



## McDonald's Australia Limited Time Offers Allergen - Ingredients - Nutrition Information

**Information correct as at January 2026**

At McDonald's we believe in the nutritional principals of balance, variety and moderation and that eating at McDonald's can fit into a healthy lifestyle. Our goal is to provide you with the information necessary to make informed decisions about your McDonald's menu choices. This guide can help you balance your McDonald's meal with the other meals you eat today, and every day.

This guide is for our Limited Time Offers menu. For information regarding short-time menu items, please either ask a manager in one of our restaurants or contact our Customer Service Department either via our website <http://mcdonalds.com.au/contactus> or on 02 9875 7100.

The nutrition and ingredient information is based on standard product formulations, standard product assembly and standard serving sizes. Actual sizes and assembly may vary. Due to the individual preparation of each of our menu items, actual values may vary from those listed. Variations may also occur depending on the supplier, country of origin, region of the country of origin, and the season of the year. Further, product formulations may change periodically.

### Food Sensitivities and Preferences

As we operate working kitchens please be aware that there is always a risk that traces of allergens may be transferred to ingredients during storage or preparation of food in our kitchens. McDonald's Restaurants are therefore unable to guarantee that any food item sold is free from traces of allergens.

No food items are certified as vegetarian. Whilst some ingredients may not contain animal ingredients, we cannot guarantee that there will be no cross contact with ingredients that do contain animal ingredients in our kitchens.

We have a number of Halal certified restaurants. Only those items listed on the certificate in the front counter area and drive thru booth at our restaurants serving Halal options are certified as Halal.

If you would like further information or have food sensitivities or dietary concerns regarding specific ingredients in specific menu items, please contact us at <http://mcdonalds.com.au/contactus> or call us on 02 9875 7100.

Our allergen labelling complies with Australia New Zealand Food Standards Code – Standard 1.2.3 (Registered 09 March 2021)

	Gluten	Wheat	Egg	Milk	Soy	Sesame	Peanut	Tree nut							Fish	Crustacea	Molluscs	Sulphites	Lupin	Added Preservative	Artificial Colour	Artificial Flavour	
								Almond	Brazil Nut	Cashew	Hazelnut	Macadamia	Pecan	Pine Nut	Pistachio	Walnut							
<b>Allergen Summary:</b> As we operate working kitchens please be aware that there is always a risk that allergen containing ingredients may be transferred during storage or preparation of food in our kitchens. McDonald's Restaurants are therefore unable to guarantee that any food item sold is free from cross contact of allergens.																							
El Maco Beef Burger	P	P	M	P	P	P																P	
El Maco McCrispy Chicken Burger	P	P	M	P	P	P																P	
El Maco Chicken McWrap	P	P	M	P	P	M																P	
Milo McFlurry®	P			P	P																		
Milo Chocolate McFlurry®	P			P	P																		
Milo Twin Twist McFlurry®	P			P	P																		
Milo Shake	P			P	P																		
Frozen Fanta Lemon Flavour with Green Apple Popping Pearls																					P	P	P
Frank's RedHot® Buffalo Wings Sauce																							
Frank's RedHot® McCrispy	P	P	P	M	M	P															P	P	
Frank's RedHot® McSpicy	P	P	M	M	M	P															P		
Quarter Pounder Deluxe (Participating restaurants only)	P	P	P	P	P	P															P		

