

McDonald's Australia Core Menu Allergen - Ingredients - Nutrition Information

Information correct as at 31 August 2015

At McDonald's we believe in the nutritional principals of balance, variety and moderation and that eating at McDonald's can fit into a healthy lifestyle. Our goal is to provide you with the information necessary to make informed decisions about your McDonald's menu choices. This guide can help you balance your McDonald's meal with the other meals you eat today, and every day.

This guide is for our standard or core menu items. For information regarding short-time menu items, please either ask a manager in one of our restaurants or contact our Customer Service Department either via our website http://mcdonalds.com.au/contactus or on 02 9875 7100.

The nutrition and ingredient information is based on standard product formulations, standard product assembly and standard serving sizes (including ice for drinks from our beverage system). Actual sizes and assembly may vary. Due to the individual preparation of each of our menu items, actual values may vary from those listed. Variations may also occur depending on the local supplier, region of the country, and the season of the year. Further, product formulations may change periodically.

Food Sensitivities and Preferences

Select items sold in McCafé are sold as gluten free. They are produced under allergen control conditions and are specifically handled to prevent cross contamination. No other food items are sold as allergen free.

As we operate working kitchens please be aware that there is always a risk that traces of allergens may be transferred to ingredients during storage or preparation of food in our kitchens. McDonald's Restaurants are therefore unable to guarantee that any food item sold is free from traces of allergens.

No food items are certified as vegetarian. Whilst some ingredients may not contain animal ingredients, we cannot guarantee that there will be no cross contact with ingredients that do contain animal ingredients in our kitchens.

We have a number of Halal certified restaurants. Only those items listed on the certificate in the front counter area and drive thru booth at our restaurants serving Halal options are certified as Halal.

If you would like further information or have food sensitivities or dietary concerns regarding specific ingredients in specific menu items, please contact us at http://mcdonalds.com.au/contactus or call us on 02 9875 7100.

BEEF														
Big Mac												A	Avg Qty /Serve	Avg Qty /100g
BIG MAC BUN: Wheat Flour, Water, Yeast, Sugar, Vegetable Oil (Canola), Sesame Seed, Iodised Salt, Gluten, Soy Flour, Pr	eservative (2	82). Emulsi	fiers (471, 4	472e. 481).	Malt Flour, Mineral Salt (1	70). Antioxid	ant (300, 30	4, 307, 330).			Energy (kJ)		2060	1030
Enzyme (1100) Vitamin (Thiamin, Folate).	200110010 (2					,,	unt (000, 00	,,,			Energy (Cal))	493	245
BEEF PATTIES: Beef (100%).											Protein (g)		25.2	12.5
LETTUCE: Iceberg Lettuce.											Fat, total (g)		26.9	13.4
BIG MAC SAUCE: Soybean Oil (Antioxidant (330)), Water, Relish [Pickles, High Fructose Corn Syrup, Sugar, Distilled Vinega	r, Preservativ	ve (202), Th	ickener (41	5), Flavouri	ngs], Mustard [Water, Disti	lled Vinegar	, Mustard Se	ed, Salt, Sugar,			Saturated Fa	at (g)	10.7	5.3
Colours (150d, 100), Spice], Salted Egg Yolks, Distilled Vinegar, Onion, Thickeners (1442, 415, 405), Spices, Sugar, Salt, Hydi Garlic, Antioxidant (385).	olysed Prote	ein (Corn Gl	uten, Soy,	Wheat Glut	en), Preservative (211), Co	plours (160c	, 150d, 100),	Emulsifier (433),			Carbohydrat Sugars (g)	te (g)	35.3 5.9	17.6 2.9
CHEESE: Cheese (Milk, Salt, Culture, Enzymes (Rennet, Lipase)), Water, Milk Solids, Butter, Emulsifiers (340, 452, 331), Sal	t, Acidity Reg	gulators (26	0, 330, 339), Colours (160b, 160c), Preservative	(200), Soy L	ecithin.				Sodium (mg))	859	427
PICKLES: Cucumber, Water, Vinegar, Salt, Preservatives (202, 211), Flavour.														
ONION: Water, Dehydrated White Onion.														
Contains gluten, egg, milk, soy & sesame seeds.														
Beef patty seasoned on grill. Seasoning: Salt, Pepper, Soy Oil.	Gluten	Eggs	Milk	Soy	Fish & Crustaea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Prese	rvative Fla	avour	Colours	
Beef may be cooked on the same grill as egg or products containing gluten.	Y	Y	Y	Y				Y		· ·	(Y	Y	
											Cheesebu	irger	Double Ch	leeseburger
Cheeseburger & Double Cheeseburger									Avg	Qty /Serve	Avg Qty /1	100g A	Avg Qty /Serve	Avg Qty /100g
REGULAR BUN: Wheat Flour, Water, Yeast, Sugar, Vegetable Oil (Canola), Iodised Salt, Gluten, Soy Flour, Preservative (282	2). Emulsifier	s (471, 472	e. 481). Ma	It Flour. Mir	eral Salt (170). Antioxidan	t (300, 304,	307, 330).	Energy (I	kJ)	1180	1070		1800	1110
Enzyme (1100), Vitamin (Thiamin, Folate).	<i>,.</i>		. ,.		()·		. ,.	Energy (Cal)	282	256		431	266
BEEF PATTIES: Beef (100%).								Protein (g)	15.2	13.8		25.9	16.0
CHEESE: Cheese (Milk, Salt, Culture, Enzymes (Rennet, Lipase)), Water, Milk Solids, Butter, Emulsifiers (340, 452, 331), Sa	.lt, Acidity Re	gulators (26	0, 330, 339	9), Colours (160b, 160c), Preservative	(200), Soy I	_ecithin.	Fat, total	(g)	12.4	11.2		23.3	14.4
KETCHUP: Water, Tomato Paste, High Fructose Corn Syrup, Glucose Corn Syrup, Vinegar, Salt, Flavouring (Soybean Oil).								Saturate	(3)	6.1	5.6		12.2	7.5
PICKLE: Cucumber, Water, Vinegar, Salt, Preservatives (202, 211), Flavour.								Carbohy	(5)	26.3	23.9		27.8	17.2
ONION: Water, Dehydrated White Onion.								Sugars (4.7	4.2		5.2	3.2
MUSTARD: Water, Vinegar, Mustard Seed, Salt, Colour (100), Spice, Flavour.								Sodium ((mg)	672	611		979	604
Contains gluten, milk and soy. REGULAR BUNS are produced on equipment that also produces products containing sesame seeds. Beef patty seasoned on g	arill Second	ing: Solt Do		01										
Beef may be cooked on the same grill as egg or products containing gluten.	Gluten	Eggs	Milk	Soy	Fish & Crustaea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Prese	vativo Fla	avour	Colours	
Cheeseburger		 T	Y	Y		1 Gundto	1100 11010	T	Culprilloo	110001	1	Y	Y	
Double Cheeseburger	r Y	Т	Y	Y				Т		,	ſ	Y	Ŷ	I
Grand Angus												A	Avg Qty /Serve	Avg Qty /100g
BEEF PATTY: Angus Beef (100%)											Energy (kJ)		2500	955
CHILLI CHIVE & SESAME BUN: Wheat Flour, Water, Sugar, Sesame Seed, Yeast, Canola Oil, Gluten, Iodised Salt, Chilli Fla	kes, Chive F	lakes, Soy F	lour, Prese	ervative (282	?), Emulsifiers (471, 481, 4	72e), Minera	al Salts (170,	, 516),			Energy (Cal))	599	229
Wheat Malt Flour, Dough Conditioner (300), Enzymes (1100), Vitamins (Thiamin, Folate).											Protein (g)		38.8	14.8
TOMATO: Sliced Tomato.											Fat, total (g)		32.0	12.2
CHEESE: Cheese (Milk, Salt, Culture, Enzymes (Rennet, Lipase)), Water, Milk Solids, Butter, Emulsifiers (340, 452, 331), Sa	It, Acidity Re	gulators (26	0, 330, 339	9), Colours (160b, 160c), Preservative	(200), Soy I	_ecithin.				Saturated Fa	(0)	15.9	6.1
DICED LETTUCE MIX: Iceberg Lettuce, Cos Lettuce											Carbohydrat	te (g)	37.2	14.2
MAYONNAISE: Water, Soybean Oil (Antioxidant (330)), Egg Yolks, Modified Corn Starch (1401,1442), Corn Syrup Solids, Dis	illed Vinegar	r, Salt, Suga	r, Mustard	Flour, Thick	ener (415), Acidity Regula	tor (270), Pr	eservative (2	202).			Sugars (g)		5.3	2.0
PICKLE: Cucumber, Water, Vinegar, Salt, Preservatives (202, 211), Flavour.											Sodium (mg))	1100	418
<u>ONION:</u> Red Onion <u>MUSTARD:</u> Water, Vinegar, Mustard Seed, Salt, Colour (100), Spice, Flavour.														
Contains gluten, milk, egg, soy and sesame seeds. Traces of sulphites														
Contains gruteri, mini, egg, suy and sesante seeus. Traces or suprimes BEEF PATTY seasoned after cooking : Seasoning: Salt , Pepper , Soy Oil & Angus Seasoning [Maltodextrin, Salt, Dextrose, L 150a), Canola Oil, Worcestershire Sauce.)ehydrated V	/egetables (Onion, Garl	lic), Flavour	(Milk, Soy), Spices (Pep	per), Yeast I	Extract, Colo	urs (150d,						
Beef may be cooked on the same grill as egg or products containing gluten .	Gluten	Eggs	Milk	Soy	Fish & Crustaea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Prese	vative Fla	avour	Colours	
	Y	- <u>99</u> 0 Y	Y	Y				Y		11000		Y	Y	
						1	1	1	1					

												1	1
Hamburger_												Avg Qty /Serve	Avg Qty /100g
REGULAR BUN: Wheat Flour, Water, Yeast, Sugar, Vegetable Oil (Canola), Iodised Salt, Gluten, Soy Flour, Preservative (282	2), Emulsifier	s (471, 472e	, 481), Malt	Flour, Mine	eral Salt (170), Antioxidan	t (300, 304,	307, 330),			Energ		979	1030
Enzyme (1100), Vitamin (Thiamin, Folate).										Energ		234	247
BEEF PATTIES: Beef (100%).										Protei	(0)	12.2	12.9
KETCHUP: Water, Tomato Paste, High Fructose Corn Syrup, Glucose Corn Syrup, Vinegar, Salt, Flavouring (Soybean Oil).										Fat, to		8.6	9.1
PICKLE: Cucumber, Water, Vinegar, Salt, Preservatives (202, 211), Flavour.											ted Fat (g)	3.5	3.7
ONION: Water, Dehydrated White Onion.											hydrate (g)	25.3	26.6
MUSTARD: Water, Vinegar, Mustard Seed, Salt, Colour (100), Spice, Flavour.										Sugar		4.2	4.4
Contains gluten &soy										Sodiu	m (mg)	480	505
REGULAR BUNS are produced on equipment that also produces products containing sesame seeds.		-		-		-							1
Beef patty seasoned on grill. Seasoning: Salt, Pepper, Soy Oil.	Gluten	Eggs	Milk	Soy	Fish & Crustaea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Preservative	Flavour	Colours	
Beef may be cooked on the same grill as egg or products containing gluten.	Y	T		Y				T		Y	Y	Y	
<u>McFeast</u>												Avg Qty /Serve	Avg Qty /100g
BEEF PATTY: Beef (100%).										Energ	y (kJ)	2030	894
QUARTER BUN: Wheat Flour, Water, Yeast, Sugar, Vegetable Oil (Canola), Sesame Seed, Iodised Salt, Gluten, Bread Impro			er (481), Mine	eral Salts (8	516, 170), Malt Flour , Do	ugh Conditic	oner (300),			Energ	y (Cal)	485	214
Enzymes (Amylase, Xylanase)], Preservative (282), Emulsifiers (471, 472e), Antioxidant (304, 307, 330), Enzyme (1100) Vitam	in (Thiamin,	Folate).								Protei	n (g)	28.1	12.4
LETTUCE: Iceberg Lettuce										Fat, to	ital (g)	27.0	11.9
TOMATO: Sliced Tomato.										Satura	ated Fat (g)	12.2	5.4
KETCHUP: Water, Tomato Paste, High Fructose Corn Syrup, Glucose Corn Syrup, Vinegar, Salt, Flavouring (Soybean Oil).										Carbo	hydrate (g)	31.2	13.7
CHEESE: Cheese (Milk, Salt, Culture, Enzymes (Rennet, Lipase)), Water, Milk Solids, Butter, Emulsifiers (340, 452, 331), Sa	It, Acidity Re	gulators (26	0, 330, 339),	Colours (1	60b, 160c), Preservative	(200), Soy I	ecithin.			Sugar	s (g)	6.6	2.9
MAYONNAISE: Water, Soybean Oil (Antioxidant (330)), Egg Yolks, Modified Corn Starch (1401, 1442), Corn Syrup Solids, Dis	tilled Vinega	, Salt, Sugar	, Mustard Fl	our, Thicke	ener (415), Acidity Regula	tor (270), Pr	eservative (2	02).		Sodiu	m (mg)	851	375
PICKLE: Cucumber, Water, Vinegar, Salt, Preservatives (202, 211), Flavour.	•										,		1
ONION: Slivered Onion													
MUSTARD: Water, Vinegar, Mustard Seed, Salt, Colour (100), Spice, Flavour.													
Contains gluten, egg, soy, milk & sesame seeds													_
Beef patty seasoned on grill. Seasoning: Salt, Pepper, Soy Oil.	Gluten	Eggs	Milk	Soy	Fish & Crustaea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Preservative	Flavour	Colours	
Beef may be cooked on the same grill as egg or products containing gluten.	Y	Y	Y	Y				Y		Y	Y	Y	
Mighty Angus Burger												Avg Qty /Serve	Avg Qty /100g
BEEF PATTY: Angus Beef (100%)										Energ	v (kJ)	2790	1080
CHILLI CHIVE & SESAME BUN: Wheat Flour, Water, Sugar, Sesame Seed, Yeast, Canola Oil, Gluten, Iodised Salt, Chilli Fla	kes Chive F	lakes Sov F	lour Preserv	ative (282)	Emulsifiers (471 / 81 /	72e) Miners	al Salts (170	516)		Energ	,	668	259
Wheat Malt Flour, Dough Conditioner (300), Enzymes (1100), Vitamins (Thiamin, Folate).	Nes, Chive I	akes, 30y 1		auve (202)	, Linuisiliers (471, 401, 4	120), WIII 1010	a Saits (170,	510),		Protei		43.5	16.8
<u>CHEESE</u> : Cheese (Milk, Salt, Culture, Enzymes (Rennet, Lipase)), Water, Milk Solids, Butter, Emulsifiers (340, 452, 331), Sa	It Acidity Re	oulators (26	0 330 339)	Colours (1	60h 160c) Preservative	(200) Sov I	ecithin			Fat, to	(0)	35.9	13.9
<u>CHUNKY TOMATO SAUCE:</u> Water, Tomato [Tomato Paste, Crushed Tomato (Acidity Regulator (330), Firming Agent (509)], F											ated Fat (q)	17.7	6.9
CHORKY TOMATO SAUCE: Water, Tomato Fromato Paste, Crushed Tomato (Actiony Regulator (350), Filming Agent (509)], R Soybean Oil, Preservative (202), Vegetable Gum (415).	еа вен Рер	per Puree, Si	ugar, vinega	r, mickene	er (1422), Deriyaratea veç	jelables, Sa	it, spices,			-	hydrate (g)	41.4	16.0
				ine at						-	. (.,		
BACON: Pork, Water, Salt, Sugar, Emulsifiers (450, 451), Dextrose (Maize, Tapioca), Antioxidant (316), Acidity Regulator (330), Souium Ni	une (250), R	osemary Ext	racı.						Sugar	(0)	7.4	2.9
		0 11 0		-		(070) -		20)		Sodiu	m (mg)	1370	531
MAYONNAISE: Water, Soybean Oil (Antioxidant (330)), Egg Yolks, Modified Corn Starch (1401,1442), Corn Syrup Solids, Dis	tilled Vinega	r, Salt, Sugar	, Mustard Fl	our, Thicke	ener (415), Acidity Regula	tor (270), Pr	eservative (2	02).					
Contains gluten, milk, egg, soy and sesame seeds. Traces of sulphites in the Chunky Tomato Sauce.		-		-		-							, I
BEEF PATTY seasoned after cooking: Seasoning: Salt, Pepper, Soy Oil & Angus Seasoning [Maltodextrin, Salt, Dextrose,	Gluten	Eggs	Milk	Soy	Fish & Crustaea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Preservative	Flavour	Colours	
Dehydrated Vegetables (Onion, Garlic), Flavour (Milk, Soy), Spices (Pepper), Yeast Extract, Colours (150d, 150a), Canola Oil, Worcestershire Sauce.	Y	Y	Y	Y		I	1	Y	T	Y		Y	I
Beef may be cooked on the same grill as egg or products containing gluten .													

Beef may be cooked on the same grill as egg or products containing gluten.

r														
Quarter Pounder and Double Quarter Pounder												Pounder	Double Qua	arter Pounder
BEEF PATTY: Beef (100%).								-		•	ty /Serve	Avg Qty /100g	Avg Qty /Serve	Avg Qty /100g
QUARTER BUN: Wheat Flour, Water, Yeast, Sugar, Vegetable Oil (Canola), Sesame Seed, Iodised Salt, Gluten, Bread Imp			er (481), Min	eral Salts (5	16, 170), Malt Flour , Dou	igh Condition	ner (300),	E	Energy (kJ)		280	1100	3570	1170
Enzymes (Amylase, Xylanase)], Preservative (282), Emulsifiers (471, 472e), Antioxidant (304, 307, 330), Enzyme (1100) Vita	`	· ·							Energy (Cal)	-	46	264	853	279
CHEESE: Cheese (Milk, Salt, Culture, Enzymes (Rennet, Lipase)), Water, Milk Solids, Butter, Emulsifiers (340, 452, 331), S	alt, Acidity R	egulators (26	0, 330, 339)	, Colours (1	60b, 160c), Preservative	200), Soy L	ecithin.	_	Protein (g)		3.7	16.3	57.5	18.8
KETCHUP: Water, Tomato Paste, High Fructose Corn Syrup, Glucose Corn Syrup, Vinegar, Salt, Flavouring (Soybean Oil).								-	at, total (g)		0.2	14.6	53.3	17.4
PICKLE: Cucumber, Water, Vinegar, Salt, Preservatives (202, 211), Flavour.								-	Saturated Fat	5/	5.7	7.6	28.1	9.2
<u>ONION:</u> Slivered Onion									Carbohydrate		3.6	16.2	34.2	11.2
MUSTARD: Water, Vinegar, Mustard Seed, Salt, Colour (100), Spice, Flavour.								_	Sugars (g)	-	6.7	3.2	7.0	2.3
Contains gluten, soy, milk & sesame seeds								5	Sodium (mg)	10	050	507	1350	442
Beef patty seasoned on grill. Seasoning: Salt, Pepper, Soy Oil.	01.1	-		_	Fish & Orostana		T 11 1	0	D	A shall be to the se	Deces	and an and		1
Beef may be cooked on the same grill as egg or products containing gluten.	Gluten	Eggs	Milk Y	Soy	Fish & Crustaea	Peanuts	Tree Nuts	Sesame S	Seeds	Sulphites	Preser	vative Flavour	Colours	-
Quarter Pound Double Quarter Pound			ř Y	ř Y				Ý Y			T V	r v	ř V	1
CHICKEN AND FISH	-			. '								I _ I		
							-	3 Pac		-	6.0	ack	40	Pack
Chicken McNuggets							Aur Ci						-	
														Avg Qty /100g
Chicken, Water, Flour (Maize, Bleached Wheat), Salt, Canola Oil, Thickener (1404), Raising Agents and Mineral Salts (341,					Energy (kJ)		582		1180			1180	1940	1180
					Energy (Ca)	140		282		.79	282	464	282
					Protein (g)		7.9		15.9		5.8	15.9	26.4	15.9
Contains gluten.					Fat, total (g	, ,	9.0		18.1		7.9	18.1	29.9	18.1
Note: McNuggets are cooked in canola oil blend.					Saturated F	(0)	1.4		2.8		2.8	2.8	4.6	2.8
					Carbohydra	te (g)	6.7		13.6		3.5	13.6	22.4	13.6
					Sugars (g)		0.2		0.5).4	0.5	0.8	0.5
					Sodium (mg		222		448		44	448	739	448
	Gluten	Eggs	Milk	Soy	Fish & Crustaea	Peanuts	Tree Nuts	Sesame S	seeds	Sulphites	Preser	vative Flavour	Colours	-
													A	A
Chicken McBites - 10 piece pack											r		Avg Qty /Serve	Avg Qty /100g
Chicken, Water, Wheat Flour, Breadcrumb Crumb [Wheat Flour, Milk Solids, Salt, Canola Oil, Raising Agent (341, 500), Emi Vice Fischer Filmerer Fischer (205) Flourer Thicker (440), Orige Fischer (400)	Isifier (481)]	Canola Oil, I	Mineral Salts	(451, 452, 4	150, 500), Salt, Spices, V	egetable Pov	wders (Garlio	c, Onion), H	erbs,			Energy (kJ)	661	1050
Yeast Extract, Flavour Enhancer (635), Flavours, Thickener (1404), Spice Extract (100).												Energy (Cal)	158	251
Contains gluten & milk.												Protein (g) Fat, total (g)	10.6 9.0	16.8 14.4
Note: McBites are cooked in canola oil blend.												Saturated Fat (g)	9.0	2.4
												Carbohydrate (g)	8.4	13.4
												Sugars (g)	0.4	<1.0
												Sodium (mg)	453	720
	Gluten	Eggs	Milk	Soy	Fish & Crustaea	Peanuts	Tree Nuts	Sesame	Seeds	Sulphites	Preser	(0)	Colours	
	Y		Y							·		Y	<u> </u>	1
Chicken & Cheese													Avg Qty /Serve	Avg Qty /100g
<u>McCHICKEN PATTY:</u> Chicken, Water, Flour (Wheat, Maize, Soy), Vegetable Oil (Canola), Salt, Thickeners (1401, 1400, 142	n 1422) Sta	rch (Wheat	Maize) Mine	ral Salts (50	8 450 451 500 541) V	east Maltod	extrin Venet	ahle Powde	er (Garlic, Oni	n Celerv)	ſ	Energy (kJ)	1640	1090
										., ooieiy),		Energy (Cal)	391	260
	e), vitamin (,,			•••		,	00).				Protein (q)	19.5	13.0
Yeast Extracts, Spice (Pepper), Spice Extracts, Dextrose, Herb, Flavour, Raising Agent (341), Emulsifiers (481, 433, 471, 472)		2e 481) Ma	It Flour Mir											
		2e, 481), Ma	I t Flour , Mir	ierai Sait (17	-,,	,.	, ,				[Fat, total (g)	19.3	12.8
Yeast Extracts, Spice (Pepper), Spice Extracts, Dextrose, Herb, Flavour, Raising Agent (341), Emulsifiers (481, 433, 471, 47); BUN: Wheat Flour, Water, Yeast, Sugar, Vegetable Oil (Canola), Iodised Salt, Gluten, Soy Flour, Preservative (282), Emuls	fiers (471, 47							.,,				(0)		
Yeast Extracts, Spice (Pepper), Spice Extracts, Dextrose, Herb, Flavour, Raising Agent (341), Emulsifiers (481, 433, 471, 47); <u>BUN:</u> Wheat Flour, Water, Yeast, Sugar, Vegetable Oil (Canola), Iodised Salt, Gluten, Soy Flour, Preservative (282), Emuls Vitamin (Thiamin, Folate).	fiers (471, 4 alt, Acidity R	egulators (26	0, 330, 339)	, Colours (1	60b, 160c), Preservative	200), Soy L	ecithin.					Fat, total (g)	19.3	12.8
Yeast Extracts, Spice (Pepper), Spice Extracts, Dextrose, Herb, Flavour, Raising Agent (341), Emulsifiers (481, 433, 471, 47); <u>BUN:</u> Wheat Flour, Water, Yeast, Sugar, Vegetable Oil (Canola), Iodised Salt, Gluten, Soy Flour, Preservative (282), Emuls Vitamin (Thiamin, Folate). <u>CHEESE</u> : Cheese (Milk, Salt, Culture, Enzymes (Rennet, Lipase)), Water, Milk Solids, Butter, Emulsifiers (340, 452, 331), S	fiers (471, 4 alt, Acidity R	egulators (26	0, 330, 339)	, Colours (1	60b, 160c), Preservative	200), Soy L	ecithin.					Fat, total (g) Saturated Fat (g)	19.3 4.1	12.8 2.8
Yeast Extracts, Spice (Pepper), Spice Extracts, Dextrose, Herb, Flavour, Raising Agent (341), Emulsifiers (481, 433, 471, 47); <u>BUN</u> : Wheat Flour, Water, Yeast, Sugar, Vegetable Oil (Canola), Iodised Salt, Gluten, Soy Flour, Preservative (282), Emuls Vitamin (Thiamin, Folate). <u>CHEESE</u> : Cheese (Milk, Salt, Culture, Enzymes (Rennet, Lipase)), Water, Milk Solids, Butter, Emulsifiers (340, 452, 331), S <u>MAYONNAISE</u> : Water, Soybean Oil (Antioxidant (330)), Egg Yolks, Modified Corn Starch (1401,1442), Corn Syrup Solids, I	fiers (471, 4 alt, Acidity R	egulators (26	0, 330, 339)	, Colours (1	60b, 160c), Preservative	200), Soy L	ecithin.					Fat, total (g) Saturated Fat (g) Carbohydrate (g)	19.3 4.1 32.9	12.8 2.8 21.8
Yeast Extracts, Spice (Pepper), Spice Extracts, Dextrose, Herb, Flavour, Raising Agent (341), Emulsifiers (481, 433, 471, 47); <u>BUN</u> : Wheat Flour, Water, Yeast, Sugar, Vegetable Oil (Canola), Iodised Salt, Gluten, Soy Flour, Preservative (282), Emuls Vitamin (Thiamin, Folate). <u>CHEESE</u> : Cheese (Milk, Salt, Culture, Enzymes (Rennet, Lipase)), Water, Milk Solids, Butter, Emulsifiers (340, 452, 331), S <u>MAYONNAISE</u> : Water, Soybean Oil (Antioxidant (330)), Egg Yolks, Modified Corn Starch (1401,1442), Corn Syrup Solids, I <u>Contains gluten, egg, soy & milk</u> .	fiers (471, 4 alt, Acidity R	egulators (26	0, 330, 339)	, Colours (1	60b, 160c), Preservative	200), Soy L	ecithin.					Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g)	19.3 4.1 32.9 2.8	12.8 2.8 21.8 1.9
Yeast Extracts, Spice (Pepper), Spice Extracts, Dextrose, Herb, Flavour, Raising Ägent (341), Emulsifiers (481, 433, 471, 47; <u>BUN</u> ; Wheat Flour, Water, Yeast, Sugar, Vegetable Oil (Canola), Iodised Salt, Gluten, Soy Flour , Preservative (282), Emuls Vitamin, Folate). <u>CHEESE</u> : Cheese (Milk, Salt, Culture, Enzymes (Rennet, Lipase)), Water, Milk Solids, Butter, Emulsifiers (340, 452, 331), S <u>MAYONNAISE</u> ; Water, Soybean Oil (Antioxidant (330)), Egg Yolks, Modified Corn Starch (1401,1442), Corn Syrup Solids, I Contains gluten, egg. soy & milk. Note: McChicken patty is cooked in canola oil blend.	fiers (471, 4 alt, Acidity R	egulators (26	0, 330, 339)	, Colours (1	60b, 160c), Preservative	200), Soy L	ecithin.		Seeds	Sulphites		Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg)	19.3 4.1 32.9 2.8	12.8 2.8 21.8 1.9

