



McDonald's Australia Create Your Taste Menu Allergen - Ingredients - Nutrition Information

Information correct as at 27th January 2016

At McDonald's we believe in the nutritional principals of balance, variety and moderation and that eating at McDonald's can fit into a healthy lifestyle. Our goal is to provide you with the information necessary to make informed decisions about your McDonald's menu choices. This guide can help you balance your McDonald's meal with the other meals you eat today, and every day.

This guide is for our standard or core menu items. For information regarding short-time menu items, please either ask a manager in one of our restaurants or contact our Customer Service Department either via our website <http://mcdonalds.com.au/contactus> or on 02 9875 7100.

The nutrition and ingredient information is based on standard product formulations, standard product assembly and standard serving sizes (including ice for drinks from our beverage system). Actual sizes and assembly may vary. Due to the individual preparation of each of our menu items, actual values may vary from those listed. Variations may also occur depending on the local supplier, region of the country, and the season of the year. Further, product formulations may change periodically.

Food Sensitivities and Preferences

Select items sold in McCafé are sold as gluten free. They are produced under allergen control conditions and are specifically handled to prevent cross contamination. No other food items are sold as allergen free. As we operate working kitchens please be aware that there is always a risk that traces of allergens may be transferred to ingredients during storage or preparation of food in our kitchens. McDonald's Restaurants are therefore unable to guarantee that any food item sold is free from traces of allergens. No food items are certified as vegetarian. Whilst some ingredients may not contain animal ingredients, we cannot guarantee that there will be no cross contact with ingredients that do contain animal ingredients in our kitchens.

We have a number of Halal certified restaurants. Only those items listed on the certificate in the front counter area and drive thru booth at our restaurants serving Halal options are certified as Halal.

If you would like further information or have food sensitivities or dietary concerns regarding specific ingredients in specific menu items, please contact us at <http://mcdonalds.com.au/contactus> or call us on 02 9875 7100.

Create Your Taste - BEEF

Home-style Oz Burger

BAKERY BUN: Wheat Flour, Water, Yeast, Improver, Salt, Canola Oil, Baking Enzyme.

BEEF PATTY: Angus Beef.

TOMATO CHILLI JAM: Sugar, Vinegar, Diced Capsicum, Chilli Paste [Chilli, Acidity Regulator (260)], Water, Onion Puree, Diced Tomato [Tomato, Salt, Acidity Regulator (330), Firming Agent (509)], Thickener (1422), Apple Paste, Ginger Puree (Food Acid (260), Thickener (415)), Minced Garlic (Acidity Regulator (260)), Salt, Spices, Vegetable Gum (415), Yeast Extract, Acidity Regulator (330), Preservative (202), Spice Extract (160c).

HERB AIOLI: Canola Oil [Antioxidant (307b - Soy)], Water, Vinegar, Glucose Syrup (Wheat Derived), Garlic, Herbs, Whole Egg, Milk Protein Concentrate, Dijon Mustard [Acidity Regulator (260)], Acidity Regulator (575), Egg Yolk, Oat Fibre, Mustard [Food Acids (260, 330), Colours (150c, 160a)], Flavour Enhancer (635), Flavourings (Milk), Emulsifiers (Soy Lecithin, 435), Vegetable Gum (415), Colour (171), Mineral Salt (508), Preservatives (202, 211), Salt.

NATURAL CHEDDAR CHEESE: Milk, Salt, Starter Cultures, Rennet, Lipase.

RASHER BACON: Pork, Water, Salt, Sugar, Emulsifiers (451, 450), Dextrose, Antioxidant (316), Acidity Regulator (330), Sodium Nitrite (250), Rosemary Extract.

BEETROOT SLICE: Beetroot, Water, Sugar, Salt, Food Acid (260).

TOMATO SLICE: Tomatoes.

WHOLE LEAF LETTUCE: Lettuce.

