

McDonald's Australia Beverages Menu Allergen - Ingredients - Nutrition Information

Information correct as at May 2025

At McDonald's we believe in the nutritional principals of balance, variety and moderation and that eating at McDonald's can fit into a healthy lifestyle. Our goal is to provide you with the information necessary to make informed decisions about your McDonald's menu choices. This guide can help you balance your McDonald's meal with the other meals you eat today, and every day.

This guide is for our Beverages menu. For information regarding short-time menu items, please either ask a manager in one of our restaurants or contact our Customer Service Department either via our website http://mcdonalds.com.au/contactus or on 02 9875 7100.

The nutrition and ingredient information is based on standard product formulations, standard product assembly and standard serving sizes. Actual sizes and assembly may vary. Due to the individual preparation of each of our menu items, actual values may vary from those listed. Variations may also occur depending on the supplier, country of origin, region of the country of origin, and the season of the year. Further, product formulations may change periodically.

Food Sensitivities and Preferences

As we operate working kitchens please be aware that there is always a risk that traces of allergens may be transferred to ingredients during storage or preparation of food in our kitchens. McDonald's Restaurants are therefore unable to guarantee that any food item sold is free from cross contact of allergens.

No food items are certified as vegetarian. Whilst some ingredients may not contain animal ingredients, we cannot guarantee that there will be no cross contact with ingredients that do contain animal ingredients in our kitchens.

We have a number of Halal certified restaurants. Only those items listed on the certificate in the front counter area and drive thru booth at our restaurants serving Halal options are certified as Halal.

If you would like further information or have food sensitivities or dietary concerns regarding specific ingredients in specific menu items, please contact us at http://mcdonalds.com.au/contactus or call us on 02 9875 7100.

Our allergen labelling complies with Australia New Zealand Food Standards Code – Standard 1.2.3 (Registered 09 March 2021)

If this document has been printed, please visit https://mcdonalds.com.au/our-impact/food-quality-sourcing/nutrition for most current information.

Allergen Sumn	nary: As v	ve operate worl	king kitchens please be	aware that there	is always a risk	that allergen	containin	g ingr	edients	s may	be tran	sferred	during	storage or	preparation of fo	od in our kite	chens. McDona	ld's Restauran	its are therefo	re unable to g	uarantee that
any food item sold is free fi	rom cross col	ntact of allerge	ns.																		
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	Gluten	Wheat	Egg Milk	Soy	Sesame	Peanut	Almond Brazil Nut	Cashew	Hazel nut	Macadamia	Jecan	oine Nut Distachio	Valnut	Fish	Crustacea	Molluscs	Sulphites	Lupin	Added Preservative	Artificial Colour	Artificial Flavour
COLD BEVERAGES																					
Pop Tops™ Apple Juice																					
CalciYum™ Chocolate Flavoured Milk			Р																		
Orange Juice	Р	Р		P															Р		-
Coca-Cola®																				P	Р
Coca-Cola® Zero Sugar																			Р	P	P
Coca-Cola® Vanilla																				Р	Р
Fanta® Orange																			Р	P	P
Fanta® Raspberry																			Р	Р	Р
Sprite®																			Р		Р
Sprite® Zero Sugar																			Р		Р
Sparkling Water																					-
Frozen Coke®																				Р	Р
Frozen Coke® Zero Sugar																			Р	P	P
Frozen Flavours																			P	P	Р
THICKSHAKES			· · ·			1									1		1	1	1		
Chocolate Thickshake			Р																Р		Р
Strawberry Thickshake	1		P			İ													P	Р	P
Vanilla Thickshake			P																P	P	P
FRAPPES			· · · · ·			•	· ·														
Chocolate Frappé	Р	Р	Р																Р	Р	Р
Coffee Frappé	M	M	P			İ													P	P	P
Salted Caramel Frappé	M	M	P																P	P	P
WATER			· · · · · ·	1		1			-		· · · · ·				1		1				
Cool Ridge Water																					T
Pop Tops [™] Water	1	1														1				1	1

Chart key: P: Ingredient is PRESENT in the product as an ingredient, food additive or processing aid. M: Ingredient MAY BE present

