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## **McDonald's Australia Limited Time Offers Allergen - Ingredients - Nutrition Information**

**Information correct as at January 2025**

At McDonald's we believe in the nutritional principals of balance, variety and moderation and that eating at McDonald's can fit into a healthy lifestyle. Our goal is to provide you with the information necessary to make informed decisions about your McDonald's menu choices. This guide can help you balance your McDonald's meal with the other meals you eat today, and every day.

This guide is for our Limited Time Offers menu. For information regarding short-time menu items, please either ask a manager in one of our restaurants or contact our Customer Service Department either via our website <http://mcdonalds.com.au/contactus> or on 02 9875 7100.

The nutrition and ingredient information is based on standard product formulations, standard product assembly and standard serving sizes. Actual sizes and assembly may vary. Due to the individual preparation of each of our menu items, actual values may vary from those listed. Variations may also occur depending on the supplier, country of origin, region of the country of origin, and the season of the year. Further, product formulations may change periodically.

#### **Food Sensitivities and Preferences**

As we operate working kitchens please be aware that there is always a risk that traces of allergens may be transferred to ingredients during storage or preparation of food in our kitchens. McDonald's Restaurants are therefore unable to guarantee that any food item sold is free from traces of allergens.

No food items are certified as vegetarian. Whilst some ingredients may not contain animal ingredients, we cannot guarantee that there will be no cross contact with ingredients that do contain animal ingredients in our kitchens.

We have a number of Halal certified restaurants. Only those items listed on the certificate in the front counter area and drive thru booth at our restaurants serving Halal options are certified as Halal.

If you would like further information or have food sensitivities or dietary concerns regarding specific ingredients in specific menu items, please contact us at <http://mcdonalds.com.au/contactus> or call us on 02 9875 7100. Our allergen labelling complies with Australia New Zealand Food Standards Code – Standard 1.2.3 (Registered 09 March 2021)

**Allergen Summary:** As we operate working kitchens please be aware that there is always a risk that allergen containing ingredients may be transferred during storage or preparation of food in our kitchens. McDonald's Restaurants are therefore unable to guarantee that any food item sold is free from cross contact of allergens.

	Gluten	Wheat	Egg	Milk	Soy	Sesame	Peanut	Tree nut								Fish	Crustacea	Molluscs	Sulphites	Lupin	Added Preservative	Artificial Colour	Artificial Flavour
								Almond	Brazil Nut	Cashew	Hazelnut	Macadamia	Pecan	Pine Nut	Pistachio								
<b>Limited Time Offers</b>																							
Grמצce Shake				P																		P	
BBQ, Bacon and Cheese Toastie	P	P	M	P	P	M															P	P	
Banana Bread with Blueberries	P	P	P	P	M			M															
Ham & Cheese Pocket	P	P	M	P	M	M															P		
Toffee Nut Flavoured Iced Latte - Full Cream	M			P	M			M													P		
Toffee Nut Flavoured Iced Latte - Skim Milk	M			P	M			M													P		
Toffee Nut Flavoured Iced Latte - Lactose Free Milk	M			P	M			M													P		
Toffee Nut Flavoured Iced Latte - Soy Milk	M			M	P			M													P		
Toffee Nut Flavoured Iced Latte - Almond Milk	M			M	M			P													P		
Toffee Nut Flavoured Iced Latte - Oat Milk	P			M	M			M													P		
Deluxe Toffee Nut Flavoured Iced Coffee - Full Cream	M			P	M			M													P	P	
Deluxe Toffee Nut Flavoured Iced Coffee - Skim Milk	M			P	M			M													P	P	
Deluxe Toffee Nut Flavoured Iced Coffee - Lactose Free Milk	M			P	M			M													P	P	
Deluxe Toffee Nut Flavoured Iced Coffee - Soy Milk	M			P	P			M													P	P	
Deluxe Toffee Nut Flavoured Iced Coffee - Almond Milk	M			P	M			P													P	P	
Deluxe Toffee Nut Flavoured Iced Coffee - Oat Milk	P			P	M			M													P	P	
Roasted Almond Flavoured Iced Latte- Full Cream Milk	M			P	M			M													P		
Roasted Almond Flavoured Iced Latte- Skim Milk	M			P	M			M													P		
Roasted Almond Flavoured Iced Latte- Soy Milk	M			M	P			M													P		
Roasted Almond Flavoured Iced Latte- Oat Milk	P			M	M			M													P		
Roasted Almond Flavoured Iced Latte- Lactose Free Milk	M			P	M			M													P		
Roasted Almond Flavoured Iced Latte- Almond Milk	M			M	M			P													P		
Deluxe Roasted Almond Flavoured Iced Coffee- Full Cream Milk	M			P	P			M													P	P	
Deluxe Roasted Almond Flavoured Iced Coffee- Skim Milk	M			P	P			M													P	P	
Deluxe Roasted Almond Flavoured Iced Coffee- Soy Milk	M			P	P			M													P	P	
Deluxe Roasted Almond Flavoured Iced Coffee- Oat Milk	P			P	P			M													P	P	
Deluxe Roasted Almond Flavoured Iced Coffee- Lactose Free Milk	M			P	P			M													P	P	
Deluxe Roasted Almond Flavoured Iced Coffee- Almond Milk	M			P	P			P													P	P	
Frozen Coke® Oreo® Zero Sugar																					P	P	
Hawaiian BBQ Deluxe Burger	P	P	M	P	M	P															P	P	
Hawaiian McCrispy Burger	P	P	P	P	M	P															P		
Hawaiian McSpicy Burger	P	P	P	P	M	P															P		
Cheesy Jalapeño Pops	P	P		P	M																P		
Cadbury Cherry Ripe® McFlurry®	M	M		P	M		M	M			M										P		
Cadbury Cherry Ripe® Chocolate McFlurry®	M	M		P	M		M	M			M										P		
Cadbury Cherry Ripe® Twin Twist McFlurry®	M	M		P	M		M	M			M										P		
Pineapple Sundae				P																	P		
Pineapple Chocolate Sundae				P																	P		
Pineapple Twin Twist Sundae				P																	P		
Dalgona Cookie																							
Korean BBQ Sauce																					P		
McOz®	P	P	P	P	P	P															P		
Chicken McOz®	P	P	P	P	P	P															P		
Crunchie® Frappe	P	P		P	P		M	M			M												
Crunchie® McFlurry®	P	P		P	P		M	M			M												
Crunchie® McFlurry® Chocolate	P	P		P	P		M	M			M												
Crunchie® McFlurry® Twin Twist	P	P		P	P		M	M			M												
Vegemite® McShaker Fries	P	P		P	M																P		
Vegemite® Shaker Seasoning	P	P		P																			

**Chart key:**  
**P:** Ingredient is PRESENT in the product as an ingredient, food additive or processing aid.  
**M:** Ingredient MAY BE present

## Limited Time Offers

### Grirnace Shake

SHAKE MIX: **Milk**, **Milk** Solids, Sugar, Maltodextrin, (derived from Maize), Cream (**Milk**), Vegetable Gums (412, 407, 407a, 466), Mineral Salt (452), Flavours.  
 OR: **Milk**, Sugar, **Milk** Solids, Skim **Milk**, Cream (**Milk**), Maltodextrin, (derived from Maize), Vegetable Gums (407, 407a, 412, 466), Mineral Salts (452), Flavours.  
 OR: **Milk**, Sugar, **Milk** Solids, Maltodextrin, (derived from Maize and Tapioca), Cream (**Milk**), Vegetable Gums (412, 407, 407a, 466), Flavours, Mineral Salts (339, 452), Food Acids (330, 331).  
 GRIMACE SHAKE SYRUP: Sugar, Water, Invert Sugar Syrup, Glucose Syrup, Natural Colour (163), Natural Flavours, Gardenia Extract, Acidity Regulator (330), Preservative (202).  
 WHIPPED CREAM: Cream (**Milk**), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407).

Contains: **Milk**.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	1430	570	1850	557	2200	549
Energy (Cal)	342	136	443	133	527	131
Protein (g)	8.2	3.3	11.0	3.3	13.2	3.3
Fat, total (g)	12.7	5.1	15.2	4.6	17.2	4.3
Saturated Fat (g)	8.8	3.5	10.5	3.1	11.9	3.0
Carbohydrate (g)	47.8	19.1	64.4	19.3	78.1	19.5
Sugars (g)	44.3	17.6	59.6	17.9	72.2	18.0
Sodium (mg)	111	44	149	45	180	45

### BBQ, Bacon and Cheese Toastie

SOURDOUGH BREAD: **Wheat** Flour, Water, Salt, Malt Flour (**Barley**).  
 OR: **Wheat** Flour (Wheat, Vitamins (Thiamin, Folic Acid), Flour Treatment Agent (920)), Water, Sourdough Starter (**Rye** Flour, Water, Mature Sour, Acetic Acid (260)), Iodised Salt, Yeast, Canola Oil, Vinegar, Improver (**Soy** Flour, Mineral Salt (170), Flour Treatment Agent (516, 300, 920), Emulsifier (481, 472e), **Wheat** Malt Flour, Enzymes).  
 RASHER BACON: Pork, Water, Salt, Sugar, Emulsifiers (451, 450), Dextrose (Maize, Tapioca), Antioxidants (316, 392), Acidity Regulator (330), Sodium Nitrite (250), Smoked.  
 AUSSIE JACK CHEESE: Pasteurised **Milk**, Salt, Starter Culture, Non-animal Rennet.  
 HOUSE GRILL BBQ SAUCE: Vinegar, Water, Brown Sugar, Lemon Juice, Tomato Paste, Sugar, Onion Puree, Thickener (1422), Molasses, Garlic, Salt, Spices, Mustard, Flavourings, Malt Extract (**Barley**), Colour (150a), Vegetable Gum (415), Yeast Extract, Preservative (202).

