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## **McDonald's Australia Limited Time Offers Allergen - Ingredients - Nutrition Information**

**Information correct as at March 2025**

At McDonald's we believe in the nutritional principals of balance, variety and moderation and that eating at McDonald's can fit into a healthy lifestyle. Our goal is to provide you with the information necessary to make informed decisions about your McDonald's menu choices. This guide can help you balance your McDonald's meal with the other meals you eat today, and every day.

This guide is for our Limited Time Offers menu. For information regarding short-time menu items, please either ask a manager in one of our restaurants or contact our Customer Service Department either via our website <http://mcdonalds.com.au/contactus> or on 02 9875 7100.

The nutrition and ingredient information is based on standard product formulations, standard product assembly and standard serving sizes. Actual sizes and assembly may vary. Due to the individual preparation of each of our menu items, actual values may vary from those listed. Variations may also occur depending on the supplier, country of origin, region of the country of origin, and the season of the year. Further, product formulations may change periodically.

#### **Food Sensitivities and Preferences**

As we operate working kitchens please be aware that there is always a risk that traces of allergens may be transferred to ingredients during storage or preparation of food in our kitchens. McDonald's Restaurants are therefore unable to guarantee that any food item sold is free from traces of allergens.

No food items are certified as vegetarian. Whilst some ingredients may not contain animal ingredients, we cannot guarantee that there will be no cross contact with ingredients that do contain animal ingredients in our kitchens.

We have a number of Halal certified restaurants. Only those items listed on the certificate in the front counter area and drive thru booth at our restaurants serving Halal options are certified as Halal.

If you would like further information or have food sensitivities or dietary concerns regarding specific ingredients in specific menu items, please contact us at <http://mcdonalds.com.au/contactus> or call us on 02 9875 7100. Our allergen labelling complies with Australia New Zealand Food Standards Code – Standard 1.2.3 (Registered 09 March 2021)

**Allergen Summary:** As we operate working kitchens please be aware that there is always a risk that allergen containing ingredients may be transferred during storage or preparation of food in our kitchens. McDonald's Restaurants are therefore unable to guarantee that any food item sold is free from cross contact of allergens.

	Gluten	Wheat	Egg	Milk	Soy	Sesame	Peanut	Tree nut								Fish	Crustacea	Molluscs	Sulphites	Lupin	Added Preservative	Artificial Colour	Artificial Flavour
								Almond	Brazil Nut	Cashew	Hazelnut	Macadamia	Pecan	Pine Nut	Pistachio								
<b>Limited Time Offers</b>																							
Shamrock Shake				P																	P	P	P
Traditional Fruit Hot Cross Bun	P	P	M	P	P	M	M	M	M	M	M	M	M	M	M	M					P		
Hot Cross Bun with Cadbury® Choc Chips	P	P	M	P	P	M	M	M	M	M	M	M	M	M	M						P		
Lotus Biscoff® McFlurry®	P	P		P	M																		
Lotus Biscoff® McFlurry® Chocolate	P	P		P	M																		
Lotus Biscoff® McFlurry® Twin Twist	P	P		P	M																		
Lotus Biscoff® Shake	P	P		P	M																P		
Lotus Biscoff® Coffee Frappe	P	P		P	M																		
Brekkie Wrap	P	P	P	P	P	M															P	P	P
Classic Chicken McWrap®	P	P	P	P	M	M															P		
Spicy Chicken McWrap®	P	P	P	M	M	M															P		
Banana Bread with Blueberries	P	P	P	P	M			M													P		
Ham & Cheese Pocket	P	P	M	P	M	M															P		
Toffee Nut Flavoured Iced Latte - Full Cream	M			P	M			M													P		
Toffee Nut Flavoured Iced Latte - Skim Milk	M			P	M			M													P		
Toffee Nut Flavoured Iced Latte - Lactose Free Milk	M			P	M			M													P		
Toffee Nut Flavoured Iced Latte - Soy Milk	M			M	P			M													P		
Toffee Nut Flavoured Iced Latte - Almond Milk	M			M	M			P													P		
Toffee Nut Flavoured Iced Latte - Oat Milk	P			M	M			M													P		
Toffee Nut Flavoured Coffee Syrup																					P		
Deluxe Toffee Nut Flavoured Iced Coffee - Full Cream	M			P	M			M													P		P
Deluxe Toffee Nut Flavoured Iced Coffee - Skim Milk	M			P	M			M													P		P
Deluxe Toffee Nut Flavoured Iced Coffee - Lactose Free Milk	M			P	M			M													P		P
Deluxe Toffee Nut Flavoured Iced Coffee - Soy Milk	M			P	P			M													P		P
Deluxe Toffee Nut Flavoured Iced Coffee - Almond Milk	M			P	M			P													P		P
Deluxe Toffee Nut Flavoured Iced Coffee - Oat Milk	P			P	M			M													P		P
Roasted Almond Flavoured Iced Latte- Full Cream Milk	M			P	M			M													P		
Roasted Almond Flavoured Iced Latte- Skim Milk	M			P	M			M													P		
Roasted Almond Flavoured Iced Latte- Soy Milk	M			M	P			M													P		
Roasted Almond Flavoured Iced Latte- Oat Milk	P			M	M			M													P		
Roasted Almond Flavoured Iced Latte- Lactose Free Milk	M			P	M			M													P		
Roasted Almond Flavoured Iced Latte- Almond Milk	M			M	M			P													P		
Deluxe Roasted Almond Flavoured Iced Coffee- Full Cream Milk	M			P	P			M													P		P
Deluxe Roasted Almond Flavoured Iced Coffee- Skim Milk	M			P	P			M													P		P
Deluxe Roasted Almond Flavoured Iced Coffee- Soy Milk	M			P	P			M													P		P
Deluxe Roasted Almond Flavoured Iced Coffee- Oat Milk	P			P	P			M													P		P
Deluxe Roasted Almond Flavoured Iced Coffee- Lactose Free Milk	M			P	P			M													P		P
Deluxe Roasted Almond Flavoured Iced Coffee- Almond Milk	M			P	P			P													P		P
Roasted Almond Flavoured Coffee Syrup																					P		
McOz®	P	P	P	P	P	P															P		
Chicken McOz®	P	P	P	P	P	P															P		
Crunchie® Frappe	P	P		P	P		M	M			M												
Crunchie® McFlurry®	P	P		P	P		M	M			M												
Crunchie® McFlurry® Chocolate	P	P		P	P		M	M			M												
Crunchie® McFlurry® Twin Twist	P	P		P	P		M	M			M												
Vegemite® McShaker Fries	P	P		P	M																P		
Vegemite® Shaker Seasoning	P	P		P																			
Caramel Thickshake				P																	P		

**Chart key:**

**P:** Ingredient is PRESENT in the product as an ingredient, food additive or processing aid.

**M:** Ingredient MAY BE present

## Limited Time Offers

### Shamrock Shake

SHAKE MIX: **Milk**, **Milk** Solids, Sugar, Maltodextrin, (derived from Maize), Cream (**Milk**), Vegetable Gums (412, 407, 407a, 466), Mineral Salt (452), Flavours.  
 OR: **Milk**, Sugar, **Milk** Solids, Skim **Milk**, Cream (**Milk**), Maltodextrin, (derived from Maize), Vegetable Gums (407, 407a, 412, 466), Mineral Salts (452), Flavours.  
 OR: **Milk**, Sugar, **Milk** Solids, Maltodextrin, (derived from Maize and Tapioca), Cream (**Milk**), Vegetable Gums (412, 407, 407a, 466), Flavours, Mineral Salts (339, 452), Food Acids (330, 331).  
 SHAMROCK SHAKE SYRUP: Water, Sugar, Invert Sugar Syrup, Glucose Syrup, Natural Flavours, Preservative (202), Acidity Regulator (330), Colours (102, 133).  
 WHIPPED CREAM: Cream (**Milk**), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407).

Contains: **Milk**.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	1430	568	1860	555	2210	547
Energy (Cal)	343	136	444	133	527	131
Protein (g)	8.2	3.3	11.0	3.3	13.2	3.3
Fat, total (g)	12.7	5	15.2	4.5	17.2	4.3
Saturated Fat (g)	8.8	3.5	10.5	3.1	11.9	2.9
Carbohydrate (g)	47.9	19.0	64.5	19.3	78.2	19.4
Sugars (g)	44.5	17.7	59.9	17.9	72.6	18.0
Sodium (mg)	113	45	151	45	182	45

### Traditional Fruit Hot Cross Bun

FRUIT HOT CROSS BUN: **Wheat** Flour (Vitamins (Thiamin, Folate)), Mixed Fruit (Sultanas (Cotton Seed Oil), Currants (Sunflower Oil), Humectant (422)), Water, Yeast, Liquid Sugar, Canola Oil, Crossing Paste (**Wheat** Starch, **Wheat** Flour, Vegetable Oil, Emulsifier (471), Thickener (415 **Soy**, Salt)), **Wheat** Gluten, Bun Glaze (Maltodextrin, Vegetable Gum (401)), Preservative (202)), Mixed Spice (Cassia, Nutmeg, Pimento), Iodised Salt, Improver (**Wheat** Flour, Ascorbic Acid (300), Enzymes), Ground Cinnamon, Preservative (282).  
 BUTTER PORTION: Pasteurised Cream (from **Milk**), Water, Salt.

Contains: **Wheat, Gluten, Milk, Soy**

May Contain: **Sesame**.

May Contain: **Egg, Tree Nuts, Peanuts**.

Traditional Fruit Hot Cross Bun		
	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	1210	1260
Energy (Cal)	289	301
Protein (g)	8.0	8.3
Fat, total (g)	8.7	9.1
Saturated Fat (g)	4.7	4.9
Carbohydrate (g)	42.8	44.6
Sugars (g)	15.6	16.2
Sodium (mg)	246	256

### Hot Cross Bun with Cadbury® Choc Chips

CADBURY® DAIRY MILK CHOCOLATE CHIP HOT CROSS BUN: **Wheat** Flour (Vitamins (Thiamin, Folate)), Cadbury® Dairy **Milk** Choc Chips (Full Cream **Milk**, Sugar, Cocoa Butter, Cocoa Mass, **Milk** Solids, Emulsifiers (322 From **Soy**, 476), Flavours), Water, Crossing Paste (**Wheat** Starch, **Wheat** Flour, Cocoa Powder, Vegetable Oil, Emulsifier (471)), Thickeners (415, 412), Mineral Salts (541, 500), Iodised Salt), Sugar, Canola Oil, Cocoa Powder, **Wheat** Gluten, Glaze (Maltodextrin, Vegetable Gum (401), Preservative (202)), **Soy** Flour, Iodised Salt, Yeast, Improver (**Wheat** Flour, Enzymes (Contain **Wheat**), Antioxidant (300), Malted **Wheat** Flour), Emulsifier (471), Natural Vanilla Flavour, Preservative (282).  
 BUTTER PORTION: Pasteurised Cream (from **Milk**), Water, Salt.