CARAMELISED GRILLED ONION: Onion, Vegetable Oil (Palm and/or Cottonseed, Soybean), Salt, Sugar, Caramelized Sugar, Onion Powder, Maltodextrin, Flavours, Spice.

BUTTER OIL: Milk Fat.

Contains gluten, egg, milk & soy. Traces of sesame seeds & sulphites.

Beef patty seasoned on grill. Seasoning: Salt, Pepper, Soy Oil.

Beef, bacon & onion may be cooked on the same grill as egg.

BAKERY Bun contains traces of egg, milk, soy and sesame seeds.

Gluten	Eggs	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Preservative	Flavour	Colours
Y	Y	Y	Y				T	T	Y	Y	Y

	Avg Qty /Serve	Avg Qty /100g
Energy (kJ)	3290	977
Energy (Cal)	790	234
Protein (g)	34.6	10.3
Fat, total (g)	47.3	14.0
Saturated Fat (g)	21.1	6.3
Carbohydrate (g)	54.2	16.1
Sugars (g)	13.7	4.1
Sodium (mg)	1230	366

Chipotle Burger

BAKERY BUN: Wheat Flour, Water, Yeast, Improver, Salt, Canola Oil, Baking Enzyme

BEEF PATTY: Angus Beef.

CHIPOTLE MAYONNAISE: Canola Oil (Antioxidant (307b - Soy)), Water, Vinegar, Whole Egg, Molasses, Spices, Dijon Mustard (Acidity Regulator (260)), Egg Yolk, Milk Protein Concentrate, Lime Juice [Preservative (220)], Chipotle Powder, Acidity Regulator (575), Soy Sauce [Soy Beans, Wheat, Food Acids (260, 262, 270)], Salt, Sugar, Flavour Enhancer (635), Flavourings (Milk), Vegetable Gum (415), Emulsifiers (Soy Lecithin, 435), Oat Fibre, Yeast Extract, Colour (171), Preservatives (202, 211).

GUACAMOLE: Avocado, Tomato, Onion, Jalapeno Peppers, Serrano Peppers, Salt, Coriander, Garlic.

COLBY JACK CHEESE: Milk, Cheese Cultures, Salt, Enzymes, Colour (160b).

TOMATO SLICE: Tomatoes.

WHOLE LEAF LETTUCE: Lettuce.

RED ONION: Red Onion.

TORTILLA STRIPS: Corn Flour, Vegetable Oil, Water, Salt.

BUTTER OIL: Milk Fat.

Contains gluten, egg, milk & soy. Traces of sesame seeds & sulphites.

Beef patty seasoned on grill. Seasoning: Salt, Pepper, Soy Oil. Beef may be cooked on the same grill as egg.

BAKERY Bun contains traces of egg, milk, soy and sesame seeds.

Gluten	Eggs	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Preservative	Flavour	Colours
Y	Y	Y	Y				T	T	Y	Y	Y

	Avg Qty /Serve	Avg Qty /100g
Energy (kJ)	3290	1030
Energy (Cal)	789	248
Protein (g)	30.1	9.5
Fat, total (g)	49.5	15.6
Saturated Fat (g)	18.5	5.8
Carbohydrate (g)	53.2	16.7
Sugars (g)	5.5	1.7
Sodium (mg)	975	307

Classic Cheese

BRIOCHE-STYLE BUN: Wheat Flour (Thiamin, Folate), Water, Sugar, Yeast, Glaze (Water, Vegetable Proteins, Vegetable Oils, Dextrose, Maltodextrin, Maize Starch), Wheat Gluten, Dextrose (contains Sulphites), Vegetable Oils (Antioxidant (330)), Iodised Salt, Emulsifier (170, 471, 472a), Flavours, Improver (Soy Flour, Emulsifier (481), Mineral Salts (170), Antioxidants (300, 516), Enzymes), Preservative (282), Antioxidant (300), Colour (160a), Enzyme (1100).

ANGUS BEEF: Beef (100%).

