

# McDonald's Australia Desserts Menu Allergen - Ingredients - Nutrition Information

# Information correct as at August 2025

At McDonald's we believe in the nutritional principals of balance, variety and moderation and that eating at McDonald's can fit into a healthy lifestyle. Our goal is to provide you with the information necessary to make informed decisions about your McDonald's menu choices. This guide can help you balance your McDonald's meal with the other meals you eat today, and every day.

This guide is for our Desserts menu. For information regarding short-time menu items, please either ask a manager in one of our restaurants or contact our Customer Service Department either via our website http://mcdonalds.com.au/contactus or on 02 9875 7100.

The nutrition and ingredient information is based on standard product formulations, standard product assembly and standard serving sizes. Actual sizes and assembly may vary. Due to the individual preparation of each of our menu items, actual values may vary from those listed. Variations may also occur depending on the supplier, country of origin, region of the country of origin, and the season of the year. Further, product formulations may change periodically.

#### **Food Sensitivities and Preferences**

As we operate working kitchens please be aware that there is always a risk that traces of allergens may be transferred to ingredients during storage or preparation of food in our kitchens. McDonald's Restaurants are therefore unable to guarantee that any food item sold is free from cross contact of allergens.

No food items are certified as vegetarian. Whilst some ingredients may not contain animal ingredients, we cannot guarantee that there will be no cross contact with ingredients that do contain animal ingredients in our kitchens.

We have a number of Halal certified restaurants. Only those items listed on the certificate in the front counter area and drive thru booth at our restaurants serving Halal options are certified as Halal.

If you would like further information or have food sensitivities or dietary concerns regarding specific ingredients in specific menu items, please contact us at http://mcdonalds.com.au/contactus or call us on 02 9875 7100.

Our allergen labelling complies with Australia New Zealand Food Standards Code - Standard 1.2.3 (Registered 09 March 2021)

**Allergen Summary:** As we operate working kitchens please be aware that there is always a risk that allergen containing ingredients may be transferred during storage or preparation of food in our kitchens. McDonald's Restaurants are therefore unable to guarantee that any food item sold is free from cross contact of allergens.

	Trom cross contact of allergens.							Tree nut							$\overline{}$									
	Gluten	Wheat	Egg	Milk	Soy	Sesame	Peanut	Almond	Brazil Nut	Cashew	Hazelnut	Macadamia	ecan	Pine Nut	Pistachio	Valnut	Fish	Crustacea	Molluscs	Sulphites	Lupin	Artificial Preservative	Artificial Colour	Artificial Flavour
DESSERTS										U	_													
Apple Pie	P	P		P	P																	P		P
Birthday Cake - Ice Cream Cake	М	M		P	P		М	М	M	M	м	м	M	М	M	м							P	P
McDonaldland Cookies®	P	P	M	М	P	М	М	М	М	М	М	М	М	М	М	м								P
Vanilla Soft Serve Cone	P	P		P	P																			
Chocolate Soft Serve Cone	P	P		P	P																			
Twin Twist Soft Serve Cone	P	Р		P	P																			
Vanilla Soft Serve Cone with Cadbury® Flake®	P	P		P	P		М	М			M													P
Chocolate Soft Serve Cone with Cadbury® Flake®	P	P		P	P		М	M			м													P
Twin Twist Soft Serve Cone with Cadbury® Flake®	P	P		P	P		м	М			М													P
M&M's Minis® McFlurry®	P	М		P	P		М	M	М	М	М	М	M	М	М	М							P	P
M&M's Minis® Chocolate McFlurry®	P	M		P	P		М	M	М	M	M	М	M	М	М	М							P	P
M&M's Minis® Twin Twist McFlurry®	P	M		P	P		М	M	М	M	M	м	M	М	М	м							P	P
Oreo Cookies® McFlurry®	P	P		P	P		М																	P
Oreo Cookies® Chocolate McFlurry®	P	P		P	P		м																	P
Oreo Cookies® Twin Twist McFlurry®	P	P		P	P		М																	P
Caramel Sundae				P																				
Caramel Chocolate Sundae				P																				
Caramel Twin Twist Sundae				P																				
Hot Fudge Sundae				P	P																			
Hot Fudge Chocolate Sundae				P	P																			
Hot Fudge Twin Twist Sundae				P	P																			
Plain Sundae				P																				
Plain Chocolate Sundae				P																				
Plain Twin Twist Sundae				P																				
Strawberry Sundae				P																P		P	P	
Strawberry Chocolate Sundae				P																P		P	P	
Strawberry Twin Twist Sundae				P									Ī							P		Р	P	

# Chart key:

P: Allergen is PRESENT in the product as an ingredient, food additive or processing aid.

M: Allergen may be present

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# **DESSERTS**

# **Apple Pie**

Water, Apple, Wheat Flour, Sugar, Margarine (Vegetable Oils and Fats (Palm Oil, Soy Oil), Water, Emulsifiers (471, 322 From Soy), Salt, Natural Butter Flavour, Preservative (202), Acidity Regulator (330), Natural Colour (160a), Antioxidant (307b)), Thickeners (1412, 1422, 415, 1442), Whey Powder (From Milk), Iodised Salt, Dextrose, Mixed Spices, Lemon Juice Concentrate, Vegetable Gum (466), Baking Powder (Raising Agents (450, 500), Maize Starch, Mineral Salt (170)), Flavour.

#### Contains: Gluten, Wheat, Milk, Soy.

APPLE PIES are cooked in a McDonald's Vegetable Oil blend and may be cooked in the same equipment as products containing Gluten, Wheat, Milk, Soy.

	Apple Pie				
	Avg Qty / Serve	Avg Qty / 100g			
Energy (kJ)	1050	1210			
Energy (Cal)	252	290			
Protein (g)	1.9	2.2			
Fat, total (g)	14.0	16.1			
Saturated Fat (g)	3.2	3.7			
Carbohydrate (g)	28.8	33.1			
Sugars (g)	10.2	11.7			
Sodium (mg)	136	156			

# Birthday Cake - Ice Cream Cake

Water, Dairy Ingredients (Reconstituted Skim Milk, Milk Solids), Sugar, Glucose Syrup, Vegetable Oil and or Cream/Butter (Milk), Maltodextrin, Cocoa Solids, Vegetable Origin Emulsifiers [477, 471, 322 (Soy)], Thickeners (Tapioca Starch, 1422), Vegetable Gum (412), Flavours, Colours (120, 100, 160a, 160c, 163), Gardenia Extract

#### Contains: Milk, Soy.

May be present: Gluten, Wheat, Peanuts, Tree Nuts.

	Per Slice				
	Avg Qty / Serve	Avg Qty / 100g			
Energy (kJ)	335	761			
Energy (Cal)	80	182			
Protein (g)	0.8	1.9			
Fat, total (g)	2.9	6.6			
Saturated Fat (g)	2.6	6.0			
Carbohydrate (g)	12.5	28.5			
Sugars (g)	10.0	22.8			
Sodium (mg)	42	95			

## McDonaldland Cookies®

Wheat Flour, Sugar, Vegetable Oil (Antioxidant (E307b From Soy)), Golden Syrup, Wheat Starch, Salt, Baking Powder, Emulsifier (Soy Lecithin), Flavour

#### Contains: Gluten, Wheat, Soy.

May be present: Egg, Milk, Sesame, Peanut, Tree Nuts.

	McDonaldland Cookies®					
	Avg Qty / Serve	Avg Qty / 100g				
Energy (kJ)	1130	1890				
Energy (Cal)	271	452				
Protein (g)	3.1	5.2				
Fat, total (g)	8.2	13.7				
Saturated Fat (g)	4.0	6.7				
Carbohydrate (g)	45.0	75.0				
Sugars (g)	16.4	27.3				
Sodium (mg)	152	253				

#### Vanilla Soft Serve Cone

VANILLA SUNDAE MIX: Milk, Sugar, Milk Solids, Glucose Syrup (from Maize), Cream (Milk), Emulsifiers (471, 477), Vegetable Gums (412, 407), Natural Flavour.

CONE: Wheat Flour, Vegetable Oil (Coconut), Wheaten Cornflour, Emulsifier (Soy Lecithin, (322)), Salt, Mineral Salt (500).

Contains: Wheat, Gluten, Milk, Soy.

	Vanilla Soft Serve Cone					
	Avg Qty / Serve	Avg Qty / 100g				
Energy (kJ)	574	648				
Energy (Cal)	137	155				
Protein (g)	3.9	4.4				
Fat, total (g)	3.6	4.1				
Saturated Fat (g)	2.5	2.8				
Carbohydrate (g)	21.6	24.4				
Sugars (g)	17.3	19.5				
Sodium (mg)	49	55				

# **Chocolate Soft Serve Cone**

CHOCOLATE SUNDAE MIX: Milk, Milk Solids, Sugar, Cream (Milk) Glucose Syrup (Derived from Mazie), Cocoa Powder, Natural Chocolate Flavour, Emulsifiers (471, 433), Stabilisers (412, 407, 466, 407a), Natural Colour, Salt. CONE: Wheat Flour, Vegetable Oil (Coconut), Wheaten Cornflour, Emulsifier (Soy Lecithin, (322)), Salt, Mineral Salt (500).