Contains: **Wheat, Gluten, Milk, Soy**.

May Contain: **Sesame**.

May Contain: **Egg, Tree Nuts, Peanuts**.

Hot Cross Bun with Cadbury® Choc Chips		
	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	1270	1400
Energy (Cal)	304	334
Protein (g)	7.5	8.2
Fat, total (g)	12.9	14.2
Saturated Fat (g)	7.6	8.4
Carbohydrate (g)	38.4	42.2
Sugars (g)	11.6	12.8
Sodium (mg)	243	267

### Lotus Biscoff® McFlurry®

VANILLA SUNDIAE MIX: **Milk**, Sugar, **Milk** Solids, Glucose Syrup (from Maize), Cream (**Milk**), Emulsifiers (471, 477), Vegetable Gums (412, 407), Natural Flavour.  
 LOTUS BISCOFF CRUMB: **Wheat** Flour, Sugar, Vegetable Oils (Palm Oil, Rapeseed Oil, Canola Oil), Candy Sugar Syrup, Raising Agent (Sodium Bicarbonate), Salt, Cinnamon.  
 CARAMEL TOPPING: Glucose Syrup, Whole Sweetened Condensed Milk (**Milk**, Sugar, **Milk** Solids), Invert Sugar Syrup, Water, Butter (**Milk**), Sugar, Emulsifiers (339, 322), Salt, Thickener (440), Natural Flavour.

Contains: **Wheat, Gluten, Milk**

LOTUS BISCOFF CRUMB is produced on the same equipment as products containing Soy.

Lotus Biscoff® McFlurry®		
	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	2070	930
Energy (Cal)	494	222
Protein (g)	8.8	4.0
Fat, total (g)	13.9	6.2
Saturated Fat (g)	8.1	3.6
Carbohydrate (g)	81.9	36.8
Sugars (g)	63.9	28.7
Sodium (mg)	261	117

### Lotus Biscoff® McFlurry® Chocolate

CHOCOLATE SUNDIAE MIX: **Milk**, **Milk** Solids, Sugar, Cream (**Milk**) Glucose Syrup (Derived from Maize), Cocoa Powder, Natural Chocolate Flavour, Emulsifiers (471, 433), Stabilisers (412, 407, 466, 407a), Natural Colour, Salt.  
 LOTUS BISCOFF CRUMB: **Wheat** Flour, Sugar, Vegetable Oils (Palm Oil, Rapeseed Oil, Canola Oil), Candy Sugar Syrup, Raising Agent (Sodium Bicarbonate), Salt, Cinnamon.  
 CARAMEL TOPPING: Glucose Syrup, Whole Sweetened Condensed Milk (**Milk**, Sugar, **Milk** Solids), Invert Sugar Syrup, Water, Butter (**Milk**), Sugar, Emulsifiers (339, 322), Salt, Thickener (440), Natural Flavour.

Contains: **Wheat, Gluten, Milk**

LOTUS BISCOFF CRUMB is produced on the same equipment as products containing Soy.

Lotus Biscoff® McFlurry® Chocolate		
	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	2030	911
Energy (Cal)	484	218
Protein (g)	9.0	4.0
Fat, total (g)	12.6	5.7
Saturated Fat (g)	7.1	3.2
Carbohydrate (g)	82.2	36.9
Sugars (g)	63.1	28.4
Sodium (mg)	306	138

### Lotus Biscoff® McFlurry® Twin Twist

VANILLA SUNDIAE MIX: **Milk**, Sugar, **Milk** Solids, Glucose Syrup (from Maize), Cream (**Milk**), Emulsifiers (471, 477), Vegetable Gums (412, 407), Natural Flavour.  
 CHOCOLATE SUNDIAE MIX: **Milk**, **Milk** Solids, Sugar, Cream (**Milk**) Glucose Syrup (Derived from Maize), Cocoa Powder, Natural Chocolate Flavour, Emulsifiers (471, 433), Stabilisers (412, 407, 466, 407a), Natural Colour, Salt.  
 LOTUS BISCOFF CRUMB: **Wheat** Flour, Sugar, Vegetable Oils (Palm Oil, Rapeseed Oil, Canola Oil), Candy Sugar Syrup, Raising Agent (Sodium Bicarbonate), Salt, Cinnamon.  
 CARAMEL TOPPING: Glucose Syrup, Whole Sweetened Condensed Milk (**Milk**, Sugar, **Milk** Solids), Invert Sugar Syrup, Water, Butter (**Milk**), Sugar, Emulsifiers (339, 322), Salt, Thickener (440), Natural Flavour.

Contains: **Wheat, Gluten, Milk**

LOTUS BISCOFF CRUMB is produced on the same equipment as products containing Soy.

Lotus Biscoff® McFlurry® Twin Twist		
	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	2050	920
Energy (Cal)	489	220
Protein (g)	8.9	4.0
Fat, total (g)	13.2	6.0
Saturated Fat (g)	7.6	3.4
Carbohydrate (g)	82.0	36.9
Sugars (g)	63.5	28.5
Sodium (mg)	284	128

Lotus Biscoff® Shake	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
SHAKE MIX: <b>Milk</b> , <b>Milk</b> Solids, Sugar, Maltodextrin, (derived from Maize), Cream ( <b>Milk</b> ), Vegetable Gums (412, 407, 407a, 466), Mineral Salt (452), Flavours. OR: <b>Milk</b> , Sugar, <b>Milk</b> Solids, Skim <b>Milk</b> , Cream ( <b>Milk</b> ), Maltodextrin, (derived from Maize), Vegetable Gums (407, 407a, 412, 466), Mineral Salts (452), Flavours. OR: <b>Milk</b> , Sugar, <b>Milk</b> Solids, Maltodextrin, (derived from Maize and Tapioca), Cream ( <b>Milk</b> ), Vegetable Gums (412, 407, 407a, 466), Flavours, Mineral Salts (339, 452), Food Acids (330, 331). VANILLA SHAKE SYRUP: Water, Sugar, Invert Sugar Syrup, Glucose Syrup, Burnt Sugar Syrup, Natural Flavour, Preservative (202), Acidity Regulator (330). LOTUS BISCOFF CRUMB: <b>Wheat</b> Flour, Sugar, Vegetable Oils (Palm Oil, Rapeseed Oil, Canola Oil), Candy Sugar Syrup, Raising Agent (Sodium Bicarbonate), Salt, Cinnamon.	1820	685	2870	753	3210	718
	436	164	685	180	767	171
Energy (kJ)	9.3	3.5	13.6	3.6	15.8	3.5
Energy (Cal)	12.8	4.8	21.0	5.5	23	5.1
Protein (g)	7.2	2.7	11.3	3.0	12.7	2.8
Fat, total (g)	69.4	26.0	108.0	28.4	122.0	27.2
Saturated Fat (g)	55.3	20.8	82.4	21.7	97.8	21.2
Carbohydrate (g)	218	82	368	97	398	89
Sugars (g)						
Sodium (mg)						

**Contains: Gluten, Wheat, Milk.**  
**LOTUS BISCOFF CRUMB is produced on the same equipment as products containing Soy.**

Lotus Biscoff® Coffee Frappe	Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
COFFEE FRAPPE BASE: <b>Milk</b> and/or Skim <b>Milk</b> (Reconstitutes), Sugar, Cream ( <b>Milk</b> ), <b>Milk</b> Solids, Coffee Powder, Emulsifier (471), Stabiliser (412, 410, 466, 407a, 407, Sucrose), Colours (150c, 150d), Coffee Flavour, Vanilla Flavour. ICE: Water. LOTUS BISCOFF CRUMB: <b>Wheat</b> Flour, Sugar, Vegetable Oils (Palm Oil, Rapeseed Oil, Canola Oil), Candy Sugar Syrup, Raising Agent (Sodium Bicarbonate), Salt, Cinnamon. WHIPPED CREAM: Cream ( <b>Milk</b> ), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407).	2710	514	2940	503
	647	123	704	120
Energy (kJ)	11.4	2.2	12.6	2.2
Energy (Cal)	29.6	5.6	31.9	5.5
Protein (g)	19.1	3.6	20.9	3.5
Fat, total (g)	82.1	15.6	89.7	15.3
Saturated Fat (g)	68.8	13.1	75.8	13.0
Carbohydrate (g)	326	62	354	61
Sugars (g)				
Sodium (mg)				

**Contains: Gluten, Wheat, Milk, Caffeine.**  
**LOTUS BISCOFF CRUMB is produced on the same equipment as products containing Soy.**

Brekkie Wrap	Brekkie Wrap	
	Avg Qty / Serve	Avg Qty / 100g
WHOLEMEAL TORTILLA: <b>Wheat</b> Flour (Thiamine, Folic Acid), Water, Whole <b>Wheat</b> Flour (Thiamine, Folic Acid), Vegetable Shortening [Antioxidant (307b)], Sugar, Baking Powder [Mineral Salts (450, 500, 341)], Acidity Regulator (297), Mineral Salt (500), Yeast. HASH BROWN: Potato, Vegetable Oil, Salt, Dextrose (from Maize), Dehydrated Potato, Natural Flavour (Black Pepper Extracts) OR: Potatoes, Canola Oil (citric acid 330), Dehydrated Potato Flake [Potato, Mono And Diglycerides (471) Citric Acid (330)], Salt, Pepper Cream Salt [Salt, Flavour (Modified Corn Starch, Black Pepper Extracts), Canola Oil], Dextrose Monohydrate [Corn Derived (Sulphur Dioxide)], Sodium Acid Pyrophosphate (450), Antifoam (Non-Ionic Polyalkylene Glycol). EGG: Egg. KETCHUP: Water, Tomato Paste, High Fructose Corn Syrup, Glucose Corn Syrup, Vinegar, Salt, Flavouring (Soybean Oil). SLICED CHEESE: Cheese (Pasteurised <b>Milk</b> , Salt, Culture, Enzyme (Rennet)), Water, <b>Milk</b> Solids, Butter ( <b>Milk</b> ), Emulsifiers (331, 332), Salt, Acidity Regulators (260, 330), Natural Colours (160a, 160c), <b>Soy</b> Lecithin (322). RASHER BACON: Pork, Water, Salt, Sugar, Emulsifiers (451, 450), Dextrose (Maize, Tapioca), Antioxidants (316, 392), Acidity Regulator (330), Sodium Nitrite (250), Smoked. SPRAY OIL: Canola Oil, Emulsifier (322 - derived from <b>Soy</b> ), Natural Flavour, Natural Colour (160a), Acidity Regulator (330).	1880	977
	449	234
Energy (kJ)	17.9	9.3
Energy (Cal)	25.1	13.1
Protein (g)	7.8	4.0
Fat, total (g)	36.5	19.0
Saturated Fat (g)	5.7	3.0
Carbohydrate (g)	1000	521
Sugars (g)		
Sodium (mg)		

