



McDonald's Australia Limited Time Offers Allergen - Ingredients - Nutrition Information

Information correct as at April 2024

At McDonald's we believe in the nutritional principals of balance, variety and moderation and that eating at McDonald's can fit into a healthy lifestyle. Our goal is to provide you with the information necessary to make informed decisions about your McDonald's menu choices. This guide can help you balance your McDonald's meal with the other meals you eat today, and every day.

This guide is for our Limited Time Offers menu. For information regarding short-time menu items, please either ask a manager in one of our restaurants or contact our Customer Service Department either via our website <http://mcdonalds.com.au/contactus> or on 02 9875 7100.

The nutrition and ingredient information is based on standard product formulations, standard product assembly and standard serving sizes. Actual sizes and assembly may vary. Due to the individual preparation of each of our menu items, actual values may vary from those listed. Variations may also occur depending on the supplier, country of origin, region of the country of origin, and the season of the year. Further, product formulations may change periodically.

Food Sensitivities and Preferences

As we operate working kitchens please be aware that there is always a risk that traces of allergens may be transferred to ingredients during storage or preparation of food in our kitchens. McDonald's Restaurants are therefore unable to guarantee that any food item sold is free from traces of allergens.

No food items are certified as vegetarian. Whilst some ingredients may not contain animal ingredients, we cannot guarantee that there will be no cross contact with ingredients that do contain animal ingredients in our kitchens.

We have a number of Halal certified restaurants. Only those items listed on the certificate in the front counter area and drive thru booth at our restaurants serving Halal options are certified as Halal.

If you would like further information or have food sensitivities or dietary concerns regarding specific ingredients in specific menu items, please contact us at <http://mcdonalds.com.au/contactus> or call us on 02 9875 7100. Our allergen labelling complies with Australia New Zealand Food Standards Code – Standard 1.2.3 (Registered 09 March 2021)

Allergen Summary: As we operate working kitchens please be aware that there is always a risk that allergen containing ingredients may be transferred during storage or preparation of food in our kitchens. McDonald's Restaurants are therefore unable to guarantee that any food item sold is free from cross contact of allergens.

	Gluten	Wheat	Egg	Milk	Soy	Sesame	Peanut	Tree nut								Fish	Crustacea	Molluscs	Sulphites	Lupin	Added Preservative	Artificial Colour	Artificial Flavour
								Almond	Brazil Nut	Cashew	Hazelnut	Macadamia	Pecan	Pine Nut	Pistachio								
Limited Time Offers																							
Grand Big Mac	P	P	P	P	P	P														P			
Mac Jr	P	P	P	P	P	P														P			
Onion Rings w/ Big Mac Sauce	P	P	P	M	P															P			
Caramello McFlurry®	M	M		P	P		M	M		M										P		P	
Caramello Chocolate McFlurry®	M	M		P	P		M	M		M										P		P	
Caramello Twin Twist McFlurry®	M	M		P	P		M	M		M										P		P	
BLT McMuffin	P	P	P	M	P	M														P			
Fruit Hot Cross Bun with Butter	P	P	M	P	P	M	M	M	M	M	M	M	M	M	M					P			
Chocolate Chip Hot Cross Bun with Butter	P	P	M	P	P	M	M	M	M	M	M	M	M	M						P			
BBQ, Bacon and Cheese Toastie	P	P	M	P	P	M											P			P	P	P	
Banana Bread with Blueberries	P	P	P	P	M			M															

Chart key:
P: Ingredient is PRESENT in the product as an ingredient, food additive or processing aid.
M: Ingredient MAY BE present

Limited Time Offers

Grand Big Mac

GRAND BIG MAC BUN: **Wheat** Flour (Vitamins (Thiamin, Folate)), Water, Sugar, Canola Oil, **Sesame** Seeds, Iodised Salt, **Wheat** Gluten, Yeast, Glaze (Water, Vegetable Protein, Canola Oil, Maltodextrin, Dextrose, Maize Starch), Preservative (282), Improver (**Wheat** Flour, Ascorbic Acid (300), Enzymes), **Soy** Flour, Emulsifier (472e, 471).

BEEF PATTY: Beef.

