

McDonald's Australia Core Menu Allergen - Ingredients - Nutrition Information

Information correct as at 31 August 2015

At McDonald's we believe in the nutritional principals of balance, variety and moderation and that eating at McDonald's can fit into a healthy lifestyle. Our goal is to provide you with the information necessary to make informed decisions about your McDonald's menu choices. This guide can help you balance your McDonald's meal with the other meals you eat today, and every day.

This guide is for our standard or core menu items. For information regarding short-time menu items, please either ask a manager in one of our restaurants or contact our Customer Service Department either via our website <a href="http://mcdonalds.com.au/contactus">http://mcdonalds.com.au/contactus</a> or on 02 9875 7100.

The nutrition and ingredient information is based on standard product formulations, standard product assembly and standard serving sizes (including ice for drinks from our beverage system). Actual sizes and assembly may vary. Due to the individual preparation of each of our menu items, actual values may vary from those listed. Variations may also occur depending on the local supplier, region of the country, and the season of the year. Further, product formulations may change periodically.

## **Food Sensitivities and Preferences**

Select items sold in McCafé are sold as gluten free. They are produced under allergen control conditions and are specifically handled to prevent cross contamination. No other food items are sold as allergen free.

As we operate working kitchens please be aware that there is always a risk that traces of allergens may be transferred to ingredients during storage or preparation of food in our kitchens. McDonald's Restaurants are therefore unable to guarantee that any food item sold is free from traces of allergens.

No food items are certified as vegetarian. Whilst some ingredients may not contain animal ingredients, we cannot guarantee that there will be no cross contact with ingredients that do contain animal ingredients in our kitchens.

We have a number of Halal certified restaurants. Only those items listed on the certificate in the front counter area and drive thru booth at our restaurants serving Halal options are certified as Halal.

If you would like further information or have food sensitivities or dietary concerns regarding specific ingredients in specific menu items, please contact us at <a href="http://mcdonalds.com.au/contactus">http://mcdonalds.com.au/contactus</a> or call us on 02 9875 7100.

| BEEF   |                 |                     |                    |               |                              |                     |                |                   |            |            |                           |        |                |               |
|--|-----------------|---------------------|--------------------|---------------|------------------------------|---------------------|----------------|-------------------|------------|------------|---------------------------|--------|----------------|---------------|
| Big Mac  |                 |                     |                    |               |                              |                     |                |                   |            |            |                           | A      | Avg Qty /Serve | Avg Qty /100g |
| BIG MAC BUN: Wheat Flour, Water, Yeast, Sugar, Vegetable Oil (Canola), Sesame Seed, Iodised Salt, Gluten, Soy Flour, Pr  | eservative (2   | 82). Emulsi         | fiers (471, 4      | 472e. 481).   | Malt Flour, Mineral Salt (1  | 70). Antioxid       | ant (300, 30   | 4, 307, 330).     |            |            | Energy (kJ)               |        | 2060           | 1030          |
| Enzyme (1100) Vitamin (Thiamin, Folate).   | 200110010 (2    |                     |                    |               |                              | ,,                  | unt (000, 00   | ,,,               |            |            | Energy (Cal)              | )      | 493            | 245           |
| BEEF PATTIES: Beef (100%).   |                 |                     |                    |               |                              |                     |                |                   |            |            | Protein (g)               |        | 25.2           | 12.5          |
| LETTUCE: Iceberg Lettuce.  |                 |                     |                    |               |                              |                     |                |                   |            |            | Fat, total (g)            |        | 26.9           | 13.4          |
| BIG MAC SAUCE: Soybean Oil (Antioxidant (330)), Water, Relish [ Pickles, High Fructose Corn Syrup, Sugar, Distilled Vinega   | r, Preservativ  | ve (202), Th        | ickener (41        | 5), Flavouri  | ngs], Mustard [Water, Disti  | lled Vinegar        | , Mustard Se   | ed, Salt, Sugar,  |            |            | Saturated Fa              | at (g) | 10.7           | 5.3           |
| Colours (150d, 100), Spice], Salted Egg Yolks, Distilled Vinegar, Onion, Thickeners (1442, 415, 405), Spices, Sugar, Salt, Hydi<br>Garlic, Antioxidant (385).  | olysed Prote    | ein (Corn Gl        | uten, Soy,         | Wheat Glut    | en), Preservative (211), Co  | plours (160c        | , 150d, 100),  | Emulsifier (433), |            |            | Carbohydrat<br>Sugars (g) | te (g) | 35.3<br>5.9    | 17.6<br>2.9   |
| CHEESE: Cheese (Milk, Salt, Culture, Enzymes (Rennet, Lipase)), Water, Milk Solids, Butter, Emulsifiers (340, 452, 331), Sal   | t, Acidity Reg  | gulators (26        | 0, 330, 339        | ), Colours (  | 160b, 160c), Preservative    | (200), <b>Soy</b> L | ecithin.       |                   |            |            | Sodium (mg)               | )      | 859            | 427           |
| PICKLES: Cucumber, Water, Vinegar, Salt, Preservatives (202, 211), Flavour.  |                 |                     |                    |               |                              |                     |                |                   |            |            |                           |        |                |               |
| ONION: Water, Dehydrated White Onion.  |                 |                     |                    |               |                              |                     |                |                   |            |            |                           |        |                |               |
| Contains gluten, egg, milk, soy & sesame seeds.  |                 |                     |                    |               |                              |                     |                |                   |            |            |                           |        |                |               |
| Beef patty seasoned on grill. Seasoning: Salt, Pepper, Soy Oil.  | Gluten          | Eggs                | Milk               | Soy           | Fish & Crustaea              | Peanuts             | Tree Nuts      | Sesame Seeds      | Sulphites  | Prese      | rvative Fla               | avour  | Colours        |               |
| Beef may be cooked on the same grill as egg or products containing gluten.   | Y               | Y                   | Y                  | Y             |                              |                     |                | Y                 |            | · ·        | (                         | Y      | Y              |               |
|  |                 |                     |                    |               |                              |                     |                |                   |            |            | Cheesebu                  | irger  | Double Ch      | leeseburger   |
| Cheeseburger & Double Cheeseburger   |                 |                     |                    |               |                              |                     |                |                   | Avg        | Qty /Serve | Avg Qty /1                | 100g A | Avg Qty /Serve | Avg Qty /100g |
| REGULAR BUN: Wheat Flour, Water, Yeast, Sugar, Vegetable Oil (Canola), Iodised Salt, Gluten, Soy Flour, Preservative (282  | 2). Emulsifier  | s (471, 472         | e. 481). <b>Ma</b> | It Flour. Mir | eral Salt (170). Antioxidan  | t (300, 304,        | 307, 330).     | Energy (I         | kJ)        | 1180       | 1070                      |        | 1800           | 1110          |
| Enzyme (1100), Vitamin (Thiamin, Folate).  | <i>,.</i>       |                     | . ,.               |               | ( )·                         |                     | . ,.           | Energy (          | Cal)       | 282        | 256                       |        | 431            | 266           |
| BEEF PATTIES: Beef (100%).   |                 |                     |                    |               |                              |                     |                | Protein (         | g)         | 15.2       | 13.8                      |        | 25.9           | 16.0          |
| CHEESE: Cheese (Milk, Salt, Culture, Enzymes (Rennet, Lipase)), Water, Milk Solids, Butter, Emulsifiers (340, 452, 331), Sa  | .lt, Acidity Re | gulators (26        | 0, 330, 339        | 9), Colours ( | 160b, 160c), Preservative    | (200), Soy I        | _ecithin.      | Fat, total        | (g)        | 12.4       | 11.2                      |        | 23.3           | 14.4          |
| KETCHUP: Water, Tomato Paste, High Fructose Corn Syrup, Glucose Corn Syrup, Vinegar, Salt, Flavouring (Soybean Oil).   |                 |                     |                    |               |                              |                     |                | Saturate          | (3)        | 6.1        | 5.6                       |        | 12.2           | 7.5           |
| PICKLE: Cucumber, Water, Vinegar, Salt, Preservatives (202, 211), Flavour.   |                 |                     |                    |               |                              |                     |                | Carbohy           | (5)        | 26.3       | 23.9                      |        | 27.8           | 17.2          |
| ONION: Water, Dehydrated White Onion.  |                 |                     |                    |               |                              |                     |                | Sugars (          |            | 4.7        | 4.2                       |        | 5.2            | 3.2           |
| MUSTARD: Water, Vinegar, Mustard Seed, Salt, Colour (100), Spice, Flavour.   |                 |                     |                    |               |                              |                     |                | Sodium (          | (mg)       | 672        | 611                       |        | 979            | 604           |
| Contains gluten, milk and soy.<br>REGULAR BUNS are produced on equipment that also produces products containing sesame seeds. Beef patty seasoned on g   | arill Second    | ing: Solt Do        |                    | 01            |                              |                     |                |                   |            |            |                           |        |                |               |
| Beef may be cooked on the same grill as egg or products containing gluten.   | Gluten          | Eggs                | Milk               | Soy           | Fish & Crustaea              | Peanuts             | Tree Nuts      | Sesame Seeds      | Sulphites  | Prese      | vativo Fla                | avour  | Colours        |               |
| Cheeseburger   |                 | <br>T               | Y                  | Y             |                              | 1 Gundto            | 1100 11010     | T                 | Culprilloo | 110001     | 1                         | Y      | Y              |               |
| Double Cheeseburger  | r Y             | Т                   | Y                  | Y             |                              |                     |                | Т                 |            | ,          | ſ                         | Y      | Ŷ              | I             |
| Grand Angus  |                 |                     |                    |               |                              |                     |                |                   |            |            |                           | A      | Avg Qty /Serve | Avg Qty /100g |
| BEEF PATTY: Angus Beef (100%)  |                 |                     |                    |               |                              |                     |                |                   |            |            | Energy (kJ)               |        | 2500           | 955           |
| CHILLI CHIVE & SESAME BUN: Wheat Flour, Water, Sugar, Sesame Seed, Yeast, Canola Oil, Gluten, Iodised Salt, Chilli Fla   | kes, Chive F    | lakes, <b>Soy</b> F | lour, Prese        | ervative (282 | ?), Emulsifiers (471, 481, 4 | 72e), Minera        | al Salts (170, | , 516),           |            |            | Energy (Cal)              | )      | 599            | 229           |
| Wheat Malt Flour, Dough Conditioner (300), Enzymes (1100), Vitamins (Thiamin, Folate).   |                 |                     |                    |               |                              |                     |                |                   |            |            | Protein (g)               |        | 38.8           | 14.8          |
| TOMATO: Sliced Tomato.   |                 |                     |                    |               |                              |                     |                |                   |            |            | Fat, total (g)            |        | 32.0           | 12.2          |
| CHEESE: Cheese (Milk, Salt, Culture, Enzymes (Rennet, Lipase)), Water, Milk Solids, Butter, Emulsifiers (340, 452, 331), Sa  | It, Acidity Re  | gulators (26        | 0, 330, 339        | 9), Colours ( | 160b, 160c), Preservative    | (200), <b>Soy</b> I | _ecithin.      |                   |            |            | Saturated Fa              | (0)    | 15.9           | 6.1           |
| DICED LETTUCE MIX: Iceberg Lettuce, Cos Lettuce  |                 |                     |                    |               |                              |                     |                |                   |            |            | Carbohydrat               | te (g) | 37.2           | 14.2          |
| MAYONNAISE: Water, Soybean Oil (Antioxidant (330)), Egg Yolks, Modified Corn Starch (1401,1442), Corn Syrup Solids, Dis  | illed Vinegar   | r, Salt, Suga       | r, Mustard         | Flour, Thick  | ener (415), Acidity Regula   | tor (270), Pr       | eservative (2  | 202).             |            |            | Sugars (g)                |        | 5.3            | 2.0           |
| PICKLE: Cucumber, Water, Vinegar, Salt, Preservatives (202, 211), Flavour.   |                 |                     |                    |               |                              |                     |                |                   |            |            | Sodium (mg)               | )      | 1100           | 418           |
| <u>ONION:</u> Red Onion<br><u>MUSTARD:</u> Water, Vinegar, Mustard Seed, Salt, Colour (100), Spice, Flavour.   |                 |                     |                    |               |                              |                     |                |                   |            |            |                           |        |                |               |
| Contains gluten, milk, egg, soy and sesame seeds. Traces of sulphites  |                 |                     |                    |               |                              |                     |                |                   |            |            |                           |        |                |               |
| Contains gruteri, mini, egg, suy and sesante seeus. Traces or suprimes<br>BEEF PATTY seasoned after cooking : Seasoning: Salt , Pepper , <b>Soy</b> Oil & Angus Seasoning [Maltodextrin, Salt, Dextrose, L<br>150a), Canola Oil, Worcestershire Sauce. | )ehydrated V    | /egetables (        | Onion, Garl        | lic), Flavour | (Milk, Soy), Spices (Pep     | per), Yeast I       | Extract, Colo  | urs (150d,        |            |            |                           |        |                |               |
| Beef may be cooked on the same grill as <b>egg</b> or products containing <b>gluten</b> .  | Gluten          | Eggs                | Milk               | Soy           | Fish & Crustaea              | Peanuts             | Tree Nuts      | Sesame Seeds      | Sulphites  | Prese      | vative Fla                | avour  | Colours        |               |
|  | Y               | - <u>99</u> 0<br>Y  | Y                  | Y             |                              |                     |                | Y                 |            | 11000      |                           | Y      | Y              |               |
|  |                 |                     |                    |               |                              | 1                   | 1              | 1                 | 1          |            |                           |        |                |               |

|   |                |                |                     |               |                                   |                     |               |              |           |              |              | 1              | 1             |
|---|----------------|----------------|---------------------|---------------|-----------------------------------|---------------------|---------------|--------------|-----------|--------------|--------------|----------------|---------------|
| Hamburger_  |                |                |                     |               |                                   |                     |               |              |           |              |              | Avg Qty /Serve | Avg Qty /100g |
| REGULAR BUN: Wheat Flour, Water, Yeast, Sugar, Vegetable Oil (Canola), Iodised Salt, Gluten, Soy Flour, Preservative (282   | 2), Emulsifier | s (471, 472e   | , 481), <b>Malt</b> | Flour, Mine   | eral Salt (170), Antioxidan       | t (300, 304,        | 307, 330),    |              |           | Energ        |              | 979            | 1030          |
| Enzyme (1100), Vitamin (Thiamin, Folate).   |                |                |                     |               |                                   |                     |               |              |           | Energ        |              | 234            | 247           |
| BEEF PATTIES: Beef (100%).  |                |                |                     |               |                                   |                     |               |              |           | Protei       | (0)          | 12.2           | 12.9          |
| KETCHUP: Water, Tomato Paste, High Fructose Corn Syrup, Glucose Corn Syrup, Vinegar, Salt, Flavouring (Soybean Oil).  |                |                |                     |               |                                   |                     |               |              |           | Fat, to      |              | 8.6            | 9.1           |
| PICKLE: Cucumber, Water, Vinegar, Salt, Preservatives (202, 211), Flavour.  |                |                |                     |               |                                   |                     |               |              |           |              | ted Fat (g)  | 3.5            | 3.7           |
| ONION: Water, Dehydrated White Onion.   |                |                |                     |               |                                   |                     |               |              |           |              | hydrate (g)  | 25.3           | 26.6          |
| MUSTARD: Water, Vinegar, Mustard Seed, Salt, Colour (100), Spice, Flavour.  |                |                |                     |               |                                   |                     |               |              |           | Sugar        |              | 4.2            | 4.4           |
| Contains gluten &soy  |                |                |                     |               |                                   |                     |               |              |           | Sodiu        | m (mg)       | 480            | 505           |
| REGULAR BUNS are produced on equipment that also produces products containing sesame seeds.   |                | -              |                     | -             |                                   | -                   |               |              |           |              |              |                | 1             |
| Beef patty seasoned on grill. Seasoning: Salt, Pepper, <b>Soy</b> Oil.  | Gluten         | Eggs           | Milk                | Soy           | Fish & Crustaea                   | Peanuts             | Tree Nuts     | Sesame Seeds | Sulphites | Preservative | Flavour      | Colours        |               |
| Beef may be cooked on the same grill as egg or products containing gluten.  | Y              | T              |                     | Y             |                                   |                     |               | T            |           | Y            | Y            | Y              |               |
| <u>McFeast</u>  |                |                |                     |               |                                   |                     |               |              |           |              |              | Avg Qty /Serve | Avg Qty /100g |
| BEEF PATTY: Beef (100%).  |                |                |                     |               |                                   |                     |               |              |           | Energ        | y (kJ)       | 2030           | 894           |
| QUARTER BUN: Wheat Flour, Water, Yeast, Sugar, Vegetable Oil (Canola), Sesame Seed, Iodised Salt, Gluten, Bread Impro   |                |                | er (481), Mine      | eral Salts (8 | 516, 170), <b>Malt Flour</b> , Do | ugh Conditic        | oner (300),   |              |           | Energ        | y (Cal)      | 485            | 214           |
| Enzymes (Amylase, Xylanase)], Preservative (282), Emulsifiers (471, 472e), Antioxidant (304, 307, 330), Enzyme (1100) Vitam   | in (Thiamin,   | Folate).       |                     |               |                                   |                     |               |              |           | Protei       | n (g)        | 28.1           | 12.4          |
| LETTUCE: Iceberg Lettuce  |                |                |                     |               |                                   |                     |               |              |           | Fat, to      | ital (g)     | 27.0           | 11.9          |
| TOMATO: Sliced Tomato.  |                |                |                     |               |                                   |                     |               |              |           | Satura       | ated Fat (g) | 12.2           | 5.4           |
| KETCHUP: Water, Tomato Paste, High Fructose Corn Syrup, Glucose Corn Syrup, Vinegar, Salt, Flavouring (Soybean Oil).  |                |                |                     |               |                                   |                     |               |              |           | Carbo        | hydrate (g)  | 31.2           | 13.7          |
| CHEESE: Cheese (Milk, Salt, Culture, Enzymes (Rennet, Lipase)), Water, Milk Solids, Butter, Emulsifiers (340, 452, 331), Sa   | It, Acidity Re | gulators (26   | 0, 330, 339),       | Colours (1    | 60b, 160c), Preservative          | (200), <b>Soy</b> I | ecithin.      |              |           | Sugar        | s (g)        | 6.6            | 2.9           |
| MAYONNAISE: Water, Soybean Oil (Antioxidant (330)), Egg Yolks, Modified Corn Starch (1401, 1442), Corn Syrup Solids, Dis  | tilled Vinega  | , Salt, Sugar  | , Mustard Fl        | our, Thicke   | ener (415), Acidity Regula        | tor (270), Pr       | eservative (2 | 02).         |           | Sodiu        | m (mg)       | 851            | 375           |
| PICKLE: Cucumber, Water, Vinegar, Salt, Preservatives (202, 211), Flavour.  | •              |                |                     |               |                                   |                     |               |              |           |              | ,            |                | 1             |
| ONION: Slivered Onion   |                |                |                     |               |                                   |                     |               |              |           |              |              |                |               |
| MUSTARD: Water, Vinegar, Mustard Seed, Salt, Colour (100), Spice, Flavour.  |                |                |                     |               |                                   |                     |               |              |           |              |              |                |               |
| Contains gluten, egg, soy, milk & sesame seeds  |                |                |                     |               |                                   |                     |               |              |           |              |              |                | _             |
| Beef patty seasoned on grill. Seasoning: Salt, Pepper, Soy Oil.   | Gluten         | Eggs           | Milk                | Soy           | Fish & Crustaea                   | Peanuts             | Tree Nuts     | Sesame Seeds | Sulphites | Preservative | Flavour      | Colours        |               |
| Beef may be cooked on the same grill as egg or products containing gluten.  | Y              | Y              | Y                   | Y             |                                   |                     |               | Y            |           | Y            | Y            | Y              |               |
| Mighty Angus Burger   |                |                |                     |               |                                   |                     |               |              |           |              |              | Avg Qty /Serve | Avg Qty /100g |
| BEEF PATTY: Angus Beef (100%)   |                |                |                     |               |                                   |                     |               |              |           | Energ        | v (kJ)       | 2790           | 1080          |
| CHILLI CHIVE & SESAME BUN: Wheat Flour, Water, Sugar, Sesame Seed, Yeast, Canola Oil, Gluten, Iodised Salt, Chilli Fla  | kes Chive F    | lakes Sov F    | lour Preserv        | ative (282)   | Emulsifiers (471 / 81 /           | 72e) Miners         | al Salts (170 | 516)         |           | Energ        | ,            | 668            | 259           |
| Wheat Malt Flour, Dough Conditioner (300), Enzymes (1100), Vitamins (Thiamin, Folate).  | Nes, Chive I   | akes, 30y 1    |                     | auve (202)    | , Linuisiliers (471, 401, 4       | 120), WIII 1010     | a Saits (170, | 510),        |           | Protei       |              | 43.5           | 16.8          |
| <u>CHEESE</u> : Cheese (Milk, Salt, Culture, Enzymes (Rennet, Lipase)), Water, Milk Solids, Butter, Emulsifiers (340, 452, 331), Sa   | It Acidity Re  | oulators (26   | 0 330 339)          | Colours (1    | 60h 160c) Preservative            | (200) Sov I         | ecithin       |              |           | Fat, to      | (0)          | 35.9           | 13.9          |
| <u>CHUNKY TOMATO SAUCE:</u> Water, Tomato [Tomato Paste, Crushed Tomato (Acidity Regulator (330), Firming Agent (509)], F   |                |                |                     |               |                                   |                     |               |              |           |              | ated Fat (q) | 17.7           | 6.9           |
| CHORKY TOMATO SAUCE: Water, Tomato Fromato Paste, Crushed Tomato (Actiony Regulator (350), Filming Agent (509)], R<br>Soybean Oil, Preservative (202), Vegetable Gum (415). | еа вен Рер     | per Puree, Si  | ugar, vinega        | r, mickene    | er (1422), Deriyaratea veç        | jelables, Sa        | it, spices,   |              |           | -            | hydrate (g)  | 41.4           | 16.0          |
|   |                |                |                     | ine at        |                                   |                     |               |              |           | -            | . (.,        |                |               |
| BACON: Pork, Water, Salt, Sugar, Emulsifiers (450, 451), Dextrose (Maize, Tapioca), Antioxidant (316), Acidity Regulator (330   | ), Souium Ni   | une (250), R   | osemary Ext         | racı.         |                                   |                     |               |              |           | Sugar        | (0)          | 7.4            | 2.9           |
|   |                | 0 11 0         |                     | <b>-</b>      |                                   | (070) -             |               | 20)          |           | Sodiu        | m (mg)       | 1370           | 531           |
| MAYONNAISE: Water, Soybean Oil (Antioxidant (330)), Egg Yolks, Modified Corn Starch (1401,1442), Corn Syrup Solids, Dis   | tilled Vinega  | r, Salt, Sugar | , Mustard Fl        | our, Thicke   | ener (415), Acidity Regula        | tor (270), Pr       | eservative (2 | 02).         |           |              |              |                |               |
| Contains gluten, milk, egg, soy and sesame seeds. Traces of sulphites in the Chunky Tomato Sauce.   |                | -              |                     | -             |                                   | -                   |               |              |           |              |              |                | , I           |
| BEEF PATTY seasoned after cooking: Seasoning: Salt, Pepper, Soy Oil & Angus Seasoning [Maltodextrin, Salt, Dextrose,  | Gluten         | Eggs           | Milk                | Soy           | Fish & Crustaea                   | Peanuts             | Tree Nuts     | Sesame Seeds | Sulphites | Preservative | Flavour      | Colours        |               |
| Dehydrated Vegetables (Onion, Garlic), Flavour ( Milk, Soy), Spices (Pepper), Yeast Extract, Colours (150d, 150a), Canola<br>Oil, Worcestershire Sauce.                     | Y              | Y              | Y                   | Y             |                                   | I                   | 1             | Y            | T         | Y            |              | Y              | I             |
| Beef may be cooked on the same grill as <b>egg</b> or products containing <b>gluten</b> .   |                |                |                     |               |                                   |                     |               |              |           |              |              |                |               |

Beef may be cooked on the same grill as egg or products containing gluten.

| r   |                                 |                     |                        |                |                                   |                    |               |              |                 |                      |           |  |                            |                            |
|---|---------------------------------|---------------------|------------------------|----------------|-----------------------------------|--------------------|---------------|--------------|-----------------|----------------------|-----------|--|----------------------------|----------------------------|
| Quarter Pounder and Double Quarter Pounder  |                                 |                     |                        |                |                                   |                    |               |              |                 |                      |           | Pounder  | Double Qua                 | arter Pounder              |
| BEEF PATTY: Beef (100%).  |                                 |                     |                        |                |                                   |                    |               | -            |                 | •                    | ty /Serve | Avg Qty /100g  | Avg Qty /Serve             | Avg Qty /100g              |
| QUARTER BUN: Wheat Flour, Water, Yeast, Sugar, Vegetable Oil (Canola), Sesame Seed, Iodised Salt, Gluten, Bread Imp   |                                 |                     | er (481), Min          | eral Salts (5  | 16, 170), <b>Malt Flour</b> , Dou | igh Condition      | ner (300),    | E            | Energy (kJ)     |                      | 280       | 1100   | 3570                       | 1170                       |
| Enzymes (Amylase, Xylanase)], Preservative (282), Emulsifiers (471, 472e), Antioxidant (304, 307, 330), Enzyme (1100) Vita  | `                               | · ·                 |                        |                |                                   |                    |               |              | Energy (Cal)    | -                    | 46        | 264  | 853                        | 279                        |
| CHEESE: Cheese (Milk, Salt, Culture, Enzymes (Rennet, Lipase)), Water, Milk Solids, Butter, Emulsifiers (340, 452, 331), S  | alt, Acidity R                  | egulators (26       | 0, 330, 339)           | , Colours (1   | 60b, 160c), Preservative          | 200), <b>Soy</b> L | ecithin.      | _            | Protein (g)     |                      | 3.7       | 16.3   | 57.5                       | 18.8                       |
| KETCHUP: Water, Tomato Paste, High Fructose Corn Syrup, Glucose Corn Syrup, Vinegar, Salt, Flavouring (Soybean Oil).  |                                 |                     |                        |                |                                   |                    |               | -            | at, total (g)   |                      | 0.2       | 14.6   | 53.3                       | 17.4                       |
| PICKLE: Cucumber, Water, Vinegar, Salt, Preservatives (202, 211), Flavour.  |                                 |                     |                        |                |                                   |                    |               | -            | Saturated Fat   | 5/                   | 5.7       | 7.6  | 28.1                       | 9.2                        |
| <u>ONION:</u> Slivered Onion  |                                 |                     |                        |                |                                   |                    |               |              | Carbohydrate    |                      | 3.6       | 16.2   | 34.2                       | 11.2                       |
| MUSTARD: Water, Vinegar, Mustard Seed, Salt, Colour (100), Spice, Flavour.  |                                 |                     |                        |                |                                   |                    |               | _            | Sugars (g)      | -                    | 6.7       | 3.2  | 7.0                        | 2.3                        |
| Contains gluten, soy, milk & sesame seeds   |                                 |                     |                        |                |                                   |                    |               | 5            | Sodium (mg)     | 10                   | 050       | 507  | 1350                       | 442                        |
| Beef patty seasoned on grill. Seasoning: Salt, Pepper, <b>Soy</b> Oil.  | 01.1                            | -                   |                        | _              | Fish & Orostana                   |                    | <b>T</b> 11 1 | 0            | D               | A shall be to the se | Deces     | and an and   |                            | 1                          |
| Beef may be cooked on the same grill as egg or products containing gluten.  | Gluten                          | Eggs                | Milk<br>Y              | Soy            | Fish & Crustaea                   | Peanuts            | Tree Nuts     | Sesame S     | Seeds           | Sulphites            | Preser    | vative Flavour   | Colours                    | -                          |
| Quarter Pound<br>Double Quarter Pound   |                                 |                     | ř<br>Y                 | ř<br>Y         |                                   |                    |               | Ý Y          |                 |                      | T V       | r v  | ř<br>V                     | 1                          |
| CHICKEN AND FISH  | -                               |                     |                        | . '            |                                   |                    |               |              |                 |                      |           | I _ I  |                            |                            |
|   |                                 |                     |                        |                |                                   |                    | -             | 3 Pac        |                 | -                    | 6.0       | ack  | 40                         | Pack                       |
| Chicken McNuggets   |                                 |                     |                        |                |                                   |                    | Aur Ci        |              |                 |                      |           |  | -                          |                            |
|   |                                 |                     |                        |                |                                   |                    |               |              |                 |                      |           |  |                            | Avg Qty /100g              |
| Chicken, Water, Flour (Maize, Bleached Wheat), Salt, Canola Oil, Thickener (1404), Raising Agents and Mineral Salts (341,   |                                 |                     |                        |                | Energy (kJ)                       |                    | 582           |              | 1180            |                      |           | 1180   | 1940                       | 1180                       |
|   |                                 |                     |                        |                | Energy (Ca                        | )                  | 140           |              | 282             |                      | .79       | 282  | 464                        | 282                        |
|   |                                 |                     |                        |                | Protein (g)                       |                    | 7.9           |              | 15.9            |                      | 5.8       | 15.9   | 26.4                       | 15.9                       |
| Contains gluten.  |                                 |                     |                        |                | Fat, total (g                     | ,<br>,             | 9.0           |              | 18.1            |                      | 7.9       | 18.1   | 29.9                       | 18.1                       |
| Note: McNuggets are cooked in canola oil blend.   |                                 |                     |                        |                | Saturated F                       | (0)                | 1.4           |              | 2.8             |                      | 2.8       | 2.8  | 4.6                        | 2.8                        |
|   |                                 |                     |                        |                | Carbohydra                        | te (g)             | 6.7           |              | 13.6            |                      | 3.5       | 13.6   | 22.4                       | 13.6                       |
|   |                                 |                     |                        |                | Sugars (g)                        |                    | 0.2           |              | 0.5             |                      | ).4       | 0.5  | 0.8                        | 0.5                        |
|   |                                 |                     |                        |                | Sodium (mg                        |                    | 222           |              | 448             |                      | 44        | 448  | 739                        | 448                        |
|   | Gluten                          | Eggs                | Milk                   | Soy            | Fish & Crustaea                   | Peanuts            | Tree Nuts     | Sesame S     | seeds           | Sulphites            | Preser    | vative Flavour   | Colours                    | -                          |
|   |                                 |                     |                        |                |                                   |                    |               |              |                 |                      |           |  | A                          | A                          |
| Chicken McBites - 10 piece pack   |                                 |                     |                        |                |                                   |                    |               |              |                 |                      | r         |  | Avg Qty /Serve             | Avg Qty /100g              |
| Chicken, Water, Wheat Flour, Breadcrumb Crumb [Wheat Flour, Milk Solids, Salt, Canola Oil, Raising Agent (341, 500), Emi<br>Vice Fischer Filmerer Fischer (205) Flourer Thicker (440), Orige Fischer (400)  | Isifier (481)]                  | Canola Oil, I       | Mineral Salts          | (451, 452, 4   | 150, 500), Salt, Spices, V        | egetable Pov       | wders (Garlio | c, Onion), H | erbs,           |                      |           | Energy (kJ)  | 661                        | 1050                       |
| Yeast Extract, Flavour Enhancer (635), Flavours, Thickener (1404), Spice Extract (100).   |                                 |                     |                        |                |                                   |                    |               |              |                 |                      |           | Energy (Cal)   | 158                        | 251                        |
| Contains gluten & milk.   |                                 |                     |                        |                |                                   |                    |               |              |                 |                      |           | Protein (g)<br>Fat, total (g)  | 10.6<br>9.0                | 16.8<br>14.4               |
| Note: McBites are cooked in canola oil blend.   |                                 |                     |                        |                |                                   |                    |               |              |                 |                      |           | Saturated Fat (g)  | 9.0                        | 2.4                        |
|   |                                 |                     |                        |                |                                   |                    |               |              |                 |                      |           | Carbohydrate (g)   | 8.4                        | 13.4                       |
|   |                                 |                     |                        |                |                                   |                    |               |              |                 |                      |           | Sugars (g)   | 0.4                        | <1.0                       |
|   |                                 |                     |                        |                |                                   |                    |               |              |                 |                      |           | Sodium (mg)  | 453                        | 720                        |
|   | Gluten                          | Eggs                | Milk                   | Soy            | Fish & Crustaea                   | Peanuts            | Tree Nuts     | Sesame       | Seeds           | Sulphites            | Preser    | ( 0)   | Colours                    |                            |
|   | Y                               |                     | Y                      |                |                                   |                    |               |              |                 | ·                    |           | Y  | <u> </u>                   | 1                          |
| Chicken & Cheese  |                                 |                     |                        |                |                                   |                    |               |              |                 |                      |           |  | Avg Qty /Serve             | Avg Qty /100g              |
| <u>McCHICKEN PATTY:</u> Chicken, Water, Flour (Wheat, Maize, Soy), Vegetable Oil (Canola), Salt, Thickeners (1401, 1400, 142  | n 1422) Sta                     | rch (Wheat          | Maize) Mine            | ral Salts (50  | 8 450 451 500 541) V              | east Maltod        | extrin Venet  | ahle Powde   | er (Garlic, Oni | n Celerv)            | ſ         | Energy (kJ)  | 1640                       | 1090                       |
|   |                                 |                     |                        |                |                                   |                    |               |              |                 | ., ooieiy),          |           | Energy (Cal)   | 391                        | 260                        |
|   | e), vitamin (                   | ,,                  |                        |                | •••                               |                    | ,             | 00).         |                 |                      |           | Protein (q)  | 19.5                       | 13.0                       |
| Yeast Extracts, Spice (Pepper), Spice Extracts, Dextrose, Herb, Flavour, Raising Agent (341), Emulsifiers (481, 433, 471, 472)  |                                 | 2e 481) Ma          | It Flour Mir           |                |                                   |                    |               |              |                 |                      |           |  |                            |                            |
|   |                                 | 2e, 481), <b>Ma</b> | I <b>t Flour</b> , Mir | ierai Sait (17 | -,,                               | ,.                 | , ,           |              |                 |                      | [         | Fat, total (g)   | 19.3                       | 12.8                       |
| Yeast Extracts, Spice (Pepper), Spice Extracts, Dextrose, Herb, Flavour, Raising Agent (341), Emulsifiers (481, 433, 471, 47);<br>BUN: Wheat Flour, Water, Yeast, Sugar, Vegetable Oil (Canola), Iodised Salt, Gluten, Soy Flour, Preservative (282), Emuls   | fiers (471, 47                  |                     |                        |                |                                   |                    |               | .,,          |                 |                      |           | (0)  |                            |                            |
| Yeast Extracts, Spice (Pepper), Spice Extracts, Dextrose, Herb, Flavour, Raising Agent (341), Emulsifiers (481, 433, 471, 47);<br><u>BUN:</u> Wheat Flour, Water, Yeast, Sugar, Vegetable Oil (Canola), Iodised Salt, Gluten, Soy Flour, Preservative (282), Emuls<br>Vitamin (Thiamin, Folate).  | fiers (471, 4<br>alt, Acidity R | egulators (26       | 0, 330, 339)           | , Colours (1   | 60b, 160c), Preservative          | 200), <b>Soy</b> L | ecithin.      |              |                 |                      |           | Fat, total (g)   | 19.3                       | 12.8                       |
| Yeast Extracts, Spice (Pepper), Spice Extracts, Dextrose, Herb, Flavour, Raising Agent (341), Emulsifiers (481, 433, 471, 47);<br><u>BUN:</u> Wheat Flour, Water, Yeast, Sugar, Vegetable Oil (Canola), Iodised Salt, Gluten, Soy Flour, Preservative (282), Emuls<br>Vitamin (Thiamin, Folate).<br><u>CHEESE</u> : Cheese (Milk, Salt, Culture, Enzymes (Rennet, Lipase)), Water, Milk Solids, Butter, Emulsifiers (340, 452, 331), S  | fiers (471, 4<br>alt, Acidity R | egulators (26       | 0, 330, 339)           | , Colours (1   | 60b, 160c), Preservative          | 200), <b>Soy</b> L | ecithin.      |              |                 |                      |           | Fat, total (g)<br>Saturated Fat (g)  | 19.3<br>4.1                | 12.8<br>2.8                |
| Yeast Extracts, Spice (Pepper), Spice Extracts, Dextrose, Herb, Flavour, Raising Agent (341), Emulsifiers (481, 433, 471, 47);<br><u>BUN</u> : Wheat Flour, Water, Yeast, Sugar, Vegetable Oil (Canola), Iodised Salt, Gluten, Soy Flour, Preservative (282), Emuls<br>Vitamin (Thiamin, Folate).<br><u>CHEESE</u> : Cheese (Milk, Salt, Culture, Enzymes (Rennet, Lipase)), Water, Milk Solids, Butter, Emulsifiers (340, 452, 331), S<br><u>MAYONNAISE</u> : Water, Soybean Oil (Antioxidant (330)), Egg Yolks, Modified Corn Starch (1401,1442), Corn Syrup Solids, I  | fiers (471, 4<br>alt, Acidity R | egulators (26       | 0, 330, 339)           | , Colours (1   | 60b, 160c), Preservative          | 200), <b>Soy</b> L | ecithin.      |              |                 |                      |           | Fat, total (g)<br>Saturated Fat (g)<br>Carbohydrate (g)                              | 19.3<br>4.1<br>32.9        | 12.8<br>2.8<br>21.8        |
| Yeast Extracts, Spice (Pepper), Spice Extracts, Dextrose, Herb, Flavour, Raising Agent (341), Emulsifiers (481, 433, 471, 47);<br><u>BUN</u> : Wheat Flour, Water, Yeast, Sugar, Vegetable Oil (Canola), Iodised Salt, Gluten, Soy Flour, Preservative (282), Emuls<br>Vitamin (Thiamin, Folate).<br><u>CHEESE</u> : Cheese (Milk, Salt, Culture, Enzymes (Rennet, Lipase)), Water, Milk Solids, Butter, Emulsifiers (340, 452, 331), S<br><u>MAYONNAISE</u> : Water, Soybean Oil (Antioxidant (330)), Egg Yolks, Modified Corn Starch (1401,1442), Corn Syrup Solids, I<br><u>Contains gluten, egg, soy &amp; milk</u> .   | fiers (471, 4<br>alt, Acidity R | egulators (26       | 0, 330, 339)           | , Colours (1   | 60b, 160c), Preservative          | 200), <b>Soy</b> L | ecithin.      |              |                 |                      |           | Fat, total (g)<br>Saturated Fat (g)<br>Carbohydrate (g)<br>Sugars (g)                | 19.3<br>4.1<br>32.9<br>2.8 | 12.8<br>2.8<br>21.8<br>1.9 |
| Yeast Extracts, Spice (Pepper), Spice Extracts, Dextrose, Herb, Flavour, Raising Ägent (341), Emulsifiers (481, 433, 471, 47;<br><u>BUN</u> ; Wheat Flour, Water, Yeast, Sugar, Vegetable Oil (Canola), Iodised Salt, <b>Gluten, Soy Flour</b> , Preservative (282), Emuls<br>Vitamin, Folate).<br><u>CHEESE</u> : Cheese (Milk, Salt, Culture, Enzymes (Rennet, Lipase)), Water, Milk Solids, Butter, Emulsifiers (340, 452, 331), S<br><u>MAYONNAISE</u> ; Water, Soybean Oil (Antioxidant (330)), Egg Yolks, Modified Corn Starch (1401,1442), Corn Syrup Solids, I<br>Contains gluten, egg. soy & milk.<br>Note: McChicken patty is cooked in canola oil blend. | fiers (471, 4<br>alt, Acidity R | egulators (26       | 0, 330, 339)           | , Colours (1   | 60b, 160c), Preservative          | 200), <b>Soy</b> L | ecithin.      |              | Seeds           | Sulphites            |           | Fat, total (g)<br>Saturated Fat (g)<br>Carbohydrate (g)<br>Sugars (g)<br>Sodium (mg) | 19.3<br>4.1<br>32.9<br>2.8 | 12.8<br>2.8<br>21.8<br>1.9 |