CARAMELISED GRILLED ONION: Onion, Vegetable Oil (Palm and/or Cottonseed, Soybean), Salt, Sugar, Caramelized Sugar, Onion Powder, Maltodextrin, Flavours, Spice.

DIJONNAISE MUSTARD: Soybean Oil (Antioxidant (320)), Water, Prepared Mustard [Water, Vinegar, Mustard Seed, Salt, White Wine, Acidity Regulators (330,334) Colour (100), Spices], Vinegar, Egg Yolk, Sugar, Thickeners (1442,415), Mustard Seeds, Salt, Mustard Flour, Flavour, Preservative (202), Acidity Regulator (270), Colours (150c,100), Antioxidant (385).

SWISS CHEESE: Skim Milk, Cultures, Salt, Enzymes.

RASHER BACON: Pork, Water, Salt, Sugar, Mineral Salts (450, 451), Dextrose, Antioxidant (316), Acidity Regulator (330), Sodium Nitrite (250), Spice Extract.

CRISPY BACON: Pork Bellies, Water, Salt, Sugar, Smoke Flavouring, Acidity Regulator (339), Anti-oxidant (316), Sodium Nitrite (250).

LONG PICKLE: Cucumber, Water, Vinegar, Salt, Preservatives (202, 211), Flavour.

SHAVED PARMESAN CHEESE: Parmesan Cheese (Milk, Salt, Cultures, Enzyme), Anti-caking Agent (460), Preservative (200).

BUTTER OIL: Milk Fat.

Contains gluten, egg, milk & soy. Traces of sesame seeds & sulphites.

Beef patty seasoned on grill. Seasoning: Salt, Pepper, Soy Oil.

Beef, bacon & crispy bacon may be cooked on the same grill as egg.

BRIOCHE STYLE BUN contains traces of sesame seed.

Gluten	Eggs	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Preservative	Flavour	Colours
Y	Y	Y	Y				T	T	Y	Y	Y

	Avg Qty /Serve	Avg Qty /100g
Energy (kJ)	3270	1280
Energy (Cal)	784	306
Protein (g)	39.7	15.5
Fat, total (g)	50.2	19.6
Saturated Fat (g)	22.8	8.9
Carbohydrate (g)	42.0	16.4
Sugars (g)	11.8	4.6
Sodium (mg)	1420	555

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Create Your Taste - CHICKEN

Swiss & Mustard Grilled Chicken Burger

CIABATTA: **Wheat Flours** (Thiamin, Folic Acid), Water, Pre-Gelatinised **Wheat Flour**, Food Acid (270, 327), **Wheat** Sourdough, Olive Oil, Salt, Yeast, **Malt Flour**, Baking Enzyme.

CYT GRILLED CHICKEN: Chicken, Water, Rice Starch, Rice Starch, Salt, Mineral Salts (451, 450), **Soy** Protein, Fruit Powder [Contains. Lemon Juice Concentrate, Flavours], Dehydrated Garlic, Natural Flavour, Herbs, Sugar, Vinegar Powder, Vegetable Powder, Anti-caking Agent (341), Spice Extract (Pepper), Vegetable Oil.

DIJONNAISE MUSTARD: **Soybean** Oil (Antioxidant (320)), Water, Prepared Mustard [Water, Vinegar, Mustard Seed, Salt, White Wine, Acidity Regulators (330,334) Colour (100), Spices], Vinegar, **Egg** Yolk, Sugar, Thickeners (1442,415), Mustard Seeds, Salt, Mustard Flour, Flavour, Preservative (202), Acidity Regulator (270), Colours (150c,100), Antioxidant (385).

SPINACH LEAVES: Baby Spinach.

TOMATO SLICE: Tomatoes.

SWISS CHEESE: Skim **Milk**, Cultures, Salt, Enzymes.

RASHER BACON: Pork, Water, Salt, Sugar, Mineral Salts (450, 451), Dextrose, Antioxidant (316), Acidity Regulator (330), Sodium Nitrite (250), Spice Extract.