BIG MAC SAUCE: Soybean Oil (Antioxidant (330)), Water, Relish (Pickles, Sugar, High Fructose Corn Syrup, Distilled Vinegar, Corn Syrup, Salt, Thickener (415), Preservative (202), Spice Extract, Emulsifier (433)), Mustard (Water, Vinegar, Mustard Seed, Salt, Sugar, Colours (100, 150d), Spice), Salted **Egg** Yolks, (**Egg** Yolks, Salt), Distilled Vinegar, Onion, Thickener (1442, 415, 405), Spices, Sugar, Salt, Hydrolyzed Proteins (Corn, **Gluten**, **Wheat** and **Soy**), Colours (160c, 150d, 100), Preservative (211), Emulsifier (433), Garlic, Antioxidant (385).

SHREDDED LETTUCE: Iceberg Lettuce.

CHEESE: Pasteurised **Milk**, Salt, Culture, Enzyme (Rennet), Water, **Milk** Solids, Butter (**Milk**), Emulsifiers (331, 332), Salt, Acidity Regulators (260, 330), Natural Colours (160a,160c), **Soy** Lecithin (322).

ONIONS: Water, Dehydrated White Onions.

PICKLES: Cucumber, Water, Vinegar, Salt, Preservatives (202, 211), Natural Flavour.

GRILL SEASONING: Salt, Black Pepper, Sunflower Oil.

Contains: Gluten, Wheat, Egg, Milk, Soy, Sesame.

GRAND BIG MAC BUNS are produced on equipment that also produces products containing Soy.

BEEF PATTY may be cooked on the same grill as Egg or products containing Gluten, Wheat, Milk, Soy.

	Grand Big Mac	
	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	3800	1060
Energy (Cal)	907	253
Protein (g)	47.4	13.2
Fat, total (g)	53.9	15.0
Saturated Fat (g)	21.8	6.1
Carbohydrate (g)	55.9	15.6
Sugars (g)	10.8	3.0
Sodium (mg)	1540	430

Mac Jr

BEEF PATTIES: Beef.

QUARTER BUN: **Wheat** Flour (Vitamins (Thiamin, Folate)), Water, Yeast, Sugar, Canola Oil, **Sesame** Seeds, Iodised Salt, Glaze (Water, Vegetable Protein, Sunflower Oil, Dextrose, Maltodextrin, Maize Starch), **Wheat** Gluten, Preservative (282), Improver (**Wheat** Flour, Ascorbic Acid (300), Enzymes), Natural Flavour, Emulsifier (472e, 471), Thickener (412), Ascorbic Acid (300).

BIG MAC SAUCE: Soybean Oil (Antioxidant (330)), Water, Relish (Pickles, Sugar, High Fructose Corn Syrup, Distilled Vinegar, Corn Syrup, Salt, Thickener (415), Preservative (202), Spice Extract, Emulsifier (433)), Mustard (Water, Vinegar, Mustard Seed, Salt, Sugar, Colours (100, 150d), Spice), Salted **Egg** Yolks, (**Egg** Yolks, Salt), Distilled Vinegar, Onion, Thickener (1442, 415, 405), Spices, Sugar, Salt, Hydrolyzed Proteins (Corn, **Gluten**, **Wheat** and **Soy**), Colours (160c, 150d, 100), Preservative (211), Emulsifier (433), Garlic, Antioxidant (385).

CHEESE: Pasteurised Milk, Salt, Culture, Enzyme (Rennet), Water, Milk Solids, Butter (Milk), Emulsifiers (331, 332), Salt, Acidity Regulators (260, 330), Natural Colours (160a,160c), Soy Lecithin (322).

SHREDDED LETTUCE: Iceberg Lettuce.

ONIONS: Water, Dehydrated White Onions.

PICKLES: Cucumber, Water, Vinegar, Salt, Preservatives (202, 211), Natural Flavour.

GRILL SEASONING: Salt, Black Pepper, Sunflower Oil.

Contains: Gluten, Wheat, Egg, Milk, Soy, Sesame.

QUARTER BUNS are produced on equipment that also produces products containing Soy.

BEEF PATTY may be cooked on the same grill as Egg or products containing Gluten, Wheat, Milk, Soy.

	Mac Jr	
	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	2180	1100
Energy (Cal)	521	262
Protein (g)	24.6	12.3
Fat, total (g)	30.2	15.2
Saturated Fat (g)	11.5	5.8
Carbohydrate (g)	36.2	18.2
Sugars (g)	6.9	3.5
Sodium (mg)	899	452

Onion Rings with Big Mac Sauce

ONION RINGS: Onion, **Wheat** Flour, Water, Vegetable oil (Sunflower, Rapeseed), Starch (Corn, **Wheat**, Tapioca), Salt, Dextrose, Yeast, Raising agents (E450, E500), Thickeners (E407, E412).

