590 36.1 33.6 18.5 34.2 7.5 1500 Classi Avg Qty / Serve 2950 706 40.1 39.3 18.7 46.2	1060 253 15.5 14.4 7.9 14.7 3.2 640 c Angus Avg Qty/100g 946 226 12.8 12.8 12.6 6.0 14.8

BEEF							
Hamburger						Hami	ourger
REGULAR BUN: Wheat Flour (Vitamins (Thiamin, Folate)), Water, Sugar, Yeast, Canola Oil, Iodised Salt, Glaze (Water, Vegetable Protein, Sunflower Oil, Dextrose, Maltodextrin, Maize Starch), Preservative (282), Wheat Gluten, Improver (Whe	est Flour Ascorbic Acid (300)	Enzymee) Emulei	ier (472e 471) Ascort	bic Acid (300)		Avg Qty / Serve	Avg Qty / 100g
Records both many control in the second s	cat Hour, Ascondic Acid (500),	Inzyrnes), Ernuisi	ici (4726, 471), A3001	bic Acia (300),	Energy (kJ)	1040	992
BEF PATTIES: Beef.					Energy (Cal)	249	237
KETCHUP: Water, Tomato Paste, High Fructose Corn Syrup, Glucose Corn Syrup, Vinegar, Salt, Flavouring (Soybean Oil).					Protein (g)	12.4	11.8
MUSTARD: Water, Distilled Vinegar, Mustard Seed, Salt, Colour (100), Paprika, Natural Flavouring.					Fat, total (g)	8.7	8.3
PICKLES: Cucumber, Water, Vinegar, Salt, Preservatives (202, 211), Natural Flavour.					Saturated Fat (g) Carbohydrate (g)	3.9 28.8	3.7 27.4
ONIONS: Water, Dehydrated White Onions.					Sugars (g)	5.2	5.0
SEASONING: Salt, Black Pepper, Sunflower Oil.					Sodium (mg)	562	536
Contains: Gluten, Wheat, Soy, Sesame.							1
Concurs on the first of the fir							
BEEF PATTIES may be cooked on the same grill as Egg or products containing Gluten, Wheat, Milk, Soy.							
				Quartar	Pounder®	Daubla Ouro	ter Pounder®
Quarter Pounder® and Double Quarter Pounder®				-		-	
BEEF PATTY: Beef.	nuntius (202) Immenuer (MP	Elour Accorbic	Energy (kJ)	Avg Qty / Serve 2240	Avg Qty / 100g 1050	Avg Qty / Serve 3440	Avg Qty / 100g 1100
QUARTER POUNDER BUN: Wheat Flour (Vitamins (Thiamin, Folate)), Water, Yeast, Sugar, Canola Oil, Sesame Seeds, Iodised Salt, Glaze (Water, Vegetable Protein, Sunflower Oil, Dextrose, Maltodextrin, Maize Starch), Wheat Gluten, Presen Acid (300), Enzymes), Natural Flavour, Emulsifier (472e, 471), Thickener (412), Ascorbic Acid (300).	vacive (202), improver (wheat	FIUUI, ASCOIDIC	Energy (Cal)	534	252	823	262
Acia (300), Enzymes), Natural Havour, Emulsime (4/2, 4/1), Incketer (4/2), Ascornic Acia (300). KETCHUP: Water, Tomato Paste, High Fructose Com Syrue, Glucose Com Strue, Salt, Flavouring (Soybean Oil).			Protein (g)	31.3	14.8	53.5	17.0
Alcohor mach, formator ascentight matcase comolytep, integers comolytep, magan, asin, in source and the second sec			Fat, total (g)	28.5	13.4	50.3	16.0
			Saturated Fat (g)	14.9	7.0	26.8	8.5
PICKLES: Cucumber, Water, Vinegar, Salt, Preservatives (202, 211), Natural Flavour.			Carbohydrate (g)	37.1 8.6	17.5	38.2 9.4	12.2
MUSTARD: Water, Distilled Vinegar, Mustard Seed, Salt, Colour (100), Paprika, Natural Flavouring.			Sugars (g) Sodium (mg)	8.6	4.0	9.4 1510	3.0 481
SEASONING: Salt, Black Pepper, Sunflower Oil.			Sourann (mg)	1110	522	1510	401
BEEF PATTIES may be cooked on the same grill as Egg or products containing Gluten, Wheat, Milk, Soy. CHICKEN AND FISH							
Chicken McNuggets®		:	3 pc	6	i pc	10	рс
CHICKEN MCNUGGETS*C bicken, Water, Flour (Wheat, Corn), Canola Oil, Thickeners (1420, 1422), Starch (Potato, Corn, Wheat, Tapioca), Salt, Mineral Salts (450, 500, 341, 327), Spices (Celery, White Pepper, Black Pepper),		Avg Qty / Serve	Avg Qty / 100g	Avg Qty / Serve	Avg Qty / 100g	Avg Qty / Serve	Avg Qty / 100g
Sunflower Oil, Dextrose.	Energy (kJ)	452	931	905	931	1510	931
	Energy (Cal)	108 6	222	216	222 12.4	360 20.1	222 12.4
	Protein (g)						
Contains: Wheat, Gluten.	Fat total (g)	65		12.1			
Contains: Wheat, Gluten. CHICKEN MCNUGGETS® are cooked in a McDonald's Vegetable Oil Blend and are cooked in the same equipment as products containing Gluten, Wheat, Milk, Soy.	Fat, total (g) Saturated Fat (g)	6.5 0.8	13.4	13	13.4	21.7	13.4
	Fat, total (g) Saturated Fat (g) Carbohydrate (g)	0.8 6.2	13.4 1.6 12.7	13 1.6 12.4	13.4 1.6 12.7	21.7 20.6 20.6	13.4 1.6 12.7
	Saturated Fat (g) Carbohydrate (g) Sugars (g)	0.8 6.2 0.2	13.4 1.6 12.7 0.4	13 1.6 12.4 0.4	13.4 1.6 12.7 0.4	21.7 20.6 20.6 0.7	13.4 1.6 12.7 0.4
	Saturated Fat (g) Carbohydrate (g)	0.8 6.2	13.4 1.6 12.7	13 1.6 12.4	13.4 1.6 12.7	21.7 20.6 20.6	13.4 1.6 12.7
	Saturated Fat (g) Carbohydrate (g) Sugars (g)	0.8 6.2 0.2 191	13.4 1.6 12.7 0.4 394	13 1.6 12.4 0.4 383 2 4	13.4 1.6 12.7 0.4 394	21.7 20.6 20.6 0.7 638 40	13.4 1.6 12.7 0.4 394
	Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg)	0.8 6.2 0.2 191 Avg Qty / Serve	13.4 1.6 12.7 0.4 394 C pc Avg Qty / 100g	13 1.6 12.4 0.4 383 2 4 Avg Qty / Serve	13.4 1.6 12.7 0.4 394 4 pc Avg Qty / 100g	21.7 20.6 20.6 0.7 638 40 Avg Qty / Serve	13.4 1.6 12.7 0.4 394 PC Avg Qty / 100g
	Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg) Energy (kJ)	0.8 6.2 0.2 191 Avg Qty / Serve 3020	13.4 1.6 12.7 0.4 394 0 pc Avg Qty / 100g 931	13 1.6 12.4 0.4 383 2 4 Avg Qty / Serve 3620	13.4 1.6 12.7 0.4 394 4 pc Avg Qty / 100g 931	21.7 20.6 20.6 0.7 638 40 Avg Qty / Serve 6030	13.4 1.6 12.7 0.4 394 PC Avg Qty / 100g 931
	Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg) Energy (kJ) Energy (kJ)	0.8 6.2 0.2 191 Avg Qty / Serve 3020 721	13.4 1.6 12.7 0.4 394 O pc Avg Qty / 100g 931 222	13 1.6 12.4 0.4 383 2 Avg Qty / Serve 3620 865	13.4 1.6 12.7 0.4 394 4 pc Avg Qty / 100g 931 222	21.7 20.6 20.6 0.7 638 40 Avg Qty / Serve 6030 1440	13.4 1.6 12.7 0.4 394 PC Avg Qty / 100g 931 222
	Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg) Energy (ku) Energy (Cal) Protein (g)	0.8 6.2 0.2 191 Avg Qty / Serve 3020	13.4 1.6 12.7 0.4 394 0 pc Avg Qty / 100g 931	13 1.6 12.4 0.4 383 2 4 Avg Qty / Serve 3620	13.4 1.6 12.7 0.4 394 4 pc Avg Qty / 100g 931	21.7 20.6 20.6 0.7 638 40 Avg Qty / Serve 6030	13.4 1.6 12.7 0.4 394 PC Avg Qty / 100g 931
	Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg) Energy (kJ) Energy (kJ)	0.8 6.2 0.2 191 Avg Qty / Serve 3020 721 40.2 43.4 5.2	13.4 1.6 12.7 0.4 384 Opc Avg Qty / 100g 931 222 12.4 13.4 1.6	13 1.6 12.4 0.4 383 24 Avg Qty / Serve 3620 865 48.2 52.1 6.3	13.4 1.6 12.7 0.4 394 4 pc 4 yc 222 12.4 1.6	21.7 20.6 20.6 0.7 638 40 Avg Qty / Serve 6030 1440 80.4 86.8 10.5	13.4 1.6 12.7 0.4 394 PC Avg Qty / 100 931 222 12.4 13.4 1.6
	Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg) Energy (ku) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g)	0.8 6.2 0.2 191 Avg Qty / Serve 3020 721 40.2 43.4 5.2 41.2	13.4 1.6 12.7 0.4 394 0 pc 4xyg Qty / 100g 931 222 12.4 13.4 1.6 12.7	13 1.6 12.4 0.4 383 24 Avg Qty / Serve 3620 865 48.2 52.1 6.3 49.5	13.4 1.6 12.7 0.4 394 4 pc Avg Qty / 100g 931 222 12.4 13.4 1.6 12.7	21.7 20.6 20.6 0.7 638 40 Avg Qty/Serve 6030 1440 80.4 86.8 10.5 82.5	13.4 1.6 12.7 0.4 394 PC Avg Qty / 100 931 222 12.4 13.4 1.6 12.7
	Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg) Energy (kJ) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g)	0.8 6.2 0.2 191 Avg Qty / Serve 3020 721 40.2 43.4 5.2 41.2 1.3	13.4 1.6 12.7 0.4 394 O pc Avg Qty/100g 931 222 12.4 13.4 1.6 12.7 0.4	13 16 12.4 0.4 383 383 24 Avg Qty / Serve 3820 865 48.2 52.1 6.3 49.5 1.6	13.4 1.6 12.7 0.4 394 4 pc Avg Qty / 100g 931 222 12.4 13.4 1.6 12.7 0.4	21.7 20.6 20.6 0.7 633 400 Avg Qty / Serve 6030 1440 80.4 80.4 10.5 82.5 2.7	13.4 1.6 12.7 0.4 394 PC Avg Qty/100(931 222 12.4 13.4 1.6 12.7 0.4
	Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg) Energy (ku) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g)	0.8 6.2 0.2 191 Avg Qty / Serve 3020 721 40.2 43.4 5.2 41.2	13.4 1.6 12.7 0.4 394 0 pc 4xyg Qty / 100g 931 222 12.4 13.4 1.6 12.7	13 1.6 12.4 0.4 383 24 Avg Qty / Serve 3620 865 48.2 52.1 6.3 49.5	13.4 1.6 12.7 0.4 394 4 pc Avg Qty / 100g 931 222 12.4 13.4 1.6 12.7	21.7 20.6 20.6 0.7 638 40 Avg Qty/Serve 6030 1440 80.4 86.8 10.5 82.5	13.4 1.6 12.7 0.4 394 PC Avg Qty / 100 931 222 12.4 13.4 1.6 12.7
	Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg) Energy (kJ) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g)	0.8 6.2 0.2 191 Avg Qty / Serve 3020 721 40.2 43.4 5.2 41.2 1.3	13.4 1.6 12.7 0.4 394 O pc Avg Qty/100g 931 222 12.4 13.4 1.6 12.7 0.4	13 16 12.4 0.4 383 383 24 Avg Qty / Serve 3820 865 48.2 52.1 6.3 49.5 1.6	13.4 1.6 12.7 0.4 394 4 pc Avg Qty / 100g 931 222 12.4 13.4 1.6 12.7 0.4	21.7 20.6 20.6 0.7 638 40 40 80.4 86.8 10.5 82.5 2.7 2.550	13.4 1.6 12.7 0.4 394 PC Avg Qty/100 931 222 12.4 13.4 1.6 12.7 0.4
CHICKEN MCNUGGETS® are cooked in a McDonald's Vegetable Oil Blend and are cooked in the same equipment as products containing Gluten, Wheat, Milk, Soy.	Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg) Energy (ku) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg)	0.8 6.2 0.2 191 2 Avg Qty / Serve 3020 721 40.2 43.4 5.2 41.2 1.3 1280	13.4 1.6 12.7 0.4 394 O pc 931 222 12.4 13.4 1.6 12.7 0.4 394	13 16 12.4 0.4 383 24 Avg Qty / Serve 3820 865 48.2 52.1 6.3 49.5 1.6 1530	13.4 16 12.7 0.4 394 4 pc Avg Qty/100g 931 222 12.4 13.4 16 12.7 0.4 394	21.7 20.6 20.6 0.7 633 40 40 40 40 40 40 40 80.4 80.4 80.4 80.4 80.4 80.4 2.7 2550 Chicken ¹ Avg Qty/Serve	13.4 1.6 1.7 0.4 394 PC Avg Qty / 100 931 222 12.4 13.4 1.6 12.7 0.4 394 ************************************
CHICKEN MCNUGGETS [®] are cooked in a McDonald's Vegetable Oil Blend and are cooked in the same equipment as products containing Gluten, Wheat, Milk, Soy.	Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg) Energy (ku) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg)	0.8 6.2 0.2 191 2 Avg Qty / Serve 3020 721 40.2 43.4 5.2 41.2 1.3 1280	13.4 1.6 12.7 0.4 394 O pc 931 222 12.4 13.4 1.6 12.7 0.4 394	13 16 12.4 0.4 383 24 Avg Qty / Serve 3820 865 48.2 52.1 6.3 49.5 1.6 1530	13.4 16 12.7 0.4 394 4 pc Avg Qty/100g 931 222 12.4 13.4 16 12.7 0.4 394 Energy (k.)	21.7 20.6 20.6 0.7 638 40 Avg Qty / Serve 6030 1440 80.4 86.8 10.5 82.5 2.7 2.550 Chicken ¹ Avg Qty / Serve 1740	13.4 1.6 12.7 0.4 394 PC Avg Qty / 100g 931 222 12.4 13.4 1.6 12.7 0.4 394 Avg Qty / 100g 1.6 1.2 Avg Qty / 100g 1.6 Avg Avg Avg Avg Avg Avg Avg Avg Avg Avg
CHICKEN MCNUGGETS® are cooked in a McDonald's Vegetable Oil Blend and are cooked in the same equipment as products containing Gluten, Wheat, Milk, Soy. Chicken 'n' Cheese MCHICKEN PATTY: Chicken, Water, Flour (Maize, Wheat), Vegetable Oil, Thickeners (1400, 1401, 1402), Starch (Maize, Wheat), Mineral Salts (508, 450, 500, 451), Salt, Spices (Pepper, Celery, Capsicum, Celery Seed), Spice Extracts (100, 160C Emulsifiers (481, 433), Vegetable Powders (Garlic, Celery, Onion), Herbs (Sage, Rosemary), Canola Oil, Maltodextrin, Antioxidants (320, 310), Food Acid (330), Natural Colours (100, 160C). REGULAR BUK: Wheat Flour (Witamins (Thiamin, Folate)), Water, Sugar, Yeast, Canola Oil, Iolideed Salt, Glaze (Water, Vegetable Protein, Sunflower Oil, Dextrose, Maltodextrin, Maize Starch), Preservative (282), Wheat Gluten, Improver (Whe	Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg) Energy (kJ) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg)	0.8 6.2 0.2 191 2 Avg Qty / Serve 3020 721 40.2 43.4 5.2 41.2 1.3 1280 east Extracts (Bai	13.4 16 12.7 0.4 394 Opc Avg Qty / 100g 931 222 12.4 13.4 16 12.7 0.4 394	13 16 124 0.4 383 20 865 482 52.1 6.3 49.5 1.6 1530 mt (341),	13.4 16 12.7 0.4 394 4 pc Avg Qty / 100g 931 222 12.4 13.4 1.6 12.7 0.4 394 Energy (k.J) Energy (Cal)	21.7 20.6 20.6 0.7 638 400 Avg Qty/Serve 6030 1440 86.8 10.5 82.5 2.7 2550 Chicken ¹ Avg Qty/Serve 1740 416	13.4 1.6 12.7 0.4 394 PC Avg Qty/100g 931 222 12.4 13.4 1.6 12.7 0.4 384 ************************************
CHICKEN MCNUGGETS® are cooked in a McDonald's Vegetable Oil Blend and are cooked in the same equipment as products containing Gluten, Wheat, Milk, Soy. Chicken 'n' Cheese MCHICKEN PATTY: Chicken, Water, Flour (Maize, Wheat), Vegetable Oil, Thickeners (1400, 1401, 1402), Starch (Maize, Wheat), Mineral Salts (508, 450, 500, 451), Salt, Spices (Pepper, Celery, Capsicum, Celery Seed), Spice Extracts (100, 160c) Emulsifiers (481, 433), Vegetable Powders (Garlic, Celery, Onion), Herbs (Sage, Rosemary), Canola Oil, Maltodextrin, Antioxidants (320, 310), Food Acid (330), Natural Colours (100, 160c). REGULAR BUN: Wheat Flour (Mains (Thiamins, Floate)), Water, Sugar, Yeast, Canola Oil, Jodised Salt, Glaze (Water, Vegetable Protein, Sunflower Oil, Dextrose, Maltodextrin, Maize Starch), Preservative (282), Wheat Gluten, Improver (Whe	Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg) Energy (kJ) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg)	0.8 6.2 0.2 191 2 Avg Qty / Serve 3020 721 40.2 43.4 5.2 41.2 1.3 1280 east Extracts (Bai	13.4 16 12.7 0.4 394 Opc Avg Qty / 100g 931 222 12.4 13.4 16 12.7 0.4 394	13 16 124 0.4 383 20 865 482 52.1 6.3 49.5 1.6 1530 mt (341),	13.4 15. 12.7 0.4 394 4 pc Avg Qty / 100g 931 222 12.4 13.4 15. 12.7 0.4 394 Energy (k.J) Energy (k.J) Energy (Cal) Protein (g)	21.7 20.6 20.6 0.7 638 400 Avg Qty / Serve 6030 1440 80.4 86.8 10.5 82.5 2.7 2.550 Chicken ¹ Avg Qty / Serve 1740 416 17.8	13.4 1.6 12.7 0.4 394 PC Avg Qty / 100 931 222 12.4 13.4 1.6 12.7 0.4 394 PC Avg Qty / 100 931 222 12.4 1.6 12.7 0.4 394 1.6 12.7 0.4 1.6 1.2 1.6 1.2 1.6 1.2 1.6 1.6 1.2 1.6 1.6 1.6 1.6 1.6 1.6 1.6 1.6
CHICKEN MCNUGGETS® are cooked in a McDonald's Vegetable Oil Blend and are cooked in the same equipment as products containing Gluten, Wheat, Milk, Soy. Chicken 'n' Cheese MCHICKEN PATTY: Chicken, Water, Flour (Maize, Wheat), Vegetable Oil, Thickeners (1400, 1401, 1402), Starch (Maize, Wheat), Mineral Salts (508, 450, 500, 451), Salt, Spices (Pepper, Celery, Capsicum, Celery Seed), Spice Extracts (100, 160c Emulsifiers (413, 33), Vegetable Powders (Garlic, Celery, Onion), Herbs (Sage, Rosemary), Canola Oil, Maltodextrin, Antioxidants (320, 310), Food Acid (330), Natural Colours (100, 160c). REGULAR BUNk Wheat Flour (Vitamins, Tolatel), Water, Sugar, Yeast, Canola Oil, Iodised Salt, Glaze (Water, Vegetable Protein, Sunflower Oil, Dextrose, Maltodextrin, Maize Starch), Preservative (282), Wheat Gluten, Improver (Whee Enzymes) (Wheat Flour, Enzymes), Seame Seeds. MCCHICKEN SAUCE: Water, Vegetable Oil (Intixidant (320)), Vinegar, Glucose Syrup, Egg Yolk, Thickener (1442, 415), Sugar, Salt, Spice, Mustard Flour, Emulsifiers (435, 433), Preservative (202), Acidity Regulator (270).	Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg) Energy (kJ) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg)	0.8 6.2 0.2 191 2 Avg Qty / Serve 3020 721 40.2 43.4 5.2 41.2 1.3 1280 east Extracts (Bai	13.4 16 12.7 0.4 394 Opc Avg Qty / 100g 931 222 12.4 13.4 16 12.7 0.4 394	13 16 124 0.4 383 20 865 482 52.1 6.3 49.5 1.6 1530 mt (341),	13.4 16 12.7 0.4 394 4 pc 4 yc (ty/ 100g 931 222 12.4 13.4 1.6 12.7 0.4 394 224 13.4 1.6 12.7 0.4 394 222 12.4 13.4 1.6 1.2.7 0.4 394 222 12.4 13.4 1.6 1.2.7 0.4 394 222 12.4 1.6 1.6 1.6 1.6 1.6 1.6 1.6 1.6	21.7 20.6 20.6 0.7 638 40 Avg Qty / Serve 6030 1440 80.4 80.4 80.4 80.4 10.5 82.5 2.7 2.550 Chicken ¹ Avg Qty / Serve 1740 416 17.8 20.6	13.4 1.6 12.7 0.4 394 PC Avg Qty/1005 931 222 12.4 13.4 1.6 12.7 0.4 394 * * * * * * * *
CHICKEN MCNUGGETS® are cooked in a McDonald's Vegetable Oil Blend and are cooked in the same equipment as products containing Gluten, Wheat, Milk, Soy. Chicken 'n' Cheese MCHICKEN PATTY: Chicken, Water, Flour (Maize, Wheat), Vegetable Oil, Thickeners (1400, 1401, 1402), Starch (Maize, Wheat), Mineral Salts (508, 450, 500, 451), Salt, Spices (Pepper, Celery, Capsicum, Celery Seed), Spice Extracts (100, 160c Emulsifiers (413, 33), Vegetable Powders (Garlic, Celery, Onion), Herbs (Sage, Rosemary), Canola Oil, Maltodextrin, Antioxidants (320, 310), Food Acid (330), Natural Colours (100, 160c). REGULAR BUNk Wheat Flour (Vitamins, Tolatel), Water, Sugar, Yeast, Canola Oil, Iodised Salt, Glaze (Water, Vegetable Protein, Sunflower Oil, Dextrose, Maltodextrin, Maize Starch), Preservative (282), Wheat Gluten, Improver (Whee Enzymes) (Wheat Flour, Enzymes), Seame Seeds. MCCHICKEN SAUCE: Water, Vegetable Oil (Intixidant (320)), Vinegar, Glucose Syrup, Egg Yolk, Thickener (1442, 415), Sugar, Salt, Spice, Mustard Flour, Emulsifiers (435, 433), Preservative (202), Acidity Regulator (270).	Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg) Energy (kJ) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg)	0.8 6.2 0.2 191 2 Avg Qty / Serve 3020 721 40.2 43.4 5.2 41.2 1.3 1280 east Extracts (Bai	13.4 16 12.7 0.4 394 Opc Avg Qty / 100g 931 222 12.4 13.4 16 12.7 0.4 394	13 16 124 0.4 383 20 865 482 52.1 6.3 49.5 1.6 1530 mt (341),	13.4 15. 12.7 0.4 394 4 pc Avg Qty / 100g 931 222 12.4 13.4 15. 12.7 0.4 394 Energy (k.J) Energy (k.J) Energy (Cal) Protein (g)	21.7 20.6 20.6 0.7 638 400 Avg Qty / Serve 6030 1440 80.4 86.8 10.5 82.5 2.7 2.550 Chicken ¹ Avg Qty / Serve 1740 416 17.8	13.4 1.6 12.7 0.4 394 PC Avg Qty / 100 931 222 12.4 13.4 1.6 12.7 0.4 394 PC Avg Qty / 100 931 222 12.4 1.6 12.7 0.4 394 1.6 12.7 0.4 1.6 1.2 1.6 1.2 1.6 1.2 1.6 1.6 1.2 1.6 1.6 1.6 1.6 1.6 1.6 1.6 1.6
CHICKEN MCNUGGETS® are cooked in a McDonald's Vegetable Oil Blend and are cooked in the same equipment as products containing Gluten, Wheat, Milk, Soy.	Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg) Energy (kJ) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg)	0.8 6.2 0.2 191 2 Avg Qty / Serve 3020 721 40.2 43.4 5.2 41.2 1.3 1280 east Extracts (Bai	13.4 16 12.7 0.4 394 Opc Avg Qty / 100g 931 222 12.4 13.4 16 12.7 0.4 394	13 16 124 0.4 383 20 865 482 52.1 6.3 49.5 1.6 1530 mt (341),	13.4 1.6 12.7 0.4 394 4 pc Avg Qty / 100g 931 222 12.4 13.4 1.6 12.7 0.4 394 Energy (kJ) Energy (kJ) Protein (g) Fat, total (g) Saturated Fat (g)	21.7 20.6 20.6 0.7 638 40 Avg Qty/Serve 6030 1440 80.4 80.4 80.4 80.4 10.5 82.5 2.7 2550 Chicken ¹ Avg Qty/Serve 1740 416 17.8 20.6 3.7	13.4 1.6 1.7 0.4 394 PC Avg Qty / 100y 931 222 12.4 13.4 1.6 12.7 0.4 394 n' Cheese Avg Qty / 100y 1080 257 11 12.8 2.3

