

# McDonald's Australia Beverages Menu Allergen - Ingredients - Nutrition Information

#### Information correct as at October 2024

At McDonald's we believe in the nutritional principals of balance, variety and moderation and that eating at McDonald's can fit into a healthy lifestyle. Our goal is to provide you with the information necessary to make informed decisions about your McDonald's menu choices. This guide can help you balance your McDonald's meal with the other meals you eat today, and every day.

This guide is for our Beverages menu. For information regarding short-time menu items, please either ask a manager in one of our restaurants or contact our Customer Service Department either via our website http://mcdonalds.com.au/contactus or on 02 9875 7100.

The nutrition and ingredient information is based on standard product formulations, standard product assembly and standard serving sizes. Actual sizes and assembly may vary. Due to the individual preparation of each of our menu items, actual values may vary from those listed. Variations may also occur depending on the supplier, country of origin, region of the country of origin, and the season of the year. Further, product formulations may change periodically.

#### **Food Sensitivities and Preferences**

As we operate working kitchens please be aware that there is always a risk that traces of allergens may be transferred to ingredients during storage or preparation of food in our kitchens. McDonald's Restaurants are therefore unable to guarantee that any food item sold is free from cross contact of allergens.

No food items are certified as vegetarian. Whilst some ingredients may not contain animal ingredients, we cannot guarantee that there will be no cross contact with ingredients that do contain animal ingredients in our kitchens.

We have a number of Halal certified restaurants. Only those items listed on the certificate in the front counter area and drive thru booth at our restaurants serving Halal options are certified as Halal.

If you would like further information or have food sensitivities or dietary concerns regarding specific ingredients in specific menu items, please contact us at http://mcdonalds.com.au/contactus or call us on 02 9875 7100.

Our allergen labelling complies with Australia New Zealand Food Standards Code - Standard 1.2.3 (Registered 09 March 2021)

Allergen Summary: As we operate working kitchens please be aware that there is always a risk that allergen containing ingredients may be transferred during storage or preparation of food in our kitchens. McDonald's Restaurants are therefore unable to guarantee that

								T			Tree nu	ıt										
	Gluten	Wheat	Egg	Milk	Soy	Sesame	Peanut	Almond	Brazil Nut	Hazelnut	Macadamia	Pecan	Pine Nut Pistachio	Walnut	Fish	Crustacea	Molluses	Sulphites	Lupin	Added Preservative	Artificial Colour	Artificial Flavour
COLD BEVERAGES																						
Pop Tops™ Apple Juice																						
CalciYum™ Chocolate Flavoured				Р																		
Milk				P																		
Orange Juice																				P		
Coca-Cola®																					P	P
Coca-Cola® Zero Sugar																				P	P	P
Coca-Cola® Vanilla																					P	P
Fanta® Orange																				P	P	P
Fanta® Raspberry																				P	P	P
Sprite®																				P		P
Sprite® Zero Sugar																				P		P
Sparkling Water																						
Frozen Coke®																					P	P
Frozen Coke® Zero Sugar																				P	P	P
Frozen Flavours																				P	P	P
THICKSHAKES																						
Chocolate Thickshake				P																P		P
Strawberry Thickshake				P																P	P	P
Vanilla Thickshake				P																P	P	P
FRAPPES																						
Chocolate Frappé	P	P		P																P	P	P
Coffee Frappé	M	M		P																P	P	P
Salted Caramel Frappé	M	M		P						1	1									P	P	P
WATER																						
Cool Ridge Water										1	1											
Pop Tops™ Water																						

#### Chart key

P: Ingredient is PRESENT in the product as an ingredient, food additive or processing aid.