Contains: Wheat, Gluten, Milk, Soy.

	Chocolate Soft Serve Cone				
	Avg Qty / Serve	Avg Qty / 100g			
Energy (kJ)	551	622			
Energy (Cal)	132	149			
Protein (g)	4.0	4.5			
Fat, total (g)	2.9	3.3			
Saturated Fat (g)	2.0	2.3			
Carbohydrate (g)	21.8	24.6			
Sugars (g)	16.9	19.1			
Sodium (mg)	74	84			

# Twin Twist Soft Serve Cone (Available at participating restaurants)

CHOCOLATE SUNDAE MIX: Milk, Milk Solids, Sugar, Cream (Milk) Glucose Syrup (Derived from Mazle), Cocoa Powder, Natural Chocolate Flavour, Emulsifiers (471, 433), Stabilisers (412, 407, 466, 407a), Natural Colour, Salt. VANILLA SUNDAE MIX: Milk, Sugar, Milk Solids, Glucose Syrup (from Maize), Cream (Milk), Emulsifiers (471, 477), Vegetable Gums (412, 407), Natural Flavour.

CONE: Wheat Flour, Vegetable Oil (Coconut), Wheaten Cornflour, Emulsifier (Soy Lectifier, (322)), Salt, Imin, (322), Salt, 102.

Contains: Wheat, Gluten, Milk, Soy.

	Twin Twist Soft Serve Cone				
	Avg Qty / Serve	Avg Qty / 100g			
Energy (kJ)	563	635			
Energy (Cal)	134	152			
Protein (g)	3.9	4.5			
Fat, total (g)	3.3	3.7			
Saturated Fat (g)	2.3	2.5			
Carbohydrate (g)	21.7	24.5			
Sugars (g)	17.1	19.3			
Sodium (mg)	62	70			

Vanilla Soft Serve Cone with Cadbury® Flake®		Vanilla Soft So Cadbury	erve Cone with y® Flake®
VANILLA SUNDAE MIX: Milk, Sugar, Milk Solids, Glucose Syrup (from Maize), Cream (Milk), Emulsifiers (471, 477), Vegetable Gums (412, 407), Natural Flavour.		Avg Qty / Serve	Avg Qty / 100g
CADBURY® FLAKE®: Full Cream Milk, Sugar, Cocoa Butter, Cocoa Mass, Milk Solids, Emulsifiers (Soy Lecithin, 476), Flavours.	Energy (kJ)	760	783
CONE: Wheat Flour, Vegetable Oil (Coconut), Wheaten Cornflour, Emulsifier (Soy Lecithin, (322)), Salt, Mineral Salt (500).	Energy (Cal)	182	187
	Protein (g)	4.5 6.1	4.7 6.3
Contains: Gluten, Wheat, Milk, Soy.	Fat, total (g) Saturated Fat (g)	4.0	4.1
CADBURY® FLAKE® is produced in the same facility as products containing Gluten, Wheat, Peanuts, Tree Nuts (Almonds, Hazelnuts).	Carbohydrate (g)	26.6	27.4
	Sugars (g)	22.2	22.8
	Sodium (mg)	56	58
		Ob	Serve Cone with
Chocolate Soft Serve Cone with Cadbury® Flake®			y® Flake®
CHOCOLATE SUNDAE MIX: Milk, Milk Solids, Sugar, Cream (Milk) Glucose Syrup (Derived from Mazie), Cocoa Powder, Natural Chocolate Flavour, Emulsifiers (471, 433), Stabilisers (412, 407, 466, 407a), Natural Colour, Salt.		Avg Qty / Serve	
CADBURY® FLAKE®; Full Cream Milk, Sugar, Cocoa Butter, Cocoa Mass, Milk Solids, Emulsifiers (Soy Lecithin, 476), Flavours.	Energy (kJ)	737	759
CONE: Wheat Flour, Vegetable Oil (Coconut), Wheaten Cornflour, Emulsifier (Soy Lecithin, (322)), Salt, Mineral Salt (500).	Energy (Cal)	176	181
	Protein (g)	4.6	4.8
Contains: Gluten, Wheat, Milk, Soy.	Fat, total (g)	5.4	5.6
CADBURY® FLAKE® is produced in the same facility as products containing Gluten, Wheat, Peanuts, Tree Nuts (Almonds, Hazelnuts).	Saturated Fat (g)	3.5 26.8	3.6 27.6
	Carbohydrate (g) Sugars (g)	26.8 21.8	27.6
	Sodium (mg)	81	84
	codiam (mg/	0.	0.7
Twin Twist Soft Serve Cone with Cadbury® Flake® (Available at participating restaurants)			Serve Cone with
VANILLA SUNDAE MIX. MIX, Sugar, MIX Solids, Glucose Syrup (from Maize), Cream (MIXI), Emulsifier setsurients)  VANILLA SUNDAE MIX. MIX, Sugar, MIX Solids, Glucose Syrup (from Maize), Cream (MIXI), Emulsifier setsurients)			y® Flake®
	Energy (kJ)	Avg Qty / Serve 749	Avg Qty / 100g 771
CHOCOLATE SUNDAE MIX: MIlk, Milk, Solids, Sugar, Cream (Milk) Glucose Syrup (Derived from Mazie), Cocoa Powder, Natural Colour, Emulsifiers (471, 433), Stabilisers (412, 407, 466, 407a), Natural Colour, Salt.	Energy (Cal)	179	184
CADBURY® FLAKE®: Full Cream Milk, Sugar, Cocca Butter, Cocca Mass, Milk Solids, Emulsifiers (Soy Lectitin, 1876); Flavours.	Protein (g)	4.6	4.7
CONE: Wheat Flour, Vegetable Oil (Coconut), Wheaten Cornflour, Emulsifier (Soy Lecithin, (322)), Salt, Mineral Salt (600).	Fat, total (g)	5.7	5.9
Contains: Gluten, Wheat, Milk, Soy.	Saturated Fat (g)	3.7	3.9
CORDENS PER LAKE's produced in the same facility as products containing Gluten, Wheat, Peanuts, Tree Nuts (Almonds, Hazelnuts).	Carbohydrate (g)	26.7	27.5
CADDOT * FLAKE* Is produced in the same racing as products contaming order, micac, readicts, nazembots.	Sugars (g)	22.0	22.6
	Sodium (mg)	69	71
Me Ma Misia Ma Floura		84 0 84 a 84 imir	s® McFlurry®
M&M's Minis® McFlurry®			
VANILLA SUNDAE MIX: Milk, Sugar, Milk Solids, Glucose Syrup (from Maize), Cream (Milk), Emulsifiers (471, 477), Vegetable Gums (412, 407), Natural Flavour.	F (1. 0)	Avg Qty / Serve 1630	Avg Qty / 100g 869
M&M'S MINI® TOPPING: Milk Chocolate [Sugar, Milk Solids, Cocoa Mass, Cocoa Butter, Vegetable Fat, Emulsifier (Soy Lecithin), Salt, Flavour), Sugar, Cocoa Mass, Cocoa Butter, Milk Solids, Vegetable Fat, Glucose Syrup, Emulsifier (Soy Lecithin), Colours (171, 102, 129, 110, 133), Vegetable Gum, Thickener	Energy (kJ) Energy (Cal)	390	208
(1400), Salt, Glazing Agent [(903), Vegetable Oil], Flavour, Malt Extract ( <b>Barley</b> ).	Protein (g)	8.3	4.4
Contains: Gluten, Milk, Soy.	Fat, total (g)	13.5	7.2
Contains: onucen, mins, 30y. M&M'S MIN'S TOPPING is produced in the same facility as products containing Peanuts, Tree Nuts (Almond, Brazil Nut, Cashew, Hazelnut, Macadamia, Pecan, Pine Nut, Pistachio, Walnut), Wheat.	Saturated Fat (g)	8.9	4.7
mam 5 minio 10PPino is produced in the same facility as products containing reanuts, free nots (Almond, orazin not, Casnew, nazemot, macadamia, recan, rine not, ristacino, walnut, wheat.	Carbohydrate (g)	57.5	30.6
	Sugars (g)	53.4	28.4
	Sodium (mg)	97	52
M&M's Minis® Chocolate McFlurry®		M&M's Minis® Ch	
CHOCOLATE SUNDAE MIX: Milk, Milk Solids, Sugar, Cream (Milk) Slucose Syrup (Derived from Mazie), Cocoa Powder, Natural Chocolate Flavour, Emulsifiers (471, 433), Stabilisers (412, 407, 466, 407a), Natural Colour, Salt.	<b>H</b>	Avg Qty / Serve	
M&M'S MINI® TOPPING: Milk Chocolate [Sugar, Milk Solids, Cocoa Mass, Cocoa Mass, Cocoa Mass, Cocoa Butter, Vegetable Fat, Emulsifier (Soy Lecithin), Salt, Flavour], Sugar, Cocoa Butter, Milk Solids, Vegetable Fat, Glucose Syrup, Emulsifier (Soy Lecithin), Colours (171, 102, 129, 110, 133),	Energy (kJ)	1590	847
Vegetable Gum, Thickener (1400), Salt, Glazing Agent (1903), Vegetable Oil], Flavour, Malt Extract (Barley).	Energy (Cal)	381 8.4	202
	Protein (g) Fat, total (g)	8.4 12.3	4.5 6.5
Contains: Gluten, Milk, Soy.	Saturated Fat (g)	8.0	4.2
M&M'S MINI® TOPPING is produced in the same facility as products containing Peanuts, Tree Nuts (Almond, Brazil Nut, Cashew, Hazelnut, Macadamia, Pecan, Pine Nut, Pistachio, Walnut), Wheat.	Carbohydrate (g)	57.7	30.7
	Sugars (g)	52.7	28.0
	Sodium (mg)	142	76
M&M's Minis® Twin Twist McFlurry® (Available at participating restaurants)		M&M's Minis® Twi	in Twist McFlurry®
VANILLA SUNDAE MIX: Milk, Sugar, Milk Solids, Glucose Syrup (from Maize), Cream (Milk), Emulsifiers (471, 477), Vegetable Gums (412, 407), Natural Flavour.		Avg Qty / Serve	Avg Qty / 100g
CHOCOLATE SUNDAE MIX: Milk, Milk Solids, Sugar, Cream (Milk) Solicose Syrup (Derived from Mazie), Cocoa Powder, Natural Chocolate Flavour, Emulsifiers (471, 433), Stabilisers (412, 407, 466, 407a), Natural Colour, Salt.	Energy (kJ)	1610	858
		386	205
M&M'S MINI® TOPPING: Milk Chocolate [Sugar, Milk Solids, Cocoa Mass, Cocoa Butter, Vegetable Fat, Emulsifier (Soy Lecithin), Salt, Flavour], Sugar, Cocoa Mass, Cocoa Butter, Milk Solids, Vegetable Fat, Glucose Syrup, Emulsifier (Soy Lecithin), Colours (171, 102, 129, 110, 133),	Energy (Cal)		
	Energy (Cal) Protein (g) Fat, total (g)	8.3 12.9	4.4