Contains: **Gluten, Wheat, Milk, Soy, Sulphites**.

**SOURDOUGH BREAD is produced on equipment that also produces products containing egg, milk and sesame seeds.**  
**BBQ, BACON and CHEESE TOASTIE may be toasted on the same equipment as products containing egg and soy.**

	BBQ, Bacon and Cheese Toastie	
	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	1790	1030
Energy (Cal)	429	245
Protein (g)	24.8	14.2
Fat, total (g)	14.9	8.5
Saturated Fat (g)	8.3	4.8
Carbohydrate (g)	46.9	26.8
Sugars (g)	8.2	4.7
Sodium (mg)	1340	764

### Banana Bread with Blueberries

BANANA BREAD WITH BLUEBERRIES: **Wheat** Flour, Banana, Sugar, Light Sour Cream (Cream (From **Milk**), Pectin, **Milk** Solids, Cultures), Canola Oil, Blueberries, **Egg**, Banana Flavour Paste (Banana, Colour (160a)), Whole **Egg** Powder, Natural Flavours (Blueberry, Vanilla Flavour Paste), Baking Powder (Raising Agents (450, 500), Maize Starch, Mineral Salt (170)), Lemon Juice Concentrate, **Milk** Solids, Mineral Salts (500, 452), **Wheat** Starch, Vegetable Gum (412), Iodised Salt, Acidity Regulator (330).  
 BUTTER PORTION: Pasteurised Cream (from **Milk**), Water, Salt.

Contains: **Gluten, Wheat, Egg, Milk**.

**BANANA BREAD WITH BLUEBERRIES is produced in the same facility as products containing soy.**  
**BANANA BREAD WITH BLUEBERRIES is stored in the same display cabinet as products containing Tree Nut (Almond).**

	Banana Bread with Blueberries	
	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	2040	1330
Energy (Cal)	487	318
Protein (g)	6.8	4.4
Fat, total (g)	20.8	13.6
Saturated Fat (g)	7.2	4.7
Carbohydrate (g)	65.9	43.1
Sugars (g)	31.5	20.6
Sodium (mg)	280	183

### Ham & Cheese Pocket

WHOLEMEAL TORTILLA: **Wheat** Flour (Thiamine, Folic Acid), Water, Whole **Wheat** Flour (Thiamine, Folic Acid), Vegetable Shortening (Antioxidant (307b)), Sugar, Baking Powder (Mineral Salts (450, 500, 341)), Acidity Regulator (297), Mineral Salt (500), Yeast.  
 AUSSIE JACK CHEESE: Pasteurised **Milk**, Salt, Starter Culture, Non-animal Rennet.  
 HAM: Pork, Water, Salt, Acidity Regulators (326, 262), Dextrose (Maize, Tapioca), Emulsifiers (450, 451, 508), Pork Protein (Herb Extract (392)), Sugar, Modified Tapioca Starch (1412), Thickeners (407a, 415), Antioxidant (316), Potato Fibre, Sodium Nitrite (250), Canola Oil, Citrus Fibre.

Contains: **Gluten, Wheat, Milk**.

**WHOLEMEAL TORTILLA may be produced using the same equipment as products containing Soy.**  
**WHOLEMEAL TORTILLA may be stored in the same equipment as products containing Sesame.**  
**WHOLEMEAL TORTILLA may be cooked on the same equipment as products containing Eggs, Soy.**

	Ham & Cheese Pocket	
	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	884	1060
Energy (Cal)	211	253
Protein (g)	11.6	13.9
Fat, total (g)	9.6	11.5
Saturated Fat (g)	5.5	6.6
Carbohydrate (g)	18.8	22.5
Sugars (g)	1.5	1.7
Sodium (mg)	515	616

### Toffee Nut Flavoured Iced Latte - Full Cream

FULL CREAM MILK: **Milk**.  
 ICE: Water.  
 COFFEE EXTRACT: Coffee, Water.  
 SALTED TOFFEE FLAVOURED SYRUP: Cane Sugar Syrup, Water, Flavourings, Golden Syrup, Salt, Acidity Regulator (330), Preservative (202), Stabilizer (415).

Contains: **Milk, Caffeine**.  
**May be present: Gluten, Soy, Almond due to equipment cross contact.**

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	830	254	1210	252	1490	253
Energy (Cal)	198	61	289	60	357	61
Protein (g)	6.3	1.9	9.7	2.0	12.0	2.0
Fat, total (g)	6.3	1.9	9.7	2.0	11.9	2.0
Saturated Fat (g)	4.4	1.4	6.8	1.4	8.4	1.4
Carbohydrate (g)	28.8	8.8	40.3	8.4	50.0	8.5
Sugars (g)	28.1	8.6	39.3	8.2	48.8	8.3
Sodium (mg)	308	94	427	89	531	90

### Toffee Nut Flavoured Iced Latte - Skim Milk

SKIM MILK: Skim **Milk**.  
 ICE: Water.  
 COFFEE EXTRACT: Coffee, Water.  
 SALTED TOFFEE FLAVOURED SYRUP: Cane Sugar Syrup, Water, Flavourings, Golden Syrup, Salt, Acidity Regulator (330), Preservative (202), Stabilizer (415).

Contains: **Milk, Caffeine**.  
**May be present: Gluten, Soy, Almond due to equipment cross contact.**

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	623	194	890	189	1100	191
Energy (Cal)	149	46	213	45	264	46
Protein (g)	7.0	2.2	10.8	2.3	13.3	2.3
Fat, total (g)	0.2	0.1	0.3	0.1	0.3	0.1
Saturated Fat (g)	0.2	0.1	0.3	0.1	0.3	0.1
Carbohydrate (g)	29.2	9.1	40.9	8.7	50.9	8.8
Sugars (g)	29.1	9.1	40.8	8.7	50.7	8.7
Sodium (mg)	310	97	430	91	535	92

<b>Toffee Nut Flavoured Iced Latte - Lactose Free Milk</b>	<b>Small</b>		<b>Medium</b>		<b>Large</b>	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
LACTOSE FREE MILK: <b>Milk</b> , Enzyme (Lactase). ICE: Water. COFFEE EXTRACT: Coffee, Water. SALTED TOFFEE FLAVOURED SYRUP: Cane Sugar Syrup, Water, Flavourings, Golden Syrup, Salt, Acidity Regulator (330), Preservative (202), Stabilizer (415).						
<b>Contains: Milk, Caffeine.</b> <b>May be present: Gluten, Soy, Almond due to equipment cross contact.</b>						
Energy (kJ)	825	253	1200	251	1490	252
Energy (Cal)	197	61	287	60	355	60
Protein (g)	5.9	1.8	9.1	1.9	11.1	1.9
Fat, total (g)	6.4	2.0	9.9	2.1	12.1	2.1
Saturated Fat (g)	4.7	1.4	7.2	1.5	8.8	1.5
Carbohydrate (g)	28.4	8.7	39.6	8.3	49.2	8.4
Sugars (g)	28.2	8.7	39.4	8.2	49.0	8.3
Sodium (mg)	298	92	412	96	513	87

<b>Toffee Nut Flavoured Iced Latte - Soy Milk</b>	<b>Small</b>		<b>Medium</b>		<b>Large</b>	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
SOY MILK: Filtered Water, Whole <b>Soybean</b> , Raw Sugar, Minerals (Calcium Phosphate), Vegetable Gums (460, 407, 466), Flavour, Sea Salt, Food Acids (340, 331). ICE: Water. COFFEE EXTRACT: Coffee, Water. SALTED TOFFEE FLAVOURED SYRUP: Cane Sugar Syrup, Water, Flavourings, Golden Syrup, Salt, Acidity Regulator (330), Preservative (202), Stabilizer (415).						
<b>Contains: Soy, Caffeine.</b> <b>May be present: Milk, Gluten, Almond due to equipment cross contact.</b>						
Energy (kJ)	660	203	947	198	1170	200
Energy (Cal)	158	49	226	44	280	48
Protein (g)	5.5	1.7	8.5	1.8	10.5	1.8
Fat, total (g)	3.3	1.0	5.1	1.1	6.2	1.1
Saturated Fat (g)	0.5	0.2	0.8	0.2	1.0	0.2
Carbohydrate (g)	25.6	7.9	35.3	7.4	44	7.5
Sugars (g)	23.5	7.2	32.1	6.7	40	6.8
Sodium (mg)	358	110	505	106	627	107

<b>Toffee Nut Flavoured Iced Latte - Almond Milk</b>	<b>Small</b>		<b>Medium</b>		<b>Large</b>	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
ALMOND MILK: Water, <b>Almonds</b> , Sugar, Vegetable Oil (Canola or Sunflower), Maltodextrin (From Corn), Acidity Regulators (340, 332), Vegetable Gums (418, 415, 410), Sunflower Lecithin, Salt. ICE: Water. COFFEE EXTRACT: Coffee, Water. SALTED TOFFEE FLAVOURED SYRUP: Cane Sugar Syrup, Water, Flavourings, Golden Syrup, Salt, Acidity Regulator (330), Preservative (202), Stabilizer (415).						
<b>Contains: Almond, Caffeine.</b> <b>May be present: Milk, Gluten, Soy due to equipment cross contact.</b>						
Energy (kJ)	612	190	874	184	1080	186
Energy (Cal)	146	45	209	44	259	44
Protein (g)	1.5	0.5	2.3	0.5	2.8	0.5
Fat, total (g)	4.1	1.3	6.4	1.4	7.9	1.4
Saturated Fat (g)	0.4	0.1	0.6	0.1	0.7	0.1
Carbohydrate (g)	25.2	7.8	34.7	7.3	43.1	7.4
Sugars (g)	22.7	7.0	30.9	6.5	38.5	6.6
Sodium (mg)	315	98	438	92	514	94