BIG MAC SAUCE: Soybean Oil (Antioxidant (330)), Water, Relish (Pickles, Sugar, High Fructose Corn Syrup, Distilled Vinegar, Corn Syrup, Salt, Thickener (415), Preservative (202), Spice Extract, Emulsifier (433)), Mustard (Water, Vinegar, Mustard Seed, Salt, Sugar, Colours (100, 150d), Spice), Salted **Egg** Yolks, (**Egg** Yolks, Salt), Distilled Vinegar, Onion, Thickener (1442, 415, 405), Spices, Sugar, Salt, Hydrolysed Proteins (Corn, **Gluten**, **Wheat** and **Soy**), Colours (160c, 150d, 100), Preservative (211), Emulsifier (433), Garlic, Antioxidant (385).

Contains: Gluten, Wheat, Egg, Soy.

ONION RINGS are cooked in a McDonald's Vegetable Oil blend and may be cooked using the same equipment as products containing Gluten, Wheat, Milk, Soy.

	Onion Rings with Big Mac Sauce	
	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	1410	1070
Energy (Cal)	336	256
Protein (g)	4.0	3.0
Fat, total (g)	21.5	16.3
Saturated Fat (g)	2.3	1.7
Carbohydrate (g)	30.8	23.4
Sugars (g)	5.6	4.3
Sodium (mg)	1280	971

Caramello McFlurry®

VANILLA SUNDAE MIX: **Milk**, Sugar, **Milk** Solids, Glucose Syrup (from Maize), Cream (**Milk**), Emulsifiers (471, 477), Vegetable Gums (412, 407), Natural Flavour.

CADBURY DAIRY MILK FLAKE GARNISH: Full Cream **Milk**, Sugar, Cocoa Butter, Cocoa Mass, **Milk** Solids, Emulsifiers (**Soy** Lecithin, 476), Flavours.

CARAMELLO TOPPING: Sugar, Water, Glucose Syrup, Sweetened Condensed Milk (**Milk**, Sugar), Thickeners (1442, 415), Natural Colour (150a), Food Acids (270, 330), Salt, Preservative (202), Natural Flavouring, Mineral Salt (339).

Contains: Milk, Soy.

CADBURY® FLAKE® may contain: Gluten, Wheat, Peanut, Almond, Hazelnut.

	Caramello McFlurry®	
	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	1580	806
Energy (Cal)	379	193
Protein (g)	7.9	4.0
Fat, total (g)	12.1	6.1
Saturated Fat (g)	7.9	4.0
Carbohydrate (g)	58.5	29.8
Sugars (g)	53.3	27.1
Sodium (mg)	112	57

Caramello Chocolate McFlurry®

CHOCOLATE SUNDAE MIX: **Milk**, **Milk** Solids, Sugar, Cream (**Milk**) Glucose Syrup (Derived from Maize), Cocoa Powder, Natural Chocolate Flavour, Emulsifiers (471, 433), Stabilisers (412, 407, 466, 407a), Natural Colour, Salt.

CADBURY DAIRY MILK FLAKE GARNISH: Full Cream **Milk**, Sugar, Cocoa Butter, Cocoa Mass, **Milk** Solids, Emulsifiers (**Soy** Lecithin, 476), Flavours.

CARAMELLO TOPPING: Sugar, Water, Glucose Syrup, Sweetened Condensed Milk (**Milk**, Sugar), Thickeners (1442, 415), Natural Colour (150a), Food Acids (270, 330), Salt, Preservative (202), Natural Flavouring, Mineral Salt (339).

Contains: Milk, Soy.

CADBURY® FLAKE® may contain: Gluten, Wheat, Peanut, Almond, Hazelnut.