M&M'S MINI® TOPPING is produced in the same facility as products containing Peanuts, Tree Nuts (Almond, Brazil Nut, Cashew, Hazelnut, Macadamia, Pecan, Pine Nut, Pistachio, Walnut), Wheat.

Saturated Fat (g) Carbohydrate (g)

Sugars (g) Sodium (mg) 8.4

57.6

53.0

120

4.5

30.6

28.2

# Oreo Cookies® McFlurry®

VANILLA SUNDAE MIX: Milk, Sugar, Milk Solids, Glucose Syrup (from Maize), Cream (Milk), Emulsifiers (471, 477), Vegetable Gums (412, 407), Natural Flavour.

OREO COOKIES® PIECES: Wheat Flour, Sugar, Vegetable Oil (Contains Antioxidants (304, 307b, 319)), Cocoa Powder, Glucose Syrup, Salt, Raising Agents (500, 503), Emulsifier (322-Soy Lecithin), Flavour.

OR: Wheat Flour (Thiamine, Mononitrate, Riboflavin, Folic Acid, Zinc Oxide, Ferrous Fumarate), Sugar, Vegetable Oil (Contains Antioxidant (319)), Cocoa Powder, Fructose Syrup, Cornstarch, Non-Iodised Salt, Raising Agents (500, 503), Emulsifier (322- Soy Lecithin), Flavour.

#### Contains: Wheat, Gluten, Milk, Soy.

Oreo Cookies Pieces are produced on the same equipment as products containing: Milk, Peanuts.

	Oreo Cookies® McFlurry®					
	Avg Qty / Serve	Avg Qty / 100g				
nergy (kJ)	1300	758				
nergy (Cal)	312	181				
rotein (g)	7.2	4.2				
at, total (g)	10.0	5.8				
aturated Fat (g)	6.1	3.5				
Carbohydrate (g)	47.3	27.5				
Sugars (g)	38.6	22.4				
odium (mg)	172	100				

## Oreo Cookies® Chocolate McFlurry®

CHOCOLATE SUNDAE MIX: Milk, Milk, Solids, Sugar, Cream (Milk) Glucose Syrup (Derived from Mazie), Cocoa Powder, Natural Chocolate Flavour, Emulsifiers (471, 433), Stabilisers (412, 407, 466, 407a), Natural Colour, Salt.

OREO COOKIES® PIECES: Wheat Flour, Sugar, Vegetable Oil (Contains Antioxidants (304, 307b, 319)), Cocoa Powder, Glucose Syrup, Salt, Raising Agents (500, 503), Emulsifier (322-Soy Lecithin), Flavour.

OR: Wheat Flour (Thiamine, Mononitrate, Riboflavin, Folic Acid, Zinc Oxide, Ferrous Furnarate), Sugar, Vegetable Oil (Contains Antioxidant (319)), Cocoa Powder, Fructose Syrup, Cornstarch, Non-lodised Salt, Raising Agents (500, 503), Emulsifier (322-Soy Lecithin), Flavour.

#### Contains: Wheat, Gluten, Milk, Soy.

Oreo Cookies Pieces are produced on the same equipment as products containing: Milk, Peanuts.

	Oreo Cookies® Chocolate McFlurry®					
	Avg Qty / Serve	Avg Qty / 100g				
Energy (kJ)	1260	734				
Energy (Cal)	302	176				
Protein (g)	7.4	4.3				
Fat, total (g)	8.7	5.1				
Saturated Fat (g)	5.2	3.0				
Carbohydrate (g)	47.6	27.7				
Sugars (g)	37.8	22.0				
Sodium (mg)	217	126				

# Oreo Cookies® Twin Twist McFlurry® (Available at participating restaurants)

VANILLA SUNDAE MIX: Milk, Sugar, Milk Solids, Glucose Syrup (from Maize), Cream (Milk), Emulsifiers (471, 477), Vegetable Gums (412, 407), Natural Flavour.

CHOCOLATE SUNDAE MIX: Milk, Milk, Milk, Solids, Sugar, Cream (Milk) Glucose Syrup (Derived from Mazie), Cocoa Powder, Natural Chocolate Flavour, Emulsifiers (471, 433), Stabilisers (412, 407, 466, 407a), Natural Colour, Salt.

OREO COOKIES® PIECES: Wheat Flour, Sugar, Vegetable Oil (Contains Antioxidants (304, 307b, 319)), Cocoa Powder, Glucose Syrup, Salt, Raising Agents (500, 503), Emulsifier (322- Soy Lecithin), Flavour.

OR: Wheat Flour (Thiamine, Mononitrate, Riboflavin, Folic Acid, Zinc Oxide, Ferrous Fumarate), Sugar, Vegetable Oil (Contains Antioxidant (319)), Cocoa Powder, Fructose Syrup, Cornstarch, Non-Iodised Salt, Raising Agents (500, 503), Emulsifier (322- Soy Lecithin), Flavour.

#### Contains: Wheat, Gluten, Milk, Soy.

Oreo Cookies Pieces are produced on the same equipment as products containing: Milk, Peanuts.

	Oreo Cookies® Tw	in Twist McFlurry®
	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	1280	746
Energy (Cal)	307	178
Protein (g)	7.3	4.2
Fat, total (g)	9.4	5.4
Saturated Fat (g)	5.6	3.3
Carbohydrate (g)	47.4	27.6
Sugars (g)	38.2	22.2
Sodium (mg)	194	113

#### **Caramel Sundae**

VANILLA SUNDAE MIX: Milk, Sugar, Milk Solids, Glucose Syrup (from Maize), Cream (Milk), Emulsifiers (471, 477), Vegetable Gums (412, 407), Natural Flavour.

CARAMEL TOPPING: Glucose Syrup, Whole Sweetened Condensed Milk (Milk, Sugar, Milk Solids), Invert Sugar Syrup, Water, Butter (Milk), Sugar, Emulsifiers (339, 322), Salt, Thickener (440), Natural Flavour.