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COLD BEVERAGES							
Pop Tops™ Apple Juice						Pop Tops™	
Reconstituted Apple Juice, Food Acid (Citric Acid), Vitamin C (Ascorbic Acid), Natural Flavour.					Energy (kJ)	Avg Qty / Serve 540	Avg Qty / 100n 216
					Energy (Cal)	129	52
					Protein (g)	<1.0	<1.0
					Fat, total (g)	<1.0	<1.0
					Saturated Fat (g) Carbohydrate (g)	0.0 29.5	0.0
					Sugars (g)	29.5	11.8
					Sodium (mg)	18	7
CalciYum™ Chocolate Flavoured Milk							ocolate Flavoure
Low Fat Milk, Sugar, Coccoa, Vegetable Gums (460, 466, 407), Mineral (Calcium Carbonate), Flavours, Vitamin D.						Avg Qty / Serve	Nilk Avg Qty / 100n
					Energy (kJ)	633	253
Contains: Milk.					Energy (Cal)	151	61
					Protein (g) Fat, total (g)	8.3 3.5	3.3 1.4
					Saturated Fat (g)	2.3	0.9
					Carbohydrate (g)	20.5	8.2
					Sugars (g)	20.0	8.0
					Sodium (mg)	98	39
Orange Juice		Sma	I	Med	dium	La	rge
When Reconstituted Fruit Juice Contains: Orange Juice from Concentrate, Preservatives (211, 202), Colour (160a), Stabiliser (415), Flavour.		Avg Qty / Serve A					Avg Qty / 100ml
	Energy (kJ)	467	156	670	156	942	156
OR:	Energy (Cal) Protein (g)	112 0.0	37 0.0	160 0.0	37	225 0.0	37
When Reconstituted Fruit Juice Contains: Orange Juice from Concentrate, Preservatives (211, 202), Colour (160a), Stabiliser (415 (contains Gluten, Wheat, Soy)), Flavour.	Fat, total (g)	0.0	0.0	0.0	0.0	0.0	0.0
when reconstituted that succe contains, orange succe non-concentrate, Preservatives (21, 202), Colour (100a), Stabiliser (415 (Contains Guten, wheat, Soy)), Playour.	Saturated Fat (g)	0.0	0.0	0.0	0.0	0.0	0.0
Contains: Gluten, Wheat, Soy.	Carbohydrate (g)	28.5	9.5	40.8	9.5	57.5	9.5
	Sugars (g)	24.3 20	8.1 7	34.8 29	8.1	49.0 41	8.1
	Sodium (mg)	20	1	29	/	41	1
Coca-Cola®		Sma			dium		rge
COCA-COLA®: Carbonated Water, Sugar, Colour (150d), Acidity Regulator (338), Flavour, Caffeine.					Avg Qty / 100mL		Avg Qty / 100mL
	Energy (kJ)	397 95	173 41	568 136	173 41	869 208	173 41
Contains: Caffeine	Energy (Cal) Protein (g)	0.0	0.0	0	41	0	0
	Fat, total (g)	0.0	0.0	0.0	0	0.0	0
	Saturated Fat (g)	0.0	0.0	0.0	0	0.0	0
	Carbohydrate (g)	24.3	10.6	34.7	10.6	53.1	10.6
	Sugars (g)	24.3	10.6	34.7	10.6	53.1	10.6
	Sodium (mg)	23	10	33	10	50	10
		Sma			dium		rge
	Eportry (k. I)	Avg Qty / Serve A	vg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100ml
COCA-COLA® NO SUGAR: Carbonated Water, Colour (150d), Food Acids (338, 331), Sweeteners (951, 950), Preservative (211), Flavour, Caffeine.	Energy (kJ) Energy (Cal)	Avg Qty / Serve A 8	vg Qty / 100mL 3	Avg Qty / Serve 10	Avg Qty / 100mL 3	Avg Qty / Serve 15	Avg Qty / 100ml 3
COCA-COLA® NO SUGAR: Carbonated Water, Colour (150d), Food Acids (338, 331), Sweeteners (951, 950), Preservative (211), Flavour, Caffeine.	Energy (Cal)	Avg Qty / Serve A	vg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100ml
COCA-COLA® NO SUGAR: Carbonated Water, Colour (150d), Food Acids (338, 331), Sweeteners (951, 950), Preservative (211), Flavour, Caffeine.	Energy (Cal) Protein (g) Fat, total (g)	Avg Qty/Serve A 8 - 2 - 0.2 - 0.0 -	vg Qty / 100mL 3 0.6 0.1 0.0	Avg Qty / Serve 10 3 0.2 0.0	Avg Qty / 100mL 3 0.6 0.1 0	Avg Qty / Serve 15 4 0.3 0.0	Avg Qty / 100ml 3 0.6 0.1 0
COCA-COLA® NO SUGAR: Carbonated Water, Colour (150d), Food Acids (338, 331), Sweeteners (951, 950), Preservative (211), Flavour, Caffeine.	Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g)	Avg Qty / Serve A 8 2 0.2 0.0 0.0	vg Qty / 100mL 3 0.6 0.1 0.0 0.0	Avg Qty / Serve 10 3 0.2 0.0 0.0	Avg Qty / 100mL 3 0.6 0.1 0 0 0	Avg Qty / Serve 15 4 0.3 0.0 0.0	Avg Qty / 100ml 3 0.6 0.1 0 0
COCA-COLA® NO SUGAR: Carbonated Water, Colour (150d), Food Acids (338, 331), Sweeteners (951, 950), Preservative (211), Flavour, Caffeine.	Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g)	Avg Qty / Serve A 8 2 0.2 0.0 0.0 0.0 0.3	vg Qty / 100mL 3 0.6 0.1 0.0 0.0 0.0 0.1	Avg Qty / Serve 10 3 0.2 0.0 0.0 0.4	Avg Qty/100mL 3 0.6 0.1 0 0 0	Avg Qty / Serve 15 4 0.3 0.0 0.0 0.6	Avg Qty / 100ml 3 0.6 0.1 0 0 0.1
Coca-Cola® Zero Sugar COCA-COLA® NO SUGAR: Carbonated Water, Colour (150d), Food Acids (338, 331), Sweeteners (951, 950), Preservative (211), Flavour, Caffeine. Contains: Phenylalanine, Caffeine.	Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g)	Avg Qty / Serve A 8 2 0.2 0.0 0.0	vg Qty / 100mL 3 0.6 0.1 0.0 0.0	Avg Qty / Serve 10 3 0.2 0.0 0.0	Avg Qty / 100mL 3 0.6 0.1 0 0 0	Avg Qty / Serve 15 4 0.3 0.0 0.0	Avg Qty / 100ml 3 0.6 0.1 0 0
COCA-COLA® NO SUGAR: Carbonated Water, Colour (150d), Food Acids (338, 331), Sweeteners (951, 950), Preservative (211), Flavour, Caffeine.	Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g)	Avg Qty / Serve A 8 2 0.2 0.0 0.0 0.0 0.3 0.0	vg Qty / 100mL 3 0.6 0.1 0.0 0.0 0.1 0.0 0.1 0.0	Avg Qty/Serve 10 3 0.2 0.0 0.0 0.4 0.0	Avg Qty / 100mL 3 0.6 0.1 0 0 0.1 0 0.1 0	Avg Qty / Serve 15 4 0.3 0.0 0.0 0.6 0.0	Avg Qty / 100m 3 0.6 0.1 0 0 0 0.1 0 0 0
COCA-COLA® NO SUGAR: Carbonated Water, Colour (150d), Food Acids (338, 331), Sweeteners (951, 950), Preservative (211), Flavour, Caffeine. Contains: Phenylalanine, Caffeine. COLD BEVERAGES	Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g)	Avg Qty / Serve A 8	vg Qty / 100mL 3 0.6 0.1 0.0 0.0 0.1 0.0 11	Avg Qty / Serve 10 3 0.2 0.0 0.0 0.4 0.0 45	Avg Qty/100mL 3 0.6 0.1 0 0 0.1 0 11	Avg Qty / Serve 15 4 0.3 0.0 0.6 0.0 64	Avg Qty / 100m 3 0.6 0.1 0 0 0.1 0 0 11
COCA-COLA® NO SUGAR: Carbonated Water, Colour (150d), Food Acids (338, 331), Sweeteners (951, 950), Preservative (211), Flavour, Caffeine. Contains: Phenylalanine, Caffeine. COLD BEVERAGES Coca-Cola® Vanilla	Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g)	Avg Qty/Serve A 8 2 0.2 0 0.0 0 0.0 0 0.3 0 33 Small	vg Qty / 100mL 3 0.6 0.1 0.0 0.0 0.0 11	Avg Qty / Serve 10 3 0.2 0.0 0.0 0.4 0.0 45 Mec	Avg Qty / 100mL 3 0.6 0.1 0 0 0.1 0 11 11 11	Avg Qty / Serve 15 4 0.3 0.0 0.0 0.6 64 La	Avg Qty / 100m 3 0.6 0.1 0 0.1 0 0.1 11 rge