	Caramello Chocolate McFlurry®	
	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	1540	785
Energy (Cal)	369	188
Protein (g)	8.1	4.1
Fat, total (g)	10.8	5.5
Saturated Fat (g)	7.0	3.6
Carbohydrate (g)	58.8	29.9
Sugars (g)	52.5	26.7
Sodium (mg)	157	80

<p>Caramello Twin Twist McFlurry® <i>(Available at participating restaurants)</i></p> <p>VANILLA SUNDAE MIX: Milk, Sugar, Milk Solids, Glucose Syrup (from Maize), Cream (Milk), Emulsifiers (471, 477), Vegetable Gums (412, 407), Natural Flavour.</p> <p>CHOCOLATE SUNDAE MIX: Milk, Milk Solids, Sugar, Cream (Milk) Glucose Syrup (Derived from Maize), Cocoa Powder, Natural Chocolate Flavour, Emulsifiers (471, 433), Stabilisers (412, 407, 466, 407a), Natural Colour, Salt.</p> <p>CADBURY DAIRY MILK FLAKE GARNISH: Full Cream Milk, Sugar, Cocoa Butter, Cocoa Mass, Milk Solids, Emulsifiers (Soy Lecithin, 476), Flavours.</p> <p>CARAMELLO TOPPING: Sugar, Water, Glucose Syrup, Sweetened Condensed Milk (Milk, Sugar), Thickeners (1442, 415), Natural Colour (150a), Food Acids (270, 330), Salt, Preservative (202), Natural Flavouring, Mineral Salt (339).</p> <p>Contains: Milk, Soy.</p> <p>CADBURY® FLAKE® may contain: Gluten, Wheat, Peanut, Almond, Hazelnut.</p>	<table border="1"> <thead> <tr> <th colspan="3">Caramello Twin Twist McFlurry®</th> </tr> <tr> <th></th> <th>Avg Qty / Serve</th> <th>Avg Qty / 100g</th> </tr> </thead> <tbody> <tr> <td>Energy (kJ)</td> <td>1520</td> <td>792</td> </tr> <tr> <td>Energy (Cal)</td> <td>364</td> <td>189</td> </tr> <tr> <td>Protein (g)</td> <td>8.0</td> <td>4.1</td> </tr> <tr> <td>Fat, total (g)</td> <td>11.4</td> <td>5.9</td> </tr> <tr> <td>Saturated Fat (g)</td> <td>7.4</td> <td>3.9</td> </tr> <tr> <td>Carbohydrate (g)</td> <td>56.4</td> <td>29.3</td> </tr> <tr> <td>Sugars (g)</td> <td>51.0</td> <td>26.5</td> </tr> <tr> <td>Sodium (mg)</td> <td>131</td> <td>68</td> </tr> </tbody> </table>	Caramello Twin Twist McFlurry®				Avg Qty / Serve	Avg Qty / 100g	Energy (kJ)	1520	792	Energy (Cal)	364	189	Protein (g)	8.0	4.1	Fat, total (g)	11.4	5.9	Saturated Fat (g)	7.4	3.9	Carbohydrate (g)	56.4	29.3	Sugars (g)	51.0	26.5	Sodium (mg)	131	68
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<p>BLT McMuffin</p> <p>ENGLISH MUFFIN: Wheat Flour (Vitamins (Thiamin, Folic Acid)), Water, Yeast, Ground Maize, Sugar, Wheat Gluten, Iodised Salt, Canola Oil, Preservative (282, 200), Emulsifier (472e, 471), Acidity Regulator (262, 297), Improver (Emulsifier (481), Soy Flour, Mineral Salt (170), Acidity Regulator (516), Antioxidant (300), Wheat Malt Flour, Enzyme (1100) (Contains Wheat)), Raising Agent (341).</p> <p>SLICED TOMATO: Tomato.</p> <p>SHREDDED LETTUCE: Iceberg Lettuce</p> <p>RASHER BACON: Pork, Water, Salt, Sugar, Emulsifiers (451, 450), Dextrose (Maize, Tapioca), Antioxidants (316, 392), Acidity Regulator (330), Sodium Nitrite (250), Smoked.</p> <p>MCCHICKEN SAUCE: Water, Soybean Oil [Antioxidant (330)], Egg Yolks, Modified Corn Starch (1401, 1442), Corn Syrup Solids, Distilled Vinegar, Salt, Sugar, Mustard Flour, Thickener (415), Food Acid (270), Preservative (202).</p> <p>SPRAY OIL: Canola Oil, Emulsifier (322 - derived from Soy), Natural Flavour, Natural Colour (160a), Acidity Regulator (330).