Contains: Milk

	Sm	nall	Large		
	Avg Qty / Serve	Avg Qty / 100g	Avg Qty / Serve	Avg Qty / 100g	
Energy (kJ)	1350	774	2090	845	
Energy (Cal)	323	185	499	202	
Protein (g)	6.6	3.8	9.0	3.7	
Fat, total (g)	7.5	4.3	10.8	4.4	
Saturated Fat (g)	5.2	3.0	7.4	3.0	
Carbohydrate (g)	56.2	32.2	89.7	36.3	
Sugars (g)	48.9	28.0	76.9	31.2	
Sodium (mg)	142	81	237	96	

## **Caramel Chocolate Sundae**

CHOCOLATE SUNDAE MIX: Milk, Milk Solids, Sugar, Cream (Milk) Glucose Syrup (Derived from Mazle), Cocoa Powder, Natural Chocolate Flavour, Emulsifiers (471, 433), Stabilisers (412, 407, 466, 407a), Natural Colour, Salt.

CARAMEL TOPPING: Glucose Syrup, Whole Sweetened Condensed Milk (Milk, Sugar, Milk Solids), Invert Sugar Syrup, Water, Butter (Milk), Sugar, Emulsifiers (339, 322), Salt, Thickener (440), Natural Flavour.

Contains: Milk.

	Sm	nall	Lai	rge	
	Avg Qty / Serve	Avg Qty / 100g	Avg Qty / Serve	Avg Qty / 100g	
Energy (kJ)	1310	753	2040	827	
Energy (Cal)	314	180	488	3.7	
Protein (g)	6.7	3.9	9.2	3.3	
Fat, total (g)	tal (g) 6.3 3.6 9.4			3.8	
Saturated Fat (g)	4.3	2.5	6.4 2.6		
Carbohydrate (g)	56.4	32.3	90	36.4	
Sugars (g)	48.1	48.1 4.5 76.1 30.8			
Sodium (mg)	182	104	287	116	

# Caramel Twin Twist Sundae (Available at participating restaurants)

VANILLA SUNDAE MIX: Milk, Sugar, Milk Solids, Glucose Syrup (from Maize), Cream (Milk), Emulsifiers (471, 477), Vegetable Gums (412, 407), Natural Flavour.

CHOCOLATE SUNDAE MIX: Milk, Milk Solids, Sugar, Cream (Milk) Glucose Syrup (Derived from Mazie), Cocoa Powder, Natural Chocolate Flavour, Emulsifiers (471, 433), Stabilisers (412, 407, 466, 407a), Natural Colour, Salt.

CARAMEL TOPPING: Glucose Syrup, Whole Sweetened Condensed Milk (Milk, Sugar, Milk Solids), Invert Sugar Syrup, Water, Butter (Milk), Sugar, Emulsifiers (339, 322), Salt, Thickener (440), Natural Flavour.

Contains: Milk.

	Sm	nall	Laı	rge
	Avg Qty / Serve	Avg Qty / 100g	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	1330	764	2060	836
Energy (Cal)	318	183	493	200
Protein (g) 6.7		3.8	9.1	3.7
Fat, total (g)	6.9	3.9	10.1	4.1
Saturated Fat (g)	4.8	2.7	6.9	2.8
Carbohydrate (g)	56.3	32.2	89.8	36.4
Sugars (g)	48.5	27.8	76.5	31.0
Sodium (mg)	162	93	262	106

