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McDonald's Australia

Limited Time Offers

Allergen - Ingredients - Nutrition Information

Information correct as at July 2024

At McDonald's we believe in the nutritional principals of balance, variety and moderation and that eating at McDonald's can fit into a healthy lifestyle. Our goal is to provide you with the information necessary to make informed decisions about your McDonald's menu choices. This guide can help you balance your McDonald's meal with the other meals you eat today, and every day.

This guide is for our Limited Time Offers menu. For information regarding short-time menu items, please either ask a manager in one of our restaurants or contact our Customer Service Department either via our website <http://mcdonalds.com.au/contactus> or on 02 9875 7100.

The nutrition and ingredient information is based on standard product formulations, standard product assembly and standard serving sizes. Actual sizes and assembly may vary. Due to the individual preparation of each of our menu items, actual values may vary from those listed. Variations may also occur depending on the supplier, country of origin, region of the country of origin, and the season of the year. Further, product formulations may change periodically.

Food Sensitivities and Preferences

As we operate working kitchens please be aware that there is always a risk that traces of allergens may be transferred to ingredients during storage or preparation of food in our kitchens. McDonald's Restaurants are therefore unable to guarantee that any food item sold is free from traces of allergens.

No food items are certified as vegetarian. Whilst some ingredients may not contain animal ingredients, we cannot guarantee that there will be no cross contact with ingredients that do contain animal ingredients in our kitchens.

We have a number of Halal certified restaurants. Only those items listed on the certificate in the front counter area and drive thru booth at our restaurants serving Halal options are certified as Halal.

If you would like further information or have food sensitivities or dietary concerns regarding specific ingredients in specific menu items, please contact us at <http://mcdonalds.com.au/contactus> or call us on 02 9875 7100. Our allergen labelling complies with Australia New Zealand Food Standards Code – Standard 1.2.3 (Registered 09 March 2021)

Allergen Summary: As we operate working kitchens please be aware that there is always a risk that allergen containing ingredients may be transferred during storage or preparation of food in our kitchens. McDonald's Restaurants are therefore unable to guarantee that any food item sold is free from cross contact of allergens.

	Gluten	Wheat	Egg	Milk	Soy	Sesame	Peanut	Tree nut										Fish	Crustacea	Molluscs	Sulphites	Lupin	Added Preservative	Artificial Colour	Artificial Flavour		
								Almond	Brazil Nut	Cashew	Hazelnut	Macadamia	Pecan	Pine Nut	Pistachio	Walnut											
Limited Time Offers																											
Steakhouse Stack Burger	P	P	P	P	P	P																M		P			
Mozzarella Sticks with Sweet Chili Sauce	P	P		P																				P			
Feisty McSpicy and Double Feisty McSpicy	P	P	P	P	M	P																		P			
Cheese & Bacon Feisty McSpicy	P	P	P	P	M	P																		P			
Spicy Chicken McNuggets	P	P		P	M																						
Feisty Hot Sauce Dipping Tub				P																							
Spicy Shaker Fries	P	P		M	M																						
Spicy Shaker Seasoning	P	P																									
Banana Shake				P																		M		P	P	P	
Banana Caramel Pie	P	P		P	P																	M		P	P	P	
Banana Caramel Pie McFlurry®	P	P		P	P																	M		P	P	P	
Banana Caramel Pie Chocolate McFlurry®	P	P		P	P																	M		P	P		
Banana Caramel Pie Twin Twist McFlurry®	P	P		P	P																	M		P	P		
BLT McMuffin	P	P	P	M	P	M																		P			
Fruit Hot Cross Bun with Butter	P	P	M	P	P		M	M	M	M	M	M	M	M	M	M	M	M	M	M				P			
Chocolate Chip Hot Cross Bun with Butter	P	P	M	P	P	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M				P			
BBQ, Bacon and Cheese Toastie	P	P	M	P	P	M																P		P	P	P	
Banana Bread with Blueberries	P	P	P	P	M			M																			

Chart key:
P: Ingredient is PRESENT in the product as an ingredient, food additive or processing aid.
M: Ingredient MAY BE present

