McDonald’s Australia
Beverages Menu
Allergen - Ingredients - Nutrition Information

Information correct as at September 2025

At McDonald's we believe in the nutritional principals of balance, variety and moderation and that eating at McDonald's can fit into a healthy lifestyle. Our goal is to provide you with the information necessary to make informed decisions about your McDonald's menu choices. This guide can help you balance your McDonald's meal with the other meals you eat today, and every day.

This guide is for our McCafe Beverages menu. For information regarding short-time menu items, please either ask a manager in one of our restaurants or contact our Customer Service Department either via our website http://mcdonalds.com.au/contactus or on 02 9875 7100.

The nutrition and ingredient information is based on standard product formulations, standard product assembly and standard serving sizes. Actual sizes and assembly may vary. Due to the individual preparation of each of our menu items, actual values may vary from those listed. Variations may also occur depending on the supplier, country of origin, region of the country of origin, and the season of the year. Further, product formulations may change periodically.

Food Sensitivities and Preferences
As we operate working kitchens please be aware that there is always a risk that traces of allergens may be transferred to ingredients during storage or preparation of food in our kitchens. McDonald's Restaurants are therefore unable to guarantee that any food item sold is free from cross contact of allergens.
No food items are certified as vegetarian. Whilst some ingredients may not contain animal ingredients, we cannot guarantee that there will be no cross contact with ingredients that do contain animal ingredients in our kitchens.

We have a number of Halal certified restaurants. Only those items listed on the certificate in the front counter area and drive thru booth at our restaurants serving Halal options are certified as Halal.

If you would like further information or have food sensitivities or dietary concerns regarding specific ingredients in specific menu items, please contact us at http://mcdonalds.com.au/contactus or call us on 02 9875 7100.

Our allergen labelling complies with Australia New Zealand Food Standards Code – Standard 1.2.3 (Registered 09 March 2021)

Allergen Summary: As we operate working kitchens please be aware that there is always a risk that allergen containing ingredients may be transferred during storage or preparation of food in our kitchens. McDonald's Restaurants are therefore unable to guarantee that any food item sold is free from cross contact of allergens.

	Gluten	Wheat	Egg	Milk	Soy	Sesame	Peanut	Tree nut									Fish	Crustacea	Molluscs	Sulphites	Lupin	Added Preservative	Artificial Colour	Artificial Flavour
								Almond	Brazil Nut	Cashew	Hazelnut	Macadamia	Pecan	Pine Nut	Pistachio	Walnut								
HOT BEVERAGES																								
Espresso																								
Long Back																								
Babyccino - Full Cream Milk	M			P	M			M												M				
Babyccino - Skim Milk	M			P	M			M												M				
Babyccino - Lactose Free Milk	M			P	M			M												M				
Babyccino - Soy Milk	M			P	P			M												M				
Babyccino - Almond Milk	M			P	M			P												M				
Babyccino - Oat Milk	P			P	M			M												M				
Macchiato - Full Cream Milk	M			P	M			M																
Macchiato - Skim Milk	M			P	M			M																
Macchiato - Lactose Free Milk	M			P	M			M																
Macchiato - Soy Milk	M			M	P			M																
Macchiato - Almond Milk	M			M	M			P																
Macchiato - Oat Milk	P			M	M			M																
Cappuccino - Full Cream Milk	M			P	M			M												M				
Cappuccino - Skim Milk	M			P	M			M												M				
Cappuccino - Lactose Free Milk	M			P	M			M												M				
Cappuccino - Soy Milk	M			P	P			M												M				
Cappuccino - Almond Milk	M			P	M			P												M				
Cappuccino - Oat Milk	P			P	M			M												M				
Flat White - Full Cream Milk	M			P	M			M																
Flat White - Skim Milk	M			P	M			M																
Flat White - Lactose Free Milk	M			P	M			M																
Flat White - Soy Milk	M			M	P			M																
Flat White - Almond Milk	M			M	M			P																
Flat White - Oat Milk	P			M	M			M																
Latte - Full Cream Milk	M			P	M			M																
Latte - Skim Milk	M			P	M			M																
Latte - Lactose Free Milk	M			P	M			M																
Latte - Soy Milk	M			M	P			M																
Latte - Almond Milk	M			M	M			P																
Latte - Oat Milk	P			M	M			M																
Piccolo Latte - Full Cream Milk	M			P	M			M																
Piccolo Latte - Skim Milk	M			P	M			M																
Piccolo Latte - Lactose Free Milk	M			P	M			M																
Piccolo Latte - Soy Milk	M			M	P			M																
Piccolo Latte - Almond Milk	M			M	M			P																
Piccolo Latte - Oat Milk	P			M	M			M																

Brands of Lactose Free milk may vary between restaurants. Nutrition and ingredient information based on MilkLab Lactose Free Milk.
Brands of Soy milk may vary between restaurants. Nutrition and ingredient information based on VitaSoy Barista Soy Milk.
Brands of Almond milk may vary between restaurants. Nutrition and ingredient information based on MilkLab Almond Milk.
Brands of Oat milk may vary between restaurants. Nutrition and ingredient information based on MilkLab Oat Milk.
Brands of Full Cream and Skim milk will vary between restaurants.

Chart key:
P: Ingredient is PRESENT in the product as an ingredient, food additive or processing aid.
M: Ingredient may be present

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								Tree nut																
	Gluten	Wheat	Egg	Milk	Soy	Sesame	Peanut	Almond	Brazil Nut	Cashew	Hazelnut	Macadamia	Pecan	Pine Nut	Pistachio	Walnut	Fish	Crustacea	Molluscs	Sulphites	Lupin	Added Preservative	Artificial Colour	Artificial Flavour
HOT BEVERAGES																								
Caramel Flavoured Latte - Full Cream Milk	M			P	M			M														P		
Caramel Flavoured Latte - Skim Milk	M			P	M			M														P		
Caramel Flavoured Latte - Lactose Free Milk	M			P	M			M														P		
Caramel Flavoured Latte - Soy Milk	M			M	P			M														P		
Caramel Flavoured Latte - Almond Milk	M			M	M			P														P		
Caramel Flavoured Latte - Oat Milk	P			M	M			M														P		
Vanilla Flavoured Latte - Full Cream Milk	M			P	M			M														P		
Vanilla Flavoured Latte - Skim Milk	M			P	M			M														P		
Vanilla Flavoured Latte - Lactose Free Milk	M			P	M			M														P		
Vanilla Flavoured Latte - Soy Milk	M			M	P			M														P		
Vanilla Flavoured Latte - Almond Milk	M			M	M			P														P		
Vanilla Flavoured Latte - Oat Milk	P			M	M			M														P		
Hazelnut Flavoured Latte - Full Cream Milk	M			P	M			M														P		
Hazelnut Flavoured Latte - Skim Milk	M			P	M			M														P		
Hazelnut Flavoured Latte - Lactose Free Milk	M			P	M			M														P		
Hazelnut Flavoured Latte - Soy Milk	M			M	P			M														P		
Hazelnut Flavoured Latte - Almond Milk	M			M	M			P														P		
Hazelnut Flavoured Latte - Oat Milk	P			M	M			M														P		
Mocha - Full Cream	M			P	M			M												M				
Mocha - Skim Milk	M			P	M			M												M				
Mocha - Lactose Free Milk	M			P	M			M												M				
Mocha - Soy Milk	M			P	P			M												M				
Mocha - Almond Milk	M			P	M			P												M				
Mocha - Oat Milk	P			P	M			M												M				
Hot Chocolate - Full Cream	M			P	M			M												M				
Hot Chocolate - Skim Milk	M			P	M			M												M				
Hot Chocolate - Lactose Free Milk	M			P	M			M												M				
Hot Chocolate - Soy Milk	M			P	P			M												M				
Hot Chocolate - Almond Milk	M			P	M			P												M				
Hot Chocolate - Oat Milk	P			P	M			M												M				
Chai Latte - Full Cream Milk	P			P	M			M												P				P
Chai Latte - Skim Milk	P			P	M			M												P				P
Chai Latte - Lactose Free Milk	P			P	M			M												P				P
Chai Latte - Soy Milk	P			P	P			M												P				P
Chai Latte - Almond Milk	P			P	M			P												P				P
Chai Latte - Oat Milk	P			P	M			M												P				P
Tea																								

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Brands of Oat milk may vary between restaurants. Nutrition and ingredient information based on MilkLab Oat Milk.
Brands of Full Cream and Skim milk will vary between restaurants.

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	Gluten	Wheat	Egg	Milk	Soy	Sesame	Peanut	Tree nut									Fish	Crustacea	Molluscs	Sulphites	Lupin	Added Preservative	Artificial Colour	Artificial Flavour
								Almond	Brazil Nut	Cashew	Hazelnut	Macadamia	Pecan	Pine Nut	Pistachio	Walnut								
COLD BEVERAGES																								
Iced Long Black																								
Iced Chocolate - Full Cream	M			P	M			M												M		P		P
Iced Chocolate - Skim Milk	M			P	M			M												M		P		P
Iced Chocolate - Lactose Free Milk	M			P	M			M												M		P		P
Iced Chocolate - Soy Milk	M			P	P			M												M		P		P
Iced Chocolate - Almond Milk	M			P	M			P												M		P		P
Iced Chocolate - Oat Milk	P			P	M			M												M		P		P
Iced Mocha - Full Cream	M			P	M			M												M		P		P
Iced Mocha - Skim Milk	M			P	M			M												M		P		P
Iced Mocha - Lactose Free Milk	M			P	M			M												M		P		P
Iced Mocha - Soy Milk	M			P	P			M												M		P		P
Iced Mocha - Almond Milk	M			P	M			P												M		P		P
Iced Mocha - Oat Milk	P			P	M			M												M		P		P
Iced Chai Latte - Full Cream Milk	P			P	M			M												P				P
Iced Chai Latte - Skim Milk	P			P	M			M												P				P
Iced Chai Latte - Lactose Free Milk	P			P	M			M												P				P
Iced Chai Latte - Soy Milk	P			P	P			M												P				P
Iced Chai Latte - Almond Milk	P			P	M			P												P				P
Iced Chai Latte - Oat Milk	P			P	M			M												P				P
Iced Latte - Full Cream Milk	M			P	M			M																
Iced Latte - Skim Milk	M			P	M			M																
Iced Latte - Lactose Free Milk	M			P	M			M																
Iced Latte - Soy Milk	M			M	P			M																
Iced Latte - Almond Milk	M			M	M			P																
Iced Latte - Oat Milk	P			M	M			M																
Deluxe Caramel Flavoured Iced Coffee - Full Cream	M			P	M			M														P		
Deluxe Caramel Flavoured Iced Coffee - Skim Milk	M			P	M			M														P		
Deluxe Caramel Flavoured Iced Coffee - Lactose Free Milk	M			P	M			M														P		
Deluxe Caramel Flavoured Iced Coffee - Soy Milk	M			P	P			M														P		
Deluxe Caramel Flavoured Iced Coffee - Almond Milk	M			P	M			P														P		
Deluxe Caramel Flavoured Iced Coffee - Oat Milk	P			P	M			M														P		

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Brands of Oat milk may vary between restaurants. Nutrition and ingredient information based on MilkLab Oat Milk.
Brands of Full Cream and Skim milk will vary between restaurants.

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								Tree nut																
	Gluten	Wheat	Egg	Milk	Soy	Sesame	Peanut	Almond	Brazil Nut	Cashew	Hazelnut	Macadamia	Pecan	Pine Nut	Pistachio	Walnut	Fish	Crustacea	Molluscs	Sulphites	Lupin	Added Preservative	Artificial Colour	Artificial Flavour
Deluxe Hazelnut Flavoured Iced Coffee - Full Cream	M			P	M			M														P		
Deluxe Hazelnut Flavoured Iced Coffee - Skim Milk	M			P	M			M														P		
Deluxe Hazelnut Flavoured Iced Coffee - Lactose Free Milk	M			P	M			M														P		
Deluxe Hazelnut Flavoured Iced Coffee - Soy Milk	M			P	P			M														P		
Deluxe Hazelnut Flavoured Iced Coffee - Almond Milk	M			P	M			P														P		
Deluxe Hazelnut Flavoured Iced Coffee - Oat Milk	P			P	M			M														P		
Deluxe Vanilla Flavoured Iced Coffee - Full Cream	M			P	M			M														P		
Deluxe Vanilla Flavoured Iced Coffee - Skim Milk	M			P	M			M														P		
Deluxe Vanilla Flavoured Iced Coffee - Lactose Free Milk	M			P	M			M														P		
Deluxe Vanilla Flavoured Iced Coffee - Soy Milk	M			P	P			M														P		
Deluxe Vanilla Flavoured Iced Coffee - Almond Milk	M			P	M			P														P		
Deluxe Vanilla Flavoured Iced Coffee - Oat Milk	P			P	M			M														P		
EXTRAS																								
Flavoured Coffee Syrup Shot																						P		
Marshmallows				M																			P	P
Honey																								

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Brands of Almond milk may vary between restaurants. Nutrition and ingredient information based on MilkLab Almond Milk.
Brands of Oat milk may vary between restaurants. Nutrition and ingredient information based on MilkLab Oat Milk.
Brands of Full Cream and Skim milk will vary between restaurants.

Chart key:
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M: Ingredient may be present

Hot Beverages

Espresso

COFFEE EXTRACT: Coffee, Water.

Contains: Caffeine.

	Espresso	
	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	2	3
Energy (Cal)	<1	1
Protein (g)	0.0	0.1
Fat, total (g)	0.0	0.0
Saturated Fat (g)	0.0	0.0
Carbohydrate (g)	0.0	0.1
Sugars (g)	0.0	0.1
Sodium (mg)	<1	2

Long Black

COFFEE EXTRACT: Coffee, Water.

Contains: Caffeine.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	1	<1	2	<1	2	<1
Energy (Cal)	<1	<1	<1	<1	<1	<1
Protein (g)	0.0	0.0	0.0	0.0	0.1	0.0
Fat, total (g)	0.0	0.0	0.0	0.0	0.0	0.0
Saturated Fat (g)	0.0	0.0	0.0	0.0	0.0	0.0
Carbohydrate (g)	0.0	0.0	0.0	0.0	0.1	0.0
Sugars (g)	0.0	0.0	0.0	0.0	0.1	0.0
Sodium (mg)	<1	<1	<1	<1	1	<1

Babyccino - Full Cream Milk

MILK: Full Cream **Milk**.
HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains: Milk.
May be present: Gluten, Soy, Almond due to equipment cross contact.
HOT CHOCOLATE POWDER may contain: Soy, Sulphites.

	Babyccino - Full Cream Milk	
	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	235	281
Energy (Cal)	56	67
Protein (g)	2.9	3.5
Fat, total (g)	2.8	3.4
Saturated Fat (g)	2.0	2.4
Carbohydrate (g)	4.7	5.6
Sugars (g)	4.4	5.2
Sodium (mg)	37	44

Babyccino - Skim Milk

SKIM MILK: Skim **Milk**.
HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains: Milk.
May be present: Gluten, Soy, Almond due to equipment cross contact.
HOT CHOCOLATE POWDER may contain: Soy, Sulphites.

	Babyccino - Skim Milk	
	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	142	176
Energy (Cal)	34	42
Protein (g)	3.2	4.0
Fat, total (g)	0.1	0.1
Saturated Fat (g)	0.1	0.1
Carbohydrate (g)	4.9	6.0
Sugars (g)	4.8	6.0
Sodium (mg)	38	47

Babyccino - Lactose Free Milk

LACTOSE FREE MILK: **Milk**, Enzyme (Lactase).
HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains: Milk.
May be present: Gluten, Soy, Almond due to equipment cross contact.
HOT CHOCOLATE POWDER may contain: Soy, Sulphites.

	Babyccino - Lactose Free Milk	
	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	233	279
Energy (Cal)	56	67
Protein (g)	2.7	3.2
Fat, total (g)	2.9	3.5
Saturated Fat (g)	2.1	2.5
Carbohydrate (g)	4.5	5.4
Sugars (g)	4.4	5.3
Sodium (mg)	33	39

Babyccino - Soy Milk

SOY MILK: Filtered Water, Whole **Soybean**, Raw Sugar, Minerals (Calcium Phosphate), Vegetable Gums (460, 407, 466), Natural Flavours, Salt, Food Acids (340, 331).
HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains: Milk, Soy.
May be present: Gluten, Almond due to equipment cross contact.
HOT CHOCOLATE POWDER may contain: Soy, Sulphites.

	Babyccino - Soy Milk	
	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	159	192
Energy (Cal)	38	46
Protein (g)	2.5	3.1
Fat, total (g)	1.5	1.8
Saturated Fat (g)	0.3	0.3
Carbohydrate (g)	3.3	3.9
Sugars (g)	2.3	2.8
Sodium (mg)	59	72

Hot Beverages

Babyccino - Almond Milk

ALMOND MILK: Water, **Almonds**, Sugar, Vegetable Oil (Canola or Sunflower), Maltodextrin (From Corn), Acidity Regulators (340, 332), Vegetable Gums (418, 415, 410), Sunflower Lecithin, Salt.
HOT CHOCOLATE POWDER: Sugar, Cocoa Powders, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains: Milk, Almond.
May be present: Gluten, Soy due to equipment cross contact.
HOT CHOCOLATE POWDER may contain: Soy, Sulphites.