M: Ingredient MAY BE present

COLD BEVERAGES							
Pop Tops™ Apple Juice						Pop Tops™	Apple Juic
Reconstituted Apple Juice, Food Acid (Citric Acid), Vitamin C (Ascorbic Acid), Natural Flavour.					[- 0.0	Avg Qty / Serve	
					Energy (kJ) Energy (Cal)	540 129	216 52
					Protein (g)	<1.0	<1.0
					Fat, total (g) Saturated Fat (g)	<1.0 0.0	<1.0 0.0
					Carbohydrate (g)	29.5	11.8
					Sugars (g) Sodium (mg)	29.5 18	11.8 7
CalciYum™ Chocolate Flavoured Milk					,	CalciYum™ Cho	
Low Fat Milk, Sugar, Cocoa, Vegetable Gums (460, 466, 407), Mineral (Calcium Carbonate), Flavours, Vitamin D.						Avg Qty / Serve	Ava Otv / 100n
					Energy (kJ)	633	253
Contains: Milk.					Energy (Cal) Protein (g)	151 8.3	61 3.3
					Fat, total (g)	3.5	1.4
					Saturated Fat (g) Carbohydrate (g)	2.3 20.5	0.9 8.2
					Sugars (g)	20.0	8.0
					Sodium (mg)	98	39
Orange Juice			nall		lium		rge
ORANGE JUICE: When reconstituted Fruit Juice Contains: Orange Juice from Concentrate, Preservatives (211, 202), Colour (160a), Flavour.	[a.)				Avg Qty / 100mL		
	Energy (kJ) Energy (Cal)	507 120	169 40	727 172	169 40	1020 242	169 40
	Protein (g)	0.0	0.0	0.0	0.0	0.0	0.0
	Fat, total (g) Saturated Fat (g)	0.0	0.0	0.0	0.0	0.0	0.0
	Carbohydrate (g)	28.5	9.5	40.8	9.5	57.5	9.5
	Sugars (g)	24.3	8.1	34.8	8.1	49.0	8.1
	Sodium (mg)	20	7	29	7	41	7
Coca-Cola®		_	nall		lium		rge
COCA-COLA®: Carbonated Water, Sugar, Colour (150d), Acidity Regulator (338), Flavour, Caffeine.			Avg Qty / 100mL				
Contains: Caffeine	Energy (kJ) Energy (Cal)	397 95	173 41	568 136	173 41	869 208	173 41
Contains, Carreine	Protein (g)		41			0	0
1	Protein (g)	0.0	0.0	0	0	U	0
l	Fat, total (g)	0.0	0.0	0.0	0	0.0	0
	Fat, total (g) Saturated Fat (g)	0.0	0.0	0.0	0	0.0	0
	Fat, total (g)	0.0 0.0 24.3 24.3	0.0	0.0 0.0 34.7 34.7	0	0.0	0
	Fat, total (g) Saturated Fat (g) Carbohydrate (g)	0.0 0.0 24.3	0.0 0.0 10.6	0.0 0.0 34.7	0 0 10.6	0.0 0.0 53.1	0 0 10.6
Coca-Cola® Zero Sugar	Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g)	0.0 0.0 24.3 24.3 23	0.0 0.0 10.6 10.6 10	0.0 0.0 34.7 34.7 33	0 0 10.6 10.6 10	0.0 0.0 53.1 53.1 50	0 0 10.6 10.6 10
Coca-Cola® Zero Sugar COCA-COLA® NO SUGAR: Carbonated Water, Colour (150d), Food Acids (338, 331), Sweeteners (951, 950), Preservative (211), Flavour, Caffeine.	Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg)	0.0 0.0 24.3 24.3 23 Sn Avg Qty / Serve	0.0 0.0 10.6 10.6 10 10	0.0 0.0 34.7 34.7 33 <b>Mec</b> Avg Qty/Serve	0 0 10.6 10.6 10 10	0.0 0.0 53.1 53.1 50 <b>La</b> Avg Qty/Serve	0 0 10.6 10.6 10
COCA-COLA® NO SUGAR: Carbonated Water, Colour (150d), Food Acids (338, 331), Sweeteners (951, 950), Preservative (211), Flavour, Caffeine.	Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg) Energy (kJ)	0.0 0.0 24.3 24.3 23	0.0 0.0 10.6 10.6 10	0.0 0.0 34.7 34.7 33	0 0 10.6 10.6 10	0.0 0.0 53.1 53.1 50	0 0 10.6 10.6 10
	Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg)  Energy (kJ) Energy (Cal) Protein (g)	0.0 0.0 24.3 24.3 23  Sn Avg Qty / Serve 8 2 0.2	0.0 0.0 10.6 10.6 10 10 10 10 10 10 10 10 10 10 10 10 10	0.0 0.0 34.7 34.7 33 Mec Avg Qty / Serve 10 3 0.2	0 0 10.6 10.6 10 10 <b>lium</b> Avg Qty / 100mL 3 0.6 0.1	0.0 0.0 53.1 53.1 50 La Avg Qty / Serve 15 4 0.3	0 0 10.6 10.6 10 10 Prge Avg Qty /100n 3 0.6 0.1
COCA-COLA® NO SUGAR: Carbonated Water, Colour (150d), Food Acids (338, 331), Sweeteners (951, 950), Preservative (211), Flavour, Caffeine.	Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg)  Energy (kJ) Energy (Cal) Protein (g) Fat, total (g)	0.0 0.0 24.3 24.3 23  Sn  Avg Qty/Serve 8 2 0.2 0.0	0.0 0.0 10.6 10.6 10 10 10 Avg Qty / 100mL 3 0.6 0.1	0.0 0.0 34.7 34.7 33 Mec Avg Qty / Serve 10 3 0.2 0.0	0 0 10.6 10.6 10 10 Iium Avg Qty / 100mL 3 0.6 0.1	0.0 0.0 53.1 53.1 50  La Avg Qty/Serve 15 4 0.3 0.0	0 0 10.6 10.6 10 10 <b>rge</b> Avg Qty /100n 3 0.6 0.1
COCA-COLA® NO SUGAR: Carbonated Water, Colour (150d), Food Acids (338, 331), Sweeteners (951, 950), Preservative (211), Flavour, Caffeine.	Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg)  Energy (kJ) Energy (Cal) Protein (g)	0.0 0.0 24.3 24.3 23  Sn Avg Qty / Serve 8 2 0.2	0.0 0.0 10.6 10.6 10 10 10 10 10 10 10 10 10 10 10 10 10	0.0 0.0 34.7 34.7 33 Mec Avg Qty / Serve 10 3 0.2	0 0 10.6 10.6 10 10 <b>lium</b> Avg Qty / 100mL 3 0.6 0.1	0.0 0.0 53.1 53.1 50 La Avg Qty / Serve 15 4 0.3	0 0 10.6 10.6 10 10 Prge Avg Qty /100n 3 0.6 0.1
COCA-COLA® NO SUGAR: Carbonated Water, Colour (150d), Food Acids (338, 331), Sweeteners (951, 950), Preservative (211), Flavour, Caffeine.	Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg)  Energy (kJ) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g)	0.0 0.0 0.0 24.3 24.3 23  Sn Avg Qty / Serve 8 8 2 0.2 0.0 0.0 0.3 0.0	0.0 0.0 10.6 10.6 10.6 10  Avg Qty / 100mL 3 0.6 0.1 0.0 0.0 0.0	0.0 0.0 34.7 34.7 33  Mec Avg Qty / Serve 10 0.2 0.0 0.0 0.0	0 0 10.6 10.6 10 10 Sium Avg Qty / 100mL 0.6 0.1 0 0 0	0.0 0.0 0.0 53.1 53.1 50  La Avg Qty / Serve 15 4 0.3 0.0 0.0 0.6	0 0 10.6 10.6 10 10 <b>rge</b> Avg Qty/100n 3 0.6 0.1 0 0 0.1