| Chicken & Mayo  |   |  |   |   |  |   |   |  |                        |  |   | Avg Qty /Serve   | • • •   |
|---|---|--|---|---|--|---|---|--|------------------------|--|---|--|---|
|   |   |  |   |   |  |   |   |  |                        | Energ  | ,   | 1390   | 1030  |
| CHICKEN PATTY: Chicken, Water, Flour (Wheat, Maize, Soy), Canola Oil, Thickeners (1400, Cornstarch, 1420, 1422), Sa   |   |  |   |   |  |   |   | Food Acid (330),                                       |                        | Energ  |   | 332  | 246   |
| Pepper, Colours (100, 160c), Emulsifiers (433, 471, 481, 472e), Preservative (282), Vegetable Gum (412), Vitamin (Thiami  | <i>/</i> ·  |  |   |   | 00()   |   | · · /   |  |                        | Protei   |   | 12.6   | 9.3   |
| BUN: Wheat Flour, Water, Yeast, Sugar, Vegetable Oil (Canola), Iodised Salt, Gluten, Soy Flour, Preservative (282), Emul  | sifiers (471, 472   | e, 481), Mal   | t Flour, Mine   | ral Salt (170   | ), Antioxidant (300, 304,  | 307, 330), Ei                                     | nzyme (1100                                     | ), Vitamin   |                        | Fat, to  | (0)   | 16.3   | 12.1  |
| (Thiamine, Folate).   |   |  |   |   |  |   |   |  |                        | Satura   | ated Fat (g)  | 2.8  | 2.1   |
| MAYONNAISE: Water, Soybean Oil (Antioxidant (330), Egg Yolks, Modified Corn Starch (1401,1442), Corn Syrup Solids, I  | Distilled Vinegar   | , Salt, Sugar  | , Mustard Fl  | our, Thicken  | er (415), Acidity Regulat  | or (270), Pre                                     | servative (20                                   | 02).   |                        | Carbo  | hydrate (g)   | 32.1   | 23.8  |
| LETTUCE: Iceberg Lettuce  |   |  |   |   |  |   |   |  |                        | Sugar  | (0)   | 2.8  | 2.0   |
|   |   |  |   |   |  |   |   |  |                        | Sodiu  | m (mg)  | 583  | 432   |
| Contains gluten, egg & soy.   |   |  |   | 1   |  |   | 1   |  |                        |  | -   |  |   |
| BUNS are produced on equipment that also produces products containing sesame seeds.   | Gluten  | Eggs   | Milk  | Soy   | Fish & Crustaea  | Peanuts   | Tree Nuts                                       | Sesame Seeds   | Sulphites              | Preservative   |   | Colours  |   |
|   | Y   | Y  |   | Y   |  |   |   | T  |                        | Y  | Y   | Y  |   |
| Crispy Chicken Bacon Deluxe   |   |  |   |   |  |   |   |  |                        |  |   | Avg Qty /Serve   | Avg Qty /100g   |
| CRISPY CHICKEN: Chicken, Wheat Flour, Water, Vegetable Oils (Canola, Palm and Sunflower), Breadcrumb [Wheat Flo   | ur. Water. Veget  | table Oil (Ca  | nola), Yeast  | Salt. Improv  | ver (Wheat Flour, Ascorb   | bic Acid (300)                                    | . Food Acid                                     | (263)}, Enzvme   |                        | Energ  | y (kJ)  | 2640   | 1030  |
| (Amylase)], Modified Starch (1422), Mineral Salts (450, 500, 451, 452), Salt, Flavours, Rice Starch, Yeast Extract, Spices, N   |   |  |   |   |  |   |   |  |                        | Energ  | ,   | 631  | 247   |
| Maltodextrin, Hydrolysed Vegetable Protein (Soy), Vegetable Powder.   |   |  | 0   | .,  |  |   | ,   | . ,.   |                        | Protei   | , ,   | 31.7   | 12.4  |
| CHILLI CHIVE & SESAME BUN: Wheat Flour, Water, Sugar, Sesame Seed, Yeast, Canola Oil, Gluten, Iodised Salt, Chilli  | Flakes, Chive F   | lakes. Sov I   | Flour, Preser   | vative (282)  | Emulsifiers (471, 481, 4   | 72e). Minera                                      | l Salts (170.                                   | 516).  |                        | Fat, to  | (0)   | 33.2   | 13.0  |
|   |   |  |   |   |  | .,,   |   | //   |                        | Satura   | ated Fat (g)  | 8.5  | 3.3   |
| Wheat Malt Flour, Dough Conditioner (300), Enzymes (1100), Vitamins (Thiamin, Folate).  |   |  |   |   |  |   |   |  |                        |  |   |  |   |
|   |   |  |   |   |  |   |   |  |                        |  | hydrate (g)   | 50.0   | 19.6  |
| Wheat Malt Flour, Dough Conditioner (300), Enzymes (1100), Vitamins (Thiamin, Folate).<br>TOMATO SLICE: Tomatoes.   | in Minced Garli   | c (Acidity Re  | egulator (260   | 330)) Vine  | gar. Diion Mustard (Acid   | ity Regulator                                     | (260)) Acir                                     | tity Regulator (575)                                   | Mustard                | Carbo  | hydrate (g)   | 50.0   | 19.6<br>2.1   |
| Wheat Malt Flour, Dough Conditioner (300), Enzymes (1100), Vitamins (Thiamin, Folate).<br><u>TOMATO SLICE</u> : Tomatoes.<br><u>GARLIC AIOLI:</u> Canola Oil (Antioxidants (306- <b>Soy</b> , 319)), Water, Glucose Syrup (Wheat Derived), Egg Yolk, Whey Prote   |   |  |   |   |  |   |   |  | , Mustard              | Carbo<br>Sugar   | hydrate (g)<br>s (g)  |  |   |
| Wheat Malt Flour, Dough Conditioner (300), Enzymes (1100), Vitamins (Thiamin, Folate).<br>TOMATO SLICE: Tomatoes.   |   |  |   |   |  |   |   |  | , Mustard              | Carbo<br>Sugar   | hydrate (g)   | 50.0<br>5.3  | 2.1   |
| Wheat Malt Flour, Dough Conditioner (300), Enzymes (1100), Vitamins (Thiamin, Folate).<br><u>TOMATO SLICE</u> : Tomatoes.<br><u>GARLIC AIOLI:</u> Canola Oil (Antioxidants (306-Soy, 319)), Water, Glucose Syrup (Wheat Derived), Egg Yolk, Whey Prote<br>(Acidity Regulators (260, 330), Colours (150c, 160a)), Salt, Flavour Enhancer (635), Oat Fibre, Flavourings (Milk), Emulsif   | iers (Soy Lecithi   | in, 435), Col  | our (171), Mi   | ineral Salt (5  |  |   |   |  | , Mustard              | Carbo<br>Sugar   | hydrate (g)<br>s (g)  | 50.0<br>5.3  | 2.1   |
| Wheat Malt Flour, Dough Conditioner (300), Enzymes (1100), Vitamins (Thiamin, Folate).<br><u>TOMATO SLICE</u> : Tomatoes.<br><u>GARLIC AIOLI</u> : Canola Oil (Antioxidants (306-Soy, 319)), Water, Glucose Syrup (Wheat Derived), Egg Yolk, Whey Prote<br>(Acidity Regulators (260, 330), Colours (150c, 1602)), Salt, Flavour Enhancer (635), Oat Fibre, Flavourings (Milk), Emulsif<br><u>CHEDDAR CHEESE: Milk</u> , Salt, Starter Cultures, Non-Animal Rennet, Non-Animal Lipase.<br><u>BACON</u> : Pork, Water, Salt, Sugar, Emulsifiers (450, 451), Dextrose (Maize, Tapioca), Antioxidant (316), Acidity Regulator (<br><u>DICED LETTUCE MIX</u> : lceberg Lettuce, Cos Lettuce  | iers (Soy Lecithi   | in, 435), Col  | our (171), Mi   | ineral Salt (5  |  |   |   |  | , Mustard              | Carbo<br>Sugar   | hydrate (g)<br>s (g)  | 50.0<br>5.3  | 2.1   |
| Wheat Malt Flour, Dough Conditioner (300), Enzymes (1100), Vitamins (Thiamin, Folate).<br><u>TOMATO SLICE</u> : Tomatoes.<br><u>GARLIC AIOLI</u> : Canola Oil (Antioxidants (306-Soy, 319)), Water, Glucose Syrup (Wheat Derived), Egg Yolk, Whey Prote<br>(Acidity Regulators (260, 330), Colours (150c, 160a)), Salt, Flavour Enhancer (635), Oat Fibre, Flavourings (Milk), Emulsif<br><u>CHEDDAR CHEESE: Mik</u> , Salt, Starter Cultures, Non-Animal Rennet, Non-Animal Itpase.<br><u>BACON</u> : Pork, Water, Salt, Sugar, Emulsifiers (450, 451), Dextrose (Maize, Tapioca), Antioxidant (316), Acidity Regulator (  | iers (Soy Lecithi   | in, 435), Col  | our (171), Mi   | tract.  |  |   |   |  | , Mustard              | Carbo<br>Sugar   | hydrate (g)<br>s (g)  | 50.0<br>5.3  | 2.1   |
| Wheat Malt Flour, Dough Conditioner (300), Enzymes (1100), Vitamins (Thiamin, Folate).<br><u>TOMATO SLICE</u> : Tomatoes.<br><u>GARLIC AIOLI</u> : Canola Oil (Antioxidants (306-Soy, 319)), Water, Glucose Syrup (Wheat Derived), Egg Yolk, Whey Prote<br>(Acidity Regulators (260, 330), Colours (150c, 1602)), Salt, Flavour Enhancer (635), Oat Fibre, Flavourings (Milk), Emulsif<br><u>CHEDDAR CHEESE: Milk</u> , Salt, Starter Cultures, Non-Animal Rennet, Non-Animal Lipase.<br><u>BACON</u> : Pork, Water, Salt, Sugar, Emulsifiers (450, 451), Dextrose (Maize, Tapioca), Antioxidant (316), Acidity Regulator (<br><u>DICED LETTUCE MIX</u> : lceberg Lettuce, Cos Lettuce  | iers (Soy Lecithi   | in, 435), Col  | our (171), Mi   | ineral Salt (5  |  |   |   |  | , Mustard<br>Sulphites | Carbo<br>Sugar   | hydrate (g)<br>s (g)<br>m (mg)  | 50.0<br>5.3  | 2.1   |
| Wheat Malt Flour, Dough Conditioner (300), Enzymes (1100), Vitamins (Thiamin, Folate).           TOMATO SLICE: Tomatoes.           GARLIC AIOLI: Canola Oil (Antioxidants (306-Soy, 319)), Water, Glucose Syrup (Wheat Derived), Egg Yolk, Whey Prote (Acidity Regulators (260, 330), Colours (150c, 160a)), Salt, Flavour Enhancer (635), Oat Fibre, Flavourings (Milk), Emulsif<br>CHEDDAR CHEESE:Milk, Salt, Starter Cultures, Non-Animal Rennet, Non-Animal Lipase.           BACON: Pork, Water, Salt, Sugar, Emulsifiers (450, 451), Dextrose (Maize, Tapioca), Antioxidant (316), Acidity Regulator (<br>DICED LETTUCE MIX: Iceberg Lettuce, Cos Lettuce           Contains gluten, milk, egg, soy and sesame seeds.   | iers <b>(Soy</b> Lecithi<br>330), Sodium Ni   | in, 435), Col-   | our (171), Mi<br>Rosemary Ex  | tract.  | 08), Végetable Gum (41   | 5), Preservat                                     | ives (202, 21                                   | 11).   | -                      | Carbo<br>Sugar<br>Sodiu  | hydrate (g)<br>s (g)<br>m (mg)  | 50.0<br>5.3<br>1140  | 2.1   |
| Wheat Malt Flour, Dough Conditioner (300), Enzymes (1100), Vitamins (Thiamin, Folate).           TOMATO SLICE; Tomatoes.           GARLIC AIOLI: Canola Oil (Antioxidants (306-Soy, 319)), Water, Glucose Syrup (Wheat Derived), Egg Yolk, Whey Prote (Acidity Regulators (260, 330), Colours (150c, 1602)), Salt, Flavour Enhancer (635), Oat Fibre, Flavourings (Milk), Emulsifi CHEDDAR CHEESE:Milk, Salt, Starter Cultures, Non-Animal Rennet, Non-Animal Lipase.           BACON: Pork, Water, Salt, Sugar, Emulsifiers (450, 451), Dextrose (Maize, Tapioca), Antioxidant (316), Acidity Regulator (DECD LETTUCE MIX: lceberg Lettuce, Cos Lettuce           Contains gluten, milk, egg, soy and sesame seeds.           GARLIC AIOLI and CRISPY CHICKEN PATTY may contain traces of sulphites.           CRISPY PATTY is cooked in canola oil blend.   | iers <b>(Soy</b> Lecithi<br>330), Sodium Ni   | in, 435), Cole<br>itrite (250), F<br>Eggs  | our (171), Mi<br>Rosemary Ex  | tract.  | 08), Végetable Gum (41   | 5), Preservat                                     | ives (202, 21                                   | 11).   | -                      | Carbo<br>Sugar<br>Sodiu  | hydrate (g)<br>s (g)<br>m (mg)<br>Flavour   | 50.0<br>5.3<br>1140  | 2.1   |
| Wheat Malt Flour, Dough Conditioner (300), Enzymes (1100), Vitamins (Thiamin, Folate).           TOMATO SLICE: Tomatoes.           GARLIC AIOLI: Canola Oil (Antioxidants (306-Soy, 319)), Water, Glucose Syrup (Wheat Derived), Egg Yolk, Whey Prote (Acidity Regulators (260, 330), Colours (150c, 160a)), Salt, Flavour Enhancer (635), Oat Fibre, Flavourings (Milk), Emulsif CHEDDAR CHEESE: Milk, Salt, Starter Cultures, Non-Animal Rennet, Non-Animal Lipase.           BACON: Pork, Water, Salt, Sugar, Emulsifiers (450, 451), Dextrose (Maize, Tapioca), Antioxidant (316), Acidity Regulator (DICED LETTUCE MIX: Iceberg Lettuce, Cos Lettuce           Contains gluten, milk, egg, soy and sesame seeds.         GARLIC AIOL1 and CRISPY CHICKEN PATTY may contain traces of sulphites.           CRISPY PATTY is cooked in canola oil blend.         Grilled Chicken Bacon Deluxe   | iers <b>(Soy</b> Lecithi<br>330), Sodium Ni<br><u>Gluten</u><br>Y   | in, 435), Col<br>itrite (250), F<br>Eggs<br>Y  | our (171), Mi<br>Rosemary Ex<br>Milk<br>Y   | tract.<br>Soy   | 08), Végetable Gum (41   | 5), Preservat                                     | ives (202, 21                                   | 11).   | -                      | Carbo<br>Sugar<br>Sodiuu<br>Preservative<br>Y  | hydrate (g)<br>s (g)<br>m (mg)<br>Flavour<br>Y  | 50.0<br>5.3<br>1140<br>Colours<br>Y<br>Avg Qty /Serve  | 2.1<br>449<br>Avg Qty /100g   |
| Wheat Malt Flour, Dough Conditioner (300), Enzymes (1100), Vitamins (Thiamin, Folate).           TOMATO SLICE: Tomatoes.           GARLIC AIOLI: Canola Oil (Antioxidants (306-Soy, 319)), Water, Glucose Syrup (Wheat Derived), Egg Yolk, Whey Prote (Acidity Regulators (260, 330), Colours (150c, 160a)), Salt, Flavour Enhancer (635), Oat Fibre, Flavourings (Milk), Emulsif CHEDDAR CHEESE: Milk, Salt, Starter Cultures, Non-Animal Rennet, Non-Animal Lipase.           BACON: Pork, Water, Salt, Sugar, Emulsifiers (450, 451), Dextrose (Maize, Tapioca), Antioxidant (316), Acidity Regulator (DICED LETTUCE MIX: Iceberg Lettuce, Cos Lettuce           Contains gluten, milk, egg, soy and sesame seeds.           GARLIC AIOL1 and CRISPY CHICKEN PATTY may contain traces of sulphites.           CRISPY PATTY is cooked in canola oil blend.           Grilled Chicken Bacon Deluxe           GRILLED CHICKEN: Chicken, Water, Maltodextrin, Flavouring, Salt, Thickener (1442), Rice Flour, Mineral Salts (451, 450, 451, 450, 451), 450, 451, 4 | iers <b>(Soy</b> Lecithi<br>330), Sodium Ni<br>Gluten<br>Y<br>508), Yeast Ext   | in, 435), Col<br>itrite (250), F<br>Eggs<br>Y<br>tract, Herbs,   | our (171), Mi<br>Rosemary Ex<br>Milk<br>Y<br>Garlic Powd  | rneral Salt (5<br>tract.<br>Soy<br>Y<br>er.   | 08), Végetable Gum (41<br>Fish & Crustaea  | 5), Preservat                                     | ives (202, 21                                   | 11).<br>Sesame Seeds<br>Y                              | -                      | Carbo<br>Sugar<br>Sodiu<br>Preservative<br>Y<br>Energ  | hydrate (g)<br>s (g)<br>m (mg)<br>Flavour<br>Y<br>y (kJ)  | 50.0<br>5.3<br>1140<br>Colours<br>Y<br>Avg Qty /Serve<br>2250  | 2.1<br>449<br>Avg Qty /100g<br>884  |
| Wheat Malt Flour, Dough Conditioner (300), Enzymes (1100), Vitamins (Thiamin, Folate).           TOMATO SLICE; Tomatoes.           GARLIC AIOLL: Canola Oil (Antioxidants (306-Soy, 319)), Water, Glucose Syrup (Wheat Derived), Egg Yolk, Whey Prote (Acidity Regulators (260, 330), Colours (150c, 160a)), Salt, Flavour Enhancer (635), Oat Fibre, Flavourings (Milk), Emulsif (HEDDAR CHEESE; Milk, Salt, Starter Cultures, Non-Animal Rennet, Non-Animal Itepse.           BACON: Pork, Water, Salt, Sugar, Emulsifiers (450, 451), Dextrose (Maize, Tapioca), Antioxidant (316), Acidity Regulator (DICED LETTUCE MIX: Iceberg Lettruce, Cos Lettruce           Contains gluten, milk, egg, soy and sesame seeds.           GARLIC AIOLI and CRISPY CHICKEN PATTY may contain traces of sulphites.           CRISPY PATTY is cooked in canola oil blend.           Grilled Chicken Bacon Deluxe           GRILLED CHICKEN: Chicken, Water, Maltodextrin, Flavouring, Salt, Thickener (1442), Rice Flour, Mineral Salts (451, 450), Chicken, Water, Rice Starch, Salt, Mineral Salts (451, 450), Soy Protein, Fruit Powder [Contains. Lemon Juice Concentrate  | iers <b>(Soy</b> Lecithi<br>330), Sodium Ni<br>Gluten<br>Y<br>508), Yeast Ext   | in, 435), Col<br>itrite (250), F<br>Eggs<br>Y<br>tract, Herbs,   | our (171), Mi<br>Rosemary Ex<br>Milk<br>Y<br>Garlic Powd  | rneral Salt (5<br>tract.<br>Soy<br>Y<br>er.   | 08), Végetable Gum (41<br>Fish & Crustaea  | 5), Preservat                                     | ives (202, 21                                   | 11).<br>Sesame Seeds<br>Y                              | -                      | Carbo<br>Sugar<br>Sodiu<br>Preservative<br>Y<br>Energ<br>Energ   | hydrate (g)<br>s (g)<br>m (mg)<br>Flavour<br>Y<br>y (kJ)<br>y (Cal)   | 50.0<br>5.3<br>1140<br>Colours<br>Y<br>Avg Qty /Serve<br>2250<br>539                                       | 2.1<br>449<br>Avg Qty /100g<br>884<br>212                                     |
| Wheat Malt Flour, Dough Conditioner (300), Enzymes (1100), Vitamins (Thiamin, Folate).           TOMATO SLICE; Tomatoes.           GARLIC AIOLL: Canola Oil (Antioxidants (306-Soy, 319)), Water, Glucose Syrup (Wheat Derived), Egg Yolk, Whey Prote (Acidity Regulators (260, 330), Colours (150c, 160a)), Salt, Flavour Enhancer (635), Oat Fibre, Flavourings (Milk), Emulsif (HEDDAR CHEESE; Milk, Salt, Starter Cultures, Non-Animal Rennet, Non-Animal Itapase.           BACON: Pork, Water, Salt, Sugar, Emulsifiers (450, 451), Dextrose (Maize, Tapioca), Antioxidant (316), Acidity Regulator (DICED LETTUCE MIX: loeberg Lettuce, Cos Lettuce           Contains gluten, milk, egg, soy and sesame seeds.           GARLIC AIOLI and CRISPY CHICKEN PATTY may contain traces of sulphites.           CRISPY PATTY is cooked in canola oil blend.           Grilled Chicken Bacon Deluxe           GRILLED CHICKEN: Chicken, Water, Maltodextrin, Flavouring, Salt, Thickener (1442), Rice Flour, Mineral Salts (451, 450), Chicken, Water, Ice Starch, Salt, Mineral Salts (451, 450), Soy Protein, Fruit Powder [Contains. Lemon Juice Concentrate (341), Spice Extract (Pepper), Vegetable Oil.  | iers ( <b>Soy</b> Lecithi<br>330), Sodium Ni<br>Gluten<br>Y<br>508), Yeast Ext<br>9, Flavours], Deh   | in, 435), Col<br>itrite (250), F<br>Eggs<br>Y<br>tract, Herbs,<br>nydrated Gar   | Cour (171), Mi<br>Rosemary Ex<br>Milk<br>Y<br>Garlic Powd<br>lic, Natural F   | rneral Salt (5<br>tract.<br>Soy<br>Y<br>er.<br>Flavour, Hert  | 08), Végetable Gum (41<br>Fish & Crustaea<br>OR<br>Is, Sugar, Vinegar Powd   | 5), Preservat                                     | Tree Nuts                                       | 11).<br>Sesame Seeds<br>Y                              | -                      | Carbo<br>Sugar<br>Sodiur<br>Preservative<br>Y<br>Energ<br>Energ<br>Protei                                | hydrate (g)<br>s (g)<br>m (mg)<br>Flavour<br>Y<br>y (kJ)<br>y (Cal)<br>n (g)  | 50.0<br>5.3<br>1140<br>Colours<br>Y<br>Avg Qty /Serve<br>2250<br>539<br>37.1                               | 2.1<br>449<br>Avg Qty /100g<br>884<br>212<br>14.5                             |
| Wheat Malt Flour, Dough Conditioner (300), Enzymes (1100), Vitamins (Thiamin, Folate).           TOMATO SLICE;         Tomatoes.           GARLIC AIOLI: Canola Oil (Antioxidants (306-Soy, 319)), Water, Glucose Syrup (Wheat Derived), Egg Yolk, Whey Prote (Acidity Regulators (260, 330), Colours (150c, 160a)), Salt, Flavour Enhancer (635), Oat Fibre, Flavourings (Milk), Emulsif CHEDDAR CHEESE: Milk, Salt, Starter Cultures, Non-Animal Rennet, Non-Animal Lipase.           BACON: Pork, Water, Salt, Sugar, Emulsifiers (450, 451), Dextrose (Maize, Tapioca), Antioxidant (316), Acidity Regulator (DICED LETTUCE MIX: Iceberg Lettuce, Cos Lettuce           Contains gluten, milk, egg, soy and sesame seeds.           GARILC AIOLI and CRISPY CHICKEN PATTY may contain traces of sulphites.           CRISPY PATTY is cooked in canola oil blend.           Grilled Chicken Bacon Deluxe           GRILLED CHICKEN: Chicken, Water, Maltodextrin, Flavouring, Salt, Thickener (1442), Rice Flour, Mineral Salts (451, 450, Chicken, Water, Salt, Mineral Salts (451, 450), Soy Protein, Fruit Powder [Contains. Lemon Juice Concentrate (341), Spice Extract (Pepper), Vegetable Oil.           Chicken, Water, Rice Starch, Salt, Mineral Salts (451, 450), Soy Protein, Fruit Powder [Contains. Lemon Juice Concentrate (341), Spice Extract (Pepper), Vegetable Oil.  | iers ( <b>Soy</b> Lecithi<br>330), Sodium Ni<br>Gluten<br>Y<br>508), Yeast Ext<br>9, Flavours], Deh   | in, 435), Col<br>itrite (250), F<br>Eggs<br>Y<br>tract, Herbs,<br>nydrated Gar   | Cour (171), Mi<br>Rosemary Ex<br>Milk<br>Y<br>Garlic Powd<br>lic, Natural F   | rneral Salt (5<br>tract.<br>Soy<br>Y<br>er.<br>Flavour, Hert  | 08), Végetable Gum (41<br>Fish & Crustaea<br>OR<br>Is, Sugar, Vinegar Powd   | 5), Preservat                                     | Tree Nuts                                       | 11).<br>Sesame Seeds<br>Y                              | -                      | Carbo<br>Sugar<br>Sodiur<br>Preservative<br>Y<br>Energ<br>Energ<br>Protei<br>Fat, to                     | hydrate (g)<br>s (g)<br>m (mg)<br>Flavour<br>Y<br>y (kJ)<br>y (Cal)<br>n (g)<br>tal (g)   | 50.0<br>5.3<br>1140<br>Colours<br>Y<br>Avg Qty /Serve<br>2250<br>539<br>37.1<br>24.4                       | 2.1<br>449<br>Avg Qty /100g<br>884<br>212<br>14.5<br>9.6                      |
| Wheat Malt Flour, Dough Conditioner (300), Enzymes (1100), Vitamins (Thiamin, Folate).           TOMATO SLICE; Tomatoes.         GARLIC AIOLL: Canola Oil (Antioxidants (306-Soy, 319)), Water, Glucose Syrup (Wheat Derived), Egg Yolk, Whey Prote (Acidity Regulators (260, 330), Colours (150c, 160a)), Salt, Flavour Enhancer (635), Oat Fibre, Flavourings (Milk), Emulsif:           CHEDDAR CHEESE: Milk, Salt, Starter Cultures, Non-Animal Rennet, Non-Animal Lipase.         BACON: Pork, Water, Salt, Sugar, Emulsifiers (450, 451), Dextrose (Maize, Tapioca), Antioxidant (316), Acidity Regulator (DICED LETTUCE MIX: Iceberg Lettuce, Cos Lettuce           Contains gluten, milk, egg, soy and sesame seeds.         GARLIC AIOL1 and CRISPY CHICKEN PATTY may contain traces of sulphites.           CRISPY PATTY is cooked in canola oil blend.         Grilled Chicken Bacon Deluxe           GRILLED CHICKEN: Chicken, Water, Maltodextrin, Flavouring, Salt, Thickener (1442), Rice Flour, Mineral Salts (451, 450, Chicken, Water, Salt, Mineral Salts (451, 450), Soy Protein, Fruit Powder [Contains. Lemon Juice Concentrate (341), Spice Extract (Pepper), Vegetable Oil.           CHILL 1 CHIVE & SESAME BUN; Wheat Flour, Water, Sugar, Sesame Seed, Yeast, Canola Oil, Gluten, Iodised Salt, Chilli           Wheat Malt Flour, Dough Conditioner (300), Enzymes (1100), Vitamins (Thiamin, Folate).  | iers ( <b>Soy</b> Lecithi<br>330), Sodium Ni<br>Gluten<br>Y<br>508), Yeast Ext<br>9, Flavours], Deh   | in, 435), Col<br>itrite (250), F<br>Eggs<br>Y<br>tract, Herbs,<br>nydrated Gar   | Cour (171), Mi<br>Rosemary Ex<br>Milk<br>Y<br>Garlic Powd<br>lic, Natural F   | rneral Salt (5<br>tract.<br>Soy<br>Y<br>er.<br>Flavour, Hert  | 08), Végetable Gum (41<br>Fish & Crustaea<br>OR<br>Is, Sugar, Vinegar Powd   | 5), Preservat                                     | Tree Nuts                                       | 11).<br>Sesame Seeds<br>Y                              | -                      | Carbo<br>Sugar<br>Sodiuu<br>Preservative<br>Y<br>Energ<br>Energ<br>Protei<br>Fat, to<br>Sature           | hydrate (g)<br>s (g)<br>m (mg)<br>Flavour<br>Y<br>y (kJ)<br>y (Cal)<br>n (g)<br>ttal (g)<br>ated Fat (g)                                  | 50.0<br>5.3<br>1140<br>Colours<br>Y<br>Avg Qty /Serve<br>2250<br>539<br>37.1<br>24.4<br>7.5                | 2.1<br>449<br>Avg Qty /100g<br>884<br>212<br>14.5<br>9.6<br>2.9               |
| Wheat Malt Flour, Dough Conditioner (300), Enzymes (1100), Vitamins (Thiamin, Folate).           TOMATO SLICE; Tomatoes.         GARLIC AIOLL; Canola Oil (Antioxidants (306-Soy, 319)), Water, Glucose Syrup (Wheat Derived), Egg Yolk, Whey Prote (Acidity Regulators (260, 330), Colours (150c, 160a)), Salt, Flavour Enhancer (635), Oat Fibre, Flavourings (Milk), Emulsif CHEDDAR CHEESE: Milk, Salt, Starter Cultures, Non-Animal Rennet, Non-Animal Lipase.           BACON: Pork, Water, Salt, Sugar, Emulsifiers (450, 451), Dextrose (Maize, Tapioca), Antioxidant (316), Acidity Regulator (DICED LETTUCE MIX: Iceberg Lettuce, Cos Lettuce           Contains gluten, milk, egg, soy and sesame seeds.           GARILC AIOL1 and CRISPY CHICKEN PATTY may contain traces of sulphites.           CRISPY PATTY is cooked in canola oil blend.           Grilled Chicken Bacon Deluxe           GRILLED CHICKEN: Chicken, Water, Maltodextrin, Flavouring, Salt, Thickener (1442), Rice Flour, Mineral Salts (451, 450, Chicken, Water, Salt, Mineral Salts (451, 450), Soy Protein, Fruit Powder [Contains. Lemon Juice Concentrate (341), Spice Extract (Pepper), Vegetable Oil.           CHILL 1 CHIVE & SESAME BUN: Wheat Flour, Water, Sugar, Sesame Seed, Yeast, Canola Oil, Gluten, Iodised Salt, Chilli           Wheat Malt Flour, Dough Conditioner (300), Enzymes (1100), Vitamins (Thiamin, Folate).           TOMATO SLICE; Tomatoes.   | iers ( <b>Soy</b> Lecithi<br>330), Sodium Ni<br>Gluten<br>Y<br>508), Yeast Ext<br>9, Flavours], Deh<br>Flakes, Chive F  | in, 435), Coli<br>itrite (250), F<br>Eggs<br>Y<br>irract, Herbs,<br>nydrated Gar<br>Flakes, <b>Soy</b> I                                   | our (171), Mi<br>Rosemary Ex<br>Milk<br>Y<br>Garlic Powd<br>lic, Natural F<br>Flour, Preser                               | rneral Salt (5<br>tract.<br>Soy<br>Y<br>er.<br>:lavour, Hert<br>vative (282)                                  | 08), Végetable Gum (41<br>Fish & Crustaea<br>OR<br>Is, Sugar, Vinegar Powd<br>Emulsifiers (471, 481, 4                             | 5), Preservat                                     | Tree Nuts                                       | 11).<br>Sesame Seeds<br>Y<br>nti-caking Agent<br>516), | Sulphites<br>T         | Carbo<br>Sugar<br>Sodiuu<br>Preservative<br>Y<br>Energ<br>Protei<br>Fat, to<br>Satura<br>Carbo           | hydrate (g)<br>s (g)<br>m (mg)<br>Flavour<br>Y<br>y (kJ)<br>y (kJ)<br>y (Cal)<br>n (g)<br>ated Fat (g)<br>hydrate (g)                     | 50.0<br>5.3<br>1140<br>Y<br>Avg Qty /Serve<br>2250<br>539<br>37.1<br>24.4<br>7.5<br>41.1                   | 2.1<br>449<br>Avg Qty /100g<br>884<br>212<br>14.5<br>9.6<br>2.9<br>16.1       |
| Wheat Malt Flour, Dough Conditioner (300), Enzymes (1100), Vitamins (Thiamin, Folate).           TOMATO SLICE; Tomatoes.         GARLIC AIOLL: Canola Oil (Antioxidants (306-Soy, 319)), Water, Glucose Syrup (Wheat Derived), Egg Yolk, Whey Prote (Acidity Regulators (260, 330), Colours (150c, 160a)), Salt, Flavour Enhancer (635), Oat Fibre, Flavourings (Milk), Emulsif:           CHEDDAR CHEESE: Milk, Salt, Starter Cultures, Non-Animal Rennet, Non-Animal Lipase.         BACON: Pork, Water, Salt, Sugar, Emulsifiers (450, 451), Dextrose (Maize, Tapioca), Antioxidant (316), Acidity Regulator (DICED LETTUCE MIX: Iceberg Lettuce, Cos Lettuce           Contains gluten, milk, egg, soy and sesame seeds.         GARLIC AIOL1 and CRISPY CHICKEN PATTY may contain traces of sulphites.           CRISPY PATTY is cooked in canola oil blend.         Grilled Chicken Bacon Deluxe           GRILLED CHICKEN: Chicken, Water, Maltodextrin, Flavouring, Salt, Thickener (1442), Rice Flour, Mineral Salts (451, 450, Chicken, Water, Salt, Mineral Salts (451, 450), Soy Protein, Fruit Powder [Contains. Lemon Juice Concentrate (341), Spice Extract (Pepper), Vegetable Oil.           CHILL 1 CHIVE & SESAME BUN; Wheat Flour, Water, Sugar, Sesame Seed, Yeast, Canola Oil, Gluten, Iodised Salt, Chilli           Wheat Malt Flour, Dough Conditioner (300), Enzymes (1100), Vitamins (Thiamin, Folate).  | iers ( <b>Soy</b> Lecithi<br>330), Sodium Ni<br>Gluten<br>Y<br>508), Yeast Ext<br>e, Flavours], Deh<br>Flakes, Chive F<br>in, Minced Garlii                             | in, 435), Coli<br>itrite (250), F<br>Eggs<br>Y<br>tract, Herbs,<br>nydrated Gar<br>Flakes, <b>Soy</b> I<br>c (Acidity Re                   | Our (171), Mi<br>Rosemary Ex<br>Milk<br>Y<br>Garlic Powd<br>Garlic Powd<br>Flour, Preser                                  | reral Salt (5<br>tract.<br>Soy<br>Y<br>er.<br>lavour, Hert<br>vative (282)<br>, 330)), Vine                   | 08), Végetable Gum (41<br>Fish & Crustaea<br>OR<br>Is, Sugar, Vinegar Powd<br>Emulsifiers (471, 481, 4<br>gar, Dijon Mustard (Acid | 5), Preservat Peanuts er, Vegetable 172e), Minera | Tree Nuts Powder, Ar I Salts (170, (260)), Acic | 11).<br>Sesame Seeds<br>Y<br>nti-caking Agent<br>516), | Sulphites<br>T         | Carbo<br>Sugar<br>Sodiui<br>Preservative<br>Y<br>Energ<br>Proteii<br>Fat, to<br>Saturz<br>Carbo<br>Sugar | hydrate (g)<br>s (g)<br>m (mg)<br>Flavour<br>Y<br>y (kJ)<br>y (kJ)<br>y (Cal)<br>n (g)<br>ated Fat (g)<br>hydrate (g)                     | 50.0<br>5.3<br>1140<br>Colours<br>Y<br>Avg Qty /Serve<br>2250<br>539<br>37.1<br>24.4<br>7.5                | 2.1<br>449<br>Avg Qty /100g<br>884<br>212<br>14.5<br>9.6<br>2.9               |
| Wheat Malt Flour, Dough Conditioner (300), Enzymes (1100), Vitamins (Thiamin, Folate).           TOMATO SLICE; Tomatoes.         GARLIC AIOLI: Canola Oil (Antioxidants (306-Soy, 319)), Water, Glucose Syrup (Wheat Derived), Egg Yolk, Whey Prote (Acidity Regulators (260, 330), Colours (150c, 1602)), Salt, Flavour Enhancer (635), Oat Fibre, Flavourings (Milk), Emulsif: CHEDDAR CHEESE: Milk, Salt, Starter Cultures, Non-Animal Rennet, Non-Animal Lipase.           BACON: Pork, Water, Salt, Sugar, Emulsifiers (450, 451), Dextrose (Maize, Tapioca), Antioxidant (316), Acidity Regulator (DICED LETTUCE MIX: Iceberg Lettuce, Cos Lettuce           Contains gluten, milk, egg, soy and sesame seeds.           GARLIC AIOLI: and CRISPY CHICKEN PATTY may contain traces of sulphites.           CRISPY PATTY is cooked in canola oil blend.           Grilled Chicken Bacon Deluxe           GRILLED CHICKEN: Chicken, Water, Maltodextrin, Flavouring, Salt, Thickener (1442), Rice Flour, Mineral Salts (451, 450, Chicken, Water, Rice Starch, Salt, Mineral Salts (451, 450), Soy Protein, Fruit Powder [Contains. Lemon Juice Concentrate (341), Spice Extract (Pepper), Vegetable Oil.           CHILLI CHICKE & SESAME BUN: Wheat Flour, Water, Sugar, Sesame Seed, Yeast, Canola Oil, Gluten, Iodised Salt, Chilli Wheat Malt Flour, Dough Conditioner (300), Enzymes (1100), Vitamins (Thiamin, Folate).           TOMATO SLICE; Tomatoes.         GARLIC AIOLI: Canola Oil (Antioxidants (306-Soy, 319)), Water, Glucose Syrup (Wheat Derived), Egg Yolk, Whey Prote   | iers ( <b>Soy</b> Lecithi<br>330), Sodium Ni<br>Gluten<br>Y<br>508), Yeast Ext<br>e, Flavours], Deh<br>Flakes, Chive F<br>in, Minced Garlii                             | in, 435), Coli<br>itrite (250), F<br>Eggs<br>Y<br>tract, Herbs,<br>nydrated Gar<br>Flakes, <b>Soy</b> I<br>c (Acidity Re                   | Our (171), Mi<br>Rosemary Ex<br>Milk<br>Y<br>Garlic Powd<br>Garlic Powd<br>Flour, Preser                                  | reral Salt (5<br>tract.<br>Soy<br>Y<br>er.<br>lavour, Hert<br>vative (282)<br>, 330)), Vine                   | 08), Végetable Gum (41<br>Fish & Crustaea<br>OR<br>Is, Sugar, Vinegar Powd<br>Emulsifiers (471, 481, 4<br>gar, Dijon Mustard (Acid | 5), Preservat Peanuts er, Vegetable 172e), Minera | Tree Nuts Powder, Ar I Salts (170, (260)), Acic | 11).<br>Sesame Seeds<br>Y<br>nti-caking Agent<br>516), | Sulphites<br>T         | Carbo<br>Sugar<br>Sodiui<br>Preservative<br>Y<br>Energ<br>Proteii<br>Fat, to<br>Saturz<br>Carbo<br>Sugar | hydrate (g)<br>s (g)<br>m (mg)<br>Flavour<br>Y<br>y (kJ)<br>y (Cal)<br>y (Cal)<br>n (g)<br>tatel (g)<br>tatel (g)<br>hydrate (g)<br>s (g) | 50.0<br>5.3<br>1140<br>Colours<br>Y<br>Avg Qty /Serve<br>2250<br>539<br>37.1<br>24.4<br>7.5<br>41.1<br>6.1 | 2.1<br>449<br>Avg Qty/100g<br>884<br>212<br>14.5<br>9.6<br>2.9<br>16.1<br>2.4 |
| Wheat Malt Flour, Dough Conditioner (300), Enzymes (1100), Vitamins (Thiamin, Folate).           TOMATO SLICE; Tomatoes.         GARLIC AIQLI: Canola Oil (Antioxidants (306-Soy, 319)), Water, Glucose Syrup (Wheat Derived), Egg Yolk, Whey Prote (Acidity Regulators (260, 330), Colours (150c, 160a)), Salt, Flavour Enhancer (635), Oat Fibre, Flavourings (Milk), Emulsif CHEDDAR CHEESE Milk, Salt, Starter Cultures, Non-Animal Rennet, Non-Animal Lipase.           BACON: Pork, Water, Salt, Sugar, Emulsifiers (450, 451), Dextrose (Maize, Tapioca), Antioxidant (316), Acidity Regulator (DICED LETTUCE MIX: Iceberg Lettuce, Cos Lettuce           Contains gluten, milk, egg, soy and sesame seeds.           GARLIC AIQLI: and CRISPY CHICKEN PATTY may contain traces of sulphites.           CRISPY PATTY is cooked in canola oil blend.           Grilled Chicken Bacon Deluxe           GRILLED CHICKEN: Chicken, Water, Maltodextrin, Flavouring, Salt, Thickener (1442), Rice Flour, Mineral Salts (451, 450, Chicken, Water, Rice Starch, Salt, Mineral Salts (451, 450), Soy Protein, Fruit Powder [Contains. Lemon Juice Concentrate (341), Spice Extract (Pepper), Vegetable Oil.           CHILL I CHIVE & SESAME BUN: Wheat Flour, Water, Sugar, Sesame Seed, Yeast, Canola Oil, Gluten, Iodised Salt, Chilli           Wheat Malt Flour, Dough Conditioner (300), Enzymes (1100), Vitamins (Thiamin, Folate).           TOMATO SLICE; Tomatoes.           GARLIC AIOLL: Canola Oil (Antioxidants (306-Soy, 319)), Water, Glucose Syrup (Wheat Derived), Egg Yolk, Whey Prote (Acidity Regulators (260, 330), Colours (150c, 160a)), Salt, Flavour Enhancer (635), Oat Fibre, Flavourings (Milk), Emulsif   | iers ( <b>Soy</b> Lecithi<br>330), Sodium Ni<br>Gluten<br>Y<br>508), Yeast Ext<br>b, Flavours], Deh<br>Flakes, Chive F<br>in, Minced Garli<br>iers ( <b>Soy</b> Lecithi | in, 435), Coli<br>itrite (250), F<br>Eggs<br>Y<br>tract, Herbs,<br>nydrated Gar<br>Flakes, <b>Soy</b> I<br>c (Acidity Re<br>in, 435), Coli | our (171), Mi<br>Rosemary Ex<br>Milk<br>Garlic Powd<br>lic, Natural F<br>Flour, Preser<br>rgulator (260<br>pour (171), Mi | Ineral Salt (5<br>tract.<br>Soy<br>Y<br>er.<br>Iavour, Hert<br>vative (282)<br>, 330)), Vine<br>neral Salt (5 | 08), Végetable Gum (41<br>Fish & Crustaea<br>OR<br>Is, Sugar, Vinegar Powd<br>Emulsifiers (471, 481, 4<br>gar, Dijon Mustard (Acid | 5), Preservat Peanuts er, Vegetable 172e), Minera | Tree Nuts Powder, Ar I Salts (170, (260)), Acic | 11).<br>Sesame Seeds<br>Y<br>nti-caking Agent<br>516), | Sulphites<br>T         | Carbo<br>Sugar<br>Sodiui<br>Preservative<br>Y<br>Energ<br>Proteii<br>Fat, to<br>Saturz<br>Carbo<br>Sugar | hydrate (g)<br>s (g)<br>m (mg)<br>Flavour<br>Y<br>(kJ)<br>y (kJ)<br>y (Cal)<br>n (g)<br>tatel (g)<br>tatel (g)<br>hydrate (g)<br>s (g)    | 50.0<br>5.3<br>1140<br>Colours<br>Y<br>Avg Qty /Serve<br>2250<br>539<br>37.1<br>24.4<br>7.5<br>41.1<br>6.1 | 2.1<br>449<br>Avg Qty/100g<br>884<br>212<br>14.5<br>9.6<br>2.9<br>16.1<br>2.4 |
| Wheat Malt Flour, Dough Conditioner (300), Enzymes (1100), Vitamins (Thiamin, Folate).           TOMATO SLICE; Tomatoes.         GARLIC AIOLL: Canola Oil (Antioxidants (306-Soy, 319)), Water, Glucose Syrup (Wheat Derived), Egg Yolk, Whey Prote (Acidity Regulators (260, 330), Colours (150c, 160a)), Salt, Flavour Enhancer (635), Oat Fibre, Flavourings (Milk), Emulsif (HEDDAR CHEESE; Milk, Salt, Starter Cultures, Non-Animal Rennet, Non-Animal Lipase.           BACON: Pork, Water, Salt, Sugar, Emulsifiers (450, 451), Dextrose (Maize, Tapioca), Antioxidant (316), Acidity Regulator (DICED LETTUCE MIX: Iceberg Lettluce, Cos Lettuce           Contains gluten, milk, egg, soy and sesame seeds.         GARLIC AIOL1 and CRISPY CHICKEN PATTY may contain traces of sulphites.           CRISPY PATTY is cooked in canola oil blend.         Grilled Chicken Bacon Deluxe           GRILLED CHICKEN: Chicken, Water, Maltodextrin, Flavouring, Salt, Thickener (1442), Rice Flour, Mineral Salts (451, 450), Chicken, Water, Rice Starch, Salt, Mineral Salts (451, 450), Soy Protein, Fruit Powder [Contains. Lemon Juice Concentrate (341), Spice Extract (Pepper), Vegetable Oil.           CHILL CHIVE & SESAME BUN: Wheat Flour, Water, Sugar, Sesame Seed, Yeast, Canola Oil, Gluten, Iodised Salt, Chilli           Wheat Malt Flour, Dough Conditioner (300), Enzymes (1100), Vitamins (Thiamin, Folate).           TOMATO SLICE; Tomatoes.           GARLIC AIOLL: Canola Oil (Antioxidants (306-Soy, 319)), Water, Glucose Syrup (Wheat Derived), Egg Yolk, Whey Prote (Acidity Regulators (260, 330), Colours (150c, 160a)), Salt, Flavour Enhancer (35), Oat Fibre, Flavourings (Milk), Emulsif  | iers ( <b>Soy</b> Lecithi<br>330), Sodium Ni<br>Gluten<br>Y<br>508), Yeast Ext<br>b, Flavours], Deh<br>Flakes, Chive F<br>in, Minced Garli<br>iers ( <b>Soy</b> Lecithi | in, 435), Coli<br>itrite (250), F<br>Eggs<br>Y<br>tract, Herbs,<br>nydrated Gar<br>Flakes, <b>Soy</b> I<br>c (Acidity Re<br>in, 435), Coli | our (171), Mi<br>Rosemary Ex<br>Milk<br>Garlic Powd<br>lic, Natural F<br>Flour, Preser<br>rgulator (260<br>pour (171), Mi | Ineral Salt (5<br>tract.<br>Soy<br>Y<br>er.<br>Iavour, Hert<br>vative (282)<br>, 330)), Vine<br>neral Salt (5 | 08), Végetable Gum (41<br>Fish & Crustaea<br>OR<br>Is, Sugar, Vinegar Powd<br>Emulsifiers (471, 481, 4<br>gar, Dijon Mustard (Acid | 5), Preservat Peanuts er, Vegetable 172e), Minera | Tree Nuts Powder, Ar I Salts (170, (260)), Acic | 11).<br>Sesame Seeds<br>Y<br>nti-caking Agent<br>516), | Sulphites<br>T         | Carbo<br>Sugar<br>Sodiui<br>Preservative<br>Y<br>Energ<br>Proteii<br>Fat, to<br>Saturz<br>Carbo<br>Sugar | hydrate (g)<br>s (g)<br>m (mg)<br>Flavour<br>Y<br>(kJ)<br>y (kJ)<br>y (Cal)<br>n (g)<br>tatel (g)<br>tatel (g)<br>hydrate (g)<br>s (g)    | 50.0<br>5.3<br>1140<br>Colours<br>Y<br>Avg Qty /Serve<br>2250<br>539<br>37.1<br>24.4<br>7.5<br>41.1<br>6.1 | 2.1<br>449<br>Avg Qty/100g<br>884<br>212<br>14.5<br>9.6<br>2.9<br>16.1<br>2.4 |
| Wheat Malt Flour, Dough Conditioner (300), Enzymes (1100), Vitamins (Thiamin, Folate).           TOMATO SLICE: Tomatoes.           GARLIC AIOLI: Canola Oil (Antioxidants (306-Soy, 319)), Water, Glucose Syrup (Wheat Derived), Egg Yolk, Whey Prote (Acidity Regulators (260, 330), Colours (150c, 160a)), Salt, Flavour Enhancer (635), Oat Fibre, Flavourings (Milk), Emulsif (AEDDAR CHEESE: Milk, Salt, Starter Cultures, Non-Animal Rennet, Non-Animal Itapase.           BACON: Pork, Water, Salt, Sugar, Emulsifiers (450, 451), Dextrose (Maize, Tapioca), Antioxidant (316), Acidity Regulator (DICED LETTUCE MIX: loeberg Lettuce, Cos Lettuce           Contains gluten, milk, egg, soy and sesame seeds.           GARLIC AIOLI and CRISPY CHICKEN PATTY may contain traces of sulphites.           CRISPY PATTY is cooked in canola oil blend.           Grilled Chicken Bacon Deluxe           GRILLED CHICKEN: Chicken, Water, Maltodextrin, Flavouring, Salt, Thickener (1442), Rice Flour, Mineral Salts (451, 450, Chicken, Water, Rice Starch, Salt, Mineral Salts (451, 450), Soy Protein, Fruit Powder [Contains. Lemon Juice Concentrate (341), Spice Extract (Pepper), Vegetable Oil.           CHILLI CHIVE & SESAME BUN: Wheat Flour, Water, Sugar, Sesame Seed, Yeast, Canola Oil, Gluten, Iodised Salt, Chilli           Wheat Malt Flour, Cough Conditioner (300), Enzymes (1100), Vitamins (Thiamin, Folate).           TOMATO SLICE; Tomatoes.           GARLIC AIOLI: Canola Oil (Antioxidants (306-Soy, 319))), Water, Glucose Syrup (Wheat Derived), Egg Yolk, Whey Prote (Acidity Regulators (260, 330), Colours (150c, 160a)), Salt, Flavour Enhancer (635), Oat Fibre, Flavourings (Milk), Emulsif (AEDDAR CHEESE: Milk, Salt, Starter Cu   | iers ( <b>Soy</b> Lecithi<br>330), Sodium Ni<br>Gluten<br>Y<br>508), Yeast Ext<br>b, Flavours], Deh<br>Flakes, Chive F<br>in, Minced Garli<br>iers ( <b>Soy</b> Lecithi | in, 435), Coli<br>itrite (250), F<br>Eggs<br>Y<br>tract, Herbs,<br>nydrated Gar<br>Flakes, <b>Soy</b> I<br>c (Acidity Re<br>in, 435), Coli | our (171), Mi<br>Rosemary Ex<br>Milk<br>Garlic Powd<br>lic, Natural F<br>Flour, Preser<br>rgulator (260<br>pour (171), Mi | Ineral Salt (5<br>tract.<br>Soy<br>Y<br>er.<br>Iavour, Hert<br>vative (282)<br>, 330)), Vine<br>neral Salt (5 | 08), Végetable Gum (41<br>Fish & Crustaea<br>OR<br>Is, Sugar, Vinegar Powd<br>Emulsifiers (471, 481, 4<br>gar, Dijon Mustard (Acid | 5), Preservat Peanuts er, Vegetable 172e), Minera | Tree Nuts Powder, Ar I Salts (170, (260)), Acic | 11).<br>Sesame Seeds<br>Y<br>nti-caking Agent<br>516), | Sulphites<br>T         | Carbo<br>Sugar<br>Sodiui<br>Preservative<br>Y<br>Energ<br>Proteii<br>Fat, to<br>Saturz<br>Carbo<br>Sugar | hydrate (g)<br>s (g)<br>m (mg)<br>Flavour<br>Y<br>(kJ)<br>y (kJ)<br>y (Cal)<br>n (g)<br>tatel (g)<br>tatel (g)<br>hydrate (g)<br>s (g)    | 50.0<br>5.3<br>1140<br>Colours<br>Y<br>Avg Qty /Serve<br>2250<br>539<br>37.1<br>24.4<br>7.5<br>41.1<br>6.1 | 2.1<br>449<br>Avg Qty/100g<br>884<br>212<br>14.5<br>9.6<br>2.9<br>16.1<br>2.4 |