<b>Toffee Nut Flavoured Iced Latte - Oat Milk</b>	<b>Small</b>		<b>Medium</b>		<b>Large</b>	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
OAT MILK: Water, Ground <b>Oats</b> (contains <b>Gluten</b> ), Vegetable Oil (Canola or Sunflower) Acidity Regulator (Dipotassium Phosphate), Minerals (Calcium Phosphate, Calcium Carbonate), Salt. ICE: Water. COFFEE EXTRACT: Coffee, Water. SALTED TOFFEE FLAVOURED SYRUP: Cane Sugar Syrup, Water, Flavourings, Golden Syrup, Salt, Acidity Regulator (330), Preservative (202), Stabilizer (415).						
<b>Contains: Gluten, Caffeine.</b> <b>May be present: Milk, Almond, Soy due to equipment cross contact.</b>						
Energy (kJ)	793	243	1150	240	1420	241
Energy (Cal)	189	58	275	57	340	58
Protein (g)	1.1	0.3	1.7	0.4	2.1	0.4
Fat, total (g)	4.7	1.4	7.2	1.5	8.8	1.5
Saturated Fat (g)	0.7	0.2	1.1	0.2	1.3	0.2
Carbohydrate (g)	35.0	10.7	49.8	10.4	61.7	10.5
Sugars (g)	25.2	7.8	35.3	7.3	43.9	7.4
Sodium (mg)	329	101	459	96	570	97

<b>Deluxe Toffee Nut Flavoured Iced Latte - Full Cream</b>	<b>Small</b>		<b>Medium</b>		<b>Large</b>	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
FULL CREAM MILK: <b>Milk</b> . ICE: Water. COFFEE EXTRACT: Coffee, Water. TOFFEE NUT FLAVOURED SYRUP: Cane Sugar Syrup, Water, Flavourings, Golden Syrup, Salt, Acidity Regulator (330), Preservative (202), Stabilizer (415). WHIPPED CREAM: Cream ( <b>Milk</b> ), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407). SALTED TOFFEE KIBBLE: Sugar, Glucose Syrup (from Maize), Palm Kernel Oil, Sorbitan Tristerate (492), Sunflower Lecithin (322), Salt, Cocoa Butter, Water, Burnt Sugar Syrup, English Toffee Flavour, <b>Soy</b> Lecithin (322).						
<b>Contains: Milk, Soy, Caffeine.</b> <b>May be present: Gluten, Almond due to equipment cross contact.</b>						
Energy (kJ)	1170	335	1550	308	1840	300
Energy (Cal)	280	80	371	74	439	72
Protein (g)	6.7	1.9	10.1	2.0	12.3	2.0
Fat, total (g)	12.2	3.5	15.6	3.1	17.8	2.9
Saturated Fat (g)	8.7	2.5	11.1	2.2	12.7	2.1
Carbohydrate (g)	35.7	10.2	47.1	9.4	56.9	9.3
Sugars (g)	34.2	9.8	45.3	9.0	54.8	8.9
Sodium (mg)	384	110	503	100	607	99

<b>Deluxe Toffee Nut Flavoured Iced Latte - Skim Milk</b>	<b>Small</b>		<b>Medium</b>		<b>Large</b>	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
SKIM MILK: Skim <b>Milk</b> . ICE: Water. COFFEE EXTRACT: Coffee, Water. SALTED TOFFEE FLAVOURED SYRUP: Cane Sugar Syrup, Water, Flavourings, Golden Syrup, Salt, Acidity Regulator (330), Preservative (202), Stabilizer (415). WHIPPED CREAM: Cream ( <b>Milk</b> ), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407). SALTED TOFFEE KIBBLE: Sugar, Glucose Syrup (from Maize), Palm Kernel Oil, Sorbitan Tristerate (492), Sunflower Lecithin (322), Salt, Cocoa Butter, Water, Burnt Sugar Syrup, English Toffee Flavour, <b>Soy</b> Lecithin (322).						
<b>Contains: Milk, Soy, Caffeine.</b> <b>May be present: Gluten, Almond due to equipment cross contact.</b>						
Energy (kJ)	966	281	1230	249	1450	240
Energy (Cal)	231	67	295	60	346	57
Protein (g)	7.4	2.1	11.2	2.3	13.7	2.3
Fat, total (g)	6.1	1.8	6.2	1.3	6.3	1.0
Saturated Fat (g)	4.5	1.3	4.6	0.9	4.6	0.8
Carbohydrate (g)	36.1	10.5	47.8	9.7	57.7	9.6
Sugars (g)	35.1	10.2	46.8	9.5	56.7	9.4
Sodium (mg)	386	112	506	102	611	101

<b>Deluxe Toffee Nut Flavoured Iced Latte - Lactose Free Milk</b>	<b>Small</b>		<b>Medium</b>		<b>Large</b>	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
LACTOSE FREE MILK: <b>Milk</b> , Enzyme (Lactase).						
ICE: Water.						
COFFEE EXTRACT: Coffee, Water.						
SALTED TOFFEE FLAVOURED SYRUP: Cane Sugar Syrup, Water, Flavourings, Golden Syrup, Salt, Acidity Regulator (330), Preservative (202), Stabilizer (415).						
WHIPPED CREAM: Cream ( <b>Milk</b> ), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407).						
SALTED TOFFEE KIBBLE: Sugar, Glucose Syrup (from Maize), Palm Kernel Oil, Sorbitan Tristerate (492), Sunflower Lecithin (322), Salt, Cocoa Butter, Water, Burnt Sugar Syrup, English Toffee Flavour, <b>Soy</b> Lecithin (322).						
<b>Contains: Milk, Soy, Caffeine.</b>						
<b>May be present: Gluten, Almond due to equipment cross contact.</b>						

<b>Deluxe Toffee Nut Flavoured Iced Latte - Soy Milk</b>	<b>Small</b>		<b>Medium</b>		<b>Large</b>	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
SOY MILK: Filtered Water, Whole <b>Soybean</b> , Raw Sugar, Minerals (Calcium Phosphate), Vegetable Gums (460, 407, 466), Flavour, Sea Salt, Food Acids (340, 331).						
ICE: Water.						
COFFEE EXTRACT: Coffee, Water.						
SALTED TOFFEE FLAVOURED SYRUP: Cane Sugar Syrup, Water, Flavourings, Golden Syrup, Salt, Acidity Regulator (330), Preservative (202), Stabilizer (415).						
WHIPPED CREAM: Cream ( <b>Milk</b> ), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407).						
SALTED TOFFEE KIBBLE: Sugar, Glucose Syrup (from Maize), Palm Kernel Oil, Sorbitan Tristerate (492), Sunflower Lecithin (322), Salt, Cocoa Butter, Water, Burnt Sugar Syrup, English Toffee Flavour, <b>Soy</b> Lecithin (322).						
<b>Contains: Milk, Soy, Caffeine.</b>						
<b>May be present: Gluten, Almond due to equipment cross contact.</b>						

<b>Deluxe Toffee Nut Flavoured Iced Latte - Almond Milk</b>	<b>Small</b>		<b>Medium</b>		<b>Large</b>	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
ALMOND MILK: Water, <b>Almonds</b> , Sugar, Vegetable Oil (Canola or Sunflower), Maltodextrin (From Corn), Acidity Regulators (340, 332), Vegetable Gums (418, 415, 410), Sunflower Lecithin, Salt.						
ICE: Water.						
COFFEE EXTRACT: Coffee, Water.						
SALTED TOFFEE FLAVOURED SYRUP: Cane Sugar Syrup, Water, Flavourings, Golden Syrup, Salt, Acidity Regulator (330), Preservative (202), Stabilizer (415).						
WHIPPED CREAM: Cream ( <b>Milk</b> ), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407).						
SALTED TOFFEE KIBBLE: Sugar, Glucose Syrup (from Maize), Palm Kernel Oil, Sorbitan Tristerate (492), Sunflower Lecithin (322), Salt, Cocoa Butter, Water, Burnt Sugar Syrup, English Toffee Flavour, <b>Soy</b> Lecithin (322).						
<b>Contains: Milk, Almond, Soy, Caffeine.</b>						
<b>May be present: Gluten due to equipment cross contact.</b>						

<b>Deluxe Toffee Nut Flavoured Iced Latte - Oat Milk</b>	<b>Small</b>		<b>Medium</b>		<b>Large</b>	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
OAT MILK: Water, Ground <b>Oats</b> (contains <b>Gluten</b> ), Vegetable Oil (Canola or Sunflower) Acidity Regulator (Dipotassium Phosphate), Minerals (Calcium Phosphate, Calcium Carbonate), Salt.						
ICE: Water.						
COFFEE EXTRACT: Coffee, Water.						
SALTED TOFFEE FLAVOURED SYRUP: Cane Sugar Syrup, Water, Flavourings, Golden Syrup, Salt, Acidity Regulator (330), Preservative (202), Stabilizer (415).						
WHIPPED CREAM: Cream ( <b>Milk</b> ), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407).						
SALTED TOFFEE KIBBLE: Sugar, Glucose Syrup (from Maize), Palm Kernel Oil, Sorbitan Tristerate (492), Sunflower Lecithin (322), Salt, Cocoa Butter, Water, Burnt Sugar Syrup, English Toffee Flavour, <b>Soy</b> Lecithin (322).						
<b>Contains: Milk, Gluten, Soy, Caffeine.</b>						
<b>May be present: Almond due to equipment cross contact.</b>						