	Babyccino - Almond Milk	
	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	137	168
Energy (Cal)	33	40
Protein (g)	0.7	0.9
Fat, total (g)	1.9	2.3
Saturated Fat (g)	0.2	0.2
Carbohydrate (g)	3.1	3.7
Sugars (g)	2.0	2.4
Sodium (mg)	40	49

Babyccino - Oat Milk

OAT MILK: Water, Ground **Oats** (contains **Gluten**), Vegetable Oil (Canola or Sunflower), Acidity Regulator (Dipotassium Phosphate), Minerals (Calcium Phosphate, Calcium Carbonate), Salt.
HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains: Gluten, Milk.
May be present: Soy, Almond due to equipment cross contact.
HOT CHOCOLATE POWDER may contain: Soy, Sulphites.

	Babyccino - Oat Milk	
	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	218	261
Energy (Cal)	52	62
Protein (g)	0.6	0.7
Fat, total (g)	2.1	2.5
Saturated Fat (g)	0.3	0.4
Carbohydrate (g)	7.4	8.9
Sugars (g)	3.2	3.9
Sodium (mg)	46	55

Macchiato - Full Cream

MILK: Full Cream **Milk**.
COFFEE EXTRACT: Coffee, Water.

Contains: Milk, Caffeine.
May be present: Gluten, Soy, Almond due to equipment cross contact.

	Macchiato - Full Cream	
	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	15	39
Energy (Cal)	4	9
Protein (g)	0.2	0.5
Fat, total (g)	0.2	0.5
Saturated Fat (g)	0.1	0.3
Carbohydrate (g)	0.3	0.7
Sugars (g)	0.3	0.7
Sodium (mg)	3	7

Macchiato - Skim Milk

SKIM MILK: Skim **Milk**.
COFFEE EXTRACT: Coffee, Water.

Contains: Milk, Caffeine.
May be present: Gluten, Soy, Almond due to equipment cross contact.

	Macchiato - Skim Milk	
	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	9	22
Energy (Cal)	2	5
Protein (g)	0.2	0.5
Fat, total (g)	0.0	0.0
Saturated Fat (g)	0.0	0.0
Carbohydrate (g)	0.3	0.7
Sugars (g)	0.3	0.7
Sodium (mg)	3	7

Macchiato - Lactose Free Milk

LACTOSE FREE MILK: **Milk**, Enzyme (Lactase).
COFFEE EXTRACT: Coffee, Water.

Contains: Milk, Caffeine.
May be present: Gluten, Soy, Almond due to equipment cross contact.

	Macchiato - Lactose Free Milk	
	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	15	37
Energy (Cal)	4	9
Protein (g)	0.2	0.5
Fat, total (g)	0.2	0.4
Saturated Fat (g)	0.1	0.3
Carbohydrate (g)	0.3	0.7
Sugars (g)	0.3	0.7
Sodium (mg)	3	6

Macchiato - Soy Milk

SOY MILK: Filtered Water, Whole **Soybean**, Raw Sugar, Minerals (Calcium Phosphate), Vegetable Gums (460, 407, 466), Natural Flavours, Salt, Food Acids (340, 331).
COFFEE EXTRACT: Coffee, Water.

Contains: Soy.
May be present: Gluten, Milk, Almond due to equipment cross contact.

	Macchiato - Soy Milk	
	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	10	25
Energy (Cal)	2	6
Protein (g)	0.2	0.5
Fat, total (g)	0.1	0.2
Saturated Fat (g)	0.0	0.0
Carbohydrate (g)	0.2	0.5
Sugars (g)	0.1	0.3
Sodium (mg)	4	11

Hot Beverages

Macchiato - Almond Milk

ALMOND MILK: Water, **Almonds**, Sugar, Vegetable Oil (Canola or Sunflower), Maltodextrin (From Corn), Acidity Regulators (340, 332), Vegetable Gums (418, 415, 410), Sunflower Lecithin, Salt.
HOT CHOCOLATE POWDER: Sugar, Cocoa Powders, Whey Powder (Milk), Flavour, Starch, Salt.

Contains: Almond.
May be present: Gluten, Milk, Soy due to equipment cross contact.

	Macchiato - Almond Milk	
	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	9	22
Energy (Cal)	2	5
Protein (g)	0.1	0.2
Fat, total (g)	0.1	0.3
Saturated Fat (g)	0.0	0.0
Carbohydrate (g)	0.2	0.5
Sugars (g)	0.1	0.3
Sodium (mg)	3	8

Macchiato - Oat Milk

OAT MILK: Water, Ground **Oats** (contains **Gluten**), Vegetable Oil (Canola or Sunflower), Acidity Regulator (Dipotassium Phosphate), Minerals (Calcium Phosphate, Calcium Carbonate), Salt.
COFFEE EXTRACT: Coffee, Water.

Contains: Gluten.
May be present: Milk, Soy, Almond due to equipment cross contact.

	Macchiato - Oat Milk	
	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	14	41
Energy (Cal)	3	10
Protein (g)	0.1	0.2
Fat, total (g)	0.1	0.4
Saturated Fat (g)	0.0	0.1
Carbohydrate (g)	0.4	1.4
Sugars (g)	0.2	0.6
Sodium (mg)	3	10

Cappuccino - Full Cream

MILK: Full Cream **Milk**.
COFFEE EXTRACT: Coffee, Water.
HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains: Milk, Caffeine.
May be present: Gluten, Soy, Almond due to equipment cross contact.
HOT CHOCOLATE POWDER may contain: Soy, Sulphites.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	553	244	909	241	1110	241
Energy (Cal)	132	58	217	58	266	58
Protein (g)	6.9	3.0	11.4	3.0	14.1	3.0
Fat, total (g)	6.7	3.0	11.3	3.0	13.9	3.0
Saturated Fat (g)	4.8	2.1	8.0	2.1	9.8	2.1
Carbohydrate (g)	10.9	4.8	17.3	4.6	21.1	4.6
Sugars (g)	10.2	4.5	16.3	4.3	19.7	4.3
Sodium (mg)	87	39	144	38	177	38

Cappuccino - Skim Milk

SKIM MILK: Skim **Milk**.
COFFEE EXTRACT: Coffee, Water.
HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains: Milk, Caffeine.
May be present: Gluten, Soy, Almond due to equipment cross contact.
HOT CHOCOLATE POWDER may contain: Soy, Sulphites.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	333	151	539	147	659	147
Energy (Cal)	80	36	129	35	157	35
Protein (g)	7.6	3.5	12.7	3.5	15.6	3.5
Fat, total (g)	0.3	0.1	0.4	0.1	0.5	0.1
Saturated Fat (g)	0.2	0.1	0.4	0.1	0.4	0.1
Carbohydrate (g)	11.3	5.2	18.1	4.9	22.0	4.9
Sugars (g)	11.2	5.1	18.0	4.9	21.9	4.9
Sodium (mg)	89	41	148	40	181	40

Cappuccino - Lactose Free Milk

LACTOSE FREE MILK: **Milk**, Enzyme (Lactase).
COFFEE EXTRACT: Coffee, Water.
HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains: Milk, Caffeine.
May be present: Gluten, Soy, Almond due to equipment cross contact.
HOT CHOCOLATE POWDER may contain: Soy, Sulphites.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	547	243	856	228	1100	240
Energy (Cal)	131	58	205	54	264	57
Protein (g)	6.4	2.8	10.1	2.7	13.1	2.8
Fat, total (g)	6.8	3.0	10.8	2.9	14.2	3.1
Saturated Fat (g)	5.0	2.2	7.9	2.1	10.3	2.2
Carbohydrate (g)	10.4	4.6	16.0	4.3	20.0	4.4
Sugars (g)	10.3	4.6	15.9	4.2	20.0	4.3
Sodium (mg)	77	34	121	32	155	34

Cappuccino - Soy Milk

SOY MILK: Filtered Water, Whole **Soybean**, Raw Sugar, Minerals (Calcium Phosphate), Vegetable Gums (460, 407, 466), Natural Flavours, Salt, Food Acids (340, 331).
COFFEE EXTRACT: Coffee, Water.
HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains: Milk, Soy.
May be present: Gluten, Almond due to equipment cross contact.
HOT CHOCOLATE POWDER may contain: Soy, Sulphites.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	372	166	606	162	740	162
Energy (Cal)	89	40	145	39	177	39
Protein (g)	6.0	2.7	10.0	2.7	12.3	2.7
Fat, total (g)	3.6	1.6	6.0	1.6	7.3	1.6
Saturated Fat (g)	0.6	0.3	1.0	0.3	1.3	0.3
Carbohydrate (g)	7.5	3.3	11.6	3.1	14.0	3.1
Sugars (g)	5.3	2.3	7.9	2.1	9.5	2.1
Sodium (mg)	141	63	234	63	288	63

Hot Beverages

Cappuccino - Almond Milk

ALMOND MILK: Water, **Almonds**, Sugar, Vegetable Oil (Canola or Sunflower), Maltodextrin (From Corn), Acidity Regulators (340, 332), Vegetable Gums (418, 415, 410), Sunflower Lecithin, Salt.
COFFEE EXTRACT: Coffee, Water.
HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains: Milk, Almond.
May be present: Gluten, Soy due to equipment cross contact.
HOT CHOCOLATE POWDER may contain: Soy, Sulphites.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	321	145	520	141	635	140
Energy (Cal)	77	35	124	34	152	34
Protein (g)	1.7	0.8	2.8	0.8	3.4	0.8
Fat, total (g)	4.5	2.0	7.5	2.0	9.2	2.0
Saturated Fat (g)	0.4	0.2	0.7	0.2	0.8	0.2
Carbohydrate (g)	7.0	3.2	10.8	2.9	13.0	2.9
Sugars (g)	4.4	2.0	6.5	1.8	7.8	1.7
Sodium (mg)	95	43	157	42	192	43

Cappuccino - Oat Milk

OAT MILK: Water, Ground **Oats** (contains **Gluten**), Vegetable Oil (Canola or Sunflower), Acidity Regulator (Dipotassium Phosphate), Minerals (Calcium Phosphate, Calcium Carbonate), Salt.
COFFEE EXTRACT: Coffee, Water.
HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains: Gluten, Milk.
May be present: Soy, Almond due to equipment cross contact.
HOT CHOCOLATE POWDER may contain: Soy, Sulphites.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	513	227	843	223	1030	224
Energy (Cal)	123	54	201	53	247	53
Protein (g)	1.3	0.6	2.1	0.6	2.6	0.6
Fat, total (g)	5.0	2.2	8.4	2.2	10.3	2.2
Saturated Fat (g)	0.8	0.3	1.3	0.3	1.6	0.3
Carbohydrate (g)	17.4	7.7	28.3	7.5	34.7	7.5
Sugars (g)	7.4	3.3	11.6	3.1	14.0	3.0
Sodium (mg)	109	48	181	48	222	48

Flat White - Full Cream

MILK: Full Cream **Milk**.
COFFEE EXTRACT: Coffee, Water.

Contains: Milk, Caffeine.
May be present: Gluten, Soy, Almond due to equipment cross contact.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	535	233	851	233	1040	235
Energy (Cal)	128	56	203	56	249	56
Protein (g)	6.9	3.0	10.9	3.0	13.4	3.0
Fat, total (g)	6.8	3.0	10.9	3.0	13.3	3.0
Saturated Fat (g)	4.8	2.1	7.7	2.1	9.4	2.1
Carbohydrate (g)	9.7	4.2	15.4	4.2	18.9	4.3
Sugars (g)	9.1	4.0	14.5	4.0	17.7	4.0
Sodium (mg)	85	37	135	37	166	37

Flat White - Skim Milk

SKIM MILK: Skim **Milk**.
COFFEE EXTRACT: Coffee, Water.
HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains: Milk, Caffeine.
May be present: Gluten, Soy, Almond due to equipment cross contact.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	310	139	493	139	571	132
Energy (Cal)	74	33	118	33	137	32
Protein (g)	7.6	3.4	12.1	3.4	13.7	3.2
Fat, total (g)	0.2	0.1	0.3	0.1	0.4	0.1
Saturated Fat (g)	0.2	0.1	0.3	0.1	0.4	0.1
Carbohydrate (g)	10.2	4.6	16.2	4.6	19.1	4.4
Sugars (g)	10.2	4.6	16.2	4.6	19.1	4.4
Sodium (mg)	87	39	139	39	168	39

Flat White - Lactose Free Milk

LACTOSE FREE MILK: **Milk**, Enzyme (Lactase).
COFFEE EXTRACT: Coffee, Water.

Contains: Milk, Caffeine.
May be present: Gluten, Soy, Almond due to equipment cross contact.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	530	232	842	232	1030	233
Energy (Cal)	127	55	201	55	247	56
Protein (g)	6.4	2.8	10.2	2.8	12.4	2.8
Fat, total (g)	7.0	3.0	11.1	3.0	13.6	3.1
Saturated Fat (g)	5.1	2.2	8.1	2.2	9.9	2.2
Carbohydrate (g)	9.2	4.0	14.6	4.0	17.9	4.0
Sugars (g)	9.2	4.0	14.6	4.0	17.9	4.0
Sodium (mg)	75	33	119	33	145	33

Flat White - Soy Milk

SOY MILK: Filtered Water, Whole **Soybean**, Raw Sugar, Minerals (Calcium Phosphate), Vegetable Gums (460, 407, 466), Natural Flavour, Salt, Food Acids (340, 331).
COFFEE EXTRACT: Coffee, Water.

Contains: Soy, Caffeine.
May be present: Gluten, Milk, Almond due to equipment cross contact.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	350	154	557	154	682	155
Energy (Cal)	84	37	133	37	163	37
Protein (g)	6.0	2.6	9.6	2.6	11.7	2.7
Fat, total (g)	3.6	1.6	5.7	1.6	7.0	1.6
Saturated Fat (g)	0.6	0.3	1.0	0.3	1.2	0.3
Carbohydrate (g)	6.2	2.7	9.9	2.7	12.1	2.7
Sugars (g)	4.0	1.8	6.4	1.8	7.8	1.8
Sodium (mg)	140	62	223	62	273	62

Hot Beverages

Flat White - Almond Milk

ALMOND MILK: Water, **Almonds**, Sugar, Vegetable Oil (Canola or Sunflower), Maltodextrin (From Corn), Acidity Regulators (340, 332), Vegetable Gums (418, 415, 410), Sunflower Lecithin, Salt.
COFFEE EXTRACT: Coffee, Water.

Contains: Almond, Caffeine.
May be present: Gluten, Milk, Soy due to equipment cross contact.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	298	133	474	133	581	134
Energy (Cal)	71	32	113	32	139	32
Protein (g)	1.6	0.7	2.5	0.7	3.1	0.7
Fat, total (g)	4.5	2.0	7.2	2.0	8.8	2.0
Saturated Fat (g)	0.4	0.2	0.6	0.2	0.8	0.2
Carbohydrate (g)	5.7	2.6	9.1	2.5	11.2	2.6
Sugars (g)	3.2	1.4	5.0	1.4	6.2	1.4
Sodium (mg)	93	41	148	41	181	42

Flat White - Oat Milk

OAT MILK: Water, Ground Oats (contains Gluten), Vegetable Oil (Canola or Sunflower), Acidity Regulator (Dipotassium Phosphate), Minerals (Calcium Phosphate, Calcium Carbonate), Salt.
COFFEE EXTRACT: Coffee, Water.

Contains: Gluten, Caffeine.
May be present: Milk, Soy, Almond due to equipment cross contact.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	495	216	787	215	964	217
Energy (Cal)	118	52	188	51	230	52
Protein (g)	1.2	0.5	1.9	0.5	2.3	0.5
Fat, total (g)	5.1	2.2	8.1	2.2	9.9	2.2
Saturated Fat (g)	0.8	0.3	1.2	0.3	1.5	0.3
Carbohydrate (g)	16.4	7.2	26.1	7.1	32.0	7.2
Sugars (g)	6.3	2.7	10.0	2.7	12.2	2.7
Sodium (mg)	108	47	171	47	210	47

Latte - Full Cream

MILK: Full Cream **Milk**.
COFFEE EXTRACT: Coffee, Water.

Contains: Milk, Caffeine.
May be present: Gluten, Soy, Almond due to equipment cross contact.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	535	233	769	230	1020	234
Energy (Cal)	128	56	184	55	243	56
Protein (g)	6.9	3.0	9.9	3.0	13.0	3.0
Fat, total (g)	6.8	3.0	9.8	2.9	13.0	3.0
Saturated Fat (g)	4.8	2.1	6.9	2.1	9.2	2.1
Carbohydrate (g)	9.7	4.2	13.9	4.2	18.4	4.2
Sugars (g)	9.1	4.0	13.1	3.9	17.3	4.0
Sodium (mg)	85	37	122	37	162	37

Latte - Skim Milk

SKIM MILK: Skim **Milk**.
COFFEE EXTRACT: Coffee, Water.

Contains: Milk, Caffeine.
May be present: Gluten, Soy, Almond due to equipment cross contact.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	310	139	445	139	588	139
Energy (Cal)	74	33	106	33	140	33
Protein (g)	7.6	3.4	11.0	3.4	14.5	3.4
Fat, total (g)	0.2	0.1	0.3	0.1	0.4	0.1
Saturated Fat (g)	0.2	0.1	0.3	0.1	0.4	0.1
Carbohydrate (g)	10.2	4.6	14.6	4.6	19.3	4.6
Sugars (g)	10.2	4.6	14.6	4.6	19.3	4.6
Sodium (mg)	87	39	126	39	166	39

Latte - Lactose Free Milk

LACTOSE FREE MILK: **Milk**, Enzyme (Lactase).
COFFEE EXTRACT: Coffee, Water.

