



# McDonald's Australia Beverages

## Allergen - Ingredients - Nutrition Information

Information correct as at May 2022.

At McDonald's we believe in the nutritional principals of balance, variety and moderation and that eating at McDonald's can fit into a healthy lifestyle. Our goal is to provide you with the information necessary to make informed decisions about your McDonald's menu choices. This guide can help you balance your McDonald's meal with the other meals you eat today, and every day.

This guide is for our standard or core menu items. For information regarding short-time menu items, please either ask a manager in one of our restaurants or contact our Customer Service Department either via our website <http://mcdonalds.com.au/contactus> or on 02 9875 7100.

The nutrition and ingredient information is based on standard product formulations, standard product assembly and standard serving sizes (including ice for drinks from our beverage system). Actual sizes and assembly may vary. Due to the individual preparation of each of our menu items, actual values may vary from those listed. Variations may also occur depending on the local supplier, region of the country, and the season of the year. Further, product formulations may change periodically.

### **Food Sensitivities and Preferences**

No food items are sold as allergen free. As we operate working kitchens please be aware that there is always a risk that traces of allergens may be transferred to ingredients during storage or preparation of food in our kitchens. McDonald's Restaurants are therefore unable to guarantee that any food item sold is free from traces of allergens.

No food items are certified as vegetarian. Whilst some ingredients may not contain animal ingredients, we cannot guarantee that there will be no cross contact with ingredients that do contain animal ingredients in our kitchens.

We have a number of Halal certified restaurants. Only those items listed on the certificate in the front counter area and drive thru booth at our restaurants serving Halal options are certified as Halal.

If you would like further information or have food sensitivities or dietary concerns regarding specific ingredients in specific menu items, please contact us at <http://mcdonalds.com.au/contactus> or call us on 02 9875 7100.

## COLD DRINKS

### Pop Tops® Apple Juice

Reconstituted Apple Juice, Food Acid (Citric Acid), Vitamin C (Ascorbic Acid), Natural Flavour.

	Avg Qty /Serve	Avg Qty /100mL
Energy (kJ)	540	216
Energy (Cal)	129	52
Protein (g)	<1.0	<1.0
Fat, total (g)	<1.0	<1.0
Saturated Fat (g)	0.0	0.0
Carbohydrate (g)	29.5	11.8
Sugars (g)	29.5	11.8
Sodium (mg)	18	7

Gluten	Eggs	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colours

### CalciYum™ Chocolate Flavoured Milk

Low Fat Milk, Sugar, Cocoa, Vegetable Gums (460, 466, 407), Mineral (Calcium Carbonate), Flavours, Vitamin D.

Contains milk.

	Avg Qty /Serve	Avg Qty /100mL
Energy (kJ)	633	253
Energy (Cal)	151	61
Protein (g)	8.3	3.3
Fat, total (g)	3.5	1.4
Saturated Fat (g)	2.3	0.9
Carbohydrate (g)	20.5	8.2
Sugars (g)	20.0	8.0
Sodium (mg)	98	39

Gluten	Eggs	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colours
		Y									Y	

### Orange Juice

Water, Orange Juice Concentrate, Preservatives (211,202), Colour (160a), Flavour.

	Small		Medium		Large	
	Avg Qty /Serve	Avg Qty /100mL	Avg Qty /Serve	Avg Qty /100mL	Avg Qty /Serve	Avg Qty /100mL
Energy (kJ)	561	187	804	187	1130	187
Energy (Cal)	134	45	192	45	281	45
Protein (g)	2.6	0.9	3.7	0.9	5.2	0.9
Fat, total (g)	0.0	0.0	0.0	0.0	0.0	0.0
Saturated Fat (g)	0.0	0.0	0.0	0.0	0.0	0.0
Carbohydrate (g)	31.7	10.6	45.4	10.6	63.9	10.6
Sugars (g)	25.2	8.4	36.2	8.4	50.9	8.4
Sodium (mg)	16	5	22	5	31	5

Gluten	Eggs	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colours
										Y		

### Coca-Cola®

COCA-COLA®: Carbonated Water, Sugar, Colour (150d), Acidity Regulator (338), Flavour, Caffeine.