COCA-COLA® NO SUGAR: Carbonated Water, Colour (150d), Food Acids (338, 331), Sweeteners (951, 950), Preservative (211), Flavour, Caffeine. Contains: Phenylalanine, Caffeine. COLD BEVERAGES Coca-Cola® Vanilla	Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg)	Avg Qty/Serve A 8 - 0.2 - 0.0 - 0.0 - 0.0 - 0.3 - 33 -	vg Qty / 100mL 3 0.6 0.1 0.0 0.0 0.1 0.0 11 vg Qty / 100mL	Avg Qty / Serve 10 3 0.2 0.0 0.0 0.0 0.4 0.0 45 Mec Avg Qty / Serve	Avg Qty / 100mL 3 0.6 0.1 0 0 11 3 3 4 4 4 4 4 4 4 4 4 4 4 4 4	Avg Qty / Serve 15 4 0.3 0.0 0.0 0.0 0.0 0.0 64 La Avg Qty / Serve	Avg Qty / 100m 3 0.6 0.1 0 0 0 11 rge Avg Qty / 100m
COCA-COLA® NO SUGAR: Carbonated Water, Colour (150d), Food Acids (338, 331), Sweeteners (951, 950), Preservative (211), Flavour, Caffeine. Contains: Phenylalanine, Caffeine. COLD BEVERAGES Coca-Cola® Vanilla COCA-COLA® VANILLA: Carbonated Water, Sugar, Colour (150d), Food Acids (338), Flavour, Caffeine.	Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg)	Avg Qty/Serve A 8 2 0.2 0 0.0 0 0.0 0 0.3 0 33 Small	vg Qty / 100mL 3 0.6 0.1 0.0 0.0 0.0 11	Avg Qty / Serve 10 3 0.2 0.0 0.0 0.4 0.0 45 Mec	Avg Qty / 100mL 3 0.6 0.1 0 0 0.1 0 11 11 11	Avg Qty / Serve 15 4 0.3 0.0 0.0 0.6 64 La	Avg Qty / 100m 3 0.6 0.1 0 0.1 0 0.1 11 rge
COCA-COLA® NO SUGAR: Carbonated Water, Colour (150d), Food Acids (338, 331), Sweeteners (951, 950), Preservative (211), Flavour, Caffeine. Contains: Phenylalanine, Caffeine. COLD BEVERAGES Coca-Cola® Vanilla COCA-COLA® VANILLA: Carbonated Water, Sugar, Colour (150d), Food Acids (338), Flavour, Caffeine.	Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg) Energy (kJ) Energy (kJ) Protein (g)	Avg Qty/Serve A 8 - 2 - 0.0 - 0.0 - 0.0 - 0.0 - 3.3 - Small Avg Qty/Serve A 421 - 0.1 -	vg Qty / 100mL 3 0.6 0.1 0.0 0.0 0.0 0.1 0.0 11 vg Qty / 100mL 184 44 0.1	Avg Qty / Serve 10 3 0.2 0.0 0.0 0.0 0.4 0.0 45 Mecc Avg Qty / Serve 624 149 0	Avg Qty/100mL 3 0.6 0.1 0 0 0 11 11 Avg Qty/100mL 184	Avg Qty / Serve 15 4 0.3 0.0 0.6 0.0 64 4 4 4 4 4 4 4 4 4 4 4 4 4	Avg Qty / 100m 3 0.6 0.1 0 0 0 0 11 rge Avg Qty / 100m 184 44 0.1
COCA-COLA® NO SUGAR: Carbonated Water, Colour (150d), Food Acids (338, 331), Sweeteners (951, 950), Preservative (211), Flavour, Caffeine. Contains: Phenylalanine, Caffeine. COLD BEVERAGES Coca-Cola® Vanilla COCA-COLA® VANILLA: Carbonated Water, Sugar, Colour (150d), Food Acids (338), Flavour, Caffeine.	Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg) Energy (kJ) Energy (kJ) Protein (g) Fat, total (g)	Avg Qty/Serve A 8 - 0.2 - 0.0 - 0.3 - 0.0 - 33 - Avg Qty/Serve A421 101 - 0.0 -	vg Qty / 100mL 3 0.6 0.1 0.0 0.1 0.0 0.1 0.0 0.1 0.0 11 12 12 12 12 12 12 12 12 12	Avg Qty / Serve 10 3 0.2 0.0 0.4 0.0 45 Mec Avg Qty / Serve 624 149 0 0.0	Avg Qty/100mL 3 0.6 0.1 0 0 11 0 11 10 11 Avg Qty/100mL 184 44 0.1 0	Avg Qty / Serve 15 4 0.3 0.0 0.6 0.0 64 La Avg Qty / Serve 954 228 0 0	Avg Qty / 100m 3 0.6 0.1 0 0 0 11 rge Avg Qty / 100m 184 44 0.1 0
COCA-COLA® NO SUGAR: Carbonated Water, Colour (150d), Food Acids (338, 331), Sweeteners (951, 950), Preservative (211), Flavour, Caffeine. Contains: Phenylalanine, Caffeine. COLD BEVERAGES Coca-Cola® Vanilla COCA-COLA® VANILLA: Carbonated Water, Sugar, Colour (150d), Food Acids (338), Flavour, Caffeine.	Energy (Cal) Protein (g) Fat, total (g) Carbohydrate (g) Sugars (g) Sodium (mg) Energy (kJ) Energy (kJ) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g)	Avg Qty/Serve A 8 2 0.2 0 0.0 0 0.3 1 0.0 33 Small Avg Qty/Serve A 421 1 0.1 0.0 0.0 0.0	vg Qty / 100mL 3 0.6 0.1 0.0 0.0 0.0 0.1 0.0 11 vg Qty / 100mL 184 44 0.1 0.0 0.0 0.0 0.0 0.0 0.0 0.0	Avg Qty / Serve 10 3 0.2 0.0 0.4 0.0 45 Mec Avg Qty / Serve 624 149 0 0.0 0.0 0.0 0.0 0.0 0.0 0.0	Avg Qty / 100mL 3 0.6 0.1 0 0 11 11 3 3 4 4 4 0.1 0 0 0 0 0 0 0 0 0 0 0 0 0	Avg Qty / Serve 15 4 0.3 0.0 0.6 64 Avg Qty / Serve 954 228 0 0 0 0	Avg Qty / 100m 3 0.6 0.1 0 0 0.1 0 11 10 11 12 44 0.1 0 0 0 124 124 0 0 0 124 124 124 124 124 124 124 124
COCA-COLA® NO SUGAR: Carbonated Water, Colour (150d), Food Acids (338, 331), Sweeteners (951, 950), Preservative (211), Flavour, Caffeine. Contains: Phenylalanine, Caffeine. COLD BEVERAGES Coca-Cola® Vanilla COCA-COLA® VANILLA: Carbonated Water, Sugar, Colour (150d), Food Acids (338), Flavour, Caffeine.	Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sodium (mg) Sodium (mg) Energy (kJ) Energy (kJ) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g)	Avg Qty/Serve A 8 - 2 - 0.0 - 0.0 - 0.0 - 0.0 - 0.0 - 0.0 - 33 - Strain - Avg Qty/Serve A 421 - 0.1 - 0.0 - 0.0 - 0.0 - 0.0 - 2.4.6 -	vg Qty / 100mL 3 0.6 0.1 0.0 0.0 0.0 11 vg Qty / 100mL 184 44 0.1 0.0 0.0 10.8	Avg Qty / Serve 10 3 0.2 0.0 0.0 0.4 0.0 45 Mecc Avg Qty / Serve 624 149 0 0.0 0.0 0.0 0.0 0.0 0.0 0.0	Avg Qty / 100mL 3 0.6 0.1 0 0 11 3 3 4 4 44 0.1 0 0 10.8 4 0 0 0 0 0 0 0 0 0 0 0 0 0	Avg Qty / Serve 15 4 0.3 0.0 0.0 0.0 64 La Avg Qty / Serve 954 228 0 0 0 0 56.1	Avg Qty / 100mi 3 0.6 0.1 0 0 0 0 11 rge Avg Qty / 100mi 184 44 0.1 0 0 10.8
COCA-COLA® NO SUGAR: Carbonated Water, Colour (150d), Food Acids (338, 331), Sweeteners (951, 950), Preservative (211), Flavour, Caffeine.	Energy (Cal) Protein (g) Fat, total (g) Carbohydrate (g) Sugars (g) Sodium (mg) Energy (kJ) Energy (kJ) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g)	Avg Qty/Serve A 8 2 0.2 0 0.0 0 0.3 1 0.0 33 Small Avg Qty/Serve A 421 1 0.1 0.0 0.0 0.0	vg Qty / 100mL 3 0.6 0.1 0.0 0.0 0.0 0.1 0.0 11 vg Qty / 100mL 184 44 0.1 0.0 0.0 0.0 0.0 0.0 0.0 0.0	Avg Qty / Serve 10 3 0.2 0.0 0.4 0.0 45 Mec Avg Qty / Serve 624 149 0 0.0 0.0 0.0 0.0 0.0 0.0 0.0	Avg Qty / 100mL 3 0.6 0.1 0 0 11 11 3 3 4 4 4 0.1 0 0 0 0 0 0 0 0 0 0 0 0 0	Avg Qty / Serve 15 4 0.3 0.0 0.6 64 Avg Qty / Serve 954 228 0 0 0 0	Avg Qty / 100ml 3 0.6 0.1 0 0 11 11 12 Avg Qty / 100ml 184 44 0.1 0 0 0