**Chart key:**

**P:** Ingredient is PRESENT in the product as an ingredient, food additive or processing aid.

**M:** Ingredient MAY BE present

## Limited Time Offers

### El Maco Beef Burger

QUARTER POUNDER BUN: **Wheat** Flour (Vitamins (Thiamin, Folate)), Water, Yeast, Sugar, Canola Oil, **Sesame** Seeds, Iodised Salt, Glaze (Water, Vegetable Protein, Sunflower Oil, Dextrose, Maltodextrin, Maize Starch), **Wheat** Gluten, Preservative (282), Improver (**Wheat** Flour, Ascorbic Acid (300), Enzymes), Natural Flavour, Emulsifier (472e, 471), Thickener (412), Ascorbic Acid (300).  
**BEEF** PATTIES: Beef.  
SLICED CHEESE: Cheese (Pasteurised **Milk**, Salt, Culture, Enzyme (Rennet)), Water, **Milk** Solids, Butter (**Milk**), Emulsifiers (331, 332), Salt, Acidity Regulators (260, 330), Natural Colours (160a, 160c), **Soy** Lecithin (322).  
OR: Cheese (**Milk**, Salt, Starter Cultures, Enzyme (Rennet - Calves &/or Vegetarian)), Water, **Milk** Solids, Emulsifiers (331, 332), Cheese Flavour (**Milk**), Salt, Acidity Regulators (260, 330), Emulsifier (322 contains **Soy** Lecithin), Colours (160a).  
EL MACO SAUCE: Water, Tomatoes (Tomato Paste, Crushed Tomatoes, Acidity Regulator (330), Firming Agent (509)), Red Bell Pepper Puree (Red Bell Pepper, Food Acid (260)), White Vinegar, Sugar, Dehydrated Vegetables, Thickeners (1422, 415), Spices, Salt, Preservative (202), Spice Extract.  
SOUR CREAM: Cream (**Milk**), Water, Skim **Milk** Powder, Thickener (1422), Gelatin, Acid (270), Salt, Cultures (**Milk**).  
SHREDDED LETTUCE: Iceberg Lettuce.  
TOMATO: Tomato.  
ONIONS: Water, Dehydrated White Onions.

Contains: **Gluten, Wheat, Milk, Soy, Sesame**.

REGULAR BUN is produced and cooked in equipment that also produces products containing **Soy, Sesame**.

**BEEF** PATTIES and **ONION** may be cooked on the same grill as **Egg** or products containing **Gluten, Wheat, Milk, Soy**.

El Maco Beef Burger		
	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	2240	905
Energy (Cal)	529	213
Protein (g)	27.0	10.9
Fat, total (g)	28.5	11.5
Saturated Fat (g)	14.9	6.0
Carbohydrate (g)	41.9	16.9
Sugars (g)	11.0	4.4
Sodium (mg)	886	357

### El Maco McCrispy Chicken Burger

MCCRISPY BUN: **Wheat** Flour (Vitamin (Folate)), Water, Potato Flakes (Potatoes, Emulsifier (471), Preservative (223 - **Sulphites**)), Sugar, Improvers (Pregelatinised **Wheat** Flour, **Wheat** Flour, **Wheat** Gluten, Canola Oil, **Wheat** Malt Flour, Antioxidant (300), Enzymes (**Wheat**)), Canola Oil, **Wheat** Gluten, Iodised Salt, Glaze (Water, Vegetable Protein, Canola Oil, Maltodextrin, Dextrose, Maize Starch), Yeast, Emulsifiers (472e, 471), Natural Flavours (**Sulphites**), Preservative (262), **Sesame** Seeds.  
MCCRISPY CHICKEN PATTY: Chicken, Flour (**Wheat**, Rice, Corn), Water, Breadcrumb [**Wheat** Flour, Sugar, Baker's Yeast, Salt, Shortening (Non Hydrogenated Rice Bran Oil)], Vegetable Oil (Canola, Sunflower), Starch (Potato, Corn), Salt, Vegetable Powders (Garlic, Onion, Mushroom Extract), Natural Flavouring, **Wheat** Gluten, Food Acid (330), Spice and Spice Extracts (Black Pepper, White Pepper, Chilli, Capsicum), Sugar, Herbs and Herb Extract (Lavage Leaf, Sage, Rosemary), Raising Agent (500ii), Stabiliser (415).  
SLICED CHEESE: Cheese (Pasteurised **Milk**, Salt, Culture, Enzyme (Rennet)), Water, **Milk** Solids, Butter (**Milk**), Emulsifiers (331, 332), Salt, Acidity Regulators (260, 330), Natural Colours (160a, 160c), **Soy** Lecithin (322).  
OR: Cheese (**Milk**, Salt, Starter Cultures, Enzyme (Rennet - Calves &/or Vegetarian)), Water, **Milk** Solids, Non Fat **Milk** Solids, Emulsifiers (331, 332), Cheese Flavour (**Milk**), Salt, Acidity Regulators (260, 330), Emulsifier (322 contains **Soy** Lecithin), Colours (160a).  
EL MACO SAUCE: Water, Tomatoes (Tomato Paste, Crushed Tomatoes, Acidity Regulator (330), Firming Agent (509)), Red Bell Pepper Puree (Red Bell Pepper, Food Acid (260)), White Vinegar, Sugar, Dehydrated Vegetables, Thickeners (1422, 415), Spices, Salt, Preservative (202), Spice Extract.  
SOUR CREAM: Cream (**Milk**), Water, Skim **Milk** Powder, Thickener (1422), Gelatin, Acid (270), Salt, Cultures (**Milk**).  
SHREDDED LETTUCE: Iceberg Lettuce.  
TOMATO: Tomato.