COCA-COLA® NO SUGAR: Carbonaled Water, Colour (150d), Food Acids (338, 331), Sweeteners (951, 950), Preservative (211), Flavour, Caffeine.  Contains: Phenylalanine, Caffeine.	Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg)  Energy (kJ) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g)	0.0 0.0 24.3 24.3 23  Sn Avg Qty / Serve 8 2 0.0 0.0 0.0 0.3	0.0 0.0 10.6 10.8 10.8 10  Avg Qty/100mL 3 0.6 0.1 0.0 0.0	0.0 0.0 34.7 34.7 33  Mec Avg Qty / Serve 10 3 0.2 0.0 0.0 0.4	0 0 10.6 10.6 10.6 10 <b>Stium</b> Avg Qty/100mL 3 0.6 0.1 0 0	0.0 0.0 0.0 53.1 53.1 50  La Avg Qty / Serve 15 4 0.3 0.0 0.0 0.6	0 0 10.6 10.6 10 10 <b>rge</b> Avg Qty/1000 3 0.6 0.1
COCA-COLA® NO SUGAR: Carbonated Water, Colour (150d), Food Acids (338, 331), Sweeteners (951, 950), Preservative (211), Flavour, Caffeine.	Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg)  Energy (kJ) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g)	0.0 0.0 0.0 24.3 24.3 23  Sn Avg Qty / Serve 8 8 2 0.2 0.0 0.0 0.3 0.0	0.0 0.0 10.6 10.6 10.6 10  Avg Qty / 100mL 3 0.6 0.1 0.0 0.0 0.0	0.0 0.0 34.7 34.7 33  Mec Avg Qty / Serve 10 0.2 0.0 0.0 0.0	0 0 10.6 10.6 10 10 Sium Avg Qty / 100mL 0.6 0.1 0 0 0	0.0 0.0 0.0 53.1 53.1 50  La Avg Qty / Serve 15 4 0.3 0.0 0.0 0.6	0 0 10.6 10.6 10 10 <b>rge</b> Avg Qty/100n 3 0.6 0.1 0 0 0.1
COCA-COLA® NO SUGAR: Carbonated Water, Colour (150d), Food Acids (338, 331), Sweeteners (951, 950), Preservative (211), Flavour, Caffeine.  Contains: Phenylalanine, Caffeine.  COLD BEVERAGES  Coca-Cola® Vanilla	Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg)  Energy (kJ) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g)	0.0 0.0 0.0 24.3 24.3 23  Sn Avg Qty/Serve 8 2 0.2 0.0 0.0 0.3 0.3 33	0.0 0.0 10.6 10.6 10.6 10  all  Avg Qty/100mL 3 0.6 0.1 0.0 0.0 11	0.0 0.0 34.7 34.7 33  Mec Avg Qty/Serve 10 3 0.2 0.0 0.0 0.4 0.0 45	0 0 10.6 10.6 10 lium Avg Qty/100mL 3 0.6 0.1 0 0 1 1 1	0.0 0.0 0.0 53.1 53.1 50  La Avg Qty / Serve 15 4 0.3 0.0 0.0 0.6 0.0 64	0 0 10.6 10.6 10 7 7 8 Avg Qty/100n 3 0.6 0.1 0 0 1 11
COCA-COLA® NO SUGAR: Carbonated Water, Colour (150d), Food Acids (338, 331), Sweeteners (951, 950), Preservative (211), Flavour, Caffeine.  Contains: Phenylalanine, Caffeine.  COLD BEVERAGES	Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg)  Energy (kJ) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg)	0.0 0.0 24.3 24.3 23  Sn Avg Qty / Serve 2 0.2 0.0 0.0 3.3 Sn Avg Qty / Serve	0.0 0.0 10.6 10.6 10.6 10.6 10 10 10 10 10 10 10 10 10 10 10 10 10	0.0 0.0 34.7 34.7 33.3  Mec Avg Qty / Serve 10 0.0 0.0 0.0 0.4 0.0 45	0 0 10.6 10.6 10.6 10.6 10  Iium  Avg Qty /100mL 0 0 0 11  Iium  Avg Qty /100mL	0.0 0.0 0.0 53.1 53.1 50  La Avg Qty / Serve 4 0.3 0.0 0.0 0.6 0.0 64  La Avg Qty / Serve	0 0 10.6 10.6 10.0 10.0 10.0 10.0 10.0 1
COCA-COLA® NO SUGAR: Carbonated Water, Colour (150d), Food Acids (338, 331), Sweeteners (951, 950), Preservative (211), Flavour, Caffeine.  Contains: Phenylalanine, Caffeine.  COLD BEVERAGES  Coca-Cola® Vanilla  COCA-COLA® VANILLA: Carbonated Water, Sugar, Colour (150d), Food Acids (338), Flavour, Caffeine.	Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg)  Energy (kJ) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg)	0.0 0.0 24.3 24.3 23  Sn  Avg Qty / Serve 8 2 0.2 0.0 0.0 3.3 0.0 33  Sn  Avg Qty / Serve 421	0.0 0.0 10.6 10.6 10 10  all  Avg Qty / 100mL 3 0.6 0.1 0.0 0.0 11  Avg Qty / 100mL 184	0.0 0.0 34.7 34.7 33  Mec Avg Qty / Serve 10 3 0.0 0.0 0.4 45  Mec Avg Qty / Serve	0 0 10.6 10.6 10.6 10  Iium  Avg Qty /100mL 0 0 11  Avg Qty /100mL 184	0.0 0.0 0.0 53.1 53.1 50  La Avg Qty / Serve 15 4 0.3 0.0 0.0 0.6 0.0 64  La Avg Qty / Serve	0 0 10.6 10.6 10.6 10.6 10.6 10.6 10.6 1
COCA-COLA® NO SUGAR: Carbonated Water, Colour (150d), Food Acids (338, 331), Sweeteners (951, 950), Preservative (211), Flavour, Caffeine.  Contains: Phenylalanine, Caffeine.  COLD BEVERAGES  Coca-Cola® Vanilla	Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sugars (g) Sodium (mg)  Energy (k,l) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sugars (g) Sodium (mg)  Energy (k,l) Energy (Cal) Protein (g) Frotein (g)	0.0 0.0 0.0 24.3 24.3 23  Sn  Avg Qty / Serve 8 8 2 0.0 0.0 0.0 3.3 33  Sn  Avg Qty / Serve 421 101 0.1	0.0 0.0 10.6 10.6 10.6 10.6 10  Avg Cty / 100mL 0.0 0.0 0.1 11  Avg Cty / 100mL 11  Avg Cty / 100mL 14 44 0.1	0.0 0.0 34.7 34.7 33  Mec Avg Qty / Serve 10 0.0 0.0 0.0 0.0 45  Mec Avg Qty / Serve 624 149 0	0 0 10.6 10.6 10.6 10  Sium  Avg Qty/100mL 0 0 0 11  Sium  Avg Qty/100mL 11  Avg Qty/100mL 184 44 0.1	0.0 0.0 0.0 0.0 53.1 53.1 50  La Avg Qty / Serve 15 4 0.3 0.0 0.0 0.6 0.0 64  La Avg Qty / Serve	0 0 10.6 10.6 10.6 10.6 10.6 10.6 10.6 1
COCA-COLA® NO SUGAR: Carbonated Water, Colour (150d), Food Acids (338, 331), Sweeteners (951, 950), Preservative (211), Flavour, Caffeine.  Contains: Phenylalanine, Caffeine.  COLD BEVERAGES  Coca-Cola® Vanilla  COCA-COLA® VANILLA: Carbonated Water, Sugar, Colour (150d), Food Acids (338), Flavour, Caffeine.	Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg)  Energy (kJ) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg)  Energy (kJ) Energy (kJ) Energy (kJ)	0.0 0.0 0.0 24.3 24.3 23  Sn Avg Qty/Serve 8 2 0.2 0.0 0.0 0.3 0.0 33  Avg Qty/Serve 421 101	0.0 0.0 10.6 10.6 10.6 10  all  Avg Qty/100mL 3 0.6 0.1 0.0 0.0 11  Avg Qty/100mL 11  Avg Qty/100mL 184 44	0.0 0.0 34.7 34.7 33.3  Mec Avg Qty/Serve 10 3 0.2 0.0 0.0 0.4 45  Mec Avg Qty/Serve 624 149	0 0 0 10.6 10.6 10 lium Avg Qty/100mL 3 0.6 0.1 0 0 0 1 11 11	0.0 0.0 0.0 53.1 53.1 50  La Avg Qty / Serve 15 4 0.3 0.0 0.0 0.6 0.0 64  Avg Qty / Serve 954 228	0 0 10.6 10.6 10 10 <b>rge</b> Avg Qty/100n 0.6 0.1 0 0 0.1 11