Fanta® Orange		Sn	nall	Med	lium	La	rge
FANTA® ORANGE: Carbonated Water, Sugar, Food Acid (330), Flavour, Preservative (211), Antioxidant (300), Colour (110).					Avg Qty / 100mL		Avg Qty / 100mL
	Energy (kJ)	501	219	716	219	1100	219
	Energy (Cal)	120	52	171	52	262	52
	Protein (g)	0.0	0.0	0.0	0.0	0.0	0.0
	Fat, total (g)	0.0	0.0	0.0	0.0	0.0	0.0
	Saturated Fat (g)	0.0	0.0	0.0	0.0	0.0	0.0
	Carbohydrate (g)	30.9	13.5	44.2	13.5	67.6	13.5
	Sugars (g)	30.9	13.5	44.2	13.5	67.6	13.5
	Sodium (mg)	34	15	49	15	75	15
Fanta® Raspberry			nall		lium		rge
FANTA® RASPBERRY: Carbonated Water, Sugar, Flavour, Food Acid (330), Preservative (211), Sweetener (960), Colour (122).		Avg Qty / Serve				Avg Qty / Serve	
	Energy (kJ)	299	131	428	131	655	131
	Energy (Cal)	72	31	102	31	156	31
	Protein (g)	0.0	0.0	0.0	0.0	0.0	0.0
	Fat, total (g)	0.0	0.0	0.0	0.0	0.0	0.0
	Saturated Fat (g)	0.0	0.0	0.0	0.0	0.0	0.0
	Carbohydrate (g)	18.1	7.9	25.9	7.9	39.6	7.9
	Sugars (g)	18.1	7.9	25.9	7.9	39.6	7.9
	Sodium (mg)	9	4	13	4	20	4
Sprite®		Sn	nall	Med	lium	La	rge
SPRITE®: Carbonated Water, Sugar, Food Acids (330, 331), Flavour, Preservative (211).			Avg Qty / 100mL			Avg Qty / Serve	
	Energy (kJ)	388	169	555	169	848	169
	Energy (Cal)	93	40	133	40	203	40
	Protein (g)	0.0	0.0	0.0	0.0	0.0	0.0
	Fat, total (g)	0.0	0.0	0.0	0.0	0.0	0.0
	Saturated Fat (g)	0.0	0.0	0.0	0.0	0.0	0.0
	Carbohydrate (g)	23.7	10.3	33.8	10.3	51.8	10.3
	Sugars (g)	23.7	10.3	33.8	10.3	51.8	10.3
	Sodium (mg)	34	15	50	15	76	15
Sprite® Zero Sugar		Sn	nall	Med	lium	La	rge
SPRITE® ZERO SUGAR: Carbonated Water, Food Acids (330, 331), Flavour, Sweeteners (950, 955), Preservative (211).		Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
	Energy (kJ)	8	4	12	4	18	4
	Energy (Cal)	2	<1	3	<1	5	<1
	Protein (g)	0.0	0.0	0	0	0	0
	Fat, total (g)	0.0	0.0	0.0	0	0.0	0
	Saturated Fat (g)	0.0	0.0	0.0	0	0.0	0
	Carbohydrate (g)	0.0	0.0	0.0	0	0	0
		0.0	0.0	0.0	0	0.0	0
	Sugars (g)			32	10	49	10
	Sugars (g) Sodium (mg)	22	10	32	10	40	
Sparking Water		T	nall		lium	1	rge
Sparking Water Carbonated Water.	Sodium (mg)	Sn Avg Qty/Serve	Avg Qty / 100mL	Med Avg Qty / Serve	lium Avg Qty / 100mL	La Avg Qty / Serve	
	Sodium (mg) Energy (kJ)	Sn Avg Qty / Serve 0	Avg Qty / 100mL 0	Med Avg Qty / Serve 0	Avg Qty / 100mL 0	La Avg Qty/Serve 0	Avg Qty / 100mL 0
	Sodium (mg) Energy (kJ) Energy (Cal)	Avg Qty / Serve	Avg Qty / 100mL 0 0	Avg Qty / Serve	Avg Qty / 100mL 0 0	La Avg Qty / Serve 0 0	Avg Qty / 100mL 0 0
	Sodium (mg) Energy (kJ) Energy (Cal) Protein (g)	Sn Avg Qty / Serve 0 0 0.0	Avg Qty / 100mL 0 0 0.0	Mec Avg Qty / Serve 0 0 0	Avg Qty / 100mL 0 0 0 0	La AvgQty/Serve 0 0 0.0	Avg Qty / 100mL 0 0.0
	Sodium (mg) Energy (kJ) Energy (Cal) Protein (g) Fat, total (g)	Avg Qty / Serve 0 0 0.0 0.0	Avg Qty / 100mL 0 0 0.0 0.0	Med Avg Qty / Serve 0 0 0.0 0.0	Avg Qty / 100mL 0 0 0.0 0.0	La AvgQty/Serve 0 0.0 0.0	Avg Qty / 100mL 0 0.0 0.0
	Sodium (mg) Energy (k.J) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g)	Avg Qty / Serve 0 0 0.0 0.0 0.0	Avg Qty / 100mL 0 0 0.0 0.0 0.0 0.0	Mec Avg Qty / Serve 0 0 0 0 0 0 0 0 0 0 0 0 0 0	Avg Qty / 100mL 0 0.0 0.0 0.0	La AvgQty/Serve 0 0 0 0 0.0 0.0 0.0	Avg Qty / 100mL 0 0.0 0.0 0.0 0.0
	Sodium (mg) Energy (k.l) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g)	Avg Qty/Serve 0 0.0 0.0 0.0 0.0 0.0	Avg Qty / 100mL 0 0 0.0 0.0 0.0 0.0 0.0	Mec Avg Qty/Serve 0 0.0 0.0 0.0 0.0 0.0	Avg Qty/100mL 0 0.0 0.0 0.0 0.0	La Avg Qty / Serve 0 0.0 0.0 0.0 0.0 0.0	Avg Qty / 100mL 0 0.0 0.0 0.0 0.0 0.0
	Sodium (mg) Energy (kJ) Energy (Ca) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g)	Sn Avg Qty/Serve 0 0.0 0.0 0.0 0.0 0.0 0.0	Avg Qty / 100mL 0 0 0.0 0.0 0.0 0.0 0.0 0.0	Mec Avg Qty / Serve 0 0.0 0.0 0.0 0.0 0.0 0.0	Avg Qty / 100mL 0 0.0 0.0 0.0 0.0 0.0 0.0	La Avg Qty / Serve 0 0 0.0 0.0 0.0 0.0 0.0 0.0	Avg Qty / 100mL 0 0.0 0.0 0.0 0.0 0.0 0.0 0.0
Carbonated Water.	Sodium (mg) Energy (k.l) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g)	Avg Qty/Serve 0 0.0 0.0 0.0 0.0 0.0	Avg Qty / 100mL 0 0 0.0 0.0 0.0 0.0 0.0	Mec Avg Qty/Serve 0 0.0 0.0 0.0 0.0 0.0	Avg Qty/100mL 0 0.0 0.0 0.0 0.0	La Avg Qty / Serve 0 0.0 0.0 0.0 0.0 0.0	Avg Qty / 100mL 0 0.0 0.0 0.0 0.0 0.0
Carbonated Water. Cold BEVERAGES	Sodium (mg) Energy (kJ) Energy (Ca) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g)	Sn AvgQty/Serve 0 0.0 0.0 0.0 0.0 5	Avg Qty / 100mL 0 0 0.0 0.0 0.0 0.0 0.0 2 2	Mec Avg Qty/Serve 0 0.0 0.0 0.0 0.0 0.0 5 5	Aug Avg Qty/100mL 0 0 0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 2 2	La Avg Qty / Serve 0 0 0.0 0.0 0.0 0.0 0.0 0.0	Avg Qty / 100mL 0 0.0 0.0 0.0 0.0 0.0 0.0 0.0
Carbonated Water.	Sodium (mg) Energy (kJ) Energy (Ca) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g)	Sn AvgQty/Serve 0 0.0 0.0 0.0 0.0 5	Avg Qty / 100mL 0 0 0.0 0.0 0.0 0.0 0.0 0.0	Mec Avg Qty/Serve 0 0.0 0.0 0.0 0.0 0.0 5 5	Avg Qty / 100mL 0 0.0 0.0 0.0 0.0 0.0 0.0	La Avg Qty / Serve 0 0 0.0 0.0 0.0 0.0 5	Avg Qty / 100mL 0 0.0 0.0 0.0 0.0 0.0 0.0 0.0
Carbonated Water. Carbonated Water. COLD BEVERAGES	Sodium (mg) Energy (kJ) Energy (Ca) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg)	Sn Avg Qty/Serve 0 0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 5 Sn Avg Qty/Serve	Avg Qty / 100mL 0 0 0 0 0 0 0.0 0.0 0.0 0.0 0.0 2 all Avg Qty / 100mL	Mec Avg Qty/Serve 0 0 0 0.0 0.0 <td>Jium Avg Qty / 100mL 0 0 0 0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 2 Jium Avg Qty / 100mL</td> <td>La Avg Qty/Serve 0 0 0 0 0 0 0 0 0 0 0 0 0</td> <td>Avg Qty / 100mL 0 0 0.0 0.0 0.0 0.0 2 V C C C C C C C C C C C C C</td>	Jium Avg Qty / 100mL 0 0 0 0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 2 Jium Avg Qty / 100mL	La Avg Qty/Serve 0 0 0 0 0 0 0 0 0 0 0 0 0	Avg Qty / 100mL 0 0 0.0 0.0 0.0 0.0 2 V C C C C C C C C C C C C C
