

McDonald's Australia Beverages Menu Allergen - Ingredients - Nutrition Information

Information correct as at April 2024

At McDonald's we believe in the nutritional principals of balance, variety and moderation and that eating at McDonald's can fit into a healthy lifestyle. Our goal is to provide you with the information necessary to make informed decisions about your McDonald's menu choices. This guide can help you balance your McDonald's meal with the other meals you eat today, and every day.

This guide is for our Beverages menu. For information regarding short-time menu items, please either ask a manager in one of our restaurants or contact our Customer Service Department either via our website http://mcdonalds.com.au/contactus or on 02 9875 7100.

The nutrition and ingredient information is based on standard product formulations, standard product assembly and standard serving sizes. Actual sizes and assembly may vary. Due to the individual preparation of each of our menu items, actual values may vary from those listed. Variations may also occur depending on the supplier, country of origin, region of the country of origin, and the season of the year. Further, product formulations may change periodically.

Food Sensitivities and Preferences

As we operate working kitchens please be aware that there is always a risk that traces of allergens may be transferred to ingredients during storage or preparation of food in our kitchens. McDonald's Restaurants are therefore unable to guarantee that any food item sold is free from cross contact of allergens.

No food items are certified as vegetarian. Whilst some ingredients may not contain animal ingredients, we cannot guarantee that there will be no cross contact with ingredients that do contain animal ingredients in our kitchens.

We have a number of Halal certified restaurants. Only those items listed on the certificate in the front counter area and drive thru booth at our restaurants serving Halal options are certified as Halal.

If you would like further information or have food sensitivities or dietary concerns regarding specific ingredients in specific menu items, please contact us at http://mcdonalds.com.au/contactus or call us on 02 9875 7100.

Our allergen labelling complies with Australia New Zealand Food Standards Code – Standard 1.2.3 (Registered 09 March 2021)

If this document has been printed, please visit https://mcdonalds.com.au/our-impact/food-quality-sourcing/nutrition for most current information.

										Tre	ee nut										
	Gluten	Wheat	Egg	Milk	Soy	Sesame	Peanut	Almond Brazil Nut	Cashew	Hazelnut	Macadamia Pecan	Pine Nut	Pistachio Walnut	Fish	Crustacea	Molluscs	Sulphites	Lupin	Added Preservative	Artificial Colour	Artificial Flavo
COLD BEVERAGES																					
Pop Tops™ Apple Juice																					
CalciYum™ Chocolate Flavoured				P																	
Ailk				P																	
Prange Fruit Drink																	Р		Р		Р
Prange Juice	Р	Р			Р														Р		
oca-Cola®																				Р	Р
oca-Cola® Zero Sugar																			P	P	Р
oca-Cola® Vanilla																				Р	Р
anta® Orange																			P	P	Р
anta® Raspberry																			P	P	Р
prite®																			Р		Р
Sprite® Zero Sugar																			P		Р
sparkling Water																					
rozen Coke®																				P	Р
rozen Coke® Zero Sugar																			Р	Р	Р
rozen Flavours																			P	P	Р
HICKSHAKES																					
hocolate Thickshake				Р															Р		Р
trawberry Thickshake				P															P	Р	Р
anilla Thickshake				Р															P	Р	Р
RAPPES		•	•		·	•	•									·	·				
hocolate Frappé	Р	P		Р															Р	P	Р
offee Frappé	м	M		Р															P	P	P
alted Caramel Frappé	м	M		D															D	D	D

Chart key: P: Ingredient is PRESENT in the product as an ingredient, food additive or processing aid. M: Ingredient MAY BE present

> Issue: April 2024 Revision: 72

COLD BEVERAGES							
Pop Tops™ Apple Juice						Pop Tops™	Apple Juice
Reconstituted Apple Juice, Food Acid (Citric Acid), Vitamin C (Ascorbic Acid), Natural Flavour.							Avg Qty / 100ml
					Energy (kJ)	540	216
					Energy (Cal) Protein (g)	129 <1.0	52 <1.0
					Fat, total (g)	<1.0	<1.0
					Saturated Fat (g)	0.0	0.0
					Carbohydrate (g)	29.5 29.5	11.8
					Sugars (g) Sodium (mg)	29.5	7
CalciYum™ Chocolate Flavoured Milk							ocolate Flavoured
Low Fat Milk, Sugar, Cocoa, Vegetable Gums (460, 466, 407), Mineral (Calcium Carbonate), Flavours, Vitamin D.							Nilk Avg Qty / 100ml
Low Yat min, Suyar, Cocca, Vegetable Suins (400, 400, 407), mineral (Calcium Carbonace), Fravours, Vitarinin D.					Energy (kJ)	633	253
Contains: Milk.					Energy (Cal)	151	61
					Protein (g) Fat, total (g)	8.3 3.5	3.3 1.4
					Saturated Fat (g)	2.3	0.9
					Carbohydrate (g)	20.5	8.2
					Sugars (g) Sodium (mg)	20.0 98	8.0 39
		-					1
Orange Fruit Drink			mall		lium		rge
Water, Reconstituted Orange Juice, Sugar, Food Acid (330), Natural Colour (160a), Flavours, Stabiliser (405), Preservatives (211, 223), Vitamin C.	Energy (kJ)	Avg Qty / Serve 567	Avg Qty / 100mL 189	Avg Qty / Serve 813	Avg Qty / 100mL 189	Avg Qty / Serve 1140	Avg Qty / 100mL 189
Contains: Sulphites.	Energy (Cal)	135	45	194	45	273	45
	Protein (g)	0.9	0.3	1.3	0.3	1.8	0.3
	Fat, total (g) Saturated Fat (g)	0.0	0.0	0.0	0.0	0.0	0.0
	Carbohydrate (g)	36.0	12.0	51.6	12.0	72.6	12.0
	Sugars (g)	28.8	9.6	41.3	9.6	58.1	9.6
	Sodium (mg)	12	4	17	4	24	4
Orange Juice (Available at participating restaurants: Auburn; Bondi Beach; Bondi Junction Westfield; Cambridge Gardens; Caringbah; Castle Hill; Castle Towers II; Coogee Beach; Cranebrook; Croydon (NSW);		Si	mall	Med	lium	La	rge
Engadine; Five Dock; Haberfield; Heathcote; Kings Cross; Kirrawee; Lakemba; Lidcombe; Menai; Milperra; Miranda Food Court; Northmead; Norwest II; Padstow; Penrith North; Punchbowl; Randwick II; Rockdale; Rockdale		Avg Qty / Serve			Avg Qty / 100mL	Avg Qty / Serve	
Plaza; Sans Souci; St Marys North; ASydney Airport - Gateway; Sydney Gateway; Sylvania; Taren Point; Westmead; Wynyard Rail)	Energy (kJ)	507	169	727	169	1020	169
Orange Juice from Concentrate, Preservatives (211, 202), Colour (160a), Stabiliser (415 (contains Gluten, Wheat, Soyi), Flavour.	Energy (Cal) Protein (g)	120 0.0	40	172	40	242	40
	Fat, total (g)	0.0	0.0	0.0	0.0	0.0	0.0
Contains: Gluten, Wheat, Soy.	Saturated Fat (g)	0.0	0.0	0.0 40.8	0.0	0.0	0.0
	Carbohydrate (g) Sugars (g)	28.5 24.3	9.5 8.1	40.8	9.5 8.1	57.5 49.0	9.5 8.1
	Sodium (mg)	20	7	29	7	41	7
Coca-Cola®		S	mall	Mer	lium	la	rge
COCA-COLA®: Carbonated Water, Sugar, Colour (150d), Acidity Regulator (338), Flavour, Caffeine.		Avg Qty / Serve	-		Avg Qty / 100mL	Avg Qty / Serve	
	Energy (kJ)	397	173	568	173	869	173
Contains: Caffeine	Energy (Cal)	95	41	136	41	208	41
	Protein (g)	0.0	0.0	0	0	0	0
	Fat, total (g)	0.0	0.0	0.0	0	0.0	0
	Saturated Fat (g)		10.6	34.7	10.6	53.1	10.6
	Saturated Fat (g) Carbohydrate (g)	24.3			10.6	53.1	10.6
	Carbohydrate (g) Sugars (g)	24.3	10.6	34.7			10
	Carbohydrate (g)			34.7 33	10.6	50	10
Coca-Cola® Zero Sugar	Carbohydrate (g) Sugars (g)	24.3 23	10.6 10 mall	33 Med	10 lium	La	rge
Coca-Cola® Zero Sugar COCA-COLA® NO SUGAR: Carbonated Water, Colour (150d), Food Acids (338, 331), Sweeteners (951, 950), Preservative (211), Flavour, Caffeine.	Carbohydrate (g) Sugars (g) Sodium (mg)	24.3 23 SI Avg Qty / Serve	10.6 10 mall Avg Qty / 100mL	33 Med Avg Qty / Serve	10 Iium Avg Qty / 100mL	La AvgQty/Serve	rge Avg Qty / 100mL
COCA-COLA® NO SUGAR: Carbonated Water, Colour (150d), Food Acids (338, 331), Sweeteners (951, 950), Preservative (211), Flavour, Caffeine.	Carbohydrate (g) Sugars (g) Sodium (mg) Energy (kJ)	24.3 23 Avg Qty / Serve 8	10.6 10 mall Avg Qty / 100mL 3	33 Med Avg Qty / Serve 10	10 Iium Avg Qty/100mL 3	La Avg Qty / Serve 15	rge Avg Qty / 100mL 3
	Carbohydrate (g) Sugars (g) Sodium (mg)	24.3 23 SI Avg Qty / Serve	10.6 10 mall Avg Qty / 100mL	33 Med Avg Qty / Serve	10 Iium Avg Qty / 100mL	La AvgQty/Serve	rge Avg Qty/100mL
COCA-COLA® NO SUGAR: Carbonated Water, Colour (150d), Food Acids (338, 331), Sweeteners (951, 950), Preservative (211), Flavour, Caffeine.	Carbohydrate (g) Sugars (g) Sodium (mg) Energy (kJ) Energy (Cal) Protein (g) Fat, total (g)	24.3 23 Avg Qty / Serve 8 2 0.2 0.0	10.6 10 mall Avg Qty / 100mL 3 0.6 0.1 0.1 0.0	33 Mec Avg Qty / Serve 10 3 0.2 0.0	10 Iium Avg Qty / 100mL 3 0.6	La Avg Qty / Serve 15 4 0.3 0.0	rge Avg Qty / 100mL 3 0.6 0.1 0
COCA-COLA® NO SUGAR: Carbonated Water, Colour (150d), Food Acids (338, 331), Sweeteners (951, 950), Preservative (211), Flavour, Caffeine.	Carbohydrate (g) Sugars (g) Sodium (mg) Energy (kJ) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g)	24.3 23 Avg Qty / Serve 8 2 0.2 0.0 0.0	10.6 10 Avg Qty / 100mL 3 0.6 0.1 0.0 0.0	33 Mec Avg Qty / Serve 10 3 0.2 0.0 0.0	10 Avg Qty/100mL 3 0.6 0.1 0 0	La Avg Qty/Serve 15 4 0.3 0.0 0.0	rge AvgQty/100mL 3 0.6 0.1 0 0
COCA-COLA® NO SUGAR: Carbonated Water, Colour (150d), Food Acids (338, 331), Sweeteners (951, 950), Preservative (211), Flavour, Caffeine.	Carbohydrate (g) Sugars (g) Sodium (mg) Energy (kJ) Energy (Ca) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g)	24.3 23 Avg Qty / Serve 8 2 0.2 0.0 0.0 0.0 0.3	10.6 10 Avg Qty / 100mL 3 0.6 0.1 0.0 0.0 0.0	33 Mec 10 3 0.2 0.0 0.0 0.0 0.4	10 Avg Qty/100mL 3 0.6 0.1 0 0 0.1	La AvgQty/Serve 15 4 0.3 0.0 0.0 0.0 0.6	rge Avg Qty / 100mL 3 0.6 0.1 0 0 0.1
COCA-COLA® NO SUGAR: Carbonated Water, Colour (150d), Food Acids (338, 331), Sweeteners (951, 950), Preservative (211), Flavour, Caffeine.	Carbohydrate (g) Sugars (g) Sodium (mg) Energy (kJ) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g)	24.3 23 Avg Qty / Serve 8 2 0.2 0.0 0.0	10.6 10 Avg Qty / 100mL 3 0.6 0.1 0.0 0.0	33 Mec Avg Qty / Serve 10 3 0.2 0.0 0.0	10 Avg Qty/100mL 3 0.6 0.1 0 0	La Avg Qty/Serve 15 4 0.3 0.0 0.0	rge AvgQty/100mL 3 0.6 0.1 0 0