| Crispy Chicken Southwest BLT   |               |                     |                |              |                               |               |                |                       |                    |                  |                      | Avg Qty /Serve | Avg Qty /100g |
|--|---------------|---------------------|----------------|--------------|-------------------------------|---------------|----------------|-----------------------|--------------------|------------------|----------------------|----------------|---------------|
| CRISPY CHICKEN: Chicken, Wheat Flour, Water, Vegetable Oils (Canola, Palm and Sunflower), Breadcrumb [Wheat Flour, V   | Vater, Veget  | able Oil (Car       | iola), Yeast,  | Salt, Improv | er {Wheat Flour, Ascorb       | ic Acid (300  | ), Food Acid   | (263)}, Enzyme        |                    | Energy           | (kJ)                 | 2780           | 1070          |
| (Amylase)], Modified Starch (1422), Mineral Salts (450, 500, 451, 452), Salt, Flavours, Rice Starch, Yeast Extract, Spices, Whe  | at Gluten, E  | gg Powder, /        | Anti-Caking A  | Agent (551), | Whey Protein, Soy Prot        | ein, Spice E  | xtracts (160c  | c, 100),              |                    | Energy           |                      | 664            | 255           |
| Maltodextrin, Hydrolysed Vegetable Protein (Soy), Vegetable Powder.  |               |                     |                |              |                               |               |                |                       |                    | Protein          | (0)                  | 31.7           | 12.2          |
| CHILLI CHIVE & SESAME BUN: Wheat Flour, Water, Sugar, Sesame Seed, Yeast, Canola Oil, Gluten, Iodised Salt, Chilli Fla   | kes, Chive F  | lakes, <b>Soy</b> F | lour, Preserv  | ative (282), | Emulsifiers (471, 481, 4      | 72e), Minera  | al Salts (170, | 516),                 |                    | Fat, tota        | (0)                  | 33.8           | 13.0          |
| Wheat Malt Flour, Dough Conditioner (300), Enzymes (1100), Vitamins (Thiamin, Folate).<br>TOMATO SLICE: Tomatoes.  |               |                     |                |              |                               |               |                |                       |                    |                  | ed Fat (g)           | 9.2<br>56.6    | 3.5<br>21.8   |
| SOUTHWEST DRESSING: Soybean Oil (Antioxidant (320)), Water, Vinegar, Sugar, Buttermilk, Egg Yolk, Salt, Lemon Juice  | Concontrato   | Spicos Thi          | konore (1/1    | 2 (15) Oni   | on Carlie Horb Spice F        | vtract Droc   | onyatiyo (202  | ) Colour (160c) An    | tiovidant (385)    | Sugars           | ydrate (g)           | 56.6<br>6.2    | 21.8          |
| CHEDDAR CHEESE: Milk, Salt, Starter Cultures, Non-Animal Rennet, Non-Animal Lipase.  | Concentrate,  | Spices, mit         | Mellels (144   | 2, 413), 011 | on, Ganic, Herb, Spice L      |               |                | .), Colour (1000), An | ilioxidarit (505). | Sodium           |                      | 1230           | 473           |
| BACON: Pork, Water, Salt, Sugar, Emulsifiers (450, 451), Dextrose (Maize, Tapioca), Antioxidant (316), Acidity Regulator (330)   | ). Sodium Ni  | trite (250). R      | osemarv Ext    | ract.        |                               |               |                |                       |                    | oodidii          | (119)                | 1250           | 475           |
| DICED LETTUCE MIX: Iceberg Lettuce, Cos Lettuce  | ,,            |                     |                |              |                               |               |                |                       |                    |                  |                      |                |               |
| TORTILLA STRIPS: Corn Flour, Vegetable Oil, Water, Salt.   |               |                     |                |              | -                             |               |                |                       |                    |                  |                      |                |               |
| Contains gluten, egg, milk, soy and sesame seeds .CRISPY CHICKEN PATTY may contain traces of sulphites   | Gluten        | Eggs                | Milk           | Soy          | Fish & Crustaea               | Peanuts       | Tree Nuts      | Sesame Seeds          | Sulphites          | Preservative     | Flavour              | Colours        |               |
| CRISPY PATTY is cooked in canola oil blend.  | Y             | Y                   | Y              | Y            |                               |               |                | Y                     | Т                  | Y                | Y                    | Y              |               |
| Grilled Chicken Southwest BLT  |               |                     |                |              |                               |               |                |                       |                    |                  |                      | Avg Qty /Serve | Avg Qty /100g |
| GRILLED CHICKEN: Chicken, Water, Maltodextrin, Flavouring, Salt, Thickener (1442), Rice Flour, Mineral Salts (451, 450, 508)   | 3), Yeast Ext | ract, Herbs, (      | Garlic Powde   | er.          |                               | OR            |                |                       |                    | Energy           |                      | 2400           | 922           |
| Chicken, Water, Rice Starch, Salt, Mineral Salts (451, 450), Soy Protein, Fruit Powder [Contains. Lemon Juice Concentrate, Florence Protection  | avours], Deh  | ydrated Garl        | ic, Natural Fl | avour, Herb  | s, Sugar, Vinegar Powde       | er, Vegetable | е              | Powder,               |                    | Energy           |                      | 573            | 221           |
| Anti-caking Agent (341), Spice Extract (Pepper), Vegetable Oil.  |               |                     |                |              |                               |               |                |                       |                    | Protein          | (0)                  | 37.1           | 14.3          |
| CHILLI CHIVE & SESAME BUN: Wheat Flour, Water, Sugar, Sesame Seed, Yeast, Canola Oil, Gluten, lodised Salt, Chilli Fla<br>Wheat Malt Flour, Dough Conditioner (300), Enzymes (1100), Vitamins (Thiamin, Folate).   | kes, Chive F  | lakes, <b>Soy</b> F | lour, Preserv  | ative (282), | Emulsifiers (471, 481, 4      | 72e), Minera  | al Salts (170, | 516),                 |                    | Fat, tota        | al (g)<br>ed Fat (q) | 25.1<br>8.2    | 9.7<br>3.1    |
| TOMATO SLICE: Tomatoes.  |               |                     |                |              |                               |               |                |                       |                    |                  | ydrate (g)           | 47.7           | 18.4          |
| SOUTHWEST DRESSING: Soybean Oil (Antioxidant (320)), Water, Vinegar, Sugar, Buttermilk, Egg Yolk, Salt, Lemon Juice  | Concentrate.  | Spices, Thio        | keners (144    | 2. 415). Oni | on. Garlic. Herb. Spice E     | xtract. Pres  | ervative (202  | ), Colour (160c), An  | ntioxidant (385).  | Sugars           | . (0)                | 7.0            | 2.7           |
| CHEDDAR CHEESE: Milk, Salt, Starter Cultures, Non-Animal Rennet, Non-Animal Lipase.  |               | -1                  |                | , ,,, -      | · , · · · , · · · · · · · · · | ,             |                | ,, ,,                 | ,                  | Sodium           | (•)                  | 1100           | 423           |
| BACON: Pork, Water, Salt, Sugar, Emulsifiers (450, 451), Dextrose (Maize, Tapioca), Antioxidant (316), Acidity Regulator (330  | ), Sodium Ni  | trite (250), R      | osemary Ext    | ract.        |                               |               |                |                       |                    |                  | ( 0,                 |                |               |
| DICED LETTUCE MIX: Iceberg Lettuce, Cos Lettuce  |               |                     |                |              |                               |               |                |                       |                    |                  |                      |                |               |
| TORTILLA STRIPS: Corn Flour, Vegetable Oil, Water, Salt.   |               |                     |                |              | -                             |               |                |                       |                    |                  |                      |                |               |
| Contains gluten, egg, milk, soy and sesame seeds .   | Gluten        | Eggs                | Milk           | Soy          | Fish & Crustaea               | Peanuts       | Tree Nuts      | Sesame Seeds          | Sulphites          | Preservative     | Flavour              | Colours        |               |
| Grilled Chicken may be cooked on the same grill as egg.  | Y             | Y                   | Y              | Y            |                               |               |                | Y                     |                    | Y                | Y                    | Y              |               |
| Spicy Jalapeno Crispy Chicken Burger   |               |                     |                |              |                               |               |                |                       |                    |                  |                      | Avg Qty /Serve | Avg Qty /100g |
| CRISPY CHICKEN: Chicken, Wheat Flour, Water, Vegetable Oils (Canola, Palm and Sunflower), Breadcrumb [Wheat Flour, V   |               |                     |                |              |                               |               |                |                       |                    | Energy           | . ,                  | 2150           | 2490          |
| (Amylase)], Modified Starch (1422), Mineral Salts (450, 500, 451, 452), Salt, Flavours, Rice Starch, Yeast Extract, Spices, Whe  | at Gluten, E  | gg Powder, /        | Anti-Caking A  | Agent (551), | Whey Protein, Soy Prot        | ein, Spice E  | xtracts (160c  | c, 100),              |                    | Energy           | · /                  | 515            | 596           |
| Maltodextrin, Hydrolysed Vegetable Protein (Soy), Vegetable Powder.  |               |                     |                |              | E 1.10 (174 404 4             |               | 10 11 (170     | 540                   |                    | Protein          | (0)                  | 28.8           | 22.7          |
| CHILLI CHIVE & SESAME BUN: Wheat Flour, Water, Sugar, Sesame Seed, Yeast, Canola Oil, Gluten, Iodised Salt, Chilli Fla<br>Wheat Malt Flour, Dough Conditioner (300), Enzymes (1100), Vitamins (Thiamin, Folate).   | kes, Chive F  | lakes, Soy F        | lour, Preserv  | ative (282), | Emulsifiers (471, 481, 4      | (2e), Minera  | al Salts (170, | 516),                 |                    | Fat, tota        | al (g)<br>ed Fat (q) | 25.1<br>4.3    | 33.3<br>5.3   |
| SPICY MAYONNAISE: Soybean Oil (Antioxidant (320)), Water, Vinegar, Egg Yolk, Sugar, Salt, Thickener (1442), Dehydrated   | Venetables    | Elavour Chi         | li Flakes I e  | mon Juice C  | oncentrate Vegetable (        | Sum (415) F   | Preservative ( | 202) Colour (160c)    |                    |                  | vdrate (g)           | 4.5            | 49.9          |
| JALAPENOS: Jalapeno Peppers, Water, Vinegar, Salt, Acidity Regulators (296, 270), Firming Agent (509), Preservatives (211,   | <b>.</b>      |                     |                |              | onooninato, vogotabio e       | ann (+10), 1  | 10001100100 (  | 202), 001001 (1000)   | •                  | Sugars           | / (0/                | 6.4            | 5.4           |
| DICED LETTUCE MIX: Iceberg Lettuce, Cos Lettuce  | ,             | ()                  |                |              |                               |               |                |                       |                    | Sodium           | (                    | 1330           | 1430          |
| Contains gluten, egg, milk, soy, sesame seeds and sulphites .  |               |                     |                |              |                               |               |                |                       |                    |                  | ( 0,                 |                |               |
| CRISPY PATTY is cooked in canola oil blend.  | Gluten        | Eggs                | Milk           | Soy          | Fish & Crustaea               | Peanuts       | Tree Nuts      | Sesame Seeds          | Sulphites          | Preservative     | Flavour              | Colours        |               |
|  | Y             | Y                   | Y              | Y            |                               |               |                | Y                     | Y                  | Y                | Y                    | Y              |               |
| Spicy Jalapeno Grilled Chicken Burger  |               |                     |                |              |                               |               |                |                       |                    |                  |                      | Avg Qty /Serve | Avg Qty /100g |
| GRILLED CHICKEN: Chicken, Water, Maltodextrin, Flavouring, Salt, Thickener (1442), Rice Flour, Mineral Salts (451, 450, 508  | 3), Yeast Ext | ract, Herbs, (      | Garlic Powde   | r.           | OR                            |               |                |                       |                    | Energy           | (kJ)                 | 2150           | 897           |
| Chicken, Water, Rice Starch, Salt, Mineral Salts (451, 450), Soy Protein, Fruit Powder [Contains. Lemon Juice Concentrate, Fl  | avours], Deh  | ydrated Garl        | ic, Natural Fl | avour, Herb  | s, Sugar, Vinegar Powde       | er, Vegetable | e Powder, An   | ti-caking Agent       |                    | Energy           | (Cal)                | 515            | 214           |
| (341), Spice Extract (Pepper), Vegetable Oil.  |               |                     |                |              |                               |               |                |                       |                    | Protein          | (0)                  | 28.8           | 12.0          |
| CHILLI CHIVE & SESAME BUN: Wheat Flour, Water, Sugar, Sesame Seed, Yeast, Canola Oil, Gluten, Iodised Salt, Chilli Fla   | kes, Chive F  | lakes, <b>Soy</b> F | lour, Preserv  | ative (282), | Emulsifiers (471, 481, 4      | 72e), Minera  | al Salts (170, | 516),                 |                    | Fat, tota        | (0)                  | 25.1           | 10.5          |
| Wheat Malt Flour, Dough Conditioner (300), Enzymes (1100), Vitamins (Thiamin, Folate).   | \/            |                     | C. El          |              |                               | ····· (445) 5 |                | (000) 0-1 (400-)      |                    |                  | ed Fat (g)           | 4.3            | 1.8           |
| SPICY MAYONNAISE: Soybean Oil (Antioxidant (320)), Water, Vinegar, Egg Yolk, Sugar, Salt, Thickener (1442), Dehydrated   | •             |                     | li Flakes, Lei | mon Juice C  | concentrate, Vegetable C      | ium (415), F  | reservative (  | 202), Colour (160c)   |                    |                  | ydrate (g)           | 41.8           | 17.4          |
| JALAPENOS: Jalapeno Peppers, Water, Vinegar, Salt, Acidity Regulators (296, 270), Firming Agent (509), Preservatives (211, DICED LETTUCE MIX: Jackson Lettuce, Cos Lettuce, Co | 223), Colou   | (102).              |                |              |                               |               |                |                       |                    | Sugars<br>Sodium | (•)                  | 6.4<br>1330    | 2.7<br>554    |
| DICED LETTUCE MIX: Iceberg Lettuce, Cos Lettuce<br>Contains gluten, egg, milk, soy and sesame seeds .  |               |                     |                |              |                               |               |                |                       |                    | Soulum           | (119)                | 1000           | 554           |
| Grilled Chicken may be cooked on the same grill as egg.  | Gluten        | Eggs                | Milk           | Soy          | Fish & Crustaea               | Peanuts       | Tree Nuts      | Sesame Seeds          | Sulphites          | Preservative     | Flavour              | Colours        |               |
| onnoù onnoù n'nay bo ooonoù on ure sanno grin da egg.  | Y             | Y                   | WIIIK          | Y            |                               | i canuts      | 1100 19013     | Y                     | Y                  | Y                | Y                    | Y              |               |
|  |               |                     |                |              | 1                             |               | 1              |                       | · · · ·            |                  |                      | •              |               |

| McChicken   |                |                      |                |               |                             |                    |               |                 |           |              |              | Avg Qty /Serve | Avg Qty /100g |
|---|----------------|----------------------|----------------|---------------|-----------------------------|--------------------|---------------|-----------------|-----------|--------------|--------------|----------------|---------------|
| MCCHICKEN PATTY: Chicken, Water, Flour (Wheat, Maize, Soy), Vegetable Oil (Canola), Salt, Thickeners (1401, 1400, 1420,           | 1422), Starc   | h ( <b>Wheat</b> , M | laize), Mine   | ral Salts (50 | 08, 450, 451, 500, 541), Y  | east, Maltod       | extrin, Vege  | table Powder    |           | Energy       | ' (kJ)       | 1710           | 921           |
| (Garlic, Onion, Celery), Yeast Extracts, Spice (Pepper), Spice Extracts, Dextrose, Herb, Flavour, Raising Agent (341), Emulsified | ers (481, 433, | 471, 472e)           | , Vitamin (Th  | hiamin), Ant  | ioxidants (320, 310), Acid  | ity Regulato       | r (330), Colo | ur (100, 160c). |           | Energy       | r (Cal)      | 408            | 220           |
| QUARTER BUN: Wheat Flour, Water, Yeast, Sugar, Vegetable Oil (Canola), Sesame Seed, Iodised Salt, Gluten, Soy Flour, F            | Preservative ( | 282), Emuls          | ifiers (471, 4 | 472e, 481),   | Malt Flour, Mineral Salt (  | 170), Antiox       | idant (300,   |                 |           | Proteir      | ı (g)        | 20.0           | 10.8          |
| 304, 307, 330), Enzyme (1100) Vitamin (Thiamin, Folate).  |                |                      |                |               |                             |                    |               |                 |           | Fat, to      | al (g)       | 18.7           | 10.1          |
| LETTUCE: Iceberg Lettuce.   |                |                      |                |               |                             |                    |               |                 |           | Satura       | ted Fat (g)  | 3.0            | 1.6           |
| MAYONNAISE: Water, Soybean Oil (Antioxidant (330)), Egg Yolks, Modified Corn Starch (1401, 1442), Corn Syrup Solids, Dis          | tilled Vinega  | , Salt, Suga         | r, Mustard F   | lour, Veget   | able Gum (415), Food Ac     | id (270), Pre      | servative (20 | 02).            |           | Carbol       | nydrate (g)  | 37.4           | 20.2          |
|   |                |                      |                |               |                             |                    |               |                 |           | Sugars       | (0)          | 3.1            | 1.7           |
| Contains gluten, egg, soy & sesame seeds.   |                |                      |                |               |                             |                    |               |                 |           | Sodium       | n (mg)       | 698            | 377           |
| Traces of sulphites in Chicken Patty  |                |                      |                |               |                             |                    |               |                 |           | 1            |              |                |               |
| Note: McChicken patty is cooked in canola oil blend.  | Gluten         | Eggs                 | Milk           | Soy           | Fish & Crustaea             | Peanuts            | Tree Nuts     | Sesame Seeds    | Sulphites | Preservative | Flavour      | Colours        |               |
|   | Ŷ              | Y                    |                | Y             |                             |                    |               | Y               | Т         | Y            | Y            | Y              |               |
| Filet-o-Fish  |                |                      |                |               |                             |                    |               |                 |           |              |              | Avg Qty /Serve | Avg Qty /100g |
| BUN: Wheat Flour, Water, Yeast, Sugar, Vegetable Oil (Canola), Iodised Salt, Gluten, Soy Flour, Preservative (282), Emulsifie     | ers (471, 472e | , 481), <b>Malt</b>  | Flour, Mine    | eral Salt (17 | 0), Antioxidant (300, 304,  | 307, 330), E       | Enzyme (110   | 0), Vitamin     |           | Energy       | ′ (kJ)       | 1270           | 988           |
| (Thiamin, Folate).  |                |                      |                |               |                             |                    |               |                 |           | Energy       | (Cal)        | 303            | 236           |
| FISH PORTION: Fish (Pollock), Water, Batter [Modified Food Starch (1422), Yellow Corn Flour, Cellulose Gum, Bleached Whe          | at Flour, Salt | ] Breader [ <b>V</b> | /heat Flour,   | Bleached V    | Wheat Flour, Salt, Whey,    | Dextrose, D        | ried Yeast, S | lugar, Paprika  |           | Protein      | (0)          | 13.4           | 10.4          |
| (160c) and Turmeric (100) Extract, Black Pepper].   |                |                      |                |               |                             |                    |               |                 |           | Fat, to      |              | 13.1           | 10.2          |
| TARTAR SAUCE: Pickles, Water, Soybean Oil, Distilled Vinegar, Onions and Onion Extracts, Modified Corn Starch, Egg Yolks          | s, Corn Syrup  | Solids, Sug          | ar, Salt, Spi  | ce, Vegetat   | ole Gum (415), Capers, Pr   | eservative (       | 202), Dextro  | se, Dehydrated  |           |              | ted Fat (g)  | 3.0            | 2.3           |
| Parsley, Spice Extracts.  |                |                      |                |               |                             |                    |               |                 |           | Carbol       | nydrate (g)  | 31.4           | 24.5          |
| CHEESE: Cheese (Milk, Salt, Culture, Enzymes (Rennet, Lipase)), Water, Milk Solids, Butter, Emulsifiers (340, 452, 331), Sal      | t, Acidity Reg | ulators (260         | , 330, 339),   | Colours (16   | 60b, 160c), Preservative (  | 200), <b>Soy</b> L | ecithin.      |                 |           | Sugars       | (0)          | 2.5            | 2.0           |
| Contains gluten, egg, milk, soy & fish.<br>BUNS are produced on equipment that also produces products containing sesame seeds.    |                |                      |                |               |                             |                    |               |                 |           | Sodiur       | n (mg)       | 524            | 409           |
|   | Gluten         | Faaa                 | Milk           | Soy           | Fish & Crustaea             | Peanuts            | Tree Nuts     | Sesame Seeds    | Sulphites | Preservative | Flavour      | Colours        |               |
| FISH PORTION is cooked in canola oil blend.   | Y              | Eggs                 | IVIIIK<br>V    | S0y<br>V      | V                           | Fediluis           | Thee Mults    | T               | Suprites  | V            | FidVUUI      | Colouis        |               |
| WRAPS   |                | - 1                  |                |               | 1                           |                    |               |                 |           |              | l            | I              |               |
| WRAFS   |                |                      |                |               |                             |                    |               |                 |           |              |              |                |               |
| Crispy Chicken Snack Wrap   |                |                      |                |               |                             |                    |               |                 |           |              |              | Avg Qty /Serve | Avg Qty /100g |
| CRISPY CHICKEN: Chicken, Wheat Flour, Water, Vegetable Oils (Canola, Palm and Sunflower), Breadcrumb [Wheat Flour, V              | Vater, Vegeta  | ble Oil (Car         | nola), Yeast,  | Salt, Impro   | ver {Wheat Flour, Ascorb    | ic Acid (300)      | , Food Acid   | (263)}, Enzyme  |           | Energy       | r (kJ)       | 1170           | 1040          |
| (Amylase)], Modified Starch (1422), Mineral Salts (450, 500, 451, 452), Salt, Flavours, Rice Starch, Yeast Extract, Spices, Whe   | at Gluten, Eg  | g Powder, /          | Anti-Caking    | Agent (551)   | , Whey Protein, Soy Prot    | ein, Spice E       | xtracts (1600 | c, 100),        |           | Energy       | r (Cal)      | 280            | 248           |
| Maltodextrin, Hydrolysed Vegetable Protein (Soy), Vegetable Powder.   |                |                      |                |               |                             |                    |               |                 |           | Proteir      | ı (g)        | 11.5           | 10.1          |
| TORTILLA: Wheat Flour [Thiamine, Folic Acid], Water, Vegetable Shortening [Antioxidant (320)], Sugar, Baking Powder [Miner        | al Salts (450, | 500, 341)],          | Acidity Reg    | ulator (297)  | , Mineral Salt (500), Prese | ervative (282      | ?), Yeast     |                 |           | Fat, to      | al (g)       | 13.2           | 11.7          |
| LETTUCE: Iceberg Lettuce.   |                |                      |                |               |                             |                    |               |                 |           | Satura       | ted Fat (g)  | 3.3            | 2.9           |
| MAYONNAISE: Water, Soybean Oil (Antioxidant (330)), Egg Yolks, Modified Corn Starch (1401,1442), Corn Syrup Solids, Dist          | tilled Vinegar | Salt, Sugar          | , Mustard F    | lour, Thicke  | ner (415), Acidity Regulat  | or (270), Pre      | eservative (2 | 02).            |           | Carbol       | nydrate (g)  | 28.0           | 24.7          |
|   |                |                      |                |               |                             |                    |               |                 |           | Sugars       | ( <b>•</b> ) | 1.8            | 1.6           |
| Contains gluten, egg, milk & soy.   |                |                      |                |               |                             |                    |               |                 |           | Sodiur       | n (mg)       | 429            | 380           |
| Crispy Chicken cooked in canola oil blend.  |                |                      |                |               |                             | -                  |               |                 |           |              | L            |                |               |
|   | Gluten         | Eggs                 | Milk           | Soy           | Fish & Crustaea             | Peanuts            | Tree Nuts     | Sesame Seeds    | Sulphites | Preservative | Flavour      | Colours        |               |
|   | Y              | Y                    | Y              | Y             | 1                           |                    |               |                 | Т         | Y            | Y            | Y              |               |

| Grilled Chicken Snack Wrap  |                |               |               |                |                               |                  |              |                       |             | -            | <i>a</i>                 | Avg Qty /Serve | Avg Qty /100g |  |
|---|----------------|---------------|---------------|----------------|-------------------------------|------------------|--------------|-----------------------|-------------|--------------|--------------------------|----------------|---------------|--|
| GRILLED CHICKEN FILLET: Chicken, Water, Maltodextrin, Flavouring, Salt, Thickener (1442), Rice Flour, Mineral Salts (451,   |                |               |               |                |                               |                  | OR           |                       |             |              | y (kJ)                   | 939            | 866           |  |
| Chicken, Water, Rice Starch, Salt, Mineral Salts (451, 450), Soy Protein, Fruit Powder [Contains. Lemon Juice Concentrate, Fl   | lavours], Deh  | ydrated Ga    | arlic, Natur  | al Flavour, H  | erbs, Sugar, Vinegar Powd     | er, Vegetabl     | e Powder, A  | nti-caking Agent      |             |              | y (Cal)                  | 225            | 207           |  |
| (341), Spice Extract (Pepper), Vegetable Oil.<br>TORTU A: Manat Flav Ithianian Falin Asidi Water Venetable Chartenian (Antioxident (2001) Surger Device Device Mine   | nal Calka (AEC | 500 244       | 1 Anidity F   | Desculates (20 | 7) Mineral Calk (500) Dres    | an interior (20) | )) Veest     |                       |             | Protei       | (0)                      | 13.6           | 12.6          |  |
| TORTILLA: Wheat Flour [Thiamine, Folic Acid], Water, Vegetable Shortening [Antioxidant (320)], Sugar, Baking Powder [Mine<br>LETTUCE: Iceberg Lettuce.  | rai Saits (450 | J, 500, 34 I) | ij, Acially F | Regulator (29  | 7), Mineral Sait (500), Pres  | ervative (20     | z), reasi    |                       |             | -            | otal (g)<br>ated Fat (q) | 8.5<br>2.7     | 7.8<br>2.5    |  |
| <u>LETTOCE</u> : Ideolog Lettuce.<br><u>MAYONNAISE:</u> Water, Soybean Oil (Antioxidant (330)), Egg Yolks, Modified Corn Starch (1401,1442), Corn Syrup Solids, Dis   | tillod Vinoga  | r Salt Sua    | ar Muetar     | d Elour, Thio  | kopor (415) Acidity Poquia    | tor (270) Pr     | oconvativo ( | 202)                  |             |              | hydrate (g)              | 2.7            | 2.5           |  |
| OIL: Canola Oil, Emulsifier (322 - Soy), Flavour, Colour (160a), Acidity Regulator (330).   | suileu viileya | r, Gait, Suy  | ai, iviustai  |                | Kener (415), Acidity Regula   | tor (270), Fr    |              | 202).                 |             | Sugar        | , (0)                    | 22.5           | 20.0          |  |
| <u>OIL.</u> Canola OII, Emulsinei (322 - <b>309</b> ), Flavour, Colour (100a), Aciulty (Kegulator (330).  |                |               |               |                |                               |                  |              |                       |             |              | m (mg)                   | 348            | 321           |  |
| Contains gluten, egg and soy.   |                |               |               |                |                               |                  |              |                       |             | oodid        | in (ing)                 | 340            | 521           |  |
| Grilled Chicken may be cooked on the same grill as egg.   | Gluten         | Eggs          | Milk          | Soy            | Fish & Crustaea               | Peanuts          | Tree Nuts    | Sesame Seeds          | Sulphites   | Preservative | Flavour                  | Colours        | 1             |  |
|   | Y              | Y             |               | Y              |                               |                  |              |                       |             | Y            | Y                        | Y              |               |  |
| Chicken & Aioli McWrap - Crispy Chicken   |                |               |               |                |                               |                  |              |                       |             | •            |                          | Avg Qty /Serve | Avg Qty /100g |  |
|   | Notos Vosot    |               | anala) Va     | ant Calt Inc.  |                               |                  | Cood Asid    | (262)) [              |             | Enorg        | w /k l)                  | 2700           | 975           |  |
| (Amylase)], Modified Starch (1422), Mineral Salts (450, 500, 451, 452), Salt, Flavours, Rice Starch, Yeast Extract, Spices, Wheat Gluten, Egg Powder, Anti-Caking Agent (551), Whey Protein, Soy Protein, Spice Extracts (160c, 100), Energy (Cal)  |                |               |               |                |                               |                  |              |                       |             |              |                          |                |               |  |
| Maltodextrin, Hydrolysed Vegetable Protein (Soy), Vegetable Powder.   |                |               |               |                |                               |                  |              |                       |             |              |                          |                |               |  |
| Maltodextrin, Hydrolysed Vegetable Protein (Soy), Vegetable Powder.           TORTILLA: Wheat Flour (Thiamine, Folic Acid), Water, Vegetable Shortening [Antioxidant (320)], Sugar, Baking Powder [Mineral Salts (450, 500, 341)], Acidity Regulator (297), Iodized Salt, Mineral Salt (500), Flavour, Preservative (282), Yeast         Fat. total (g) |                |               |               |                |                               |                  |              |                       |             |              |                          |                |               |  |
| DICED LETTUCE MIX: Iceberg Lettuce, Cos Lettuce   |                | .,,,          | ,,,           | . 3=           | ,,                            |                  |              |                       |             |              | ated Fat (q)             | 38.6<br>6.4    | 13.9<br>2.3   |  |
| TOMATO: Sliced Tomato   |                |               |               |                |                               |                  |              |                       |             |              | hydrate (g)              | 50.0           | 18.1          |  |
| GARLIC AIOLI: Canola Oil (Antioxidants (306-Soy, 319)), Water, Glucose Syrup (Wheat Derived), Egg Yolk, Whey Protein,   | Mincod Carli   | o (Acidity D  | ogulator (    | 260 330)) //   | inogar Dijon Mustard (Acid    | ity Pogulator    | (260)) Aci   | dity Pogulator (575)  | Mustard     | Sugar        | . (.)                    | 4.9            | 1.8           |  |
| (Acidity Regulators (260, 330), Colours (150c, 160a)), Salt, Flavour Enhancer (635), Oat Fibre, Flavourings (Milk), Emulsifiers   |                |               |               |                |                               |                  |              |                       | , iviusiaru |              | m (mg)                   | 975            | 352           |  |
| (·····································  | (,             | ,,,           |               |                |                               | -,,              |              |                       |             |              | ( 5/                     |                |               |  |
| Contains gluten, egg, milk, soy. GARLIC AIOLI and CRISPY CHICKEN PATTY may contain traces of sulphites.   | Gluten         | Eggs          | Milk          | Soy            | Fish & Crustaea               | Peanuts          | Tree Nuts    | Sesame Seeds          | Sulphites   | Preservative | Flavour                  | Colours        | ]             |  |
| CRISPY PATTY is cooked in canola oil blend.   | Y              | Ŷ             | Y             | Y              |                               |                  |              |                       | Т           | Y            | Y                        | Y              |               |  |
| Chicken & Aioli McWrap - Grilled Chicken  |                |               |               |                |                               |                  |              |                       |             |              |                          | Avg Qty /Serve | Avg Qty /100g |  |
| GRILLED CHICKEN FILLET: Chicken, Water, Maltodextrin, Flavouring, Salt, Thickener (1442), Rice Flour, Mineral Salts (451,   | 450 508) Y     | east Extrac   | t Herbs (     | Sarlic Powde   | r                             |                  | OR           |                       |             | Energ        | v (k.l)                  | 2230           | 833           |  |
| Chicken, Water, Rice Starch, Salt, Mineral Salts (451, 450), Soy Protein, Fruit Powder [Contains. Lemon Juice Concentrate, F  | . ,.           |               |               |                |                               | or Voqotobl      |              | nti ookina Aaont      |             |              | y (Cal)                  | 534            | 199           |  |
| (341), Spice Extract (Pepper), Vegetable Oil.   | lavouisj, Dell | iyulateu Ga   | inic, Natur   | ai Fiavoui, Fi | eibs, Suyai, villeyai Fowu    | ei, vegetabi     | e Fowder, A  | nu-caking Agent       |             | Protei       |                          | 27.9           | 10.4          |  |
| TORTILLA: Wheat Flour (Thiamine, Folic Acid), Water, Vegetable Shortening [Antioxidant (320)], Sugar, Baking Powder [Mine   | ral Salts (450 | 0, 500, 341)  | )]. Acidity F | Regulator (29  | 97), lodized Salt, Mineral Sa | alt (500). Flav  | our. Preser  | vative (282). Yeast   |             |              | otal (g)                 | 28.7           | 10.7          |  |
| DICED LETTUCE MIX: Iceberg Lettuce, Cos Lettuce   | ,              | ,             |               | <b>0</b> (     | ,                             | ( ).             |              | · · ·                 |             | Satura       | ated Fat (g)             | 5.2            | 2.0           |  |
| TOMATO: Sliced Tomato   |                |               |               |                |                               |                  |              |                       |             | Carbo        | hydrate (g)              | 39.5           | 14.7          |  |
| GARLIC AIOLI: Canola Oil (Antioxidants (306-Soy, 319)), Water, Glucose Syrup (Wheat Derived), Egg Yolk, Whey Protein,   | Minced Garli   | c (Aciditv R  | equiator (2   | 260, 330)), V  | inegar. Diion Mustard (Acid   | itv Regulator    | (260)). Aci  | ditv Regulator (575)  | . Mustard   | Sugar        | rs (g)                   | 5.5            | 2.1           |  |
| (Acidity Regulators (260, 330), Colours (150c, 160a)), Salt, Flavour Enhancer (635), Oat Fibre, Flavourings (Milk), Emulsifiers   |                |               |               |                |                               |                  |              |                       | ,           | Sodiu        | m (mg)                   | 811            | 303           |  |
| OIL: Canola Oil, Emulsifier (322 - Soy), Flavour, Colour (160a), Acidity Regulator (330).   |                |               |               |                |                               |                  |              |                       |             |              |                          |                | •             |  |
|   |                |               |               |                |                               |                  |              |                       |             |              |                          |                |               |  |
| Contains gluten, egg, milk & soy.   |                |               | -             |                |                               |                  |              |                       | 1           | -            | -                        |                | 7             |  |
| GARLIC AIOLI may contain traces of sulphites.   | Gluten         | Eggs          | Milk          | Soy            | Fish & Crustaea               | Peanuts          | Tree Nuts    | Sesame Seeds          | Sulphites   | Preservative | Flavour                  | Colours        | -             |  |
| Grilled Chicken may be cooked on the same grill as egg.   | Ŷ              | Ŷ             | Ŷ             | Ŷ              |                               |                  |              |                       | Т           | Y            | Y                        | Y              | -             |  |
| Chicken & Spicy Mayo McWrap - Crispy Chicken  |                |               |               |                |                               |                  |              |                       |             |              |                          | Avg Qty /Serve | Avg Qty /100g |  |
| CRISPY CHICKEN: Chicken, Wheat Flour, Water, Vegetable Oils (Canola, Palm and Sunflower), Breadcrumb [Wheat Flour,  |                |               |               |                |                               |                  |              |                       |             | Energ        | y (kJ)                   | 2670           | 901           |  |
| (Amylase)], Modified Starch (1422), Mineral Salts (450, 500, 451, 452), Salt, Flavours, Rice Starch, Yeast Extract, Spices, Who   | eat Gluten, E  | gg Powder     | , Anti-Caki   | ing Agent (55  | 51), Whey Protein, Soy Pro    | tein, Spice E    | xtracts (160 | c, 100),              |             | Energ        | y (Cal)                  | 638            | 216           |  |
| Maltodextrin, Hydrolysed Vegetable Protein (Soy), Vegetable Powder.   |                |               |               |                |                               |                  |              |                       |             | Protei       | (0)                      | 22.1           | 7.5           |  |
| TORTILLA: Wheat Flour (Thiamine, Folic Acid), Water, Vegetable Shortening [Antioxidant (320)], Sugar, Baking Powder [Mine   | ,              |               |               |                |                               | . ,              |              | . ,                   |             |              | otal (g)                 | 38.9           | 13.1          |  |
| SPICY MAYONNAISE: Soybean Oil (Antioxidant (320)), Water, Vinegar, Egg Yolk, Sugar, Salt, Thickener (1442), Dehydrated  | d Vegetables   | , Flavour, C  | hilli Flake:  | s, Lemon Jui   | ce Concentrate, Vegetable     | Gum (415),       | Preservative | e (202), Colour (1600 | c).         |              | ated Fat (g)             | 8.1            | 2.7           |  |
| DICED LETTUCE MIX: Iceberg Lettuce, Cos Lettuce   |                |               |               |                |                               |                  |              |                       |             |              | hydrate (g)              | 48.7           | 16.5          |  |
| TOMATO: Sliced Tomato   |                |               |               |                |                               |                  |              |                       |             | Sugar        | (0)                      | 5.6            | 1.9           |  |
| CUCUMBER: Sliced Cucumber   |                |               |               |                |                               |                  |              |                       |             | Sodiu        | m (mg)                   | 1230           | 416           |  |
|   | Obt            | <b>F</b> = -  | 100           |                | Fish & Oracle                 | Descrit          | Tree Mint    | 0                     | Quite hits  | Decement     | El.                      | Ostavas        | 1             |  |
| Contains gluten, egg, milk and soy. CRISPY CHICKEN PATTY may contain traces of sulphites.<br>CRISPY PATTY is cooked in canola oil blend.  | Gluten         | Eggs          | Milk          | Soy            | Fish & Crustaea               | Peanuts          | Tree Nuts    | Sesame Seeds          | Sulphites   | Preservative | Flavour                  | Colours        | 4             |  |
|   | T              | T             | Ť             | Ý              |                               | 1                | 1            |                       | I           | ř            | Y                        | Y              |               |  |

| Chicken & Spicy Mayo McWrap - Grilled Chicken   |                |               |             |               |                              |                |               |                       |           |              |            | Avg Qty /Serve | Avg Qty /100g |
|---|----------------|---------------|-------------|---------------|------------------------------|----------------|---------------|-----------------------|-----------|--------------|------------|----------------|---------------|
| GRILLED CHICKEN FILLET: Chicken, Water, Maltodextrin, Flavouring, Salt, Thickener (1442), Rice Flour, Mineral Salts (451, 4   | 450, 508), Ye  | ast Extract,  | Herbs, G    | arlic Powde   | r                            |                | OR            |                       |           | Energy       | (kJ)       | 2100           | 771           |
| Chicken, Water, Rice Starch, Salt, Mineral Salts (451, 450), Soy Protein, Fruit Powder [Contains Lemon Juice Concentrate, Fla   | vours], Dehy   | drated Garli  | c. Natura   | l Flavour, He | erbs, Sugar, Vinegar Powd    | ler, Vegetable | Powder, Ar    | nti-caking Agent      |           | Energy       | (Cal)      | 502            | 184           |
| (341), Spice Extract (Pepper), Vegetable Oil.   |                |               |             |               |                              | · · ·          |               | 0 0                   |           | Protein      | (g)        | 25.3           | 9.3           |
| TORTILLA: Wheat Flour (Thiamine, Folic Acid), Water, Vegetable Shortening [Antioxidant (320)], Sugar, Baking Powder [Miner  | ral Salts (450 | , 500, 341)], | Acidity F   | Regulator (29 | 97), lodized Salt, Mineral S | alt (500), Fla | vour, Preser  | vative (282), Yeast   |           | Fat, tota    | al (g)     | 27.7           | 10.2          |
| SPICY MAYONNAISE: Soybean Oil (Antioxidant (320)), Water, Vinegar, Egg Yolk, Sugar, Salt, Thickener (1442), Dehydrated  | Vegetables,    | Flavour, Ch   | illi Flakes | , Lemon Jui   | ce Concentrate, Vegetable    | e Gum (415),   | Preservative  | (202), Colour (160c   | ).        | Saturat      | ed Fat (g) | 6.5            | 2.4           |
| DICED LETTUCE MIX: Iceberg Lettuce, Cos Lettuce   |                |               |             |               |                              |                |               |                       |           | Carboh       | ydrate (g) | 36.4           | 13.4          |
| TOMATO: Sliced Tomato   |                |               |             |               |                              |                |               |                       |           | Sugars       | (g)        | 5.9            | 2.2           |
| CUCUMBER: Sliced Cucumber   |                |               |             |               |                              |                |               |                       |           | Sodium       | ı (mg)     | 1010           | 371           |
| <u>OIL:</u> Canola Oil, Emulsifier (322 - <b>Soy</b> ), Flavour, Colour (160a), Acidity Regulator (330).  |                |               |             |               |                              |                |               |                       |           |              |            |                |               |
|   | Gluten         | Eggs          | Milk        | Soy           | Fish & Crustaea              | Peanuts        | Tree Nuts     | Sesame Seeds          | Sulphites | Preservative | Flavour    | Colours        |               |
| Contains gluten, egg, milk and soy.   | Y              | Y             | Y           | Y             |                              |                |               |                       |           | Y            | Y          | Y              |               |
| Grilled Chicken may be cooked on the same grill as egg.   |                |               |             |               |                              |                |               |                       |           |              |            |                |               |
| Steak and BBQ McWrap  |                |               |             |               |                              |                |               |                       |           |              |            | Avg Qty /Serve | Avg Qty /100g |
| STEAK STRIPS: Beef, Marinade [Thickener (1442), Sugar, Maltodextrin, Salt, Flavour, Mineral Salt (451), Spices, Acidity Regu  | ulator (262, 3 | 30), Tomato   | Powder,     | Yeast Extra   | ct, Smoked Salt, Onion Po    | wder, Anti-ca  | iking Agent ( | 551).                 |           | Energy       | (kJ)       | 2020           | 773           |
| <u>STEAK STRIPS</u> : Beef, Marinade [Thickener (1442), Sugar, Maltodextrin, Salt, Flavour , Mineral Salt (451), Spices, Acidity Regu<br><u>TORTILLA</u> ; <b>Wheat</b> Flour (Thiamine, Folic Acid), Water, Vegetable Shortening [Antioxidant (320)], Sugar, Baking Powder [Miner<br>TOMATO: Sliced Tomato | ral Salts (450 | , 500, 341)], | Acidity F   | Regulator (29 | 97), lodized Salt, Mineral S | alt (500), Fla | vour, Preser  | vative (282), Yeast   |           | Energy       | (Cal)      | 483            | 185           |
|   |                |               |             |               |                              |                |               |                       |           | Protein      |            | 27.6           | 10.6          |
| SOUTHERN STYLE BBQ SAUCE: Water, Tomato Paste, Invert Sugar Syrup, Sugar, Vinegar, Apple Puree, Thickener (1422), S   | Salt, Worces   | tershire, Co  | olour (150  | lc), Onion, G | arlic, Spices, Preservative  | e (202), Veget | able Gum (4   | 15), Smoke Flavour.   |           | Fat, tota    | (0)        | 20.4           | 7.8           |
| GARLIC AIOLI: Canola Oil (Antioxidants (306-Soy, 319)), Water, Glucose Syrup (Wheat Derived), Egg Yolk, Whey Protein, N   |                |               |             |               |                              |                |               |                       | Mustard   | Saturat      | ed Fat (g) | 5.1            | 1.9           |
| (Acidity Regulators (260, 330), Colours (150c, 160a)), Salt, Flavour Enhancer (635), Oat Fibre, Flavourings (Milk), Emulsifiers   | (Soy Lecithi   | n, 435), Colo | our (171)   | , Mineral Sal | t (508), Vegetable Gum (4    | 15), Preserva  | tives (202, 2 | 211).                 |           | Carboh       | ydrate (g) | 44.7           | 17.1          |
| CARAMELISED GRILLED ONION: Onion, Vegetable Oil (Palm and/or Cottonseed, Soybean), Salt, Sugar, Caramelized Sugar   | , Onion Powe   | der, Maltode  | xtrin, Fla  | vours, Spice  |                              |                |               |                       |           | Sugars       | (g)        | 11.7           | 4.5           |
| DICED LETTUCE MIX: Iceberg Lettuce, Cos Lettuce   |                |               |             |               |                              |                |               |                       |           | Sodium       | ı (mg)     | 1040           | 397           |
| <u>OIL:</u> Canola Oil, Emulsifier (322 - <b>Soy</b> ), Flavour, Colour (160a), Acidity Regulator (330).  |                |               |             |               |                              |                |               |                       |           |              |            |                |               |
| Contains gluten, egg, milk, fish & soy. GARLIC MAYONNAISE may contain traces of sulphite  |                |               | 1           |               | 1                            | -              |               | 1                     | 1         |              |            |                | 1             |
| STEAK STRIPS seasoned after cooking. Seasoning: Salt, Pepper, Soy Oil   | Gluten         | Eggs          | Milk        | Soy           | Fish & Crustaea              | Peanuts        | Tree Nuts     | Sesame Seeds          | Sulphites | Preservative | Flavour    | Colours        |               |
| Steak may be cooked on the same grill as egg  | Y              | Y             | Y           | Y             | Y                            |                |               |                       | Т         | Y            | Y          | Y              |               |
| Steak and Aioli McWrap  |                |               |             |               |                              |                |               |                       |           |              |            | Avg Qty /Serve | Avg Qty /100g |
| STEAK STRIPS: Beef, Marinade [Thickener (1442), Sugar, Maltodextrin, Salt, Flavour , Mineral Salt (451), Spices, Acidity Regu   | ulator (262, 3 | 30), Tomato   | Powder,     | Yeast Extra   | ct, Smoked Salt, Onion Po    | wder, Anti-ca  | iking Agent ( | 551).                 |           | Energy       | (kJ)       | 2280           | 882           |
| TORTILLA: Wheat Flour (Thiamine, Folic Acid), Water, Vegetable Shortening [Antioxidant (320)], Sugar, Baking Powder [Miner  | ral Salts (450 | , 500, 341)], | Acidity F   | Regulator (29 | 97), lodized Salt, Mineral S | alt (500), Fla | vour, Preser  | vative (282), Yeast   |           | Energy       | (Cal)      | 544            | 211           |
| TOMATO: Sliced Tomato   |                |               |             |               |                              |                |               |                       |           | Protein      | (g)        | 27.9           | 10.8          |
| GARLIC AIOLI: Canola Oil (Antioxidants (306-Soy, 319)), Water, Glucose Syrup (Wheat Derived), Egg Yolk, Whey Protein, N   | linced Garlic  | (Acidity Reg  | ulator (2   | 60, 330)), Vi | negar, Dijon Mustard (Acio   | dity Regulator | (260)), Acid  | dity Regulator (575), | Mustard   | Fat, tota    | al (g)     | 30.0           | 11.6          |
| (Acidity Regulators (260, 330), Colours (150c, 160a)), Salt, Flavour Enhancer (635), Oat Fibre, Flavourings (Milk), Emulsifiers   |                |               |             |               |                              | 15), Preserva  | tives (202, 2 | 211).                 |           | Saturat      | ed Fat (g) | 5.8            | 2.2           |
| CARAMELISED GRILLED ONION: Onion, Vegetable Oil (Palm and/or Cottonseed, Soybean), Salt, Sugar, Caramelized Sugar   | , Onion Powe   | der, Maltode  | xtrin, Fla  | vours, Spice  |                              |                |               |                       |           | Carboh       | ydrate (g) | 38.7           | 15.0          |
| DICED LETTUCE MIX: Iceberg Lettuce, Cos Lettuce   |                |               |             |               |                              |                |               |                       |           | Sugars       | (g)        | 5.7            | 2.2           |
| <u>OIL:</u> Canola Oil, Emulsifier (322 - <b>Soy</b> ), Flavour, Colour (160a), Acidity Regulator (330).  |                |               |             |               |                              |                |               |                       |           | Sodium       | ı (mg)     | 912            | 353           |
| Contains gluten, egg, milk & soy. GARLIC MAYONNAISE may contain traces of sulphites   |                |               |             |               |                              |                |               |                       |           |              |            |                | _             |
| STEAK STRIPS seasoned after cooking. Seasoning: Salt, Pepper, Soy Oil   | Gluten         | Eggs          | Milk        | Soy           | Fish & Crustaea              | Peanuts        | Tree Nuts     | Sesame Seeds          | Sulphites | Preservative | Flavour    | Colours        |               |
| Steak may be cooked on the same grill as egg  | Y              | Y             | Y           | Y             |                              |                |               |                       | Т         | Y            | V          | V              |               |

| FRENCH FRIES  |               |               |              |             |                           |                | 1             |           |               |         |                   |                             | 1              |              |
|---|---------------|---------------|--------------|-------------|---------------------------|----------------|---------------|-----------|---------------|---------|-------------------|-----------------------------|----------------|--------------|
|   |               |               |              |             |                           |                |               | Small     |               |         | Medium            |                             | La             | arge         |
| French Fries  |               |               |              |             |                           |                | Avg Qty       | /Serve    | Avg Qty /100g | Avg Qty | /Serve Avg        | Qty /100g                   | Avg Qty /Serve | Avg Qty /100 |
| Potato, Canola Oil, Dextrose, Mineral Salt (450). May contain Sulphites (<10ppm from sodium metabisulphite (223)) and Antiox  | kidant (306)  |               |              |             | Energy (k.                | J)             | 107           | 70        | 1480          | 154     | 10                | 1480                        | 1900           | 1480         |
| Contains traces of sulphites  |               |               |              |             | Energy (C                 | al)            | 25            | 5         | 354           | 368     | 8                 | 354                         | 453            | 354          |
| Note: French Fries are cooked in canola oil blend, salt added   |               |               |              |             | Protein (g)               |                | 2.            |           | 3.8           | 4.0     | -                 | 3.8                         | 4.9            | 3.8          |
|   |               |               |              |             | Fat, total (              | 0)             | 13            |           | 19.0          | 19.     | -                 | 19.0                        | 24.3           | 19.0         |
|   |               |               |              |             | Saturated                 | (0)            | 1.0           |           | 2.3           | 2.3     |                   | 2.3                         | 2.9            | 2.3          |
|   |               |               |              |             | Carbohydr                 | (0)            | 28            |           | 39.7          | 41.     |                   | 39.7                        | 50.8           | 39.7         |
|   |               |               |              |             | Sugars (g)                |                | 0.3           |           | 0.4           | 0.4     |                   | 0.4                         | 0.5<br>435     | 0.4          |
|   |               |               |              |             | Sodium (m                 | 1g)            | 24            | 5         | 340           | 354     | 4                 | 340                         | 435            | 340          |
|   | Gluten        | Eggs          | Milk         | Soy         | Fish & Crustaea           | Peanuts        | Tree Nuts     | Sesame S  | Seeds Su      | phites  | Preservative      | Flavour                     | Colours        | 1            |
|   | Cidton        | -995          | IVIIIX       | 009         | i ion di ordotada         | 1 oundto       | 1100 11010    | oodanio   |               | T       | T                 | Tiavoui                     | 0010010        | 1            |
| FRUIT & SALADS  | •             |               |              |             | •                         |                |               |           |               |         |                   |                             |                | <u>.</u>     |
| Apples  |               |               |              |             |                           |                |               |           |               |         |                   |                             | Avg Qty /Serve | Avg Qty /100 |
| Apple Slices, Antioxidants (302,300), Mineral Salt (170).   |               |               |              |             |                           |                |               |           |               |         | Energ             | v (kJ)                      | 153            | 254          |
|   |               |               |              |             |                           |                |               |           |               |         |                   | y (Cal)                     | 37             | 61           |
| lay contain Apple Seeds.  |               |               |              |             |                           |                |               |           |               |         | Protei            |                             | 0.3            | 0.5          |
|   |               |               |              |             |                           |                |               |           |               |         | Fat, to           | tal (g)                     | <0.1           | 0.1          |
|   |               |               |              |             |                           |                |               |           |               |         | Satura            | ated Fat (g)                | 0.0            | 0.0          |
|   |               |               |              |             |                           |                |               |           |               |         | Carbo             | hydrate (g)                 | 8.0            | 13.4         |
|   |               |               |              |             |                           |                |               |           |               |         | Sugar             |                             | 6.9            | 11.5         |
|   |               | 1             |              |             |                           |                | 1             |           |               |         |                   | m (mg)                      | <1             | 1            |
|   | Gluten        | Eggs          | Milk         | Soy         | Fish & Crustaea           | Peanuts        | Tree Nuts     | Sesame S  | Seeds Su      | lphites | Preservative      | Flavour                     | Colours        |              |
| Coleslaw  |               |               |              |             |                           |                |               |           |               |         |                   |                             | Avg Qty /Serve | Avg Qty /100 |
| DRY SLAW MIX: Red Cabbage, White Cabbage, Carrot, Kale  |               |               |              |             |                           |                |               |           |               |         | Energ             | y (kJ)                      | 1060           | 844          |
| CREAMY HERB & GARLIC DRESSING: Soybean Oil (Antioxidant (320)), Water, Egg Yolk, Vinegar, Sugar, Salt, Garlic, Or   | nion, Thicker | ners (1442,   | 415), Horse  | radish, Her | b, Acidity Regulator (270 | ), Preservativ | /e (202), Lei | mon Juice |               |         | Energ             | y (Cal)                     | 262            | 202          |
| Concentrate, Antioxidant (385).   |               |               |              |             |                           |                |               |           |               |         | Protei            | (0)                         | 1.9            | 1.5          |
| Oracte for a new Research   |               |               |              |             |                           |                |               |           |               |         | Fat, to           |                             | 25.0           | 20.0<br>3.4  |
| Contains egg & soy.   |               |               |              |             |                           |                |               |           |               |         |                   | ated Fat (g)<br>hydrate (g) | 4.2<br>4.4     | 3.4          |
|   |               |               |              |             |                           |                |               |           |               |         | Sugar             | , (0)                       | 3.3            | 2.7          |
|   |               | •             |              |             |                           |                |               |           |               |         |                   | m (mg)                      | 305            | 244          |
|   | Gluten        | Eggs          | Milk         | Soy<br>Y    | Fish & Crustaea           | Peanuts        | Tree Nuts     | Sesame S  | Seeds Su      | lphites | Preservative      | Flavour                     | Colours        | 1            |
|   |               | ř             |              | Ŷ           |                           |                |               |           |               |         | Y                 |                             |                |              |
| Narm Chicken Salad - Crispy Chicken   |               |               |              |             |                           |                |               |           |               |         |                   |                             | Avg Qty /Serve |              |
| <u>ETTUCE, CARROT &amp; CABBAGE MIX</u> : Cos Lettuce, Carrot, Iceberg Lettuce, Red Cabbage   |               |               |              |             |                           |                |               |           |               |         | Energ             | ,                           | 1110           | 325          |
| CRISPY CHICKEN: Chicken, Wheat Flour, Water, Vegetable Oils (Canola, Palm and Sunflower), Breadcrumb [Wheat Flour, V<br>300), Food Acid (263)}, Enzyme (Amylase)], Modified Starch (1422), Mineral Salts (450, 500, 451, 452), Salt, Flavours, Rice S       |               |               |              |             |                           |                |               |           |               |         | Energ             |                             | 265<br>18.6    | 78<br>5.5    |
| Suo), Food Acid (263)), Enzyme (Amyrase)), Modified Starch (1422), Mineral Saits (450, 500, 451, 452), Sait, Flavours, Rice S<br>Nhey Protein, Soy Protein, Spice Extracts (160c, 100), Maltodextrin, Hydrolysed Vegetable Protein (Soy), Vegetable Powder. | narcii, reast | . шкиаст, эрг | ues, writeat | Giulen, Eg  | y Fowder, Anti-Caking Ag  | Jon (991),     |               |           |               |         | Protei<br>Fat. to | ital (g)                    | 10.0           | 3.4          |
| GRAPE TOMATOES: Grape Tomatoes  |               |               |              |             |                           |                |               |           |               |         |                   | ated Fat (g)                | 1.7            | 0.5          |
| CUCUMBER: Sliced Cucumber   |               |               |              |             |                           |                |               |           |               |         |                   | hydrate (g)                 | 18.6           | 5.5          |
| RED ONION: Red Onion Rings  |               |               |              |             |                           |                |               |           |               |         | Sugar             |                             | 6.3            | 1.9          |
| Contains gluten, egg, milk & soy. CRISPY CHICKEN may contain traces of sulphites.   |               |               |              |             |                           |                |               |           |               |         | Sodiu             | m (mg)                      | 486            | 143          |
| CRISPY PATTY is cooked in canola oil blend.   | Gluten        | Eggs          | Milk         | Soy         | Fish & Crustaea           | Peanuts        | Tree Nuts     | Sesame S  | Seeds Su      | lphites | Preservative      |                             | Colours        | 1            |
|   | Y             | Y             | Y            | Y           |                           |                |               |           |               | Т       | Т                 | Y                           |                | 1            |

