



McDonald's Australia Limited Time Offers Allergen - Ingredients - Nutrition Information

Information correct as at October 2025

At McDonald's we believe in the nutritional principals of balance, variety and moderation and that eating at McDonald's can fit into a healthy lifestyle. Our goal is to provide you with the information necessary to make informed decisions about your McDonald's menu choices. This guide can help you balance your McDonald's meal with the other meals you eat today, and every day.

This guide is for our Limited Time Offers menu. For information regarding short-time menu items, please either ask a manager in one of our restaurants or contact our Customer Service Department either via our website <http://mcdonalds.com.au/contactus> or on 02 9875 7100.

The nutrition and ingredient information is based on standard product formulations, standard product assembly and standard serving sizes. Actual sizes and assembly may vary. Due to the individual preparation of each of our menu items, actual values may vary from those listed. Variations may also occur depending on the supplier, country of origin, region of the country of origin, and the season of the year. Further, product formulations may change periodically.

Food Sensitivities and Preferences

As we operate working kitchens please be aware that there is always a risk that traces of allergens may be transferred to ingredients during storage or preparation of food in our kitchens. McDonald's Restaurants are therefore unable to guarantee that any food item sold is free from traces of allergens.

No food items are certified as vegetarian. Whilst some ingredients may not contain animal ingredients, we cannot guarantee that there will be no cross contact with ingredients that do contain animal ingredients in our kitchens.

We have a number of Halal certified restaurants. Only those items listed on the certificate in the front counter area and drive thru booth at our restaurants serving Halal options are certified as Halal.

If you would like further information or have food sensitivities or dietary concerns regarding specific ingredients in specific menu items, please contact us at <http://mcdonalds.com.au/contactus> or call us on 02 9875 7100.
Our allergen labelling complies with Australia New Zealand Food Standards Code – Standard 1.2.3 (Registered 09 March 2021)

Allergen Summary: As we operate working kitchens please be aware that there is always a risk that allergen containing ingredients may be transferred during storage or preparation of food in our kitchens. McDonald's Restaurants are therefore unable to guarantee that any food item sold is free from cross contact of allergens.																							
	Gluten	Wheat	Egg	Milk	Soy	Sesame	Peanut	Tree nut								Fish	Crustacea	Molluscs	Sulphites	Lupin	Added Preservative	Artificial Colour	Artificial Flavour
								Almond	Brazil Nut	Cashew	Hazelnut	Macadamia	Pecan	Pine Nut	Pistachio								
Limited Time Offers																							
Frank's RedHot® Buffalo Wings Sauce																							
Frank's RedHot® McCrispy	P	P	P	M	M	P											P		P				
Frank's RedHot® McSpicy	P	P	M	M	M	P													P				
Quarter Pounder Deluxe (Participating restaurants only)	P	P	P	P	P	P													P				
KitKat McFlurry (Vanilla Soft Serve)	P	P		P	P			M			M									M			
KitKat McFlurry (Chocolate Soft Serve)		P		P	P			M			M									M			
KitKat McFlurry (Twin twist)	P	P		P	P			M			M									M			
KitKat Frappe	P	P		P	P			M			M									M			
McDonaldland Shake				P																P		P	

Chart key:
P: Ingredient is PRESENT in the product as an ingredient, food additive or processing aid.
M: Ingredient MAY BE present

Limited Time Offers

Frank’s RedHot® Buffalo Wings Sauce

Frank’s Buffalo Wings Sauce [Distilled Vinegar, Aged Cayenne Red Peppers, Salt, Water, Vegetable Oil, Paprika, Thickener (415), Garlic Powder, Natural Flavour].

	Frank’s RedHot® Buffalo Wings Sauce	
	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	31	13
Energy (Cal)	7	3
Protein (g)	0.2	0.1
Fat, total (g)	0.4	0.2
Saturated Fat (g)	0.2	0.1
Carbohydrate (g)	0.8	0.3
Sugars (g)	0.2	0.1
Sodium (mg)	573	250

Frank’s RedHot® McCrispy

MCCRISPY BUN: **Wheat** Flour (Vitamin (Folate)), Water, Potato Flakes (Potatoes, Emulsifier (471), Preservative (223 **Sulphites**)), Sugar, Improvers (Pregelatinised **Wheat** Flour, **Wheat** Flour, **Wheat** Gluten, Canola Oil, **Wheat** Malt Flour, Antioxidant (300), Enzymes (**Wheat**)), Canola Oil, **Wheat** Gluten, Iodised Salt, Glaze (Water, Vegetable Protein, Canola Oil, Maltodextrin, Dextrose, Maize Starch), Yeast, Emulsifiers (472e, 471), Natural Flavours (**Sulphites**), Preservative (262), **Sesame** Seeds.