Chicken & Mayo												Avg Qty /Serve	• • •
										Energ	,	1390	1030
CHICKEN PATTY: Chicken, Water, Flour (Wheat, Maize, Soy), Canola Oil, Thickeners (1400, Cornstarch, 1420, 1422), Sa								Food Acid (330),		Energ		332	246
Pepper, Colours (100, 160c), Emulsifiers (433, 471, 481, 472e), Preservative (282), Vegetable Gum (412), Vitamin (Thiami	<i>/</i> ·				00()		· · /			Protei		12.6	9.3
BUN: Wheat Flour, Water, Yeast, Sugar, Vegetable Oil (Canola), Iodised Salt, Gluten, Soy Flour, Preservative (282), Emul	sifiers (471, 472	e, 481), Mal	t Flour, Mine	ral Salt (170), Antioxidant (300, 304,	307, 330), Ei	nzyme (1100), Vitamin		Fat, to	(0)	16.3	12.1
(Thiamine, Folate).										Satura	ated Fat (g)	2.8	2.1
MAYONNAISE: Water, Soybean Oil (Antioxidant (330), Egg Yolks, Modified Corn Starch (1401,1442), Corn Syrup Solids, I	Distilled Vinegar	, Salt, Sugar	, Mustard Fl	our, Thicken	er (415), Acidity Regulat	or (270), Pre	servative (20	02).		Carbo	hydrate (g)	32.1	23.8
LETTUCE: Iceberg Lettuce										Sugar	(0)	2.8	2.0
										Sodiu	m (mg)	583	432
Contains gluten, egg & soy.				1			1				-		
BUNS are produced on equipment that also produces products containing sesame seeds.	Gluten	Eggs	Milk	Soy	Fish & Crustaea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Preservative		Colours	
	Y	Y		Y				T		Y	Y	Y	
Crispy Chicken Bacon Deluxe												Avg Qty /Serve	Avg Qty /100g
CRISPY CHICKEN: Chicken, Wheat Flour, Water, Vegetable Oils (Canola, Palm and Sunflower), Breadcrumb [Wheat Flo	ur. Water. Veget	table Oil (Ca	nola), Yeast	Salt. Improv	ver (Wheat Flour, Ascorb	bic Acid (300)	. Food Acid	(263)}, Enzvme		Energ	y (kJ)	2640	1030
(Amylase)], Modified Starch (1422), Mineral Salts (450, 500, 451, 452), Salt, Flavours, Rice Starch, Yeast Extract, Spices, N										Energ	,	631	247
Maltodextrin, Hydrolysed Vegetable Protein (Soy), Vegetable Powder.			0	.,			,	. ,.		Protei	, ,	31.7	12.4
CHILLI CHIVE & SESAME BUN: Wheat Flour, Water, Sugar, Sesame Seed, Yeast, Canola Oil, Gluten, Iodised Salt, Chilli	Flakes, Chive F	lakes. Sov I	Flour, Preser	vative (282)	Emulsifiers (471, 481, 4	72e). Minera	l Salts (170.	516).		Fat, to	(0)	33.2	13.0
						.,,		//		Satura	ated Fat (g)	8.5	3.3
Wheat Malt Flour, Dough Conditioner (300), Enzymes (1100), Vitamins (Thiamin, Folate).													
											hydrate (g)	50.0	19.6
Wheat Malt Flour, Dough Conditioner (300), Enzymes (1100), Vitamins (Thiamin, Folate). TOMATO SLICE: Tomatoes.	in Minced Garli	c (Acidity Re	egulator (260	330)) Vine	gar. Diion Mustard (Acid	ity Regulator	(260)) Acir	tity Regulator (575)	Mustard	Carbo	hydrate (g)	50.0	19.6 2.1
Wheat Malt Flour, Dough Conditioner (300), Enzymes (1100), Vitamins (Thiamin, Folate). <u>TOMATO SLICE</u> : Tomatoes. <u>GARLIC AIOLI:</u> Canola Oil (Antioxidants (306- Soy , 319)), Water, Glucose Syrup (Wheat Derived), Egg Yolk, Whey Prote									, Mustard	Carbo Sugar	hydrate (g) s (g)		
Wheat Malt Flour, Dough Conditioner (300), Enzymes (1100), Vitamins (Thiamin, Folate). TOMATO SLICE: Tomatoes.									, Mustard	Carbo Sugar	hydrate (g)	50.0 5.3	2.1
Wheat Malt Flour, Dough Conditioner (300), Enzymes (1100), Vitamins (Thiamin, Folate). <u>TOMATO SLICE</u> : Tomatoes. <u>GARLIC AIOLI:</u> Canola Oil (Antioxidants (306-Soy, 319)), Water, Glucose Syrup (Wheat Derived), Egg Yolk, Whey Prote (Acidity Regulators (260, 330), Colours (150c, 160a)), Salt, Flavour Enhancer (635), Oat Fibre, Flavourings (Milk), Emulsif	iers (Soy Lecithi	in, 435), Col	our (171), Mi	ineral Salt (5					, Mustard	Carbo Sugar	hydrate (g) s (g)	50.0 5.3	2.1
Wheat Malt Flour, Dough Conditioner (300), Enzymes (1100), Vitamins (Thiamin, Folate). <u>TOMATO SLICE</u> : Tomatoes. <u>GARLIC AIOLI</u> : Canola Oil (Antioxidants (306-Soy, 319)), Water, Glucose Syrup (Wheat Derived), Egg Yolk, Whey Prote (Acidity Regulators (260, 330), Colours (150c, 1602)), Salt, Flavour Enhancer (635), Oat Fibre, Flavourings (Milk), Emulsif <u>CHEDDAR CHEESE: Milk</u> , Salt, Starter Cultures, Non-Animal Rennet, Non-Animal Lipase. <u>BACON</u> : Pork, Water, Salt, Sugar, Emulsifiers (450, 451), Dextrose (Maize, Tapioca), Antioxidant (316), Acidity Regulator (<u>DICED LETTUCE MIX</u> : lceberg Lettuce, Cos Lettuce	iers (Soy Lecithi	in, 435), Col	our (171), Mi	ineral Salt (5					, Mustard	Carbo Sugar	hydrate (g) s (g)	50.0 5.3	2.1
Wheat Malt Flour, Dough Conditioner (300), Enzymes (1100), Vitamins (Thiamin, Folate). <u>TOMATO SLICE</u> : Tomatoes. <u>GARLIC AIOLI</u> : Canola Oil (Antioxidants (306-Soy, 319)), Water, Glucose Syrup (Wheat Derived), Egg Yolk, Whey Prote (Acidity Regulators (260, 330), Colours (150c, 160a)), Salt, Flavour Enhancer (635), Oat Fibre, Flavourings (Milk), Emulsif <u>CHEDDAR CHEESE: Mik</u> , Salt, Starter Cultures, Non-Animal Rennet, Non-Animal Itpase. <u>BACON</u> : Pork, Water, Salt, Sugar, Emulsifiers (450, 451), Dextrose (Maize, Tapioca), Antioxidant (316), Acidity Regulator (iers (Soy Lecithi	in, 435), Col	our (171), Mi	tract.					, Mustard	Carbo Sugar	hydrate (g) s (g)	50.0 5.3	2.1
Wheat Malt Flour, Dough Conditioner (300), Enzymes (1100), Vitamins (Thiamin, Folate). <u>TOMATO SLICE</u> : Tomatoes. <u>GARLIC AIOLI</u> : Canola Oil (Antioxidants (306-Soy, 319)), Water, Glucose Syrup (Wheat Derived), Egg Yolk, Whey Prote (Acidity Regulators (260, 330), Colours (150c, 1602)), Salt, Flavour Enhancer (635), Oat Fibre, Flavourings (Milk), Emulsif <u>CHEDDAR CHEESE: Milk</u> , Salt, Starter Cultures, Non-Animal Rennet, Non-Animal Lipase. <u>BACON</u> : Pork, Water, Salt, Sugar, Emulsifiers (450, 451), Dextrose (Maize, Tapioca), Antioxidant (316), Acidity Regulator (<u>DICED LETTUCE MIX</u> : lceberg Lettuce, Cos Lettuce	iers (Soy Lecithi	in, 435), Col	our (171), Mi	ineral Salt (5					, Mustard Sulphites	Carbo Sugar	hydrate (g) s (g) m (mg)	50.0 5.3	2.1
Wheat Malt Flour, Dough Conditioner (300), Enzymes (1100), Vitamins (Thiamin, Folate). TOMATO SLICE: Tomatoes. GARLIC AIOLI: Canola Oil (Antioxidants (306-Soy, 319)), Water, Glucose Syrup (Wheat Derived), Egg Yolk, Whey Prote (Acidity Regulators (260, 330), Colours (150c, 160a)), Salt, Flavour Enhancer (635), Oat Fibre, Flavourings (Milk), Emulsif CHEDDAR CHEESE:Milk, Salt, Starter Cultures, Non-Animal Rennet, Non-Animal Lipase. BACON: Pork, Water, Salt, Sugar, Emulsifiers (450, 451), Dextrose (Maize, Tapioca), Antioxidant (316), Acidity Regulator (DICED LETTUCE MIX: Iceberg Lettuce, Cos Lettuce Contains gluten, milk, egg, soy and sesame seeds.	iers (Soy Lecithi 330), Sodium Ni	in, 435), Col-	our (171), Mi Rosemary Ex	tract.	08), Végetable Gum (41	5), Preservat	ives (202, 21	11).	-	Carbo Sugar Sodiu	hydrate (g) s (g) m (mg)	50.0 5.3 1140	2.1
Wheat Malt Flour, Dough Conditioner (300), Enzymes (1100), Vitamins (Thiamin, Folate). TOMATO SLICE; Tomatoes. GARLIC AIOLI: Canola Oil (Antioxidants (306-Soy, 319)), Water, Glucose Syrup (Wheat Derived), Egg Yolk, Whey Prote (Acidity Regulators (260, 330), Colours (150c, 1602)), Salt, Flavour Enhancer (635), Oat Fibre, Flavourings (Milk), Emulsifi CHEDDAR CHEESE:Milk, Salt, Starter Cultures, Non-Animal Rennet, Non-Animal Lipase. BACON: Pork, Water, Salt, Sugar, Emulsifiers (450, 451), Dextrose (Maize, Tapioca), Antioxidant (316), Acidity Regulator (DECD LETTUCE MIX: lceberg Lettuce, Cos Lettuce Contains gluten, milk, egg, soy and sesame seeds. GARLIC AIOLI and CRISPY CHICKEN PATTY may contain traces of sulphites. CRISPY PATTY is cooked in canola oil blend.	iers (Soy Lecithi 330), Sodium Ni	in, 435), Cole itrite (250), F Eggs	our (171), Mi Rosemary Ex	tract.	08), Végetable Gum (41	5), Preservat	ives (202, 21	11).	-	Carbo Sugar Sodiu	hydrate (g) s (g) m (mg) Flavour	50.0 5.3 1140	2.1
Wheat Malt Flour, Dough Conditioner (300), Enzymes (1100), Vitamins (Thiamin, Folate). TOMATO SLICE: Tomatoes. GARLIC AIOLI: Canola Oil (Antioxidants (306-Soy, 319)), Water, Glucose Syrup (Wheat Derived), Egg Yolk, Whey Prote (Acidity Regulators (260, 330), Colours (150c, 160a)), Salt, Flavour Enhancer (635), Oat Fibre, Flavourings (Milk), Emulsif CHEDDAR CHEESE: Milk, Salt, Starter Cultures, Non-Animal Rennet, Non-Animal Lipase. BACON: Pork, Water, Salt, Sugar, Emulsifiers (450, 451), Dextrose (Maize, Tapioca), Antioxidant (316), Acidity Regulator (DICED LETTUCE MIX: Iceberg Lettuce, Cos Lettuce Contains gluten, milk, egg, soy and sesame seeds. GARLIC AIOL1 and CRISPY CHICKEN PATTY may contain traces of sulphites. CRISPY PATTY is cooked in canola oil blend. Grilled Chicken Bacon Deluxe	iers (Soy Lecithi 330), Sodium Ni <u>Gluten</u> Y	in, 435), Col itrite (250), F Eggs Y	our (171), Mi Rosemary Ex Milk Y	tract. Soy	08), Végetable Gum (41	5), Preservat	ives (202, 21	11).	-	Carbo Sugar Sodiuu Preservative Y	hydrate (g) s (g) m (mg) Flavour Y	50.0 5.3 1140 Colours Y Avg Qty /Serve	2.1 449 Avg Qty /100g
Wheat Malt Flour, Dough Conditioner (300), Enzymes (1100), Vitamins (Thiamin, Folate). TOMATO SLICE: Tomatoes. GARLIC AIOLI: Canola Oil (Antioxidants (306-Soy, 319)), Water, Glucose Syrup (Wheat Derived), Egg Yolk, Whey Prote (Acidity Regulators (260, 330), Colours (150c, 160a)), Salt, Flavour Enhancer (635), Oat Fibre, Flavourings (Milk), Emulsif CHEDDAR CHEESE: Milk, Salt, Starter Cultures, Non-Animal Rennet, Non-Animal Lipase. BACON: Pork, Water, Salt, Sugar, Emulsifiers (450, 451), Dextrose (Maize, Tapioca), Antioxidant (316), Acidity Regulator (DICED LETTUCE MIX: Iceberg Lettuce, Cos Lettuce Contains gluten, milk, egg, soy and sesame seeds. GARLIC AIOL1 and CRISPY CHICKEN PATTY may contain traces of sulphites. CRISPY PATTY is cooked in canola oil blend. Grilled Chicken Bacon Deluxe GRILLED CHICKEN: Chicken, Water, Maltodextrin, Flavouring, Salt, Thickener (1442), Rice Flour, Mineral Salts (451, 450, 451, 450, 451), 450, 451, 4	iers (Soy Lecithi 330), Sodium Ni Gluten Y 508), Yeast Ext	in, 435), Col itrite (250), F Eggs Y tract, Herbs,	our (171), Mi Rosemary Ex Milk Y Garlic Powd	rneral Salt (5 tract. Soy Y er.	08), Végetable Gum (41 Fish & Crustaea	5), Preservat	ives (202, 21	11). Sesame Seeds Y	-	Carbo Sugar Sodiu Preservative Y Energ	hydrate (g) s (g) m (mg) Flavour Y y (kJ)	50.0 5.3 1140 Colours Y Avg Qty /Serve 2250	2.1 449 Avg Qty /100g 884
Wheat Malt Flour, Dough Conditioner (300), Enzymes (1100), Vitamins (Thiamin, Folate). TOMATO SLICE; Tomatoes. GARLIC AIOLL: Canola Oil (Antioxidants (306-Soy, 319)), Water, Glucose Syrup (Wheat Derived), Egg Yolk, Whey Prote (Acidity Regulators (260, 330), Colours (150c, 160a)), Salt, Flavour Enhancer (635), Oat Fibre, Flavourings (Milk), Emulsif (HEDDAR CHEESE; Milk, Salt, Starter Cultures, Non-Animal Rennet, Non-Animal Itepse. BACON: Pork, Water, Salt, Sugar, Emulsifiers (450, 451), Dextrose (Maize, Tapioca), Antioxidant (316), Acidity Regulator (DICED LETTUCE MIX: Iceberg Lettruce, Cos Lettruce Contains gluten, milk, egg, soy and sesame seeds. GARLIC AIOLI and CRISPY CHICKEN PATTY may contain traces of sulphites. CRISPY PATTY is cooked in canola oil blend. Grilled Chicken Bacon Deluxe GRILLED CHICKEN: Chicken, Water, Maltodextrin, Flavouring, Salt, Thickener (1442), Rice Flour, Mineral Salts (451, 450), Chicken, Water, Rice Starch, Salt, Mineral Salts (451, 450), Soy Protein, Fruit Powder [Contains. Lemon Juice Concentrate	iers (Soy Lecithi 330), Sodium Ni Gluten Y 508), Yeast Ext	in, 435), Col itrite (250), F Eggs Y tract, Herbs,	our (171), Mi Rosemary Ex Milk Y Garlic Powd	rneral Salt (5 tract. Soy Y er.	08), Végetable Gum (41 Fish & Crustaea	5), Preservat	ives (202, 21	11). Sesame Seeds Y	-	Carbo Sugar Sodiu Preservative Y Energ Energ	hydrate (g) s (g) m (mg) Flavour Y y (kJ) y (Cal)	50.0 5.3 1140 Colours Y Avg Qty /Serve 2250 539	2.1 449 Avg Qty /100g 884 212
Wheat Malt Flour, Dough Conditioner (300), Enzymes (1100), Vitamins (Thiamin, Folate). TOMATO SLICE; Tomatoes. GARLIC AIOLL: Canola Oil (Antioxidants (306-Soy, 319)), Water, Glucose Syrup (Wheat Derived), Egg Yolk, Whey Prote (Acidity Regulators (260, 330), Colours (150c, 160a)), Salt, Flavour Enhancer (635), Oat Fibre, Flavourings (Milk), Emulsif (HEDDAR CHEESE; Milk, Salt, Starter Cultures, Non-Animal Rennet, Non-Animal Itapase. BACON: Pork, Water, Salt, Sugar, Emulsifiers (450, 451), Dextrose (Maize, Tapioca), Antioxidant (316), Acidity Regulator (DICED LETTUCE MIX: loeberg Lettuce, Cos Lettuce Contains gluten, milk, egg, soy and sesame seeds. GARLIC AIOLI and CRISPY CHICKEN PATTY may contain traces of sulphites. CRISPY PATTY is cooked in canola oil blend. Grilled Chicken Bacon Deluxe GRILLED CHICKEN: Chicken, Water, Maltodextrin, Flavouring, Salt, Thickener (1442), Rice Flour, Mineral Salts (451, 450), Chicken, Water, Ice Starch, Salt, Mineral Salts (451, 450), Soy Protein, Fruit Powder [Contains. Lemon Juice Concentrate (341), Spice Extract (Pepper), Vegetable Oil.	iers (Soy Lecithi 330), Sodium Ni Gluten Y 508), Yeast Ext 9, Flavours], Deh	in, 435), Col itrite (250), F Eggs Y tract, Herbs, nydrated Gar	Cour (171), Mi Rosemary Ex Milk Y Garlic Powd lic, Natural F	rneral Salt (5 tract. Soy Y er. Flavour, Hert	08), Végetable Gum (41 Fish & Crustaea OR Is, Sugar, Vinegar Powd	5), Preservat	Tree Nuts	11). Sesame Seeds Y	-	Carbo Sugar Sodiur Preservative Y Energ Energ Protei	hydrate (g) s (g) m (mg) Flavour Y y (kJ) y (Cal) n (g)	50.0 5.3 1140 Colours Y Avg Qty /Serve 2250 539 37.1	2.1 449 Avg Qty /100g 884 212 14.5
Wheat Malt Flour, Dough Conditioner (300), Enzymes (1100), Vitamins (Thiamin, Folate). TOMATO SLICE; Tomatoes. GARLIC AIOLI: Canola Oil (Antioxidants (306-Soy, 319)), Water, Glucose Syrup (Wheat Derived), Egg Yolk, Whey Prote (Acidity Regulators (260, 330), Colours (150c, 160a)), Salt, Flavour Enhancer (635), Oat Fibre, Flavourings (Milk), Emulsif CHEDDAR CHEESE: Milk, Salt, Starter Cultures, Non-Animal Rennet, Non-Animal Lipase. BACON: Pork, Water, Salt, Sugar, Emulsifiers (450, 451), Dextrose (Maize, Tapioca), Antioxidant (316), Acidity Regulator (DICED LETTUCE MIX: Iceberg Lettuce, Cos Lettuce Contains gluten, milk, egg, soy and sesame seeds. GARILC AIOLI and CRISPY CHICKEN PATTY may contain traces of sulphites. CRISPY PATTY is cooked in canola oil blend. Grilled Chicken Bacon Deluxe GRILLED CHICKEN: Chicken, Water, Maltodextrin, Flavouring, Salt, Thickener (1442), Rice Flour, Mineral Salts (451, 450, Chicken, Water, Salt, Mineral Salts (451, 450), Soy Protein, Fruit Powder [Contains. Lemon Juice Concentrate (341), Spice Extract (Pepper), Vegetable Oil. Chicken, Water, Rice Starch, Salt, Mineral Salts (451, 450), Soy Protein, Fruit Powder [Contains. Lemon Juice Concentrate (341), Spice Extract (Pepper), Vegetable Oil.	iers (Soy Lecithi 330), Sodium Ni Gluten Y 508), Yeast Ext 9, Flavours], Deh	in, 435), Col itrite (250), F Eggs Y tract, Herbs, nydrated Gar	Cour (171), Mi Rosemary Ex Milk Y Garlic Powd lic, Natural F	rneral Salt (5 tract. Soy Y er. Flavour, Hert	08), Végetable Gum (41 Fish & Crustaea OR Is, Sugar, Vinegar Powd	5), Preservat	Tree Nuts	11). Sesame Seeds Y	-	Carbo Sugar Sodiur Preservative Y Energ Energ Protei Fat, to	hydrate (g) s (g) m (mg) Flavour Y y (kJ) y (Cal) n (g) tal (g)	50.0 5.3 1140 Colours Y Avg Qty /Serve 2250 539 37.1 24.4	2.1 449 Avg Qty /100g 884 212 14.5 9.6
Wheat Malt Flour, Dough Conditioner (300), Enzymes (1100), Vitamins (Thiamin, Folate). TOMATO SLICE; Tomatoes. GARLIC AIOLL: Canola Oil (Antioxidants (306-Soy, 319)), Water, Glucose Syrup (Wheat Derived), Egg Yolk, Whey Prote (Acidity Regulators (260, 330), Colours (150c, 160a)), Salt, Flavour Enhancer (635), Oat Fibre, Flavourings (Milk), Emulsif: CHEDDAR CHEESE: Milk, Salt, Starter Cultures, Non-Animal Rennet, Non-Animal Lipase. BACON: Pork, Water, Salt, Sugar, Emulsifiers (450, 451), Dextrose (Maize, Tapioca), Antioxidant (316), Acidity Regulator (DICED LETTUCE MIX: Iceberg Lettuce, Cos Lettuce Contains gluten, milk, egg, soy and sesame seeds. GARLIC AIOL1 and CRISPY CHICKEN PATTY may contain traces of sulphites. CRISPY PATTY is cooked in canola oil blend. Grilled Chicken Bacon Deluxe GRILLED CHICKEN: Chicken, Water, Maltodextrin, Flavouring, Salt, Thickener (1442), Rice Flour, Mineral Salts (451, 450, Chicken, Water, Salt, Mineral Salts (451, 450), Soy Protein, Fruit Powder [Contains. Lemon Juice Concentrate (341), Spice Extract (Pepper), Vegetable Oil. CHILL 1 CHIVE & SESAME BUN; Wheat Flour, Water, Sugar, Sesame Seed, Yeast, Canola Oil, Gluten, Iodised Salt, Chilli Wheat Malt Flour, Dough Conditioner (300), Enzymes (1100), Vitamins (Thiamin, Folate).	iers (Soy Lecithi 330), Sodium Ni Gluten Y 508), Yeast Ext 9, Flavours], Deh	in, 435), Col itrite (250), F Eggs Y tract, Herbs, nydrated Gar	Cour (171), Mi Rosemary Ex Milk Y Garlic Powd lic, Natural F	rneral Salt (5 tract. Soy Y er. Flavour, Hert	08), Végetable Gum (41 Fish & Crustaea OR Is, Sugar, Vinegar Powd	5), Preservat	Tree Nuts	11). Sesame Seeds Y	-	Carbo Sugar Sodiuu Preservative Y Energ Energ Protei Fat, to Sature	hydrate (g) s (g) m (mg) Flavour Y y (kJ) y (Cal) n (g) ttal (g) ated Fat (g)	50.0 5.3 1140 Colours Y Avg Qty /Serve 2250 539 37.1 24.4 7.5	2.1 449 Avg Qty /100g 884 212 14.5 9.6 2.9
Wheat Malt Flour, Dough Conditioner (300), Enzymes (1100), Vitamins (Thiamin, Folate). TOMATO SLICE; Tomatoes. GARLIC AIOLL; Canola Oil (Antioxidants (306-Soy, 319)), Water, Glucose Syrup (Wheat Derived), Egg Yolk, Whey Prote (Acidity Regulators (260, 330), Colours (150c, 160a)), Salt, Flavour Enhancer (635), Oat Fibre, Flavourings (Milk), Emulsif CHEDDAR CHEESE: Milk, Salt, Starter Cultures, Non-Animal Rennet, Non-Animal Lipase. BACON: Pork, Water, Salt, Sugar, Emulsifiers (450, 451), Dextrose (Maize, Tapioca), Antioxidant (316), Acidity Regulator (DICED LETTUCE MIX: Iceberg Lettuce, Cos Lettuce Contains gluten, milk, egg, soy and sesame seeds. GARILC AIOL1 and CRISPY CHICKEN PATTY may contain traces of sulphites. CRISPY PATTY is cooked in canola oil blend. Grilled Chicken Bacon Deluxe GRILLED CHICKEN: Chicken, Water, Maltodextrin, Flavouring, Salt, Thickener (1442), Rice Flour, Mineral Salts (451, 450, Chicken, Water, Salt, Mineral Salts (451, 450), Soy Protein, Fruit Powder [Contains. Lemon Juice Concentrate (341), Spice Extract (Pepper), Vegetable Oil. CHILL 1 CHIVE & SESAME BUN: Wheat Flour, Water, Sugar, Sesame Seed, Yeast, Canola Oil, Gluten, Iodised Salt, Chilli Wheat Malt Flour, Dough Conditioner (300), Enzymes (1100), Vitamins (Thiamin, Folate). TOMATO SLICE; Tomatoes.	iers (Soy Lecithi 330), Sodium Ni Gluten Y 508), Yeast Ext 9, Flavours], Deh Flakes, Chive F	in, 435), Coli itrite (250), F Eggs Y irract, Herbs, nydrated Gar Flakes, Soy I	our (171), Mi Rosemary Ex Milk Y Garlic Powd lic, Natural F Flour, Preser	rneral Salt (5 tract. Soy Y er. :lavour, Hert vative (282)	08), Végetable Gum (41 Fish & Crustaea OR Is, Sugar, Vinegar Powd Emulsifiers (471, 481, 4	5), Preservat	Tree Nuts	11). Sesame Seeds Y nti-caking Agent 516),	Sulphites T	Carbo Sugar Sodiuu Preservative Y Energ Protei Fat, to Satura Carbo	hydrate (g) s (g) m (mg) Flavour Y y (kJ) y (kJ) y (Cal) n (g) ated Fat (g) hydrate (g)	50.0 5.3 1140 Y Avg Qty /Serve 2250 539 37.1 24.4 7.5 41.1	2.1 449 Avg Qty /100g 884 212 14.5 9.6 2.9 16.1
Wheat Malt Flour, Dough Conditioner (300), Enzymes (1100), Vitamins (Thiamin, Folate). TOMATO SLICE; Tomatoes. GARLIC AIOLL: Canola Oil (Antioxidants (306-Soy, 319)), Water, Glucose Syrup (Wheat Derived), Egg Yolk, Whey Prote (Acidity Regulators (260, 330), Colours (150c, 160a)), Salt, Flavour Enhancer (635), Oat Fibre, Flavourings (Milk), Emulsif: CHEDDAR CHEESE: Milk, Salt, Starter Cultures, Non-Animal Rennet, Non-Animal Lipase. BACON: Pork, Water, Salt, Sugar, Emulsifiers (450, 451), Dextrose (Maize, Tapioca), Antioxidant (316), Acidity Regulator (DICED LETTUCE MIX: Iceberg Lettuce, Cos Lettuce Contains gluten, milk, egg, soy and sesame seeds. GARLIC AIOL1 and CRISPY CHICKEN PATTY may contain traces of sulphites. CRISPY PATTY is cooked in canola oil blend. Grilled Chicken Bacon Deluxe GRILLED CHICKEN: Chicken, Water, Maltodextrin, Flavouring, Salt, Thickener (1442), Rice Flour, Mineral Salts (451, 450, Chicken, Water, Salt, Mineral Salts (451, 450), Soy Protein, Fruit Powder [Contains. Lemon Juice Concentrate (341), Spice Extract (Pepper), Vegetable Oil. CHILL 1 CHIVE & SESAME BUN; Wheat Flour, Water, Sugar, Sesame Seed, Yeast, Canola Oil, Gluten, Iodised Salt, Chilli Wheat Malt Flour, Dough Conditioner (300), Enzymes (1100), Vitamins (Thiamin, Folate).	iers (Soy Lecithi 330), Sodium Ni Gluten Y 508), Yeast Ext e, Flavours], Deh Flakes, Chive F in, Minced Garlii	in, 435), Coli itrite (250), F Eggs Y tract, Herbs, nydrated Gar Flakes, Soy I c (Acidity Re	Our (171), Mi Rosemary Ex Milk Y Garlic Powd Garlic Powd Flour, Preser	reral Salt (5 tract. Soy Y er. lavour, Hert vative (282) , 330)), Vine	08), Végetable Gum (41 Fish & Crustaea OR Is, Sugar, Vinegar Powd Emulsifiers (471, 481, 4 gar, Dijon Mustard (Acid	5), Preservat Peanuts er, Vegetable 172e), Minera	Tree Nuts Powder, Ar I Salts (170, (260)), Acic	11). Sesame Seeds Y nti-caking Agent 516),	Sulphites T	Carbo Sugar Sodiui Preservative Y Energ Proteii Fat, to Saturz Carbo Sugar	hydrate (g) s (g) m (mg) Flavour Y y (kJ) y (kJ) y (Cal) n (g) ated Fat (g) hydrate (g)	50.0 5.3 1140 Colours Y Avg Qty /Serve 2250 539 37.1 24.4 7.5	2.1 449 Avg Qty /100g 884 212 14.5 9.6 2.9
Wheat Malt Flour, Dough Conditioner (300), Enzymes (1100), Vitamins (Thiamin, Folate). TOMATO SLICE; Tomatoes. GARLIC AIOLI: Canola Oil (Antioxidants (306-Soy, 319)), Water, Glucose Syrup (Wheat Derived), Egg Yolk, Whey Prote (Acidity Regulators (260, 330), Colours (150c, 1602)), Salt, Flavour Enhancer (635), Oat Fibre, Flavourings (Milk), Emulsif: CHEDDAR CHEESE: Milk, Salt, Starter Cultures, Non-Animal Rennet, Non-Animal Lipase. BACON: Pork, Water, Salt, Sugar, Emulsifiers (450, 451), Dextrose (Maize, Tapioca), Antioxidant (316), Acidity Regulator (DICED LETTUCE MIX: Iceberg Lettuce, Cos Lettuce Contains gluten, milk, egg, soy and sesame seeds. GARLIC AIOLI: and CRISPY CHICKEN PATTY may contain traces of sulphites. CRISPY PATTY is cooked in canola oil blend. Grilled Chicken Bacon Deluxe GRILLED CHICKEN: Chicken, Water, Maltodextrin, Flavouring, Salt, Thickener (1442), Rice Flour, Mineral Salts (451, 450, Chicken, Water, Rice Starch, Salt, Mineral Salts (451, 450), Soy Protein, Fruit Powder [Contains. Lemon Juice Concentrate (341), Spice Extract (Pepper), Vegetable Oil. CHILLI CHICKE & SESAME BUN: Wheat Flour, Water, Sugar, Sesame Seed, Yeast, Canola Oil, Gluten, Iodised Salt, Chilli Wheat Malt Flour, Dough Conditioner (300), Enzymes (1100), Vitamins (Thiamin, Folate). TOMATO SLICE; Tomatoes. GARLIC AIOLI: Canola Oil (Antioxidants (306-Soy, 319)), Water, Glucose Syrup (Wheat Derived), Egg Yolk, Whey Prote	iers (Soy Lecithi 330), Sodium Ni Gluten Y 508), Yeast Ext e, Flavours], Deh Flakes, Chive F in, Minced Garlii	in, 435), Coli itrite (250), F Eggs Y tract, Herbs, nydrated Gar Flakes, Soy I c (Acidity Re	Our (171), Mi Rosemary Ex Milk Y Garlic Powd Garlic Powd Flour, Preser	reral Salt (5 tract. Soy Y er. lavour, Hert vative (282) , 330)), Vine	08), Végetable Gum (41 Fish & Crustaea OR Is, Sugar, Vinegar Powd Emulsifiers (471, 481, 4 gar, Dijon Mustard (Acid	5), Preservat Peanuts er, Vegetable 172e), Minera	Tree Nuts Powder, Ar I Salts (170, (260)), Acic	11). Sesame Seeds Y nti-caking Agent 516),	Sulphites T	Carbo Sugar Sodiui Preservative Y Energ Proteii Fat, to Saturz Carbo Sugar	hydrate (g) s (g) m (mg) Flavour Y y (kJ) y (Cal) y (Cal) n (g) tatel (g) tatel (g) hydrate (g) s (g)	50.0 5.3 1140 Colours Y Avg Qty /Serve 2250 539 37.1 24.4 7.5 41.1 6.1	2.1 449 Avg Qty/100g 884 212 14.5 9.6 2.9 16.1 2.4
Wheat Malt Flour, Dough Conditioner (300), Enzymes (1100), Vitamins (Thiamin, Folate). TOMATO SLICE; Tomatoes. GARLIC AIQLI: Canola Oil (Antioxidants (306-Soy, 319)), Water, Glucose Syrup (Wheat Derived), Egg Yolk, Whey Prote (Acidity Regulators (260, 330), Colours (150c, 160a)), Salt, Flavour Enhancer (635), Oat Fibre, Flavourings (Milk), Emulsif CHEDDAR CHEESE Milk, Salt, Starter Cultures, Non-Animal Rennet, Non-Animal Lipase. BACON: Pork, Water, Salt, Sugar, Emulsifiers (450, 451), Dextrose (Maize, Tapioca), Antioxidant (316), Acidity Regulator (DICED LETTUCE MIX: Iceberg Lettuce, Cos Lettuce Contains gluten, milk, egg, soy and sesame seeds. GARLIC AIQLI: and CRISPY CHICKEN PATTY may contain traces of sulphites. CRISPY PATTY is cooked in canola oil blend. Grilled Chicken Bacon Deluxe GRILLED CHICKEN: Chicken, Water, Maltodextrin, Flavouring, Salt, Thickener (1442), Rice Flour, Mineral Salts (451, 450, Chicken, Water, Rice Starch, Salt, Mineral Salts (451, 450), Soy Protein, Fruit Powder [Contains. Lemon Juice Concentrate (341), Spice Extract (Pepper), Vegetable Oil. CHILL I CHIVE & SESAME BUN: Wheat Flour, Water, Sugar, Sesame Seed, Yeast, Canola Oil, Gluten, Iodised Salt, Chilli Wheat Malt Flour, Dough Conditioner (300), Enzymes (1100), Vitamins (Thiamin, Folate). TOMATO SLICE; Tomatoes. GARLIC AIOLL: Canola Oil (Antioxidants (306-Soy, 319)), Water, Glucose Syrup (Wheat Derived), Egg Yolk, Whey Prote (Acidity Regulators (260, 330), Colours (150c, 160a)), Salt, Flavour Enhancer (635), Oat Fibre, Flavourings (Milk), Emulsif	iers (Soy Lecithi 330), Sodium Ni Gluten Y 508), Yeast Ext b, Flavours], Deh Flakes, Chive F in, Minced Garli iers (Soy Lecithi	in, 435), Coli itrite (250), F Eggs Y tract, Herbs, nydrated Gar Flakes, Soy I c (Acidity Re in, 435), Coli	our (171), Mi Rosemary Ex Milk Garlic Powd lic, Natural F Flour, Preser rgulator (260 pour (171), Mi	Ineral Salt (5 tract. Soy Y er. Iavour, Hert vative (282) , 330)), Vine neral Salt (5	08), Végetable Gum (41 Fish & Crustaea OR Is, Sugar, Vinegar Powd Emulsifiers (471, 481, 4 gar, Dijon Mustard (Acid	5), Preservat Peanuts er, Vegetable 172e), Minera	Tree Nuts Powder, Ar I Salts (170, (260)), Acic	11). Sesame Seeds Y nti-caking Agent 516),	Sulphites T	Carbo Sugar Sodiui Preservative Y Energ Proteii Fat, to Saturz Carbo Sugar	hydrate (g) s (g) m (mg) Flavour Y (kJ) y (kJ) y (Cal) n (g) tatel (g) tatel (g) hydrate (g) s (g)	50.0 5.3 1140 Colours Y Avg Qty /Serve 2250 539 37.1 24.4 7.5 41.1 6.1	2.1 449 Avg Qty/100g 884 212 14.5 9.6 2.9 16.1 2.4
Wheat Malt Flour, Dough Conditioner (300), Enzymes (1100), Vitamins (Thiamin, Folate). TOMATO SLICE; Tomatoes. GARLIC AIOLL: Canola Oil (Antioxidants (306-Soy, 319)), Water, Glucose Syrup (Wheat Derived), Egg Yolk, Whey Prote (Acidity Regulators (260, 330), Colours (150c, 160a)), Salt, Flavour Enhancer (635), Oat Fibre, Flavourings (Milk), Emulsif (HEDDAR CHEESE; Milk, Salt, Starter Cultures, Non-Animal Rennet, Non-Animal Lipase. BACON: Pork, Water, Salt, Sugar, Emulsifiers (450, 451), Dextrose (Maize, Tapioca), Antioxidant (316), Acidity Regulator (DICED LETTUCE MIX: Iceberg Lettluce, Cos Lettuce Contains gluten, milk, egg, soy and sesame seeds. GARLIC AIOL1 and CRISPY CHICKEN PATTY may contain traces of sulphites. CRISPY PATTY is cooked in canola oil blend. Grilled Chicken Bacon Deluxe GRILLED CHICKEN: Chicken, Water, Maltodextrin, Flavouring, Salt, Thickener (1442), Rice Flour, Mineral Salts (451, 450), Chicken, Water, Rice Starch, Salt, Mineral Salts (451, 450), Soy Protein, Fruit Powder [Contains. Lemon Juice Concentrate (341), Spice Extract (Pepper), Vegetable Oil. CHILL CHIVE & SESAME BUN: Wheat Flour, Water, Sugar, Sesame Seed, Yeast, Canola Oil, Gluten, Iodised Salt, Chilli Wheat Malt Flour, Dough Conditioner (300), Enzymes (1100), Vitamins (Thiamin, Folate). TOMATO SLICE; Tomatoes. GARLIC AIOLL: Canola Oil (Antioxidants (306-Soy, 319)), Water, Glucose Syrup (Wheat Derived), Egg Yolk, Whey Prote (Acidity Regulators (260, 330), Colours (150c, 160a)), Salt, Flavour Enhancer (35), Oat Fibre, Flavourings (Milk), Emulsif	iers (Soy Lecithi 330), Sodium Ni Gluten Y 508), Yeast Ext b, Flavours], Deh Flakes, Chive F in, Minced Garli iers (Soy Lecithi	in, 435), Coli itrite (250), F Eggs Y tract, Herbs, nydrated Gar Flakes, Soy I c (Acidity Re in, 435), Coli	our (171), Mi Rosemary Ex Milk Garlic Powd lic, Natural F Flour, Preser rgulator (260 pour (171), Mi	Ineral Salt (5 tract. Soy Y er. Iavour, Hert vative (282) , 330)), Vine neral Salt (5	08), Végetable Gum (41 Fish & Crustaea OR Is, Sugar, Vinegar Powd Emulsifiers (471, 481, 4 gar, Dijon Mustard (Acid	5), Preservat Peanuts er, Vegetable 172e), Minera	Tree Nuts Powder, Ar I Salts (170, (260)), Acic	11). Sesame Seeds Y nti-caking Agent 516),	Sulphites T	Carbo Sugar Sodiui Preservative Y Energ Proteii Fat, to Saturz Carbo Sugar	hydrate (g) s (g) m (mg) Flavour Y (kJ) y (kJ) y (Cal) n (g) tatel (g) tatel (g) hydrate (g) s (g)	50.0 5.3 1140 Colours Y Avg Qty /Serve 2250 539 37.1 24.4 7.5 41.1 6.1	2.1 449 Avg Qty/100g 884 212 14.5 9.6 2.9 16.1 2.4
Wheat Malt Flour, Dough Conditioner (300), Enzymes (1100), Vitamins (Thiamin, Folate). TOMATO SLICE: Tomatoes. GARLIC AIOLI: Canola Oil (Antioxidants (306-Soy, 319)), Water, Glucose Syrup (Wheat Derived), Egg Yolk, Whey Prote (Acidity Regulators (260, 330), Colours (150c, 160a)), Salt, Flavour Enhancer (635), Oat Fibre, Flavourings (Milk), Emulsif (AEDDAR CHEESE: Milk, Salt, Starter Cultures, Non-Animal Rennet, Non-Animal Itapase. BACON: Pork, Water, Salt, Sugar, Emulsifiers (450, 451), Dextrose (Maize, Tapioca), Antioxidant (316), Acidity Regulator (DICED LETTUCE MIX: loeberg Lettuce, Cos Lettuce Contains gluten, milk, egg, soy and sesame seeds. GARLIC AIOLI and CRISPY CHICKEN PATTY may contain traces of sulphites. CRISPY PATTY is cooked in canola oil blend. Grilled Chicken Bacon Deluxe GRILLED CHICKEN: Chicken, Water, Maltodextrin, Flavouring, Salt, Thickener (1442), Rice Flour, Mineral Salts (451, 450, Chicken, Water, Rice Starch, Salt, Mineral Salts (451, 450), Soy Protein, Fruit Powder [Contains. Lemon Juice Concentrate (341), Spice Extract (Pepper), Vegetable Oil. CHILLI CHIVE & SESAME BUN: Wheat Flour, Water, Sugar, Sesame Seed, Yeast, Canola Oil, Gluten, Iodised Salt, Chilli Wheat Malt Flour, Cough Conditioner (300), Enzymes (1100), Vitamins (Thiamin, Folate). TOMATO SLICE; Tomatoes. GARLIC AIOLI: Canola Oil (Antioxidants (306-Soy, 319))), Water, Glucose Syrup (Wheat Derived), Egg Yolk, Whey Prote (Acidity Regulators (260, 330), Colours (150c, 160a)), Salt, Flavour Enhancer (635), Oat Fibre, Flavourings (Milk), Emulsif (AEDDAR CHEESE: Milk, Salt, Starter Cu	iers (Soy Lecithi 330), Sodium Ni Gluten Y 508), Yeast Ext b, Flavours], Deh Flakes, Chive F in, Minced Garli iers (Soy Lecithi	in, 435), Coli itrite (250), F Eggs Y tract, Herbs, nydrated Gar Flakes, Soy I c (Acidity Re in, 435), Coli	our (171), Mi Rosemary Ex Milk Garlic Powd lic, Natural F Flour, Preser rgulator (260 pour (171), Mi	Ineral Salt (5 tract. Soy Y er. Iavour, Hert vative (282) , 330)), Vine neral Salt (5	08), Végetable Gum (41 Fish & Crustaea OR Is, Sugar, Vinegar Powd Emulsifiers (471, 481, 4 gar, Dijon Mustard (Acid	5), Preservat Peanuts er, Vegetable 172e), Minera	Tree Nuts Powder, Ar I Salts (170, (260)), Acic	11). Sesame Seeds Y nti-caking Agent 516),	Sulphites T	Carbo Sugar Sodiui Preservative Y Energ Proteii Fat, to Saturz Carbo Sugar	hydrate (g) s (g) m (mg) Flavour Y (kJ) y (kJ) y (Cal) n (g) tatel (g) tatel (g) hydrate (g) s (g)	50.0 5.3 1140 Colours Y Avg Qty /Serve 2250 539 37.1 24.4 7.5 41.1 6.1	2.1 449 Avg Qty/100g 884 212 14.5 9.6 2.9 16.1 2.4

