



## **McDonald's Australia Desserts Menu Allergen - Ingredients - Nutrition Information**

### **Information correct as at February 2025**

At McDonald's we believe in the nutritional principals of balance, variety and moderation and that eating at McDonald's can fit into a healthy lifestyle. Our goal is to provide you with the information necessary to make informed decisions about your McDonald's menu choices. This guide can help you balance your McDonald's meal with the other meals you eat today, and every day.

This guide is for our Desserts menu. For information regarding short-time menu items, please either ask a manager in one of our restaurants or contact our Customer Service Department either via our website <http://mcdonalds.com.au/contactus> or on 02 9875 7100.

The nutrition and ingredient information is based on standard product formulations, standard product assembly and standard serving sizes. Actual sizes and assembly may vary. Due to the individual preparation of each of our menu items, actual values may vary from those listed. Variations may also occur depending on the supplier, country of origin, region of the country of origin, and the season of the year. Further, product formulations may change periodically.

### **Food Sensitivities and Preferences**

As we operate working kitchens please be aware that there is always a risk that traces of allergens may be transferred to ingredients during storage or preparation of food in our kitchens. McDonald's Restaurants are therefore unable to guarantee that any food item sold is free from cross contact of allergens.

No food items are certified as vegetarian. Whilst some ingredients may not contain animal ingredients, we cannot guarantee that there will be no cross contact with ingredients that do contain animal ingredients in our kitchens.

We have a number of Halal certified restaurants. Only those items listed on the certificate in the front counter area and drive thru booth at our restaurants serving Halal options are certified as Halal.

If you would like further information or have food sensitivities or dietary concerns regarding specific ingredients in specific menu items, please contact us at <http://mcdonalds.com.au/contactus> or call us on 02 9875 7100.

Our allergen labelling complies with Australia New Zealand Food Standards Code – Standard 1.2.3 (Registered 09 March 2021)

**Allergen Summary:** As we operate working kitchens please be aware that there is always a risk that allergen containing ingredients may be transferred during storage or preparation of food in our kitchens. McDonald's Restaurants are therefore unable to guarantee that any food item sold is free from cross contact of allergens.

|   | Gluten | Wheat | Egg | Milk | Soy | Sesame | Peanut | Tree nut |            |        |          |           |       |          |           | Fish | Crustacea | Molluscs | Sulphites | Lupin | Artificial Preservative | Artificial Colour | Artificial Flavour |        |   |
|---|--------|-------|-----|------|-----|--------|--------|----------|------------|--------|----------|-----------|-------|----------|-----------|------|-----------|----------|-----------|-------|-------------------------|-------------------|--------------------|--------|---|
|   |        |       |     |      |     |        |        | Almond   | Brazil Nut | Cashew | Hazelnut | Macadamia | Pecan | Pine Nut | Pistachio |      |           |          |           |       |                         |                   |                    | Walnut |   |
| <b>DESSERTS</b>                                 |        |       |     |      |     |        |        |          |            |        |          |           |       |          |           |      |           |          |           |       |                         |                   |                    |        |   |
| Apple Pie                                       | P      | P     |     | P    | P   |        |        |          |            |        |          |           |       |          |           |      |           |          |           |       | P                       |                   | P                  |        |   |
| Birthday Cake - Ice Cream Cake                  | M      | M     |     | P    | P   |        | M      | M        | M          | M      | M        | M         | M     | M        | M         | M    |           |          |           |       |                         |                   | P                  | P      |   |
| McDonaldland Cookies®                           | P      | P     | M   | M    | P   | M      | M      | M        | M          | M      | M        | M         | M     | M        | M         |      |           |          |           |       |                         |                   |                    | P      |   |
| Vanilla Soft Serve Cone                         | P      | P     |     | P    | P   |        |        |          |            |        |          |           |       |          |           |      |           |          |           |       |                         |                   |                    |        |   |
| Chocolate Soft Serve Cone                       | P      | P     |     | P    | P   |        |        |          |            |        |          |           |       |          |           |      |           |          |           |       |                         |                   |                    |        |   |
| Twin Twist Soft Serve Cone                      | P      | P     |     | P    | P   |        |        |          |            |        |          |           |       |          |           |      |           |          |           |       |                         |                   |                    |        |   |
| Vanilla Soft Serve Cone with Cadbury® Flake®    | P      | P     |     | P    | P   |        | M      | M        |            | M      |          |           |       |          |           |      |           |          |           |       |                         |                   |                    | P      |   |
| Chocolate Soft Serve Cone with Cadbury® Flake®  | P      | P     |     | P    | P   |        | M      | M        |            | M      |          |           |       |          |           |      |           |          |           |       |                         |                   |                    | P      |   |
| Twin Twist Soft Serve Cone with Cadbury® Flake® | P      | P     |     | P    | P   |        | M      | M        |            | M      |          |           |       |          |           |      |           |          |           |       |                         |                   |                    | P      |   |
| M&M's Minis® McFlurry®                          | P      | M     |     | P    | P   |        | M      | M        | M          | M      | M        | M         | M     | M        | M         | M    |           |          |           |       |                         |                   |                    | P      | P |
| M&M's Minis® Chocolate McFlurry®                | P      | M     |     | P    | P   |        | M      | M        | M          | M      | M        | M         | M     | M        | M         | M    |           |          |           |       |                         |                   |                    | P      | P |
| M&M's Minis® Twin Twist McFlurry®               | P      | M     |     | P    | P   |        | M      | M        | M          | M      | M        | M         | M     | M        | M         | M    |           |          |           |       |                         |                   |                    | P      | P |
| Oreo Cookies® McFlurry®                         | P      | P     |     | P    | P   |        | M      |          |            |        |          |           |       |          |           |      |           |          |           |       |                         |                   |                    |        | P |
| Oreo Cookies® Chocolate McFlurry®               | P      | P     |     | P    | P   |        | M      |          |            |        |          |           |       |          |           |      |           |          |           |       |                         |                   |                    |        | P |
| Oreo Cookies® Twin Twist McFlurry®              | P      | P     |     | P    | P   |        | M      |          |            |        |          |           |       |          |           |      |           |          |           |       |                         |                   |                    |        | P |
| Caramel Sundae                                  |        |       |     | P    |     |        |        |          |            |        |          |           |       |          |           |      |           |          |           |       |                         |                   |                    |        |   |
| Caramel Chocolate Sundae                        |        |       |     | P    |     |        |        |          |            |        |          |           |       |          |           |      |           |          |           |       |                         |                   |                    |        |   |
| Caramel Twin Twist Sundae                       |        |       |     | P    |     |        |        |          |            |        |          |           |       |          |           |      |           |          |           |       |                         |                   |                    |        |   |
| Hot Fudge Sundae                                |        |       |     | P    | P   |        |        |          |            |        |          |           |       |          |           |      |           |          |           |       |                         |                   |                    |        |   |
| Hot Fudge Chocolate Sundae                      |        |       |     | P    | P   |        |        |          |            |        |          |           |       |          |           |      |           |          |           |       |                         |                   |                    |        |   |
| Hot Fudge Twin Twist Sundae                     |        |       |     | P    | P   |        |        |          |            |        |          |           |       |          |           |      |           |          |           |       |                         |                   |                    |        |   |
| Plain Sundae                                    |        |       |     | P    |     |        |        |          |            |        |          |           |       |          |           |      |           |          |           |       |                         |                   |                    |        |   |
| Plain Chocolate Sundae                          |        |       |     | P    |     |        |        |          |            |        |          |           |       |          |           |      |           |          |           |       |                         |                   |                    |        |   |
| Plain Twin Twist Sundae                         |        |       |     | P    |     |        |        |          |            |        |          |           |       |          |           |      |           |          |           |       |                         |                   |                    |        |   |
| Strawberry Sundae                               |        |       |     | P    |     |        |        |          |            |        |          |           |       |          |           |      |           |          |           |       | P                       |                   | P                  | P      |   |
| Strawberry Chocolate Sundae                     |        |       |     | P    |     |        |        |          |            |        |          |           |       |          |           |      |           |          |           |       | P                       |                   | P                  | P      |   |
| Strawberry Twin Twist Sundae                    |        |       |     | P    |     |        |        |          |            |        |          |           |       |          |           |      |           |          |           |       | P                       |                   | P                  | P      |   |