Contains: Milk, Caffeine.
May be present: Gluten, Soy, Almond due to equipment cross contact.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	530	232	761	229	1010	232
Energy (Cal)	127	55	182	55	240	56
Protein (g)	6.4	2.8	9.2	2.8	12.1	2.8
Fat, total (g)	7.0	3.0	10.0	3.0	13.2	3.1
Saturated Fat (g)	5.1	2.2	7.3	2.2	9.6	2.2
Carbohydrate (g)	9.2	4.0	13.2	4.0	17.4	4.0
Sugars (g)	9.2	4.0	13.2	4.0	17.4	4.0
Sodium (mg)	75	33	107	32	142	33

Latte - Soy Milk

SOY MILK: Filtered Water, Whole **Soybean**, Raw Sugar, Minerals (Calcium Phosphate), Vegetable Gums (460, 407, 466), Natural Flavour, Salt, Food Acids (340, 331).
COFFEE EXTRACT: Coffee, Water.

Contains: Soy, Caffeine.
May be present: Gluten, Milk, Almond due to equipment cross contact.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	350	154	503	152	665	154
Energy (Cal)	84	37	120	36	159	37
Protein (g)	6.0	2.6	8.6	2.6	11.4	2.6
Fat, total (g)	3.6	1.6	5.2	1.6	6.8	1.6
Saturated Fat (g)	0.6	0.3	0.9	0.3	1.1	0.3
Carbohydrate (g)	6.2	2.7	8.9	2.7	11.8	2.7
Sugars (g)	4.0	1.8	5.8	1.7	7.6	1.8
Sodium (mg)	140	62	201	61	266	62

Hot Beverages

Latte - Almond Milk

ALMOND MILK: Water, **Almonds**, Sugar, Vegetable Oil (Canola or Sunflower), Maltodextrin (From Corn), Acidity Regulators (340, 332), Vegetable Gums (418, 415, 410), Sunflower Lecithin, Salt.
COFFEE EXTRACT: Coffee, Water.

Contains: Almond, Caffeine.
May be present: Gluten, Milk, Soy due to equipment cross contact.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	298	133	428	131	565	133
Energy (Cal)	71	32	102	31	135	32
Protein (g)	1.6	0.7	2.3	0.7	3.0	0.7
Fat, total (g)	4.5	2.0	6.5	2.0	8.6	2.0
Saturated Fat (g)	0.4	0.2	0.6	0.2	0.7	0.2
Carbohydrate (g)	5.7	2.6	8.2	2.5	10.9	2.6
Sugars (g)	3.2	1.4	4.6	1.4	6.0	1.4
Sodium (mg)	93	41	134	41	176	41

Latte - Oat Milk

OAT MILK: Water, Ground **Oats** (contains **Gluten**), Vegetable Oil (Canola or Sunflower), Acidity Regulator (Dipotassium Phosphate), Minerals (Calcium Phosphate, Calcium Carbonate), Salt.
COFFEE EXTRACT: Coffee, Water.

Contains: Gluten, Caffeine.
May be present: Milk, Soy, Almond due to equipment cross contact.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	495	216	711	213	939	216
Energy (Cal)	118	52	170	51	224	52
Protein (g)	1.2	0.5	1.7	0.5	2.3	0.5
Fat, total (g)	5.1	2.2	7.3	2.2	9.6	2.2
Saturated Fat (g)	0.8	0.3	1.1	0.3	1.5	0.3
Carbohydrate (g)	16.4	7.2	23.6	7.0	31.1	7.2
Sugars (g)	6.3	2.7	9.0	2.7	11.9	2.7
Sodium (mg)	108	47	155	46	205	47

Piccolo Latte- Full Cream

MILK: Full Cream **Milk**.
COFFEE EXTRACT: Coffee, Water.

Contains: Milk, Caffeine.
May be present: Gluten, Soy, Almond due to equipment cross contact.

	Piccolo Latte- Full Cream	
	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	206	196
Energy (Cal)	49	47
Protein (g)	2.7	2.5
Fat, total (g)	2.6	2.5
Saturated Fat (g)	1.9	1.8
Carbohydrate (g)	3.7	3.6
Sugars (g)	3.5	3.3
Sodium (mg)	33	31

Piccolo Latte- Skim Milk

SKIM MILK: Skim **Milk**.
COFFEE EXTRACT: Coffee, Water.

Contains: Milk, Caffeine.
May be present: Gluten, Soy, Almond due to equipment cross contact.

	Piccolo Latte- Skim Milk	
	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	120	116
Energy (Cal)	29	28
Protein (g)	3.0	2.9
Fat, total (g)	0.1	0.1
Saturated Fat (g)	0.1	0.1
Carbohydrate (g)	3.9	3.8
Sugars (g)	3.9	3.8
Sodium (mg)	34	33

Piccolo Latte - Lactose Free Milk

LACTOSE FREE MILK: **Milk**, Enzyme (Lactase).
COFFEE EXTRACT: Coffee, Water.

Contains: Milk, Caffeine.
May be present: Gluten, Soy, Almond due to equipment cross contact.

	Piccolo Latte - Lactose Free Milk	
	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	204	194
Energy (Cal)	49	46
Protein (g)	2.5	2.4
Fat, total (g)	2.7	2.5
Saturated Fat (g)	2.0	1.9
Carbohydrate (g)	3.6	3.4
Sugars (g)	3.6	3.4
Sodium (mg)	29	28

Piccolo Latte - Soy Milk

SOY MILK: Filtered Water, Whole **Soybean**, Raw Sugar, Minerals (Calcium Phosphate), Vegetable Gums (460, 407, 466), Natural Flavour, Salt, Food Acids (340, 331).
COFFEE EXTRACT: Coffee, Water.

Contains: Soy, Caffeine.
May be present: Gluten, Milk, Almond due to equipment cross contact.

	Piccolo Latte - Soy Milk	
	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	135	129
Energy (Cal)	32	31
Protein (g)	2.3	2.2
Fat, total (g)	1.4	1.3
Saturated Fat (g)	0.2	0.2
Carbohydrate (g)	2.4	2.3
Sugars (g)	1.6	1.5
Sodium (mg)	54	52

Hot Beverages

Piccolo Latte - Almond Milk

ALMOND MILK: Water, **Almonds**, Sugar, Vegetable Oil (Canola or Sunflower), Maltodextrin (From Corn), Acidity Regulators (340, 332), Vegetable Gums (418, 415, 410), Sunflower Lecithin, Salt.
COFFEE EXTRACT: Coffee, Water.

Contains: Almond, Caffeine.
May be present: Gluten, Milk, Soy due to equipment cross contact.

	Piccolo Latte - Almond Milk	
	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	115	111
Energy (Cal)	28	27
Protein (g)	0.6	0.6
Fat, total (g)	1.7	1.7
Saturated Fat (g)	0.2	0.1
Carbohydrate (g)	2.2	2.1
Sugars (g)	1.2	1.2
Sodium (mg)	36	35

Piccolo Latte - Oat Milk

OAT MILK: Water, Ground **Oats** (contains **Gluten**), Vegetable Oil (Canola or Sunflower), Acidity Regulator (Dipotassium Phosphate), Minerals (Calcium Phosphate, Calcium Carbonate), Salt.
COFFEE EXTRACT: Coffee, Water.

Contains: Gluten, Caffeine.
May be present: Milk, Soy, Almond due to equipment cross contact.

	Piccolo Latte - Oat Milk	
	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	191	181
Energy (Cal)	46	43
Protein (g)	0.5	0.5
Fat, total (g)	2.0	1.9
Saturated Fat (g)	0.3	0.3
Carbohydrate (g)	6.3	6.0
Sugars (g)	2.4	2.3
Sodium (mg)	42	40

Caramel Flavoured Latte - Full Cream

MILK: Full Cream **Milk**.
COFFEE EXTRACT: Coffee, Water.
CARAMEL FLAVOURED SYRUP: Cane Sugar Syrup, Filtered Water, Natural Flavourings, Preservative (202), Acidity Regulator (330), Stabilizer (415).

Contains: Milk, Caffeine.
May be present: Gluten, Soy, Almond due to equipment cross contact.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	582	270	979	280	1310	291
Energy (Cal)	139	65	234	67	313	70
Protein (g)	6.0	2.8	9.6	2.7	12.3	2.7
Fat, total (g)	5.9	2.8	9.5	2.7	12.2	2.7
Saturated Fat (g)	4.2	1.9	6.7	1.9	8.6	1.9
Carbohydrate (g)	15.3	7.1	27.3	7.8	38.1	8.5
Sugars (g)	14.8	6.9	26.4	7.5	36.9	8.2
Sodium (mg)	74	34	119	34	152	34

Caramel Flavoured Latte - Skim Milk

SKIM MILK: Skim **Milk**.
COFFEE EXTRACT: Coffee, Water.
CARAMEL FLAVOURED SYRUP: Cane Sugar Syrup, Filtered Water, Natural Flavourings, Preservative (202), Acidity Regulator (330), Stabilizer (415).

Contains: Milk, Caffeine.
May be present: Gluten, Soy, Almond due to equipment cross contact.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	386	184	666	195	906	207
Energy (Cal)	92	44	159	47	217	49
Protein (g)	6.6	3.2	10.6	3.1	13.6	3.1
Fat, total (g)	0.2	0.1	0.3	0.1	0.3	0.1
Saturated Fat (g)	0.2	0.1	0.3	0.1	0.3	0.1
Carbohydrate (g)	15.7	7.5	28.0	8.2	38.9	8.9
Sugars (g)	15.7	7.5	27.9	8.2	38.8	8.9
Sodium (mg)	76	36	122	36	156	36

Caramel Flavoured Latte - Lactose Free Milk

LACTOSE FREE MILK: **Milk**, Enzyme (Lactase).
COFFEE EXTRACT: Coffee, Water.
CARAMEL FLAVOURED SYRUP: Cane Sugar Syrup, Filtered Water, Natural Flavourings, Preservative (202), Acidity Regulator (330), Stabilizer (415).

Contains: Milk, Caffeine.
May be present: Gluten, Soy, Almond due to equipment cross contact.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	577	269	972	279	1300	290
Energy (Cal)	138	64	232	67	310	69
Protein (g)	5.5	2.6	8.9	2.5	11.4	2.5
Fat, total (g)	6.0	2.8	9.7	2.8	12.4	2.8
Saturated Fat (g)	4.4	2.1	7.1	2.0	9.1	2.0
Carbohydrate (g)	14.9	6.9	26.6	7.6	37.2	8.3
Sugars (g)	14.9	6.9	26.5	7.6	37.1	8.3
Sodium (mg)	65	30	104	30	133	30

Caramel Flavoured Latte - Soy Milk

SOY MILK: Filtered Water, Whole **Soybean**, Raw Sugar, Minerals (Calcium Phosphate), Vegetable gums (460, 407, 466), Flavour, Sea Salt, Food Acids (340, 331).
COFFEE EXTRACT: Coffee, Water.
CARAMEL FLAVOURED SYRUP: Cane Sugar Syrup, Filtered Water, Natural Flavourings, Preservative (202), Acidity Regulator (330), Stabilizer (415).

Contains: Soy, Caffeine.
May be present: Gluten, Milk, Almond due to equipment cross contact.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	421	197	722	208	978	219
Energy (Cal)	101	47	173	50	234	52
Protein (g)	5.2	2.4	8.4	2.4	10.7	2.4
Fat, total (g)	3.1	1.5	5.0	1.4	6.4	1.4
Saturated Fat (g)	0.5	0.2	0.8	0.2	1.1	0.2
Carbohydrate (g)	12.3	5.8	22.5	6.5	31.9	7.1
Sugars (g)	10.4	4.9	19.4	5.6	27.8	6.2
Sodium (mg)	122	57	195	56	250	56

Hot Beverages

Caramel Flavoured Latte - Almond Milk

ALMOND MILK: Water, **Almonds**, Sugar, Vegetable Oil (Canola or Sunflower), Maltodextrin (From Corn), Acidity Regulators (340, 332), Vegetable Gums (418, 415, 410), Sunflower Lecithin, Salt.
COFFEE EXTRACT: Coffee, Water.
CARAMEL FLAVOURED SYRUP: Cane Sugar Syrup, Filtered Water, Natural Flavourings, Preservative (202), Acidity Regulator (330), Stabilizer (415).

Contains: Almond, Caffeine.
May be present: Gluten, Milk, Soy due to equipment cross contact.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	376	178	650	189	885	201
Energy (Cal)	90	43	155	45	212	48
Protein (g)	1.4	0.7	2.2	0.6	2.9	0.6
Fat, total (g)	3.9	1.9	6.3	1.8	8.1	1.8
Saturated Fat (g)	0.3	0.2	0.5	0.2	0.7	0.2
Carbohydrate (g)	11.9	5.6	21.8	6.4	31.0	7.0
Sugars (g)	9.6	4.6	18.2	5.3	26.3	6.0
Sodium (mg)	81	38	129	38	166	38

Caramel Flavoured Latte - Oat Milk

OAT MILK: Water, Ground **Oats** (contains **Gluten**), Vegetable Oil (Canola or Sunflower), Acidity Regulator (Dipotassium Phosphate), Minerals (Calcium Phosphate, Calcium Carbonate), Salt.
COFFEE EXTRACT: Coffee, Water.
CARAMEL FLAVOURED SYRUP: Cane Sugar Syrup, Filtered Water, Natural Flavourings, Preservative (202), Acidity Regulator (330), Stabilizer (415).

Contains: Gluten, Caffeine.
May be present: Milk, Soy, Almond due to equipment cross contact.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	547	254	923	264	1240	275
Energy (Cal)	131	61	221	63	295	66
Protein (g)	1.0	0.5	1.7	0.5	2.1	0.5
Fat, total (g)	4.4	2.0	7.1	2.0	9.1	2.0
Saturated Fat (g)	0.7	0.3	1.1	0.3	1.4	0.3
Carbohydrate (g)	21.1	9.8	36.7	10.5	50.1	11.1
Sugars (g)	12.3	5.7	22.5	6.4	31.8	7.1
Sodium (mg)	94	43	150	43	193	43

Vanilla Flavoured Latte - Full Cream

MILK: Full Cream **Milk**.
COFFEE EXTRACT: Coffee, Water.
VANILLA FLAVOURED SYRUP: Cane Sugar Syrup, Filtered Water, Natural Flavourings, Preservative (202), Acidity Regulator (330), Stabilizer(415).

Contains: Milk, Caffeine.
May be present: Gluten, Soy, Almond due to equipment cross contact.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	582	270	979	280	1310	291
Energy (Cal)	139	65	234	67	313	70
Protein (g)	6.0	2.8	9.6	2.7	12.3	2.7
Fat, total (g)	5.9	2.8	9.5	2.7	12.2	2.7
Saturated Fat (g)	4.2	1.9	6.7	1.9	8.6	1.9
Carbohydrate (g)	15.3	7.1	27.3	7.8	38.1	8.5
Sugars (g)	14.8	6.9	26.4	7.5	36.9	8.2
Sodium (mg)	74	34	119	34	152	34

Vanilla Flavoured Latte - Skim Milk

SKIM MILK: Skim **Milk**.
COFFEE EXTRACT: Coffee, Water.
VANILLA FLAVOURED SYRUP: Cane Sugar Syrup, Filtered Water, Natural Flavourings, Preservative (202), Acidity Regulator (330), Stabilizer(415).

Contains: Milk, Caffeine.
May be present: Gluten, Soy, Almond due to equipment cross contact.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	386	184	666	195	906	207
Energy (Cal)	92	44	159	47	217	49
Protein (g)	6.6	3.2	10.6	3.1	13.6	3.1
Fat, total (g)	0.2	0.1	0.3	0.1	0.3	0.1
Saturated Fat (g)	0.2	0.1	0.3	0.1	0.3	0.1
Carbohydrate (g)	15.7	7.5	28.0	8.2	38.9	8.9
Sugars (g)	15.7	7.5	27.9	8.2	38.8	8.9
Sodium (mg)	76	36	122	36	156	36

Vanilla Flavoured Latte - Lactose Free Milk

LACTOSE FREE MILK: **Milk**, Enzyme (Lactase).
COFFEE EXTRACT: Coffee, Water.
VANILLA FLAVOURED SYRUP: Cane Sugar Syrup, Filtered Water, Natural Flavourings, Preservative (202), Acidity Regulator (330), Stabilizer(415).

Contains: Milk, Caffeine.
May be present: Gluten, Soy, Almond due to equipment cross contact.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	577	269	972	279	1300	290
Energy (Cal)	138	64	232	67	310	69
Protein (g)	5.5	2.6	8.9	2.5	11.4	2.5
Fat, total (g)	6.0	2.8	9.7	2.8	12.4	2.8
Saturated Fat (g)	4.4	2.1	7.1	2.0	9.1	2.0
Carbohydrate (g)	14.9	6.9	26.6	7.6	37.2	8.3
Sugars (g)	14.9	6.9	26.5	7.6	37.1	8.3
Sodium (mg)	65	30	104	30	133	30

Vanilla Flavoured Latte - Soy Milk

SOY MILK: Filtered Water, Whole **Soybean**, Raw Sugar, Minerals (Calcium Phosphate), Vegetable gums (460, 407, 466), Flavour, Sea Salt, Food Acids (340, 331).
COFFEE EXTRACT: Coffee, Water.
VANILLA FLAVOURED SYRUP: Cane Sugar Syrup, Filtered Water, Natural Flavourings, Preservative (202), Acidity Regulator (330), Stabilizer(415).

