



McDonald's Australia

Beverages

Allergen - Ingredients - Nutrition Information

Information correct as at December 2020.

At McDonald's we believe in the nutritional principals of balance, variety and moderation and that eating at McDonald's can fit into a healthy lifestyle. Our goal is to provide you with the information necessary to make informed decisions about your McDonald's menu choices. This guide can help you balance your McDonald's meal with the other meals you eat today, and every day.

This guide is for our standard or core menu items. For information regarding short-time menu items, please either ask a manager in one of our restaurants or contact our Customer Service Department either via our website <http://mcdonalds.com.au/contactus> or on 02 9875 7100.

The nutrition and ingredient information is based on standard product formulations, standard product assembly and standard serving sizes (including ice for drinks from our beverage system). Actual sizes and assembly may vary. Due to the individual preparation of each of our menu items, actual values may vary from those listed. Variations may also occur depending on the local supplier, region of the country, and the season of the year. Further, product formulations may change periodically.

Food Sensitivities and Preferences

No food items are sold as allergen free. As we operate working kitchens please be aware that there is always a risk that traces of allergens may be transferred to ingredients during storage or preparation of food in our kitchens. McDonald's Restaurants are therefore unable to guarantee that any food item sold is free from traces of allergens.

No food items are certified as vegetarian. Whilst some ingredients may not contain animal ingredients, we cannot guarantee that there will be no cross contact with ingredients that do contain animal ingredients in our kitchens.

We have a number of Halal certified restaurants. Only those items listed on the certificate in the front counter area and drive thru booth at our restaurants serving Halal options are certified as Halal.

If you would like further information or have food sensitivities or dietary concerns regarding specific ingredients in specific menu items, please contact us at <http://mcdonalds.com.au/contactus> or call us on 02 9875 7100.

COLD DRINKS

Pop Tops® Apple Juice

Reconstituted Apple Juice, Food Acid (330), Vitamin C (300), Preservatives (202,223), Natural Flavour.
Contains sulphites.

	Avg Qty /Serve	Avg Qty /100mL
Energy (kJ)	513	205
Energy (Cal)	123	49
Protein (g)	2.5	1.0
Fat, total (g)	2.5	1.0
Saturated Fat (g)	0.0	0.0
Carbohydrate	28.5	11.4
Sugars (g)	28.5	11.4
Sodium (mg)	38	15

Gluten	Eggs	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colours
								Y		Y	Y	

CalciYum™ Chocolate Flavoured Milk

Low Fat Milk, Milk Solids Non-Fat, Sugar, Cocoa, Vegetable Gums (460, 466, 407), Mineral (Calcium Carbonate), Flavours, Vitamin D.

Contains milk.

	Avg Qty /Serve	Avg Qty /100mL
Energy (kJ)	633	253
Energy (Cal)	151	61
Protein (g)	8.3	3.3
Fat, total (g)	3.5	1.4
Saturated Fat (g)	2.3	0.9
Carbohydrate	20.5	8.2
Sugars (g)	20.0	8.0
Sodium (mg)	98	39

Gluten	Eggs	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Preservative	Lupin	Flavour	Colours
		Y									Y	

Orange Juice

Water, Orange Juice Concentrate, Preservatives (211,202), Colour (160a), Flavour.

	Small		Medium	
	Avg Qty /Serve	Avg Qty /100mL	Avg Qty /Serve	Avg Qty /100mL
Energy (kJ)	525	175	783	175
Energy (Cal)	127	42	185	41
Protein (g)	2.3	0.8	3.4	0.8
Fat, total (g)	0.0	0.0	0.0	0.0
Saturated Fat (g)	0.0	0.0	0.0	0.0
Carbohydrate (g)	28.6	9.5	42.6	9.5
Sugars (g)	22.8	7.6	34.0	7.6
Sodium (mg)	26	9	39	9

Gluten	Eggs	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Preservative	Lupin	Flavour	Colours
									Y		Y	Y

Coca-Cola®

COCA-COLA®: Carbonated Water, Sugar, Colour (150d), Acidity Regulator (338), Flavour, Caffeine.

Contains caffeine.