Contains: **Gluten, Wheat, Milk, Soy, Sulphites, Sesame**.

MCCRISPY BUN is made on equipment that also produces products containing **Milk**.

MCCRISPY CHICKEN PATTY is cooked in a McDonald's Vegetable Oil blend and may be cooked using the same equipment as products containing **Gluten, Wheat, Egg, Milk, Soy**

El Maco McCrispy Chicken Burger		
	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	2370	823
Energy (Cal)	557	193
Protein (g)	28.1	9.8
Fat, total (g)	23.0	8.0
Saturated Fat (g)	6.8	2.4
Carbohydrate (g)	59.5	20.6
Sugars (g)	9.8	2.4
Sodium (mg)	1180	410

### El Maco Chicken McWrap

WHOLEMEAL TORTILLA: **Wheat** Flour (Thiamine, Folic Acid), Water, Whole **Wheat** Flour (Thiamine, Folic Acid), Vegetable Shortening (Antioxidant (307b)), Sugar, Baking Powder [Mineral Salts (450, 500, 341)], Acidity Regulator (297), Mineral Salt (500), Yeast.  
OR: WHITE TORTILLA: **Wheat** Flour (Thiamine, Folic Acid), Water, Vegetable Oil, Mineral Salts (500, 450, 341), Sugar, Acidity Regulator (297), Iodised Salt, Yeast.  
MCCRISPY CHICKEN PATTY: Chicken, Flour (**Wheat**, Rice, Corn), Water, Breadcrumb [**Wheat** Flour, Sugar, Baker's Yeast, Salt, Shortening (Non Hydrogenated Rice Bran Oil)], Vegetable Oil (Canola, Sunflower), Starch (Potato, Corn), Salt, Vegetable Powders (Garlic, Onion, Mushroom Extract), Natural Flavouring, **Wheat** Gluten, Food Acid (330), Spice and Spice Extracts (Black Pepper, White Pepper, Chilli, Capsicum), Sugar, Herbs and Herb Extract (Lavage Leaf, Sage, Rosemary), Raising Agent (500ii), Stabiliser (415).  
SLICED CHEESE: Cheese (Pasteurised **Milk**, Salt, Culture, Enzyme (Rennet)), Water, **Milk** Solids, Butter (**Milk**), Emulsifiers (331, 332), Salt, Acidity Regulators (260, 330), Natural Colours (160a, 160c), **Soy** Lecithin (322).  
OR: Cheese (**Milk**, Salt, Starter Cultures, Enzyme (Rennet - Calves &/or Vegetarian)), Water, **Milk** Solids, Non Fat **Milk** Solids, Emulsifiers (331, 332), Cheese Flavour (**Milk**), Salt, Acidity Regulators (260, 330), Emulsifier (322 contains **Soy** Lecithin), Colours (160a).  
EL MACO SAUCE: Water, Tomatoes (Tomato Paste, Crushed Tomatoes, Acidity Regulator (330), Firming Agent (509)), Red Bell Pepper Puree (Red Bell Pepper, Food Acid (260)), White Vinegar, Sugar, Dehydrated Vegetables, Thickeners (1422, 415), Spices, Salt, Preservative (202), Spice Extract.  
SOUR CREAM: Cream (**Milk**), Water, Skim **Milk** Powder, Thickener (1422), Gelatin, Acid (270), Salt, Cultures (**Milk**).  
SHREDDED LETTUCE: Iceberg Lettuce.  
TOMATO: Tomato.

Contains: **Gluten, Wheat, Milk, Soy**.

MCCRISPY CHICKEN PATTY is cooked in a McDonald's Vegetable Oil blend and may be cooked using the same equipment as products containing **Gluten, Wheat, Egg, Milk, Soy**

WHOLEMEAL TORTILLA may be produced using the same equipment as products containing **soy**.

WHITE TORTILLA may be steamed in the same equipment as products containing **sesame seeds**.

WHITE TORTILLA may be produced using the same equipment as products containing **soy**.