Limited Time Offers

Steakhouse Stack Burger

BURGER BUN: **Wheat** Flour (Vitamins (Thiamin, Folate)), Water, Sugar, Yeast, Canola Oil, Iodised Salt, **Wheat Gluten**, Glaze (Water, Vegetable Protein, Sunflower Oil, Dextrose, Maltodextrin, Maize Starch), Preservative (282), Improver (Emulsifier (481), **Soy** Flour, Mineral Salt (170), Acidity Regulator (516), Antioxidant (300), **Wheat** Malt Flour, Enzyme (1100) (Contains **Wheat**)), Natural Flavour, Emulsifier (472e), **Sesame** Seeds.
 BEEF PATTIES: Beef.
 BLACK PEPPER MAYO SAUCE: Vegetable Oil [Includes Antioxidant (307)], Water, White Vinegar, Garlic, **Egg** Yolk, Dextrose, Cheese Powder (**Milk**), **Milk** Solids, Thickeners (1450, 1442), Salt, Acidity Regulator (270), Natural Flavours (**Milk**), Vegetable Powder, Mustard Flour, Spice Extract, Black Pepper, Preservative (202), Natural Colour (160c).
 SHREDDED LETTUCE: Iceberg Lettuce.
 AUSSIE JACK CHEESE: Pasteurised **Milk**, Salt, Starter Culture, Non-animal Rennet
 SLIVERED RED ONION: Red Onion.
 CRISPY ONIONS: Onions, [RSPO] Palm Oil, **Wheat** Flour, Salt, Dextrose.
 GRILL SEASONING: Salt, Black Pepper, Sunflower Oil.

Contains: Gluten, Egg, Milk, Soy, Wheat, Sesame.

BEEF PATTIES may be cooked on the same grill as Egg or products containing Gluten, Wheat, Milk, Soy.

	Double Feisty McSpicy	
	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	4400	1190
Energy (Cal)	1050	285
Protein (g)	55.7	15.1
Fat, total (g)	70.5	19.1
Saturated Fat (g)	28.6	7.7
Carbohydrate (g)	48.1	13.0
Sugars (g)	9.1	2.5
Sodium (mg)	1240	336

Mozzarella Sticks with Sweet Chili Dipping Sauce

MOZZARELLA CHEESE STICKS: Part Skim Mozzarella Cheese (Pasteurised **Milk**, Salt, Cultures, Enzymes (Protease), Modified Food Starch (1442), Crumbs (**Wheat** Flour, Sugar, Salt, Yeast, **Wheat Gluten**), Batter (Water, **Wheat** Flour), Canola Oil, Modified Food Starch, Salt, Cheese Flavour (**Milk**)).
 SWEET CHILLI SAUCE DIPPING TUB: Sugar, Water, Glucose Syrup, Vinegar, Tomato Paste, Chilli, Thickener (1442), Salt, Dehydrated Vegetables, Preservative (202).

Contains: Wheat, Gluten, Milk.

MOZZARELLA CHEESE STICKS are cooked in a McDonald's Vegetable Oil Blend are cooked in the same equipment as products containing Gluten, Wheat, Milk, Soy.

	Mozzarella Sticks with Sweet Chili Sauce	
	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	1560	1210
Energy (Cal)	372	290
Protein (g)	11.4	8.9
Fat, total (g)	17.9	14.0
Saturated Fat (g)	7.4	5.8
Carbohydrate (g)	39.9	31.2
Sugars (g)	13.6	10.6
Sodium (mg)	1300	464

Feisty McSpicy and Double Feisty McSpicy

SPICY THIGH PATTY: Chicken, Flour (**Wheat**), Water, Vegetable Oil, Thickeners (1420, 1422), Salt, **Gluten** (**Wheat**), Yeast And Yeast Extracts, Spice And Spice Extracts (Inc. Pepper), Rice Starch, Natural Flavours, Raising Agents (450, 500), Vegetable Powders (Garlic, Onion), Emulsifier (322), Hydrolysed Vegetable Protein, Natural Colour (160C), Herb Extract, Citrus Extract, Maltodextrin).
 QUARTER POUNDER BUN: **Wheat** Flour (Vitamins (Thiamin, Folate), Water, Yeast, Sugar, Canola Oil, **Sesame** Seeds, Iodised Salt, Glaze (Water, Vegetable Protein, Sunflower Oil, Dextrose, Maltodextrin, Maize Starch), **Wheat** Gluten, Preservative (282), Improver (**Wheat** Flour, Ascorbic Acid (300), Enzymes), Natural Flavour, Emulsifier (472e, 471), Thickener (412), Ascorbic Acid (300)).
 MCCHICKEN SAUCE: Water, Soybean Oil [Anti-Oxidant (330)], **Egg** Yolks, Modified Corn Starch (1401, 1442), Corn Syrup Solids, Distilled Vinegar, Salt, Sugar, Mustard Flour, Thickener (415), Food Acid (270), Preservative (202).
 DICED LETTUCE MIX: Iceberg Lettuce, Cos Lettuce.
 FEISTY HOT SAUCE: Water, Vinegar, Invert Sugar Syrup, Capsicum Puree [Capsicum, Acidity Regulator (260)], Sugar, Tomato Paste, Thickeners (1422, 415), Salt, **Milk** Solids, Vegetable Powder, Natural Colour (160c), Yeast Extract, Preservative (202), Spice Extract, Lemon Juice Concentrate.
 VEGETABLE OIL: Blended Vegetable Oil, Antifoam (900a).