	Small		Medium		Large	
	Avg Qty /Serve	Avg Qty /100mL	Avg Qty /Serve	Avg Qty /100mL	Avg Qty /Serve	Avg Qty /100mL
Energy (kJ)	428	140	612	150	937	159
Energy (Cal)	102	34	146	36	224	38
Protein (g)	0.0	0.0	0.0	0.0	0.0	0.0
Fat, total (g)	0.0	0.0	0.0	0.0	0.0	0.0
Saturated Fat (g)	0.0	0.0	0.0	0.0	0.0	0.0
Carbohydrate (g)	25.2	8.3	36.0	8.8	55.1	9.3
Sugars (g)	25.2	8.3	36.0	8.8	55.1	9.3
Sodium (mg)	23	8	33	8	50	8

Gluten	Eggs	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Preservative	Lupin	Flavour	Colours
											Y	Y

Coca-Cola® No Sugar

COCA-COLA® NO SUGAR: Carbonated Water, Colour (150d), Food Acids (338, 331), Sweeteners (951, 950), Preservative (211), Flavour, Caffeine.

Contains Phenylalanine.

	Small		Medium		Large	
	Avg Qty /Serve	Avg Qty /100mL	Avg Qty /Serve	Avg Qty /100mL	Avg Qty /Serve	Avg Qty /100mL
Energy (kJ)	3	1	5	1	8	1
Energy (Cal)	0.9	0.3	1.0	0.3	2.0	0.3
Protein (g)	0.1	0.0	0.2	0.0	0.3	0.0
Fat, total (g)	0.0	0.0	0.0	0.0	0.0	0.0
Saturated Fat (g)	0.0	0.0	0.0	0.0	0.0	0.0
Carbohydrate (g)	0.2	0.1	0.3	0.1	0.5	0.1
Sugars (g)	0.0	0.0	0.0	0.0	0.0	0.0
Sodium (mg)	25	8	36	9	55	9

Gluten	Eggs	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Preservative	Lupin	Flavour	Colours
									Y		Y	Y

Diet Coke®

DIET COKE®: Carbonated Water, Colour (150d), Food Acids (338, 330, 331), Artificial Sweeteners (951, 950), Flavour, Preservative (211), Caffeine.

Contains phenylalanine and caffeine.

	Small		Medium		Large	
	Avg Qty /Serve	Avg Qty /100mL	Avg Qty /Serve	Avg Qty /100mL	Avg Qty /Serve	Avg Qty /100mL
Energy (kJ)	4	1	6	1	9	1
Energy (Cal)	0.9	0.3	1	0.3	2	0
Protein (g)	0.0	0.0	0.0	0.0	0.0	0.0
Fat, total (g)	0.0	0.0	0.0	0.0	0.0	0.0
Saturated Fat (g)	0.0	0.0	0.0	0.0	0.0	0.0
Carbohydrate (g)	0.2	0.1	0.3	0.1	0.5	0.1
Sugars (g)	0.0	0.0	0.0	0.0	0.0	0.0
Sodium (mg)	34	11	49	12	75	13

Gluten	Eggs	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Preservative	Lupin	Flavour	Colours
									Y		Y	Y

Coca-Cola® Vanilla

COCA-COLA® VANILLA: Carbonated Water, Sugar, Colour (150d), Food Acids (338), Flavour, Caffeine.

ICE: Water.

Contains Caffeine.

	Small		Medium		Large	
	Avg Qty /Serve	Avg Qty /100mL	Avg Qty /Serve	Avg Qty /100mL	Avg Qty /Serve	Avg Qty /100mL
Energy (kJ)	436	143	624	152	954	162
Energy (Cal)	104	34	149	36	228	39
Protein (g)	0.0	0.0	0.0	0.0	0.0	0.0
Fat, total (g)	0.0	0.0	0.0	0.0	0.0	0.0
Saturated Fat (g)	0.0	0.0	0.0	0.0	0.0	0.0
Carbohydrate (g)	25.6	8.4	36.7	9.0	56.1	9.5
Sugars (g)	25.6	8.4	36.7	9.0	56.1	9.5
Sodium (mg)	2	0.8	3	0.8	5	0.8

Gluten	Eggs	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Preservative	Lupin	Flavour	Colours
											Y	Y

Fanta®

FANTA®: Carbonated Water, Sugar, Acidity Regulator (330), Flavour, Preservative (211), Antioxidant (300), Colour (110).

ICE: Water.