Contains caffeine.

	Small		Medium		Large	
	Avg Qty /Serve	Avg Qty /100mL	Avg Qty /Serve	Avg Qty /100mL	Avg Qty /Serve	Avg Qty /100mL
Energy (kJ)	429	187	613	187	938	187
Energy (Cal)	102	45	146	45	224	45
Protein (g)	0.0	0.0	0.0	0.0	0.0	0.0
Fat, total (g)	0.0	0.0	0.0	0.0	0.0	0.0
Saturated Fat (g)	0.0	0.0	0.0	0.0	0.0	0.0
Carbohydrate (g)	25.2	11.0	36.1	11.0	55.2	11.0
Sugars (g)	25.2	11.0	36.1	11.0	55.2	11.0
Sodium (mg)	24	10	34	10	52	10

Gluten	Eggs	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colours
											Y	Y

<b>Coca-Cola® No Sugar</b>											<b>Small</b>		<b>Medium</b>		<b>Large</b>		
COCA-COLA® NO SUGAR: Carbonated Water, Colour (150d), Food Acids (338, 331), Sweeteners (951, 950), Preservative (211), Flavour, Caffeine.											Avg Qty /Serve	Avg Qty /100mL	Avg Qty /Serve	Avg Qty /100mL	Avg Qty /Serve	Avg Qty /100mL	
Contains Phenylalanine.											Energy (kJ)	3	1	5	1	8	1
											Energy (Cal)	0.9	0.3	1.0	0.3	2.0	0.3
											Protein (g)	0.1	0.0	0.2	0.0	0.3	0.0
											Fat, total (g)	0.0	0.0	0.0	0.0	0.0	0.0
											Saturated Fat (g)	0.0	0.0	0.0	0.0	0.0	0.0
											Carbohydrate (g)	0.2	0.1	0.3	0.1	0.5	0.1
											Sugars (g)	0.0	0.0	0.0	0.0	0.0	0.0
											Sodium (mg)	25	8	36	9	55	9
											Gluten						
											Eggs						
											Milk						
											Soy						
											Fish & Crustacea						
											Peanuts						
											Tree Nuts						
											Sesame Seeds						
											Sulphites						
											Lupin						
											Preservative				Y		
											Artificial Flavour				Y		
											Artificial Colours					Y	
<b>Diet Coke®</b>											<b>Small</b>		<b>Medium</b>		<b>Large</b>		
DIET COKE®: Carbonated Water, Colour (150d), Food Acids (338, 330, 331), Artificial Sweeteners (951, 950), Flavour, Preservative (211), Caffeine.											Avg Qty /Serve	Avg Qty /100mL	Avg Qty /Serve	Avg Qty /100mL	Avg Qty /Serve	Avg Qty /100mL	
Contains phenylalanine and caffeine.											Energy (kJ)	4	1	6	1	9	1
											Energy (Cal)	0.9	0.3	1	0.3	2	0
											Protein (g)	0.0	0.0	0.0	0.0	0.0	0.0
											Fat, total (g)	0.0	0.0	0.0	0.0	0.0	0.0
											Saturated Fat (g)	0.0	0.0	0.0	0.0	0.0	0.0
											Carbohydrate (g)	0.2	0.1	0.3	0.1	0.5	0.1
											Sugars (g)	0.0	0.0	0.0	0.0	0.0	0.0
											Sodium (mg)	34	11	49	12	75	13
											Gluten						
											Eggs						
											Milk						
											Soy						
											Fish & Crustacea						
											Peanuts						
											Tree Nuts						
											Sesame Seeds						
											Sulphites						
											Lupin						
											Preservative				Y		
											Artificial Flavour				Y		
											Artificial Colours					Y	
<b>Coca-Cola® Vanilla</b>											<b>Small</b>		<b>Medium</b>		<b>Large</b>		
COCA-COLA® VANILLA: Carbonated Water, Sugar, Colour (150d), Food Acids (338), Flavour, Caffeine.											Avg Qty /Serve	Avg Qty /100mL	Avg Qty /Serve	Avg Qty /100mL	Avg Qty /Serve	Avg Qty /100mL	
Contains Caffeine.											Energy (kJ)	436	190	624	190	954	190
											Energy (Cal)	104	46	149	46	228	46
											Protein (g)	0.0	0.0	0.0	0.0	0.0	0.0
											Fat, total (g)	0.0	0.0	0.0	0.0	0.0	0.0
											Saturated Fat (g)	0.0	0.0	0.0	0.0	0.0	0.0
											Carbohydrate (g)	25.6	11.2	36.7	11.2	56.1	11.2
											Sugars (g)	25.6	11.2	36.7	11.2	56.1	11.2
											Sodium (mg)	2	1	3	1	5	1
											Gluten						
											Eggs						
											Milk						
											Soy						
											Fish & Crustacea						
											Peanuts						
											Tree Nuts						
											Sesame Seeds						
											Sulphites						
											Lupin						
											Preservative						
											Artificial Flavour				Y		
											Artificial Colours					Y	
<b>Fanta®</b>											<b>Small</b>		<b>Medium</b>		<b>Large</b>		
FANTA®: Carbonated Water, Sugar, Acidity Regulator (330), Flavour, Preservative (211), Antioxidant (300), Colour (110).											Avg Qty /Serve	Avg Qty /100mL	Avg Qty /Serve	Avg Qty /100mL	Avg Qty /Serve	Avg Qty /100mL	
											Energy (kJ)	526	172	752	172	1150	172
											Energy (Cal)	126	41	180	41	275	41
											Protein (g)	0.0	0.0	0.0	0.0	0.0	0.0
											Fat, total (g)	0.0	0.0	0.0	0.0	0.0	0.0
											Saturated Fat (g)	0.0	0.0	0.0	0.0	0.0	0.0
											Carbohydrate (g)	30.9	10.1	44.2	10.1	67.6	10.1
											Sugars (g)	30.7	10.1	43.9	10.1	67.1	10.1
											Sodium (mg)	34	11	49	11	75	11
											Fish &						
											Gluten						
											Eggs						
											Milk						
											Soy						
											Peanuts						
											Tree Nuts						
											Sesame Seeds						
											Sulphites						
											Lupin						
											Preservative				Y		
											Artificial Flavour				Y		
											Artificial Colours					Y	