**Contains: Gluten, Wheat, Egg, Milk, Soy.**  
**WHOLEMEAL TORTILLA may be produced using the same equipment as products containing Soy.**  
**WHOLEMEAL TORTILLA may be steamed in the same equipment as products containing Sesame.**  
**BACON RASHER and EGG may be cooked on the same grill as Egg or products containing Gluten, Wheat, Milk, Soy.**  
**HASH BROWNS are cooked in a McDonald's Vegetable Oil Blend and may be cooked using the same equipment as products containing Gluten, Wheat, Milk, Soy.**

Classic Chicken McWrap®	Classic Chicken McWrap®	
	Avg Qty / Serve	Avg Qty / 100g
MCCRISPY PATTY: Chicken, Flour ( <b>Wheat</b> , Rice, Maize), Water, Vegetable Oil, Starch (Potato, <b>Wheat</b> , Maize), Salt, Yeast, Vegetable Powders, <b>Wheat</b> Gluten, Food Acid (330), Sugar, Spice & Herb, Natural Flavour, Herb & Spice Extracts, Raising Agent (500), Vegetable Gum (415). WHOLEMEAL TORTILLA: <b>Wheat</b> Flour (Thiamine, Folic Acid), Water, Whole <b>Wheat</b> Flour (Thiamine, Folic Acid), Vegetable Shortening [Antioxidant (307b)], Sugar, Baking Powder [Mineral Salts (450, 500, 341)], Acidity Regulator (297), Mineral Salt (500), Yeast. SHREDDED LETTUCE: Iceberg Lettuce. TOMATO: Tomato. MCCRISPY SAUCE: Vegetable Oil [Includes Antioxidant (307)], Water, Vinegar, Sugar, <b>Milk</b> Solids [Includes Buttermilk Powder ( <b>Milk</b> )], <b>Egg</b> Yolk, Dextrose, Salt, Thickeners (1442, 415), Vegetable Powders (Includes Garlic), Natural Flavour ( <b>Milk</b> ), Acidity Regulator (270), Spice, Yeast Extract, Preservative (202), Herb.	2410	847
	575	202
Energy (kJ)	27.3	9.6
Energy (Cal)	28.1	9.9
Protein (g)	5.4	1.9
Fat, total (g)	51.0	18.0
Saturated Fat (g)	6.3	2.2
Carbohydrate (g)	944	332
Sugars (g)		
Sodium (mg)		

**Contains: Gluten, Wheat, Egg, Milk.**  
**MCCRISPY PATTY is cooked in a McDonald's Vegetable Oil blend and may be cooked using the same equipment as products containing Gluten, Wheat, Milk, Soy.**  
**WHOLEMEAL TORTILLA may be produced using the same equipment as products containing soy.**  
**WHOLEMEAL TORTILLA may be steamed in the same equipment as products containing sesame seeds.**

Spicy Chicken McWrap®	Spicy Chicken McWrap®	
	Avg Qty / Serve	Avg Qty / 100g
SPICY THIGH PATTY: Chicken, Flour ( <b>Wheat</b> ), Water, Vegetable Oil, Thickeners (1420, 1422), Salt, <b>Gluten</b> ( <b>Wheat</b> ), Yeast And Yeast Extracts, Spice And Spice Extracts (Inc. Pepper), Rice Starch, Natural Flavours, Raising Agents (450, 500), Vegetable Powders (Garlic, Onion), Emulsifier (322), Hydrolysed Vegetable Protein, Natural Colour (160C), Herb Extract, Citrus Extract, Maltodextrin. WHOLEMEAL TORTILLA: <b>Wheat</b> Flour (Thiamine, Folic Acid), Water, Whole <b>Wheat</b> Flour (Thiamine, Folic Acid), Vegetable Shortening [Antioxidant (307b)], Sugar, Baking Powder [Mineral Salts (450, 500, 341)], Acidity Regulator (297), Mineral Salt (500), Yeast. SHREDDED LETTUCE: Iceberg Lettuce. TOMATO: Tomato. MCCHICKEN SAUCE: Water, Vegetable Oil [Antioxidant (307b)], Vinegar, Glucose Syrup, <b>Egg</b> Yolk, Thickener (1442, 415), Sugar, Salt, Spice, Mustard Flour, Emulsifiers (435, 433), Preservative (202), Acidity Regulator (270).	2620	907
	627	217
Energy (kJ)	29.9	10.4
Energy (Cal)	33.3	11.5
Protein (g)	6.7	2.3
Fat, total (g)	49.7	17.2
Saturated Fat (g)	4.7	1.6
Carbohydrate (g)	1170	406
Sugars (g)		
Sodium (mg)		

**Contains: Gluten, Wheat, Egg.**  
**SPICY THIGH PATTY is cooked in a McDonald's Vegetable Oil Blend and may be cooked in the same equipment as products containing Gluten, Wheat, Milk, Soy.**  
**WHOLEMEAL TORTILLA may be produced using the same equipment as products containing soy.**  
**WHOLEMEAL TORTILLA may be steamed in the same equipment as products containing sesame seeds**

Banana Bread with Blueberries	Banana Bread with Blueberries	
	Avg Qty / Serve	Avg Qty / 100g
BANANA BREAD WITH BLUEBERRIES: <b>Wheat</b> Flour, Banana, Sugar, Light Sour Cream (Cream (From <b>Milk</b> ), Pectin, <b>Milk</b> Solids, Cultures), Canola Oil, Blueberries, <b>Egg</b> , Banana Flavour Paste (Banana, Colour (160a)), Whole <b>Egg</b> Powder, Natural Flavours (Blueberry, Vanilla Flavour Paste), Baking Powder (Raising Agents (450, 500), Maize Starch, Mineral Salt (170)), Lemon Juice Concentrate, <b>Milk</b> Solids, Mineral Salts (500, 452), <b>Wheat</b> Starch, Vegetable Gum (412), Iodised Salt, Acidity Regulator (330). BUTTER PORTION: Pasteurised Cream (from <b>Milk</b> ), Water, Salt.	2040	1330
	487	318
Energy (kJ)	6.8	4.4
Energy (Cal)	20.8	13.6
Protein (g)	7.2	4.7
Fat, total (g)	65.9	43.1
Saturated Fat (g)	31.5	20.6
Carbohydrate (g)	280	183
Sugars (g)		
Sodium (mg)		

**Contains: Gluten, Wheat, Egg, Milk.**  
**BANANA BREAD WITH BLUEBERRIES is produced in the same facility as products containing soy.**  
**BANANA BREAD WITH BLUEBERRIES is stored in the same display cabinet as products containing Tree Nut (Almond).**

<b>Ham &amp; Cheese Pocket</b>		<b>Ham &amp; Cheese Pocket</b>					
		Avg Qty / Serve		Avg Qty / 100g			
WHOLEMEAL TORTILLA: <b>Wheat</b> Flour (Thiamine, Folic Acid), Water, Whole <b>Wheat</b> Flour (Thiamine, Folic Acid), Vegetable Shortening (Antioxidant (307b)), Sugar, Baking Powder (Mineral Salts (450, 500, 341)), Acidity Regulator (297), Mineral Salt (500), Yeast.		Energy (kJ)		884		1060	
AUSSIE JACK CHEESE: Pasteurised <b>Milk</b> , Salt, Starter Culture, Non-animal Rennet.		Energy (Cal)		211		253	
HAM: Pork, Water, Salt, Acidity Regulators (326, 262), Dextrose (Maize, Tapioca), Emulsifiers (450, 451, 508), Pork Protein (Herb Extract (392)), Sugar, Modified Tapioca Starch (1412), Thickeners (407a, 415), Antioxidant (316), Potato Fibre, Sodium Nitrite (250), Canola Oil, Citrus Fibre.		Protein (g)		11.6		13.9	
<b>Contains: Gluten, Wheat, Milk.</b>		Fat, total (g)		9.6		11.5	
<b>WHOLEMEAL TORTILLA may be produced using the same equipment as products containing Soy.</b>		Saturated Fat (g)		5.5		6.6	
<b>WHOLEMEAL TORTILLA may be stored in the same equipment as products containing Sesame.</b>		Carbohydrate (g)		18.8		22.5	
<b>WHOLEMEAL TORTILLA may be cooked on the same equipment as products containing Eggs, Soy.</b>		Sugars (g)		1.5		1.7	
		Sodium (mg)		515		616	

  

<b>Toffee Nut Flavoured Iced Latte - Full Cream</b>		<b>Small</b>		<b>Medium</b>		<b>Large</b>	
		Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
FULL CREAM MILK: <b>Milk</b> .		Energy (kJ)		830		1210	
ICE: Water.		Energy (Cal)		198		289	
COFFEE EXTRACT: Coffee, Water.		Protein (g)		6.3		9.7	
SALTED TOFFEE FLAVOURED SYRUP: Cane Sugar Syrup, Water, Flavourings, Golden Syrup, Salt, Acidity Regulator (330), Preservative (202), Stabilizer (415).		Fat, total (g)		6.3		9.7	
<b>Contains: Milk, Caffeine.</b>		Saturated Fat (g)		4.4		6.8	
<b>May be present: Gluten, Soy, Almond due to equipment cross contact.</b>		Carbohydrate (g)		28.8		40.3	
		Sugars (g)		28.1		39.3	
		Sodium (mg)		308		427	

  

<b>Toffee Nut Flavoured Iced Latte - Skim Milk</b>		<b>Small</b>		<b>Medium</b>		<b>Large</b>	
		Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
SKIM MILK: Skim <b>Milk</b> .		Energy (kJ)		623		890	
ICE: Water.		Energy (Cal)		149		213	
COFFEE EXTRACT: Coffee, Water.		Protein (g)		7.0		10.8	
SALTED TOFFEE FLAVOURED SYRUP: Cane Sugar Syrup, Water, Flavourings, Golden Syrup, Salt, Acidity Regulator (330), Preservative (202), Stabilizer (415).		Fat, total (g)		0.2		0.3	
<b>Contains: Milk, Caffeine.</b>		Saturated Fat (g)		0.2		0.3	
<b>May be present: Gluten, Soy, Almond due to equipment cross contact.</b>		Carbohydrate (g)		29.2		40.9	
		Sugars (g)		29.1		40.8	
		Sodium (mg)		310		430	

  