COLD BEVERAGES							
Coca-Cola® Vanilla		Sn	nall	Мес	dium	La	rge
COCA-COLA® VANILLA: Carbonated Water, Sugar, Colour (150d), Food Acids (338), Flavour, Caffeine.		Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
	Energy (kJ)	421	184	624	184	954	184
Contains: Caffeine.	Energy (Cal)	101	44	149	44	228	44
	Protein (g)	0.1	0.1	0	0.1	0	0.1
	Fat, total (g)	0.0	0.0	0.0	0	0	0
	Saturated Fat (g)	0.0	0.0	0.0	0	0	0
	Carbohydrate (g)	24.6 24.6	10.8 10.8	36.7 36.7	10.8	56.1 56.1	10.8
	Sugars (g) Sodium (mg)	24.6	10.8	36.7	10.8	5	10.8
Fanta® Orange		Sn	nall	Mer	dium		rge
FAITA® GRANGE: Carbonated Water, Sugar, Food Acid (330), Flavour, Preservative (211), Antioxidant (300), Colour (110).			Avg Qty / 100mL				Avg Qty / 100mL
PANTA® OKANGE, Calibunated Water, Sugar, Pood Acid (SSU), Playour, Preservative (21), AntioXidani (SOU), Colout (10).	Energy (kJ)	501	219	716	219	1100	219
	Energy (Cal)	120	52	171	52	262	52
	Protein (g)	0.0	0.0	0.0	0.0	0.0	0.0
	Fat, total (g)	0.0	0.0	0.0	0.0	0.0	0.0
	Saturated Fat (g)	0.0	0.0	0.0	0.0	0.0	0.0
	Carbohydrate (g)	30.9	13.5	44.2	13.5	67.6	13.5
	Sugars (g)	30.9	13.5	44.2	13.5	67.6	13.5
	Sodium (mg)	34	15	49	15	75	15
Fanta® Raspberry		Sn	nall	Mee	dium	La	rge
FANTA® RASPBERRY: Carbonated Water, Sugar, Flavour, Food Acid (330), Preservative (211), Sweetener (960), Colour (122).		Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
	Energy (kJ)	299	131	428	131	655	131
	Energy (Cal)	72	31	102	31	156	31
	Protein (g)	0.0	0.0	0.0	0.0	0.0	0.0
	Fat, total (g)	0.0	0.0	0.0	0.0	0.0	0.0
	Saturated Fat (g)	0.0	0.0	0.0	0.0	0.0	0.0
	Carbohydrate (g)	18.1	7.9	25.9	7.9	39.6	7.9
	Sugars (g) Sodium (mg)	18.1	7.9	25.9 13	7.9	39.6 20	7.9
	Sugars (g) Sodium (mg)	9	4	13	4	20	4
Sprite® SPRITE Cathonated Water Sugar Food Acids (330-331) Elawour Preservative (211)		۹ Sn	4 nall	13 Med	4 dium	20 La	4 Irge
Sprite® SPRITE®: Carbonated Water, Sugar, Food Acids (330, 331), Flavour, Preservative (211).	Sodium (mg)	9 Sn Avg Qty / Serve	4 nall Avg Qty / 100mL	13 Mea Avg Qty / Serve	4 dium Avg Qty / 100mL	20	4 Irge Avg Qty/100mL
	Sodium (mg) Energy (kJ)	9 Sn Avg Qty/Serve 388	4 nall Avg Qty / 100mL 169	13 Med Avg Qty / Serve 555	4 dium Avg Qty / 100mL 169	20 La Avg Qty / Serve 848	4 Irge Avg Qty / 100mL 169
	Sodium (mg)	9 Sn Avg Qty / Serve	4 nall Avg Qty / 100mL	13 Mea Avg Qty / Serve	4 dium Avg Qty / 100mL	20	4 Irge Avg Qty/100mL
	Sodium (mg) Energy (kJ) Energy (Cal)	9 Sn Avg Qty / Serve 388 93	4 Avg Qty / 100mL 169 40	13 Met Avg Qty / Serve 555 133	4 dium Avg Qty / 100mL 169 40	20 La Avg Qty / Serve 848 203	4 Irge Avg Qty / 100mL 169 40
	Sodium (mg) Energy (kJ) Energy (Cal) Protein (g)	9 Avg Qty / Serve 388 93 0.0 0.0 0.0	4 Avg Qty/100mL 169 40 0.0 0.0 0.0	13 Met Avg Qty/Serve 555 133 0.0 0.0 0.0 0.0	4 Avg Qty / 100mL 169 40 0.0 0.0 0.0	20 Avg Qty / Serve 848 203 0.0 0.0 0.0	4 Avg Qty/100mL 169 40 0.0 0.0 0.0
	Sodium (mg) Energy (kJ) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g)	9 Avg Qty / Serve 388 93 0.0 0.0 0.0 0.0 23.7	4 Avg Qty / 100mL 169 40 0.0 0.0 10.3	13 Met 555 133 0.0 0.0 0.0 33.8	4 Avg Qty / 100mL 169 40 0.0 0.0 0.0 10.3	20 Avg Qty / Serve 848 203 0.0 0.0 0.0 51.8	4 Avg Qty/100mL 169 40 0.0 0.0 0.0 10.3
	Sodium (mg) Energy (kJ) Energy (Ca) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g)	9 Avg Qty / Serve 388 93 0.0 0.0 0.0 0.0 23.7 23.7	4 Avg Qty / 100mL 169 40 0.0 0.0 0.0 10.3 10.3	13 Avg Qty / Serve 555 133 0.0 0.0 0.0 0.0 33.8 33.8	4 Avg Qty / 100mL 169 40 0.0 0.0 10.3 10.3	20 AvgQty/Serve 848 203 0.0 0.0 518 518	4 Avg Qty/100mL 169 40 0.0 0.0 0.0 10.3 10.3
	Sodium (mg) Energy (kJ) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g)	9 Avg Qty / Serve 388 93 0.0 0.0 0.0 0.0 23.7	4 Avg Qty / 100mL 169 40 0.0 0.0 10.3	13 Met 555 133 0.0 0.0 0.0 33.8	4 Avg Qty / 100mL 169 40 0.0 0.0 0.0 10.3	20 Avg Qty / Serve 848 203 0.0 0.0 0.0 51.8	4 Avg Qty/100mL 169 40 0.0 0.0 0.0 10.3
SPRITE®: Carbonated Water, Sugar, Food Acids (330, 331), Flavour, Preservative (211). Sprite® Zero Sugar	Sodium (mg) Energy (kJ) Energy (Ca) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g)	9 Sn Avg Qty/Serve 388 93 0.0 0.0 0.0 23.7 23.7 34 Sn	4 Avg Qty/100mL 169 40 0.0 0.0 0.0 10.3 10.3 15 nall	13 Avg Qty / Serve 555 133 0.0 0.0 0.0 0.0 3.3.8 3.3.8 50 Met	4 dium 169 40 0.0 0.0 0.0 10.3 10.3 15 dium	20 Avg Qty / Serve 848 203 0.0 0.0 0.0 51.8 51.8 76 La	4 rge 169 40 0.0 0.0 0.0 10.3 15 rge
SPRITE®: Carbonated Water, Sugar, Food Acids (330, 331), Flavour, Preservative (211).	Sodium (mg) Energy (kJ) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg)	9 Avg Qty/Serve 388 93 0.0 0.0 0.0 23.7 23.7 34 Sn Avg Qty/Serve	4 Avg Qty / 100mL 169 40 0.0 0.0 10.3 10.3 15 nall Avg Qty / 100mL	13 Avg Qty / Serve 555 133 0.0 0.0 0.0 0.0 3.3.8 3.3.8 50 Mee Avg Qty / Serve	4 dium 169 169 40 0.0 0.0 0.0 10.3 15 dium Avg Qty/100mL Avg Qty/100mL Avg Qty/100mL	20 Avg Qty / Serve 848 203 0.0 0.0 0.0 51.8 51.8 76 La Avg Qty / Serve	4 Avg Qty/100mL 169 40 0.0 0.0 0.0 10.3 10.3 15 BFGE Avg Qty/100mL
SPRITE®: Carbonated Water, Sugar, Food Acids (330, 331), Flavour, Preservative (211). Sprite® Zero Sugar	Sodium (mg) Energy (k,J) Energy (Ca) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg) Energy (k,J)	9 Avg Qty/Serve 388 93 0.0 0.0 0.0 0.0 23.7 23.7 34 Sn Avg Qty/Serve 8	4 Avg Qty / 100mL 169 40 0.0 0.0 10.3 10.3 15 Avg Qty / 100mL 4	13 Avg Qty/Serve 555 133 0.0 0.0 0.0 33.8 33.8 33.8 50 Avg Qty/Serve 12	4 dium Ag Qty/100mL 169 40 0.0 0.0 10.3 10.3 15 dium Avg Qty/100mL 4	20 Avg Qty / Serve 848 203 0.0 0.0 518 51.8 51.8 76 76 Avg Qty / Serve 18	4 rge Avg Qty/100mL 169 40 0.0 0.0 0.0 10.3 10.3 15 rge Avg Qty/100mL 4
SPRITE®: Carbonated Water, Sugar, Food Acids (330, 331), Flavour, Preservative (211). Sprite® Zero Sugar	Sodium (mg) Energy (kJ) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sodium (mg) Energy (kJ) Energy (Cal)	9 Sn Avg Qty/Serve 388 93 0.0 0.0 0.0 23.7 23.7 34 Sn Avg Qty/Serve 8 2	4 Avg Qty/100mL 169 40 0.0 0.0 0.0 10.3 10.3 15 Tall Avg Qty/100mL 4 <1	13 Avg Qty / Serve 555 133 0.0 0.0 0.0 3.3.8 3.3.8 50 Met Avg Qty / Serve 12 3	4 dium 169 40 0.0 0.0 0.0 10.3 10.3 15 dium Avg Qty /100mL 4 <1	20 Avg Qty / Serve 848 203 0.0 0.0 51.8 51.8 76 Avg Qty / Serve 18 5	4 Avg Qty/100mL 169 40 0.0 0.0 0.0 10.3 10.3 15 NTGE Avg Qty/100mL 4 <1
SPRITE®: Carbonated Water, Sugar, Food Acids (330, 331), Flavour, Preservative (211). Sprite® Zero Sugar	Sodium (mg) Energy (kJ) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg) Energy (kJ) Energy (Cal) Protein (g)	9 Avg Qty/Serve 388 93 0.0 0.0 0.0 23.7 23.7 34 Sn Avg Qty/Serve 8 2 0.0	4 Avg Qty / 100mL 169 40 0.0 0.0 10.3 10.3 15 nall Avg Qty / 100mL 4 <1 0.0	13 Avg Qty / Serve 555 133 0.0 0.0 0.0 3.3.8 33.8 50 Met Avg Qty / Serve 12 3 0	4 dium 169 40 0.0 0.0 10.3 10.3 15 dium Avg Qty/100mL 4 <1 0	20 Avg Qty / Serve 848 203 0.0 0.0 0.0 51.8 51.8 76 L2 Avg Qty / Serve 18 5 0	4 Avg Qty/100mL 169 40 0.0 0.0 10.3 10.3 15 IFGE Avg Qty/100mL 4 <1 0