Sprite® SPRITE®: Carbonated Water, Sugar, Acidity Regulators (330, 331), Flavour, Preservative (211).	Small		Medium		Large							
	Avg Qty /Serve	Avg Qty /100mL	Avg Qty /Serve	Avg Qty /100mL	Avg Qty /Serve	Avg Qty /100mL						
Energy (kJ)	378	165	541	165	827	165						
Energy (Cal)	90	39	129	39	198	39						
Protein (g)	0.0	0.0	0.0	0.0	0.0	0.0						
Fat, total (g)	0.0	0.0	0.0	0.0	0.0	0.0						
Saturated Fat (g)	0.0	0.0	0.0	0.0	0.0	0.0						
Carbohydrate (g)	22.2	9.7	31.8	9.7	48.7	9.7						
Sugars (g)	22.2	9.7	31.8	9.7	48.7	9.7						
Sodium (mg)	33	14	47	14	71	14						
Gluten	Eggs	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colours
										Y	Y	

Sparkling Water Carbonated Water.	Small		Medium		Large							
	Avg Qty /Serve	Avg Qty /100mL	Avg Qty /Serve	Avg Qty /100mL	Avg Qty /Serve	Avg Qty /100mL						
Energy (kJ)	0	0	0	0	0	0						
Energy (Cal)	0	0	0	0	0	0						
Protein (g)	0.0	0.0	0.0	0.0	0.0	0.0						
Fat, total (g)	0.0	0.0	0.0	0.0	0.0	0.0						
Saturated Fat (g)	0.0	0.0	0.0	0.0	0.0	0.0						
Carbohydrate (g)	0.0	0.0	0.0	0.0	0.0	0.0						
Sugars (g)	0.0	0.0	0.0	0.0	0.0	0.0						
Sodium (mg)	5	2	5	2	5	2						
Gluten	Eggs	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colours