WHITE TORTILLA may be steamed in the same equipment as products containing **sesame seeds**

El Maco Chicken McWrap		
	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	2570	861
Energy (Cal)	606	203
Protein (g)	29.1	9.7
Fat, total (g)	26.4	8.8
Saturated Fat (g)	9.4	3.2
Carbohydrate (g)	63.4	21.2
Sugars (g)	6.8	2.3
Sodium (mg)	1320	442

### Milo McFlurry®

VANILLA SUNDAE MIX: **Milk**, Sugar, **Milk** Solids, Glucose Syrup (from Maize), Cream (**Milk**), Emulsifiers (471, 477), Vegetable Gums (412, 407), Natural Flavour.

MILO: Extract of Malt **Barley** or Malt **Barley** and Rice, **Milk** Solids, Sugar, Cocoa, Choc Malt Blend (**Soy**), Minerals (Calcium, Iron), Vitamins (C, B3, B6, B2, D, B12).

Contains: **Milk, Gluten, Soy**

Milo McFlurry®		
	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	1260	726
Energy (Cal)	300	173
Protein (g)	8.8	5.1
Fat, total (g)	7.9	4.6
Saturated Fat (g)	5.3	3.1
Carbohydrate (g)	45.8	26.5
Sugars (g)	39.7	23.0
Sodium (mg)	98	57

**Milo Chocolate McFlurry®**

CHOCOLATE SUNDAE MIX: **Milk**, **Milk** Solids, Sugar, Cream (**Milk**) Glucose Syrup (Derived from Mazie), Cocoa Powder, Natural Chocolate Flavour, Emulsifiers (471, 433), Stabilisers (412, 407, 466, 407a), Natural Colour, Salt. MILO: Extract of Malt **Barley** or Malt **Barley** and Rice, **Milk** Solids, Sugar, Cocoa, Choc Malt Blend (**Soy**), Minerals (Calcium, Iron), Vitamins (C, B3, B6, B2, D, B12).

Contains: **Milk**, **Gluten**, **Soy**

<b>Milo Chocolate McFlurry®</b>	
Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	7210
Energy (Cal)	701
Protein (g)	288
8.9	167
Fat, total (g)	6.6
Saturated Fat (g)	4.4
Carbohydrate (g)	46.1
Sugars (g)	39.0
Sodium (mg)	143
	22.5
	83

**Milo Twin Twist McFlurry® (Available at participating restaurants)**

VANILLA SUNDAE MIX: **Milk**, Sugar, **Milk** Solids, Glucose Syrup (from Maize), Cream (**Milk**), Emulsifiers (471, 477), Vegetable Gums (412, 407), Natural Flavour. CHOCOLATE SUNDAE MIX: **Milk**, Sugar, Cream (**Milk**) Glucose Syrup (Derived from Mazie), Cocoa Powder, Natural Chocolate Flavour, Emulsifiers (471, 433), Stabilisers (412, 407, 466, 407a), Natural Colour, Salt. MILO: Extract of Malt **Barley** or Malt **Barley** and Rice, **Milk** Solids, Sugar, Cocoa, Choc Malt Blend (**Soy**), Minerals (Calcium, Iron), Vitamins (C, B3, B6, B2, D, B12).

Contains: **Milk**, **Gluten**, **Soy**

<b>Milo Twin Twist McFlurry®</b>	
Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	7130
Energy (Cal)	713
Protein (g)	294
8.9	170
Fat, total (g)	7.3
Saturated Fat (g)	4.8
Carbohydrate (g)	46.0
Sugars (g)	39.4
Sodium (mg)	121
	22.8
	70

**Milo Shake**

SHAKE MIX: **Milk**, **Milk** Solids, Sugar, Maltodextrin (derived from Maize), Cream (**Milk**), Vegetable Gums (412, 407, 407a, 466), Mineral Salt (452), Flavours. OR: **Milk**, Sugar, **Milk** Solids, Skim **Milk**, Cream (**Milk**), Maltodextrin (derived from Maize), Vegetable Gums (407, 407a, 412, 466), Mineral Salts (452), Flavours. OR **Milk**, Sugar, **Milk** Solids, Maltodextrin (derived from Maize and Tapioca), Cream (**Milk**), Vegetable Gums (412, 407, 407a, 466), Flavours, Mineral Salts (339, 452), Food Acids (330, 331). MILO: Extract of Malt **Barley** or Malt **Barley** and Rice, **Milk** Solids, Sugar, Cocoa, Choc Malt Blend (**Soy**), Minerals (Calcium, Iron), Vitamins (C, B3, B6, B2, D, B12).