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10.8

56.1

56.1

10.8

10.8

36.7

Carbohydrate (g)

Sugars (g) Sodium (mg) 24.6

24.6

10.8

Fanta® Orange		C	nall	Maa	lium	I۵	rge
		_	-				
FANTA® ORANGE: Carbonated Water, Sugar, Food Acid (330), Flavour, Preservative (211), Antioxidant (300), Colour (110).	5 · · · · · · (1 · D)	Avg Qty / Serve			Avg Qty / 100mL	Avg Qty / Serve 1100	
	Energy (kJ) Energy (Cal)	501 120	219 52	716 171	219 52	262	219 52
	Protein (g)	0.0	0.0	0.0	0.0	0.0	0.0
	Fat, total (g)	0.0	0.0	0.0	0.0	0.0	0.0
	Saturated Fat (g)	0.0	0.0	0.0	0.0	0.0	0.0
	Carbohydrate (g)	30.9	13.5	44.2	13.5	67.6	13.5
	Sugars (g)	30.9	13.5	44.2	13.5	67.6	13.5
	Sodium (mg)	34	15	49	15	75	15
Fanta® Raspberry			nall		dium		rge
FANTA® RASPBERRY: Carbonated Water, Sugar, Flavour, Food Acid (330), Preservative (211), Sweetener (960), Colour (122).		Avg Qty / Serve	Avg Qty / 100mL		Avg Qty / 100mL		
	Energy (kJ)	299	131	428	131	655	131
	Energy (Cal)	72	31	102	31	156	31
	Protein (g)	0.0	0.0	0.0	0.0	0.0	0.0
	Fat, total (g)	0.0	0.0	0.0	0.0	0.0	0.0
	Saturated Fat (g)	0.0	0.0	0.0	0.0	0.0	0.0
	Carbohydrate (g) Sugars (g)	18.1 18.1	7.9 7.9	25.9 25.9	7.9 7.9	39.6 39.6	7.9 7.9
	Sodium (mg)	9	4	13	4	20	4
Christoff		C	all.	Maa	Ji	- 10	
Sprite®		Sm			dium		rge
SPRITE®: Carbonated Water, Sugar, Food Acids (330, 331), Flavour, Preservative (211).	Energy (kJ)	Avg Qty / Serve 388	Avg Qty / 100mL 169	Avg Qty / Serve 555	Avg Qty / 100mL 169	Avg Qty / Serve 848	Avg Qty / 100mL 169
	Energy (Cal)	93	40	133	40	203	40
	Protein (g)	0.0	0.0	0.0	0.0	0.0	0.0
	Fat, total (g)	0.0	0.0	0.0	0.0	0.0	0.0
	Saturated Fat (g)	0.0	0.0	0.0	0.0	0.0	0.0
	Carbohydrate (g)	23.7	10.3	33.8	10.3	51.8	10.3
	Sugars (g)	23.7	10.3	33.8	10.3	51.8	10.3
	Sodium (mg)	34	15	50	15	76	15
Sprite® Zero Sugar		Sm	nall	Med	dium	La	rge
SPRITE® ZERO SUGAR: Carbonated Water, Food Acids (330, 331), Flavour, Sweeteners (950, 955), Preservative (211).		_	Avg Qty / 100mL		Avg Qty / 100mL		
	Energy (kJ)	8	4	12	4	18	4
1	Energy (Cal)	2	<1	3	<1	5	<1
1	Protein (g)	0.0	0.0	0	0	0	0
1	Fat, total (g)	0.0	0.0	0.0	0	0.0	0
•							0
	Saturated Fat (g)	0.0	0.0	0.0	0	0.0	
	Saturated Fat (g) Carbohydrate (g)	0.0	0.0	0.0	0	0	0
	Saturated Fat (g) Carbohydrate (g) Sugars (g)	0.0 0.0 0.0	0.0	0.0 0.0 0.0	0 0 0	0.0	0
	Saturated Fat (g) Carbohydrate (g)	0.0	0.0	0.0	0	0	0
	Saturated Fat (g) Carbohydrate (g) Sugars (g)	0.0 0.0 0.0 22	0.0 0.0 0.0 10	0.0 0.0 0.0 32	0 0 0 10	0 0.0 49	0 0 10
Sparking Water Carbonated Water.	Saturated Fat (g) Carbohydrate (g) Sugars (g) Sugars (g) Sodium (mg)	0.0 0.0 0.0 22 Sm Avg Qty / Serve	0.0 0.0 0.0 10	0.0 0.0 0.0 32 <b>Med</b> Avg Qty / Serve	0 0 0 10 <b>Sium</b> Avg Qty / 100mL	0 0.0 49 <b>La</b> Avg Qty / Serve	0 0 10 <b>rge</b> Avg Qty / 100mL
	Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg)  Energy (kJ)	0.0 0.0 0.0 22 Sm Avg Qty / Serve 0	0.0 0.0 0.0 10 Pall Avg Qty/100mL	0.0 0.0 0.0 32 Med Avg Qty / Serve 0	0 0 0 10 <b>Sium</b> Avg Qty/100mL	0 0.0 49 <b>La</b> Avg Qty / Serve	0 0 10 10 rge Avg Qty / 100mL
	Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg)  Energy (kJ) Energy (Cal)	0.0 0.0 0.0 22 Sm Avg Qty/Serve 0 0	0.0 0.0 0.0 10 Pall  Avg Qty/100mL  0 0	0.0 0.0 0.0 32 Med Avg Qty / Serve 0 0	0 0 0 10 10	0 0.0 49 La Avg Qty/Serve 0	0 0 10 10 <b>rge</b> Avg Qty/100mL 0
	Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg)  Energy (kJ) Energy (Cal) Protein (g)	0.0 0.0 0.0 22 Sm Avg Qty/Serve 0 0	0.0 0.0 0.0 10 Pall  Avg Qty / 100mL  0 0 0.0	0.0 0.0 0.0 32 Med Avg Qty / Serve 0 0	0 0 0 10 10 <b>Slium</b> Avg Qty/100mL 0 0	0 0.0 49 La Avg Qty / Serve 0 0	0 0 10 10 <b>rge</b> Avg Qty/100mL 0 0
	Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg)  Energy (kJ) Energy (Cal) Protein (g) Fat, total (g)	0.0 0.0 0.0 22 Sm Avg Qty / Serve 0 0 0.0	0.0 0.0 0.0 10 Avg Qty/100mL 0 0 0.0	0.0 0.0 0.0 32 Med Avg Qty / Serve 0 0 0.0	0 0 0 10 10 <b>Slium</b> Avg Qty/100mL 0 0 0.0	0 0.0 49 La Avg Qty/Serve 0 0 0.0	0 0 10 10 <b>rge</b> Avg Qty/100mL 0 0 0.0
	Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg)  Energy (kJ) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g)	0.0 0.0 0.0 22 Sm Avg Qty / Serve 0 0 0.0	0.0 0.0 0.0 10 Avg Qty/100mL 0 0 0.0	0.0 0.0 0.0 32 Med Avg Qty / Serve 0 0 0.0	0 0 0 10 2 3 10 4vg Qty /100mL 0 0 0.0 0.0	0 0.0 49 La Avg Qty/Serve 0 0 0.0 0.0	0 0 10 10 <b>rge</b> Avg Qty/100mL 0 0 0.0 0.0
Sparking Water Carbonated Water.	Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg)  Energy (kJ) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g)	0.0 0.0 0.0 22 Sm Avg Qty / Serve 0 0 0.0 0.0	0.0 0.0 0.0 10 10 Avg Qty/100mL 0 0 0.0	0.0 0.0 0.0 32 Mec Avg Qty / Serve 0 0 0.0 0.0	0 0 0 10 10 <b>Sium</b> Avg Qty / 100mL 0 0 0.0	0 0.0 49 La Avg Qty/Serve 0 0 0.0 0.0	0 0 10 10 <b>rge</b> Avg Qty/100mL 0 0 0.0 0.0
	Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg)  Energy (kJ) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g)	0.0 0.0 0.0 22 Sm Avg Qty / Serve 0 0 0.0	0.0 0.0 0.0 10 Avg Qty/100mL 0 0 0.0	0.0 0.0 0.0 32 Med Avg Qty / Serve 0 0 0.0	0 0 0 10 2 3 10 4vg Qty /100mL 0 0 0.0 0.0	0 0.0 49 La Avg Qty/Serve 0 0 0.0 0.0	0 0 10 10 <b>rge</b> Avg Qty/100mL 0 0 0.0 0.0
Carbonated Water.	Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg)  Energy (kJ) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g)	0.0 0.0 0.0 22 Sm Avg Qty/Serve 0 0 0.0 0.0 0.0	0.0 0.0 0.0 10 10 aall Avg Qty / 100mL 0 0 0.0 0.0	0.0 0.0 0.0 32 Mec Avg Qty / Serve 0 0 0.0 0.0 0.0	0 0 0 10 10 Sium 0 0 0 0 0 0 0 0 0 0 0	0 0.0 49 La Avg Qty / Serve 0 0 0.0 0.0	0 0 10 10 rge Avg Qty/100mL 0 0.0 0.0
Carbonated Water.  COLD BEVERAGES	Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg)  Energy (kJ) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g)	0.0 0.0 0.0 22  Sm Avg Qty / Serve 0 0 0.0 0.0 0.0 0.0 0.0 5	0.0 0.0 0.0 10 10 Avg Qty / 100mL 0 0 0.0 0.0 0.0 0.0 0.0	0.0 0.0 0.0 32  Mec  Avg Qty / Serve 0 0 0.0 0.0 0.0 0.0 0.0 0.0 5	0 0 0 10 10 Sium Avg Qty / 100mL 0 0 0.0 0.0 0.0 0.0 0.0 0.0	0 0.0 49 La Avg Qty / Serve 0 0 0.0 0.0 0.0 0.0 0.0 5	0 0 10 10 FIGE Avg Qty/100mL 0 0 0.0 0.0 0.0 0.0 0.0 2