CARAMELISED GRILLED ONION: Onion, Vegetable Oil (Palm and/or Cottonseed, **Soybean**), Salt, Sugar, Caramelized Sugar, Onion Powder, Maltodextrin, Flavours, Spice.

BUTTER OIL: **Milk** Fat.

OIL: Canola Oil, Emulsifier (322 - **Soy**), Flavour, Colour (160a), Acidity Regulator (330).

Contains gluten, egg, milk & soy.

Chicken, bacon & onion may be cooked on the same grill as egg.

Ciabatta contains traces of egg, milk, soy and sesame seeds.

Gluten	Eggs	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Preservative	Flavour	Colours
Y	Y	Y	Y				T		Y	Y	Y

	Avg Qty /Serve	Avg Qty /100g
Energy (kJ)	2360	835
Energy (Cal)	566	200
Protein (g)	40.8	14.4
Fat, total (g)	23.5	8.3
Saturated Fat (g)	9.5	3.4
Carbohydrate (g)	44.9	15.9
Sugars (g)	6.7	2.4
Sodium (mg)	1320	466

Tropimex Grilled Chicken Burger

CIABATTA: **Wheat Flours** (Thiamin, Folic Acid), Water, Pre-Gelatinised **Wheat Flour**, Food Acid (270, 327), **Wheat** Sourdough, Olive Oil, Salt, Yeast, **Malt Flour**, Baking Enzyme.

GRILLED CHICKEN: Chicken, Water, Rice Starch, Rice Starch, Salt, Mineral Salts (451, 450), **Soy** Protein, Fruit Powder [Contains. Lemon Juice Concentrate, Flavours], Dehydrated Garlic, Natural Flavour, Herbs, Sugar, Vinegar Powder, Vegetable Powder, Anti-caking Agent (341), Spice Extract (Pepper), Vegetable Oil.

GRILLED PINEAPPLE: Pineapple, Pineapple Juice, Water, Clarified Pineapple Juice Concentrate

GUACAMOLE: Hass Avocado, Tomato, Onion, Jalapeno Peppers, Serrano Peppers, Salt, Cilantro, Garlic.

TOMATO: Tomato

SWISS CHEESE SLICE: Pasteurised Skim **Milk**, Cultures, Salt, Enzymes.

CRISPY BACON: Pork Bellies, Water, Salt, Sugar, Smoke Flavouring, Sodium Phosphate (339), Sodium Erythorbate (316), Sodium Nitrite (250).

BUTTER OIL: **Milk** Fat.

OIL: Canola Oil, Emulsifier (322 - **Soy**), Flavour, Colour (160a), Acidity Regulator (330).

Contains gluten, milk and soy.

Chicken may be cooked on the same grill as egg.

Ciabatta contains traces of egg, milk, soy and sesame seeds.

Gluten	Eggs	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Preservative	Flavour	Colours
Y	T	Y	Y				T		Y	Y	Y

	Avg Qty /Serve	Avg Qty /100g
Energy (kJ)	2420	808
Energy (Cal)	578	193
Protein (g)	41.3	13.8
Fat, total (g)	23	7.7
Saturated Fat (g)	9.2	3.1
Carbohydrate (g)	48.6	16.2
Sugars (g)	9.9	3.3
Sodium (mg)	1200	400

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CONDIMENTS

Choose Your Bun

BRIOCHE-STYLE BUN: **Wheat Flour** (Thiamin, Folate), Water, Sugar, Yeast, Glaze (Water, Vegetable Proteins, Vegetable Oils, Dextrose, Maltodextrin, Maize Starch), **Wheat Gluten**, Dextrose (contains **Sulphites**), Vegetable Oils (Antioxidant (330)), Iodised Salt, Emulsifier (170, 471, 472e), Flavours, Improver (**Soy** Flour, Emulsifier (481), Mineral Salts (170), Antioxidants (300, 516), Enzymes), Preservative (282), Antioxidant (300), Colour (160a)), Enzyme (1100).