Frozen Coke® Carbonated Water, Sugar, Colour (150d), Food Acid (338), Flavour, Caffeine .  Contains caffeine.	Small		Medium		Large							
	Avg Qty /Serve	Avg Qty /100mL	Avg Qty /Serve	Avg Qty /100mL	Avg Qty /Serve	Avg Qty /100mL						
Energy (kJ)	420	118	580	118	780	118						
Energy (Cal)	100	28	138	28	186	28						
Protein (g)	0.0	0.0	0.0	0.0	0.0	0.0						
Fat, total (g)	0.0	0.0	0.0	0.0	0.0	0.0						
Saturated Fat (g)	0.0	0.0	0.0	0.0	0.0	0.0						
Carbohydrate (g)	24.2	6.9	33.8	6.9	45.5	6.9						
Sugars (g)	24.2	6.9	33.8	6.9	45.5	6.9						
Sodium (mg)	19	5	26	5	36	5						
Gluten	Eggs	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colours
											Y	Y

Frozen Coke® No Sugar FROZEN COKE® NO SUGAR: Carbonated Water, Sweeteners (968, 955, 950), Bulking Agent (422), Colour (150d), Food Acid (338), Preservative (211), Flavour, Caffeine.  Contains caffeine.	Small		Medium		Large							
	Avg Qty /Serve	Avg Qty /100mL	Avg Qty /Serve	Avg Qty /100mL	Avg Qty /Serve	Avg Qty /100mL						
Energy (kJ)	50	13	70	13	90	13						
Energy (Cal)	12	3	17	3	22	3						
Protein (g)	0.0	0.0	0.0	0.0	0.0	0.0						
Fat, total (g)	0.0	0.0	0.0	0.0	0.0	0.0						
Saturated Fat (g)	0.0	0.0	0.0	0.0	0.0	0.0						
Carbohydrate (g)	2.1	0.6	2.9	0.6	4.0	0.6						
Sugars (g)	0.0	0.0	0.0	0.0	0.0	0.0						
Sodium (mg)	7	2	10	2	14	2						
Gluten	Eggs	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colours
										Y	Y	Y

Frozen Fanta®	Small			Medium		Large							
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL							
FROZEN FANTA®: BLUEBERRY: Carbonated Water, Sugar, Food Acid (330), Flavour, Preservative (211), Colour (133). GRAPE: Carbonated Water, Sugar, Food Acid (330), Flavour, Preservative (211), Colours (122, 104, 133). MANGO: Carbonated Water, Sugar, Food Acid (330), Flavour, Preservative (211), Colour (110, 122). RASPBERRY: Carbonated Water, Sugar, Flavour, Food Acid (330), Preservative (211), Colour (122).	Energy (kJ)	420	117	580	119 kJ	780	119						
	Energy (Cal)	100	28	139	28	186	28						
	Protein (g)	0.0	0.0	0.0	0.0	0.0	0.0						
	Fat, total (g)	0.0	0.0	0.0	0.0	0.0	0.0						
	Saturated Fat (g)	0.0	0.0	0.0	0.0	0.0	0.0						
	Carbohydrate (g)	24.2	6.9	33.8	6.9	45.5	6.9						
	Sugars (g)	24.2	6.9	33.8	6.9	45.5	6.9						
	Sodium (mg)	6	2	9	2	12	2						
All FROZEN FANTA® flavours have the same nutritional content.	Gluten	Eggs	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colours
											Y	Y	Y

