



## **McDonald's Australia Limited Time Offers Allergen - Ingredients - Nutrition Information**

**Information correct as at August 2025**

At McDonald's we believe in the nutritional principals of balance, variety and moderation and that eating at McDonald's can fit into a healthy lifestyle. Our goal is to provide you with the information necessary to make informed decisions about your McDonald's menu choices. This guide can help you balance your McDonald's meal with the other meals you eat today, and every day.

This guide is for our Limited Time Offers menu. For information regarding short-time menu items, please either ask a manager in one of our restaurants or contact our Customer Service Department either via our website <http://mcdonalds.com.au/contactus> or on 02 9875 7100.

The nutrition and ingredient information is based on standard product formulations, standard product assembly and standard serving sizes. Actual sizes and assembly may vary. Due to the individual preparation of each of our menu items, actual values may vary from those listed. Variations may also occur depending on the supplier, country of origin, region of the country of origin, and the season of the year. Further, product formulations may change periodically.

### **Food Sensitivities and Preferences**

As we operate working kitchens please be aware that there is always a risk that traces of allergens may be transferred to ingredients during storage or preparation of food in our kitchens. McDonald's Restaurants are therefore unable to guarantee that any food item sold is free from traces of allergens.

No food items are certified as vegetarian. Whilst some ingredients may not contain animal ingredients, we cannot guarantee that there will be no cross contact with ingredients that do contain animal ingredients in our kitchens.

We have a number of Halal certified restaurants. Only those items listed on the certificate in the front counter area and drive thru booth at our restaurants serving Halal options are certified as Halal.

If you would like further information or have food sensitivities or dietary concerns regarding specific ingredients in specific menu items, please contact us at <http://mcdonalds.com.au/contactus> or call us on 02 9875 7100.  
Our allergen labelling complies with Australia New Zealand Food Standards Code – Standard 1.2.3 (Registered 09 March 2021)

Allergen Summary: As we operate working kitchens please be aware that there is always a risk that allergen containing ingredients may be transferred during storage or preparation of food in our kitchens. McDonald's Restaurants are therefore unable to guarantee that any food item sold is free from cross contact of allergens.																							
	Gluten	Wheat	Egg	Milk	Soy	Sesame	Peanut	Tree nut								Fish	Crustacea	Molluscs	Sulphites	Lupin	Added Preservative	Artificial Colour	Artificial Flavour
								Almond	Brazil Nut	Cashew	Hazelnut	Macadamia	Pecan	Pine Nut	Pistachio								
Limited Time Offers																							
Choc Custard Twin Filled Pie	P	P		P	P														P				
Hot Honey Dipping Sauce																			P				
McDonaldland Shake				P															P				
Brekkie Wrap	P	P	P	P	P	M													P	P	P		
Classic Chicken McWrap*	P	P	P	P	M	M													P				
Spicy Chicken McWrap*	P	P	P	M	M	M													P				
Ham & Cheese Pocket	P	P	M	P	M	M													P				

**Chart key:**  
**P:** Ingredient is PRESENT in the product as an ingredient, food additive or processing aid.  
**M:** Ingredient MAY BE present

Limited Time Offers

Choc Custard Twin Filled Pie

Water, **Wheat** Flour, Sugar, Margarine (Vegetable Oils & Fats (Palm Oil, **Soy** Oil), Water, Emulsifiers (471, 322 **Soy**), Salt, Natural Butter Flavour, Preservative (202), Acidity Regulator (330), Natural Colour (160a), Antioxidant (307b)), Modified Starch (1412, 1442, 1422), **Milk** Chocolate Chips (Sugar, Cocoa Solids, **Milk** Solids, Emulsifier (322 **Soy**), Natural Flavour), Full Cream **Milk** Powder, Custard Mix (Thickeners (1442, 407), Dextrose), Colours (150c, 160a), Whey Powder (**Milk**), Cocoa Powder, Iodised Salt, Dextrose, Natural Flavours (**Milk**), Baking Powder (Raising Agents (450, 500), Maize Starch, Mineral Salt (170)), Vegetable Gum (466).

Contains: Wheat, Gluten, Milk, Soy

CHOC CUSTARD TWIN FILLED PIE are cooked in a McDonald's Vegetable Oil blend and may be cooked in the same equipment as products containing Gluten, Wheat, Milk, Soy.