REGULAR BUN is produced and cooked in equipment that also produces products containing Soy. McChicken Patties are cooked in a McDonald's Vegetable Oil Blend and may be cooked in the same equipment as products containing Gluten, Wheat, Milk, Soy.

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McChicken[®] and Double McChicken[®]

MCCHICKEN PATTY: Chicken, Water, Flour (Maize, Wheat), Vegetable Oil, Thickeners (1400, 1401, 1420), Starch (Maize, Wheat), Mineral Salts (508, 450, 500, 451), Salt, Spices (Pepper, Celery, Capsicum, Celery Seed), Spice Extracts (100, 160c, Celery, Pepper, Capsicum), Yeast Extracts (Barley), Anti-Caking Agent (341), Emulsifiers (481, 433), Vegetable Powders (Garlic, Celery, Onion), Herbs (Sage, Rosemary), Canola Oil, Maltodextrin, Antioxidants (320, 310), Food Acid (330), Natural Colours (100, 160c).

QUARTER POUNDER BUN: Wheat Flour (Vitamins (Thiamin, Folate)), Water, Yeast, Sugar, Canola Oli, Sesame Seeds, Iodised Salt, Glaze (Water, Vegetable Protein, Sunflower Oli, Dextrose, Maltodextrin, Maize Starch), Wheat Gluten, Preservative (282), Improver (Wheat Flour, Ascorbic Acid (300), Enzymes), Natural Flavour, Emulsifier (472e, 471), Thickener (142), Ascorbic Acid (300). MCCHICKEN SAUCE: Water, Vegetable Oli [Antioxidant (307b)], Vinegar, Glucose Syrup, Egg Volk, Thickener (1442, 415), Sugar, Salt, Spice, Mustard Flour, Emulsifiers (435, 433), Preservative (202), Acidity Regulator (270).

SHREDDED LETTUCE: loeberg Lettuce.

Contains: Gluten, Wheat, Egg, Sesame.

QUARTER POUNDER BUNS are produced on equipment that also produces products containing soy.

McCHICKEN PATTY is cooked in McDonald's Vegetable Oil blend and may be cooked using the same equipment as products containing Gluten, Wheat, Milk, Soy

McCrispy®

MCCRISPY PATTY: Chicken, Flour (Wheat, Rice, Maize), Water, Vegetable Oil, Starch (Potato, Wheat, Maize), Salt, Yeast, Vegetable Powders, Wheat Gluten, Food Acid (330), Sugar, Spice & Herb, Natural Flavour, Herb & Spice Extracts, Raising Agent (500), Vegetable Gum (415).		Avg Qty / Serve
MCCRISPY BUN: Wheat Flour, Canola Oil, Enzymes), Glaze (Water, Liquid Sugar, Creamed Yeast, Canola Oil, Wheat Gluten, Improver (Pregelatinised Wheat Flour, Wheat Gluten, Wheat Flour, Canola Oil, Enzymes), Glaze (Water, Vegetable Protein, Sunflower Oil, Dextrose, Maltodextrin, Maize Starch), Jodised Salt, Natural	Energy (kJ)	2200
Flavour, Preservative (282), Improver (Wheat Flour, Ascorbic Acid (300), Enzymes), Emulsifier 472e (Emulsifier 472 (E), Mineral Salt (170) [RSPO Palm Oil/Canola Oil Derived - Datem]), Emulsifier (471), Colour (160a (iv) (Contains Wheat)), Enzymes (Wheat Flour, Enzymes), Sesame Seeds.	Energy (Cal)	526
MCCRISPY SAUCE: Vegetable Oil [Includes Antioxidant [307]], Water, Vinegar, Sugar, Milk Solids [Includes Buttermilk Powder], Egg Yolk, Dextrose, Salt, Vegetable Powders [Includes Garlic], Thickeners (1442, 415), Natural Flavour (Milk), Acidity Regulator (270), Spice, Yeast Extract, Preservative (202), Herb.	Protein (g)	26
SHREDDED LETTUCE: locberg Lettuce.	Fat, total (g)	24.4
	Saturated Fat (g)	2.6

Contains: Gluten, Wheat, Egg, Milk, Sesame

MCCRISPY BUN is produced on equipment that also produces products containing soy and sulphites. MCCRISPY PATTY is cooked in McDonald's Vegetable Oil blend and may be cooked using the same equipment as products containing Gluten. Wheat. Milk. Soy

McCrispy® Chicken Deluxe

MCCRISPY PATTY: Chicken, Flour (Wheat, Rice, Maize), Water, Vegetable Oil, Starch (Potato, Wheat, Maize), Salt, Yeast, Vegetable Powders, Wheat Gluten, Food Acid (330), Sugar, Spice & Herb, Natural Flavour, Herb & Spice Extracts, Raising Agent (500), Vegetable Gum (415). MCCRISPY BUN: Wheat Flour (Vitamins, Thiamin, Folate)), Water, Liquid Sugar, Creamed Yeast, Canola Oil, Wheat Gluten, Improver (Pregelatinised Wheat Flour, Wheat Gluten, Wheat Flour, Canola Oil, Enzymes), Glaze (Water, Vegetable Protein, Sunflower Oil, Dextrose, Maltodextrin, Maize Starch), Iodised Salt, Natural Flavour, Preservative (282), Improver (Wheat Flour, Ascorbic Acid (330), Enzymes), Enzymes), Enzymes), Sesame Seeds. AlSSIF. JACK (PHFSF: Pasteurised Mik, Salt Starter Culture, Non-animal Rennet.

MCCRISPY SAUCE: Vegetable Oil [Includes Antioxidant (307)], Water, Vinegar, Sugar, Milk Solids [Includes Buttermilk Powder], Egg Yolk, Dextrose, Salt, Vegetable Powders [Includes Garlic], Thickeners (1442, 415), Natural Flavour (Milk), Acidity Regulator (270), Spice, Yeast Extract, Preservative (202), Herb. SHREDDED LETTUCE: Iceberg Lettuce.

SLICED TOMATO: Tomato.

Contains: Gluten, Wheat, Egg, Milk, Sesame

MCCRISPY BUN is produced and cooked in equipment that also produces products containing soy. MCCRISPY PATTY is cooked in McDonald's Vegetable Oil blend and may be cooked using the same equipment as products containing Gluten, Wheat, Milk, Soy

McSpicy[®] Burger

SPICY THIGH PATTY: Chicken, Flour (Wheat), Water, Vegetable Oil, Thickeners (1420, 1422), Salt, Gluten (Wheat), Yeast And Yeast Extracts, Spice And Spice Extracts (Inc. Pepper), Rice Starch, Natural Flavours, Raising Agents (450, 500), Vegetable Powders (Garlic, Onion), Emulsifier (322), Hydrolysed Vegetable Protein, Natural Colour (160C), Herb Extract, Citrus Extract, Maltodextrin.

QUARTER POUNDER BUN: Wheat Flour (Vitamins (Thiamin, Folate)), Water, Yeast, Sugar, Canola Oil, Sesame Seeds, Iodised Salt, Glaze (Water, Vegetable Protein, Sunflower Oil, Dextrose, Maltodextrin, Maize Starch), Wheat Gluten, Preservative (282), Improver (Wheat Flour, Ascorbic Acid (300), Enzymes), Natural Flavour, Emulsifier (472e, 471), Thickener (412), Ascorbic Acid (300).