	Small		Medium		Large	
	Avg Qty /Serve	Avg Qty /100mL	Avg Qty /Serve	Avg Qty /100mL	Avg Qty /Serve	Avg Qty /100mL
Energy (kJ)	526	172	752	184	1150	195
Energy (Cal)	126	41	180	44	275	47
Protein (g)	0.0	0.0	0.0	0.0	0.0	0.0
Fat, total (g)	0.0	0.0	0.0	0.0	0.0	0.0
Saturated Fat (g)	0.0	0.0	0.0	0.0	0.0	0.0
Carbohydrate (g)	30.9	10.1	44.2	10.8	67.6	11.5
Sugars (g)	30.7	10.1	43.9	10.7	67.1	11.4
Sodium (mg)	34	11	49	12	75	13

Fish &	Gluten	Eggs	Milk	Soy	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Preservative	Lupin	Flavour	Colours
									Y		Y	Y

Sprite® SPRITE®: Carbonated Water, Sugar, Acidity Regulators (330, 331), Flavour, Preservative (211).			Small		Medium		Large								
			Avg Qty /Serve	Avg Qty /100mL	Avg Qty /Serve	Avg Qty /100mL	Avg Qty /Serve	Avg Qty /100mL							
	Energy (kJ)		400	131	576	141	877	149							
	Energy (Cal)		95	31	138	34	210	36							
	Protein (g)		0.0	0.0	0.0	0.0	0.0	0.0							
	Fat, total (g)		0.0	0.0	0.0	0.0	0.0	0.0							
	Saturated Fat (g)		0.0	0.0	0.0	0.0	0.0	0.0							
	Carbohydrate (g)		23.6	7.7	33.7	8.2	51.6	8.7							
	Sugars (g)		23.1	7.6	33.2	8.1	50.6	8.6							
	Sodium (mg)		46	15	66	16	100	17							
			Gluten	Eggs	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Preservative	Lupin	Flavour	Colours
												Y		Y	

Frozen Coke® Carbonated Water, Sugar, Colour (150d), Food Acid (338), Flavour, Caffeine . Contains caffeine.			Small		Medium		Large								
			Avg Qty /Serve	Avg Qty /100mL	Avg Qty /Serve	Avg Qty /100mL	Avg Qty /Serve	Avg Qty /100mL							
	Energy (kJ)		420	118	580	118	780	118							
	Energy (Cal)		100	28	138	28	186	28							
	Protein (g)		0.0	0.0	0.0	0.0	0.0	0.0							
	Fat, total (g)		0.0	0.0	0.0	0.0	0.0	0.0							
	Saturated Fat (g)		0.0	0.0	0.0	0.0	0.0	0.0							
	Carbohydrate (g)		24.2	6.9	33.8	6.9	45.5	6.9							
	Sugars (g)		24.2	6.9	33.8	6.9	45.5	6.9							
	Sodium (mg)		19	5	26	5	36	5							
			Gluten	Eggs	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Preservative	Lupin	Flavour	Colours
														Y	Y

Deluxe Frozen Coke® FROZEN COKE®: Carbonated Water, Sugar, Colour (150d), Food Acid (338), Flavour, Caffeine. SUNDAE MIX: Milk , Milk Solids, Sugar, Cream , Glucose (Maize), Vegetable Gums (407, 407a, 412, 466), Emulsifiers (433, 471), Flavours. OR Milk , Sugar, Skim Milk, Milk Solids, Cream , Glucose Syrup (Maize), Vegetable Gums (412, 407, 407a, 466), Emulsifiers (471, 433), Flavour. OR Milk , Sugar, Cream , Water, Maltodextrin (Maize, Tapioca), Dextrose (Maize), Milk Solids, Vegetable Gums (412, 407, 466, 407a), Emulsifiers (471, 433), Flavour, Mineral Salt (339), Food Acids (330, 331). SUGAR FREE FIZZY FRUIT KIBBLE: Isomalt, Citric Acid, Sodium Bicarbonate, Natural Flavours, Natural Colours (100, 141), Beetroot Juice Concentrate, Stevia Glycoside. Contains milk and caffeine. SUNDAE MIX may contain traces of sulphites. SUGAR FREE FIZZY FRUIT KIBBLE is produced on the same facility as products containing gluten, milk, peanuts, soy and tree nuts.			Small		Medium		Large								
			Avg Qty /Serve	Avg Qty /100mL	Avg Qty /Serve	Avg Qty /100mL	Avg Qty /Serve	Avg Qty /100mL							
	Energy (kJ)		1010	225	1180	199	1390	180							
	Energy (Cal)		239	54	296	47	330	43							
	Protein (g)		2.5	0.8	3.5	0.6	3.5	0.5							
	Fat, total (g)		4.3	1.0	4.3	0.7	4.3	0.6							
	Saturated Fat (g)		2.8	0.6	2.8	0.5	2.8	0.4							
	Carbohydrate (g)		43.3	9.7	53.4	9.0	65.7	8.5							
	Sugars (g)		41.6	9.3	51.8	8.7	64.1	8.3							
	Sodium (mg)		116	26	124	21	133	17							
			Gluten	Eggs	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Preservative	Lupin	Flavour	Colours
			T		Y	T		T	T		T			Y	Y