	Choc Custard Twin Filled Pie	
	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	1050	1240
Energy (Cal)	252	296
Protein (g)	2.5	2.9
Fat, total (g)	15.2	17.9
Saturated Fat (g)	3.9	4.6
Carbohydrate (g)	25.9	30.5
Sugars (g)	13.5	15.9
Sodium (mg)	116	137

Hot Honey Dipping Sauce

Sugar, Water, Honey, Vinegar, Thickeners (1422, 415), Chilli, Natural Flavours, Salt, Garlic, Burnt Sugar Syrup, Yeast Extract, Preservative (202), Lemon Juice Concentrate.

	Hot Honey Dipping Sauce	
	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	263	939
Energy (Cal)	63	224
Protein (g)	0.1	0.5
Fat, total (g)	0.0	0.1
Saturated Fat (g)	0.0	0
Carbohydrate (g)	15.2	54.3
Sugars (g)	14.2	50.6
Sodium (mg)	102	363

McDonaldland Shake

SHAKE MIX: **Milk**, **Milk** Solids, Sugar, Maltodextrin, (derived from Maize), Cream (**Milk**), Vegetable Gums (412, 407, 407a, 466), Mineral Salt (452), Flavours.

OR: **Milk**, Sugar, **Milk** Solids, Skim **Milk**, Cream (**Milk**), Maltodextrin, (derived from Maize), Vegetable Gums (407, 407a, 412, 466), Mineral Salts (452), Flavours.

OR: **Milk**, Sugar, **Milk** Solids, Maltodextrin, (derived from Maize and Tapioca), Cream (**Milk**), Vegetable Gums (412, 407, 407a, 466), Flavours, Mineral Salts (339, 452), Food Acids (330, 331).

MCDONALDLAND SHAKE SYRUP: Sugar, Water, Invert Sugar Syrup, Glucose Syrup, Natural Flavours, Concentrated Blackberry Juice, Acidity Regulator (330), Salt, Preservative (202), Colour (133).

RASPBERRY SPRINKLE: Sugar, Salt, Coconut Oil, Natural Flavor (Raspberry), Natural Color (Radish and Carrot Concentrate), Citric Acid (330).

Contains: Milk.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	1450	578	1850	559	2190	550
Energy (Cal)	345	138	441	133	521	131
Protein (g)	8.2	3.3	11.0	3.3	13.3	3.3
Fat, total (g)	12.7	5.1	15.2	4.6	17.3	4.3
Saturated Fat (g)	8.9	3.5	10.5	3.2	11.9	3.0
Carbohydrate (g)	48.8	19.5	64.3	19.4	77.1	19.4
Sugars (g)	45.7	18.2	60.1	18.2	72.0	18.1
Sodium (mg)	132	53	177	53	213	54

Brekkie Wrap

WHOLEMEAL TORTILLA: **Wheat** Flour (Thiamine, Folic Acid), Water, Whole **Wheat** Flour (Thiamine, Folic Acid), Vegetable Shortening [Antioxidant (307b)], Sugar, Baking Powder [Mineral Salts (450, 500, 341)], Acidity Regulator (297), Mineral Salt (500), Yeast.

HASH BROWN: Potato, Vegetable Oil, Salt, Dextrose (from Maize), Dehydrated Potato, Natural Flavour (Black Pepper Extracts)

OR: Potatoes, Canola Oil (citric acid 330), Dehydrated Potato Flake [Potato, Mono And Diglycerides (471) Citric Acid (330)], Salt, Pepper Cream Salt [Salt, Flavour (Modified Corn Starch, Black Pepper Extracts), Canola Oil], Dextrose Monohydrate [Corn Derived (Sulphur Dioxide)], Sodium Acid Pyrophosphate (450), Antifoam (Non-Ionic Polyalkylene Glycol).

EGG: **Egg**

KETCHUP: Water, Tomato Paste, High Fructose Corn Syrup, Glucose Corn Syrup, Vinegar, Salt, Flavouring (Soybean Oil).

SLICED CHEESE: Cheese (Pasteurised **Milk**, Salt, Culture, Enzyme (Rennet)), Water, **Milk** Solids, Butter (**Milk**), Emulsifiers (331, 332), Salt, Acidity Regulators (260, 330), Natural Colours (160a,160c), **Soy** Lecithin (422).

RASHER BACON: Pork, Water, Salt, Sugar, Emulsifiers (451, 450), Dextrose (Maize, Tapioca), Antioxidants (316, 392), Acidity Regulator (330), Sodium Nitrite (250), Smoked.