MCCHICKEN SAUCE: Water, Vegetable Oil [Antioxidant (307b)], Vinegar, Glucose Syrup, Egg Yolk, Thickener (1442, 415), Sugar, Salt, Spice, Mustard Flour, Emulsifiers (435, 433), Preservative (202), Acidity Regulator (270) SHREDDED LETTUCE: Iceberg Lettuce.

Contains: Gluten: Wheat, Egg, Sesame

QUARTER POUNDER BUNS are produced on equipment that also produces products containing soy.

SPICY THIGH PATTY is cooked in a McDonald's Vegetable Oil Blend and may be cooked in the same equipment as products containing Gluten, Wheat, Milk, Soy.

Filet-o-Fish® and Double Filet-o-Fish®

FILET-O-FISH PORTION: Fish (Alaskan Pollock, NZ Hoki), Water, Wheat Flour, Modified Food Starch (1422), Yellow Corn Flour, Bleached Wheat Flour, Salt, Whey (Milk), Cellulose Gum, Dextrose, Dried Yeast, Sugar, Soybean Oil, Paprika Extract (160c) and Turmeric Extract (100), Black Pepper (Natural Flavouring).

REGULAR BUN: Wheat Flour (Vitamins (Thiamin, Folate)), Water, Sugar, Yeast, Canola Oil, Iodised Salt, Glaze (Water, Vegetable Protein, Sunflower Oil, Dextrose, Maltodextrin, Maize Starch), Preservative (282), Wheat Gluten, Improver (Wheat Flour, Ascorbic Acid (300), Enzymes), Emulsifier (472e, 471), Ascorbic Acid (300), Enzymes (Wheat Flour, Enzymes), Sesame Seeds.

TARTARE SAUCE: Water, Vegetable Oil [Antioxidant (307b)], Dill Relish [Gherkin, Water, Vinegar, Acidity Regulator (260), Salt, Capers, Thickener (415), Firming Agent (509), Flavouring, Preservative (202)], Vinegar, Egg Yolk, Thickeners (1442, 415), Glucose Syrup, Sugar, Dehydrated Vegetable, Salt, Onion, Emulsifier (435, 433), Spice, Mustard Flour, Preservative (202), Flavouring, Herb.

SLICED CHEESE: Cheese (Pasteurised Milk, Salt, Culture, Enzyme (Rennet)), Water, Milk Solids, Butter (Milk), Emulsifiers (331, 332), Salt, Acidity Regulators (260, 330), Natural Colours (160a, 160c), Soy Lecithin (322)

Contains: Gluten, Wheat, Milk, Soy, Egg, Sesame, Fish.

REGULAR BUN is produced and cooked in equipment that also produces products containing soy.

FILET-O-FISH PORTION is cooked in a McDonald's Vegetable Oil Blend and may be cooked in the same equipment as products containing Gluten, Wheat, Milk, Soy.

Issue: February 2025 Revision: 98 File: QAM-059 Filet-o-Fish®

Ava Oty / 100a

986

236

11

10.2

2.1

23.6

2.6

372

Ava Oty / Serve

1380

330

15.5

14.3

2.9

33.1

3.7

522

Eneray (kJ)

Energy (Cal)

Protein (g)

Fat, total (g)

Sugars (g)

Sodium (mp

Saturated Fat (g)

Carbohydrate (g)

6

	McChi	icken®	Double M	cChicken®
	Avg Qty / Serve	Avg Qty / 100g	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	1910	977	2980	1020
Energy (Cal)	456	234	711	243
Protein (g)	18.4	9.4	31.8	10.9
Fat, total (g)	20/6	10.6	40.2	13.7
Saturated Fat (g)	2.6	1.3	6.3	2.2
Carbohydrate (g)	47.6	24.4	54.3	18.5
Sugars (g)	4.6	2.4	5.6	1.9
Sodium (mg)	707	362	989	338

Protein (g)	26	11.2
Fat, total (g)	24.4	10.6
Saturated Fat (g)	2.6	1.1
Carbohydrate (g)	49.1	21.3
Sugars (g)	7.8	3.4
Sodium (mg)	986	427

McCrispy® Chicken Deluxe

McCrispy®

Avg Qty / 100g 953 228

	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	2450	914
Energy (Cal)	587	218
Protein (g)	29.9	11.1
Fat, total (g)	29.1	10.8
Saturated Fat (g)	5.8	2.2
Carbohydrate (g)	49.7	18.5
Sugars (g)	8.4	3.1
Sodium (mg)	1100	409

Avg Qty / Serve	Avg Qty / 100g
2370	1010
567	242
28.5	12.2
28.7	12.2
3.7	1.6
47.2	20.1
5.0	2.1
1180	503
	2370 567 28.5 28.7 3.7 47.2 5.0

Avg Oty / Serve

2170

518

26.3

26.7

5.4

40.5

4.7

938

McSpicy® Burger

Double Filet-o-Fish®

Ava Oty / 100a

940

225

11.4

11.6

2.3

17.6

2.0

407

WRAPS							
Chicken Snack Wrap						Chicken S	nack Wrap
McCRISPY PATTY: Chicken, Flour (Wheat, Rice, Maize), Water, Vegetable Oil, Starch (Potato, Wheat, Maize), Salt, Yeast, Vegetable Powders, Wheat Gluten, Food Acid (330), Sugar, Spice & Herb, Natural Flavour, Herb J	& Spice Extracts, Raising Agent (500), Vegetable Gur	n (415)				Avg Qty / Serve	Avg Qty / 100g
MOLEMEAL TORTILLA: Wheat Flour (Thiamine, Folic Acid), Water, Whole Wheat Flour (Thiamine, Folic Acid), Vagetable Shortening (Antioxidant (307b)), Sugar Baking Powder (Mineral Saltes (5, 500, 34)), Acidity R		11(410).		1	Energy (kJ)	1080	1000
MCCHICKEN SALCE: Water, Vegetable Oil Individiant (307b), Vinegar Ving, Hard Russel Ving, Table Salch, Vegetable Oil Antonia (197b), Salch Ving, Salch					Energy (Cal)	258	239
	6).				Protein (g)	9.9	9.2
					Fat, total (g)	12.4	11.5
Contains: Gluten, Wheat, Egg.					Saturated Fat (g)	3.0	2.7
WhOLEMEAL TORTILLA may be produced using the same equipment as products containing Soy.					Carbohydrate (g)	25.8	23.8
WHOLEMELS FOR TILES may be steamed and the same equipment as products containing 90%.					Sugars (g)	1.9	1.7
MCCHICKEN PATTY is cooked in McDonald's Vegetable Oil blend and may be cooked using the same equipment as products containing Gluten, Wheat, Milk, Soy.				ļ	Sodium (mg)	346	319
Grilled Chicken Snack Wrap						Grilled Chick	en Snack Wrap
GRILLED CHICKEN: Chicken, Water, Rice Starch, Salt, Mineral Salts (451, 450), Soy Protein, Fruit Powder [Contains Lemon Juice Concentrate, Flavours], Dehydrated Garlic, Natural Flavour, Herbs, Sugar, Vinegar Powde	er, Vegetable Powder, Anticaking Agent (341), Spice I	xtract (Pepper), Ve	getable Oil.			Avg Qty / Serve	Avg Qty / 100g
WHOLEMEAL TORTILLA: Wheat Flour (Thiamine, Folic Acid), Water, Whole Wheat Flour (Thiamine, Folic Acid), Vegetable Shortening (Antioxidant (307b)), Sugar, Baking Powder (Mineral Salts (450, 500, 341)), Acidity Re			• • • • •		Energy (kJ)	906	841
MCCHICKEN SAUCE: Water, Vegetable Oil [Antioxidant (307b)], Vinegar, Glucose Syrup, Egg Yolk, Thickener (1442, 415), Sugar, Salt, Spice, Mustard Flour, Emulsifiers (435, 433), Preservative (202), Acidity Regulator (277					Energy (Cal)	216	201
SHREDDED LETTUCE: lceberg Lettuce.					Protein (g)	13.9	12.9
					Fat, total (g)	8.6	8
Contains: Gluten, Wheat, Egg, Soy.					Saturated Fat (g)	2.9	2.4
WHOLEMEAL TORTILLA may be produced using the same equipment as products containing Soy.					Carbohydrate (g)	19.8	18.4
					Sugars (g)	1.6	
					Sodium (mg)	409	380
WHOLEMEAL TORTILLA may be steamed in the same equipment as products containing Sesame. GRILLED CHICKEN may be cooked on the same grill as Egg or products containing Gluten, Wheat, Milk, Soy. FRIES					Sodium (mg)	409	
GRILLED CHICKEN may be cooked on the same grill as Egg or products containing Gluten, Wheat, Milk, Soy. FRIES		Sn	nall		Sodium (mg)		
GRILLED CHICKEN may be cooked on the same grill as Egg or products containing Gluten, Wheat, Milk, Soy. FRIES		Sn Avg Qty / Serve	nall Avg Qty / 100g		×		380
GRILLED CHICKEN may be cooked on the same grill as Egg or products containing Gluten, Wheat, Milk, Soy. FRIES Potatoes, Canola Oli (Acidity Regulator (330)), Dextrose Monohydrate (Preservative (220)), Mineral Salt (450), Antifoam (Non-ionic polyalkylene glycol), Preservative (223).	Energy (kJ)	Avg Qty / Serve 916	Avg Qty / 100g 1270	Med Avg Qty / Serve 1320	lium Avg Qty / 100g 1270	La Avg Qty / Serve 1630	380 rge Avg Qty / 100g 1270
GRILLED CHICKEN may be cooked on the same grill as Egg or products containing Gluten, Wheat, Milk, Soy. FRIES Potatoes, Canola Oli (Acidity Regulator (330)), Dextrose Monohydrate (Preservative (220)), Mineral Salt (450), Antifoam (Non-ionic polyalkylene glycol), Preservative (223).	Energy (Cal)	Avg Qty / Serve 916 219	Avg Qty / 100g 1270 304	Med Avg Qty / Serve 1320 316	lium Avg Qty / 100g 1270 304	La Avg Qty / Serve 1630 389	380 rge Avg Qty / 100g 1270 304
GRILLED CHICKEN may be cooked on the same grill as Egg or products containing Gluten, Wheat, Milk, Soy. FRIES Fries Potatoes, Canola Oli (Acidity Regulator (330)), Dextrose Monohydrate (Preservative (220)), Mineral Salt (450), Antifoam (Non-ionic polyalkylene glycol), Preservative (223). OR Potatoes, Vegetable Oli (Canola, Soybean, Cottonseed), Mineral Salt (450), Dextrose (from Mazie).	Energy (Cal) Protein (g)	Avg Qty / Serve 916 219 3.5	Avg Qty / 100g 1270 304 4.8	Med Avg Qty / Serve 1320 316 5	lium Avg Qty / 100g 1270 304 4.8	La Avg Qty/Serve 1630 389 6.1	380 rge Avg Qty / 100g 1270 304 4.8
GRILLED CHICKEN may be cooked on the same grill as Egg or products containing Gluten, Wheat, Milk, Soy. FRIES Fries	Energy (Cal) Protein (g) Fat, total (g)	Avg Qty / Serve 916 219 3.5 11.5	Avg Qty / 100g 1270 304 4.8 16	Med Avg Qty / Serve 1320 316 5 16.6	lium Avg Qty / 100g 1270 304 4.8 16	La Avg Qty / Serve 1630 389 6.1 20.5	380 rge Avg Qty / 100g 1270 304 4.8 16
GRILLED CHICKEN may be cooked on the same grill as Egg or products containing Gluten, Wheat, Milk, Soy. FRIES Potatoes, Canola Oli (Acidity Regulator (330)), Dextrose Monohydrate (Preservative (220)), Mineral Salt (450), Antifoam (Non-ionic polyalkylene glycol), Preservative (223). OR Potatoes, Vegetable Oli (Canola, Soybean, Cottonseed), Mineral Salt (450), Dextrose (from Mazie). FRIES are cooked in McDonald's Vegetable Oli blend and may be cooked using the same equipment as products containing Gluten, Wheat, Milk, Soy.	Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g)	Avg Qty / Serve 916 219 3.5 11.5 0.9	Avg Qty / 100g 1270 304 4.8 16 1.3	Med Avg Qty/Serve 1320 316 5 16.6 1.4	Avg Qty / 100g 1270 304 4.8 16 1.3	La Avg Qty / Serve 1630 389 6.1 20.5 1.7	380 rge 1270 304 4.8 16 1.3
GRILLED CHICKEN may be cooked on the same grill as Egg or products containing Gluten, Wheat, Milk, Soy. FRIES Potatoes, Canola Oli (Acidity Regulator (330)), Dextrose Monohydrate (Preservative (220)), Mineral Salt (450), Antifoam (Non-ionic polyalkylene glycol), Preservative (223). OR Potatoes, Vegetable Oli (Canola, Soybean, Cottonseed), Mineral Salt (450), Dextrose (from Mazie). FRIES are cooked in McDonald's Vegetable Oli blend and may be cooked using the same equipment as products containing Gluten, Wheat, Milk, Soy.	Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g)	Avg Qty / Serve 916 219 3.5 11.5 0.9 24.3	Avg Qty / 100g 1270 304 4.8 16 1.3 33.8	Med Avg Qty / Serve 1320 316 5 16.6 1.4 35.2	lium Avg Qty / 100g 1270 304 4.8 16 1.3 33.8	L£ AvgQty/Serve 1630 389 6.1 20.5 1.7 43.3	380 rge Avg Qty/100g 1270 304 4.8 16 1.3 33.8
GRILLED CHICKEN may be cooked on the same grill as Egg or products containing Gluten, Wheat, Milk, Soy. FRIES Potatoes, Canola Oli (Acidity Regulator (330)), Dextrose Monohydrate (Preservative (220)), Mineral Salt (450), Antifoam (Non-ionic polyalkylene glycol), Preservative (223). OR Potatoes, Vegetable Oli (Canola, Soybean, Cottonseed), Mineral Salt (450), Dextrose (from Mazie). FRIES are cooked in McDonald's Vegetable Oil blend and may be cooked using the same equipment as products containing Gluten, Wheat, Milk, Soy.	Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g)	Avg Qty / Serve 916 219 3.5 11.5 0.9 24.3 0.0	Avg Qty / 100g 1270 304 4.8 16 1.3 33.8 0.0	Med Avg Qty/Serve 1320 316 5 16.6 1.4 35.2 0.0	tium Avg Qty / 100g 1270 304 4.8 16 1.3 33.8 0.0	La Avg Qty / Serve 1630 389 6.1 20.5 1.7 4.3.3 0.0	380 rge Avg Cty / 100g 1270 304 4.8 16 1.3 33.8 0.0
GRILLED CHICKEN may be cooked on the same grill as Egg or products containing Gluten, Wheat, Milk, Soy. FRIES Potatoes, Canola Oli (Acidity Regulator (330)), Dextrose Monohydrate (Preservative (220)), Mineral Salt (450), Antifoam (Non-ionic polyalkylene glycol), Preservative (223). OR Potatoes, Vegetable Oli (Canola, Soybean, Cottonseed), Mineral Salt (450), Dextrose (from Mazie). FRIES are cooked in McDonald's Vegetable Oli blend and may be cooked using the same equipment as products containing Gluten, Wheat, Milk, Soy.	Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g)	Avg Qty / Serve 916 219 3.5 11.5 0.9 24.3	Avg Qty / 100g 1270 304 4.8 16 1.3 33.8	Med Avg Qty / Serve 1320 316 5 16.6 1.4 35.2	lium Avg Qty / 100g 1270 304 4.8 16 1.3 33.8	L£ AvgQty/Serve 1630 389 6.1 20.5 1.7 43.3	380 rge Avg Qty/100g 1270 304 4.8 16 1.3 33.8
GRILLED CHICKEN may be cooked on the same grill as Egg or products containing Gluten, Wheat, Milk, Soy. FRIES Polatos, Canola Oli (Acidity Regulator (330)), Dextrose Monohydrate (Preservative (220)), Mineral Salt (450), Antifoam (Non-ionic polyalkylene glycol), Preservative (223). OR Potatoes, Vegetable Oli (Canola, Soybean, Cottonseed), Mineral Salt (450), Dextrose (from Mazie). FRIES are cooked in McDonald's Vegetable Oli blend and may be cooked using the same equipment as products containing Gluten, Wheat, Milk, Soy. Salt added.	Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g)	Avg Qty / Serve 916 219 3.5 11.5 0.9 24.3 0.0	Avg Qty / 100g 1270 304 4.8 16 1.3 33.8 0.0	Med Avg Qty/Serve 1320 316 5 16.6 1.4 35.2 0.0	tium Avg Qty / 100g 1270 304 4.8 16 1.3 33.8 0.0	La Avg Qty / Serve 1630 389 6.1 20.5 1.7 4.3.3 0.0	380 rge Avg Cty / 100g 1270 304 4.8 16 1.3 33.8 0.0
GRILLED CHICKEN may be cooked on the same grill as Egg or products containing Gluten, Wheat, Milk, Soy. FRIES Potatoes, Canola Oli (Acidity Regulator (330)), Dextrose Monohydrate (Preservative (220)), Mineral Salt (450), Antifoam (Non-ionic polyalkylene glycol), Preservative (223). OR Potatoes, Vegetable Oli (Canola, Soybean, Cottonseed), Mineral Salt (450), Dextrose (from Mazie). FRIES are cooked in McDonald's Vegetable Oli blend and may be cooked using the same equipment as products containing Gluten, Wheat, Milk, Soy.	Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g)	Avg Qty / Serve 916 219 3.5 11.5 0.9 24.3 0.0	Avg Qty / 100g 1270 304 4.8 16 1.3 33.8 0.0	Med Avg Qty/Serve 1320 316 5 16.6 1.4 35.2 0.0	tium Avg Qty / 100g 1270 304 4.8 16 1.3 33.8 0.0	Lz Avg Qty / Serve 1630 389 6.1 20.5 1.7 4.3.3 0.0 374	380 rge Avg Cty / 100g 1270 304 4.8 16 1.3 33.8 0.0
GRILLED CHICKEN may be cooked on the same grill as Egg or products containing Gluten, Wheat, Milk, Soy. FRIES Pries Potatoes, Canola Oli (Acidity Regulator (330)), Dextrose Monohydrate (Preservative (220)), Mineral Salt (450), Antifoam (Non-ionic polyalkylene glycol), Preservative (223). OR Potatoes, Vegetable Oli (Canola, Soybean, Cottonseed), Mineral Salt (450), Dextrose (from Mazie). FRIES are cooked in McDonald's Vegetable Oil blend and may be cooked using the same equipment as products containing Gluten, Wheat, Milk, Soy. Salt added. FRUIT	Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g)	Avg Qty / Serve 916 219 3.5 11.5 0.9 24.3 0.0	Avg Qty / 100g 1270 304 4.8 16 1.3 33.8 0.0	Med Avg Qty / Serve 1320 316 5 18.6 1.4 35.2 0.0 304	lium Avg Qty / 100g 1270 304 4.8 16 1.3 33.8 0.0 292	Lee 1630 1830 10,5 1,7 43,3 0,0 374 Apple Avg Qty / Serve	rge Avg Qty/100g 1270 304 16 1.3 338 0.0 292 Slices Avg Qty/100g
GRILLED CHICKEN may be cooked on the same grill as Egg or products containing Gluten, Wheat, Milk, Soy. FRIES Fries Potatoes, Canola Oli (Acidity Regulator (330)), Dextrose Monohydrate (Preservative (220)), Mineral Salt (450), Antifoam (Non-Ionic polyalkylene glycol), Preservative (223). OR Potatoes, Vegetable Oli (Canola, Soybean, Cottonseed), Mineral Salt (450), Dextrose (from Mazie). FRIES are cooked in McDonald's Vegetable Oil blend and may be cooked using the same equipment as products containing Gluten, Wheat, Milk, Soy. Salt added. FRUIT Apple Slices	Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g)	Avg Qty / Serve 916 219 3.5 11.5 0.9 24.3 0.0	Avg Qty / 100g 1270 304 4.8 16 1.3 33.8 0.0	Med 3120 316 5 16.6 1.4 35.2 0.0 304	Lium Arg Qty / 100g 1270 304 4.8 16 1.3 3.3.8 0.0 292 Energy (kJ)	La AvgQty/Serve 1630 389 6.1 20.5 1.7 43.3 0.0 374 AvgQty/Serve 174	380 rge Avg Qty / 100g 1270 304 4.8 16 1.3 33.8 0.0 292 Slices Avg Qty / 100g 218
GRILLED CHICKEN may be cooked on the same grill as Egg or products containing Gluten, Wheat, Milk, Soy. FRIES Fries Potatoes, Canola Oli (Acidity Regulator (330)), Dextrose Monohydrate (Preservative (220)), Mineral Salt (450), Antifoam (Non-Ionic polyalkylene glycol), Preservative (223). OR Potatoes, Vegetable Oli (Canola, Soybean, Cottonseed), Mineral Salt (450), Dextrose (from Mazie). FRIES are cooked in McDonald's Vegetable Oil blend and may be cooked using the same equipment as products containing Gluten, Wheat, Milk, Soy. Salt added. FRUIT Apple Slices	Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g)	Avg Qty / Serve 916 219 3.5 11.5 0.9 24.3 0.0	Avg Qty / 100g 1270 304 4.8 16 1.3 33.8 0.0	Med Avg Qty/Serve 1320 316 5 16.6 1.4 38.2 0.0 304	Avg Qty / 100g 1270 304 16 1.3 33.8 0.0 292 Energy (kJ) Energy (kJ)	LE Avg Qty / Serve 1630 389 6.1 20.5 1.7 4.3.3 0.0 374 Apple Avg Qty / Serve 174 41	380 rge Avg Qty / 100g 1270 304 16 13 33.8 0.0 292 Slices Avg Qty / 100g 218 52
GRILLED CHICKEN may be cooked on the same grill as Egg or products containing Gluten, Wheat, Milk, Soy. FRIES Fries Potatoes, Canola OI (Acidity Regulator (330)), Dextrose Monohydrate (Preservative (220)), Mineral Salt (450), Antifoam (Non-ionic polyalkylene glycol), Preservative (223). OR Potatoes, Vegetable Oil (Canola, Soybean, Cottonseed), Mineral Salt (450), Dextrose (from Mazie). FRIES are cooked in McDonald's Vegetable Oil blend and may be cooked using the same equipment as products containing Gluten, Wheat, Milk, Soy. Salt added. FRUET Apple Slices Red and / or Green Apples, Antioxidant (302).	Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g)	Avg Qty / Serve 916 219 3.5 11.5 0.9 24.3 0.0	Avg Qty / 100g 1270 304 4.8 16 1.3 33.8 0.0	Med Avg Qty/Serve 1320 316 5 18.6 1.4 35.2 0.0 3.04	Lium Arg Qty / 100g 1270 304 4.8 16 1.3 3.3.8 0.0 292 Energy (kJ) Energy (Cal) Protein (g)	La Avg Qty / Serve 1630 389 6.1 20.5 1.7 4.3.3 0.0 374 Avg Qty / Serve 174 41 0.3	rge Avg Qty / 100g 1270 304 4.8 16 1.3 338 0.0 292 Slices Avg Qty / 100g 218 52 0.4
GRILLED CHICKEN may be cooked on the same grill as Egg or products containing Gluten, Wheat, Milk, Soy. FRIES Prios Potatoes, Canola Oli (Acidity Regulator (330)), Dextrose Monohydrate (Preservative (220), Mineral Salt (450), Antifoam (Non-ionic polyalkylene glycol), Preservative (223). OR Potatoes, Vegetable Oli (Canola, Soybean, Cottonseed), Mineral Salt (450), Dextrose (from Mazie). FRIES are cooked in McDonald's Vegetable Oli blend and may be cooked using the same equipment as products containing Gluten, Wheat, Milk, Soy. Salt added. FRUET Apple Slices Red and / or Green Apples, Antioxidant (302).	Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g)	Avg Qty / Serve 916 219 3.5 11.5 0.9 24.3 0.0	Avg Qty / 100g 1270 304 4.8 16 1.3 33.8 0.0	Med Avg Qty/Serve 1320 316 5 16.6 1.4 35.2 0.0 304	Avg Qty / 100g 1270 304 4.8 16 1.3 33.8 0.0 292 Energy (k,l) Energy (k,l) Protein (g) Fat, total (g)	La Avg Qty / Serve 1630 389 6.1 20.5 1.7 43.3 0.0 374 Avg Qty / Serve 174 41 0.3 0.2	380 rge Avg Qty/100g 1270 304 18 0.0 282 Slices Avg Qty/100g 282 Slices Avg Qty/100g 218 52 0.4 0.3
GRILLED CHICKEN may be cooked on the same grill as Egg or products containing Gluten, Wheat, Milk, Soy. FRIES Fries Potatoes, Canola OII (Acidity Regulator (330)), Dextrose Monohydrate (Preservative (220), Mineral Salt (450), Antifoam (Non-ionic polyalkylene glycol), Preservative (223). OR Potatoes, Vegetable OII (Canola, Soybean, Cottonseed), Mineral Salt (450), Dextrose (from Mazie). FRIES are cooked in McDonald's Vegetable OII blend and may be cooked using the same equipment as products containing Gluten, Wheat, Milk, Soy. Salt added. FRUIT Apple Slices Red and / or Green Apples, Antioxidant (302).	Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g)	Avg Qty / Serve 916 219 3.5 11.5 0.9 24.3 0.0	Avg Qty / 100g 1270 304 4.8 16 1.3 33.8 0.0	Med Avg Qty/Serve 1320 316 5 16.6 1.4 35.2 0.0 304	Avg Qty / 100g 1270 304 16 13 33.8 0.0 292 Energy (k,J) Energy (k,J) Energy (cal) Protein (g) Fat, total (g) Saturated Fat (g)	Lee Avg Qty / Serve 1530 389 6.1 20.5 1.7 43.3 0.0 374 Apple Avg Qty / Serve 174 41 0.3 0.2 0.1	rge Avg Qty/100g 1270 304 16 1.3 33.8 0.0 292 Slices Avg Qty/100g 218 52 0.4 0.3 0.1
GRILLED CHICKEN may be cooked on the same grill as Egg or products containing Gluten, Wheat, Milk, Soy. FRIES Prios Potatoes, Canola Oli (Acidity Regulator (330)), Dextrose Monohydrate (Preservative (220), Mineral Salt (450), Antifoam (Non-ionic polyalkylene glycol), Preservative (223). OR Potatoes, Vegetable Oli (Canola, Soybean, Cottonseed), Mineral Salt (450), Dextrose (from Mazie). FRIES are cooked in McDonald's Vegetable Oli blend and may be cooked using the same equipment as products containing Gluten, Wheat, Milk, Soy. Salt added. FRUET Apple Slices Red and / or Green Apples, Antioxidant (302).	Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g)	Avg Qty / Serve 916 219 3.5 11.5 0.9 24.3 0.0	Avg Qty / 100g 1270 304 4.8 16 1.3 33.8 0.0	Med 1320 316 5 16.6 1.4 35.2 0.0 304	Avg Qty / 100g 1270 304 4.8 16 1.3 33.8 0.0 292 Energy (k,l) Energy (k,l) Protein (g) Fat, total (g)	La Avg Qty / Serve 1630 389 6.1 20.5 1.7 43.3 0.0 374 Avg Qty / Serve 174 41 0.3 0.2	380 rge Avg Qty/100g 1270 304 4.8 16 1.3 33.8 0.0 292 Slices Avg Qty/100g 218 52 0.4 0.3