| Warm Chicken Salad - Grilled Chicken   |                |                       |                |              |                          |               |                |                 |           |              |             | Avg Qty /Serve | Avg Qty /100g |  |
|--|----------------|-----------------------|----------------|--------------|--------------------------|---------------|----------------|-----------------|-----------|--------------|-------------|----------------|---------------|--|
| LETTUCE, CARROT & CABBAGE MIX: Cos Lettuce, Carrot, Iceberg Lettuce, Red Cabbage   |                |                       |                |              |                          |               |                |                 |           | Energy       | . ,         | 644            | 197           |  |
| GRILLED CHICKEN FILLET : Chicken, Water, Maltodextrin, Flavouring, Salt, Thickener (1442), Rice Flour, Mineral Salts (451,   | 450, 508), Y   | east Extract,         | Herbs, Garl    | lic Powder.  |                          |               | OR             |                 |           | Energy       |             | 154            | 47            |  |
| Chicken, Water, Rice Starch, Salt, Mineral Salts (451, 450), Soy Protein, Fruit Powder [Contains Lemon Juice Concentrate, Fla  | avours], Dehy  | drated Garli          | c, Natural Fl  | avour, Herbs | s, Sugar, Vinegar Powde  | er, Vegetable | Powder, Ant    | ti-caking Agent |           | Protein      | (•)         | 21.2           | 6.5           |  |
| (341), Spice Extract (Pepper), Vegetable Oil.  |                |                       |                |              |                          |               |                |                 |           | Fat, tot     | (0)         | 2.4            | 0.7           |  |
| GRAPE TOMATOES: Grape Tomatoes   |                |                       |                |              |                          |               |                |                 |           |              | ted Fat (g) | 0.6            | 0.2           |  |
| CUCUMBER: Sliced Cucumber  |                |                       |                |              |                          |               |                |                 |           |              | nydrate (g) | 9.0            | 2.8           |  |
| RED ONION: Red Onion Rings   |                |                       |                |              |                          |               |                |                 |           | Sugars       |             | 7.0            | 2.1           |  |
| OIL: Canola Oil, Emulsifier (322 - Soy), Flavour, Colour (160a), Acidity Regulator (330).  |                |                       |                |              |                          |               |                |                 |           | Sodiun       | n (mg)      | 307            | 94            |  |
| Contains soy & sesame.   | Gluten         | Eggs                  | Milk           | Soy          | Fish & Crustaea          | Peanuts       | Tree Nuts      | Sesame Seeds    | Sulphites | Preservative | Flavour     | Colours        |               |  |
| Grilled Chicken may be cooked on the same grill as egg   |                | T                     |                | Y            |                          |               |                |                 |           |              | Y           | Y              |               |  |
|  |                |                       |                |              |                          |               |                |                 |           |              |             | Avg Qty /Serve | Avg Qty /100g |  |
| Crunchy Noodle Salad - Crispy Chicken<br>CDICDX CUIC/CNL Chicken Wheet Flow Water Verstable Oile (Cenele Delet and Surflewer) Decederate Millert Flows V   | Natas Vasat    |                       | ala) Vaaat     | Calk Imana   | an ON/hant Flaur Assarb  |               |                | (062)) [        |           | Enorm        | (k 1)       | 1530           | 424           |  |
| RISPY CHICKEN: Chicken, Wheat Flour, Water, Vegetable Oils (Canola, Palm and Sunflower), Breadcrumb [Wheat Flour, Water, Vegetable Oil (Canola), Yeast, Salt, Improver (Wheat Flour, Ascorbic Acid (300), Food Acid (263)), Enzyme [Energy (kJ) mylase)], Modified Starch (1422), Mineral Salts (450, 500, 451, 452), Salt, Flavours, Rice Starch, Yeast Extract, Spices, Wheat Gluten, Egg Powder, Anti-Caking Agent (551), Whey Protein, Soy Protein, Spice Extracts (160c, 100), [Energy (Cal)] |                |                       |                |              |                          |               |                |                 |           |              |             |                |               |  |
| Maltodextrin, Hydrolysed Vegetable Protein (Soy), Vegetable Powder.  |                | <b>99</b> 1 0 Wdei, 7 | anti-Oaking I  | Ageni (551), | Whey Frotein, Oby Fro    |               | xii dola (1000 | , 100),         |           | Protein      | ( )         | 366<br>20.4    | 101<br>5.6    |  |
| LETTUCE, CARROT & CABBAGE MIX Cos Lettuce, Carrot, Iceberg Lettuce, Red Cabbage  |                |                       |                |              |                          |               |                |                 |           | Fat, tot     |             | 17.0           | 4.7           |  |
| GRAPE TOMATOES: Grape Tomatoes   |                |                       |                |              |                          |               |                |                 |           |              | ted Fat (q) | 3.3            | 0.9           |  |
| CUCUMBER: Sliced Cucumber  |                |                       |                |              |                          |               |                |                 |           |              | nydrate (g) | 30.1           | 8.3           |  |
| RED ONION: Red Onion Rings   |                |                       |                |              |                          |               |                |                 |           | Sugars       | . (2)       | 6.4            | 1.8           |  |
| CRISPY NOODLES: Wheat Flour, Salt, Raising Agents (450, 500), Vegetable Oil, Colour (160b).  |                |                       |                |              |                          |               |                |                 |           | Sodiun       | (0)         | 632            | 175           |  |
| Contains gluten, egg, milk & soy. CRISPY CHICKEN may contain traces of sulphites.  | Gluten         | Eggs                  | Milk           | Soy          | Fish & Crustaea          | Peanuts       | Tree Nuts      | Sesame Seeds    | Sulphites | Preservative | Flavour     | Colours        |               |  |
| CRISPY PATTY is cooked in canola oil blend.  | Y              | Y                     | Y              | Ŷ            |                          |               |                |                 | Т         | Т            | Y           | Y              |               |  |
| Crunchy Noodle Salad - Grilled Chicken   |                |                       |                |              |                          |               |                |                 |           |              |             | Avg Qty /Serve | Avg Qty /100g |  |
| GRILLED CHICKEN FILLET: Chicken, Water, Maltodextrin, Flavouring, Salt, Thickener (1442), Rice Flour, Mineral Salts (451,  | 450, 508), Ye  | east Extract,         | Herbs, Garli   | c Powder.    |                          |               | OR             |                 |           | Energy       | / (kJ)      | 1070           | 307           |  |
| Chicken, Water, Rice Starch, Salt, Mineral Salts (451, 450), Soy Protein, Fruit Powder [Contains Lemon Juice Concentrate, Fla  |                |                       |                |              | Sugar Vinegar Powde      | ar Vanatahla  | Powder Ant     | ti-caking Agent |           | Energy       | . ,         | 255            | 73            |  |
| (341), Spice Extract (Pepper), Vegetable Oil.  | avouisj, Deny  |                       | 5, Naturai i i |              | s, ougar, vinegar i owde | n, vegetable  | T OWDER, AIR   | u-caking Agent  |           | Protein      | · /         | 22.9           | 6.6           |  |
| LETTUCE, CARROT & CABBAGE MIX: Cos Lettuce, Carrot, Iceberg Lettuce, Red Cabbage   |                |                       |                |              |                          |               |                |                 |           | Fat, tot     | tal (g)     | 7.6            | 2.2           |  |
| GRAPE TOMATOES: Grape Tomatoes   |                |                       |                |              |                          |               |                |                 |           | Satura       | ted Fat (g) | 2.2            | 0.6           |  |
| CUCUMBER: Sliced Cucumber  |                |                       |                |              |                          |               |                |                 |           | Carboh       | nydrate (g) | 20.4           | 5.9           |  |
| RED ONION: Red Onion Rings   |                |                       |                |              |                          |               |                |                 |           | Sugars       | s (g)       | 7.1            | 2.0           |  |
| CRISPY NOODLES: Wheat Flour, Salt, Raising Agents (450, 500), Vegetable Oil, Colour (160b).  |                |                       |                |              |                          |               |                |                 |           | Sodiun       | n (mg)      | 452            | 130           |  |
| <u>OIL:</u> Canola Oil, Emulsifier (322 - <b>Soy</b> ), Flavour, Colour (160a), Acidity Regulator (330).   |                |                       |                |              | 1                        | 1             |                |                 |           |              |             |                |               |  |
| Contains gluten, soy & sesame.   | Gluten         | Eggs                  | Milk           | Soy          | Fish & Crustaea          | Peanuts       | Tree Nuts      | Sesame Seeds    | Sulphites | Preservative | Flavour     | Colours        |               |  |
| Grilled Chicken may be cooked on the same grill as egg   | Y              | Т                     |                | Y            |                          |               |                |                 |           |              | Y           | Y              |               |  |
| Steak Salad  |                |                       |                |              |                          |               |                |                 |           |              |             | Avg Qty /Serve | Avg Qty /100g |  |
| LETTUCE, CARROT & CABBAGE MIX: Cos Lettuce, Carrot, Iceberg Lettuce, Red Cabbage   |                |                       |                |              |                          |               |                |                 |           | Energy       | / (kJ)      | 726            | 230           |  |
| STEAK STRIPS: Beef, Marinade [Thickener (1442), Sugar, Maltodextrin, Salt, Flavour, Mineral Salt (451), Spices, Acidity Reg  | ulator (262, 3 | 30), Tomato           | Powder, Ye     | ast Extract, | Smoked Salt, Onion Pov   | vder, Anti-ca | king Agent (   | 551).           |           | Energy       | (Cal)       | 174            | 55            |  |
| GRAPE TOMATOES: Grape Tomatoes   |                |                       |                |              |                          |               |                |                 |           | Protein      | n (g)       | 24.0           | 7.6           |  |
| CUCUMBER: Sliced Cucumber  |                |                       |                |              |                          |               |                |                 |           | Fat, tot     |             | 3.2            | 1.0           |  |
| RED ONION: Red Onion Rings   |                |                       |                |              |                          |               |                |                 |           |              | ted Fat (g) | 1.2            | 0.4           |  |
| OIL: Canola Oil, Emulsifier (322 - Soy), Flavour, Colour (160a), Acidity Regulator (330).  |                |                       |                |              |                          |               |                |                 |           | Carboh       | nydrate (g) | 8.9            | 2.8           |  |
| · · · · · · · · · · · · · · · ·  |                |                       |                |              |                          |               |                |                 |           | -            | 1.5         |                |               |  |
|  |                |                       |                |              |                          |               |                |                 |           | Sugars       | (0)         | 6.8            | 2.2           |  |
| Contains soy.  | Obda           | <b>5</b>              | N.4:11-        | 0            | Fick & Occuptor          | Descrit       | Tree Mart      | 0               | Ordekiter | Sodiun       | n (mg)      | 6.8<br>464     | 2.2<br>147    |  |
|  | Gluten         | Eggs                  | Milk           | Soy<br>Y     | Fish & Crustaea          | Peanuts       | Tree Nuts      | Sesame Seeds    | Sulphites |              | (0)         | 6.8            |               |  |

| Garden Salad  |               |                       |                     |                 |                |             |                |              |                |                   |               |                     | Avg Qty /Serve | Avg Qty /100g  |
|---|---------------|-----------------------|---------------------|-----------------|----------------|-------------|----------------|--------------|----------------|-------------------|---------------|---------------------|----------------|----------------|
| DICED LETTUCE MIX: Iceberg Lettuce, Cos Lettuce   |               |                       |                     |                 |                |             |                |              |                |                   | Energ         | ıy (kJ)             | 70             | 62             |
| TOMATO: Grape Tomatoes  |               |                       |                     |                 |                |             |                |              |                |                   | Energ         | y (Cal)             | 16             | 15             |
| CUCUMBER: Cucumber Slices.  |               |                       |                     |                 |                |             |                |              |                |                   | Prote         | in (g)              | 1.4            | 1.2            |
|   |               |                       |                     |                 |                |             |                |              |                |                   | Fat, t        | otal (g)            | 0.1            | 0.1            |
|   |               |                       |                     |                 |                |             |                |              |                |                   | Satur         | ated Fat (g)        | <0.1           | <0.1           |
|   |               |                       |                     |                 |                |             |                |              |                |                   | Carbo         | ohydrate (g)        | 1.6            | 1.4            |
|   |               |                       |                     |                 |                |             |                |              |                |                   | Suga          | rs (g)              | 1.2            | 1.1            |
|   |               |                       |                     |                 |                |             |                |              |                |                   | Sodiu         | ım (mg)             | 18             | 16             |
|   | Gluten        | Eggs                  | Milk                | Soy             | Fish & C       | rustaea     | Peanuts        | Tree Nuts    | Sesame Seeds   | Sulphites         | Preservative  | Flavour             | Colours        |                |
|   |               |                       |                     |                 |                |             |                |              |                |                   |               |                     |                |                |
| CONDIMENTS  |               |                       |                     |                 |                |             |                |              |                |                   |               |                     |                |                |
| McNugget Dipping Sauces   |               |                       |                     |                 |                |             |                |              | Barb           | ecue              | Mus           | tard                | Swee           | t & Sour       |
| BARBECUE SAUCE: Water, Sugar, Vinegar, Tomato Paste, Soy Sauce (contains Wheat and Soybeans), Modified Food Star  | ch (1414, 144 | 42), Salt, <b>So</b>  | <b>/bean</b> Oil (A | Antioxidant 3   | 804),          |             |                |              | Avg Qty /Serve | Avg Qty /100g     | Avg Qty /Serv | e Avg Qty<br>/100g  | Avg Qty /Serve | Avg Qty /100g  |
| Thickeners (415, 466), Dextrose, Spices, Colour (150d), Flavours, Preservative (211), Flavour Enhancers (627, 631), Dehydra   | eu Gariic, De | enydrated Oi          | non, Acidity        | Regulator (     | 290).          |             | Energy (kJ)    |              | 197            | 705               | 275           | 981                 | 203            | 724            |
| Contains gluten & soy   |               |                       |                     |                 |                |             | Energy (Cal    |              | 47             | 169               | 66            | 235                 | 48             | 173            |
| MUSTARD SAUCE: Water, Sugar, Vinegar, Soybean Oil (Antioxidant (304)), Spices, Modified Starches (1442, 1401, 1450 (co  | ntains Barle  | <b>y</b> ), 1422), Sa | lt, Milk Prot       | eins, Thicke    | eners (401,    |             | Protein (g)    |              | 0.2            | 0.9               | 0.6           | 2.1                 | 0.2            | 0.7            |
| 415), Colour (150d), Preservative (211), Antioxidants (331, 385), Dextrose.   |               |                       |                     |                 | · ·            |             | Fat, total (g) | )            | 0.3            | 1.0               | 3.6           | 12.8                | 0.3            | 1.1            |
| Contains gluten, milk & soy .   |               |                       |                     |                 |                |             | Saturated F    | at (g)       | <0.1           | 0.1               | 0.5           | 1.7                 | <0.1           | 0.2            |
|   |               |                       |                     |                 | _              |             | Carbohydra     | te (g)       | 10.7           | 38.3              | 7.7           | 27.5                | 11.0           | 39.4           |
| SWEET & SOUR SAUCE: High Fructose Corn Syrup, Water, Fruit Concentrate (Apricot and/or Peach), Vinegar, Teriyaki [Soy<br>Vinegar, Onion, Garlic, Preservative (211), Worcestershire Powder (Dextrose, Spices, Garlic, Salt, Thickener (466), Acidity Re |               |                       |                     |                 |                |             | Sugars (g)     |              | 8.9            | 31.8              | 5.7           | 20.3                | 10.0           | 35.8           |
| Soybean Oil (Antioxidant {330}), Thickener (415), Mustard Powder, Apricot Flavour, Preservative (211), Colour (150d), Paprik  |               |                       |                     |                 | 422), Sail,    |             | Sodium (mg     | I)           | 183            | 655               | 157           | 561                 | 156            | 557            |
| ······································  |               | ,,                    | .99 (               |                 |                |             |                |              |                |                   |               |                     |                |                |
| Contains gluten & soy.  |               |                       |                     |                 |                |             |                |              |                |                   |               |                     |                |                |
|   | Gluten        | Eggs                  | Milk                | Soy             | Fish & C       | rustaea     | Peanuts        | Tree Nuts    | Sesame Seeds   | Sulphites         | Preservative  | Flavour             | Colours        |                |
| Barbecue  | Y             |                       |                     | Y               |                |             |                |              |                |                   | Y             | Y                   | Y              |                |
| Mustare   | Y             |                       | Y                   | Y               |                |             |                |              |                |                   | Y             |                     | Y              |                |
| Sweet & Sou   | Y             |                       |                     | Y               |                |             |                |              |                |                   | Y             | Y                   | Y              |                |
|   |               |                       |                     |                 |                |             |                |              |                |                   | Balsa         | amic                | Italia         | an Style       |
| Salad Dressings   |               |                       |                     |                 |                |             |                |              |                |                   | Avg Qty /Serv | e Avg Qty<br>/100mL | Avg Qty /Serve | Avg Qty /100mL |
| BALSAMIC DRESSING: Water, Balsamic Vinegar (contains sulphites), Vinegar, Sugar, Soya Bean Oil, Salt, Black Pepper, C   | blour (150d)  | Yeast Extra           | t Thickener         | rs (407-415     | 410) Preser    | vatives (21 | 1 202) Natu    | ral Flavour  |                | Energy (kJ)       | 80            | 265                 | 45             | 149            |
|   |               | . 5001 EAU            |                     | 10 (10 F) - FIG | ,,,            |             | ., _02/,       | a. i lavodi. |                | Energy (Cal)      | 19            | 63                  | 11             | 35             |
| Contains soy & sulphites.   |               |                       |                     |                 |                |             |                |              |                | Protein (g)       | 0.3           | 1.0                 | 0.3            | 1.0            |
|   |               |                       |                     |                 |                |             |                |              |                | Fat, total (g)    | 0.5           | 1.5                 | 0.3            | 1.0            |
| ITALIAN DRESSING: Water, Vinegar, Sugar, Salt, Thickeners (407, 415, 410), Acidity Regulators (330), Preservatives (211, 2  | 02). Onion H  | Herb. Garlic          | Bell Pepper         | s. Spice. Na    | atural Flavour |             |                |              |                | Saturated Fat (g) | 0.3           | 1.0                 | 0.3            | 1.0            |
|   | ,, oon, i     |                       |                     | 2, 39:00, 10    |                |             |                |              |                | Carbohydrate (g)  | 3.4           | 11.2                | 1.7            | 5.6            |
|   |               |                       |                     |                 |                |             |                |              |                | Sugars (g)        | 3.1           | 10.4                | 1.7            | 5.6            |
|   |               | 1                     |                     | 1               |                |             |                |              |                | Sodium (mg)       | 105           | 350                 | 80             | 265            |
|   | Gluten        | Eggs                  | Milk                | Soy             | Fish & C       | rustaea     | Peanuts        | Tree Nuts    | Sesame Seeds   | Sulphites         | Preservative  |                     | Colours        | 4              |
| Balsami   |               |                       |                     | Y               | <u> </u>       |             |                |              |                | Y                 | Y             | Y                   | Y              | 4              |
| Italian Dressing  |               |                       |                     |                 |                |             |                |              |                |                   | Y             | Y                   |                |                |

|   |                   |               |                        |               |                             |               |              | Zesty Po       | ortuguese         | Swe              | t Sesame               | Tha            | ai Style       |
|---|-------------------|---------------|------------------------|---------------|-----------------------------|---------------|--------------|----------------|-------------------|------------------|------------------------|----------------|----------------|
| Salad Dressings   |                   |               |                        |               |                             |               |              | Avg Qty /Serve | Avg Qty /100      | 0mL Avg Qty /S   | erve Avg Qty<br>/100mL | Avg Qty /Serve | Avg Qty /100mL |
| PORTUGUESE DRESSING: Canola Oil (Antioxidants (319, 306 - Soy), Vegetables, Tomato Pulp (Antioxidant (330)), Glucose  | Syrup(Whe         | at), Sugar, V | /ater, Egg Y           | olk, Oat Fib  | re, Food Acids (260,        | Energy (kJ    | )            | 1040           | 1740              | 951              | 1590                   | 209            | 465            |
| 330), Salt, Thickener (1442), Emulsifiers (Soy Lecithin, 435), Herb, Thickener (415), Flavourings, Preservatives (202, 211), Spin   | ce, Spice Ex      | ktracts (160c | , 100).                |               |                             | Energy (Ca    | l)           | 249            | 415               | 227              | 379                    | 50             | 110            |
| Contains gluten, egg & soy.   |                   |               |                        |               |                             | Protein (g)   |              | 0.7            | 1.2               | 0.8              | 1.3                    | 0.5            | 1.0            |
|   |                   |               |                        |               |                             | Fat, total (g | ,            | 19.3           | 32.2              | 14.3             | 23.9                   | 1.4            | 3.2            |
| SWEET SESAME DRESSING: Sugar, Water, Vinegar, Canola Oil (Antioxidants (319, 306 -Soy)), Sesame Oil, Soy Sauce [Wat   | er, <b>Soybea</b> | ns, Wheat, S  | Salt], Salt, <b>Se</b> | esame Seed    | Is, Flavouring (Sesame)     | Saturated I   | ( <b>e</b> ) | 1.7            | 2.8               | 3.6              | 5.9                    | 0.2            | 0.5            |
| Spices, Soy Lecithin, Preservative (202), Vegetable Gum (415).  |                   |               |                        |               |                             | Carbohydra    | ate (g)      | 18.3           | 30.5              | 23.9             | 39.8                   | 8.7            | 19.4           |
| Contains gluten, soy & sesame.  |                   |               |                        |               |                             | Sugars (g)    |              | 10.3<br>462    | 17.1<br>770       | 23.7             | 39.5                   | 7.8            | 17.3           |
| THAI STYLE DRESSING: Water, Vinegar, Sugar, Fish Sauce, Capsicum Puree, Soy Sauce, Sesame Oil, Chilli Puree, Salt, Th<br>Sesame Seeds, Flavour, Lime Juice Concentrate, Preservative (211). | ickeners (4       | 15,410), Lerr | non Juice Co           | oncentrate, ( | Binger Puree, Herbs,        | Sodium (m     | 9)           | 402            | 110               | 079              | 1130                   | 450            | 1000           |
| Contains gluten, fish, soy & sesame.  | Obter             | <b>_</b>      | A.C.II.                | 0             | Fish & Orestand             | Descrite      | Toria Marta  | O              | Outobite          | Decement         |                        | 0              |                |
| Zesty Portuguese Dressing   | Gluten            | Eggs          | Milk                   | Soy<br>Y      | Fish & Crustaea             | Peanuts       | Tree Nuts    | Sesame Seeds   | Sulphites         | s Preserva       | ive Flavour<br>Y       | Colours        | -              |
| Sweet Sesame Dressing   | Y                 | I             |                        | Y             |                             |               |              | Y              |                   | Y                | Y                      |                |                |
| Thai Style Dressing   | Ŷ                 |               |                        | Ý             | Y                           |               |              | Ŷ              |                   | Ý                | Y                      |                |                |
|   |                   |               | •                      |               | •                           |               |              | •              |                   | Ketch            | ıp                     | Мау            | onnaise        |
| Sauces  |                   |               |                        |               |                             |               |              |                | Av                | g Qty /Serve     | Avg Qty /100g          | Avg Qty /Serve | Avg Qty /100g  |
| KETCHUP: Water, Tomato Paste, High Fructose Corn Syrup, Glucose Corn Syrup, Vinegar, Salt, Flavouring (Soybean Oil)   |                   |               |                        |               |                             |               | 1            | Energy         | (kJ)              | 43               | 478                    | 370            | 3090           |
|   |                   |               |                        |               |                             |               |              | Energy         | (Cal)             | 10               | 114                    | 89             | 738            |
|   |                   |               |                        |               |                             |               | _            | Protein        | (g)               | 0.1              | 1.5                    | 0.1            | 1.0            |
| MAYONNAISE: Soybean Oil (Antioxidant [330], Egg Yolks, Water, Distilled Vinegar, Salt, Sugar, Spice, Lemon Juice Concentr   | ate, Antioxi      | dant (385).   |                        |               |                             |               |              | Fat, tota      | 0                 | 0.0              | 0.0                    | 9.8            | 82.0           |
| Contains soy & egg.   |                   |               |                        |               |                             |               |              |                | ed Fat (g)        | 0.0              | 0.0                    | 1.6            | 13.0           |
|   |                   |               |                        |               |                             |               |              |                | ydrate (g)        | 2.3              | 26.1                   | 0.2            | 2.0            |
|   |                   |               |                        |               |                             |               |              | Sugars         | (•)               | 1.8              | 20.0                   | 0.1            | 1.0            |
|   | Obstan            | <b>5</b>      | A.C.II.                | 0             | Fish & Crustaea             | Descrite      | Toria Marta  | Sodium         | (mg)<br>Sulphites | 88<br>s Preserva | 983                    | 63             | 525            |
| Ketchup   | Gluten            | Eggs          | Milk                   | Soy<br>Y      | FISH & Crustaea             | Peanuts       | Tree Nuts    | Sesame Seeds   | Sulphites         | s Preserva       | ive Flavour            | Colours        | -              |
| Mayonnaise  |                   | Y             |                        | Y             |                             |               |              |                |                   |                  |                        |                |                |
| BREAKFAST   |                   | . ·           | 1                      | 1 -           | 1                           |               |              |                |                   |                  |                        |                |                |
| Breakfast Condiments  |                   |               |                        |               |                             |               |              | Honey          |                   | Strawber         | y Jam                  | Ve             | gemite         |
|   |                   |               |                        |               |                             |               | Avg Qty      |                |                   |                  | Avg Qty /100g          | Avg Qty /Serve |                |
| STRAWBERRY JAM: Strawberries, Sugar, Glucose (Maize), Pectin, Acidity Regulator (330).  |                   |               |                        |               | Energy (k.                  | ,             | 23           | -              | 490               | 187              | 1160                   | 39             | 811            |
|   |                   |               |                        |               | Energy (C                   |               | 5            |                | 356               | 45               | 278                    | 9              | 194            |
| HONEY: Honey.   |                   |               |                        |               | Protein (g)<br>Fat, total ( |               | 0.<br><0     |                | 0.6               | <0.1<br><0.1     | 0.6                    | 1.2<br><0.1    | 25.6<br>0.9    |
|   | r dioxido)        | Voqotablo E   | vtract Niaci           | . Thiamino    | . (                         |               | <0           |                | 0.1               | <0.1             | 0.1                    | <0.1           | 0.9            |
| <u>Vedenine —,</u> reast extract, sait, mineral sait (506), mait extract (nom <b>barrey)</b> , colour (1500 – contains preservative <b>supro</b><br>Folate.                                 | i uloxide),       | vegetable E   | Audul, Miduli          | n, mannine,   | Carbohydr                   | (4)           | 13           |                | 36.8              | 10.8             | 67.8                   | 0.9            | 19.5           |
| Contains gluten & sulphites.  |                   |               |                        |               | Sugars (g)                  | a.o (9)       | 13           |                | 70.6              | 10.0             | 62.5                   | <0.1           | 13.5           |
|   |                   |               |                        |               | Sodium (m                   | ig)           | 2            | -              | 13                | 1                | 8                      | 162            | 3380           |
|   | 01.1              |               |                        |               | Fish & Ornet                |               | <b>T</b> N . | 0              | Outet "           | - Devis          |                        |                |                |
| Jam   | Gluten            | Eggs          | Milk                   | Soy           | Fish & Crustaea             | Peanuts       | Tree Nuts    | Sesame Seeds   | Sulphites         | s Preserva       | ive Flavour            | Colours        | -              |
| Honey   |                   |               |                        |               |                             |               |              |                |                   |                  |                        |                | -              |
| Vegemite  | Y                 | 1             | 1                      | 1             | 1                           | 1             | 1            | 1              | Y                 | Y                |                        | 1              | 1              |

| Bacon & Egg Brekkie Roll  |                 |                     |                       |                       |                          |                   |               |   |   |  |   |   | Avg Qty /Serve   | Avg Qty /100g   |
|---|-----------------|---------------------|-----------------------|-----------------------|--------------------------|-------------------|---------------|---|---|--|---|---|--|---|
| BREAD ROLL: Wheat Flour, Water, Yeast, Gluten, Canola Oil, Iodised Salt, Sugar, Improver (Dextrose, Wheat Flour, Emuls  | ifier (472e) S  | ov Flour Do         | uah Conditi           | oner (300) F          | nzvme (1100)) Emulsifi   | ier (472 (e) 1    | 170 471) Pr   | eservative (28                          | (Th   | iamin  | Energ                                     | v (kJ)  | 2080   | 969   |
| Folate).  | 1101 (4720), 0  | <b>oy</b> 11001, DC | ugii oonun            | 01101 (000), L        | inzyme (1100)), Emulain  | ioi (+12 (0), 1   | 170, 471), 11 | 03011001100 (20                         | <i>(</i> 11), vitamino (11)   | namm,  | Energ                                     | ,   | 498  | 232   |
| EGG: Shell Egg  |                 |                     |                       |                       |                          |                   |               |   |   |  | Protei                                    |   | 26.9   | 12.5  |
| TASTY CHEESE SLICE: Milk, Salt, Starter Cultures, Rennet, Lipase.   |                 |                     |                       |                       |                          |                   |               |   |   |  | Fat, to                                   | tal (g)   | 18.9   | 8.8   |
| BACON: Pork, Water, Salt, Sugar, Emulsifiers (450, 451), Dextrose (Maize, Tapioca), Antioxidant (316), Acidity Regulator (33  | J), Sodium Ni   | trite (250), R      | osemary Ex            | tract.                |                          |                   |               |   |   |  | Satura                                    | ited Fat (g)  | 8.7  | 4.0   |
| SOUTHERN STYLE BBQ SAUCE: Water, Tomato Paste, Invert Sugar Syrup, Sugar, Vinegar, Apple Puree, Thickener (1422)  | , Salt, Worces  | stershire, Sp       | ices, Colour          | r (150c), Oni         | on, Garlic, Preservative | (202), Vegeta     | able Gum (4   | 15), Smoke Fl                           | avour.  |  | Carbo                                     | hydrate (g)   | 53.1   | 24.7  |
| COOKING OIL: Canola Oil, Soy Lecithin, Flavour, Colour (160a), Acidity Regulator (330).   |                 |                     |                       |                       |                          |                   |               |   |   |  | Sugar                                     | (0)   | 8.5  | 4.0   |
| Contains gluten, egg, milk, soy and fish.   |                 |                     |                       |                       |                          |                   |               |   |   |  |   | m (mg)  | 1190   | 552   |
| BREAD ROLLS are produced on equipment that also produces products containing sesame seeds   | Gluten          | Eggs                | Milk                  | Soy                   | Fish & Crustaea          | Peanuts           | Tree Nuts     | Sesame Se                               | eds Sulp  | hites  | Preservative                              | Flavour   | Colours  |   |
| BBQ Sauce contains traces of fish and gluten  | Y               | Y                   | Y                     | Y                     | Y-Fish                   |                   |               | Т                                       |   |  | Y   | Y   | Y  |   |
| Hash Brown  |                 |                     |                       |                       |                          |                   |               |   |   |  |   |   | Avg Qty /Serve   | Avg Qty /100g   |
|   |                 |                     |                       |                       |                          |                   |               |   |   |  | Energ                                     | y (kJ)  | 638  | 1150  |
| Potato, Canola Oil, Salt, Dextrose (Maize), Emulsifier (471), Preservatives (450, 222), Antioxidant (320), Pepper Extracts.   |                 |                     |                       |                       |                          |                   |               |   |   |  | Energ                                     | y (Cal)   | 153  | 276   |
| OR  |                 |                     |                       |                       |                          |                   |               |   |   |  | Protei                                    | n (g)   | 1.6  | 2.9   |
| Potatoes, Canola Oil, Seasoning (Black Pepper, Salt, Modified Corn Starch)  |                 |                     |                       |                       |                          |                   |               |   |   |  | Fat, to                                   | tal (g)   | 9.5  | 17.2  |
|   |                 |                     |                       |                       |                          |                   |               |   |   |  | Satura                                    | ited Fat (g)  | 1.1  | 2.0   |
| Contains traces of sulphite.  |                 |                     |                       |                       |                          |                   |               |   |   |  | Carbo                                     | hydrate (g)   | 14.6   | 26.4  |
| * Hash Browns served after 10.30am are cooked with products containing gluten   |                 |                     |                       |                       |                          |                   |               |   |   |  | Sugar                                     | (0)   | 0.2  | 0.4   |
|   |                 |                     |                       | -                     |                          |                   |               |   |   |  |   | m (mg)  | 352  | 637   |
| Note: Hash Brown is cooked in canola oil blend.   | Gluten          | Eggs                | Milk                  | Soy                   | Fish & Crustaea          | Peanuts           | Tree Nuts     | Sesame Se                               | eds Sulp  | hites  | Preservative                              | Flavour   | Colours  |   |
|   | T*              |                     |                       |                       |                          |                   |               |   | -   | Γ  | Т   |   |  |   |
| Ham and Cheese Pocket   |                 |                     |                       |                       |                          |                   |               |   |   |  |   |   | Avg Qty /Serve   |   |
|   |                 |                     |                       |                       |                          |                   |               |   |   |  | Energ                                     |   | 1020   | 1230  |
| TORTILLA: Wheat Flour [Thiamine, Folic Acid], Water, Vegetable Shortening [Antioxidant (320)], Sugar, Baking Powder [Min  | aral Salts (450 | ), 500, 341)]       | Acidity Reg           | Julator (297)         | Mineral Salt (500), Pres | servative (282    | 2), Yeast.    |   |   |  | Energ                                     |   | 244  | 294   |
| CHEDDAR CHEESE: Milk, Salt, Starter Cultures, Non-Animal Rennet, Non-Animal Lipase.<br>HAM: Pork, Water, Acidity Regulators (326, 262), Salt, Emulsifier (451), Sugar, Dextrose (Maize), Antioxidant (316), Sodium N                          | litrito (250) C | olours (Sora        | hum Huck E            | vtract 160h)          |                          |                   |               |   |   |  | Protei<br>Fat. to                         |   | 12.1<br>11.5   | 14.6<br>13.8  |
|   | .iunte (200), O | olouis (Soly        |                       | MIAGE TOOD            | •                        |                   |               |   |   |  |   | ited Fat (q)  | 6.6  | 7.9   |
| Contains gluten and milk.   |                 |                     |                       |                       |                          |                   |               |   |   |  |   | hydrate (g)   | 22.3   | 26.9  |
|   |                 |                     |                       |                       |                          |                   |               |   |   |  | Sugar                                     | , (0)   | 1.6  | 2.0   |
|   |                 |                     |                       |                       |                          |                   |               |   |   |  | Sodiu                                     | m (mg)  | 514  | 619   |
|   | Gluten          | Eggs                | Milk                  | Soy                   | Fish & Crustaea          | Peanuts           | Tree Nuts     | Sesame Se                               | eds Sulp  | hites  | Preservative                              | Flavour   | Colours  |   |
|   | Y               |                     | Y                     |                       |                          |                   |               |   |   |  | Y   |   | Y  |   |
|   |                 |                     |                       |                       |                          |                   |               |   |   |  |   |   |  |   |
| Let a second  |                 |                     |                       |                       |                          |                   |               |   |   |  | Plain                                     |   | with Syru  | p & Butter  |
| Hotcakes  |                 |                     |                       |                       |                          |                   |               |   |   | Avg Qty  |   | Qty /100g   | with Syru<br>Avg Qty /Serve  | <b>p &amp; Butter</b><br>Avg Qty /100g                            |
| Hotcakes<br>HOTCAKES: Water, Wheat Flour, Whey Powder, Maize Flour, Vegetable Oil (Canola), Sugar, Raising Agents (341, 500, 54*  | ), Dextrose, E  | Emulsifiers (4      | 171, 481), <b>E</b>   | <b>gg</b> , Salt, Thi | ckener (415 contains Wh  | neat).            |               | En                                      | ergy (kJ)   | Avg Qty<br>166                                       | /Serve Avg                                | Qty /100g<br>1100   |  |   |
|   | ), Dextrose, E  | Emulsifiers (4      | 171, 481), <b>E</b>   | <b>gg</b> , Salt, Thi | ckener (415 contains Wh  | neat).            |               |   |   | • •  | /Serve Avg                                |   | Avg Qty /Serve   | Avg Qty /100g   |
|   | I), Dextrose, I | Emulsifiers (4      | 171, 481), <b>E</b> i | gg, Salt, Thi         | ckener (415 contains Wh  | neat).            |               | En                                      | ergy (kJ)<br>ergy (Cal)<br>otein (g)  | 166  | /Serve Avg<br>60<br>7                     | 1100  | Avg Qty /Serve<br>2760   | Avg Qty /100g<br>1240   |
| HOTCAKES: Water, Wheat Flour, Whey Powder, Maize Flour, Vegetable Oil (Canola), Sugar, Raising Agents (341, 500, 54   | 1), Dextrose, I | Emulsifiers (4      | 171, 481), <b>E</b>   | <b>gg</b> , Salt, Thi | ckener (415 contains Wh  | neat).            |               | En<br>Pro                               | ergy (Cal)  | 166<br>397   | /Serve Avg<br>60<br>7<br>3                | 1100<br>263   | Avg Qty /Serve<br>2760<br>660<br>11.4<br>19.8                              | Avg Qty /100g<br>1240<br>296<br>5.1<br>8.9                        |
| HOTCAKES: Water, Wheat Flour, Whey Powder, Maize Flour, Vegetable Oil (Canola), Sugar, Raising Agents (341, 500, 54'  | I), Dextrose, I | Emulsifiers (4      | 171, 481), E          | gg, Salt, Thi         | ckener (415 contains Wh  | neat).            |               | En<br>Pro<br>Fai                        | ergy (Cal)<br>otein (g)   | 166<br>397<br>11.                                    | /Serve Avg<br>60<br>7<br>3<br>7           | 1100<br>263<br>7.5  | Avg Qty /Serve<br>2760<br>660<br>11.4                                      | Avg Qty /100g<br>1240<br>296<br>5.1<br>8.9<br>3.7                 |
| HOTCAKES: Water, Wheat Flour, Whey Powder, Maize Flour, Vegetable Oil (Canola), Sugar, Raising Agents (341, 500, 54'  | I), Dextrose, I | Emulsifiers (4      | 171, 481), E          | gg, Salt, Thi         | ckener (415 contains WH  | neat).            |               | En<br>Pro<br>Fai<br>Sa                  | ergy (Cal)<br>otein (g)<br>t, total (g)   | 166<br>39<br>11.<br>10.                              | /Serve Avg<br>60<br>7<br>3<br>7<br>7<br>1 | 1100<br>263<br>7.5<br>7.1   | Avg Qty /Serve<br>2760<br>660<br>11.4<br>19.8                              | Avg Qty /100g<br>1240<br>296<br>5.1<br>8.9                        |
| HOTCAKES: Water, Wheat Flour, Whey Powder, Maize Flour, Vegetable Oil (Canola), Sugar, Raising Agents (341, 500, 54'  | I), Dextrose, I | Emulsifiers (4      | 171, 481), E          | gg, Salt, Thi         | ckener (415 contains WH  | neat).            |               | En<br>Pro<br>Fai<br>Sa<br>Ca            | ergy (Cal)<br>otein (g)<br>t, total (g)<br>turated Fat (g)  | 166<br>397<br>11.<br>10.<br>2.1<br>61.<br>14.        | /Serve Avg<br>50 7                        | 1100<br>263<br>7.5<br>7.1<br>1.4<br>40.7<br>9.4   | Avg Qty /Serve<br>2760<br>660<br>11.4<br>19.8<br>8.2<br>106<br>46.5        | Avg Qty /100g<br>1240<br>296<br>5.1<br>8.9<br>3.7<br>47.7<br>20.8 |
| HOTCAKES: Water, Wheat Flour, Whey Powder, Maize Flour, Vegetable Oil (Canola), Sugar, Raising Agents (341, 500, 54'  | I), Dextrose, I | Emulsifiers (4      | 171, 481), <b>E</b>   | gg, Salt, Thi         | ckener (415 contains Wh  | neat).            |               | En<br>Pro<br>Fai<br>Sa<br>Ca<br>Su      | ergy (Cal)<br>otein (g)<br>t, total (g)<br>turated Fat (g)<br>rbohydrate (g)                          | 166<br>395<br>11.<br>10.<br>2.1<br>61.               | /Serve Avg<br>50 7                        | 1100<br>263<br>7.5<br>7.1<br>1.4<br>40.7  | Avg Qty /Serve<br>2760<br>660<br>11.4<br>19.8<br>8.2<br>106                | Avg Qty /100g<br>1240<br>296<br>5.1<br>8.9<br>3.7<br>47.7         |
| HOTCAKES: Water, Wheat Flour, Whey Powder, Maize Flour, Vegetable Oil (Canola), Sugar, Raising Agents (341, 500, 54'<br>Contains gluten, egg & milk.<br>HOTCAKES are produced in a plant that also produces products containing sesame seeds. | Gluten          | Emulsifiers (4      | Milk                  | gg, Salt, Thi         | ckener (415 contains Wh  | neat).<br>Peanuts | Tree Nuts     | En<br>Pro<br>Fai<br>Sa<br>Ca<br>Su      | ergy (Cal)<br>otein (g)<br>t, total (g)<br>turated Fat (g)<br>rbohydrate (g)<br>gars (g)<br>dium (mg) | 166<br>399<br>11.<br>10.<br>2.1<br>61.<br>14.<br>438 | /Serve Avg<br>50 7                        | 1100<br>263<br>7.5<br>7.1<br>1.4<br>40.7<br>9.4   | Avg Qty /Serve<br>2760<br>660<br>11.4<br>19.8<br>8.2<br>106<br>46.5        | Avg Qty /100g<br>1240<br>296<br>5.1<br>8.9<br>3.7<br>47.7<br>20.8 |
| HOTCAKES: Water, Wheat Flour, Whey Powder, Maize Flour, Vegetable Oil (Canola), Sugar, Raising Agents (341, 500, 54'  | Gluten          |                     |                       |                       |                          |                   | Tree Nuts     | En<br>Pro<br>Fa<br>Sa<br>Ca<br>Su<br>So | ergy (Cal)<br>otein (g)<br>t, total (g)<br>turated Fat (g)<br>rbohydrate (g)<br>gars (g)<br>dium (mg) | 166<br>399<br>11.<br>10.<br>2.1<br>61.<br>14.<br>438 | /Serve Avg<br>50 7 3 7 1 5 2 8            | 1100           263           7.5           7.1           1.4           40.7           9.4           290 | Avg Qty /Serve<br>2760<br>660<br>11.4<br>19.8<br>8.2<br>106<br>46.5<br>536 | Avg Qty /100g<br>1240<br>296<br>5.1<br>8.9<br>3.7<br>47.7<br>20.8 |