BUTTER OIL: Milk Fat

Contains gluten, milk & soy. Traces of sesame seeds & sulphites.

	Avg qty per bun
Energy (kJ)	895

BAKERY BUN: **Wheat** Flour, Water, Yeast, Improver, Salt, Canola Oil, Baking Enzyme

BUTTER OIL: Milk Fat

Contains gluten & milk. Traces of egg, sesame seeds & soy.

	Avg qty per bun
Energy (kJ)	896

CIABATTA: **Wheat Flours** (Thiamin, Folic Acid), Water, Pre-Gelatinised **Wheat Flour**, Food Acid (270, 327), **Wheat** Sourdough, Olive Oil, Salt, Yeast, **Malt Flour**, Baking Enzyme

BUTTER OIL: Milk Fat

Contains gluten & milk. Traces of egg, sesame seeds and soy.

	Avg qty per bun
Energy (kJ)	927

	Gluten	Eggs	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Preservative	Flavour	Colours
Brioche-Style Bun	Y		Y	Y				T	T	Y	Y	Y
Bakery Bun	Y	T	Y	T				T				
Ciabatta	Y	T	Y	T				T				

Choose your Protein

BEEF PATTY: Angus Beef.

Beef patty seasoned on grill. Seasoning: Salt, Pepper, Soy Oil. Beef may be cooked on the same grill as egg.

	Avg qty per piece
Energy (kJ)	1070

GRILLED CHICKEN: Chicken, Water, Rice Starch, Rice Starch, Salt, Mineral Salts (451, 450), **Soy** Protein, Fruit Powder [Contains: Lemon Juice Concentrate, Flavours], Dehydrated Garlic, Natural Flavour, Herbs, Sugar, Vinegar Powder, Vegetable Powder, Anti-caking Agent (341), Spice Extract (Pepper), Vegetable Oil.

OIL: Canola Oil, Emulsifier (322 - **Soy**), Flavour, Colour (160a), Acidity Regulator (330).

Contains soy. CYT grilled chicken may be cooked on the same grill as egg.

	Avg Qty per piece
Energy (kJ)	508

	Gluten	Eggs	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Preservative	Flavour	Colours
Angus Beef		T		Y								
Grilled Chicken		T		Y							Y	Y

Make it Cheesy

NATURAL CHEDDAR CHEESE: **Milk**, Salt, Starter Cultures, Rennet, Lipase.

Contains milk.

	Avg qty per slice
Energy (kJ)	354

MOZZARELLA CHEESE: Pasteurised **Milk**, Salt, Cultures, Rennet.

Contains milk.

	Avg qty per slice
Energy (kJ)	232

SWISS CHEESE: Skim **Milk**, Cultures, Salt, Enzymes.

Contains milk.

	Avg qty per slice
Energy (kJ)	246

COLBY JACK CHEESE: **Milk**, Cheese Cultures, Salt, Enzymes, Colour (160b).

Contains milk.

	Avg qty per slice
Energy (kJ)	239

SHAVED PARMESAN CHEESE: Parmesan Cheese (**Milk**, Salt, Cultures, Enzyme), Anti-caking Agent (460), Preservative (200).

Contains milk.

	Avg qty per 5g serve
Energy (kJ)	81

McDONALD'S CLASSIC CHEESE: **Cheese** (**Milk**, Salt, Culture, Enzyme (Rennet, Lipase)), Water, **Milk** Solids, **Butter**, Emulsifiers (340, 452, 331), Salt, Acidity Regulators (260, 330, 339), Colours (160b, 160c), Preservative (200), **Soy** Lecithin.

Contains milk & soy.