CONDIMENTS			
Barbeque Dipping Sauce		Barbeque Di	pping Sauce
BARBEQUE DIPPING SAUCE: Water, Sugar, White Vinegar, Tomato Paste, Thickeners (1422, 415), Soy Sauce (Soybean, Wheat), Invert Sugar Syrup, Sait, Roast Barley Malt Extract, Worcestershire Sauce Powder, Mustard Flour, Flavour, Spices, Preservative (202), Vegetable Powders, Acidity Regulator (296).		Avg Qty / Serve	Avg Qty / 100g
	Energy (kJ)	182	650
Contains: Gluten, Wheat, Sov.	Energy (Cal)	44	155
	Protein (g)	0.3	1.0
	Fat, total (g)	0.1	0.3
	Saturated Fat (g)	0.0	0.0
	Carbohydrate (g)	10.2	36.5
	Sugars (g)	9.1	32.4
	Sodium (mg)	169	602

CONDIMENTO

CONDIMENTS			
Sweet and Sour Dipping Sauce		Sweet and So	ur Dipping Sauce
WEET AND SOUR DIPPING SAUCE: Invert Sugar Syrup, Water, Apricot Paste [Apricot, Antioxidant (300)], White Vinegar, Corn Starch, Soy Sauce (Soybean and Wheat), Worcestershire Sauce Powder, Salt, Mustard Flour, Thickener (415), Preservative (202), Natural Flavour, Caramelised Sugar Syrup.		Avg Qty / Serve	Avg Qty / 100g
	Energy (kJ)	204	727
contains: Gluten, Wheat, Soy.	Energy (Cal)	49	174
	Protein (g)	0.1	0.5
	Fat, total (g)	0.1	0.2
	Saturated Fat (g)	0.0	0.0
	Carbohydrate (g)	11.6	41.6
	Sugars (g)	10.4	37.3
	Sodium (mg)	126	451
Sweet Mustard Dipping Sauce		Sweet Mustar	rd Dipping Sauce
WEET MUSTARD DIPPING SAUCE: Water, Salad Mustard (Water, Vinegar, Mustard, Spices, Salt, Spice, Salt, Spice Extract), Sugar, Vinegar, Vegetable Oil, Thickeners (1442, 1450, 415, 405), Salt, Caramelised Sugar, Preservative (202), Acidity Regulator (331), Spice, Colour (160c), Antioxidant (385).		Avg Qty / Serve	Avg Qty / 100g
	Energy (kJ)	327	1170
	Energy (Cal)	78	279
	Protein (g)	0.3	1.0
	Fat, total (g)	2.9	10.3
	Saturated Fat (g)	0.2	0.7
	Carbohydrate (g)	12.7	45.2
	Sugars (g)	5.6	20.0
	Sodium (mg)	109	390
Ketchup		Ket	tchup
TCHUP: Water, Tomato Paste, High Fructose Corn Syrup, Glucose Corn Syrup, Vinegar, Salt, Soybean Oli, Flavouring (Soybean Oli).		Avg Qty / Serve	Avg Qty / 100g
(Hobart City And Council Region ONLY) Water, Tomato Paster, High Fructose Council and Coun	Energy (kJ)	43	477
K. (housin Gry Council Region One 1) water, romato Paste, night Processe Contrayrup, vinegar, sait, Pavouling (Suyuean On).	Energy (Cal)	10	144
	Protein (g)	0.1	1.5
ontains: Soy.	Fat, total (g)	0.0	0.0
	Saturated Fat (g)	0.0	0.0
	Carbohydrate (g)	2.3	26.1
	Sugars (g)	2.1	23.0
	Sodium (mg)	92	1020
Aioli		A	ioli
IOL: Vegetable Oil, Water, Egg Yolk, Vinegar, Garlic, Dextrose, Cheese Powder (Contains Milk), Milk Solids, Salt, Acidity Regulator (270), Natural Flavours (Milk), Onion, Spice, Preservative (202), Stabiliser (415), Antioxidant (385).		Avg Qty / Serve	Avg Qty / 100g
Chick the second state of	Energy (kJ)	775	2770
As (model cit) Control (in Contro) (in Contro) (in Contro) (in Contro) (in Con	Energy (Cal)	185	661
	Protein (g)	0.5	1.9
contains: Gluten, Wheat, Egg, Milk, Soy.	Fat, total (g)	20	71.5
ontains: viutei, wneat, egg, min, soy.	Saturated Fat (g)	1.6	5.8
	Carbohydrate (g)	1.5	5.2
	Sugars (g)	1.0	3.4