SPRITE®: Carbonated Water, Sugar, Food Acids (330, 331), Flavour, Preservative (211). Sprite® Zero Sugar	Sodium (mg) Energy (kJ) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg) Energy (kJ) Energy (Cal) Protein (g) Fat, total (g)	9 Avg Qty/Serve 388 93 0.0 0.0 0.0 23.7 23.7 23.7 34 Sn Avg Qty/Serve 8 2 0.0 0.0 0.0 0.0 0.0 0.0 0.0	4 Avg Qty/100mL 169 40 0.0 0.0 10.3 10.3 15 15 Avg Qty/100mL 4 4 4 4 4 0.0 0.0 0.0 0.0 0.0	13 Avg Qty/Serve 555 133 0.0 0.0 33.8 33.8 50 33.8 50 Avg Qty/Serve 12 3 0 0.0	4 dium 169 40 0.0 0.0 10.3 10.3 10.3 10.3 15 dium Avg Qty/100mL 4 	20 Avg Qty / Serve 848 203 0.0 0.0 51.8 51.8 76 76 22 Avg Qty / Serve 18 5 0 0.0 0.0 0.0 0.0 0.0 0.0 0.	4 Irge Avg Qty/100mL 169 40 0.0 0.0 0.0 10.3 10.3 15 Irge Avg Qty/100mL 4 <1 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0
SPRITE®: Carbonated Water, Sugar, Food Acids (330, 331), Flavour, Preservative (211). Sprite® Zero Sugar	Sodium (mg) Energy (k.) Energy (Ca) Protein (g) Fat, total (g) Carbohydrate (g) Sodium (mg) Energy (k.) Energy (k.) Energy (Ca) Protein (g) Fat, total (g) Saturated Fat (g)	9 Avg Qty/Serve 388 93 0.0 0.0 0.0 23.7 23.7 23.7 34 Sn Avg Qty/Serve 8 2 0.0 0.0 0.0 0.0 0.0 0.0 0.0	4 Avg Qty/100mL 169 40 0.0 0.0 10.3 10.3 15 Avg Qty/100mL 4 -1 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.	13 Avg Qty / Serve 555 133 0.0 0.0 0.0 33.8 33.8 50 Met Avg Qty / Serve 12 3 0 0.0 0.0 0.0 0.0 0.0 0.0 0.	4 dium 169 40 0.0 0.0 10.3 10.3 15 dium 4 -<1	20 Avg Qty / Serve 848 203 0.0 0.0 51.8 51.8 76 Avg Qty / Serve 18 5 0 0.0 0.0 0.0 0.0 0.0 0.0 0.	4 Nrge Avg Qty/100mL 169 40 0.0 0.0 10.3 10.3 10.3 15 Nrge Avg Qty/100mL 4 <1 0 0 0 0 0 0 0 0 0 0 0 0 0
SPRITE®: Carbonated Water, Sugar, Food Acids (330, 331), Flavour, Preservative (211). Sprite® Zero Sugar	Sodium (mg) Energy (kJ) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg) Energy (KJ) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g)	9 Avg Qty/Serve 388 93 0.0 0.0 0.0 23.7 23.7 23.7 34 Sn Avg Qty/Serve 8 2 0.0 0.0 0.0 0.0 0.0 0.0 0.0	4 Avg Qty/100mL 169 40 0.0 0.0 10.3 10.3 15 15 Avg Qty/100mL 4 4 4 4 4 0.0 0.0 0.0 0.0 0.0	13 Avg Qty/Serve 555 133 0.0 0.0 33.8 33.8 50 33.8 50 Avg Qty/Serve 12 3 0 0.0	4 dium 169 40 0.0 0.0 10.3 10.3 10.3 10.3 15 dium Avg Qty/100mL 4 	20 Avg Qty / Serve 848 203 0.0 0.0 51.8 51.8 76 76 22 Avg Qty / Serve 18 5 0 0.0 0.0 0.0 0.0 0.0 0.0 0.	4 rge Avg Qty/100mL 169 40 0.0 0.0 10.3 10.3 10.3 10.3 15 rge Avg Qty/100mL 4 4 0 0 0
SPRITE®: Carbonated Water, Sugar, Food Acids (330, 331), Flavour, Preservative (211). Sprite® Zero Sugar	Sodium (mg) Energy (k.) Energy (Ca) Protein (g) Fat, total (g) Carbohydrate (g) Sodium (mg) Energy (k.) Energy (k.) Energy (Ca) Protein (g) Fat, total (g) Saturated Fat (g)	9 Sn Avg Qty/Serve 388 93 0.0 0.0 0.0 23.7 23.7 23.7 34 Sn Avg Qty/Serve 8 2 0.0 0.0 0.0 0.0 0.0 0.0 0.0	4 Avg Qty / 100mL 169 40 0.0 0.0 10.3 10.3 15 nall Avg Qty / 100mL 4 <1 0.0 0.0 0.0 0.0	13 Avg Qty/Serve 555 133 0.0 0.0 0.0 33.8 33.8 50 Met 12 3 0 0 0.0 0.0 0.0	4 dium 169 40 0.0 0.0 10.3 10.3 15 dium Avg Qty/100mL 4 <1 0 0 0 0 0 0 0 0 0 0 0 0 0	20 Avg Qty / Serve 848 203 0.0 0.0 51.8 51.8 76 Avg Qty / Serve 18 5 0 0.0 0.0 0.0 0.0 0.0 0.0 0.	4 Fige Avg Qty/100mL 169 40 0.0 0.0 0.0 0.0 10.3 10.3 15 Fige Avg Qty/100mL 4 <1 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0
SPRITE®: Carbonated Water, Sugar, Food Acids (330, 331), Flavour, Preservative (211). Sprite® Zero Sugar	Sodium (mg) Energy (kJ) Energy (Cal) Protein (g) Fat, total (g) Carbohydrate (g) Sodium (mg) Energy (kJ) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sugars (g)	9 Avg Qty/Serve 388 93 0.0 0.0 0.0 23.7 23.7 34 Sn Avg Qty/Serve 8 2 0.0 0.0 0.0 0.0 0.0 2.2 2	4 Avg Qty/100mL 169 40 0.0 0.0 10.3 10.3 15 nall Avg Qty/100mL 4 <1 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.	13 Met 555 133 0.0 0.0 0.0 3.38 33.8 50 Met Avg Qty/Serve 12 3 0 0.0 0.0 0.0 0.0 0.0 3.8 3.8 50 12 3 0.0 0.0 0.0 0.0 0.0 0.0 0.0	4 Avg Qty/100mL 169 40 0.0 0.0 10.3 10.3 15 dium Avg Qty/100mL <1	20 L2 Avg Qty / Serve 848 203 0.0 0.0 0.0 51.8 51.8 76 L2 Avg Qty / Serve 18 5 0 0.0 0.0 0.0 0.0 0.0 0.0 0.	4 Fige Avg Qty/100mL 169 40 0.0 0.0 0.0 10.3 10.3 15 Fige Avg Qty/100mL 4 <1 0 0 0 0 0 10 10 10 10 10
SPRITE®: Carbonated Water, Sugar, Food Acids (330, 331), Flavour, Preservative (211). Sprite® Zero Sugar SPRITE® ZERO SUGAR: Carbonated Water, Food Acids (330, 331), Flavour, Sweeteners (950, 955), Preservative (211).	Sodium (mg) Energy (k_J) Energy (Cal) Protein (g) Fat, total (g) Carbohydrate (g) Sugars (g) Sodium (mg) Energy (k_J) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Sugars (g) Sodium (mg)	9 Avg Qty/Serve 388 93 0.0 0.0 0.0 23.7 23.7 34 Sn Avg Qty/Serve 8 2 0.0 0.0 0.0 0.0 0.0 2.2 2	4 Avg Qty/100mL 169 40 0.0 0.0 10.3 10.3 15 Avg Qty/100mL 4 <1 0.0 0.0 0.0 0.0 0.0 10.3 15	13 Avg Qty/Serve 555 133 0.0 0.0 0.0 33.8 33.8 50 Mee 12 3 0 0.0 0.0 0.0 0.0 0.0 0.0 0.	4 dium 169 40 0.0 0.0 10.3 10.3 10.3 10.3 4 <15	20 Avg Qty / Serve 848 203 0,0 0,0 0,0 518 518 76 76 2 4vg Qty / Serve 4vg Qty / Serve 0,0 0,0 0,0 0,0 0,0 0,0 0,0 0,	4 rge Avg Qty/100mL 169 40 0.0 0.0 10.3 10.3 10.3 10.3 10.3 15 rge Avg Qty/100mL 4 4 4 4 4 0 0 0 0 0 0 0 0 0 0 0 0 0 0
SPRITE®: Carbonated Water, Sugar, Food Acids (330, 331), Flavour, Preservative (211). Sprite® Zero Sugar SPRITE® ZERO SUGAR: Carbonated Water, Food Acids (330, 331), Flavour, Sweeteners (950, 955), Preservative (211). Sparking Water	Sodium (mg) Energy (kJ) Energy (Cal) Protein (g) Fat, total (g) Carbohydrate (g) Sodium (mg) Energy (kJ) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg) Energy (kJ) Energy (kJ) Energy (kJ) Energy (kJ) Energy (kJ)	9 Avg Qty/Serve 388 93 0.0 0.0 0.0 23.7 23.7 34 Sn Avg Qty/Serve 8 2 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0	4 Avg Qty/100mL 169 40 0.0 0.0 10.3 10.3 15 Avg Qty/100mL 4 - - - - - - - - - - - - -	13 Avg Qty / Serve 555 133 0.0 0.0 0.0 33.8 33.8 50 Met Avg Qty / Serve 12 3 0 0.0 0.0 0.0 0.0 3.3 Met Avg Qty / Serve 0	4 Arg Qty / 100mL 169 40 0.0 0.0 10.3 10.3 10.3 15 dium Arg Qty / 100mL 4 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	20 Avg Qty / Serve 848 203 0.0 0.0 518 518 76 L2 Avg Qty / Serve 18 5 0 0.0 0.0 0.0 0.0 49 L2 Avg Qty / Serve	4 Fige Avg Qty/100mL 169 40 0.0 0.0 0.0 0.0 10.3 10.3 15 Fige Avg Qty/100mL 4