Frozen Coke® No Sugar FROZEN COKE® NO SUGAR: Carbonated Water, Sweeteners (968, 955, 950), Bulking Agent (422), Colour (150d), Food Acid (338), Preservative (211), Flavour, Caffeine. Contains caffeine.			Small		Medium		Large								
			Avg Qty /Serve	Avg Qty /100mL	Avg Qty /Serve	Avg Qty /100mL	Avg Qty /Serve	Avg Qty /100mL							
	Energy (kJ)		50	13	70	13	90	13							
	Energy (Cal)		12	3	17	3	22	3							
	Protein (g)		0.0	0.0	0.0	0.0	0.0	0.0							
	Fat, total (g)		0.0	0.0	0.0	0.0	0.0	0.0							
	Saturated Fat (g)		0.0	0.0	0.0	0.0	0.0	0.0							
	Carbohydrate (g)		2.1	0.6	2.9	0.6	4.0	0.6							
	Sugars (g)		0.0	0.0	0.0	0.0	0.0	0.0							
	Sodium (mg)		7	2	10	2	14	2							
			Gluten	Eggs	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Preservative	Lupin	Flavour	Colours
												Y		Y	Y

Deluxe Frozen Coke® No Sugar	Small		Medium		Large		
	Avg Qty /Serve	Avg Qty /100mL	Avg Qty /Serve	Avg Qty /100mL	Avg Qty /Serve	Avg Qty /100mL	
FROZEN COKE® NO SUGAR: Carbonated Water, Sweeteners (968, 955, 950), Bulking Agent (422), Colour (150d), Food Acid (338), Preservative (211), Flavour, Caffeine.	Energy (kJ)	640	142	660	110	680	87
SUNDAE MIX: Milk, Milk Solids, Sugar, Cream , Glucose (Maize), Vegetable Gums (407, 407a, 412, 466), Emulsifiers (433, 471), Flavours.	Energy (Cal)	153 Cal	34	158	26	163	21
OR Milk , Sugar, Skim Milk, Milk Solids, Cream , Glucose Syrup (Maize), Vegetable Gums (412, 407, 407a, 466), Emulsifiers (471, 433), Flavour.	Protein (g)	3.5	0.8	3.5	0.6	3.5	0.5
OR Milk , Sugar, Cream , Water, Maltodextrin (Maize, Tapioca), Dextrose (Maize), Milk Solids, Vegetable Gums (412, 407, 466, 407a), Emulsifiers (471, 433), Flavour,	Fat, total (g)	4.3	1.0	4.3	0.7	4.3	0.6
Mineral Salt (339), Food Acids (330, 331).	Saturated Fat (g)	2.8	0.6	2.8	0.5	2.8	0.4
SUGAR FREE FIZZY FRUIT KIBBLE: Isomalt, Citric Acid, Sodium Bicarbonate, Natural Flavours, Natural Colours (100, 141), Beetroot Juice Concentrate, Stevia Glycoside.	Carbohydrate (g)	20.8	4.7	21.7	3.6	22.7	2.9
	Sugars (g)	17.0	3.8	17.0	2.9	17.0	2.2
	Sodium (mg)	104	23	107	18	111	14

Contains milk, caffeine.

SUNDAE MIX may contain traces of sulphites.

SUGAR FREE FIZZY FRUIT KIBBLE is produced on the same facility as products containing gluten, milk, peanuts, soy and tree nuts.

Gluten	Eggs	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Preservative	Lupin	Flavour	Colours
T		Y	T		T	T	Y	T			Y	Y