	1	Dee: 0 =		Post 1	
acon & Egg McMuffin® and Double Bacon & Egg McMuffin®			g McMuffin®		& Egg McMuffin®
IGLISH MUFFIN: Wheat Flour (Vitamins (Thiamin, Folic Acid)), Water, Yeast, Ground Maize, Sugar, Wheat Gluten, Iodised Salt, Canola Oil, Preservative (282, 200), Emulsifier (472e, 471), Acidity Regulator (262, 297), Improver (Emulsifier (481), Soy Flour, Mineral Salt (170), Acidity Regulator (262, 297), Improver (Emulsifier (481), Soy Flour, Mineral Salt (170), Acidity Regulator (262, 297), Improver (Emulsifier (481), Soy Flour, Mineral Salt (170), Acidity Regulator (262, 297), Improver (Emulsifier (481), Soy Flour, Mineral Salt (170), Acidity Regulator (262, 297), Improver (Emulsifier (481), Soy Flour, Mineral Salt (170), Acidity Regulator (262, 297), Improver (Emulsifier (481), Soy Flour, Mineral Salt (170), Acidity Regulator (262, 297), Improver (Emulsifier (481), Soy Flour, Mineral Salt (170), Acidity Regulator (170), Acidity Regul	ator Energy (kJ)	Avg Qty / Serve 1210	Avg Qty / 100g 906	Avg Qty / Serve 1330	Avg Qty / 100 899
i6), Antioxidant (300), Wheat Malt Flour, Enzyme (1100) (Contains Wheat)), Raising Agent (341). i6: Equ.	Energy (Cal)	290	216	318	215
13: Fag. HESE: Pasteurised Milk, Salt, Culture, Enzyme (Rennet), Water, Milk Solids, Butter (Milk), Emulsifiers (331, 332), Salt, Acidity Regulators (260, 330), Natural Colours (160a, 160c), Soy Lecithin (322).	Protein (g)	17.3	12.9	20.7	14.0
IEEESC - reasteansed min, said, suiture (termine), vrater, mink solina, soutcer (mink), Entralisme statistics (mink), entra	Fat, total (g)	13	9.7	14.4	9.7
Concernent, maren, sang, sugar, ennamers real, sool, beartiser marenze, namora, namona constructiver, account regulator (330), soolian martine (230), soolian ma	Saturated Fat (g)	5.2	3.9	5.8	3.9
	Carbohydrate (g)	25.2	18.8	25.4	17.2
ntains: Gluten, Wheat, Egg, Milk, Soy.	Sugars (g)	2.7	2.0	3.0	2.0
GLISH MUFFINS are produced on equipment that also produces products containing Sesame.	Sodium (mg)	605	452	794	537
CON and EGG may be cooked on the same grill as Egg or products containing Gluten, Wheat, Milk, Soy.					
ig Brekkie Burger				Bia Brek	kie Burge
	- A-14 (000) E			Avg Qty / Serve	Avg Qty/1
JARTER POUNDER BUIL: Wheat Flour (Vitamins (Thiamin, Folate)), Water, Yeast, Sugar, Canola Oil, Sesame Seeds, Iodised Salt, Glaze (Water, Vegetable Protein, Sunflower Oil, Dextrose, Maltodextrin, Maize Starch), Wheat Gluten, Preservative (282), Improver (Wheat Flour, Ascorb	c Acid (300), Enzymes), Na	atural Flavour,	Energy (kJ)	3030	AVg Qty / 1 991
nulsifier (472e, 471), Thickener (412), Ascorbic Acid (300). ISH BROWN: Potato, Vegetable Oil, Salt, Dextrose (from Maize), Dehydrated Potato, Natural Flavour (Black Pepper Extracts).			Energy (Cal)	725	237
OR Portaces, Capital Dial (Citric Acid 30), Derivated Potato Nano And Diglycerides (FAT), (Citric Acid (330)), Salt, Pepper Latracts), Capital Dial (Citric Acid 330), Derivated Potato Potato And Diglycerides (FAT), (Citric Acid (330), Salt, Pepper Latracts), Capital Dial (Citric Acid 330), Derivated Potato Potato And Diglycerides (FAT), (Citric Acid (330), Salt, Pepper Latracts), Capital Dial (Citric Acid 230), Derivated Potato Potato And Diglycerides (FAT), (Citric Acid (330), Salt, Pepper Latracts), Capital Dial (Citric Acid 230), Derivated Potato Potato And Diglycerides (FAT), (Citric Acid (330), Salt, Pepper Latracts), Capital Dial (Citric Acid 230), Derivated Potato Potato And Diglycerides (FAT), (Citric Acid (330), Salt, Pepper Latracts), Capital Dial (Citric Acid 230), Derivated Potato Potato And Diglycerides (FAT), Citric Acid (330), Salt, Pepper Latracts), Capital Dial (Citric Acid 230), Derivated Potato Potato And Diglycerides (FAT), Citric Acid (330), Salt, Pepper Latracts), Capital Dial (Citric Acid 230), Derivated Potato Potato And Diglycerides (FAT), Citric Acid (330), Salt, Pepper Latracts), Capital Dial (Citric Acid 230), Derivated Potato Potato And Diglycerides (FAT), Citric Acid (330), Salt, Pepper Latracts), Capital Dial (Citric Acid 230), Derivated Potato Potato Potato And Diglycerides (FAT), Citric Acid (330), Salt, Pepper Latracts), Capital Dial (Citric Acid 230), Derivated Potato Pota	vide)] Sodium Acid Pyron	aboenhate (450)	Protein (g)	39.0	12.7
Un Foracies, valua di incluta cui son, pergurate Forato, mono Ano Digipendes (41), outri Acid (300), sait, repper crean sait (sait, ravour (mouned cui stati), back repper cuatos, canoa oni, beatose monorga ate (cui n berve) (suprati be	sado,, doularri Acid Fyrop		Fat, total (g)	39.1	12.8
General Construction of Constr			Saturated Fat (g)	14.2	4.6
S-Say EPATTY: Beef.			Carbohydrate (g)	52.2	17.0
SIS LACK CHEESE: Pasteurised Milk, Salt, Starter Culture, Non-animal Rennet.			Sugars (g)	9.6	3.1
JUSEGRILL BBQ SAUCE: Vinegar, Water, Brown Sugar, Lemon Juice, Tomato Paste, Sugar, Onion Puree, Thickener (1422), Molasses, Garlic, Salt, Spices, Mustard, Flavourings, Malt Extract (Barley), Colour (150a), Vegetable Gum (415), Yeast Extract, Preservative (202).			Sodium (mg)	1570	514
CON RASHER: Pork, Water, Salt, Sugar, Emulsifiers (451, 450), Dextrose (Maize, Tapioca), Antioxidants (316, 392), Acidity Regulator (330), Sodium Nitrite (250), Smoked.					
NON: Water, Dehydrated White Onions.					
RAY COOKING OIL: Canola Oil, Emulsifier (322 - Soy), Natural Flavour, Natural Colour (160a), Acidity Regulator (330).					
RILL SEASONING: Salt, Black Pepper, Sunflower Oil.					
ntains: Gluten, Wheat, Milk, Egg, Soy, Sesame.					
ntains: Gluten, Wheat, Milk, Egg, Soy, Sesame. JARTER POUNDER BUNS are produced on equipment that also produces products containing Soy.					
JARTER POUNDER BUNS are produced on equipment that also produces products containing Soy. ISH BROWNS are cooked in a McDonald's Vegetable Oil Blend and may be cooked using the same equipment as products containing Gluten, Wheat, Milk, Soy.					
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JARTER POUNDER BUNS are produced on equipment that also produces products containing Soy. ISH BROWNS are cooked in a McDonald's Vegetable Oil Blend and may be cooked using the same equipment as products containing Gluten, Wheat, Milk, Soy. EF PATTY, BACON RASHER and EGG may be cooked on the same grill as Egg or products containing Gluten, Wheat, Milk, Soy.				Chicken	McMuffin
JARTER POUNDER BUNS are produced on equipment that also produces products containing Soy. ISH BROWNS are cooked in a McDonald's Vegetable Oil Blend and may be cooked using the same equipment as products containing Gluten, Wheat, Milk, Soy. EF PATTY, BACON RASHER and EGG may be cooked on the same grill as Egg or products containing Gluten, Wheat, Milk, Soy. hicken McMuffin®					
JARTER POUNDER BUNS are produced on equipment that also produces products containing Soy. ISH BROWNS are cooked in a McDonald's Vegetable Oil Blend and may be cooked using the same equipment as products containing Gluten, Wheat, Milk, Soy. IEF PATTY, BACON RASHER and EGG may be cooked on the same grill as Egg or products containing Gluten, Wheat, Milk, Soy. Inicken McMuffin® CCHICKEN PATTY: Chicken, Water, Flour (Maize, Wheat), Vegetable Oil, Thickeners (1400, 1401, 1420), Starch (Maize, Wheat), Mineral Salts (508, 450, 500, 451), Salt, Spices (Pepper, Celery, Capsicum, Celery Seed), Spice Extracts (100, 160c, Celery, Pepper, Capsicum), Yeast Extracts	(Barley),		Eparov (k. I)	Avg Qty / Serve	Avg Qty / 1
JARTER POUNDER BUNS are produced on equipment that also produces products containing Soy. ISH BROWNS are cooked in a McDonald's Vegetable Oil Blend and may be cooked using the same equipment as products containing Gluten, Wheat, Milk, Soy. EF PATTY, BACON RASHER and EGG may be cooked on the same grill as Egg or products containing Gluten, Wheat, Milk, Soy. bicken McMuffin® CCHICKEN PATTY: Chicken, Water, Flour (Maize, Wheat), Vegetable Oil, Thickeners (1400, 1401, 1420), Starch (Maize, Wheat), Mineral Salts (508, 450, 500, 451), Salt, Spices (Pepper, Celery, Capsicum, Celery Seed), Spice Extracts (100, 160c, Celery, Pepper, Capsicum), Yeast Extracts ti-Cashing Agent (341), Emulsifiers (481, 433), Vegetable Powders (Garlic, Celery, Onion), Herbs (Sage, Rosemary), Canola Oil, Maltodextrin, Antioxidants (320, 310), Food Acid (330), Natural Colours (100, 160c).			Energy (kJ) Energy (Cal)	Avg Qty / Serve 1710	Avg Qty / 1 1030
JARTER POUNDER BUNS are produced on equipment that also produces products containing Soy. ISH BROWNS are cooked in a McDonald's Vegetable Oil Blend and may be cooked using the same equipment as products containing Gluten, Wheat, Milk, Soy. EF PATTY, BACON RASHER and EGG may be cooked on the same grill as Egg or products containing Gluten, Wheat, Milk, Soy. Thicken McMuffin® 2CHICKEN PATTY: Chicken, Water, Flour (Maize, Wheat), Vegetable Oil, Thickeners (1400, 1401, 1420), Starch (Maize, Wheat), Mineral Salts (508, 450, 500, 451), Salt, Spices (Pepper, Celery, Capsicum, Celery Seed), Spice Extracts (100, 160c, Celery, Pepper, Capsicum), Yeast Extracts ti-Caking Agent (341), Emulsifiers (481, 433), Vegetable Powders (Garlic, Celery, Onion), Herbs (Sage, Rosemary), Canola Oil, Maltodextrin, Antioxidants (320, 310), Food Acid (330), Natural Colours (100, 160c). GUISH MUFFIN: Wheat Flour (Vitamins (Thiamin, Folic Acid)), Water, Yeast, Ground Maize, Sugar, Wheat Gluten, Iodised Salt, Canola Oil, Preservative (282, 200), Emulsifier (472e, 471), Acidity Regulator (282, 297), Improver (Emulsifier (431), Soy Flour, Mineral Salts (170), Acidity Regul		D),	Energy (Cal)	Avg Qty / Serve	Avg Qty / 1 1030 246
JARTER POUNDER BUNS are produced on equipment that also produces products containing Soy. ISM BROWNS are cooked in a McDonald's Vegetable Oil Blend and may be cooked using the same equipment as products containing Gluten, Wheat, Milk, Soy. EF PATTY, BACON RASHER and EGG may be cooked on the same grill as Egg or products containing Gluten, Wheat, Milk, Soy. EF PATTY, BACON RASHER and EGG may be cooked on the same grill as Egg or products containing Gluten, Wheat, Milk, Soy. EF PATTY, BACON RASHER and EGG may be cooked on the same grill as Egg or products containing Gluten, Wheat, Milk, Soy. EF PATTY, Chicken, Water, Flour (Maize, Wheat), Vegetable Oil, Thickeners (1400, 1401, 1420), Starch (Maize, Wheat), Nineral Salts (508, 450, 500, 451), Salt, Spices (Pepper, Celery, Capsicum, Celery Seed), Spice Extracts (100, 160c, Celery, Pepper, Capsicum), Yeast Extracts ti-Caking Agent (341), Emulsifiers (481, 433), Vegetable Powders (Gartic, Celery, Onion), Herbs (Sage, Rosemary), Canola Oil, Maltodextrin, Antioxidants (320, 310), Food Acid (330), Natural Colours (100, 160c). GUISH MUFFIN: Wheat Flour (Vitamins (Thiamin, Folic Acid)), Water, Yeast, Ground Maize, Sugar, Wheat Gluten, Iodised Salt, Canola Oil, Preservative (282, 200), Emulsifier (472e, 471), Acidity Regulator (262, 297), Improver (Emulsifier (481), Soy Flour, Mineral Salt (170), Acidity Regulator to that Holer, Enzyme (1000) (Contains Wheet), Naising Agent (341).		D),		Avg Qty / Serve 1710 410	Avg Qty / 10 1030
JARTER POUNDER BUNS are produced on equipment that also produces products containing Soy. ISH BROWNS are cooked in a McDonald's Vegetable Oil Blend and may be cooked using the same equipment as products containing Gluten, Wheat, Milk, Soy. EF PATTY, BACON RASHER and EGG may be cooked on the same grill as Egg or products containing Gluten, Wheat, Milk, Soy. bicken McMuffin® CoHICKEN PATTY: Chicken, Water, Flour (Maize, Wheat), Vegetable Oil, Thickeners (1400, 1401, 1420), Starch (Maize, Wheat), Mineral Salts (508, 450, 500, 451), Salt, Spices (Pepper, Celery, Capsicum, Celery Seed), Spice Extracts (100, 160c, Celery, Pepper, Capsicum), Yeast Extracts ti-Caking Agent (341), Emulsifiers (481, 433), Vegetable Powders (Garlic, Celery, Onion), Herbs (Sage, Rosemary), Canola Oil, Maltodextrin, Antioxidants (320, 310), Food Acid (330), Natural Colours (100, 160c). IGULSH MUFFIN: Wheat Flour (Vitamins, Thiarin, Folic Acid)), Water, Yeast, Ground Maize, Sugar, Wheat Gluten, Iodised Salt, Canola Oil, Preservative (282, 200), Emulsifier (472e, 471), Acidity Regulator (262, 297), Improver (Emulsifier (481), Soy Flour, Mineral Salt (170), Acidity Regul heat Malt Flour, Enzyme (1100) (Contains Wheat), Raising Agent (341), TeSE: Pasteurised Milk, Salt, Culture, Enzyme (Rennet), Water, Milk Solids, Butter (Milk), Emulsifiers (331, 322), Salt, Acidity Regulators (260, 330), Natural Colours (160a, 160c), Soy Lecithin (322).		0),	Energy (Cal) Protein (g)	Avg Qty / Serve 1710 410 19.5	Avg Qty / 10 1030 246 11.7
JARTER POUNDER BUNS are produced on equipment that also produces products containing Soy. SMB BROWNS are cooked in a McDonald's Vegetable Oil Blend and may be cooked using the same equipment as products containing Gluten, Wheat, Milk, Soy. EF PATTY, BACON RASHER and EGG may be cooked on the same grill as Egg or products containing Gluten, Wheat, Milk, Soy. Thicken McMuffin® COHICKEN PATTY: Chicken, Water, Flour (Maize, Wheat), Vegetable Oil, Thickeners (1400, 1401, 1420), Starch (Maize, Wheat), Mineral Salts (508, 450, 500, 451), Salt, Spices (Pepper, Celery, Capsicum, Celery Seed), Spice Extracts (100, 160c, Celery, Pepper, Capsicum), Yeast Extracts ti-Caking Agent (341), Emulsifiers (481, 433), Vegetable Powders (Carlic, Celery, Onion), Herbs (Sage, Rosemary), Canola Oil, Maltodextrin, Antioxidants (320, 310), Food Acid (330), Natural Colours (100, 160c). IGLISH MUFFIN: Wheat Flour (Vitamins (Thiamin, Folic Acid)), Water, Yeast, Ground Maize, Sugar, Wheat Gluten, Iodised Salt, Canola Oil, Preservative (282, 200), Emulsifier (472e, 471), Acidity Regulator (262, 297), Improver (Emulsifier (481), Soy Flour, Mineral Salt (170), Acidity Regul test Mat Flour, Enzyme (100) (Contains Wheat)), Raising Agent (341). IEES: Pasteurised Milk, Salt, Culture, Enzyme (Rennet), Water, Milk Solds, Butter (Milk), Emulsifiers (331, 332), Salt, Acidity Regulators (260, 330), Natural Colours (160a, 160c), Soy Lecithin (322). OCHICKEN SAUCE: Water, Vegetable Oil Introxidant (307b)], Vinegar, Glucose Syrup, Egg Yolk, Thickener (1442, 415), Sugar, Salt, Spice, Mustard Flour, Emulsifier (435, 433), Preservative (202), Acidity Regulator (202). OCHICKEN SAUCE: Water, Vegetable Oil Introxidant (307b)], Vinegar, Glucose Syrup, Egg Yolk, Thickener (1442, 415), Sugar, Salt, Spice, Mustard Flour, Emulsifier (435, 433), Preservative (202), Acidity Regulator (270).		0),	Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g)	Avg Qty / Serve 1710 410 19.5 19.5 4.7 37.9	Avg Qty / 10 1030 246 11.7 11.7 2.9 22.8
JARTER POUNDER BUNS are produced on equipment that also produces products containing Soy. ISH BROWNS are cooked in a McDonald's Vegetable Oil Blend and may be cooked using the same equipment as products containing Gluten, Wheat, Milk, Soy. EF PATTY, BACON RASHER and EGG may be cooked on the same grill as Egg or products containing Gluten, Wheat, Milk, Soy. bicken McMuffin® CoHICKEN PATTY: Chicken, Water, Flour (Maize, Wheat), Vegetable Oil, Thickeners (1400, 1401, 1420), Starch (Maize, Wheat), Mineral Salts (508, 450, 500, 451), Salt, Spices (Pepper, Celery, Capsicum, Celery Seed), Spice Extracts (100, 160c, Celery, Pepper, Capsicum), Yeast Extracts ti-Caking Agent (341), Emulsifiers (481, 433), Vegetable Powders (Garlic, Celery, Onion), Herbs (Sage, Rosemary), Canola Oil, Maltodextrin, Antioxidants (320, 310), Food Acid (330), Natural Colours (100, 160c). IGULSH MUFFIN: Wheat Flour (Vitamins, Thiarin, Folic Acid)), Water, Yeast, Ground Maize, Sugar, Wheat Gluten, Iodised Salt, Canola Oil, Preservative (282, 200), Emulsifier (472e, 471), Acidity Regulator (262, 297), Improver (Emulsifier (481), Soy Flour, Mineral Salt (170), Acidity Regul heat Malt Flour, Enzyme (1100) (Contains Wheat), Raising Agent (341), TeSE: Pasteurised Milk, Salt, Culture, Enzyme (Rennet), Water, Milk Solids, Butter (Milk), Emulsifiers (331, 322), Salt, Acidity Regulators (260, 330), Natural Colours (160a, 160c), Soy Lecithin (322).		ວ),	Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g)	Avg Qty / Serve 1710 410 19.5 19.5 4.7 37.9 2.2	246 11.7 11.7 2.9 22.8 1.7
JARTER POUNDER BUNS are produced on equipment that also produces products containing Soy. ISM BROWNS are cooked in a McDonald's Vegetable Oil Blend and may be cooked using the same equipment as products containing Gluten, Wheat, Milk, Soy. EF PATTY, BACON RASHER and EGG may be cooked on the same grill as Egg or products containing Gluten, Wheat, Milk, Soy. Schi BROWNS are cooked in a McDonald's Vegetable Oil Blend and may be cooked using the same equipment as products containing Gluten, Wheat, Milk, Soy. EF PATTY, BACON RASHER and EGG may be cooked on the same grill as Egg or products containing Gluten, Wheat, Milk, Soy. Schi Cken Networks Chi Cken Networks </td <td></td> <td>0),</td> <td>Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g)</td> <td>Avg Qty / Serve 1710 410 19.5 19.5 4.7 37.9</td> <td>Avg Qty / 1 1030 246 11.7 11.7 2.9 22.8</td>		0),	Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g)	Avg Qty / Serve 1710 410 19.5 19.5 4.7 37.9	Avg Qty / 1 1030 246 11.7 11.7 2.9 22.8
JARTER POUNDER BUNS are produced on equipment that also produces products containing Soy. ISM BROWNS are cooked in a McDonald's Vegetable Oil Blend and may be cooked using the same equipment as products containing Gluten, Wheat, Milk, Soy. EF PATTY, BACON RASHER and EGG may be cooked on the same grill as Egg or products containing Gluten, Wheat, Milk, Soy. Chicken McMuffin® 20CHICKEN PATTY: Chicken, Water, Flour (Maize, Wheat), Vegetable Oil, Thickeners (1400, 1401, 1420), Starch (Maize, Wheat), Mineral Salts (508, 450, 500, 451), Salt, Spices (Pepper, Celery, Capsicum, Celery Seed), Spice Extracts (100, 160c, Celery, Pepper, Capsicum), Yeast Extracts (1-Caking Agent (341), Emulsifiers (481, 433), Vegetable Powders (Garlic, Celery, Onion), Herbs (Sage, Rosemary), Canola Oil, Maltodextrin, Antioxidants (320, 310), Food Acid (330), Natural Colours (100, 160c). IGLISH MUFFIN: Wheat Flour (Vitamins (Thiamin, Folic Acid)), Water, Yeast, Ground Maize, Sugar, Wheat Gluten, Iodised Salt, Canola Oil, Preservative (282, 200), Emulsifier (472e, 471), Acidity Regulator (262, 297), Improver (Emulsifier (481), Soy Flour, Mineral Salt (170), Acidity Regulator (260, 350), Natural Colours (100, 160c). IGLISH MUFFIN: Wheat Flour (Vitamins (Thiamin, Folic Acid)), Water, Yeast, Ground Maize, Sugar, Wheat Gluten, Iodised Salt, Canola Oil, Preservative (282, 200), Emulsifier (472e, 471), Acidity Regulator (282, 297), Improver (Emulsifier (481), Soy Flour, Mineral Salt (170), Acidity Regulators (260, 330), Natural Colours (160a, 160c), Soy Lecithin (322). 12611 ESE: Pasterine divide Mis, Salt, Culture, Enzyme (100) (Contains Wheat), Natural Colours (Nature, Enzyme (160), Contains (160, Acidity Regulator (330). 12621 Canola Oil, Emulsifi		0),	Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g)	Avg Qty / Serve 1710 410 19.5 19.5 4.7 37.9 2.2	Avg Qty / 10 1030 246 11.7 11.7 2.9 22.8 1.7
JARTER POUNDER BUNS are produced on equipment that also produces products containing Soy. ISM BROWNS are cooked in a McDonald's Vegetable Oil Blend and may be cooked using the same equipment as products containing Gluten, Wheat, Milk, Soy. EF PATTY, BACON RASHER and EGG may be cooked on the same grill as Egg or products containing Gluten, Wheat, Milk, Soy. Schi BROWNS are cooked in a McDonald's Vegetable Oil Blend and may be cooked using the same equipment as products containing Gluten, Wheat, Milk, Soy. EF PATTY, BACON RASHER and EGG may be cooked on the same grill as Egg or products containing Gluten, Wheat, Milk, Soy. Schi Cken Networks Chi Cken Networks </td <td></td> <td>0),</td> <td>Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g)</td> <td>Avg Qty / Serve 1710 410 19.5 19.5 4.7 37.9 2.2</td> <td>Avg Qty / 10 1030 246 11.7 11.7 2.9 22.8 1.7</td>		0),	Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g)	Avg Qty / Serve 1710 410 19.5 19.5 4.7 37.9 2.2	Avg Qty / 10 1030 246 11.7 11.7 2.9 22.8 1.7
JARTER POUNDER BUNS are produced on equipment that also produces products containing Soy. ISM BROWNS are cooked in a McDonald's Vegetable Oil Blend and may be cooked using the same equipment as products containing Gluten, Wheat, Milk, Soy. EF PATTY, BACON RASHER and EGG may be cooked on the same grill as Egg or products containing Gluten, Wheat, Milk, Soy. EF PATTY, BACON RASHER and EGG may be cooked on the same grill as Egg or products containing Gluten, Wheat, Milk, Soy. EF PATTY, Chicken, Water, Flour (Maize, Wheat), Vegetable Oil, Thickeners (1400, 1401, 1420), Starch (Maize, Wheat), Mineral Salts (508, 450, 500, 451), Salt, Spices (Pepper, Celery, Capsicum, Celery Seed), Spice Extracts (100, 160c, Celery, Pepper, Capsicum), Yeast Extracts ti-Caking Agent (341), Emulsifiers (481, 433), Vegetable Powders (Garlic, Celery, Onion), Herbs (Sage, Rosemary), Canola Oil, Maltodextrin, Antioxidants (320, 310), Food Acid (330), Natural Colours (100, 160c). GILISH MUFFIN: Wheat Flour (Vitamina (Thiamin, Folic Acid)), Water, Yeast, Ground Malze, Sugar, Wheat Gluten, Iodised Salt, Canola Oil, Preservative (282, 200), Emulsifier (472e, 471), Acidity Regulator (282, 297), Improver (Emulsifier (481), Soy Flour, Mineral Salt (170), Acidity Regulator (282, 297), Improver (Emulsifier (481), Soy Flour, Mineral Salt (170), Acidity Regulators (280, 330), Natural Colours (180, af60c), Soy Lecithin (322). EEEE: Pasteurised Milk, Salt, Culture, Enzyme (Rennet), Water, Milk Solids, Butter (Milk), Emulsifiers (33, 322), Salt, Acidity Regulators (280, 330), Natural Colours (180, af60c), Soy Lecithin (222). CCHICKEN SAUCE: Water, Vegetable Oil [Antioxidant (307b)], Vinegar, Glucose Syrup, Egg Volk, Thickener (1442, 415), Sugar, Salt, Spice, Mustard Flour, Emulsifier (435, 433), Preservative (202), Acidity Regulator (270). RAY OIL: Canola Oil, Emulsifier (352 - derived from Soy), Natural Flavour, Natural Colour (160a), Acidity Regulator (330). Intains: Gluten, Wheat, Egg, Milk, Soy. GluSH MUFFINS are produced on equipment tha		D),	Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g)	Avg Qty / Serve 1710 410 19.5 19.5 4.7 37.9 2.2	Avg Qty / 10 1030 246 11.7 11.7 2.9 22.8 1.7