Crispy Chicken Southwest BLT												Avg Qty /Serve	Avg Qty /100g
CRISPY CHICKEN: Chicken, Wheat Flour, Water, Vegetable Oils (Canola, Palm and Sunflower), Breadcrumb [Wheat Flour, V	Vater, Veget	able Oil (Car	iola), Yeast,	Salt, Improv	er {Wheat Flour, Ascorb	ic Acid (300), Food Acid	(263)}, Enzyme		Energy	(kJ)	2780	1070
(Amylase)], Modified Starch (1422), Mineral Salts (450, 500, 451, 452), Salt, Flavours, Rice Starch, Yeast Extract, Spices, Whe	at Gluten, E	gg Powder, /	Anti-Caking A	Agent (551),	Whey Protein, Soy Prot	ein, Spice E	xtracts (160c	c, 100),		Energy		664	255
Maltodextrin, Hydrolysed Vegetable Protein (Soy), Vegetable Powder.										Protein	(0)	31.7	12.2
CHILLI CHIVE & SESAME BUN: Wheat Flour, Water, Sugar, Sesame Seed, Yeast, Canola Oil, Gluten, Iodised Salt, Chilli Fla	kes, Chive F	lakes, Soy F	lour, Preserv	ative (282),	Emulsifiers (471, 481, 4	72e), Minera	al Salts (170,	516),		Fat, tota	(0)	33.8	13.0
Wheat Malt Flour, Dough Conditioner (300), Enzymes (1100), Vitamins (Thiamin, Folate). TOMATO SLICE: Tomatoes.											ed Fat (g)	9.2 56.6	3.5 21.8
SOUTHWEST DRESSING: Soybean Oil (Antioxidant (320)), Water, Vinegar, Sugar, Buttermilk, Egg Yolk, Salt, Lemon Juice	Concontrato	Spicos Thi	konore (1/1	2 (15) Oni	on Carlie Horb Spice F	vtract Droc	onyatiyo (202) Colour (160c) An	tiovidant (385)	Sugars	ydrate (g)	56.6 6.2	21.8
CHEDDAR CHEESE: Milk, Salt, Starter Cultures, Non-Animal Rennet, Non-Animal Lipase.	Concentrate,	Spices, mit	Mellels (144	2, 413), 011	on, Ganic, Herb, Spice L			.), Colour (1000), An	ilioxidarit (505).	Sodium		1230	473
BACON: Pork, Water, Salt, Sugar, Emulsifiers (450, 451), Dextrose (Maize, Tapioca), Antioxidant (316), Acidity Regulator (330)). Sodium Ni	trite (250). R	osemarv Ext	ract.						oodidii	(119)	1250	475
DICED LETTUCE MIX: Iceberg Lettuce, Cos Lettuce	,,												
TORTILLA STRIPS: Corn Flour, Vegetable Oil, Water, Salt.					-								
Contains gluten, egg, milk, soy and sesame seeds .CRISPY CHICKEN PATTY may contain traces of sulphites	Gluten	Eggs	Milk	Soy	Fish & Crustaea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Preservative	Flavour	Colours	
CRISPY PATTY is cooked in canola oil blend.	Y	Y	Y	Y				Y	Т	Y	Y	Y	
Grilled Chicken Southwest BLT												Avg Qty /Serve	Avg Qty /100g
GRILLED CHICKEN: Chicken, Water, Maltodextrin, Flavouring, Salt, Thickener (1442), Rice Flour, Mineral Salts (451, 450, 508)	3), Yeast Ext	ract, Herbs, (Garlic Powde	er.		OR				Energy		2400	922
Chicken, Water, Rice Starch, Salt, Mineral Salts (451, 450), Soy Protein, Fruit Powder [Contains. Lemon Juice Concentrate, Florence Protection	avours], Deh	ydrated Garl	ic, Natural Fl	avour, Herb	s, Sugar, Vinegar Powde	er, Vegetable	е	Powder,		Energy		573	221
Anti-caking Agent (341), Spice Extract (Pepper), Vegetable Oil.										Protein	(0)	37.1	14.3
CHILLI CHIVE & SESAME BUN: Wheat Flour, Water, Sugar, Sesame Seed, Yeast, Canola Oil, Gluten, lodised Salt, Chilli Fla Wheat Malt Flour, Dough Conditioner (300), Enzymes (1100), Vitamins (Thiamin, Folate).	kes, Chive F	lakes, Soy F	lour, Preserv	ative (282),	Emulsifiers (471, 481, 4	72e), Minera	al Salts (170,	516),		Fat, tota	al (g) ed Fat (q)	25.1 8.2	9.7 3.1
TOMATO SLICE: Tomatoes.											ydrate (g)	47.7	18.4
SOUTHWEST DRESSING: Soybean Oil (Antioxidant (320)), Water, Vinegar, Sugar, Buttermilk, Egg Yolk, Salt, Lemon Juice	Concentrate.	Spices, Thio	keners (144	2. 415). Oni	on. Garlic. Herb. Spice E	xtract. Pres	ervative (202), Colour (160c), An	ntioxidant (385).	Sugars	. (0)	7.0	2.7
CHEDDAR CHEESE: Milk, Salt, Starter Cultures, Non-Animal Rennet, Non-Animal Lipase.		-1		, ,,, -	· , · · · , · · · · · · · · ·	,		,, ,,	,	Sodium	(•)	1100	423
BACON: Pork, Water, Salt, Sugar, Emulsifiers (450, 451), Dextrose (Maize, Tapioca), Antioxidant (316), Acidity Regulator (330), Sodium Ni	trite (250), R	osemary Ext	ract.							(0,		
DICED LETTUCE MIX: Iceberg Lettuce, Cos Lettuce													
TORTILLA STRIPS: Corn Flour, Vegetable Oil, Water, Salt.					-								
Contains gluten, egg, milk, soy and sesame seeds .	Gluten	Eggs	Milk	Soy	Fish & Crustaea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Preservative	Flavour	Colours	
Grilled Chicken may be cooked on the same grill as egg.	Y	Y	Y	Y				Y		Y	Y	Y	
Spicy Jalapeno Crispy Chicken Burger												Avg Qty /Serve	Avg Qty /100g
CRISPY CHICKEN: Chicken, Wheat Flour, Water, Vegetable Oils (Canola, Palm and Sunflower), Breadcrumb [Wheat Flour, V										Energy	. ,	2150	2490
(Amylase)], Modified Starch (1422), Mineral Salts (450, 500, 451, 452), Salt, Flavours, Rice Starch, Yeast Extract, Spices, Whe	at Gluten, E	gg Powder, /	Anti-Caking A	Agent (551),	Whey Protein, Soy Prot	ein, Spice E	xtracts (160c	c, 100),		Energy	· /	515	596
Maltodextrin, Hydrolysed Vegetable Protein (Soy), Vegetable Powder.					E 1.10 (174 404 4		10 11 (170	540		Protein	(0)	28.8	22.7
CHILLI CHIVE & SESAME BUN: Wheat Flour, Water, Sugar, Sesame Seed, Yeast, Canola Oil, Gluten, Iodised Salt, Chilli Fla Wheat Malt Flour, Dough Conditioner (300), Enzymes (1100), Vitamins (Thiamin, Folate).	kes, Chive F	lakes, Soy F	lour, Preserv	ative (282),	Emulsifiers (471, 481, 4	(2e), Minera	al Salts (170,	516),		Fat, tota	al (g) ed Fat (q)	25.1 4.3	33.3 5.3
SPICY MAYONNAISE: Soybean Oil (Antioxidant (320)), Water, Vinegar, Egg Yolk, Sugar, Salt, Thickener (1442), Dehydrated	Venetables	Elavour Chi	li Flakes I e	mon Juice C	oncentrate Vegetable (Sum (415) F	Preservative (202) Colour (160c)			vdrate (g)	4.5	49.9
JALAPENOS: Jalapeno Peppers, Water, Vinegar, Salt, Acidity Regulators (296, 270), Firming Agent (509), Preservatives (211,	.				onooninato, vogotabio e	ann (+10), 1	10001100100 (202), 001001 (1000)	•	Sugars	/ (0/	6.4	5.4
DICED LETTUCE MIX: Iceberg Lettuce, Cos Lettuce	,	()								Sodium	(1330	1430
Contains gluten, egg, milk, soy, sesame seeds and sulphites .											(0,		
CRISPY PATTY is cooked in canola oil blend.	Gluten	Eggs	Milk	Soy	Fish & Crustaea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Preservative	Flavour	Colours	
	Y	Y	Y	Y				Y	Y	Y	Y	Y	
Spicy Jalapeno Grilled Chicken Burger												Avg Qty /Serve	Avg Qty /100g
GRILLED CHICKEN: Chicken, Water, Maltodextrin, Flavouring, Salt, Thickener (1442), Rice Flour, Mineral Salts (451, 450, 508	3), Yeast Ext	ract, Herbs, (Garlic Powde	r.	OR					Energy	(kJ)	2150	897
Chicken, Water, Rice Starch, Salt, Mineral Salts (451, 450), Soy Protein, Fruit Powder [Contains. Lemon Juice Concentrate, Fl	avours], Deh	ydrated Garl	ic, Natural Fl	avour, Herb	s, Sugar, Vinegar Powde	er, Vegetable	e Powder, An	ti-caking Agent		Energy	(Cal)	515	214
(341), Spice Extract (Pepper), Vegetable Oil.										Protein	(0)	28.8	12.0
CHILLI CHIVE & SESAME BUN: Wheat Flour, Water, Sugar, Sesame Seed, Yeast, Canola Oil, Gluten, Iodised Salt, Chilli Fla	kes, Chive F	lakes, Soy F	lour, Preserv	ative (282),	Emulsifiers (471, 481, 4	72e), Minera	al Salts (170,	516),		Fat, tota	(0)	25.1	10.5
Wheat Malt Flour, Dough Conditioner (300), Enzymes (1100), Vitamins (Thiamin, Folate).	\/		C. El			····· (445) 5		(000) 0-1 (400-)			ed Fat (g)	4.3	1.8
SPICY MAYONNAISE: Soybean Oil (Antioxidant (320)), Water, Vinegar, Egg Yolk, Sugar, Salt, Thickener (1442), Dehydrated	•		li Flakes, Lei	mon Juice C	concentrate, Vegetable C	ium (415), F	reservative (202), Colour (160c)			ydrate (g)	41.8	17.4
JALAPENOS: Jalapeno Peppers, Water, Vinegar, Salt, Acidity Regulators (296, 270), Firming Agent (509), Preservatives (211, DICED LETTUCE MIX: Jackson Lettuce, Cos Lettuce, Co	223), Colou	(102).								Sugars Sodium	(•)	6.4 1330	2.7 554
DICED LETTUCE MIX: Iceberg Lettuce, Cos Lettuce Contains gluten, egg, milk, soy and sesame seeds .										Soulum	(119)	1000	554
Grilled Chicken may be cooked on the same grill as egg.	Gluten	Eggs	Milk	Soy	Fish & Crustaea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Preservative	Flavour	Colours	
onnoù onnoù n'nay bo ooonoù on ure sanno grin da egg.	Y	Y	WIIIK	Y		i canuts	1100 19013	Y	Y	Y	Y	Y	
					1		1		· · · ·			•	