<b>Toffee Nut Flavoured Iced Latte - Lactose Free Milk</b>		<b>Small</b>		<b>Medium</b>		<b>Large</b>	
		Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
LACTOSE FREE MILK: <b>Milk</b> , Enzyme (Lactase).		Energy (kJ)		825		1200	
ICE: Water.		Energy (Cal)		197		287	
COFFEE EXTRACT: Coffee, Water.		Protein (g)		5.9		9.1	
SALTED TOFFEE FLAVOURED SYRUP: Cane Sugar Syrup, Water, Flavourings, Golden Syrup, Salt, Acidity Regulator (330), Preservative (202), Stabilizer (415).		Fat, total (g)		6.4		9.9	
<b>Contains: Milk, Caffeine.</b>		Saturated Fat (g)		4.7		7.2	
<b>May be present: Gluten, Soy, Almond due to equipment cross contact.</b>		Carbohydrate (g)		28.4		39.6	
		Sugars (g)		28.2		39.4	
		Sodium (mg)		298		412	

  

<b>Toffee Nut Flavoured Iced Latte - Soy Milk</b>		<b>Small</b>		<b>Medium</b>		<b>Large</b>	
		Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
SOY MILK: Filtered Water, Whole <b>Soybean</b> , Raw Sugar, Minerals (Calcium Phosphate), Vegetable Gums (460, 407, 466), Flavour, Sea Salt, Food Acids (340, 331).		Energy (kJ)		660		947	
ICE: Water.		Energy (Cal)		158		226	
COFFEE EXTRACT: Coffee, Water.		Protein (g)		5.5		8.5	
SALTED TOFFEE FLAVOURED SYRUP: Cane Sugar Syrup, Water, Flavourings, Golden Syrup, Salt, Acidity Regulator (330), Preservative (202), Stabilizer (415).		Fat, total (g)		3.3		5.1	
<b>Contains: Soy, Caffeine.</b>		Saturated Fat (g)		0.5		0.8	
<b>May be present: Milk, Gluten, Almond due to equipment cross contact.</b>		Carbohydrate (g)		25.6		35.3	
		Sugars (g)		23.5		32.1	
		Sodium (mg)		358		505	

  

<b>Toffee Nut Flavoured Iced Latte - Almond Milk</b>		<b>Small</b>		<b>Medium</b>		<b>Large</b>	
		Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
ALMOND MILK: Water, <b>Almonds</b> , Sugar, Vegetable Oil (Canola or Sunflower), Maltodextrin (From Corn), Acidity Regulators (340, 332), Vegetable Gums (418, 415, 410), Sunflower Lecithin, Salt.		Energy (kJ)		612		874	
ICE: Water.		Energy (Cal)		146		209	
COFFEE EXTRACT: Coffee, Water.		Protein (g)		1.5		2.3	
SALTED TOFFEE FLAVOURED SYRUP: Cane Sugar Syrup, Water, Flavourings, Golden Syrup, Salt, Acidity Regulator (330), Preservative (202), Stabilizer (415).		Fat, total (g)		4.1		6.4	
<b>Contains: Almond, Caffeine.</b>		Saturated Fat (g)		0.4		0.6	
<b>May be present: Milk, Gluten, Soy due to equipment cross contact.</b>		Carbohydrate (g)		25.2		34.7	
		Sugars (g)		22.7		30.9	
		Sodium (mg)		315		438	

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
<b>Toffee Nut Flavoured Iced Latte - Oat Milk</b>						
OAT MILK: Water, Ground <b>Oats</b> (contains <b>Gluten</b> ), Vegetable Oil (Canola or Sunflower) Acidity Regulator (Dipotassium Phosphate), Minerals (Calcium Phosphate, Calcium Carbonate), Salt.						
ICE: Water.						
COFFEE EXTRACT: Coffee, Water.						
SALTED TOFFEE FLAVOURED SYRUP: Cane Sugar Syrup, Water, Flavourings, Golden Syrup, Salt, Acidity Regulator (330), Preservative (202), Stabilizer (415).						
<b>Contains: Gluten, Caffeine.</b>						
<b>May be present: Milk, Almond, Soy due to equipment cross contact.</b>						
Energy (kJ)	793	243	1150	240	1420	241
Energy (Cal)	189	58	275	57	340	58
Protein (g)	1.1	0.3	1.7	0.4	2.1	0.4
Fat, total (g)	4.7	1.4	7.2	1.5	8.8	1.5
Saturated Fat (g)	0.7	0.2	1.1	0.2	1.3	0.2
Carbohydrate (g)	35.0	10.7	49.8	10.4	61.7	10.5
Sugars (g)	25.2	7.8	35.3	7.3	43.9	7.4
Sodium (mg)	329	101	459	96	570	97

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
<b>Deluxe Toffee Nut Flavoured Iced Latte - Full Cream</b>						
FULL CREAM MILK: <b>Milk</b> .						
ICE: Water.						
COFFEE EXTRACT: Coffee, Water.						
TOFFEE NUT FLAVOURED SYRUP: Cane Sugar Syrup, Water, Flavourings, Golden Syrup, Salt, Acidity Regulator (330), Preservative (202), Stabilizer (415).						
WHIPPED CREAM: Cream ( <b>Milk</b> ), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407).						
SALTED TOFFEE KIBBLE: Sugar, Glucose Syrup (from Maize), Palm Kernel Oil, Sorbitan Tristerate (492), Sunflower Lecithin (322), Salt, Cocoa Butter, Water, Burnt Sugar Syrup, English Toffee Flavour, <b>Soy</b> Lecithin (322).						
<b>Contains: Milk, Soy, Caffeine.</b>						
<b>May be present: Gluten, Almond due to equipment cross contact.</b>						
Energy (kJ)	1170	335	1550	308	1840	300
Energy (Cal)	280	80	371	74	439	72
Protein (g)	6.7	1.9	10.1	2.0	12.3	2.0
Fat, total (g)	12.2	3.5	15.6	3.1	17.8	2.9
Saturated Fat (g)	8.7	2.5	11.1	2.2	12.7	2.1
Carbohydrate (g)	35.7	10.2	47.1	9.4	56.9	9.3
Sugars (g)	34.2	9.8	45.3	9.0	54.8	8.9
Sodium (mg)	384	110	503	100	607	99

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
<b>Deluxe Toffee Nut Flavoured Iced Latte - Skim Milk</b>						
SKIM MILK: Skim <b>Milk</b> .						
ICE: Water.						
COFFEE EXTRACT: Coffee, Water.						
SALTED TOFFEE FLAVOURED SYRUP: Cane Sugar Syrup, Water, Flavourings, Golden Syrup, Salt, Acidity Regulator (330), Preservative (202), Stabilizer (415).						
WHIPPED CREAM: Cream ( <b>Milk</b> ), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407).						
SALTED TOFFEE KIBBLE: Sugar, Glucose Syrup (from Maize), Palm Kernel Oil, Sorbitan Tristerate (492), Sunflower Lecithin (322), Salt, Cocoa Butter, Water, Burnt Sugar Syrup, English Toffee Flavour, <b>Soy</b> Lecithin (322).						
<b>Contains: Milk, Soy, Caffeine.</b>						
<b>May be present: Gluten, Almond due to equipment cross contact.</b>						
Energy (kJ)	966	281	1230	249	1450	240
Energy (Cal)	231	67	295	60	346	57
Protein (g)	7.4	2.1	11.2	2.3	13.7	2.3
Fat, total (g)	6.1	1.8	6.2	1.3	6.3	1.0
Saturated Fat (g)	4.5	1.3	4.6	0.9	4.6	0.8
Carbohydrate (g)	36.1	10.5	47.8	9.7	57.7	9.6
Sugars (g)	35.1	10.2	46.8	9.5	56.7	9.4
Sodium (mg)	386	112	506	102	611	101

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
<b>Deluxe Toffee Nut Flavoured Iced Latte - Lactose Free Milk</b>						
LACTOSE FREE MILK: <b>Milk</b> , Enzyme (Lactase).						
ICE: Water.						
COFFEE EXTRACT: Coffee, Water.						
SALTED TOFFEE FLAVOURED SYRUP: Cane Sugar Syrup, Water, Flavourings, Golden Syrup, Salt, Acidity Regulator (330), Preservative (202), Stabilizer (415).						
WHIPPED CREAM: Cream ( <b>Milk</b> ), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407).						
SALTED TOFFEE KIBBLE: Sugar, Glucose Syrup (from Maize), Palm Kernel Oil, Sorbitan Tristerate (492), Sunflower Lecithin (322), Salt, Cocoa Butter, Water, Burnt Sugar Syrup, English Toffee Flavour, <b>Soy</b> Lecithin (322).						
<b>Contains: Milk, Soy, Caffeine.</b>						
<b>May be present: Gluten, Almond due to equipment cross contact.</b>						
Energy (kJ)	1170	335	1540	308	1830	299
Energy (Cal)	279	80	369	74	437	71
Protein (g)	6.2	1.8	9.4	1.9	11.5	1.9
Fat, total (g)	12.3	3.5	15.8	3.1	18.0	2.9
Saturated Fat (g)	8.9	2.6	11.5	2.3	13.1	2.1
Carbohydrate (g)	35.2	10.1	46.4	9.2	56.0	9.2
Sugars (g)	34.3	9.8	45.4	9.0	55.0	9.0
Sodium (mg)	374	107	488	97	589	96

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
<b>Deluxe Toffee Nut Flavoured Iced Latte - Soy Milk</b>						
SOY MILK: Filtered Water, Whole <b>Soybean</b> , Raw Sugar, Minerals (Calcium Phosphate), Vegetable Gums (460, 407, 466), Flavour, Sea Salt, Food Acids (340, 331).						
ICE: Water.						
COFFEE EXTRACT: Coffee, Water.						
SALTED TOFFEE FLAVOURED SYRUP: Cane Sugar Syrup, Water, Flavourings, Golden Syrup, Salt, Acidity Regulator (330), Preservative (202), Stabilizer (415).						
WHIPPED CREAM: Cream ( <b>Milk</b> ), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407).						
SALTED TOFFEE KIBBLE: Sugar, Glucose Syrup (from Maize), Palm Kernel Oil, Sorbitan Tristerate (492), Sunflower Lecithin (322), Salt, Cocoa Butter, Water, Burnt Sugar Syrup, English Toffee Flavour, <b>Soy</b> Lecithin (322).						
<b>Contains: Milk, Soy, Caffeine.</b>						
<b>May be present: Gluten, Almond due to equipment cross contact.</b>						
Energy (kJ)	1000	288	1290	258	1520	249
Energy (Cal)	240	69	308	62	362	59
Protein (g)	5.9	1.7	8.9	1.8	10.8	1.8
Fat, total (g)	9.2	2.7	11.0	2.2	12.2	2.0
Saturated Fat (g)	4.8	1.4	5.1	1.0	5.3	0.9
Carbohydrate (g)	32.5	9.3	42.2	8.4	50.0	8.3
Sugars (g)	29.5	8.5	38.1	7.6	46.0	7.5
Sodium (mg)	435	125	581	116	703	115