| Hotcake Condiments   |                |                       |  |               |                            |                               |               |         |                                    |            | Hotcak     | ke Syrup             | 1                | Whipped But    | ter (2 portions) |
|--|----------------|-----------------------|--|---------------|----------------------------|-------------------------------|---------------|---------|------------------------------------|------------|------------|----------------------|------------------|----------------|------------------|
|  |                |                       |  |               |                            |                               |               |         |                                    | Avg Qt     | ty /Serve  | Avg Q                | ty /100g         | Avg Qty /Serve | Avg Qty /100g    |
| HOTCAKE SYRUP: Corn Syrup, Sugar, Water, Flavour, Preservative (202), Colour (150d).   |                |                       |  |               |                            |                               |               | 1       | Energy (kJ)                        | -          | 760        |                      | 260              | 338            | 2980             |
|  |                |                       |  |               |                            |                               |               | Ī       | Energy (Cal)                       | 1          | 82         | 3                    | 301              | 81             | 713              |
|  |                |                       |  |               |                            |                               |               | 1       | Protein (g)                        | (          | 0.0        | (                    | 0.0              | <0.1           | 0.6              |
| WHIPPED BUTTER: Cream, Salt.   |                |                       |  |               |                            |                               |               | 1       | at, total (g)                      | (          | 0.0        | (                    | 0.0              | 9.1            | 80.0             |
| Contains milk.   |                |                       |  |               |                            |                               |               |         | Saturated Fat (g                   | ) (        | 0.0        | (                    | 0.0              | 6.1            | 53.5             |
|  |                |                       |  |               |                            |                               |               | 0       | Carbohydrate (g                    | <i>,</i>   | 4.7        |                      | 3.9              | 0.1            | 0.9              |
|  |                |                       |  |               |                            |                               |               |         | Sugars (g)                         |            | 2.2        |                      | 3.3              | <0.1           | 0.7              |
|  |                | 0                     |  |               |                            | 1                             |               |         | Sodium (mg)                        |            | 18         |                      | 30               | 79             | 700              |
|  | Gluten         | Eggs                  | Milk                                     | Soy           | Fish & Crustaea            | Peanuts                       | Tree Nuts     | Sesame  | Seeds Su                           | ulphites   | Preser     | rvative              | Flavour          | Colours        |                  |
| Hotcake Syrup  |                |                       | V  |               |                            |                               |               |         |                                    |            | ١          | ſ                    | Y                | Y              |                  |
| Whipped Butter   |                |                       | Ť  |               |                            |                               |               |         |                                    | -          |            |                      |                  |                |                  |
| McMuffin - Bacon & Egg   |                |                       |  |               |                            |                               |               |         |                                    |            | On Whi     |                      |                  |                | meal Muffin      |
| WHITE ENGLISH MUFFIN: Wheat Flour, Water, Yeast, Ground Maize (Preservative 200), Gluten, Sugar, Iodised Salt, Canola  |                |                       |  |               |                            |                               |               |         |                                    |            | ty /Serve  |                      | ty /100g         | 0 1            | Avg Qty /100g    |
| Dough Conditioner 300, Enzymes (Amylase, Xylanase)], Emulsifiers (471, 472e), Antioxidants (304, 307, 330), Food Acids (341  | , 297, 262),   | Enzyme (11            | 01), Vitami                              | ns (Thiamin   | e, ⊦olate).                | C                             | )R            | -       | nergy (kJ)                         |            | 240        |                      | 941              | 1220           | 898              |
|  |                |                       |  |               |                            |                               |               | -       | Energy (Cal)                       |            | 297        |                      | 225              | 292            | 215              |
| WHOLEMEAL MUFFIN: Wheat Flour (Vitamins (Thiamin, Folate)), Water, Wheat Bran, Yeast, Ground Maize, Wheat Germ, Wi   |                |                       |  |               |                            |                               |               | iolarty | Protein (g)                        |            | 6.4        |                      | 2.4              | 18.0           | 13.3             |
|  | ), Wheat Ma    | I <b>lt</b> Flour, En | zymes), Wł                               | neat Flour, E | Emulsifiers (472e, 471), M | ineral Salt (1                | 70), Enzyme   | · · · / | ( <b>Q</b> )                       |            |            |                      |                  |                |                  |
|  | 0 I NI         |                       | -  |               |                            |                               |               | -       | 10                                 | /          | -          |                      |                  |                |                  |
| Specific construction         Specific constructin         Specific constructin         <  |                |                       |  |               |                            |                               |               |         |                                    |            |            |                      |                  |                |                  |
| Shelled Egg.         Saturated Fat (g)         6.2         4.7         5.8         4.2           N: Pork, Water, Salt, Sugar, Emulsifiers (450, 451), Dextrose (Maize, Tapioca), Antioxidant (316), Acidity Regulator (330), Sodium Nitrite (250), Rosemary Extract.         Carbohydrate (g)         26.1         19.8         21.6         15.9  |                |                       |  |               |                            |                               |               |         |                                    |            |            |                      |                  |                |                  |
| Elimited international (number of the international of the internation of the international of the international of the international                        |                |                       |  |               |                            |                               |               |         |                                    |            |            |                      |                  |                |                  |
| Shelled Egg.       Saturated Fat (g)       6.2       4.7       5.8       4.2         V Pork, Water, Salt, Sugar, Emulsifiers (450, 451), Dextrose (Maize, Tapioca), Antioxidant (316), Acidity Regulator (330), Sodium Nitrite (250), Rosemary Extract.       Saturated Fat (g)       6.2       4.7       5.8       4.2         Carbohydrate (g)       26.1       19.8       21.6       15.9         Sec Cheese (Milk, Salt, Culture, Enzymes (Rennet, Lipase)), Water, Milk Solids, Butter, Emulsifiers (340, 452, 331), Salt, Acidity Regulators (260, 330, 339), Colours (160b, 160c), Preservative (200), Soy Lecithin.       Sugars (g)       2.1       1.6       3.0       2.2         anola Oil, Emulsifiers (Soy Lecithin), Flavour, Colour (160a), Acidity Regulator (330)_       Gluten       Eggs       Milk       Soy       Fish & Crustaea       Peanuts       Tree Nuts       Sesame Seeds       Sulphites       Preservative       Flavour       Colours  |                |                       |  |               |                            |                               |               |         |                                    |            |            |                      |                  |                |                  |
| Nr. Pork, Water, Salt, Sugar, Emulsifiers (450, 451), Dextrose (Maize, Tapioca), Antioxidant (316), Acidity Regulator (330), Sodium Nitrite (250), Rosemary Extract.       Carbohydrate (g)       26.1       19.8       21.6       15.9         SE: Cheese (Milk, Salt, Culture, Enzymes (Rennet, Lipase)), Water, Milk Solids, Butter, Emulsifiers (340, 452, 331), Salt, Acidity Regulators (260, 330, 339), Colours (160b, 160c), Preservative (200), Soy Lecithin.       Sugars (g)       2.1       1.6       3.0       2.2         anola Oil, Emulsifiers (Soy Lecithin), Flavour, Colour (160a), Acidity Regulator (330).       Gluten       Eggs       Milk       Soy       Fish & Crustaea       Peanuts       Tree Nuts       Sesame Seeds       Sulphites       Preservative       Flavour       Colours         NS are produced on equipment that also produces products containing sesame seeds.       Y       <   |                |                       |  |               |                            |                               |               |         |                                    |            |            |                      |                  |                |                  |
| Se: Cheese (Milk, Salt, Culture, Enzymes (Renet, Lipase)), Water, Milk Solids, Butter, Enulsifiers (340, 452, 331), Salt, Acidity Regulators (260, 330, 339), Colours (160b, 160c), Preservative (200), Soy Lecithin.       Sugars (g)       2.1       1.6       3.0       2.2         anola Oil, Emulsifiers (Soy Lecithin), Flavour, Colour (160a), Acidity Regulator (330)_       Solium (mg)       673       510       651       479         ins gluten, egg, milk & soy.       Gluten       Eggs       Milk       Soy       Fish & Crustaea       Peanuts       Tree Nuts       Sesame Seeds       Sulphites       Preservative       Flavour       Colours         INS are produced on equipment that also produces products containing sesame seeds.       Y  |                |                       |  |               |                            |                               |               |         |                                    |            |            |                      |                  |                |                  |
|  |                |                       |  |               |                            |                               |               | -       |                                    |            |            |                      |                  |                |                  |
| WHOLEMEAL MUFFIN: Wheat Flour (Vitamins (Thiamin, Folate)), Water, Wheat Bran, Yeast, Ground Maize, Wheat Germ, Wi   |                |                       |  |               |                            |                               |               |         | Energy (Cal)                       |            | 216        |                      | 188              | 209            | 174              |
| Regulators (262, 341, 297), Improver (Soy Flour, Emulsifier (481), Mineral Salts (170), Antioxidant (300), Acidity Regulator (516  | ), Wheat Ma    | I <b>lt</b> Flour, En | zymes), Wł                               | neat Flour, E | Emulsifiers (472e, 471), M | ineral Salt (1                | 70), Enzyme   |         | Protein (g)                        |            | 3.1        |                      | 7.1              | 9.7            | 81               |
| TOMATO SLICE: Tomato.<br>RACON Rate Water Self Surger Emulations (AEO, 451), Deutsons (Maize Tabiana), Antioxident (216), Anidity Degulator (220)  | Codium Nit     | rita (250) D          | non como con como como como como como co | draat         |                            |                               |               | -       | Fat, total (g)<br>Saturated Fat (g |            | 3.1<br>2.4 |                      | 7.0<br>2.1       | 8.3<br>2.1     | 7.0<br>1.8       |
| BACON: Pork, Water, Salt, Sugar, Emulsifiers (450, 451), Dextrose (Maize, Tapioca), Antioxidant (316), Acidity Regulator (330)<br>SHREDDED LETTUCE: Iceberg Lettuce.   | , Souluitt Nit | nie (200), R          | USEIIIdi y E                             | add.          |                            |                               |               | -       | Carbohydrate (g                    |            | 6.5        |                      | 3.1              | 2.1            | 1.0              |
| STIREDBED EL TTOGE. ICEDETY LEILIDE.   |                |                       |  |               |                            |                               |               | -       | Sugars (g)                         |            | 2.3        |                      | 2.0              | 3.3            | 2.7              |
| MAYONNAISE: Water, Soybean Oil (Antioxidant (330), Egg Yolks, Modified Corn Starch (1401,1442), Corn Syrup Solids, Distil  | led Vinegar.   | Salt. Sugar.          | Mustard F                                | lour. Thicke  | ner (415). Acidity Regulat | or (270). Pres                | servative (20 | -       | Sodium (mg)                        |            | 528        |                      | 159              | 486            | 405              |
| SPRAY COOKING OIL: Canola Oil, Emulsifier (322 - derived from Soy), Flavour, Colour (160a), Acidity Regulator (330).   |                | ,3,                   |  | ,             |                            | ( ),                          |               | _/·     | ( )/                               |            | 20         |                      |                  | 100            | 100              |
| Contains gluten, egg & soy.  | Gluten         | Eggs                  | Milk                                     | Soy           | Fish & Crustaea            | Peanuts                       | Tree Nuts     | Sesame  | Seeds Su                           | ulphites   | Preser     | rvative              | Flavour          | Colours        |                  |
| ENGLISH MUFFINS are produced on equipment that also produces products containing sesame seeds.   | Y              | Y                     |  | Y             |                            |                               |               | Т       |                                    |            | Y          | (                    | Y                | Y              |                  |
|  |                |                       |  |               |                            |                               |               |         |                                    |            |            |                      | /holemeal        |                |                  |
| <u>McMuffin - with Jam</u>   |                |                       |  |               |                            |                               |               | Plain   | White Muffin                       | With       | h Jam      | M                    | uffin            | Wholemeal M    | uffin With Jam   |
| WHITE ENGLISH MUFFIN: Wheat Flour, Water, Yeast, Ground Maize (Preservative 200), Gluten, Sugar, Iodised Salt, Canola<br>Emulsifier 481, Mineral Salt (170, 516), Malt Flour, Dough Conditioner 300, Enzymes (Amylase, Xylanase)], Emulsifiers (471, 47  |                |                       |  |               |                            |                               |               | Avg Qty | Serve Avg Q<br>/100g               |            |            | Avg<br>Qty<br>/Serve | Avg Qty<br>/100g | Avg Qty /Serve | Avg Qty /100g    |
| 262), Enzyme (1101), Vitamins (Thiamine, Folate). OR   | <i>,.</i>      |                       | . ,.                                     |               |                            | Energy (kJ)                   |               | 618     | 1100                               | 822        | 1110       | 593                  | 988              | 779            | 1030             |
| WHOLEMEAL MUFFIN: Wheat Flour (Vitamins (Thiamin, Folate)), Water, Wheat Bran, Yeast, Ground Maize, Wheat Germ, Wheat Wheat Germ, Wheat Maize, Wheat Maize, Wheat Maize, Wheat Germ, Wheat Maize, Wheat Maize, Wheat Maize, Wheat Germ, Wheat Maize, Wheat Germ, Wheat Maize, Wheat Maize, Wheat Germ, Wheat Maize, Wheat Maize, Wheat Maize, Wheat Germ, Wheat Maize, Wheat | neat Gluten,   | Sugar, Iodi           | sed Salt, Pi                             | eservative (  | (282), Vegetable (Canola)  | Energy (Ca                    | )             | 148     | 262                                | 197        | 266        | 142                  | 236              | 185            | 243              |
| Oil (Antioxidant (330)), Acidity Regulators (262, 341, 297), Improver (Soy Flour, Emulsifier (481), Mineral Salts (170), Antioxidar<br>Flour, Emulsifiers (472e, 471), Mineral Salt (170), Enzyme (1100).  |                |                       |  |               |                            | Protein (g)<br>Fat, total (g) | )             | 4.4     | -                                  | 4.7<br>3.0 | 6.3<br>4.1 | 6.0<br>3.3           | 10.0<br>5.4      | 6.1<br>3.3     | 8.1<br>4.3       |
| STRAWBERRY JAM: Sugar, Strawberries, Vegetable Gum (440), Acidity Regulator (330).   |                |                       |  |               |                            | Saturated F                   |               | 0.8     | 1.5                                | 0.9        | 1.2        | 0.4                  | 0.7              | 0.4            | 0.6              |
| OIL: Canola Oil, Emulsifiers (Soy Lecithin), Flavour, Colour (160a), Acidity Regulator (330).  |                |                       |  |               |                            | Carbohydra                    | te (g)        | 24.     | 43.8                               | 36.3       | 49.0       | 20.1                 | 33.5             | 30.8           | 40.5             |
| Contains gluten & soy.   |                |                       |  |               |                            | Sugars (g)                    |               | 1.1     | 2.0                                | 11.2       | 15.2       | 2.0                  | 3.4              | 11.8           | 15.6             |
| MUFFINS are produced on equipment that also produces products containing sesame seeds  |                |                       |  |               |                            | Sodium (mg                    | a)            | 268     | 476                                | 277        | 374        | 245                  | 408              | 248            | 326              |
| Note: Available with your choice of Vegemite ™, Honey OR Strawberry Jam.   | Gluten         | Eggs                  | Milk                                     | Soy           | Fish & Crustaea            | Peanuts                       | Tree Nuts     | Sesame  | Seeds Su                           | ulphites   | Preser     | rvative              | Flavour          | Colours        |                  |
|  | Ý              |                       | 1  | Y             | 1                          | 1                             |               | L T     |                                    |            | 1 )        | r                    | Y                | Ý              |                  |

| Multiful Mathew         Or         Out invitation           Multiful Mathew         OR           Stall Multifier         Whet Stall Studies         Stall Studi  |
|--|
| Multicity Elevent       Mu   |
| International (200)       Paint (20  |
| Regulators (282, 341, 27), Improver (Say Flour, Emulaitier (431), Mineral Satts (170), Antioxidant (300), Acidity Regulator (516), Wheat Mait Flour, Enzymes), Wheat Flour, Emulaitiers (472e, 471), Mineral Satt (170), Enzyme (1100),       Protein (g)       28.3       13.8       29.8         SAUSAGE PATTY, Beef, Seasoning [Salt, Dried Glucces Syrup (from wheat), Succese, Spices, Vegetable Powders (Sarlis, Chroin), Mineral Satt (341), Hydrolysed Vegetable Powler (100), Antidy Regulator (300), South Nither (250), Rosemary Extract.       Protein (g)       28.3       13.8       29.8         SAUSAGE PATTY, Beef, Seasoning [Salt, Dried Glucces Syrup (from wheat), Succese, Spices, Vegetable Powders (Sarlis, Chroin), Mineral Satt (341), Hydrolysed Vegetable Powler, (160), Floic), Preservative (200), Soy Lecitin.       Protein (g)       28.3       13.8       29.8         SAUSAGE PATTY, Beef, Seasoning [Salt, Dried Glucces Syrup, Unergen, Salt, Spice, Chrose GMIII, Salt, Culture, Enzymes (Rament, Lipsee), Water, Milk Solds, Butter, Emulatifiers (340, 452, 331), Salt, Acidity Regulators (260, 330, 339), Colours (160), Floic), Preservative (200), Soy Lecitin.       Sugars (g)       5.7       1.4       22.6         Chrosh Synup, Tempsen, Salt, Spice, Chrose GMIIII, Salt, Culture, Enzymes (Rament, Lipsee), Water, Milk Solds, Butter, Emulatifiers (340, 452, 331), Salt, Acidity Regulators (260, 300, 339), Colours (160), Floic), Preservative (200), Soy Lecitin.       Sugars (g)       5.7       Y       Y       Y       Y       Y       Y       Y       Y       Y       Y       Y       Y       Y       Y       Y<   |
| SALLBACE PATTY, Beet, Seasoning (Salt, Dried Glucose Synup (from wheat), Sucrose, Spices, Vegetable Powders (Garlic, Onion), Mineral Salt (341), Hydrolysed Vegetable Protein (from soy), Antioxidant (306), Canola Oli, Spice         Salurated Fail (g)         10.8         52         10.4           Editacts),<br>BACQM: Pork, Water, Salt, Sugar, Emulatilers (450, 451), Dextose (Maixe, Tapices), Nation, dant (316), Addity Regulator (330), Sodum Nithite (250), Rosemary Extract.         Salurated Fail (g)         31.6         15.4         26.4           CHEESE: Cheese (Milk, Salt, Culture, Enzymes (Remet, Lesse)), Water, Milk Solds, Butter, Emulatifiers (340, 452, 331), Salt, Addity Regulator (330),<br>Coutiner galan, aga, milk & day:         National NL Emulatifiers (360, Canola OL), Addity Regulator (320).         Y  |
| Edracts] Edracts Edrac |
| Extracts].  |
| CHEESE: Cheese (Milk Salt, Culture, Enzymes (Rennet, Lipase)), Water, Milk Solds, Butter, Emulsifiers (340, 452, 331), Salt, Acidity Regulators (260, 330, 339), Colours (160b, 160c), Preservative (200), Soy Lecithin.       Sodum (mg)       1240       604       1190         Contains (Soy Lecithin, Enzymes (Rennet, Lipase)), Water, Milk Solds, Butter, Emulsifiers (340, 452, 331), Salt, Acidity Regulators (280, 330, 339), Colours (160b, 160c), Preservative (200), Soy Lecithin.       Sesame Seeds       Sulphites       Preservative (200, Colours (160a, Acidity Regulators (200, Colours (160a, Acidity Regulators (200, 200, 200, 200, 200, 200, 200, 200   |
| KETCHUP       Water, Tomato Paste, High Fructose Corn Syrup, Glucose Syrup, Vinegar, Salt, Spice.         QIL       Contains guter, age, mik & sy.       Gluten Eggs       Mik       Soy       Fish & Crustaee       Peanuts       Tree Nuts       Sesame Seeds       Sulphites       Preservative       Fish & Crustaee         MUEFINS are produced on equipment that also produces products containing sesame seeds.       Y  |
| QIL_Canala Oil, Emulsifiers (Soy Lecithin), Flavour, Colour (160a), Acidity Regulator (330).         Contains gluten, egg, milk & soy.       Gluten       Eggs       Milk       Soy       Fish & Crustaea       Peanuts       Tree Nuts       Sesame Seeds       Sulphites       Preservative       Flavour, Colour         MUFFINS are produced on equipment that also produces products containing sesame seeds.       Y   |
| Oll. Canola Oil, Emulsifiers (Soy Lecithin), Flavour, Colour (180a), Acidity Regulator (330).         Out/Fin/S are produced on equipment that also produces products containing sesame seeds.       Y <t< td=""></t<>   |
| MUFFINS are produced on equipment that also produces products containing sesame seeds.         Y   |
| MUFFINS are produced on equipment that also produces products containing sesame seeds.         Y   |
| Industry - 2adsaud:       Market Flour, Water, Yeast, Sugar, lodised Salt, Vinegar, Canola Oil, Gluten, Emulsifiers (472e, 481 derived from Soy)l, Preservatives (200, 282), Soy Flour, Ground Maize, Mineral Salt (170), Acidity Regulators (262, 297),       Avg Qty / Serve       Avg Qt  |
| ENGLISH MUFFIN:         Whater Flour, Water, Yeast, Sugar, Iodised Salt, Vinegar, Canola Oil, Gluten, Emulsifiers (472e, 481 derived from Soy), Preservatives (200, 282), Soy Flour, Ground Maize, Mineral Salt (170), Acidity Regulators (262, 297),         Avg Qty /Seve         Avg Qty /Seve /Seve         Avg Qty /Seve         Avg Qty /  |
| WHOLEMEAL MUFFIN: Wheat Flour (Vitamins (Thiamin, Folate)), Water, Wheat Bran, Yeast, Ground Maize, Wheat Germ, Wheat Germ, Wheat Gluten, Sugar, Iodised Salt, Preservative (282), Vegetable (Canola) Oil (Antioxidant (330)), Acidity       Energy (Cal)       297       272       291         Regulators (262, 341, 297), Improver (Soy Flour, Emulsifier (481), Mineral Salts (170), Antioxidant (300), Acidity Regulator (516), Wheat Malt Flour, Enzymes), Wheat Flour, Emulsifiers (472e, 471), Mineral Salt (170), Enzyme (1100).       Energy (Cal)       297       272       291         SAUSAGE PATTY: Beef, Seasoning [Salt, Dried Glucose Syrup (from wheat), Sucrose, Spices, Vegetable Powders (Garlic, Onion), Mineral Salt (341), Hydrolysed Vegetable Protein (from soy), Antioxidant (306), Canola Oil, Spice       Fat. total (g)       14.2       13.0       14.6         Saturates Fat. (bild, Guide, Butter, Enzymes (Rennet, Lipase)), Water, Milk Solids, Butter, Emulsifiers (340, 452, 331), Salt, Acidity Regulators (260, 330, 339), Colours (160b, 160c), Preservative (200), Soy Lecithin.       Carbohydrate (g)       25.7       23.5       21.1         Contains gluten, milk & soy.       Gluten       Eggs       Milk       Soy       Fish & Crustaea       Peanuts       Tere Nuts       Seasame Seeds       Sulphites       Preservative       Flavour       Colours         Contains gluten, milk & soy.       Gluten, Emulsifiers (Milk Folks are produced on equipment that also produces products containing sesame seeds.       Y       Y       Y       Y       Y       Y <td< td=""></td<>  |
| Introduction of the service (26), 110; Wheel Thild,                                 |
| Subscree Partry: Beef, Seasoning (Salt, Dried Glucose Syrup (from wheat), Sucrose, Spices, Vegetable Powders (Garlic, Onion), Mineral Salt (341), Hydrolysed Vegetable Protein (from soy), Antioxidant (306), Canola Oil, Spice       Fat. total (g)       14.2       13.0       14.6         Subscree Partry: Beef, Seasoning (Salt, Dried Glucose Syrup (from wheat), Sucrose, Spices, Vegetable Powders (Garlic, Onion), Mineral Salt (341), Hydrolysed Vegetable Protein (from soy), Antioxidant (306), Canola Oil, Spice       Fat. total (g)       14.2       13.0       14.6         Subscree Partry: Beef, Seasoning (Salt, Dried Glucose Syrup (from wheat), Sucrose, Spices, Vegetable Powders (Garlic, Onion), Mineral Salt (341), Hydrolysed Vegetable Protein (from soy), Antioxidant (306), Canola Oil, Spice       Fat. total (g)       14.2       13.0       14.6         CHEESE: Cheese (Milk, Salt, Culture, Enzymes (Rennet, Lipase)), Water, Milk Solids, Butter, Emulsifiers (340, 452, 331), Salt, Acidity Regulators (260, 330, 339), Colours (160b, 160c), Preservative (200), Soy Lecithin.       Saturated Fat (g)       7.4       6.8       6.9         OIL: Canola Oil, Emulsifiers (Soy Lecithin), Flavour, Colour (160a), Acidity Regulator (330).       14.6       Saturated Fat (g)       7.4       6.8       6.9         Contains gluten, milk & soy.       Eduten       Eggs       Milk       Soy       Fish & Crustaea       Peanuts       Tree Nuts       Sesame Seeds       Sulphites       Preservative       Flavour       Colours         ENGLISH MUFFINS Water Flour, Water Y eas   |
| Extracts]. CHEESE: Cheese (Milk, Salt, Culture, Enzymes (Rennet, Lipase)), Water, Milk Solids, Butter, Emulsifiers (340, 452, 331), Salt, Acidity Regulators (260, 330, 339), Colours (160b, 160c), Preservative (200), Soy Lecithin.  Saturated Fat (g) 7.4 6.8 6.9 Carbohydrate (g) 25.7 23.5 21.1 Sugars (g) 1.7 1.6 2.6 Sodium (mg) 608 557 586 Contains gluten, milk & soy. ENGLISH MUFFINS are produced on equipment that also produces products containing sesame seeds.  Y Y Y Y C N McMuffin - Sausage and Egg ENGLISH MUFFIN: Water, Yeast, Sugar, Iodised Salt, Vinegar, Canola Oil, Gluten, Emulsifiers (472e, 481 derived from Soy)!, Preservatives (200, 282), Soy Flour, Ground Maize, Mineral Salt (170), Acidity Regulators (262, 297), Dough Conditioners (300, 516), Enzyme (1100), Vitamin (Thiamin, Folate).  Rend Uffin - Sausage and Egg ENGLISH MUFFIN: Water (1100), Vitamin (Thiamin, Folate).  OR   |
| CHEES:         Cheese (Milk, Salt, Culture, Enzymes (Rennet, Lipase)), Water, Milk Solids, Butter, Emulsifiers (340, 452, 331), Salt, Acidity Regulators (260, 330, 339), Colours (160b, 160c), Preservative (200), Soy Lecithin.         Carbohydrate (g)         25.7         23.5         21.1           OIL:         Carbohydrate (g)         25.7         23.5         21.1         Sugars (g)         1.7         1.6         2.6           Contains gluten, milk & soy.         Endlish MUFFINS are produced on equipment that also produces products containing sesame seeds.         Y  |
| Oll:         Canola Oil, Emulsifiers (Soy Lecithin), Flavour, Colour (160a), Acidity Regulator (330).         Sugars (g)         1.7         1.6         2.6           Contains gluten, milk & soy.         Sodium (mg)         608         557         586         587         586         586         586         586         586         586         586         586         587         586         587         586         586         587         586         587         586         586         586         587         586         587         586         587         586         587         586  |
| Solid         Solid <th< td=""></th<>  |
| Contains gluten, milk & soy.       Gluten       Eggs       Milk       Soy       Fish & Crustaea       Peanuts       Tree Nuts       Sesame Seeds       Sulphites       Preservative       Flavour       Colours         ENGLISH MUFFINS are produced on equipment that also produces products containing sesame seeds.       Y       Y       Y       Y       T       T       Y       Y       Y       Y         McMuffin - Sausage and Egg       Milk NUFFINS are produced on equipment that also produces products containing sesame seeds.       On White Muffin       On White Muffin       On White Muffin         Negative Conditioners (300, 516), Enzyme (1100), Vitamin (Thiamin, Folate).       OR       Negative Conditioners (200, 282), Soy Flour, Ground Maize, Mineral Salt (170), Acidity Regulators (262, 297), Image Conditioners (300, 516), Enzyme (1100), Vitamin (Thiamin, Folate).       OR       Avg Qty /Serve / Avg Qty /Serve   |
| ENGLISH MUFFINS are produced on equipment that also produces products containing sesame seeds.         Y   |
| McMuffin - Sausage and Egg         On White Muffin         On White Muffin         On White Muffin         On White Muffin           ENGLISH MUFFIN: Wheat Sausage and Egg         Solution (Thiamin, Foldet).         Nor White Muffin         Avg Qty /Serve         Avg Qty /Serve <t< td=""></t<>   |
| Inclusion         Sausage and Egg           Note of the end of  |
| Dough Conditioners (300, 516), Enzyme (1100), Vitamin (Thiamin, Folate).         OR         Avg Guy Server  |
|  |
| WHOLEMEAL MUFFIN: Wheat Flour (Vitamins (Thiamin, Folate)). Water Wheat Bran, Yeast, Ground Maize, Wheat Germ, Wheat Gluten, Sugar, Jodised Salt, Preservative (282). Vegetable (Canola) Oil (Antioxidant (330)). Acidity Energy (Cal) 369 235 363   |
|  |
| Regulators (262, 341, 297), Improver (Soy Flour, Emulsifier (481), Mineral Salts (170), Antioxidant (300), Acidity Regulator (516), Wheat Malt Flour, Enzymes), Wheat Flour, Emulsifiers (472e, 471), Mineral Salt (170), Enzyme (1100). Protein (g) 21.2 13.5 22.8  |
| SAUSAGE PATTY: Beef, Seasoning [Salt, Dried Glucose Syrup (from wheat), Sucrose, Spices, Vegetable Powders (Garlic, Onion), Mineral Salt (341), Hydrolysed Vegetable Protein (from soy), Antioxidant (306), Canola Oil, Spice Fat, total (g) 19.6 12.4 19.9  |
| Extracts]. 844 Fat (g) 9.0 5.7 8.6   |
| EGG: Fresh, Shelled Egg. 25.8 16.4 21.3  |
| CHEESE:         Cheese (Milk, Salt, Culture, Enzymes (Rennet, Lipase)), Water, Milk Solids, Butter, Emulsifiers (340, 452, 331), Salt, Acidity Regulators (260, 330, 339), Colours (160b, 160c), Preservative (200), Soy Lecithin.         Sugars (g)         1.2         2.7  |
| <u>OIL:</u> Canola Oil, Emulsifiers ( <b>Soy</b> Lecithin), Flavour, Colour (160a), Acidity Regulator (330).   |
| Contains gluten, egg, milk & soy. Fish & Crustaea Peanuts Tree Nuts Sesame Seeds Sulphites Preservative Flavour Colours  |
| ENGLISH MUFFINS are produced on equipment that also produces products containing sesame seeds. Y Y Y Y Y   |
| Avg Qty /Serve /   |
| EGG: Fresh, Shelled Egg.<br><u>TORTILLA:</u> Wheat Flour [Thiamine, Folic Acid], Water, Vegetable Shortening [Antioxidant (320)], Sugar, Baking Powder [Mineral Salts (450, 500, 341)], Acidity Regulator (297), Mineral Salt (500), Preservative (282), Yeast. Energy (KJ) 371  |
|  |
| TOMATO: Tomato Slice<br>SOUTHERN STYLE BBQ SAUCE: Water, Tomato Paste, Invert Sugar Syrup, Sugar, Vinegar, Apple Puree, Thickener (1422), Salt, Worcestershire, Spices, Colour (150c), Onion, Garlic, Preservative (202), Vegetable Gum (415), Smoke Flavour. Fat, total (g) 18.3  |
|  |
|  |
| BACON: Pork, Water, Salt, Sugar, Emulsifiers (450, 451), Dextrose (Maize, Tapioca), Antioxidant (316), Acidity Regulator (330), Sodium Nitrite (250), Rosemary Extract.  |
| OIL: Canola Oil, Emulsifiers (Soy Lecithin), Flavour, Colour (160a), Acidity Regulator (330).  |
| OIL: Canola Oil, Emulsifiers (Soy Lecithin), Flavour, Colour (160a), Acidity Regulator (330).  |
| OIL: Canola Oil, Emulsifiers (Soy Lecithin), Flavour, Colour (160a), Acidity Regulator (330).  |

|  |                        |                |              |               |                                   |                |               |                  |              |         |              |                    | 1              | 1              |
|--|------------------------|----------------|--------------|---------------|-----------------------------------|----------------|---------------|------------------|--------------|---------|--------------|--------------------|----------------|----------------|
| Wrap - English Brekkie   |                        |                |              |               |                                   |                |               |                  |              |         |              |                    | Avg Qty /Serve | Avg Qty /100g  |
| EGG: Fresh, Shelled Egg.   |                        |                |              |               |                                   |                |               |                  |              |         |              | gy (kJ)            | 1990           | 905            |
| TORTILLA: Wheat Flour [Thiamine, Folic Acid], Water, Vegetable Shortening [Antioxidant (320)], Sugar, Baking Powder [Mine  | ral Salts (450         | , 500, 341)],  | Acidity Regu | ulator (297), | Mineral Salt (500), Pres          | ervative (282  | !), Yeast     |                  |              |         | Energ        | gy (Cal)           | 477            | 217            |
| SAUSAGE PATTY: Beef, Seasoning [Salt, Dried Glucose Syrup (from wheat), Sucrose, Spices, Vegetable Powders (Garlic, C  | nion), Minera          | l Salt (341),  | Hydrolysed V | /egetable P   | rotein (from <b>soy</b> ), Antiox | idant (306), ( | Canola Oil, S | Spice Extracts]. |              |         | Protei       | in (g)             | 27.4           | 12.5           |
| SOUTHERN STYLE BBQ SAUCE: Water, Tomato Paste, Invert Sugar Syrup, Sugar, Vinegar, Apple Puree, Thickener (1422)   | Salt, Worces           | tershire, Sp   | ices, Colour | (150c), Oni   | on, Garlic, Preservative (        | 202), Vegeta   | able Gum (4   | 15), Smoke Fla   | avour.       |         | Fat, to      | otal (g)           | 26.7           | 12.1           |
| BACON: Pork, Water, Salt, Sugar, Emulsifiers (450, 451), Dextrose (Maize, Tapioca), Antioxidant (316), Acidity Regulator (33                                     | ), Sodium Nit          | trite (250), R | osemary Ext  | ract.         |                                   |                |               |                  |              |         | Satur        | ated Fat (g)       | 10.5           | 4.8            |
| OIL: Canola Oil, Emulsifiers (Soy Lecithin), Flavour, Colour (160a), Acidity Regulator (330).  |                        |                |              |               |                                   |                |               |                  |              |         | Carbo        | ohydrate (g)       | 30.7           | 13.9           |
|  |                        |                |              |               |                                   |                |               |                  |              |         | Sugar        | rs (q)             | 8.9            | 4.1            |
| Contains gluten, egg, soy.   |                        |                |              |               |                                   |                |               |                  |              |         | Sodiu        | im (mg)            | 809            | 368            |
| BBQ Sauce contains traces of fish and gluten   | Gluten                 | Eggs           | Milk         | Soy           | Fish & Crustaea                   | Peanuts        | Tree Nuts     | Sesame See       | eds Sul      | phites  | Preservative |                    | Colours        |                |
| · · · · · · · · · · · · · · · · · · ·  | Y                      | Y              |              | Y             | T - FISH                          |                |               |                  |              |         | Y            | Y                  | Y              |                |
| COLD DRINKS  |                        |                |              |               |                                   |                |               |                  |              |         |              |                    |                |                |
|  |                        |                |              |               |                                   |                | 1             |                  |              |         |              |                    |                |                |
| Apple & Elderflower Flavoured Soda   |                        |                |              |               |                                   |                |               | Small            | <u>.</u>     |         | Medium       | a                  |                | arge           |
| SPRITE : Carbonated Water, Sugar, Acidity Regulators (330, 331), Flavour, Preservative (211).<br>ICE: Water.   |                        |                |              |               | <b>Factor</b> 0.0                 |                | Avg Qty       |                  | g Qty /100mL |         | serve Avg    | -                  |                | Avg Qty /100mL |
| ICE: water.<br>APPLE & ELDERFLOWER FLAVOURED SYRUP: Sugar, Water, Food Acids (330, 296), Flavourings, Preservatives (211, 202                                    | ) Colour (150          | )d)            |              |               | Energy (kJ)<br>Energy (Ca         |                | 48            |                  | 152<br>36    | 738     |              | 172<br>40          | 1040<br>245    | 182<br>43      |
| AFFEL & LEDEN EDWENTERVOUNED STILD. Sugar, Waler, 1 000 Adus (330, 230), 1 lavounings, Freservalives (211, 202   | <i>)</i> , colour (150 | Juj.           |              |               | Protein (g)                       | 1)             | 0.            | -                | <0.1         | 0.1     |              | <0.1               | 0.1            | 43<br><0.1     |
| FLAVOURED SYRUP may contain TRACES of sulphites.   |                        |                |              |               | Fat, total (g                     | )              | 0.            |                  | 0.0          | 0.0     |              | 0.0                | 0.0            | 0.0            |
|  |                        |                |              |               | Saturated F                       | ,              | 0.            | -                | 0.0          | 0.0     |              | 0.0                | 0.0            | 0.0            |
|  |                        |                |              |               |                                   |                |               |                  |              |         |              |                    |                |                |
| Sugars (g)         28.2         8.9         43.2         10.1         61.           Sodium (mg)         34         11         49         11         67           |                        |                |              |               |                                   |                |               |                  |              |         |              |                    |                | 10.6           |
|  |                        |                |              |               | Sodium (m                         | g)             | 34            | 1                | 11           | 49      |              | 11                 | 67             | 12             |
|  | Gluten                 | Eggs           | Milk         | Soy           | Fish & Crustaea                   | Peanuts        | Tree Nuts     | Sesame See       | eds Sul      | lphites | Preservative | Flavour            | Colours        |                |
|  |                        |                |              |               |                                   |                |               |                  |              | T       | Y            | Y                  | Y              |                |
| Anala later Boter later  |                        |                |              |               | •                                 |                |               |                  |              |         |              |                    | Ava Oty /Serve | Avg Qty /100mL |
| Apple Juice - Extra Juicy<br>Reconstituted Apple Juice, Food Acid (330), Flavour, Preservatives (211, <b>223</b> ), Vitamin C (300).                             |                        |                |              |               |                                   |                |               |                  |              |         | Energ        | ny (k l)           | 468            | 187            |
| Reconstituted Apple Juice, Food Acid (350), Flavour, Fleservatives (211, <b>223</b> ), vitamin C (300).  |                        |                |              |               |                                   |                |               |                  |              |         |              | ay (Cal)           | 112            | 45             |
| Contains sulphites.  |                        |                |              |               |                                   |                |               |                  |              |         | Protei       |                    | <1.0           | <1.0           |
| our and appreces   |                        |                |              |               |                                   |                |               |                  |              |         |              | otal (q)           | <1.0           | <1.0           |
|  |                        |                |              |               |                                   |                |               |                  |              |         |              | ated Fat (q)       | 0.0            | 0.0            |
|  |                        |                |              |               |                                   |                |               |                  |              |         |              | phydrate (g)       | 27.5           | 11.0           |
|  |                        |                |              |               |                                   |                |               |                  |              |         | Sugar        | , (0)              | 27.5           | 11.0           |
|  |                        |                |              |               |                                   |                |               |                  |              |         | -            | im (mg)            | 13             | 5              |
|  | Gluten                 | Eggs           | Milk         | Soy           | Fish & Crustaea                   | Peanuts        | Tree Nuts     | Sesame See       | eds Sul      | phites  | Preservative | ( 0)               | Colours        | -              |
|  |                        | -33-           |              | ,             |                                   |                |               |                  |              | Y       | Y            | Y                  |                |                |
| Character Flavoural Milk, Calainum   |                        |                |              |               |                                   |                |               |                  |              |         |              |                    | Ava Otv /Serve | Avg Qty /100mL |
| Chocolate Flavoured Milk - Calciyum<br>Low Fat Milk, Milk Solids Non-Fat, Sugar, Cocoa, Vegetable Gums (460, 466, 407), Mineral (Calcium Carbonate), Flavours, V | itomin D               |                |              |               |                                   |                |               |                  |              |         | Energ        | n (k l)            | 633            | 253            |
| LOW Fat MIIK, MIIK Solids Note-Fat, Sugar, Cocoa, vegetable Guitis (400, 400, 407), Millerar (Calciulti Caldonate), Flavouis, V                                  | ildinin D.             |                |              |               |                                   |                |               |                  |              |         |              | ,                  | 151            | 61             |
| Contains milk.   |                        |                |              |               |                                   |                |               |                  |              |         | Protei       | gy (Cal)<br>in (g) | 8.3            | 3.3            |
|  |                        |                |              |               |                                   |                |               |                  |              |         |              | otal (g)           | 3.5            | 1.4            |
|  |                        |                |              |               |                                   |                |               |                  |              |         |              | ated Fat (g)       | 2.3            | 0.9            |
|  |                        |                |              |               |                                   |                |               |                  |              |         |              | ohydrate (g)       | 21.0           | 8.2            |
|  |                        |                |              |               |                                   |                |               |                  |              |         | Sugar        | , (0)              | 20.0           | 8.0            |
|  |                        |                |              |               |                                   |                |               |                  |              |         |              | im (mg)            | 98             | 39             |
|  | Gluten                 | Eggs           | Milk         | Soy           | Fish & Crustaea                   | Peanuts        | Tree Nuts     | Sesame See       | eds Sul      | lphites | Preservative | ( <b>Q</b> )       | Colours        |                |
|  | Ciaton                 | -390           | Y            | ,             |                                   | . canato       |               | 20000000000      | 00           |         |              | Y                  | 0010010        |                |
|  |                        |                |              |               |                                   |                |               |                  |              |         |              |                    |                |                |

|  |                |                 |        |     |                |                     |              | Small      |               | N                                       | ledium            | L              | arge             |
|--|----------------|-----------------|--------|-----|----------------|---------------------|--------------|------------|---------------|---|-------------------|----------------|------------------|
| Coca Cola  |                |                 |        |     |                |                     | Avg Qty      | /Serve A   | vg Qty /100mL | Avg Qty /Serv                           | e Avg Qty /100mL  |                | Avg Qty /100mL   |
| COCA COLA®: Carbonated Water, Sugar, Colour (150d), Acidity Regulator (338), Flavour, Caffeine                             |                |                 |        |     | Energ          | gy (kJ)             | 42           |            | 140           | 612                                     | 150               | 937            | 159              |
| ICE: Water   |                |                 |        |     |                | gy (Cal)            | 10           |            | 34            | 146                                     | 36                | 224            | 38               |
|  |                |                 |        |     |                | ein (g)             | 0.0          | )          | 0.0           | 0.0                                     | 0.0               | 0.0            | 0.0              |
|  |                |                 |        |     | Fat, t         | total (g)           | 0.0          | )          | 0.0           | 0.0                                     | 0.0               | 0.0            | 0.0              |
|  |                |                 |        |     | Satur          | rated Fat (g)       | 0.0          | )          | 0.0           | 0.0                                     | 0.0               | 0.0            | 0.0              |
|  |                |                 |        |     | Carbo          | ohydrate (g)        | 25.          | 2          | 8.3           | 36.0                                    | 8.8               | 55.1           | 9.3              |
|  |                |                 |        |     | Suga           | ars (g)             | 25.          | 2          | 8.3           | 36.0                                    | 8.8               | 55.1           | 9.3              |
|  |                |                 |        |     | Sodiu          | um (mg)             | 23           |            | 8             | 33                                      | 8                 | 50             | 8                |
|  | Gluten         | Eggs            | Milk   | Soy | Fish & Crusta  |                     | ts Tree Nuts | Sesame Se  | eds Suli      | phites Pres                             | ervative Flavour  | Colours        |                  |
|  |                | -33-            |        |     |                |                     |              |            |               |   | Y                 | Y              |                  |
|  | 1              | 1               | 1      | 1   |                |                     |              | Small      |               |   | ledium            | L              | arge             |
| Coke Zero  |                |                 |        |     |                |                     | Avg Qty      |            | vg Qty /100mL | Avg Qty /Serv                           |                   |                | Avg Qty /100mL   |
| COKE ZERO: Carbonated Water, Colour (150d), Food Acids (338, 331), Flavour, Artificial Sweeteners (951, 950), Preservativ  | o (211) Caff   | aina            |        |     | Ener           | gy (kJ)             | 3            |            | 1             | 5                                       | 1                 | 8              | 1                |
| <u>ICE:</u> Water  | 5 (211), Odii  | 51110.          |        |     |                | gy (Cal)            | 1            |            | 0             |   | <1                | 2              | <1               |
|  |                |                 |        |     |                | ein (q)             | 0.1          |            | <0.1          | 0.2                                     | <0.1              | 0.3            | <0.1             |
| Contains Phenylalanine   |                |                 |        |     |                | total (q)           | 0.0          |            | 0.0           | 0.0                                     | 0.0               | 0.0            | 0.0              |
|  |                |                 |        |     |                | rated Fat (g)       | 0.0          |            | 0.0           | 0.0                                     | 0.0               | 0.0            | 0.0              |
|  |                |                 |        |     |                | ohydrate (g)        | <0.          |            | <0.1          | <0.1                                    | <0.1              | <0.1           | <0.1             |
|  |                |                 |        |     |                | ars (g)             | 0.0          |            | 0.0           | 0.0                                     | 0.0               | 0.0            | 0.0              |
|  |                |                 |        |     |                | um (mg)             | 34           |            | 11            | 49                                      | 12                | 75             | 13               |
|  | Gluten         | Eggs            | Milk   | Soy | Fish & Crusta  |                     | -            | Sesame Se  |               |   | ervative Flavour  | Colours        | 10               |
|  | Giuten         | Lyys            | IVIIIK | 30y | TISIT & CIUSIA | iea realit          |              | Jesaine Je | eus Sui       | printes Pres                            |                   | V              | -                |
|  |                |                 |        |     |                |                     |              | Small      |               | , I I I I I I I I I I I I I I I I I I I | ledium            |                | arge             |
| Diet Coke  |                |                 |        |     |                |                     | Avg Qty      | •          |               |   | e Avg Qty /100mL  |                |                  |
| DIET COKE: Carbonated Water, Colour (150d), Food Acids (338, 330, 331), Artificial Sweeteners (951, 950), Flavour, Preserv | untive (011)   | <b>Coffeire</b> |        |     | Ener           | ay (kJ)             | Avg Qiy      | Joerve A   |               |   |                   | Avy Qty /Serve | Avg Qty / TOUTIL |
| <u>ICE:</u> Water  | /auve (ZTT), ( | Janeine.        |        |     |                | gy (kJ)<br>gy (Cal) | 4            |            | <1            | 6                                       | <1                | 9              | <1               |
|  |                |                 |        |     |                | ein (q)             | 0.0          | )          | 0.0           | 0.0                                     | 0.0               | 0.0            | 0.0              |
| Contains Phenylalanine   |                |                 |        |     |                | total (q)           | 0.0          |            | 0.0           | 0.0                                     | 0.0               | 0.0            | 0.0              |
|  |                |                 |        |     |                | rated Fat (g)       | 0.0          |            | 0.0           | 0.0                                     | 0.0               | 0.0            | 0.0              |
|  |                |                 |        |     |                | ohydrate (g)        | 0.2          |            | <0.1          | 0.3                                     | <0.1              | 0.5            | <0.1             |
|  |                |                 |        |     |                | ars (g)             | 0.0          | )          | 0.0           | 0.0                                     | 0.0               | 0.0            | 0.0              |
|  |                |                 |        |     |                | um (mg)             | 34           |            | 11            | 49                                      | 12                | 75             | 13               |
|  | Gluten         | Eggs            | Milk   | Soy | Fish & Crusta  |                     | ts Tree Nuts | Sesame Se  | eds Suli      | phites Pres                             | ervative Flavour  | Colours        |                  |
|  |                |                 |        | ,   |                |                     |              |            |               |   | Y Y               | Y              |                  |
|  | 1              | 1               | 1      | 1   |                |                     |              | Small      |               |   | ledium            | L              | arge             |
| Fanta  |                |                 |        |     |                |                     | Avg Qty      |            | vg Qty /100mL |   | e Avg Qty /100mL  |                | Avg Qty /100mL   |
| FANTA: Carbonated Water, Sugar, Acidity Regulator (330), Flavour, Preservative (211), Antioxidant (300), Colour (110).     |                |                 |        |     | Ener           | gy (kJ)             | 52           |            | 172           | 752                                     | 184               | 1150           | 195              |
| ICE: Water   |                |                 |        |     |                | gy (Cal)            | 12           |            | 41            | 180                                     | 44                | 275            | 47               |
|  |                |                 |        |     |                | ein (q)             | 0.0          |            | 0.0           | 0.0                                     | 0.0               | 0.0            | 0.0              |
|  |                |                 |        |     |                | total (g)           | 0.0          |            | 0.0           | 0.0                                     | 0.0               | 0.0            | 0.0              |
|  |                |                 |        |     |                | rated Fat (g)       | 0.0          |            | 0.0           | 0.0                                     | 0.0               | 0.0            | 0.0              |
|  |                |                 |        |     |                | ohydrate (g)        | 30.          |            | 10.1          | 44.2                                    | 10.8              | 67.6           | 11.5             |
|  |                |                 |        |     |                | ars (g)             | 30.          | -          | 10.1          | 44.2                                    | 10.8              | 67.0           | 11.5             |
|  |                |                 |        |     |                | um (mq)             | 34           |            | 11            | 49                                      | 10.7              | 75             | 13               |
|  | Gluten         | Faaa            | Milk   | Soy | Fish & Crusta  | ( 0)                |              | Sesame Se  |               |   | servative Flavour | Colours        | 10               |
|  | Giuten         | Eggs            | IVIIIK | Soy | FISH & Urusta  | reant               | is Tree Nuts | Sesame Se  | eus Sul       | printes Pres                            |                   |                | -                |
|  | 1              | 1               | 1      | 1   | 1              |                     | 1            |            |               |   | Y Y               | Y              |                  |