Contains: Soy, Caffeine.
May be present: Gluten, Milk, Almond due to equipment cross contact.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	421	197	722	208	978	219
Energy (Cal)	101	47	173	50	234	52
Protein (g)	5.2	2.4	8.4	2.4	10.7	2.4
Fat, total (g)	3.1	1.5	5.0	1.4	6.4	1.4
Saturated Fat (g)	0.5	0.2	0.8	0.2	1.1	0.2
Carbohydrate (g)	12.3	5.8	22.5	6.5	31.9	7.1
Sugars (g)	10.4	4.9	19.4	5.6	27.8	6.2
Sodium (mg)	122	57	195	56	250	56

Hot Beverages

Vanilla Flavoured Latte - Almond Milk

ALMOND MILK: Water, **Almonds**, Sugar, Vegetable Oil (Canola or Sunflower), Maltodextrin (From Corn), Acidity Regulators (340, 332), Vegetable Gums (418, 415, 410), Sunflower Lecithin, Salt.
COFFEE EXTRACT: Coffee, Water.
VANILLA FLAVOURED SYRUP: Cane Sugar Syrup, Filtered Water, Natural Flavourings, Preservative (202), Acidity Regulator (330), Stabilizer(415).

Contains: Almond, Caffeine.
May be present: Gluten, Milk, Soy due to equipment cross contact.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	376	178	650	189	885	201
Energy (Cal)	90	43	155	45	212	48
Protein (g)	1.4	0.7	2.2	0.6	2.9	0.6
Fat, total (g)	3.9	1.9	6.3	1.8	8.1	1.8
Saturated Fat (g)	0.3	0.2	0.5	0.2	0.7	0.2
Carbohydrate (g)	11.9	5.6	21.8	6.4	31.0	7.0
Sugars (g)	9.6	4.6	18.2	5.3	26.3	6.0
Sodium (mg)	81	38	129	38	166	38

Vanilla Flavoured Latte - Oat Milk

OAT MILK: Water, Ground **Oats** (contains **Gluten**), Vegetable Oil (Canola or Sunflower), Acidity Regulator (Dipotassium Phosphate), Minerals (Calcium Phosphate, Calcium Carbonate), Salt.
COFFEE EXTRACT: Coffee, Water.
VANILLA FLAVOURED SYRUP: Cane Sugar Syrup, Filtered Water, Natural Flavourings, Preservative (202), Acidity Regulator (330), Stabilizer(415).

Contains: Gluten, Caffeine.
May be present: Milk, Soy, Almond due to equipment cross contact.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	547	254	923	264	1240	275
Energy (Cal)	131	61	221	63	295	66
Protein (g)	1.0	0.5	1.7	0.5	2.1	0.5
Fat, total (g)	4.4	2.0	7.1	2.0	9.1	2.0
Saturated Fat (g)	0.7	0.3	1.1	0.3	1.4	0.3
Carbohydrate (g)	21.1	9.8	36.7	10.5	50.1	11.1
Sugars (g)	12.3	5.7	22.5	6.4	31.8	7.1
Sodium (mg)	94	43	150	43	193	43

Hazelnut Flavoured Latte - Full Cream

MILK: Full Cream **Milk**.
COFFEE EXTRACT: Coffee, Water.
HAZELNUT FLAVOURED SYRUP: Cane Sugar Syrup, Filtered Water, Natural Flavourings, Acidity Regulator (330), Preservative (202), Stabilizer (415).

Contains: Milk, Caffeine.
May be present: Gluten, Soy, Almond due to equipment cross contact.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	582	270	979	280	1310	291
Energy (Cal)	139	65	234	67	313	70
Protein (g)	6.0	2.8	9.6	2.7	12.3	2.7
Fat, total (g)	5.9	2.8	9.5	2.7	12.2	2.7
Saturated Fat (g)	4.2	1.9	6.7	1.9	8.6	1.9
Carbohydrate (g)	15.3	7.1	27.3	7.8	38.1	8.5
Sugars (g)	14.8	6.9	26.4	7.5	36.9	8.2
Sodium (mg)	74	34	119	34	152	34

Hazelnut Flavoured Latte - Skim Milk

SKIM MILK: Skim **Milk**.
COFFEE EXTRACT: Coffee, Water.
HAZELNUT FLAVOURED SYRUP: Cane Sugar Syrup, Filtered Water, Natural Flavourings, Acidity Regulator (330), Preservative (202), Stabilizer (415).

Contains: Milk, Caffeine.
May be present: Gluten, Soy, Almond due to equipment cross contact.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	386	184	666	195	906	207
Energy (Cal)	92	44	159	47	217	49
Protein (g)	6.6	3.2	10.6	3.1	13.6	3.1
Fat, total (g)	0.2	0.1	0.3	0.1	0.3	0.1
Saturated Fat (g)	0.2	0.1	0.3	0.1	0.3	0.1
Carbohydrate (g)	15.7	7.5	28.0	8.2	38.9	8.9
Sugars (g)	15.7	7.5	27.9	8.2	38.8	8.9
Sodium (mg)	76	36	122	36	156	36

Hazelnut Flavoured Latte - Lactose Free Milk

LACTOSE FREE MILK: **Milk**, Enzyme (Lactase).
COFFEE EXTRACT: Coffee, Water.
HAZELNUT FLAVOURED SYRUP: Cane Sugar Syrup, Filtered Water, Natural Flavourings, Acidity Regulator (330), Preservative (202), Stabilizer (415).

Contains: Milk, Caffeine.
May be present: Gluten, Soy, Almond due to equipment cross contact.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	577	269	972	279	1300	290
Energy (Cal)	138	64	232	67	310	69
Protein (g)	5.5	2.6	8.9	2.5	11.4	2.5
Fat, total (g)	6.0	2.8	9.7	2.8	12.4	2.8
Saturated Fat (g)	4.4	2.1	7.1	2.0	9.1	2.0
Carbohydrate (g)	14.9	6.9	26.6	7.6	37.2	8.3
Sugars (g)	14.9	6.9	26.5	7.6	37.1	8.3
Sodium (mg)	65	30	104	30	133	30

Hazelnut Flavoured Latte - Soy Milk

SOY MILK: Filtered Water, Whole **Soybean**, Raw Sugar, Minerals (Calcium Phosphate), Vegetable gums (460, 407, 466), Flavour, Sea Salt, Food Acids (340, 331).
COFFEE EXTRACT: Coffee, Water.
HAZELNUT FLAVOURED SYRUP: Cane Sugar Syrup, Filtered Water, Natural Flavourings, Acidity Regulator (330), Preservative (202), Stabilizer (415).

Contains: Soy, Caffeine.
May be present: Gluten, Milk, Almond due to equipment cross contact.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	421	197	722	208	978	219
Energy (Cal)	101	47	173	50	234	52
Protein (g)	5.2	2.4	8.4	2.4	10.7	2.4
Fat, total (g)	3.1	1.5	5.0	1.4	6.4	1.4
Saturated Fat (g)	0.5	0.2	0.8	0.2	1.1	0.2
Carbohydrate (g)	12.3	5.8	22.5	6.5	31.9	7.1
Sugars (g)	10.4	4.9	19.4	5.6	27.8	6.2
Sodium (mg)	122	57	195	56	250	56

Hot Beverages

Hazelnut Flavoured Latte - Almond Milk

ALMOND MILK: Water, **Almonds**, Sugar, Vegetable Oil (Canola or Sunflower), Maltodextrin (From Corn), Acidity Regulators (340, 332), Vegetable Gums (418, 415, 410), Sunflower Lecithin, Salt.
COFFEE EXTRACT: Coffee, Water.
HAZELNUT FLAVOURED SYRUP: Cane Sugar Syrup, Filtered Water, Natural Flavourings, Acidity Regulator (330), Preservative (202), Stabilizer (415).

Contains: Almond, Caffeine.
May be present: Gluten, Milk, Soy due to equipment cross contact.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	376	178	650	189	885	201
Energy (Cal)	90	43	155	45	212	48
Protein (g)	1.4	0.7	2.2	0.6	2.9	0.6
Fat, total (g)	3.9	1.9	6.3	1.8	8.1	1.8
Saturated Fat (g)	0.3	0.2	0.5	0.2	0.7	0.2
Carbohydrate (g)	11.9	5.6	21.8	6.4	31.0	7.0
Sugars (g)	9.6	4.6	18.2	5.3	26.3	6.0
Sodium (mg)	81	38	129	38	166	38

Hazelnut Flavoured Latte - Oat Milk

OAT MILK: Water, Ground **Oats** (contains **Gluten**), Vegetable Oil (Canola or Sunflower), Acidity Regulator (Dipotassium Phosphate), Minerals (Calcium Phosphate, Calcium Carbonate), Salt.
COFFEE EXTRACT: Coffee, Water.
HAZELNUT FLAVOURED SYRUP: Cane Sugar Syrup, Filtered Water, Natural Flavourings, Acidity Regulator (330), Preservative (202), Stabilizer (415).

Contains: Gluten, Caffeine.
May be present: Milk, Soy, Almond due to equipment cross contact.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	547	254	923	264	1240	275
Energy (Cal)	131	61	221	63	295	66
Protein (g)	1.0	0.5	1.7	0.5	2.1	0.5
Fat, total (g)	4.4	2.0	7.1	2.0	9.1	2.0
Saturated Fat (g)	0.7	0.3	1.1	0.3	1.4	0.3
Carbohydrate (g)	21.1	9.8	36.7	10.5	50.1	11.1
Sugars (g)	12.3	5.7	22.5	6.4	31.8	7.1
Sodium (mg)	94	43	150	43	193	43

Mocha - Full Cream

MILK: Full Cream **Milk**.
COFFEE EXTRACT: Coffee, Water.
HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains: Milk, Caffeine.
May be present: Gluten, Soy, Almond due to equipment cross contact.
HOT CHOCOLATE POWDER may contain: Soy, Sulphites.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	868	319	1290	343	1680	368
Energy (Cal)	207	76	309	82	401	88
Protein (g)	9.1	3.4	12.9	3.4	16.0	3.5
Fat, total (g)	8.3	3.0	11.2	3.0	13.6	3.0
Saturated Fat (g)	5.8	2.1	7.8	2.1	9.5	2.1
Carbohydrate (g)	23.1	8.5	37.2	9.9	50.7	11.1
Sugars (g)	21.6	7.9	34.9	9.3	47.5	10.4
Sodium (mg)	132	48	194	51	249	55

Mocha - Skim Milk

SKIM MILK: Skim **Milk**.
COFFEE EXTRACT: Coffee, Water.
HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains: Milk, Caffeine.
May be present: Gluten, Soy, Almond due to equipment cross contact.
HOT CHOCOLATE POWDER may contain: Soy, Sulphites.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	613	231	958	261	1280	288
Energy (Cal)	147	55	229	62	305	69
Protein (g)	10.0	3.8	14.0	3.8	17.4	3.9
Fat, total (g)	0.8	0.3	1.3	0.4	1.8	0.4
Saturated Fat (g)	0.6	0.2	0.9	0.3	1.3	0.3
Carbohydrate (g)	23.6	8.9	37.9	10.3	51.5	11.6
Sugars (g)	22.8	8.6	36.5	9.9	49.4	11.1
Sodium (mg)	134	51	197	54	253	57

Mocha - Lactose Free Milk

LACTOSE FREE MILK: **Milk**, Enzyme (Lactase).
COFFEE EXTRACT: Coffee, Water.
HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains: Milk, Caffeine.
May be present: Gluten, Soy, Almond due to equipment cross contact.
HOT CHOCOLATE POWDER may contain: Soy, Sulphites.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	862	318	1290	342	1670	367
Energy (Cal)	206	76	307	82	399	88
Protein (g)	8.6	3.2	12.1	3.2	15.2	3.3
Fat, total (g)	8.4	3.1	11.4	3.0	13.8	3.0
Saturated Fat (g)	6.1	2.2	8.2	2.2	9.9	2.2
Carbohydrate (g)	22.5	8.3	36.5	9.7	49.8	11.0
Sugars (g)	21.7	8.0	35.1	9.3	47.7	10.5
Sodium (mg)	120	44	178	48	231	51

Mocha - Soy Milk

SOY MILK: Filtered Water, Whole **Soybean**, Raw Sugar, Minerals (Calcium Phosphate), Vegetable Gums (460, 407, 466), Natural Flavours, Salt, Food Acids (340, 331).
COFFEE EXTRACT: Coffee, Water.
HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains: Milk, Soy, Caffeine.
May be present: Gluten, Almond due to equipment cross contact.
HOT CHOCOLATE POWDER may contain: Soy, Sulphites.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	659	244	1020	272	1350	299
Energy (Cal)	158	58	243	65	323	71
Protein (g)	8.2	3.0	11.6	3.1	14.5	3.2
Fat, total (g)	4.6	1.7	6.4	1.7	7.9	1.7
Saturated Fat (g)	1.0	0.4	1.5	0.4	2.0	0.4
Carbohydrate (g)	19.1	7.1	32.1	8.6	44.5	9.8
Sugars (g)	15.9	5.9	27.4	7.3	38.5	8.5
Sodium (mg)	194	72	276	74	347	77

Hot Beverages

Mocha - Almond Milk

ALMOND MILK: Water, **Almonds**, Sugar, Vegetable Oil (Canola or Sunflower), Maltodextrin (From Corn), Acidity Regulators (340, 332), Vegetable Gums (418, 415, 410), Sunflower Lecithin, Salt.
COFFEE EXTRACT: Coffee, Water.
HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains: Milk, Almond, Caffeine.
May be present: Gluten, Soy due to equipment cross contact.
HOT CHOCOLATE POWDER may contain: Soy, Sulphites.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	600	225	940	255	1260	282
Energy (Cal)	143	54	225	61	301	67
Protein (g)	3.2	1.2	5.0	1.4	6.7	1.5
Fat, total (g)	5.6	2.1	7.7	2.1	9.5	2.1
Saturated Fat (g)	0.8	0.3	1.2	0.3	1.6	0.4
Carbohydrate (g)	18.6	7.0	31.3	8.5	43.6	9.8
Sugars (g)	14.9	5.6	26.1	7.1	37.0	8.3
Sodium (mg)	140	53	205	56	263	59

Mocha - Oat Milk

OAT MILK: Water, Ground **Oats** (contains **Gluten**), Vegetable Oil (Canola or Sunflower), Acidity Regulator (Dipotassium Phosphate), Minerals (Calcium Phosphate, Calcium Carbonate), Salt.
COFFEE EXTRACT: Coffee, Water.
HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains: Gluten, Milk, Caffeine.
May be present: Soy, Almond due to equipment cross contact.
HOT CHOCOLATE POWDER may contain: Soy, Sulphites.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	822	302	1230	327	1580	355
Energy (Cal)	196	72	295	78	377	85
Protein (g)	2.7	1.0	4.4	1.2	5.9	1.3
Fat, total (g)	6.3	2.3	8.6	2.3	10.2	2.3
Saturated Fat (g)	1.2	0.4	1.8	0.5	2.3	0.5
Carbohydrate (g)	30.6	11.2	47.2	12.5	61.6	13.9
Sugars (g)	18.4	6.8	30.7	8.2	42.1	9.5
Sodium (mg)	157	58	228	60	283	64

Hot Chocolate - Full Cream

MILK: Full Cream **Milk**.
WATER: Water.
HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains: Milk.
May be present: Gluten, Soy, Almond due to equipment cross contact.
HOT CHOCOLATE POWDER may contain: Soy, Sulphites.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	1000	405	1660	393	1910	412
Energy (Cal)	240	97	396	94	455	98
Protein (g)	9.1	3.7	15.8	3.7	17.2	3.7
Fat, total (g)	7.5	3.0	13.4	3.2	14.1	3.0
Saturated Fat (g)	5.2	2.1	9.3	2.2	9.8	2.1
Carbohydrate (g)	32.0	12.9	50.3	11.9	61.3	13.3
Sugars (g)	30.0	12.1	47.2	11.2	57.4	12.4
Sodium (mg)	147	59	246	58	279	60

Hot Chocolate - Skim Milk

SKIM MILK: Skim **Milk**.
WATER: Water.
HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains: Milk.
May be present: Gluten, Soy, Almond due to equipment cross contact.
HOT CHOCOLATE POWDER may contain: Soy, Sulphites.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	788	327	1270	308	1510	334
Energy (Cal)	188	78	303	74	360	80
Protein (g)	9.8	4.1	17.1	4.2	18.5	4.1
Fat, total (g)	1.2	0.5	1.8	0.4	2.3	0.5
Saturated Fat (g)	0.8	0.3	1.3	0.3	1.6	0.4
Carbohydrate (g)	32.4	13.4	51.1	12.4	62.1	13.8
Sugars (g)	30.9	12.8	49.0	11.9	59.3	13.1
Sodium (mg)	149	62	250	61	283	63

Hot Chocolate - Lactose Free Milk

LACTOSE FREE MILK: **Milk**, Enzyme (Lactase).
WATER: Water.
HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains: Milk.
May be present: Gluten, Soy, Almond due to equipment cross contact.
HOT CHOCOLATE POWDER may contain: Soy, Sulphites.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	996	405	1650	392	1900	411
Energy (Cal)	238	97	394	94	453	98
Protein (g)	8.6	3.5	14.9	3.5	16.3	3.5
Fat, total (g)	7.6	3.1	13.6	3.2	14.3	3.1
Saturated Fat (g)	5.4	2.2	9.8	2.3	10.2	2.2
Carbohydrate (g)	31.5	12.8	49.4	11.8	60.4	13.1
Sugars (g)	30.0	12.2	47.3	11.3	57.6	12.5
Sodium (mg)	137	56	228	54	261	57