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
<b>Deluxe Toffee Nut Flavoured Iced Latte - Almond Milk</b>						
ALMOND MILK: Water, <b>Almonds</b> , Sugar, Vegetable Oil (Canola or Sunflower), Maltodextrin (From Corn), Acidity Regulators (340, 332), Vegetable Gums (418, 415, 410), Sunflower Lecithin, Salt.						
ICE: Water.						
COFFEE EXTRACT: Coffee, Water.						
SALTED TOFFEE FLAVOURED SYRUP: Cane Sugar Syrup, Water, Flavourings, Golden Syrup, Salt, Acidity Regulator (330), Preservative (202), Stabilizer (415).						
WHIPPED CREAM: Cream ( <b>Milk</b> ), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407).						
SALTED TOFFEE KIBBLE: Sugar, Glucose Syrup (from Maize), Palm Kernel Oil, Sorbitan Tristerate (492), Sunflower Lecithin (322), Salt, Cocoa Butter, Water, Burnt Sugar Syrup, English Toffee Flavour, <b>Soy</b> Lecithin (322).						
<b>Contains: Milk, Almond, Soy, Caffeine.</b>						
<b>May be present: Gluten due to equipment cross contact.</b>						
Energy (kJ)	955	277	1220	245	1430	236
Energy (Cal)	228	66	291	59	341	56
Protein (g)	1.8	0.5	2.6	0.5	3.2	0.5
Fat, total (g)	10.1	2.9	12.3	2.5	13.8	2.3
Saturated Fat (g)	4.6	1.3	4.8	1.0	5.0	0.8
Carbohydrate (g)	32.0	9.3	41.5	8.4	50.0	8.3
Sugars (g)	28.7	8.3	36.9	7.4	44.5	7.4
Sodium (mg)	391	113	514	104	621	103

<b>Deluxe Toffee Nut Flavoured Iced Latte - Oat Milk</b>	<b>Small</b>		<b>Medium</b>		<b>Large</b>	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
OAT MILK: Water, Ground <b>Oats</b> (contains <b>Gluten</b> ), Vegetable Oil (Canola or Sunflower) Acidity Regulator (Dipotassium Phosphate), Minerals (Calcium Phosphate, Calcium Carbonate), Salt. ICE: Water. COFFEE EXTRACT: Coffee, Water. SALTED TOFFEE FLAVOURED SYRUP: Cane Sugar Syrup, Water, Flavourings, Golden Syrup, Salt, Acidity Regulator (330), Preservative (202), Stabilizer (415). WHIPPED CREAM: Cream ( <b>Milk</b> ), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407). SALTED TOFFEE KIBBLE: Sugar, Glucose Syrup (from Maize), Palm Kernel Oil, Sorbitan Tristerate (492), Sunflower Lecithin (322), Salt, Cocoa Butter, Water, Burnt Sugar Syrup, English Toffee Flavour, <b>Soy</b> Lecithin (322).						
<b>Contains: Milk, Gluten, Soy, Caffeine.</b>						
<b>May be present: Almond due to equipment cross contact.</b>						

<b>Toffee Nut Flavoured Coffee Syrup</b>	<b>Small</b>		<b>Medium</b>		<b>Large</b>	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
SALTED TOFFEE FLAVOURED SYRUP: Cane Sugar Syrup, Water, Flavourings, Golden Syrup, Salt, Acidity Regulator (330), Preservative (202), Stabilizer (415).						
Energy (kJ)	269	896	358	896	448	896
Energy (Cal)	64	214	86	214	107	214
Protein (g)	0.0	0.0	0.0	0.0	0.0	0.0
Fat, total (g)	0.0	0.0	0.0	0.0	0.0	0.0
Saturated Fat (g)	0.0	0.0	0.0	0.0	0.0	0.0
Carbohydrate (g)	19.9	66.4	26.5	66.4	33.2	66.4
Sugars (g)	19.8	65.9	26.4	65.9	33.0	65.9
Sodium (mg)	230	766	306	766	383	766

<b>Roasted Almond Flavoured Iced Latte</b>	<b>Small</b>		<b>Medium</b>		<b>Large</b>	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
FULL CREAM MILK: <b>Milk</b> . ICE: Water. COFFEE EXTRACT: Coffee, Water. ROASTED ALMOND FLAVOURED SYRUP: Cane Sugar Syrup, Water, Golden Syrup, Flavourings, Preservative (202), Acidity Regulator (330), Salt, Stabilizer (415).						
<b>Contains: Milk, Caffeine.</b>						
<b>May be present: Gluten, Soy, Almond due to equipment cross contact.</b>						

<b>Roasted Almond Flavoured Iced Latte- Skim Milk</b>	<b>Small</b>		<b>Medium</b>		<b>Large</b>	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
SKIM MILK: Skim <b>Milk</b> . ICE: Water. ROASTED ALMOND FLAVOURED SYRUP: Cane Sugar Syrup, Water, Golden Syrup, Flavourings, Preservative (202), Acidity Regulator (330), Salt, Stabilizer (415). COFFEE EXTRACT: Coffee, Water.						
<b>Contains: Milk, Caffeine.</b>						
<b>May be present: Gluten, Soy, Almond due to equipment cross contact.</b>						

<b>Roasted Almond Flavoured Iced Latte- Lactose Free Milk</b>	<b>Small</b>		<b>Medium</b>		<b>Large</b>	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
LACTOSE FREE MILK: <b>Milk</b> , Enzyme (Lactase). ICE: Water. ROASTED ALMOND FLAVOURED SYRUP: Cane Sugar Syrup, Water, Golden Syrup, Flavourings, Preservative (202), Acidity Regulator (330), Salt, Stabilizer (415). COFFEE EXTRACT: Coffee, Water.						
<b>Contains: Milk, Caffeine.</b>						
<b>May be present: Gluten, Soy, Almond due to equipment cross contact.</b>						

<b>Roasted Almond Flavoured Iced Latte- Soy Milk</b>	<b>Small</b>		<b>Medium</b>		<b>Large</b>	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
SOY MILK: Filtered Water, Whole <b>Soybean</b> , Raw Sugar, Minerals (Calcium Phosphate), Vegetable Gums (460, 407, 466), Flavour, Sea Salt, Food Acids (340, 331). ICE: Water. ROASTED ALMOND FLAVOURED SYRUP: Cane Sugar Syrup, Water, Golden Syrup, Flavourings, Preservative (202), Acidity Regulator (330), Salt, Stabilizer (415). COFFEE EXTRACT: Coffee, Water.						
<b>Contains: Soy, Caffeine.</b>						
<b>May be present: Gluten, Milk, Almond due to equipment cross contact.</b>						

<b>Roasted Almond Flavoured Iced Latte- Almond Milk</b>	<b>Small</b>		<b>Medium</b>		<b>Large</b>	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
ALMOND MILK: Water, <b>Almonds</b> , Sugar, Vegetable Oil (Canola or Sunflower), Maltodextrin (From Corn), Acidity Regulators (340, 332), Vegetable Gums (418, 415, 410), Sunflower Lecithin, Salt. ICE: Water. ROASTED ALMOND FLAVOURED SYRUP: Cane Sugar Syrup, Water, Golden Syrup, Flavourings, Preservative (202), Acidity Regulator (330), Salt, Stabilizer (415). COFFEE EXTRACT: Coffee, Water.						
<b>Contains: Almond, Caffeine.</b>						
<b>May be present: Gluten, Milk, Soy due to equipment cross contact.</b>						

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
<b>Roasted Almond Flavoured Iced Latte- Oat Milk</b>						
OAT MILK: Water, Ground <b>Oats</b> (contains <b>Gluten</b> ), Vegetable Oil (Canola or Sunflower) Acidity Regulator (Dipotassium Phosphate), Minerals (Calcium Phosphate, Calcium Carbonate), Salt.						
ICE: Water.						
ROASTED ALMOND FLAVOURED SYRUP: Cane Sugar Syrup, Water, Golden Syrup, Flavourings, Preservative (202), Acidity Regulator (330), Salt, Stabilizer (415).						
COFFEE EXTRACT: Coffee, Water.						
<b>Contains: Gluten, Caffeine.</b>						
<b>May be present: Milk, Soy, Almond due to equipment cross contact.</b>						
<b>Deluxe Roasted Almond Flavoured Iced Coffee</b>						
FULL CREAM MILK: <b>Milk</b> .						
ICE: Water.						
COFFEE EXTRACT: Coffee, Water.						
ROASTED ALMOND FLAVOURED SYRUP: Cane Sugar Syrup, Water, Golden Syrup, Flavourings, Preservative (202), Acidity Regulator (330), Salt, Stabilizer (415).						
WHIPPED CREAM: Cream ( <b>Milk</b> ), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407).						
SALTED TOFFEE KIBBLE: Sugar, Glucose Syrup (from Maize), Palm Kernel Oil, Sorbitan Tristerate (492), Sunflower Lecithin (322), Salt, Cocoa Butter, Water, Burnt Sugar Syrup, English Toffee Flavour, <b>Soy</b> Lecithin (322).						
<b>Contains: Milk, Soy, Caffeine.</b>						
<b>May be present: Gluten, Almond due to equipment cross contact.</b>						
<b>Deluxe Roasted Almond Flavoured Iced Coffee- Skim Milk</b>						
SKIM MILK: Skim <b>Milk</b> .						
ICE: Water.						
COFFEE EXTRACT: Coffee, Water.						
ROASTED ALMOND FLAVOURED SYRUP: Cane Sugar Syrup, Water, Golden Syrup, Flavourings, Preservative (202), Acidity Regulator (330), Salt, Stabilizer (415).						
WHIPPED CREAM: Cream ( <b>Milk</b> ), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407).						
SALTED TOFFEE KIBBLE: Sugar, Glucose Syrup (from Maize), Palm Kernel Oil, Sorbitan Tristerate (492), Sunflower Lecithin (322), Salt, Cocoa Butter, Water, Burnt Sugar Syrup, English Toffee Flavour, <b>Soy</b> Lecithin (322).						
<b>Contains: Milk, Soy, Caffeine.</b>						
<b>May be present: Gluten, Almond due to equipment cross contact.</b>						
<b>Deluxe Roasted Almond Flavoured Iced Coffee- Lactose Free Milk</b>						
LACTOSE FREE MILK: <b>Milk</b> , Enzyme (Lactase).						
ICE: Water.						
COFFEE EXTRACT: Coffee, Water.						
ROASTED ALMOND FLAVOURED COFFEE SYRUP: Cane Sugar Syrup, Water, Golden Syrup, Flavourings, Preservative (202), Acidity Regulator (330), Salt, Stabilizer (415).						
WHIPPED CREAM: Cream ( <b>Milk</b> ), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407).						
SALTED TOFFEE KIBBLE: Sugar, Glucose Syrup (from Maize), Palm Kernel Oil, Sorbitan Tristerate (492), Sunflower Lecithin (322), Salt, Cocoa Butter, Water, Burnt Sugar Syrup, English Toffee Flavour, <b>Soy</b> Lecithin (322).						
<b>Contains: Milk, Soy, Caffeine.</b>						
<b>May be present: Gluten, Almond due to equipment cross contact.</b>						
<b>Deluxe Roasted Almond Flavoured Iced Coffee- Soy Milk</b>						
SOY MILK: Filtered Water, Whole <b>Soybean</b> , Raw Sugar, Minerals (Calcium Phosphate), Vegetable Gums (460, 407, 466), Flavour, Sea Salt, Food Acids (340, 331).						
ICE: Water.						
COFFEE EXTRACT: Coffee, Water.						
ROASTED ALMOND FLAVOURED SYRUP: Cane Sugar Syrup, Water, Golden Syrup, Flavourings, Preservative (202), Acidity Regulator (330), Salt, Stabilizer (415).						
WHIPPED CREAM: Cream ( <b>Milk</b> ), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407).						
SALTED TOFFEE KIBBLE: Sugar, Glucose Syrup (from Maize), Palm Kernel Oil, Sorbitan Tristerate (492), Sunflower Lecithin (322), Salt, Cocoa Butter, Water, Burnt Sugar Syrup, English Toffee Flavour, <b>Soy</b> Lecithin (322).						
<b>Contains: Milk, Soy, Caffeine.</b>						
<b>May be present: Gluten, Almond due to equipment cross contact.</b>						
<b>Deluxe Roasted Almond Flavoured Iced Coffee- Almond Milk</b>						
ALMOND MILK: Water, <b>Almonds</b> , Sugar, Vegetable Oil (Canola or Sunflower), Maltodextrin (From Corn), Acidity Regulators (340, 332), Vegetable Gums (418, 415, 410), Sunflower Lecithin, Salt.						
ICE: Water.						
COFFEE EXTRACT: Coffee, Water.						
ALMOND FLAVOURED SYRUP: Cane Sugar Syrup, Water, Golden Syrup, Flavourings, Preservative (202), Acidity Regulator (330), Salt, Stabilizer (415).						
WHIPPED CREAM: Cream ( <b>Milk</b> ), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407).						
SALTED TOFFEE KIBBLE: Sugar, Glucose Syrup (from Maize), Palm Kernel Oil, Sorbitan Tristerate (492), Sunflower Lecithin (322), Salt, Cocoa Butter, Water, Burnt Sugar Syrup, English Toffee Flavour, <b>Soy</b> Lecithin (322).						
<b>Contains: Milk, Almond, Soy, Caffeine.</b>						
<b>May be present: Gluten due to equipment cross contact.</b>						