Chocolate Shake	Small			Medium		Large							
	Avg Qty /Serve	Avg Qty /100mL	Avg Qty /Serve	Avg Qty /100mL	Avg Qty /Serve	Avg Qty /100mL							
SHAKE MIX: <b>Milk, Milk</b> Solids, Sugar, Maltodextrin, <b>Cream</b> , Vegetable Gums (412, 407, 407a, 466), Mineral Salt (452), Flavours. OR: <b>Milk</b> , Sugar, <b>Milk</b> Solids, Skim <b>Milk, Cream</b> , Maltodextrin, Vegetable Gums (407, 407a, 412, 466), Mineral Salts (452), Flavours. OR: <b>Milk</b> , Sugar, <b>Milk</b> Solids, Maltodextrin, <b>Cream</b> , Vegetable Gums (412, 407, 407a, 466), Flavours, Mineral Salts (339, 452), Food Acids (330, 331). CHOCOLATE SHAKE SYRUP: Invert Sugar Syrup, Glucose Syrup (Glucose, Preservative (223)), Water, Cocoa Powder, Salt, Preservative (202), Acidity Regulator (330), Flavours.	Energy (kJ)	1150	525	1550	525	1880	525						
	Energy (Cal)	274	125	370	125	449	125						
	Protein (g)	8.3	3.8	11.2	3.8	13.6	3.8						
	Fat, total (g)	7.3	3.4	9.9	3.4	12.0	3.4						
	Saturated Fat (g)	5.0	2.3	6.7	2.3	8.1	2.3						
	Carbohydrate (g)	47.8	21.8	64.5	21.8	78.2	21.8						
	Sugars (g)	35.7	16.3	48.5	16.3	58.5	16.3						
	Sodium (mg)	167	76	225	76	273	76						
Contains milk & sulphites. CHOCOLATE SHAKE SYRUP contains traces of sulphites.	Gluten	Eggs	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colours
			Y						T		Y	Y	Y

Strawberry Shake	Small			Medium		Large							
	Avg Qty /Serve	Avg Qty /100mL	Avg Qty /Serve	Avg Qty /100mL	Avg Qty /Serve	Avg Qty /100mL							
SHAKE MIX: <b>Milk, Milk</b> Solids, Sugar, Maltodextrin, Cream, Stabilisers (412, 407, 407a, 466), Mineral Salt (452), Flavours. OR: <b>Milk</b> , Sugar, <b>Milk</b> Solids, Skim <b>Milk, Cream</b> , Maltodextrin, Vegetable Gums (412, 407, 407a, 466), Mineral Salt (452), Flavour. OR: <b>Milk</b> , Sugar, Water, <b>Milk</b> Solids, Maltodextrin, Cream, Vegetable Gums (412, 407, 407a, 466), Flavours, Mineral Salts (339, 452), Food Acids (330, 331). STRAWBERRY SYRUP: Invert Sugar Syrup, Water, Glucose Syrup (Preservative (220)), Sugar, Strawberry Juice Concentrate, Acidity Regulator (330), Preservative (211), Humectant (1520), Colours (129,110, 133), Flavour.	Energy (kJ)	1240	542	1600	542	1990	542						
	Energy (Cal)	296	129	382	129	473	129						
	Protein (g)	8.0	3.5	10.3	3.5	12.7	3.5						
	Fat, total (g)	7.1	3.2	9.1	3.2	11.6	3.2						
	Saturated Fat (g)	4.4	2.0	5.7	2.0	7.2	2.0						
	Carbohydrate (g)	49.4	21.6	63.7	21.6	79.2	21.6						
	Sugars (g)	41.6	18.2	53.6	18.2	66.6	18.2						
	Sodium (mg)	192	84	248	84	308	84						
Contains milk. STRAWBERRY SHAKE SYRUP contains traces of sulphites.	Gluten	Eggs	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colours
			Y						T		Y	Y	Y