McChicken												Avg Qty /Serve	Avg Qty /100g
MCCHICKEN PATTY: Chicken, Water, Flour (Wheat, Maize, Soy), Vegetable Oil (Canola), Salt, Thickeners (1401, 1400, 1420,	1422), Starc	h (Wheat , M	laize), Mine	ral Salts (50	08, 450, 451, 500, 541), Y	east, Maltod	extrin, Vege	table Powder		Energy	' (kJ)	1710	921
(Garlic, Onion, Celery), Yeast Extracts, Spice (Pepper), Spice Extracts, Dextrose, Herb, Flavour, Raising Agent (341), Emulsified	ers (481, 433,	471, 472e)	, Vitamin (Th	hiamin), Ant	ioxidants (320, 310), Acid	ity Regulato	r (330), Colo	ur (100, 160c).		Energy	r (Cal)	408	220
QUARTER BUN: Wheat Flour, Water, Yeast, Sugar, Vegetable Oil (Canola), Sesame Seed, Iodised Salt, Gluten, Soy Flour, F	Preservative (282), Emuls	ifiers (471, 4	472e, 481),	Malt Flour, Mineral Salt (170), Antiox	idant (300,			Proteir	ı (g)	20.0	10.8
304, 307, 330), Enzyme (1100) Vitamin (Thiamin, Folate).										Fat, to	al (g)	18.7	10.1
LETTUCE: Iceberg Lettuce.										Satura	ted Fat (g)	3.0	1.6
MAYONNAISE: Water, Soybean Oil (Antioxidant (330)), Egg Yolks, Modified Corn Starch (1401, 1442), Corn Syrup Solids, Dis	tilled Vinega	, Salt, Suga	r, Mustard F	lour, Veget	able Gum (415), Food Ac	id (270), Pre	servative (20	02).		Carbol	nydrate (g)	37.4	20.2
										Sugars	(0)	3.1	1.7
Contains gluten, egg, soy & sesame seeds.										Sodium	n (mg)	698	377
Traces of sulphites in Chicken Patty										1			
Note: McChicken patty is cooked in canola oil blend.	Gluten	Eggs	Milk	Soy	Fish & Crustaea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Preservative	Flavour	Colours	
	Ŷ	Y		Y				Y	Т	Y	Y	Y	
Filet-o-Fish												Avg Qty /Serve	Avg Qty /100g
BUN: Wheat Flour, Water, Yeast, Sugar, Vegetable Oil (Canola), Iodised Salt, Gluten, Soy Flour, Preservative (282), Emulsifie	ers (471, 472e	, 481), Malt	Flour, Mine	eral Salt (17	0), Antioxidant (300, 304,	307, 330), E	Enzyme (110	0), Vitamin		Energy	′ (kJ)	1270	988
(Thiamin, Folate).										Energy	(Cal)	303	236
FISH PORTION: Fish (Pollock), Water, Batter [Modified Food Starch (1422), Yellow Corn Flour, Cellulose Gum, Bleached Whe	at Flour, Salt] Breader [V	/heat Flour,	Bleached V	Wheat Flour, Salt, Whey,	Dextrose, D	ried Yeast, S	lugar, Paprika		Protein	(0)	13.4	10.4
(160c) and Turmeric (100) Extract, Black Pepper].										Fat, to		13.1	10.2
TARTAR SAUCE: Pickles, Water, Soybean Oil, Distilled Vinegar, Onions and Onion Extracts, Modified Corn Starch, Egg Yolks	s, Corn Syrup	Solids, Sug	ar, Salt, Spi	ce, Vegetat	ole Gum (415), Capers, Pr	eservative (202), Dextro	se, Dehydrated			ted Fat (g)	3.0	2.3
Parsley, Spice Extracts.										Carbol	nydrate (g)	31.4	24.5
CHEESE: Cheese (Milk, Salt, Culture, Enzymes (Rennet, Lipase)), Water, Milk Solids, Butter, Emulsifiers (340, 452, 331), Sal	t, Acidity Reg	ulators (260	, 330, 339),	Colours (16	60b, 160c), Preservative (200), Soy L	ecithin.			Sugars	(0)	2.5	2.0
Contains gluten, egg, milk, soy & fish. BUNS are produced on equipment that also produces products containing sesame seeds.										Sodiur	n (mg)	524	409
	Gluten	Faaa	Milk	Soy	Fish & Crustaea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Preservative	Flavour	Colours	
FISH PORTION is cooked in canola oil blend.	Y	Eggs	IVIIIK V	S0y V	V	Fediluis	Thee Mults	T	Suprites	V	FidVUUI	Colouis	
WRAPS		- 1			1						l	I	
WRAFS													
Crispy Chicken Snack Wrap												Avg Qty /Serve	Avg Qty /100g
CRISPY CHICKEN: Chicken, Wheat Flour, Water, Vegetable Oils (Canola, Palm and Sunflower), Breadcrumb [Wheat Flour, V	Vater, Vegeta	ble Oil (Car	nola), Yeast,	Salt, Impro	ver {Wheat Flour, Ascorb	ic Acid (300)	, Food Acid	(263)}, Enzyme		Energy	r (kJ)	1170	1040
(Amylase)], Modified Starch (1422), Mineral Salts (450, 500, 451, 452), Salt, Flavours, Rice Starch, Yeast Extract, Spices, Whe	at Gluten, Eg	g Powder, /	Anti-Caking	Agent (551)	, Whey Protein, Soy Prot	ein, Spice E	xtracts (1600	c, 100),		Energy	r (Cal)	280	248
Maltodextrin, Hydrolysed Vegetable Protein (Soy), Vegetable Powder.										Proteir	ı (g)	11.5	10.1
TORTILLA: Wheat Flour [Thiamine, Folic Acid], Water, Vegetable Shortening [Antioxidant (320)], Sugar, Baking Powder [Miner	al Salts (450,	500, 341)],	Acidity Reg	ulator (297)	, Mineral Salt (500), Prese	ervative (282	?), Yeast			Fat, to	al (g)	13.2	11.7
LETTUCE: Iceberg Lettuce.										Satura	ted Fat (g)	3.3	2.9
MAYONNAISE: Water, Soybean Oil (Antioxidant (330)), Egg Yolks, Modified Corn Starch (1401,1442), Corn Syrup Solids, Dist	tilled Vinegar	Salt, Sugar	, Mustard F	lour, Thicke	ner (415), Acidity Regulat	or (270), Pre	eservative (2	02).		Carbol	nydrate (g)	28.0	24.7
										Sugars	(•)	1.8	1.6
Contains gluten, egg, milk & soy.										Sodiur	n (mg)	429	380
Crispy Chicken cooked in canola oil blend.						-					L		
	Gluten	Eggs	Milk	Soy	Fish & Crustaea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Preservative	Flavour	Colours	
	Y	Y	Y	Y	1				Т	Y	Y	Y	