Hot Chocolate - Soy Milk

SOY MILK: Filtered Water, Whole **Soybean**, Raw Sugar, Minerals (Calcium Phosphate), Vegetable Gums (460, 407, 466), Natural Flavours, Salt, Food Acids (340, 331).
WATER: Water.
HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains: Milk, Soy.
May be present: Gluten, Almond due to equipment cross contact.
HOT CHOCOLATE POWDER may contain: Soy, Sulphites.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	827	337	1340	319	1580	344
Energy (Cal)	198	81	320	76	377	82
Protein (g)	8.3	3.4	14.3	3.4	15.6	3.4
Fat, total (g)	4.4	1.8	7.7	1.8	8.3	1.8
Saturated Fat (g)	1.2	0.5	2.0	0.5	2.3	0.5
Carbohydrate (g)	28.7	11.7	44.3	10.6	55.1	12.0
Sugars (g)	25.1	10.3	38.3	9.2	48.5	10.6
Sodium (mg)	199	81	341	82	377	82

Hot Beverages

Hot Chocolate - Almond Milk

ALMOND MILK: Water, **Almonds**, Sugar, Vegetable Oil (Canola or Sunflower), Maltodextrin (From Corn), Acidity Regulators (340, 332), Vegetable Gums (418, 415, 410), Sunflower Lecithin, Salt.
WATER: Water.
HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains: Milk, Almond.
May be present: Gluten, Soy due to equipment cross contact.
HOT CHOCOLATE POWDER may contain: Soy, Sulphites.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	777	321	1250	301	1490	328
Energy (Cal)	186	77	298	72	355	78
Protein (g)	4.1	1.7	6.6	1.6	7.9	1.7
Fat, total (g)	5.3	2.2	9.4	2.3	10.0	2.2
Saturated Fat (g)	1.0	0.4	1.6	0.4	1.9	0.4
Carbohydrate (g)	28.2	11.6	43.4	10.5	54.3	12.0
Sugars (g)	24.3	10.0	36.9	8.9	47.0	10.4
Sodium (mg)	152	64	259	63	293	65

Hot Chocolate - Oat Milk

OAT MILK: Water, Ground **Oats** (contains **Gluten**), Vegetable Oil (Canola or Sunflower), Acidity Regulator (Dipotassium Phosphate), Minerals (Calcium Phosphate, Calcium Carbonate), Salt.
WATER: Water.
HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains: Gluten, Milk.
May be present: Soy, Almond due to equipment cross contact.
HOT CHOCOLATE POWDER may contain: Soy, Sulphites.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	963	390	1590	376	1830	397
Energy (Cal)	230	93	380	90	438	95
Protein (g)	3.7	1.5	5.9	1.4	7.1	1.5
Fat, total (g)	5.8	2.4	10.3	2.4	10.9	2.4
Saturated Fat (g)	1.4	0.6	2.3	0.5	2.6	0.6
Carbohydrate (g)	38.3	15.5	62.0	14.7	73.1	15.8
Sugars (g)	27.3	11.0	42.3	10.0	52.4	11.3
Sodium (mg)	168	68	285	68	319	69

Chai Latte - Full Cream

MILK: Full Cream **Milk**.
WATER: Water.
CHAI POWDER: Sugar, **Milk** Solids, Beverage Whitener [Vegetable Fat, Glucose Syrup Solids, **Milk** Protein, Emulsifiers (471, 472c), Stabilisers [339(ii), 450(i)], Anti-caking Agent (551), Antioxidant (307b)], Maltodextrin, Colour (150d) (**Sulphites**), Spices, Malt Extract (**Barley**), Tea Powder, Flavourings, Vegetable Gum (407), Spice Extract, Anti-caking Agent (551).

Contains: Gluten, Milk, Sulphites, Caffeine.
May be present: Soy, Almond due to equipment cross contact.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	792	344	1310	382	1760	410
Energy (Cal)	189	82	314	91	421	98
Protein (g)	7.7	3.4	12.0	3.5	15.3	3.6
Fat, total (g)	7.6	3.3	11.7	3.4	14.9	3.5
Saturated Fat (g)	5.2	2.3	8.0	2.3	10.1	2.3
Carbohydrate (g)	22.3	9.7	39.7	11.5	55.7	13.0
Sugars (g)	20.3	8.8	36.1	10.5	50.6	11.8
Sodium (mg)	110	48	177	51	232	54

Chai Latte - Skim Milk

SKIM MILK: Skim **Milk**.
WATER: Water.
CHAI POWDER: Sugar, **Milk** Solids, Beverage Whitener [Vegetable Fat, Glucose Syrup Solids, **Milk** Protein, Emulsifiers (471, 472c), Stabilisers [339(ii), 450(i)], Anti-caking Agent (551), Antioxidant (307b)], Maltodextrin, Colour (150d) (**Sulphites**), Spices, Malt Extract (**Barley**), Tea Powder, Flavourings, Vegetable Gum (407), Spice Extract, Anti-caking Agent (551).

Contains: Gluten, Milk, Sulphites, Caffeine.
May be present: Soy, Almond due to equipment cross contact.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	569	253	980	292	1350	322
Energy (Cal)	136	60	234	70	323	77
Protein (g)	8.5	3.8	13.1	3.9	16.8	4.0
Fat, total (g)	1.0	0.4	1.8	0.6	2.7	0.6
Saturated Fat (g)	0.6	0.3	1.1	0.3	1.6	0.4
Carbohydrate (g)	22.8	10.1	40.4	12.1	56.7	13.5
Sugars (g)	21.4	9.5	37.7	11.3	52.6	12.5
Sodium (mg)	112	50	180	54	237	56

Chai Latte - Lactose Free Milk

LACTOSE FREE MILK: **Milk**, Enzyme (Lactase).
WATER: Water.
CHAI POWDER: Sugar, **Milk** Solids, Beverage Whitener [Vegetable Fat, Glucose Syrup Solids, **Milk** Protein, Emulsifiers (471, 472c), Stabilisers [339(ii), 450(i)], Anti-caking Agent (551), Antioxidant (307b)], Maltodextrin, Colour (150d) (**Sulphites**), Spices, Malt Extract (**Barley**), Tea Powder, Flavourings, Vegetable Gum (407), Spice Extract, Anti-caking Agent (551).

Contains: Gluten, Milk, Sulphites, Caffeine.
May be present: Soy, Almond due to equipment cross contact.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	789	342	1310	381	1760	408
Energy (Cal)	189	82	312	91	420	98
Protein (g)	7.3	3.2	11.3	3.3	14.5	3.4
Fat, total (g)	7.7	3.4	11.9	3.5	15.2	3.5
Saturated Fat (g)	5.5	2.4	8.4	2.4	10.6	2.5
Carbohydrate (g)	21.8	9.5	38.9	11.3	54.9	12.8
Sugars (g)	20.5	8.9	36.2	10.6	50.8	11.8
Sodium (mg)	100	43	161	47	213	50

Chai Latte - Soy Milk

SOY MILK: Filtered Water, Whole **Soybean**, Raw Sugar, Minerals (Calcium Phosphate), Vegetable Gums (460, 407, 466), Natural Flavours, Salt, Food Acids (340, 331).
WATER: Water.
CHAI POWDER: Sugar, **Milk** Solids, Beverage Whitener [Vegetable Fat, Glucose Syrup Solids, **Milk** Protein, Emulsifiers (471, 472c), Stabilisers [339(ii), 450(i)], Anti-caking Agent (551), Antioxidant (307b)], Maltodextrin, Colour (150d) (**Sulphites**), Spices, Malt Extract (**Barley**), Tea Powder, Flavourings, Vegetable Gum (407), Spice Extract, Anti-caking Agent (551).

Contains: Gluten, Milk, Soy, Sulphites, Caffeine.
May be present: Almond due to equipment cross contact.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	609	266	1300	304	1430	333
Energy (Cal)	146	63	310	73	341	80
Protein (g)	6.9	3.0	10.7	2.5	13.8	3.2
Fat, total (g)	4.4	1.9	6.9	1.6	9.0	2.1
Saturated Fat (g)	1.0	0.4	1.7	0.4	2.3	0.5
Carbohydrate (g)	18.8	8.2	34.5	8.1	49.4	11.5
Sugars (g)	15.3	6.7	28.5	6.7	41.3	9.6
Sodium (mg)	165	72	259	61	334	78

Hot Beverages

Chai Latte - Almond Milk

ALMOND MILK: Water, **Almonds**, Sugar, Vegetable Oil (Canola or Sunflower), Maltodextrin (From Corn), Acidity Regulators (340, 332), Vegetable Gums (418, 415, 410), Sunflower Lecithin, Salt.
WATER: Water.
CHAI POWDER: Sugar, **Milk** Solids, Beverage Whitener [Vegetable Fat, Glucose Syrup Solids, **Milk** Protein, Emulsifiers (471, 472c), Stabilisers [339(ii), 450(i)], Anti-caking Agent (551), Antioxidant (307b)], Maltodextrin, Colour (150d) (**Sulphites**), Spices, Malt Extract (**Barley**), Tea Powder, Flavourings, Vegetable Gum (407), Spice Extract, Anti-caking Agent (551).

Contains: Gluten, Milk, Almond, Sulphites, Caffeine.
May be present: Soy due to equipment cross contact.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	557	246	962	285	1330	314
Energy (Cal)	133	59	230	68	318	75
Protein (g)	2.5	1.1	4.2	1.2	5.6	1.3
Fat, total (g)	5.3	2.3	8.3	2.5	10.7	2.5
Saturated Fat (g)	0.8	0.4	1.4	0.4	1.9	0.5
Carbohydrate (g)	18.4	8.1	33.8	10.0	48.5	11.5
Sugars (g)	14.4	6.4	27.3	8.1	39.7	9.4
Sodium (mg)	118	52	188	56	247	58

Chai Latte - Oat Milk

OAT MILK: Water, Ground **Oats** (contains **Gluten**), Vegetable Oil (Canola or Sunflower), Acidity Regulator (Dipotassium Phosphate), Minerals (Calcium Phosphate, Calcium Carbonate), Salt.
WATER: Water.
CHAI POWDER: Sugar, **Milk** Solids, Beverage Whitener [Vegetable Fat, Glucose Syrup Solids, **Milk** Protein, Emulsifiers (471, 472c), Stabilisers [339(ii), 450(i)], Anti-caking Agent (551), Antioxidant (307b)], Maltodextrin, Colour (150d) (**Sulphites**), Spices, Malt Extract (**Barley**), Tea Powder, Flavourings, Vegetable Gum (407), Spice Extract, Anti-caking Agent (551).

Contains: Gluten, Milk, Sulphites, Caffeine.
May be present: Soy, Almond due to equipment cross contact.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	754	326	1250	364	1690	392
Energy (Cal)	180	78	300	87	404	94
Protein (g)	2.1	0.9	3.6	1.0	4.9	1.1
Fat, total (g)	5.9	2.5	9.1	2.6	11.7	2.7
Saturated Fat (g)	1.2	0.5	2.0	0.6	2.6	0.6
Carbohydrate (g)	29.0	12.5	49.7	14.4	68.2	15.8
Sugars (g)	17.5	7.6	31.9	9.3	45.4	10.5
Sodium (mg)	133	57	210	61	274	64

Tea

ENGLISH BREAKFAST TEA: Water, Ceylon Tea.
EARL GREY TEA: Water, Ceylon Black Tea, Bergamont Flavour.
JASMINE GREEN TEA: Water, Green Tea with Jasmine Petals.
PEPPERMINT AND CINNAMON TEA: Water, Peppermint Herb, Cinnamon Spice.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	16	6	23	6	27	6
Energy (Cal)	4	1	5	1	6	1
Protein (g)	0.3	0.1	0.4	0.1	0.5	0.1
Fat, total (g)	0.3	0.1	0.4	0.1	0.5	0.1
Saturated Fat (g)	0.0	0.0	0.0	0.0	0.0	0.0
Carbohydrate (g)	0.0	0.0	0.0	0.0	0.0	0.0
Sugars (g)	0.0	0.0	0.0	0.0	0.0	0.0
Sodium (mg)	10	4	15	4	18	4

COLD BEVERAGES

Iced Long Black

WATER: Water.
ICE: Water.
COFFEE EXTRACT: Coffee, Water.

Contains: Caffeine.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	<1	<1	1	<1	2	1
Energy (Cal)	<1	<1	<1	<1	<1	<1
Protein (g)	0.0	0.0	0.0	0.0	0.0	0.0
Fat, total (g)	0.0	0.0	0.0	0.0	0.0	0.0
Saturated Fat (g)	0.0	0.0	0.0	0.0	0.0	0.0
Carbohydrate (g)	0.0	0.0	0.0	0.0	0.0	0.0
Sugars (g)	0.0	0.0	0.0	0.0	0.0	0.0
Sodium (mg)	<1	<1	<1	<1	1	<1

Iced Chocolate - Full Cream

MILK: Full Cream **Milk**.
ICE: Water.
CHOCOLATE SYRUP: Invert Sugar Syrup, Glucose Syrup (Glucose, Preservative (223)), Water, Cocoa Powder, Salt, Preservative (202), Acidity Regulator (330), Flavours.
OR: Invert Sugar Syrup, Water, Glucose Syrup, Cocoa Powder, Salt, Preservative (202), Acidity Regulator (330), Flavours.
WHIPPED CREAM: Cream (**Milk**), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gum (407, 401).
HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains: Milk.
May be present: Gluten, Soy, Almond due to equipment cross contact.
HOT CHOCOLATE POWDER may contain: Soy, Sulphites.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	1140	353	1650	339	2060	336
Energy (Cal)	273	84	394	81	491	80
Protein (g)	7.6	2.4	12.0	2.5	15.1	2.5
Fat, total (g)	12.5	3.9	16.7	3.4	19.7	3.2
Saturated Fat (g)	8.9	2.7	11.8	2.4	13.9	2.3
Carbohydrate (g)	31.7	9.8	47.7	9.8	61.9	10.1
Sugars (g)	27.8	8.6	41.9	8.6	54.3	8.9
Sodium (mg)	166	51	254	52	328	54

COLD BEVERAGES

Iced Chocolate - Skim Milk

SKIM MILK: Skim **Milk**.
ICE: Water.
CHOCOLATE SYRUP: Invert Sugar Syrup, Glucose Syrup (Glucose, Preservative (223)), Water, Cocoa Powder, Salt, Preservative (202), Acidity Regulator (330), Flavours.
OR: Invert Sugar Syrup, Water, Glucose Syrup, Cocoa Powder, Salt, Preservative (202), Acidity Regulator (330), Flavours.
WHIPPED CREAM: Cream (**Milk**), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gum (407, 401).
HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains: Milk.
May be present: Gluten, Soy, Almond due to equipment cross contact.
HOT CHOCOLATE POWDER may contain: Soy, Sulphites.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	938	293	1300	274	1620	270
Energy (Cal)	222	70	311	65	386	64
Protein (g)	8.4	2.6	13.1	2.8	16.6	2.8
Fat, total (g)	6.2	2.0	6.5	1.4	6.7	1.1
Saturated Fat (g)	4.5	1.4	4.7	1.0	4.9	0.8
Carbohydrate (g)	32.1	10.1	48.4	10.2	62.9	10.5
Sugars (g)	28.9	9.1	43.5	9.2	56.4	9.4
Sodium (mg)	168	53	258	54	332	55

Iced Chocolate - Lactose Free Milk

LACTOSE FREE MILK: **Milk**, Enzyme (Lactase).
ICE: Water.
CHOCOLATE SYRUP: Invert Sugar Syrup, Glucose Syrup (Glucose, Preservative (223)), Water, Cocoa Powder, Salt, Preservative (202), Acidity Regulator (330), Flavours.
OR: Invert Sugar Syrup, Water, Glucose Syrup, Cocoa Powder, Salt, Preservative (202), Acidity Regulator (330), Flavours.
WHIPPED CREAM: Cream (**Milk**), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gum (407, 401).
HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains: Milk.
May be present: Gluten, Soy, Almond due to equipment cross contact.
HOT CHOCOLATE POWDER may contain: Soy, Sulphites.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	1220	345	1720	334	2220	328
Energy (Cal)	291	82	411	80	531	78
Protein (g)	8.2	2.3	12.2	2.4	16.3	2.4
Fat, total (g)	13.7	3.9	18.0	3.5	22.2	3.3
Saturated Fat (g)	9.9	2.8	13.0	2.5	16.1	2.4
Carbohydrate (g)	32.6	9.2	48.3	9.4	64.0	9.5
Sugars (g)	29.3	8.3	43.5	8.4	57.6	8.5
Sodium (mg)	167	47	250	49	332	49

Iced Chocolate - Soy Milk

SOY MILK: Filtered Water, Whole **Soybean**, Raw Sugar, Minerals (Calcium Phosphate), Vegetable Gums (460, 407, 466), Natural Flavours, Salt, Food Acids (340, 331).
ICE: Water.
CHOCOLATE SYRUP: Invert Sugar Syrup, Glucose Syrup (Glucose, Preservative (223)), Water, Cocoa Powder, Salt, Preservative (202), Acidity Regulator (330), Flavours.
OR: Invert Sugar Syrup, Water, Glucose Syrup, Cocoa Powder, Salt, Preservative (202), Acidity Regulator (330), Flavours.
WHIPPED CREAM: Cream (**Milk**), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gum (407, 401).
HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains: Milk, Soy.
May be present: Gluten, Almond due to equipment cross contact.
HOT CHOCOLATE POWDER may contain: Soy, Sulphites.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	1010	288	1410	275	1810	268
Energy (Cal)	242	69	337	66	432	64
Protein (g)	7.7	2.2	11.5	2.3	15.4	2.3
Fat, total (g)	9.9	2.8	12.1	2.4	14.4	2.1
Saturated Fat (g)	4.6	1.3	5.0	1.0	5.5	0.8
Carbohydrate (g)	29.3	8.3	43.3	8.4	57.2	8.5
Sugars (g)	23.7	6.7	34.7	6.8	45.8	6.8
Sodium (mg)	240	68	361	70	482	71