Contains: **Milk**, **Gluten**, **Soy**

		<b>Small</b>	<b>Medium</b>	<b>Large</b>	
Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	1130	582	1410	552	2050
Energy (Cal)	269	138	334	131	486
Protein (g)	9.1	4.7	11.4	4.5	16.4
Fat, total (g)	7.6	3.9	9.7	3.8	13.6
Saturated Fat (g)	5.0	2.6	6.4	2.5	8.9
Carbohydrate (g)	38.9	19.9	48.1	18.9	70.3
Sugars (g)	33.2	17.0	41.6	16.3	59.7
Sodium (mg)	119	61	150	59	212
					62

**Frozen Fanta Lemon Flavour with Green Apple Popping Pearls**

FANTA® LEMON FLAVOUR: Carbonated Water, Sugar, E330, E211, Flavour, E331, Colour. GREEN APPLE POPPING PEARLS: Water, Sugar, Apple Juice Concentrate, Calcium Lactate, Malic Acid, E466, Guar Gum, Apple Flavor, Sodium Alginate, Extractives Of Turmeric, Brilliant Blue FCF (FD&C Blue 1).

		<b>Small</b>	<b>Medium</b>	<b>Large</b>	
Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	510	135	684	131	874
Energy (Cal)	123	32	165	32	211
Protein (g)	0.0	0.0	0.0	0.0	0.0
Fat, total (g)	0.0	0.0	0.0	0.0	0.0
Saturated Fat (g)	0.0	0.0	0.0	0.0	0.0
Carbohydrate (g)	30.0	7.9	40.3	7.7	51.5
Sugars (g)	29.1	7.7	39.3	7.5	50.5
Sodium (mg)	31	8	38	7	41
					6

**Frank's RedHot® Buffalo Wings Sauce**

Frank's Buffalo Wings Sauce [Distilled Vinegar, Aged Cayenne Red Peppers, Salt, Water, Vegetable Oil, Paprika, Thickener (415), Garlic Powder, Natural Flavour].

<b>Frank's RedHot® Buffalo Wings Sauce</b>	
Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	31
Energy (Cal)	13
Protein (g)	0.2
0.1	0.2
Fat, total (g)	0.4
Saturated Fat (g)	0.2
Carbohydrate (g)	0.6
Sugars (g)	0.2
Sodium (mg)	573
	290

**Frank's RedHot® McCrispy**

MCCRISPY BUN: **Wheat** Flour (Vitamin (Folate)), Water, Potato Flakes (Potatoes, Emulsifier (471), Preservative (223 **Sulphites**)), Sugar, Improvers (Pregelatinised **Wheat** Flour, **Wheat** Flour, **Wheat** Gluten, Canola Oil, **Wheat** Malt Flour, Antioxidant (300), Enzymes (**Wheat**)), Canola Oil, **Wheat** Gluten, Iodised Salt, Glaze (Water, Vegetable Protein, Canola Oil, Maltodextrin, Dextrose, Maize Starch), Yeast, Emulsifiers (472e, 471), Natural Flavours (**Sulphites**), Preservative (262), **Sesame** Seeds.

MCCRISPY CHICKEN PATTY: Chicken, Flour (**Wheat**, Rice, Corn), Water, Breadcrumb (**Wheat** Flour, Sugar, Baker's Yeast, Salt, Shortening (Non Hydrogenated Rice Bran Oil)), Vegetable Oil (Canola, Sunflower), Starch (Potato, Corn), Salt, Vegetable Powders (Garlic, Onion, Mushroom Extract), Natural Flavouring, **Wheat** Gluten, Food Acid (330), Spice & Spice Extracts (Black Pepper, White Pepper, Chilli, Capsicum), Sugar, Herbs & Herb Extract (Lavage Leaf, Sage, Rosemary), Raising Agent (500ii), Stabiliser (415).

FRANK'S REDHOT® BURGER SAUCE: Frank's Original Cayenne Pepper Sauce (Aged Cayenne Red Peppers, Distilled Vinegar, Water, Salt, Garlic Powder), Water, Vegetable Oil [Includes Antioxidant (307)], Thickeners (1450, 1442, 415), Sugar, Garlic Powder, Natural Flavour, Natural Colour (160c), Preservative (202).

SHREDDED LETTUCE: Iceberg Lettuce.

Contains: **Gluten**, **Wheat**, **Egg**, **Sulphites**, **Sesame**.