<b>Toffee Nut Flavoured Coffee Syrup</b>	<b>Small</b>		<b>Medium</b>		<b>Large</b>	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
SALTED TOFFEE FLAVOURED SYRUP: Cane Sugar Syrup, Water, Flavourings, Golden Syrup, Salt, Acidity Regulator (330), Preservative (202), Stabilizer (415).						
Energy (kJ)	269	896	358	896	448	896
Energy (Cal)	64	214	86	214	107	214
Protein (g)	0.0	0.0	0.0	0.0	0.0	0.0
Fat, total (g)	0.0	0.0	0.0	0.0	0.0	0.0
Saturated Fat (g)	0.0	0.0	0.0	0.0	0.0	0.0
Carbohydrate (g)	19.9	66.4	26.5	66.4	33.2	66.4
Sugars (g)	19.8	65.9	26.4	65.9	33.0	65.9
Sodium (mg)	230	766	306	766	383	766

<b>Roasted Almond Flavoured Iced Latte</b>	<b>Small</b>		<b>Medium</b>		<b>Large</b>	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
FULL CREAM MILK: <b>Milk</b> .						
ICE: Water.						
COFFEE EXTRACT: Coffee, Water.						
ROASTED ALMOND FLAVOURED SYRUP: Cane Sugar Syrup, Water, Golden Syrup, Flavourings, Preservative (202), Acidity Regulator (330), Salt, Stabilizer (415).						
<b>Contains: Milk, Caffeine.</b>						
<b>May be present: Gluten, Soy, Almond due to equipment cross contact.</b>						

Roasted Almond Flavoured Iced Latte- Skim Milk	Small		Medium		Large		
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	
SKIM MILK: Skim Milk. ICE: Water. ROASTED ALMOND FLAVOURED SYRUP: Cane Sugar Syrup, Water, Golden Syrup, Flavourings, Preservative (202), Acidity Regulator (330), Salt, Stabilizer (415). COFFEE EXTRACT: Coffee, Water.	Energy (kJ)	586	184	841	179	1040	181
	Energy (Cal)	140	44	201	43	249	43
	Protein (g)	7.0	2.2	10.8	2.3	13.3	2.3
	Fat, total (g)	0.2	0.1	0.3	0.1	0.3	0.1
	Saturated Fat (g)	0.2	0.1	0.3	0.1	0.3	0.1
	Carbohydrate (g)	27.1	8.5	38.0	8.1	47.2	8.2
	Sugars (g)	26.9	8.4	37.9	8.1	47.0	8.2
	Sodium (mg)	87	27	132	28	163	28
<b>Contains: Milk, Caffeine.</b> <b>May be present: Gluten, Soy, Almond due to equipment cross contact.</b>							
Roasted Almond Flavoured Iced Latte- Lactose Free Milk	Small		Medium		Large		
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	
LACTOSE FREE MILK: Milk, Enzyme (Lactase). ICE: Water. ROASTED ALMOND FLAVOURED SYRUP: Cane Sugar Syrup, Water, Golden Syrup, Flavourings, Preservative (202), Acidity Regulator (330), Salt, Stabilizer (415). COFFEE EXTRACT: Coffee, Water.	Energy (kJ)	788	243	1150	241	1420	243
	Energy (Cal)	188	58	275	58	340	58
	Protein (g)	5.9	1.8	9.0	1.9	11.1	1.9
	Fat, total (g)	6.4	2.0	9.9	2.1	12.1	2.1
	Saturated Fat (g)	4.7	1.4	7.2	1.5	8.8	1.5
	Carbohydrate (g)	26.2	8.1	36.7	7.7	45.5	7.8
	Sugars (g)	26.0	8.0	36.5	7.6	45.3	7.7
	Sodium (mg)	75	23	115	24	141	24
<b>Contains: Milk, Caffeine.</b> <b>May be present: Gluten, Soy, Almond due to equipment cross contact.</b>							
Roasted Almond Flavoured Iced Latte- Soy Milk	Small		Medium		Large		
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	
SOY MILK: Filtered Water, Whole Soybean, Raw Sugar, Minerals (Calcium Phosphate), Vegetable Gums (460, 407, 466), Flavour, Sea Salt, Food Acids (340, 331). ICE: Water. ROASTED ALMOND FLAVOURED SYRUP: Cane Sugar Syrup, Water, Golden Syrup, Flavourings, Preservative (202), Acidity Regulator (330), Salt, Stabilizer (415). COFFEE EXTRACT: Coffee, Water.	Energy (kJ)	623	193	898	199	1110	190
	Energy (Cal)	149	46	215	45	266	45
	Protein (g)	5.5	1.7	8.5	1.8	10.5	1.8
	Fat, total (g)	3.3	1.0	5.1	1.1	6.2	1.1
	Saturated Fat (g)	0.5	0.2	0.8	0.2	1.0	0.2
	Carbohydrate (g)	23.4	7.2	32.4	6.8	40.4	6.9
	Sugars (g)	21.3	6.6	29.1	6.1	36.3	6.2
	Sodium (mg)	135	42	207	44	255	44
<b>Contains: Soy, Caffeine.</b> <b>May be present: Gluten, Milk, Almond due to equipment cross contact.</b>							
Roasted Almond Flavoured Iced Latte- Almond Milk	Small		Medium		Large		
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	
ALMOND MILK: Water, Almonds, Sugar, Vegetable Oil (Canola or Sunflower), Maltodextrin (From Corn), Acidity Regulators (340, 332), Vegetable Gums (418, 415, 410), Sunflower Lecithin, Salt. ICE: Water. ROASTED ALMOND FLAVOURED SYRUP: Cane Sugar Syrup, Water, Golden Syrup, Flavourings, Preservative (202), Acidity Regulator (330), Salt, Stabilizer (415). COFFEE EXTRACT: Coffee, Water.	Energy (kJ)	575	179	824	175	1020	176
	Energy (Cal)	137	43	197	42	244	42
	Protein (g)	1.5	0.5	2.3	0.5	2.8	0.5
	Fat, total (g)	4.1	1.3	6.4	1.4	7.9	1.4
	Saturated Fat (g)	0.4	0.1	0.6	0.1	0.7	0.1
	Carbohydrate (g)	23.0	7.2	31.8	6.7	39.5	6.8
	Sugars (g)	20.5	6.4	28.0	5.9	34.8	6.0
	Sodium (mg)	92	29	140	30	173	30
<b>Contains: Almond, Caffeine.</b> <b>May be present: Gluten, Milk, Soy due to equipment cross contact.</b>							
Roasted Almond Flavoured Iced Latte- Oat Milk	Small		Medium		Large		
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	
OAT MILK: Water, Ground Oats (contains Gluten), Vegetable Oil (Canola or Sunflower) Acidity Regulator (Dipotassium Phosphate), Minerals (Calcium Phosphate, Calcium Carbonate), Salt. ICE: Water. ROASTED ALMOND FLAVOURED SYRUP: Cane Sugar Syrup, Water, Golden Syrup, Flavourings, Preservative (202), Acidity Regulator (330), Salt, Stabilizer (415). COFFEE EXTRACT: Coffee, Water.	Energy (kJ)	756	232	1100	230	1360	232
	Energy (Cal)	181	56	264	55	326	55
	Protein (g)	1.1	0.3	1.7	0.4	2.1	0.4
	Fat, total (g)	4.7	1.4	7.2	1.5	8.8	1.5
	Saturated Fat (g)	0.7	0.2	1.1	0.2	1.3	0.2
	Carbohydrate (g)	32.8	10.1	46.9	9.8	58.1	9.9
	Sugars (g)	23.4	7.2	32.3	6.8	40.2	6.8
	Sodium (mg)	106	32	161	34	198	34
<b>Contains: Gluten, Caffeine.</b> <b>May be present: Milk, Soy, Almond due to equipment cross contact.</b>							
Deluxe Roasted Almond Flavoured Iced Coffee	Small		Medium		Large		
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	
FULL CREAM MILK: Milk. ICE: Water. COFFEE EXTRACT: Coffee, Water. ROASTED ALMOND FLAVOURED SYRUP: Cane Sugar Syrup, Water, Golden Syrup, Flavourings, Preservative (202), Acidity Regulator (330), Salt, Stabilizer (415). WHIPPED CREAM: Cream (Milk), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407). SALTED TOFFEE KIBBLE: Sugar, Glucose Syrup (from Maize), Palm Kernel Oil, Sorbitan Tristerate (492), Sunflower Lecithin (322), Salt, Cocoa Butter, Water, Burnt Sugar Syrup, English Toffee Flavour, Soy Lecithin (322).	Energy (kJ)	1140	326	1500	300	1780	291
	Energy (Cal)	271	78	359	72	424	70
	Protein (g)	6.7	1.9	10.1	2.0	12.3	2.0
	Fat, total (g)	12.2	3.5	15.6	3.1	17.8	2.9
	Saturated Fat (g)	8.7	2.5	11.1	2.2	12.7	2.1
	Carbohydrate (g)	33.5	9.6	44.2	8.8	53.3	8.7
	Sugars (g)	32.0	9.2	42.4	8.4	51.2	8.4
	Sodium (mg)	161	46	206	41	235	39
<b>Contains: Milk, Soy, Caffeine.</b> <b>May be present: Gluten, Almond due to equipment cross contact.</b>							