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Hot Fudge Sundae		Sm	nall	La	rge
VANILLA SUNDAE MIX: Milk Sujar, Milk Solids, Glucose Syrup (from Maize), Cream (Milk), Emulsifiers (471, 477), Vegetable Gums (412, 407), Natural Flavour.		Avg Qty / Serve	Avg Qty / 100g	Avg Qty / Serve	Avg Qty / 100g
VANICLA SUNDAE MIX. MINE, SUIGE, STUCKS STUTY (INTO MARZE), CHEART (MAINE, ETIMISHIES (47), 47/1, Vegetable Guins (412, 40/1, Naturia Fravour.) HOT FUDGE TOPPING: Sugar, Water, Glucose Corn Syrup, Hydrogenated Palm Kernel Olien (Emulsifier (322 - 50y Lecithin), Whole Swetened Condensed Milk (Milk, Milk Powder, Sugar, Lactose), Cocoa Powder, Whole Milk Powder, Thickeners (1422, 401), Salt, Stabiliser (339),	Energy (kJ)	1430	826	2240	920
Flavouring, Preservative (202).	Energy (Cal)	341	197	536	220
	Protein (g)	6.4	3.7	8.7	3.6
Contains: Milk, Soy.	Fat, total (g)	8.5	4.9	12.8	5.2
	Saturated Fat (g)	6.3	3.7	9.8	4.0
	Carbohydrate (g)	58.6	33.9	94.7	38.9
	Sugars (g)	47.5	27.5	74.2	30.5
	Sodium (mg)	121	70	196	80
Hot Fudge Chocolate Sundae		Sm	nall	La	rge
					•
CHOCOLATE SUNDAE MIX: Milk, Milk Solids, Sugar, Cream (Milk) Glucose Syrup (Derived from Mazie), Cocoa Powder, Natural Chocolate Flavour, Emulsifiers (471, 433), Stabilisers (412, 407, 466, 407a), Natural Colour, Salt.	F(1, 1)	Avg Qty / Serve 1390	Avg Qty / 100g 805	Avg Qty / Serve 2200	Avg Qty / 100g 905
HOT FUDGE TOPPINIS: Sugar, Water, Glucose Corn Syrup, Hydrogenated Palm Kernel Olein (Emulsifier (322 - Soy Lecithin)), Whole Sweetened Condensed Milk (Milk, Milk Powder, Sugar, Lactose), Cocoa Powder, Whole Milk Powder, Thickeners (1422, 401), Salt, Stabiliser (339),	Energy (kJ) Energy (Cal)	333	192	525	905 215
Flavouring, Preservative (202).	Protein (g)	6.6	3.8	8.8	3.6
Contains: Milk, Soy.	Fat, total (g)	7.4	4.3	11.4	4.7
Contains: Milk, 509.	Saturated Fat (g)	5.5	3.2	8.8	3.6
	Carbohydrate (g)	58.9	34.1	95	39.0
	Sugars (g)	46.8	27.1	73.4	30.1
	Sodium (mg)	161	93	245	101
		ı			
Hot Fudge Twin Twist Sundae (Available at participating restaurants)		Sm	nall	La	rge
VANILLA SUNDAE MIX: Milk, Sugar, Milk Solids, Glucose Syrup (from Maize), Cream (Milk), Emulsifiers (471, 477), Vegetable Gums (412, 407), Natural Flavour.		Avg Qty / Serve	Avg Qty / 100g	Avg Qty / Serve	Avg Qty / 100g
CHOCOLATE SUNDAE MIX: Milk, Milk Solids, Sugar, Cream (Milk) Glucose Syrup (Derived from Mazie), Cocoa Powder, Natural Chocolate Flavour, Emulsifiers (471, 433), Stabilisers (412, 407, 466, 407a), Natural Colour, Salt.	Energy (kJ)	1410	816	2220	911
HOT FUDGE TOPPING: Sugar, Water, Glucose Corn Syrup, Hydrogenated Palm Kernel Olein (Emulsifier (322 - Soy Lecithin)), Whole Sweetened Condensed Milk (Milk, Milk Powder, Sugar, Lactose), Cocoa Powder, Whole Milk Powder, Thickeners (1422, 401), Salt, Stabiliser (339),	Energy (Cal)	337	195	530	218
Flavouring, Preservative (202).	Protein (g)	6.5 7.9	3.8 4.6	8.7 12.1	3.6 5.0
	Fat, total (g) Saturated Fat (g)	7.9 5.9	3.4	9.3	3.8
Contains: Milk, Soy.	Carbohydrate (g)	58.8	34.0	94.8	38.9
	Sugars (g)	47.1	27.3	73.8	30.3
	Sodium (mg)	141	82	221	90
		1		1	
Plain Sundae			nall		rge
Plain Sundae  VANILLA SUNDAE MIX, Sugar, Milk Solids, Glucose Syrup (from Maize), Cream (Milk), Emulsifiers (471, 477), Vegetable Gums (412, 407), Natural Flavour.		Avg Qty / Serve	Avg Qty / 100g	Avg Qty / Serve	Avg Qty / 100g
VANILLA SUNDAE MIX: Milk, Sugar, Milk Solids, Glucose Syrup (from Maize), Cream (Milk), Emulsifiers (471, 477), Vegetable Gums (412, 407), Natural Flavour.	Energy (kJ)	Avg Qty / Serve 813	Avg Qty / 100g 602	Avg Qty / Serve 1010	Avg Qty / 100g 602
VANILLA SUNDAE MIX: Milk, Sugar, Milk Solids, Glucose Syrup (from Malze), Cream (Milk), Emulsifiers (471, 477), Vegetable Gums (412, 407), Natural Flavour.	Energy (Cal)	Avg Qty / Serve 813 194	Avg Qty / 100g 602 144	Avg Qty / Serve 1010 242	Avg Qty / 100g 602 144
VANILLA SUNDAE MIX: Milk, Sugar, Milk Solids, Glucose Syrup (from Malze), Cream (Milk), Emulsifiers (471, 477), Vegetable Gums (412, 407), Natural Flavour.	Energy (Cal) Protein (g)	Avg Qty / Serve 813 194 5.6	Avg Qty / 100g 602 144 4.2	Avg Qty / Serve 1010 242 7.0	Avg Qty / 100g 602 144 4.2
VANILLA SUNDAE MIX: Milk, Sugar, Milk Solids, Glucose Syrup (from Malze), Cream (Milk), Emulsifiers (471, 477), Vegetable Gums (412, 407), Natural Flavour.	Energy (Cal) Protein (g) Fat, total (g)	Avg Qty / Serve 813 194 5.6 5.5	Avg Qty / 100g 602 144 4.2 4.1	Avg Qty / Serve 1010 242 7.0 6.8	Avg Qty / 100g 602 144 4.2 4.1
	Energy (Cal) Protein (g)	Avg Qty / Serve 813 194 5.6	Avg Qty / 100g 602 144 4.2	Avg Qty / Serve 1010 242 7.0	Avg Qty / 100g 602 144 4.2
VANILLA SUNDAE MIX: Milk, Sugar, Milk Solids, Glucose Syrup (from Malze), Cream (Milk), Emulsifiers (471, 477), Vegetable Gums (412, 407), Natural Flavour.	Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g)	Avg Qty / Serve 813 194 5.6 5.5 3.8	Avg Qty / 100g 602 144 4.2 4.1 2.8	Avg Qty / Serve 1010 242 7.0 6.8 4.7	Avg Qty / 100g 602 144 4.2 4.1 2.8
VANILLA SUNDAE MIX: Milk, Sugar, Milk Solids, Glucose Syrup (from Malze), Cream (Milk), Emulsifiers (471, 477), Vegetable Gums (412, 407), Natural Flavour.	Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g)	Avg Qty / Serve 813 194 5.6 5.5 3.8 29.9	Avg Qty / 100g 602 144 4.2 4.1 2.8 22.2	Avg Qty / Serve 1010 242 7.0 6.8 4.7 37.3	Avg Qty / 100g 602 144 4.2 4.1 2.8 22.2
VANILLA SUNDAE MIX: Milk, Sugar, Milk Solids, Glucose Syrup (from Maize), Cream (Milk), Emulsifiers (471, 477), Vegetable Gums (412, 407), Natural Flavour.  Contains: Milk.	Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g)	Avg Qty / Serve 813 194 5.6 5.5 3.8 29.9 27.4 62	Avg Qty / 100g 602 144 4.2 4.1 2.8 22.2 20.3 46	Avg Qty / Serve 1010 242 7.0 6.8 4.7 37.3 34.1	Avg Qty / 100g 602 144 4.2 4.1 2.8 22.2 20.3 46
VANILLA SUNDAE MIX: Milk, Sugar, Milk Solids, Glucose Syrup (from Maize), Cream (Milk), Emulsifiers (471, 477), Vegetable Gums (412, 407), Natural Flavour.  Contains: Milk.  Plain Chocolate Sundae	Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g)	Avg Qty / Serve 813 194 5.6 5.5 3.8 29.9 27.4 62	Avg Qty / 100g 602 144 4.2 4.1 2.8 22.2 20.3 46	Avg Qty / Serve 1010 242 7.0 6.8 4.7 37.3 34.1 77	Avg Qty / 100g 602 144 4.2 4.1 2.8 22.2 20.3 46
VANILLA SUNDAE MIX: Milk, Sugar, Milk Solids, Glucose Syrup (from Maize), Cream (Milk), Emulsifiers (471, 477), Vegetable Gums (412, 407), Natural Flavour.  Contains: Milk.	Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg)	Avg Qty / Serve 813 194 5.6 5.5 3.8 29.9 27.4 62	Avg Qty / 100g 602 144 4.2 4.1 2.8 22.2 20.3 46  Avg Qty / 100g	Avg Qty / Serve 1010 242 7.0 6.8 4.7 37.3 34.1 77  La	Avg Qty /100g 602 144 4.2 4.1 2.8 22.2 20.3 46
VANILLA SUNDAE MIX: Milk, Sugar, Milk Solids, Glucose Syrup (from Maize), Cream (Milk), Emulsifiers (471, 477), Vegetable Gums (412, 407), Natural Flavour.  Contains: Milk.  Plain Chocolate Sundae  CHOCOLATE SUNDAE MIX: Milk, Milk Solids, Sugar, Cream (Milk) Glucose Syrup (Derived from Mazie), Cocoa Powder, Natural Chocolate Flavour, Emulsifiers (471, 433), Stabilisers (412, 407, 466, 407a), Natural Colour, Salt.	Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg)	Avg Qty / Serve 813 194 5.6 5.5 3.8 29.9 27.4 62  Sm Avg Qty / Serve	Avg Qty / 100g 602 144 4.2 4.1 2.8 22.2 20.3 46 Avg Qty / 100g 575	Avg Qty / Serve 1010 242 7.0 6.8 4.7 37.3 34.1 77  La Avg Qty / Serve 966	Avg Qty / 100g 602 144 4.2 4.1 2.8 22.2 20.3 46
VANILLA SUNDAE MIX: Milk, Sugar, Milk Solids, Glucose Syrup (from Maize), Cream (Milk), Emulsifiers (471, 477), Vegetable Gums (412, 407), Natural Flavour.  Contains: Milk.  Plain Chocolate Sundae	Energy (Cal) Protein (g) Fat, total (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg)  Energy (kJ) Energy (Cal)	Avg Qty / Serve 813 194 5.6 5.5 3.8 29.9 27.4 62  Sm Avg Qty / Serve 777 186	Avg Qty / 100g 602 144 4.2 4.1 2.8 22.2 20.3 46 Avg Qty / 100g 575 137	Avg Qty / Serve 1010 242 7.0 6.8 4.7 37.3 34.1 77  La Avg Qty / Serve 966 231	Avg Qty / 100g 602 144 4.2 4.1 2.8 22.2 20.3 46 Avg Qty / 100g 575 137