</p> <p>Contains: Gluten, Wheat, Egg, Soy.</p> <p>ENGLISH MUFFINS are produced on equipment that also produces products containing Sesame.</p> <p>BACON may be cooked on the same grill as Egg or products containing Gluten, Wheat, Milk, Soy.</p>	<table border="1"> <thead> <tr> <th colspan="3">BLT McMuffin</th> </tr> <tr> <th></th> <th>Avg Qty / Serve</th> <th>Avg Qty / 100g</th> </tr> </thead> <tbody> <tr> <td>Energy (kJ)</td> <td>869</td> <td>747</td> </tr> <tr> <td>Energy (Cal)</td> <td>208</td> <td>179</td> </tr> <tr> <td>Protein (g)</td> <td>8.9</td> <td>7.7</td> </tr> <tr> <td>Fat, total (g)</td> <td>7.1</td> <td>6.1</td> </tr> <tr> <td>Saturated Fat (g)</td> <td>1.6</td> <td>1.3</td> </tr> <tr> <td>Carbohydrate (g)</td> <td>25.9</td> <td>22.3</td> </tr> <tr> <td>Sugars (g)</td> <td>2.9</td> <td>2.5</td> </tr> <tr> <td>Sodium (mg)</td> <td>458</td> <td>394</td> </tr> </tbody> </table>	BLT McMuffin				Avg Qty / Serve	Avg Qty / 100g	Energy (kJ)	869	747	Energy (Cal)	208	179	Protein (g)	8.9	7.7	Fat, total (g)	7.1	6.1	Saturated Fat (g)	1.6	1.3	Carbohydrate (g)	25.9	22.3	Sugars (g)	2.9	2.5	Sodium (mg)	458	394
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<p>Fruit Hot Cross Bun with Butter</p> <p>FRUIT HOT CROSS BUN: Wheat Flour (Vitamins (Thiamin, Folate)), Mixed Fruit (Sultanas (Cotton Seed Oil), Currants (Sunflower Oil), Humectant (422)), Water, Yeast, Liquid Sugar, Canola Oil, Crossing Paste (Wheat Starch, Wheat Flour, Vegetable Oil, Emulsifier (471), Thickener (415 Soy), Salt)), Wheat Gluten, Bun Glaze (Maltodextrin, Vegetable Gum (401), Preservative (202)), Mixed Spice (Cassia, Nutmeg, Pimento), Iodised Salt, Improver (Wheat Flour, Ascorbic Acid (300), Enzymes), Ground Cinnamon, Preservative (282).</p> <p>BUTTER PORTION: Pasteurised Cream (from Milk), Water, Salt.</p> <p>Contains: Gluten, Wheat, Milk, Soy</p> <p>May Contain: Sesame, Egg, Tree Nuts, Peanuts.</p>	<table border="1"> <thead> <tr> <th colspan="3">Fruit Hot Cross Bun with Butter</th> </tr> <tr> <th></th> <th>Avg Qty / Serve</th> <th>Avg Qty / 100g</th> </tr> </thead> <tbody> <tr> <td>Energy (kJ)</td> <td>1210</td> <td>1260</td> </tr> <tr> <td>Energy (Cal)</td> <td>289</td> <td>301</td> </tr> <tr> <td>Protein (g)</td> <td>8.0</td> <td>8.3</td> </tr> <tr> <td>Fat, total (g)</td> <td>8.7</td> <td>9.1</td> </tr> <tr> <td>Saturated Fat (g)</td> <td>4.7</td> <td>4.9</td> </tr> <tr> <td>Carbohydrate (g)</td> <td>42.8</td> <td>44.6</td> </tr> <tr> <td>Sugars (g)</td> <td>15.6</td> <td>16.2</td> </tr> <tr> <td>Sodium (mg)</td> <td>246</td> <td>256</td> </tr> </tbody> </table>	Fruit Hot Cross Bun with Butter				Avg Qty / Serve	Avg Qty / 100g	Energy (kJ)	1210	1260	Energy (Cal)	289	301	Protein (g)	8.0	8.3	Fat, total (g)	8.7	9.1	Saturated Fat (g)	4.7	4.9	Carbohydrate (g)	42.8	44.6	Sugars (g)	15.6	16.2	Sodium (mg)	246	256