Contains: Egg, Gluten, Milk, Sesame, Wheat.

QUARTER POUNDER BUNS are produced on equipment that also produces products containing Soy.

SPICY THIGH PATTY is cooked in a McDonald's Vegetable Oil Blend and may be cooked in the same equipment as products containing Gluten, Wheat, Milk, Soy.

	Feisty McSpicy		Double Feisty McSpicy	
	Avg Qty / Serve	Avg Qty / 100g	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	2410	1040	3760	1050
Energy (Cal)	576	248	898	252
Protein (g)	28.6	12.3	50.9	14.3
Fat, total (g)	28.7	12.4	47.9	13.4
Saturated Fat (g)	4.3	1.8	7.0	2.0
Carbohydrate (g)	49.2	21.2	64.0	17.9
Sugars (g)	6.3	2.7	7.0	2.0
Sodium (mg)	1300	560	2090	585

Cheese & Bacon Feisty McSpicy

SPICY THIGH PATTY: Chicken, Flour (**Wheat**), Water, Vegetable Oil, Thickeners (1420, 1422), Salt, **Gluten** (**Wheat**), Yeast And Yeast Extracts, Spice And Spice Extracts (Inc. Pepper), Rice Starch, Natural Flavours, Raising Agents (450, 500), Vegetable Powders (Garlic, Onion), Emulsifier (322), Hydrolysed Vegetable Protein, Natural Colour (160C), Herb Extract, Citrus Extract, Maltodextrin).
 QUARTER POUNDER BUN: **Wheat** Flour (Vitamins (Thiamin, Folate), Water, Yeast, Sugar, Canola Oil, **Sesame** Seeds, Iodised Salt, Glaze (Water, Vegetable Protein, Sunflower Oil, Dextrose, Maltodextrin, Maize Starch), **Wheat** Gluten, Preservative (282), Improver (**Wheat** Flour, Ascorbic Acid (300), Enzymes), Natural Flavour, Emulsifier (472e, 471), Thickener (412), Ascorbic Acid (300)).
 MCCHICKEN SAUCE: Water, Soybean Oil [Anti-Oxidant (330)], **Egg** Yolks, Modified Corn Starch (1401, 1442), Corn Syrup Solids, Distilled Vinegar, Salt, Sugar, Mustard Flour, Thickener (415), Food Acid (270), Preservative (202).
 DICED LETTUCE MIX: Iceberg Lettuce, Cos Lettuce.
 FEISTY HOT SAUCE: Water, Vinegar, Invert Sugar Syrup, Capsicum Puree [Capsicum, Acidity Regulator (260)], Sugar, Tomato Paste, Thickeners (1422, 415), Salt, **Milk** Solids, Vegetable Powder, Natural Colour (160c), Yeast Extract, Preservative (202), Spice Extract, Lemon Juice Concentrate.
 AUSSIE JACK CHEESE: Pasteurised **Milk**, Salt, Starter Culture, Non-animal Rennet.
 RASHER BACON: Pork, Water, Salt, Sugar, Emulsifiers (451, 450), Dextrose (Maize, Tapioca), Antioxidants (316, 392), Acidity Regulator (330), Sodium Nitrite (250), Smoked.
 VEGETABLE OIL: Blended Vegetable Oil, Antifoam (900a).

Contains: Egg, Gluten, Milk, Sesame, Wheat.

QUARTER POUNDER BUNS are produced on equipment that also produces products containing Soy.

SPICY THIGH PATTY is cooked in a McDonald's Vegetable Oil Blend and may be cooked in the same equipment as products containing Gluten, Wheat, Milk, Soy.