SPRITE®: Carbonated Water, Sugar, Food Acids (330, 331), Flavour, Preservative (211). Sprite® Zero Sugar SPRITE® ZERO SUGAR: Carbonated Water, Food Acids (330, 331), Flavour, Sweeteners (950, 955), Preservative (211). Sprite® ZERO SUGAR: Carbonated Water, Food Acids (330, 331), Flavour, Sweeteners (950, 955), Preservative (211).	Sodium (mg) Energy (k,J) Energy (Ca) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg) Energy (k,J) Energy (Ca) Fat, total (g) Sugars (g) Sodium (mg) Energy (Ca) Energy (k,J) Energy (Ca)	9 Sn Avg Qty/Serve 388 93 0.0 0.0 0.0 23.7 23.7 23.7 34 Sn Avg Qty/Serve 8 2 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0	4 Avg Qty/100mL 169 40 0.0 0.0 10.3 10.3 15 nall Avg Qty/100mL 4 <1 0.0 0.0 0.0 10 10 xvg Qty/100mL 0 0 0 0 0 0 0 0 0 0 0 0 0	13 Avg Qty/Serve 555 133 0.0 0.0 0.0 33.8 33.8 50 Mee 12 3 0 0.0 0.0 0.0 0.0 0.0 0.0 0.	4 dium 169 40 0.0 0.0 10.3 10.3 10.3 10.3 10.3 0.0 0.0 0.0 0.0 0.0 0.0 0 0 0 0 0 0 0 0 0 0 0 0	20 Avg Qty / Serve 848 203 0.0 0.0 518 518 518 76 20 0.0 0.0 0.0 0.0 0.0 0.0 0.0	4 rge Avg Qty/100mL Avg Qty/100mL Avg Qty/100mL 0 Avg Qty/100mL 0 Avg Qty/100mL 0 0
SPRITE®: Carbonated Water, Sugar, Food Acids (330, 331), Flavour, Preservative (211). Sprite® Zero Sugar SPRITE® ZERO SUGAR: Carbonated Water, Food Acids (330, 331), Flavour, Sweeteners (950, 955), Preservative (211). Sprite® ZERO SUGAR: Carbonated Water, Food Acids (330, 331), Flavour, Sweeteners (950, 955), Preservative (211).	Sodium (mg) Energy (k,J) Energy (Cal) Protein (g) Fat, total (g) Carbohydrate (g) Sodium (mg) Energy (K,J) Energy (Cal) Protein (g) Fat, total (g) Sugars (g) Sodium (mg) Energy (Cal) Protein (g) E	9 Avg Qty/Serve 388 93 0.0 0.0 0.0 0.0 23.7 23.7 34 Sn Avg Qty/Serve 8 2 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0	4 Avg Qty/100mL 169 40 0.0 0.0 0.0 0.0 10.3 10.3 15 15 10 1 Avg Qty/100mL 4 <1 0.0 0.0 0.0 0.0 10 10 10 10 10 10 10 10 10 10 10 10 10	13 Avg Qty/Serve 555 133 0.0 0.0 3.8 3.3 50 Mec Avg Qty/Serve 12 3 0 0.0 0.0 0.0 0.0 0.0 0.0 0.	4 169 169 0.0 0.0 10.3 10.3 10.3 15 dium Avg Qty/100mL 4 -<1	20 Avg Qty / Serve 848 203 0.0 0.0 51.8 51.8 76 76 20 0.0 0.0 0.0 0.0 0.0 0.0 0.0	4 Hyg Qty/100mL 169 40 0.0 0.0 10.3 10.3 15 Hyg Qty/100mL 4 -1 0
SPRITE®: Carbonated Water, Sugar, Food Acids (330, 331), Flavour, Preservative (211). Sprite® Zero Sugar SPRITE® ZERO SUGAR: Carbonated Water, Food Acids (330, 331), Flavour, Sweeteners (950, 955), Preservative (211). Sprite® ZERO SUGAR: Carbonated Water, Food Acids (330, 331), Flavour, Sweeteners (950, 955), Preservative (211).	Sodium (mg) Energy (kJ) Energy (Cal) Protein (g) Fat, total (g) Suturated Fat (g) Carbohydrate (g) Sodium (mg) Energy (kJ) Energy (Cal) Protein (g) Fat, total (g) Suturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg) Energy (kJ) E	9 Avg Qty/Serve 388 93 0.0 0.0 0.0 0.0 23.7 23.7 34 Sn Avg Qty/Serve 8 2 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0	4 Avg Qty/100mL 169 40 0.0 0.0 0.0 0.0 10.3 10.3 15 all Avg Qty/100mL 4 - 1 0.0 0.0 0.0 0.0 0.0 10 Avg Qty/100mL Avg Qty/100mL 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	13 Avg Qty / Serve 555 133 0.0 0.0 0.0 33.8 33.8 50 Meet Avg Qty / Serve 12 3 0 0.0 0.0 0.0 0.0 0.0 0.0 0.	4 dium 169 40 0.0 0.0 10.3 10.3 10.3 15 dium 4	20 L2 Avg Qty / Serve 848 203 0.0 0.0 518 518 76 L2 Avg Qty / Serve 18 5 0 0.0 0.0 0.0 0.0 0.0 0.0 0.	4 Fige Avg Qty/100mL 169 40 0.0 0.0 0.0 0.0 10.3 10.3 15 Fige Avg Qty/100mL 4
SPRITE®: Carbonated Water, Sugar, Food Acids (330, 331), Flavour, Preservative (211). Sprite® Zero Sugar SPRITE® ZERO SUGAR: Carbonated Water, Food Acids (330, 331), Flavour, Sweeteners (950, 955), Preservative (211). Sprite® ZERO SUGAR: Carbonated Water, Food Acids (330, 331), Flavour, Sweeteners (950, 955), Preservative (211).	Sodium (mg) Energy (k.) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sodium (mg) Energy (k.) Energy (Cal) Protein (g) Fat, total (g) Sugars (g) Sodium (mg) Energy (k.) Energy (cal) Protein (g) Fat, total (g) Sugars (g) Sodium (mg) Energy (cal) Protein (g) Fat, total (g) Saturated Fat (g) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g)	9 Avg Qty/Serve 388 93 0.0 0.0 0.0 23.7 23.7 23.7 34 Sn Avg Qty/Serve 8 2 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0	4 Avg Qty/100mL 199 40 0.0 0.0 10.3 10.3 10.3 15 nall Avg Qty/100mL 4 4 4 4 4 4 0.0 0.0 0.0 0.0 10 nall Avg Qty/100mL 0 0 0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0	13 Avg Qty/Serve 555 133 0.0 0.0 33.8 33.8 50 Mee 12 3 0 0.0 0.0 0.0 0.0 0.0 0.0 0.	4 dium 169 40 0.0 0.0 10.3 10.3 10.3 15 dium Avg Qty/100mL 4 <1	20 Avg Qty / Serve 848 203 0,0 0,0 518 518 518 76 20 0,0 0,0 0,0 0,0 0,0 0,0 0,0	4 Fige Avg Qty/100mL 169 40 0.0 0.0 10.3 10.3 10.3 10.3 10.3 10.3
SPRITE®: Carbonated Water, Sugar, Food Acids (330, 331), Flavour, Preservative (211). Sprite® Zero Sugar SPRITE® ZERO SUGAR: Carbonated Water, Food Acids (330, 331), Flavour, Sweeteners (950, 955), Preservative (211). Sparking Water	Sodium (mg) Energy (k.) Energy (Cal) Protein (g) Fat, total (g) Carbohydrate (g) Sodium (mg) Energy (k.) Energy (k.) Energy (Cal) Protein (g) Fat, total (g) Sugars (g) Sodium (mg) Energy (k.) Energy	9 Avg Qty/Serve 388 93 0.0 0.0 0.0 0.0 23.7 23.7 34 Sn Avg Qty/Serve 8 2 0.0 0.0 0.0 0.0 0.0 0.0 22 Sn Avg Qty/Serve 0 0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.	4 Avg Qty/100mL 169 40 0.0 0.0 0.0 0.0 10.3 10.3 15 15 10.3 15 16 16 Avg Qty/100mL 4 -1 0.0 0.0 0.0 0.0 10 10 10 10 10 10 10 10 10 10 10 10 10	13 Avg Qty / Serve 555 133 0.0 0.0 0.0 3.3.8 3.3.8 50 Met Avg Qty / Serve 12 3 0 0.0 0.0 0.0 0.0 0.0 0.0 0.	4 Avg Qty / 100mL 169 40 0.0 0.0 10.3 10.3 10.3 10.3 10.3 10.3 10.3 0.0 0.0 0.0 0 <td< td=""><td>20 Avg Qty / Serve 848 203 0.0 0.0 518 518 76 20 0.0 518 518 76 20 0.0 0.0 0.0 0.0 0.0 0.0 0.0</td><td>4 IFGE 169 40 0.0 0.0 0.0 10.3 10.3 10.3 15 IFGE Avg Qty/100mL 4 0 0.0 0.0 0.0 0.0</td></td<>	20 Avg Qty / Serve 848 203 0.0 0.0 518 518 76 20 0.0 518 518 76 20 0.0 0.0 0.0 0.0 0.0 0.0 0.0	4 IFGE 169 40 0.0 0.0 0.0 10.3 10.3 10.3 15 IFGE Avg Qty/100mL 4 0 0.0 0.0 0.0 0.0
SPRITE®: Carbonated Water, Sugar, Food Acids (330, 331), Flavour, Preservative (211). Sprite® Zero Sugar SPRITE® ZERO SUGAR: Carbonated Water, Food Acids (330, 331), Flavour, Sweeteners (950, 955), Preservative (211). Sparking Water	Sodium (mg) Energy (k.) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sodium (mg) Energy (k.) Energy (Cal) Protein (g) Fat, total (g) Sugars (g) Sodium (mg) Energy (k.) Energy (cal) Protein (g) Fat, total (g) Sugars (g) Sodium (mg)	9 Avg Qty/Serve 388 93 0.0 0.0 0.0 23.7 23.7 23.7 34 Sn Avg Qty/Serve 8 2 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0	4 Avg Qty/100mL 199 40 0.0 0.0 10.3 10.3 10.3 15 nall Avg Qty/100mL 4 4 4 4 4 4 0.0 0.0 0.0 0.0 10 nall Avg Qty/100mL 0 0 0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0	13 Avg Qty/Serve 555 133 0.0 0.0 33.8 33.8 50 Mee 12 3 0 0.0 0.0 0.0 0.0 0.0 0.0 0.	4 dium 169 40 0.0 0.0 10.3 10.3 10.3 15 dium Avg Qty/100mL 4 <1	20 Avg Qty / Serve 848 203 0,0 0,0 518 518 518 76 20 0,0 0,0 0,0 0,0 0,0 0,0 0,0	4 Fige Avg Qty/100mL Fige Avg Qty/100mL Fige Avg Qty/100mL Avg Qty/100mL Fige Fige Fige Fige Fige Fige Fige Fige