MCCRISPY CHICKEN PATTY: Chicken, Flour (**Wheat**, Rice, Corn), Water, Breadcrumbs [**Wheat** Flour, Sugar, Baker’s Yeast, Salt, Shortening (Non Hydrogenated Rice Bran Oil)], Vegetable Oil (Canola, Sunflower), Starch (Potato, Corn), Salt, Vegetable Powders (Garlic, Onion, Mushroom Extract), Natural Flavouring, **Wheat** Gluten, Food Acid (330), Spice & Spice Extracts (Black Pepper, White Pepper, Chilli, Capsicum), Sugar, Herbs & Herb Extract (Lovage Leaf, Sage, Rosemary), Raising Agent (500ii), Stabiliser (415).

FRANK’S REDHOT® BURGER SAUCE: Frank’s Original Cayenne Pepper Sauce (Aged Cayenne Red Peppers, Distilled Vinegar, Water, Salt, Garlic Powder), Water, Vegetable Oil [Includes Antioxidant (307j), Thickeners (1450, 1442, 415), Sugar, Garlic Powder, Natural Flavour, Natural Colour (160c), Preservative (202).

SHREDDED LETTUCE: Iceberg Lettuce.

Contains: **Gluten, Wheat, Egg, Sulphites, Sesame.**

MCCRISPY BUN is made on equipment that also produces products containing **Milk**.

MCCRISPY CHICKEN PATTY is cooked in a McDonald’s Vegetable Oil blend and may be cooked using the same equipment as products containing **Gluten, Wheat, Egg, Milk, Soy**.

	Frank’s RedHot® McCrispy	
	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	5970	673
Energy (Cal)	519	177
Protein (g)	26.2	8.9
Fat, total (g)	13.9	4.8
Saturated Fat (g)	1.9	0.7
Carbohydrate (g)	59.3	20.2
Sugars (g)	5.3	1.8
Sodium (mg)	1165	397

Frank’s RedHot® McSpicy

QUARTER POUNDER BUN: **Wheat** Flour (Vitamins (Thiamin, Folate)), Water, Yeast, Sugar, Canola Oil, **Sesame** Seeds, Iodised Salt, Glaze (Water, Vegetable Protein, Sunflower Oil, Dextrose, Maltodextrin, Maize Starch), **Wheat** Gluten, Preservative (282), Improver (**Wheat** Flour, Ascorbic Acid (300), Enzymes), Natural Flavour, Emulsifier (472e, 471), Thickener (412), Ascorbic Acid (300).

SPICY THIGH PATTY: Chicken, Flour (**Wheat**), Water, Vegetable Oil, Thickeners (1420, 1422), Salt, **Gluten (Wheat)**, Yeast And Yeast Extracts, Spice And Spice Extracts (Inc. Pepper), Rice Starch, Natural Flavours, Raising Agents (450, 500), Vegetable Powders (Garlic, Onion), Emulsifier (322), Hydrolysed Vegetable Protein, Natural Colour (160C), Herb Extract, Citrus Extract, Maltodextrin.

FRANK’S REDHOT® BURGER SAUCE: Frank’s Original Cayenne Pepper Sauce (Aged Cayenne Red Peppers, Distilled Vinegar, Water, Salt, Garlic Powder), Water, Vegetable Oil [Includes Antioxidant (307j), Thickeners (1450, 1442, 415), Sugar, Garlic Powder, Natural Flavour, Natural Colour (160c), Preservative (202).

SHREDDED LETTUCE: Iceberg Lettuce.

Contains: **Gluten, Wheat, Sesame.**

QUARTER POUNDER BUNS are produced on equipment that also produces products containing **soy**.

SPICY THIGH PATTY is cooked in a McDonald’s Vegetable Oil Blend and may be cooked in the same equipment as products containing **Gluten, Wheat, Milk, Egg, Soy**.