<b>Deluxe Roasted Almond Flavoured Iced Coffee- Oat Milk</b>	<b>Small</b>		<b>Medium</b>		<b>Large</b>	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
OAT MILK: Water, Ground Australia <b>Oats</b> (contains <b>Gluten</b> ), Vegetable Oil (Canola or Sunflower) Acidity Regulator (Dipotassium Phosphate), Minerals (Calcium Phosphate, Calcium Carbonate), Salt.						
ICE: Water.						
COFFEE EXTRACT: Coffee, Water.						
ALMOND FLAVOURED SYRUP: Cane Sugar Syrup, Water, Golden Syrup, Flavourings, Preservative (202), Acidity Regulator (330), Salt, Stabilizer (415).						
WHIPPED CREAM: Cream ( <b>Milk</b> ), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407).						
SALTED TOFFEE KIBBLE: Sugar, Glucose Syrup (from Maize), Palm Kernel Oil, Sorbitan Tristerate (492), Sunflower Lecithin (322), Salt, Cocoa Butter, Water, Burnt Sugar Syrup, English Toffee Flavour, <b>Soy</b> Lecithin (322).						
<b>Contains: Milk, Gluten, Soy, Caffeine.</b>						
<b>May be present: Almond due to equipment cross contact.</b>						

  

<b>Roasted Almond Flavoured Coffee Syrup</b>	<b>Small</b>		<b>Medium</b>		<b>Large</b>	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
ALMOND FLAVOURED SYRUP: Cane Sugar Syrup, Water, Golden Syrup, Flavourings, Preservative (202), Acidity Regulator (330), Salt, Stabilizer (415).						
Energy (kJ)	305	841	407	841	509	841
Energy (Cal)	72	199	96	199	120	199
Protein (g)	0.0	0.0	0.0	0.0	0.0	0.0
Fat, total (g)	0.0	2.0	0.0	2.0	0.0	2.0
Saturated Fat (g)	0.0	2.0	0.0	2.0	0.0	2.0
Carbohydrate (g)	17.7	48.9	23.6	48.9	29.6	48.9
Sugars (g)	17.6	48.5	23.4	48.5	29.3	48.5
Sodium (mg)	7	18	9	18	11	18

  

<b>McOz®</b>	<b>McOz®</b>	
	Avg Qty / Serve	Avg Qty / 100g
BEEF PATTY: Beef.		
QUARTER POUNDER BUN: <b>Wheat</b> Flour (Vitamins (Thiamin, Folate)), Water, Yeast, Sugar, Canola Oil, <b>Sesame</b> Seeds, Iodised Salt, Glaze (Water, Vegetable Protein, Sunflower Oil, Dextrose, Maltodextrin, Maize Starch), <b>Wheat Gluten</b> , Preservative (282), Improver ( <b>Wheat</b> Flour, Ascorbic Acid (300), Enzymes), Natural Flavour, Emulsifier (472e, 471), Thickener (412), Ascorbic Acid (300).		
SHREDDED LETTUCE: Iceberg Lettuce.		
TOMATO: Tomato.		
BEETROOT SLICES: Beetroot, Water, Sugar, Food Acid (Acetic Acid), Salt.		
SLIVERED ONIONS: White Onion.		
SLICED CHEESE: Pasteurised <b>Milk</b> , Salt, Culture, Enzyme (Rennet), Water, <b>Milk</b> Solids, Butter ( <b>Milk</b> ), Emulsifiers (331, 332), Salt, Acidity Regulators (260, 330), Natural Colours (160a, 160c), <b>Soy</b> Lecithin (322).		
KETCHUP: Water, Tomato Paste, High Fructose Corn Syrup, Glucose Corn Syrup, Vinegar, Salt, Flavouring ( <b>Soybean</b> Oil).		
MCCHICKEN SAUCE: Water, Vegetable Oil (Antioxidant (307b)), Vinegar, Glucose Syrup, <b>Egg</b> Yolk, Thickener (1442, 415), Sugar, Salt, Spice, Mustard Flour, Emulsifiers (435, 433), Preservative (202), Acidity Regulator (270).		
MUSTARD: Water, Distilled Vinegar, Mustard Seed, Salt, Colour (100), Paprika, Natural Flavouring.		
SEASONING: Salt, Black Pepper, Sunflower Oil.		
<b>Contains: Gluten, Wheat, Milk, Soy, Egg, Sesame.</b>		
<b>QUARTER POUNDER BUN is produced on equipment that also produced products containing Soy.</b>		
<b>BEEF PATTIES may be cooked on the same grill as Egg or products containing Gluten, Wheat, Milk, Soy.</b>		

  

<b>Chicken McOz®</b>	<b>Chicken McOz®</b>	
	Avg Qty / Serve	Avg Qty / 100g
MCCRISPY PATTY: Chicken, Flour ( <b>Wheat</b> , Rice, Maize), Water, Vegetable Oil, Starch (Potato, <b>Wheat</b> , Maize), Salt, Yeast, Vegetable Powders, <b>Wheat Gluten</b> , Food Acid (330), Sugar, Spice & Herb, Natural Flavour, Herb & Spice Extracts, Raising Agent (500), Vegetable Gum (415).		
QUARTER POUNDER BUN: <b>Wheat</b> Flour (Vitamins (Thiamin, Folate)), Water, Yeast, Sugar, Canola Oil, <b>Sesame</b> Seeds, Iodised Salt, Glaze (Water, Vegetable Protein, Sunflower Oil, Dextrose, Maltodextrin, Maize Starch), <b>Wheat Gluten</b> , Preservative (282), Improver ( <b>Wheat</b> Flour, Ascorbic Acid (300), Enzymes), Natural Flavour, Emulsifier (472e, 471), Thickener (412), Ascorbic Acid (300).		
SHREDDED LETTUCE: Iceberg Lettuce.		
TOMATO: Tomato.		
BEETROOT SLICES: Beetroot, Water, Sugar, Food Acid (Acetic Acid), Salt.		
SLIVERED ONIONS: White Onion.		
SLICED CHEESE: Pasteurised <b>Milk</b> , Salt, Culture, Enzyme (Rennet), Water, <b>Milk</b> Solids, Butter ( <b>Milk</b> ), Emulsifiers (331, 332), Salt, Acidity Regulators (260, 330), Natural Colours (160a, 160c), <b>Soy</b> Lecithin (322).		
KETCHUP: Water, Tomato Paste, High Fructose Corn Syrup, Glucose Corn Syrup, Vinegar, Salt, Flavouring ( <b>Soybean</b> Oil).		
MCCHICKEN SAUCE: Water, Vegetable Oil (Antioxidant (307b)), Vinegar, Glucose Syrup, <b>Egg</b> Yolk, Thickener (1442, 415), Sugar, Salt, Spice, Mustard Flour, Emulsifiers (435, 433), Preservative (202), Acidity Regulator (270).		
MUSTARD: Water, Distilled Vinegar, Mustard Seed, Salt, Colour (100), Paprika, Natural Flavouring.		
SEASONING: Salt, Black Pepper, Sunflower Oil.		
<b>Contains: Gluten, Wheat, Milk, Soy, Egg, Sesame.</b>		
<b>QUARTER POUNDER BUN is produced on equipment that also produced products containing Soy.</b>		
<b>MCCRISPY PATTY is cooked in a McDonald's Vegetable Oil blend and may be cooked using the same equipment as products containing Gluten, Wheat, Milk, Soy.</b>		

  