Grilled Chicken Snack Wrap										-	<i>a</i>	Avg Qty /Serve	Avg Qty /100g	
GRILLED CHICKEN FILLET: Chicken, Water, Maltodextrin, Flavouring, Salt, Thickener (1442), Rice Flour, Mineral Salts (451,							OR				y (kJ)	939	866	
Chicken, Water, Rice Starch, Salt, Mineral Salts (451, 450), Soy Protein, Fruit Powder [Contains. Lemon Juice Concentrate, Fl	lavours], Deh	ydrated Ga	arlic, Natur	al Flavour, H	erbs, Sugar, Vinegar Powd	er, Vegetabl	e Powder, A	nti-caking Agent			y (Cal)	225	207	
(341), Spice Extract (Pepper), Vegetable Oil. TORTU A: Manat Flav Ithianian Falin Asidi Water Venetable Chartenian (Antioxident (2001) Surger Device Device Mine	nal Calka (AEC	500 244	1 Anidity F	Desculates (20	7) Mineral Calk (500) Dres	an interior (20))) Veest			Protei	(0)	13.6	12.6	
TORTILLA: Wheat Flour [Thiamine, Folic Acid], Water, Vegetable Shortening [Antioxidant (320)], Sugar, Baking Powder [Mine LETTUCE: Iceberg Lettuce.	rai Saits (450	J, 500, 34 I)	ij, Acially F	Regulator (29	7), Mineral Sait (500), Pres	ervative (20	z), reasi			-	otal (g) ated Fat (q)	8.5 2.7	7.8 2.5	
<u>LETTOCE</u> : Ideolog Lettuce. <u>MAYONNAISE:</u> Water, Soybean Oil (Antioxidant (330)), Egg Yolks, Modified Corn Starch (1401,1442), Corn Syrup Solids, Dis	tillod Vinoga	r Salt Sua	ar Muetar	d Elour, Thio	kopor (415) Acidity Poquia	tor (270) Pr	oconvativo (202)			hydrate (g)	2.7	2.5	
OIL: Canola Oil, Emulsifier (322 - Soy), Flavour, Colour (160a), Acidity Regulator (330).	suileu viileya	r, Gait, Suy	ai, iviustai		Kener (415), Acidity Regula	tor (270), Fr		202).		Sugar	, (0)	22.5	20.0	
<u>OIL.</u> Canola OII, Emulsinei (322 - 309), Flavour, Colour (100a), Aciulty (Kegulator (330).											m (mg)	348	321	
Contains gluten, egg and soy.										oodid	in (ing)	340	521	
Grilled Chicken may be cooked on the same grill as egg.	Gluten	Eggs	Milk	Soy	Fish & Crustaea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Preservative	Flavour	Colours	1	
	Y	Y		Y						Y	Y	Y		
Chicken & Aioli McWrap - Crispy Chicken										•		Avg Qty /Serve	Avg Qty /100g	
	Notos Vosot		anala) Va	ant Calt Inc.			Cood Asid	(262)) [Enorg	w /k l)	2700	975	
(Amylase)], Modified Starch (1422), Mineral Salts (450, 500, 451, 452), Salt, Flavours, Rice Starch, Yeast Extract, Spices, Wheat Gluten, Egg Powder, Anti-Caking Agent (551), Whey Protein, Soy Protein, Spice Extracts (160c, 100), Energy (Cal)														
Maltodextrin, Hydrolysed Vegetable Protein (Soy), Vegetable Powder.														
Maltodextrin, Hydrolysed Vegetable Protein (Soy), Vegetable Powder. TORTILLA: Wheat Flour (Thiamine, Folic Acid), Water, Vegetable Shortening [Antioxidant (320)], Sugar, Baking Powder [Mineral Salts (450, 500, 341)], Acidity Regulator (297), Iodized Salt, Mineral Salt (500), Flavour, Preservative (282), Yeast Fat. total (g)														
DICED LETTUCE MIX: Iceberg Lettuce, Cos Lettuce		.,,,	,,,	. 3=	,,						ated Fat (q)	38.6 6.4	13.9 2.3	
TOMATO: Sliced Tomato											hydrate (g)	50.0	18.1	
GARLIC AIOLI: Canola Oil (Antioxidants (306-Soy, 319)), Water, Glucose Syrup (Wheat Derived), Egg Yolk, Whey Protein,	Mincod Carli	o (Acidity D	ogulator (260 330)) //	inogar Dijon Mustard (Acid	ity Pogulator	(260)) Aci	dity Pogulator (575)	Mustard	Sugar	. (.)	4.9	1.8	
(Acidity Regulators (260, 330), Colours (150c, 160a)), Salt, Flavour Enhancer (635), Oat Fibre, Flavourings (Milk), Emulsifiers									, iviusiaru		m (mg)	975	352	
(·····································	(,	,,,				-,,					(5/			
Contains gluten, egg, milk, soy. GARLIC AIOLI and CRISPY CHICKEN PATTY may contain traces of sulphites.	Gluten	Eggs	Milk	Soy	Fish & Crustaea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Preservative	Flavour	Colours]	
CRISPY PATTY is cooked in canola oil blend.	Y	Ŷ	Y	Y					Т	Y	Y	Y		
Chicken & Aioli McWrap - Grilled Chicken												Avg Qty /Serve	Avg Qty /100g	
GRILLED CHICKEN FILLET: Chicken, Water, Maltodextrin, Flavouring, Salt, Thickener (1442), Rice Flour, Mineral Salts (451,	450 508) Y	east Extrac	t Herbs (Sarlic Powde	r		OR			Energ	v (k.l)	2230	833	
Chicken, Water, Rice Starch, Salt, Mineral Salts (451, 450), Soy Protein, Fruit Powder [Contains. Lemon Juice Concentrate, F	. ,.					or Voqotobl		nti ookina Aaont			y (Cal)	534	199	
(341), Spice Extract (Pepper), Vegetable Oil.	lavouisj, Dell	iyulateu Ga	inic, Natur	ai Fiavoui, Fi	eibs, Suyai, villeyai Fowu	ei, vegetabi	e Fowder, A	nu-caking Agent		Protei		27.9	10.4	
TORTILLA: Wheat Flour (Thiamine, Folic Acid), Water, Vegetable Shortening [Antioxidant (320)], Sugar, Baking Powder [Mine	ral Salts (450	0, 500, 341))]. Acidity F	Regulator (29	97), lodized Salt, Mineral Sa	alt (500). Flav	our. Preser	vative (282). Yeast			otal (g)	28.7	10.7	
DICED LETTUCE MIX: Iceberg Lettuce, Cos Lettuce	,	,		0 (,	().		· · ·		Satura	ated Fat (g)	5.2	2.0	
TOMATO: Sliced Tomato										Carbo	hydrate (g)	39.5	14.7	
GARLIC AIOLI: Canola Oil (Antioxidants (306-Soy, 319)), Water, Glucose Syrup (Wheat Derived), Egg Yolk, Whey Protein,	Minced Garli	c (Aciditv R	equiator (2	260, 330)), V	inegar. Diion Mustard (Acid	itv Regulator	(260)). Aci	ditv Regulator (575)	. Mustard	Sugar	rs (g)	5.5	2.1	
(Acidity Regulators (260, 330), Colours (150c, 160a)), Salt, Flavour Enhancer (635), Oat Fibre, Flavourings (Milk), Emulsifiers									,	Sodiu	m (mg)	811	303	
OIL: Canola Oil, Emulsifier (322 - Soy), Flavour, Colour (160a), Acidity Regulator (330).													•	
Contains gluten, egg, milk & soy.			-						1	-	-		7	
GARLIC AIOLI may contain traces of sulphites.	Gluten	Eggs	Milk	Soy	Fish & Crustaea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Preservative	Flavour	Colours	-	
Grilled Chicken may be cooked on the same grill as egg.	Ŷ	Ŷ	Ŷ	Ŷ					Т	Y	Y	Y	-	
Chicken & Spicy Mayo McWrap - Crispy Chicken												Avg Qty /Serve	Avg Qty /100g	
CRISPY CHICKEN: Chicken, Wheat Flour, Water, Vegetable Oils (Canola, Palm and Sunflower), Breadcrumb [Wheat Flour,										Energ	y (kJ)	2670	901	
(Amylase)], Modified Starch (1422), Mineral Salts (450, 500, 451, 452), Salt, Flavours, Rice Starch, Yeast Extract, Spices, Who	eat Gluten, E	gg Powder	, Anti-Caki	ing Agent (55	51), Whey Protein, Soy Pro	tein, Spice E	xtracts (160	c, 100),		Energ	y (Cal)	638	216	
Maltodextrin, Hydrolysed Vegetable Protein (Soy), Vegetable Powder.										Protei	(0)	22.1	7.5	
TORTILLA: Wheat Flour (Thiamine, Folic Acid), Water, Vegetable Shortening [Antioxidant (320)], Sugar, Baking Powder [Mine	,					. ,		. ,			otal (g)	38.9	13.1	
SPICY MAYONNAISE: Soybean Oil (Antioxidant (320)), Water, Vinegar, Egg Yolk, Sugar, Salt, Thickener (1442), Dehydrated	d Vegetables	, Flavour, C	hilli Flake:	s, Lemon Jui	ce Concentrate, Vegetable	Gum (415),	Preservative	e (202), Colour (1600	c).		ated Fat (g)	8.1	2.7	
DICED LETTUCE MIX: Iceberg Lettuce, Cos Lettuce											hydrate (g)	48.7	16.5	
TOMATO: Sliced Tomato										Sugar	(0)	5.6	1.9	
CUCUMBER: Sliced Cucumber										Sodiu	m (mg)	1230	416	
	Obt	F = -	100		Fish & Oracle	Descrit	Tree Mint	0	Quite hits	Decement	El.	Ostavas	1	
Contains gluten, egg, milk and soy. CRISPY CHICKEN PATTY may contain traces of sulphites. CRISPY PATTY is cooked in canola oil blend.	Gluten	Eggs	Milk	Soy	Fish & Crustaea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Preservative	Flavour	Colours	4	
	T	T	Ť	Ý		1	1		I	ř	Y	Y		

Chicken & Spicy Mayo McWrap - Grilled Chicken												Avg Qty /Serve	Avg Qty /100g
GRILLED CHICKEN FILLET: Chicken, Water, Maltodextrin, Flavouring, Salt, Thickener (1442), Rice Flour, Mineral Salts (451, 4	450, 508), Ye	ast Extract,	Herbs, G	arlic Powde	r		OR			Energy	(kJ)	2100	771
Chicken, Water, Rice Starch, Salt, Mineral Salts (451, 450), Soy Protein, Fruit Powder [Contains Lemon Juice Concentrate, Fla	vours], Dehy	drated Garli	c. Natura	l Flavour, He	erbs, Sugar, Vinegar Powd	ler, Vegetable	Powder, Ar	nti-caking Agent		Energy	(Cal)	502	184
(341), Spice Extract (Pepper), Vegetable Oil.						· · ·		0 0		Protein	(g)	25.3	9.3
TORTILLA: Wheat Flour (Thiamine, Folic Acid), Water, Vegetable Shortening [Antioxidant (320)], Sugar, Baking Powder [Miner	ral Salts (450	, 500, 341)],	Acidity F	Regulator (29	97), lodized Salt, Mineral S	alt (500), Fla	vour, Preser	vative (282), Yeast		Fat, tota	al (g)	27.7	10.2
SPICY MAYONNAISE: Soybean Oil (Antioxidant (320)), Water, Vinegar, Egg Yolk, Sugar, Salt, Thickener (1442), Dehydrated	Vegetables,	Flavour, Ch	illi Flakes	, Lemon Jui	ce Concentrate, Vegetable	e Gum (415),	Preservative	(202), Colour (160c).	Saturat	ed Fat (g)	6.5	2.4
DICED LETTUCE MIX: Iceberg Lettuce, Cos Lettuce										Carboh	ydrate (g)	36.4	13.4
TOMATO: Sliced Tomato										Sugars	(g)	5.9	2.2
CUCUMBER: Sliced Cucumber										Sodium	ı (mg)	1010	371
<u>OIL:</u> Canola Oil, Emulsifier (322 - Soy), Flavour, Colour (160a), Acidity Regulator (330).													
	Gluten	Eggs	Milk	Soy	Fish & Crustaea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Preservative	Flavour	Colours	
Contains gluten, egg, milk and soy.	Y	Y	Y	Y						Y	Y	Y	
Grilled Chicken may be cooked on the same grill as egg.													
Steak and BBQ McWrap												Avg Qty /Serve	Avg Qty /100g
STEAK STRIPS: Beef, Marinade [Thickener (1442), Sugar, Maltodextrin, Salt, Flavour, Mineral Salt (451), Spices, Acidity Regu	ulator (262, 3	30), Tomato	Powder,	Yeast Extra	ct, Smoked Salt, Onion Po	wder, Anti-ca	iking Agent (551).		Energy	(kJ)	2020	773
<u>STEAK STRIPS</u> : Beef, Marinade [Thickener (1442), Sugar, Maltodextrin, Salt, Flavour , Mineral Salt (451), Spices, Acidity Regu <u>TORTILLA</u> ; Wheat Flour (Thiamine, Folic Acid), Water, Vegetable Shortening [Antioxidant (320)], Sugar, Baking Powder [Miner TOMATO: Sliced Tomato	ral Salts (450	, 500, 341)],	Acidity F	Regulator (29	97), lodized Salt, Mineral S	alt (500), Fla	vour, Preser	vative (282), Yeast		Energy	(Cal)	483	185
										Protein		27.6	10.6
SOUTHERN STYLE BBQ SAUCE: Water, Tomato Paste, Invert Sugar Syrup, Sugar, Vinegar, Apple Puree, Thickener (1422), S	Salt, Worces	tershire, Co	olour (150	lc), Onion, G	arlic, Spices, Preservative	e (202), Veget	able Gum (4	15), Smoke Flavour.		Fat, tota	(0)	20.4	7.8
GARLIC AIOLI: Canola Oil (Antioxidants (306-Soy, 319)), Water, Glucose Syrup (Wheat Derived), Egg Yolk, Whey Protein, N									Mustard	Saturat	ed Fat (g)	5.1	1.9
(Acidity Regulators (260, 330), Colours (150c, 160a)), Salt, Flavour Enhancer (635), Oat Fibre, Flavourings (Milk), Emulsifiers	(Soy Lecithi	n, 435), Colo	our (171)	, Mineral Sal	t (508), Vegetable Gum (4	15), Preserva	tives (202, 2	211).		Carboh	ydrate (g)	44.7	17.1
CARAMELISED GRILLED ONION: Onion, Vegetable Oil (Palm and/or Cottonseed, Soybean), Salt, Sugar, Caramelized Sugar	, Onion Powe	der, Maltode	xtrin, Fla	vours, Spice						Sugars	(g)	11.7	4.5
DICED LETTUCE MIX: Iceberg Lettuce, Cos Lettuce										Sodium	ı (mg)	1040	397
<u>OIL:</u> Canola Oil, Emulsifier (322 - Soy), Flavour, Colour (160a), Acidity Regulator (330).													
Contains gluten, egg, milk, fish & soy. GARLIC MAYONNAISE may contain traces of sulphite			1		1	-		1	1				1
STEAK STRIPS seasoned after cooking. Seasoning: Salt, Pepper, Soy Oil	Gluten	Eggs	Milk	Soy	Fish & Crustaea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Preservative	Flavour	Colours	
Steak may be cooked on the same grill as egg	Y	Y	Y	Y	Y				Т	Y	Y	Y	
Steak and Aioli McWrap												Avg Qty /Serve	Avg Qty /100g
STEAK STRIPS: Beef, Marinade [Thickener (1442), Sugar, Maltodextrin, Salt, Flavour , Mineral Salt (451), Spices, Acidity Regu	ulator (262, 3	30), Tomato	Powder,	Yeast Extra	ct, Smoked Salt, Onion Po	wder, Anti-ca	iking Agent (551).		Energy	(kJ)	2280	882
TORTILLA: Wheat Flour (Thiamine, Folic Acid), Water, Vegetable Shortening [Antioxidant (320)], Sugar, Baking Powder [Miner	ral Salts (450	, 500, 341)],	Acidity F	Regulator (29	97), lodized Salt, Mineral S	alt (500), Fla	vour, Preser	vative (282), Yeast		Energy	(Cal)	544	211
TOMATO: Sliced Tomato										Protein	(g)	27.9	10.8
GARLIC AIOLI: Canola Oil (Antioxidants (306-Soy, 319)), Water, Glucose Syrup (Wheat Derived), Egg Yolk, Whey Protein, N	linced Garlic	(Acidity Reg	ulator (2	60, 330)), Vi	negar, Dijon Mustard (Acio	dity Regulator	(260)), Acid	dity Regulator (575),	Mustard	Fat, tota	al (g)	30.0	11.6
(Acidity Regulators (260, 330), Colours (150c, 160a)), Salt, Flavour Enhancer (635), Oat Fibre, Flavourings (Milk), Emulsifiers						15), Preserva	tives (202, 2	211).		Saturat	ed Fat (g)	5.8	2.2
CARAMELISED GRILLED ONION: Onion, Vegetable Oil (Palm and/or Cottonseed, Soybean), Salt, Sugar, Caramelized Sugar	, Onion Powe	der, Maltode	xtrin, Fla	vours, Spice						Carboh	ydrate (g)	38.7	15.0
DICED LETTUCE MIX: Iceberg Lettuce, Cos Lettuce										Sugars	(g)	5.7	2.2
<u>OIL:</u> Canola Oil, Emulsifier (322 - Soy), Flavour, Colour (160a), Acidity Regulator (330).										Sodium	ı (mg)	912	353
Contains gluten, egg, milk & soy. GARLIC MAYONNAISE may contain traces of sulphites													_
STEAK STRIPS seasoned after cooking. Seasoning: Salt, Pepper, Soy Oil	Gluten	Eggs	Milk	Soy	Fish & Crustaea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Preservative	Flavour	Colours	
Steak may be cooked on the same grill as egg	Y	Y	Y	Y					Т	Y	V	V	

FRENCH FRIES							1						1	
								Small			Medium		La	arge
French Fries							Avg Qty	/Serve	Avg Qty /100g	Avg Qty	/Serve Avg	Qty /100g	Avg Qty /Serve	Avg Qty /100
Potato, Canola Oil, Dextrose, Mineral Salt (450). May contain Sulphites (<10ppm from sodium metabisulphite (223)) and Antiox	kidant (306)				Energy (k.	J)	107	70	1480	154	10	1480	1900	1480
Contains traces of sulphites					Energy (C	al)	25	5	354	368	8	354	453	354
Note: French Fries are cooked in canola oil blend, salt added					Protein (g)		2.		3.8	4.0	-	3.8	4.9	3.8
					Fat, total (0)	13		19.0	19.	-	19.0	24.3	19.0
					Saturated	(0)	1.0		2.3	2.3		2.3	2.9	2.3
					Carbohydr	(0)	28		39.7	41.		39.7	50.8	39.7
					Sugars (g)		0.3		0.4	0.4		0.4	0.5 435	0.4
					Sodium (m	1g)	24	5	340	354	4	340	435	340
	Gluten	Eggs	Milk	Soy	Fish & Crustaea	Peanuts	Tree Nuts	Sesame S	Seeds Su	phites	Preservative	Flavour	Colours	1
	Cidton	-995	IVIIIX	009	i ion di ordotada	1 oundto	1100 11010	oodanio		T	T	Tiavoui	0010010	1
FRUIT & SALADS	•				•									<u>.</u>
Apples													Avg Qty /Serve	Avg Qty /100
Apple Slices, Antioxidants (302,300), Mineral Salt (170).											Energ	v (kJ)	153	254
												y (Cal)	37	61
lay contain Apple Seeds.											Protei		0.3	0.5
											Fat, to	tal (g)	<0.1	0.1
											Satura	ated Fat (g)	0.0	0.0
											Carbo	hydrate (g)	8.0	13.4
											Sugar		6.9	11.5
		1					1					m (mg)	<1	1
	Gluten	Eggs	Milk	Soy	Fish & Crustaea	Peanuts	Tree Nuts	Sesame S	Seeds Su	lphites	Preservative	Flavour	Colours	
Coleslaw													Avg Qty /Serve	Avg Qty /100
DRY SLAW MIX: Red Cabbage, White Cabbage, Carrot, Kale											Energ	y (kJ)	1060	844
CREAMY HERB & GARLIC DRESSING: Soybean Oil (Antioxidant (320)), Water, Egg Yolk, Vinegar, Sugar, Salt, Garlic, Or	nion, Thicker	ners (1442,	415), Horse	radish, Her	b, Acidity Regulator (270), Preservativ	/e (202), Lei	mon Juice			Energ	y (Cal)	262	202
Concentrate, Antioxidant (385).											Protei	(0)	1.9	1.5
Oracte for a new Research											Fat, to		25.0	20.0 3.4
Contains egg & soy.												ated Fat (g) hydrate (g)	4.2 4.4	3.4
											Sugar	, (0)	3.3	2.7
		•										m (mg)	305	244
	Gluten	Eggs	Milk	Soy Y	Fish & Crustaea	Peanuts	Tree Nuts	Sesame S	Seeds Su	lphites	Preservative	Flavour	Colours	1
		ř		Ŷ							Y			
Narm Chicken Salad - Crispy Chicken													Avg Qty /Serve	
<u>ETTUCE, CARROT & CABBAGE MIX</u> : Cos Lettuce, Carrot, Iceberg Lettuce, Red Cabbage											Energ	,	1110	325
CRISPY CHICKEN: Chicken, Wheat Flour, Water, Vegetable Oils (Canola, Palm and Sunflower), Breadcrumb [Wheat Flour, V 300), Food Acid (263)}, Enzyme (Amylase)], Modified Starch (1422), Mineral Salts (450, 500, 451, 452), Salt, Flavours, Rice S											Energ		265 18.6	78 5.5
Suo), Food Acid (263)), Enzyme (Amyrase)), Modified Starch (1422), Mineral Saits (450, 500, 451, 452), Sait, Flavours, Rice S Nhey Protein, Soy Protein, Spice Extracts (160c, 100), Maltodextrin, Hydrolysed Vegetable Protein (Soy), Vegetable Powder.	narcii, reast	. шкиаст, эрг	ues, writeat	Giulen, Eg	y Fowder, Anti-Caking Ag	Jon (991),					Protei Fat. to	ital (g)	10.0	3.4
GRAPE TOMATOES: Grape Tomatoes												ated Fat (g)	1.7	0.5
CUCUMBER: Sliced Cucumber												hydrate (g)	18.6	5.5
RED ONION: Red Onion Rings											Sugar		6.3	1.9
Contains gluten, egg, milk & soy. CRISPY CHICKEN may contain traces of sulphites.											Sodiu	m (mg)	486	143
CRISPY PATTY is cooked in canola oil blend.	Gluten	Eggs	Milk	Soy	Fish & Crustaea	Peanuts	Tree Nuts	Sesame S	Seeds Su	lphites	Preservative		Colours	1
	Y	Y	Y	Y						Т	Т	Y		1