Chart key:  
**P:** Allergen is PRESENT in the product as an ingredient, food additive or processing aid.  
**M:** Allergen may be present

| DESSERTS  |  |                                   |                |
|---|--|-----------------------------------|----------------|
| <p><b>Apple Pie</b></p> <p>Water, Apple, <b>Wheat</b> Flour, Sugar, Margarine (Vegetable Oils and Fats (Palm Oil, <b>Soy</b> Oil), Water, Emulsifiers (471, 322 From <b>Soy</b>), Salt, Natural Butter Flavour, Preservative (202), Acidity Regulator (330), Natural Colour (160a), Antioxidant (307b)), Thickeners (1412, 1422, 415, 1442), Whey Powder (From <b>Milk</b>), Iodised Salt, Dextrose, Mixed Spices, Lemon Juice Concentrate, Vegetable Gum (466), Baking Powder (Raising Agents (450, 500), Maize Starch, Mineral Salt (170)), Flavour.</p> <p><b>Contains: Gluten, Wheat, Milk, Soy.</b></p> <p><b>APPLE PIES are cooked in a McDonald's Vegetable Oil blend and may be cooked in the same equipment as products containing Gluten, Wheat, Milk, Soy.</b></p> | <b>Apple Pie</b>   |                                   |                |
|   |  | Avg Qty / Serve                   | Avg Qty / 100g |
|   | Energy (kJ)  | 1050                              | 1210           |
|   | Energy (Cal)   | 252                               | 290            |
|   | Protein (g)  | 1.9                               | 2.2            |
|   | Fat, total (g)   | 14.0                              | 16.1           |
|   | Saturated Fat (g)  | 3.2                               | 3.7            |
|   | Carbohydrate (g)   | 28.8                              | 33.1           |
|   | Sugars (g)   | 10.2                              | 11.7           |
|   | Sodium (mg)  | 136                               | 156            |
|   |  |                                   |                |
|   |  |                                   |                |
|   | <p><b>Birthday Cake - Ice Cream Cake</b></p> <p>Water, Dairy Ingredients (Reconstituted Skim <b>Milk</b>, <b>Milk</b> Solids), Sugar, Glucose Syrup, Vegetable Oil and or Cream/Butter (<b>Milk</b>), Maltodextrin, Cocoa Solids, Vegetable Origin Emulsifiers [477, 471, 322 (<b>Soy</b>)], Thickeners (Tapioca Starch, 1422), Vegetable Gum (412), Flavours, Colours (120, 100, 160a, 160c, 163), Gardenia Extract.</p> <p><b>Contains: Milk, Soy.</b></p> <p><b>May be present: Gluten, Wheat, Peanuts, Tree Nuts.</b></p>  | <b>Per Slice</b>                  |                |
|   |  | Avg Qty / Serve                   | Avg Qty / 100g |
| Energy (kJ)   |  | 335                               | 761            |
| Energy (Cal)  |  | 80                                | 182            |
| Protein (g)   |  | 0.8                               | 1.9            |
| Fat, total (g)  |  | 2.9                               | 6.6            |
| Saturated Fat (g)   |  | 2.6                               | 6.0            |
| Carbohydrate (g)  |  | 12.5                              | 28.5           |
| Sugars (g)  |  | 10.0                              | 22.8           |
| Sodium (mg)   |  | 42                                | 95             |
|   |  |                                   |                |
|   |  |                                   |                |
| <p><b>McDonaldland Cookies®</b></p> <p><b>Wheat</b> Flour, Sugar, Vegetable Oil (Antioxidant (E307b From <b>Soy</b>)), Golden Syrup, <b>Wheat</b> Starch, Salt, Baking Powder, Emulsifier (<b>Soy</b> Lecithin), Flavour.</p> <p><b>Contains: Gluten, Wheat, Soy.</b></p> <p><b>May be present: Egg, Milk, Sesame, Peanut, Tree Nuts.</b></p>   |  | <b>McDonaldland Cookies®</b>      |                |
|   |  | Avg Qty / Serve                   | Avg Qty / 100g |
|   | Energy (kJ)  | 1130                              | 1890           |
|   | Energy (Cal)   | 271                               | 452            |
|   | Protein (g)  | 3.1                               | 5.2            |
|   | Fat, total (g)   | 8.2                               | 13.7           |
|   | Saturated Fat (g)  | 4.0                               | 6.7            |
|   | Carbohydrate (g)   | 45.0                              | 75.0           |
|   | Sugars (g)   | 16.4                              | 27.3           |
|   | Sodium (mg)  | 152                               | 253            |
|   |  |                                   |                |
|   |  |                                   |                |
|   | <p><b>Vanilla Soft Serve Cone</b></p> <p>VANILLA SUNDAE MIX: <b>Milk</b>, Sugar, <b>Milk</b> Solids, Glucose Syrup (from Maize), Cream (<b>Milk</b>), Emulsifiers (471, 477), Vegetable Gums (412, 407), Natural Flavour.</p> <p>CONE: <b>Wheat</b> Flour, Vegetable Oil (Coconut), <b>Wheaten</b> Cornflour, Emulsifier (<b>Soy</b> Lecithin, (322)), Salt, Mineral Salt (500).</p> <p><b>Contains: Wheat, Gluten, Milk, Soy.</b></p>   | <b>Vanilla Soft Serve Cone</b>    |                |
|   |  | Avg Qty / Serve                   | Avg Qty / 100g |
| Energy (kJ)   |  | 574                               | 648            |
| Energy (Cal)  |  | 137                               | 155            |
| Protein (g)   |  | 3.9                               | 4.4            |
| Fat, total (g)  |  | 3.6                               | 4.1            |
| Saturated Fat (g)   |  | 2.5                               | 2.8            |
| Carbohydrate (g)  |  | 21.6                              | 24.4           |
| Sugars (g)  |  | 17.3                              | 19.5           |
| Sodium (mg)   |  | 49                                | 55             |
|   |  |                                   |                |
|   |  |                                   |                |
| <p><b>Chocolate Soft Serve Cone</b></p> <p>CHOCOLATE SUNDAE MIX: <b>Milk</b>, <b>Milk</b> Solids, Sugar, Cream (<b>Milk</b>) Glucose Syrup (Derived from Mazie), Cocoa Powder, Natural Chocolate Flavour, Emulsifiers (471, 433), Stabilisers (412, 407, 466, 407a), Natural Colour, Salt.</p> <p>CONE: <b>Wheat</b> Flour, Vegetable Oil (Coconut), <b>Wheaten</b> Cornflour, Emulsifier (<b>Soy</b> Lecithin, (322)), Salt, Mineral Salt (500).</p> <p><b>Contains: Wheat, Gluten, Milk, Soy.</b></p>   |  | <b>Chocolate Soft Serve Cone</b>  |                |
|   |  | Avg Qty / Serve                   | Avg Qty / 100g |
|   | Energy (kJ)  | 551                               | 622            |
|   | Energy (Cal)   | 132                               | 149            |
|   | Protein (g)  | 4.0                               | 4.5            |
|   | Fat, total (g)   | 2.9                               | 3.3            |
|   | Saturated Fat (g)  | 2.0                               | 2.3            |
|   | Carbohydrate (g)   | 21.8                              | 24.6           |
|   | Sugars (g)   | 16.9                              | 19.1           |
|   | Sodium (mg)  | 74                                | 84             |
|   |  |                                   |                |
|   |  |                                   |                |
|   | <p><b>Twin Twist Soft Serve Cone</b> <i>(Available at participating restaurants)</i></p> <p>CHOCOLATE SUNDAE MIX: <b>Milk</b>, <b>Milk</b> Solids, Sugar, Cream (<b>Milk</b>) Glucose Syrup (Derived from Mazie), Cocoa Powder, Natural Chocolate Flavour, Emulsifiers (471, 433), Stabilisers (412, 407, 466, 407a), Natural Colour, Salt.</p> <p>VANILLA SUNDAE MIX: <b>Milk</b>, Sugar, <b>Milk</b> Solids, Glucose Syrup (from Maize), Cream (<b>Milk</b>), Emulsifiers (471, 477), Vegetable Gums (412, 407), Natural Flavour.</p> <p>CONE: <b>Wheat</b> Flour, Vegetable Oil (Coconut), <b>Wheaten</b> Cornflour, Emulsifier (<b>Soy</b> Lecithin, (322)), Salt, Mineral Salt (500).</p> <p><b>Contains: Wheat, Gluten, Milk, Soy.</b></p> | <b>Twin Twist Soft Serve Cone</b> |                |
|   |  | Avg Qty / Serve                   | Avg Qty / 100g |
| Energy (kJ)   |  | 563                               | 635            |
| Energy (Cal)  |  | 134                               | 152            |
| Protein (g)   |  | 3.9                               | 4.5            |
| Fat, total (g)  |  | 3.3                               | 3.7            |
| Saturated Fat (g)   |  | 2.3                               | 2.5            |
| Carbohydrate (g)  |  | 21.7                              | 24.5           |
| Sugars (g)  |  | 17.1                              | 19.3           |
| Sodium (mg)   |  | 62                                | 70             |
|   |  |                                   |                |
|   |  |                                   |                |