Iced Chocolate - Almond Milk

ALMOND MILK: Water, **Almonds**, Sugar, Vegetable Oil (Canola or Sunflower), Maltodextrin (From Corn), Acidity Regulators (340, 332), Vegetable Gums (418, 415, 410), Sunflower Lecithin, Salt.
ICE: Water.
CHOCOLATE SYRUP: Invert Sugar Syrup, Glucose Syrup (Glucose, Preservative (223)), Water, Cocoa Powder, Salt, Preservative (202), Acidity Regulator (330), Flavours.
OR: Invert Sugar Syrup, Water, Glucose Syrup, Cocoa Powder, Salt, Preservative (202), Acidity Regulator (330), Flavours.
WHIPPED CREAM: Cream (**Milk**), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gum (407, 401).
HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains: Milk, Almond.
May be present: Gluten, Soy due to equipment cross contact.
HOT CHOCOLATE POWDER may contain: Soy, Sulphites.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	962	276	1330	262	1690	254
Energy (Cal)	230	66	317	62	405	61
Protein (g)	2.9	0.8	4.1	0.8	5.3	0.8
Fat, total (g)	11.0	3.2	13.8	2.7	16.7	2.5
Saturated Fat (g)	4.7	1.4	5.1	1.0	5.4	0.8
Carbohydrate (g)	28.8	8.3	42.5	8.4	56.1	8.4
Sugars (g)	22.7	6.5	33.3	6.6	43.8	6.6
Sodium (mg)	187	54	280	55	374	56

Iced Chocolate - Oat Milk

OAT MILK: Water, Ground **Oats** (contains **Gluten**), Vegetable Oil (Canola or Sunflower), Acidity Regulator (Dipotassium Phosphate), Minerals (Calcium Phosphate, Calcium Carbonate), Salt.
ICE: Water.
CHOCOLATE SYRUP: Invert Sugar Syrup, Glucose Syrup (Glucose, Preservative (223)), Water, Cocoa Powder, Salt, Preservative (202), Acidity Regulator (330), Flavours.
OR: Invert Sugar Syrup, Water, Glucose Syrup, Cocoa Powder, Salt, Preservative (202), Acidity Regulator (330), Flavours.
WHIPPED CREAM: Cream (**Milk**), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gum (407, 401).
HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains: Gluten, Milk.
May be present: Soy, Almond due to equipment cross contact.
HOT CHOCOLATE POWDER may contain: Soy, Sulphites.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	1100	341	1580	327	1980	323
Energy (Cal)	264	82	379	78	473	77
Protein (g)	2.2	0.7	3.2	0.7	4.0	0.7
Fat, total (g)	10.8	3.3	14.0	2.9	16.2	2.7
Saturated Fat (g)	5.0	1.6	5.6	1.1	6.0	1.0
Carbohydrate (g)	38.1	11.8	58.0	12.0	4.4	12.3
Sugars (g)	25.2	7.8	37.6	7.7	5.6	8.0
Sodium (mg)	187	58	289	60	372	61

COLD BEVERAGES

Iced Mocha - Full Cream

MILK: Full Cream **Milk**.
COFFEE EXTRACT: Coffee, Water.
ICE: Water.
CHOCOLATE SYRUP: Invert Sugar Syrup, Glucose Syrup (Glucose, Preservative (223)), Water, Cocoa Powder, Salt, Preservative (202), Acidity Regulator (330), Flavours.
OR: Invert Sugar Syrup, Water, Glucose Syrup, Cocoa Powder, Salt, Preservative (202), Acidity Regulator (330), Flavours.
WHIPPED CREAM: Cream (**Milk**), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gum (407, 401).
HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains: Milk.
May be present: Gluten, Soy, Almond due to equipment cross contact.
HOT CHOCOLATE POWDER may contain: Soy, Sulphites.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	979	301	1650	330	2180	352
Energy (Cal)	234	72	395	79	522	84
Protein (g)	6.4	2.0	9.9	2.0	12.0	1.9
Fat, total (g)	6.1	1.9	9.5	1.9	11.4	1.8
Saturated Fat (g)	4.3	1.3	6.7	1.3	8.0	1.3
Carbohydrate (g)	37.4	11.5	66.0	13.2	90.7	14.6
Sugars (g)	33.7	10.4	61.0	12.2	83.4	13.4
Sodium (mg)	150	46	216	43	289	47

Iced Mocha - Skim Milk

SKIM MILK: Skim **Milk**.
COFFEE EXTRACT: Coffee, Water.
ICE: Water.
CHOCOLATE SYRUP: Invert Sugar Syrup, Glucose Syrup (Glucose, Preservative (223)), Water, Cocoa Powder, Salt, Preservative (202), Acidity Regulator (330), Flavours.
OR: Invert Sugar Syrup, Water, Glucose Syrup, Cocoa Powder, Salt, Preservative (202), Acidity Regulator (330), Flavours.
WHIPPED CREAM: Cream (**Milk**), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gum (407, 401).
HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains: Milk.
May be present: Gluten, Soy, Almond due to equipment cross contact.
HOT CHOCOLATE POWDER may contain: Soy, Sulphites.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	789	246	1350	275	1830	300
Energy (Cal)	189	59	324	66	437	72
Protein (g)	7.1	2.2	10.9	2.2	13.2	2.2
Fat, total (g)	0.5	0.2	0.7	0.1	1.0	0.2
Saturated Fat (g)	0.4	0.1	0.6	0.1	0.8	0.1
Carbohydrate (g)	37.8	11.8	66.6	13.5	91.4	15.0
Sugars (g)	34.6	10.8	62.4	12.7	85.1	13.9
Sodium (mg)	152	47	219	45	292	48

Iced Mocha - Lactose Free Milk

LACTOSE FREE MILK: **Milk**, Enzyme (Lactase).
COFFEE EXTRACT: Coffee, Water.
ICE: Water.
CHOCOLATE SYRUP: Invert Sugar Syrup, Glucose Syrup (Glucose, Preservative (223)), Water, Cocoa Powder, Salt, Preservative (202), Acidity Regulator (330), Flavours.
OR: Invert Sugar Syrup, Water, Glucose Syrup, Cocoa Powder, Salt, Preservative (202), Acidity Regulator (330), Flavours.
WHIPPED CREAM: Cream (**Milk**), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gum (407, 401).
HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains: Milk.
May be present: Gluten, Soy, Almond due to equipment cross contact.
HOT CHOCOLATE POWDER may contain: Soy, Sulphites.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	975	300	1640	330	2170	351
Energy (Cal)	233	72	392	79	520	84
Protein (g)	6.0	1.9	9.2	1.8	11.2	1.8
Fat, total (g)	6.2	1.9	9.6	1.9	11.6	1.9
Saturated Fat (g)	4.5	1.4	6.9	1.4	8.4	1.4
Carbohydrate (g)	36.9	11.4	65.2	13.1	89.9	14.5
Sugars (g)	33.8	10.4	61.0	12.3	83.6	13.5
Sodium (mg)	141	43	202	41	273	44

Iced Mocha - Soy Milk

SOY MILK: Filtered Water, Whole **Soybean**, Raw Sugar, Minerals (Calcium Phosphate), Vegetable Gums (460, 407, 466), Natural Flavours, Salt, Food Acids (340, 331).
COFFEE EXTRACT: Coffee, Water.
ICE: Water.
CHOCOLATE SYRUP: Invert Sugar Syrup, Glucose Syrup (Glucose, Preservative (223)), Water, Cocoa Powder, Salt, Preservative (202), Acidity Regulator (330), Flavours.
OR: Invert Sugar Syrup, Water, Glucose Syrup, Cocoa Powder, Salt, Preservative (202), Acidity Regulator (330), Flavours.
WHIPPED CREAM: Cream (**Milk**), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gum (407, 401).
HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains: Milk, Soy.
May be present: Gluten, Almond due to equipment cross contact.
HOT CHOCOLATE POWDER may contain: Soy, Sulphites.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	823	254	1620	313	1890	307
Energy (Cal)	197	61	386	75	452	73
Protein (g)	5.7	1.8	8.8	1.7	10.6	1.7
Fat, total (g)	3.4	1.0	5.2	1.0	6.3	1.0
Saturated Fat (g)	0.7	0.2	1.1	0.2	1.4	0.2
Carbohydrate (g)	34.4	10.6	73.4	14.2	85.2	13.8
Sugars (g)	29.4	9.1	65.8	12.7	75.5	12.2
Sodium (mg)	196	61	302	58	375	61

Iced Mocha - Almond Milk

ALMOND MILK: Water, **Almonds**, Sugar, Vegetable Oil (Canola or Sunflower), Maltodextrin (From Corn), Acidity Regulators (340, 332), Vegetable Gums (418, 415, 410), Sunflower Lecithin, Salt.
COFFEE EXTRACT: Coffee, Water.
ICE: Water.
CHOCOLATE SYRUP: Invert Sugar Syrup, Glucose Syrup (Glucose, Preservative (223)), Water, Cocoa Powder, Salt, Preservative (202), Acidity Regulator (330), Flavours.
OR: Invert Sugar Syrup, Water, Glucose Syrup, Cocoa Powder, Salt, Preservative (202), Acidity Regulator (330), Flavours.
WHIPPED CREAM: Cream (**Milk**), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gum (407, 401).
HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains: Milk, Almond.
May be present: Gluten, Soy due to equipment cross contact.
HOT CHOCOLATE POWDER may contain: Soy, Sulphites.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	779	242	1340	271	1810	296
Energy (Cal)	186	58	320	65	433	71
Protein (g)	2.0	0.6	2.9	0.6	3.7	0.6
Fat, total (g)	4.2	1.3	6.4	1.3	7.8	1.3
Saturated Fat (g)	0.6	0.2	0.8	0.2	1.1	0.2
Carbohydrate (g)	34.0	10.6	60.8	12.3	84.5	13.8
Sugars (g)	28.7	8.9	53.2	10.8	74.1	12.1
Sodium (mg)	156	49	226	46	301	49

COLD BEVERAGES

Iced Mocha - Oat Milk

OAT MILK: Water, Ground **Oats** (contains **Gluten**), Vegetable Oil (Canola or Sunflower), Acidity Regulator (Dipotassium Phosphate), Minerals (Calcium Phosphate, Calcium Carbonate), Salt.
COFFEE EXTRACT: Coffee, Water.
ICE: Water.
CHOCOLATE SYRUP: Invert Sugar Syrup, Glucose Syrup (Glucose, Preservative (223)), Water, Cocoa Powder, Salt, Preservative (202), Acidity Regulator (330), Flavours.
OR: Invert Sugar Syrup, Water, Glucose Syrup, Cocoa Powder, Salt, Preservative (202), Acidity Regulator (330), Flavours.
WHIPPED CREAM: Cream (**Milk**), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gum (407, 401).
HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains: Gluten, Milk.
May be present: Soy, Almond due to equipment cross contact.
HOT CHOCOLATE POWDER may contain: Soy, Sulphites.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	945	290	1590	320	2120	342
Energy (Cal)	226	69	381	76	506	82
Protein (g)	1.6	0.5	2.4	0.5	3.1	0.5
Fat, total (g)	4.6	1.4	7.1	1.4	8.6	1.4
Saturated Fat (g)	0.9	0.3	1.3	0.3	1.7	0.3
Carbohydrate (g)	43.0	13.2	74.7	15.0	101.0	16.3
Sugars (g)	31.3	9.6	57.2	11.5	79.0	12.7
Sodium (mg)	169	52	245	49	324	52

Iced Chai Latte - Full Cream

MILK: Full Cream **Milk**.
ICE: Water.
WATER: Water.
CHAI POWDER: Sugar, **Milk** Solids, Beverage Whitener [Vegetable Fat, Glucose Syrup Solids, **Milk** Protein, Emulsifiers (471, 472c), Stabilisers [339(ii), 450(i)], Anti-caking Agent (551), Antioxidant (307b)], Maltodextrin, Colour (150d) (**Sulphites**), Spices, Malt Extract (**Barley**), Tea Powder, Flavourings, Vegetable Gum (407), Spice Extract, Anti-caking Agent (551).

Contains: Gluten, Milk, Sulphites, Caffeine.
May be present: Soy, Almond due to equipment cross contact.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	828	261	1420	293	1840	315
Energy (Cal)	198	62	340	70	439	75
Protein (g)	8.1	2.6	13.4	2.8	16.3	2.8
Fat, total (g)	8.0	2.5	13.1	2.7	15.9	2.7
Saturated Fat (g)	5.5	1.7	9.0	1.9	10.8	1.8
Carbohydrate (g)	23.1	7.3	41.7	8.6	57.1	9.8
Sugars (g)	21.1	6.6	38.0	7.8	51.8	8.9
Sodium (mg)	115	36	194	40	243	42

Iced Chai Latte - Skim Milk

SKIM MILK: Skim **Milk**.
ICE: Water.
WATER: Water.
CHAI POWDER: Sugar, **Milk** Solids, Beverage Whitener [Vegetable Fat, Glucose Syrup Solids, **Milk** Protein, Emulsifiers (471, 472c), Stabilisers [339(ii), 450(i)], Anti-caking Agent (551), Antioxidant (307b)], Maltodextrin, Colour (150d) (**Sulphites**), Spices, Malt Extract (**Barley**), Tea Powder, Flavourings, Vegetable Gum (407), Spice Extract, Anti-caking Agent (551).

Contains: Gluten, Milk, Sulphites, Caffeine.
May be present: Soy, Almond due to equipment cross contact.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	585	188	1040	220	1390	244
Energy (Cal)	140	45	249	52	332	58
Protein (g)	8.9	2.9	14.7	3.1	17.7	3.1
Fat, total (g)	1.0	0.3	1.9	0.4	2.7	0.5
Saturated Fat (g)	0.6	0.2	1.1	0.2	1.6	0.3
Carbohydrate (g)	23.3	7.5	42.5	8.9	58.0	10.2
Sugars (g)	22.0	7.1	39.8	8.4	53.9	9.5
Sodium (mg)	117	38	198	42	248	43

Iced Chai Latte - Lactose Free Milk

LACTOSE FREE MILK: **Milk**, Enzyme (Lactase).
ICE: Water.
WATER: Water.
CHAI POWDER: Sugar, **Milk** Solids, Beverage Whitener [Vegetable Fat, Glucose Syrup Solids, **Milk** Protein, Emulsifiers (471, 472c), Stabilisers [339(ii), 450(i)], Anti-caking Agent (551), Antioxidant (307b)], Maltodextrin, Colour (150d) (**Sulphites**), Spices, Malt Extract (**Barley**), Tea Powder, Flavourings, Vegetable Gum (407), Spice Extract, Anti-caking Agent (551).

Contains: Gluten, Milk, Sulphites, Caffeine.
May be present: Soy, Almond due to equipment cross contact.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	816	258	1420	292	1820	314
Energy (Cal)	195	62	338	70	436	75
Protein (g)	7.6	2.4	12.6	2.6	15.3	2.6
Fat, total (g)	8.1	2.6	13.3	2.8	16.1	2.8
Saturated Fat (g)	5.7	1.8	9.4	1.9	11.2	1.9
Carbohydrate (g)	22.3	7.0	40.8	8.4	56.1	9.7
Sugars (g)	20.9	6.6	38.1	7.9	52.0	9.0
Sodium (mg)	103	33	176	36	223	38

Iced Chai Latte - Soy Milk

SOY MILK: Filtered Water, Whole **Soybean**, Raw Sugar, Minerals (Calcium Phosphate), Vegetable Gums (460, 407, 466), Natural Flavours, Salt, Food Acids (340, 331).
ICE: Water.
WATER: Water.
CHAI POWDER: Sugar, **Milk** Solids, Beverage Whitener [Vegetable Fat, Glucose Syrup Solids, **Milk** Protein, Emulsifiers (471, 472c), Stabilisers [339(ii), 450(i)], Anti-caking Agent (551), Antioxidant (307b)], Maltodextrin, Colour (150d) (**Sulphites**), Spices, Malt Extract (**Barley**), Tea Powder, Flavourings, Vegetable Gum (407), Spice Extract, Anti-caking Agent (551).

Contains: Gluten, Milk, Soy, Sulphites, Caffeine.
May be present: Almond due to equipment cross contact.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	627	199	1110	230	1470	254
Energy (Cal)	150	47	266	55	351	61
Protein (g)	7.2	2.3	11.9	2.5	14.5	2.5
Fat, total (g)	4.6	1.4	7.6	1.6	9.4	1.6
Saturated Fat (g)	1.0	0.3	1.8	0.4	2.4	0.4
Carbohydrate (g)	19.2	6.1	35.8	7.4	50.2	8.7
Sugars (g)	15.5	4.9	29.4	6.1	41.8	7.2
Sodium (mg)	172	55	287	60	352	61

Iced Chai Latte - Almond Milk

ALMOND MILK: Water, **Almonds**, Sugar, Vegetable Oil (Canola or Sunflower), Maltodextrin (From Corn), Acidity Regulators (340, 332), Vegetable Gums (418, 415, 410), Sunflower Lecithin, Salt.
ICE: Water.
WATER: Water.
CHAI POWDER: Sugar, **Milk** Solids, Beverage Whitener [Vegetable Fat, Glucose Syrup Solids, **Milk** Protein, Emulsifiers (471, 472c), Stabilisers [339(ii), 450(i)], Anti-caking Agent (551), Antioxidant (307b)], Maltodextrin, Colour (150d) (**Sulphites**), Spices, Malt Extract (**Barley**), Tea Powder, Flavourings, Vegetable Gum (407), Spice Extract, Anti-caking Agent (551).