SPRAY OIL: Canola Oil, Emulsifier (322 - derived from **Soy**), Natural Flavour, Natural Colour (160a), Acidity Regulator (330).

Contains: Gluten, Wheat, Egg, Milk, Soy.

WHOLEMEAL TORTILLA may be produced using the same equipment as products containing Soy.

WHOLEMEAL TORTILLA may be steamed in the same equipment as products containing Sesame.

BACON RASHER and EGG may be cooked on the same grill as Egg or products containing Gluten, Wheat, Milk, Soy.

HASH BROWNS are cooked in a McDonald's Vegetable Oil Blend and may be cooked using the same equipment as products containing Gluten, Wheat, Milk, Soy.

	Brekkie Wrap	
	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	1880	977
Energy (Cal)	449	234
Protein (g)	17.9	9.3
Fat, total (g)	25.1	13.1
Saturated Fat (g)	7.6	4.0
Carbohydrate (g)	36.5	19.0
Sugars (g)	5.7	3.0
Sodium (mg)	1000	521

Classic Chicken McWrap®

MCCRISPY PATTY: Chicken, Flour (**Wheat**, Rice, Maize), Water, Vegetable Oil, Starch (Potato, **Wheat**, Maize), Salt, Yeast, Vegetable Powders, **Wheat** Gluten, Food Acid (330), Sugar, Spice & Herb, Natural Flavour, Herb & Spice Extracts, Raising Agent (500), Vegetable Gum (415).

WHOLEMEAL TORTILLA: **Wheat** Flour (Thiamine, Folic Acid), Water, Whole **Wheat** Flour (Thiamine, Folic Acid), Vegetable Shortening [Antioxidant (307b)], Sugar, Baking Powder [Mineral Salts (450, 500, 341)], Acidity Regulator (297), Mineral Salt (500), Yeast.

SHREDDED LETTUCE: Iceberg Lettuce.

TOMATO: Tomato.

MCCRISPY SAUCE: Vegetable Oil [Includes Antioxidant (307)], Water, Vinegar, Sugar, **Milk** Solids [Includes Buttermilk Powder (**Milk**)], **Egg** Yolk, Dextrose, Salt, Thickeners (1442, 415), Vegetable Powders (Includes Garlic), Natural Flavour (**Milk**), Acidity Regulator (270), Spice, Yeast Extract, Preservative (202), Herb.

Contains: Gluten, Wheat, Egg, Milk.

MCCRISPY PATTY is cooked in a McDonald's Vegetable Oil blend and may be cooked using the same equipment as products containing Gluten, Wheat, Milk, Soy.

WHOLEMEAL TORTILLA may be produced using the same equipment as products containing soy.

WHOLEMEAL TORTILLA may be steamed in the same equipment as products containing sesame seeds.

	Classic Chicken McWrap®	
	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	2410	847
Energy (Cal)	575	202
Protein (g)	27.3	9.6
Fat, total (g)	28.1	9.9
Saturated Fat (g)	5.4	1.9
Carbohydrate (g)	51.0	18.0
Sugars (g)	6.3	2.2
Sodium (mg)	944	332