Carbonated Water.  COLD BEVERAGES Frozen Coke®	Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg)  Energy (kJ) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g)	0.0 0.0 0.0 0.0 22  Sm Avg Qty / Serve 0 0 0.0 0.0 0.0 0.0 5	0.0 0.0 0.0 10 10 Avg Qty/100mL 0 0.0 0.0 0.0 0.0 2	0.0 0.0 0.0 32  Mec Avg Qty / Serve 0 0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 Mec Mec	0 0 0 10 10 Sium Avg Qty/100mL 0 0 0.0 0.0 0.0 0.0 0.0 2	0 0.0 49 La Avg Qty / Serve 0 0 0.0 0.0 0.0 0.0 0.0	0 0 10 10 2 2 2 3 4 xg Qty/100mL 0 0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.
Carbonated Water.  COLD BEVERAGES	Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg)  Energy (kJ) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg)	0.0 0.0 0.0 22  Sm  Avg Qty / Serve 0 0.0 0.0 0.0 0.0 5  Sm  Avg Qty / Serve	0.0 0.0 0.0 10  all  Avg Qty/100mL 0 0.0 0.0 0.0 2  all  Avg Qty/100mL	0.0 0.0 0.0 32  Mec  Avg Qty / Serve 0 0 0.0 0.0 0.0 0.0 0.0 0.0 5	0 0 0 10 10 10 10 10 10 10 10 10 10 10 1	0 0.0 49 La Avg Qty / Serve 0 0 0.0 0.0 0.0 0.0 0.0 5	0 0 10 10 10 10 10 10 10 10 10 10 10 10
Carbonated Water.  COLD BEVERAGES Frozen Coke®	Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg)  Energy (k-J) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg)	0.0 0.0 0.0 0.0 22  Sm Avg Qty / Serve 0 0 0.0 0.0 0.0 0.0 5	0.0 0.0 0.0 10 10 Avg Qty/100mL 0 0.0 0.0 0.0 0.0 2	0.0 0.0 0.0 32  Mec Avg Qty / Serve 0 0.0 0.0 0.0 0.0 0.0 5	0 0 0 10 10 Sium Avg Qty/100mL 0 0 0.0 0.0 0.0 0.0 0.0 2	0 0.0 49 La Avg Qty / Serve 0 0 0.0 0.0 0.0 0.0 0.0	0 0 10 10 2 2 2 3 4 xg Qty/100mL 0 0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.
Carbonated Water.  COLD BEVERAGES  Frozen Coke®  Carbonated Water, Sugar, Colour (150d), Food Acid (338), Flavour, Caffeine.	Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg)  Energy (kJ) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg)	0.0 0.0 0.0 0.0 22  Sm Avg Qty/Serve 0 0.0 0.0 0.0 0.0 0.0 5  Sm Avg Qty/Serve 391	0.0 0.0 0.0 10 Avg Oty / 100mL 0 0 0.0 0.0 0.0 0.0 2	0.0 0.0 0.0 32  Mec Avg Qty / Serve 0 0 0.0 0.0 0.0 0.0 0.0 4.0 5  Mec Avg Qty / Serve 548	0 0 10 10 Sium Avg Qty/100mL 0 0 0.0 0.0 0.0 0.0 0.0 2	0 0.0 49 La Avg Qty / Serve 0 0 0.0 0.0 0.0 0.0 0.0 5	0 0 10 10 Prge Avg Qty/100mL 0 0 0.0 0.0 0.0 0.0 0.0 2
Carbonated Water.  COLD BEVERAGES  Frozen Coke®  Carbonated Water, Sugar, Colour (150d), Food Acid (338), Flavour, Caffeine.	Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg)  Energy (kJ) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg)  Energy (kJ) Energy (kJ) Energy (kJ)	0.0 0.0 0.0 0.0 22  Sm Avg Qty / Serve 0 0.0 0.0 0.0 0.0 0.0 0.0 0.0  Avg Qty / Serve 391 93	0.0 0.0 0.0 10  all  Avg Qty/100mL 0 0 0.0 0.0 0.0 0.0 2  all  Avg Qty/100mL 112 27	0.0 0.0 0.0 32  Mec Avg Qty / Serve 0 0 0.0 0.0 0.0 0.0 0.0 5  Mec Avg Qty / Serve	0 0 0 10 10 Sium Avg Qty /100mL 0 0 0.0 0.0 0.0 0.0 2 2	0 0.0 49 La Avg Qty / Serve 0 0.0 0.0 0.0 0.0 0.0 5 La Avg Qty / Serve	0 0 10 10 PGE Avg Qty/100mL 0 0 0.0 0.0 0.0 0.0 2 2 PGE Avg Qty/100mL 112 27
Carbonated Water.  COLD BEVERAGES  Frozen Coke®  Carbonated Water, Sugar, Colour (150d), Food Acid (338), Flavour, Caffeine.	Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg)  Energy (kJ) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg)  Energy (kJ) Energy (Cal) Protein (g)	0.0 0.0 0.0 0.0 22  Sm  Avg Qty / Serve 0 0.0 0.0 0.0 0.0 5  Sm  Avg Qty / Serve 391 93 0.0	0.0 0.0 0.0 10  all  Avg Qty/100mL 0 0 0 0.0 0.0 2  all  Avg Qty/100mL 112 27 0.0	0.0 0.0 0.0 32  Mec Avg Qty / Serve 0 0 0.0 0.0 0.0 0.0 5  Mec Avg Qty / Serve	0 0 0 10  Slium  Avg Qty / 100mL 0 0 0 0 0 0 0 0 0 2  Slium  Avg Qty / 100mL 112 27 0 0	0 0.0 49 La Avg Qty / Serve 0 0 0.0 0.0 0.0 0.0 0.0 5 4 4 4 9 8 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9	0 0 10 10 Avg Qty / 100mL 0 0 0.0 0.0 0.0 0.0 2 Prge Avg Qty / 100mL 112 27 0.0
Carbonated Water.  COLD BEVERAGES  Frozen Coke®  Carbonated Water, Sugar, Colour (150d), Food Acid (338), Flavour, Caffeine.	Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg)  Energy (kJ) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg)  Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg)	0.0 0.0 0.0 0.0 22  Sm  Avg Qty / Serve 0 0.0 0.0 0.0 0.0 5  Sm  Avg Qty / Serve 391 93 0.0 0.0 0.0 0.0 0.0 0.0 241	0.0 0.0 0.0 10  all  Avg Qty/100mL 0 0 0 0 0 0 0 2  all  Avg Qty/100mL 112 27 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	0.0 0.0 0.0 32  Mec Avg Qty / Serve 0 0 0.0 0.0 0.0 0.0 5  Mec Avg Qty / Serve 548 131 0.0 0.0 0.0 0.0 0.0 3.8	0 0 0 10 10  Slium Avg Qty / 100mL 0 0 0 0 0 0 0 0 2  Slium Avg Qty / 100mL 112 27 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	0 0.0 49  La Avg Qty / Serve 0 0 0.0 0.0 0.0 0.0 5  Avg Qty / Serve 738 176 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.	0 0 10 10 10 10 10 10 10 10 10 10 10 10
Carbonated Water.  COLD BEVERAGES  Frozen Coke®  Carbonated Water, Sugar, Colour (150d), Food Acid (338), Flavour, Caffeine.	Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg)  Energy (kJ) Energy (Cal) Protein (g) Fat. total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg)  Energy (kJ) Energy (Cal) Protein (g) Fat. total (g) Sugars (g) Sodium (mg)	0.0 0.0 0.0 0.0 22  Sm  Avg Qty / Serve 0 0.0 0.0 0.0 0.0 5  Sm  Avg Qty / Serve 391 93 0.0 0.0 0.0 0.0	0.0 0.0 0.0 10  Avg Qty/100mL 0 0.0 0.0 0.0 0.0 2  Avg Qty/100mL 112 27 0.0 0.0 0.0 0.0	0.0 0.0 0.0 0.0 32  Mec Avg Qty / Serve 0 0.0 0.0 0.0 0.0 5  Mec Avg Qty / Serve 548 131 0.0 0.0 0.0	0 0 0 10 10  Sium  Avg Qty/100mL 0 0 0 0 0 0 0 0 2  Sium  Avg Qty/100mL 112 27 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	0 0.0 49 La Avg Qty / Serve 0 0.0 0.0 0.0 0.0 0.0 5 La Avg Qty / Serve 738 176 0.0	0 0 0 10 10 10 10 10 10 10 10 10 10 10 1