IARTER POUNDER BUNS are produced on equipment that also produces products containing Soy. ISM BROWNS are cooked in a McDonald's Vegetable Oil Blend and may be cooked using the same equipment as products containing Gluten, Wheat, Milk, Soy. EF PATTY, BACON RASHER and EGG may be cooked on the same grill as Egg or products containing Gluten, Wheat, Milk, Soy. SchlickEN PATTY: Chicken, Water, Flour (Maize, Wheat), Vegetable Oil, Thickeners (1400, 1401, 1420), Starch (Maize, Wheat), Mineral Salts (508, 450, 500, 451), Salt, Spices (Pepper, Celery, Capsicum, Celery Seed), Spice Extracts (100, 160c, Celery, Pepper, Capsicum), Yeast Extracts UclicKEN PATTY: Chicken, Water, Flour (Vitamin, Folic Acid)), Water, Yeast, Ground Maize, Sugar, Wheat Gluten, Iodised Salt, Canola Oil, Maltodextrin, Antioxidants (320, 310), Food Acid (330), Natural Colours (100), 160c). GUISH MUFFIN: Wheat Flour (Vitamins, Thiarmin, Folic Acid)), Water, Yeast, Ground Maize, Sugar, Wheat Gluten, Iodised Salt, Canola Oil, Preservative (282, 200), Emulsifier (472e, 471), Acidity Regulator (262, 297), Improver (Emulsifier (481), Soy Flour, Mineral Salt (170), Acidity Regulator (100) (Contains Wheat)), Raising Agent (341). EESE: Pasteurised Milk, Salt, Culture, Enzyme (Rennet), Water, Milk Solids, Butter (Milk), Emulsifiers (331, 322), Salt, Acidity Regulators (260, 330), Natural Colours (160a, 160c), Soy Lecithin (322). 2CHICKEN SAUCE: Water, Vegetable Oil Intixixidant (307b)], Vinegar, Glucose Syrup, Egg Yolk, Thickener (1442, 415), Sugar, Salt, Spice, Mustard Flour, Emulsifiers (435, 433), Preservative (202), Acidity Regulator (270). RAY OIL: Canola Oil, Emulsifier (322 - derived from Soy), Natural Flavour, Natural Colour (160a), Acidity Regulator (3		ס),	Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g)	Avg Qty / Serve 1710 410 19.5 19.5 4.7 37.9 2.2	Avg Qty / 1 1030 246 11.7 2.9 22.8 1.7 427
AARTER POUNDER BUNS are produced on equipment that also produces products containing Sus. ISM BROWNS are cooked in a McDonald's Vegetable Oil Blend and may be cooked using the same equipment as products containing Gluten, Wheat, Milk, Soy. EP ATTY, BACON RASHER and EGO may be cooked on the same grill as Egg or products containing Gluten, Wheat, Milk, Soy. Hicken MCMUffin® 2001/CKEN PATTY: Chicken, Water, Flour (Maize, Wheat), Vegetable Oil, Thickeners (1400, 1401, 1420), Starch (Maize, Wheat), Mineral Saits (508, 450, 500, 451), Sait, Spices (Pepper, Celery, Capsicum, Celery Seed), Spice Extracts (100, 160c, Celery, Pepper, Capsicum), Yeast Extracts the Caking Agent (341), Emulsifiers (831, 333), Vegetable Powders (Carlic, Celery, Onion), Herbs (Sage, Rosemary), Canola Oil, Maltodextrin, Antioxidants (320, 300, Food Adid (330), Natural Colours (100, 160c). BUSH MUFFINK Wheat Flour (Vitamins (Thaimin, Folin Acid)), Water, Yeast, Ground Maize, Sugar, Wheat Gluten, Iodised Salt, Canola Oil, Preservative (282, 200), Emulsifier (472e, 471), Acidity Regulator (282; 297), Improver (Emulsifier (481), Soy Flour, Mineral Salt (170), Acidity Regulators (280, 330), Natural Colours (160a, 160c), Soy Lecithin (322). COHICKEN SAUCE: Water, Vegetable Oil (Antioxidant (307b)), Vinegar, Glucose Syrup, Egg Yolk, Thickener (1442, 415), Sugar, Sait, Spice, Mustard Flour, Emulsifier (322 - derived from Soy), Natural Colours (160a, 160c), Soy Lecithin (322). COHICKEN SAUCE: Water, Vegetable Oil Antioxidant (307b)), Vinegar, Glucose Syrup, Egg Yolk, Thickener (1442, 415), Sugar, Sait, Spice, Mustard Flour, Emulsifier (324, 343), Preservative (202), Acidity Regulator (270). RAY OIL: Canola Oil, Emulsifier (322 - derived from Soy), Natural Colour (160a), Acidity Regulator (330). Natural Colours in McDonald's Vegetable Oil Iblend and may be cocked using the same equipment as products containing Gluten, Wheat, Milk, Soy. CHICKEN PATTY is cocked in McDonald's Vegetable Oil Iblend and may be cocked using the same eq	ator (516), Antioxidant (30(0),	Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g)	Avg Qty / Serve 1710 410 19.5 19.5 4.7 37.9 2.2 710 Chicken and B	Avg Qty / 1 1030 246 11.7 11.7 2.9 22.8 1.7 427 acon McMuf
AATER POUNDER BUNS are produced on equipment that also produces products containing Sou. SM BROWNS are cooked in a McDonald's Vegetable Oil Blend and may be cooked using the same equipment as products containing Gluten, Wheat, Milk, Soy. EP PATTY, BACOR MRSHER and EGG may be cooked on the same grill as Egg or products containing Gluten, Wheat, Milk, Soy. EP CATC, BACOR MRSHER and EGG may be cooked on the same grill as Egg or products containing Gluten, Wheat, Milk, Soy. EP CATC, BACOR MRSHER and EGG may be cooked on the same grill as Egg or products containing Gluten, Wheat, Milk, Soy. EP CATC, BACOR MRSHER and EGG may be cooked on the same grill as Egg or products containing Gluten, Wheat, Milk, Sol, Sol, Strip, Sal, Spices (Pepper, Celery, Capsicum, Celery Seed), Spice Extracts (100, 1600., Celery, Pepper, Capsicum), Yeast Extracts ti-Caking Agent (341), Emulsifiers (481, 433), Vegetable Powders (Garlic, Celery, Onioni, Herbs (Sage, Rosemay), Canola Oil, Matodextrin, Anticoidants (320, 301), Food Acid (330), Natural Colours (100, 1600., GUISH MUFFIN: Wheat Flour (Vinamins (Thiamins, Thiamins, Thiamins, Thiamins, Thiamins, Thiaing Agent (341), EFESE: Pasteurised Milk, Salt, Culture, Enzyme (Rennet), Water, Milk Solids, Butter (Milk), Emulsifiers (331, 322), Salt, Acidity Regulators (260, 303), Natural Colours (100, 1602), CUICKEN ALCE: Water, Vegetable Oil (Anticiduat (307D), Inviener, Gluceas Sylt, Salt, Salt, Salt, Salt, Salt, Salt, Culture, Enzyme (Rennet), Water, Milk Solids, Butter (Milk), Emulsifier (332), Salt, Acidity Regulators (260, 303), Natural Colours (100, 1602), CUICKEN ALTY: Canola Oil, Emulsifier (322 - derived from Soy), Natural Flavour, Natural Colour (160a), Acidity Regulator (330). matrix: Gluten, Wheat, Egg, Milk, Soy. GUISH MUFFINS are produced on equipment that also produces products containing Sesame. CHICKEN PATTY is cooked in McDonald's Vegetable Oil Iblend and may be cooked using the same equipment as products containing Gluten, Wheat, Milk, Soy. CHICKEN PATTY Chicken,	ator (516), Antioxidant (30(D),	Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Cardohydrate (g) Sugars (g) Sodium (mg)	Avg Qty / Serve 1710 410 19.5 19.5 4.7 37.9 2.2 710	Avg Qty / 1 1030 246 11.7 11.7 2.9 22.8 1.7 427 acon McMuf
IARTER POUNDER BUNS are produced on equipment that also produces products containing Soy. ISM BROWNS are cooked in a McDonald's Vegetable Oil Blend and may be cooked using the same equipment as products containing Gluten, Wheat, Milk, Soy. EP ATTY, BACON RASHER and EGG may be cooked on the same grill as Egg or products containing Gluten, Wheat, Milk, Soy. DCHICKEN PATTY: Chicken, Water, Flour (Maize, Wheat), Vegetable Oil, Thickeners (1400, 1401, 1420), Starch (Maize, Wheat), Mineral Salts (508, 450, 500, 451), Salt, Spices (Pepper, Celery, Capsicum, Celery Seed), Spice Extracts (100, 160c, Celery, Pepper, Capsicum), Yeast Extracts t-Caking Agent (241), Emulafiers (481, 433), Vegetable Powders (Carlie, Celery, Onion), Herbs (Sage, Rosemary), Canola Oil, Maltodextrin, Antioxidants (320, 310), Food Acid (330), Natural Colours (100, 160c). BUSH MUFFIL: Water, Floury (Muze, Wheat), Negetable Agent (341), Emulafiers (331, 332), Salt, Acidity Regulators (260, 330), Natural Colours (100, 160c). Sog Lechthin (322). CHICKEN SAUCE: Water, Vegetable Oil (Antioxidant (307b)), Vinegar, Glucose Syrup, Egg Yolk, Thickener (1442, 415), Sugar, Salt, Spice, Mustard Flour, Emulafiers (435, 433), Preservative (282, 201, Acidity Regulator (270). RAY OIL Canola OIL, Emulafier (322 - derived from Soy), Natural Flavour, Natural Colour (160a), Acidity Regulator (320). Mits Salt, Culture, Enzyme (Runnel), Mater, Milk, Solds, Butter (Milk), Begulator (330). Mits Salt, Culture, Enzyme (Runnel), Mater Milk Solds, Butter (Milk), Emulafiers (33, 332), Salt, Acidity Regulator (320). CHICKEN SAUCE: Water, Vegetable Oil (Antioxidant (307b)), Vinegar, Glucose Syrup, Egg Yolk, Thickener (1442, 415), S	(Barley),		Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg) Energy (kJ)	Avg Qty / Serve 1710 410 19.5 19.5 4.7 37.9 2.2 710 Chicken and B	Avg Qty / 1 1030 246 11.7 2.9 22.8 1.7 427 acon McMuff Avg Qty / 1 1070
XATER POUNDER BUNS are produced on equipment that also produces containing Sou: SM BROWNS are cooked in a McDonald's Vegetable Oil Blend and may be cooked using the same equipment as products containing Gluten, Wheat, Milk, Soy: EF PATT, BACON RASHER and EG may be cooked on the same grill as Egg or products containing Gluten, Wheat, Milk, Soy: EF PATT, Chicken, Water, Flour (Maize, Wheat), Vegetable Oil, Thickeners (400, 1401, 1420), Starch (Maize, Wheat), Mineral Salts (508, 450, 500, 451), Salt, Spices (Pepper, Celery, Capsicum, Celery Seed), Spice Extracts (100, 160c, Celery, Pepper, Capsicum), Veast Extracts (1-Calina) dent (1-Calina) capacity findic, Celery, Onioni, Hetris (Sage, Rosemary), Canolo Oil, Matodextrin, Antioxidants (202, 300), Food Acid (330), Natural Colours (100, 160c). (GUSH MUFFIR: Wheat Flour (Vitamins (Thiamin, Folic Acid)), Water, Yeast, Ground Maize, Sugar, Wheat Gluten, Iodised Salt, Canolo Oil, Preservative (282, 200), Emulsifier (472e, 471), Acidity Regulator (262, 297), Improver (Emulsifier (481), Soy Flour, Mineral Salt (700), Acidity Regulators (280, 300), Natural Colours (160a, 160c), Soy Leithin (322). CHICKEN SAUCE: Water, Vegetable Oil Antioxidant (3070), Vinegar, Glucose Syrup, Egg Yolk, Thickener (142, 415), Sugar, Salt, Spice, Mustard Flour, Emulsifiers (435, 433), Preservative (202), Acidity Regulator (270). RAY OIL: Canolo Oil, Emulsifier (322 - derived from Soy), Natural Colour (160a), Acidity Regulator (330). Intains: Gluter, Meeta, Egg, Milk, Soy. CHICKEN PATTY is cocked in McDonald's Vegetable Oil Jend and may be cooked using the same equipment as products containing Gluten, Wheat, Milk, Soy. ECHICKEN PATTY is cocked in McDonald's Vegetable Oil, Thickeners (1400, 1401, 1420), Starch (Maize, Wheat), Mineral Salts (508, 450, 500, 451), Salt, Spices (Pepper, Celery, Capsicum, Celery Seed), Spice Extracts (100, 160c, Celery, Pepper, Capsicum), Yeast Extracts CHICKEN PATTY is cocked in McDonald's Vegetable Oil blend and may be cooked using the same equipment as products	(Barley),		Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Cardohydrate (g) Sugars (g) Sodium (mg)	Avg Qty / Serve 1710 410 19.5 4.7 37.9 2.2 710	Avg Qty / 1 1030 246 11,7 11,7 2.9 22.8 1,7 427 acon McMuff Avg Qty / 1
MATER POUNDER BUNS are produced on equipment that also produces containing Say. Sky BROWNS are cooked in a McDonald's Vegetable Oil Blend and may be cooked uniting the same equipment as products containing Gluten, Wheat, Milk, Say. Sky BROWNS are cooked in a McDonald's Vegetable Oil, Thickeners (1400, 1401, 1420), Starch (Maize, Wheat), Mineral Salts (508, 450, 500, 451), Sait, Spices (Pepper, Celery, Capsicum, Celery Seed), Spice Extracts (100, 160c, Celery, Pepper, Capsicum), Yeast Extracts C-Caking Agent (Cali), Ensulfiers (Kal, 433), Vegetable Oil, Thickeners (1400, 1401, 1420), Starch (Maize, Wheat), Mineral Salts (508, 450, 500, 451), Sait, Spices (Pepper, Celery, Capsicum, Celery Seed), Spice Extracts (100, 160c, Celery, Pepper, Capsicum), Yeast Extracts IC-Caking Agent (Cali), Ensulfiers (Kal, 433), Vegetable Oil, Thickeners (1400, 1401, 1420), Starch (Maize, Sugar, Wheat Gluten, Iodised Salt, Canola Oil, Preservative (282, 200), Ensulfier (472e, 471), Acidity Regulator (282, 297), Improver (Emulatifier (481), Sey Flour, Mineral Salt (70), Acidity Regulator (280, 330), Natural Colours (160a, 160c), Sey Lecithin (322). CCHICKEN SAUCE: Water, Vegetable Oil [Initioxidant (307b)], Vinegar, Glucces Symp, Egg Yolk, Thickener (1424, 415), Sugar, Salt, Spice, Mustard Flour, Emulatifiers (435, 433), Preservative (202), Acidity Regulator (270). RAY OIL Canola Oil, Emulatifier (322 - derived from Sey), Natural Flavour, Natural Colours (160a), Acidity Regulator (320). Marter Science Advented from Sey), Natural Flavour, Natural Glours (140a), Acidity Regulator (320). Marter Science Advented from Sey), Natural Flavour, Natural Flavour, Natural Glours (160a), Acidity Regulator (330). Mar	(Barley),		Energy (Cal) Protein (g) Fat, total (g) Saturatof Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg) Energy (kJ) Energy (Cal) Protein (g) Fat, total (g)	Avg Qty / Serve 1710 410 19.5 19.5 4.7 37.9 2.2 710	Avg Qty / 1 1030 246 11.7 11.7 2.9 22.8 1.7 427 427 427 427 427 1.7 427 1.7 427 1.7 427 1.7 427 1.7 427 1.7 427 1.7 1.7 1.7 1.7 1.7 1.7 1.7 1.
https://www.initedia.com/com/com/com/com/com/com/com/com/com/	(Barley),		Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Cardohydrate (g) Sodium (mg) Sodium (mg) Energy (kJ) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g)	Avg Qty / Serve 1710 410 19.5 19.5 4.7 37.9 2.2 710 Chicken and E Avg Qty / Serve 1930 461 23.6 21.9 5.4	Avg Qty /1 1030 2466 11.7 11.7 2.8 1.7 427
https://www.comment.com/comment/comme	(Barley),		Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sodium (mg) Sodium (mg) Energy (kJ) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g)	Avg Qty / Serve 1710 410 19.5 4.7 37.9 2.2 710 Avg Qty / Serve 1930 461 23.6 21.9 5.4 41.1	Avg Qty /1 1030 246 11,7 11.7 29 22.8 22.8 22.8 22.8 427 427 427 427 427 427 427 427 427 427
DATE TRE POUNDER BUNK are produced on equipment that also produces products containing Spy. Syste BROWNS are cooked in a McDonald's Vegetable OB liber and may be cooked using the same equipment as products containing Oluten, Wheat, Milk, Soy. EF PATTY, BACON RASHER and EGO may be cooked using the same equipment as products containing Oluten, Wheat, Milk, Soy. Chicken MCMUffin® Chicken MCMUFFIN® Chicken MCMUFFIN® (Mater, Klott, 430), Vegetable Powders (Garlic, Celery, Onion), Herbs (Sage, Rosemary), Canola OII, Maltodextrin, Antioxidants (220, 310), Food Acid (330), Natural Colours (100, 160c). GUISH MUFFIN® (Wheat Flour (Vitamis (Theimin, Folic Acid)), Water, Yeast, Ground Maize, Sugar, Wheet Oluten, todied Salt, Canola OII, Preservative (222, 200), Emulsifier (472e, 477), Acidity Regulator (222, 277), Improver (Emulsifier (489), Soy Flour, Mineral Salt (70), Acidity Regulator 1282. CHICKEN NETW, Start, Status (Salt), Water, Yeast, Ground Maize, Sugar, Wheet Oluten, todied Salt, Canola OII, Preservative (282, 200), Emulsifier (472e, 477), Acidity Regulator (220, 277), Improver (Emulsifier (489), Soy Flour, Mineral Salt (70), Acidity Regulator 1292. VOILCKEN NAUCE, Enzyme (Rennet), Water, Milk, Solds, Butter (Milk), Emulsifiers (331, 332), Salt, Acidity Regulator (250). Salt Acidity Regulator (270). RAY OIL Canola OI, Emulsifier (322 - derived from Soy), Natural Colour (160a), Acidity Yegulator (330). Santara Colours (160a), Acidity Yegulator (330). Mattreat Network, Sonta Mattreat Acid Yegulator (170), Atidy Regulator (201), Atidy Regulator (201), Matery (Santara Colours (160a), Acidity Regulator (270).	(Barley),		Energy (k.) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrated (g) Sugars (g) Sodium (mg) Sodium (mg) Energy (k.) Energy (k.) Ener	Chicken and E Avg Qty / Serve 1710 19.5 19.5 37.9 2.2 710	AvgQty/ 1030 246 11.7 11.7 2.9 2288 1.7 427 427 427 427 427 427 427 42
https://www.comment.com/comment/comme	(Barley),		Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sodium (mg) Sodium (mg) Energy (kJ) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g)	Avg Qty / Serve 1710 410 19.5 4.7 37.9 2.2 710 Avg Qty / Serve 1930 461 23.6 21.9 5.4 41.1	Avg Qty // 1030 246 11,7 11,7 2,9 228,8 1,7 427 427 427 427 427 427 427 42
DATE TRE POUNDER BUNK are produced on equipment that also produces products containing Spy. Syste BROWNS are cooked in a McDonald's Vegetable OB liber and may be cooked using the same equipment as products containing Oluten, Wheat, Milk, Soy. EF PATTY, BACON RASHER and EGO may be cooked using the same equipment as products containing Oluten, Wheat, Milk, Soy. Chicken MCMUffin® Chicken MCMUFFIN® Chicken MCMUFFIN® (Mater, Klott, 430), Vegetable Powders (Garlic, Celery, Onion), Herbs (Sage, Rosemary), Canola OII, Maltodextrin, Antioxidants (220, 310), Food Acid (330), Natural Colours (100, 160c). GUISH MUFFIN® (Wheat Flour (Vitamis (Theimin, Folic Acid)), Water, Yeast, Ground Maize, Sugar, Wheet Oluten, todied Salt, Canola OII, Preservative (222, 200), Emulsifier (472e, 477), Acidity Regulator (222, 277), Improver (Emulsifier (489), Soy Flour, Mineral Salt (70), Acidity Regulator 1282. CHICKEN NETW, Start, Status (Salt), Water, Yeast, Ground Maize, Sugar, Wheet Oluten, todied Salt, Canola OII, Preservative (282, 200), Emulsifier (472e, 477), Acidity Regulator (220, 277), Improver (Emulsifier (489), Soy Flour, Mineral Salt (70), Acidity Regulator 1292. VOILCKEN NAUCE, Enzyme (Rennet), Water, Milk, Solds, Butter (Milk), Emulsifiers (331, 332), Salt, Acidity Regulator (250). Salt Acidity Regulator (270). RAY OIL Canola OI, Emulsifier (322 - derived from Soy), Natural Colour (160a), Acidity Yegulator (330). Santara Colours (160a), Acidity Yegulator (330). Mattreat Network, Sonta Mattreat Acid Yegulator (170), Atidy Regulator (201), Atidy Regulator (201), Matery (Santara Colours (160a), Acidity Regulator (270).	(Barley),		Energy (k.) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrated (g) Sugars (g) Sodium (mg) Sodium (mg) Energy (k.) Energy (k.) Ener	Chicken and E Avg Qty / Serve 1710 19.5 19.5 37.9 2.2 710	Avg Qty / 1 1030 246 11.7 11.7 2.9 2.2.8 1.7 427 427 427 427 427 427 427 42
https://www.incomessional.com/incomessional.com	(Barley),		Energy (k.) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrated (g) Sugars (g) Sodium (mg) Sodium (mg) Energy (k.) Energy (k.) Ener	Chicken and E Avg Qty / Serve 1710 19.5 19.5 37.9 2.2 710	Avg Qty /1 1030 246 11,7 11,7 29 22.8 1,7 427 427 427 427 427 427 427 42
HARTER POUNDER BUHS are produced on equipment that also produces products containing Syst. BY BOWNS are cooked in a McDonald's Vegetable OI Blend and may be cooked using the same equipment as products containing Oldren, Wheat, Milk, Soy. EF PATTY, BACON RASHER and EGO may be cooked on the same grill as Egg or products containing Oldren, Wheat, Milk, Soy. EF Cooken, Vegetable OI, Thickeners (1400, 1401, 1420), Starch (Maize, Wheat), Mineral Salts (508, 459, 500, 451), Salt, Spices (Pepper, Capsicum, Calery, Sead), Spice Extracts (100, 7600, Celery, Pepper, Capsicum), Yeast Extracts to Caking Agent (341), Emulsifiers (451, 453), Vegetable OI, Thickeners (1400, 1401, 1420), Starch (Maize, Wheat), Mineral Salts (508, 450, 500, 451), Salt, Spices (Pepper, Capsicum, Calery Sead), Spice Extracts (100, 7600, Celery, Pepper, Capsicum), Yeast Extracts to Caking Agent (341), Emulsifiers (451, 453), Vegetable OV, Water, Milk Solks, Butter (Milk), Solks, Butter (Milk), Solks, Uster (Milk), Solks, Uster (Milk), Solks, Uster (Milk), Solks, Uster (Milk), Solks, Sult (441), Song Flour, Mineral Salts (700, Addit) Regulators (280, 330), Natural Colours (160a, 1600), Soc Lecithin (322). CeleCREN SAUCE: Vest: Vegetable OI Intenioded (1500), Water, Milk Solks, Butter (Milk), Solks, Gutter (420), Solar, Salt, Spice, Mustard Flour, Emulsifiers (435, 433), Preservative (302), Addit) Regulator (270). RAY OIL Cannola OI, Emulsifier (322). Celerited from Soy), Natural Floure, Natural Colour (160a), Addity Regulator (330). Trains: Gutter, Wester, Seglade OI Intenioded (1500), Milk, Solks, Butter (Milk), Solks, Butter (Milk), Solks, Spice Extracts (100, 1600, 1600, 1400, 1400), 1420, Starch (Maize, Wheat), Milk, Sol. CHICKEN PATTY is cooked in McDonald's Vegetable OII Inteners (1400, 1401, 1420), Starch (Maize, Wheat), Milk Sols, Sol, Sol, Sol, Sol, Sol, Sol, Sol, Sol	(Barley),		Energy (k.) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrated (g) Sugars (g) Sodium (mg) Sodium (mg) Energy (k.) Energy (k.) Ener	Chicken and E Avg Qty / Serve 1710 19.5 19.5 37.9 2.2 710	Avg Qty /1 1030 246 11,7 1,7 2,9 22,8 1,7 427 427 427 427 1,7 1070 2,56 1,31 1070 2,56 1,31 1070 2,56 1,31 1070 2,56 1,32 1,32 1,32 1,32 1,32 1,32 1,32 1,32