Carbonated Water. COLD BEVERAGES Frozen Coke® Carbonated Water, Sugar, Colour (150d), Food Acid (338), Flavour, Caffeine.	Sodium (mg) Energy (ku) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg) Energy (ku)	Sn Avg Qty/Serve 0 0 0.0	Avg Qty/100mL 0 <	Mec Avg Qty/Serve 0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 5 Mecc Avg Qty/Serve 548	Jium Avg Qty/100mL 0 0 0 0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 12	La Avg Qty / Serve 0 0 0 0 0 0 0 0 0 0 0 0 0	Avg Qty/100mL 0 0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 112
Carbonated Water. COLD BEVERAGES Frozen Coke®	Sodium (mg) Energy (kJ) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg) Energy (kJ) Energy (Cal)	Sn Avg Qty/Serve 0 0.0 <td>Avg Qty / 100mL 0 0 0,0 0,0 0,0 0,0 0,0 2 2 mall Avg Qty / 100mL 112 27</td> <td>Mec Avg Qty/Serve 0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 5 Mecc Avg Qty/Serve 548 131</td> <td>Jium Avg Qty/100mL 0 0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 2 Jium Avg Qty/100mL 112 27</td> <td>La Avg Qty / Serve 0 0 0.0 0.0 0.0 0.0 5 La Avg Qty / Serve 738 176</td> <td>Avg Qty / 100mL 0 0 0 0 0 0 0 0 0 0 0 0 0</td>	Avg Qty / 100mL 0 0 0,0 0,0 0,0 0,0 0,0 2 2 mall Avg Qty / 100mL 112 27	Mec Avg Qty/Serve 0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 5 Mecc Avg Qty/Serve 548 131	Jium Avg Qty/100mL 0 0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 2 Jium Avg Qty/100mL 112 27	La Avg Qty / Serve 0 0 0.0 0.0 0.0 0.0 5 La Avg Qty / Serve 738 176	Avg Qty / 100mL 0 0 0 0 0 0 0 0 0 0 0 0 0
Carbonated Water. COLD BEVERAGES Frozen Coke® Carbonated Water, Sugar, Colour (150d), Food Acid (338), Flavour, Caffeine.	Sodium (mg) Energy (kJ) Energy (Ca) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg) Energy (kJ) Energy (Cal) Protein (g)	Sn Avg Qty/Serve 0 0 0 0 0 0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0	Avg Qty / 100mL 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 112 27 0	Mec Avg Qty/Serve 0 0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 5 Mecc Avg Qty/Serve 548 131 0.0	Jium Avg Qty/100mL 0 0 0 0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 12 27 0.0	La Avg Qty/Serve 0 0 0 0 0 0 0 0 0 0 0 0 0	Avg Qty / 100mL 0 0 0.0 0.0 0.0 0.0 2 Fge Avg Qty / 100mL 112 27 0.0
Carbonated Water. Carbonated Water. COLD BEVERAGES Frozen Coke® Carbonated Water, Sugar, Colour (150d), Food Acid (338), Flavour, Caffeine.	Sodium (mg) Energy (ku) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Sugars (g) Sodium (mg) Energy (ku) Energy (ku) Energy (Cal) Protein (g) Fat, total (g)	Sn Avg Qty/Serve 0 0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0	Avg Qty/100mL 0	Mec Avg Qty/Serve 0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 5 Mecc Avg Qty/Serve 548 131 0.0 0.0	Jium Avg Qty/100mL 0 0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 12 27 0.0 0.0	La Avg Qty / Serve 0 0 0 0 0 0 0 0 0 0 0 0 0	Avg Qty / 100mL 0 0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 12 27 0.0 0.0
Carbonated Water. Cold Beverages Frozen Coke® Carbonated Water, Sugar, Colour (150d), Food Acid (338), Flavour, Caffeine.	Sodium (mg) Energy (kJ) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Sugars (g) Sodium (mg) Energy (kJ) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g)	Sn Avg Qty/Serve 0 0.0	Avg Qty/100mL 0 0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 112 27 0.0 0.0 0.0	Mec Avg Qty/Serve 0 0 0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 5 Mec Avg Qty/Serve 548 131 0.0 0.0 0.0 0.0	Jium Avg Qty / 100mL 0 0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 10 2 112 27 0.0 0.0 0.0	La Avg Qty/Serve 0 0 0 0 0 0 0 0 0 0 0 0 0	Avg Qty / 100mL 0 0 0 0 0 0 0 0 0 0 0 0 0
Carbonated Water. Carbonated Water. COLD BEVERAGES Frozen Coke® Carbonated Water, Sugar, Colour (150d), Food Acid (338), Flavour, Caffeine.	Sodium (mg) Energy (kJ) Energy (Ca) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sodium (mg) Energy (kJ) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g)	Sn Avg Qty/Serve 0	Avg Qty / 100mL Avg Qty / 100mL 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 12 27 0 0 0 0 0 0 0 0 0 0	Mec Avg Qty/Serve 0 0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 5 Mecc Avg Qty/Serve 548 131 0.0 0.0 0.0 0.0 0.0	Avg Qty/100mL Avg Qty/100mL 0 0 0 0 0 0 0 0 0 0 0.0 0.0 0.0 0.0 12 27 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0	La Avg Qty/Serve 0 0 0 0 0 0 0 0 0 0 0 0 0	Avg Qty/100mL 0 0 0.0 6.9
Carbonated Water. COLD BEVERAGES Frozen Coke® Carbonated Water, Sugar, Colour (150d), Food Acid (338), Flavour, Caffeine.	Sodium (mg) Energy (kJ) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Sugars (g) Sodium (mg) Energy (kJ) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g)	Sn Avg Qty/Serve 0 0.0	Avg Qty/100mL 0 0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 112 27 0.0 0.0 0.0	Mec Avg Qty/Serve 0 0 0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 5 Mec Avg Qty/Serve 548 131 0.0 0.0 0.0 0.0	Jium Avg Qty / 100mL 0 0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 10 2 112 27 0.0 0.0 0.0	La Avg Qty/Serve 0 0 0 0 0 0 0 0 0 0 0 0 0	Avg Qty / 100mL 0 0 0 0 0 0 0 0 0 0 0 0 0