VANILLA SUNDAE MIX: Milk, Sugar, Milk Solids, Glucose Syrup (from Maize), Cream (Milk), Emulsifiers (471, 477), Vegetable Gums (412, 407), Natural Flavour.  Contains: Milk.  Plain Chocolate Sundae  CHOCOLATE SUNDAE MIX: Milk, Milk Solids, Sugar, Cream (Milk) Glucose Syrup (Derived from Mazie), Cocoa Powder, Natural Chocolate Flavour, Emulsifiers (471, 433), Stabilisers (412, 407, 466, 407a), Natural Colour, Salt.	Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg)  Energy (kJ) Energy (Cal) Protein (g)	Avg Qty / Serve 813 194 5.6 5.5 3.8 29.9 27.4 62  Sm Avg Qty / Serve 777 186 5.7	Avg Qty / 100g 602 144 4.2 4.1 2.8 22.2 20.3 46 Avg Qty / 100g 575 137 4.2	Avg Qty / Serve 1010 2442 7.0 6.8 4.7 37.3 34.1 77  La Avg Qty / Serve 966 231 7.1	Avg Qty / 100g 602 144 4.2 4.1 2.8 22.2 20.3 46 Avg Qty / 100g 575 137 4.2
VANILLA SUNDAE MIX: Milk, Sugar, Milk Solids, Glucose Syrup (from Maize), Cream (Milk), Emulsifiers (471, 477), Vegetable Gums (412, 407), Natural Flavour.  Contains: Milk.  Plain Chocolate Sundae  CHOCOLATE SUNDAE MIX: Milk, Milk Solids, Sugar, Cream (Milk) Glucose Syrup (Derived from Mazie), Cocoa Powder, Natural Chocolate Flavour, Emulsifiers (471, 433), Stabilisers (412, 407, 466, 407a), Natural Colour, Salt.	Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg)  Energy (kJ) Energy (Cal) Protein (g) Fat, total (g)	Avg Qty / Serve 813 194 5.6 5.5 3.8 29.9 27.4 62  Sm Avg Qty / Serve 777 186 5.7 4.4	Avg Qty / 100g 602 144 42 4.1 2.8 22.2 20.3 46 Avg Qty / 100g 575 137 4.2 3.2	Avg Qty / Serve 1010 2442 7.0 6.8 4.7 37.3 34.1 77  La Avg Qty / Serve 966 231 7.1 5.4	Avg Qty / 100g 602 144 4.2 4.1 2.8 22.2 20.3 46 Fige Avg Qty / 100g 575 137 4.2 3.2
VANILLA SUNDAE MIX: Milk, Sugar, Milk Solids, Glucose Syrup (from Maize), Cream (Milk), Emulsifiers (471, 477), Vegetable Gums (412, 407), Natural Flavour.  Contains: Milk.  Plain Chocolate Sundae  CHOCOLATE SUNDAE MIX: Milk, Milk Solids, Sugar, Cream (Milk) Glucose Syrup (Derived from Mazie), Cocoa Powder, Natural Chocolate Flavour, Emulsifiers (471, 433), Stabilisers (412, 407, 466, 407a), Natural Colour, Salt.	Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg)  Energy (kJ) Energy (Cal) Protein (g)	Avg Qty / Serve 813 194 5.6 5.5 3.8 29.9 27.4 62  Sm Avg Qty / Serve 777 186 5.7	Avg Qty / 100g 602 144 4.2 4.1 2.8 22.2 20.3 46 Avg Qty / 100g 575 137 4.2	Avg Qty / Serve 1010 2442 7.0 6.8 4.7 37.3 34.1 77  La Avg Qty / Serve 966 231 7.1	Avg Qty / 100g 602 144 4.2 4.1 2.8 2.2.2 20.3 46 Avg Qty / 100g 575 137 4.2
VANILLA SUNDAE MIX: Milk, Sugar, Milk Solids, Glucose Syrup (from Maize), Cream (Milk), Emulsifiers (471, 477), Vegetable Gums (412, 407), Natural Flavour.  Contains: Milk.  Plain Chocolate Sundae  CHOCOLATE SUNDAE MIX: Milk, Milk Solids, Sugar, Cream (Milk) Glucose Syrup (Derived from Mazie), Cocoa Powder, Natural Chocolate Flavour, Emulsifiers (471, 433), Stabilisers (412, 407, 466, 407a), Natural Colour, Salt.	Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Saturated Fat (g) Sugars (g) Sodium (mg)  Energy (kJ) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g)	Avg Qty / Serve 813 194 5.6 5.5 3.8 29.9 27.4 62  Sm Avg Qty / Serve 777 186 5.7 4.4 3.0 30.2 26.7	Avg Qty / 100g 602 44 44 41 28 22.2 20.3 46 Avg Qty / 100g 575 137 4.2 3.2 2.2 2.3 3.9	Avg Qty / Serve 1010 2442 7.0 6.8 4.7 37.3 34.1 77  La Avg Qty / Serve 966 231 7.1 5.4 3.7 37.5 33.2	Avg Qty / 100g 602 144 42 4.1 2.8 22.2 20.3 46 Avg Qty / 100g 575 137 4.2 3.2 2.2 2.3 3.2 2.2 3.3 4.3
VANILLA SUNDAE MIX: Milk, Sugar, Milk Solids, Glucose Syrup (from Maize), Cream (Milk), Emulsifiers (471, 477), Vegetable Gums (412, 407), Natural Flavour.  Contains: Milk.  Plain Chocolate Sundae  CHOCOLATE SUNDAE MIX: Milk, Milk Solids, Sugar, Cream (Milk) Glucose Syrup (Derived from Mazie), Cocoa Powder, Natural Chocolate Flavour, Emulsifiers (471, 433), Stabilisers (412, 407, 466, 407a), Natural Colour, Salt.	Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg)  Energy (kJ) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g)	Avg Qty / Serve 813 194 5.6 5.5 3.8 29.9 27.4 62 Sm Avg Qty / Serve 777 186 5.7 4.4 3.0 30.2	Avg Qty / 100g 602 1444 4.2 4.1 2.8 22.2 20.3 46 Avg Qty / 100g 575 137 4.2 3.2 2.2 2.3	Avg Qty / Serve 1010 242 7.0 6.8 4.7 37.3 34.1 77  La Avg Qty / Serve 966 231 7.1 5.4 3.7 37.5	Avg Qty / 100g 602 1444 4.2 4.1 2.8 2.2.2 20.3 46  rge Avg Qty / 100g 575 137 4.2 2.2 2.3
VANILLA SUNDAE MIX: Milk, Sugar, Milk Solids, Glucose Syrup (from Maize), Cream (Milk), Emulsifiers (471, 477), Vegetable Gums (412, 407), Natural Flavour.  Contains: Milk.  Plain Chocolate Sundae  CHOCOLATE SUNDAE MIX: Milk, Milk Solids, Sugar, Cream (Milk) Glucose Syrup (Derived from Mazie), Cocoa Powder, Natural Chocolate Flavour, Emulsifiers (471, 433), Stabilisers (412, 407, 466, 407a), Natural Colour, Salt.  Contains: Milk.	Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Saturated Fat (g) Sugars (g) Sodium (mg)  Energy (kJ) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g)	Avg Qty / Serve 813 194 5.6 5.5 3.8 29.9 27.4 62  Sm Avg Qty / Serve 777 186 5.7 4.4 4.3 3.0 3.0 2.2 2.6.7	Avg Qty / 100g 602 144 4.2 4.1 2.8 22.2 20.3 46  Avg Qty / 100g 575 137 4.2 3.2 2.2 2.3 19.8 75	Avg Qty / Serve 1010 2442 7.0 6.8 4.7 37.3 34.1 77  La Avg Qty / Serve 966 231 7.1 5.4 3.7 37.5 33.2	Avg Qty / 100g 602 1444 4.2 4.1 2.8 2.2.2 20.3 46  TGE Avg Qty / 100g 575 137 4.2 3.2 2.2.3 19.8 75
VANILLA SUNDAE MIX: Milk, Sugar, Milk Solids, Glucose Syrup (from Maize), Cream (Milk), Emulsifiers (471, 477), Vegetable Gums (412, 407), Natural Flavour.  Contains: Milk.  Plain Chocolate Sundae CHOCOLATE SUNDAE MIX: Milk, Milk Solids, Sugar, Cream (Milk) Glucose Syrup (Derived from Mazie), Cocoa Powder, Natural Chocolate Flavour, Emulsifiers (471, 433), Stabilisers (412, 407, 466, 407a), Natural Colour, Salt.  Contains: Milk.  Plain Twin Twist Sundae (Available at participating restaurants)	Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Saturated Fat (g) Sugars (g) Sodium (mg)  Energy (kJ) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g)	Avg Qty / Serve 813 194 5.6 5.5 3.8 29.9 27.4 62  Sm Avg Qty / Serve 777 186 5.7 4.4 3.0 3.0 2.2 6.7 102	Avg Qty / 100g 602 1444 4.2 4.1 2.8 22.2 20.3 46  Avg Qty / 100g 575 137 4.2 2.2 2.3 19.8 75	Avg Qty / Serve 1010 2442 7.0 6.8 4.7 37.3 34.1 77  La Avg Qty / Serve 966 231 7.1 5.4 3.7 37.5 33.2 126	Avg Qty / 100g 602 144 4.2 4.1 2.8 2.2.2 20.3 46  rge Avg Qty / 100g 575 137 4.2 2.2 2.3 19.8 75
VANILLA SUNDAE MIX: Milk, Sugar, Milk Solids, Glucose Syrup (from Maize), Cream (Milk), Emulsifiers (471, 477), Vegetable Gums (412, 407), Natural Flavour.  Contains: Milk.  Plain Chocolate Sundae CHOCOLATE SUNDAE MIX: Milk, Milk Solids, Sugar, Cream (Milk) Glucose Syrup (Derived from Mazie), Cocoa Powder, Natural Chocolate Flavour, Emulsifiers (471, 433), Stabilisers (412, 407, 466, 407a), Natural Colour, Salt.  Contains: Milk.  Plain Twin Twist Sundae (Available at participating restaurants) VANILLA SUNDAE MIX: Milk, Sugar, Milk Solids, Glucose Syrup (from Maize), Cream (Milk), Emulsifiers (471, 477), Vegetable Gums (412, 407), Natural Flavour.	Energy (Cal) Protein (g) Fat, total (g) Fat, total (g) Saturated Fat (g) Sugars (g) Sodium (mg)  Energy (kJ) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg)	Avg Qty / Serve  813  194  5.6  5.5  3.8  29.9  27.4  62  Sm  Avg Qty / Serve  777  186  5.7  4.4  3.0  3.0.2  26.7  102	Avg Qty / 100g 602 441 442 41 42 28 222 203 46  Avg Qty / 100g 575 137 42 3.2 22 223 19.8 75	Avg Qty / Serve 1010 2442 7.0 6.8 4.7 37.3 34.1 77  La Avg Qty / Serve 966 231 7.1 5.4 3.7 37.5 33.2 126  La Avg Qty / Serve	Avg Qty / 100g 602 1144 4.2 4.1 2.8 2.2.2 2.0.3 46  Avg Qty / 100g 575 137 4.2 3.2 2.2 2.3 19.8 75
VANILLA SUNDAE MIX: Milk, Sugar, Milk Solids, Glucose Syrup (from Maize), Cream (Milk), Emulsifiers (471, 477), Vegetable Gums (412, 407), Natural Flavour.  Contains: Milk.  Plain Chocolate Sundae CHOCOLATE SUNDAE MIX: Milk, Milk Solids, Sugar, Cream (Milk) Glucose Syrup (Derived from Mazie), Cocoa Powder, Natural Chocolate Flavour, Emulsifiers (471, 433), Stabilisers (412, 407, 466, 407a), Natural Colour, Salt.  Contains: Milk.  Plain Twin Twist Sundae (Available at participating restaurants)	Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg)  Energy (kJ) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sodium (mg)	Avg Qty / Serve  813  194  5.6  5.5  3.8  29.9  27.4  62  Sm  Avg Qty / Serve  777  186  5.7  4.4  3.0  3.0.2  26.7  102  Sm  Avg Qty / Serve	Avg Qty / 100g 602 144 4.2 4.1 2.8 22.2 20.3 46  Avg Qty / 100g 575 137 4.2 3.2 2.2 2.3 19.8 75  Avg Qty / 100g 575	Avg Qty / Serve 1010 2442 7.0 6.8 4.7 37.3 34.1 77  La Avg Qty / Serve 966 231 7.1 5.4 3.7 37.5 3.2 126  La Avg Qty / Serve	Avg Qty / 100g 602 1444 4.2 4.1 2.8 22.2 20.3 46  Avg Qty / 100g 575 137 4.2 3.2 2.2 3.2 2.3 19.8 75