### Part   Part	Frozen Coke® Zero Sugar			nall		lium		rge
Part	FROZEN COKE® NO SUGAR: Carbonated Water, Sweeteners (968, 955, 950), Bulking Agent (422), Colour (150d), Food Acid (338), Preservative (211), Flavour, Caffeine.		0 - 7 -	0 . , .				
Part			35					10
Part	Contains: Phenylalanine, Caffeine.		_					2
Common   Part   Part   Common   Part   Par								0.0
Properties   1								0.0
Page								0.0
		, , , , , , , , , , , , , , , , , , ,						0.6
Part								0.0
Name		Sodium (mg)	7	2	10	2	14	2
Name	Frozen Flavours		Sn	nall	Mer	lium	la	rne
No.   Part   P								<u> </u>
Note   1968   1969		F (l. 1)						
Pacific   Paci								27
Fat, Load (a)   0.0								
	SPRITE® FLAVOUR: Cardonated water, Sugar, Food Acid (330), Preservative (211), Flavour, Food Acid (331).							
	Nautoni White Dans used in a sankination with multi-floury value floury salests							
Supering   942   06   038   06   048   05   05   05   05   05   05   05   0								
	All FROZEN flavours have the same nutritional content.							
### PACK MIX MIX Solids, Stage, Molfcoeffine (Memore from Mazin), Cream (MIXI), Vegetable Qurins (412, 477, 479, 469), Minoral Salit (402, Flavours.  OR MIX Signer, MIX Solids, Stage, Molfcoeffine (Memore from Mazin), Cream (MIXI), Vegetable Qurins (412, 477, 479, 469), Minoral Salit (402, Flavours.  OR MIX Signer, MIX Solids, Stage, Molfcoeffine (Memore from Mazin), Cream (MIXI), Vegetable Qurins (412, 477, 479, 469), Minoral Salit (402, Flavours.  OR MIX Signer, MIX Solids, Stage, Mallocoderin (derived from Mazin), Cream (MIXI), Vegetable Qurins (412, 477, 479, 469), Minoral Salit (402, Flavours.  OR MIX Signer, MIX Solids, Mix Solids, Stage, Mix Solids, Stage, Mix Solids, Stage, Mix Solids, Mix Mix Solids, Stage, Mix Solids, Mix Mix Solids, Stage, Mix Mix Solids, Stage, Mix Solids, Stage, Mix Mix Solids, Stage, Mix Mix Solids, Stage, Mix Mix Solids, Mix Mix Solids, Mix Mix Solids, Stage, Mix Mix Solids, St								2
Companies   Comp		Sodium (mg)		-	,	-	iz.	-
MARE MIX MIR, MIR Solits, Slugs, Ablindoctrin (derived from Malze), Open MIR, Nyger, Ablindoctrin (derived from Malze), Apptinable Sums (47, 470, 44, 668), Florours.   Protein Mir. Solits, Sugar, Ablindoctrin (derived from Malze), Magnitable Sums (412, 47), 470, 4, 668), Florours.   Protein Mir. Solits, Sugar, Milk Solits, Matodoctrin (derived from Malze), Apptinable Sums (412, 47), 470, 4, 668), Florours.   Protein Mir. Solits, Sugar, Malk Solits, Matodoctrin (derived from Malze), Apptinable Sums (412, 47), 470, 4, 668), Florours.   Protein Mir. Solits, Sugar, Malk Solits, Sugar, Malter Solits, Sugar, Malt	THICKSHAKES							
OR MIK Sugar, Mills Colles, Shird Mills, Chem Mills, C	Chocolate Thickshake		Sn	nall	Med	lium	La	rge
OR MIK Sugar, Mills Colles, Shird Mills, Chem Mills, C	SHAKE MIX: Milk. Milk. Solids. Sugar, Maltodextrin (derived from Majze). Cream (Milk). Vegetable Gums (412, 407, 407a, 466). Mineral Salt (452). Flavours.		Ava Otv / Serve	Avg Otv / 100mL	Ava Otv / Serve	Ava Otv / 100mL	Ava Otv / Serve	Ava Otv / 100
Community   Comm		Energy (k,l)						523
Protein								125
Fat, total lg    7.3   3.4   9.9   3.4   12.0   3.5     Starwberry Thickshake   Starmber Fat   4.9   4.9   2.3   6.6   2.3   6.1   2.3   6.1   2.2     Calibblystate   4.7   8   2.18   64.5   2.18   78.2   2.18     Signing   4.13   18.9   55.7   18.9   67.6   18.8     Sodium (mg)   167   76   225   76   27.3   7.0     Starwberry Thickshake   Small				3.8	11.1		13.5	3.8
Strawberry Thickshake   Stra				3.4	9.9	3.4	12.0	3.4
Carbohydrate (g)   478	Contains: Milk.							2.3
Script   S		Carbohydrate (g)	47.8	21.8	64.5	21.8	78.2	21.8
Small   Medium   Large		Sugars (g)	41.3	18.9	55.7	18.9	67.6	18.9
Avg Qty/Serve   Avg Qty/Serve   Avg Qty/Serve   Avg Qty/100mt   Avg Qty/Serve   Avg Qty/Serv		Sodium (mg)	167	76	225	76	273	76
Avg Qty/Serve   Avg Qty/Serve   Avg Qty/Serve   Avg Qty/100mt   Avg Qty/Serve   Avg Qty/Serv	Strawherry Thickshake		Sn	nall	Mer	lium	la	rae
OR: Milk, Sugar, Milk Solids, Skim Milk, Cream (Milk), Maltodextrin (derived from Maize), Vegetable Gums (407, 407a, 469, Mineral Salts (452), Flavours.  (PRAWBERRY SHAKE SYRUP: Invert Sugar Syrup, Water, Glucose Syrup, Sugar, Natural Colour (62), Acidity Regulator (330), Natural Flavours, Preservative (202).  (Panilla Thickshake  Arg Gly/Serve (Milk), Sugar, Milk Solids, Sugar, Maltodextrin (derived from Maize), Cream (Milk), Vegetable Gums (412, 407, 407a, 469, Mineral Salts (452), Flavours.  OR Milk, Sugar, Milk Solids, Sugar, Maltodextrin (derived from Maize), Cream (Milk), Vegetable Gums (417, 407a, 469, Mineral Salts (452), Flavours.  OR Milk, Sugar, Milk Solids, Sugar, Maltodextrin (derived from Maize), Cream (Milk), Vegetable Gums (417, 407a, 469, Mineral Salts (452), Flavours.  OR Milk, Sugar, Milk Solids, Sugar, Maltodextrin (derived from Maize), Cream (Milk), Vegetable Gums (417, 407a, 469, Mineral Salts (452), Flavours.  OR Milk, Sugar, Milk Solids, Sugar, Maltodextrin (derived from Maize), Cream (Milk), Maltodextrin (derived from Maize), Vegetable Gums (417, 407a, 469, Mineral Salts (452), Flavours.  OR Milk, Sugar, Milk Solids, Sugar, Maltodextrin (derived from Maize), Vegetable Gums (417, 407a, 469, Mineral Salts (452), Flavours.  OR Milk, Sugar, Milk Solids, Sugar, Maltodextrin (derived from Maize), Vegetable Gums (417, 407a, 469, Mineral Salts (452), Flavours.  OR Milk, Sugar, Milk Solids, Maltodextrin (derived from Maize), Vegetable Gums (417, 407a, 469, Mineral Salts (339, 452), Food Acids (330, 331).  ANILLA SHAKE SYRUP: Water, Sugar, Invert Sugar Syrup, Glucose Syrup, Burnt Sugar Syrup, Natural Flavour, Preservative (202), Acidity Regulator (330).  Saturated Fat (g) 4.3 1.3 5.7 1.3 7.2 1.1 8.2 2.1 1.1 8.2 2.1 1.1 8.2 2.1 1.1 8.2 2.1 1.1 8.2 2.1 1.1 8.2 2.1 1.1 8.2 2.1 1.1 8.2 2.1 1.1 8.2 2.1 1.1 8.2 2.1 1.1 8.2 2.1 1.1 8.2 2.1 1.1 8.2 2.1 1.1 8.2 2.1 1.1 8.2 2.1 1.1 8.2 2.1 8.2 3.1 8.2 0.1 8.2 0.1 8.2 0.1 8.2 0.1 8.2 0.1 8.2 0.1 8.2 0.1 8.2 0.1 8.2 0.1 8.2 0.1 8.2 0.1 8.2 0.1 8.2 0.1 8.2 0.								
OR Milk, Sugar, Milk Solids, Maltodextrin (derived from Maize and Tapioca), Cream (Milk), Vegetable Gums (412, 407, 407a, 466), Flavours, Mineral Salts (339, 452), Food Acids (330, 331).  IRAWBERRY SHAKE SYRUP: Invert Sugar Syrup, Water, Glucose Syrup, Sugar, Natural Colour (162), Acidity Regulator (330), Natural Flavours, Preservative (202).  Interview of the Control of the Con		Energy (k I)						
Protein (g)   7,6   2,2   9,8   2,2   12,2   2								125
Fat, total (g)   6.9   2.0   8.8   2.0   11.0   2.0   2.0   2.0   3.8   2.0   11.0   2.0   2.0   3.0								
Saturated Fat (g)   4.6   1.4   6.0   1.4   7.4   1.	5 rkawberkh Shake Shkor. Invert Sugar Syrup, water, Giucuse Syrup, Sugar, Natural Colour (162), Acidity Regulator (350), Natural Flavours, Preservative (202).							
Carbohydrate(g)   47.0   13.7   60.6   13.7   75.4   13.5   Sugars(g)   41.9   12.2   54.0   12.2   67.2   12.5   Sodium (mg)   105   31   156   31   169   31.5   169   31.	Over the Atti.							1.4
Sugars (g)   41.9   12.2   54.0   12.2   67.2   12.5   50.0   10.5   31   156   31   169   31   1	contains min.							13.7
Sodium (mg)   105   31   156   31   169   31   31   35   35								12.2