Frozen Fanta® - MFV	Small		Medium		Large		
	Avg Qty / Serve	Avg Qty / 100g	Avg Qty / Serve	Avg Qty / 100g	Avg Qty / Serve	Avg Qty / 100g	
FROZEN FANTA®:	Energy (kJ)	420	117	580	119 kJ	780	119
BLUEBERRY: Carbonated Water, Sugar, Food Acid (330), Flavour, Preservative (211), Colour (133).	Energy (Cal)	100	28	139	28	186	28
GRAPE: Carbonated Water, Sugar, Food Acid (330), Flavour, Preservative (211), Colours (122, 104, 133).	Protein (g)	0.0	0.0	0.0	0.0	0.0	0.0
LIME: Carbonated Water, Sugar, Food Acid (330), Preservative (211), Flavour, Colours (104, 133), Antioxidant (300).	Fat, total (g)	0.0	0.0	0.0	0.0	0.0	0.0
MANGO: Carbonated Water, Sugar, Food Acid (330), Flavour, Preservative (211), Colour (110, 122).	Saturated Fat (g)	0.0	0.0	0.0	0.0	0.0	0.0
PINEAPPLE: Carbonated Water, Sugar, Food Acid (330), Preservative (211), Flavour, Colours (104, 110).	Carbohydrate (g)	24.2	6.9	33.8	6.9	45.5	6.9
RASPBERRY: Carbonated Water, Sugar, Flavour, Food Acid (330), Preservative (211), Colour (122).	Sugars (g)	24.2	6.9	33.8	6.9	45.5	6.9
VANILLA: Carbonated Water, Sugar, Flavour, Food Acid (330), Preservative (211), Colour (150d).	Sodium (mg)	6	2	9	2	12	2

All FROZEN FANTA® flavours have the same nutritional content.

Gluten	Eggs	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colours
									Y			Y

Deluxe Frozen Fanta® MFV	Small		Medium		Large		
	Avg Qty / Serve	Avg Qty / 100g	Avg Qty / Serve	Avg Qty / 100g	Avg Qty / Serve	Avg Qty / 100g	
FROZEN FANTA®:	Energy (kJ)	940	217 kJ	1100 kJ	192 kJ	1300 kJ	175 kJ
BLUEBERRY: Carbonated Water, Sugar, Food Acid (330), Flavour, Preservative (211), Colour (133).	Energy (Cal)	224	52 Cal	263 Cal	46 Cal	311 Cal	42 Cal
GRAPE: Carbonated Water, Sugar, Food Acid (330), Flavour, Preservative (211), Colours (122, 104, 133).	Protein (g)	3.5	0.8	3.5	0.6	3.5	0.5
LIME: Carbonated Water, Sugar, Food Acid (330), Preservative (211), Flavour, Colours (104, 133), Antioxidant (300).	Fat, total (g)	4.3	1.0	4.3	0.7	4.3	0.6
MANGO: Carbonated Water, Sugar, Food Acid (330), Flavour, Preservative (211), Colour (110, 122).	Saturated Fat (g)	2.8	0.7	2.8	0.5	2.8	0.4
PINEAPPLE: Carbonated Water, Sugar, Food Acid (330), Preservative (211), Flavour, Colours (104, 110).	Carbohydrate (g)	42.1	9.8	51.8	9.1	63.5	8.6
RASPBERRY: Carbonated Water, Sugar, Flavour, Food Acid (330), Preservative (211), Colour (122).	Sugars (g)	40.5	9.4	50.1	8.8	61.9	8.4
VANILLA: Carbonated Water, Sugar, Flavour, Food Acid (330), Preservative (211), Colour (150d).	Sodium (mg)	102	24	105	18	108	15

SUNDAE MIX: **Milk, Milk** Solids, Sugar, **Cream**, Glucose Syrup (Maize), Vegetable Gums (407, 407a, 412, 466), Emulsifiers (433, 471), Flavours.

OR **Milk**, Sugar, Skim **Milk, Milk** Solids, **Cream**, Glucose Syrup (Maize), Vegetable Gums (407, 407a, 412, 466), Emulsifiers (433, 471), Flavours.

OR **Milk**, Sugar, **Cream**, Maltodextrin (Maize, Tapioca), Dextrose (Maize), **Milk** Solids, Vegetable Gums (407, 407a, 412, 466), Emulsifiers (433, 471), Flavour, Mineral

Salt (339), Food Acids (330, 331).

SUGAR FREE FIZZY FRUIT KIBBLE: Isomalt, Citric Acid, Sodium Bicarbonate, Natural Flavours, Natural Colours (100, 141), Beetroot Juice Concentrate, Stevia Glycoside.

Contains milk.

SUNDAE MIX may contain traces of sulphites.

SUGAR FREE FIZZY FRUIT KIBBLE is produced on the same facility as products containing gluten, milk, soy, peanuts and tree nuts.

All FROZEN FANTA® flavours have the same nutritional content.