	Avg qty per slice
Energy (kJ)	204

	Gluten	Eggs	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Preservative	Flavour	Colours
Natural Cheddar			Y									
Mozzarella Cheese			Y									
Swiss Cheese			Y									
Colby Jack Cheese			Y									Y
Shaved Parmesan Cheese			Y							Y		
McDonald's Classic Cheese			Y	Y						Y		Y

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Turn Up The Taste

RASHER BACON: Pork, Water, Salt, Sugar, Emulsifiers (451, 450), Dextrose, Antioxidant (316), Acidity Regulator (330), Sodium Nitrite (250), Rosemary Extract. <i>Bacon may be cooked on the same grill as egg.</i>	Energy (kJ)	Avg qty per piece 148
CRISPY BACON: Pork Bellies, Water, Salt, Sugar, Smoke Flavouring, Acidity Regulator (339), Anti-oxidant (316), Sodium Nitrite (250). <i>Bacon may be cooked on the same grill as egg.</i>	Energy (kJ)	Avg qty per 10g serve 215
EGG: Egg, Oil (Canola Oil, Soy Lecithin, Flavour, Colour (160a), Acidity Regulator (330)). <i>Contains egg & soy.</i>	Energy (kJ)	Avg qty per piece 308
GUACAMOLE: Avocado, Tomato, Onion, Jalapeno Peppers, Serrano Peppers, Salt, Coriander, Garlic.	Energy (kJ)	Avg qty per 28g serve 202
GRILLED PINEAPPLE: Pineapple, Pineapple Juice, Water, Clarified Pineapple Juice concentrate, Acidity Regulator (330), Oil [Canola Oil, Soy Lecithin, Flavour, Colour (160a), Acidity Regulator (330)]. <i>Contains soy. Pineapple may be cooked on the same grill as egg.</i>	Energy (kJ)	Avg qty per piece 76
TORTILLA STRIPS: Corn Flour, Vegetable Oil, Water, Salt. <i>Traces of milk</i>	Energy (kJ)	Avg qty per 10g serve 214
GRILLED MUSHROOMS: Mushrooms, Sautéed Mushroom Flavour (Wheat, Soy), Vegetable Oil (Soy) Oil (Canola Oil, Soy Lecithin, Flavour, Colour (160a), Acidity Regulator (330)). <i>Contains gluten & soy. Mushrooms may be cooked on the same grill as egg.</i>	Energy (kJ)	Avg qty per 20g serve 48

	Gluten	Eggs	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Preservative	Flavour	Colours
Angus Beef		T		Y								
Rasher Bacon		T								Y		
Crispy Bacon		T								Y	Y	
Egg		Y		Y							Y	Y
Guacamole												
Grilled Pineapple		T		Y							Y	Y
Tortilla Strips			T									
Grilled Mushrooms	Y	T		Y							Y	Y

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Fresh'N It Up

WHOLE LEAF LETTUCE: Cos Lettuce.	Energy (kJ)	Avg qty per leaf
	8	
TOMATO SLICE: Tomatoes.	Energy (kJ)	Avg qty per slice
	14	
CARAMELISED GRILLED ONION: Onion, Vegetable Oil (Palm and/or Cottonseed, Soybean), Salt, Sugar, Caramelized Sugar, Onion powder, Maltodextrin, Flavours, Spice. <i>Contains soy. Onions may be cooked on the same grill as egg.</i>	Energy (kJ)	Avg qty per portion
	72	
BEETROOT SLICE: Beetroot, Water, Sugar, Salt, Food Acid (260).	Energy (kJ)	Avg qty per slice
	36	
RED ONION: Red Onion.	Energy (kJ)	Avg qty per 13g serve
	18	
SPINACH: Baby Spinach.	Energy (kJ)	Avg qty per 8g serve
	8	
CUCUMBER SLICES: Sliced Cucumber.	Energy (kJ)	Avg Qty per 6 pieces
	20	
LONG PICKLE: Cucumber, Water, Vinegar, Salt, Preservatives (202, 211), Flavour.	Energy (kJ)	Avg qty per slice
	4	
JALAPENOS: Jalapeno Peppers, Water, Vinegar, Salt, Acidity Regulators (296, 270), Firming Agent (509), Preservatives (211, 223), Colour (102).	Energy (kJ)	Avg qty per 10 pieces
	15	