BREAKFAST					
Mighty McMuffin				Mighty N	lcMuffin
ENGLISH MUFFIN: Wheat Flour (Vitamins (Thiamin, Folic Acid)), Water, Yeast, Ground Maize, Sugar, Wheat Gluten, Iodised Salt, Canola Oil, Preservative (282, 200), Emulsifier (472e, 471), Acidity Regulator (262, 297), Improver (Emulsifier (481), Soy Flour, Mineral Salt (170), Acidity Regulator (516)	, Antioxidant (300), N	Vheat Malt		Avg Qty / Serve	Avg Qty / 100g
Flour, Enzyme (1100) (Contains Wheat)), Raising Agent (341).			Energy (kJ)	1880	917
EG0: Egg .			Energy (Cal) Protein (g)	449 29.1	219
BEEF SAUSAGE: Beef, Salt, Maltodextrin, Sugar, Spices (Chillii, Peppers), Vegetable Powders (Onion, Garlic), Anti-caking Agent (341), Herb Extract (Rosemary), Spice Extract (Nutmeg). OR Beef, Salt, Dried Glucose Syrup, Sugar, Spices, Vegetable Powders, Anti-caking Agent (341), Hydrolysed Vegetable Protein (Soy), Spice Extracts, Herb Extract.			Fat, total (g)	23.0	11.2
Un deer, sait, Dreu diucise syrup, Sugar, Spices, vegetaale rowards, Aint-caking Agent (Sait, Neuroins) (Soy), Spice Extracts, Heir Extract. KETCHUP: Water, Tomato Paste, High Fructose Com Syrup, Glucose Com Syrup, Vinegar, Sait, Flavouring (Soy) spice extracts, Heir Extract.			Saturated Fat (g)	10.2	5.0
SIGED CHEESE: Cheese (Pasteurised Milk, Salt, Culture, Enzyme (Rennet)), Water, Milk Solids, Butter (Milk), Emulsifiers (331, 332), Salt, Acidity Regulators (260, 330), Natural Colours (160a, 160c), Soy Lecithin (322).			Carbohydrate (g)	30.4 6.6	14.8
RASHER BACON: Pork, Water, Salt, Sugar, Emulsifiers (451, 450), Dextrose (Maize, Tapioca), Antioxidants (316, 392), Acidity Regulator (330), Sodium Nitrite (250), Smoked.			Sugars (g) Sodium (mg)	6.6	3.2 566
SPRAY OIL: Canola Oil, Emulsifier (322 - derived from Soy), Natural Flavour, Natural Colour (160a), Acidity Regulator (330).					
Contains: Gluten, Wheat, Egg, Milk, Soy.					
ENGLISH MUFFINS are produced on equipment that also produces products containing Sesame. SAUSAGE PATTY, BACON, EGG may be cooked on the same grill as Egg or products containing Gluten, Wheat, Milk, Soy.					
SAUSACE PAILT, DACON, EGO may be cooked on the same gril as Egg of products containing olden, wink, Soy.					
Sausage McMuffin® and Double Sausage McMuffin®		Sausage I	McMuffin®	Double Sausa	ge McMuffin®
ENGLISH MUFFIN: Wheat Flour (Vitamins (Thiamin, Folic Acid)), Water, Yeast, Ground Maize, Sugar, Wheat Gluten, Iodised Salt, Canola Oil, Preservative (282, 200), Emulsifier (472e, 471), Acidity Regulator (262, 297), Improver (Emulsifier (481), Soy Flour, Mineral Salt (170), Acidity Regulator	A	/g Qty / Serve	Avg Qty / 100g	Avg Qty / Serve	Avg Qty / 100g
(516), Antioxidant (300), Wheat Malt Flour, Enzyme (1100) (Contains Wheat)), Raising Agent (341).	ergy (kJ)	1260	1130	1720	1150
BEEF SAUSAGE: Beef, Salt, Maltodextrin, Sugar, Spices (Chilli, Peppers), Vegetable Powders (Onion, Garlic), Anti-caking Agent (341), Herb Extract (Rosemary), Spice Extract (Nutmeg).	ergy (Cal)	300	271	412	274
r-tech, euclistic endeded of ap, ought about of about of an ap right (end, right edulor in contraction of euclistic in the Excluded	tein (g) . total (g)	16 14.6	14.5 13.2	24.2 23.2	16.1 15.4
SLICED CHEESE: Cheese (Pasteurised milk, sait, Culture, Enzyme (kennet)), water, milk solids, Butter (milk), Emulsiners (331, 332), Sait, Acidity Regulators (260, 330), Natural Colours (160a, 160c), Soy Lecitnin (322).	urated Fat (g)	7.4	6.7	11.8	7.0
	bohydrate (g)	25.3	22.8	25.8	17.2
	jars (g)	2.6	2.3	2.8	1.9
ENGLISH MUFFINS are produced on equipment that also produces products containing Sesame.	lium (mg)	571	516	769	511
SAUSAGE PATTY may be cooked on the same grill as Egg or products containing Gluten, Wheat, Milk, Soy.					
Sausage and Egg McMuffin® and Double Sausage and Egg McMuffin®		Sausage and E	Egg McMuffin®	Double Sausage a	nd Egg McMuffin®
ENGLISH MUFFIN: Wheat Flour (Vitamins (Thiamin, Folic Acid)), Water, Yeast, Ground Maize, Sugar, Wheat Gluten, lodised Salt, Canola Oil, Preservative (282, 200), Emulsifier (472e, 471), Acidity Regulator (262, 297), Improver (Emulsifier (481), Soy Flour, Mineral Salt (170), Acidity Regulator		/g Qty / Serve	Avg Qty / 100g	Avg Qty / Serve	Avg Qty / 100g
	ergy (kJ)	1560	979	2030	1020
	ergy (Cal) tein (g)	374 22.1	234 13.8	485 30.2	243 12.1
ELE on on the book out, man book of the provide the one of the off of the provide the one of the off of the provide the pr	, total (g)	20.1	12.6	28.7	14.4
OR Beef, Salt, Dried Glucose Syrup, Sugar, Spices, Vegetable Powders, Anti-caking Agent (341), Hydrolysed Vegetable Protein (Soy), Spice Extracts, Herb Extract. SLICED CHEESE: Cheese (Pasteurised Milk, Salt, Culture, Enzyme (Rennet)), Water, Milk Solids, Butter (Milk), Emulsifiers (331, 332), Salt, Acidity Regulators (260, 330), Natural Colours (160a, 160c), Soy Lecithin (322).	urated Fat (g)	9.1	5.7	13.5	6.8
SPRAY OIL Canola Oil Emulsifier (322 - derived from Sov) Natural Elavour Natural Colour (160a) Acidity Regulator (330)	bohydrate (g)	25.4	15.9	26.0	13.0
Sugar Sug	jars (g) lium (mg)	2.7	1.7	3.0 812	1.5
Contains: Gluten, Wheat, Egg, Milk, Soy.	ildin (ilig)	014	004	012	401
ENGLISH MUFFINS are produced on equipment that also produces products containing Sesame. SAUSAGE PATTY and EGG may be cooked on the same grill as Egg or products containing Gluten, Wheat, Milk, Soy.					
SAUSACE PAILT and EGG may be cooked on the same grin as Egg of products containing oluten, wheat, mink, Soy.					
Hotcakes with Butter and Syrup				Hotcakes with B	utter and Syrup
HOTCAKES: Water, Wheat Flour (Vitamins (Thiamin, Folic Acid)), Sugar, Whey Powder (Milk), Maize Flour, Canola Oil, Raising Agents (500, 541, 341), Dextrose, Emulsifier (471,481), Iodised Salt, Egg Powder, Thickener (415).				Avg Qty / Serve	Avg Qty / 100g
HOTCAKE SYRUP: Corn Syrup, Sugar, Water, Artificial Maple Flavour, Preservative (202), Caramel Color (150d).			Energy (kJ)	2490	1120
			Energy (Cal)	596	267
WHIPPED BUTTER: Cream (Milk), Water, Salt.			Protein (g) Fat, total (g)	9.4 18.6	4.2 8.3
WHIPPED BUTTER: Cream (Milk), Water, Salt. Contains: Gluten, Wheat, Egg, Milk.			Saturated Fat (g)	8.4	3.8
			Carbohydrate (g)	95.7	42.9
			Carbohydrate (g) Sugars (g)	95.7 44.2	42.9 19.8
			Carbohydrate (g)	95.7	42.9
Contains: Gluten, Wheat, Egg, Milk. Hash Brown			Carbohydrate (g) Sugars (g)	95.7 44.2 575 Hash I	42.9 19.8 258 Brown
Contains: Gluten, Wheat, Egg, Milk. Hash Brown HASH BROWN: Potato, Vegetable Oil, Salt, Dextrose (from Maize), Dehydrated Potato, Natural Flavour (Black Pepper Extracts).			Carbohydrate (g) Sugars (g) Sodium (mg)	95.7 44.2 575 Hash I Avg Qty / Serve	42.9 19.8 258 Brown Avg Qty / 100g
Contains: Gluten, Wheat, Egg, Milk. Hash Brown HASH BROWN: Potato, Vegetable Oil, Salt, Dextrose (from Maize), Dehydrated Potato, Natural Flavour (Black Pepper Extracts). OR Potatoes, Canola Oil (Clitric Acid 330), Dehydrated Potato Flake [Potato, Mono And Diglycerides (471), Clitric Acid (330)], Salt, Pepper cream Salt [Salt, Flavour (Modified Corn Starch, Black Pepper Extracts), Canola Oil, Dextrose Monohydrate [Corn Derived (Sulphur			Carbohydrate (g) Sugars (g) Sodium (mg) Energy (kJ)	95.7 44.2 575 Hash I Avg Qty / Serve 600	42.9 19.8 258 Brown Avg Qty / 100g 1080
Contains: Gluten, Wheat, Egg, Milk. Hash Brown HASH BROWN: Potato, Vegetable Oil, Salt, Dextrose (from Maize), Dehydrated Potato, Natural Flavour (Black Pepper Extracts).			Carbohydrate (g) Sugars (g) Sodium (mg)	95.7 44.2 575 Hash I Avg Qty / Serve 600 143	42.9 19.8 258 Brown Avg Qty / 100g 1080 259
Contains: Gluten, Wheat, Egg, Milk. Hash Brown HASH BROWN: Potato, Vegetable Oil, Salt, Dextrose (from Maize), Dehydrated Potato, Natural Flavour (Black Pepper Extracts). OR Potatoes, Canola Oil (Clitric Acid 330), Dehydrated Potato, Flake (Potato, Mono And Diglycerides (471), Clitric Acid (330)], Salt, Pepper cream Salt (Salt, Flavour (Modified Corn Starch, Black Pepper Extracts), Canola Oil], Dextrose Monohydrate (Corn Derived (Sulphur Dioxide)], Sodium Acid Pyrophosphate (450), Antifoam (Non-Ionic Polyalkylene Glyco)).			Carbohydrate (g) Sugars (g) Sodium (mg) Energy (kJ) Energy (Cal)	95.7 44.2 575 Hash I Avg Qty / Serve 600	42.9 19.8 258 Brown Avg Qty / 100g 1080
Contains: Gluten, Wheat, Egg, Milk. Hash Brown HASH BROWN: Potato, Vegetable Oil, Salt, Dextrose (from Maize), Dehydrated Potato, Natural Flavour (Black Pepper Extracts). OR Potatoes, Canola Oil (Clitric Acid 330), Dehydrated Potato Flake [Potato, Mono And Diglycerides (471), Clitric Acid (330)], Salt, Pepper cream Salt [Salt, Flavour (Modified Corn Starch, Black Pepper Extracts), Canola Oil, Dextrose Monohydrate [Corn Derived (Sulphur			Carbohydrate (g) Sugars (g) Sodium (mg) Energy (kJ) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g)	95.7 44.2 575 Hash I Avg Qty / Serve 600 143 1.4 9.6 0.8	42.9 19.8 258 Brown Avg Qty / 100g 1080 259 2.5 17.3 1.4
Contains: Gluten, Wheat, Egg, Milk. Hash Brown HASH BROWN: Potato, Vegetable Oil, Salt, Dextrose (from Maize), Dehydrated Potato, Natural Flavour (Black Pepper Extracts). OR Potatoes, Canola Oil (Clitric Acid 330), Dehydrated Potato, Flake (Potato, Mono And Diglycerides (471), Clitric Acid (330)], Salt, Pepper cream Salt (Salt, Flavour (Modified Corn Starch, Black Pepper Extracts), Canola Oil], Dextrose Monohydrate (Corn Derived (Sulphur Dioxide)], Sodium Acid Pyrophosphate (450), Antifoam (Non-Ionic Polyalkylene Glyco)).			Carbohydrate (g) Sugars (g) Sodium (mg) Energy (kJ) Energy (Cal) Protein (g) Fat, total (g) Carbohydrate (g)	95.7 44.2 575 Hash I Avg Qty / Serve 600 143 1.4 9.6 0.8 12.4	42.9 19.8 258 3rown Avg Qty / 100g 1080 259 2.5 17.3 1.4 22.4
Contains: Gluten, Wheat, Egg, Milk. Hash Brown HASH BROWN: Potato, Vegetable Oil, Salt, Dextrose (from Maize), Dehydrated Potato, Natural Flavour (Black Pepper Extracts). OR Potatoes, Canola Oil (Clitric Acid 330), Dehydrated Potato, Flake (Potato, Mono And Diglycerides (471), Clitric Acid (330)], Salt, Pepper cream Salt (Salt, Flavour (Modified Corn Starch, Black Pepper Extracts), Canola Oil], Dextrose Monohydrate (Corn Derived (Sulphur Dioxide)], Sodium Acid Pyrophosphate (450), Antifoam (Non-Ionic Polyalkylene Glyco)).			Carbohydrate (g) Sugars (g) Sodium (mg) Energy (kJ) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g)	95.7 44.2 575 Hash I Avg Qty / Serve 600 143 1.4 9.6 0.8	42.9 19.8 258 Brown Avg Qty / 100g 1080 259 2.5 17.3 1.4