| <p><b>Vanilla Soft Serve Cone with Cadbury® Flake®</b></p> <p>VANILLA SUNDAE MIX: <b>Milk</b>, Sugar, <b>Milk</b> Solids, Glucose Syrup (from Maize), Cream (<b>Milk</b>), Emulsifiers (471, 477), Vegetable Gums (412, 407), Natural Flavour.</p> <p>CADBURY® FLAKE®: Full Cream <b>Milk</b>, Sugar, Cocoa Butter, Cocoa Mass, <b>Milk</b> Solids, Emulsifiers (<b>Soy</b> Lecithin, 476), Flavours.</p> <p>CONE: <b>Wheat</b> Flour, Vegetable Oil (Coconut), <b>Wheaten</b> Cornflour, Emulsifier (<b>Soy</b> Lecithin, (322)), Salt, Mineral Salt (500).</p> <p><b>Contains: Gluten, Wheat, Milk, Soy.</b></p> <p><b>CADBURY® FLAKE® is produced in the same facility as products containing Gluten, Wheat, Peanuts, Tree Nuts (Almonds, Hazelnuts).</b></p>  | <table border="1"> <thead> <tr> <th colspan="3">Vanilla Soft Serve Cone with Cadbury® Flake®</th> </tr> <tr> <th></th> <th>Avg Qty / Serve</th> <th>Avg Qty / 100g</th> </tr> </thead> <tbody> <tr> <td>Energy (kJ)</td> <td>760</td> <td>783</td> </tr> <tr> <td>Energy (Cal)</td> <td>182</td> <td>187</td> </tr> <tr> <td>Protein (g)</td> <td>4.5</td> <td>4.7</td> </tr> <tr> <td>Fat, total (g)</td> <td>6.1</td> <td>6.3</td> </tr> <tr> <td>Saturated Fat (g)</td> <td>4.0</td> <td>4.1</td> </tr> <tr> <td>Carbohydrate (g)</td> <td>26.6</td> <td>27.4</td> </tr> <tr> <td>Sugars (g)</td> <td>22.2</td> <td>22.8</td> </tr> <tr> <td>Sodium (mg)</td> <td>56</td> <td>58</td> </tr> </tbody> </table>    | Vanilla Soft Serve Cone with Cadbury® Flake®    |  |  |  | Avg Qty / Serve | Avg Qty / 100g | Energy (kJ) | 760  | 783 | Energy (Cal) | 182 | 187 | Protein (g) | 4.5 | 4.7 | Fat, total (g) | 6.1  | 6.3 | Saturated Fat (g) | 4.0 | 4.1 | Carbohydrate (g) | 26.6 | 27.4 | Sugars (g) | 22.2 | 22.8 | Sodium (mg) | 56  | 58 |
|---|---|---|--|--|--|-----------------|----------------|-------------|------|-----|--------------|-----|-----|-------------|-----|-----|----------------|------|-----|-------------------|-----|-----|------------------|------|------|------------|------|------|-------------|-----|----|
| Vanilla Soft Serve Cone with Cadbury® Flake®  |   |   |  |  |  |                 |                |             |      |     |              |     |     |             |     |     |                |      |     |                   |     |     |                  |      |      |            |      |      |             |     |    |
|   | Avg Qty / Serve   | Avg Qty / 100g                                  |  |  |  |                 |                |             |      |     |              |     |     |             |     |     |                |      |     |                   |     |     |                  |      |      |            |      |      |             |     |    |
| Energy (kJ)   | 760   | 783   |  |  |  |                 |                |             |      |     |              |     |     |             |     |     |                |      |     |                   |     |     |                  |      |      |            |      |      |             |     |    |
| Energy (Cal)  | 182   | 187   |  |  |  |                 |                |             |      |     |              |     |     |             |     |     |                |      |     |                   |     |     |                  |      |      |            |      |      |             |     |    |
| Protein (g)   | 4.5   | 4.7   |  |  |  |                 |                |             |      |     |              |     |     |             |     |     |                |      |     |                   |     |     |                  |      |      |            |      |      |             |     |    |
| Fat, total (g)  | 6.1   | 6.3   |  |  |  |                 |                |             |      |     |              |     |     |             |     |     |                |      |     |                   |     |     |                  |      |      |            |      |      |             |     |    |
| Saturated Fat (g)   | 4.0   | 4.1   |  |  |  |                 |                |             |      |     |              |     |     |             |     |     |                |      |     |                   |     |     |                  |      |      |            |      |      |             |     |    |
| Carbohydrate (g)  | 26.6  | 27.4  |  |  |  |                 |                |             |      |     |              |     |     |             |     |     |                |      |     |                   |     |     |                  |      |      |            |      |      |             |     |    |
| Sugars (g)  | 22.2  | 22.8  |  |  |  |                 |                |             |      |     |              |     |     |             |     |     |                |      |     |                   |     |     |                  |      |      |            |      |      |             |     |    |
| Sodium (mg)   | 56  | 58  |  |  |  |                 |                |             |      |     |              |     |     |             |     |     |                |      |     |                   |     |     |                  |      |      |            |      |      |             |     |    |
| <p><b>Chocolate Soft Serve Cone with Cadbury® Flake®</b></p> <p>CHOCOLATE SUNDAE MIX: <b>Milk</b>, <b>Milk</b> Solids, Sugar, Cream (<b>Milk</b>) Glucose Syrup (Derived from Mazie), Cocoa Powder, Natural Chocolate Flavour, Emulsifiers (471, 433), Stabilisers (412, 407, 466, 407a), Natural Colour, Salt.</p> <p>CADBURY® FLAKE®: Full Cream <b>Milk</b>, Sugar, Cocoa Butter, Cocoa Mass, <b>Milk</b> Solids, Emulsifiers (<b>Soy</b> Lecithin, 476), Flavours.</p> <p>CONE: <b>Wheat</b> Flour, Vegetable Oil (Coconut), <b>Wheaten</b> Cornflour, Emulsifier (<b>Soy</b> Lecithin, (322)), Salt, Mineral Salt (500).</p> <p><b>Contains: Gluten, Wheat, Milk, Soy.</b></p> <p><b>CADBURY® FLAKE® is produced in the same facility as products containing Gluten, Wheat, Peanuts, Tree Nuts (Almonds, Hazelnuts).</b></p>   | <table border="1"> <thead> <tr> <th colspan="3">Chocolate Soft Serve Cone with Cadbury® Flake®</th> </tr> <tr> <th></th> <th>Avg Qty / Serve</th> <th>Avg Qty / 100g</th> </tr> </thead> <tbody> <tr> <td>Energy (kJ)</td> <td>737</td> <td>759</td> </tr> <tr> <td>Energy (Cal)</td> <td>176</td> <td>181</td> </tr> <tr> <td>Protein (g)</td> <td>4.6</td> <td>4.8</td> </tr> <tr> <td>Fat, total (g)</td> <td>5.4</td> <td>5.6</td> </tr> <tr> <td>Saturated Fat (g)</td> <td>3.5</td> <td>3.6</td> </tr> <tr> <td>Carbohydrate (g)</td> <td>26.8</td> <td>27.6</td> </tr> <tr> <td>Sugars (g)</td> <td>21.8</td> <td>22.4</td> </tr> <tr> <td>Sodium (mg)</td> <td>81</td> <td>84</td> </tr> </tbody> </table>  | Chocolate Soft Serve Cone with Cadbury® Flake®  |  |  |  | Avg Qty / Serve | Avg Qty / 100g | Energy (kJ) | 737  | 759 | Energy (Cal) | 176 | 181 | Protein (g) | 4.6 | 4.8 | Fat, total (g) | 5.4  | 5.6 | Saturated Fat (g) | 3.5 | 3.6 | Carbohydrate (g) | 26.8 | 27.6 | Sugars (g) | 21.8 | 22.4 | Sodium (mg) | 81  | 84 |
| Chocolate Soft Serve Cone with Cadbury® Flake®  |   |   |  |  |  |                 |                |             |      |     |              |     |     |             |     |     |                |      |     |                   |     |     |                  |      |      |            |      |      |             |     |    |
|   | Avg Qty / Serve   | Avg Qty / 100g                                  |  |  |  |                 |                |             |      |     |              |     |     |             |     |     |                |      |     |                   |     |     |                  |      |      |            |      |      |             |     |    |
| Energy (kJ)   | 737   | 759   |  |  |  |                 |                |             |      |     |              |     |     |             |     |     |                |      |     |                   |     |     |                  |      |      |            |      |      |             |     |    |
| Energy (Cal)  | 176   | 181   |  |  |  |                 |                |             |      |     |              |     |     |             |     |     |                |      |     |                   |     |     |                  |      |      |            |      |      |             |     |    |
| Protein (g)   | 4.6   | 4.8   |  |  |  |                 |                |             |      |     |              |     |     |             |     |     |                |      |     |                   |     |     |                  |      |      |            |      |      |             |     |    |
| Fat, total (g)  | 5.4   | 5.6   |  |  |  |                 |                |             |      |     |              |     |     |             |     |     |                |      |     |                   |     |     |                  |      |      |            |      |      |             |     |    |
| Saturated Fat (g)   | 3.5   | 3.6   |  |  |  |                 |                |             |      |     |              |     |     |             |     |     |                |      |     |                   |     |     |                  |      |      |            |      |      |             |     |    |
| Carbohydrate (g)  | 26.8  | 27.6  |  |  |  |                 |                |             |      |     |              |     |     |             |     |     |                |      |     |                   |     |     |                  |      |      |            |      |      |             |     |    |
| Sugars (g)  | 21.8  | 22.4  |  |  |  |                 |                |             |      |     |              |     |     |             |     |     |                |      |     |                   |     |     |                  |      |      |            |      |      |             |     |    |
| Sodium (mg)   | 81  | 84  |  |  |  |                 |                |             |      |     |              |     |     |             |     |     |                |      |     |                   |     |     |                  |      |      |            |      |      |             |     |    |
| <p><b>Twin Twist Soft Serve Cone with Cadbury® Flake®</b> <i>(Available at participating restaurants)</i></p> <p>VANILLA SUNDAE MIX: <b>Milk</b>, Sugar, <b>Milk</b> Solids, Glucose Syrup (from Maize), Cream (<b>Milk</b>), Emulsifiers (471, 477), Vegetable Gums (412, 407), Natural Flavour.</p> <p>CHOCOLATE SUNDAE MIX: <b>Milk</b>, <b>Milk</b> Solids, Sugar, Cream (<b>Milk</b>) Glucose Syrup (Derived from Mazie), Cocoa Powder, Natural Chocolate Flavour, Emulsifiers (471, 433), Stabilisers (412, 407, 466, 407a), Natural Colour, Salt.</p> <p>CADBURY® FLAKE®: Full Cream <b>Milk</b>, Sugar, Cocoa Butter, Cocoa Mass, <b>Milk</b> Solids, Emulsifiers (<b>Soy</b> Lecithin, 476), Flavours.</p> <p>CONE: <b>Wheat</b> Flour, Vegetable Oil (Coconut), <b>Wheaten</b> Cornflour, Emulsifier (<b>Soy</b> Lecithin, (322)), Salt, Mineral Salt (500).</p> <p><b>Contains: Gluten, Wheat, Milk, Soy.</b></p> <p><b>CADBURY® FLAKE® is produced in the same facility as products containing Gluten, Wheat, Peanuts, Tree Nuts (Almonds, Hazelnuts).</b></p>  | <table border="1"> <thead> <tr> <th colspan="3">Twin Twist Soft Serve Cone with Cadbury® Flake®</th> </tr> <tr> <th></th> <th>Avg Qty / Serve</th> <th>Avg Qty / 100g</th> </tr> </thead> <tbody> <tr> <td>Energy (kJ)</td> <td>749</td> <td>771</td> </tr> <tr> <td>Energy (Cal)</td> <td>179</td> <td>184</td> </tr> <tr> <td>Protein (g)</td> <td>4.6</td> <td>4.7</td> </tr> <tr> <td>Fat, total (g)</td> <td>5.7</td> <td>5.9</td> </tr> <tr> <td>Saturated Fat (g)</td> <td>3.7</td> <td>3.9</td> </tr> <tr> <td>Carbohydrate (g)</td> <td>26.7</td> <td>27.5</td> </tr> <tr> <td>Sugars (g)</td> <td>22.0</td> <td>22.6</td> </tr> <tr> <td>Sodium (mg)</td> <td>69</td> <td>71</td> </tr> </tbody> </table> | Twin Twist Soft Serve Cone with Cadbury® Flake® |  |  |  | Avg Qty / Serve | Avg Qty / 100g | Energy (kJ) | 749  | 771 | Energy (Cal) | 179 | 184 | Protein (g) | 4.6 | 4.7 | Fat, total (g) | 5.7  | 5.9 | Saturated Fat (g) | 3.7 | 3.9 | Carbohydrate (g) | 26.7 | 27.5 | Sugars (g) | 22.0 | 22.6 | Sodium (mg) | 69  | 71 |
| Twin Twist Soft Serve Cone with Cadbury® Flake®   |   |   |  |  |  |                 |                |             |      |     |              |     |     |             |     |     |                |      |     |                   |     |     |                  |      |      |            |      |      |             |     |    |
|   | Avg Qty / Serve   | Avg Qty / 100g                                  |  |  |  |                 |                |             |      |     |              |     |     |             |     |     |                |      |     |                   |     |     |                  |      |      |            |      |      |             |     |    |
| Energy (kJ)   | 749   | 771   |  |  |  |                 |                |             |      |     |              |     |     |             |     |     |                |      |     |                   |     |     |                  |      |      |            |      |      |             |     |    |
| Energy (Cal)  | 179   | 184   |  |  |  |                 |                |             |      |     |              |     |     |             |     |     |                |      |     |                   |     |     |                  |      |      |            |      |      |             |     |    |
| Protein (g)   | 4.6   | 4.7   |  |  |  |                 |                |             |      |     |              |     |     |             |     |     |                |      |     |                   |     |     |                  |      |      |            |      |      |             |     |    |
| Fat, total (g)  | 5.7   | 5.9   |  |  |  |                 |                |             |      |     |              |     |     |             |     |     |                |      |     |                   |     |     |                  |      |      |            |      |      |             |     |    |
| Saturated Fat (g)   | 3.7   | 3.9   |  |  |  |                 |                |             |      |     |              |     |     |             |     |     |                |      |     |                   |     |     |                  |      |      |            |      |      |             |     |    |
| Carbohydrate (g)  | 26.7  | 27.5  |  |  |  |                 |                |             |      |     |              |     |     |             |     |     |                |      |     |                   |     |     |                  |      |      |            |      |      |             |     |    |
| Sugars (g)  | 22.0  | 22.6  |  |  |  |                 |                |             |      |     |              |     |     |             |     |     |                |      |     |                   |     |     |                  |      |      |            |      |      |             |     |    |
| Sodium (mg)   | 69  | 71  |  |  |  |                 |                |             |      |     |              |     |     |             |     |     |                |      |     |                   |     |     |                  |      |      |            |      |      |             |     |    |