Vanilla Shake	Small			Medium		Large							
	Avg Qty /Serve	Avg Qty /100mL	Avg Qty /Serve	Avg Qty /100mL	Avg Qty /Serve	Avg Qty /100mL							
SHAKE MIX: <b>Milk, Milk</b> Solids, Sugar, Maltodextrin, Cream, Stabilisers (412, 407, 407a, 466), Mineral Salt (452), Flavours. OR: <b>Milk</b> , Sugar, <b>Milk</b> Solids, Skim <b>Milk, Cream</b> , Maltodextrin, Vegetable Gums (412, 407, 407a, 466), Mineral Salt (452), Flavour. OR: <b>Milk</b> , Sugar, Water, <b>Milk</b> Solids, Maltodextrin, Cream, Vegetable Gums (412, 407, 407a, 466), Flavours, Mineral Salts (339, 452), Food Acids (330, 331). VANILLA SYRUP: Water, Sugar, Glucose Syrup (Preservative (220)), Flavour, Colour (150d), Preservative (211), Acidity Regulator (330).	Energy (kJ)	1110	528	1470	528	1880	528						
	Energy (Cal)	266	126	352	126	449	126						
	Protein (g)	7.4	3.5	9.8	3.5	12.5	3.5						
	Fat, total (g)	6.5	3.0	8.6	3.0	10.8	3.0						
	Saturated Fat (g)	4.1	1.9	5.4	1.9	6.8	1.9						
	Carbohydrate (g)	44.0	20.8	58.1	20.8	74.0	20.8						
	Sugars (g)	38.0	17.9	50.1	17.9	63.7	17.9						
	Sodium (mg)	173	82	229	82	290	82						
Contains milk. VANILLA SHAKE SYRUP contains traces of sulphites.	Gluten	Eggs	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colours
			Y						T		Y	Y	Y

## Chocolate Frappe

CHOCOLATE FRAPPE BASE: **Milk** and/or Skim **Milk** (Reconstituted), Sugar, Cream, **Milk** Solids, Cocoa Powder, Emulsifier (471), Stabilisers (412, 410, 466, 407a, 407, Sucrose), Chocolate Flavour, Malt Flavour and/or Malt Extract (**Wheat, Barley**).

ICE: Water.

WHIPPED CREAM: **Cream**, Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407).

CHOCOLATE SAUCE: Sugar, Water, Cocoa Powder, Thickener (1442), Colour (150d), Flavour, Salt, Food Acids (330, 331), Preservative (202), Vegetable Gums (415, 417, 401).

Contains gluten, milk and sulphites.

CHOCOLATE SAUCE may contain gluten.

	Medium		Large	
	Avg Qty /Serve	Avg Qty /100mL	Avg Qty /Serve	Avg Qty /100mL
Energy (kJ)	2470	471	2790	474
Energy (Cal)	590	113	667	113
Protein (g)	9.9	1.9	11.1	1.9
Fat, total (g)	24.4	4.7	28.2	4.8
Saturated Fat (g)	16.9	3.2	19.6	3.3
Carbohydrate (g)	80.8	15.4	90.0	15.3
Sugars (g)	75.4	14.4	84.0	14.3
Sodium (mg)	140	27	156	27

Gluten	Eggs	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colours
Y		Y						Y		Y	Y	Y

## Coffee Frappe

COFFEE FRAPPE BASE: **Milk** and/or Skim **Milk** (Reconstitutes), Sugar, **Cream, Milk** Solids, Coffee Powder, Emulsifier (471), Stabiliser (412, 410, 466, 407a, 407, Sucrose), Colour (150c, 150d (contains **Wheat**)), Coffee Flavour, Vanilla Flavour.

ICE: Water.

WHIPPED CREAM: **Cream**, Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407).

CHOCOLATE SAUCE: Sugar, Water, Cocoa Powder, Thickener (1442), Colour (150d), Flavour, Salt, Food Acids (330, 331), Preservative (202), Vegetable Gums (415, 417, 401).

Contains gluten, milk, sulphites and caffeine.

CHOCOLATE SAUCE may contain gluten.

	Medium		Large	
	Avg Qty /Serve	Avg Qty /100mL	Avg Qty /Serve	Avg Qty /100mL
Energy (kJ)	2440	462	2700	458
Energy (Cal)	582	110	644	109
Protein (g)	11.1	2.1	12.4	2.1
Fat, total (g)	26.5	5.0	29.1	4.9
Saturated Fat (g)	18.2	3.4	19.9	3.4
Carbohydrate (g)	73.1	13.9	81.5	13.8
Sugars (g)	67.6	12.8	75.3	12.8
Sodium (mg)	259	49	289	49

Gluten	Eggs	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colours
Y		Y						Y		Y	Y	Y

## Salted Caramel Frappe

SALTED CARAMEL FRAPPE BASE: Sugar, **Milk** Solids, **Milk, Cream**, Emulsifier (471), Stabilisers (412, 466, 410, 407a, 407), Colour (150c), Salt, Caramel Flavour, Caramel Colour.