	Cheese & Bacon Feisty McSpicy	
	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	2760	1060
Energy (Cal)	661	253
Protein (g)	35.7	13.7
Fat, total (g)	34.9	13.3
Saturated Fat (g)	8.0	3.1
Carbohydrate (g)	49.6	19.0
Sugars (g)	6.7	2.6
Sodium (mg)	1600	612

Spicy Chicken McNuggets

SPICY CHICKEN MCNUGGETS: Chicken, Water, Flour (**Wheat**, Maize), Starch (Maize, Tapioca, **Wheat**), Canola Oil, Thickeners (1420, 1422, 1404, 412), Mineral Salts (450, 500, 451), Spices (Chilli, Pepper, Red Pepper Cayenne, Capsicum), Salt, **Wheat** Gluten, Colours (100, 160c), Maltodextrin (Maize), Sugar, Dehydrated Vegetable (Garlic), Flavour, Yeast Extract, Dextrose (Tapioca, Maize), Spice Extracts (Pepper, Capsicum, Celery).
 FEISTY HOT DIPPING SAUCE: Water, Vinegar, Invert Sugar Syrup, Capsicum Puree [Capsicum, Acidity Regulator (260)], Sugar, Tomato Paste, Thickeners (1422, 415), Salt, **Milk** Solids, Vegetable Powder, Natural Colour (160c), Yeast Extract, Preservative (202), Spice Extract, Lemon Juice Concentrate.

Contains: Gluten, Milk, Wheat.

SPICY CHICKEN MCNUGGETS are cooked in a McDonald's Vegetable Oil Blend and are cooked in the same equipment as products containing Gluten, Wheat, Milk, Soy.

	3 piece		6 piece		10 piece	
	Avg Qty / Serve	Avg Qty / 100g	Avg Qty / Serve	Avg Qty / 100g	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	824	806	1150	905	1950	881
Energy (Cal)	149	193	275	216	466	211
Protein (g)	8.9	11.5	17.5	13.8	29.3	13.3
Fat, total (g)	7.6	9.5	15.0	11.8	25.1	11.4
Saturated Fat (g)	1.4	1.8	2.7	2.1	4.5	2.0
Carbohydrate (g)	11.1	14.3	16.7	13.2	29.7	3.5
Sugars (g)	4.8	6.2	5.2	4.1	10.1	4.6
Sodium (mg)	485	626	648	510	1190	537

	20 piece		24 piece		40 piece	
	Avg Qty / Serve	Avg Qty / 100g	Avg Qty / Serve	Avg Qty / 100g	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	3800	917	4600	905	7590	917
Energy (Cal)	907	219	1100	216	1810	219
Protein (g)	58.4	14.1	70.2	13.8	117.0	14.1
Fat, total (g)	50.1	12.1	60.2	11.8	100.0	12.1
Saturated Fat (g)	9.0	2.2	10.8	2.1	18.0	2.2
Carbohydrate (g)	54.0	13.0	67.0	13.2	108.0	13.0
Sugars (g)	15.7	3.8	20.7	4.1	31.4	3.8
Sodium (mg)	2050	496	2590	510	4100	496

Feisty Hot Sauce Dipping Tub

FEISTY HOT DIPPING SAUCE: Water, Vinegar, Invert Sugar Syrup, Capsicum Puree [Capsicum, Acidity Regulator (260)], Sugar, Tomato Paste, Thickeners (1422, 415), Salt, **Milk** Solids, Vegetable Powder, Natural Colour (160c), Yeast Extract, Preservative (202), Spice Extract, Lemon Juice Concentrate.

Contains: Milk.

	Feisty Hot Sauce Dipping Tub	
	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	100	357
Energy (Cal)	24	85
Protein (g)	0.2	0.8
Fat, total (g)	0.1	0.3
Saturated Fat (g)	0.0	0.1
Carbohydrate (g)	3.5	19.5
Sugars (g)	4.5	16.0
Sodium (mg)	322	1150

Spicy Shaker Fries

FRIES: Potato, Canola Oil, Mineral Salt (450), Dextrose, Antifoam (1521).
 OR Potatoes, Canola Oil (Acidity Regulator (330)), Dextrose Monohydrate (Preservative (220)), Mineral Salt (450), Antifoam (Non-ionic polyalkylene glycol), Preservative (223).
 OR Potatoes, Vegetable Oil (Canola, Soybean, Cottonseed), Mineral Salt (450), Dextrose.
 SEASONING - SPICY SHAKER FRIES: **Wheat** Flour, Sugar, Salt, Dextrose, Chilli Powder, Acidity Regulator (262), Yeast Extract, Anti-caking Agent (551), Vegetable Oil, Natural Flavour, Colour (160c).

Contains: Gluten, Wheat.

FRIES are cooked in McDonald's Vegetable Oil blend and may be cooked using the same equipment as products containing Gluten, Wheat, Milk, Soy.