COLD BEVERAGES						1	
Frozen Coke®		Sn	nall	Med	dium	La	rge
Carbonated Water, Sugar, Colour (150d), Food Acid (338), Flavour, Caffeine.		Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100
	Energy (kJ)	391	112	548	112	738	112
ontains: Caffeine.	Energy (Cal)	93	27	131	27	176	27
	Protein (g)	0.0	0.0	0.0	0.0	0.0	0.0
	Fat, total (g)	0.0	0.0	0.0	0.0	0.0	0.0
	Saturated Fat (g)	0.0	0.0	0.0	0.0	0.0	0.0
	Carbohydrate (g)	24.1	6.9	33.8	6.9	45.5	6.9
	Sugars (g)	24.1	6.9	33.8	6.9	45.5	6.9
	Sodium (mg)	19	5	26	5	36	5
Frozen Coke® Zero Sugar		Sn	all	Mar	lium		
							rge
ROZEN COKE® NO SUGAR: Carbonated Water, Sweeteners (968, 955, 950), Bulking Agent (422), Colour (150d), Food Acid (338), Preservative (211), Flavour, Caffeine.		Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL		Avg Qty / 100
	Energy (kJ)	35	10	49	10	66	10
Contains: Phenylalanine, Caffeine.	Energy (Cal)	8	2	12	2	16	2
	Protein (g)	0.0	0.0	0.0	0.0	0.0	0.0
	Fat, total (g)	0.0	0.0	0.0	0.0	0.0	0.0
	Saturated Fat (g)	0.0	0.0	0.0	0.0	0.0	0.0
	Carbohydrate (g)	2.1	0.6	2.9	0.6	4.0	0.6
	Sugars (g)	0.0	0.0	0.0	0.0	0.0	0.0
	Sodium (mg)	7	2	10	2	14	2
Frozen Flavours		Sn	all	Mor	dium	Ia	rge
ANTA® BLUEBERRY FLAVOUR: Carbonated Water, Sugar, Food Acid (330), Preservative (211), Flavour, Colour (133).		Avg Qty / Serve	Avg Qty / 100mL		Avg Qty / 100mL		
ANTA® BLUEDERKT FLAVOUR. Carbonated Water, Sugar, rood Acid (SS0), rieservative (21), riavour, Colour (ISS). ANTA® RASPBERKT FLAVOUR: Carbonated Water, Sugar, rood Acid (SS0), Preservative (21), Flavour, Colour (122).	Energy (kJ)	avg Qty / Serve	112	548	112	738	AVg Qty / 100 112
ANTA® RASPERNT FLXUVC. Caliboliated water, sugar, Food Acid (330), Freservative (21), Flavour, Collouil, Louoli, Calibonated Water, Sugar, Food Acid (330), Freservative (21), Flavour, Collouil, Louoli, Calibonated Water, Sugar, Food Acid (330), Freservative (21), Flavour, Collouil, Louoli, Calibonated Water, Sugar, Food Acid (330), Freservative (21), Flavour, Collouil, Calibonated Water, Sugar, Food Acid, Sao, Freservative (21), Flavour, Collouil, Calibonated Water, Sugar, Food Acid, Sao, Freservative (21), Flavour, Collouil, Calibonated Water, Sugar, Food Acid, Sao, Freservative (21), Flavour, Collouil, Calibonated Water, Sugar, Food Acid, Sao, Freservative (21), Flavour, Collouil, Calibonated Water, Sugar, Food Acid, Sao, Freservative (21), Flavour, Collouil, Calibonated Water, Sugar, Food Acid, Sao, Freservative (21), Flavour, Collouil, Calibonated Water, Sugar, Food Acid, Sao, Freservative (21), Flavour, Collouil, Calibonated Water, Sugar, Food Acid, Sao, Freservative (21), Flavour, Collouil, Calibonated Water, Sugar, Food Acid, Sao, Freservative (21), Flavour, Collouil, Calibonated Water, Sugar, Food Acid, Sao, Freservative (21), Flavour, Collouil, Calibonated Water, Sugar, Food Acid, Sao, Freservative (21), Flavour, Collouil, Calibonated Water, Sugar, Food Acid, Sao, Freservative (21), Flavour, Collouil, Calibonated Water, Sugar, Food Acid, Sao, Freservative (21), Flavour, Collouil, Calibonated Water, Sugar, Food Acid, Sao, Freservative (21), Flavour, Collouil, Calibonated Water, Sao, Food Acid, Sao, Fo	Energy (K3)	93	27	131	27	176	27
AM NAY ORANGE PLAYOUN, Calibunated Water, Sugar, Poud Adul Issor, Preservative (21), Pravour, Calibunated Vater, Sugar, Poud Adul Issor, Preservative (21), Pravour, Food Adul (33). SPRTEP FLAYOUN: Carbonated Water, Sugar, Food Adul (330), Preservative (21), Pravour, Food Adul (33).	Protein (g)	0.0	0.0	0.0	0.0	0.0	0.0
PRI Lev FLAV OUK: Carbonated water, Sugar, Food Acid (330), Preservative (211), Flavour, Food Acid (331).	Fat, total (g)	0.0	0.0	0.0	0.0	0.0	0.0
	Saturated Fat (g)	0.0	0.0	0.0	0.0	0.0	0.0
Neutral White Base used in combination with multi-flavour valve flavour shots.				33.8			
All FROZEN flavours have the same nutritional content.	Carbohydrate (g)	24.2	6.9	33.8	6.9	45.5	6.9
	Sugars (g)	24.2	6.9 2	33.8	6.9	45.5 12	6.9 2
	Sodium (mg)	6	2	9	2	12	2
THICKSHAKES							
Chocolate Thickshake		Sn	nall	Med	dium	La	rge
HAKE MIX: Milk, Milk Solids, Sugar, Maltodextrin (derived from Maize), Cream (Milk), Vegetable Gums (412, 407, 407a, 468), Mineral Salt (452), Flavours.		Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL		
OR: Milk, Sugar, Milk Solids, Skim Milk, Cream (Milk), Maltodextrin (derived from Maize), Vegetable Gums (407, 407a, 412, 466), Mineral Salts (452), Flavours.	Energy (kJ)	1140	523	1540	523	1870	523
OR Milk, Sugar, Milk Solids, Maltodextrin (derived from Maize and Tapioca), Cream (Milk), Vegetable Gums (412, 407, 407a, 466), Flavours, Mineral Salts (339, 452), Food Acids (330, 331).	Energy (Cal)	273	125	369	125	448	125
CHOCOLATE SHAKE SYRUP: Invert Sugar Syrup, Glucose Syrup (Glucose, Preservative (223)), Water, Cocoa Powder, Salt, Preservative (202), Acidity Regulator (330), Flavours.	Protein (g)	8.2	3.8	11.1	3.8	13.5	3.8
	Fat, total (g)	7.3	3.4	9.9	3.4	12.0	3.4
rontains: Milk.	Saturated Fat (g)	4.9	2.3	6.6	2.3	8.1	2.3
	Carbohydrate (g)	47.8	21.8	64.5	21.8	78.2	21.8
	Sugars (g)	41.3	18.9	55.7	18.9	67.6	18.9
	Sodium (mg)	167	76	225	76	273	76
					1	1	
Strawberry Thickshake		Sn	nall	Med	dium	La	rge
SHAKE MIX: Milk Solids, Sugar, Maltodextrin (derived from Maize), Cream (Milk), Vegetable Gums (412, 407, 407a, 466), Mineral Salt (452), Flavours.		Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve		Avg Qty / Serve	
OR: Milk, Sugar, Milk Solids, Skim Milk, Cream (Milk), Maltodextrin (derived from Maize), Vegetable Gums (407, 407a, 412, 466), Mineral Salts (452), Flavours.	Energy (kJ)	1190	521	1530	521	1900	521