Warm Chicken Salad - Grilled Chicken												Avg Qty /Serve	Avg Qty /100g	
LETTUCE, CARROT & CABBAGE MIX: Cos Lettuce, Carrot, Iceberg Lettuce, Red Cabbage										Energy	. ,	644	197	
GRILLED CHICKEN FILLET : Chicken, Water, Maltodextrin, Flavouring, Salt, Thickener (1442), Rice Flour, Mineral Salts (451,	450, 508), Y	east Extract,	Herbs, Garl	lic Powder.			OR			Energy		154	47	
Chicken, Water, Rice Starch, Salt, Mineral Salts (451, 450), Soy Protein, Fruit Powder [Contains Lemon Juice Concentrate, Fla	avours], Dehy	drated Garli	c, Natural Fl	avour, Herbs	s, Sugar, Vinegar Powde	er, Vegetable	Powder, Ant	ti-caking Agent		Protein	(•)	21.2	6.5	
(341), Spice Extract (Pepper), Vegetable Oil.										Fat, tot	(0)	2.4	0.7	
GRAPE TOMATOES: Grape Tomatoes											ted Fat (g)	0.6	0.2	
CUCUMBER: Sliced Cucumber											nydrate (g)	9.0	2.8	
RED ONION: Red Onion Rings										Sugars		7.0	2.1	
OIL: Canola Oil, Emulsifier (322 - Soy), Flavour, Colour (160a), Acidity Regulator (330).										Sodiun	n (mg)	307	94	
Contains soy & sesame.	Gluten	Eggs	Milk	Soy	Fish & Crustaea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Preservative	Flavour	Colours		
Grilled Chicken may be cooked on the same grill as egg		T		Y							Y	Y		
												Avg Qty /Serve	Avg Qty /100g	
Crunchy Noodle Salad - Crispy Chicken CDICDX CUIC/CNL Chicken Wheet Flow Water Verstable Oile (Cenele Delet and Surflewer) Decederate Millert Flows V	Natas Vasat		ala) Vaaat	Calk Imana	an ON/hant Flaur Assarb			(062)) [Enorm	(k 1)	1530	424	
RISPY CHICKEN: Chicken, Wheat Flour, Water, Vegetable Oils (Canola, Palm and Sunflower), Breadcrumb [Wheat Flour, Water, Vegetable Oil (Canola), Yeast, Salt, Improver (Wheat Flour, Ascorbic Acid (300), Food Acid (263)), Enzyme [Energy (kJ) mylase)], Modified Starch (1422), Mineral Salts (450, 500, 451, 452), Salt, Flavours, Rice Starch, Yeast Extract, Spices, Wheat Gluten, Egg Powder, Anti-Caking Agent (551), Whey Protein, Soy Protein, Spice Extracts (160c, 100), [Energy (Cal)]														
Maltodextrin, Hydrolysed Vegetable Protein (Soy), Vegetable Powder.		99 1 0 Wdei, 7	anti-Oaking I	Ageni (551),	Whey Frotein, Oby Fro		xii dola (1000	, 100),		Protein	()	366 20.4	101 5.6	
LETTUCE, CARROT & CABBAGE MIX Cos Lettuce, Carrot, Iceberg Lettuce, Red Cabbage										Fat, tot		17.0	4.7	
GRAPE TOMATOES: Grape Tomatoes											ted Fat (q)	3.3	0.9	
CUCUMBER: Sliced Cucumber											nydrate (g)	30.1	8.3	
RED ONION: Red Onion Rings										Sugars	. (2)	6.4	1.8	
CRISPY NOODLES: Wheat Flour, Salt, Raising Agents (450, 500), Vegetable Oil, Colour (160b).										Sodiun	(0)	632	175	
Contains gluten, egg, milk & soy. CRISPY CHICKEN may contain traces of sulphites.	Gluten	Eggs	Milk	Soy	Fish & Crustaea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Preservative	Flavour	Colours		
CRISPY PATTY is cooked in canola oil blend.	Y	Y	Y	Ŷ					Т	Т	Y	Y		
Crunchy Noodle Salad - Grilled Chicken												Avg Qty /Serve	Avg Qty /100g	
GRILLED CHICKEN FILLET: Chicken, Water, Maltodextrin, Flavouring, Salt, Thickener (1442), Rice Flour, Mineral Salts (451,	450, 508), Ye	east Extract,	Herbs, Garli	c Powder.			OR			Energy	/ (kJ)	1070	307	
Chicken, Water, Rice Starch, Salt, Mineral Salts (451, 450), Soy Protein, Fruit Powder [Contains Lemon Juice Concentrate, Fla					Sugar Vinegar Powde	ar Vanatahla	Powder Ant	ti-caking Agent		Energy	. ,	255	73	
(341), Spice Extract (Pepper), Vegetable Oil.	avouisj, Deny		5, Naturai i i		s, ougar, vinegar i owde	n, vegetable	T OWDER, AIR	u-caking Agent		Protein	· /	22.9	6.6	
LETTUCE, CARROT & CABBAGE MIX: Cos Lettuce, Carrot, Iceberg Lettuce, Red Cabbage										Fat, tot	tal (g)	7.6	2.2	
GRAPE TOMATOES: Grape Tomatoes										Satura	ted Fat (g)	2.2	0.6	
CUCUMBER: Sliced Cucumber										Carboh	nydrate (g)	20.4	5.9	
RED ONION: Red Onion Rings										Sugars	s (g)	7.1	2.0	
CRISPY NOODLES: Wheat Flour, Salt, Raising Agents (450, 500), Vegetable Oil, Colour (160b).										Sodiun	n (mg)	452	130	
<u>OIL:</u> Canola Oil, Emulsifier (322 - Soy), Flavour, Colour (160a), Acidity Regulator (330).					1	1								
Contains gluten, soy & sesame.	Gluten	Eggs	Milk	Soy	Fish & Crustaea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Preservative	Flavour	Colours		
Grilled Chicken may be cooked on the same grill as egg	Y	Т		Y							Y	Y		
Steak Salad												Avg Qty /Serve	Avg Qty /100g	
LETTUCE, CARROT & CABBAGE MIX: Cos Lettuce, Carrot, Iceberg Lettuce, Red Cabbage										Energy	/ (kJ)	726	230	
STEAK STRIPS: Beef, Marinade [Thickener (1442), Sugar, Maltodextrin, Salt, Flavour, Mineral Salt (451), Spices, Acidity Reg	ulator (262, 3	30), Tomato	Powder, Ye	ast Extract,	Smoked Salt, Onion Pov	vder, Anti-ca	king Agent (551).		Energy	(Cal)	174	55	
GRAPE TOMATOES: Grape Tomatoes										Protein	n (g)	24.0	7.6	
CUCUMBER: Sliced Cucumber										Fat, tot		3.2	1.0	
RED ONION: Red Onion Rings											ted Fat (g)	1.2	0.4	
OIL: Canola Oil, Emulsifier (322 - Soy), Flavour, Colour (160a), Acidity Regulator (330).										Carboh	nydrate (g)	8.9	2.8	
· · · · · · · · · · · · · · · ·										-	1.5			
										Sugars	(0)	6.8	2.2	
Contains soy.	Obda	5	N.4:11-	0	Fick & Occuptor	Descrit	Tree Mart	0	Ordekiter	Sodiun	n (mg)	6.8 464	2.2 147	
	Gluten	Eggs	Milk	Soy Y	Fish & Crustaea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites		(0)	6.8		

Garden Salad													Avg Qty /Serve	Avg Qty /100g
DICED LETTUCE MIX: Iceberg Lettuce, Cos Lettuce											Energ	ıy (kJ)	70	62
TOMATO: Grape Tomatoes											Energ	y (Cal)	16	15
CUCUMBER: Cucumber Slices.											Prote	in (g)	1.4	1.2
											Fat, t	otal (g)	0.1	0.1
											Satur	ated Fat (g)	<0.1	<0.1
											Carbo	ohydrate (g)	1.6	1.4
											Suga	rs (g)	1.2	1.1
											Sodiu	ım (mg)	18	16
	Gluten	Eggs	Milk	Soy	Fish & C	rustaea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Preservative	Flavour	Colours	
CONDIMENTS														
McNugget Dipping Sauces									Barb	ecue	Mus	tard	Swee	t & Sour
BARBECUE SAUCE: Water, Sugar, Vinegar, Tomato Paste, Soy Sauce (contains Wheat and Soybeans), Modified Food Star	ch (1414, 144	42), Salt, So	/bean Oil (A	Antioxidant 3	804),				Avg Qty /Serve	Avg Qty /100g	Avg Qty /Serv	e Avg Qty /100g	Avg Qty /Serve	Avg Qty /100g
Thickeners (415, 466), Dextrose, Spices, Colour (150d), Flavours, Preservative (211), Flavour Enhancers (627, 631), Dehydra	eu Gariic, De	enydrated Oi	non, Acidity	Regulator (290).		Energy (kJ)		197	705	275	981	203	724
Contains gluten & soy							Energy (Cal		47	169	66	235	48	173
MUSTARD SAUCE: Water, Sugar, Vinegar, Soybean Oil (Antioxidant (304)), Spices, Modified Starches (1442, 1401, 1450 (co	ntains Barle	y), 1422), Sa	lt, Milk Prot	eins, Thicke	eners (401,		Protein (g)		0.2	0.9	0.6	2.1	0.2	0.7
415), Colour (150d), Preservative (211), Antioxidants (331, 385), Dextrose.					· ·		Fat, total (g))	0.3	1.0	3.6	12.8	0.3	1.1
Contains gluten, milk & soy .							Saturated F	at (g)	<0.1	0.1	0.5	1.7	<0.1	0.2
					_		Carbohydra	te (g)	10.7	38.3	7.7	27.5	11.0	39.4
SWEET & SOUR SAUCE: High Fructose Corn Syrup, Water, Fruit Concentrate (Apricot and/or Peach), Vinegar, Teriyaki [Soy Vinegar, Onion, Garlic, Preservative (211), Worcestershire Powder (Dextrose, Spices, Garlic, Salt, Thickener (466), Acidity Re							Sugars (g)		8.9	31.8	5.7	20.3	10.0	35.8
Soybean Oil (Antioxidant {330}), Thickener (415), Mustard Powder, Apricot Flavour, Preservative (211), Colour (150d), Paprik					422), Sail,		Sodium (mg	I)	183	655	157	561	156	557
······································		,,	.99 (
Contains gluten & soy.														
	Gluten	Eggs	Milk	Soy	Fish & C	rustaea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Preservative	Flavour	Colours	
Barbecue	Y			Y							Y	Y	Y	
Mustare	Y		Y	Y							Y		Y	
Sweet & Sou	Y			Y							Y	Y	Y	
											Balsa	amic	Italia	an Style
Salad Dressings											Avg Qty /Serv	e Avg Qty /100mL	Avg Qty /Serve	Avg Qty /100mL
BALSAMIC DRESSING: Water, Balsamic Vinegar (contains sulphites), Vinegar, Sugar, Soya Bean Oil, Salt, Black Pepper, C	blour (150d)	Yeast Extra	t Thickener	rs (407-415	410) Preser	vatives (21	1 202) Natu	ral Flavour		Energy (kJ)	80	265	45	149
		. 5001 EAU		10 (10 F) - FIG	,,,		., _02/,	a. i lavodi.		Energy (Cal)	19	63	11	35
Contains soy & sulphites.										Protein (g)	0.3	1.0	0.3	1.0
										Fat, total (g)	0.5	1.5	0.3	1.0
ITALIAN DRESSING: Water, Vinegar, Sugar, Salt, Thickeners (407, 415, 410), Acidity Regulators (330), Preservatives (211, 2	02). Onion H	Herb. Garlic	Bell Pepper	s. Spice. Na	atural Flavour					Saturated Fat (g)	0.3	1.0	0.3	1.0
	,, oon, i			2, 39:00, 10						Carbohydrate (g)	3.4	11.2	1.7	5.6
										Sugars (g)	3.1	10.4	1.7	5.6
		1		1						Sodium (mg)	105	350	80	265
	Gluten	Eggs	Milk	Soy	Fish & C	rustaea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Preservative		Colours	4
Balsami				Y	<u> </u>					Y	Y	Y	Y	4
Italian Dressing											Y	Y		

								Zesty Po	ortuguese	Swe	t Sesame	Tha	ai Style
Salad Dressings								Avg Qty /Serve	Avg Qty /100	0mL Avg Qty /S	erve Avg Qty /100mL	Avg Qty /Serve	Avg Qty /100mL
PORTUGUESE DRESSING: Canola Oil (Antioxidants (319, 306 - Soy), Vegetables, Tomato Pulp (Antioxidant (330)), Glucose	Syrup(Whe	at), Sugar, V	/ater, Egg Y	olk, Oat Fib	re, Food Acids (260,	Energy (kJ)	1040	1740	951	1590	209	465
330), Salt, Thickener (1442), Emulsifiers (Soy Lecithin, 435), Herb, Thickener (415), Flavourings, Preservatives (202, 211), Spin	ce, Spice Ex	ktracts (160c	, 100).			Energy (Ca	l)	249	415	227	379	50	110
Contains gluten, egg & soy.						Protein (g)		0.7	1.2	0.8	1.3	0.5	1.0
						Fat, total (g	,	19.3	32.2	14.3	23.9	1.4	3.2
SWEET SESAME DRESSING: Sugar, Water, Vinegar, Canola Oil (Antioxidants (319, 306 -Soy)), Sesame Oil, Soy Sauce [Wat	er, Soybea	ns, Wheat, S	Salt], Salt, Se	esame Seed	Is, Flavouring (Sesame)	Saturated I	(e)	1.7	2.8	3.6	5.9	0.2	0.5
Spices, Soy Lecithin, Preservative (202), Vegetable Gum (415).						Carbohydra	ate (g)	18.3	30.5	23.9	39.8	8.7	19.4
Contains gluten, soy & sesame.						Sugars (g)		10.3 462	17.1 770	23.7	39.5	7.8	17.3
THAI STYLE DRESSING: Water, Vinegar, Sugar, Fish Sauce, Capsicum Puree, Soy Sauce, Sesame Oil, Chilli Puree, Salt, Th Sesame Seeds, Flavour, Lime Juice Concentrate, Preservative (211).	ickeners (4	15,410), Lerr	non Juice Co	oncentrate, (Binger Puree, Herbs,	Sodium (m	9)	402	110	079	1130	450	1000
Contains gluten, fish, soy & sesame.	Obter	_	A.C.II.	0	Fish & Orestand	Descrite	Toria Marta	O	Outobite	Decement		0	
Zesty Portuguese Dressing	Gluten	Eggs	Milk	Soy Y	Fish & Crustaea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	s Preserva	ive Flavour Y	Colours	-
Sweet Sesame Dressing	Y	I		Y				Y		Y	Y		
Thai Style Dressing	Ŷ			Ý	Y			Ŷ		Ý	Y		
			•		•			•		Ketch	ıp	Мау	onnaise
Sauces									Av	g Qty /Serve	Avg Qty /100g	Avg Qty /Serve	Avg Qty /100g
KETCHUP: Water, Tomato Paste, High Fructose Corn Syrup, Glucose Corn Syrup, Vinegar, Salt, Flavouring (Soybean Oil)							1	Energy	(kJ)	43	478	370	3090
								Energy	(Cal)	10	114	89	738
							_	Protein	(g)	0.1	1.5	0.1	1.0
MAYONNAISE: Soybean Oil (Antioxidant [330], Egg Yolks, Water, Distilled Vinegar, Salt, Sugar, Spice, Lemon Juice Concentr	ate, Antioxi	dant (385).						Fat, tota	0	0.0	0.0	9.8	82.0
Contains soy & egg.									ed Fat (g)	0.0	0.0	1.6	13.0
									ydrate (g)	2.3	26.1	0.2	2.0
								Sugars	(•)	1.8	20.0	0.1	1.0
	Obstan	5	A.C.II.	0	Fish & Crustaea	Descrite	Toria Marta	Sodium	(mg) Sulphites	88 s Preserva	983	63	525
Ketchup	Gluten	Eggs	Milk	Soy Y	FISH & Crustaea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	s Preserva	ive Flavour	Colours	-
Mayonnaise		Y		Y									
BREAKFAST		. ·	1	1 -	1								
Breakfast Condiments								Honey		Strawber	y Jam	Ve	gemite
							Avg Qty				Avg Qty /100g	Avg Qty /Serve	
STRAWBERRY JAM: Strawberries, Sugar, Glucose (Maize), Pectin, Acidity Regulator (330).					Energy (k.	,	23	-	490	187	1160	39	811
					Energy (C		5		356	45	278	9	194
HONEY: Honey.					Protein (g) Fat, total (0. <0		0.6	<0.1 <0.1	0.6	1.2 <0.1	25.6 0.9
	r dioxido)	Voqotablo E	vtract Niaci	. Thiamino	. (<0		0.1	<0.1	0.1	<0.1	0.9
<u>Vedenine —,</u> reast extract, sait, mineral sait (506), mait extract (nom barrey) , colour (1500 – contains preservative supro Folate.	i uloxide),	vegetable E	Audul, Miduli	n, mannine,	Carbohydr	(4)	13		36.8	10.8	67.8	0.9	19.5
Contains gluten & sulphites.					Sugars (g)	a.o (9)	13		70.6	10.0	62.5	<0.1	13.5
					Sodium (m	ig)	2	-	13	1	8	162	3380
	01.1				Fish & Ornet		T N .	0	Outet "	- Devis			
Jam	Gluten	Eggs	Milk	Soy	Fish & Crustaea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	s Preserva	ive Flavour	Colours	-
Honey													-
Vegemite	Y	1	1	1	1	1	1	1	Y	Y		1	1