| <p><b>M&amp;M's Minis® McFlurry®</b></p> <p>VANILLA SUNDAE MIX: <b>Milk</b>, Sugar, <b>Milk</b> Solids, Glucose Syrup (from Maize), Cream (<b>Milk</b>), Emulsifiers (471, 477), Vegetable Gums (412, 407), Natural Flavour.</p> <p>M&amp;M'S MINI® TOPPING: <b>Milk</b> Chocolate [Sugar, <b>Milk</b> Solids, Cocoa Mass, Cocoa Butter, Vegetable Fat, Emulsifier (<b>Soy</b> Lecithin), Salt, Flavour], Sugar, Cocoa Mass, Cocoa Butter, <b>Milk</b> Solids, Vegetable Fat, Glucose Syrup, Emulsifier (<b>Soy</b> Lecithin), Colours (171, 102, 129, 110, 133), Vegetable Gum, Thickener (1400), Salt, Glazing Agent [(903), Vegetable Oil], Flavour, Malt Extract (<b>Barley</b>).</p> <p><b>Contains: Gluten, Milk, Soy.</b></p> <p><b>M&amp;M'S MINI® TOPPING is produced in the same facility as products containing Peanuts, Tree Nuts (Almond, Brazil Nut, Cashew, Hazelnut, Macadamia, Pecan, Pine Nut, Pistachio, Walnut), Wheat.</b></p>   | <table border="1"> <thead> <tr> <th colspan="3">M&amp;M's Minis® McFlurry®</th> </tr> <tr> <th></th> <th>Avg Qty / Serve</th> <th>Avg Qty / 100g</th> </tr> </thead> <tbody> <tr> <td>Energy (kJ)</td> <td>1630</td> <td>869</td> </tr> <tr> <td>Energy (Cal)</td> <td>390</td> <td>208</td> </tr> <tr> <td>Protein (g)</td> <td>8.3</td> <td>4.4</td> </tr> <tr> <td>Fat, total (g)</td> <td>13.5</td> <td>7.2</td> </tr> <tr> <td>Saturated Fat (g)</td> <td>8.9</td> <td>4.7</td> </tr> <tr> <td>Carbohydrate (g)</td> <td>57.5</td> <td>30.6</td> </tr> <tr> <td>Sugars (g)</td> <td>53.4</td> <td>28.4</td> </tr> <tr> <td>Sodium (mg)</td> <td>97</td> <td>52</td> </tr> </tbody> </table>                    | M&M's Minis® McFlurry®                          |  |  |  | Avg Qty / Serve | Avg Qty / 100g | Energy (kJ) | 1630 | 869 | Energy (Cal) | 390 | 208 | Protein (g) | 8.3 | 4.4 | Fat, total (g) | 13.5 | 7.2 | Saturated Fat (g) | 8.9 | 4.7 | Carbohydrate (g) | 57.5 | 30.6 | Sugars (g) | 53.4 | 28.4 | Sodium (mg) | 97  | 52 |
| M&M's Minis® McFlurry®  |   |   |  |  |  |                 |                |             |      |     |              |     |     |             |     |     |                |      |     |                   |     |     |                  |      |      |            |      |      |             |     |    |
|   | Avg Qty / Serve   | Avg Qty / 100g                                  |  |  |  |                 |                |             |      |     |              |     |     |             |     |     |                |      |     |                   |     |     |                  |      |      |            |      |      |             |     |    |
| Energy (kJ)   | 1630  | 869   |  |  |  |                 |                |             |      |     |              |     |     |             |     |     |                |      |     |                   |     |     |                  |      |      |            |      |      |             |     |    |
| Energy (Cal)  | 390   | 208   |  |  |  |                 |                |             |      |     |              |     |     |             |     |     |                |      |     |                   |     |     |                  |      |      |            |      |      |             |     |    |
| Protein (g)   | 8.3   | 4.4   |  |  |  |                 |                |             |      |     |              |     |     |             |     |     |                |      |     |                   |     |     |                  |      |      |            |      |      |             |     |    |
| Fat, total (g)  | 13.5  | 7.2   |  |  |  |                 |                |             |      |     |              |     |     |             |     |     |                |      |     |                   |     |     |                  |      |      |            |      |      |             |     |    |
| Saturated Fat (g)   | 8.9   | 4.7   |  |  |  |                 |                |             |      |     |              |     |     |             |     |     |                |      |     |                   |     |     |                  |      |      |            |      |      |             |     |    |
| Carbohydrate (g)  | 57.5  | 30.6  |  |  |  |                 |                |             |      |     |              |     |     |             |     |     |                |      |     |                   |     |     |                  |      |      |            |      |      |             |     |    |
| Sugars (g)  | 53.4  | 28.4  |  |  |  |                 |                |             |      |     |              |     |     |             |     |     |                |      |     |                   |     |     |                  |      |      |            |      |      |             |     |    |
| Sodium (mg)   | 97  | 52  |  |  |  |                 |                |             |      |     |              |     |     |             |     |     |                |      |     |                   |     |     |                  |      |      |            |      |      |             |     |    |
| <p><b>M&amp;M's Minis® Chocolate McFlurry®</b></p> <p>CHOCOLATE SUNDAE MIX: <b>Milk</b>, <b>Milk</b> Solids, Sugar, Cream (<b>Milk</b>) Glucose Syrup (Derived from Mazie), Cocoa Powder, Natural Chocolate Flavour, Emulsifiers (471, 433), Stabilisers (412, 407, 466, 407a), Natural Colour, Salt.</p> <p>M&amp;M'S MINI® TOPPING: <b>Milk</b> Chocolate [Sugar, <b>Milk</b> Solids, Cocoa Mass, Cocoa Butter, Vegetable Fat, Emulsifier (<b>Soy</b> Lecithin), Salt, Flavour], Sugar, Cocoa Mass, Cocoa Butter, <b>Milk</b> Solids, Vegetable Fat, Glucose Syrup, Emulsifier (<b>Soy</b> Lecithin), Colours (171, 102, 129, 110, 133), Vegetable Gum, Thickener (1400), Salt, Glazing Agent [(903), Vegetable Oil], Flavour, Malt Extract (<b>Barley</b>).</p> <p><b>Contains: Gluten, Milk, Soy.</b></p> <p><b>M&amp;M'S MINI® TOPPING is produced in the same facility as products containing Peanuts, Tree Nuts (Almond, Brazil Nut, Cashew, Hazelnut, Macadamia, Pecan, Pine Nut, Pistachio, Walnut), Wheat.</b></p>  | <table border="1"> <thead> <tr> <th colspan="3">M&amp;M's Minis® Chocolate McFlurry®</th> </tr> <tr> <th></th> <th>Avg Qty / Serve</th> <th>Avg Qty / 100g</th> </tr> </thead> <tbody> <tr> <td>Energy (kJ)</td> <td>1590</td> <td>847</td> </tr> <tr> <td>Energy (Cal)</td> <td>381</td> <td>202</td> </tr> <tr> <td>Protein (g)</td> <td>8.4</td> <td>4.5</td> </tr> <tr> <td>Fat, total (g)</td> <td>12.3</td> <td>6.5</td> </tr> <tr> <td>Saturated Fat (g)</td> <td>8.0</td> <td>4.2</td> </tr> <tr> <td>Carbohydrate (g)</td> <td>57.7</td> <td>30.7</td> </tr> <tr> <td>Sugars (g)</td> <td>52.7</td> <td>28.0</td> </tr> <tr> <td>Sodium (mg)</td> <td>142</td> <td>76</td> </tr> </tbody> </table>         | M&M's Minis® Chocolate McFlurry®                |  |  |  | Avg Qty / Serve | Avg Qty / 100g | Energy (kJ) | 1590 | 847 | Energy (Cal) | 381 | 202 | Protein (g) | 8.4 | 4.5 | Fat, total (g) | 12.3 | 6.5 | Saturated Fat (g) | 8.0 | 4.2 | Carbohydrate (g) | 57.7 | 30.7 | Sugars (g) | 52.7 | 28.0 | Sodium (mg) | 142 | 76 |
| M&M's Minis® Chocolate McFlurry®  |   |   |  |  |  |                 |                |             |      |     |              |     |     |             |     |     |                |      |     |                   |     |     |                  |      |      |            |      |      |             |     |    |
|   | Avg Qty / Serve   | Avg Qty / 100g                                  |  |  |  |                 |                |             |      |     |              |     |     |             |     |     |                |      |     |                   |     |     |                  |      |      |            |      |      |             |     |    |
| Energy (kJ)   | 1590  | 847   |  |  |  |                 |                |             |      |     |              |     |     |             |     |     |                |      |     |                   |     |     |                  |      |      |            |      |      |             |     |    |
| Energy (Cal)  | 381   | 202   |  |  |  |                 |                |             |      |     |              |     |     |             |     |     |                |      |     |                   |     |     |                  |      |      |            |      |      |             |     |    |
| Protein (g)   | 8.4   | 4.5   |  |  |  |                 |                |             |      |     |              |     |     |             |     |     |                |      |     |                   |     |     |                  |      |      |            |      |      |             |     |    |
| Fat, total (g)  | 12.3  | 6.5   |  |  |  |                 |                |             |      |     |              |     |     |             |     |     |                |      |     |                   |     |     |                  |      |      |            |      |      |             |     |    |
| Saturated Fat (g)   | 8.0   | 4.2   |  |  |  |                 |                |             |      |     |              |     |     |             |     |     |                |      |     |                   |     |     |                  |      |      |            |      |      |             |     |    |
| Carbohydrate (g)  | 57.7  | 30.7  |  |  |  |                 |                |             |      |     |              |     |     |             |     |     |                |      |     |                   |     |     |                  |      |      |            |      |      |             |     |    |
| Sugars (g)  | 52.7  | 28.0  |  |  |  |                 |                |             |      |     |              |     |     |             |     |     |                |      |     |                   |     |     |                  |      |      |            |      |      |             |     |    |
| Sodium (mg)   | 142   | 76  |  |  |  |                 |                |             |      |     |              |     |     |             |     |     |                |      |     |                   |     |     |                  |      |      |            |      |      |             |     |    |
| <p><b>M&amp;M's Minis® Twin Twist McFlurry®</b> <i>(Available at participating restaurants)</i></p> <p>VANILLA SUNDAE MIX: <b>Milk</b>, Sugar, <b>Milk</b> Solids, Glucose Syrup (from Maize), Cream (<b>Milk</b>), Emulsifiers (471, 477), Vegetable Gums (412, 407), Natural Flavour.</p> <p>CHOCOLATE SUNDAE MIX: <b>Milk</b>, <b>Milk</b> Solids, Sugar, Cream (<b>Milk</b>) Glucose Syrup (Derived from Mazie), Cocoa Powder, Natural Chocolate Flavour, Emulsifiers (471, 433), Stabilisers (412, 407, 466, 407a), Natural Colour, Salt.</p> <p>M&amp;M'S MINI® TOPPING: <b>Milk</b> Chocolate [Sugar, <b>Milk</b> Solids, Cocoa Mass, Cocoa Butter, Vegetable Fat, Emulsifier (<b>Soy</b> Lecithin), Salt, Flavour], Sugar, Cocoa Mass, Cocoa Butter, <b>Milk</b> Solids, Vegetable Fat, Glucose Syrup, Emulsifier (<b>Soy</b> Lecithin), Colours (171, 102, 129, 110, 133), Vegetable Gum, Thickener (1400), Salt, Glazing Agent [(903), Vegetable Oil], Flavour, Malt Extract (<b>Barley</b>).</p> <p><b>Contains: Gluten, Milk, Soy.</b></p> <p><b>M&amp;M'S MINI® TOPPING is produced in the same facility as products containing Peanuts, Tree Nuts (Almond, Brazil Nut, Cashew, Hazelnut, Macadamia, Pecan, Pine Nut, Pistachio, Walnut), Wheat.</b></p> | <table border="1"> <thead> <tr> <th colspan="3">M&amp;M's Minis® Twin Twist McFlurry®</th> </tr> <tr> <th></th> <th>Avg Qty / Serve</th> <th>Avg Qty / 100g</th> </tr> </thead> <tbody> <tr> <td>Energy (kJ)</td> <td>1610</td> <td>858</td> </tr> <tr> <td>Energy (Cal)</td> <td>386</td> <td>205</td> </tr> <tr> <td>Protein (g)</td> <td>8.3</td> <td>4.4</td> </tr> <tr> <td>Fat, total (g)</td> <td>12.9</td> <td>6.9</td> </tr> <tr> <td>Saturated Fat (g)</td> <td>8.4</td> <td>4.5</td> </tr> <tr> <td>Carbohydrate (g)</td> <td>57.6</td> <td>30.6</td> </tr> <tr> <td>Sugars (g)</td> <td>53.0</td> <td>28.2</td> </tr> <tr> <td>Sodium (mg)</td> <td>120</td> <td>64</td> </tr> </tbody> </table>        | M&M's Minis® Twin Twist McFlurry®               |  |  |  | Avg Qty / Serve | Avg Qty / 100g | Energy (kJ) | 1610 | 858 | Energy (Cal) | 386 | 205 | Protein (g) | 8.3 | 4.4 | Fat, total (g) | 12.9 | 6.9 | Saturated Fat (g) | 8.4 | 4.5 | Carbohydrate (g) | 57.6 | 30.6 | Sugars (g) | 53.0 | 28.2 | Sodium (mg) | 120 | 64 |
| M&M's Minis® Twin Twist McFlurry®   |   |   |  |  |  |                 |                |             |      |     |              |     |     |             |     |     |                |      |     |                   |     |     |                  |      |      |            |      |      |             |     |    |
|   | Avg Qty / Serve   | Avg Qty / 100g                                  |  |  |  |                 |                |             |      |     |              |     |     |             |     |     |                |      |     |                   |     |     |                  |      |      |            |      |      |             |     |    |
| Energy (kJ)   | 1610  | 858   |  |  |  |                 |                |             |      |     |              |     |     |             |     |     |                |      |     |                   |     |     |                  |      |      |            |      |      |             |     |    |
| Energy (Cal)  | 386   | 205   |  |  |  |                 |                |             |      |     |              |     |     |             |     |     |                |      |     |                   |     |     |                  |      |      |            |      |      |             |     |    |
| Protein (g)   | 8.3   | 4.4   |  |  |  |                 |                |             |      |     |              |     |     |             |     |     |                |      |     |                   |     |     |                  |      |      |            |      |      |             |     |    |
| Fat, total (g)  | 12.9  | 6.9   |  |  |  |                 |                |             |      |     |              |     |     |             |     |     |                |      |     |                   |     |     |                  |      |      |            |      |      |             |     |    |
| Saturated Fat (g)   | 8.4   | 4.5   |  |  |  |                 |                |             |      |     |              |     |     |             |     |     |                |      |     |                   |     |     |                  |      |      |            |      |      |             |     |    |
| Carbohydrate (g)  | 57.6  | 30.6  |  |  |  |                 |                |             |      |     |              |     |     |             |     |     |                |      |     |                   |     |     |                  |      |      |            |      |      |             |     |    |
| Sugars (g)  | 53.0  | 28.2  |  |  |  |                 |                |             |      |     |              |     |     |             |     |     |                |      |     |                   |     |     |                  |      |      |            |      |      |             |     |    |
| Sodium (mg)   | 120   | 64  |  |  |  |                 |                |             |      |     |              |     |     |             |     |     |                |      |     |                   |     |     |                  |      |      |            |      |      |             |     |    |