<b>Spicy Chicken McWrap®</b>		<b>Spicy Chicken McWrap®</b>	
SPICY THIGH PATTY: Chicken, Flour ( <b>Wheat</b> ), Water, Vegetable Oil, Thickeners (1420, 1422), Salt, <b>Gluten (Wheat)</b> , Yeast And Yeast Extracts, Spice And Spice Extracts (Inc. Pepper), Rice Starch, Natural Flavours, Raising Agents (450, 500), Vegetable Powders (Garlic, Onion), Emulsifier (322), Hydrolysed Vegetable Protein, Natural Colour (160C), Herb Extract, Citrus Extract, Maltodextrin,		Avg Qty / Serve	Avg Qty / 100g
WHOLEMEAL TORTILLA: <b>Wheat</b> Flour (Thiamine, Folic Acid), Water, Whole <b>Wheat</b> Flour (Thiamine, Folic Acid), Vegetable Shortening (Antioxidant (307b)), Sugar, Baking Powder [Mineral Salts (450, 500, 341)], Acidity Regulator (297), Mineral Salt (500), Yeast.		Energy (kJ)	2620
SHREDDED LETTUCE: Iceberg Lettuce.		Energy (Cal)	627
TOMATO: Tomato.		Protein (g)	29.9
MCCHICKEN SAUCE: Water, Vegetable Oil [Antioxidant (307b)], Vinegar, Glucose Syrup, <b>Egg</b> Yolk, Thickener (1442, 415), Sugar, Salt, Spice, Mustard Flour, Emulsifiers (435, 433), Preservative (202), Acidity Regulator (270).		Fat, total (g)	33.3
<b>Contains: Gluten, Wheat, Egg.</b>		Saturated Fat (g)	6.7
<b>SPICY THIGH PATTY is cooked in a McDonald's Vegetable Oil Blend and may be cooked in the same equipment as products containing Gluten, Wheat, Milk, Soy.</b>		Carbohydrate (g)	49.7
<b>WHOLEMEAL TORTILLA may be produced using the same equipment as products containing soy.</b>		Sugars (g)	4.7
<b>WHOLEMEAL TORTILLA may be steamed in the same equipment as products containing sesame seeds</b>		Sodium (mg)	1170
<b>Ham &amp; Cheese Pocket</b>		<b>Ham &amp; Cheese Pocket</b>	
WHOLEMEAL TORTILLA: <b>Wheat</b> Flour (Thiamine, Folic Acid), Water, Whole <b>Wheat</b> Flour (Thiamine, Folic Acid), Vegetable Shortening (Antioxidant (307b)), Sugar, Baking Powder (Mineral Salts (450, 500, 341)), Acidity Regulator (297), Mineral Salt (500), Yeast.		Avg Qty / Serve	Avg Qty / 100g
AUSSIE JACK CHEESE: Pasteurised <b>Milk</b> , Salt, Starter Culture, Non-animal Rennet.		Energy (kJ)	884
HAM: Pork, Water, Salt, Acidity Regulators (326, 262), Dextrose (Maize, Tapioca), Emulsifiers (450, 451, 508), Pork Protein (Herb Extract (392)), Sugar, Modified Tapioca Starch (1412), Thickeners (407a, 415), Antioxidant (316), Potato Fibre, Sodium Nitrite (250), Canola Oil, Citrus Fibre.		Energy (Cal)	211
<b>Contains: Gluten, Wheat, Milk.</b>		Protein (g)	11.6
<b>WHOLEMEAL TORTILLA may be produced using the same equipment as products containing Soy.</b>		Fat, total (g)	9.6
<b>WHOLEMEAL TORTILLA may be stored in the same equipment as products containing Sesame.</b>		Saturated Fat (g)	5.5
<b>WHOLEMEAL TORTILLA may be cooked on the same equipment as products containing Eggs, Soy.</b>		Carbohydrate (g)	18.8
		Sugars (g)	1.5
		Sodium (mg)	515