Contains: Gluten, Milk, Sulphites, Almond, Caffeine.
May be present: Soy due to equipment cross contact.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	572	183	1020	214	1370	239
Energy (Cal)	137	44	245	51	327	57
Protein (g)	2.6	0.8	4.5	0.9	5.8	1.0
Fat, total (g)	5.5	1.8	9.2	1.9	11.3	2.0
Saturated Fat (g)	0.8	0.3	1.5	0.3	2.0	0.3
Carbohydrate (g)	18.6	6.0	35.0	7.3	49.2	8.6
Sugars (g)	14.6	4.7	27.9	5.8	40.1	7.0
Sodium (mg)	123	39	207	43	259	45

COLD BEVERAGES

Iced Chai Latte - Oat Milk

OAT MILK: Water, Ground **Oats** (contains **Gluten**), Vegetable Oil (Canola or Sunflower), Acidity Regulator (Dipotassium Phosphate), Minerals (Calcium Phosphate, Calcium Carbonate), Salt.
ICE: Water.
WATER: Water.
CHAI POWDER: Sugar, **Milk** Solids, Beverage Whitener [Vegetable Fat, Glucose Syrup Solids, **Milk** Protein, Emulsifiers (471, 472c), Stabilisers [339(ii), 450(i)], Anti-caking Agent (551), Antioxidant (307b)], Maltodextrin, Colour (150d) (**Sulphites**), Spices, Malt Extract (**Barley**), Tea Powder, Flavourings, Vegetable Gum (407), Spice Extract, Anti-caking Agent (551).

Contains: Gluten, Milk, Sulphites, Caffeine.
May be present: Soy, Almond due to equipment cross contact.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	779	245	1360	279	1760	301
Energy (Cal)	186	59	324	67	420	72
Protein (g)	2.1	0.7	3.8	0.8	5.0	0.9
Fat, total (g)	6.1	1.9	10.1	2.1	12.4	2.1
Saturated Fat (g)	1.2	0.4	2.1	0.4	2.7	0.5
Carbohydrate (g)	29.9	9.4	53.0	10.9	70.3	12.1
Sugars (g)	17.9	5.6	33.2	6.8	46.2	7.9
Sodium (mg)	138	43	232	48	288	49

Iced Latte - Full Cream

MILK: Full Cream **Milk**.
ICE: Water.
SUGAR SYRUP: Sucrose Syrup (Cane), Preservatives (211, 202), Food Acid (330).
COFFEE EXTRACT: Coffee, Water.

Contains: Milk, Caffeine.
May be present: Gluten, Soy, Almond due to equipment cross contact.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	667	213	1110	232	1430	243
Energy (Cal)	160	51	263	55	341	58
Protein (g)	6.7	2.1	10.4	2.2	12.7	2.2
Fat, total (g)	6.7	2.1	10.4	2.2	12.6	2.2
Saturated Fat (g)	4.7	1.5	7.3	1.5	8.9	1.5
Carbohydrate (g)	18.0	5.8	31.9	6.7	43.7	7.4
Sugars (g)	17.4	5.6	30.9	6.5	42.6	7.2
Sodium (mg)	83	27	129	27	158	27

Iced Latte - Skim Milk

SKIM MILK: Skim **Milk**.
ICE: Water.
SUGAR SYRUP: Sucrose Syrup (Cane), Preservatives (211, 202), Food Acid (330).
COFFEE EXTRACT: Coffee, Water.

Contains: Milk, Caffeine.
May be present: Gluten, Soy, Almond due to equipment cross contact.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	448	146	761	163	1010	175
Energy (Cal)	107	35	182	39	241	42
Protein (g)	7.4	2.4	11.6	2.5	14.1	2.4
Fat, total (g)	0.2	0.1	0.3	0.1	0.4	0.1
Saturated Fat (g)	0.2	0.1	0.3	0.1	0.4	0.1
Carbohydrate (g)	18.5	6.0	32.6	7.0	44.5	7.7
Sugars (g)	18.5	6.0	32.6	7.0	44.5	7.7
Sodium (mg)	85	28	133	28	162	28

Iced Latte - Lactose Free Milk

LACTOSE FREE MILK: **Milk**, Enzyme (Lactase).
ICE: Water.
SUGAR SYRUP: Sucrose Syrup (Cane), Preservatives (211, 202), Food Acid (330).
COFFEE EXTRACT: Coffee, Water.

Contains: Milk, Caffeine.
May be present: Gluten, Soy, Almond due to equipment cross contact.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	662	212	1090	231	1420	242
Energy (Cal)	158	51	261	55	338	58
Protein (g)	6.2	2.0	9.7	2.0	11.8	2.0
Fat, total (g)	6.8	2.2	10.5	2.2	12.8	2.2
Saturated Fat (g)	4.9	1.6	7.7	1.6	9.4	1.6
Carbohydrate (g)	17.5	5.6	31.1	6.6	42.7	7.3
Sugars (g)	17.5	5.6	31.1	6.6	42.7	7.3
Sodium (mg)	73	23	113	24	139	24

Iced Latte - Soy Milk

SOY MILK: Filtered Water, Whole **Soybean**, Raw Sugar, Minerals (Calcium Phosphate), Vegetable Gums (460, 407, 466), Natural Flavour, Salt, Food Acids (340, 331).
ICE: Water.
SUGAR SYRUP: Sucrose Syrup (Cane), Preservatives (211, 202), Food Acid (330).
COFFEE EXTRACT: Coffee, Water.

Contains: Soy, Caffeine.
May be present: Gluten, Milk, Almond due to equipment cross contact.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	487	157	822	174	1080	186
Energy (Cal)	116	37	196	42	259	44
Protein (g)	5.9	1.9	9.1	1.9	11.1	1.9
Fat, total (g)	3.5	1.1	5.4	1.1	6.6	1.1
Saturated Fat (g)	0.6	0.2	0.9	0.2	1.1	0.2
Carbohydrate (g)	14.6	4.7	26.6	5.6	37.2	6.4
Sugars (g)	12.5	4.0	23.3	4.9	33.2	5.7
Sodium (mg)	137	44	213	45	260	44

Iced Latte - Almond Milk

ALMOND MILK: Water, **Almonds**, Sugar, Vegetable Oil (Canola or Sunflower), Maltodextrin (From Corn), Acidity Regulators (340, 332), Vegetable Gums (418, 415, 410), Sunflower Lecithin, Salt.
ICE: Water.
SUGAR SYRUP: Sucrose Syrup (Cane), Preservatives (211, 202), Food Acid (330).
COFFEE EXTRACT: Coffee, Water.

Contains: Almond, Caffeine.
May be present: Gluten, Milk, Soy due to equipment cross contact.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	436	141	743	159	988	171
Energy (Cal)	104	34	178	38	236	41
Protein (g)	1.6	0.5	2.4	0.5	3.0	0.5
Fat, total (g)	4.4	1.4	6.8	1.5	8.3	1.4
Saturated Fat (g)	0.4	0.1	0.6	0.1	0.7	0.1
Carbohydrate (g)	14.2	4.6	25.8	5.5	36.3	6.3
Sugars (g)	11.7	3.8	22.0	4.7	31.6	5.5
Sodium (mg)	91	29	141	30	172	30

COLD BEVERAGES

Iced Latte - Oat Milk

OAT MILK: Water, Ground **Oats** (contains **Gluten**), Vegetable Oil (Canola or Sunflower), Acidity Regulator (Dipotassium Phosphate), Minerals (Calcium Phosphate, Calcium Carbonate), Salt.
ICE: Water.
SUGAR SYRUP: Sucrose Syrup (Cane), Preservatives (211, 202), Food Acid (330).
COFFEE EXTRACT: Coffee, Water.

Contains: Gluten, Caffeine.
May be present: Milk, Soy, Almond due to equipment cross contact.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	628	201	1040	219	1350	230
Energy (Cal)	150	48	249	52	323	55
Protein (g)	1.2	0.4	1.8	0.4	2.2	0.4
Fat, total (g)	4.9	1.6	7.7	1.6	9.4	1.6
Saturated Fat (g)	0.7	0.2	1.2	0.2	1.4	0.2
Carbohydrate (g)	24.6	7.8	42.0	8.8	56.1	9.5
Sugars (g)	14.7	4.7	26.7	5.6	37.3	6.4
Sodium (mg)	105	34	164	34	200	34

Deluxe Caramel Flavoured Iced Coffee - Full Cream

MILK: Full Cream **Milk**.
ICE: Water.
CARAMEL FLAVOURED SYRUP: Cane Sugar Syrup, Filtered Water, Natural Flavourings, Preservative (202), Acidity Regulator (330), Stabilizer (415).
COFFEE EXTRACT: Coffee, Water.
WHIPPED CREAM: Cream (**Milk**), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407).
CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains: Milk, Caffeine.
May be present: Gluten, Soy, Almond due to equipment cross contact.
HOT CHOCOLATE POWDER may contain: Soy, Sulphites.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	1100	319	1480	297	1770	292
Energy (Cal)	263	76	354	71	424	70
Protein (g)	6.8	2.0	10.3	2.1	12.5	2.1
Fat, total (g)	12.0	3.5	15.4	3.1	17.6	2.9
Saturated Fat (g)	8.5	2.5	10.9	2.2	12.5	2.0
Carbohydrate (g)	31.6	9.2	43.4	8.7	53.4	8.8
Sugars (g)	30.8	8.9	42.2	8.5	52.1	8.6
Sodium (mg)	87	25	129	26	157	26

Deluxe Caramel Flavoured Iced Coffee - Skim Milk

MILK: Skim **Milk**.
ICE: Water.
CARAMEL FLAVOURED SYRUP: Cane Sugar Syrup, Filtered Water, Natural Flavourings, Preservative (202), Acidity Regulator (330), Stabilizer (415).
COFFEE EXTRACT: Coffee, Water.
WHIPPED CREAM: Cream (**Milk**), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407).
CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains: Milk, Caffeine.
May be present: Gluten, Soy, Almond due to equipment cross contact.
HOT CHOCOLATE POWDER may contain: Soy, Sulphites.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	892	263	1160	238	1380	231
Energy (Cal)	213	63	278	57	330	55
Protein (g)	7.5	2.2	11.3	2.3	13.8	2.3
Fat, total (g)	5.8	1.7	5.9	1.2	6.0	1.0
Saturated Fat (g)	4.2	1.3	4.3	0.9	4.4	0.7
Carbohydrate (g)	32.1	9.5	44.1	9.0	54.3	9.1
Sugars (g)	31.8	9.4	43.8	8.9	53.9	9.0
Sodium (mg)	89	26	132	27	160	27

Deluxe Caramel Flavoured Iced Coffee - Lactose Free Milk

LACTOSE FREE MILK: Milk, Enzyme (Lactase).
ICE: Water.
CARAMEL FLAVOURED SYRUP: Cane Sugar Syrup, Filtered Water, Natural Flavourings, Preservative (202), Acidity Regulator (330), Stabilizer (415).
COFFEE EXTRACT: Coffee, Water.
WHIPPED CREAM: Cream (**Milk**), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407).
CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains: Milk, Caffeine.
May be present: Gluten, Soy, Almond due to equipment cross contact.
HOT CHOCOLATE POWDER may contain: Soy, Sulphites.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	1090	318	1480	297	1760	291
Energy (Cal)	261	76	353	71	422	70
Protein (g)	6.4	1.9	9.6	1.9	11.6	1.9
Fat, total (g)	12.1	3.5	15.5	3.1	17.8	2.9
Saturated Fat (g)	8.7	2.5	11.2	2.3	12.9	2.1
Carbohydrate (g)	31.2	9.1	42.7	8.6	52.6	8.7
Sugars (g)	30.9	9.0	42.4	8.5	52.2	8.6
Sodium (mg)	77	22	114	23	138	23

Deluxe Caramel Flavoured Iced Coffee - Soy Milk

SOY MILK: Filtered Water, Whole **Soybean**, Raw Sugar, Minerals (Calcium Phosphate), Vegetable Gums (460, 407, 466), Natural Flavour, Salt, Food Acids (340, 331).
ICE: Water.
CARAMEL FLAVOURED SYRUP: Cane Sugar Syrup, Filtered Water, Natural Flavourings, Preservative (202), Acidity Regulator (330), Stabilizer (415).
COFFEE EXTRACT: Coffee, Water.
WHIPPED CREAM: Cream (**Milk**), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407).
CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains: Milk, Soy, Caffeine.
May be present: Gluten, Almond due to equipment cross contact.
HOT CHOCOLATE POWDER may contain: Soy, Sulphites.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	929	271	1220	246	1450	240
Energy (Cal)	222	65	292	59	347	57
Protein (g)	6.1	1.8	9.0	1.8	11.0	1.8
Fat, total (g)	9.0	2.6	10.7	2.2	11.9	2.0
Saturated Fat (g)	4.6	1.3	4.9	1.0	5.1	0.8
Carbohydrate (g)	28.4	8.3	38.5	7.8	47.4	7.8
Sugars (g)	26.2	7.6	35.1	7.1	43.2	7.1
Sodium (mg)	137	40	207	42	252	42

COLD BEVERAGES

Deluxe Caramel Flavoured Iced Coffee - Almond Milk

ALMOND MILK: Water, **Almonds**, Sugar, Vegetable Oil (Canola or Sunflower), Maltodextrin (From Corn), Acidity Regulators (340, 332), Vegetable Gums (418, 415, 410), Sunflower Lecithin, Salt.
ICE: Water.
CARAMEL FLAVOURED SYRUP: Cane Sugar Syrup, Filtered Water, Natural Flavourings, Preservative (202), Acidity Regulator (330), Stabilizer (415).
COFFEE EXTRACT: Coffee, Water.
WHIPPED CREAM: Cream (**Milk**), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407).
CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains: Milk, Almond, Caffeine.
May be present: Gluten, Soy due to equipment cross contact.
HOT CHOCOLATE POWDER may contain: Soy, Sulphites.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	881	259	1150	233	1360	227
Energy (Cal)	211	62	274	56	325	54
Protein (g)	2.0	0.6	2.8	0.6	3.3	0.6
Fat, total (g)	9.8	2.9	12.1	2.5	13.5	2.3
Saturated Fat (g)	4.4	1.3	4.6	0.9	4.7	0.8
Carbohydrate (g)	28.0	8.2	37.8	7.7	46.5	7.8
Sugars (g)	25.4	7.5	33.9	6.9	41.8	7.0
Sodium (mg)	94	28	140	28	170	28

Deluxe Caramel Flavoured Iced Coffee - Oat Milk

OAT MILK: Water, Ground **Oats** (contains **Gluten**), Vegetable Oil (Canola or Sunflower), Acidity Regulator (Dipotassium Phosphate), Minerals (Calcium Phosphate, Calcium Carbonate), Salt.
ICE: Water.
CARAMEL FLAVOURED SYRUP: Cane Sugar Syrup, Filtered Water, Natural Flavourings, Preservative (202), Acidity Regulator (330), Stabilizer (415).
COFFEE EXTRACT: Coffee, Water.
WHIPPED CREAM: Cream (**Milk**), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407).
CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains: Gluten, Milk, Caffeine.
May be present: Soy, Almond due to equipment cross contact.
HOT CHOCOLATE POWDER may contain: Soy, Sulphites.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	1060	308	1430	286	1700	280
Energy (Cal)	254	74	341	68	407	67
Protein (g)	1.6	0.5	2.2	0.4	2.6	0.4
Fat, total (g)	10.3	3.0	12.8	2.6	14.5	2.4
Saturated Fat (g)	4.8	1.4	5.1	1.0	5.4	0.9
Carbohydrate (g)	37.8	11.0	52.9	10.6	65.1	10.7
Sugars (g)	28.2	8.2	38.2	7.7	47.2	7.8
Sodium (mg)	107	31	161	32	196	32

Deluxe Hazelnut Flavoured Iced Coffee - Full Cream

MILK: Full Cream **Milk**.
ICE: Water.
HAZELNUT FLAVOURED SYRUP: Cane Sugar Syrup, Filtered Water, Natural Flavourings, Acidity Regulator (330), Preservative (202), Stabilizer (415).
COFFEE EXTRACT: Coffee, Water.
WHIPPED CREAM: Cream (**Milk**), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407).
CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains: Milk, Caffeine.
May be present: Gluten, Soy, Almond due to equipment cross contact.
HOT CHOCOLATE POWDER may contain: Soy, Sulphites.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	1100	319	1480	297	1770	292
Energy (Cal)	263	76	354	71	424	70
Protein (g)	6.8	2.0	10.3	2.1	12.5	2.1
Fat, total (g)	12.0	3.5	15.4	3.1	17.6	2.9
Saturated Fat (g)	8.5	2.5	10.9	2.2	12.5	2.0
Carbohydrate (g)	31.6	9.2	43.4	8.7	53.4	8.8
Sugars (g)	30.8	8.9	42.2	8.5	52.1	8.6
Sodium (mg)	87	25	129	26	157	26