Bacon & Egg Brekkie Roll													Avg Qty /Serve	Avg Qty /100g
BREAD ROLL: Wheat Flour, Water, Yeast, Gluten, Canola Oil, Iodised Salt, Sugar, Improver (Dextrose, Wheat Flour, Emuls	ifier (472e) S	ov Flour Do	uah Conditi	oner (300) F	nzvme (1100)) Emulsifi	ier (472 (e) 1	170 471) Pr	eservative (28	(Th	iamin	Energ	v (kJ)	2080	969
Folate).	1101 (4720), 0	oy 11001, DC	ugii oonun	01101 (000), L	inzyme (1100)), Emulain	ioi (+12 (0), 1	170, 471), 11	03011001100 (20	<i>(</i> 11), vitamino (11)	namm,	Energ	,	498	232
EGG: Shell Egg											Protei		26.9	12.5
TASTY CHEESE SLICE: Milk, Salt, Starter Cultures, Rennet, Lipase.											Fat, to	tal (g)	18.9	8.8
BACON: Pork, Water, Salt, Sugar, Emulsifiers (450, 451), Dextrose (Maize, Tapioca), Antioxidant (316), Acidity Regulator (33	J), Sodium Ni	trite (250), R	osemary Ex	tract.							Satura	ited Fat (g)	8.7	4.0
SOUTHERN STYLE BBQ SAUCE: Water, Tomato Paste, Invert Sugar Syrup, Sugar, Vinegar, Apple Puree, Thickener (1422)	, Salt, Worces	stershire, Sp	ices, Colour	r (150c), Oni	on, Garlic, Preservative	(202), Vegeta	able Gum (4	15), Smoke Fl	avour.		Carbo	hydrate (g)	53.1	24.7
COOKING OIL: Canola Oil, Soy Lecithin, Flavour, Colour (160a), Acidity Regulator (330).											Sugar	(0)	8.5	4.0
Contains gluten, egg, milk, soy and fish.												m (mg)	1190	552
BREAD ROLLS are produced on equipment that also produces products containing sesame seeds	Gluten	Eggs	Milk	Soy	Fish & Crustaea	Peanuts	Tree Nuts	Sesame Se	eds Sulp	hites	Preservative	Flavour	Colours	
BBQ Sauce contains traces of fish and gluten	Y	Y	Y	Y	Y-Fish			Т			Y	Y	Y	
Hash Brown													Avg Qty /Serve	Avg Qty /100g
											Energ	y (kJ)	638	1150
Potato, Canola Oil, Salt, Dextrose (Maize), Emulsifier (471), Preservatives (450, 222), Antioxidant (320), Pepper Extracts.											Energ	y (Cal)	153	276
OR											Protei	n (g)	1.6	2.9
Potatoes, Canola Oil, Seasoning (Black Pepper, Salt, Modified Corn Starch)											Fat, to	tal (g)	9.5	17.2
											Satura	ited Fat (g)	1.1	2.0
Contains traces of sulphite.											Carbo	hydrate (g)	14.6	26.4
* Hash Browns served after 10.30am are cooked with products containing gluten											Sugar	(0)	0.2	0.4
				-								m (mg)	352	637
Note: Hash Brown is cooked in canola oil blend.	Gluten	Eggs	Milk	Soy	Fish & Crustaea	Peanuts	Tree Nuts	Sesame Se	eds Sulp	hites	Preservative	Flavour	Colours	
	T*								-	Γ	Т			
Ham and Cheese Pocket													Avg Qty /Serve	
											Energ		1020	1230
TORTILLA: Wheat Flour [Thiamine, Folic Acid], Water, Vegetable Shortening [Antioxidant (320)], Sugar, Baking Powder [Min	aral Salts (450), 500, 341)]	Acidity Reg	Julator (297)	Mineral Salt (500), Pres	servative (282	2), Yeast.				Energ		244	294
CHEDDAR CHEESE: Milk, Salt, Starter Cultures, Non-Animal Rennet, Non-Animal Lipase. HAM: Pork, Water, Acidity Regulators (326, 262), Salt, Emulsifier (451), Sugar, Dextrose (Maize), Antioxidant (316), Sodium N	litrito (250) C	olours (Sora	hum Huck E	vtract 160h)							Protei Fat. to		12.1 11.5	14.6 13.8
	.iunte (200), O	olouis (Soly		MIAGE TOOD	•							ited Fat (q)	6.6	7.9
Contains gluten and milk.												hydrate (g)	22.3	26.9
											Sugar	, (0)	1.6	2.0
											Sodiu	m (mg)	514	619
	Gluten	Eggs	Milk	Soy	Fish & Crustaea	Peanuts	Tree Nuts	Sesame Se	eds Sulp	hites	Preservative	Flavour	Colours	
	Y		Y								Y		Y	
Let a second											Plain		with Syru	p & Butter
Hotcakes										Avg Qty		Qty /100g	with Syru Avg Qty /Serve	p & Butter Avg Qty /100g
Hotcakes HOTCAKES: Water, Wheat Flour, Whey Powder, Maize Flour, Vegetable Oil (Canola), Sugar, Raising Agents (341, 500, 54*), Dextrose, E	Emulsifiers (4	171, 481), E	gg , Salt, Thi	ckener (415 contains Wh	neat).		En	ergy (kJ)	Avg Qty 166	/Serve Avg	Qty /100g 1100		
), Dextrose, E	Emulsifiers (4	171, 481), E	gg , Salt, Thi	ckener (415 contains Wh	neat).				• •	/Serve Avg		Avg Qty /Serve	Avg Qty /100g
	I), Dextrose, I	Emulsifiers (4	171, 481), E i	gg, Salt, Thi	ckener (415 contains Wh	neat).		En	ergy (kJ) ergy (Cal) otein (g)	166	/Serve Avg 60 7	1100	Avg Qty /Serve 2760	Avg Qty /100g 1240
HOTCAKES: Water, Wheat Flour, Whey Powder, Maize Flour, Vegetable Oil (Canola), Sugar, Raising Agents (341, 500, 54	1), Dextrose, I	Emulsifiers (4	171, 481), E	gg , Salt, Thi	ckener (415 contains Wh	neat).		En Pro	ergy (Cal)	166 397	/Serve Avg 60 7 3	1100 263	Avg Qty /Serve 2760 660 11.4 19.8	Avg Qty /100g 1240 296 5.1 8.9
HOTCAKES: Water, Wheat Flour, Whey Powder, Maize Flour, Vegetable Oil (Canola), Sugar, Raising Agents (341, 500, 54'	I), Dextrose, I	Emulsifiers (4	171, 481), E	gg, Salt, Thi	ckener (415 contains Wh	neat).		En Pro Fai	ergy (Cal) otein (g)	166 397 11.	/Serve Avg 60 7 3 7	1100 263 7.5	Avg Qty /Serve 2760 660 11.4	Avg Qty /100g 1240 296 5.1 8.9 3.7
HOTCAKES: Water, Wheat Flour, Whey Powder, Maize Flour, Vegetable Oil (Canola), Sugar, Raising Agents (341, 500, 54'	I), Dextrose, I	Emulsifiers (4	171, 481), E	gg, Salt, Thi	ckener (415 contains WH	neat).		En Pro Fai Sa	ergy (Cal) otein (g) t, total (g)	166 39 11. 10.	/Serve Avg 60 7 3 7 7 1	1100 263 7.5 7.1	Avg Qty /Serve 2760 660 11.4 19.8	Avg Qty /100g 1240 296 5.1 8.9
HOTCAKES: Water, Wheat Flour, Whey Powder, Maize Flour, Vegetable Oil (Canola), Sugar, Raising Agents (341, 500, 54'	I), Dextrose, I	Emulsifiers (4	171, 481), E	gg, Salt, Thi	ckener (415 contains WH	neat).		En Pro Fai Sa Ca	ergy (Cal) otein (g) t, total (g) turated Fat (g)	166 397 11. 10. 2.1 61. 14.	/Serve Avg 50 7	1100 263 7.5 7.1 1.4 40.7 9.4	Avg Qty /Serve 2760 660 11.4 19.8 8.2 106 46.5	Avg Qty /100g 1240 296 5.1 8.9 3.7 47.7 20.8
HOTCAKES: Water, Wheat Flour, Whey Powder, Maize Flour, Vegetable Oil (Canola), Sugar, Raising Agents (341, 500, 54'	I), Dextrose, I	Emulsifiers (4	171, 481), E	gg, Salt, Thi	ckener (415 contains Wh	neat).		En Pro Fai Sa Ca Su	ergy (Cal) otein (g) t, total (g) turated Fat (g) rbohydrate (g)	166 395 11. 10. 2.1 61.	/Serve Avg 50 7	1100 263 7.5 7.1 1.4 40.7	Avg Qty /Serve 2760 660 11.4 19.8 8.2 106	Avg Qty /100g 1240 296 5.1 8.9 3.7 47.7
HOTCAKES: Water, Wheat Flour, Whey Powder, Maize Flour, Vegetable Oil (Canola), Sugar, Raising Agents (341, 500, 54' Contains gluten, egg & milk. HOTCAKES are produced in a plant that also produces products containing sesame seeds.	Gluten	Emulsifiers (4	Milk	gg, Salt, Thi	ckener (415 contains Wh	neat). Peanuts	Tree Nuts	En Pro Fai Sa Ca Su	ergy (Cal) otein (g) t, total (g) turated Fat (g) rbohydrate (g) gars (g) dium (mg)	166 399 11. 10. 2.1 61. 14. 438	/Serve Avg 50 7	1100 263 7.5 7.1 1.4 40.7 9.4	Avg Qty /Serve 2760 660 11.4 19.8 8.2 106 46.5	Avg Qty /100g 1240 296 5.1 8.9 3.7 47.7 20.8
HOTCAKES: Water, Wheat Flour, Whey Powder, Maize Flour, Vegetable Oil (Canola), Sugar, Raising Agents (341, 500, 54'	Gluten						Tree Nuts	En Pro Fa Sa Ca Su So	ergy (Cal) otein (g) t, total (g) turated Fat (g) rbohydrate (g) gars (g) dium (mg)	166 399 11. 10. 2.1 61. 14. 438	/Serve Avg 50 7 3 7 1 5 2 8	1100 263 7.5 7.1 1.4 40.7 9.4 290	Avg Qty /Serve 2760 660 11.4 19.8 8.2 106 46.5 536	Avg Qty /100g 1240 296 5.1 8.9 3.7 47.7 20.8

Hotcake Condiments											Hotcak	ke Syrup	1	Whipped But	ter (2 portions)
										Avg Qt	ty /Serve	Avg Q	ty /100g	Avg Qty /Serve	Avg Qty /100g
HOTCAKE SYRUP: Corn Syrup, Sugar, Water, Flavour, Preservative (202), Colour (150d).								1	Energy (kJ)	-	760		260	338	2980
								Ī	Energy (Cal)	1	82	3	301	81	713
								1	Protein (g)	(0.0	(0.0	<0.1	0.6
WHIPPED BUTTER: Cream, Salt.								1	at, total (g)	(0.0	(0.0	9.1	80.0
Contains milk.									Saturated Fat (g) (0.0	(0.0	6.1	53.5
								0	Carbohydrate (g	<i>,</i>	4.7		3.9	0.1	0.9
									Sugars (g)		2.2		3.3	<0.1	0.7
		0				1			Sodium (mg)		18		30	79	700
	Gluten	Eggs	Milk	Soy	Fish & Crustaea	Peanuts	Tree Nuts	Sesame	Seeds Su	ulphites	Preser	rvative	Flavour	Colours	
Hotcake Syrup			V								١	ſ	Y	Y	
Whipped Butter			Ť							-					
McMuffin - Bacon & Egg											On Whi				meal Muffin
WHITE ENGLISH MUFFIN: Wheat Flour, Water, Yeast, Ground Maize (Preservative 200), Gluten, Sugar, Iodised Salt, Canola											ty /Serve		ty /100g	0 1	Avg Qty /100g
Dough Conditioner 300, Enzymes (Amylase, Xylanase)], Emulsifiers (471, 472e), Antioxidants (304, 307, 330), Food Acids (341	, 297, 262),	Enzyme (11	01), Vitami	ns (Thiamin	e, ⊦olate).	C)R	-	nergy (kJ)		240		941	1220	898
								-	Energy (Cal)		297		225	292	215
WHOLEMEAL MUFFIN: Wheat Flour (Vitamins (Thiamin, Folate)), Water, Wheat Bran, Yeast, Ground Maize, Wheat Germ, Wi								iolarty	Protein (g)		6.4		2.4	18.0	13.3
), Wheat Ma	I lt Flour, En	zymes), Wł	neat Flour, E	Emulsifiers (472e, 471), M	ineral Salt (1	70), Enzyme	· · · /	(Q)						
	0 I NI		-					-	10	/	-				
Specific construction Specific constructin Specific constructin <															
Shelled Egg. Saturated Fat (g) 6.2 4.7 5.8 4.2 N: Pork, Water, Salt, Sugar, Emulsifiers (450, 451), Dextrose (Maize, Tapioca), Antioxidant (316), Acidity Regulator (330), Sodium Nitrite (250), Rosemary Extract. Carbohydrate (g) 26.1 19.8 21.6 15.9															
Elimited international (number of the international of the internation of the international of the international of the international															
Shelled Egg. Saturated Fat (g) 6.2 4.7 5.8 4.2 V Pork, Water, Salt, Sugar, Emulsifiers (450, 451), Dextrose (Maize, Tapioca), Antioxidant (316), Acidity Regulator (330), Sodium Nitrite (250), Rosemary Extract. Saturated Fat (g) 6.2 4.7 5.8 4.2 Carbohydrate (g) 26.1 19.8 21.6 15.9 Sec Cheese (Milk, Salt, Culture, Enzymes (Rennet, Lipase)), Water, Milk Solids, Butter, Emulsifiers (340, 452, 331), Salt, Acidity Regulators (260, 330, 339), Colours (160b, 160c), Preservative (200), Soy Lecithin. Sugars (g) 2.1 1.6 3.0 2.2 anola Oil, Emulsifiers (Soy Lecithin), Flavour, Colour (160a), Acidity Regulator (330)_ Gluten Eggs Milk Soy Fish & Crustaea Peanuts Tree Nuts Sesame Seeds Sulphites Preservative Flavour Colours															
Nr. Pork, Water, Salt, Sugar, Emulsifiers (450, 451), Dextrose (Maize, Tapioca), Antioxidant (316), Acidity Regulator (330), Sodium Nitrite (250), Rosemary Extract. Carbohydrate (g) 26.1 19.8 21.6 15.9 SE: Cheese (Milk, Salt, Culture, Enzymes (Rennet, Lipase)), Water, Milk Solids, Butter, Emulsifiers (340, 452, 331), Salt, Acidity Regulators (260, 330, 339), Colours (160b, 160c), Preservative (200), Soy Lecithin. Sugars (g) 2.1 1.6 3.0 2.2 anola Oil, Emulsifiers (Soy Lecithin), Flavour, Colour (160a), Acidity Regulator (330). Gluten Eggs Milk Soy Fish & Crustaea Peanuts Tree Nuts Sesame Seeds Sulphites Preservative Flavour Colours NS are produced on equipment that also produces products containing sesame seeds. Y <															
Se: Cheese (Milk, Salt, Culture, Enzymes (Renet, Lipase)), Water, Milk Solids, Butter, Enulsifiers (340, 452, 331), Salt, Acidity Regulators (260, 330, 339), Colours (160b, 160c), Preservative (200), Soy Lecithin. Sugars (g) 2.1 1.6 3.0 2.2 anola Oil, Emulsifiers (Soy Lecithin), Flavour, Colour (160a), Acidity Regulator (330)_ Solium (mg) 673 510 651 479 ins gluten, egg, milk & soy. Gluten Eggs Milk Soy Fish & Crustaea Peanuts Tree Nuts Sesame Seeds Sulphites Preservative Flavour Colours INS are produced on equipment that also produces products containing sesame seeds. Y															
								-							
WHOLEMEAL MUFFIN: Wheat Flour (Vitamins (Thiamin, Folate)), Water, Wheat Bran, Yeast, Ground Maize, Wheat Germ, Wi									Energy (Cal)		216		188	209	174
Regulators (262, 341, 297), Improver (Soy Flour, Emulsifier (481), Mineral Salts (170), Antioxidant (300), Acidity Regulator (516), Wheat Ma	I lt Flour, En	zymes), Wł	neat Flour, E	Emulsifiers (472e, 471), M	ineral Salt (1	70), Enzyme		Protein (g)		3.1		7.1	9.7	81
TOMATO SLICE: Tomato. RACON Rate Water Self Surger Emulations (AEO, 451), Deutsons (Maize Tabiana), Antioxident (216), Anidity Degulator (220)	Codium Nit	rita (250) D	non como con como como como como como co	draat				-	Fat, total (g) Saturated Fat (g		3.1 2.4		7.0 2.1	8.3 2.1	7.0 1.8
BACON: Pork, Water, Salt, Sugar, Emulsifiers (450, 451), Dextrose (Maize, Tapioca), Antioxidant (316), Acidity Regulator (330) SHREDDED LETTUCE: Iceberg Lettuce.	, Souluitt Nit	nie (200), R	USEIIIdi y E	add.				-	Carbohydrate (g		6.5		3.1	2.1	1.0
STIREDBED EL TTOGE. ICEDETY LEILIDE.								-	Sugars (g)		2.3		2.0	3.3	2.7
MAYONNAISE: Water, Soybean Oil (Antioxidant (330), Egg Yolks, Modified Corn Starch (1401,1442), Corn Syrup Solids, Distil	led Vinegar.	Salt. Sugar.	Mustard F	lour. Thicke	ner (415). Acidity Regulat	or (270). Pres	servative (20	-	Sodium (mg)		528		159	486	405
SPRAY COOKING OIL: Canola Oil, Emulsifier (322 - derived from Soy), Flavour, Colour (160a), Acidity Regulator (330).		,3,		,		(),		_/·	()/		20			100	100
Contains gluten, egg & soy.	Gluten	Eggs	Milk	Soy	Fish & Crustaea	Peanuts	Tree Nuts	Sesame	Seeds Su	ulphites	Preser	rvative	Flavour	Colours	
ENGLISH MUFFINS are produced on equipment that also produces products containing sesame seeds.	Y	Y		Y				Т			Y	(Y	Y	
													/holemeal		
<u>McMuffin - with Jam</u>								Plain	White Muffin	With	h Jam	M	uffin	Wholemeal M	uffin With Jam
WHITE ENGLISH MUFFIN: Wheat Flour, Water, Yeast, Ground Maize (Preservative 200), Gluten, Sugar, Iodised Salt, Canola Emulsifier 481, Mineral Salt (170, 516), Malt Flour, Dough Conditioner 300, Enzymes (Amylase, Xylanase)], Emulsifiers (471, 47								Avg Qty	Serve Avg Q /100g			Avg Qty /Serve	Avg Qty /100g	Avg Qty /Serve	Avg Qty /100g
262), Enzyme (1101), Vitamins (Thiamine, Folate). OR	<i>,.</i>		. ,.			Energy (kJ)		618	1100	822	1110	593	988	779	1030
WHOLEMEAL MUFFIN: Wheat Flour (Vitamins (Thiamin, Folate)), Water, Wheat Bran, Yeast, Ground Maize, Wheat Germ, Wheat Wheat Germ, Wheat Maize, Wheat Maize, Wheat Maize, Wheat Germ, Wheat Maize, Wheat Maize, Wheat Maize, Wheat Germ, Wheat Maize, Wheat Germ, Wheat Maize, Wheat Maize, Wheat Germ, Wheat Maize, Wheat Maize, Wheat Maize, Wheat Germ, Wheat Maize, Wheat	neat Gluten,	Sugar, Iodi	sed Salt, Pi	eservative ((282), Vegetable (Canola)	Energy (Ca)	148	262	197	266	142	236	185	243
Oil (Antioxidant (330)), Acidity Regulators (262, 341, 297), Improver (Soy Flour, Emulsifier (481), Mineral Salts (170), Antioxidar Flour, Emulsifiers (472e, 471), Mineral Salt (170), Enzyme (1100).						Protein (g) Fat, total (g))	4.4	-	4.7 3.0	6.3 4.1	6.0 3.3	10.0 5.4	6.1 3.3	8.1 4.3
STRAWBERRY JAM: Sugar, Strawberries, Vegetable Gum (440), Acidity Regulator (330).						Saturated F		0.8	1.5	0.9	1.2	0.4	0.7	0.4	0.6
OIL: Canola Oil, Emulsifiers (Soy Lecithin), Flavour, Colour (160a), Acidity Regulator (330).						Carbohydra	te (g)	24.	43.8	36.3	49.0	20.1	33.5	30.8	40.5
Contains gluten & soy.						Sugars (g)		1.1	2.0	11.2	15.2	2.0	3.4	11.8	15.6
MUFFINS are produced on equipment that also produces products containing sesame seeds						Sodium (mg	a)	268	476	277	374	245	408	248	326
Note: Available with your choice of Vegemite ™, Honey OR Strawberry Jam.	Gluten	Eggs	Milk	Soy	Fish & Crustaea	Peanuts	Tree Nuts	Sesame	Seeds Su	ulphites	Preser	rvative	Flavour	Colours	
	Ý		1	Y	1	1		L T			1)	r	Y	Ý	