<b>Crunchie® Frappe</b>	<b>Medium</b>		<b>Large</b>	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
CHOCOLATE FRAPPE BASE: <b>Milk</b> (and/or Skim <b>Milk</b> (Reconstituted)), Sugar, Cream ( <b>Milk</b> ), <b>Milk</b> Solids, Coco Powder, Emulsifier (471), Stabilisers (412, 410, 466, 407a, 407, Sucrose), Chocolate Flavour, Malt Flavour and/or Malt Extract (from <b>Wheat</b> and/or <b>Barley</b> ).				
ICE: Water.				
CRUNCHIE® PIECES: Sugar, <b>Milk</b> Solids, Cocoa Butter, Cocoa Mass, <b>Wheat</b> Glucose Syrup ( <b>Gluten</b> ), Glaze (Vegetable Gum (414)), Emulsifiers ( <b>Soy</b> Lecithin, 476), Raising Agent (500), Hydrolysed <b>Milk</b> Protein, Flavour, <b>Milk</b> Chocolate (Cocoa Solids, <b>Milk</b> Solids).				
WHIPPED CREAM: Cream ( <b>Milk</b> ), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407).				
<b>Contains: Gluten, Wheat, Milk, Soy.</b>				
<b>CRUNCHIE PIECES are produced in the same facility as products containing Peanuts, Almonds, Hazelnuts.</b>				
Energy (kJ)	2810	561	3230	557
Energy (Cal)	671	134	771	133
Protein (g)	8.4	1.7	10.2	1.8
Fat, total (g)	30.8	6.1	34.6	6.0
Saturated Fat (g)	20.5	4.1	23.1	4.0
Carbohydrate (g)	88.8	17.7	103.0	17.8
Sugars (g)	82.6	16.5	96.0	16.6
Sodium (mg)	165	33	190	33

Crunchie® McFlurry®	Crunchie® McFlurry®																								
	Avg Qty / Serve	Avg Qty / 100g																							
<p>VANILLA SUNDAE MIX: <b>Milk</b>, Sugar, <b>Milk</b> Solids, Glucose Syrup (from Maize), Cream (<b>Milk</b>), Emulsifiers (471, 477), Vegetable Gums (412, 407), Natural Flavour.</p> <p>CRUNCHIE® PIECES: Sugar, <b>Milk</b> Solids, Cocoa Butter, Cocoa Mass, <b>Wheat</b> Glucose Syrup (<b>Gluten</b>), Glaze (Vegetable Gum (414)), Emulsifiers (<b>Soy</b> Lecithin, 476), Raising Agent (500), Hydrolysed <b>Milk</b> Protein, Flavour, <b>Milk</b> Chocolate (Cocoa Solids, <b>Milk</b> Solids).</p> <p>CARAMEL TOPPING: Glucose Syrup, Whole Sweetened Condensed <b>Milk</b> (<b>Milk</b>, Sugar, <b>Milk</b> Solids), Invert Sugar Syrup, Water, Butter (<b>Milk</b>), Sugar, Emulsifiers (339, 322), Salt, Thickener (440), Natural Flavour.</p> <p><b>Contains: Gluten, Wheat, Milk, Soy.</b></p> <p><b>CRUNCHIE PIECES are produced in the same facility as products containing Peanuts, Almonds, Hazelnuts.</b></p>	<table border="1"> <tr><td>Energy (kJ)</td><td>2120</td><td>945</td></tr> <tr><td>Energy (Cal)</td><td>507</td><td>226</td></tr> <tr><td>Protein (g)</td><td>8.1</td><td>3.6</td></tr> <tr><td>Fat, total (g)</td><td>15.5</td><td>6.9</td></tr> <tr><td>Saturated Fat (g)</td><td>10.0</td><td>4.5</td></tr> <tr><td>Carbohydrate (g)</td><td>82.5</td><td>36.8</td></tr> <tr><td>Sugars (g)</td><td>73.1</td><td>32.5</td></tr> <tr><td>Sodium (mg)</td><td>196</td><td>87</td></tr> </table>	Energy (kJ)	2120	945	Energy (Cal)	507	226	Protein (g)	8.1	3.6	Fat, total (g)	15.5	6.9	Saturated Fat (g)	10.0	4.5	Carbohydrate (g)	82.5	36.8	Sugars (g)	73.1	32.5	Sodium (mg)	196	87
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Crunchie® McFlurry® Chocolate	Crunchie® McFlurry® Chocolate																								
	Avg Qty / Serve	Avg Qty / 100g																							
<p>CHOCOLATE SUNDAE MIX: <b>Milk</b>, <b>Milk</b> Solids, Sugar, Cream (<b>Milk</b>) Glucose Syrup (Derived from Maize), Cocoa Powder, Natural Chocolate Flavour, Emulsifiers (471, 433), Stabilisers (412, 407, 466, 407a), Natural Colour, Salt.</p> <p>CRUNCHIE® PIECES: Sugar, <b>Milk</b> Solids, Cocoa Butter, Cocoa Mass, <b>Wheat</b> Glucose Syrup (<b>Gluten</b>), Glaze (Vegetable Gum (414)), Emulsifiers (<b>Soy</b> Lecithin, 476), Raising Agent (500), Hydrolysed <b>Milk</b> Protein, Flavour, <b>Milk</b> Chocolate (Cocoa Solids, <b>Milk</b> Solids).</p> <p>CARAMEL TOPPING: Glucose Syrup, Whole Sweetened Condensed <b>Milk</b> (<b>Milk</b>, Sugar, <b>Milk</b> Solids), Invert Sugar Syrup, Water, Butter (<b>Milk</b>), Sugar, Emulsifiers (339, 322), Salt, Thickener (440), Natural Flavour.</p> <p><b>Contains: Gluten, Wheat, Milk, Soy.</b></p> <p><b>CRUNCHIE PIECES are produced in the same facility as products containing Peanuts, Almonds, Hazelnuts.</b></p>	<table border="1"> <tr><td>Energy (kJ)</td><td>2080</td><td>927</td></tr> <tr><td>Energy (Cal)</td><td>497</td><td>222</td></tr> <tr><td>Protein (g)</td><td>8.2</td><td>3.7</td></tr> <tr><td>Fat, total (g)</td><td>14.2</td><td>6.3</td></tr> <tr><td>Saturated Fat (g)</td><td>9.1</td><td>4.1</td></tr> <tr><td>Carbohydrate (g)</td><td>82.8</td><td>36.9</td></tr> <tr><td>Sugars (g)</td><td>72.3</td><td>32.2</td></tr> <tr><td>Sodium (mg)</td><td>241</td><td>107</td></tr> </table>	Energy (kJ)	2080	927	Energy (Cal)	497	222	Protein (g)	8.2	3.7	Fat, total (g)	14.2	6.3	Saturated Fat (g)	9.1	4.1	Carbohydrate (g)	82.8	36.9	Sugars (g)	72.3	32.2	Sodium (mg)	241	107
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Crunchie® McFlurry® Twin Twist	Crunchie® McFlurry® Twin Twist																								
	Avg Qty / Serve	Avg Qty / 100g																							
<p>VANILLA SUNDAE MIX: <b>Milk</b>, Sugar, <b>Milk</b> Solids, Glucose Syrup (from Maize), Cream (<b>Milk</b>), Emulsifiers (471, 477), Vegetable Gums (412, 407), Natural Flavour.</p> <p>CHOCOLATE SUNDAE MIX: <b>Milk</b>, <b>Milk</b> Solids, Sugar, Cream (<b>Milk</b>) Glucose Syrup (Derived from Maize), Cocoa Powder, Natural Chocolate Flavour, Emulsifiers (471, 433), Stabilisers (412, 407, 466, 407a), Natural Colour, Salt.</p> <p>CRUNCHIE® PIECES: Sugar, <b>Milk</b> Solids, Cocoa Butter, Cocoa Mass, <b>Wheat</b> Glucose Syrup (<b>Gluten</b>), Glaze (Vegetable Gum (414)), Emulsifiers (<b>Soy</b> Lecithin, 476), Raising Agent (500), Hydrolysed <b>Milk</b> Protein, Flavour, <b>Milk</b> Chocolate (Cocoa Solids, <b>Milk</b> Solids).</p> <p>CARAMEL TOPPING: Glucose Syrup, Whole Sweetened Condensed <b>Milk</b> (<b>Milk</b>, Sugar, <b>Milk</b> Solids), Invert Sugar Syrup, Water, Butter (<b>Milk</b>), Sugar, Emulsifiers (339, 322), Salt, Thickener (440), Natural Flavour.</p> <p><b>Contains: Gluten, Wheat, Milk, Soy.</b></p> <p><b>CRUNCHIE PIECES are produced in the same facility as products containing Peanuts, Almonds, Hazelnuts.</b></p>	<table border="1"> <tr><td>Energy (kJ)</td><td>2100</td><td>936</td></tr> <tr><td>Energy (Cal)</td><td>502</td><td>224</td></tr> <tr><td>Protein (g)</td><td>8.1</td><td>3.6</td></tr> <tr><td>Fat, total (g)</td><td>14.8</td><td>6.6</td></tr> <tr><td>Saturated Fat (g)</td><td>9.6</td><td>4.3</td></tr> <tr><td>Carbohydrate (g)</td><td>82.7</td><td>36.8</td></tr> <tr><td>Sugars (g)</td><td>72.7</td><td>32.4</td></tr> <tr><td>Sodium (mg)</td><td>219</td><td>97</td></tr> </table>	Energy (kJ)	2100	936	Energy (Cal)	502	224	Protein (g)	8.1	3.6	Fat, total (g)	14.8	6.6	Saturated Fat (g)	9.6	4.3	Carbohydrate (g)	82.7	36.8	Sugars (g)	72.7	32.4	Sodium (mg)	219	97
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Vegemite® McShaker Fries	Small		Medium		Large																																																				
	Avg Qty / Serve	Avg Qty / 100g	Avg Qty / Serve	Avg Qty / 100g	Avg Qty / Serve	Avg Qty / 100g																																																			
<p>FRIES: Potato, Canola Oil, Mineral Salt (450), Dextrose, Antifoam (1521).</p> <p>OR Potatoes, Canola Oil (Acidity Regulator (330)), Dextrose Monohydrate (Preservative (220)), Mineral Salt (450), Antifoam (Non-ionic polyalkylene glycol), Preservative (223).</p> <p>OR Potatoes, Vegetable Oil (Canola, Soybean, Cottonseed), Mineral Salt (450), Dextrose.</p> <p>VEGEMITE® SHAKER SEASONING: Rice Flour, Hydrolysed Vegetable Protein, Whey Powder (<b>Milk</b>), Yeast Extract [Yeast Extract (<b>Barley</b>, <b>Wheat</b>), Salt, Mineral Salt (508), Malt Extract (<b>Barley</b>, <b>Wheat</b>), Colour (150c), Natural Flavours, Vitamins (Niacin, Thiamine, Riboflavin, Folate)], Dextrose, Salt, Vegetable Oils, Anti-Caking Agents (504, 551), Cheese Powder (<b>Milk</b>), Natural Flavour (<b>Milk</b>).</p> <p><b>Contains: Gluten, Wheat, Milk.</b></p> <p><b>FRIES are cooked in a McDonald's Vegetable Oil blend and may be cooked using the same equipment as products containing Gluten, Wheat, Milk, Soy.</b></p> <p><b>Salt added.</b></p>	<table border="1"> <tr><td>Energy (kJ)</td><td>976</td><td>1270</td><td>1360</td><td>1270</td><td>1890</td><td>1270</td></tr> <tr><td>Energy (Cal)</td><td>233</td><td>303</td><td>325</td><td>303</td><td>452</td><td>304</td></tr> <tr><td>Protein (g)</td><td>4.2</td><td>5.4</td><td>5.6</td><td>5.3</td><td>7.6</td><td>5.1</td></tr> <tr><td>Fat, total (g)</td><td>11.7</td><td>15.2</td><td>16.6</td><td>15.5</td><td>23.3</td><td>15.6</td></tr> <tr><td>Saturated Fat (g)</td><td>1.0</td><td>1.3</td><td>1.4</td><td>1.3</td><td>1.9</td><td>1.3</td></tr> <tr><td>Carbohydrate (g)</td><td>26.6</td><td>34.6</td><td>36.8</td><td>34.4</td><td>51.0</td><td>34.2</td></tr> <tr><td>Sugars (g)</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td><td>0.0</td></tr> <tr><td>Sodium (mg)</td><td>662</td><td>860</td><td>751</td><td>700</td><td>872</td><td>586</td></tr> </table>	Energy (kJ)	976	1270	1360	1270	1890	1270	Energy (Cal)	233	303	325	303	452	304	Protein (g)	4.2	5.4	5.6	5.3	7.6	5.1	Fat, total (g)	11.7	15.2	16.6	15.5	23.3	15.6	Saturated Fat (g)	1.0	1.3	1.4	1.3	1.9	1.3	Carbohydrate (g)	26.6	34.6	36.8	34.4	51.0	34.2	Sugars (g)	0.0	0.0	0.0	0.0	0.0	0.0	Sodium (mg)	662	860	751	700	872	586
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Vegemite® Shaker Seasoning	Vegemite® Shaker Fries																								
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<p>VEGEMITE® SHAKER SEASONING: Rice Flour, Hydrolysed Vegetable Protein, Whey Powder (<b>Milk</b>), Yeast Extract [Yeast Extract (<b>Barley</b>, <b>Wheat</b>), Salt, Mineral Salt (508), Malt Extract (<b>Barley</b>, <b>Wheat</b>), Colour (150c), Natural Flavours, Vitamins (Niacin, Thiamine, Riboflavin, Folate)], Dextrose, Salt, Vegetable Oils, Anti-Caking Agents (504, 551), Cheese Powder (<b>Milk</b>), Natural Flavour (<b>Milk</b>).</p> <p><b>Contains: Gluten, Wheat, Milk.</b></p>	<table border="1"> <tr><td>Energy (kJ)</td><td>60</td><td>1200</td></tr> <tr><td>Energy (Cal)</td><td>14</td><td>288</td></tr> <tr><td>Protein (g)</td><td>0.7</td><td>14.5</td></tr> <tr><td>Fat, total (g)</td><td>0.2</td><td>4.4</td></tr> <tr><td>Saturated Fat (g)</td><td>0.1</td><td>1.0</td></tr> <tr><td>Carbohydrate (g)</td><td>2.3</td><td>45.6</td></tr> <tr><td>Sugars (g)</td><td>0.0</td><td>0.0</td></tr> <tr><td>Sodium (mg)</td><td>452</td><td>9040</td></tr> </table>	Energy (kJ)	60	1200	Energy (Cal)	14	288	Protein (g)	0.7	14.5	Fat, total (g)	0.2	4.4	Saturated Fat (g)	0.1	1.0	Carbohydrate (g)	2.3	45.6	Sugars (g)	0.0	0.0	Sodium (mg)	452	9040
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Caramel Thickshake	Small		Medium		Large																																																				
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL																																																			
<p>SHAKE MIX: <b>Milk</b>, <b>Milk</b> Solids, Sugar, Maltodextrin, (derived Maize), Cream (<b>Milk</b>), Vegetable Gums (412, 407, 407a, 466), Mineral Salt (452), Flavours.</p> <p>OR: <b>Milk</b>, Sugar, <b>Milk</b> Solids, Skim <b>Milk</b>, Cream (<b>Milk</b>), Maltodextrin, (derived from Maize), Vegetable Gums (407, 407a, 412, 466), Mineral Salts (452), Flavours.</p> <p>OR: <b>Milk</b>, Sugar, <b>Milk</b> Solids, Maltodextrin, (derived from Maize and Tapioca), Cream (<b>Milk</b>), Vegetable Gums (412, 407, 407a, 466), Flavours, Mineral Salts (339, 452), Food Acids (330, 331).</p> <p>CARAMEL SHAKE SYRUP: Water, Sugar, Invert Sugar Syrup, Natural Flavour, Acidity Regulator (330), Preservative (202).</p> <p><b>Contains: Milk.</b></p>	<table border="1"> <tr><td>Energy (kJ)</td><td>1760</td><td>498</td><td>2380</td><td>498</td><td>2890</td><td>498</td></tr> <tr><td>Energy (Cal)</td><td>421</td><td>119</td><td>568</td><td>119</td><td>690</td><td>119</td></tr> <tr><td>Protein (g)</td><td>7.8</td><td>2.2</td><td>10.6</td><td>2.2</td><td>12.9</td><td>2.2</td></tr> <tr><td>Fat, total (g)</td><td>7.1</td><td>2.0</td><td>9.6</td><td>2.0</td><td>11.6</td><td>2.0</td></tr> <tr><td>Saturated Fat (g)</td><td>4.8</td><td>1.4</td><td>6.5</td><td>1.4</td><td>7.9</td><td>1.4</td></tr> <tr><td>Carbohydrate (g)</td><td>45.3</td><td>12.8</td><td>61.1</td><td>12.8</td><td>74.2</td><td>12.8</td></tr> <tr><td>Sugars (g)</td><td>42.2</td><td>11.9</td><td>57.0</td><td>11.9</td><td>69.2</td><td>11.9</td></tr> <tr><td>Sodium (mg)</td><td>107</td><td>30</td><td>145</td><td>30</td><td>176</td><td>30</td></tr> </table>	Energy (kJ)	1760	498	2380	498	2890	498	Energy (Cal)	421	119	568	119	690	119	Protein (g)	7.8	2.2	10.6	2.2	12.9	2.2	Fat, total (g)	7.1	2.0	9.6	2.0	11.6	2.0	Saturated Fat (g)	4.8	1.4	6.5	1.4	7.9	1.4	Carbohydrate (g)	45.3	12.8	61.1	12.8	74.2	12.8	Sugars (g)	42.2	11.9	57.0	11.9	69.2	11.9	Sodium (mg)	107	30	145	30	176	30
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If this document has been printed, please visit <https://mcdonalds.com.au/our-impact/food-quality-sourcing/nutrition> for most current information.