Change Tracker:					
Date	Document Number/Revision Number	Document Title	Issued	Upload Date	Description
11/08/2025	126	Aus LTO Menu_August 2025 V2	12/08/2025	13/08/2025	Add: McDonaldland Shake; Remove: Biscoff range
8/08/2025	125	Aus LTO Menu_August 2025	8/08/2025	8/08/2025	Remove: Blues Blueberry McFloat and Maroons Raspberry McFloat; Chocolate and Custard McFlurry; Nether Dipping Sauce
9/07/2025	124	Aus LTO Menu_July 2025	9/07/2025	9/07/2025	Remove: Tennessee burger range, Hot Honey burger range, Shamrock shake, Hot cross buns, Banana Bread with blueberries
2/06/2025	123	Aus LTO Menu_June 2025	2/06/2025	2/06/2025	Updated alignment
20/05/2025	122	Aus LTO Menu_May 2025	20/05/2025	21/05/2025	Add: Blues Blueberry McFloat and Maroons Raspberry McFloat
12/05/2025	121	Aus LTO Menu_May 2025	13/05/2025	14/05/2025	Add: Chocolate and Custard desserts range; Remove: Hot Cross Bun Flavoured Pie and McFlurry range
29/04/2025	120	Aus LTO Menu_April 2025	29/04/2025	30/04/2025	Add: Tennessee burger range Remove: Caramel Thickshake, Almond Iced Lattes; Vegemite Shaker Seasoning
27/04/2025	119	Aus LTO Menu_April 2025	27/04/2025	28/04/2025	Amend: Hot Honey Allergen matrix
17/04/2025	118	Aus LTO Menu_April 2025	17/04/2025	17/04/2025	Remove: Toffee Nut Flavour McCafe drinks
1/04/2025	117	Aus LTO Menu_April 2025	1/04/2025	2/04/2025	Add: Nether Dipping Sauce
17/03/2025	116	Aus LTO Menu_March 2025	18/03/2025	19/03/2025	Add: Hot Honey range, Hot Cross Bun Flavoured Pie and McFlurry range
12/03/2025	115	Aus LTO Menu_March 2025	12/03/2025	13/03/2025	Updated formulation: Banana bread with blueberry ingredient change; Remove Crunchie McFlurry, Crunchie Frappe, McOz, Chicken McOz,
4/03/2025	114	Aus LTO Menu_March 2025	5/03/2025	5/03/2025	Add: Shamrock Shake. Remove: Cherry Ripe McFlurry; Cheesy Jalapeño Pops
10/02/2025	113	Aus LTO Menu_February 2025	11/02/2025	12/02/2025	Add: Lotus Biscoff range; Hot Cross Buns. Remove: BBQ Bacon Toastie; Hawaiian Range; Pineapple Sundae; Frozen Coke Oreo Zero Sugar; Squid Games
20/01/2025	112	Aus LTO Menu_January V2 2025	20/01/2025	21/01/2025	Added Caramel Thickshake; remove Grimace shake.
3/01/2025	111	Aus LTO Menu_January 2025	3/01/2025	6/01/2025	Added Roasted Almond Flavoured Iced Latte, McOz® Range, Crunchie® Frappe & McFlurry®, Vegemite® McShaker Fries
9/12/2024	110	Aus LTO Menu_December 2024	10/12/2024	11/12/2024	Added Korean BBQ Sauce & Dalgona cookie
25/11/2024	109	Aus LTO Menu_November V2 2024	26/11/2024	27/11/2024	Added Summer Products: Hawaiian Range, Cheesy Jalapeño Pops, Cherry Ripe® McFlurry®, Pineapple Sundae
14/11/2024	108	Aus LTO Menu_November 2024	19/11/2024	20/11/2024	Added Frozen Coke Oreo Zero Sugar
28/10/2024	107	Aus LTO Menu_October V2 2024	28/10/2024	30/10/2024	Added Toffee Nut Flavoured Iced Latte
15/10/2024	106	Aus LTO Menu_October 2024	15/10/2024	16/10/2024	Removal of QP Range
25/09/2024	105	Aus LTO Menu_September 2024 V2	25/09/2024	4/10/2024	Addition of Grimace Shake
18/09/2024	104	Aus LTO Menu_September 2024	25/09/2024	2/10/2024	Add Ham & Cheese Pocket promo item
7/08/2024	103	Aus LTO Menu_August 2024	8/7/024	8/08/2024	Removal of Hot Cross Buns promo items
5/08/2024	102	Aus LTO Menu_August 2024	5/08/2024	7/08/2024	Removal of Spicy Range; Addition of Quarter Pounder Range.
2/07/2024	101	AUS LTO Menu_July 2024	2/07/2024	3/07/2024	Addition of Steakhouse Stack Burger and Mozzarella Sticks with Sweet Chili Sauce
11/06/2024	100	Aus LTO Menu_June 2024	11/06/2024	12/06/2024	Removal of Mac Family + Onions Rings, Caramello McFlurry and Frozen K-Wave; Addition of Banana Shake, Banana Caramel Pie + McFlurry
21/05/2024	99	Aus LTO Menu_May 2024	21/05/2024	21/05/2024	Removal of BLT McMuffin; Updated Big Mac Sauce formulation; dual supply; Add Feisty LTO
24/04/2024	98	Aus LTO Menu_April 2024	23/04/2024	24/04/2024	Addition of Coke Creations - K Wave frozen Coke
2/04/2024	97	Aus LTO Menu_April 2024	2/04/2024	3/04/2024	Removal of previous promo items; Addition of Mac Family + Onion Rings
12/03/2024	96	Aus LTO Menu_March 2024	12/03/2024	13/03/2024	Addition of Caramello McFlurry
5/03/2024	95	Aus LTO Menu_March 2024	5/03/2024	6/03/2024	Addition of BLT McMuffin
9/02/2024	94	Aus LTO Menu_February 2024	20/02/2024	20/02/2024	Updated allergen information for PEAL legislative requirements