OR: Milk, Sugar, Milk Solids, Skim Milk, Cream (Milk), Maltodextrin (derived from Maize), Vegetable Gums (407, 407a, 412, 466), Mineral Salts (452), Flavours.

OR Milk, Sugar, Milk Solids, Maltodextrin (derived from Maize and Tapioca), Cream (Milk), Vegetable Gums (412, 407, 407a, 466), Flavours, Mineral Salts (339, 452), Food Acids (330, 331).

STRAWBERRY SHAKE SYRUP: Invert Sugar Syrup, Water, Glucose Syrup, Sugar, Natural Colour (162), Acidity Regulator (330), Natural Flavours, Preservative (202).

Contains: Milk.

	Sn	nall	Med	lium	Large			
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL		
Energy (kJ)	1190	521	1530	521	1900	521		
Energy (Cal)	285	125	364	125	453	125		
Protein (g)	7.6	2.2	9.8	2.2	12.2	2.2		
Fat, total (g)	6.9	2.0	8.8	2.0	11.0	2.0		
Saturated Fat (g)	4.6	1.4	6.0	1.4	7.4	1.4		
Carbohydrate (g)	47.0	13.7	60.6	13.7	75.4	13.7		
Sugars (g)	41.9	12.2	54.0	12.2	67.2	12.2		
Sodium (mg)	105	31	156	31	169	31		