Salt added.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100g	Avg Qty / Serve	Avg Qty / 100g	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	952	1270	1340	1270	1870	1270
Energy (Cal)	228	303	319	304	446	304
Protein (g)	3.7	4.9	5.1	4.9	7.1	4.8
Fat, total (g)	11.8	15.5	16.5	15.6	23.1	15.7
Saturated Fat (g)	1.0	1.3	1.3	1.3	1.9	1.3
Carbohydrate (g)	26.0	34.6	36.2	34.4	50.3	34.2
Sugars (g)	1.0	1.4	1.0	1.0	1.0	0.7
Sodium (mg)	421	561	509	484	631	429

Spicy Shaker Seasoning

SEASONING - SPICY SHAKER FRIES: **Wheat** Flour, Sugar, Salt, Dextrose, Chilli Powder, Acidity Regulator (262), Yeast Extract, Anti-caking Agent (551), Vegetable Oil, Natural Flavour, Colour (160c).

Contains: Gluten, Wheat.

	Spicy Shaker Seasoning	
	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	36	1200
Energy (Cal)	9	287
Protein (g)	0.2	6.6
Fat, total (g)	0.1	3.2
Saturated Fat (g)	0.0	0.5
Carbohydrate (g)	1.7	55.0
Sugars (g)	1.0	34.5
Sodium (mg)	211	7020

Banana Shake

SHAKE MIX: **Milk**, **Milk** Solids, Sugar, Maltodextrin (derived Maize), Cream (**Milk**), Vegetable Gums (412, 407, 407a, 466), Mineral Salt (452), Flavours.
 OR:
Milk, Sugar, **Milk** Solids, Skim **Milk**, Cream (**Milk**), Maltodextrin (derived from Maize), Vegetable Gums (407, 407a, 412, 466), Mineral Salts (452), Flavours.
 OR:
Milk, Sugar, **Milk** Solids, Maltodextrin (derived from Maize and Tapioca), Cream (**Milk**), Vegetable Gums (412, 407, 407a, 466), Flavours, Mineral Salts (339, 452), Food Acids (330, 331).
 BANANA FLAVOURED SHAKE SYRUP: Water, Sugar, Glucose Syrup, Invert Sugar Syrup, Natural Colour (160a), Acidity Regulator (330), Flavour, Preservative (202).

Contains: Milk.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	110	465	1480	465	1800	465
Energy (Cal)	262	111	354	111	249	111
Protein (g)	7.8	3.3	10.6	3.3	12.9	3.3
Fat, total (g)	7.1	3.0	9.6	3.0	11.7	3.0
Saturated Fat (g)	4.8	2.0	6.5	2.0	7.9	2.0
Carbohydrate (g)	46.2	19.6	62.4	19.6	75.7	19.6
Sugars (g)	41.6	17.6	56.1	17.6	68.1	17.6
Sodium (mg)	108	46	146	46	177	46