Gluten	Eggs	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colours
T		Y	T		T	T		T		Y	Y	Y

Frozen Coke® Your Way - MFV

FROZEN COKE® YOUR WAY:

BLUEBERRY: Carbonated Water, Sugar, Colour (150d, 104, 133), Food Acids (330, 338), Flavours, Preservative (211), Caffeine.
 GRAPE: Carbonated Water, Sugar, Colour (150d, 104, 122, 133), Food Acids (330, 338), Flavours, Preservative (211),
 LIME: Carbonated Water, Sugar, Colour (150d, 104, 133), Food Acids (330, 338), Flavours, Preservative (211), Caffeine.
 MANGO: Carbonated Water, Sugar, Colour (150d, 104, 110, 122), Food Acids (330, 338), Flavours, Preservative (211), Caffeine.
 RASPBERRY: Carbonated Water, Sugar, Colour (150d, 104, 122), Food Acids (330, 338), Flavours, Preservative (211), Caffeine.
 PINEAPPLE: Carbonated Water, Sugar, Colour (150d, 104, 110), Food Acids (330, 338), Flavours, Preservative (211), Caffeine. (104,110).
 VANILLA: Carbonated Water, Sugar, Colour (150d, 104), Food Acids (330, 338), Flavours, Preservative (211), Caffeine.

Contains caffeine.

All FROZEN COKE® YOUR WAY flavours have the same nutritional content.

Gluten	Eggs	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colours
										Y		Y

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100g	Avg Qty / Serve	Avg Qty / 100g	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	420	117	580	119 kJ	780	119
Energy (Cal)	100	28	139	28	186	28
Protein (g)	0.0	0.0	0.0	0.0	0.0	0.0
Fat, total (g)	0.0	0.0	0.0	0.0	0.0	0.0
Saturated Fat (g)	0.0	0.0	0.0	0.0	0.0	0.0
Carbohydrate (g)	24.2	6.9	33.8	6.9	45.5	6.9
Sugars (g)	24.2	6.9	33.8	6.9	45.5	6.9
Sodium (mg)	6	2	9	2	12	2

Deluxe Frozen Coke® Your Way - MFV

FROZEN COKE® YOUR WAY:

BLUEBERRY: Carbonated Water, Sugar, Colour (150d, 104, 133), Food Acids (330, 338), Flavours, Preservative (211), Caffeine.
 GRAPE: Carbonated Water, Sugar, Colour (150d, 104, 122, 133), Food Acids (330, 338), Flavours, Preservative (211),
 LIME: Carbonated Water, Sugar, Colour (150d, 104, 133), Food Acids (330, 338), Flavours, Preservative (211), Caffeine.
 MANGO: Carbonated Water, Sugar, Colour (150d, 104, 110, 122), Food Acids (330, 338), Flavours, Preservative (211), Caffeine.
 RASPBERRY: Carbonated Water, Sugar, Colour (150d, 104, 122), Food Acids (330, 338), Flavours, Preservative (211), Caffeine.
 PINEAPPLE: Carbonated Water, Sugar, Colour (150d, 104, 110), Food Acids (330, 338), Flavours, Preservative (211), Caffeine. (104,110).
 VANILLA: Carbonated Water, Sugar, Colour (150d, 104), Food Acids (330, 338), Flavours, Preservative (211), Caffeine.

SUNDAE MIX: **Milk**, **Milk** Solids, Sugar, **Cream**, Glucose Syrup (Maize), Vegetable Gums (407, 407a, 412, 466), Emulsifiers (433, 471), Flavours.

OR **Milk**, Sugar, Skim **Milk**, **Milk** Solids, **Cream**, Glucose Syrup (Maize), Vegetable Gums (407, 407a, 412, 466), Emulsifiers (433, 471), Flavours.

OR **Milk**, Sugar, **Cream**, Maltodextrin (Maize, Tapioca), Dextrose (Maize), **Milk** Solids, Vegetable Gums (407, 407a, 412, 466), Emulsifiers (433, 471), Flavour, Mineral

Salt (339), Food Acids (330, 331).

SUGAR FREE FIZZY FRUIT KIBBLE: Isomalt, Citric Acid, Sodium Bicarbonate, Natural Flavours, Natural Colours (100, 141), Beetroot Juice Concentrate, Stevia Glycoside.

Contains milk and caffeine.

SUNDAE MIX may contain traces of sulphites.

SUGAR FREE FIZZY FRUIT KIBBLE is produced on the same facility as products containing gluten, milk, soy, peanuts and tree nuts.

All FROZEN COKE® YOUR WAY flavours have the same nutritional content.