AKE MIX. Milk, Sulgar, Maltodextrin (derived from Maize), Cream (Milk), Vegetable Gums (412, 407, 407a, 466), Mineral Salt (452), Flavours.  OR. Milk, Sugar, Milk Solids, Skim Milk, Cream (Milk), Maltodextrin (derived from Maize), Uegetable Gums (407, 407a, 466), Mineral Salts (452), Flavours.  Reflection of Milk, Sugar, Milk Solids, Maltodextrin (derived from Maize), Uegetable Gums (412, 407, 407a, 466), Mineral Salts (452), Flavours.  Reflection of Milk, Sugar, Milk Solids, Maltodextrin (derived from Maize), Uegetable Gums (412, 407, 407a, 466), Mineral Salts (452), Flavours.  Reflection of Milk, Sugar, Milk Solids, Maltodextrin (derived from Maize), Uegetable Gums (412, 407, 407a, 466), Mineral Salts (452), Flavours.  Reflection of Milk, Wilk Solids, Maltodextrin (derived from Maize), Uegetable Gums (412, 407, 407a, 466), Mineral Salts (452), Flavours.  Reflection of Milk, Wilk Solids, Maltodextrin (derived from Maize), Uegetable Gums (412, 407, 407a, 466), Mineral Salts (452), Flavours.  Reflection of Milk, Wilk Solids, Maltodextrin (derived from Maize), Uegetable Gums (412, 407, 407a, 466), Mineral Salts (452), Flavours.  Reflection of Milk, Wilk Solids, Maltodextrin (derived from Maize), Uegetable Gums (412, 407, 407a, 466), Mineral Salts (452), Flavours.  Reflection of Milk, Wilk Solids, Maltodextrin (derived from Maize), Uegetable Gums (412, 407, 407a, 466), Mineral Salts (452), Flavours.  Reflection of Milk, Wilk Solids, Maltodextrin (derived from Maize), Uegetable Gums (412, 407, 407a, 466), Mineral Salts (452), Flavours.  Reflection of Milk, Wilk Solids, Maltodextrin (derived from Maize), Uegetable Gums (412, 407, 407a, 466), Mineral Salts (452), Flavours.  Reflection of Milk, Wilk Solids, Maltodextrin (derived from Maize), Uegetable Gums (412, 407, 407a, 466), Mineral Salts (452), Flavours.  Reflection of Milk, Wilk Solids, Maltodextrin (derived from Maize), Uegetable Gums (412, 407, 407a, 466), Mineral Salts (452), Flavours.  Reflection of Milk, Wilk Solids, Maltodextrin (derived from Maize), Veget								31
AKE MIX. Milk, Sulgar, Maltodextrin (derived from Maize), Cream (Milk), Vegetable Gums (412, 407, 407a, 466), Mineral Salt (452), Flavours.  OR. Milk, Sugar, Milk Solids, Skim Milk, Cream (Milk), Maltodextrin (derived from Maize), Uegetable Gums (407, 407a, 466), Mineral Salts (452), Flavours.  Reflection of Milk, Sugar, Milk Solids, Maltodextrin (derived from Maize), Uegetable Gums (412, 407, 407a, 466), Mineral Salts (452), Flavours.  Reflection of Milk, Sugar, Milk Solids, Maltodextrin (derived from Maize), Uegetable Gums (412, 407, 407a, 466), Mineral Salts (452), Flavours.  Reflection of Milk, Sugar, Milk Solids, Maltodextrin (derived from Maize), Uegetable Gums (412, 407, 407a, 466), Mineral Salts (452), Flavours.  Reflection of Milk, Wilk Solids, Maltodextrin (derived from Maize), Uegetable Gums (412, 407, 407a, 466), Mineral Salts (452), Flavours.  Reflection of Milk, Wilk Solids, Maltodextrin (derived from Maize), Uegetable Gums (412, 407, 407a, 466), Mineral Salts (452), Flavours.  Reflection of Milk, Wilk Solids, Maltodextrin (derived from Maize), Uegetable Gums (412, 407, 407a, 466), Mineral Salts (452), Flavours.  Reflection of Milk, Wilk Solids, Maltodextrin (derived from Maize), Uegetable Gums (412, 407, 407a, 466), Mineral Salts (452), Flavours.  Reflection of Milk, Wilk Solids, Maltodextrin (derived from Maize), Uegetable Gums (412, 407, 407a, 466), Mineral Salts (452), Flavours.  Reflection of Milk, Wilk Solids, Maltodextrin (derived from Maize), Uegetable Gums (412, 407, 407a, 466), Mineral Salts (452), Flavours.  Reflection of Milk, Wilk Solids, Maltodextrin (derived from Maize), Uegetable Gums (412, 407, 407a, 466), Mineral Salts (452), Flavours.  Reflection of Milk, Wilk Solids, Maltodextrin (derived from Maize), Uegetable Gums (412, 407, 407a, 466), Mineral Salts (452), Flavours.  Reflection of Milk, Wilk Solids, Maltodextrin (derived from Maize), Uegetable Gums (412, 407, 407a, 466), Mineral Salts (452), Flavours.  Reflection of Milk, Wilk Solids, Maltodextrin (derived from Maize), Veget	Vanilla Thistophaka		Sn	nali	Med	lium	La	rae
OR: Milk, Sugar, Milk Solids, Skim Milk, Cream (Milk), Maltodextrin (derived from Maize), Vegetable Gums (407, 407a, 412, 466), Mineral Salts (452), Flavours.  Energy (k.))  1080  513  1420  513  1420  513  1820  514  515  618  7123  339  123  433  124  433  125  431  431  433  126  431  433  433  127  431  433  433  433  433  433  433  43	vanilla i nicksnake						-	<u> </u>
OR Milk, Sugar, Milk Solids, Maltodextrin (derived from Maize and Tapioca), Cream (Milk), Vegetable Gurns (412, 407, 407a, 466), Flavours, Mineral Salts (339, 452), Food Acids (330, 331).  ANILLA SHAKE SYRUP: Water, Sugar, Invert Sugar Syrup, Glucose Syrup, Burnt Sugar Syrup, Natural Flavour, Preservative (202), Acidity Regulator (330).  Protein (g) 7.0 2.1 9.3 2.1 11.8 2.2 11.5 11.5 11.5 11.5 11.5 11.5 11.5				9 20, 1001112	0 - 7 -	0 - 7 -	0 - 7 -	0 . , .
ANILLA SHAKE SYRUP: Water, Sugar, Invert Sugar Syrup, Glucose Syrup, Burnt Sugar Syrup, Natural Flavour, Preservative (202), Acidity Regulator (330).  Protein (g) 7.0 2.1 9.3 2.1 11.8 2.2    Fat, total (g) 6.3 1.9 8.4 1.9 10.7 1.5    Saturated Fat (g) 4.3 1.3 5.7 1.3 7.2 1.1    Carbohydrate (g) 4.2 12.5 55.9 12.5 71.4 12.	SHAKE MIX: Milk, Milk Solids, Sugar, Maltodextrin (derived from Malze), Cream (Milk), Vegetable Gums (412, 407, 407a, 466), Mineral Salt (452), Flavours.	Energy (b. II)		513	1420	513	1820	
Fat, total (g) 6.3 1.9 8.4 1.9 10.7 1.5 contains: Milk. Saturated Fat (g) 4.3 1.3 5.7 1.3 7.2 1.3 Carbohydrate (g) 4.24 12.5 55.9 12.5 71.4 12.	SHAKE MIX. MIIK, MIIK Solids, Sugar, Maltodextrin (derived from Maize), Cream (MiIk), Vegetable Gums (412, 407, 407a, 466), Mineral Salt (452), Flavours.  OR: Milk, Sugar, Milk Solids, Skim Milk, Cream (Milk), Maltodextrin (derived from Maize), Vegetable Gums (407, 407a, 412, 466), Mineral Salts (452), Flavours.		1080					
Saturated Fat (g)     4.3     1.3     5.7     1.3     7.2     1.3       Carbohydrate (g)     42.4     12.5     55.9     12.5     71.4     12.	SHAKE MIX. Milk, Milk Solids, Sugar, Maltodextrin (derived from Maize), Cream (Milk), Vegetable Gums (412, 407, 407a, 466), Mineral Salt (452), Flavours.  OR: Milk, Sugar, Milk Solids, Skim Milk, Cream (Milk), Maltodextrin (derived from Maize), Vegetable Gums (407, 407a, 412, 466), Mineral Salts (452), Flavours.  OR Milk, Sugar, Milk Solids, Maltodextrin (derived from Maize and Tapioca), Cream (Milk), Vegetable Gums (412, 407, 407a, 466), Flavours, Mineral Salts (339, 452), Food Acids (330, 331).	Energy (Cal)	1080 257	123	339	123	433	123
Carbohydrate (g) 42.4 12.5 55.9 12.5 71.4 12.	SHAKE MIX. MIIk, Milk Solids, Sugar, Maltodextrin (derived from Maize), Cream (Milk), Vegetable Gums (412, 407, 407a, 466), Mineral Salt (452), Flavours.  OR: Milk, Sugar, Milk Solids, Skim Milk, Cream (Milk), Maltodextrin (derived from Maize), Vegetable Gums (407, 407a, 412, 466), Mineral Salts (452), Flavours.	Energy (Cal) Protein (g)	1080 257 7.0	123 2.1	339 9.3	123 2.1	433 11.8	123 2.1
	SHAKE MIX: Milk, Milk Solids, Sugar, Maltodextrin (derived from Maize), Cream (Milk), Vegetable Gums (412, 407, 407a, 466), Mineral Salt (452), Flavours.  OR: Milk, Sugar, Milk Solids, Skim Milk, Cream (Milk), Maltodextrin (derived from Maize), Vegetable Gums (407, 407a, 412, 466), Mineral Salts (452), Flavours.  OR Milk, Sugar, Milk Solids, Maltodextrin (derived from Maize and Tapioca), Cream (Milk), Vegetable Gums (412, 407, 407a, 466), Flavours, Mineral Salts (339, 452), Food Acids (330, 331).  VANILLA SHAKE SYRUP: Water, Sugar, Invert Sugar Syrup, Glucose Syrup, Burnt Sugar Syrup, Natural Flavour, Preservative (202), Acidity Regulator (330).	Energy (Cal) Protein (g) Fat, total (g)	1080 257 7.0 6.3	123 2.1 1.9	339 9.3 8.4	123 2.1 1.9	433 11.8 10.7	123 2.1 1.9
	SHAKE MIX: Milk Solids, Sugar, Maltodextrin (derived from Maize), Cream (Milk), Vegetable Gums (412, 407, 407a, 466), Mineral Salt (452), Flavours.  OR: Milk, Sugar, Milk Solids, Skim Milk, Cream (Milk), Maltodextrin (derived from Maize), Vegetable Gums (407, 407a, 412, 466), Mineral Salts (452), Flavours.  OR Milk, Sugar, Milk Solids, Maltodextrin (derived from Maize and Tapioca), Cream (Milk), Vegetable Gums (412, 407, 407a, 466), Flavours, Mineral Salts (339, 452), Food Acids (330, 331).	Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g)	1080 257 7.0 6.3 4.3	123 2.1 1.9 1.3	339 9.3 8.4 5.7	123 2.1 1.9 1.3	433 11.8 10.7 7.2	123 2.1