|  |                |             |           |                |            |                |              |           | Small    |               |            | Medium      | 1            | Li             | arge           |
|--|----------------|-------------|-----------|----------------|------------|----------------|--------------|-----------|----------|---------------|------------|-------------|--------------|----------------|----------------|
| Frozen Coca Cola   |                |             |           |                |            |                |              | Avg Qty   | /Serve   | Avg Qty /100n | L Avg Qty  | /Serve Av   | g Qty /100mL |                | Avg Qty /100mL |
| Carbonated Water, Sugar, Colour (150d), Food Acid (338), Flavour, Caffeine.  |                |             |           |                |            | Energy (kJ)    |              | 477       |          | 230           | 724        |             | 230          | 950            | 230            |
| ······································   |                |             |           |                |            | Energy (Ca     |              | 114       |          | 55            | 17:        |             | 55           | 227            | 55             |
|  |                |             |           |                |            | Protein (g)    | /            | 0.0       |          | 0.0           | 0.0        |             | 0.0          | 0.0            | 0.0            |
|  |                |             |           |                |            | Fat, total (g  | )            | 0.0       | )        | 0.0           | 0.0        | )           | 0.0          | 0.0            | 0.0            |
|  |                |             |           |                |            | Saturated F    | at (q)       | 0.0       | )        | 0.0           | 0.0        | )           | 0.0          | 0.0            | 0.0            |
|  |                |             |           |                |            | Carbohydra     |              | 28.       | 1        | 13.5          | 42.        | 6           | 13.5         | 55.9           | 13.5           |
|  |                |             |           |                |            | Sugars (g)     | (0)          | 28.       |          | 13.5          | 42.        | 6           | 13.5         | 55.9           | 13.5           |
|  |                |             |           |                |            | Sodium (mg     | a)           | 22        |          | 10            | 33         |             | 10           | 43             | 10             |
|  | Gluten         | Eggs        | Milk      | Soy            | Fish & (   | Crustaea       | Peanuts      | Tree Nuts | Sesame S | Seeds S       | ulphites   | Preservativ | e Flavour    | Colours        |                |
|  | Glaton         | -990        |           | ,              |            |                | 1 Ganato     |           |          |               |            |             | Y            | Y              | 1              |
|  |                |             |           |                |            |                |              |           | Small    |               |            | Medium      |              |                | arge           |
| Frozen Coca Cola McSpider  |                |             |           |                |            |                |              | Avg Qty   |          | Avg Qty /100n | L Avg Qty  |             | g Qty /100mL |                | Avg Qty /100mL |
| FROZEN COCA COLA: Carbonated Water, Sugar, Colour (150d), Food Acid (338), Flavour, Caffeine .                         |                |             |           |                |            | Energy (kJ)    |              | 101       |          | 430           | 123        |             | 396          | 1420           | 377            |
| SUNDAE MIX: Milk, Milk Solids, Sugar, Cream, Glucose (from Wheat or Maize, contains preservative Sulphur Dioxide), Emi | ulsifiers (433 | 471), Veaet | able Gums | (407, 407a. 4  | 412, 466). | Energy (Ca     |              | 239       |          | 102           | 292        |             | 94           | 336            | 89             |
| Flavour.   |                | .,,         |           | ,, . <b></b> , | ·, ·/,     | Protein (g)    | ,            | 4.7       |          | 2.0           | 5.2        |             | 1.7          | 5.7            | 1.5            |
| Contains milk and sulphites. Traces of gluten.   |                |             |           |                |            | Fat, total (g  | )            | 5.8       | 3        | 2.4           | 6.4        | 4           | 2.1          | 6.9            | 1.8            |
|  |                |             |           |                |            | Saturated F    | at (g)       | 3.8       | 3        | 1.6           | 4.2        | 2           | 1.4          | 4.6            | 1.2            |
|  |                |             |           |                |            | Carbohydra     | ite (g)      | 42.       | 1        | 17.9          | 53.        | 4           | 17.1         | 62.6           | 16.7           |
|  |                |             |           |                |            | Sugars (g)     |              | 38.       | 5        | 16.4          | 49.        | 3           | 15.8         | 58.3           | 15.5           |
|  |                |             |           |                |            | Sodium (mg     | g)           | 79        |          | 33            | 93         | 3           | 30           | 104            | 28             |
|  | Gluten         | Eggs        | Milk      | Soy            | Fish & 0   | Crustaea       | Peanuts      | Tree Nuts | Sesame S | Seeds S       | ulphites   | Preservativ | e Flavour    | Colours        |                |
|  | Т              |             | Y         | ĺ ĺ            |            |                |              |           |          |               | T          | Т           | Y            | Y              |                |
| Ginger Beer Flavoured Soda   |                |             |           |                | •          |                |              |           | Small    |               |            | Medium      | ı            | Li             | arge           |
| SPRITE : Carbonated Water, Sugar, Acidity Regulators (330, 331), Flavour, Preservative (211).                          |                |             |           |                |            |                |              | Avg Qty   | /Serve   | Avg Qty /100n | nL Avg Qty | /Serve Av   | g Qty /100mL | Avg Qty /Serve | Avg Qty /100mL |
| ICE: Water.  |                |             |           |                |            | Energy (kJ)    |              | 535       | 5        | 170           | 84         | 7           | 197          | 1210           | 210            |
| GINGER BEER FLAVOURED SYRUP: Sugar, Water, Flavourings, Food Acid (330), Preservatives (211, 202), Colour (150d).      |                |             |           |                |            | Energy (Cal    | I)           | 126       | 6        | 40            | 199        | 9           | 46           | 284            | 49             |
|  |                |             |           |                |            | Protein (g)    | ,            | 0.1       |          | <0.1          | 0.2        | 2           | <0.1         | 0.3            | <0.1           |
| FLAVOURED SYRUP may contain TRACES of sulphites.   |                |             |           |                |            | Fat, total (g  | )            | 0.0       | )        | 0.0           | 0.0        | )           | 0.0          | 0.0            | 0.0            |
|  |                |             |           |                |            | Saturated F    | at (q)       | 0.0       | )        | 0.0           | 0.0        | )           | 0.0          | 0.0            | 0.0            |
|  |                |             |           |                |            | Carbohydra     | ( <b>e</b> ) | 31.4      | 4        | 10.0          | 49.        | 6           | 11.5         | 70.7           | 12.3           |
|  |                |             |           |                |            | Sugars (g)     | (0)          | 31.3      | 3        | 9,9           | 49.        | 5           | 11.5         | 70.7           | 12.3           |
|  |                |             |           |                |            | Sodium (mg     | 1)           | 34        |          | 11            | 49         | )           | 11           | 68             | 12             |
|  | Gluten         | Eggs        | Milk      | Soy            | Fish & 0   |                | Peanuts      | Tree Nuts | Sesame S | Seeds S       | ulphites   | Preservativ | e Flavour    | Colours        |                |
|  |                | -33-        |           |                |            |                |              |           |          |               | T          | Y           | Y            | Y              |                |
| Lemon, Lime and Bitters Flavoured Soda   |                |             |           |                |            |                |              |           | Small    |               |            | Medium      |              |                | arge           |
| SPRITE : Carbonated Water, Sugar, Acidity Regulators (330, 331), Flavour, Preservative (211).                          |                |             |           |                |            |                |              | Avg Qty   |          | Avg Qty /100n | n Ava Otv  |             |              |                | Avg Qty /100mL |
| ICE: Water.  |                |             |           |                |            | Energy (kJ)    |              | 531       |          | 169           | 840        |             | 195          | 1200           | 208            |
| LEMON LIME & BITTERS FLAVOURED SYRUP. Sugar, Water, Flavouring, Food Acid (330), Colours (150d, 124), Preservati       | vec (211 200   | 2)          |           |                |            | Energy (Ca     |              | 125       |          | 40            | 19         |             | 46           | 281            | 49             |
|  | 100 (211, 202  | -/-         |           |                |            | Protein (g)    | '/           | 0.1       |          | <0.1          | 0.2        |             | <0.1         | 0.2            | <0.1           |
| FLAVOURED SYRUP may contain TRACES of sulphites.   |                |             |           |                |            | Fat, total (g) | )            | 0.0       |          | 0.0           | 0.2        |             | 0.0          | 0.2            | 0.0            |
| r En roome o mor may contain minoeo or sulprites.  |                |             |           |                |            | Saturated F    |              | 0.0       |          | 0.0           | 0.0        | -           | 0.0          | 0.0            | 0.0            |
|  |                |             |           |                |            |                | (0)          | 31.3      |          | 9.9           | 49.        | -           | 11.5         | 70.1           | 12.2           |
|  |                |             |           |                |            | Carbohydra     | ite (g)      | 31.       |          | 9.9           | 49.        |             | 11.5         |                |                |
|  |                |             |           |                |            | Sugars (g)     | ~            |           |          |               | 49.        |             |              | 70.1           | 12.2           |
|  | 01.1           | -           |           |                |            | Sodium (mg     |              | 34        |          | 11            |            | ·           | 11           | 68             | 12             |
|  | Gluten         | Eggs        | Milk      | Soy            | Fish & 0   | rustaea        | Peanuts      | Tree Nuts | Sesame S | seeds S       | ulphites   | Preservativ |              | Colours        | 4              |
|  | 1              | 1           | 1         | 1              | 1          |                | 1            |           |          |               | 1          | Y           | Y            | Y              |                |

|  |               |               |             |     |            |                             |          |             |             |              |               | Small           | Me          | edium                                 |
|--|---------------|---------------|-------------|-----|------------|-----------------------------|----------|-------------|-------------|--------------|---------------|-----------------|-------------|---------------------------------------|
| Orange Juice   |               |               |             |     |            |                             |          |             |             |              |               | e Avg Qty /100  |             | Avg Qty /100mL                        |
| Water, Orange Juice Concentrate, Preservatives (211,202), Colour (160a), Flavour.  |               |               |             |     |            |                             |          |             | Energ       | y (kJ)       | 546           | 182             | 782         | 182                                   |
| · · · · · · · · · · · · · · · · · · ·  |               |               |             |     |            |                             |          |             |             | y (Cal)      | 131           | 44              | 187         | 44                                    |
|  |               |               |             |     |            |                             |          |             | Protei      | n (g)        | 2.4           | 0.8             | 3.4         | 0.8                                   |
|  |               |               |             |     |            |                             |          |             | Fat, to     | otal (g)     | 0.0           | 0.0             | 0.0         | 0.0                                   |
|  |               |               |             |     |            |                             |          |             | Satur       | ated Fat (g) | 0.0           | 0.0             | 0.0         | 0.0                                   |
|  |               |               |             |     |            |                             |          |             |             | hydrate (g)  | 29.7          | 9.9             | 42.6        | 9.9                                   |
|  |               |               |             |     |            |                             |          |             | Sugar       |              | 23.7          | 7.9             | 34.0        | 7.9                                   |
|  |               |               |             |     |            |                             |          |             | -           | m (mg)       | 26            | 9               | 38          | 9                                     |
|  | Gluten        | Eggs          | Milk        | Soy | Fish & Cru | istana                      | Peanuts  | Tree Nuts   | Sesame Seed | ( 0)         |               | servative Flavo |             | , , , , , , , , , , , , , , , , , , , |
|  | Giulen        | Lyys          | IVIIIK      | 30y | Tian d ord | 131000                      | Fediluts | THEE INUIS  | Cesame Ceeu | a ouip       | 1163 116      | Y Y             | Y           | -                                     |
|  |               |               |             |     |            |                             |          |             | Small       |              | ,             | r r<br>ledium   |             |                                       |
| Shake - Chocolate  |               |               |             |     |            |                             |          | Aut Ohi     |             | Oh. /100ml   |               |                 |             | arge                                  |
|  |               |               |             |     | -          |                             |          | Avg Qty     |             | Qty /100mL   | Avg Qty /Serv | • •             |             | e Avg Qty /100mL                      |
| SHAKE MIX: Milk, Milk Solids, Sugar, Maltodextrin, Cream, Stabilisers (412, 407, 407a, 466), Mineral Salt (452), Flavours.   |               |               |             |     |            | nergy (kJ)                  |          | 129         | -           | 389          | 1740          | 389             | 2110        | 389                                   |
| OR<br>Milk, Sugar, Milk Solids, Glucose Syrup, Vegetable Gums (412, 407, 407a, 466), Stabiliser (452), Flavour   |               |               |             |     |            | nergy (Cal)                 |          | 307<br>8.8  |             | 93<br>2.7    | 415<br>11.9   | 93<br>2.7       | 503<br>14,5 | 93<br>2.7                             |
|  | M-11 0        | D-14 D        | - (044)     |     |            | rotein (g)<br>at, total (g) |          | 7.6         |             | 2.7          | 11.9          | 2.7             | 14.5        | 2.7                                   |
| CHOCOLATE SHAKE SYRUP: Invert Syrup, Glucose Syrup (contains preservative sulphur dioxide), Water, Cocoa Powder,<br>Acidity Regulator (330), Flavour.                  | wait Syrup, S | bail, Preserv | auve (211), |     |            | . (0/                       | at (a)   | 4.8         |             | 1.4          | 6.4           | 2.3             | 7.8         | 2.3                                   |
| noully nogulator (550), r lavoul.  |               |               |             |     |            | aturated Fat                | (•)      | 4.d<br>49.9 |             | 1.4          | 67.4          | 1.4             | 81.8        | 1.4                                   |
| Containe milk & sulphites  |               |               |             |     |            | arbohydrate                 | e (g)    | 49.9        |             | 15.1         | 67.4<br>55.9  | 15.1            | 67.8        | 15.1                                  |
| Contains milk & sulphites.   |               |               |             |     |            | ugars (g)<br>odium (mg)     | \        | 251         |             | 76           | 339           | 76              | 411         | 76                                    |
|  | 01.1          | -             |             |     |            |                             |          | -           |             |              |               |                 |             | /0                                    |
|  | Gluten        | Eggs          | Milk        | Soy | Fish & Cru | ustaea                      | Peanuts  | Tree Nuts   | Sesame Seed | s Sulp       | hites Pres    | servative Flavo | our Colours | _                                     |
|  |               |               | Y           |     |            |                             |          |             |             |              | Y             | Y Y             |             |                                       |
|  |               |               |             |     |            |                             |          |             | Small       |              |               | ledium          |             | arge                                  |
| Shake - Strawberry   |               |               |             |     |            |                             |          | Avg Qty     |             | Qty /100mL   | Avg Qty /Serv | e Avg Qty /100  |             | e Avg Qty /100mL                      |
| SHAKE MIX: Milk, Milk Solids, Sugar, Maltodextrin, Cream, Stabilisers (412, 407, 407a, 466), Mineral Salt (452), Flavours.   |               |               |             |     | Er         | nergy (kJ)                  |          | 124         |             | 361          | 1600          | 361             | 1980        | 361                                   |
| OR   |               |               |             |     |            | nergy (Cal)                 |          | 296         |             | 86           | 382           | 86              | 474         | 86                                    |
| Milk, Sugar, Milk Solids, Glucose Syrup, Vegetable Gums (412, 407, 407a, 466), Stabiliser (452), Flavour   |               |               |             |     | Pr         | rotein (g)                  |          | 8.0         |             | 2.3          | 10.3          | 2.3             | 12.9        | 2.3                                   |
| STRAWBERRY SYRUP: Invert Sugar Syrup, Water, Glucose Syrup (Preservative (sulphur dioxide)), Sugar, Strawberry Juice   | e Concentrat  | e, Acidity Re | gulator     |     | Fa         | at, total (g)               |          | 7.1         |             | 2.1          | 9.1           | 2.1             | 11.3        | 2.1                                   |
| (330), Preservative (211), Humectant (1520), Colours (129,110, 133), Flavour.  |               |               |             |     | Sa         | aturated Fat                | at (g)   | 4.4         |             | 1.3          | 5.7           | 1.3             | 7.1         | 1.3                                   |
|  |               |               |             |     | Ca         | arbohydrate                 | e (g)    | 49.4        | 4           | 14.4         | 63.7          | 14.4            | 79.3        | 14.4                                  |
| Contains milk & sulphites.   |               |               |             |     | Su         | ugars (g)                   |          | 41.0        | 6           | 12.1         | 53.6          | 12.1            | 66.6        | 12.1                                  |
|  |               |               |             |     | So         | odium (mg)                  | )        | 192         | 2           | 56           | 248           | 56              | 308         | 56                                    |
|  | Gluten        | Eggs          | Milk        | Soy | Fish & Cru | ustaea                      | Peanuts  | Tree Nuts   | Sesame Seed | s Sulp       | hites Pres    | servative Flavo | our Colours |                                       |
|  |               |               | Y           |     |            |                             |          |             |             |              | Y             | Y Y             | Y           |                                       |
|  |               |               |             |     |            |                             |          |             | Small       |              | N             | ledium          | L           | arge                                  |
| Shake - Vanilla  |               |               |             |     |            |                             |          | Avg Qty     | /Serve Ava  | Qty /100mL   | Ava Qtv /Serv | e Avg Qty /100  |             | Avg Qty /100mL                        |
| SHAKE MIX: Milk, Milk Solids, Sugar, Maltodextrin, Cream, Stabilisers (412, 407, 407a, 466), Mineral Salt (452), Flavours.   |               |               |             |     | Fr         | nergy (kJ)                  |          | 111         | •           | 330          | 1470          | 330             | 1880        | 330                                   |
|  |               |               |             |     |            | nergy (Cal)                 |          | 266         |             | 79           | 352           | 79              | 449         | 79                                    |
| Milk, Sugar, Milk Solids, Glucose Syrup, Vegetable Gums (412, 407, 407a, 466), Stabiliser (452), Flavour   |               |               |             |     |            | rotein (g)                  |          | 7.4         |             | 2.2          | 9.8           | 2.2             | 12.5        | 2.2                                   |
|  | e (211) Acid  | ity Regulator | (330)       |     |            | at, total (g)               |          | 6.5         |             | 1.9          | 8.6           | 1.9             | 11.0        | 1.9                                   |
| IVANILLA STRUP: Water, Sugar, Glucose Syrup (contains preservative suppur dioxide), Flavour, Colour (150d). Preservative   |               | ,             | (           |     |            | aturated Fat                | at (a)   | 4.1         |             | 1.2          | 5.4           | 1.0             | 6.9         | 1.2                                   |
| VANILLA SYRUP: Water, Sugar, Glucose Syrup (contains preservative sulphur dioxide), Flavour, Colour (150d), Preservative   |               |               |             |     |            |                             |          |             |             |              | -             |                 |             |                                       |
|  |               |               |             |     | 104        |                             |          |             |             |              | 58.1          | 13.0            | 7/1         |                                       |
| <u>VANILLA SYRUP</u> : Water, Sugar, Glucose Syrup (contains preservative <b>sulphur dioxide</b> ), Flavour, Colour (150d), Preservative<br>Contains milk & sulphites. |               |               |             |     |            | arbohydrate                 | e (g)    | 44.0        |             | 13.0         | 58.1          | 13.0            | 74.1        | 13.0                                  |
|  |               |               |             |     | Su         | ugars (g)                   |          | 38.0        | 0           | 11.2         | 50.1          | 11.2            | 64.0        | 11.2                                  |
|  | Chiter        | - Faar        | Mille       | Cau | Su         | ugars (g)<br>odium (mg)     | )        | 38.0<br>173 | D<br>3      | 11.2<br>51   | 50.1<br>229   | 11.2<br>51      | 64.0<br>292 |                                       |
|  | Gluten        | Eggs          | Milk        | Soy | Su         | ugars (g)<br>odium (mg)     |          | 38.0        | 0           | 11.2<br>51   | 50.1<br>229   | 11.2            | 64.0<br>292 | 11.2                                  |

|   |                               |               |  |                      |                     |  |   |   | Sma   | 11   |   | Med  | dium   | Li   | arge  |
|---|-------------------------------|---------------|--|----------------------|---------------------|--|---|---|---|--|---|--|--|--|---|
| Sprite  |                               |               |  |                      |                     |  |   | Avg Qty   |   | Avg Qty /100r  | nL Ava G  |  | Avg Qty /100mL   |  | Avg Qty /100mL  |
| <u>SPRITE:</u> Carbonated Water, Sugar, Acidity Regulators (330, 331), Flavour, Preservative (211).   |                               |               |  |                      |                     | Energy (kJ)  |   | 403   |   | 131  | -   | 576  | 141  | 877  | 149   |
| <u>ICE:</u> Water   |                               |               |  |                      |                     | Energy (Ca   |   | 96  |   | 31   |   | 135  | 34   | 210  | 36  |
|   |                               |               |  |                      |                     | Protein (g)  | /   | 0.0   |   | 0.0  |   | 0.0  | 0.0  | 0.0  | 0.0   |
|   |                               |               |  |                      |                     | Fat, total (g  | )   | 0.0   | D   | 0.0  |   | 0.0  | 0.0  | 0.0  | 0.0   |
|   |                               |               |  |                      |                     | Saturated F  | Fat (g)   | 0.0   | D   | 0.0  |   | 0.0  | 0.0  | 0.0  | 0.0   |
|   |                               |               |  |                      |                     | Carbohydra   | ate (g)   | 23.   | .6  | 7.7  |   | 33.7   | 8.2  | 51.6   | 8.7   |
|   |                               |               |  |                      |                     | Sugars (g)   |   | 23.   | .1  | 7.6  | :   | 33.1   | 8.1  | 50.6   | 8.6   |
|   |                               |               |  |                      |                     | Sodium (m  | g)  | 46  | 6   | 15   |   | 66   | 16   | 100  | 17  |
|   | Gluten                        | Eggs          | Milk   | Soy                  | Fish & C            | Crustaea   | Peanuts   | Tree Nuts   | Sesame  | Seeds S  | ulphites  | Preserv  | vative Flavour   | Colours  |   |
|   |                               |               |  |                      |                     |  |   |   |   |  |   | Y  | Y Y  |  |   |
|   |                               |               |  |                      |                     |  |   |   |   |  |   | Pop Top  | os Water   | Coo  | l Ridge   |
| Water- Frantelle and Cool Ridge   |                               |               |  |                      |                     |  |   |   |   |  | Avg C   | Qty /Serve   | Avg Qty /100mL   | Avg Qty /Serve   | Avg Qty /100mL  |
| FRANTELLE: Spring Water   |                               |               |  |                      |                     |  |   |   |   | Energy (kJ)  |   | 0  | 0  | 0  | 0   |
| COOL RIDGE: Spring Water  |                               |               |  |                      |                     |  |   |   |   | Energy (Cal)   |   | 0  | 0  | 0  | 0   |
|   |                               |               |  |                      |                     |  |   |   |   | Protein (g)  |   | 0.0  | 0.0  | 0.0  | 0.0   |
|   |                               |               |  |                      |                     |  |   |   |   | Fat, total (g)   |   | 0.0  | 0.0  | 0.0  | 0.0   |
|   |                               |               |  |                      |                     |  |   |   |   | Saturated Fat (  | g)  | 0.0  | 0.0  | 0.0  | 0.0   |
|   |                               |               |  |                      |                     |  |   |   |   | Carbohydrate (   | g)  | 0.0  | 0.0  | 0.0  | 0.0   |
|   |                               |               |  |                      |                     |  |   |   |   | Sugars (g)   |   | 0.0  | 0.0  | 0.0  | 0.0   |
|   |                               |               |  |                      |                     |  |   |   |   | Sodium (mg)  |   | 5  | 2  | 33   | 6   |
|   | Gluten                        | Eggs          | Milk   | Soy                  | Fish & 0            | Crustaea   | Peanuts   | Tree Nuts   | Sesame  | , <b>e</b> ,   | ulphites  | Preserv  | vative Flavour   | Colours  |   |
|   |                               | -33-          |  | ,                    |                     |  |   |   |   |  |   |  |  |  |   |
| FRAPPES AND SMOOTHIES   |                               |               |  |                      |                     |  |   |   |   |  |   |  |  |  |   |
|   |                               |               |  |                      |                     |  |   |   |   |  |   |  |  |  |   |
|   |                               |               |  |                      |                     |  |   |   | Sma   | 11   |   | Med  | dium   | Li   | arge  |
| Frappe - Caramel Crush  |                               |               |  |                      |                     |  |   | Avg Qty   |   |  | nL Avg C  |  |  |  |   |
|   | s, Colour (150                | 0c).          |  |                      |                     | Energy (kJ)  | )   | Avg Qty<br>182  | /Serve  | II<br>Avg Qty /100r<br>565   |   |  | dium<br>Avg Qty /100mL<br>553  |  | arge<br>Avg Qty /100mL<br>548   |
| Frappe - Caramel Crush  | s, Colour (150                | 0c).          |  |                      |                     | Energy (kJ)<br>Energy (Ca  |   |   | /Serve<br>20  | Avg Qty /100r  | 1   | Qty /Serve   | Avg Qty /100mL   | Avg Qty /Serve   | Avg Qty /100mL  |
| Frappe - Caramel Crush<br>CARAMEL FRAPPE BASE: Sugar, Milk, Cream, Milk Solids, Emulsifier (471), Stabilisers (412, 466, 410, 407a, 407), Flavours  | s, Colour (150                | 0c).          |  |                      |                     |  |   | 182   | /Serve<br>20<br>6   | Avg Qty /100r<br>565   | 2   | Qty /Serve<br>2650<br>610<br>11.8  | Avg Qty /100mL<br>553  | Avg Qty /Serve<br>3190<br>763<br>14.4  | Avg Qty /100mL<br>548   |
| Frappe - Caramel Crush<br>CARAMEL FRAPPE BASE: Sugar, Milk, Cream, Milk Solids, Emulsifier (471), Stabilisers (412, 466, 410, 407a, 407), Flavours<br>ICE: Water.   | · · ·                         | ,             | I), Preservati                               | ive (202), Ve        |                     | Energy (Ca   | l)  | 182<br>436  | /Serve<br>20<br>6<br>9  | Avg Qty /100r<br>565<br>135  | 2   | Qty /Serve<br>2650<br>610  | Avg Qty /100mL<br>553<br>128   | Avg Qty /Serve<br>3190<br>763  | Avg Qty /100mL<br>548<br>131  |
| Frappe - Caramel Crush<br>CARAMEL FRAPPE BASE: Sugar, Milk, Cream, Milk Solids, Emulsifier (471), Stabilisers (412, 466, 410, 407a, 407), Flavours<br>ICE: Water.<br>WHIPPED CREAM: Cream, Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (407, 401).  | · · ·                         | ,             | I), Preservati                               | ive (202), Ve        |                     | Energy (Ca<br>Protein (g)  | l)  | 182<br>436<br>7.9   | /Serve<br>20<br>6<br>9<br>.3  | Avg Qty /100r<br>565<br>135<br>2.5   |   | Qty /Serve<br>2650<br>610<br>11.8  | Avg Qty /100mL<br>553<br>128<br>2.5  | Avg Qty /Serve<br>3190<br>763<br>14.4  | Avg Qty /100mL<br>548<br>131<br>2.5   |
| Frappe - Caramel Crush<br>CARAMEL FRAPPE BASE; Sugar, Milk, Cream, Milk Solids, Emulsifier (471), Stabilisers (412, 466, 410, 407a, 407), Flavours<br>ICE: Water.<br>WHIPPED CREAM: Cream, Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (407, 401).<br>CARAMEL SAUCE: Sucrose Syrup (Cane), Sweetened Condensed Milk, Water, Thickener (1442), Flavours, Golden Syrup, S   | · · ·                         | ,             | I), Preservati                               | ive (202), Ve        |                     | Energy (Ca<br>Protein (g)<br>Fat, total (g   | l)<br>)<br>Fat (g)  | 182<br>436<br>7.9<br>19.3<br>2.7<br>57.3  | /Serve<br>20<br>6<br>9<br>3<br>7<br>3<br>3  | Avg Qty /100r<br>565<br>135<br>2.5<br>6.0  |   | Qty /Serve           2650           610           11.8           27.3           2.9           84.4   | Avg Qty /100mL<br>553<br>128<br>2.5<br>5.7<br>0.6<br>17.6  | Avg Qty /Serve<br>3190<br>763<br>14.4<br>32.4<br>2.8<br>102  | Avg Qty /100mL<br>548<br>131<br>2.5<br>5.6<br>0.5<br>17.6   |
| Frappe - Caramel Crush<br>CARAMEL FRAPPE BASE; Sugar, Milk, Cream, Milk Solids, Emulsifier (471), Stabilisers (412, 466, 410, 407a, 407), Flavours<br>ICE: Water.<br>WHIPPED CREAM: Cream, Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (407, 401).<br>CARAMEL SAUCE: Sucrose Syrup (Cane), Sweetened Condensed Milk, Water, Thickener (1442), Flavours, Golden Syrup, S   | · · ·                         | ,             | I), Preservati                               | ive (202), Ve        |                     | Energy (Ca<br>Protein (g)<br>Fat, total (g<br>Saturated F  | l)<br>)<br>Fat (g)  | 182<br>436<br>7.9<br>19.3<br>2.7<br>57.3<br>57.4  | /Serve<br>20<br>6<br>9<br>3<br>7<br>3<br>0  | Avg Qty /100r<br>565<br>135<br>2.5<br>6.0<br>0.8<br>17.8<br>17.7   |   | Qty /Serve           2650           610           11.8           27.3           2.9           84.4           84.0  | Avg Qty /100mL<br>553<br>128<br>2.5<br>5.7<br>0.6<br>17.6<br>17.6  | Avg Qty /Serve<br>3190<br>763<br>14.4<br>32.4<br>2.8   | Avg Qty /100mL<br>548<br>131<br>2.5<br>5.6<br>0.5   |
| Frappe - Caramel Crush<br><u>CARAMEL FRAPPE BASE</u> : Sugar, Milk, Cream, Milk Solids, Emulsifier (471), Stabilisers (412, 466, 410, 407a, 407), Flavours<br><u>ICE</u> : Water.<br><u>WHIPPED CREAM</u> ; Cream, Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (407, 401).<br><u>CARAMEL SAUCE</u> : Sucrose Syrup (Cane), Sweetened Condensed Milk, Water, Thickener (1442), Flavours, Golden Syrup, S<br>Gums (415, 417, 401), Mineral Salt (339), Emulsifier (471), Colours (150d, 160c).  | · · ·                         | ,             | I), Preservati                               | ive (202), Ve        |                     | Energy (Ca<br>Protein (g)<br>Fat, total (g<br>Saturated F<br>Carbohydra  | l)<br>Fat (g)<br>ate (g)  | 182<br>436<br>7.9<br>19.3<br>2.7<br>57.3  | /Serve<br>20<br>6<br>9<br>3<br>7<br>3<br>0  | Avg Qty /100r<br>565<br>135<br>2.5<br>6.0<br>0.8<br>17.8   |   | Qty /Serve           2650           610           11.8           27.3           2.9           84.4   | Avg Qty /100mL<br>553<br>128<br>2.5<br>5.7<br>0.6<br>17.6  | Avg Qty /Serve<br>3190<br>763<br>14.4<br>32.4<br>2.8<br>102  | Avg Qty /100mL<br>548<br>131<br>2.5<br>5.6<br>0.5<br>17.6   |
| Frappe - Caramel Crush         CARAMEL FRAPPE BASE: Sugar, Milk, Cream, Milk Solids, Emulsifier (471), Stabilisers (412, 466, 410, 407a, 407), Flavours ICE: Water.         WHIPPED CREAM: Cream, Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (407, 401).         CARAMEL SAUCE: Sucrose Syrup (Cane), Sweetened Condensed Milk, Water, Thickener (1442), Flavours, Golden Syrup, S         Gums (415, 417, 401), Mineral Salt (339), Emulsifier (471), Colours (150d, 160c).         Contains milk.  | · · ·                         | ,             | I), Preservati<br>Milk                       | ive (202), Ve<br>Soy | getable             | Energy (Ca<br>Protein (g)<br>Fat, total (g<br>Saturated F<br>Carbohydra<br>Sugars (g)  | l)<br>Fat (g)<br>ate (g)  | 182<br>436<br>7.9<br>19.3<br>2.7<br>57.3<br>57.4  | /Serve<br>20<br>6<br>9<br>3<br>7<br>3<br>0  | Avg Qty /100r<br>565<br>135<br>2.5<br>6.0<br>0.8<br>17.8<br>17.7<br>38   |   | Qty /Serve           2650           610           11.8           27.3           2.9           84.4           84.0  | Avg Qty /100mL<br>553<br>128<br>2.5<br>5.7<br>0.6<br>17.6<br>17.6<br>37  | Avg Qty /Serve<br>3190<br>763<br>14.4<br>32.4<br>2.8<br>102<br>102   | Avg Qty /100mL<br>548<br>131<br>2.5<br>5.6<br>0.5<br>17.6<br>17.5   |
| Frappe - Caramel Crush         CARAMEL FRAPPE BASE: Sugar, Milk, Cream, Milk Solids, Emulsifier (471), Stabilisers (412, 466, 410, 407a, 407), Flavours ICE: Water.         WHIPPED CREAM: Cream, Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (407, 401).         CARAMEL SAUCE: Sucrose Syrup (Cane), Sweetened Condensed Milk, Water, Thickener (1442), Flavours, Golden Syrup, S         Gurms (415, 417, 401), Mineral Salt (339), Emulsifier (471), Colours (150d, 160c).         Contains milk.         Caramel Sauce contains traces of sulphites.   | alt, Food Aci                 | ids (330, 331 |  |                      | getable             | Energy (Ca<br>Protein (g)<br>Fat, total (g<br>Saturated F<br>Carbohydra<br>Sugars (g)<br>Sodium (m   | l)<br>Fat (g)<br>ate (g)<br>g)                                    | 182<br>436<br>7.9<br>19.<br>2.7<br>57.<br>57.<br>57.  | /Serve<br>20<br>6<br>9<br>3<br>7<br>3<br>0<br>1   | Avg Qty /100r<br>565<br>135<br>2.5<br>6.0<br>0.8<br>17.8<br>17.7<br>38   |   | Qty /Serve           2650           610           11.8           27.3           2.9           84.4           84.0           176  | Avg Qty /100mL<br>553<br>128<br>2.5<br>5.7<br>0.6<br>17.6<br>17.6<br>37  | Avg Qty /Serve           3190           763           14.4           32.4           2.8           102           102           212  | Avg Qty /100mL<br>548<br>131<br>2.5<br>5.6<br>0.5<br>17.6<br>17.5   |
| Frappe - Caramel Crush         CARAMEL FRAPPE BASE: Sugar, Milk, Cream, Milk Solids, Emulsifier (471), Stabilisers (412, 466, 410, 407a, 407), Flavours ICE: Water.         WHIPPED CREAM: Cream, Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (407, 401).         CARAMEL SAUCE: Sucrose Syrup (Cane), Sweetened Condensed Milk, Water, Thickener (1442), Flavours, Golden Syrup, S         Gurms (415, 417, 401), Mineral Salt (339), Emulsifier (471), Colours (150d, 160c).         Contains milk.         Caramel Sauce contains traces of sulphites.   | alt, Food Aci                 | ids (330, 331 | Milk   |                      | getable             | Energy (Ca<br>Protein (g)<br>Fat, total (g<br>Saturated F<br>Carbohydra<br>Sugars (g)<br>Sodium (m   | l)<br>Fat (g)<br>ate (g)<br>g)                                    | 182<br>436<br>7.9<br>19.<br>2.7<br>57.<br>57.<br>57.  | /Serve<br>20<br>6<br>9<br>3<br>7<br>3<br>0<br>1   | Avg Qty /100r<br>565<br>135<br>2.5<br>6.0<br>0.8<br>17.8<br>17.7<br>38<br>Seeds S  |   | Qty /Serve           2650           610           11.8           27.3           2.9           84.4           84.0           176           Presenv           Y  | Avg Qty /100mL<br>553<br>128<br>2.5<br>5.7<br>0.6<br>17.6<br>17.6<br>37  | Avg Qty /Serve<br>3190<br>763<br>14.4<br>2.8<br>102<br>102<br>212<br>200urs<br>Y   | Avg Qty /100mL<br>548<br>131<br>2.5<br>5.6<br>0.5<br>17.6<br>17.5<br>37   |
| Frappe - Caramel Crush         CARAMEL FRAPPE BASE: Sugar, Milk, Cream, Milk Solids, Emulsifier (471), Stabilisers (412, 466, 410, 407a, 407), Flavours ICE: Water.         WHIPPED CREAM: Cream, Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (407, 401).         CARAMEL SAUCE: Sucrose Syrup (Cane), Sweetened Condensed Milk, Water, Thickener (1442), Flavours, Golden Syrup, S         Gurms (415, 417, 401), Mineral Salt (339), Emulsifier (471), Colours (150d, 160c).         Contains milk.         Caramel Sauce contains traces of sulphites.   | alt, Food Aci                 | ids (330, 331 | Milk   |                      | getable             | Energy (Ca<br>Protein (g)<br>Fat, total (g<br>Saturated F<br>Carbohydra<br>Sugars (g)<br>Sodium (m   | l)<br>Fat (g)<br>ate (g)<br>g)                                    | 182<br>436<br>7.9<br>19<br>2.7<br>57<br>57<br>121<br>Tree Nuts  | /Serve<br>20<br>6<br>9<br>3<br>7<br>3<br>0<br>0<br>1<br>Sesame<br>Sma   | Avg Qty /100r<br>565<br>135<br>2.5<br>6.0<br>0.8<br>17.8<br>17.7<br>38<br>Seeds S<br>II  | ulphites<br>T   | Dty /Serve           2650           610           11.8           27.3           2.9           84.4           84.0           176           Present           Y           Med  | Avg Qty /100mL<br>553<br>128<br>2.5<br>5.7<br>0.6<br>17.6<br>17.6<br>17.6<br>37<br>vative Flavour<br>Y<br>Student V<br>Student V<br>Studen | Avg Qty /Serve<br>3190<br>763<br>14.4<br>32.4<br>102<br>102<br>212<br>Colours<br>Y<br>Later Alexandree Alexandreee Alexandree Alexandree Alexandree Alexandree Alexandree Alex | Avg Qty /100mL<br>548<br>131<br>2.5<br>5.6<br>0.5<br>17.6<br>17.5<br>37<br>arge   |
| Frappe - Caramel Crush         CARAMEL FRAPPE BASE: Sugar, Milk, Cream, Milk Solids, Emulsifier (471), Stabilisers (412, 466, 410, 407a, 407), Flavours ICE: Water.         WHIPPED CREAM: Cream, Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (407, 401).         CARAMEL SAUCE: Sucrose Syrup (Cane), Sweetened Condensed Milk, Water, Thickener (1442), Flavours, Golden Syrup, S         Gums (415, 417, 401), Mineral Salt (339), Emulsifier (471), Colours (150d, 160c).         Contains milk.         Caramel Sauce contains traces of sulphites.         Frappe made on equipment used to make products containing gluten         Frappe - Choc Whirl   | Gluten                        | ids (330, 331 | Milk<br>Y                                    | Soy                  | getable             | Energy (Ca<br>Protein (g)<br>Fat, total (g<br>Saturated F<br>Carbohydra<br>Sugars (g)<br>Sodium (mo<br>Crustaea  | ate (g)<br>g)<br>Peanuts  | 182<br>436<br>7.9<br>19.3<br>2.7<br>57.3<br>57.4<br>121<br>Tree Nuts  | /Serve<br>20<br>6<br>9<br>3<br>3<br>7<br>3<br>0<br>0<br>1<br>Sesame<br>Sma<br>/Serve  | Avg Qty /100r<br>565<br>135<br>2.5<br>6.0<br>0.8<br>17.8<br>17.7<br>38<br>Seeds S<br>II<br>Avg Qty /100r   | ulphites<br>T<br>L<br>Avg C   | Dty /Serve           2650           610           11.8           27.3           2.9           84.4           84.0           176           Presen           Y           Med           Dty /Serve  | Avg Qty /100mL           553           128           2.5           5.7           0.6           17.6           37           vative           Flavour           Y           dium           Avg Qty /100mL  | Avg Qty /Serve           3190           763           14.4           32.4           102           102           212           Colours           Y           La           Avg Qty /Serve  | Avg Qty /100mL           548           131           2.5           5.6           0.5           17.6           17.5           37           arge           Avg Qty /100mL   |
| Erappe - Caramel Crush         CARAMEL FRAPPE BASE; Sugar, Milk, Cream, Milk Solids, Emulsifier (471), Stabilisers (412, 466, 410, 407a, 407), Flavours (CE: Water.         WHIPPED CREAM: Cream, Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (407, 401).         CARAMEL SAUCE: Sucrose Syrup (Cane), Sweetened Condensed Milk, Water, Thickener (1442), Flavours, Golden Syrup, S Gums (415, 417, 401), Mineral Salt (339), Emulsifier (471), Colours (150d, 160c).         Contains milk.         Caramel Sauce contains traces of sulphites.         Frappe made on equipment used to make products containing gluten         Erappe - Choc Whirl         CHOC FRAPPE BASE; Sugar, Milk Solids, Cream, Milk, Cocca Powder, Malt Extract, Chocolate Flavour, Emulsifier (471), Stabiliser (471), S | Gluten                        | ids (330, 331 | Milk<br>Y                                    | Soy                  | getable             | Energy (Ca<br>Protein (g)<br>Fat, total (g<br>Saturated F<br>Carbohydra<br>Sugars (g)<br>Sodium (m<br>Crustaea   | i)<br>Fat (g)<br>ate (g)<br>g)<br>Peanuts                         | 182<br>436<br>7.9<br>19<br>19<br>19<br>57.1<br>12.7<br>57.1<br>121<br>Tree Nuts<br>Avg Qty (<br>165   | /Serve<br>20<br>6<br>9<br>3<br>3<br>7<br>3<br>0<br>0<br>1<br>Sesame<br>Sma<br>/Serve<br>50  | Avg Qty /100r<br>565<br>135<br>2.5<br>6.0<br>0.8<br>17.8<br>17.7<br>38<br>Seeds \$<br>II<br>Avg Qty /100r<br>517   | ulphites<br>T<br>nL Avg C   | Dty /Serve           2650           610           11.8           27.3           2.9           84.4           84.0           176           Presen           Y           Med           Dty /Serve           2380   | Avg Qty /100mL<br>553<br>128<br>2.5<br>5.7<br>0.6<br>17.6<br>17.6<br>17.6<br>37<br>vative Flavour<br>Y<br>flavour<br>Y<br>tium<br>Avg Qty /100mL<br>504  | Avg Qty /Serve           3190           763           14.4           32.4           2.8           102           102           212           Colours           Y           Li           Avg Qty /Serve           2860   | Avg Qty /100mL           548           131           2.5           5.6           0.5           17.6           17.5           37           arge           Avg Qty /100mL           498   |
| Frappe - Caramel Crush         CARAMEL FRAPPE BASE: Sugar, Milk, Cream, Milk Solids, Emulsifier (471), Stabilisers (412, 466, 410, 407a, 407), Flavours ICE: Water.         WHIPED CREAM: Cream, Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (407, 401).         CARAMEL SAUCE: Sucrose Syrup (Cane), Sweetened Condensed Milk, Water, Thickener (1442), Flavours, Golden Syrup, S Gums (415, 417, 401), Mineral Salt (339), Emulsifier (471), Colours (150d, 160c).         Contains milk.         Caramel Sauce contains traces of sulphites.         Frappe made on equipment used to make products containing gluten         Frappe - Choc Whirl         CHOC FRAPPE BASE: Sugar, Milk Solids, Cream, Milk, Coccoa Powder, Malt Extract, Chocolate Flavour, Emulsifier (471), Sta ICE: Water.   | Gluten                        | ids (330, 331 | Milk<br>Y                                    | Soy                  | getable             | Energy (Ca<br>Protein (g)<br>Fat, total (g<br>Saturated F<br>Carbohydra<br>Sugars (g)<br>Sodium (m<br>Crustaea<br>Energy (kJ)<br>Energy (Ca  | i)<br>Fat (g)<br>ate (g)<br>g)<br>Peanuts                         | 182<br>436<br>7.9<br>19.3<br>2.7<br>57.3<br>57.4<br>121<br>Tree Nuts  | /Serve<br>20<br>6<br>9<br>3<br>7<br>3<br>0<br>0<br>1<br>Sesame<br>Sma<br>/Serve<br>50<br>5  | Avg Qty /100r<br>565<br>135<br>2.5<br>6.0<br>0.8<br>17.8<br>17.7<br>38<br>Seeds<br>Seeds<br>Seeds<br>1<br>Avg Qty /100r<br>517<br>124                        | ulphites<br>T<br>hL Avg C   | Dty /Serve           2650           610           11.8           27.3           2.9           84.4           84.0           176           Presen           Y           Med           Dty /Serve  | Avg Qty /100mL<br>553<br>128<br>2.5<br>5.7<br>0.6<br>17.6<br>17.6<br>17.6<br>17.6<br>17.6<br>17.6<br>Y<br>Vative Flavour<br>Y<br>Study /100mL<br>504<br>120  | Avg Qty /Serve<br>3190<br>763<br>14.4<br>32.4<br>2.8<br>102<br>102<br>212<br>Colours<br>Y<br>La<br>Avg Qty /Serve<br>2860<br>684   | Avg Qty /100mL           548           131           2.5           5.6           0.5           17.6           17.5           37           arge           Avg Qty /100mL           498           119   |
| Frappe - Caramel Crush         CARAMEL FRAPPE BASE: Sugar, Milk, Cream, Milk Solids, Emulsifier (471), Stabilisers (412, 466, 410, 407a, 407), Flavours ICE: Water.         WHIPPED CREAM: Cream, Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (407, 401).         CARAMEL SAUCE: Sucrose Syrup (Cane). Sweetened Condensed Milk, Water, Thickener (1442), Flavours, Golden Syrup, S Gums (415, 417, 401), Mineral Salt (339), Emulsifier (471), Colours (150d, 160c).         Contains milk.         Caramel Sauce contains traces of sulphites.         Frappe made on equipment used to make products containing gluten         Frappe - Choc Whirl         CHOC FRAPPE BASE: Sugar, Milk Solids, Cream, Milk, Coccoa Powder, Malt Extract, Chocolate Flavour, Emulsifier (471), Stater.         WHIPPED CREAM: Cream, Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (407, 401).  | Gluten<br>T                   | Eggs          | Milk<br>Y<br>110, 407a, 40                   | Soy<br>17).          | getable<br>Fish & C | Energy (Ca<br>Protein (g)<br>Fat, total (g<br>Saturated F<br>Carbohydra<br>Sugars (g)<br>Sodium (my<br>Crustaea<br>Energy (kJ)<br>Energy (Ca<br>Protein (g)  | I)<br>Fat (g)<br>Ite (g)<br>g)<br>Peanuts<br>I)                   | 182<br>436<br>7.9<br>19<br>57<br>57<br>57<br>121<br>Tree Nuts<br>Avg Qty.<br>165<br>396   | /Serve<br>20<br>6<br>9<br>3<br>3<br>7<br>3<br>0<br>1<br>1<br>Sesame<br>/Serve<br>50<br>5<br>5<br>3  | Avg Qty /100r<br>565<br>135<br>2.5<br>6.0<br>0.8<br>17.8<br>17.7<br>38<br>Seeds \$<br>II<br>Avg Qty /100r<br>517   | ulphites<br>T<br>Augurational Avg C   | Dty /Serve           2650           610           11.8           27.3           2.9           84.4           84.0           176           Presen           Y           Med           Dty /Serve           2380           570   | Avg Qty /100mL<br>553<br>128<br>2.5<br>5.7<br>0.6<br>17.6<br>17.6<br>17.6<br>37<br>vative Flavour<br>Y<br>flavour<br>Y<br>tium<br>Avg Qty /100mL<br>504  | Avg Qty /Serve           3190           763           14.4           32.4           2.8           102           102           212           Colours           Y           Li           Avg Qty /Serve           2860   | Avg Qty /100mL           548           131           2.5           5.6           0.5           17.6           17.5           37           arge           Avg Qty /100mL           498           119           2.3   |
| Frappe - Caramel Crush         CARAMEL FRAPPE BASE: Sugar, Milk, Cream, Milk Solids, Emulsifier (471), Stabilisers (412, 466, 410, 407a, 407), Flavours ICE: Water.         WHIPED CREAM: Cream, Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (407, 401).         CARAMEL SAUCE: Sucrose Syrup (Cane), Sweetened Condensed Milk, Water, Thickener (1442), Flavours, Golden Syrup, S Gums (415, 417, 401), Mineral Salt (339), Emulsifier (471), Colours (150d, 160c).         Contains milk.         Caramel Sauce contains traces of sulphites.         Frappe made on equipment used to make products containing gluten         Frappe - Choc Whirl         CHOC FRAPPE BASE: Sugar, Milk Solids, Cream, Milk, Coccoa Powder, Malt Extract, Chocolate Flavour, Emulsifier (471), Sta ICE: Water.   | Gluten<br>T                   | Eggs          | Milk<br>Y<br>110, 407a, 40                   | Soy<br>17).          | getable<br>Fish & C | Energy (Ca<br>Protein (g)<br>Fat, total (g<br>Saturated F<br>Carbohydra<br>Sugars (g)<br>Sodium (my<br>Crustaea<br>Energy (kJ)<br>Energy (Ca<br>Protein (g)<br>Fat, total (g   | i)<br>Fat (g)<br>g)<br>Peanuts<br>i)<br>i)                        | 182<br>433<br>7.9<br>19.:<br>57.:<br>57.:<br>57.:<br>12:<br>Tree Nuts<br>Avg Qty :<br>165<br>399;<br>7.:3<br>17.:   | /Serve<br>20<br>6<br>9<br>3<br>3<br>7<br>3<br>0<br>1<br>1<br>Sesame<br>/Serve<br>5<br>5<br>3<br>6   | Avg Qty /100r<br>565<br>135<br>2.5<br>6.0<br>0.8<br>17.8<br>17.7<br>38<br>Seeds S<br>II<br>Avg Qty /100r<br>517<br>124<br>2.3<br>5.5                         | ulphites<br>T<br>hL Avg C   | Dty /Serve           2650           610           11.8           27.3           2.9           84.4           84.0           176           Presen           Y           Med           2380           570           10.8           24.7  | Avg Qty /100mL           553           128           2.5           5.7           0.6           17.6           120           2.3           5.2   | Avg Qty /Serve           3190           763           14.4           32.4           2.8           102           102           212           Colours           Y           La           Avg Qty /Serve           2860           684           13.2           29.3   | Avg Qty /100mL           548           131           2.5           5.6           0.5           17.6           17.5           37           arge           Avg Qty /100mL           498           119           2.3           5.1   |
| Frappe - Caramel Crush         CARAMEL FRAPPE BASE: Sugar, Milk, Cream, Milk Solids, Emulsifier (471), Stabilisers (412, 466, 410, 407a, 407), Flavours ICE: Water.         WHIPPED CREAM: Cream, Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (407, 401).         CARAMEL SAUCE: Sucrose Syrup (Cane), Sweetneed Condensed Milk, Water, Thickener (1442), Flavours, Golden Syrup, S Gums (415, 417, 401), Mineral Salt (339), Emulsifier (471), Colours (150d, 160c).         Contains milk.         Caramel Sauce contains traces of sulphites.         Frappe made on equipment used to make products containing gluten         Erappe - Choc Whirl         CHOC FRAPPE BASE: Sugar, Milk Solids, Cream, Milk, Cocca Powder, Malt Extract, Chocolate Flavour, Emulsifier (471), State:         WHIPPED CREAM: Cream, Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (407, 401).         CHOC LATE SAUCE: Sucrose Syrup (Cane), Water, Cocca Powder, Thickener (1442), Colour (150d), Flavour, Salt, Food Action  | Gluten<br>T                   | Eggs          | Milk<br>Y<br>110, 407a, 40                   | Soy<br>17).          | getable<br>Fish & C | Energy (Ca<br>Protein (g)<br>Fat, total (g<br>Saturated F<br>Carbohydra<br>Sugars (g)<br>Sodium (mi<br>Crustaea<br>Energy (kJ)<br>Energy (Ca<br>Protein (g)<br>Fat, total (g<br>Saturated F  | i)<br>Fat (g)<br>g)<br>Peanuts<br>i)<br>Fat (g)                   | 182<br>433<br>7.9<br>19<br>57.1<br>57.1<br>12:<br>Tree Nuts<br>Avg Qty,<br>165<br>398<br>7.3<br>7.1<br>17.1<br>1.1  | /Serve<br>20<br>6<br>9<br>3<br>3<br>7<br>3<br>0<br>1<br>Sesame<br>Sesame<br>Sma<br>/Serve<br>5<br>5<br>3<br>6<br>6<br>4                   | Avg Qty /100r<br>565<br>135<br>2.5<br>6.0<br>0.8<br>17.8<br>17.7<br>38<br>Seeds S<br>II<br>Avg Qty /100r<br>517<br>124<br>2.3<br>5.5<br>3.6                  | ulphites<br>T<br>L Avg C  | Dty /Serve           2650           610           11.8           27.3           2.9           84.4           84.0           176           Presen           Y           Med           2380           570           10.8           24.7           16.0   | Avg Qty /100mL           553           128           2.5           5.7           0.6           17.6           17.6           17.6           37           vative           Flavour           Y           dium           504           120           2.3           5.2           3.4   | Avg Qty /Serve<br>3190<br>763<br>14.4<br>32.4<br>2.8<br>102<br>102<br>212<br>Colours<br>Y<br>Li<br>Avg Qty /Serve<br>2860<br>684<br>13.2<br>29.3<br>18.9   | Avg Qty /100mL           548           131           2.5           5.6           0.5           17.6           17.5           37           arge           Avg Qty /100mL           498           119           2.3           5.1           3.3                                 |
| Frappe - Caramel Crush         CARAMEL FRAPPE BASE; Sugar, Milk, Cream, Milk Solids, Emulsifier (471), Stabilisers (412, 466, 410, 407a, 407), Flavours (2E; Water.         WHIPPED CREAM: Cream, Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (407, 401).         CARAMEL SAUCE: Sucrose Syrup (Cane), Sweetened Condensed Milk, Water, Thickener (1442), Flavours, Golden Syrup, S         Gums (415, 417, 401), Mineral Salt (339), Emulsifier (471), Colours (150d, 160c).         Contains milk.         Caramel Sauce contains traces of sulphites.         Frappe made on equipment used to make products containing gluten         Functionary Content of the solid strates of sulphites.         Frappe - Choc Whirl         CHOC FRAPPE BASE; Sugar, Milk Solids, Cream, Milk, Cocca Powder, Malt Extract, Chocolate Flavour, Emulsifier (471), State (2E; Water.         WHIPPED CREAM; Cream, Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (407, 401).         CHOCOLATE SAUCE: Sucrose Syrup (Cane), Water, Cocca Powder, Thickener (1442), Colour (150d), Flavour, Sait, Food Ac 417, 401).   | Gluten<br>T                   | Eggs          | Milk<br>Y<br>110, 407a, 40                   | Soy<br>17).          | getable<br>Fish & C | Energy (Ca<br>Protein (g)<br>Fat, total (g<br>Saturated F<br>Carbohydra<br>Sugars (g)<br>Sodium (m;<br>Crustaea<br>Energy (Ka)<br>Energy (Ca<br>Protein (g)<br>Fat, total (g<br>Saturated f<br>Carbohydra  | i)<br>Fat (g)<br>g)<br>Peanuts<br>i)<br>Fat (g)                   | 182<br>433<br>7.9<br>19.:<br>57.:<br>57.:<br>57.:<br>12:<br>Tree Nuts<br>Avg Qty :<br>165<br>399;<br>7.:3<br>17.:   | /Serve<br>20<br>6<br>9<br>3<br>3<br>7<br>3<br>0<br>1<br>Sesame<br>Sma<br>/Serve<br>50<br>5<br>5<br>3<br>6<br>6<br>4<br>4<br>5             | Avg Qty /100r<br>565<br>135<br>2.5<br>6.0<br>0.8<br>17.8<br>17.7<br>38<br>Seeds 5<br>11<br>Avg Qty /100r<br>517<br>124<br>2.3<br>5.5<br>3.6<br>16.1          | Ulphites<br>T<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augustication<br>Augus | Dty /Serve           2650           610           11.8           27.3           2.9           84.4           84.0           176           Presen           Y           Med           2380           570           10.8           24.7  | Avg Qty /100mL<br>553<br>128<br>2.5<br>5.7<br>0.6<br>17.6<br>17.6<br>17.6<br>37<br>Y<br>vative Flavour<br>Y<br>dium<br>Avg Qty /100mL<br>504<br>120<br>2.3<br>5.2<br>3.4<br>15.9   | Avg Qty /Serve<br>3190<br>763<br>14.4<br>32.4<br>2.8<br>102<br>102<br>212<br>Colours<br>Y<br>Li<br>Avg Qty /Serve<br>2860<br>684<br>13.2<br>29.3<br>18.9<br>91.2   | Avg Qty /100mL           548           131           2.5           5.6           0.5           17.6           17.5           37           arge           Avg Qty /100mL           498           119           2.3           5.1           3.3           15.9                  |
| Frappe - Caramel Crush         CARAMEL FRAPPE BASE: Sugar, Milk, Cream, Milk Solids, Emulsifier (471), Stabilisers (412, 466, 410, 407a, 407), Flavours (CE: Water.         WHIPPED CREAM: Cream, Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (407, 401).         CARAMEL SAUCE: Sucrose Syrup (Cane), Sweetened Condensed Milk, Water, Thickener (1442), Flavours, Golden Syrup, S         Gums (415, 417, 401), Mineral Salt (339), Emulsifier (471), Colours (150d, 160c).         Contains milk.         Caramel Sauce contains traces of sulphites.         Frappe made on equipment used to make products containing gluten         Functional Context (Contains Cream, Milk Solids, Cream, Milk, Coccoa Powder, Malt Extract, Chocolate Flavour, Emulsifier (471), State:         VHIPPED CREAM: Cream, Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (407, 401).         CHOC FRAPPE BASE: Sugar, Milk Solids, Cream, Milk, Coccoa Powder, Malt Extract, Chocolate Flavour, Emulsifier (471), State:         WHIPPED CREAM: Cream, Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (407, 401).         CHOC LATE SAUCE: Sucrose Syrup (Cane), Water, Coccoa Powder, Thickener (1442), Colour (150d), Flavour, Salt, Food Act 417, 401).         Contains gluten, & milk.  | Gluten<br>T                   | Eggs          | Milk<br>Y<br>110, 407a, 40                   | Soy<br>17).          | getable<br>Fish & C | Energy (Ca<br>Protein (g)<br>Fat, total (g<br>Saturated F<br>Carbohydra<br>Sugars (g)<br>Sodium (m;<br>Crustaea<br>Energy (Ka)<br>Energy (Ca<br>Protein (g)<br>Fat, total (g<br>Saturated F<br>Carbohydra<br>Sugars (g)  | i)<br>Fat (g)<br>g)<br>Peanuts<br>i)<br>ii)<br>fat (g)<br>te (g)  | 182<br>436<br>7.9<br>19.9<br>7.7<br>57.1<br>57.1<br>57.1<br>57.1<br>7<br>7<br>7<br>7<br>7<br>7<br>7<br>7<br>7<br>7<br>7<br>7<br>7<br>7<br>7<br>7<br>7<br>7            | /Serve<br>20<br>6<br>9<br>7<br>3<br>3<br>7<br>3<br>0<br>0<br>1<br>Sesame<br>5<br>5<br>3<br>6<br>6<br>4<br>4<br>5<br>5<br>2                | Avg Qty /100r<br>565<br>135<br>2.5<br>6.0<br>0.8<br>17.8<br>17.7<br>17.7<br>17.7<br>17.7<br>Avg Qty /100r<br>517<br>124<br>2.3<br>5.5<br>3.6<br>16.1<br>15.4 | ulphites<br>T<br>Augustication<br>L Avg C   | Dty /Serve           2650           610           11.8           27.3           2.9           84.4           84.0           176           Present           Present           21y /Serve           2380           570           10.8           24.7           16.0           75.3           72.1 | Avg Qty /100mL<br>553<br>128<br>2.5<br>5.7<br>0.6<br>17.6<br>17.6<br>17.6<br>17.6<br>17.6<br>17.6<br>Y<br>Y<br>tium<br>Avg Qty /100mL<br>504<br>120<br>2.3<br>5.2<br>3.4<br>15.9<br>15.2   | Avg Qty /Serve<br>3190<br>763<br>14.4<br>32.4<br>2.8<br>102<br>102<br>212<br>Colours<br>Y<br>Li<br>Avg Qty /Serve<br>2860<br>684<br>13.2<br>29.3<br>18.9<br>91.2<br>87.4   | Avg Qty /100mL           548           131           2.5           5.6           0.5           17.6           17.5           37             arge           Avg Qty /100mL           498           119           2.3           5.1           3.3           15.9           15.2 |
| Frappe - Caramel Crush         CARAMEL FRAPPE BASE; Sugar, Milk, Cream, Milk Solids, Emulsifier (471), Stabilisers (412, 466, 410, 407a, 407), Flavours (2E; Water.         WHIPPED CREAM: Cream, Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (407, 401).         CARAMEL SAUCE: Sucrose Syrup (Cane), Sweetened Condensed Milk, Water, Thickener (1442), Flavours, Golden Syrup, S         Gums (415, 417, 401), Mineral Salt (339), Emulsifier (471), Colours (150d, 160c).         Contains milk.         Caramel Sauce contains traces of sulphites.         Frappe made on equipment used to make products containing gluten         Functionary Content of the solid strates of sulphites.         Frappe - Choc Whirl         CHOC FRAPPE BASE; Sugar, Milk Solids, Cream, Milk, Cocca Powder, Malt Extract, Chocolate Flavour, Emulsifier (471), State (2E; Water.         WHIPPED CREAM; Cream, Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (407, 401).         CHOCOLATE SAUCE: Sucrose Syrup (Cane), Water, Cocca Powder, Thickener (1442), Colour (150d), Flavour, Sait, Food Ac 417, 401).   | Gluten<br>T<br>sbilisers (412 | Eggs          | Milk<br>Y<br>110, 407a, 40<br>tive (202), Ve | )7).                 | rgetable            | Energy (Ca<br>Protein (g)<br>Fat, total (g<br>Saturated F<br>Carbohydre<br>Sugars (g)<br>Sodium (m<br>Crustaea<br>Energy (kJ)<br>Energy (Ca<br>Protein (g)<br>Fat, total (g<br>Saturated F<br>Carbohydre<br>Saturated F<br>Saturated F<br>Saturated F<br>Saturated F | i)<br>Fat (g)<br>g)<br>Peanuts<br>i)<br>i)<br>fat (g)<br>g)<br>g) | 182<br>436<br>7.9<br>19.<br>2.7.<br>57.<br>57.<br>57.<br>57.<br>57.<br>12:<br>Tree Nuts<br>Avg Qty 4<br>165<br>396<br>7.3<br>90<br>7.7.<br>11.4<br>11.4<br>11.4<br>98 | /Serve<br>20<br>6<br>9<br>7<br>3<br>3<br>7<br>3<br>0<br>1<br>Sesame<br>5<br>5<br>5<br>5<br>5<br>3<br>6<br>6<br>4<br>4<br>5<br>5<br>2<br>8 | Avg Qty /100r<br>565<br>135<br>2.5<br>6.0<br>0.8<br>17.8<br>17.7<br>38<br>Seeds 517<br>124<br>2.3<br>5.5<br>3.6<br>16.1<br>15.4<br>31                        | ulphites<br>T<br>hL Avg C   | Dty /Serve           2650           610           11.8           27.3           2.9           84.4           84.0           176           Preserve           2380           570           10.8           24.7           16.0           75.3           72.1           143                         | Avg Qty /100mL           553           128           2.5           5.7           0.6           17.6           17.6           17.6           Yative           Flavour           Y           Avg Qty /100mL           504           120           2.3           5.2           30   | Avg Qty /Serve<br>3190<br>763<br>14.4<br>32.4<br>2.8<br>102<br>102<br>212<br>Colours<br>Y<br>Li<br>Avg Qty /Serve<br>2860<br>684<br>13.2<br>29.3<br>18.9<br>91.2<br>87.4<br>173  | Avg Qty /100mL           548           131           2.5           5.6           0.5           17.6           17.5           37           arge           Avg Qty /100mL           498           119           2.3           5.1           3.3           15.9                  |
| Frappe - Caramel Crush         CARAMEL FRAPPE BASE: Sugar, Milk, Cream, Milk Solids, Emulsifier (471), Stabilisers (412, 466, 410, 407a, 407), Flavours (CE: Water.         WHIPPED CREAM: Cream, Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (407, 401).         CARAMEL SAUCE: Sucrose Syrup (Cane), Sweetened Condensed Milk, Water, Thickener (1442), Flavours, Golden Syrup, S         Gums (415, 417, 401), Mineral Salt (339), Emulsifier (471), Colours (150d, 160c).         Contains milk.         Caramel Sauce contains traces of sulphites.         Frappe made on equipment used to make products containing gluten         Functional Context (Contains Cream, Milk Solids, Cream, Milk, Coccoa Powder, Malt Extract, Chocolate Flavour, Emulsifier (471), State:         VHIPPED CREAM: Cream, Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (407, 401).         CHOC FRAPPE BASE: Sugar, Milk Solids, Cream, Milk, Coccoa Powder, Malt Extract, Chocolate Flavour, Emulsifier (471), State:         WHIPPED CREAM: Cream, Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (407, 401).         CHOC LATE SAUCE: Sucrose Syrup (Cane), Water, Coccoa Powder, Thickener (1442), Colour (150d), Flavour, Salt, Food Act 417, 401).         Contains gluten, & milk.  | Gluten<br>T                   | Eggs          | Milk<br>Y<br>110, 407a, 40                   | Soy<br>17).          | rgetable            | Energy (Ca<br>Protein (g)<br>Fat, total (g<br>Saturated F<br>Carbohydra<br>Sugars (g)<br>Sodium (m;<br>Crustaea<br>Energy (Ka)<br>Energy (Ca<br>Protein (g)<br>Fat, total (g<br>Saturated F<br>Carbohydra<br>Sugars (g)  | i)<br>Fat (g)<br>g)<br>Peanuts<br>i)<br>ii)<br>fat (g)<br>te (g)  | 182<br>436<br>7.9<br>19.9<br>7.7<br>57.1<br>57.1<br>57.1<br>57.1<br>7<br>7<br>7<br>7<br>7<br>7<br>7<br>7<br>7<br>7<br>7<br>7<br>7<br>7<br>7<br>7<br>7<br>7            | /Serve<br>20<br>6<br>9<br>7<br>3<br>3<br>7<br>3<br>0<br>0<br>1<br>Sesame<br>5<br>5<br>3<br>6<br>6<br>4<br>4<br>5<br>5<br>2                | Avg Qty /100r<br>565<br>135<br>2.5<br>6.0<br>0.8<br>17.8<br>17.7<br>38<br>Seeds 517<br>124<br>2.3<br>5.5<br>3.6<br>16.1<br>15.4<br>31                        | ulphites<br>T<br>Augustication<br>L Avg C   | Dty /Serve           2650           610           11.8           27.3           2.9           84.4           84.0           176           Present           Present           21y /Serve           2380           570           10.8           24.7           16.0           75.3           72.1 | Avg Qty /100mL<br>553<br>128<br>2.5<br>5.7<br>0.6<br>17.6<br>17.6<br>17.6<br>17.6<br>17.6<br>17.6<br>Y<br>Y<br>Statum<br>Avg Qty /100mL<br>504<br>120<br>2.3<br>5.2<br>3.4<br>15.9<br>15.2<br>30   | Avg Qty /Serve<br>3190<br>763<br>14.4<br>32.4<br>2.8<br>102<br>102<br>212<br>Colours<br>Y<br>Li<br>Avg Qty /Serve<br>2860<br>684<br>13.2<br>29.3<br>18.9<br>91.2<br>87.4   | Avg Qty /100mL           548           131           2.5           5.6           0.5           17.6           17.5           37   arge Avg Qty /100mL 498 119 2.3 5.1 3.3 15.9 15.2   |