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<p>Chocolate Chip Hot Cross Bun with Butter</p> <p>CADBURY® DAIRY MILK CHOCOLATE CHIP HOT CROSS BUN: Wheat Flour (Vitamins (Thiamin, Folate)), Cadbury® Dairy Milk Choc Chips (Full Cream Milk, Sugar, Cocoa Butter, Cocoa Mass, Milk Solids, Emulsifiers (322 From Soy, 476), Flavours), Water, Crossing Paste (Wheat Starch, Wheat Flour, Cocoa Powder, Vegetable Oil, Emulsifier (471), Thickeners (415, 412), Mineral Salts (541, 500), Iodised Salt), Sugar, Canola Oil, Cocoa Powder, Wheat Gluten, Glaze (Maltodextrin, Vegetable Gum (401), Preservative (202)), Soy Flour, Iodised Salt, Yeast, Improver (Wheat Flour, Enzymes (Contain Wheat), Antioxidant (300), Malted Wheat Flour), Emulsifier (471), Natural Vanilla Flavour, Preservative (282).</p> <p>BUTTER PORTION: Pasteurised Cream (from Milk), Water, Salt.</p> <p>Contains: Gluten, Wheat, Milk, Soy.</p> <p>May Contain: Sesame, Egg, Tree Nuts, Peanuts.</p>	<table border="1"> <thead> <tr> <th colspan="3">Chocolate Chip Hot Cross Bun with Butter</th> </tr> <tr> <th></th> <th>Avg Qty / Serve</th> <th>Avg Qty / 100g</th> </tr> </thead> <tbody> <tr> <td>Energy (kJ)</td> <td>1270</td> <td>1400</td> </tr> <tr> <td>Energy (Cal)</td> <td>304</td> <td>334</td> </tr> <tr> <td>Protein (g)</td> <td>7.5</td> <td>8.2</td> </tr> <tr> <td>Fat, total (g)</td> <td>12.9</td> <td>14.2</td> </tr> <tr> <td>Saturated Fat (g)</td> <td>7.6</td> <td>4.8</td> </tr> <tr> <td>Carbohydrate (g)</td> <td>38.4</td> <td>42.2</td> </tr> <tr> <td>Sugars (g)</td> <td>11.6</td> <td>12.8</td> </tr> <tr> <td>Sodium (mg)</td> <td>243</td> <td>267</td> </tr> </tbody> </table>	Chocolate Chip Hot Cross Bun with Butter				Avg Qty / Serve	Avg Qty / 100g	Energy (kJ)	1270	1400	Energy (Cal)	304	334	Protein (g)	7.5	8.2	Fat, total (g)	12.9	14.2	Saturated Fat (g)	7.6	4.8	Carbohydrate (g)	38.4	42.2	Sugars (g)	11.6	12.8	Sodium (mg)	243	267
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<p>BBQ, Bacon and Cheese Toastie</p> <p>SOURDOUGH BREAD: Wheat Flour, Water, Salt, Malt Flour (Barley).</p> <p>OR: Wheat Flour (Wheat, Vitamins (Thiamin, Folic Acid), Flour Treatment Agent (920)), Water, Sourdough Starter (Rye Flour, Water, Mature Sour, Acetic Acid (260)), Iodised Salt, Yeast, Canola Oil, Vinegar, Improver (Soy Flour, Mineral Salt (170), Flour Treatment Agent (516, 300, 920), Emulsifier (481, 472e), Wheat Malt Flour, Enzymes).</p> <p>RASHER BACON: Pork, Water, Salt, Sugar, Emulsifiers (451, 450), Dextrose (Maize, Tapioca), Antioxidants (316, 392), Acidity Regulator (330), Sodium Nitrite (250), Smoked.</p> <p>AUSSIE JACK CHEESE: Pasteurised Milk, Salt, Starter Culture, Non-animal Rennet.</p> <p>HOUSE GRILL BBQ SAUCE: Vinegar, Water, Brown Sugar, Lemon Juice, Tomato Paste, Sugar, Onion Puree, Thickener (1422), Molasses, Garlic, Salt, Spices, Mustard, Flavourings, Malt Extract (Barley), Colour (150a), Vegetable Gum (415), Yeast Extract, Preservative (202).</p> <p>Contains: Gluten, Wheat, Milk, Soy, Sulphites.</p> <p>SOURDOUGH BREAD is produced on equipment that also produces products containing egg, milk and sesame seeds.</p> <p>BBQ, BACON and CHEESE TOASTIE may be toasted on the same equipment as products containing egg and soy.