Vanilla Thickshake		Sr	nall	Med	lium	La	rge
SHAKE MIX: Milk, Milk Solids, Sugar, Maltodextrin (derived from Maize), Cream (Milk), Vegetable Gums (412, 407, 407a, 466), Mineral Salt (452), Flavours.		Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
OR: Milk, Sugar, Milk Solids, Skim Milk, Cream (Milk), Maltodextrin (derived from Maize), Vegetable Gums (407, 407a, 412, 466), Mineral Salts (452), Flavours.	Energy (kJ)	1080	513	1420	513	1820	513
OR Milk, Sugar, Milk Solids, Maltodextrin (derived from Maize and Tapioca), Cream (Milk), Vegetable Gums (412, 407, 407a, 466), Flavours, Mineral Salts (339, 452), Food Acids (330, 331).	Energy (Cal)	257	123	339	123	433	123
VANILLA SHAKE SYRUP: Water, Sugar, Invert Sugar Syrup, Glucose Syrup, Burnt Sugar Syrup, Natural Flavour, Preservative (202), Acidity Regulator (330).	Protein (g)	7.0	2.1	9.3	2.1	11.8	2.1
	Fat, total (g)	6.3	1.9	8.4	1.9	10.7	1.9
Contains: Milk.	Saturated Fat (g)	4.3	1.3	5.7	1.3	7.2	1.3
	Carbohydrate (g)	42.4	12.5	55.9	12.5	71.4	12.5
	Sugars (g)	39.1	11.6	51.6	11.6	65.9	11.6
	Sodium (mg)	96	28	127	28	162	28
FRAPPES							
Chocolate Frappé				Med	lium	La	rge
CHOCOLATE FRAPPE BASE: Milk and/or Skim Milk (Reconstituted), Sugar, Cream (Milk), Milk Solids, Cocoa Powder, Emulsifier (471), Stabilisers (412, 410, 466, 407a, 407, Sucrose), Chocolate Flavour, Malt Flavour and/or Malt Extra	act (from Wheat and/or Barley).			Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
ICE: Water.			Energy (kJ)	2470	471	2790	474
WHIPPED CREAM: Cream (Milk), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407).			Energy (Cal)	590	113	667	113
CHOCOLATE DRIZZLE: Sugar, Water, Cocoa Powder, Thickener (1442), Colour (150d), Flavour, Salt, Food Acids (330, 331), Preservative (202), Vegetable Gums (415, 417, 401).			Protein (g)	9.9	1.9	11.1	1.9
			Fat, total (g)	24.4	4.7	28.2	4.8
Contains: Gluten, Wheat, Milk.			Saturated Fat (g)	16.9	3.2	19.6	3.3
			Carbohydrate (g)	80.8	15.4	90.0	15.3
			Sugars (g)	75.4	14.4	84.0	14.3
			Sodium (mg)	140	27	156	27
Coffee Frappé				Med	lium	La	rqe
COFFEE FRAPPE BASE: Milk and/or Skim Milk (Reconstitutes), Sugar, Cream (Milk), Milk Solids, Coffee Powder, Emulsifier (471), Stabiliser (412, 410, 466, 407a, 407, Sucrose), Colours (150c, 150d), Coffee Flavour, Vanilla Flavour,				Ava Otv / Serve	Avg Qty / 100mL		Avg Qty / 100mL
			Energy (kJ)		462	2700	458
				2440			109
			Energy (Cal)	582	110	644	
ICE: Water. WHIPPED CREAM: Cream (Milk), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407).					110 2.1	644 12.4	2.1
ICE: Water. WHIPPED CREAM: Cream (Milk), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407).			Energy (Cal)	582			
ICE: Water. WHIPPED CREAM: Cream (Milk), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407). CHOCOLATE DRIZZLE: Sugar, Water, Cocoa Powder, Thickener (1442), Colour (150d), Flavour, Salt, Food Acids (330, 331), Preservative (202), Vegetable Gums (415, 417, 401).			Energy (Cal) Protein (g)	582 11.1	2.1	12.4	2.1
ICE: Water. WHIPPED CREAM: Cream (Milk), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407). CHOCOLATE DRIZZLE: Sugar, Water, Cocoa Powder, Thickener (1442), Colour (150d), Flavour, Salt, Food Acids (330, 331), Preservative (202), Vegetable Gums (415, 417, 401). Contains: Milk, Caffeine.			Energy (Cal) Protein (g) Fat, total (g)	582 11.1 26.5	2.1 5.0	12.4 29.1	2.1 4.9
ICE: Water. WHIPPED CREAM: Cream (Milk), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407). CHOCOLATE DRIZZLE: Sugar, Water, Cocoa Powder, Thickener (1442), Colour (150d), Flavour, Salt, Food Acids (330, 331), Preservative (202), Vegetable Gums (415, 417, 401). Contains: Milk, Caffeine.			Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g)	582 11.1 26.5 18.2	2.1 5.0 3.4	12.4 29.1 19.9	2.1 4.9 3.4
ICE: Water.			Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g)	582 11.1 26.5 18.2 73.1	2.1 5.0 3.4 13.9	12.4 29.1 19.9 81.5	2.1 4.9 3.4 13.8
ICE: Water. WHIPPED CREAM: Cream (Milk), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407). CHOCOLATE DRIZZLE: Sugar, Water, Cocoa Powder, Thickener (1442), Colour (150d), Flavour, Salt, Food Acids (330, 331), Preservative (202), Vegetable Gums (415, 417, 401). Contains: Milk, Caffeine.			Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g)	582 11.1 26.5 18.2 73.1 67.6 259	2.1 5.0 3.4 13.9 12.8	12.4 29.1 19.9 81.5 75.3 289	2.1 4.9 3.4 13.8 12.8
ICE: Water. WHIPPED CREAM: Cream (Milk), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407). CHOCOLATE DRIZZLE: Sugar, Water, Cocoa Powder, Thickener (1442), Colour (150d), Flavour, Salt, Food Acids (330, 331), Preservative (202), Vegetable Gums (415, 417, 401). Contains: Milk, Caffeine. May be present: Gluten, Wheat. Salted Caramel Frappé			Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g)	582 11.1 26.5 18.2 73.1 67.6 259 Med	2.1 5.0 3.4 13.9 12.8 49	12.4 29.1 19.9 81.5 75.3 289	2.1 4.9 3.4 13.8 12.8 49
IGE: Water. WHIPPED CREAM: Cream (Milk), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407). CHOCOLATE DRIZZLE: Sugar, Water, Cocoa Powder, Thickener (1442), Colour (150d), Flavour, Salt, Food Acids (330, 331), Preservative (202), Vegetable Gums (415, 417, 401). Contains: Milk, Caffeine. May be present: Gluten, Wheat. Salted Caramel Frappé SALTED CARAMEL FRAPPE BASE: Sugar, Milk Solids, Milk, Cream (Milk), Caramel Flavour, Emulsifier (471), Stabilisers (412, 466, 410, 407a, 407), Salt, Colour (150c).			Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g)	582 11.1 26.5 18.2 73.1 67.6 259	2.1 5.0 3.4 13.9 12.8 49	12.4 29.1 19.9 81.5 75.3 289	2.1 4.9 3.4 13.8 12.8 49
IGE: Water. WHIPPED CREAM: Cream (Milk), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407). CHOCOLATE DRIZZLE: Sugar, Water, Cocoa Powder, Thickener (1442), Colour (150d), Flavour, Salt, Food Acids (330, 331), Preservative (202), Vegetable Gums (415, 417, 401). Contains: Milk, Caffeine. May be present: Gluten, Wheat. Salted Caramel Frappé SALTED CARAMEL FRAPPE BASE: Sugar, Milk Solids, Milk, Cream (Milk), Caramel Flavour, Emulsifier (471), Stabilisers (412, 466, 410, 407a, 407), Salt, Colour (150c). IGE: Water.			Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg)	582 11.1 26.5 18.2 73.1 67.6 259 Mec Avg Qty / Serve	2.1 5.0 3.4 13.9 12.8 49 Jium Avg Qty / 100mL	12.4 29.1 19.9 81.5 75.3 289 La Avg Qty/Serve	2.1 4.9 3.4 13.8 12.8 49 rge Avg Qty / 100mL