|  |               |                |                |                   |   |                                 |   | Small    |   | N  | ledium  | L   | arge  |
|--|---------------|----------------|----------------|-------------------|---|---------------------------------|---|----------|---|--|---|---|---|
| Frappe - Coffee Kick   |               |                |                |                   |   |                                 | Avg Qty /   | Serve    | Avg Qty /100mL  | Avg Qty /Serve   | e Avg Qty /100mL  | Avg Qty /Serve  | Avg Qty /100mL  |
| COFFEE FLAVOURED FRAPPE BASE: Milk, Sugar, Cream, Milk Solids, Water, Coffee Powder, Emulsifier (471), Stabilisers (4  | 412, 466, 41  | 10, 407a, 40   | 7), Flavours.  |                   | Energy (kJ  | )                               | 1570  | 0        | 492   | 2250   | 478   | 2700  | 471   |
| ICE: Water.  |               |                |                |                   | Energy (Ca  | al)                             | 375   |          | 118   | 539  | 114   | 645   | 113   |
| WHIPPED CREAM: Cream, Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (407, 401).  |               |                |                |                   | Protein (g)   |                                 | 7.8   |          | 2.5   | 11.6   | 2.5   | 14.2  | 2.5   |
| COFFEE SAUCE: Sucrose Syrup, Water, Flavours, Thickener (1442), Cocoa Powder, Colour (150d), Salt, Food Acids (330, 33   | 1), Preserva  | ative (202), ' | √egetable Gu   | ıms (415,         | Fat, total (  |                                 | 17.5  |          | 5.5   | 24.7   | 5.2   | 29.2  | 5.1   |
| 417, 401)  |               |                |                |                   | Saturated   | Fat (g)                         | 11.8  |          | 3.7   | 16.6   | 3.5   | 19.7  | 3.4   |
|  |               |                |                |                   | Carbohydr   | ate (g)                         | 46.2  | 2        | 14.5  | 67.1   | 14.2  | 80.7  | 14.1  |
| Contains milk . Traces of sulphites.   |               |                |                |                   | Sugars (g)  |                                 | 43.9  |          | 13.8  | 64.0   | 13.6  | 77.0  | 13.4  |
| Coffee Sauce manufactured on a line that produces products containing gluten   |               |                |                |                   | Sodium (m   | ng)                             | 110   | )        | 35  | 162  | 34  | 195   | 34  |
| Frappe made on equipment used to make products containing gluten   | Gluten        | Eggs           | Milk           | Soy               | Fish & Crustaea   | Peanuts                         | Tree Nuts   | Sesame   | Seeds Sul   | phites Pres  | ervative Flavour  | Colours   |   |
|  | Т             |                | Y              |                   |   |                                 |   |          |   | Т  | Y Y   | Y   |   |
|  |               |                |                |                   |   |                                 |   | Small    | 1   | N  | ledium  | L   | arge  |
| Smoothie - Bananaberry Bash  |               |                |                |                   |   |                                 | Avg Qty /   | Serve    | Avg Qty /100mL  | Avg Qty /Serve   | e Avg Qty /100mL  | Avg Qty /Serve  | Avg Qty /100m   |
|  | y), Flavours, | , Thickeners   | s (466, 440, 4 | 15), Acidity Re   | gulator Energy (kJ  | )                               | 767   |          | 264   | 1120   | 260   | 1430  | 251   |
| (330), Antioxidant (300).  |               |                |                |                   | Energy (Ca  |                                 | 183   | ;        | 63  | 267  | 62  | 342   | 60  |
| ICE: Water.  |               |                |                |                   | Protein (g)   |                                 | 2.0   |          | 0.7   | 2.9  | 0.7   | 3.8   | 0.7   |
| LOW FAT YOGHURT: Skim Milk, Sugar, Cream, Milk Solids, Gelatine, Live Yoghurt Cultures.  |               |                |                |                   | Fat, total (  | g)                              | 1.5   |          | 0.5   | 2.1  | 0.5   | 2.8   | 0.5   |
|  |               |                |                |                   | Saturated   | Fat (g)                         | 0.5   |          | 0.2   | 0.8  | 0.2   | 1.0   | 0.2   |
| Contains milk.   |               |                |                |                   | Carbohydr   | ate (g)                         | 39.2  |          | 13.5  | 57.1   | 13.3  | 73.1  | 12.8  |
| Smoothie made on equipment used to make products containing gluten   |               |                |                |                   | Sugars (g)  |                                 | 35.6  |          | 12.2  | 51.8   | 12.1  | 66.3  | 11.6  |
|  |               |                |                |                   | Sodium (m   | ng)                             | 57  |          | 19  | 82   | 19  | 105   | 18  |
|  | Gluten        | Eggs           | Milk           | Soy               | Fish & Crustaea   | Peanuts                         | Tree Nuts   | Sesame S | Seeds Sul   | phites Pres  | ervative Flavour  | Colours   |   |
|  | Т             |                | Y              |                   |   |                                 |   |          |   |  | Y   |   |   |
|  |               |                |                |                   |   |                                 |   | Small    |   | N  | ledium  | L   | arge  |
|  |               |                |                |                   |   |                                 |   |          |   |  |   |   |   |
| Smoothie - Mango Pineapple Smash   |               |                |                |                   |   |                                 | Avg Qty /   | Serve    | Avg Qty /100mL  | Avg Qty /Serve   | e Avg Qty /100mL  | Avg Qty /Serve  | e Avg Qty /100m   |
|  | Crushed Pin   | neapple, An    | tioxidant (300 | l)], Passionfruit | Juice, Energy (kJ   | )                               | Avg Qty /<br>770                                      |          | Avg Qty /100mL<br>252   | Avg Qty /Serve<br>1110   | e Avg Qty /100mL<br>248   | Avg Qty /Serve<br>1410  | e Avg Qty /100m<br>252  |
| MANGO PINEAPPLE SYPUP: Water, Fruit Sugar, Mango Puree, Fruit Juice Concentrates [Pineapple, Orange, Apple, Peach),<br>Flavours, Thickeners (466, 440, 415), Acidity Regulator (330), Colours (Carrot Extract, Tumeric Extract).   | Crushed Pin   | neapple, An    | tioxidant (300 | )], Passionfruit  | Energy (Ca  | al)                             | 770<br>184  | )        | 252<br>60   | 1110<br>265  | 248<br>59   | 1410<br>338   | 252<br>60   |
| MANGO PINEAPPLE SYRUP: Water, Fruit Sugar, Mango Puree, Fruit Juice Concentrates [Pineapple, Orange, Apple, Peach),<br>Flavours, Thickeners (466, 440, 415), Acidity Regulator (330), Colours (Carrot Extract, Tumeric Extract).<br>ICE: Water.  | Crushed Pin   | neapple, An    | tioxidant (300 | I)], Passionfruit | Energy (Ca<br>Protein (g)   | al)                             | 770<br>184<br>1.7                                     | )        | 252<br>60<br>0.6  | 1110<br>265<br>2.5   | 248<br>59<br>0.5  | 1410<br>338<br>3.2  | 252<br>60<br>0.6  |
| <u>Smoothie - Mango Pineapple Smash</u><br><u>MANGO PINEAPPLE SYRUP</u> : Water, Fruit Sugar, Mango Puree, Fruit Juice Concentrates [Pineapple, Orange, Apple, Peach),<br>Flavours, Thickeners (466, 440, 415), Acidity Regulator (330), Colours (Carrot Extract, Tumeric Extract).<br><u>ICE</u> : Water.<br><u>LOW FAT YOGHURT:</u> Skim Milk, Sugar, Cream, Milk Solids, Gelatine, Live Yoghurt Cultures.   | Crushed Pin   | neapple, An    | tioxidant (300 | I)], Passionfruit | Energy (Ca<br>Protein (g)<br>Fat, total (g  | al)<br>g)                       | 770<br>184<br>1.7<br>0.7                              | )        | 252<br>60<br>0.6<br>0.2   | 1110<br>265<br>2.5<br>1.0                                      | 248<br>59<br>0.5<br>0.2   | 1410<br>338<br>3.2<br>1.3   | 252<br>60<br>0.6<br>0.2   |
| MANGO PINEAPPLE SYRUP: Water, Fruit Sugar, Mango Puree, Fruit Juice Concentrates [Pineapple, Orange, Apple, Peach),<br>Flavours, Thickeners (466, 440, 415), Acidity Regulator (330), Colours (Carrot Extract, Tumeric Extract).<br>ICE: Water.<br>LOW FAT YOGHURT: Skim Milk, Sugar, Cream, Milk Solids, Gelatine, Live Yoghurt Cultures.   | Crushed Pin   | neapple, An    | tioxidant (300 | ))], Passionfruit | Energy (Ca<br>Protein (g)<br>Fat, total (<br>Saturated  | g)<br>Fat (g)                   | 770<br>184<br>1.7<br>0.7<br>0.5                       |          | 252<br>60<br>0.6<br>0.2<br>0.2                                    | 1110<br>265<br>2.5<br>1.0<br>0.7                               | 248<br>59<br>0.5<br>0.2<br>0.2  | 1410<br>338<br>3.2<br>1.3<br>1.0  | 252<br>60<br>0.6<br>0.2<br>0.2  |
| MANGO PINEAPPLE SYRUP: Water, Fruit Sugar, Mango Puree, Fruit Juice Concentrates [Pineapple, Orange, Apple, Peach),<br>Flavours, Thickeners (466, 440, 415), Acidity Regulator (330), Colours (Carrot Extract, Tumeric Extract).<br>ICE: Water.<br>LOW FAT YOGHURT: Skim Milk, Sugar, Cream, Milk Solids, Gelatine, Live Yoghurt Cultures.<br>Contains milk.   | Crushed Pin   | neapple, An    | tioxidant (300 | )), Passionfruit  | Energy (Ca<br>Protein (g)<br>Fat, total (g<br>Saturated<br>Carbohydr                            | g)<br>Fat (g)<br>ate (g)        | 770<br>184<br>1.7<br>0.7<br>0.5<br>41.0               |          | 252<br>60<br>0.6<br>0.2<br>0.2<br>13.4                            | 1110<br>265<br>2.5<br>1.0<br>0.7<br>59.1                       | 248<br>59<br>0.5<br>0.2<br>0.2<br>13.2  | 1410<br>338<br>3.2<br>1.3<br>1.0<br>75.3  | 252<br>60<br>0.6<br>0.2<br>0.2<br>13.4  |
| MANGO PINEAPPLE SYRUP: Water, Fruit Sugar, Mango Puree, Fruit Juice Concentrates [Pineapple, Orange, Apple, Peach),<br>Flavours, Thickeners (466, 440, 415), Acidity Regulator (330), Colours (Carrot Extract, Tumeric Extract).<br>ICE: Water.  | Crushed Pin   | neapple, An    | tioxidant (300 | ))], Passionfruit | Energy (Ca<br>Protein (g)<br>Fat, total (g<br>Saturated<br>Carbohydr<br>Sugars (g)              | al)<br>g)<br>Fat (g)<br>ate (g) | 770<br>184<br>1.7<br>0.7<br>0.5<br>41.0<br>40.3       | )        | 252<br>60<br>0.6<br>0.2<br>0.2<br>13.4<br>13.2                    | 1110<br>265<br>2.5<br>1.0<br>0.7<br>59.1<br>58.0               | 248<br>59<br>0.5<br>0.2<br>0.2<br>13.2<br>13.0  | 1410<br>338<br>3.2<br>1.3<br>1.0<br>75.3<br>73.9  | 252<br>60<br>0.6<br>0.2<br>0.2<br>13.4<br>13.2  |
| MANGO PINEAPPLE SYRUP: Water, Fruit Sugar, Mango Puree, Fruit Juice Concentrates [Pineapple, Orange, Apple, Peach),<br>Flavours, Thickeners (466, 440, 415), Acidity Regulator (330), Colours (Carrot Extract, Tumeric Extract).<br>ICE: Water.<br>LOW FAT YOGHURT: Skim Milk, Sugar, Cream, Milk Solids, Gelatine, Live Yoghurt Cultures.   |               |                |                |                   | Energy (Ca<br>Protein (g)<br>Fat, total (g<br>Saturated<br>Carbohydr<br>Sugars (g)<br>Sodium (m | al)<br>g)<br>Fat (g)<br>ate (g) | 770<br>184<br>1.7<br>0.7<br>0.5<br>41.0<br>40.3<br>40 | )        | 252<br>60<br>0.6<br>0.2<br>0.2<br>13.4<br>13.2<br>13              | 1110<br>265<br>2.5<br>1.0<br>0.7<br>59.1<br>58.0<br>57         | 248<br>59<br>0.5<br>0.2<br>0.2<br>13.2<br>13.0<br>13  | 1410           338           3.2           1.3           1.0           75.3           73.9           73   | 252<br>60<br>0.6<br>0.2<br>0.2<br>13.4  |
| MANGO PINEAPPLE SYRUP: Water, Fruit Sugar, Mango Puree, Fruit Juice Concentrates [Pineapple, Orange, Apple, Peach),<br>Flavours, Thickeners (466, 440, 415), Acidity Regulator (330), Colours (Carrot Extract, Tumeric Extract).<br>ICE: Water.<br>LOW FAT YOGHURT: Skim Milk, Sugar, Cream, Milk Solids, Gelatine, Live Yoghurt Cultures.   | Crushed Pin   | neapple, An    | tioxidant (300 | i)], Passionfruit | Energy (Ca<br>Protein (g)<br>Fat, total (g<br>Saturated<br>Carbohydr<br>Sugars (g)              | al)<br>g)<br>Fat (g)<br>ate (g) | 770<br>184<br>1.7<br>0.7<br>0.5<br>41.0<br>40.3<br>40 | )        | 252<br>60<br>0.6<br>0.2<br>0.2<br>13.4<br>13.2<br>13              | 1110<br>265<br>2.5<br>1.0<br>0.7<br>59.1<br>58.0<br>57         | 248<br>59<br>0.5<br>0.2<br>0.2<br>13.2<br>13.0  | 1410<br>338<br>3.2<br>1.3<br>1.0<br>75.3<br>73.9  | 252<br>60<br>0.6<br>0.2<br>0.2<br>13.4<br>13.2  |
| MANGO PINEAPPLE SYRUP: Water, Fruit Sugar, Mango Puree, Fruit Juice Concentrates [Pineapple, Orange, Apple, Peach),<br>Flavours, Thickeners (466, 440, 415), Acidity Regulator (330), Colours (Carrot Extract, Tumeric Extract).<br>ICE: Water.<br>LOW FAT YOGHURT: Skim Milk, Sugar, Cream, Milk Solids, Gelatine, Live Yoghurt Cultures.<br>Contains milk.<br>Smoothie made on equipment used to make products containing gluten   |               |                |                |                   | Energy (Ca<br>Protein (g)<br>Fat, total (g<br>Saturated<br>Carbohydr<br>Sugars (g)<br>Sodium (m | al)<br>g)<br>Fat (g)<br>ate (g) | 770<br>184<br>1.7<br>0.7<br>0.5<br>41.0<br>40.3<br>40 | )        | 252<br>60<br>0.6<br>0.2<br>0.2<br>13.4<br>13.2<br>13              | 1110<br>265<br>2.5<br>1.0<br>0.7<br>59.1<br>58.0<br>57         | 248<br>59<br>0.5<br>0.2<br>0.2<br>13.2<br>13.0<br>13  | 1410           338           3.2           1.3           1.0           75.3           73.9           73   | 60<br>0.6<br>0.2<br>0.2<br>13.4<br>13.2   |
| MANGO PINEAPPLE SYPUP: Water, Fruit Sugar, Mango Puree, Fruit Juice Concentrates [Pineapple, Orange, Apple, Peach),<br>Flavours, Thickeners (466, 440, 415), Acidity Regulator (330), Colours (Carrot Extract, Tumeric Extract).<br>ICE: Water.<br>LOW FAT YOGHURT: Skim Milk, Sugar, Cream, Milk Solids, Gelatine, Live Yoghurt Cultures.<br>Contains milk.<br>Smoothie made on equipment used to make products containing gluten   |               |                | Milk           |                   | Energy (Ca<br>Protein (g)<br>Fat, total (g<br>Saturated<br>Carbohydr<br>Sugars (g)<br>Sodium (m | al)<br>g)<br>Fat (g)<br>ate (g) | 770<br>184<br>1.7<br>0.7<br>0.5<br>41.0<br>40.3<br>40 | )        | 252<br>60<br>0.6<br>0.2<br>0.2<br>13.4<br>13.2<br>13              | 1110<br>265<br>2.5<br>1.0<br>0.7<br>59.1<br>58.0<br>57         | 248<br>59<br>0.5<br>0.2<br>0.2<br>13.2<br>13.0<br>13<br>ervative Flavour  | 1410<br>338<br>3.2<br>1.3<br>1.0<br>75.3<br>73.9<br>73<br>Colours   | 252<br>60<br>0.6<br>0.2<br>0.2<br>13.4<br>13.2  |
| MANGO PINEAPPLE SYRUP: Water, Fruit Sugar, Mango Puree, Fruit Juice Concentrates [Pineapple, Orange, Apple, Peach),<br>Flavours, Thickeners (466, 440, 415), Acidity Regulator (330), Colours (Carrot Extract, Tumeric Extract).<br>ICE: Water.<br>LOW FAT YOGHURT: Skim Milk, Sugar, Cream, Milk Solids, Gelatine, Live Yoghurt Cultures.   |               |                | Milk           |                   | Energy (Ca<br>Protein (g)<br>Fat, total (g<br>Saturated<br>Carbohydr<br>Sugars (g)<br>Sodium (m | al)<br>g)<br>Fat (g)<br>ate (g) | 770<br>184<br>1.7<br>0.7<br>0.5<br>41.0<br>40.3<br>40 | )        | 252<br>60<br>0.6<br>0.2<br>0.2<br>13.4<br>13.2<br>13              | 1110<br>265<br>2.5<br>1.0<br>0.7<br>59.1<br>58.0<br>57         | 248<br>59<br>0.5<br>0.2<br>0.2<br>13.2<br>13.0<br>13<br>ervative Flavour  | 1410<br>338<br>3.2<br>1.3<br>1.0<br>75.3<br>73.9<br>73<br>Colours<br>Y  | 252<br>60<br>0.2<br>0.2<br>13.4<br>13.2<br>13   |
| MANGO PINEAPPLE SYPUP: Water, Fruit Sugar, Mango Puree, Fruit Juice Concentrates [Pineapple, Orange, Apple, Peach),<br>Flavours, Thickeners (466, 440, 415), Acidity Regulator (330), Colours (Carrot Extract, Tumeric Extract).<br>ICE: Water.<br>LOW FAT YOGHURT: Skim Milk, Sugar, Cream, Milk Solids, Gelatine, Live Yoghurt Cultures.<br>Contains milk.<br>Smoothie made on equipment used to make products containing gluten<br>HOT DRINKS   |               |                | Milk           |                   | Energy (Ca<br>Protein (g)<br>Fat, total (g<br>Saturated<br>Carbohydr<br>Sugars (g)<br>Sodium (m | al)<br>g)<br>Fat (g)<br>ate (g) | 770<br>184<br>1.7<br>0.7<br>0.5<br>41.0<br>40.3<br>40 | )        | 252<br>60<br>0.6<br>0.2<br>0.2<br>13.4<br>13.2<br>13              | 1110<br>265<br>2.5<br>1.0<br>0.7<br>59.1<br>58.0<br>57         | 248<br>59<br>0.5<br>0.2<br>0.2<br>13.2<br>13.0<br>13<br>ervative Flavour  | 1410<br>338<br>3.2<br>1.3<br>1.0<br>75.3<br>73.9<br>73<br>Colours<br>Y  | 252<br>60<br>0.2<br>0.2<br>13.4<br>13.2<br>13   |
| <u>MANGO PINEAPPLE SYPUP</u> : Water, Fruit Sugar, Mango Puree, Fruit Juice Concentrates [Pineapple, Orange, Apple, Peach),<br>Flavours, Thickeners (466, 440, 415), Acidity Regulator (330), Colours (Carrot Extract, Tumeric Extract).<br><u>ICE</u> : Water.<br><u>LOW FAT YOGHURT</u> : Skim Milk, Sugar, Cream, Milk Solids, Gelatine, Live Yoghurt Cultures.<br>Contains milk.<br>Smoothie made on equipment used to make products containing gluten<br><u>HOT DRINKS</u><br><u>Espresso Pronto - Espresso</u><br><u>WATER</u> . |               |                | Milk           |                   | Energy (Ca<br>Protein (g)<br>Fat, total (g<br>Saturated<br>Carbohydr<br>Sugars (g)<br>Sodium (m | al)<br>g)<br>Fat (g)<br>ate (g) | 770<br>184<br>1.7<br>0.7<br>0.5<br>41.0<br>40.3<br>40 | )        | 252<br>60<br>0.6<br>0.2<br>0.2<br>13.4<br>13.2<br>13              | 1110<br>265<br>2.5<br>1.0<br>0.7<br>59.1<br>58.0<br>57         | 248<br>59<br>0.5<br>0.2<br>13.2<br>13.0<br>13.0<br>13<br>ervative Flavour<br>Y  | 1410<br>338<br>3.2<br>1.3<br>1.0<br>75.3<br>73.9<br>73<br>Colours<br>Y<br>Avg Qty /Serve<br>2<br><1   | 252<br>60<br>0.6<br>0.2<br>13.4<br>13.2<br>13<br>4<br>13.2<br>13  |
| <u>MANGO PINEAPPLE SYPUP</u> : Water, Fruit Sugar, Mango Puree, Fruit Juice Concentrates [Pineapple, Orange, Apple, Peach),<br>Flavours, Thickeners (466, 440, 415), Acidity Regulator (330), Colours (Carrot Extract, Tumeric Extract).<br><u>ICE</u> : Water.<br><u>LOW FAT YOGHURT</u> : Skim Milk, Sugar, Cream, Milk Solids, Gelatine, Live Yoghurt Cultures.<br>Contains milk.<br>Smoothie made on equipment used to make products containing gluten<br><u>HOT DRINKS</u><br><u>Espresso Pronto - Espresso</u><br><u>WATER</u> . |               |                | Milk           |                   | Energy (Ca<br>Protein (g)<br>Fat, total (g<br>Saturated<br>Carbohydr<br>Sugars (g)<br>Sodium (m | al)<br>g)<br>Fat (g)<br>ate (g) | 770<br>184<br>1.7<br>0.7<br>0.5<br>41.0<br>40.3<br>40 | )        | 252<br>60<br>0.6<br>0.2<br>0.2<br>13.4<br>13.2<br>13              | 1110<br>265<br>2.5<br>1.0<br>0.7<br>59.1<br>58.0<br>57         | 248<br>59<br>0.5<br>0.2<br>13.2<br>13.0<br>13<br>rervative Flavour<br>Y<br>Energy (kJ)  | 1410           338           3.2           1.3           1.0           75.3           73.9           73           Colours           Y           Avg Qty /Serve           2              | 252<br>60<br>0.6<br>0.2<br>13.4<br>13.2<br>13<br>4<br>13.2<br>13  |
| <u>MANGO PINEAPPLE SYPUP</u> : Water, Fruit Sugar, Mango Puree, Fruit Juice Concentrates [Pineapple, Orange, Apple, Peach),<br>Flavours, Thickeners (466, 440, 415), Acidity Regulator (330), Colours (Carrot Extract, Tumeric Extract).<br><u>ICE</u> : Water.<br><u>LOW FAT YOGHURT</u> : Skim Milk, Sugar, Cream, Milk Solids, Gelatine, Live Yoghurt Cultures.<br>Contains milk.<br>Smoothie made on equipment used to make products containing gluten<br><u>HOT DRINKS</u><br><u>Espresso Pronto - Espresso</u><br><u>WATER</u> . |               |                | Milk           |                   | Energy (Ca<br>Protein (g)<br>Fat, total (g<br>Saturated<br>Carbohydr<br>Sugars (g)<br>Sodium (m | al)<br>g)<br>Fat (g)<br>ate (g) | 770<br>184<br>1.7<br>0.7<br>0.5<br>41.0<br>40.3<br>40 | )        | 252<br>60<br>0.6<br>0.2<br>0.2<br>13.4<br>13.2<br>13              | 1110<br>265<br>2.5<br>1.0<br>0.7<br>59.1<br>58.0<br>57         | 248           59           0.5           0.2           13.2           13.0           13           revative           Flavour           Y           Energy (kJ)           Energy (Cal)   | 1410           338           3.2           1.3           1.0           75.3           73.9           73           Colours           Y           Avg Qty /Serve           2           <1 | 252<br>60<br>0.6<br>0.2<br>13.4<br>13.2<br>13<br>Avg Qty /100m<br>3<br>1                                    |
| <u>MANGO PINEAPPLE SYPUP</u> : Water, Fruit Sugar, Mango Puree, Fruit Juice Concentrates [Pineapple, Orange, Apple, Peach),<br>Flavours, Thickeners (466, 440, 415), Acidity Regulator (330), Colours (Carrot Extract, Tumeric Extract).<br><u>ICE</u> : Water.<br><u>LOW FAT YOGHURT</u> : Skim Milk, Sugar, Cream, Milk Solids, Gelatine, Live Yoghurt Cultures.<br>Contains milk.<br>Smoothie made on equipment used to make products containing gluten<br><u>HOT DRINKS</u><br><u>Espresso Pronto - Espresso</u><br><u>WATER</u> . |               |                | Milk           |                   | Energy (Ca<br>Protein (g)<br>Fat, total (g<br>Saturated<br>Carbohydr<br>Sugars (g)<br>Sodium (m | al)<br>g)<br>Fat (g)<br>ate (g) | 770<br>184<br>1.7<br>0.7<br>0.5<br>41.0<br>40.3<br>40 | )        | 252<br>60<br>0.6<br>0.2<br>0.2<br>13.4<br>13.2<br>13              | 1110<br>265<br>2.5<br>1.0<br>0.7<br>59.1<br>58.0<br>57         | 248           59           0.5           0.2           13.2           13.0           13           Flavour           Y           Energy (kJ)           Energy (Cal)           Protein (g)  | 1410           338           3.2           1.3           1.0           75.3           73.9           73           Colours           Y           Avg Qty /Serve           2           <1 | 252<br>60<br>0.2<br>0.2<br>13.4<br>13.2<br>13<br>3<br>Avg Qty /100m<br>3<br>1<br>0.1                        |
| <u>MANGO PINEAPPLE SYPUP</u> : Water, Fruit Sugar, Mango Puree, Fruit Juice Concentrates [Pineapple, Orange, Apple, Peach),<br>Flavours, Thickeners (466, 440, 415), Acidity Regulator (330), Colours (Carrot Extract, Tumeric Extract).<br><u>ICE</u> : Water.<br><u>LOW FAT YOGHURT</u> : Skim Milk, Sugar, Cream, Milk Solids, Gelatine, Live Yoghurt Cultures.<br>Contains milk.<br>Smoothie made on equipment used to make products containing gluten<br><u>HOT DRINKS</u><br><u>Espresso Pronto - Espresso</u><br><u>WATER</u> . |               |                | Milk           |                   | Energy (Ca<br>Protein (g)<br>Fat, total (g<br>Saturated<br>Carbohydr<br>Sugars (g)<br>Sodium (m | al)<br>g)<br>Fat (g)<br>ate (g) | 770<br>184<br>1.7<br>0.7<br>0.5<br>41.0<br>40.3<br>40 | )        | 252<br>60<br>0.6<br>0.2<br>0.2<br>13.4<br>13.2<br>13              | 1110<br>265<br>2.5<br>1.0<br>0.7<br>59.1<br>58.0<br>57         | 248           59           0.5           0.2           13.2           13.0           13           ervative           Flavour           Y           Energy (kJ)           Energy (Cal)           Protein (g)           Fat, total (g)  | 1410           338           3.2           1.3           1.0           75.3           73.9           73           Colours           Y           Avg Qty /Serve           2           <1 | 252<br>60<br>0.2<br>0.2<br>13.4<br>13.2<br>13<br>4<br>4 Avg Qty /100m<br>3<br>1<br>0.1<br>0.0               |
| MANGO PINEAPPLE SYRUP: Water, Fruit Sugar, Mango Puree, Fruit Juice Concentrates [Pineapple, Orange, Apple, Peach),<br>Flavours, Thickeners (466, 440, 415), Acidity Regulator (330), Colours (Carrot Extract, Tumeric Extract).<br>ICE: Water.<br>LOW FAT YOGHURT: Skim Milk, Sugar, Cream, Milk Solids, Gelatine, Live Yoghurt Cultures.<br>Contains milk.<br>Smoothie made on equipment used to make products containing gluten<br>HOT DRINKS<br>Espresso Pronto - Espresso   |               |                | Milk           |                   | Energy (Ca<br>Protein (g)<br>Fat, total (g<br>Saturated<br>Carbohydr<br>Sugars (g)<br>Sodium (m | al)<br>g)<br>Fat (g)<br>ate (g) | 770<br>184<br>1.7<br>0.7<br>0.5<br>41.0<br>40.3<br>40 | )        | 252<br>60<br>0.6<br>0.2<br>0.2<br>13.4<br>13.2<br>13              | 1110<br>265<br>2.5<br>1.0<br>0.7<br>59.1<br>58.0<br>57         | 248           59           0.5           0.2           13.2           13.0           13           ervative           Flavour           Y           Energy (kJ)           Energy (Cal)           Protein (g)           Fat, total (g)           Saturated Fat (g)  | 1410           338           3.2           1.3           1.0           75.3           73.9           73           Colours           Y           Avg Qty /Serve           2           <1 | 252<br>60<br>0.6<br>0.2<br>13.4<br>13.2<br>13<br>4<br>4 Vg Qty /100m<br>3<br>1<br>0.1<br>0.1<br>0.0         |
| <u>MANGO PINEAPPLE SYRUP</u> : Water, Fruit Sugar, Mango Puree, Fruit Juice Concentrates [Pineapple, Orange, Apple, Peach),<br>Flavours, Thickeners (466, 440, 415), Acidity Regulator (330), Colours (Carrot Extract, Tumeric Extract).<br><u>ICE</u> : Water.<br><u>LOW FAT YOGHURT</u> : Skim Milk, Sugar, Cream, Milk Solids, Gelatine, Live Yoghurt Cultures.<br>Contains milk.<br>Smoothie made on equipment used to make products containing gluten<br><u>HOT DRINKS</u><br><u>Espresso Pronto - Espresso</u><br><u>WATER.</u>  |               |                | Milk           |                   | Energy (Ca<br>Protein (g)<br>Fat, total (g<br>Saturated<br>Carbohydr<br>Sugars (g)<br>Sodium (m | al)<br>g)<br>Fat (g)<br>ate (g) | 770<br>184<br>1.7<br>0.7<br>0.5<br>41.0<br>40.3<br>40 | )        | 252<br>60<br>0.6<br>0.2<br>0.2<br>13.4<br>13.2<br>13              | 1110<br>265<br>2.5<br>1.0<br>0.7<br>59.1<br>58.0<br>57         | 248           59           0.5           0.2           13.2           13.0           13           Y           Energy (kJ)           Energy (kJ)           Protein (g)           Fat, total (g)           Saturated Fat (g)           Carbohydrate (g)   | 1410           338           3.2           1.3           1.0           75.3           73.9           73           Colours           Y           Avg Qty /Serve           2           <1 | 252<br>60<br>0.6<br>0.2<br>0.2<br>13.4<br>13.2<br>13<br>Avg Qty /100m<br>3<br>1<br>0.1<br>0.0<br>0.0<br>0.1 |
| <u>MANGO PINEAPPLE SYPUP</u> : Water, Fruit Sugar, Mango Puree, Fruit Juice Concentrates [Pineapple, Orange, Apple, Peach),<br>Flavours, Thickeners (466, 440, 415), Acidity Regulator (330), Colours (Carrot Extract, Tumeric Extract).<br><u>ICE:</u> Water.<br><u>LOW FAT YOGHURT:</u> Skim Milk, Sugar, Cream, Milk Solids, Gelatine, Live Yoghurt Cultures.<br>Contains milk.<br>Smoothie made on equipment used to make products containing gluten<br><u>HOT DRINKS</u><br><u>Espresso Pronto - Espresso</u><br><u>WATER.</u>    |               |                | Milk           |                   | Energy (Ca<br>Protein (g)<br>Fat, total (g<br>Saturated<br>Carbohydr<br>Sugars (g)<br>Sodium (m | al)<br>g)<br>Fat (g)<br>ate (g) | 770<br>184<br>1.7<br>0.7<br>0.5<br>41.0<br>40.3<br>40 | )        | 252<br>60<br>0.6<br>0.2<br>0.2<br>13.4<br>13.2<br>13<br>Seeds Sul | 1110<br>265<br>2.5<br>1.0<br>0.7<br>59.1<br>58.0<br>57<br>Pres | 248           59           0.2           0.2           13.2           13.0           13           vervative           Flavour           Y           Energy (kJ)           Energy (Cal)           Protein (g)           Fat, total (g)           Saturated Fat (g)           Carbohydrate (g)           Sugars (g) | 1410           338           3.2           1.3           1.0           75.3           73.9           73           Colours           Y           Avg Qty /Serve           2           <1 | 252<br>60<br>0.2<br>0.2<br>13.4<br>13.2<br>13<br>Avg Qty /100m<br>3<br>1<br>0.1<br>0.0<br>0.0<br>0.1<br>0.1 |