Banana Caramel Pie	Banana Caramel Pie	
	Avg Qty / Serve	Avg Qty / 100g
BANANA CARAMEL TWIN FILLED PIE: Water, Wheat Flour, Margarine (Vegetable Oils & Fats (RSPO Palm Oil, Soy Oil), Water, Emulsifiers (471, 322 From Soy), Salt, Natural Butter Flavour, Preservative (202), Acidity Regulator (330), Natural Colour (160a), Antioxidant (307b)), Sugar, Modified Starch (1412, 1442, 1422), Banana Puree, Caramel (Glucose, Sweetened Condensed Milk , Water, Sugar, RSPO Palm Oil, Thickener (1442), Emulsifiers (471, 339, 322 From Soy), Natural Flavours, Acidity Regulators (331, 334), Gelling Agent (440), Salt, Preservative (202)), Custard Mix (Thickeners (1442, 407), Dextrose), Full Cream Milk Powder, Whey Powder (From Milk), Iodised Salt, Natural Flavours (Contains Milk), Dextrose, Colours (150c, 160a(iv)), Baking Powder (Raising Agents (450, 500), Maize Starch, Mineral Salt (170)), Vegetable Gum (466).	1120	1310
	267	314
	2.5	2.9
	13.4	15.8
	3.7	4.4
	33.3	39.2
	9.9	11.6
	113	133
Contains: Gluten, Milk, Soy, Wheat. BANANA CARAMEL TWIN FILLED PIE is cooked in a McDonald's vegetable oil blend.		
Banana Caramel Pie McFlurry®	Banana Caramel Pie McFlurry®	
SUNDAE MIX: Milk , Sugar, Milk Solids, Glucose Syrup (from Maize), Cream (Milk), Emulsifiers (471, 477), Vegetable Gums (412, 407), Natural Flavour.	Avg Qty / Serve	Avg Qty / 100g
BANANA CARAMEL TWIN FILLED PIE: Water, Wheat Flour, Margarine (Vegetable Oils & Fats (RSPO Palm Oil, Soy Oil), Water, Emulsifiers (471, 322 From Soy), Salt, Natural Butter Flavour, Preservative (202), Acidity Regulator (330), Natural Colour (160a), Antioxidant (307b)), Sugar, Modified Starch (1412, 1442, 1422), Banana Puree, Caramel (Glucose, Sweetened Condensed Milk , Water, Sugar, RSPO Palm Oil, Thickener (1442), Emulsifiers (471, 339, 322 From Soy), Natural Flavours, Acidity Regulators (331, 334), Gelling Agent (440), Salt, Preservative (202)), Custard Mix (Thickeners (1442, 407), Dextrose), Full Cream Milk Powder, Whey Powder (From Milk), Iodised Salt, Natural Flavours (Contains Milk), Dextrose, Colours (150c, 160a(iv)), Baking Powder (Raising Agents (450, 500), Maize Starch, Mineral Salt (170)), Vegetable Gum (466).	2530	947
CARAMEL TOPPING: Glucose Corn Syrup, Whole Sweetened Condensed Milk (Milk , Milk Powder, Sugar, Lactose), High Fructose Corn Syrup, Shortening (Palm Oil, Antioxidant (307)), Water, Sugar, Thickeners (401, 440), Salt, Stabiliser (339), Flavouring.	629	226
	9.3	3.3
	21.6	7.8
	9.4	3.4
	97.2	34.9
	56.6	20.4
	247	89
Contains: Gluten, Milk, Soy, Wheat. BANANA CARAMEL TWIN FILLED PIE is cooked in a McDonald's vegetable oil blend.		
Banana Caramel Pie Chocolate McFlurry®	Banana Caramel Pie Chocolate McFlurry®	
CHOCOLATE SUNDAE MIX: Milk , Milk Solids, Sugar, Cream (Milk) Glucose Syrup (Derived from Maize), Cocoa Powder, Natural Chocolate Flavour, Emulsifiers (471, 433), Stabilisers (412, 407, 466, 407a), Natural Colour, Salt.	Avg Qty / Serve	Avg Qty / 100g
BANANA CARAMEL TWIN FILLED PIE: Water, Wheat Flour, Margarine (Vegetable Oils & Fats (RSPO Palm Oil, Soy Oil), Water, Emulsifiers (471, 322 From Soy), Salt, Natural Butter Flavour, Preservative (202), Acidity Regulator (330), Natural Colour (160a), Antioxidant (307b)), Sugar, Modified Starch (1412, 1442, 1422), Banana Puree, Caramel (Glucose, Sweetened Condensed Milk , Water, Sugar, RSPO Palm Oil, Thickener (1442), Emulsifiers (471, 339, 322 From Soy), Natural Flavours, Acidity Regulators (331, 334), Gelling Agent (440), Salt, Preservative (202)), Custard Mix (Thickeners (1442, 407), Dextrose), Full Cream Milk Powder, Whey Powder (From Milk), Iodised Salt, Natural Flavours (Contains Milk), Dextrose, Colours (150c, 160a(iv)), Baking Powder (Raising Agents (450, 500), Maize Starch, Mineral Salt (170)), Vegetable Gum (466).	2590	932
CARAMEL TOPPING: Glucose Corn Syrup, Whole Sweetened Condensed Milk (Milk , Milk Powder, Sugar, Lactose), High Fructose Corn Syrup, Shortening (Palm Oil, Antioxidant (307)), Water, Sugar, Thickeners (401, 440), Salt, Stabiliser (339), Flavouring.	619	223