<b>Deluxe Roasted Almond Flavoured Iced Coffee- Skim Milk</b>	<b>Small</b>		<b>Medium</b>		<b>Large</b>	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
SKIM MILK: Skim Milk.						
ICE: Water.						
COFFEE EXTRACT: Coffee, Water.						
ROASTED ALMOND FLAVOURED SYRUP: Cane Sugar Syrup, Water, Golden Syrup, Flavourings, Preservative (202), Acidity Regulator (330), Salt, Stabilizer (415).						
WHIPPED CREAM: Cream (Milk), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407).						
SALTED TOFFEE KIBBLE: Sugar, Glucose Syrup (from Maize), Palm Kernel Oil, Sorbitan Tristerate (492), Sunflower Lecithin (322), Salt, Cocoa Butter, Water, Burnt Sugar Syrup, English Toffee Flavour, Soy Lecithin (322).						
<b>Contains: Milk, Soy, Caffeine.</b>						
<b>May be present: Gluten, Almond due to equipment cross contact.</b>						
<b>Deluxe Roasted Almond Flavoured Iced Coffee- Lactose Free Milk</b>	<b>Small</b>		<b>Medium</b>		<b>Large</b>	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
LACTOSE FREE MILK: Milk, Enzyme (Lactase).						
ICE: Water.						
COFFEE EXTRACT: Coffee, Water.						
ROASTED ALMOND FLAVOURED SYRUP: Cane Sugar Syrup, Water, Golden Syrup, Flavourings, Preservative (202), Acidity Regulator (330), Salt, Stabilizer (415).						
WHIPPED CREAM: Cream (Milk), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407).						
SALTED TOFFEE KIBBLE: Sugar, Glucose Syrup (from Maize), Palm Kernel Oil, Sorbitan Tristerate (492), Sunflower Lecithin (322), Salt, Cocoa Butter, Water, Burnt Sugar Syrup, English Toffee Flavour, Soy Lecithin (322).						
<b>Contains: Milk, Soy, Caffeine.</b>						
<b>May be present: Gluten, Almond due to equipment cross contact.</b>						
<b>Deluxe Roasted Almond Flavoured Iced Coffee- Soy Milk</b>	<b>Small</b>		<b>Medium</b>		<b>Large</b>	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
SOY MILK: Filtered Water, Whole Soybean, Raw Sugar, Minerals (Calcium Phosphate), Vegetable Gums (460, 407, 466), Flavour, Sea Salt, Food Acids (340, 331).						
ICE: Water.						
COFFEE EXTRACT: Coffee, Water.						
ROASTED ALMOND FLAVOURED SYRUP: Cane Sugar Syrup, Water, Golden Syrup, Flavourings, Preservative (202), Acidity Regulator (330), Salt, Stabilizer (415).						
WHIPPED CREAM: Cream (Milk), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407).						
SALTED TOFFEE KIBBLE: Sugar, Glucose Syrup (from Maize), Palm Kernel Oil, Sorbitan Tristerate (492), Sunflower Lecithin (322), Salt, Cocoa Butter, Water, Burnt Sugar Syrup, English Toffee Flavour, Soy Lecithin (322).						
<b>Contains: Milk, Soy, Caffeine.</b>						
<b>May be present: Gluten, Almond due to equipment cross contact.</b>						
<b>Deluxe Roasted Almond Flavoured Iced Coffee- Almond Milk</b>	<b>Small</b>		<b>Medium</b>		<b>Large</b>	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
ALMOND MILK: Water, Almonds, Sugar, Vegetable Oil (Canola or Sunflower), Maltodextrin (From Corn), Acidity Regulators (340, 332), Vegetable Gums (418, 415, 410), Sunflower Lecithin, Salt.						
ICE: Water.						
COFFEE EXTRACT: Coffee, Water.						
ALMOND FLAVOURED SYRUP: Cane Sugar Syrup, Water, Golden Syrup, Flavourings, Preservative (202), Acidity Regulator (330), Salt, Stabilizer (415).						
WHIPPED CREAM: Cream (Milk), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407).						
SALTED TOFFEE KIBBLE: Sugar, Glucose Syrup (from Maize), Palm Kernel Oil, Sorbitan Tristerate (492), Sunflower Lecithin (322), Salt, Cocoa Butter, Water, Burnt Sugar Syrup, English Toffee Flavour, Soy Lecithin (322).						
<b>Contains: Milk, Almond, Soy, Caffeine.</b>						
<b>May be present: Gluten due to equipment cross contact.</b>						
<b>Deluxe Roasted Almond Flavoured Iced Coffee- Oat Milk</b>	<b>Small</b>		<b>Medium</b>		<b>Large</b>	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
OAT MILK: Water, Ground Australia Oats (contains Gluten), Vegetable Oil (Canola or Sunflower) Acidity Regulator (Dipotassium Phosphate), Minerals (Calcium Phosphate, Calcium Carbonate), Salt.						
ICE: Water.						
COFFEE EXTRACT: Coffee, Water.						
ALMOND FLAVOURED SYRUP: Cane Sugar Syrup, Water, Golden Syrup, Flavourings, Preservative (202), Acidity Regulator (330), Salt, Stabilizer (415).						
WHIPPED CREAM: Cream (Milk), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407).						
SALTED TOFFEE KIBBLE: Sugar, Glucose Syrup (from Maize), Palm Kernel Oil, Sorbitan Tristerate (492), Sunflower Lecithin (322), Salt, Cocoa Butter, Water, Burnt Sugar Syrup, English Toffee Flavour, Soy Lecithin (322).						
<b>Contains: Milk, Gluten, Soy, Caffeine.</b>						
<b>May be present: Almond due to equipment cross contact.</b>						
<b>Frozen Coke® Oreo® Zero Sugar</b>	<b>Small</b>		<b>Medium</b>		<b>Large</b>	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
FROZEN COKE OREO ZERO SUGAR: Carbonated Water, Sweeteners (968, 955, 950), Bulking Agent (422), Colour (150d), Flavour, Food Acid (338), Preservative (211), Caffeine.						
<b>Contains: Caffeine.</b>						

Hawaiian BBQ Deluxe Burger	Hawaiian BBQ Deluxe Burger	
	Avg Qty / Serve	Avg Qty / 100g
BEEF PATTY: Beef.	2380	807
QUARTER POUNDER BUN: <b>Wheat</b> Flour (Vitamins (Thiamin, Folate)), Water, Yeast, Sugar, Canola Oil, <b>Sesame</b> Seeds, Iodised Salt, Glaze (Water, Vegetable Protein, Sunflower Oil, Dextrose, Maltodextrin, Maize Starch), <b>Wheat Gluten</b> , Preservative (282), Improver ( <b>Wheat</b> Flour, Ascorbic Acid (300), Enzymes), Natural Flavour, Emulsifier (472e, 471), Thickener (412), Ascorbic Acid (300).	569	193
PINEAPPLE SLICE: Pineapple, Water, Sugar, Food Acid (Citric Acid).	33.1	11.2
SHREDDED LETTUCE: Iceberg Lettuce.	27.2	9.2
TOMATO: Tomato.	13.6	4.6
AUSSIE JACK CHEESE: Pasteurised <b>Milk</b> , Salt, Starter Culture, Non-Animal Rennet.	45.9	15.6
HOUSE GRILL BBQ SAUCE: Vinegar, Water, Brown Sugar, Lemon Juice, Tomato Paste, Sugar, Onion Puree, Thickener (1422), Molasses, Garlic, Salt, Spices, Mustard, Flavourings, Malt Extract ( <b>Barley</b> ), Colour (150a), Vegetable Gum (415), Yeast Extract, Preservative (202).	18.0	6.1
RASHER BACON: Pork, Water, Salt, Sugar, Emulsifiers (451, 450), Dextrose (Maize, Tapioca), Antioxidants (316, 392), Acidity Regulator (330), Sodium Nitrite (250), Smoked.	950	322
GRILL SEASONING: Salt, Black Pepper, Sunflower Oil.		
<b>Contains: Gluten, Wheat, Milk, Sesame.</b>		
<b>QUARTER BUN is produced on equipment that also produces product containing Soy.</b>		
<b>BEEF PATTY may be cooked on the same grill as Egg or products containing Gluten, Wheat, Milk, Soy.</b>		

  