| <b>Oreo Cookies® McFlurry®</b>   |  | <b>Oreo Cookies® McFlurry®</b>            |                |                 |                |      |
|--|--|---|----------------|-----------------|----------------|------|
|  |  | Avg Qty / Serve                           | Avg Qty / 100g |                 |                |      |
| VANILLA SUNDAE MIX: <b>Milk</b> , Sugar, <b>Milk</b> Solids, Glucose Syrup (from Maize), Cream ( <b>Milk</b> ), Emulsifiers (471, 477), Vegetable Gums (412, 407), Natural Flavour.<br>OREO COOKIES® PIECES: <b>Wheat</b> Flour, Sugar, Vegetable Oil (Contains Antioxidants (304, 307b, 319)), Cocoa Powder, Glucose Syrup, Salt, Raising Agents (500, 503), Emulsifier (322- <b>Soy</b> Lecithin), Flavour.<br>OR: <b>Wheat</b> Flour (Thiamine, Mononitrate, Riboflavin, Folic Acid, Zinc Oxide, Ferrous Fumarate), Sugar, Vegetable Oil (Contains Antioxidant (319)), Cocoa Powder, Fructose Syrup, Cornstarch, Non-Iodised Salt, Raising Agents (500, 503), Emulsifier (322- <b>Soy</b> Lecithin), Flavour.   |  | Energy (kJ)                               | 1300           | 758             |                |      |
|  |  | Energy (Cal)                              | 312            | 181             |                |      |
|  |  | Protein (g)                               | 7.2            | 4.2             |                |      |
|  |  | Fat, total (g)                            | 10.0           | 5.8             |                |      |
|  |  | Saturated Fat (g)                         | 6.1            | 3.5             |                |      |
|  |  | Carbohydrate (g)                          | 47.3           | 27.5            |                |      |
|  |  | Sugars (g)                                | 38.6           | 22.4            |                |      |
|  |  | Sodium (mg)                               | 172            | 100             |                |      |
| <b>Oreo Cookies® Chocolate McFlurry®</b>   |  | <b>Oreo Cookies® Chocolate McFlurry®</b>  |                |                 |                |      |
|  |  | Avg Qty / Serve                           | Avg Qty / 100g |                 |                |      |
| CHOCOLATE SUNDAE MIX: <b>Milk</b> , <b>Milk</b> Solids, Sugar, Cream ( <b>Milk</b> ) Glucose Syrup (Derived from Mazie), Cocoa Powder, Natural Chocolate Flavour, Emulsifiers (471, 433), Stabilisers (412, 407, 466, 407a), Natural Colour, Salt.<br>OREO COOKIES® PIECES: <b>Wheat</b> Flour, Sugar, Vegetable Oil (Contains Antioxidants (304, 307b, 319)), Cocoa Powder, Glucose Syrup, Salt, Raising Agents (500, 503), Emulsifier (322- <b>Soy</b> Lecithin), Flavour.<br>OR: <b>Wheat</b> Flour (Thiamine, Mononitrate, Riboflavin, Folic Acid, Zinc Oxide, Ferrous Fumarate), Sugar, Vegetable Oil (Contains Antioxidant (319)), Cocoa Powder, Fructose Syrup, Cornstarch, Non-Iodised Salt, Raising Agents (500, 503), Emulsifier (322- <b>Soy</b> Lecithin), Flavour.  |  | Energy (kJ)                               | 1260           | 734             |                |      |
|  |  | Energy (Cal)                              | 302            | 176             |                |      |
|  |  | Protein (g)                               | 7.4            | 4.3             |                |      |
|  |  | Fat, total (g)                            | 8.7            | 5.1             |                |      |
|  |  | Saturated Fat (g)                         | 5.2            | 3.0             |                |      |
|  |  | Carbohydrate (g)                          | 47.6           | 27.7            |                |      |
|  |  | Sugars (g)                                | 37.8           | 22.0            |                |      |
|  |  | Sodium (mg)                               | 217            | 126             |                |      |
| <b>Oreo Cookies® Twin Twist McFlurry® (Available at participating restaurants)</b>   |  | <b>Oreo Cookies® Twin Twist McFlurry®</b> |                |                 |                |      |
|  |  | Avg Qty / Serve                           | Avg Qty / 100g |                 |                |      |
| VANILLA SUNDAE MIX: <b>Milk</b> , Sugar, <b>Milk</b> Solids, Glucose Syrup (from Maize), Cream ( <b>Milk</b> ), Emulsifiers (471, 477), Vegetable Gums (412, 407), Natural Flavour.<br>CHOCOLATE SUNDAE MIX: <b>Milk</b> , <b>Milk</b> Solids, Sugar, Cream ( <b>Milk</b> ) Glucose Syrup (Derived from Mazie), Cocoa Powder, Natural Chocolate Flavour, Emulsifiers (471, 433), Stabilisers (412, 407, 466, 407a), Natural Colour, Salt.<br>OREO COOKIES® PIECES: <b>Wheat</b> Flour, Sugar, Vegetable Oil (Contains Antioxidants (304, 307b, 319)), Cocoa Powder, Glucose Syrup, Salt, Raising Agents (500, 503), Emulsifier (322- <b>Soy</b> Lecithin), Flavour.<br>OR: <b>Wheat</b> Flour (Thiamine, Mononitrate, Riboflavin, Folic Acid, Zinc Oxide, Ferrous Fumarate), Sugar, Vegetable Oil (Contains Antioxidant (319)), Cocoa Powder, Fructose Syrup, Cornstarch, Non-Iodised Salt, Raising Agents (500, 503), Emulsifier (322- <b>Soy</b> Lecithin), Flavour. |  | Energy (kJ)                               | 1280           | 746             |                |      |
|  |  | Energy (Cal)                              | 307            | 178             |                |      |
|  |  | Protein (g)                               | 7.3            | 4.2             |                |      |
|  |  | Fat, total (g)                            | 9.4            | 5.4             |                |      |
|  |  | Saturated Fat (g)                         | 5.6            | 3.3             |                |      |
|  |  | Carbohydrate (g)                          | 47.4           | 27.6            |                |      |
|  |  | Sugars (g)                                | 38.2           | 22.2            |                |      |
|  |  | Sodium (mg)                               | 194            | 113             |                |      |
| <b>Caramel Sundae</b>  |  | <b>Small</b>                              |                | <b>Large</b>    |                |      |
|  |  | Avg Qty / Serve                           | Avg Qty / 100g | Avg Qty / Serve | Avg Qty / 100g |      |
| VANILLA SUNDAE MIX: <b>Milk</b> , Sugar, <b>Milk</b> Solids, Glucose Syrup (from Maize), Cream ( <b>Milk</b> ), Emulsifiers (471, 477), Vegetable Gums (412, 407), Natural Flavour.<br>CARAMEL TOPPING: Glucose Syrup, Whole Sweetened Condensed <b>Milk</b> ( <b>Milk</b> , Sugar, <b>Milk</b> Solids), Invert Sugar Syrup, Water, Butter ( <b>Milk</b> ), Sugar, Emulsifiers (339, 322), Salt, Thickener (440), Natural Flavour.   |  | Energy (kJ)                               | 1350           | 774             | 2090           | 845  |
|  |  | Energy (Cal)                              | 323            | 185             | 499            | 202  |
|  |  | Protein (g)                               | 6.6            | 3.8             | 9.0            | 3.7  |
|  |  | Fat, total (g)                            | 7.5            | 4.3             | 10.8           | 4.4  |
|  |  | Saturated Fat (g)                         | 5.2            | 3.0             | 7.4            | 3.0  |
|  |  | Carbohydrate (g)                          | 56.2           | 32.2            | 89.7           | 36.3 |
|  |  | Sugars (g)                                | 48.9           | 28.0            | 76.9           | 31.2 |
|  |  | Sodium (mg)                               | 142            | 81              | 237            | 96   |
| <b>Caramel Chocolate Sundae</b>  |  | <b>Small</b>                              |                | <b>Large</b>    |                |      |
|  |  | Avg Qty / Serve                           | Avg Qty / 100g | Avg Qty / Serve | Avg Qty / 100g |      |
| CHOCOLATE SUNDAE MIX: <b>Milk</b> , <b>Milk</b> Solids, Sugar, Cream ( <b>Milk</b> ) Glucose Syrup (Derived from Mazie), Cocoa Powder, Natural Chocolate Flavour, Emulsifiers (471, 433), Stabilisers (412, 407, 466, 407a), Natural Colour, Salt.<br>CARAMEL TOPPING: Glucose Syrup, Whole Sweetened Condensed Milk (Milk, Sugar, Milk Solids), Invert Sugar Syrup, Water, Butter (Milk), Sugar, Emulsifiers (339, 322), Salt, Thickener (440), Natural Flavour.  |  | Energy (kJ)                               | 1310           | 753             | 2040           | 827  |
|  |  | Energy (Cal)                              | 314            | 180             | 488            | 3.7  |
|  |  | Protein (g)                               | 6.7            | 3.9             | 9.2            | 3.3  |
|  |  | Fat, total (g)                            | 6.3            | 3.6             | 9.4            | 3.8  |
|  |  | Saturated Fat (g)                         | 4.3            | 2.5             | 6.4            | 2.6  |
|  |  | Carbohydrate (g)                          | 56.4           | 32.3            | 90             | 36.4 |
|  |  | Sugars (g)                                | 48.1           | 4.5             | 76.1           | 30.8 |
|  |  | Sodium (mg)                               | 182            | 104             | 287            | 116  |
| <b>Caramel Twin Twist Sundae (Available at participating restaurants)</b>  |  | <b>Small</b>                              |                | <b>Large</b>    |                |      |
|  |  | Avg Qty / Serve                           | Avg Qty / 100g | Avg Qty / Serve | Avg Qty / 100g |      |
| VANILLA SUNDAE MIX: <b>Milk</b> , Sugar, <b>Milk</b> Solids, Glucose Syrup (from Maize), Cream ( <b>Milk</b> ), Emulsifiers (471, 477), Vegetable Gums (412, 407), Natural Flavour.<br>CHOCOLATE SUNDAE MIX: <b>Milk</b> , <b>Milk</b> Solids, Sugar, Cream ( <b>Milk</b> ) Glucose Syrup (Derived from Mazie), Cocoa Powder, Natural Chocolate Flavour, Emulsifiers (471, 433), Stabilisers (412, 407, 466, 407a), Natural Colour, Salt.<br>CARAMEL TOPPING: Glucose Syrup, Whole Sweetened Condensed Milk (Milk, Sugar, Milk Solids), Invert Sugar Syrup, Water, Butter (Milk), Sugar, Emulsifiers (339, 322), Salt, Thickener (440), Natural Flavour.   |  | Energy (kJ)                               | 1330           | 764             | 2060           | 836  |
|  |  | Energy (Cal)                              | 318            | 183             | 493            | 200  |
|  |  | Protein (g)                               | 6.7            | 3.8             | 9.1            | 3.7  |
|  |  | Fat, total (g)                            | 6.9            | 3.9             | 10.1           | 4.1  |
|  |  | Saturated Fat (g)                         | 4.8            | 2.7             | 6.9            | 2.8  |
|  |  | Carbohydrate (g)                          | 56.3           | 32.2            | 89.8           | 36.4 |
|  |  | Sugars (g)                                | 48.5           | 27.8            | 76.5           | 31.0 |
|  |  | Sodium (mg)                               | 162            | 93              | 262            | 106  |