	Frank’s RedHot® McSpicy	
	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	2350	637
Energy (Cal)	591	160
Protein (g)	30.3	8.2
Fat, total (g)	27.3	7.4
Saturated Fat (g)	4.0	1.1
Carbohydrate (g)	48.2	13.1
Sugars (g)	4.7	1.3
Sodium (mg)	1258	341

Quarter Pounder Deluxe (Available at participating restaurants)

BEEF PATTY: Beef.

QUARTER POUNDER BUN: **Wheat** Flour (Vitamins (Thiamin, Folate)), Water, Yeast, Sugar, Canola Oil, **Sesame** Seeds, Iodised Salt, Glaze (Water, Vegetable Protein, Sunflower Oil, Dextrose, Maltodextrin, Maize Starch), **Wheat** Gluten, Preservative (282), Improver (**Wheat** Flour, Ascorbic Acid (300), Enzymes), Natural Flavour, Emulsifier (472e, 471), Thickener (412), Ascorbic Acid (300).

KETCHUP: Water, Tomato Paste, High Fructose Corn Syrup, Glucose Corn Syrup, Vinegar, Salt, Flavouring (**Soybean** Oil).

SLICED CHEESE: Cheese (Pasteurised **Milk**, Salt, Culture, Enzyme (Rennet)), Water, **Milk** Solids, Butter (**Milk**), Emulsifiers (331, 332), Salt, Acidity Regulators (260, 330), Natural Colours (160a, 160c), **Soy** Lecithin (322).

OR: Cheese [**Milk**, Salt, Starter Cultures, Enzyme (Rennet - Calves &/or Vegetarian)], Water, **Milk** Solids, Non Fat **Milk** Solids, Emulsifiers (331, 332), Cheese Flavour (**Milk**), Salt, Acidity Regulators (260, 330), Emulsifier (322 contains **Soy** Lecithin), Colours (160a).

SLIVERED ONIONS: White Onion.

MCCHICKEN SAUCE: Water, Vegetable Oil [Antioxidant (307b)], Vinegar, Glucose Syrup, **Egg** Yolk, Thickener (1442, 415), Sugar, Salt, Spice, Mustard Flour, Emulsifiers (435, 433), Preservative (202), Acidity Regulator (270).

SHREDDED LETTUCE: Iceburg Lettuce.

TOMATO: Tomato.

PICKLES: Cucumber, Water, Vinegar, Salt, Preservatives (202, 211), Natural Flavour.

MUSTARD: Water, Distilled Vinegar, Mustard Seed, Salt, Colour (100), Paprika, Natural Flavouring.

SEASONING: Salt, Black Pepper, Sunflower Oil.

Contains : **Gluten, Wheat, Milk, Soy, Sesame, Egg.**

QUARTER POUNDER BUN is produced on equipment that also produces products containing **Soy**.

BEEF PATTIES may be cooked on the same grill as Egg or products containing **Gluten, Wheat, Milk, Soy**.

	Quarter Pounder Deluxe	
	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	2330	861
Energy (Cal)	554	205
Protein (g)	30.4	11.3
Fat, total (g)	32.1	11.9
Saturated Fat (g)	15.3	5.7
Carbohydrate (g)	34.3	12.7
Sugars (g)	9.1	3.4
Sodium (mg)	996	368

KitKat McFlurry (Vanilla Soft Serve)

VANILLA SOFT SERVE: **Milk**, Sugar, **Milk** Solids, Glucose Syrup (from Maize), Cream (**Milk**), Emulsifiers (471, 477), Vegetable Gums (412, 407), Natural Flavour.

HOT FUDGE TOPPING: Sugar, Water, Whole Sweetened Condensed **Milk (Milk)**, Sugar, **Milk** Solids), Coconut Oil, Skim **Milk** Powder, Cocoa Powder, Glucose Syrup, Thickeners (1422, 405), Emulsifiers (339, 322), Salt, Natural Flavour.

KIT KAT PIECES: Wafer Pieces (**Wheat** Flour, Sugar, Palm fat, **Wheat** Starch, Emulsifier (**Soy** Lecithin), Salt), Sugar, Cocoa Butter, Cocoa Mass, Skimmed **Milk** Powder, Whey Powder Product (**Milk**), Vegetable Fats (Palm, Shea), Butter Oil (**Milk**), Emulsifier (Lecithin), Natural Vanilla Flavour.

Contains: **Wheat, Gluten, Milk, Soy**

May be present: **Tree Nuts (Almonds, Hazelnuts, Walnuts)**.