MCCRISPY BUN is made on equipment that also produces products containing **Milk**.

MCCRISPY CHICKEN PATTY is cooked in a McDonald's Vegetable Oil blend and may be cooked using the same equipment as products containing **Gluten**, **Wheat**, **Egg**, **Milk**, **Soy**.

<b>Frank's RedHot® McCrispy</b>	
Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	1970
Energy (Cal)	673
Protein (g)	519
26.2	177
Fat, total (g)	13.9
Saturated Fat (g)	4.8
Carbohydrate (g)	59.3
Sugars (g)	5.3
Sodium (mg)	1165
	397

**Frank's RedHot® McSpicy**

QUARTER POUNDER BUN: **Wheat** Flour (Vitamins (Thiamin, Folate)), Water, Yeast, Sugar, Canola Oil, **Sesame** Seeds, Iodised Salt, Glaze (Water, Vegetable Protein, Sunflower Oil, Dextrose, Maltodextrin, Maize Starch), **Wheat** Gluten, Preservative (282), Improver (**Wheat** Flour, Ascorbic Acid (300), Enzymes), Natural Flavour, Emulsifier (472e, 471), Thickener (412), Ascorbic Acid (300).  
 SPICY THIGH PATTY: Chicken, Flour (**Wheat**), Water, Vegetable Oil, Thickeners (1420, 1422), Salt, **Gluten** (**Wheat**), Yeast And Yeast Extracts, Spice And Spice Extracts (Inc. Pepper), Rice Starch, Natural Flavours, Raising Agents (450, 500), Vegetable Powders (Garlic, Onion), Emulsifier (322), Hydrolysed Vegetable Protein, Natural Colour (160C), Herb Extract, Citrus Extract, Maltodextrin.  
 FRANK'S REDHOT® BURGER SAUCE: Frank's Original Cayenne Pepper Sauce (Aged Cayenne Red Peppers, Distilled Vinegar, Water, Salt, Garlic Powder), Water, Vegetable Oil [Includes Antioxidant (307)], Thickeners (1450, 1442, 415), Sugar, Garlic Powder, Natural Flavour, Natural Colour (160C), Preservative (202).  
 SHREDDED LETTUCE: Iceberg Lettuce.

Contains: **Gluten, Wheat, Sesame.**

QUARTER POUNDER BUNS are produced on equipment that also produces products containing **soy**.

SPICY THIGH PATTY is cooked in a McDonald's Vegetable Oil Blend and may be cooked in the same equipment as products containing **Gluten, Wheat, Milk, Egg, Soy**.

<b>Frank's RedHot® McSpicy</b>	
Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	2350
Energy (Cal)	591
Protein (g)	30.3
Saturated Fat (g)	4.0
Carbohydrate (g)	48.2
Sugars (g)	4.7
Sodium (mg)	1258
	341

**Quarter Pounder Deluxe (Available at participating restaurants)**

BEEF PATTY: Beef.  
 QUARTER POUNDER BUN: **Wheat** Flour (Vitamins (Thiamin, Folate)), Water, Yeast, Sugar, Canola Oil, **Sesame** Seeds, Iodised Salt, Glaze (Water, Vegetable Protein, Sunflower Oil, Dextrose, Maltodextrin, Maize Starch), **Wheat** Gluten, Preservative (282), Improver (**Wheat** Flour, Ascorbic Acid (300), Enzymes), Natural Flavour, Emulsifier (472e, 471), Thickener (412), Ascorbic Acid (300).

KETCHUP: Water, Tomato Paste, High Fructose Corn Syrup, Glucose Corn Syrup, Vinegar, Salt, Flavouring (**Soybean Oil**).

SLICED CHEESE: Cheese (Pasteurised **Milk**, Salt, Culture, Enzyme (Rennet)), Water, **Milk** Solids, Butter (**Milk**), Emulsifiers (331, 332), Salt, Acidity Regulators (260, 330), Natural Colours (160a, 160c), **Soy** Lecithin (322).

OR: Cheese (**Milk**, Salt, Starter Cultures, Enzyme (Rennet - Calves &/or Vegetarian)), Water, **Milk** Solids, Non Fat **Milk** Solids, Emulsifiers (331, 332), Cheese Flavour (**Milk**), Salt, Acidity Regulators (260, 330), Emulsifier (322 contains **Soy** Lecithin), Colours (160a).

SLIVERED ONIONS: White Onion.