Hawaiian McCrispy Burger	Hawaiian McCrispy Burger	
	Avg Qty / Serve	Avg Qty / 100g
MCCRISPY PATTY: Chicken, Flour ( <b>Wheat</b> , Rice, Maize), Water, Vegetable Oil, Starch (Potato, <b>Wheat</b> , Maize), Salt, Yeast, Vegetable Powders, <b>Wheat Gluten</b> , Food Acid (330), Sugar, Spice & Herb, Natural Flavour, Herb & Spice Extracts, Raising Agent (500), Vegetable Gum (415).	2710	881
MCCRISPY BUN: <b>Wheat</b> Flour (Vitamins (Thiamin, Folate)), Water, Sugar, Canola Oil, Improvers (Pregelatinised <b>Wheat</b> Flour, <b>Wheat Gluten</b> , <b>Wheat</b> Flour, Canola Oil, Ascorbic Acid (300), Enzymes), <b>Wheat Gluten</b> , Glaze (Water, Vegetable Protein, Sunflower Oil, Dextrose, Maltodextrin, Maize Starch), Iodised Salt, Yeast, Natural Flavours, Emulsifiers (472e, 471), Preservative (282), Colour (160a)(iv) (Contains <b>Wheat</b> )), Enzymes (Contains <b>Wheat</b> ), Acidity Regulator (300), <b>Sesame</b> .	647	210
SHREDDED LETTUCE: Iceberg Lettuce.	33.2	10.8
MCCRISPY SAUCE: Vegetable Oil [Includes Antioxidant (307)], Water, Vinegar, Sugar, <b>Milk</b> Solids [Includes Buttermilk Powder ( <b>Milk</b> )], <b>Egg</b> Yolk, Dextrose, Salt, Thickeners (1442, 415), Vegetable Powders (Includes Garlic), Natural Flavour ( <b>Milk</b> ), Acidity Regulator (270), Spice, Yeast Extract, Preservative (202), Herb.	30.6	9.9
AUSSIES JACK CHEESE: Pasteurised <b>Milk</b> , Salt, Starter Culture, Non-Animal Rennet.	6.3	2.1
RASHER BACON: Pork, Water, Salt, Sugar, Emulsifiers (451, 450), Dextrose (Maize, Tapioca), Antioxidants (316, 392), Acidity Regulator (330), Sodium Nitrite (250), Smoked.	57.8	18.8
PINEAPPLE SLICE: Pineapple, Water, Sugar, Food Acid (Citric Acid).	16.5	5.4
	1290	419
<b>Contains: Gluten, Wheat, Egg, Milk, Sesame.</b>		
<b>MCCRISPY BUN is produced and cooked in equipment that also produces product containing Soy.</b>		
<b>MCCRISPY PATTY is cooked in McDonald's Vegetable Oil blend and may be cooked using the same equipment as products containing Gluten, Wheat, Milk, Soy.</b>		

  

Hawaiian McSpicy Burger	Hawaiian McSpicy Burger	
	Avg Qty / Serve	Avg Qty / 100g
SPICY THIGH PATTY: Chicken, Flour ( <b>Wheat</b> ), Water, Vegetable Oil, Thickeners (1420, 1422), Salt, <b>Gluten (Wheat)</b> , Yeast And Yeast Extracts, Spice And Spice Extracts (Inc. Pepper), Rice Starch, Natural Flavours, Raising Agents (450, 500), Vegetable Powders (Garlic, Onion), Emulsifier (322), Hydrolysed Vegetable Protein, Natural Colour (160C), Herb Extract, Citrus Extract, Maltodextrin).	2880	926
QUARTER BUN: <b>Wheat</b> Flour (Vitamins (Thiamin, Folate)), Water, Yeast, Sugar, Canola Oil, <b>Sesame</b> Seeds, Iodised Salt, Glaze (Water, Vegetable Protein, Sunflower Oil, Dextrose, Maltodextrin, Maize Starch), <b>Wheat Gluten</b> , Preservative (282), Improver ( <b>Wheat</b> Flour, Ascorbic Acid (300), Enzymes), Natural Flavour, Emulsifier (472e, 471), Thickener (412), Ascorbic Acid (300).	688	221
PINEAPPLE SLICE: Pineapple, Water, Sugar, Food Acid (Citric Acid).	35.8	11.5
SHREDDED LETTUCE: Iceberg Lettuce.	34.9	11.2
MCOCHICKEN SAUCE: Water, Vegetable Oil [Antioxidant (307b)], Vinegar, Glucose Syrup, <b>Egg</b> Yolk, Thickener (1442, 415), Sugar, Salt, Spice, Mustard Flour, Emulsifiers (435, 433), Preservative (202), Acidity Regulator (270).	7.5	2.4
AUSSIE JACK CHEESE: Pasteurised <b>Milk</b> , Salt, Starter Culture, Non-Animal Rennet.	55.9	18.0
RASHER BACON: Pork, Water, Salt, Sugar, Emulsifiers (451, 450), Dextrose (Maize, Tapioca), Antioxidants (316, 392), Acidity Regulator (330), Sodium Nitrite (250), Smoked.	13.7	4.4
	1480	477
<b>Contains: Gluten, Wheat, Egg, Milk, Sesame.</b>		
<b>QUARTER BUN is produced on equipment that also produces product containing Soy.</b>		
<b>SPICY THIGH PATTY is cooked in McDonald's Vegetable Oil blend and may be cooked using the same equipment as products containing Gluten, Wheat, Milk, Soy.</b>		

  

Cheesy Jalapeño Pops	Cheesy Jalapeño Pops	
	Avg Qty / Serve	Avg Qty / 100g
CHEESY JALAPEÑO POPS: Cheese ( <b>Milk</b> ), Water, Butter ( <b>Milk</b> ), <b>Milk</b> Protein, Emulsifying Salt (E331), Whey Powder ( <b>Milk</b> ), Salt, Colours (E160a, E160c), Starch, Batter ( <b>Wheat</b> Flour, <b>Wheat</b> Starch, Salt, Raising Agents (E450, E500, E503), Whey Powder ( <b>Milk</b> ), Stabiliser (E464), Colour (E160c), Yeast, Sunflower Oil), Water, Sunflower Oil, Green Bell Peppers, Jalapeno Peppers.	900	1070
	215	256
<b>Contains: Gluten, Wheat, Milk.</b>	8.8	10.5
<b>CHEESY JALAPEÑO POPS are cooked in a McDonald's Vegetable Oil Blend and may be cooked in the same equipment as products containing Gluten, Wheat, Milk, Soy.</b>	11.3	13.5
	3.8	4.5
	18.9	22.5
	3.8	4.5
	543	647

  

Cadbury Cherry Ripe® McFlurry®	Cadbury Cherry Ripe® McFlurry®	
	Avg Qty / Serve	Avg Qty / 100g
VANILLA SUNDAE MIX: <b>Milk</b> , Sugar, <b>Milk</b> Solids, Glucose Syrup (from Maize), Cream ( <b>Milk</b> ), Emulsifiers (471, 477), Vegetable Gums (412, 407), Natural Flavour.	1650	801
CHERRY RIPE TOPPING: Sugar, Water, Thickeners (1442, 415), Desiccated Coconut, Natural Colours (163, 160a), Natural Flavourings, Salt, Preservative (202), Acidity Regulator (330).	394	191
CADBURY DARK CHOCOLATE FLAKE GARNISH: Sugar, Cocoa Mass, Cocoa Powder, Cocoa Butter, <b>Milk</b> Solids.	7.6	3.7
<b>Contains: Milk.</b>	12.7	6.2
<b>CADBURY DARK CHOCOLATE FLAKE GARNISH is produced in the same facility as products containing Gluten, Wheat, Peanuts, Soy, Tree Nuts (Almonds, Hazelnuts).</b>	8.4	4.1
	61.3	29.8
	57.3	27.8
	113	55