	KitKat McFlurry (VSS)	
	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	1650	790
Energy (Cal)	395	189
Protein (g)	8.5	4.1
Fat, total (g)	13.5	6.4
Saturated Fat (g)	8.7	4.1
Carbohydrate (g)	58.7	28.1
Sugars (g)	51.8	24.8
Sodium (mg)	196	94

KitKat McFlurry (Chocolate Soft Serve)

CHOCOLATE SOFT SERVE: **Milk**, **Milk** Solids, Sugar, Cream (**Milk**) Glucose Syrup (Derived from Maize), Cocoa Powder, Natural Chocolate Flavour, Emulsifiers (471, 433), Stabilisers (412, 407, 466, 407a), Natural Colour, Salt.

HOT FUDGE TOPPING: Sugar, Water, Whole Sweetened Condensed **Milk (Milk)**, Sugar, **Milk** Solids), Coconut Oil, Skim **Milk** Powder, Cocoa Powder, Glucose Syrup, Thickeners (1422, 405), Emulsifiers (339, 322), Salt, Natural Flavour.

KIT KAT PIECES: Wafer Pieces (**Wheat** Flour, Sugar, Palm fat, **Wheat** Starch, Emulsifier (**Soy** Lecithin), Salt), Sugar, Cocoa Butter, Cocoa Mass, Skimmed **Milk** Powder, Whey Powder Product (**Milk**), Vegetable Fats (Palm, Shea), Butter Oil (**Milk**), Emulsifier (Lecithin), Natural Vanilla Flavour.

Contains: **Wheat, Gluten, Milk, Soy**

May be present: **Tree Nuts (Almonds, Hazelnuts, Walnuts)**.

	KitKat McFlurry (CSS)	
	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	1610	769
Energy (Cal)	383	183
Protein (g)	8.6	4.1
Fat, total (g)	12.2	5.8
Saturated Fat (g)	7.7	3.7
Carbohydrate (g)	59.0	28.2
Sugars (g)	51.0	24.4
Sodium (mg)	241	115