</p>	<table border="1"> <thead> <tr> <th colspan="3">BBQ, Bacon and Cheese Toastie</th> </tr> <tr> <th></th> <th>Avg Qty / Serve</th> <th>Avg Qty / 100g</th> </tr> </thead> <tbody> <tr> <td>Energy (kJ)</td> <td>1790</td> <td>1030</td> </tr> <tr> <td>Energy (Cal)</td> <td>429</td> <td>245</td> </tr> <tr> <td>Protein (g)</td> <td>24.8</td> <td>14.2</td> </tr> <tr> <td>Fat, total (g)</td> <td>14.9</td> <td>8.5</td> </tr> <tr> <td>Saturated Fat (g)</td> <td>8.3</td> <td>4.8</td> </tr> <tr> <td>Carbohydrate (g)</td> <td>46.9</td> <td>26.8</td> </tr> <tr> <td>Sugars (g)</td> <td>8.2</td> <td>4.7</td> </tr> <tr> <td>Sodium (mg)</td> <td>1340</td> <td>764</td> </tr> </tbody> </table>	BBQ, Bacon and Cheese Toastie				Avg Qty / Serve	Avg Qty / 100g	Energy (kJ)	1790	1030	Energy (Cal)	429	245	Protein (g)	24.8	14.2	Fat, total (g)	14.9	8.5	Saturated Fat (g)	8.3	4.8	Carbohydrate (g)	46.9	26.8	Sugars (g)	8.2	4.7	Sodium (mg)	1340	764
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<p>Banana Bread with Blueberries</p> <p>BANANA BREAD WITH BLUEBERRIES: Wheat Flour, Banana, Sugar, Light Sour Cream (Cream (From Milk), Pectin, Milk Solids, Cultures), Canola Oil, Blueberries, Egg, Banana Flavour Paste (Banana, Colour (160a)), Whole Egg Powder, Natural Flavours (Blueberry, Vanilla Flavour Paste), Baking Powder (Raising Agents (450, 500), Maize Starch, Mineral Salt (170)), Lemon Juice Concentrate, Milk Solids, Mineral Salts (500, 452), Wheat Starch, Vegetable Gum (412), Iodised Salt, Acidity Regulator (330).</p> <p>BUTTER PORTION: Pasteurised Cream (from Milk), Water, Salt.</p> <p>Contains: Gluten, Wheat, Egg, Milk.</p> <p>BANANA BREAD WITH BLUEBERRIES is produced in the same facility as products containing soy.</p> <p>BANANA BREAD WITH BLUEBERRIES is stored in the same display cabinet as products containing Tree Nut (Almond).</p>	<table border="1"> <thead> <tr> <th colspan="3">Banana Bread with Blueberries</th> </tr> <tr> <th></th> <th>Avg Qty / Serve</th> <th>Avg Qty / 100g</th> </tr> </thead> <tbody> <tr> <td>Energy (kJ)</td> <td>2040</td> <td>1330</td> </tr> <tr> <td>Energy (Cal)</td> <td>487</td> <td>318</td> </tr> <tr> <td>Protein (g)</td> <td>6.8</td> <td>4.4</td> </tr> <tr> <td>Fat, total (g)</td> <td>20.8</td> <td>13.6</td> </tr> <tr> <td>Saturated Fat (g)</td> <td>7.2</td> <td>4.7</td> </tr> <tr> <td>Carbohydrate (g)</td> <td>65.9</td> <td>43.1</td> </tr> <tr> <td>Sugars (g)</td> <td>31.5</td> <td>20.6</td> </tr> <tr> <td>Sodium (mg)</td> <td>280</td> <td>183</td> </tr> </tbody> </table>	Banana Bread with Blueberries				Avg Qty / Serve	Avg Qty / 100g	Energy (kJ)	2040	1330	Energy (Cal)	487	318	Protein (g)	6.8	4.4	Fat, total (g)	20.8	13.6	Saturated Fat (g)	7.2	4.7	Carbohydrate (g)	65.9	43.1	Sugars (g)	31.5	20.6	Sodium (mg)	280	183
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Change Tracker:

Date	Document Number/Revision	Document Title	Issued	Upload Date	Description
2/04/2024	97	Aus LTO Menu_April 2023	2/04/2024	3/04/2024	Removal of previous promo items; Addition of Mac Family + Onion Rings
12/03/2024	96	Aus LTO Menu_March 2024	12/03/2024	13/03/2024	Addition of Caramello McFlurry
5/03/2024	95	Aus LTO Menu_March 2024	5/03/2024	6/03/2024	Addition of BLT McMuffin
9/02/2024	94	Aus LTO Menu_February 2024	20/02/2024	20/02/2024	Updated allergen information for PEAL legislative requirements