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Change	change Tracker:								
Date	Document Number/Revision	Document Title	Issued	Upload Date	Description				
10/02/2025	98	Aus Core Food Menu_February 2025	12/02/2025	12/02/2025	Updated build: Classic Angus (remove DLM, add shredded lettuce); remove McWraps, Salads; Grilled Chicken Deluxe; Grape Tomatoes;				
18/12/2024	97	Aus Core Food Menu_December 2024	18/12/2024		Updated Fries Ingredient Listing				
15/10/2024	96	Aus Core Food Menu_October 2024	15/10/2024	16/10/2024	Updated McSpicy, McCrispy & McCrispy Deluxe NIP & Ingredient Information				
11/09/2024	95	Aus Core Food Menu_September 2024	11/09/2024	11/09/2024	Updated Caesar Dressing				
20/08/2024	94	Aus Core Food Menu_July 2024	20/08/2024		Updated for McChicken Patty and McChicken Sauce formula updates				
14/05/2024	93	Aus Core Food Menu_May 2024	15/05/2024		Remove Hobart formulations for Sweet and Sour and BBQ Dipping Sauces; Big Mac, McChicken and Tartare Sauce formulation updates				
1/05/2024	92	Aus Core Food Menu_May 2024	1/05/2024		Updated BBQ Bacon Angus build; remove spray oil and white onion; add red slivered onion				
12/03/2024	91	Aus Core Food Menu_March 2024	13/03/2024	13/03/2024	Updated to include Chicken McMuffin and Chicken and Bacon McMuffin information				
9/02/2024	90	Aus Core Food Menu_February 2024	20/02/2024	20/02/2024	Updated allergen information for PEAL legislative requirements				

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Information correct at time of publishing

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