	Gluten	Eggs	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Preservative	Flavour	Colours
Whole Leaf Lettuce												
Tomato Slice												
Caramelised Grilled Onion		T		Y							Y	
Beetroot Slice												
Red Onion												
Cucumber Slices												
Long Pickle										Y	Y	
Jalapenos										Y		Y

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Get Saucy

KETCHUP: Water, Tomato Paste, High Fructose Corn Syrup, Glucose Corn Syrup, Vinegar, Salt, Flavouring (Soybean Oil).		Avg qty per 15mL serve
<i>Contains soy.</i>	Energy (kJ)	72
DIJONNAISE MUSTARD: Soybean Oil (Antioxidant (320)), Water, Prepared Mustard [Water, Vinegar, Mustard Seed, Salt, White Wine, Acidity Regulators (330,334) Colour (100), Spices], Vinegar, Egg Yolk , Sugar, Thickeners (1442,415), Mustard Seeds, Salt, Mustard Flour, Flavour, Preservative (202), Acidity Regulator (270), Colours (150c,100), Antioxidant (385).		Avg qty per 15g serve
<i>Contains egg & soy.</i>	Energy (kJ)	275
BBQ SAUCE: Water, Tomato Paste, Invert Sugar Syrup, Sugar, Vinegar, Apple Puree, Thickener (1422), Salt, Worcestershire (Gluten & Fish), Colour (150c), Onion, Garlic, Spices, Preservative (202), Vegetable Gum (415), Smoke Flavour.		Avg qty per 11g serve
<i>Traces of gluten & fish.</i>	Energy (kJ)	71
BIG MAC SPECIAL SAUCE: Soybean Oil (Antioxidant [330]), Water, Relish [Pickles, Sugar, High Fructose Corn Syrup, Distilled Vinegar, Corn Syrup, Salt, Thickener (415), Preservative (202), Spice Extract, Emulsifier (433)], Mustard [Water, Vinegar, Mustard Seed, Salt, Sugar, Colours (100, 150d), Spice], Salted Egg Yolks , (Egg Yolks , Salt), Distilled Vinegar, Onion, Thickener (1442, 415, 405), Spices, Sugar, Salt, Hydrolyzed Proteins (Corn, Gluten, Wheat and Soy), Colours (160c, 150d, 100), Preservative (211), Emulsifier (433), Garlic, Antioxidant (385).		Avg qty per 20mL serve
<i>Contains gluten, egg & soy.</i>	Energy (kJ)	295
CHIPOTLE MAYONNAISE: Canola Oil (Antioxidant (307b - Soy)), Water, Vinegar, Whole Egg , Molasses, Spices, Dijon Mustard [Acidity Regulator (260)], Egg Yolk , Milk Protein Concentrate , Lime Juice [Preservative (220)], Chipotle Powder, Acidity Regulator (575), Soy Sauce [Soy Beans , Wheat , Food Acids (260, 262, 270)], Salt, Sugar, Flavour Enhancer (635), Flavourings (Milk), Vegetable Gum (415), Emulsifier (Soy Lecithin , 435), Oat Fibre , Yeast Extract, Colour (171), Preservatives (202, 211).		Avg qty per 15g serve
<i>Contains gluten, egg, milk & soy. Traces of sulphites.</i>	Energy (kJ)	351
AJOLI: Canola Oil (Antioxidant (307b - Soy , 319)), Water, Glucose Syrup (Wheat Derived), Egg Yolk , Whey Protein , Minced Garlic (Food Acids (260, 330)), Vinegar, Dijon Mustard (Acidity Regulator (260)), Acidity Regulator (575), Mustard (Food Acids (260, 330), Colours (150c, 160a)), Salt, Flavour Enhancer (635), Oat Fibre , Flavourings (Milk), Emulsifiers (Soy Lecithin , 435), Colour (171), Mineral Salt (508), Vegetable Gum (415), Preservatives (202, 211).		Avg qty per 20g serve