Gluten	Eggs	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colours
T		Y	T		T	T		T		Y	Y	Y

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100g	Avg Qty / Serve	Avg Qty / 100g	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	940	217 kJ	1100 kJ	192 kJ	1300 kJ	175 kJ
Energy (Cal)	224	52 Cal	263 Cal	46 Cal	311 Cal	42 Cal
Protein (g)	3.5	0.8	3.5	0.6	3.5	0.5
Fat, total (g)	4.3	1.0	4.3	0.7	4.3	0.6
Saturated Fat (g)	2.8	0.7	2.8	0.5	2.8	0.4
Carbohydrate (g)	42.1	9.8	51.8	9.1	63.5	8.6
Sugars (g)	40.5	9.4	50.1	8.8	61.9	8.4
Sodium (mg)	102	24	105	18	108	15

Chocolate Shake

SHAKE MIX: **Milk**, **Milk** Solids, Sugar, Maltodextrin, Cream, Stabilisers (412, 407, 407a, 466), Mineral Salt (452), Flavours.

OR **Milk**, Sugar, **Milk** Solids, Skim **Milk**, **Cream**, Maltodextrin, Vegetable Gums (412, 407, 407a, 466), Mineral Salt (452), Flavour.

OR **Milk**, Sugar, Water, **Milk** Solids, Maltodextrin, **Cream**, Vegetable Gums (412, 407, 407a, 466), Flavours, Mineral Salts (339, 452), Food Acids (330, 331).

CHOCOLATE SHAKE SYRUP: Invert Sugar Syrup, Glucose Syrup (Preservative (223)), Water, Cocoa Powder, Salt, Preservative (202), Acidity Regulator (330), Flavours.

Contains milk & sulphites.

CHOCOLATE SHAKE SYRUP contains traces of sulphites.

Gluten	Eggs	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Preservative	Lupin	Flavour	Colours
		Y						T	Y		Y	

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	1290	389	1740	389	2110	545
Energy (Cal)	307	93	415	93	503	130
Protein (g)	8.8	2.7	11.9	2.7	14.6	3.8
Fat, total (g)	7.6	2.3	10.2	2.3	12.5	3.2
Saturated Fat (g)	4.8	1.4	6.4	1.4	7.6	2.0
Carbohydrate (g)	49.9	15.1	67.4	15.1	81.7	21.1
Sugars (g)	41.4	12.5	55.9	12.5	67.7	17.5
Sodium (mg)	251	76	339	76	411	106

Strawberry Shake	Small		Medium		Large								
	Avg Qty /Serve	Avg Qty /100mL	Avg Qty /Serve	Avg Qty /100mL	Avg Qty /Serve	Avg Qty /100mL							
SHAKE MIX: Milk , Milk Solids, Sugar, Maltodextrin, Cream, Stabilisers (412, 407, 407a, 466), Mineral Salt (452), Flavours. OR Milk , Sugar, Milk Solids, Skim Milk , Cream, Maltodextrin, Vegetable Gums (412, 407, 407a, 466), Mineral Salt (452), Flavour. OR Milk , Sugar, Water, Milk Solids, Maltodextrin, Cream, Vegetable Gums (412, 407, 407a, 466), Flavours, Mineral Salts (339, 452), Food Acids (330, 331).	Energy (kJ)	1240	361	1600	361	1980	361						
STRAWBERRY SYRUP: Invert Sugar Syrup, Water, Glucose Syrup (Preservative (220)), Sugar, Strawberry Juice Concentrate, Acidity Regulator (330), Preservative (211), Humectant (1520), Colours (129,110, 133), Flavour.	Energy (Cal)	296	86	382	86	474	86						
Contains milk. STRAWBERRY SHAKE SYRUP contains traces of sulphites.	Protein (g)	8.0	2.3	10.3	2.3	12.9	2.3						
	Fat, total (g)	7.1	2.1	9.1	2.1	11.3	2.1						
	Saturated Fat (g)	4.4	1.3	5.7	1.3	7.1	1.3						
	Carbohydrate (g)	49.4	14.4	63.7	14.4	79.3	14.4						
	Sugars (g)	41.6	12.1	53.6	12.1	66.6	12.1						
	Sodium (mg)	192	56	248	56	308	56						
	Gluten	Eggs	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Preservative	Lupin	Flavour	Colours
	T		Y						T	Y		Y	Y