ICE: Water. WHIPPED CREAM: Cream (Milk), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407). CHOCOLATE DRIZZLE: Sugar, Water, Cocoa Powder, Thickener (1442), Colour (150d), Flavour, Salt, Food Acids (330, 331), Preservative (202), Vegetable Gums (415, 417, 401). Contains: Milk, Caffeine. May be present: Gluten, Wheat.			Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg) Energy (kJ)	582 11.1 26.5 18.2 73.1 67.6 259 Mec Avg Qty / Serve 2250	2.1 5.0 3.4 13.9 12.8 49 Sium Avg Qty/100mL 427	12.4 29.1 19.9 81.5 75.3 289 La Avg Qty / Serve 2490	2.1 4.9 3.4 13.8 12.8 49 rge Avg Qty / 100mL 423
ICE: Water. WHIPPED CREAM: Cream (Milk), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407). CHOCOLATE DRIZZLE: Sugar, Water, Coccoa Powder, Thickener (1442), Colour (150d), Flavour, Salt, Food Acids (330, 331), Preservative (202), Vegetable Gums (415, 417, 401). Contains: Milk, Caffeine. May be present: Gluten, Wheat. Salted Caramel Frappé SALTED CARAMEL FRAPPE BASE: Sugar, Milk Solids, Milk, Cream (Milk), Caramel Flavour, Emulsifier (471), Stabilisers (412, 466, 410, 407a, 407), Salt, Colour (150c). ICE: Water. WHIPPED CAREAM: Cream (Milk), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407).			Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg) Energy (kJ) Energy (Cal)	582 11.1 26.5 18.2 73.1 67.6 259 Mec Avg Qty / Serve 2250 538	2.1 5.0 3.4 13.9 12.8 49 Sium Avg Qty / 100mL 427 102	12.4 29.1 19.9 81.5 75.3 289 La Avg Qty / Serve 2490 595	2.1 4.9 3.4 13.8 12.8 49 rge Avg Qty / 100mL 423 101
ICE: Water. WHIPPED CREAM: Cream (Milk), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407). CHOCOLATE DRIZZLE: Sugar, Water, Cocoa Powder, Thickener (1442), Colour (150d), Flavour, Salt, Food Acids (330, 331), Preservative (202), Vegetable Gums (415, 417, 401). Contains: Milk, Caffeine. May be present: Gluten, Wheat. Salted Caramel Frappé SALTED CARAMEL FRAPPE BASE: Sugar, Milk Solids, Milk, Cream (Milk), Caramel Flavour, Emulsifier (471), Stabilisers (412, 466, 410, 407a, 407), Salt, Colour (150c). ICE: Water. WHIPPED CREAM: Cream (Milk), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407). CHOCOLATE DRIZZLE: Sugar, Water, Cocoa Powder, Thickener (1442), Colour (150d), Flavour, Salt, Food Acids (330, 331), Preservative (202), Vegetable Gums (415, 417, 401).			Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg) Energy (kJ) Energy (Cal) Protein (g)	582 11.1 26.5 18.2 73.1 67.6 259 Mec 259 Avg Qty/Serve 2250 538 11.8	2.1 5.0 3.4 13.9 12.8 49 Jium Avg Qty / 100mL 427 102 2.2	12.4 29.1 19.9 81.5 75.3 289 La Avg Qty / Serve 2490 595 13.2	2.1 4.9 3.4 13.8 12.8 49 rge Avg Qty / 100mL 423 101 2.2
ICE: Water. WHIPPED CREAM: Cream (Milk), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407). CHOCOLATE DRIZZLE: Sugar, Water, Coccoa Powder, Thickener (1442), Colour (150d), Flavour, Salt, Food Acids (330, 331), Preservative (202), Vegetable Gums (415, 417, 401). Contains: Milk, Caffeine. May be present: Gluten, Wheat. Salted Caramel Frappé SALTED CARAMEL FRAPPE BASE: Sugar, Milk Solids, Milk, Cream (Milk), Caramel Flavour, Emulsifier (471), Stabilisers (412, 466, 410, 407a, 407), Salt, Colour (150c). ICE: Water. WHIPPED CREAM: Cream (Milk), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407). CHOCOLATE DRIZZLE: Sugar, Water, Coccoa Powder, Thickener (1442), Colour (150d), Flavour, Salt, Food Acids (330, 331), Preservative (202), Vegetable Gums (415, 417, 401). Contains: Milk.			Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg) Energy (kJ) Energy (Cal) Protein (g) Fat, total (g)	582 11.1 28.5 18.2 73.1 67.6 259 Mec 2259 2250 538 11.8 28.4	2.1 5.0 3.4 13.9 12.8 49 Slum Avg Qty/100mL 427 102 2.2 5.4	12.4 29.1 19.9 81.5 75.3 289 La Avg Qty / Serve 2490 595 13.2 3.1	2.1 4.9 3.4 13.8 12.8 49 rge Avg Qty / 100mL 423 101 2.2 5.3
IGE: Water. WHIPPED CREAM: Cream (Milk), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407). CHOCOLATE DRIZZLE: Sugar, Water, Coccoa Powder, Thickener (1442), Colour (150d), Flavour, Salt, Food Acids (330, 331), Preservative (202), Vegetable Gums (415, 417, 401). Contains: Milk, Caffeine. May be present: Gluten, Wheat. Salted Caramel Frappé SALTED CARAMEL FRAPPE BASE: Sugar, Milk Solids, Milk, Cream (Milk), Caramel Flavour, Emulsifier (471), Stabilisers (412, 466, 410, 407a, 407), Salt, Colour (150c). ICE: Water. WHIPPED CREAM: Cream (Milk), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407).			Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg) Energy (kJ) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g)	582 11.1 26.5 18.2 73.1 67.6 259 Mec 2250 538 11.8 28.4 18.4	2.1 5.0 3.4 13.9 12.8 49 Jium Avg Qty/100mL 427 102 2.2 5.4 3.7	12.4 29.1 19.9 81.5 75.3 289 AvgQty/Serve 2490 595 13.2 31.1 21.3	2.1 4.9 3.4 13.8 12.8 49 Avg Qty / 100mL 423 101 2.2 5.3 3.6

WATER			
Cool Ridge 600mL Water		Cool Ridge 6	00mL Water
Spring Water.	A	Avg Qty / Serve	Avg Qty / 100mL
	Energy (kJ)	0	0
	Energy (Cal)	0	0
	Protein (g)	0.0	0.0
	Fat, total (g)	0.0	0.0
	Saturated Fat (g)	0.0	0.0
	Carbohydrate (g)	0.0	0.0
	Sugars (g)	0.0	0.0
	Sodium (mg)	33	6
Pop Top™ Water		Pop Top	™ Water
Spring Water.	A	Avg Qty / Serve	Avg Qty / 100mL
	Energy (kJ)	0	0
	Energy (Cal)	0	0
	Protein (g)	0.0	0.0
	Fat, total (g)	0.0	0.0
	Saturated Fat (g)	0.0	0.0
	Carbohydrate (g)	0.0	0.0
	Sugars (g)	0.0	0.0
	Sodium (mg)		2

Change	Tracker:				
Date	Document Number/Revision	Document Title	Issued	Upload Date	Description
2/04/2024	72	Aus Main Drinks Menu_April 2024	2/04/2024	2/04/2024	Updated to include Orange Juice (with new allergens) and Sprite* and Fanta* Raspberry; remove previous syrup formulation for chocolate, strawberry and vanilla shakes
9/02/2024	71	Aus Main Drinks Menu_February 2024	20/02/2024	20/02/2024	Updated allergen information for PEAL legislative requirements