VANILLA SUNDAE MIX: Milk, Sugar, Milk Solids, Glucose Syrup (from Maize), Cream (Milk), Emulsifiers (471, 477), Vegetable Gums (412, 407), Natural Flavour.  Contains: Milk.  Plain Chocolate Sundae CHOCOLATE SUNDAE MIX: Milk, Milk Solids, Sugar, Cream (Milk) Glucose Syrup (Derived from Mazie), Cocoa Powder, Natural Chocolate Flavour, Emulsifiers (471, 433), Stabilisers (412, 407, 466, 407a), Natural Colour, Salt.  Contains: Milk.  Plain Twin Twist Sundae (Available at participating restaurants) VANILLA SUNDAE MIX: Milk, Sugar, Milk Solids, Glucose Syrup (Ifrom Maize), Cocoa Powder, Natural Chocolate Flavour, Emulsifiers (471, 433), Stabilisers (412, 407, 466, 407a), Natural Colour, Salt.  CHOCOLATE SUNDAE MIX: Milk, Sugar, Milk Solids, Glucose Syrup (Form Maize), Cocoa Powder, Natural Flavour. CHOCOLATE SUNDAE MIX: Milk, Milk Solids, Sugar, Cream (Milk) Glucose Syrup (Derived from Mazie), Cocoa Powder, Natural Chocolate Flavour, Emulsifiers (471, 433), Stabilisers (412, 407, 466, 407a), Natural Colour, Salt.	Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg)  Energy (kJ) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Sugars (g) Sodium (mg)	Avg Qty / Serve 813 194 5.6 5.5 3.8 29.9 27.4 62 Sm Avg Qty / Serve 777 186 3.0 3.0 2.67 102 Sm Avg Qty / Serve 795	Avg Qty / 100g 602 144 4.2 4.1 2.8 22.2 20.3 46  Avg Qty / 100g 575 137 4.2 3.2 2.2 3.2 19.8 75  nall  Avg Qty / 100g 589	Avg Qty / Serve 1010 242 7.0 6.8 4.7 37.3 34.1 77  La Avg Qty / Serve 966 231 7.1 5.4 3.7 37.5 3.2 126  La Avg Qty / Serve 989	Avg Qty / 100g 602 144 4.2 4.1 2.8 2.2.2 2.0.3 46  Avg Qty / 100g 575 137 4.2 2.2 2.3 19.8 75  Avg Qty / 100g 589 141
VANILLA SUNDAE MIX: Milk, Sugar, Milk Solids, Glucose Syrup (from Maize), Cream (Milk), Emulsifiers (471, 477), Vegetable Gums (412, 407), Natural Flavour.  Contains: Milk.  Plain Chocolate Sundae CHOCOLATE SUNDAE MIX: Milk, Milk Solids, Sugar, Cream (Milk) Glucose Syrup (Derived from Mazie), Cocoa Powder, Natural Chocolate Flavour, Emulsifiers (471, 433), Stabilisers (412, 407, 466, 407a), Natural Colour, Salt.  Contains: Milk.  Plain Twin Twist Sundae (Available at participating restaurants) VANILLA SUNDAE MIX: Milk, Sugar, Milk Solids, Glucose Syrup (from Maize), Cream (Milk), Emulsifiers (471, 477), Vegetable Gums (412, 407), Natural Flavour.	Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Saturated Fat (g) Carbohydrate (g) Sodium (mg)  Energy (k.l) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg)	Avg Qty / Serve 813 194 5.6 5.5 3.8 29.9 27.4 62  Sm Avg Qty / Serve 777 186 5.7 4.4 3.0 3.0.2 26.7 102  Sm Avg Qty / Serve 795 190 5.7	Avg Qty / 100g 602 41 444 42 4.1 2.8 22.2 20.3 46  Avg Qty / 100g 575 137 4.2 3.2 2.2 2.3 19.8 75  all  Avg Qty / 100g 589 141 4.2	Avg Qty / Serve 1010 242 7.0 6.8 4.7 37.3 34.1 77  La Avg Qty / Serve 968 231 7.1 5.4 3.7 37.5 33.2 126  La Avg Qty / Serve 989 236 7.0	Avg Qty / 100g 602 1444 4.2 4.1 2.8 22.2 20.3 46  Avg Qty / 100g 575 137 4.2 2.2 2.3 19.8 75  Avg Qty / 100g 575 137 4.2 4.2 4.2 4.3 19.8 75
VANILLA SUNDAE MIX: Milk, Sugar, Milk Solids, Glucose Syrup (from Maize), Cream (Milk), Emulsifiers (471, 477), Vegetable Gums (412, 407), Natural Flavour.  Contains: Milk.  Plain Chocolate Sundae CHOCOLATE SUNDAE MIX: Milk, Milk Solids, Sugar, Cream (Milk) Glucose Syrup (Derived from Mazie), Cocoa Powder, Natural Chocolate Flavour, Emulsifiers (471, 433), Stabilisers (412, 407, 466, 407a), Natural Colour, Salt.  Contains: Milk.  Plain Twin Twist Sundae (Available at participating restaurants) VANILLA SUNDAE MIX: Milk, Sugar, Milk Solids, Sugar, Cream (Milk), Emulsifiers (471, 477), Vegetable Gums (412, 407), Natural Flavour. CHOCOLATE SUNDAE MIX: Milk, Milk Solids, Sugar, Cream (Milk), Emulsifiers (471, 477), Vegetable Gums (412, 407), Natural Flavour. CHOCOLATE SUNDAE MIX: Milk, Milk Solids, Sugar, Cream (Milk) Glucose Syrup (Derived from Mazie), Cocoa Powder, Natural Chocolate Flavour, Emulsifiers (471, 433), Stabilisers (412, 407, 468, 407a), Natural Colour, Salt.	Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg)  Energy (kJ) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Sugars (g) Sodium (mg)	Avg Qty / Serve 813 194 5.6 5.5 3.8 29.9 27.4 62 Sm Avg Qty / Serve 777 186 3.0 3.0 2.67 102 Sm Avg Qty / Serve 795	Avg Qty / 100g 602 144 4.2 4.1 2.8 22.2 20.3 46  Avg Qty / 100g 575 137 4.2 3.2 2.2 3.2 19.8 75  nall  Avg Qty / 100g 589	Avg Qty / Serve 1010 242 7.0 6.8 4.7 37.3 34.1 77  La Avg Qty / Serve 966 231 7.1 5.4 3.7 37.5 3.2 126  La Avg Qty / Serve 989	Avg Qty / 100g 602 1444 4.2 4.1 2.8 22.2 20.3 46  Avg Qty / 100g 578 137 4.2 2.2 2.3 19.8 75  Tge  Avg Qty / 100g 578 1411
VANILLA SUNDAE MIX: Milk, Sugar, Milk Solids, Glucose Syrup (from Maize), Cream (Milk), Emulsifiers (471, 477), Vegetable Gums (412, 407), Natural Flavour.  Contains: Milk.  Plain Chocolate Sundae CHOCOLATE SUNDAE MIX: Milk, Milk Solids, Sugar, Cream (Milk) Glucose Syrup (Derived from Mazie), Cocoa Powder, Natural Chocolate Flavour, Emulsifiers (471, 433), Stabilisers (412, 407, 466, 407a), Natural Colour, Salt.  Contains: Milk.  Plain Twin Twist Sundae (Available at participating restaurants) VANILLA SUNDAE MIX: Milk, Sugar, Milk Solids, Glucose Syrup (Torm Maize), Cocoa Powder, Natural Flavour. CHOCOLATE SUNDAE MIX: Milk, Milk Solids, Sugar, Cream (Milk) Glucose Syrup (Torm Maize), Cocoa Powder, Natural Flavour. CHOCOLATE SUNDAE MIX: Milk, Milk Solids, Sugar, Cream (Milk) Glucose Syrup (Derived from Mazie), Cocoa Powder, Natural Flavour. CHOCOLATE SUNDAE MIX: Milk, Milk Solids, Sugar, Cream (Milk) Glucose Syrup (Derived from Mazie), Cocoa Powder, Natural Chocolate Flavour, Emulsifiers (471, 433), Stabilisers (412, 407, 466, 407a), Natural Colour, Salt.	Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg)  Energy (kJ) Energy (Cal) Protein (g) Fat, total (g) Sugars (g) Sodium (mg)	Avg Qty / Serve 813 194 5.6 5.5 3.8 29.9 27.4 62  Sm Avg Qty / Serve 777 186 5.7 4.4 3.0 3.0.2 26.7 102  Sm Avg Qty / Serve 795 190 5.7 4.9 3.4 3.0 3.1	Avg Qty / 100g 602 144 4.2 4.1 2.8 2.2.2 20.3 46  Avg Qty / 100g 575 137 4.2 3.2 2.2 2.3 19.8 75  Avg Qty / 100g 589 141 4.2 3.6 2.5 2.2 3.6 3.6 3.6 3.6 3.6 3.6 3.6 3.6 3.6 3.6	Avg Qty / Serve 1010 2442 7.0 6.8 4.7 37.3 34.1 77  La  Avg Qty / Serve 966 231 7.1 5.4 3.7 37.5 33.2 126  La  Avg Qty / Serve 989 236 7.0 6.1 4.2 37.4	Avg Qty / 100g 602 144 4.2 4.1 2.8 22.2 20.3 46  Avg Qty / 100g 575 137 4.2 3.2 2.2 3.2 2.3 19.8 75  Tge  Avg Qty / 100g 589 141 4.2 3.6 2.5 2.3
VANILLA SUNDAE MIX: Milk, Sugar, Milk Solids, Glucose Syrup (from Maize), Cream (Milk), Emulsifiers (471, 477), Vegetable Gums (412, 407), Natural Flavour.  Contains: Milk.  Plain Chocolate Sundae CHOCOLATE SUNDAE MIX: Milk, Milk Solids, Sugar, Cream (Milk) Glucose Syrup (Derived from Mazie), Cocoa Powder, Natural Chocolate Flavour, Emulsifiers (471, 433), Stabilisers (412, 407, 466, 407a), Natural Colour, Salt.  Contains: Milk.  Plain Twin Twist Sundae (Available at participating restaurants) VANILLA SUNDAE MIX: Milk, Sugar, Milk Solids, Glucose Syrup (Ifrom Maize), Cocoa Powder, Natural Chocolate Flavour, Emulsifiers (471, 433), Stabilisers (412, 407, 466, 407a), Natural Colour, Salt.  CHOCOLATE SUNDAE MIX: Milk, Sugar, Milk Solids, Glucose Syrup (Form Maize), Cocoa Powder, Natural Flavour. CHOCOLATE SUNDAE MIX: Milk, Milk Solids, Sugar, Cream (Milk) Glucose Syrup (Derived from Mazie), Cocoa Powder, Natural Chocolate Flavour, Emulsifiers (471, 433), Stabilisers (412, 407, 466, 407a), Natural Colour, Salt.	Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Saturated Fat (g) Sugars (g) Sodium (mg)  Energy (kJ) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Sodium (mg)  Energy (kJ) Energy (Cal) Protein (g) Fat, total (g) Sodium (mg)	Avg Qty / Serve 813 194 5.6 5.5 3.8 29.9 27.4 62  Sm Avg Qty / Serve 777 186 5.7 4.4 3.0 30.2 26.7 102  Sm Avg Qty / Serve 795 190 5.7 4.9 3.4	Avg Qty / 100g 602 144 4.2 4.1 2.8 2.2 2.0.3 46  Avg Qty / 100g 575 137 4.2 3.2 2.2 2.3 19.8 75  all  Avg Qty / 100g 589 141 4.2 3.6 2.5	Avg Qty / Serve 1010 242 7.0 6.8 4.7 37.3 34.1 77  La Avg Qty / Serve 986 231 5.4 3.7 37.5 33.2 126  La Avg Qty / Serve 989 236 7.0 6.1	Avg Qty / 100g 602 144 4.2 4.1 2.8 22.2 20.3 46   Avg Qty / 100g 575 137 4.2 3.2 2.2 2.3 19.8 75   Avg Qty / 100g 589 141 4.2 3.6 2.5