| <b>Hot Fudge Sundae</b>  | <b>Small</b>    |                | <b>Large</b>    |                |
|--|-----------------|----------------|-----------------|----------------|
|  | Avg Qty / Serve | Avg Qty / 100g | Avg Qty / Serve | Avg Qty / 100g |
| VANILLA SUNDAE MIX: <b>Milk</b> , Sugar, <b>Milk</b> Solids, Glucose Syrup (from Maize), Cream ( <b>Milk</b> ), Emulsifiers (471, 477), Vegetable Gums (412, 407), Natural Flavour.  | 1430            | 826            | 2240            | 920            |
| HOT FUDGE TOPPING: Sugar, Water, Glucose Corn Syrup, Hydrogenated Palm Kernel Olein (Emulsifier (322 - Soy Lecithin)), Whole Sweetened Condensed <b>Milk</b> (Milk, Milk Powder, Sugar, Lactose), Cocoa Powder, Whole Milk Powder, Thickeners (1422, 401), Salt, Stabiliser (339), Flavouring, Preservative (202). | 341             | 197            | 536             | 220            |
| <b>Contains: Milk, Soy.</b>  | 6.4             | 3.7            | 8.7             | 3.6            |
|  | 8.5             | 4.9            | 12.8            | 5.2            |
|  | 6.3             | 3.7            | 9.8             | 4.0            |
|  | 58.6            | 33.9           | 94.7            | 38.9           |
|  | 47.5            | 27.5           | 74.2            | 30.5           |
|  | 121             | 70             | 196             | 80             |