Frozen Coke® Zero Sugar		Sm	nall	Med	lium	La	rge
FROZEN COKE® NO SUGAR: Carbonated Water, Sweeteners (968, 955, 950), Bulking Agent (422), Colour (150d), Food Acid (338), Preservative (211), Flavour, Caffeine.		Avg Oty / Serve	Avg Qty / 100mL	Avg Oty / Serve	Avg Qty / 100mL	Avg Oty / Serve	Avg Qty / 100ml
	Energy (kJ)	35	10	49	10	66	10
Contains: Phenylalanine, Caffeine.	Energy (Cal)	8	2	12	2	16	2
	Protein (g)	0.0	0.0	0.0	0.0	0.0	0.0
	Fat, total (g)	0.0	0.0	0.0	0.0	0.0	0.0
	Saturated Fat (g)	0.0	0.0	0.0	0.0	0.0	0.0
	Carbohydrate (g)	2.1	0.6	2.9	0.6	4.0	0.6
	Sugars (g)	0.0	0.0	0.0	0.0	0.0	0.0
	Sodium (mg)	7	2	10	2	14	2
Frozen Flavours		Sn	nall	Med	lium	La	rge
FANTA® BLUEBERRY FLAVOUR: Carbonated Water, Sugar, Food Acid (330), Preservative (211), Flavour, Colour (133).		Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100ml
FANTA® RASPBERRY FLAVOUR: Carbonated Water, Sugar, Food Acid (330), Preservative (211), Flavour, Colour (122).	Energy (kJ)	391	112	548	112	738	112
FANTA® ORANGE FLAVOUR: Carbonated Water, Sugar, Food Acid (330), Preservative (211), Flavour, Colour (110), Antioxidant 300.	Energy (Cal)	93	27	131	27	176	27
SPRITE® FLAVOUR: Carbonated Water, Sugar, Food Acid (330), Preservative (211), Flavour, Food Acid (331).	Protein (g)	0.0	0.0	0.0	0.0	0.0	0.0
	Fat, total (g)	0.0	0.0	0.0	0.0	0.0	0.0
Neutral White Base used in combination with multi-flavour valve flavour shots.	Saturated Fat (g)	0.0	0.0	0.0	0.0	0.0	0.0
All FROZEN flavours have the same nutritional content.	Carbohydrate (g)	24.2	6.9	33.8	6.9	45.5	6.9
	Sugars (g)	24.2	6.9	33.8	6.9	45.5	6.9
	Sodium (mg)	6	2	9	2	12	2
THICKSHAKES							
Chocolate Thickshake		Sn	nall	Med	lium	La	arge
SHAKE MIX: Milk, Milk Solids, Sugar, Maltodextrin (derived from Maize), Cream (Milk), Vegetable Gums (412, 407, 407a, 466), Mineral Salt (452), Flavours.		Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve			Avg Qty / 100mL
Grinke mits, mits, mits, stuga, juga, maiotextin (ubrive) monitor, togenous outs (etc.), 407, 400, 400, miteral salt (422, Flavours, OR: Mitts, Sugar, Mitts, Solids, Skim Mitts, Cream (Mitts), Matodextrin (derived from Maize), Vegetable Gums (407, 407, 412, 466), Mineral Salts (522), Flavours,	Energy (kJ)	1140	523	1540	523	1870	523
OR min, sugar, min solids, solitioning, creating min, matocexaning envery non-mater, vegetable consistery or, vora, vice, voo, mineral solits (vice, risotoris, voora). OR milik, sugar, milik Solids, Maltodextrin (derived from Mater and Taploca), Cream (Milik), Vegetable Coms (42, 40, 7407, 466), Falvours, Mineral Salts (339, 452), Food Acids (330, 331).	Energy (Cal)	273	125	369	125	448	125
Or min, stoga, min solids, matudextim (deriver from maze and reproved), tream (regression (etc., etc.), etc.), reproduced solids, mineral solids (sol., etc.), reproduced solids), reproduced solids (sol., etc.), reproduced solids), reproduced soli	Protein (g)	8.2	3.8	11.1	3.8	13.5	3.8
Chocock te ankke a tkor. Invert augal ayrup, water, Bucose ayrup, Cocoa rowcer, aar, Freservauve (202), Actuity Regulator (330), Natural Fravours.	Fat, total (g)	7.3	3.4	9.9	3.4	12.0	3.4
Contains: Milk.	Saturated Fat (g)	4.9	2.3	6.6	2.3	8.1	2.3
	Carbohydrate (g)	47.8	21.8	64.5	21.8	78.2	21.8
	Sugars (g)	41.3	18.9	55.7	18.9	67.6	18.9
	Sodium (mg)	167	76	225	76	273	76
Strawberry Thickshake		6	nall	Mag	lium		
							arge
SHAKE MIX: Milk, Milk Solids, Sugar, Maltodextrin (derived from Maize), Cream (Milk), Vegetable Gums (412, 407, 407a, 466), Mineral Salt (452), Flavours.		Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve		Avg Qty / Serve	
OR: Milk, Sugar, Milk Solids, Skim Milk, Cream (Milk), Maltodextrin (derived from Maize), Vegetable Gums (407, 407a, 412, 466), Mineral Salts (452), Flavours.	Energy (kJ)	1190	521	1530	521	1900	521
OR Milk, Sugar, Milk Solids, Maltodextrin (derived from Maize and Tapioca), Cream (Milk), Vegetable Gums (412, 407, 407a, 466), Flavours, Mineral Salts (339, 452), Food Acids (330, 331).	Energy (Cal)	285	125	364	125	453	125
STRAWBERRY SHAKE SYRUP: Invert Sugar Syrup, Water, Glucose Syrup, Sugar, Natural Colour (162), Acidity Regulator (330), Natural Flavours, Preservative (202).	Protein (g)	7.6	2.2	9.8 8.8	2.2	12.2	2.2
	Fat, total (g) Saturated Fat (g)	6.9 4.6	1.4	6.0	2.0	7.4	1.4
Contains: Milk.	Carbohydrate (g)	4.6	1.4	60.6	1.4	7.4	1.4
	Sugars (g)	41.9	12.2	54.0	12.2	67.2	12.2
	Sodium (mg)	105	31	156	31	169	31
Vanilla Thickshake		- Cr	nall	Mor	lium		rge
V ATTITIA TTTTCKSTTAKE SHAKE MIX: Milk, Solids, Sugar, Maltodextrin (derived from Maize), Cream (Milk), Vegetable Gums (412, 407, 407a, 466), Mineral Salt (452), Flavours.		Avg Qty / Serve	Avg Qty / 100mL		Avg Qty / 100mL		Avg Qty / 100mL
OR: Milk, Sugar, Milk Solids, Skim Milk, Cream (Milk), Maltodextrin (derived from Maize), Vegetable Gums (407, 407a, 412, 466), Mineral Salts (452), Flavours.	Energy (kJ)	1080	513	1420	513	1820	513
OR Milk Sugar, Milk Solids, Maltodextrin (derived from Maize and Tapicca), Cream (Milk), Vegetable Gums (412, 407, 407a, 466), Flavours, Mineral Salts (339, 452), Food Acids (330, 331).	Energy (Cal)	257	123	339	123	433	123
VANILLA SHAKE SYRUP: Water, Sugar, Invert Sugar Syrup, Glucose Syrup, Burnt Sugar Syrup, Natural Flavour, Preservative (202), Acidity Regulator (330).	Protein (g)	7.0	2.1	9.3	2.1	11.8	2.1
	Fat, total (g)	6.3	1.9	8.4	1.9	10.7	1.9
	Saturated Fat (g)	4.3	1.3	5.7	1.3	7.2	1.3
Contains: Milk.	Jaturated Lat (d)				12.5	71.4	12.5
Contains: Milk.	Carbohydrate (g)	42.4	12.5	55.9	12.5	/1.4	12.0
Contains: Milk.		42.4 39.1	12.5 11.6	55.9	12.5	65.9	11.6
Contains: Milk.	Carbohydrate (g)						