|   |        |      |      |     |                 |         |           | Small       |            |           | Standard          |                 | Tall              |
|---|--------|------|------|-----|-----------------|---------|-----------|-------------|------------|-----------|-------------------|-----------------|-------------------|
| Espresso Pronto - Cappuccino  |        |      |      |     |                 |         | Avg Qty / |             | Qty /100mL | Avg Qty / |                   | ml Ava Otv /Se  | ve Avg Qty /100mL |
| WATER.  |        |      |      |     | Energy (kJ)     | )       | 418       |             | 161        | 576       |                   | 663             | 139               |
| ROAST & GROUND COFFEE.  |        |      |      |     | Energy (Ca      |         | 100       |             | 39         | 138       |                   | 159             | 33                |
| MILK: Whole Fresh Milk  |        |      |      |     | Protein (g)     | /       | 4.8       |             | 1.9        | 6.7       | 1.8               | 7.8             | 1.6               |
| CHOC POWDER: Sugar, Cocoa Powder, Whey Powder, Flavour, Starch, Salt. |        |      |      |     | Fat, total (g   | 1)      | 5.4       |             | 2.1        | 7.5       |                   | 8.7             | 1.8               |
|   |        |      |      |     | Saturated F     | Fat (g) | 3.5       |             | 1.4        | 4.9       |                   | 5.7             | 1.2               |
| Contains milk.  |        |      |      |     | Carbohydra      | ate (g) | 8.0       |             | 3.1        | 10.7      |                   | 12.2            | 2.6               |
|   |        |      |      |     | Sugars (g)      |         | 7.9       |             | 3.0        | 10.6      |                   | 12.1            | 2.5               |
|   |        | -    |      |     | Sodium (m       | 5/      | 62        |             | 24         | 86        | 23                | 99              | 21                |
|   | Gluten | Eggs | Milk | Soy | Fish & Crustaea | Peanuts | Tree Nuts | Sesame Seed | s Sulp     | ohites    | Preservative Flag |                 | _                 |
|   |        |      | Ť    |     |                 |         |           |             |            |           | `                 |                 |                   |
|   |        |      |      |     |                 |         |           | Small       | a. //aa /  |           | Standard          |                 | Tall              |
| Espresso Pronto - Flat White  |        |      |      |     |                 |         | Avg Qty / |             |            | Avg Qty / | •••               |                 | ve Avg Qty /100mL |
| WATER.  |        |      |      |     | Energy (kJ)     |         | 473       |             | 182        | 688       | -                 | 860             | 181               |
| ROAST & GROUND COFFEE.  |        |      |      |     | Energy (Ca      | al)     | 113       |             | 43         | 165       |                   | 206             | 43                |
| <u>MILK:</u> Whole Fresh <b>Milk</b>                                  |        |      |      |     | Protein (g)     |         | 5.7       |             | 2.2        | 8.2       |                   | 10.3            | 2.2               |
|   |        |      |      |     | Fat, total (g   |         | 6.5       |             | 2.5        | 9.4       | 2.5               | 11.8            | 2.5               |
| Contains milk.  |        |      |      |     | Saturated F     |         | 4.3       |             | 1.6        | 6.2       |                   | 7.7             | 1.6               |
|   |        |      |      |     | Carbohydra      | ate (g) | 8.1       |             | 3.1        | 11.7      | -                 | 14.7            | 3.1               |
|   |        |      |      |     | Sugars (g)      |         | 8.0       |             | 3.1        | 11.7      | -                 | 14.6            | 3.1               |
|   |        |      |      |     | Sodium (m       | g)      | 71        |             | 27         | 103       |                   | 129             | 27                |
|   | Gluten | Eggs | Milk | Soy | Fish & Crustaea | Peanuts | Tree Nuts | Sesame Seed | s Sulp     | ohites    | Preservative Flat | our Colours     |                   |
|   |        |      | Y    |     |                 |         |           |             |            |           |                   |                 |                   |
|   |        |      |      |     |                 |         |           | Small       |            |           | Standard          |                 | Tall              |
| Espresso Pronto - Latte   |        |      |      |     |                 |         | Avg Qty / | Serve Avg   | Qty /100mL | Avg Qty / | Serve Avg Qty /10 | mL Avg Qty /Sei | ve Avg Qty /100mL |
| WATER.  |        |      |      |     | Energy (kJ)     | )       | 458       | ;           | 176        | 658       | 173               | 817             | 172               |
| ROAST & GROUND COFFEE.  |        |      |      |     | Energy (Ca      |         | 110       | )           | 42         | 157       | 41                | 195             | 41                |
| MILK: Whole Fresh Milk  |        |      |      |     | Protein (g)     |         | 5.5       |             | 2.1        | 7.9       | 2.1               | 9.8             | 2.1               |
|   |        |      |      |     | Fat, total (g   | 1)      | 6.3       |             | 2.4        | 9.0       | 2.4               | 11.2            | 2.3               |
| Contains milk.  |        |      |      |     | Saturated F     | at (g)  | 4.1       |             | 1.6        | 5.9       |                   | 7.4             | 1.5               |
|   |        |      |      |     | Carbohydra      | ate (g) | 7.8       |             | 3.0        | 11.2      | 2.9               | 13.9            | 2.9               |
|   |        |      |      |     | Sugars (g)      |         | 7.8       |             | 3.0        | 11.2      | 2.9               | 13.9            | 2.9               |
|   |        |      |      |     | Sodium (m       | g)      | 69        |             | 26         | 99        | 26                | 122             | 26                |
|   | Gluten | Eggs | Milk | Soy | Fish & Crustaea | Peanuts | Tree Nuts | Sesame Seed | s Sulp     | ohites    | Preservative Flat | our Colours     |                   |
|   |        |      | Y    |     |                 |         |           |             |            |           |                   |                 |                   |
|   |        |      |      |     |                 |         |           | Small       |            |           | Standard          |                 | Tall              |
| Espresso Pronto - Long Black  |        |      |      |     |                 |         | Avg Qty / | Serve Avg   | Qty /100mL | Avg Qty / | Serve Avg Qty /10 | mL Avg Qty /Sei | ve Avg Qty /100mL |
| WATER.  |        |      |      |     | Energy (kJ)     | )       | 2         |             | 1          | 2         | 1                 | 3               | 1                 |
| ROAST & GROUND COFFEE.  |        |      |      |     | Energy (Ca      | al)     | <1        |             | <1         | <1        | <1                | 1               | <1                |
|   |        |      |      |     | Protein (g)     |         | <0.1      |             | <0.1       | <0.1      |                   | <0.1            | <0.1              |
|   |        |      |      |     | Fat, total (g   |         | 0.0       |             | 0.0        | 0.0       | 0.0               | 0.0             | 0.0               |
|   |        |      |      |     | Saturated F     | at (g)  | 0.0       |             | 0.0        | 0.0       |                   | 0.0             | 0.0               |
|   |        |      |      |     | Carbohydra      | ate (g) | <0.1      | 1           | <0.1       | <0.1      | <0.1              | <0.1            | <0.1              |
|   |        |      |      |     | Sugars (g)      |         | <0.1      | 1           | <0.1       | <0.1      | <0.1              | <0.1            | <0.1              |
|   |        |      |      |     | Sodium (mg      | g)      | 1         |             | <1         | 1         | <1                | 2               | <1                |
|   | Gluten | Eggs | Milk | Soy | Fish & Crustaea | Peanuts | Tree Nuts | Sesame Seed | s Sulp     | ohites    | Preservative Flat | our Colours     |                   |
|   |        | 55.  |      |     |                 |         |           |             |            |           |                   |                 | -1                |
|   | 1      |      |      | 1   | 1               | 1       |           |             |            |           |                   |                 |                   |

|   |                 |                         |                   |                             | Sm                    | all Black               |                | Large B       | lack              |           | Small White T   | ea   | Large   | White Tea   |
|---|-----------------|-------------------------|-------------------|-----------------------------|-----------------------|-------------------------|----------------|---------------|-------------------|-----------|---|--|---|---|
| Tea   |                 |                         |                   |                             | Avg Qt<br>/Serve      |                         | Avg Qty        | /Serve        | Avg Qty /100m     | L Avg Qty | /Serve Avg  | Qty /100mL   | Avg Qty /Serve  | Avg Qty /100mL  |
| BLACK TEA: Water, Tea   |                 |                         |                   | Energy (kJ)                 | 4                     | 2                       | 6              | i             | 2                 | 4         |   | 20   | 87  | 24  |
|   |                 |                         |                   | Energy (Cal                 | 1                     | <1                      | 1              |               | <1                | 1         |   | 5  | 21  | 6   |
| WHITE TEA: Water, Milk, Tea   |                 |                         |                   | Protein (g)                 | 0.2                   | 0.1                     | 0.             |               | 0.1               | 0.        |   | 0.3  | 1.4   | 0.4   |
| Contains milk.  |                 |                         |                   | Fat, total (g)              | 0.0                   | 0.0                     | 0.             | -             | 0.0               | 0.        |   | 0.2  | 1.1   | 0.3   |
|   |                 |                         |                   | Saturated Fa<br>Carbohydrat | (0)                   | 0.0                     | 0.             |               | 0.0               | 0.        |   | 0.2  | 0.7   | 0.2   |
|   |                 |                         |                   | Sugars (g)                  | e (g) 0.0             | 0.0                     | 0.             | -             | 0.0               | 0.        |   | 0.3  | 1.4   | 0.4   |
|   |                 |                         |                   | Sodium (mg                  | 0.0                   | 0.0                     | 0.             |               | 0.0               | 7         | 7   | 3  | 1.4   | 4   |
|   | Gluten          | Eggs                    | Milk              | Soy                         | Fish & Crustaea       | Peanuts                 | Tree Nuts      | Sesame        | Seeds Su          | Iphites   | Preservative  | Flavour  | Colours   |   |
| Black Te  |                 |                         |                   | ,                           |                       |                         |                |               |                   | 1         |   |  |   |   |
| White Te  | ≥a              |                         | Y                 |                             |                       |                         |                |               |                   |           |   |  |   |   |
| DESSERTS  |                 |                         | -                 |                             |                       |                         | -              |               |                   |           | -   |  |   |   |
| Apple Pie   |                 |                         |                   |                             |                       |                         |                |               |                   |           |   |  | Avg Qty /Serve  | Avg Qty /100g   |
| Apple, Water, Wheat Flour, Vegetable Fats & Oils (Canola & Palm), Sugar, Thickeners (1412, 1422, 415, 466), Whey Powde  | er. Salt Dextro | ose (from Wł            | eat), Snice       | s. Lemon Juic               | e. Mineral Salts (170 | 450, 500) En            | nulsifiers (47 | 1, 322 - fror | n Sov).           |           | Energ   | v (kJ)   | 970   | 1210  |
| Flavour, Acidity Regulators (270, 330), Antioxidants (300, 320), Colour (160a).   | r, ouit, Doxie  | 300 (iioiii <b>ii</b> i | icut), opioo      | o, comon outo               |                       | 400, 000), Eli          |                | 1, 022 1101   | n <b>ooy</b> ),   |           | Energ   | ,  | 232   | 290   |
|   |                 |                         |                   |                             |                       |                         |                |               |                   |           |   | • • •  | 1.8   | 2.2   |
| Contains gluten, milk & soy.  |                 |                         |                   |                             |                       |                         |                |               |                   |           |   |  |   | 16.7  |
| APPLE PIES are produced in a plant that also produces products containing sesame seeds.   |                 |                         |                   |                             |                       |                         |                |               |                   |           | Satura  | ated Fat (g)   | 3.2   | 4.0   |
| Note: Cooked in canola oil blend.   |                 |                         |                   |                             |                       |                         |                |               |                   |           | Carbo   | hydrate (g)  | 24.6  | 30.8  |
|   |                 |                         |                   |                             |                       |                         |                |               |                   |           | Sugar   | s (g)  | 6.9   | 8.6   |
|   |                 | <u> </u>                | -                 |                             |                       |                         |                |               |                   |           | Sodiu   | m (mg)   | 146   | 182   |
|   | Gluten          | Eggs                    | Milk              | Soy                         | Fish & Crustaea       | Peanuts                 | Tree Nuts      | Sesame        | Seeds Su          | Iphites   | Preservative  | Flavour  | Colours   |   |
|   | Y               |                         | Y                 | Y                           |                       |                         |                | Т             |                   |           |   | Y  | Y   |   |
| Birthday Cake - Icecream  |                 |                         |                   |                             |                       |                         |                |               |                   |           |   |  | Avg Qty /Serve  | Avg Qty /100g   |
| Water, Cream, Sugar, Whey Powder (Milk) Glucose Syrup (from wheat), Skim Milk Concentrate, Confectionery [Sugar, Veg  |                 | nulsifiers (49)         | 2, Soy Lecit      | hin), Glucose               | (from wheat), Water,  | Colours (102,           | , 110, 122, 12 | 23, 124, 13   | 3)) Maltodextrin, |           | Energ   | ,  | 384   | 874   |
| Cocoa, Emulsifier (471 from Soy), Vegetable Gums (412, 466, 407a), Colours [150d (from Wheat) 155, 123, 102, 133, 122],   | -lavours.       |                         |                   |                             |                       |                         |                |               |                   |           | Energ   | • • •  | -   | 209   |
|   |                 |                         |                   |                             |                       |                         |                |               |                   |           |   |  |   | 1.5   |
| Protein (g)         0.7         1           Fat, total (g)         4.7         10   |                 |                         |                   |                             |                       |                         |                |               |                   |           |   |  |   |   |
|   |                 |                         |                   |                             |                       |                         |                |               |                   |           |   |  |   | 10.7  |
| Contains gluten, milk & soy.<br>Note: ICE CREAM CAKE is made on equipment that also processes products containing peanuts & tree nuts   |                 |                         |                   |                             |                       |                         |                |               |                   |           | Fat, to<br>Satura   | otal (g)<br>ated Fat (g)   | 4.7<br>3.3  | 7.5   |
|   |                 |                         |                   |                             |                       |                         |                |               |                   |           | Fat, to<br>Satura<br>Carbo  | ated Fat (g)<br>hydrate (g)  | 4.7<br>3.3<br>11.7  | 7.5<br>26.6   |
|   |                 |                         |                   |                             |                       |                         |                |               |                   |           | Fat, to<br>Satura<br>Carbo<br>Sugar   | ated Fat (g)<br>hydrate (g)<br>s (g)   | 4.7<br>3.3<br>11.7<br>9.6   | 7.5<br>26.6<br>21.8   |
|   | Gluten          | Eaas                    | Milk              | Sov                         | Fish & Crustaea       | Peanuts                 | Tree Nuts      | Sesame        | Seeds Si          | llohites  | Fat, to<br>Satura<br>Carbo<br>Sugar<br>Sodiu  | hydrate (g)<br>hydrate (g)<br>s (g)<br>m (mg)  | 4.7<br>3.3<br>11.7<br>9.6<br>33   | 7.5<br>26.6   |
|   | Gluten          | Eggs                    | Milk              | Soy<br>Y                    | Fish & Crustaea       | Peanuts                 | Tree Nuts      | Sesame        | Seeds Si          | Ilphites  | Fat, to<br>Satura<br>Carbo<br>Sugar   | hydrate (g)<br>hydrate (g)<br>s (g)<br>m (mg)  | 4.7<br>3.3<br>11.7<br>9.6   | 7.5<br>26.6<br>21.8   |
| Note: ICE CREAM CAKE is made on equipment that also processes products containing peanuts & tree nuts   | Gluten<br>Y     | Eggs                    | Milk<br>Y         | Soy<br>Y                    | Fish & Crustaea       | Peanuts<br>T            | Tree Nuts      | Sesame        | Seeds St          | Iphites   | Fat, to<br>Satura<br>Carbo<br>Sugar<br>Sodiu  | hydrate (g)<br>hydrate (g)<br>s (g)<br>m (mg)  | 4.7<br>3.3<br>11.7<br>9.6<br>33<br>Colours<br>Y   | 7.5<br>26.6<br>21.8<br>75   |
| Note: ICE CREAM CAKE is made on equipment that also processes products containing peanuts & tree nuts           McDonaldland Cookies  | Gluten<br>Y     | Eggs                    | Milk<br>Y         | Soy<br>Y                    | Fish & Crustaea       | Peanuts<br>T            | Tree Nuts<br>T | Sesame        | Seeds Si          | Ilphites  | Fat, to<br>Satura<br>Carbo<br>Sugar<br>Sodiu<br>Preservative  | ated Fat (g)<br>hydrate (g)<br>s (g)<br>m (mg)<br>Flavour<br>Y   | 4.7<br>3.3<br>11.7<br>9.6<br>33<br>Colours<br>Y<br>Avg Qty /Serve   | 7.5<br>26.6<br>21.8<br>75<br>Avg Qty /100g  |
| Note: ICE CREAM CAKE is made on equipment that also processes products containing peanuts & tree nuts <u>McDonaldland Cookies</u>   | Gluten<br>Y     | Eggs                    | Milk<br>Y         | Soy<br>Y                    | Fish & Crustaea       | Peanuts<br>T            | Tree Nuts      | Sesame        | Seeds Su          | Ilphites  | Fat, to<br>Satura<br>Carbo<br>Sugar<br>Sodiui<br>Preservative<br>Energ  | otal (g)<br>ated Fat (g)<br>hydrate (g)<br>s (g)<br>m (mg)<br>Flavour<br>Y<br>y (kJ)   | 4.7<br>3.3<br>11.7<br>9.6<br>33<br>Colours<br>Y<br>Avg Qty /Serve<br>1180   | 7.5<br>26.6<br>21.8<br>75<br>Avg Qty /100g<br>1950  |
| Note: ICE CREAM CAKE is made on equipment that also processes products containing peanuts & tree nuts<br><u>McDonaldland Cookies</u><br>Wheat Flour, Sugar, Palm Oil, Golden Syrup, Salt, Raising Agent (500), Soy Lecithin, Flavour.                           | Gluten<br>Y     | Eggs                    | Milk<br>Y         | Soy<br>Y                    | Fish & Crustaea       | Peanuts<br>T            | Tree Nuts      | Sesame        | Seeds Si          | Ilphites  | Fat, to<br>Satura<br>Carbo<br>Sugar<br>Sodiur<br>Preservative<br>Energ<br>Energ   | ated Fat (g)<br>hydrate (g)<br>s (g)<br>m (mg)<br>Flavour<br>Y<br>y (kJ)<br>y (Cal)  | 4.7<br>3.3<br>11.7<br>9.6<br>33<br>Colours<br>Y<br>Avg Qty /Serve<br>1180<br>281                                      | 7.5<br>26.6<br>21.8<br>75<br>Avg Qty /100g<br>1950<br>469                                       |
| Note: ICE CREAM CAKE is made on equipment that also processes products containing peanuts & tree nuts <u>McDonaldland Cookies</u> Wheat Flour, Sugar, Palm Oil, Golden Syrup, Salt, Raising Agent (500), Soy Lecithin, Flavour. Contains gluten & soy.          | Gluten<br>Y     | Eggs                    | Milk<br>Y         | Soy<br>Y                    | Fish & Crustaea       | Peanuts<br>T            | Tree Nuts      | Sesame        | Seeds Si          | Iphites   | Fat, to<br>Satura<br>Carbo<br>Sugar<br>Sodiui<br>Preservative<br>Energ  | btal (g)<br>ated Fat (g)<br>hydrate (g)<br>s (g)<br>m (mg)<br>Flavour<br>Y<br>y (kJ)<br>y (Cal)<br>n (g)   | 4.7<br>3.3<br>11.7<br>9.6<br>33<br>Colours<br>Y<br>Avg Qty /Serve<br>1180   | 7.5<br>26.6<br>21.8<br>75<br>Avg Qty /100g<br>1950  |
| Note: ICE CREAM CAKE is made on equipment that also processes products containing peanuts & tree nuts           McDonaldland Cookies  | Gluten<br>Y     | Eggs                    | Milk<br>Y         | Soy<br>Y                    | Fish & Crustaea       | Peanuts<br>T            | Tree Nuts<br>T | Sesame        | Seeds Su          | Iphites   | Fat, to<br>Satura<br>Carbo<br>Sugar<br>Sodiu<br>Preservative<br>Energ<br>Energ<br>Protei<br>Fat, to                     | btal (g)<br>ated Fat (g)<br>hydrate (g)<br>s (g)<br>m (mg)<br>Flavour<br>Y<br>y (kJ)<br>y (Cal)<br>n (g)   | 4.7<br>3.3<br>11.7<br>9.6<br>33<br>Colours<br>Y<br>Avg Qty /Serve<br>1180<br>281<br>3.6                               | 7.5<br>26.6<br>21.8<br>75<br>Avg Qty /100g<br>1950<br>469<br>6.0                                |
| Note: ICE CREAM CAKE is made on equipment that also processes products containing peanuts & tree nuts <u>McDonaldland Cookies</u> Wheat Flour, Sugar, Palm Oil, Golden Syrup, Salt, Raising Agent (500), Soy Lecithin, Flavour. Contains gluten & soy.          | Gluten<br>Y     | Eggs                    | Milk<br>Y         | Soy<br>Y                    | Fish & Crustaea       | Peanuts<br>T            | Tree Nuts<br>T | Sesame        | Seeds Su          | Iphites   | Fat, to<br>Satura<br>Carbo<br>Sugar<br>Sodiu<br>Preservative<br>Energ<br>Protei<br>Fat, to<br>Satura                    | tal (g)<br>ated Fat (g)<br>hydrate (g)<br>s (g)<br>m (mg)<br>Flavour<br>Y<br>y (kJ)<br>y (kJ)<br>y (Cal)<br>n (g)<br>tal (g)                               | 4.7<br>3.3<br>11.7<br>9.6<br>33<br>Colours<br>Y<br>Avg Qty /Serve<br>1180<br>281<br>3.6<br>8.2                        | 7.5<br>26.6<br>21.8<br>75<br>Avg Qty /100g<br>1950<br>469<br>6.0<br>13.7                        |
| Note: ICE CREAM CAKE is made on equipment that also processes products containing peanuts & tree nuts <u>McDonaldland Cookies</u> Wheat Flour, Sugar, Palm Oil, Golden Syrup, Salt, Raising Agent (500), Soy Lecithin, Flavour. Contains gluten & soy.          | Gluten<br>Y     | Eggs                    | Milk<br>Y         | Soy<br>Y                    | Fish & Crustaea       | Peanuts<br>T            | Tree Nuts      | Sesame        | Seeds Su          | Ilphites  | Fat, to<br>Satura<br>Carbo<br>Sugar<br>Sodiu<br>Preservative<br>Energ<br>Protei<br>Fat, to<br>Satura                    | tal (g)<br>ated Fat (g)<br>hydrate (g)<br>s (g)<br>m (mg)<br>Flavour<br>Y<br>y (kJ)<br>y (Cal)<br>n (g)<br>tal (g)<br>ated Fat (g)<br>hydrate (g)          | 4.7<br>3.3<br>11.7<br>9.6<br>33<br>Colours<br>Y<br>Avg Qty /Serve<br>1180<br>281<br>3.6<br>8.2<br>4.0                 | 7.5<br>26.6<br>21.8<br>75<br>Avg Qty /100g<br>1950<br>469<br>6.0<br>13.7<br>6.6                 |
| Note: ICE CREAM CAKE is made on equipment that also processes products containing peanuts & tree nuts<br><u>McDonaldland Cookies</u><br>Wheat Flour, Sugar, Palm Oil, Golden Syrup, Salt, Raising Agent (500), Soy Lecithin, Flavour.<br>Contains gluten & soy. | Gluten<br>Y     | Eggs                    | Milk<br>Y         | Soy<br>Y                    | Fish & Crustaea       | Peanuts<br>T            | Tree Nuts      | Sesame        | Seeds Su          | Ilphites  | Fat, to<br>Satura<br>Carbo<br>Sugar<br>Sodiur<br>Preservative<br>Energ<br>Protei<br>Fat, to<br>Satura<br>Carbo<br>Sugar | tal (g)<br>ated Fat (g)<br>hydrate (g)<br>s (g)<br>m (mg)<br>Flavour<br>Y<br>y (kJ)<br>y (Cal)<br>n (g)<br>tal (g)<br>ated Fat (g)<br>hydrate (g)          | 4.7<br>3.3<br>11.7<br>9.6<br>33<br>Colours<br>Y<br>Avg Qty /Serve<br>1180<br>281<br>3.6<br>8.2<br>4.0<br>46.5         | 7.5<br>26.6<br>21.8<br>75<br>Avg Qty /100g<br>1950<br>469<br>6.0<br>13.7<br>6.6<br>77.5         |
| Note: ICE CREAM CAKE is made on equipment that also processes products containing peanuts & tree nuts <u>McDonaldland Cookies</u> Wheat Flour, Sugar, Palm Oil, Golden Syrup, Salt, Raising Agent (500), Soy Lecithin, Flavour. Contains gluten & soy.          | Gluten<br>Y     | Eggs                    | Milk<br>Y<br>Milk | Soy<br>Y<br>Soy             | Fish & Crustaea       | Peanuts<br>T<br>Peanuts | Tree Nuts      | Sesame        |                   | Ilphites  | Fat, to<br>Satura<br>Carbo<br>Sugar<br>Sodiur<br>Preservative<br>Energ<br>Protei<br>Fat, to<br>Satura<br>Carbo<br>Sugar | tal (g)<br>ated Fat (g)<br>hydrate (g)<br>s (g)<br>m (mg)<br>Flavour<br>Y<br>y (kJ)<br>y (Cal)<br>n (g)<br>tated Fat (g)<br>hydrate (g)<br>s (g)<br>m (mg) | 4.7<br>3.3<br>11.7<br>9.6<br>33<br>Colours<br>Y<br>Avg Qty /Serve<br>1180<br>281<br>3.6<br>8.2<br>4.0<br>46.5<br>16.6 | 7.5<br>26.6<br>21.8<br>75<br>4vg Qty /100g<br>1950<br>469<br>6.0<br>13.7<br>6.6<br>77.5<br>27.6 |

|   |                 |                  |               |                |                          |                |                |                   |                |          |                           | 1              | 1             |
|---|-----------------|------------------|---------------|----------------|--------------------------|----------------|----------------|-------------------|----------------|----------|---------------------------|----------------|---------------|
| McFlurry - Cadbury® Crunchie  |                 |                  |               |                |                          |                |                |                   |                | _        |                           | Avg Qty /Serve |               |
| SUNDAE MIX: Milk, Milk Solids, Sugar, Cream, Glucose (from Wheat or Maize, contains preservative Sulphur Dioxide), En   | ulsifiers (433, | 471), Veget      | able Gums (   | (407, 407a, 4  | 12, 466), Flavour.       |                |                |                   |                |          | nergy (kJ)                | 2220           | 978           |
| CARAMEL TOPPING: Glucose Corn Syrup, Whole Sweetened Condensed Milk (Milk, Milk Powder, Sugar, Lactose), High Fr  | uctose Corn S   | Syrup, Shorte    | ening [Palm ( | Oil, Antioxida | ant (307)], Water, Sugar | Thickeners     |                |                   |                |          | nergy (Cal)               | 531            | 234           |
| (401, 440), Salt, Stabiliser (339), Flavouring.   |                 |                  |               |                |                          |                |                |                   |                |          | rotein (g)                | 8.1            | 3.6           |
|   |                 |                  |               |                |                          |                |                |                   |                |          | at, total (g)             | 16.8           | 7.4           |
| CRUNCHIE PIECES: Sugar, Milk Solids, Cocoa Butter, Cocoa Mass, Wheat Glucose Syrup, Glazing Agent (Vegetable Gum  | (414), Vegeta   | ble Fat), Em     | ulsifiers (So | y Lecithin, 4  | 76), Raising Agent (500) | , Flavour.     |                |                   |                |          | aturated Fat (g)          | 10.9           | 4.8           |
|   |                 |                  |               |                |                          |                |                |                   |                |          | arbohydrate (g)           | 87.9           | 38.8          |
| Contains gluten, milk & sulphites.  |                 |                  |               |                |                          |                |                |                   |                |          | ugars (g)                 | 67.2           | 29.6          |
| Traces of peanuts, tree nuts in the Crunchie Pieces   | Obstan          | <b>F</b>         | A.C.IL.       | 0              | Fish & Oranta as         | Descrite       | Teres Made     | 0                 | Outshites      | _        | odium (mg)                | 216<br>Colours | 95            |
|   | Gluten          | Eggs             | Milk          | Soy            | Fish & Crustaea          | Peanuts        | Tree Nuts      | Sesame Seeds      | Sulphites      | Preserva | tive Flavour              | Colours        | -             |
|   | 1               |                  |               | 1              |                          |                | 1              |                   | I              | 1        | Ť                         | A 01 10        |               |
| <u>McFlurry - Kit Kat</u>   |                 |                  |               |                |                          |                |                |                   |                | -        |                           | Avg Qty /Serve |               |
| SUNDAE MIX: Milk, Milk Solids, Sugar, Cream, Glucose (from Wheat or Maize, contains preservative Sulphur Dioxide), Err  | · · ·           | <i>.</i>         | ,             |                | 112, 466), Flavour.      |                |                |                   |                |          | nergy (kJ)                | 1620<br>387    | 843<br>202    |
| KIT KAT SAUCE: Sugar, Water, Dextrose (Maize or Wheat), Fat Reduced Cocoa Powder (Soy), Invert Sugar Syrup, Food Ad   | ( <i>)</i> .    |                  |               | · /            |                          | B // 0" '      | <b>-</b> .     |                   |                |          | nergy (Cal)<br>rotein (q) | 7.8            | 4.0           |
| CRUSHED KIT KAT PIECES: Wafer Pieces [Wheat Flour, Sugar, Vegetable Fat, Wheat Starch, Soy Lecithin, Salt], Sugar, C<br>Cocca Powder. Emulsifier (Sunflower Lecithins). Natural Vanilla Flavour.                          |                 | at, total (g)    | 12.4          | 4.0            |                          |                |                |                   |                |          |                           |                |               |
| Cocoa Powder, Entuisiner (Sunnower Leutrinis), Naturar Varinia Plavour.   |                 | aturated Fat (g) | 7.7           | 4.0            |                          |                |                |                   |                |          |                           |                |               |
|   | arbohydrate (g) | 59.8             | 31.1          |                |                          |                |                |                   |                |          |                           |                |               |
| Contains gluten, milk, soy & sulphites.   |                 |                  |               |                |                          |                |                |                   |                |          | ugars (g)                 | 51.6           | 26.9          |
| Traces of tree nuts .   |                 |                  |               |                |                          |                |                |                   |                |          | odium (mg)                | 119            | 62            |
|   | Gluten          | Eggs             | Milk          | Soy            | Fish & Crustaea          | Peanuts        | Tree Nuts      | Sesame Seeds      | Sulphites      | Preserva | ( 0)                      | Colours        | 02            |
|   | Y               | -33-             | Y             | Y              |                          |                | Т              |                   | T              | Y        | Y                         |                | 1             |
| McFlurry - M&M Minis®   |                 |                  |               |                | •                        |                |                |                   | •              |          |                           | Avg Qty /Serve | Avg Qty /100g |
| SUNDAE MIX: Milk, Milk Solids, Sugar, Cream, Glucose (from Wheat or Maize, contains preservative Sulphur Dioxide), Err  | ulcifiore (133  | (171) Vocet      | ahla Gume (   | 107 1072       | 112 (166) Elavour        |                |                |                   |                | Fr       | nergy (kJ)                | 1720           | 912           |
|   |                 |                  |               |                |                          |                |                |                   |                |          | nergy (Cal)               | 410            | 218           |
| MINI M&M'S: Milk Chocolate [Sugar, Milk Solids, Cocoa Mass, Cocoa Butter, Vegetable Fat, Emulsifier (Soy Lecithin), Salt, F<br>133, 129, 110, 102), Vegetable gum (414), Thickener (Dextrin), Glazing Agent (903).        | avourj, Sugar   | , Starch (wh     | eat), Glucos  | e Syrup (Iro   | m wheat), Colours (171,  |                |                |                   |                |          | rotein (q)                | 8.1            | 4.3           |
|   |                 |                  |               |                |                          |                |                |                   |                |          | at, total (g)             | 15.6           | 8.3           |
|   |                 |                  |               |                |                          |                |                |                   |                |          | aturated Fat (q)          | 9.9            | 5.3           |
|   |                 |                  |               |                |                          |                |                |                   |                |          | arbohydrate (g)           | 58.5           | 31.1          |
| Contains gluten, milk & sulphites.  |                 |                  |               |                |                          |                |                |                   |                | Su       | ugars (g)                 | 52.3           | 27.8          |
| Traces of peanuts and tree nuts in the Mini M&Ms  |                 |                  |               |                |                          |                |                |                   |                | So       | odium (mg)                | 116            | 62            |
|   | Gluten          | Eggs             | Milk          | Soy            | Fish & Crustaea          | Peanuts        | Tree Nuts      | Sesame Seeds      | Sulphites      | Preserva | tive Flavour              | Colours        |               |
|   | Y               |                  | Y             | Y              |                          | Т              | Т              |                   | Y              | Y        | Y                         | Y              |               |
| McFlurry - Malteser   |                 |                  |               |                |                          |                |                |                   |                |          |                           | Avg Qty /Serve |               |
| SUNDAE MIX: Milk, Milk Solids, Sugar, Cream, Glucose (from Wheat or Maize, contains preservative Sulphur Dioxide), Em   | ,               | , .              |               |                |                          |                |                |                   |                |          | nergy (kJ)                | 1940           | 940           |
| HOT FUDGE TOPPING: Sugar, Water, Glucose Corn Syrup, Hydrodgenated Palm Kernel Olein (Soy Lecithin), Whole Sweet<br>Powder, Whole Milk Powder, Thickeners (1422, 401), Salt, Stabiliser), Flavouring, Preservative (202). | ened Conden     | sed Milk (Mil    | IK, MIIK POW  | der, Sugar, I  | Lactose), Cocoa          |                |                |                   |                |          | nergy (Cal)<br>rotein (q) | 462<br>8.1     | 223<br>3.9    |
| MALTESERS: Sugar, Milk Solids, Cocca Butter, Glucose Syrup (Wheat), Barley Malt Extract, Cocca Mass, Vegetable Fat, E   | mulsifier (Sov  | Lecithin, 49     | 2). Wheat G   | iluten. Raisi  | ng Agent (501, 500), Sal | t. Natural Fla | ivour (Vanilla | Extract), Pectin, |                |          | at, total (g)             | 14.3           | 6.9           |
|   |                 |                  | ,,            | ,              | 5 5 (,), oa              | .,             | (              | ,,                |                |          | aturated Fat (g)          | 9.8            | 4.7           |
| Contains gluten, milk & soy. May contain TRACES of sulphites  |                 |                  |               |                |                          |                |                |                   |                | Ca       | arbohydrate (g)           | 74.9           | 36.2          |
|   |                 |                  |               |                |                          |                |                |                   |                |          | ugars (g)                 | 59.5           | 28.8          |
|   | 01.4            | <b>5</b>         | A.C.II.       | 0              | Fish & Orasta            | Deserved       | Tree Mart      | 0                 | 0. databita    |          | odium (mg)                | 166            | 80            |
|   | Gluten          | Eggs             | Milk          | Soy            | Fish & Crustaea          | Peanuts        | Tree Nuts      | Sesame Seeds      | Sulphites<br>T | Preserva | tive Flavour              | Colours        | -             |
|   | 1               |                  |               | 1              |                          | I              |                |                   |                | T        | I                         |                |               |

|  |                |               |             |                 |                            |            |              |               |              |                              |                                     | Avg Qty /Serve | Avg Qty /100g |
|--|----------------|---------------|-------------|-----------------|----------------------------|------------|--------------|---------------|--------------|------------------------------|-------------------------------------|----------------|---------------|
| McFlurry - Oreo<br>CLINIDAE MIX: Milk Solido Super Cream Clusses (from Wheet or Maize contains presenting Subbur Disvide) Emi  | laifiara (122  | 171) Voqo     | abla Cuma   | (407 407        | 412 466) Eleveur           |            |              |               |              |                              | Eporgy (k l)                        | Avg Qly /Serve | 799           |
| SUNDAE MIX; Milk Solids, Sugar, Cream, Glucose (from Wheat or Maize, contains preservative Sulphur Dioxide), Emulsifiers (433, 471), Vegetable Gums (407, 407a, 412, 466), Flavour. Energy (kJ   |                |               |             |                 |                            |            |              |               |              |                              |                                     | 329            | 799<br>191    |
| OREO COOKIE PIECES: Wheat Flour, Sugar, Vegetable Oil (Palm Oil and Palm Kernel Oil, Contains Antioxidant [319]), Cocoa Powder, Starch, Invert Syrup, Salt, Raising/Leavening Agents (Sodium Bicarbonate, Ammonium Bicarbonate), Emulsifier (Soy Lecithin), Flavour. |                |               |             |                 |                            |            |              |               |              |                              | Protein (g)                         | 7.2            | 4.2           |
|  |                |               |             |                 |                            |            |              |               |              |                              |                                     | 11.7           | 6.8           |
|  |                |               |             |                 |                            |            |              |               |              |                              | Fat, total (g)<br>Saturated Fat (g) | 7.3            | 4.2           |
|  |                |               |             |                 |                            |            |              |               |              |                              | Carbohydrate (g)                    | 48.2           | 28.0          |
| Contains gluten, milk & sulphites.   |                |               |             |                 |                            |            |              |               |              |                              |                                     | 37.8           | 22.0          |
| Traces of egg, peanuts and sesame seeds in the Oreo Pieces.  |                |               |             |                 |                            |            |              |               |              |                              |                                     | 170            | 99            |
| Gluten Eggs Milk Soy Fish & Crustaea Peanuts Tree Nuts Sesame Seeds Sulphites Prese  |                |               |             |                 |                            |            |              |               |              |                              | ervative Flavour                    | Colours        |               |
|  | Y              | Т             | Y           | Y               |                            | Т          |              | Т             | ,            | (                            | Y Y                                 |                |               |
| Soft Serve Cone  |                |               |             |                 |                            |            |              |               |              |                              |                                     | Avg Qty /Serve | Avg Qty /100g |
| SUNDAE MIX: Milk, Milk Solids, Sugar, Cream, Glucose (from Wheat or Maize, contains preservative Sulphur Dioxide), Emulsifiers (433, 471), Vegetable Gums (407, 407a, 412, 466), Flavour.  |                |               |             |                 |                            |            |              |               |              |                              |                                     | 627            | 700           |
|  |                |               |             |                 |                            |            |              |               |              |                              | Energy (Cal)                        | 150            | 168           |
|  |                |               |             |                 |                            |            |              |               |              |                              | Protein (g)                         | 3.9<br>4.6     | 4.4           |
|  |                |               |             |                 |                            |            |              |               |              | Fat, total (g)               |                                     | 5.1            |               |
| Note: CONES are produced in a facility which also produces products containing peanuts & tree nuts (almonds & hazelnuts).  |                |               |             |                 |                            |            |              |               |              |                              | Carbohydrate (g)                    | 2.9<br>22.9    | 3.2<br>25.6   |
|  |                |               |             |                 |                            |            |              |               |              |                              |                                     | 17.0           | 25.0          |
|  |                |               |             |                 |                            |            |              |               |              |                              | Sugars (g)<br>Sodium (mg)           | 58             | 65            |
|  | Eggs           | Milk          | Soy         | Fish & Crustaea | Peanuts                    | Tree Nuts  | Sesame Seeds | Sulp          | hitos Pros   | ervative Flavour             | Colours                             | 05             |               |
|  | Gluten         | Lyys          | Y           | Y               | Tian & Ordataea            | T          | T            | Ocadine Oceaa | oup          | /                            |                                     | Colours        |               |
|  |                |               |             |                 |                            |            |              |               |              |                              |                                     | Li             | arge          |
| Sundae - Caramel   |                |               |             |                 |                            |            |              |               |              | Avg Qty /Serve               | e Avg Qty /100g                     | Avg Qty /Serve |               |
| SUNDAE MIX: Milk, Milk Solids, Sugar, Cream, Glucose (from Wheat or Maize, contains preservative Sulphur Dioxide), Em  | ulsifiers (433 | , 471), Vege  | table Gums  | (407, 407;      | a, 412, 466), Flavour.     |            |              | Energy        | (kJ)         | 1470                         | 841                                 | 2280           | 919           |
| CARAMEL TOPPING: Glucose Corn Syrup, Whole Sweetened Condensed Milk (Milk, Milk Powder, Sugar, Lactose), High Fru  | ctose Corn S   | Syrup, Shorte | ening [Palm | Oil, Antiox     | idant (307)], Water, Sugar | Thickeners |              | Energy        | (Cal)        | 352                          | 201                                 | 545            | 220           |
| (401, 440), Salt, Stabiliser (339), Flavouring.  |                |               |             |                 |                            |            |              | Protein       |              | 6.0                          | 3.4                                 | 7.9            | 3.2           |
|  |                |               |             |                 |                            |            |              | Fat, tota     | (0)          | 8.7                          | 5.0                                 | 12.3           | 4.9           |
| Contains milk & sulphites. Traces of gluten.   |                |               |             |                 |                            |            |              |               | d Fat (g)    | 5.8                          | 3.3                                 | 8.1            | 3.3           |
| Note: CARAMEL TOPPING is manufactured on the same line as products containing soy.   |                |               |             |                 |                            |            |              | Sugars        | drate (g)    | 61.2<br>42.9                 | 34.9<br>24.5                        | 99<br>65.4     | 39.8<br>26.4  |
|  |                |               |             |                 |                            |            |              | Sodium        | ( <b>•</b> ) | 42.3                         | 81                                  | 226            | 91            |
|  |                |               |             |                 |                            |            |              |               |              | ervative Flavour             | Colours                             | 01             |               |
|  | Т              | 00-           | Y           | T               |                            |            |              |               |              | (                            | Y Y                                 |                |               |
|  |                |               |             |                 |                            |            |              |               |              |                              |                                     | Li             | arge          |
| Sundae - Hot Fudge   |                |               |             |                 |                            |            |              |               |              | Avg Qty /Serve Avg Qty /100g |                                     | Avg Qty /Serve | Avg Qty /100g |
| SUNDAE MIX: Milk, Milk Solids, Sugar, Cream, Glucose (from Wheat or Maize, contains preservative Sulphur Dioxide), Emulsifiers (433, 471), Vegetable Gums (407, 407a, 412, 466), Flavour.  |                |               |             |                 |                            |            |              |               |              | 1480                         | 862                                 | 2310           | 952           |
| HOT FUDGE TOPPING: Sugar, Water, Glucose Corn Syrup, Hydrodgenated Palm Kernel Olein (Soy Lecithin), Whole Sweetened Condensed Milk (Milk Milk Milk Powder, Sugar, Lactose), Cocoa Powder, Whole Energy (Cal)  |                |               |             |                 |                            |            |              | 352           | 204          | 554                          | 228                                 |                |               |
| Milk Powder, Thickeners (1422, 401), Salt, Stabiliser), Flavouring, Preservative (202).  |                |               |             |                 | . ,.                       |            |              | Protein       | (g)          | 6.3                          | 3.7                                 | 8.5            | 3.5           |
|  |                |               |             |                 |                            |            |              | Fat, tota     | l (g)        | 9.7                          | 5.6                                 | 14.3           | 5.9           |
|  |                |               |             |                 |                            |            |              |               | ed Fat (g)   | 6.9                          | 4.0                                 | 10.5           | 4.3           |
| Contains milk, soy & sulphites. Traces of gluten   |                |               |             |                 |                            |            |              |               | drate (g)    | 59.7                         | 34.7                                | 96.1           | 39.5          |
| Sugars (g) 46.9 27.2   |                |               |             |                 |                            |            |              |               |              |                              |                                     | 73.6           | 30.3          |
|  |                | r _           |             |                 |                            | r -        |              | Sodium        | ( 5/         | 137                          | 80                                  | 216            | 89            |
|  | Gluten         | Eggs          | Milk        | Soy             | Fish & Crustaea            | Peanuts    | Tree Nuts    | Sesame Seeds  | Sulp         | hites Pres                   | ervative Flavour                    | Colours        | 4             |
|  |                |               | Y           | Y               |                            |            |              |               | <u> </u>     | r                            | Y Y                                 |                |               |

| Sundae - Plain, Small   |        |      |      |     |                 |         |           |              |                              |               |                |               | Avg Qty /Serve | Avg Qty /100g |
|---|--------|------|------|-----|-----------------|---------|-----------|--------------|------------------------------|---------------|----------------|---------------|----------------|---------------|
| SUNDAE MIX; Milk, Milk Solids, Sugar, Cream, Glucose (from Wheat or Maize, contains preservative Sulphur Dioxide), Emulsifiers (433, 471), Vegetable Gums (407, 407a, 412, 466), Flavour.   |        |      |      |     |                 |         |           |              |                              |               |                | (kJ)          | 876            | 649           |
| Energy (Cal)  |        |      |      |     |                 |         |           |              |                              |               |                |               | 210            | 155           |
| Contains milk & sulphites. Traces of gluten. Protein (g)  |        |      |      |     |                 |         |           |              |                              |               |                |               |                | 4.1           |
| McDonald's Sundae without Topping is available on request.  |        |      |      |     |                 |         |           |              |                              |               |                |               | 6.8<br>4.5     | 5.0           |
| Saturated Fat (g)   |        |      |      |     |                 |         |           |              |                              |               |                |               |                | 3.3           |
| Carbohydrate (g)  |        |      |      |     |                 |         |           |              |                              |               |                |               | 31.3           | 23.2          |
| Sugars (g)  |        |      |      |     |                 |         |           |              |                              |               |                |               | 27.0           | 20.0          |
|   |        |      |      |     |                 |         |           |              |                              |               | Sodium         |               | 78             | 58            |
|   | Gluten | Eggs | Milk | Soy | Fish & Crustaea | Peanuts | Tree Nuts | Sesame Seeds | Sulphites Pres               |               | ervative       | Flavour       | Colours        | 4             |
|   |        |      | Y    |     |                 |         |           |              | Y                            |               | Y              | Ŷ             |                | l             |
| Small         Small           Sundae - Strawberry         Avg Qty /Serve         Avg Qty /Serve         Avg Qty /Serve         Avg Qty /100g         A           SUNDAE MIX: Milk Solids, Sugar, Cream, Glucose (from Wheat or Maize, contains preservative Sulphur Dioxide), Emulsifiers (433, 471), Vegetable Gums (407, 407a, 412, 466), Flavour.         Energy (kJ)         1240         725           STRAWBERRY TOPPING:         Strawberries, Sugar, Water, High Fructose Com Syrup, Strawberry Juice Concentrate, Thickeners (440, 410), Flavouring, Acidity Regulator (330), Preservative (202), Colour (124), Firming Agent         Energy (Cal)         297         173 |        |      |      |     |                 |         |           |              |                              |               |                | arge          |                |               |
|   |        |      |      |     |                 |         |           |              |                              |               | Avg Qty /Serve | Avg Qty /100g |                |               |
|   |        |      |      |     |                 |         |           |              |                              |               | 725            | 1830          | 757            |               |
|   |        |      |      |     |                 |         |           |              |                              |               | 173            | 437           | 181            |               |
| Protein (g)         5.8         3.4           Fat. total (g)         6.7         3.9           Contains milk & sulphites. Traces of gluten.         Saturated Fat (g)         4.5         2.6           Carobodydrate (g)         52.2         30.5         Sugars (g)         44.7         26.2  |        |      |      |     |                 |         |           |              |                              |               |                | 7.5           | 3.1            |               |
|   |        |      |      |     |                 |         |           |              |                              |               |                | 8.4           | 3.5            |               |
|   |        |      |      |     |                 |         |           |              |                              |               |                | 5.6           | 2.3            |               |
|   |        |      |      |     |                 |         |           |              |                              |               |                |               | 81.1           | 33.7          |
|   |        |      |      |     |                 |         |           |              |                              |               |                | -             | 69.4           | 28.8          |
| Sodium (mg) 80 47   |        |      |      |     |                 |         |           |              |                              | 47<br>Flavour | 102            | 42            |                |               |
|   | Gluten | Eggs | Milk | Soy | Fish & Crustaea | Peanuts | Tree Nuts | Sesame Seeds | esame Seeds Sulphites Preser |               |                |               | Colours        |               |
|   | Ť      |      | Y    | Ť   |                 |         |           |              | Y                            |               | Y              | Y             | Y              | 1             |