  

| <b>Hot Fudge Chocolate Sundae</b>  | <b>Small</b>    |                | <b>Large</b>    |                |
|--|-----------------|----------------|-----------------|----------------|
|  | Avg Qty / Serve | Avg Qty / 100g | Avg Qty / Serve | Avg Qty / 100g |
| CHOCOLATE SUNDAE MIX: <b>Milk</b> , <b>Milk</b> Solids, Sugar, Cream ( <b>Milk</b> ) Glucose Syrup (Derived from Mazie), Cocoa Powder, Natural Chocolate Flavour, Emulsifiers (471, 433), Stabilisers (412, 407, 466, 407a), Natural Colour, Salt.   | 1390            | 805            | 2200            | 905            |
| HOT FUDGE TOPPING: Sugar, Water, Glucose Corn Syrup, Hydrogenated Palm Kernel Olein (Emulsifier (322 - Soy Lecithin)), Whole Sweetened Condensed Milk ( <b>Milk</b> , <b>Milk</b> Powder, Sugar, Lactose), Cocoa Powder, Whole <b>Milk</b> Powder, Thickeners (1422, 401), Salt, Stabiliser (339), Flavouring, Preservative (202). | 333             | 192            | 525             | 215            |
| <b>Contains: Milk, Soy.</b>  | 6.6             | 3.8            | 8.8             | 3.6            |
|  | 7.4             | 4.3            | 11.4            | 4.7            |
|  | 5.5             | 3.2            | 8.8             | 3.6            |
|  | 58.9            | 34.1           | 95              | 39.0           |
|  | 46.8            | 27.1           | 73.4            | 30.1           |
|  | 161             | 93             | 245             | 101            |

  

| <b>Hot Fudge Twin Twist Sundae (Available at participating restaurants)</b>  | <b>Small</b>    |                | <b>Large</b>    |                |
|--|-----------------|----------------|-----------------|----------------|
|  | Avg Qty / Serve | Avg Qty / 100g | Avg Qty / Serve | Avg Qty / 100g |
| VANILLA SUNDAE MIX: <b>Milk</b> , Sugar, <b>Milk</b> Solids, Glucose Syrup (from Maize), Cream ( <b>Milk</b> ), Emulsifiers (471, 477), Vegetable Gums (412, 407), Natural Flavour.  | 1410            | 816            | 2220            | 911            |
| CHOCOLATE SUNDAE MIX: <b>Milk</b> , <b>Milk</b> Solids, Sugar, Cream ( <b>Milk</b> ) Glucose Syrup (Derived from Mazie), Cocoa Powder, Natural Chocolate Flavour, Emulsifiers (471, 433), Stabilisers (412, 407, 466, 407a), Natural Colour, Salt.   | 337             | 195            | 530             | 218            |
| HOT FUDGE TOPPING: Sugar, Water, Glucose Corn Syrup, Hydrogenated Palm Kernel Olein (Emulsifier (322 - Soy Lecithin)), Whole Sweetened Condensed Milk ( <b>Milk</b> , <b>Milk</b> Powder, Sugar, Lactose), Cocoa Powder, Whole <b>Milk</b> Powder, Thickeners (1422, 401), Salt, Stabiliser (339), Flavouring, Preservative (202). | 6.5             | 3.8            | 8.7             | 3.6            |
| <b>Contains: Milk, Soy.</b>  | 7.9             | 4.6            | 12.1            | 5.0            |
|  | 5.9             | 3.4            | 9.3             | 3.8            |
|  | 58.8            | 34.0           | 94.8            | 38.9           |
|  | 47.1            | 27.3           | 73.8            | 30.3           |
|  | 141             | 82             | 221             | 90             |