Change Tracker:					
Date	Document Number/Revision Number	Document Title	Issued	Upload Date	Description
7/10/2025	130	Aus LTO Menu_ October 2025	7/10/2025	8/10/2025	Add: Frank's RedHot® Range, Quarter Pounder Deluxe
23/09/2025	129	Aus LTO Menu_ September 2025 V3	23/09/2025	24/09/2025	Remove McWraps, Brekkie McWrap and Ham and cheese pocket (located on core i
9/09/2025	128	Aus LTO Menu_ September 2025 V2	9/09/2025	10/09/2025	Remove: Hot Honey Dipping Sauce
2/09/2025	127	Aus LTO Menu_ September 2025	2/09/2025	3/09/2025	Add: Kit Kat range. Remove: Choc Custard Twin Filled Pie
11/08/2025	126	Aus LTO Menu_ August 2025 V2	12/08/2025	13/08/2025	Add: McDonaldland Shake; Remove: Biscoff range
8/08/2025	125	Aus LTO Menu_ August 2025	8/08/2025	8/08/2025	Remove: Blues Blueberry McFloat and Maroons Raspberry McFloat; Chocolate and Custard McFlurry; Nether Dipping Sauce
9/07/2025	124	Aus LTO Menu_ July 2025	9/07/2025	9/07/2025	Remove: Tennessee burger range, Hot Honey burger range, Shamrock shake, Hot cross buns, Banana Bread with blueberries
2/06/2025	123	Aus LTO Menu_ June 2025	2/06/2025	2/06/2025	Updated alignment
20/05/2025	122	Aus LTO Menu_ May 2025	20/05/2025	21/05/2025	Add: Blues Blueberry McFloat_ and Maroons Raspberry McFloat
12/05/2025	121	Aus LTO Menu_ May 2025	13/05/2025	14/05/2025	Add: Chocolate and Custard desserts range; Remove: Hot Cross Bun Flavoured Pie and McFlurry range
29/04/2025	120	Aus LTO Menu_ April 2025	29/04/2025	30/04/2025	Add: Tennessee burger range Remove: Caramel Thickshake, Almond Iced Lattes; Vegemite Shaker Seasoning
27/04/2025	119	Aus LTO Menu_ April 2025	27/04/2025	28/04/2025	Amend: Hot Honey Allergen matrix
17/04/2025	118	Aus LTO Menu_ April 2025	17/04/2025	17/04/2025	Remove: Toffee Nut Flavour McCafe drinks
1/04/2025	117	Aus LTO Menu_ April 2025	1/04/2025	2/04/2025	Add: Nether Dipping Sauce
17/03/2025	116	Aus LTO Menu_ March 2025	18/03/2025	19/03/2025	Add: Hot Honey range, Hot Cross Bun Flavoured Pie and McFlurry range
12/03/2025	115	Aus LTO Menu_ March 2025	12/03/2025	13/03/2025	Updated formulation: Banana bread with blueberry ingredient change; Remove Crunchie McFlurry, Crunchie Frappe, McCz, Chicken McCz,
4/03/2025	114	Aus LTO Menu_ March 2025	5/03/2025	5/03/2025	Add: Shamrock Shake, Remove: Cherry Ripe McFlurry; Cheesy Jalapeño Pops
10/02/2025	113	Aus LTO Menu_ February 2025	11/02/2025	12/02/2025	Add: Lotus Biscoff range; Hot Cross Buns, Remove: BBQ Bacon Toastie; Hawaiian Range; Pineapple Sundae; Frozen Coke Oreo Zero Sugar; Squid Games
20/01/2025	112	Aus LTO Menu_ January V2 2025	20/01/2025	21/01/2025	Added Caramel Thickshake; remove Grimace shake.
3/01/2025	111	Aus LTO Menu_ January 2025	3/01/2025	6/01/2025	Added Roasted Almond Flavoured Iced Latte, McCz® Range, Crunchie® Frappe & McFlurry®, Vegemite® McShaker Fries
9/12/2024	110	Aus LTO Menu_ December 2024	10/12/2024	11/12/2024	Added Korean BBQ Sauce & Dalgona cookie
25/11/2024	109	Aus LTO Menu_ November V2 2024	26/11/2024	27/11/2024	Added Summer Products: Hawaiian Range, Cheesy Jalapeño Pops, Cherry Ripe® McFlurry®, Pineapple Sundae
14/11/2024	108	Aus LTO Menu_ November 2024	19/11/2024	20/11/2024	Added Frozen Coke Oreo Zero Sugar
28/10/2024	107	Aus LTO Menu_ October V2 2024	28/10/2024	30/10/2024	Added Toffee Nut Flavoured Iced Latte
15/10/2024	106	Aus LTO Menu_ October 2024	15/10/2024	16/10/2024	Removal of QP Range
25/09/2024	105	Aus LTO Menu_ September 2024 V2	25/09/2024	4/10/2024	Addition of Grimace Shake
18/09/2024	104	Aus LTO Menu_ September 2024	25/09/2024	2/10/2024	Add Ham & Cheese Pocket promo item
7/08/2024	103	Aus LTO Menu_ August 2024	8/7/024	8/08/2024	Removal of Hot Cross Buns promo items
5/08/2024	102	Aus LTO Menu_ August 2024	5/08/2024	7/08/2024	Removal of Spicy Range; Addition of Quarter Pounder Range.
2/07/2024	101	AUS LTO Menu_ July 2024	2/07/2024	3/07/2024	Addition of Steakhouse Stack Burger and Mozzarella Sticks with Sweet Chili Sauce
11/06/2024	100	Aus LTO Menu_ June 2024	11/06/2024	12/06/2024	Removal of Mac Family + Onions Rings, Caramello McFlurry and Frozen K-Wave; Addition of Banana Shake, Banana Caramel Pie + McFlurry
21/05/2024	99	Aus LTO Menu_ May 2024	21/05/2024	21/05/2024	Removal of BLT McMuffin; Updated Big Mac Sauce formulation; dual supply; Add Feisty LTO
24/04/2024	98	Aus LTO Menu_ April 2024	23/04/2024	24/04/2024	Addition of Coke Creations - K Wave frozen Coke
2/04/2024	97	Aus LTO Menu_ April 2024	2/04/2024	3/04/2024	Removal of previous promo items; Addition of Mac Family + Onion Rings
12/03/2024	96	Aus LTO Menu_ March 2024	12/03/2024	13/03/2024	Addition of Caramello McFlurry
5/03/2024	95	Aus LTO Menu_ March 2024	5/03/2024	6/03/2024	Addition of BLT McMuffin
9/02/2024	94	Aus LTO Menu_ February 2024	20/02/2024	20/02/2024	Updated allergen information for PEAL legislative requirements