FRAPPES					
Chocolate Frappé		Ме	dium	La	rqe
CHOCOLATE FRAPPE EASE: Milk and/or Skim Milk (Reconstituted), Sugar, Cream (Milk), Milk Solids, Cocoa Powder, Emulsifier (471), Stabilisers (412, 410, 466, 407a, 407, Sucrose), Chocolate Flavour, Malt Flavour and/or Malt Extract (from Wheat and/or Barley).		Avg Oty / Serve	Avg Qty / 100mL	Avg Qty / Serve	0
CE: Water.	Energy (kJ)	2470	471	2790	474
WHIPPED CREAM: Cream (Milk), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407).	Energy (Cal)	590	113	667	113
CHOCOLATE DRIZZLE: Sugar, Water, Cocoa Powder, Thickener (1442), Colour (150d), Flavour, Salt, Food Acids (330, 331), Preservative (202), Vegetable Gums (415, 417, 401).	Protein (g)	9.9	1.9	11.1	1.9
	Fat, total (g)	24.4	4.7	28.2	4.8
Contains: Gluten, Wheat, Milk.	Saturated Fat (g)	16.9	3.2	19.6	3.3
	Carbohydrate (g)	80.8	15.4	90.0	15.3
	Sugars (g)	75.4	14.4	84.0	14.3
	Sodium (mg)	140	27	156	27
Coffee Frappé		Me	dium	La	rge
COFFEE FRAPE BASE. Milk and/or Skim Milk (Reconstitutes), Sugar, Cream (Milk), Milk Solids, Coffee Powder, Emulsifier (471), Stabiliser (412, 410, 466, 407a, 407, Sucrose), Colours (150c, 150d), Coffee Flavour, Vanilla Flavour.		Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	-
	Energy (kJ)	2440	462	2700	458
WHPPED CREAM: Cream (Milk), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407).	Energy (Cal)	582	110	644	109
Hono De Orchand Statistica Market, Frederick Control (1997), Terrora (1997), Service (1997), Service (2017), Vegetable Gums (415, 417, 401).	Protein (g)	11.1	2.1	12.4	2.1
	Fat, total (g)	26.5	5.0	29.1	4.9
Contains: Milk, Caffeine.	Saturated Fat (g)	18.2	3.4	19.9	3.4
May be present. Gluten, Wheat.	Carbohydrate (g)	73.1	13.9	81.5	13.8
	Sugars (g)	67.6	12.8	75.3	12.8
	Sodium (mg)	259	49	289	49
			-12		
Salted Caramel Frappé		-	dium		rge
SALTED CARAMEL FRAPPE BASE: Sugar, Milk Solids, Milk, Cream (Milk), Caramel Flavour, Emulsifier (471), Stabilisers (412, 466, 410, 407a, 407), Salt, Colour (150c).		Avg Qty / Serve		Avg Qty / Serve	Avg Qty / 100n
ICE: Water.	Energy (kJ)	2250	427	2490	423
WHIPPED CREAM: Cream (Milk), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407).	Energy (Cal)	538	102	595	101
CHOCOLATE DRIZZLE: Sugar, Water, Cocoa Powder, Thickener (1442), Colour (150d), Flavour, Salt, Food Acids (330, 331), Preservative (202), Vegetable Gums (415, 417, 401).	Protein (g)	11.8	2.2	13.2	2.2
	Fat, total (g)	28.4	5.4	31.1	5.3
Contains: Milk.	Saturated Fat (g)	19.4	3.7	21.3	3.6
May be present: Gluten, Wheat.	Carbohydrate (g)	58.7	11.1	65.3	11.1
	Sugars (g)	57.9	11.0	64.5 638	11.0 108
	Sodium (mg)	570		030	
WATER	Sodium (mg)	570	1	038	
	Sodium (mg)	570			600mL Water
Cool Ridge 600mL Water	Sodium (mg)	570			
Cool Ridge 600mL Water	(Sodium (mg)	570	Energy (kJ)	Cool Ridge Avg Qty / Serve 0	Avg Qty / 100n 0
Cool Ridge 600mL Water	(Sodium (mg)	5/0	Energy (kJ) Energy (Cal)	Cool Ridge Avg Qty / Serve 0 0	Avg Qty / 100n 0 0
Cool Ridge 600mL Water	<u> Sodium (mg)</u>	5/0	Energy (kJ) Energy (Cal) Protein (g)	Cool Ridge Avg Qty / Serve 0 0	Avg Qty / 100n 0 0.0
Cool Ridge 600mL Water	<u> Sodium (mg)</u>	5/0	Energy (kJ) Energy (Cal) Protein (g) Fat, total (g)	Cool Ridge Avg Qty / Serve 0 0.0 0.0	Avg Qty / 100n 0 0.0 0.0
Cool Ridge 600mL Water	<u> Sodium (mg)</u>	570	Energy (kJ) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g)	Cool Ridge Avg Qty / Serve 0 0.0 0.0 0.0	Avg Qty / 100n 0 0.0 0.0 0.0
Cool Ridge 600mL Water	<u> Sodium (mg)</u>	570	Energy (kJ) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g)	Cool Ridge Avg Qty/Serve 0 0.0 0.0 0.0 0.0 0.0	Avg Qty / 100n 0 0.0 0.0 0.0 0.0 0.0
WATER Cool Ridge 600mL Water Spring Water.	<u> Sodium (mg)</u>	570	Energy (kJ) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g)	Cool Ridge Avg Qty / Serve 0 0.0 0.0 0.0	Avg Qty / 100r 0 0.0 0.0 0.0
Cool Ridge 600mL Water Spring Water.	<u>Sodium (mg)</u>	5/0	Energy (kJ) Energy (Ca) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g)	Cool Ridge Avg Qty / Serve 0 0 0 0 0 0 0 0 0 0 0 0 0	Avg Qty / 100r 0 0.0 0.0 0.0 0.0 0.0 6
Cool Ridge 600mL Water ^{Spring Water.} Pop Top™ Water	<u> Sodium (mg)</u>	5/0	Energy (kJ) Energy (Ca) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g)	Cool Ridge Avg Qty / Serve 0 0 0 0 0 0 0 0 0 0 0 0 0	Avg Qty/100n 0 0.0 0.0 0.0 0.0 6 5 [™] Water
Cool Ridge 600mL Water ^{Spring Water.} Pop Top™ Water	<u> Sodium (mg)</u>	570	Energy (kJ) Energy (Ca) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg)	Cool Ridge Avg Qty / Serve 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	Avg Qty / 100r 0 0.0 0.0 0.0 0.0 6 6 ™ Water Avg Qty / 100r
Cool Ridge 600mL Water Spring Water. Pop Top™ Water	<u> Sodium (mg)</u>	570	Energy (kJ) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Sugars (g) Sodium (mg) Energy (kJ)	Cool Ridge Avg Qty / Serve 0 0 0 0 0 0 0 0 0 0 0 0 0	Avg Qty / 100n 0 0.0 0.0 0.0 0.0 6 7 [™] Water
Cool Ridge 600mL Water Spring Water. Pop Top™ Water	<u> Sodium (mg)</u>	5/0	Energy (kJ) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg) Energy (kJ) Energy (Cal)	Cool Ridge Avg Qty / Serve 0 0 0 0 0 0 0 0 0 0 0 0 0	Avg Qty/100n 0 0,0 0,0 0,0 0,0 0,0 0,0 0,
Cool Ridge 600mL Water Spring Water. Pop Top™ Water	<u> Sodium (mg)</u>	570	Energy (kJ) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Sugars (g) Sodium (mg) Energy (kJ)	Cool Ridge Avg Qty / Serve 0 0 0 0 0 0 0 0 0 0 0 0 0	Avg Qty / 100m 0 0,0 0,0 0,0 0,0 0,0 6 5 m Water Avg Qty / 100m 0
Cool Ridge 600mL Water Spring Water. Pop Top™ Water	<u> Sodium (mg)</u>	570	Energy (kJ) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg) Energy (kJ) Energy (Cal) Protein (g)	Cool Ridge Avg Qty / Serve 0 0 0.0 0.0 0.0 0.0 0.0 Avg Qty / Serve 0 0 0.0 0.0 0.0 0.0 0.0 0.0 0	Avg Qty / 100n 0 0,0 0,0 0,0 0,0 0,0 0,0 0 0 0 0 0 0,0 0
Cool Ridge 600mL Water Spring Water. Pop Top™ Water	<u> Sodium (mg)</u>	5/0	Energy (kJ) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Sugars (g) Sodium (mg) Energy (kJ) Energy (kJ) Energy (kJ) Energy (Lal) Protein (g) Fat, total (g)	Cool Ridge Avg Qty / Serve 0 0 0 0 0 0 0 0 0 0 0 0 0	Avg Qty/100n 0 0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 6 *** Water Avg Qty/100n 0 0.0 0.0
Cool Ridge 600mL Water	<u> Sodium (mg)</u>	570	Energy (kJ) Energy (Ca) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg) Energy (KJ) Energy (Ca) Protein (g) Fat, total (g) Saturated Fat (g)	Cool Ridge Avg Qty / Serve 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	Avg Qty / 100n 0 0.0 0.0 0.0 0.0 6 5 [™] Water Avg Qty / 100n 0 0 0.0 0.0 0.0 0.0 0.0 0.0