<b>Cadbury Cherry Ripe® Chocolate McFlurry®</b>		<b>Cadbury Cherry Ripe® Chocolate McFlurry®</b>																																														
<p>CHOCOLATE SUNDAE MIX: <b>Milk, Milk</b> Solids, Sugar, Cream (<b>Milk</b>) Glucose Syrup (Derived from Maize), Cocoa Powder, Natural Chocolate Flavour, Emulsifiers (471, 433), Stabilisers (412, 407, 466, 407a), Natural Colour, Salt.</p> <p>CHERRY RIPE TOPPING: Sugar, Water, Thickeners (1442, 415), Desiccated Coconut, Natural Colours (163, 160a), Natural Flavourings, Salt, Preservative (202), Acidity Regulator (330).</p> <p>CADBURY DARK CHOCOLATE FLAKE GARNISH: Sugar, Cocoa Mass, Cocoa Powder, Cocoa Butter, <b>Milk</b> Solids.</p> <p><b>Contains: Milk.</b></p> <p><b>CADBURY DARK CHOCOLATE FLAKE GARNISH is produced in the same facility as products containing Gluten, Wheat, Peanuts, Soy, Tree Nuts (Almonds, Hazelnuts).</b></p>		<table border="1"> <thead> <tr> <th></th> <th>Avg Qty / Serve</th> <th>Avg Qty / 100g</th> </tr> </thead> <tbody> <tr><td>Energy (kJ)</td><td>1610</td><td>780</td></tr> <tr><td>Energy (Cal)</td><td>384</td><td>186</td></tr> <tr><td>Protein (g)</td><td>7.8</td><td>3.8</td></tr> <tr><td>Fat, total (g)</td><td>11.4</td><td>5.5</td></tr> <tr><td>Saturated Fat (g)</td><td>7.5</td><td>3.6</td></tr> <tr><td>Carbohydrate (g)</td><td>61.3</td><td>29.8</td></tr> <tr><td>Sugars (g)</td><td>56.6</td><td>27.5</td></tr> <tr><td>Sodium (mg)</td><td>158</td><td>77</td></tr> </tbody> </table>			Avg Qty / Serve	Avg Qty / 100g	Energy (kJ)	1610	780	Energy (Cal)	384	186	Protein (g)	7.8	3.8	Fat, total (g)	11.4	5.5	Saturated Fat (g)	7.5	3.6	Carbohydrate (g)	61.3	29.8	Sugars (g)	56.6	27.5	Sodium (mg)	158	77																		
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<b>Korean BBQ Dipping Tub</b>		<b>Korean BBQ Dipping Tub</b>				
		Avg Qty / Serve	Avg Qty / 100g			
KOREAN BBQ DIPPING SAUCE: Water, Invert Sugar Syrup, Sugar, White Vinegar, Brown Sugar, Tomato Paste, Chilli, Thickeners (1422, 415), Molasses, Dehydrated Vegetables, Salt, Caramelised Sugar Syrup, Rochester Sauce Powder, Preservative (202).		Energy (kJ)	215	768		
		Energy (Cal)	51	184		
		Protein (g)	0.2	0.6		
		Fat, total (g)	0.1	0.2		
		Saturated Fat (g)	0.0	0.0		
		Carbohydrate (g)	12.3	43.9		
		Sugars (g)	10.4	37.3		
		Sodium (mg)	155	554		
<b>McOz®</b>		<b>McOz®</b>				
		Avg Qty / Serve	Avg Qty / 100g			
BEEF PATTY: Beef.		Energy (kJ)	2240	837		
QUARTER POUNDER BUN: <b>Wheat</b> Flour (Vitamins (Thiamin, Folate)), Water, Yeast, Sugar, Canola Oil, <b>Sesame</b> Seeds, Iodised Salt, Glaze (Water, Vegetable Protein, Sunflower Oil, Dextrose, Maltodextrin, Maize Starch), <b>Wheat Gluten</b> , Preservative (282), Improver ( <b>Wheat</b> Flour, Ascorbic Acid (300), Enzymes), Natural Flavour, Emulsifier (472e, 471), Thickener (412), Ascorbic Acid (300).		Energy (Cal)	536	200		
SHREDDED LETTUCE: Iceberg Lettuce.		Protein (g)	29.2	10.9		
TOMATO: Tomato.		Fat, total (g)	28.1	10.5		
BEETROOT SLICES: Beetroot, Water, Sugar, Food Acid (Acetic Acid), Salt.		Saturated Fat (g)	12.7	4.7		
SLIVERED ONIONS: White Onion.		Carbohydrate (g)	40.1	14.9		
SLICED CHEESE: Pasteurised <b>Milk</b> , Salt, Culture, Enzyme (Rennet), Water, <b>Milk</b> Solids, Butter ( <b>Milk</b> ), Emulsifiers (331, 332), Salt, Acidity Regulators (260, 330), Natural Colours (160a, 160c), <b>Soy</b> Lecithin (322).		Sugars (g)	11.0	4.1		
KETCHUP: Water, Tomato Paste, High Fructose Corn Syrup, Glucose Corn Syrup, Vinegar, Salt, Flavouring ( <b>Soybean</b> Oil).		Sodium (mg)	960	358		
MCCHICKEN SAUCE: Water, Vegetable Oil (Antioxidant (307b)), Vinegar, Glucose Syrup, <b>Egg</b> Yolk, Thickener (1442, 415), Sugar, Salt, Spice, Mustard Flour, Emulsifiers (435, 433), Preservative (202), Acidity Regulator (270).						
MUSTARD: Water, Distilled Vinegar, Mustard Seed, Salt, Colour (100), Paprika, Natural Flavouring.						
SEASONING: Salt, Black Pepper, Sunflower Oil.						
<b>Contains: Gluten, Wheat, Milk, Soy, Egg, Sesame.</b>						
<b>QUARTER POUNDER BUN is produced on equipment that also produced products containing Soy.</b>						
<b>BEEF PATTIES may be cooked on the same grill as Egg or products containing Gluten, Wheat, Milk, Soy.</b>						
<b>Chicken McOz®</b>		<b>Chicken McOz®</b>				
		Avg Qty / Serve	Avg Qty / 100g			
MCCRISPY PATTY: Chicken, Flour ( <b>Wheat</b> , Rice, Maize), Water, Vegetable Oil, Starch (Potato, <b>Wheat</b> , Maize), Salt, Yeast, Vegetable Powders, <b>Wheat Gluten</b> , Food Acid (330), Sugar, Spice & Herb, Natural Flavour, Herb & Spice Extracts, Raising Agent (500), Vegetable Gum (415).		Energy (kJ)	2300	765		
QUARTER POUNDER BUN: <b>Wheat</b> Flour (Vitamins (Thiamin, Folate)), Water, Yeast, Sugar, Canola Oil, <b>Sesame</b> Seeds, Iodised Salt, Glaze (Water, Vegetable Protein, Sunflower Oil, Dextrose, Maltodextrin, Maize Starch), <b>Wheat Gluten</b> , Preservative (282), Improver ( <b>Wheat</b> Flour, Ascorbic Acid (300), Enzymes), Natural Flavour, Emulsifier (472e, 471), Thickener (412), Ascorbic Acid (300).		Energy (Cal)	549	183		
SHREDDED LETTUCE: Iceberg Lettuce.		Protein (g)	29.3	9.8		
TOMATO: Tomato.		Fat, total (g)	22.3	7.4		
BEETROOT SLICES: Beetroot, Water, Sugar, Food Acid (Acetic Acid), Salt.		Saturated Fat (g)	4.7	1.6		
SLIVERED ONIONS: White Onion.		Carbohydrate (g)	55.5	18.5		
SLICED CHEESE: Pasteurised <b>Milk</b> , Salt, Culture, Enzyme (Rennet), Water, <b>Milk</b> Solids, Butter ( <b>Milk</b> ), Emulsifiers (331, 332), Salt, Acidity Regulators (260, 330), Natural Colours (160a, 160c), <b>Soy</b> Lecithin (322).		Sugars (g)	11.9	4.0		
KETCHUP: Water, Tomato Paste, High Fructose Corn Syrup, Glucose Corn Syrup, Vinegar, Salt, Flavouring ( <b>Soybean</b> Oil).		Sodium (mg)	1260	419		
MCCHICKEN SAUCE: Water, Vegetable Oil (Antioxidant (307b)), Vinegar, Glucose Syrup, <b>Egg</b> Yolk, Thickener (1442, 415), Sugar, Salt, Spice, Mustard Flour, Emulsifiers (435, 433), Preservative (202), Acidity Regulator (270).						
MUSTARD: Water, Distilled Vinegar, Mustard Seed, Salt, Colour (100), Paprika, Natural Flavouring.						
SEASONING: Salt, Black Pepper, Sunflower Oil.						
<b>Contains: Gluten, Wheat, Milk, Soy, Egg, Sesame.</b>						
<b>QUARTER POUNDER BUN is produced on equipment that also produced products containing Soy.</b>						
<b>MCCRISPY PATTY is cooked in a McDonald's Vegetable Oil blend and may be cooked using the same equipment as products containing Gluten, Wheat, Milk, Soy.</b>						
<b>Crunchie® Frappe</b>		<b>Medium</b>		<b>Large</b>		
		Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	
CHOCOLATE FRAPPE BASE: <b>Milk</b> and/or Skim <b>Milk</b> (Reconstituted), Sugar, Cream ( <b>Milk</b> ), <b>Milk</b> Solids, Coco Powder, Emulsifier (471), Stabilisers (412, 410, 466, 407a, 407, Sucrose), Chocolate Flavour, Malt Flavour and/or Malt Extract (from <b>Wheat</b> and/or <b>Barley</b> ).		Energy (kJ)	2810	561	3230	557
ICE: Water.		Energy (Cal)	671	134	771	133
CRUNCHIE® PIECES: Sugar, <b>Milk</b> Solids, Cocoa Butter, Cocoa Mass, <b>Wheat</b> Glucose Syrup ( <b>Gluten</b> ), Glaze (Vegetable Gum (414)), Emulsifiers ( <b>Soy</b> Lecithin, 476), Raising Agent (500), Hydrolysed <b>Milk</b> Protein, Flavour, <b>Milk</b> Chocolate (Cocoa Solids, <b>Milk</b> Solids).		Protein (g)	8.4	1.7	10.2	1.8
WHIPPED CREAM: Cream ( <b>Milk</b> ), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407).		Fat, total (g)	30.8	6.1	34.6	6.0
<b>Contains: Gluten, Wheat, Milk, Soy.</b>		Saturated Fat (g)	20.5	4.1	23.1	4.0
<b>CRUNCHIE PIECES are produced in the same facility as products containing Peanuts, Almonds, Hazelnuts.</b>		Carbohydrate (g)	88.8	17.7	103.0	17.8
		Sugars (g)	82.6	16.5	96.0	16.6
		Sodium (mg)	165	33	190	33
<b>Crunchie® McFlurry®</b>		<b>Crunchie® McFlurry®</b>				
		Avg Qty / Serve	Avg Qty / 100g			
VANILLA SUNDAE MIX: <b>Milk</b> , Sugar, <b>Milk</b> Solids, Glucose Syrup (from Maize), Cream ( <b>Milk</b> ), Emulsifiers (471, 477), Vegetable Gums (412, 407), Natural Flavour.		Energy (kJ)	2120	945		
CRUNCHIE® PIECES: Sugar, <b>Milk</b> Solids, Cocoa Butter, Cocoa Mass, <b>Wheat</b> Glucose Syrup ( <b>Gluten</b> ), Glaze (Vegetable Gum (414)), Emulsifiers ( <b>Soy</b> Lecithin, 476), Raising Agent (500), Hydrolysed <b>Milk</b> Protein, Flavour, <b>Milk</b> Chocolate (Cocoa Solids, <b>Milk</b> Solids).		Energy (Cal)	507	226		
CARAMEL TOPPING: Glucose Syrup, Whole Sweetened Condensed <b>Milk</b> ( <b>Milk</b> , Sugar, <b>Milk</b> Solids), Invert Sugar Syrup, Water, Butter ( <b>Milk</b> ), Sugar, Emulsifiers (339, 322), Salt, Thickener (440), Natural Flavour.		Protein (g)	8.1	3.6		
<b>Contains: Gluten, Wheat, Milk, Soy.</b>		Fat, total (g)	15.5	6.9		
<b>CRUNCHIE PIECES are produced in the same facility as products containing Peanuts, Almonds, Hazelnuts.</b>		Saturated Fat (g)	10.0	4.5		
		Carbohydrate (g)	82.5	36.8		
		Sugars (g)	73.1	32.5		
		Sodium (mg)	196	87		