## Change Tracker:

Date	Document Number/Revision Number	Document Title	Issued	Upload Date	Description
4/03/2025	114	Aus LTO Menu_March 2025	5/03/2025	5/03/2025	Add: Shamrock Shake. Remove: Cherry Ripe McFlurry; Cheesy Jalapeño Pops
10/02/2025	113	Aus LTO Menu_February 2025	11/02/2025	12/02/2025	Add: Lotus Biscoff range; Hot Cross Buns. Remove: BBQ Bacon Toastie; Hawaiian Range; Pineapple Sundae; Frozen Coke Oreo Zero Sugar; Squid Games
20/01/2025	112	Aus LTO Menu_January V2 2025	20/01/2025	21/01/2025	Added Caramel Thickshake; remove Grimace shake.
3/01/2025	111	Aus LTO Menu_January 2025	3/01/2025	6/01/2025	Added Roasted Almond Flavoured Iced Latte, McOz® Range, Crunchie® Frappe & McFlurry®, Vegemite® McShaker Fries
9/12/2024	110	Aus LTO Menu_December 2024	10/12/2024	11/12/2024	Added Korean BBQ Sauce & Dalgona cookie
25/11/2024	109	Aus LTO Menu_November V2 2024	26/11/2024	27/11/2024	Added Summer Products: Hawaiian Range, Cheesy Jalapeño Pops, Cherry Ripe® McFlurry®, Pineapple Sundae
14/11/2024	108	Aus LTO Menu_November 2024	19/11/2024	20/11/2024	Added Frozen Coke Oreo Zero Sugar
28/10/2024	107	Aus LTO Menu_October V2 2024	28/10/2024	30/10/2024	Added Toffee Nut Flavoured Iced Latte
15/10/2024	106	Aus LTO Menu_October 2024	15/10/2024	16/10/2024	Removal of QP Range
25/09/2024	105	Aus LTO Menu_September 2024 V2	25/09/2024	4/10/2024	Addition of Grimace Shake
18/09/2024	104	Aus LTO Menu_September 2024	25/09/2024	2/10/2024	Added Ham & Cheese Pocket promo item
7/08/2024	103	Aus LTO Menu_August 2024	8/7/2024	8/08/2024	Removal of Hot Cross Buns promo items
5/08/2024	102	Aus LTO Menu_August 2024	5/08/2024	7/08/2024	Removal of Spicy Range; Addition of Quarter Pounder Range.
2/07/2024	101	AUS LTO Menu_July 2024	2/07/2024	3/07/2024	Addition of Steakhouse Stack Burger and Mozzarella Sticks with Sweet Chili Sauce
11/06/2024	100	Aus LTO Menu_June 2024	11/06/2024	12/06/2024	Removal of Mac Family + Onions Rings, Caramello McFlurry and Frozen K-Wave; Addition of Banana Shake, Banana Caramel Pie + McFlurry
21/05/2024	99	Aus LTO Menu_May 2024	21/05/2024	21/05/2024	Removal of BLT McMuffin; Updated Big Mac Sauce formulation; dual supply; Add Feisty LTO
24/04/2024	98	Aus LTO Menu_April 2024	23/04/2024	24/04/2024	Addition of Coke Creations - K Wave frozen Coke
2/04/2024	97	Aus LTO Menu_April 2024	2/04/2024	3/04/2024	Removal of previous promo items; Addition of Mac Family + Onion Rings
12/03/2024	96	Aus LTO Menu_March 2024	12/03/2024	13/03/2024	Addition of Caramello McFlurry
5/03/2024	95	Aus LTO Menu_March 2024	5/03/2024	6/03/2024	Addition of BLT McMuffin
9/02/2024	94	Aus LTO Menu_February 2024	20/02/2024	20/02/2024	Updated allergen information for PEAL legislative requirements