Change Tracker:

The nutrition and ingredient information is based on standard product assembly and standard serving sizes. Actual sizes and assembly may vary. Due to the individual preparation of each of our menu items, actual values may vary from those listed. Variations may also occur depending on the supplier, country of origin, region of the country of origin, and the season of the year. Further, product formulations may also accur depending on the supplier.

Date	Document Number/Revision Number	Document Title	Issued	Upload Date	Description	
5/05/2025	77	Aus Main Drinks Menu_May 2025	5/05/2025	5/05/2025	Updated Orange Juice formulation; to include allergen containing formulation (gluten, wheat, soy) and allergen free formulation	
5/05/2025	76	Aus Main Drinks Menu_May 2025	5/05/2025	5/05/2025	Updated Orange Juice formulation; removed allergens gluten, wheat, soy	
26/11/2024	75	Aus Main Drinks Menu_November 2024	26/11/2024	27/11/2024	Updated Orange Juice formulation; added new allergens gluten, wheat, soy	
15/10/2024	74	Aus Main Drinks Menu_October 2024	15/10/2024	16/10/2024	Removed Orange Fruit Drink	
22/05/2024	73	Aus Main Drinks Menu_May 2024	22/05/2024	29/05/2024	Updated Orange Juice formulation; removed trial containing allergens	
2/04/2024	72	Aus Main Drinks Menu_April 2024	2/04/2024	2/04/2024	Updated to include Orange Juice (with new allergens) and Sprite* and Fanta* Raspberry; remove previous syrup formulation for chocolate, strawberry and vanilla shakes	
9/02/2024	71	Aus Main Drinks Menu_February 2024	20/02/2024	20/02/2024	Updated allergen information for PEAL legislative requirements	