ICE: Water.

WHIPPED CREAM: **Cream**, Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407).

CHOCOLATE SAUCE: Sugar, Water, Cocoa Powder, Thickener (1442), Colour (150d), Flavour, Salt, Food Acids (330, 331), Preservative (202), Vegetable Gums (415, 417, 401).

Contains milk and sulphites.

CHOCOLATE SAUCE may contain gluten.

	Medium		Large	
	Avg Qty /Serve	Avg Qty /100mL	Avg Qty /Serve	Avg Qty /100mL
Energy (kJ)	2250	427	2490	423
Energy (Cal)	538	102	595	101
Protein (g)	11.8	2.2	13.2	2.2
Fat, total (g)	28.4	5.4	31.1	5.3
Saturated Fat (g)	19.4	3.7	21.3	3.6
Carbohydrate (g)	58.7	11.1	65.3	11.1
Sugars (g)	57.9	11.0	64.5	11.0
Sodium (mg)	570	108	638	108

Gluten	Eggs	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colours
T		Y						Y		Y	Y	Y

## Mixed Berry Smoothie

ICE: Water

MIXED BERRY SYRUP: Refined Fruit Juice, Fruit Puree Concentrates (Including berry), Water, Fruit Puree, Fruit Juice Concentrate (including berry), Vegetable Concentrate (including berry), Natural Flavourings, Thickeners (415, 466), Food Acid (330).

WATER: Water

MIXED BERRY SMOOTHIE may be blended using the same equipment as blended drinks containing gluten and milk.

	Medium		Large	
	Avg Qty /Serve	Avg Qty /100mL	Avg Qty /Serve	Avg Qty /100mL
Energy (kJ)	720	148	871	148
Energy (Cal)	172	35	208	35
Protein (g)	0.6	0.1	0.7	0.1
Fat, total (g)	0.1	0.0	0.2	0.0
Saturated Fat (g)	0.0	0.0	0.0	0.0
Carbohydrate (g)	40.7	8.4	49.2	8.4
Sugars (g)	35.7	7.3	43.2	7.3
Sodium (mg)	26	5	32	5

Gluten	Eggs	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colours
T		T										

### Tropical Smoothie

ICE: Water.  
 TROPICAL SMOOTHIE SYRUP: Fruit Puree Concentrate, Refined Fruit Juice, Water, Fruit Pulp, Fruit Juice Concentrates, Natural Flavourings, Food Acid (330), Natural Colour (161b), Thickeners (415, 466).  
 WATER: Water.

TROPICAL SMOOTHIE may be blended using the same equipment as blended drinks containing gluten and milk.

	Medium		Large	
	Avg Qty /Serve	Avg Qty /100mL	Avg Qty /Serve	Avg Qty /100mL
Energy (kJ)	623	128	758	129
Energy (Cal)	149	31	181	31
Protein (g)	0.5	0.1	0.7	0.1
Fat, total (g)	0.2	0.0	0.2	0.0
Saturated Fat (g)	0.1	0.0	0.1	0.0
Carbohydrate (g)	35.3	7.3	43.0	7.3
Sugars (g)	30.3	6.2	36.9	6.3
Sodium (mg)	28	6	34	6

Gluten	Eggs	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colours
T		T										

### Water- Pop Top and Cool Ridge

POP TOP: Spring Water  
 COOL RIDGE: Spring Water

	Pop Top Water		Cool Ridge	
	Avg Qty /Serve	Avg Qty /100mL	Avg Qty /Serve	Avg Qty /100mL
Energy (kJ)	0	0	0	0
Energy (Cal)	0	0	0	0
Protein (g)	0.0	0.0	0.0	0.0
Fat, total (g)	0.0	0.0	0.0	0.0
Saturated Fat (g)	0.0	0.0	0.0	0.0
Carbohydrate (g)	0.0	0.0	0.0	0.0
Sugars (g)	0.0	0.0	0.0	0.0
Sodium (mg)	5	2	33	6

Gluten	Eggs	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colours