	9.4	3.4
	20.3	7.3
	8.4	3.0
	97.4	35.0
	56.0	20.1
	293	105
Contains: Gluten, Milk, Soy, Wheat. BANANA CARAMEL TWIN FILLED PIE is cooked in a McDonald's vegetable oil blend.		
Banana Caramel Pie Twin Twist McFlurry® (Available at participating restaurants)	Caramello Twin Twist McFlurry®	
VANILLA SUNDAE MIX: Milk , Sugar, Milk Solids, Glucose Syrup (from Maize), Cream (Milk), Emulsifiers (471, 477), Vegetable Gums (412, 407), Natural Flavour.	Avg Qty / Serve	Avg Qty / 100g
CHOCOLATE SUNDAE MIX: Milk , Milk Solids, Sugar, Cream (Milk) Glucose Syrup (Derived from Maize), Cocoa Powder, Natural Chocolate Flavour, Emulsifiers (471, 433), Stabilisers (412, 407, 466, 407a), Natural Colour, Salt.	2610	939
BANANA CARAMEL TWIN FILLED PIE: Water, Wheat Flour, Margarine (Vegetable Oils & Fats (RSPO Palm Oil, Soy Oil), Water, Emulsifiers (471, 322 From Soy), Salt, Natural Butter Flavour, Preservative (202), Acidity Regulator (330), Natural Colour (160a), Antioxidant (307b)), Sugar, Modified Starch (1412, 1442, 1422), Banana Puree, Caramel (Glucose, Sweetened Condensed Milk , Water, Sugar, RSPO Palm Oil, Thickener (1442), Emulsifiers (471, 339, 322 From Soy), Natural Flavours, Acidity Regulators (331, 334), Gelling Agent (440), Salt, Preservative (202)), Custard Mix (Thickeners (1442, 407), Dextrose), Full Cream Milk Powder, Whey Powder (From Milk), Iodised Salt, Natural Flavours (Contains Milk), Dextrose, Colours (150c, 160a(iv)), Baking Powder (Raising Agents (450, 500), Maize Starch, Mineral Salt (170)), Vegetable Gum (466).	624	224
CARAMEL TOPPING: Glucose Corn Syrup, Whole Sweetened Condensed Milk (Milk , Milk Powder, Sugar, Lactose), High Fructose Corn Syrup, Shortening (Palm Oil, Antioxidant (307)), Water, Sugar, Thickeners (401, 440), Salt, Stabiliser (339), Flavouring.	9.4	3.4
	20.9	7.5
	8.9	3.2
	97.3	35.0
	56.4	20.3
	270	68
Contains: Gluten, Milk, Soy, Wheat. BANANA CARAMEL TWIN FILLED PIE is cooked in a McDonald's vegetable oil blend.		97
Fruit Hot Cross Bun with Butter	Fruit Hot Cross Bun with Butter	
FRUIT HOT CROSS BUN: Wheat Flour (Vitamins (Thiamin, Folate)), Mixed Fruit (Sultanas (Cotton Seed Oil), Currants (Sunflower Oil), Humectant (422)), Water, Yeast, Liquid Sugar, Canola Oil, Crossing Paste (Wheat Starch, Wheat Flour, Vegetable Oil, Emulsifier (471), Thickener (415 Soy), Salt)), Wheat Gluten, Bun Glaze (Maltodextrin, Vegetable Gum (401), Preservative (202)), Mixed Spice (Cassia, Nutmeg, Pimento), Iodised Salt, Improver (Wheat Flour, Ascorbic Acid (300), Enzymes), Ground Cinnamon, Preservative (282).	Avg Qty / Serve	Avg Qty / 100g
BUTTER PORTION: Pasteurised Cream (from Milk), Water, Salt.	1210	1260
	289	301
	8.0	8.3
	8.7	9.1
	4.7	4.9
	42.8	44.6
	15.6	16.2
	246	256
Contains: Gluten, Wheat, Milk, Soy May Contain: Sesame, Egg, Tree Nuts, Peanuts.		
Chocolate Chip Hot Cross Bun with Butter	Chocolate Chip Hot Cross Bun with Butter	
CADBURY® DAIRY MILK CHOCOLATE CHIP HOT CROSS BUN: Wheat Flour (Vitamins (Thiamin, Folate)), Cadbury® Dairy Milk Choc Chips (Full Cream Milk , Sugar, Cocoa Butter, Cocoa Mass, Milk Solids, Emulsifiers (322 From Soy , 476), Flavours), Water, Crossing Paste (Wheat Starch, Wheat Flour, Cocoa Powder, Vegetable Oil, Emulsifier (471), Thickeners (415, 412), Mineral Salts (541, 500), Iodised Salt), Sugar, Canola Oil, Cocoa Powder, Wheat Gluten, Glaze (Maltodextrin, Vegetable Gum (401), Preservative (202)), Soy Flour, Iodised Salt, Yeast, Improver (Wheat Flour, Enzymes (Contain Wheat), Antioxidant (300), Malted Wheat Flour), Emulsifier (471), Natural Vanilla Flavour, Preservative (282).	Avg Qty / Serve	Avg Qty / 100g
BUTTER PORTION: Pasteurised Cream (from Milk), Water, Salt.	1270	1400
	304	334
	7.5	8.2
	12.9	14.2
	7.6	4.8
	38.4	42.2
	11.6	12.8
	243	267
Contains: Gluten, Wheat, Milk, Soy. May Contain: Sesame, Egg, Tree Nuts, Peanuts.		