<i>Contains gluten, egg, milk & soy. Traces of sulphites.</i>	Energy (kJ)	427
HERB AIOLI: Canola Oil [Antioxidant (307b - Soy)], Water, Vinegar, Glucose Syrup (Wheat Derived), Garlic, Herbs, Whole Egg , Milk Protein Concentrate , Dijon Mustard [Acidity Regulator (260)], Acidity Regulator (575), Egg Yolk , Oat Fibre , Mustard [Food Acids (260, 330), Colours (150c, 160a)], Flavour Enhancer (635), Flavourings (Milk), Emulsifiers (Soy Lecithin , 435), Vegetable Gum (415), Colour (171), Mineral Salt (508), Preservatives (202, 211), Salt.		Avg qty per 15g serve
<i>Contains gluten, egg, milk & soy. Traces of sulphites.</i>	Energy (kJ)	345
PESTO MAYONNAISE: Pesto (Canola Oil (Canola Oil, Antioxidant (320)), Parsley, Parmesan (Milk , Starter Culture, Rennet, Tapioca), Basil, Vinegar, Garlic, Salt), Mayonnaise (Soy Bean Oil, High-Fructose Corn Syrup, Whole Eggs , Distilled Vinegar, Water, Firming Agent (516), Lemon Juice, Salt, Spices, Antioxidants (385, 330)).		Avg qty per 15g serve
<i>Contains egg, milk & soy.</i>	Energy (kJ)	186
ROASTED RED CAPSICUM PESTO: Tomato Pulp (Antioxidant (330)), Water, Roasted Red Capsicum, Vinegar, Sunflower Oil (Antioxidant (307b - Soy)), Dehydrated Red Capsicum, Sesame Paste , Onion, Parmesan Cheese (Milk, Soy), Thickener (1422), Sugar, Garlic, Food Acid (270), Flavourings (Milk), Citrus Fibre, Salt, Vegetable Paste (Soy), Emulsifiers (435, Soy Lecithin), Spices, Herbs, Flavour Enhancer (635), Spice Extract (160c), Preservatives (202, 211).		Avg qty per 15g serve
<i>Contain milk, soy & sesame. Traces of sulphites.</i>	Energy (kJ)	107
TOMATO CHILLI JAM: Sugar, Vinegar, Diced Capsicum, Chilli Paste [Chilli, Acidity Regulator (260)], Water, Onion Puree, Diced Tomato [Tomato, Salt, Acidity Regulator (330), Firming Agent (509)], Thickener (1422), Apple Paste, Ginger Puree (Food Acid (260), Thickener (415)), Minced Garlic (Acidity Regulator (260)), Salt, Spices, Vegetable Gum (415), Yeast Extract, Acidity Regulator (330), Preservative (202), Spice Extract (160c)		Avg qty per 15g serve
<i>Traces of sulphites.</i>	Energy (kJ)	143

	Gluten	Eggs	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Preservative	Flavour	Colours
Ketchup				Y							Y	
Dijonnaise Mustard		Y		Y						Y	Y	Y
BBQ Sauce	T				T - FISH					Y	Y	Y
Big Mac Special Sauce	Y	Y		Y						Y		Y
Chipotle Mayonnaise	Y	Y	Y	Y					T	Y	Y	Y
Aioli	Y	Y	Y	Y					T	Y	Y	Y
Herb Aioli	Y	Y	Y	Y					T	Y	Y	Y
Pesto Mayonnaise		Y	Y	Y								
Roast Red Capsicum Pesto			Y	Y				Y	T	Y	Y	
Tomato Chilli Jam									T	Y		

Please be aware that there is always a risk that traces of allergens may be transferred to items on our menu during processing, storage or preparation in our kitchens. McDonald's Restaurants are therefore unable to guarantee that any item sold is free from traces of allergens.