Vanilla Shake	Small		Medium		Large								
	Avg Qty /Serve	Avg Qty /100mL	Avg Qty /Serve	Avg Qty /100mL	Avg Qty /Serve	Avg Qty /100mL							
SHAKE MIX: Milk , Milk Solids, Sugar, Maltodextrin, Cream, Stabilisers (412, 407, 407a, 466), Mineral Salt (452), Flavours. OR Milk , Sugar, Milk Solids, Skim Milk , Cream , Maltodextrin, Vegetable Gums (412, 407, 407a, 466), Mineral Salt (452), Flavour. OR Milk , Sugar, Water, Milk Solids, Maltodextrin, Cream, Vegetable Gums (412, 407, 407a, 466), Flavours, Mineral Salts (339, 452), Food Acids (330, 331).	Energy (kJ)	1110	330	1470	330	1880	330						
VANILLA SYRUP: Water, Sugar, Glucose Syrup (Preservative (220)), Flavour, Colour (150d), Preservative (211), Acidity Regulator (330).	Energy (Cal)	266	79	352	79	449	79						
Contains milk. VANILLA SHAKE SYRUP contains traces of sulphites.	Protein (g)	7.4	2.2	9.8	2.2	12.5	2.2						
	Fat, total (g)	6.5	1.9	8.6	1.9	11.0	1.9						
	Saturated Fat (g)	4.1	1.2	5.4	1.2	6.9	1.2						
	Carbohydrate (g)	44.0	13.0	58.1	13.0	74.1	13.0						
	Sugars (g)	38.0	11.2	50.1	11.2	64.0	11.2						
	Sodium (mg)	173	51	229	51	292	51						
	Gluten	Eggs	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Preservative	Lupin	Flavour	Colours
	T		Y						T	Y		Y	Y

Real Coffee Shake	Small		Medium		Large								
	Avg Qty /Serve	Avg Qty /100mL	Avg Qty /Serve	Avg Qty /100mL	Avg Qty /Serve	Avg Qty /100mL							
SHAKE MIX: Milk , Milk Solids, Sugar, Maltodextrin, Cream , Stabilisers (412, 407, 407a, 466), Mineral Salt (452), Flavours. OR Milk , Sugar, Milk Solids, Skim Milk , Cream , Maltodextrin, Vegetable Gums (412, 407, 407a, 466), Mineral Salt (452), Flavour. OR Milk , Sugar, Water, Milk Solids, Maltodextrin, Cream , Vegetable Gums (412, 407, 407a, 466), Flavours, Mineral Salts (339, 452), Food Acids (330, 331).	Energy (kJ)	933	318	1340	318	1630	318						
COFFEE: Coffee Extract (Water, Coffee Beans (Rainforest Alliance Certified)).	Energy (Cal)	236	76	318	76	386	76						
Contains milk and caffeine.	Protein (g)	8.4	2.7	11.3	2.7	13.7	2.7						
	Fat, total (g)	7.3	2.3	9.9	2.3	12.0	2.3						
	Saturated Fat (g)	4.6	1.5	6.2	1.5	7.5	1.5						
	Carbohydrate (g)	34.2	10.9	46.1	10.9	56.0	10.9						
	Sugars (g)	27.6	8.8	37.2	8.8	45.2	8.8						
	Sodium (mg)	189	61	255	61	310	61						
	Gluten	Eggs	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Preservative	Lupin	Flavour	Colours
	T		Y						T			Y	Y

Chocolate Frappe	Small		Medium		Large								
	Avg Qty /Serve	Avg Qty /100mL	Avg Qty /Serve	Avg Qty /100mL	Avg Qty /Serve	Avg Qty /100mL							
CHOCOLATE FRAPPE BASE: Milk and/or Skim Milk (Reconstituted), Sugar, Cream, Milk Solids, Coco Powder, Emulsifier (471), Stabilisers (412, 410, 466, 407a, 407, Sucrose), Chocolate Flavour, Malt Flavour and/or Malt Extract (Wheat, Barley).	Energy (kJ)	1570	492	2230	471	2720	474						
ICE: Water.	Energy (Cal)	376	118	533	113	651	113						
WHIPPED CREAM: Cream , Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407).	Protein (g)	6.1	1.9	8.9	1.9	10.9	1.9						
CHOCOLATE SAUCE: Sugar, Water, Cocoa Powder, Thickener (1442), Colour (150d), Flavour, Salt, Food Acids (330, 331), Preservative (202), Vegetable Gums (415, 417, 401).	Fat, total (g)	16.7	5.2	22.0	4.7	27.5	4.8						
Contains gluten, milk. CHOCOLATE FRAPPE BASE contains sulphites.	Saturated Fat (g)	11.7	3.7	15.3	3.2	19.2	3.3						
	Carbohydrate (g)	49.2	15.4	73.0	15.4	87.9	15.3						
	Sugars (g)	45.8	14.3	68.1	14.4	82.1	14.3						
	Sodium (mg)	86	27	126	27	153	27						
	Gluten	Eggs	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Preservative	Lupin	Flavour	Colours
	Y		Y						T	Y		Y	Y