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Strawberry Sundae		Sn	nall	La	irge
VANILLA SUNDAE MIX: Milk, Sugar, Milk Solids, Glucose Syrup (from Maize), Cream (Milk), Emulsifiers (471, 477), Vegetable Gums (412, 407), Natural Flavour.		Avg Qty / Serve	Avg Qty / 100g	Avg Qty / Serve	Avg Qty / 100g
STRAWBERRY TOPPING: Strawberry, Sugar, Water, High Fructose Corn Syrup, Strawberry Juice, Thickener (E440, E410), Flavouring, Acidity Regulator (E330), Preservative (E202), Colour (E124), Stabiliser (E509).	Energy (kJ)	1120	653	1620	675
	Energy (Cal)	267	156	388	161
Contains: Milk, Sulphites.	Protein (g)	5.8	3.4	7.3	3
	Fat, total (g)	5.5	3.2	6.8	2.8
	Saturated Fat (g)	3.8	2.2	4.7	2.0
	Carbohydrate (g)	47.7	27.8	72.7	30.2
	Sugars (g)	45.2	26.4	69.7	29.0
	Sodium (mg)	64	37	80	33
Strawberry Chocolate Sundae		Sn	nall	La	ırge
CHOCOLATE SUNDAE MIX: Milk, Milk Solids, Sugar, Cream (Milk) Glucose Syrup (Derived from Mazie), Cocoa Powder, Natural Chocolate Flavour, Emulsifiers (471, 433), Stabilisers (412, 407, 466, 407a), Natural Colour, Salt.		Avg Qty / Serve	Avg Qty / 100g	Avg Qty / Serve	Avg Qty / 100g
STRAWBERRY TOPPING: Strawberry, Sugar, Water, High Fructose Corn Syrup, Strawberry Juice, Thickener (E440, E410), Flavouring, Acidity Regulator (E330), Preservative (E202), Colour (E124), Stabiliser (E509).	Energy (kJ)	1080	632	1580	656
	Energy (Cal)	259	151	377	157
Contains: Milk, Sulphites.	Protein (g)	5.9	3.4	7.4	3.1
	Fat, total (g)	4.4	2.5	5.4	2.3
	Saturated Fat (g)	3.0	1.8	3.7	1.6
	Carbohydrate (g)	47.9	28.0	73	30.3
	Sugars (g)	44.5	26.0	68.9	28.6
	Sodium (mg)	103	60	130	54
Strawberry Twin Twist Sundae (Available at participating restaurants)		Sn	nall	La	ırge
VANILLA SUNDAE MIX: Milk, Sugar, Milk Solids, Glucose Syrup (from Maize), Cream (Milk), Emulsifiers (471, 477), Vegetable Gums (412, 407), Natural Flavour.		Avg Qty / Serve	Avg Qty / 100g	Avg Qty / Serve	Avg Qty / 100g
CHOCOLATE SUNDAE MIX: Milk, Milk Solids, Sugar, Cream (Milk) Glucose Syrup (Derived from Mazie), Cocoa Powder, Natural Chocolate Flavour, Emulsifiers (471, 433), Stabilisers (412, 407, 466, 407a), Natural Colour, Salt.	Energy (kJ)	1100	643	1600	666
STRAWBERRY TOPPING: Strawberry, Sugar, Water, High Fructose Corn Syrup, Strawberry Juice, Thickener (E440, E410), Flavouring, Acidity Regulator (E330), Preservative (E202), Colour (E124), Stabiliser (E509).	Energy (Cal)	263	154	383	159
	Protein (g)	5.8	3.4	7.4	3.1
Contains: Milk, Sulphites.	Fat, total (g)	4.9	2.9	6.1	2.5
	Saturated Fat (g)	3.4	2.0	4.2	1.8
	Carbohydrate (g)	47.8	27.9	72.8	30.3
	Sugars (g)	44.9	26.2	69.3	28.8
	Sodium (mg)	83	49	105	44

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# **Change Tracker:**

Date	Document Number/Revision	Document Title	Issued	Upload Date	Description
15/08/2025	6	Aus Dessert Menu_August 2025	15/08/2025	15/08/2025	Remove yoghurt
10/02/2025	5	Aus Dessert Menu_February 2025	12/02/2025	12/02/2025	Remove yoghurt
9/02/2024	4	Aus Dessert Menu_February 2024	20/02/2024	20/02/2024	Updated allergen information for PEAL legislative requirements