<b>Crunchie® McFlurry® Chocolate</b>		<b>Crunchie® McFlurry® Chocolate</b>		
<p>CHOCOLATE SUNDAE MIX: <b>Milk</b>, <b>Milk</b> Solids, Sugar, Cream (<b>Milk</b>) Glucose Syrup (Derived from Maize), Cocoa Powder, Natural Chocolate Flavour, Emulsifiers (471, 433), Stabilisers (412, 407, 466, 407a), Natural Colour, Salt.</p> <p>CRUNCHIE® PIECES: Sugar, <b>Milk</b> Solids, Cocoa Butter, Cocoa Mass, <b>Wheat</b> Glucose Syrup (<b>Gluten</b>), Glaze (Vegetable Gum (414)), Emulsifiers (<b>Soy</b> Lecithin, 476), Raising Agent (500), Hydrolysed <b>Milk</b> Protein, Flavour, <b>Milk</b> Chocolate (Cocoa Solids, <b>Milk</b> Solids).</p> <p>CARAMEL TOPPING: Glucose Syrup, Whole Sweetened Condensed <b>Milk</b> (<b>Milk</b>, Sugar, <b>Milk</b> Solids), Invert Sugar Syrup, Water, Butter (<b>Milk</b>), Sugar, Emulsifiers (339, 322), Salt, Thickener (440), Natural Flavour.</p> <p><b>Contains: Gluten, Wheat, Milk, Soy.</b></p> <p><b>CRUNCHIE PIECES are produced in the same facility as products containing Peanuts, Almonds, Hazelnuts.</b></p>		Avg Qty / Serve	Avg Qty / 100g	
		Energy (kJ)	2080	927
		Energy (Cal)	497	222
		Protein (g)	8.2	3.7
		Fat, total (g)	14.2	6.3
		Saturated Fat (g)	9.1	4.1
		Carbohydrate (g)	82.8	36.9
		Sugars (g)	72.3	32.2
		Sodium (mg)	241	107

  

<b>Crunchie® McFlurry® Twin Twist</b>		<b>Crunchie® McFlurry® Twin Twist</b>		
<p>VANILLA SUNDAE MIX: <b>Milk</b>, Sugar, <b>Milk</b> Solids, Glucose Syrup (from Maize), Cream (<b>Milk</b>), Emulsifiers (471, 477), Vegetable Gums (412, 407), Natural Flavour.</p> <p>CHOCOLATE SUNDAE MIX: <b>Milk</b>, <b>Milk</b> Solids, Sugar, Cream (<b>Milk</b>) Glucose Syrup (Derived from Maize), Cocoa Powder, Natural Chocolate Flavour, Emulsifiers (471, 433), Stabilisers (412, 407, 466, 407a), Natural Colour, Salt.</p> <p>CRUNCHIE® PIECES: Sugar, <b>Milk</b> Solids, Cocoa Butter, Cocoa Mass, <b>Wheat</b> Glucose Syrup (<b>Gluten</b>), Glaze (Vegetable Gum (414)), Emulsifiers (<b>Soy</b> Lecithin, 476), Raising Agent (500), Hydrolysed <b>Milk</b> Protein, Flavour, <b>Milk</b> Chocolate (Cocoa Solids, <b>Milk</b> Solids).</p> <p>CARAMEL TOPPING: Glucose Syrup, Whole Sweetened Condensed <b>Milk</b> (<b>Milk</b>, Sugar, <b>Milk</b> Solids), Invert Sugar Syrup, Water, Butter (<b>Milk</b>), Sugar, Emulsifiers (339, 322), Salt, Thickener (440), Natural Flavour.</p> <p><b>Contains: Gluten, Wheat, Milk, Soy.</b></p> <p><b>CRUNCHIE PIECES are produced in the same facility as products containing Peanuts, Almonds, Hazelnuts.</b></p>		Avg Qty / Serve	Avg Qty / 100g	
		Energy (kJ)	2100	936
		Energy (Cal)	502	224
		Protein (g)	8.1	3.6
		Fat, total (g)	14.8	6.6
		Saturated Fat (g)	9.6	4.3
		Carbohydrate (g)	82.7	36.8
		Sugars (g)	72.7	32.4
		Sodium (mg)	219	97

  

	<b>Small</b>		<b>Medium</b>		<b>Large</b>	
	Avg Qty / Serve	Avg Qty / 100g	Avg Qty / Serve	Avg Qty / 100g	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	976	1270	1360	1270	1890	1270
Energy (Cal)	233	303	325	303	452	304
Protein (g)	4.2	5.4	5.6	5.3	7.6	5.1
Fat, total (g)	11.7	15.2	16.6	15.5	23.3	15.6
Saturated Fat (g)	1.0	1.3	1.4	1.3	1.9	1.3
Carbohydrate (g)	26.6	34.6	36.8	34.4	51.0	34.2
Sugars (g)	0.0	0.0	0.0	0.0	0.0	0.0
Sodium (mg)	662	860	751	700	872	586

  

<b>Vegemite® Shaker Seasoning</b>		<b>Vegemite® Shaker Fries</b>		
<p>VEGEMITE® SHAKER SEASONING: Rice Flour, Hydrolysed Vegetable Protein, Whey Powder (<b>Milk</b>), Yeast Extract (Yeast Extract (<b>Barley</b>, <b>Wheat</b>), Salt, Mineral Salt (508), Malt Extract (<b>Barley</b>, <b>Wheat</b>), Colour (150c), Natural Flavours, Vitamins (Niacin, Thiamine, Riboflavin, Folate)), Dextrose, Salt, Vegetable Oils, Anti-Caking Agents (504, 551), Cheese Powder (<b>Milk</b>), Natural Flavour (<b>Milk</b>).</p> <p><b>Contains: Gluten, Wheat, Milk.</b></p>		Avg Qty / Serve	Avg Qty / 100g	
		Energy (kJ)	60	1200
		Energy (Cal)	14	288
		Protein (g)	0.7	14.5
		Fat, total (g)	0.2	4.4
		Saturated Fat (g)	0.1	1.0
		Carbohydrate (g)	2.3	45.6
		Sugars (g)	0.0	0.0
		Sodium (mg)	452	9040

If this document has been printed, please visit <https://mcdonalds.com.au/our-impact/food-quality-sourcing/nutrition> for most current information.

## Change Tracker:

Date	Document Number/Revision Number	Document Title	Issued	Upload Date	Description
03-01-2025	111	Aus LTO Menu_ January 2025	03-01-2025	06-01-2025	Added Roasted Almond Flavoured Iced Latte, McOz® Range, Crunchie® Frappe & McFlurry®, Vegemite® McShaker Fries
09-12-2024	110	Aus LTO Menu_ December 2024	10-12-2024	11-12-2024	Added Korean BBQ Sauce & Dalgona cookie
25-11-2024	109	Aus LTO Menu_ November V2 2024	26-11-2024	27-11-2024	Added Summer Products: Hawaiian Range, Cheesy Jalapeño Pops, Cherry Ripe® McFlurry®, Pineapple Sundae
14-11-2024	108	Aus LTO Menu_ November 2024	19-11-2024	20-11-2024	Added Frozen Coke Oreo Zero Sugar
28-10-2024	107	Aus LTO Menu_ October V2 2024	28-10-2024	30-10-2024	Added Toffee Nut Flavoured Iced Latte
15-10-2024	106	Aus LTO Menu_ October 2024	15-10-2024	16-10-2024	Removal of QP Range
25-09-2024	105	Aus LTO Menu_ September 2024 V2	25-09-2024	04-10-2024	Addition of Grimace Shake
18-09-2024	104	Aus LTO Menu_ September 2024	25-09-2024	02-10-2024	Added Ham & Cheese Pocket promo item
07-08-2024	103	Aus LTO Menu_ August 2024	8/7/024	08-08-2024	Removal of Hot Cross Buns promo items
05-08-2024	102	Aus LTO Menu_ August 2024	05-08-2024	07-08-2024	Removal of Spicy Range; Addition of Quarter Pounder Range.
02-07-2024	101	AUS LTO Menu_ July 2024	02-07-2024	03-07-2024	Addition of Steakhouse Stack Burger and Mozzarella Sticks with Sweet Chili Sauce
11-06-2024	100	Aus LTO Menu_ June 2024	11-06-2024	12-06-2024	Removal of Mac Family + Onions Rings, Caramello McFlurry and Frozen K-Wave; Addition of Banana Shake, Banana Caramel Pie + McFlurry
21-05-2024	99	Aus LTO Menu_ May 2024	21-05-2024	21-05-2024	Removal of BLT McMuffin; Updated Big Mac Sauce formulation; dual supply; Add Feisty LTO
24-04-2024	98	Aus LTO Menu_ April 2024	23-04-2024	24-04-2024	Addition of Coke Creations - K Wave frozen Coke
02-04-2024	97	Aus LTO Menu_ April 2024	02-04-2024	03-04-2024	Removal of previous promo items; Addition of Mac Family + Onion Rings
12-03-2024	96	Aus LTO Menu_ March 2024	12-03-2024	13-03-2024	Addition of Caramello McFlurry
05-03-2024	95	Aus LTO Menu_ March 2024	05-03-2024	06-03-2024	Addition of BLT McMuffin
09-02-2024	94	Aus LTO Menu_ February 2024	20-02-2024	20-02-2024	Updated allergen information for PEAL legislative requirements