  

| <b>Plain Sundae</b>   | <b>Small</b>    |                | <b>Large</b>    |                |
|---|-----------------|----------------|-----------------|----------------|
|   | Avg Qty / Serve | Avg Qty / 100g | Avg Qty / Serve | Avg Qty / 100g |
| VANILLA SUNDAE MIX: <b>Milk</b> , Sugar, <b>Milk</b> Solids, Glucose Syrup (from Maize), Cream ( <b>Milk</b> ), Emulsifiers (471, 477), Vegetable Gums (412, 407), Natural Flavour. | 813             | 602            | 1010            | 602            |
| <b>Contains: Milk.</b>  | 194             | 144            | 242             | 144            |
|   | 5.6             | 4.2            | 7.0             | 4.2            |
|   | 5.5             | 4.1            | 6.8             | 4.1            |
|   | 3.8             | 2.8            | 4.7             | 2.8            |
|   | 29.9            | 22.2           | 37.3            | 22.2           |
|   | 27.4            | 20.3           | 34.1            | 20.3           |
|   | 62              | 46             | 77              | 46             |

  

| <b>Plain Chocolate Sundae</b>  | <b>Small</b>    |                | <b>Large</b>    |                |
|--|-----------------|----------------|-----------------|----------------|
|  | Avg Qty / Serve | Avg Qty / 100g | Avg Qty / Serve | Avg Qty / 100g |
| CHOCOLATE SUNDAE MIX: <b>Milk</b> , <b>Milk</b> Solids, Sugar, Cream ( <b>Milk</b> ) Glucose Syrup (Derived from Mazie), Cocoa Powder, Natural Chocolate Flavour, Emulsifiers (471, 433), Stabilisers (412, 407, 466, 407a), Natural Colour, Salt. | 777             | 575            | 966             | 575            |
| <b>Contains: Milk.</b>   | 186             | 137            | 231             | 137            |
|  | 5.7             | 4.2            | 7.1             | 4.2            |
|  | 4.4             | 3.2            | 5.4             | 3.2            |
|  | 3.0             | 2.2            | 3.7             | 2.2            |
|  | 30.2            | 22.3           | 37.5            | 22.3           |
|  | 26.7            | 19.8           | 33.2            | 19.8           |
|  | 102             | 75             | 126             | 75             |

  

| <b>Plain Twin Twist Sundae (Available at participating restaurants)</b>  | <b>Small</b>    |                | <b>Large</b>    |                |
|--|-----------------|----------------|-----------------|----------------|
|  | Avg Qty / Serve | Avg Qty / 100g | Avg Qty / Serve | Avg Qty / 100g |
| VANILLA SUNDAE MIX: <b>Milk</b> , Sugar, <b>Milk</b> Solids, Glucose Syrup (from Maize), Cream ( <b>Milk</b> ), Emulsifiers (471, 477), Vegetable Gums (412, 407), Natural Flavour.  | 795             | 589            | 989             | 589            |
| CHOCOLATE SUNDAE MIX: <b>Milk</b> , <b>Milk</b> Solids, Sugar, Cream ( <b>Milk</b> ) Glucose Syrup (Derived from Mazie), Cocoa Powder, Natural Chocolate Flavour, Emulsifiers (471, 433), Stabilisers (412, 407, 466, 407a), Natural Colour, Salt. | 190             | 141            | 236             | 141            |
| <b>Contains: Milk.</b>   | 5.7             | 4.2            | 7.0             | 4.2            |
|  | 4.9             | 3.6            | 6.1             | 3.6            |
|  | 3.4             | 2.5            | 4.2             | 2.5            |
|  | 30.1            | 22.3           | 37.4            | 22.3           |
|  | 27.0            | 20.0           | 33.6            | 20.0           |
|  | 82              | 61             | 102             | 61             |

| <b>Strawberry Sundae</b>   | <b>Small</b>    |                | <b>Large</b>    |                |
|--|-----------------|----------------|-----------------|----------------|
|  | Avg Qty / Serve | Avg Qty / 100g | Avg Qty / Serve | Avg Qty / 100g |
| VANILLA SUNDAE MIX: <b>Milk</b> , Sugar, <b>Milk</b> Solids, Glucose Syrup (from Maize), Cream ( <b>Milk</b> ), Emulsifiers (471, 477), Vegetable Gums (412, 407), Natural Flavour.                            | 1120            | 653            | 1620            | 675            |
| STRAWBERRY TOPPING: Strawberry, Sugar, Water, High Fructose Corn Syrup, Strawberry Juice, Thickener (E440, E410), Flavouring, Acidity Regulator (E330), Preservative (E202), Colour (E124), Stabiliser (E509). | 267             | 156            | 388             | 161            |
| <b>Contains: Milk, Sulphites.</b>  | 5.8             | 3.4            | 7.3             | 3              |
|  | 5.5             | 3.2            | 6.8             | 2.8            |
|  | 3.8             | 2.2            | 4.7             | 2.0            |
|  | 47.7            | 27.8           | 72.7            | 30.2           |
|  | 45.2            | 26.4           | 69.7            | 29.0           |
|  | 64              | 37             | 80              | 33             |

  

| <b>Strawberry Chocolate Sundae</b>   | <b>Small</b>    |                | <b>Large</b>    |                |
|--|-----------------|----------------|-----------------|----------------|
|  | Avg Qty / Serve | Avg Qty / 100g | Avg Qty / Serve | Avg Qty / 100g |
| CHOCOLATE SUNDAE MIX: <b>Milk</b> , <b>Milk</b> Solids, Sugar, Cream ( <b>Milk</b> ) Glucose Syrup (Derived from Mazie), Cocoa Powder, Natural Chocolate Flavour, Emulsifiers (471, 433), Stabilisers (412, 407, 466, 407a), Natural Colour, Salt. | 1080            | 632            | 1580            | 666            |
| STRAWBERRY TOPPING: Strawberry, Sugar, Water, High Fructose Corn Syrup, Strawberry Juice, Thickener (E440, E410), Flavouring, Acidity Regulator (E330), Preservative (E202), Colour (E124), Stabiliser (E509).                                     | 259             | 151            | 377             | 157            |
| <b>Contains: Milk, Sulphites.</b>  | 5.9             | 3.4            | 7.4             | 3.1            |
|  | 4.4             | 2.5            | 5.4             | 2.3            |
|  | 3.0             | 1.8            | 3.7             | 1.6            |
|  | 47.9            | 28.0           | 73              | 30.3           |
|  | 44.5            | 26.0           | 68.9            | 28.6           |
|  | 103             | 60             | 130             | 54             |

  

| <b>Strawberry Twin Twist Sundae</b> <i>(Available at participating restaurants)</i>  | <b>Small</b>    |                | <b>Large</b>    |                |
|--|-----------------|----------------|-----------------|----------------|
|  | Avg Qty / Serve | Avg Qty / 100g | Avg Qty / Serve | Avg Qty / 100g |
| VANILLA SUNDAE MIX: <b>Milk</b> , Sugar, <b>Milk</b> Solids, Glucose Syrup (from Maize), Cream ( <b>Milk</b> ), Emulsifiers (471, 477), Vegetable Gums (412, 407), Natural Flavour.  | 1100            | 643            | 1600            | 666            |
| CHOCOLATE SUNDAE MIX: <b>Milk</b> , <b>Milk</b> Solids, Sugar, Cream ( <b>Milk</b> ) Glucose Syrup (Derived from Mazie), Cocoa Powder, Natural Chocolate Flavour, Emulsifiers (471, 433), Stabilisers (412, 407, 466, 407a), Natural Colour, Salt. | 263             | 154            | 383             | 159            |
| STRAWBERRY TOPPING: Strawberry, Sugar, Water, High Fructose Corn Syrup, Strawberry Juice, Thickener (E440, E410), Flavouring, Acidity Regulator (E330), Preservative (E202), Colour (E124), Stabiliser (E509).                                     | 5.8             | 3.4            | 7.4             | 3.1            |
| <b>Contains: Milk, Sulphites.</b>  | 4.9             | 2.9            | 6.1             | 2.5            |
|  | 3.4             | 2.0            | 4.2             | 1.8            |
|  | 47.8            | 27.9           | 72.8            | 30.3           |
|  | 44.9            | 26.2           | 69.3            | 28.8           |
|  | 83              | 49             | 105             | 44             |

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## Change Tracker:

| Date       | Document Number/Revision | Document Title                  | Issued     | Upload Date | Description  |
|------------|--------------------------|---------------------------------|------------|-------------|--|
| 10/02/2025 | 5                        | Aus Dessert Menu_ February 2025 | 12/02/2025 | 12/02/2025  | Remove yoghurt   |
| 9/02/2024  | 4                        | Aus Dessert Menu_ February 2024 | 20/02/2024 | 20/02/2024  | Updated allergen information for PEAL legislative requirements |

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