BBQ, Bacon and Cheese Toastie

SOURDOUGH BREAD: **Wheat** Flour, Water, Salt, Malt Flour (**Barley**).

OR: **Wheat** Flour (Wheat, Vitamins (Thiamin, Folic Acid), Flour Treatment Agent (920)), Water, Sourdough Starter (**Rye** Flour, Water, Mature Sour, Acetic Acid (260)), Iodised Salt, Yeast, Canola Oil, Vinegar, Improver (**Soy** Flour, Mineral Salt (170), Flour Treatment Agent (516, 300, 920), Emulsifier (481, 472e), **Wheat** Malt Flour, Enzymes).

RASHER BACON: Pork, Water, Salt, Sugar, Emulsifiers (451, 450), Dextrose (Maize, Tapioca), Antioxidants (316, 392), Acidity Regulator (330), Sodium Nitrite (250), Smoked.

AUSSIE JACK CHEESE: Pasteurised **Milk**, Salt, Starter Culture, Non-animal Rennet.

HOUSE GRILL BBQ SAUCE: Vinegar, Water, Brown Sugar, Lemon Juice, Tomato Paste, Sugar, Onion Puree, Thickener (1422), Molasses, Garlic, Salt, Spices, Mustard, Flavourings, Malt Extract (**Barley**), Colour (150a), Vegetable Gum (415), Yeast Extract, Preservative (202).

Contains: Gluten, Wheat, Milk, Soy, Sulphites.

SOURDOUGH BREAD is produced on equipment that also produces products containing egg, milk and sesame seeds.

BBQ, BACON and CHEESE TOASTIE may be toasted on the same equipment as products containing egg and soy.

BBQ, Bacon and Cheese Toastie		
	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	1790	1030
Energy (Cal)	429	245
Protein (g)	24.8	14.2
Fat, total (g)	14.9	8.5
Saturated Fat (g)	8.3	4.8
Carbohydrate (g)	46.9	26.8
Sugars (g)	8.2	4.7
Sodium (mg)	1340	764

Banana Bread with Blueberries

BANANA BREAD WITH BLUEBERRIES: **Wheat** Flour, Banana, Sugar, Light Sour Cream (Cream (From **Milk**), Pectin, **Milk** Solids, Cultures), Canola Oil, Blueberries, **Egg**, Banana Flavour Paste (Banana, Colour (160a)), Whole **Egg** Powder, Natural Flavours (Blueberry, Vanilla Flavour Paste), Baking Powder (Raising Agents (450, 500),

Maize Starch, Mineral Salt (170)), Lemon Juice Concentrate, **Milk** Solids, Mineral Salts (500, 452), **Wheat** Starch, Vegetable Gum (412), Iodised Salt, Acidity Regulator (330).

BUTTER PORTION: Pasteurised Cream (from **Milk**), Water, Salt.

Contains: Gluten, Wheat, Egg, Milk.

BANANA BREAD WITH BLUEBERRIES is produced in the same facility as products containing soy.

BANANA BREAD WITH BLUEBERRIES is stored in the same display cabinet as products containing Tree Nut (Almond).

Banana Bread with Blueberries		
	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	2040	1330
Energy (Cal)	487	318
Protein (g)	6.8	4.4
Fat, total (g)	20.8	13.6
Saturated Fat (g)	7.2	4.7
Carbohydrate (g)	65.9	43.1
Sugars (g)	31.5	20.6
Sodium (mg)	280	183

If this document has been printed, please visit <https://mcdonalds.com.au/our-impact/food-quality-sourcing/nutrition> for most current information.

Change Tracker:

Date	Document Number/Revision	Document Title	Issued	Upload Date	Description
7/2/2024	101	AUS LTO Menu_July 2024	7/2/2024	7/3/2024	Addition of Steakhouse Stack Burger and Mozzarella Sticks with Sweet Chili Sauce
6/11/2024	100	Aus LTO Menu_June 2024	6/11/2024	6/12/2024	Remove Mac Family + Onions Rings, Caramello McFlurry and Frozen K-Wave, add Banana Shake, Banana Caramel Pie + McFlurry
5/21/2024	99	Aus LTO Menu_May 2024	5/21/2024	5/21/2024	Remove BLT McMuffin; Updated Big Mac Sauce formulation; dual supply; Add Feisty LTO
4/24/2024	98	Aus LTO Menu_April 2024	4/23/2024	4/24/2024	Addition of Coke Creations - K Wave frozen Coke
4/2/2024	97	Aus LTO Menu_April 2024	4/2/2024	4/3/2024	Removal of previous promo items; Addition of Mac Family + Onion Rings
3/12/2024	96	Aus LTO Menu_March 2024	3/12/2024	3/13/2024	Addition of Caramello McFlurry
3/5/2024	95	Aus LTO Menu_March 2024	3/5/2024	3/6/2024	Addition of BLT McMuffin
2/9/2024	94	Aus LTO Menu_February 2024	2/20/2024	2/20/2024	Updated allergen information for PEAL legislative requirements