MCCICKEN SAUCE: Water, Vegetable Oil [Antioxidant (307b)], Vinegar, Glucose Syrup, **Egg** Yolk, Thickener (1442, 415), Sugar, Salt, Spice, Mustard Flour, Emulsifiers (435, 433), Preservative (202), Acidity Regulator (270).

SHREDDED LETTUCE: Iceberg Lettuce.

TOMATO: Tomato.

PICKLES: Cucumber, Water, Vinegar, Salt, Preservatives (202, 211), Natural Flavour.

MUSTARD: Water, Distilled Vinegar, Mustard Seed, Salt, Colour (100), Paprika, Natural Flavouring.

SEASONING: Salt, Black Pepper, Sunflower Oil.

Contains : **Gluten, Wheat, Milk, Soy, Sesame, Egg.**

QUARTER POUNDER BUN is produced on equipment that also produces products containing **Soy**.

BEEF PATTIES may be cooked on the same grill as **Egg** or products containing **Gluten, Wheat, Milk, Soy**.

<b>Quarter Pounder Deluxe</b>	
Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	2330
Energy (Cal)	554
Protein (g)	30.4
Fat, total (g)	32.1
Saturated Fat (g)	15.3
Carbohydrate (g)	34.3
Sugars (g)	9.1
Sodium (mg)	996
	368