Deluxe Hazelnut Flavoured Iced Coffee - Skim Milk

MILK: Skim **Milk**.
ICE: Water.
HAZELNUT FLAVOURED SYRUP: Cane Sugar Syrup, Filtered Water, Natural Flavourings, Acidity Regulator (330), Preservative (202), Stabilizer (415).
COFFEE EXTRACT: Coffee, Water.
WHIPPED CREAM: Cream (**Milk**), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407).
CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains: Milk, Caffeine.
May be present: Gluten, Soy, Almond due to equipment cross contact.
HOT CHOCOLATE POWDER may contain: Soy, Sulphites.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	892	263	1160	238	1380	231
Energy (Cal)	213	63	278	57	330	55
Protein (g)	7.5	2.2	11.3	2.3	13.8	2.3
Fat, total (g)	5.8	1.7	5.9	1.2	6.0	1.0
Saturated Fat (g)	4.2	1.3	4.3	0.9	4.4	0.7
Carbohydrate (g)	32.1	9.5	44.1	9.0	54.3	9.1
Sugars (g)	31.8	9.4	43.8	8.9	53.9	9.0
Sodium (mg)	89	26	132	27	160	27

Deluxe Hazelnut Flavoured Iced Coffee - Lactose Free Milk

LACTOSE FREE MILK: Milk, Enzyme (Lactase).
ICE: Water.
HAZELNUT FLAVOURED SYRUP: Cane Sugar Syrup, Filtered Water, Natural Flavourings, Acidity Regulator (330), Preservative (202), Stabilizer (415).
COFFEE EXTRACT: Coffee, Water.
WHIPPED CREAM: Cream (**Milk**), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407).
CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains: Milk, Caffeine.
May be present: Gluten, Soy, Almond due to equipment cross contact.
HOT CHOCOLATE POWDER may contain: Soy, Sulphites.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	1090	318	1480	297	1760	291
Energy (Cal)	261	76	353	71	422	70
Protein (g)	6.4	1.9	9.6	1.9	11.6	1.9
Fat, total (g)	12.1	3.5	15.5	3.1	17.8	2.9
Saturated Fat (g)	8.7	2.5	11.2	2.3	12.9	2.1
Carbohydrate (g)	31.2	9.1	42.7	8.6	52.6	8.7
Sugars (g)	30.9	9.0	42.4	8.5	52.2	8.6
Sodium (mg)	77	22	114	23	138	23

COLD BEVERAGES

Deluxe Hazelnut Flavoured Iced Coffee- Soy Milk

SOY MILK: Filtered Water, Whole **Soybean**, Raw Sugar, Minerals (Calcium Phosphate), Vegetable Gums (460, 407, 466), Natural Flavour, Salt, Food Acids (340, 331).
ICE: Water.
HAZELNUT FLAVOURED SYRUP: Cane Sugar Syrup, Filtered Water, Natural Flavourings, Acidity Regulator (330), Preservative (202), Stabilizer (415).
COFFEE EXTRACT: Coffee, Water.
WHIPPED CREAM: Cream (**Milk**), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407).
CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains: Milk, Soy, Caffeine.
May be present: Gluten, Almond due to equipment cross contact.
HOT CHOCOLATE POWDER may contain: Soy, Sulphites.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	929	271	1220	246	1450	240
Energy (Cal)	222	65	292	59	347	57
Protein (g)	6.1	1.8	9.0	1.8	11.0	1.8
Fat, total (g)	9.0	2.6	10.7	2.2	11.9	2.0
Saturated Fat (g)	4.6	1.3	4.9	1.0	5.1	0.8
Carbohydrate (g)	28.4	8.3	38.5	7.8	47.4	7.8
Sugars (g)	26.2	7.6	35.1	7.1	43.2	7.1
Sodium (mg)	137	40	207	42	252	42

Deluxe Hazelnut Flavoured Iced Coffee - Almond Milk

ALMOND MILK: Water, **Almonds**, Sugar, Vegetable Oil (Canola or Sunflower), Maltodextrin (From Corn), Acidity Regulators (340, 332), Vegetable Gums (418, 415, 410), Sunflower Lecithin, Salt.
ICE: Water.
HAZELNUT FLAVOURED SYRUP: Cane Sugar Syrup, Filtered Water, Natural Flavourings, Acidity Regulator (330), Preservative (202), Stabilizer (415).
COFFEE EXTRACT: Coffee, Water.
WHIPPED CREAM: Cream (**Milk**), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407).
CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains: Milk, Almond, Caffeine.
May be present: Gluten, Soy due to equipment cross contact.
HOT CHOCOLATE POWDER may contain: Soy, Sulphites.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	881	259	1150	233	1360	227
Energy (Cal)	211	62	274	56	325	54
Protein (g)	2.0	0.6	2.8	0.6	3.3	0.6
Fat, total (g)	9.8	2.9	12.1	2.5	13.5	2.3
Saturated Fat (g)	4.4	1.3	4.6	0.9	4.7	0.8
Carbohydrate (g)	28.0	8.2	37.8	7.7	46.5	7.8
Sugars (g)	25.4	7.5	33.9	6.9	41.8	7.0
Sodium (mg)	94	28	140	28	170	28

Deluxe Hazelnut Flavoured Iced Coffee - Oat Milk

OAT MILK: Water, Ground **Oats** (contains **Gluten**), Vegetable Oil (Canola or Sunflower), Acidity Regulator (Dipotassium Phosphate), Minerals (Calcium Phosphate, Calcium Carbonate), Salt.
ICE: Water.
HAZELNUT FLAVOURED SYRUP: Cane Sugar Syrup, Filtered Water, Natural Flavourings, Acidity Regulator (330), Preservative (202), Stabilizer (415).
COFFEE EXTRACT: Coffee, Water.
WHIPPED CREAM: Cream (**Milk**), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407).
CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains: Gluten, Milk, Caffeine.
May be present: Soy, Almond due to equipment cross contact.
HOT CHOCOLATE POWDER may contain: Soy, Sulphites.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	1060	308	1430	286	1700	280
Energy (Cal)	254	74	341	68	407	67
Protein (g)	1.6	0.5	2.2	0.4	2.6	0.4
Fat, total (g)	10.3	3.0	12.8	2.6	14.5	2.4
Saturated Fat (g)	4.8	1.4	5.1	1.0	5.4	0.9
Carbohydrate (g)	37.8	11.0	52.9	10.6	65.1	10.7
Sugars (g)	28.2	8.2	38.2	7.7	47.2	7.8
Sodium (mg)	107	31	161	32	196	32

Deluxe Vanilla Flavoured Iced Coffee - Full Cream

MILK: Full Cream **Milk**.
ICE: Water.
VANILLA FLAVOURED SYRUP: Cane Sugar Syrup, Filtered Water, Natural Flavourings, Preservative (202), Acidity Regulator (330), Stabilizer (415).
COFFEE EXTRACT: Coffee, Water.
WHIPPED CREAM: Cream (**Milk**), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407).
CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains: Milk, Caffeine.
May be present: Gluten, Soy, Almond due to equipment cross contact.
HOT CHOCOLATE POWDER may contain: Soy, Sulphites.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	1100	319	1480	297	1770	292
Energy (Cal)	263	76	354	71	424	70
Protein (g)	6.8	2.0	10.3	2.1	12.5	2.1
Fat, total (g)	12.0	3.5	15.4	3.1	17.6	2.9
Saturated Fat (g)	8.5	2.5	10.9	2.2	12.5	2.0
Carbohydrate (g)	31.6	9.2	43.4	8.7	53.4	8.8
Sugars (g)	30.8	8.9	42.2	8.5	52.1	8.6
Sodium (mg)	87	25	129	26	157	26

Deluxe Vanilla Flavoured Iced Coffee - Skim Milk

MILK: Skim **Milk**.
ICE: Water.
VANILLA FLAVOURED SYRUP: Cane Sugar Syrup, Filtered Water, Natural Flavourings, Preservative (202), Acidity Regulator (330), Stabilizer (415).
COFFEE EXTRACT: Coffee, Water.
WHIPPED CREAM: Cream (**Milk**), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407).
CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains: Milk, Caffeine.
May be present: Gluten, Soy, Almond due to equipment cross contact.
HOT CHOCOLATE POWDER may contain: Soy, Sulphites.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	892	263	1160	238	1380	231
Energy (Cal)	213	63	278	57	330	55
Protein (g)	7.5	2.2	11.3	2.3	13.8	2.3
Fat, total (g)	5.8	1.7	5.9	1.2	6.0	1.0
Saturated Fat (g)	4.2	1.3	4.3	0.9	4.4	0.7
Carbohydrate (g)	32.1	9.5	44.1	9.0	54.3	9.1
Sugars (g)	31.8	9.4	43.8	8.9	53.9	9.0
Sodium (mg)	89	26	132	27	160	27

COLD BEVERAGES

Deluxe Vanilla Flavoured Iced Coffee - Lactose Free Milk

LACTOSE FREE MILK: Milk, Enzyme (Lactase).
ICE: Water.
VANILLA FLAVOURED SYRUP: Cane Sugar Syrup, Filtered Water, Natural Flavourings, Preservative (202), Acidity Regulator (330), Stabilizer (415).
COFFEE EXTRACT: Coffee, Water.
WHIPPED CREAM: Cream (**Milk**), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407).
CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains: Milk, Caffeine.
May be present: Gluten, Soy, Almond due to equipment cross contact.
HOT CHOCOLATE POWDER may contain: Soy, Sulphites.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	1090	318	1480	297	1760	291
Energy (Cal)	261	76	353	71	422	70
Protein (g)	6.4	1.9	9.6	1.9	11.6	1.9
Fat, total (g)	12.1	3.5	15.5	3.1	17.8	2.9
Saturated Fat (g)	8.7	2.5	11.2	2.3	12.9	2.1
Carbohydrate (g)	31.2	9.1	42.7	8.6	52.6	8.7
Sugars (g)	30.9	9.0	42.4	8.5	52.2	8.6
Sodium (mg)	77	22	114	23	138	23

Deluxe Vanilla Flavoured Iced Coffee - Soy Milk

SOY MILK: Filtered Water, Whole **Soybean**, Raw Sugar, Minerals (Calcium Phosphate), Vegetable Gums (460, 407, 466), Natural Flavour, Salt, Food Acids (340, 331).
ICE: Water.
VANILLA FLAVOURED SYRUP: Cane Sugar Syrup, Filtered Water, Natural Flavourings, Preservative (202), Acidity Regulator (330), Stabilizer (415).
COFFEE EXTRACT: Coffee, Water.
WHIPPED CREAM: Cream (**Milk**), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407).
CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains: Milk, Soy, Caffeine.
May be present: Gluten, Almond due to equipment cross contact.
HOT CHOCOLATE POWDER may contain: Soy, Sulphites.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	929	271	1220	246	1450	240
Energy (Cal)	222	65	292	59	347	57
Protein (g)	6.1	1.8	9.0	1.8	11.0	1.8
Fat, total (g)	9.0	2.6	10.7	2.2	11.9	2.0
Saturated Fat (g)	4.6	1.3	4.9	1.0	5.1	0.8
Carbohydrate (g)	28.4	8.3	38.5	7.8	47.4	7.8
Sugars (g)	26.2	7.6	35.1	7.1	43.2	7.1
Sodium (mg)	137	40	207	42	252	42

Deluxe Vanilla Flavoured Iced Coffee - Almond Milk

ALMOND MILK: Water, **Almonds**, Sugar, Vegetable Oil (Canola or Sunflower), Maltodextrin (From Corn), Acidity Regulators (340, 332), Vegetable Gums (418, 415, 410), Sunflower Lecithin, Salt.
ICE: Water.
VANILLA FLAVOURED SYRUP: Cane Sugar Syrup, Filtered Water, Natural Flavourings, Preservative (202), Acidity Regulator (330), Stabilizer (415).
COFFEE EXTRACT: Coffee, Water.
WHIPPED CREAM: Cream (**Milk**), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407).
CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains: Milk, Almond, Caffeine.
May be present: Gluten, Soy due to equipment cross contact.
HOT CHOCOLATE POWDER may contain: Soy, Sulphites.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	881	259	1150	233	1360	227
Energy (Cal)	211	62	274	56	325	54
Protein (g)	2.0	0.6	2.8	0.6	3.3	0.6
Fat, total (g)	9.8	2.9	12.1	2.5	13.5	2.3
Saturated Fat (g)	4.4	1.3	4.6	0.9	4.7	0.8
Carbohydrate (g)	28.0	8.2	37.8	7.7	46.5	7.8
Sugars (g)	25.4	7.5	33.9	6.9	41.8	7.0
Sodium (mg)	94	28	140	28	170	28

Deluxe Vanilla Flavoured Iced Coffee - Oat Milk

OAT MILK: Water, Ground **Oats** (contains **Gluten**), Vegetable Oil (Canola or Sunflower), Acidity Regulator (Dipotassium Phosphate), Minerals (Calcium Phosphate, Calcium Carbonate), Salt.
ICE: Water.
VANILLA FLAVOURED SYRUP: Cane Sugar Syrup, Filtered Water, Natural Flavourings, Preservative (202), Acidity Regulator (330), Stabilizer (415).
COFFEE EXTRACT: Coffee, Water.
WHIPPED CREAM: Cream (**Milk**), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407).
CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains: Gluten, Milk, Caffeine.
May be present: Soy, Almond due to equipment cross contact.
HOT CHOCOLATE POWDER may contain: Soy, Sulphites.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	1060	308	1430	286	1700	280
Energy (Cal)	254	74	341	68	407	67
Protein (g)	1.6	0.5	2.2	0.4	2.6	0.4
Fat, total (g)	10.3	3.0	12.8	2.6	14.5	2.4
Saturated Fat (g)	4.8	1.4	5.1	1.0	5.4	0.9
Carbohydrate (g)	37.8	11.0	52.9	10.6	65.1	10.7
Sugars (g)	28.2	8.2	38.2	7.7	47.2	7.8
Sodium (mg)	107	31	161	32	196	32

Extras

Flavoured Coffee Syrup Shot - Hot Drinks

CARAMEL FLAVOURED SYRUP: Cane Sugar Syrup, Filtered Water, Natural Flavourings, Preservative (202), Acidity Regulator (330), Stabilizer (415).
VANILLA FLAVOURED SYRUP: Cane Sugar Syrup, Filtered Water, Natural Flavourings, Preservative (202), Acidity Regulator (330), Stabilizer (415).
HAZELNUT FLAVOURED SYRUP: Cane Sugar Syrup, Filtered Water, Natural Flavourings, Acidity Regulator (330), Preservative (202), Stabilizer (415).

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	93	935	187	935	280	935
Energy (Cal)	22	223	45	223	67	223
Protein (g)	0.0	0.0	0.0	0.0	0.0	0.0
Fat, Total (g)	0.0	0.0	0.0	0.0	0.0	0.0
Saturated Fat (g)	0.0	0.0	0.0	0.0	0.0	0.0
Carbohydrate (g)	6.9	69.3	13.9	69.3	20.8	69.3
Sugars (g)	6.9	68.8	13.8	68.8	20.7	68.8
Sodium (mg)	0	1	0	1	0	1

Extras

Flavoured Coffee Syrup Shot - Iced Drinks

CARAMEL FLAVOURED SYRUP: Cane Sugar Syrup, Filtered Water, Natural Flavourings, Preservative (202), Acidity Regulator (330), Stabilizer (415).
VANILLA FLAVOURED SYRUP: Cane Sugar Syrup, Filtered Water, Natural Flavourings, Preservative (202), Acidity Regulator (330), Stabilizer (415).
HAZELNUT FLAVOURED SYRUP: Cane Sugar Syrup, Filtered Water, Natural Flavourings, Acidity Regulator (330), Preservative (202), Stabilizer (415).

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	280	935	374	935	467	935
Energy (Cal)	67	223	89	223	112	223
Protein (g)	0.0	0.0	0.0	0.0	0.0	0.0
Fat, Total (g)	0.0	0.0	0.0	0.0	0.0	0.0
Saturated Fat (g)	0.0	0.0	0.0	0.0	0.0	0.0
Carbohydrate (g)	20.8	69.3	27.7	69.3	34.6	69.3
Sugars (g)	20.7	68.8	27.5	68.8	34.4	68.8
Sodium (mg)	0	1	0	1	0	1

Marshmallows

Sugar, Glucose Syrup, Invert Sugar, Gelatine, Flavours, Colour (120), Cornstarch.

May be present: Milk.

	Marshmallows	
	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	268	1490
Energy (Cal)	64	356
Protein (g)	0.5	2.6
Fat, total (g)	0.2	1.0
Saturated Fat (g)	0.2	1.0
Carbohydrate (g)	14.8	82.3
Sugars (g)	12.2	67.9
Sodium (mg)	11	59

Honey

Honey.

	Honey	
	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	184	1420
Energy (Cal)	44	340
Protein (g)	0.0	0.3
Fat, total (g)	0.0	0.1
Saturated Fat (g)	0.0	0.1
Carbohydrate (g)	10.8	83.1
Sugars (g)	10.7	82.5
Sodium (mg)	2	15

Change Tracker:

Date	Document Number/Revision	Document Title	Issued	Upload Date	Description
3/09/2025	29	Aus McCafe Beverages_September 2025	3/09/2025	4/09/2025	Formulation update Chai
1/11/2024	28	Aus McCafe Beverages_November 2024	1/11/2024	1/11/2024	Updated iced latte names
21/10/2024	27	Aus McCafe Beverages_October 2024	21/10/2024	21/10/2024	Updated iced latte ingredient list
10/04/2024	26	Aus McCafe Beverages_April 2024	10/04/2024	10/04/2024	Updated allergen matrix
9/02/2024	25	Aus McCafe Beverages_February 2024	20/02/2024	20/02/2024	Updated allergen information for PEAL legislative requirements