## FRAPPES

## Chocolate Frappé

CHOCOLATE FRAPPE BASE: Milk and/or Skim Milk (Reconstituted), Sugar, Cream (Milk), Milk Solids, Cocoa Powder, Emulsifier (471), Stabilisers (412, 410, 466, 407a, 407, Sucrose), Chocolate Flavour, Malt Flavour and/or Malt Extract (from Wheat and/or Barley).

WHIPPED CREAM: Cream (Milk), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407).

CHOCOLATE DRIZZLE: Sugar, Water, Cocoa Powder, Thickener (1442), Colour (150d), Flavour, Salt, Food Acids (330, 331), Preservative (202), Vegetable Gums (415, 417, 401).

Contains: Gluten, Wheat, Milk.

Med	lium	La	rge
Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
2470	471	2790	474
590	113	667	113
9.9	1.9	11.1	1.9
24.4	4.7	28.2	4.8
16.9	3.2	19.6	3.3
80.8	15.4	90.0	15.3
75.4	14.4	84.0	14.3
140	27	156	27
	Avg Qty/Serve 2470 590 9.9 24.4 16.9 80.8 75.4	2470 471 550 113 9.9 1.9 24.4 4.7 16.9 3.2 80.8 15.4 75.4 14.4	Avg Qty / Serve         Avg Qty / 100mL         Avg Qty / Serve           2470         471         2790           590         113         667           9.9         1.9         11.1           24.4         4.7         28.2           16.9         3.2         19.6           80.8         15.4         90.0           75.4         14.4         84.0

#### Coffee Frappé

COFFEE FRAPPE BASE: Milk and/or Skim Milk (Reconstitutes), Sugar, Cream (Milk), Milk Solids, Coffee Powder, Emulsifier (471), Stabiliser (412, 410, 466, 407a, 407, Sucrose), Colours (150c, 150d), Coffee Flavour, Vanilla Flavour.

ICF: Water.

WHIPPED CREAM: Cream (Milk), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407).

CHOCOLATE DRIZZLE: Sugar, Water, Cocoa Powder, Thickener (1442), Colour (150d), Flavour, Salt, Food Acids (330, 331), Preservative (202), Vegetable Gums (415, 417, 401).

Contains: Milk, Caffeine.

May be present: Gluten, Wheat.

	Med	lium	Large			
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL		
Energy (kJ)	2440	462	2700	458		
Energy (Cal)	582	110	644	109		
Protein (g)	11.1	2.1	12.4	2.1		
Fat, total (g)	26.5	5.0	29.1	4.9		
Saturated Fat (g)	18.2	3.4	19.9	3.4		
Carbohydrate (g)	73.1	13.9	81.5	13.8		
Sugars (g)	67.6	12.8	75.3	12.8		
Sodium (mg)	259	49	289	49		
Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g)	582 11.1 26.5 18.2 73.1 67.6	110 2.1 5.0 3.4 13.9	644 12.4 29.1 19.9 81.5 75.3	109 2.1 4.9 3.4 13.8 12.8		

### Salted Caramel Frappé

SALTED CARAMEL FRAPPE BASE: Sugar, Milk Solids, Milk, Cream (Milk), Caramel Flavour, Emulsifier (471), Stabilisers (412, 466, 410, 407a, 407), Salt, Colour (150c).

ICE: Water.

WHIPPED CREAM: Cream (Milk), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407).

CHOCOLATE DRIZZLE: Sugar, Water, Cocoa Powder, Thickener (1442), Colour (150d), Flavour, Salt, Food Acids (330, 331), Preservative (202), Vegetable Gums (415, 417, 401).

Contains: Milk.

May be present: Gluten, Wheat.

	Med	lium	La	rge
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	2250	427	2490	423
Energy (Cal)	538	102	595	101
Protein (g)	11.8	2.2	13.2	2.2
Fat, total (g)	28.4	5.4	31.1	5.3
Saturated Fat (g)	19.4	3.7	21.3	3.6
Carbohydrate (g)	58.7	11.1	65.3	11.1
Sugars (g)	57.9	11.0	64.5	11.0
Sodium (mg)	570	108	638	108

# WATER

## Cool Ridge 600mL Water

Spring Water.

Cool Ridge 600mL Water					
Avg Qty / Serve	Avg Qty / 100mL				
0	0				
0	0				
0.0	0.0				
0.0	0.0				
0.0	0.0				
0.0	0.0				
0.0	0.0				
33	6				
	0 0 0.0 0.0 0.0 0.0 0.0				

## Pop Top™ Water

Spring Water.

	Pop Top™ Water					
	Avg Qty / Serve	Avg Qty / 100mL				
Energy (kJ)	0	0				
Energy (Cal)	0	0				
Protein (g)	0.0	0.0				
Fat, total (g)	0.0	0.0				
Saturated Fat (g)	0.0	0.0				
Carbohydrate (g)	0.0	0.0				
Sugars (g)	0.0	0.0				
Sodium (mg)	5	2				

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Change	e Tracker:					
Date	Document Number/Revision	Document Title	Issued	Upload Date	Description	
15-10-2024	74	Aus Main Drinks Menu_October 2024	15-10-2024	16-10-2024	Removed Orange Fruit Drink	
22-05-2024	73	Aus Main Drinks Menu_May 2024	22-05-2024	29-05-2024	Updated Orange Juice formulation; removed trial containing allergens	
02-04-2024	72	Aus Main Drinks Menu_April 2024	02-04-2024	02-04-2024	Updated to include Orange Juice (with new allergens) and Sprite® and Fanta® Raspberry; remove previous syrup formulation for chocolate, strawberry and vanilla shakes	
09-02-2024	71	Aus Main Drinks Menu_February 2024	20-02-2024	20-02-2024	Updated allergen information for PEAL legislative requirements	