## Change Tracker:

Date	Document Number/Revision Number	Document Title	Issued	Upload Date	Description
13/01/2026	134	Aus LTO Menu _January 2026	13/01/2026	14/01/2026	Add: Milo range; El Maco range. Remove: Hot Honey Dipping Sauce; Kit Kat range; McWings + Hotcake syrup; Chicken Big Mac. Update: Matcha range moved to McCafe Beverages menu.
9/12/2025	133	Aus LTO Menu _December 2025	9/12/2025	10/12/2025	Remove: McDonaldland Shake
17/11/2025	132	Aus LTO Menu _November 2025	18/11/2025	19/11/2025	Add: Chicken Big Mac, McWings w/ Hotcake Syrup, Frozen Fanta Lemon Flavour with Green Apple Popping Pearls
24/10/2025	131	Aus LTO Menu _October 2025 (V2)	28/10/2025	29/10/2025	Add: Matcha range
7/10/2025	130	Aus LTO Menu _October 2025	7/10/2025	8/10/2025	Add: Frank's RedHot® Range, Quarter Pounder Deluxe
23/09/2025	129	Aus LTO Menu _September 2025 V3	23/09/2025	24/09/2025	Remove McWraps, Brekkie McWrap and Ham and cheese pocket (located on core)
9/09/2025	128	Aus LTO Menu _September 2025 V2	9/09/2025	10/09/2025	Remove: Hot Honey Dipping Sauce
2/09/2025	127	Aus LTO Menu _September 2025	2/09/2025	3/09/2025	Add: Kit Kat range. Remove: Choc Custard Twin Filled Pie
11/08/2025	126	Aus LTO Menu _August 2025 V2	12/08/2025	13/08/2025	Add: McDonaldland Shake, Remove: Biscoff range
8/08/2025	125	Aus LTO Menu _August 2025	8/08/2025	8/08/2025	Remove: Blues Blueberry McFloat and Maroons Raspberry McFloat; Chocolate and Custard McFlurry; Nether Dipping Sauce
9/07/2025	124	Aus LTO Menu _July 2025	9/07/2025	9/07/2025	Remove: Tennessee burger range, Hot Honey burger range, Shamrock shake, Hot cross buns, Banana Bread with blueberries
2/06/2025	123	Aus LTO Menu _June 2025	2/06/2025	2/06/2025	Updated alignment
20/05/2025	122	Aus LTO Menu _May 2025	20/05/2025	21/05/2025	Add: Blues Blueberry McFloat and Maroons Raspberry McFloat
12/05/2025	121	Aus LTO Menu _May 2025	13/05/2025	14/05/2025	Add: Chocolate and Custard desserts range; Remove: Hot Cross Bun Flavoured Pie and McFlurry range
29/04/2025	120	Aus LTO Menu _April 2025	29/04/2025	30/04/2025	Add: Tennessee burger range Remove: Caramel Thickshake, Almond Iced Lattes; Vegemite Shaker Seasoning
27/04/2025	119	Aus LTO Menu _April 2025	27/04/2025	28/04/2025	Amend: Hot Honey Allergen matrix
17/04/2025	118	Aus LTO Menu _April 2025	17/04/2025	17/04/2025	Remove: Toffee Nut Flavour McCafe drinks
1/04/2025	117	Aus LTO Menu _April 2025	1/04/2025	2/04/2025	Add: Nether Dipping Sauce
17/03/2025	116	Aus LTO Menu _March 2025	18/03/2025	19/03/2025	Add: Hot Honey range, Hot Cross Bun Flavoured Pie and McFlurry range
12/03/2025	115	Aus LTO Menu _March 2025	12/03/2025	13/03/2025	Updated formulation: Banana bread with blueberry ingredient change; Remove: Crunchie McFlurry, Crunchie Frappe, McOz, Chicken McOz,
4/03/2025	114	Aus LTO Menu _March 2025	5/03/2025	5/03/2025	Add: Shamrock Shake. Remove: Cherry Ripe McFlurry; Cheesy Jalapeño Pops
10/02/2025	113	Aus LTO Menu _February 2025	11/02/2025	12/02/2025	Add: Lotus Biscoff range; Hot Cross Buns. Remove: BBQ Bacon Toastie; Hawaiian Range; Pineapple Sundae; Frozen Coke Oreo Zero Sugar; Squid Games
20/01/2025	112	Aus LTO Menu _January V2 2025	20/01/2025	21/01/2025	Added Caramel Thickshake; remove Grimace shake.
3/01/2025	111	Aus LTO Menu _January 2025	3/01/2025	6/01/2025	Added Roasted Almond Flavoured Iced Latte, McOz® Range, Crunchie® Frappe & McFlurry®, Vegemite® McShaker Fries
9/12/2024	110	Aus LTO Menu _December 2024	10/12/2024	11/12/2024	Added Korean BBQ Sauce & Dalgona cookie
25/11/2024	109	Aus LTO Menu _November V2 2024	26/11/2024	27/11/2024	Added Summer Products: Hawaiian Range, Cheesy Jalapeño Pops, Cherry Ripe® McFlurry®, Pineapple Sundae
14/11/2024	108	Aus LTO Menu _November 2024	19/11/2024	20/11/2024	Added Frozen Coke Oreo Zero Sugar
28/10/2024	107	Aus LTO Menu _October V2 2024	28/10/2024	30/10/2024	Added Toffee Nut Flavoured Iced Latte
15/10/2024	106	Aus LTO Menu _October 2024	15/10/2024	16/10/2024	Removal of QP Range
25/09/2024	105	Aus LTO Menu _September 2024 V2	25/09/2024	4/10/2024	Addition of Grimace Shake
18/09/2024	104	Aus LTO Menu _September 2024	25/09/2024	2/10/2024	Added Ham & Cheese Pocket promo item
7/08/2024	103	Aus LTO Menu _August 2024	8/7/2024	8/08/2024	Removal of Hot Cross Buns promo items
5/08/2024	102	Aus LTO Menu _August 2024	5/08/2024	7/08/2024	Removal of Spicy Range; Addition of Quarter Pounder Range.
2/07/2024	101	AUS LTO Menu _July 2024	2/07/2024	3/07/2024	Addition of Steakhouse Stack Burger and Mozzarella Sticks with Sweet Chili Sauce
11/06/2024	100	Aus LTO Menu _June 2024	11/06/2024	12/06/2024	Removal of Mac Family + Onions Rings, Caramello McFlurry and Frozen K-Wave; Addition of Banana Shake, Banana Caramel Pie + McFlurry
21/05/2024	99	Aus LTO Menu _May 2024	21/05/2024	21/05/2024	Removal of BLT McMuffin; Updated Big Mac Sauce formulation; dual supply; Add Feisty LTO
24/04/2024	98	Aus LTO Menu _April 2024	23/04/2024	24/04/2024	Addition of Coke Creations - K Wave frozen Coke
2/04/2024	97	Aus LTO Menu _April 2024	2/04/2024	3/04/2024	Removal of previous promo items; Addition of Mac Family + Onion Rings
12/03/2024	96	Aus LTO Menu _March 2024	12/03/2024	13/03/2024	Addition of Caramello McFlurry
5/03/2024	95	Aus LTO Menu _March 2024	5/03/2024	6/03/2024	Addition of BLT McMuffin
9/02/2024	94	Aus LTO Menu _February 2024	20/02/2024	20/02/2024	Updated allergen information for PEAL legislative requirements