Multiful Mathew Or Out invitation Multiful Mathew OR Stall Multifier Whet Stall Studies Stall Studi
Multicity Elevent Mu
International (200) Paint (20
Regulators (282, 341, 27), Improver (Say Flour, Emulaitier (431), Mineral Satts (170), Antioxidant (300), Acidity Regulator (516), Wheat Mait Flour, Enzymes), Wheat Flour, Emulaitiers (472e, 471), Mineral Satt (170), Enzyme (1100), Protein (g) 28.3 13.8 29.8 SAUSAGE PATTY, Beef, Seasoning [Salt, Dried Glucces Syrup (from wheat), Succese, Spices, Vegetable Powders (Sarlis, Chroin), Mineral Satt (341), Hydrolysed Vegetable Powler (100), Antidy Regulator (300), South Nither (250), Rosemary Extract. Protein (g) 28.3 13.8 29.8 SAUSAGE PATTY, Beef, Seasoning [Salt, Dried Glucces Syrup (from wheat), Succese, Spices, Vegetable Powders (Sarlis, Chroin), Mineral Satt (341), Hydrolysed Vegetable Powler, (160), Floic), Preservative (200), Soy Lecitin. Protein (g) 28.3 13.8 29.8 SAUSAGE PATTY, Beef, Seasoning [Salt, Dried Glucces Syrup, Unergen, Salt, Spice, Chrose GMIII, Salt, Culture, Enzymes (Rament, Lipsee), Water, Milk Solds, Butter, Emulatifiers (340, 452, 331), Salt, Acidity Regulators (260, 330, 339), Colours (160), Floic), Preservative (200), Soy Lecitin. Sugars (g) 5.7 1.4 22.6 Chrosh Synup, Tempsen, Salt, Spice, Chrose GMIIII, Salt, Culture, Enzymes (Rament, Lipsee), Water, Milk Solds, Butter, Emulatifiers (340, 452, 331), Salt, Acidity Regulators (260, 300, 339), Colours (160), Floic), Preservative (200), Soy Lecitin. Sugars (g) 5.7 Y Y Y Y Y Y Y Y Y Y Y Y Y Y Y<
SALLBACE PATTY, Beet, Seasoning (Salt, Dried Glucose Synup (from wheat), Sucrose, Spices, Vegetable Powders (Garlic, Onion), Mineral Salt (341), Hydrolysed Vegetable Protein (from soy), Antioxidant (306), Canola Oli, Spice Salurated Fail (g) 10.8 52 10.4 Editacts), BACQM: Pork, Water, Salt, Sugar, Emulatilers (450, 451), Dextose (Maixe, Tapices), Nation, dant (316), Addity Regulator (330), Sodum Nithite (250), Rosemary Extract. Salurated Fail (g) 31.6 15.4 26.4 CHEESE: Cheese (Milk, Salt, Culture, Enzymes (Remet, Lesse)), Water, Milk Solds, Butter, Emulatifiers (340, 452, 331), Salt, Addity Regulator (330), Coutiner galan, aga, milk & day: National NL Emulatifiers (360, Canola OL), Addity Regulator (320). Y
Edracts] Edracts Edrac
Extracts].
CHEESE: Cheese (Milk Salt, Culture, Enzymes (Rennet, Lipase)), Water, Milk Solds, Butter, Emulsifiers (340, 452, 331), Salt, Acidity Regulators (260, 330, 339), Colours (160b, 160c), Preservative (200), Soy Lecithin. Sodum (mg) 1240 604 1190 Contains (Soy Lecithin, Enzymes (Rennet, Lipase)), Water, Milk Solds, Butter, Emulsifiers (340, 452, 331), Salt, Acidity Regulators (280, 330, 339), Colours (160b, 160c), Preservative (200), Soy Lecithin. Sesame Seeds Sulphites Preservative (200, Colours (160a, Acidity Regulators (200, Colours (160a, Acidity Regulators (200, 200, 200, 200, 200, 200, 200, 200
KETCHUP Water, Tomato Paste, High Fructose Corn Syrup, Glucose Syrup, Vinegar, Salt, Spice. QIL Contains guter, age, mik & sy. Gluten Eggs Mik Soy Fish & Crustaee Peanuts Tree Nuts Sesame Seeds Sulphites Preservative Fish & Crustaee MUEFINS are produced on equipment that also produces products containing sesame seeds. Y
QIL_Canala Oil, Emulsifiers (Soy Lecithin), Flavour, Colour (160a), Acidity Regulator (330). Contains gluten, egg, milk & soy. Gluten Eggs Milk Soy Fish & Crustaea Peanuts Tree Nuts Sesame Seeds Sulphites Preservative Flavour, Colour MUFFINS are produced on equipment that also produces products containing sesame seeds. Y
Oll. Canola Oil, Emulsifiers (Soy Lecithin), Flavour, Colour (180a), Acidity Regulator (330). Out/Fin/S are produced on equipment that also produces products containing sesame seeds. Y <t< td=""></t<>
MUFFINS are produced on equipment that also produces products containing sesame seeds. Y
MUFFINS are produced on equipment that also produces products containing sesame seeds. Y
Industry - 2adsaud: Market Flour, Water, Yeast, Sugar, lodised Salt, Vinegar, Canola Oil, Gluten, Emulsifiers (472e, 481 derived from Soy)l, Preservatives (200, 282), Soy Flour, Ground Maize, Mineral Salt (170), Acidity Regulators (262, 297), Avg Qty / Serve Avg Qt
ENGLISH MUFFIN: Whater Flour, Water, Yeast, Sugar, Iodised Salt, Vinegar, Canola Oil, Gluten, Emulsifiers (472e, 481 derived from Soy), Preservatives (200, 282), Soy Flour, Ground Maize, Mineral Salt (170), Acidity Regulators (262, 297), Avg Qty /Seve Avg Qty /Seve /Seve Avg Qty /Seve Avg Qty /
WHOLEMEAL MUFFIN: Wheat Flour (Vitamins (Thiamin, Folate)), Water, Wheat Bran, Yeast, Ground Maize, Wheat Germ, Wheat Germ, Wheat Gluten, Sugar, Iodised Salt, Preservative (282), Vegetable (Canola) Oil (Antioxidant (330)), Acidity Energy (Cal) 297 272 291 Regulators (262, 341, 297), Improver (Soy Flour, Emulsifier (481), Mineral Salts (170), Antioxidant (300), Acidity Regulator (516), Wheat Malt Flour, Enzymes), Wheat Flour, Emulsifiers (472e, 471), Mineral Salt (170), Enzyme (1100). Energy (Cal) 297 272 291 SAUSAGE PATTY: Beef, Seasoning [Salt, Dried Glucose Syrup (from wheat), Sucrose, Spices, Vegetable Powders (Garlic, Onion), Mineral Salt (341), Hydrolysed Vegetable Protein (from soy), Antioxidant (306), Canola Oil, Spice Fat. total (g) 14.2 13.0 14.6 Saturates Fat. (bild, Guide, Butter, Enzymes (Rennet, Lipase)), Water, Milk Solids, Butter, Emulsifiers (340, 452, 331), Salt, Acidity Regulators (260, 330, 339), Colours (160b, 160c), Preservative (200), Soy Lecithin. Carbohydrate (g) 25.7 23.5 21.1 Contains gluten, milk & soy. Gluten Eggs Milk Soy Fish & Crustaea Peanuts Tere Nuts Seasame Seeds Sulphites Preservative Flavour Colours Contains gluten, milk & soy. Gluten, Emulsifiers (Milk Folks are produced on equipment that also produces products containing sesame seeds. Y Y Y Y Y Y <td< td=""></td<>
Introduction of the service (26), 110; Wheel Thild,
Subscree Partry: Beef, Seasoning (Salt, Dried Glucose Syrup (from wheat), Sucrose, Spices, Vegetable Powders (Garlic, Onion), Mineral Salt (341), Hydrolysed Vegetable Protein (from soy), Antioxidant (306), Canola Oil, Spice Fat. total (g) 14.2 13.0 14.6 Subscree Partry: Beef, Seasoning (Salt, Dried Glucose Syrup (from wheat), Sucrose, Spices, Vegetable Powders (Garlic, Onion), Mineral Salt (341), Hydrolysed Vegetable Protein (from soy), Antioxidant (306), Canola Oil, Spice Fat. total (g) 14.2 13.0 14.6 Subscree Partry: Beef, Seasoning (Salt, Dried Glucose Syrup (from wheat), Sucrose, Spices, Vegetable Powders (Garlic, Onion), Mineral Salt (341), Hydrolysed Vegetable Protein (from soy), Antioxidant (306), Canola Oil, Spice Fat. total (g) 14.2 13.0 14.6 CHEESE: Cheese (Milk, Salt, Culture, Enzymes (Rennet, Lipase)), Water, Milk Solids, Butter, Emulsifiers (340, 452, 331), Salt, Acidity Regulators (260, 330, 339), Colours (160b, 160c), Preservative (200), Soy Lecithin. Saturated Fat (g) 7.4 6.8 6.9 OIL: Canola Oil, Emulsifiers (Soy Lecithin), Flavour, Colour (160a), Acidity Regulator (330). 14.6 Saturated Fat (g) 7.4 6.8 6.9 Contains gluten, milk & soy. Eduten Eggs Milk Soy Fish & Crustaea Peanuts Tree Nuts Sesame Seeds Sulphites Preservative Flavour Colours ENGLISH MUFFINS Water Flour, Water Y eas
Extracts]. CHEESE: Cheese (Milk, Salt, Culture, Enzymes (Rennet, Lipase)), Water, Milk Solids, Butter, Emulsifiers (340, 452, 331), Salt, Acidity Regulators (260, 330, 339), Colours (160b, 160c), Preservative (200), Soy Lecithin. Saturated Fat (g) 7.4 6.8 6.9 Carbohydrate (g) 25.7 23.5 21.1 Sugars (g) 1.7 1.6 2.6 Sodium (mg) 608 557 586 Contains gluten, milk & soy. ENGLISH MUFFINS are produced on equipment that also produces products containing sesame seeds. Y Y Y Y C N McMuffin - Sausage and Egg ENGLISH MUFFIN: Water, Yeast, Sugar, Iodised Salt, Vinegar, Canola Oil, Gluten, Emulsifiers (472e, 481 derived from Soy)!, Preservatives (200, 282), Soy Flour, Ground Maize, Mineral Salt (170), Acidity Regulators (262, 297), Dough Conditioners (300, 516), Enzyme (1100), Vitamin (Thiamin, Folate). Rend Uffin - Sausage and Egg ENGLISH MUFFIN: Water (1100), Vitamin (Thiamin, Folate). OR
CHEES: Cheese (Milk, Salt, Culture, Enzymes (Rennet, Lipase)), Water, Milk Solids, Butter, Emulsifiers (340, 452, 331), Salt, Acidity Regulators (260, 330, 339), Colours (160b, 160c), Preservative (200), Soy Lecithin. Carbohydrate (g) 25.7 23.5 21.1 OIL: Carbohydrate (g) 25.7 23.5 21.1 Sugars (g) 1.7 1.6 2.6 Contains gluten, milk & soy. Endlish MUFFINS are produced on equipment that also produces products containing sesame seeds. Y
Oll: Canola Oil, Emulsifiers (Soy Lecithin), Flavour, Colour (160a), Acidity Regulator (330). Sugars (g) 1.7 1.6 2.6 Contains gluten, milk & soy. Sodium (mg) 608 557 586 587 586 586 586 586 586 586 586 586 587 586 587 586 586 587 586 587 586 586 586 587 586 587 586 587 586 587 586
Solid Solid <th< td=""></th<>
Contains gluten, milk & soy. Gluten Eggs Milk Soy Fish & Crustaea Peanuts Tree Nuts Sesame Seeds Sulphites Preservative Flavour Colours ENGLISH MUFFINS are produced on equipment that also produces products containing sesame seeds. Y Y Y Y T T Y Y Y Y McMuffin - Sausage and Egg Milk NUFFINS are produced on equipment that also produces products containing sesame seeds. On White Muffin On White Muffin On White Muffin Negative Conditioners (300, 516), Enzyme (1100), Vitamin (Thiamin, Folate). OR Negative Conditioners (200, 282), Soy Flour, Ground Maize, Mineral Salt (170), Acidity Regulators (262, 297), Image Conditioners (300, 516), Enzyme (1100), Vitamin (Thiamin, Folate). OR Avg Qty /Serve / Avg Qty /Serve
ENGLISH MUFFINS are produced on equipment that also produces products containing sesame seeds. Y
McMuffin - Sausage and Egg On White Muffin On White Muffin On White Muffin On White Muffin ENGLISH MUFFIN: Wheat Sausage and Egg Solution (Thiamin, Foldet). Nor White Muffin Avg Qty /Serve Avg Qty /Serve <t< td=""></t<>
Inclusion Sausage and Egg Note of the end of
Dough Conditioners (300, 516), Enzyme (1100), Vitamin (Thiamin, Folate). OR Avg Guy Server
WHOLEMEAL MUFFIN: Wheat Flour (Vitamins (Thiamin, Folate)). Water Wheat Bran, Yeast, Ground Maize, Wheat Germ, Wheat Gluten, Sugar, Jodised Salt, Preservative (282). Vegetable (Canola) Oil (Antioxidant (330)). Acidity Energy (Cal) 369 235 363
Regulators (262, 341, 297), Improver (Soy Flour, Emulsifier (481), Mineral Salts (170), Antioxidant (300), Acidity Regulator (516), Wheat Malt Flour, Enzymes), Wheat Flour, Emulsifiers (472e, 471), Mineral Salt (170), Enzyme (1100). Protein (g) 21.2 13.5 22.8
SAUSAGE PATTY: Beef, Seasoning [Salt, Dried Glucose Syrup (from wheat), Sucrose, Spices, Vegetable Powders (Garlic, Onion), Mineral Salt (341), Hydrolysed Vegetable Protein (from soy), Antioxidant (306), Canola Oil, Spice Fat, total (g) 19.6 12.4 19.9
Extracts]. 844 Fat (g) 9.0 5.7 8.6
EGG: Fresh, Shelled Egg. 25.8 16.4 21.3
CHEESE: Cheese (Milk, Salt, Culture, Enzymes (Rennet, Lipase)), Water, Milk Solids, Butter, Emulsifiers (340, 452, 331), Salt, Acidity Regulators (260, 330, 339), Colours (160b, 160c), Preservative (200), Soy Lecithin. Sugars (g) 1.2 2.7
<u>OIL:</u> Canola Oil, Emulsifiers (Soy Lecithin), Flavour, Colour (160a), Acidity Regulator (330).
Contains gluten, egg, milk & soy. Fish & Crustaea Peanuts Tree Nuts Sesame Seeds Sulphites Preservative Flavour Colours
ENGLISH MUFFINS are produced on equipment that also produces products containing sesame seeds. Y Y Y Y Y
Avg Qty /Serve /
EGG: Fresh, Shelled Egg. <u>TORTILLA:</u> Wheat Flour [Thiamine, Folic Acid], Water, Vegetable Shortening [Antioxidant (320)], Sugar, Baking Powder [Mineral Salts (450, 500, 341)], Acidity Regulator (297), Mineral Salt (500), Preservative (282), Yeast. Energy (KJ) 371
TOMATO: Tomato Slice SOUTHERN STYLE BBQ SAUCE: Water, Tomato Paste, Invert Sugar Syrup, Sugar, Vinegar, Apple Puree, Thickener (1422), Salt, Worcestershire, Spices, Colour (150c), Onion, Garlic, Preservative (202), Vegetable Gum (415), Smoke Flavour. Fat, total (g) 18.3
BACON: Pork, Water, Salt, Sugar, Emulsifiers (450, 451), Dextrose (Maize, Tapioca), Antioxidant (316), Acidity Regulator (330), Sodium Nitrite (250), Rosemary Extract.
OIL: Canola Oil, Emulsifiers (Soy Lecithin), Flavour, Colour (160a), Acidity Regulator (330).
OIL: Canola Oil, Emulsifiers (Soy Lecithin), Flavour, Colour (160a), Acidity Regulator (330).
OIL: Canola Oil, Emulsifiers (Soy Lecithin), Flavour, Colour (160a), Acidity Regulator (330).

													1	1
Wrap - English Brekkie													Avg Qty /Serve	Avg Qty /100g
EGG: Fresh, Shelled Egg.												gy (kJ)	1990	905
TORTILLA: Wheat Flour [Thiamine, Folic Acid], Water, Vegetable Shortening [Antioxidant (320)], Sugar, Baking Powder [Mine	ral Salts (450	, 500, 341)],	Acidity Regu	ulator (297),	Mineral Salt (500), Pres	ervative (282	!), Yeast				Energ	gy (Cal)	477	217
SAUSAGE PATTY: Beef, Seasoning [Salt, Dried Glucose Syrup (from wheat), Sucrose, Spices, Vegetable Powders (Garlic, C	nion), Minera	l Salt (341),	Hydrolysed V	/egetable P	rotein (from soy), Antiox	idant (306), (Canola Oil, S	Spice Extracts].			Protei	in (g)	27.4	12.5
SOUTHERN STYLE BBQ SAUCE: Water, Tomato Paste, Invert Sugar Syrup, Sugar, Vinegar, Apple Puree, Thickener (1422)	Salt, Worces	tershire, Sp	ices, Colour	(150c), Oni	on, Garlic, Preservative (202), Vegeta	able Gum (4	15), Smoke Fla	avour.		Fat, to	otal (g)	26.7	12.1
BACON: Pork, Water, Salt, Sugar, Emulsifiers (450, 451), Dextrose (Maize, Tapioca), Antioxidant (316), Acidity Regulator (33), Sodium Nit	trite (250), R	osemary Ext	ract.							Satur	ated Fat (g)	10.5	4.8
OIL: Canola Oil, Emulsifiers (Soy Lecithin), Flavour, Colour (160a), Acidity Regulator (330).											Carbo	ohydrate (g)	30.7	13.9
											Sugar	rs (q)	8.9	4.1
Contains gluten, egg, soy.											Sodiu	im (mg)	809	368
BBQ Sauce contains traces of fish and gluten	Gluten	Eggs	Milk	Soy	Fish & Crustaea	Peanuts	Tree Nuts	Sesame See	eds Sul	phites	Preservative		Colours	
· · · · · · · · · · · · · · · · · · ·	Y	Y		Y	T - FISH						Y	Y	Y	
COLD DRINKS														
							1							
Apple & Elderflower Flavoured Soda								Small	<u>.</u>		Medium	a		arge
SPRITE : Carbonated Water, Sugar, Acidity Regulators (330, 331), Flavour, Preservative (211). ICE: Water.					Factor 0.0		Avg Qty		g Qty /100mL		serve Avg	-		Avg Qty /100mL
ICE: water. APPLE & ELDERFLOWER FLAVOURED SYRUP: Sugar, Water, Food Acids (330, 296), Flavourings, Preservatives (211, 202) Colour (150)d)			Energy (kJ) Energy (Ca		48		152 36	738		172 40	1040 245	182 43
AFFEL & LEDEN EDWENTERVOUNED STILD. Sugar, Waler, 1 000 Adus (330, 230), 1 lavounings, Freservalives (211, 202	<i>)</i> , colour (150	Juj.			Protein (g)	1)	0.	-	<0.1	0.1		<0.1	0.1	43 <0.1
FLAVOURED SYRUP may contain TRACES of sulphites.					Fat, total (g)	0.		0.0	0.0		0.0	0.0	0.0
					Saturated F	,	0.	-	0.0	0.0		0.0	0.0	0.0
Sugars (g) 28.2 8.9 43.2 10.1 61. Sodium (mg) 34 11 49 11 67														10.6
					Sodium (m	g)	34	1	11	49		11	67	12
	Gluten	Eggs	Milk	Soy	Fish & Crustaea	Peanuts	Tree Nuts	Sesame See	eds Sul	lphites	Preservative	Flavour	Colours	
										T	Y	Y	Y	
Anala later Boter later					•								Ava Oty /Serve	Avg Qty /100mL
Apple Juice - Extra Juicy Reconstituted Apple Juice, Food Acid (330), Flavour, Preservatives (211, 223), Vitamin C (300).											Energ	ny (k l)	468	187
Reconstituted Apple Juice, Food Acid (350), Flavour, Fleservatives (211, 223), vitamin C (300).												ay (Cal)	112	45
Contains sulphites.											Protei		<1.0	<1.0
our and appreces												otal (q)	<1.0	<1.0
												ated Fat (q)	0.0	0.0
												phydrate (g)	27.5	11.0
											Sugar	, (0)	27.5	11.0
											-	im (mg)	13	5
	Gluten	Eggs	Milk	Soy	Fish & Crustaea	Peanuts	Tree Nuts	Sesame See	eds Sul	phites	Preservative	(0)	Colours	-
		-33-		,						Y	Y	Y		
Character Flavoural Milk, Calainum													Ava Otv /Serve	Avg Qty /100mL
Chocolate Flavoured Milk - Calciyum Low Fat Milk, Milk Solids Non-Fat, Sugar, Cocoa, Vegetable Gums (460, 466, 407), Mineral (Calcium Carbonate), Flavours, V	itomin D										Energ	n (k l)	633	253
LOW Fat MIIK, MIIK Solids Note-Fat, Sugar, Cocoa, vegetable Guitis (400, 400, 407), Millerar (Calciulti Caldonate), Flavouis, V	ildinin D.											,	151	61
Contains milk.											Protei	gy (Cal) in (g)	8.3	3.3
												otal (g)	3.5	1.4
												ated Fat (g)	2.3	0.9
												ohydrate (g)	21.0	8.2
											Sugar	, (0)	20.0	8.0
												im (mg)	98	39
	Gluten	Eggs	Milk	Soy	Fish & Crustaea	Peanuts	Tree Nuts	Sesame See	eds Sul	lphites	Preservative	(Q)	Colours	
	Ciaton	-390	Y	,		. canato		20000000000	00			Y	0010010	

								Small		N	ledium	L	arge
Coca Cola							Avg Qty	/Serve A	vg Qty /100mL	Avg Qty /Serv	e Avg Qty /100mL		Avg Qty /100mL
COCA COLA®: Carbonated Water, Sugar, Colour (150d), Acidity Regulator (338), Flavour, Caffeine					Energ	gy (kJ)	42		140	612	150	937	159
ICE: Water						gy (Cal)	10		34	146	36	224	38
						ein (g)	0.0)	0.0	0.0	0.0	0.0	0.0
					Fat, t	total (g)	0.0)	0.0	0.0	0.0	0.0	0.0
					Satur	rated Fat (g)	0.0)	0.0	0.0	0.0	0.0	0.0
					Carbo	ohydrate (g)	25.	2	8.3	36.0	8.8	55.1	9.3
					Suga	ars (g)	25.	2	8.3	36.0	8.8	55.1	9.3
					Sodiu	um (mg)	23		8	33	8	50	8
	Gluten	Eggs	Milk	Soy	Fish & Crusta		ts Tree Nuts	Sesame Se	eds Suli	phites Pres	ervative Flavour	Colours	
		-33-									Y	Y	
	1	1	1	1				Small			ledium	L	arge
Coke Zero							Avg Qty		vg Qty /100mL	Avg Qty /Serv			Avg Qty /100mL
COKE ZERO: Carbonated Water, Colour (150d), Food Acids (338, 331), Flavour, Artificial Sweeteners (951, 950), Preservativ	o (211) Caff	aina			Ener	gy (kJ)	3		1	5	1	8	1
<u>ICE:</u> Water	5 (211), Odii	51110.				gy (Cal)	1		0		<1	2	<1
						ein (q)	0.1		<0.1	0.2	<0.1	0.3	<0.1
Contains Phenylalanine						total (q)	0.0		0.0	0.0	0.0	0.0	0.0
						rated Fat (g)	0.0		0.0	0.0	0.0	0.0	0.0
						ohydrate (g)	<0.		<0.1	<0.1	<0.1	<0.1	<0.1
						ars (g)	0.0		0.0	0.0	0.0	0.0	0.0
						um (mg)	34		11	49	12	75	13
	Gluten	Eggs	Milk	Soy	Fish & Crusta		-	Sesame Se			ervative Flavour	Colours	10
	Giuten	Lyys	IVIIIK	30y	TISIT & CIUSIA	iea realit		Jesaine Je	eus Sui	printes Pres		V	-
								Small		, I I I I I I I I I I I I I I I I I I I	ledium		arge
Diet Coke							Avg Qty	•			e Avg Qty /100mL		
DIET COKE: Carbonated Water, Colour (150d), Food Acids (338, 330, 331), Artificial Sweeteners (951, 950), Flavour, Preserv	untive (011)	Coffeire			Ener	ay (kJ)	Avg Qiy	Joerve A				Avy Qty /Serve	Avg Qty / TOUTIL
<u>ICE:</u> Water	/auve (ZTT), (Janeine.				gy (kJ) gy (Cal)	4		<1	6	<1	9	<1
						ein (q)	0.0)	0.0	0.0	0.0	0.0	0.0
Contains Phenylalanine						total (q)	0.0		0.0	0.0	0.0	0.0	0.0
						rated Fat (g)	0.0		0.0	0.0	0.0	0.0	0.0
						ohydrate (g)	0.2		<0.1	0.3	<0.1	0.5	<0.1
						ars (g)	0.0)	0.0	0.0	0.0	0.0	0.0
						um (mg)	34		11	49	12	75	13
	Gluten	Eggs	Milk	Soy	Fish & Crusta		ts Tree Nuts	Sesame Se	eds Suli	phites Pres	ervative Flavour	Colours	
				,							Y Y	Y	
	1	1	1	1				Small			ledium	L	arge
Fanta							Avg Qty		vg Qty /100mL		e Avg Qty /100mL		Avg Qty /100mL
FANTA: Carbonated Water, Sugar, Acidity Regulator (330), Flavour, Preservative (211), Antioxidant (300), Colour (110).					Ener	gy (kJ)	52		172	752	184	1150	195
ICE: Water						gy (Cal)	12		41	180	44	275	47
						ein (q)	0.0		0.0	0.0	0.0	0.0	0.0
						total (g)	0.0		0.0	0.0	0.0	0.0	0.0
						rated Fat (g)	0.0		0.0	0.0	0.0	0.0	0.0
						ohydrate (g)	30.		10.1	44.2	10.8	67.6	11.5
						ars (g)	30.	-	10.1	44.2	10.8	67.0	11.5
						um (mq)	34		11	49	10.7	75	13
	Gluten	Faaa	Milk	Soy	Fish & Crusta	(0)		Sesame Se			servative Flavour	Colours	10
	Giuten	Eggs	IVIIIK	Soy	FISH & Urusta	reant	is Tree Nuts	Sesame Se	eus Sul	printes Pres			-
	1	1	1	1	1		1				Y Y	Y	

									Small			Medium	1	Li	arge
Frozen Coca Cola								Avg Qty	/Serve	Avg Qty /100n	L Avg Qty	/Serve Av	g Qty /100mL		Avg Qty /100mL
Carbonated Water, Sugar, Colour (150d), Food Acid (338), Flavour, Caffeine.						Energy (kJ)		477		230	724		230	950	230
······································						Energy (Ca		114		55	17:		55	227	55
						Protein (g)	/	0.0		0.0	0.0		0.0	0.0	0.0
						Fat, total (g)	0.0)	0.0	0.0)	0.0	0.0	0.0
						Saturated F	at (q)	0.0)	0.0	0.0)	0.0	0.0	0.0
						Carbohydra		28.	1	13.5	42.	6	13.5	55.9	13.5
						Sugars (g)	(0)	28.		13.5	42.	6	13.5	55.9	13.5
						Sodium (mg	a)	22		10	33		10	43	10
	Gluten	Eggs	Milk	Soy	Fish & (Crustaea	Peanuts	Tree Nuts	Sesame S	Seeds S	ulphites	Preservativ	e Flavour	Colours	
	Glaton	-990		,			1 Ganato						Y	Y	1
									Small			Medium			arge
Frozen Coca Cola McSpider								Avg Qty		Avg Qty /100n	L Avg Qty		g Qty /100mL		Avg Qty /100mL
FROZEN COCA COLA: Carbonated Water, Sugar, Colour (150d), Food Acid (338), Flavour, Caffeine .						Energy (kJ)		101		430	123		396	1420	377
SUNDAE MIX: Milk, Milk Solids, Sugar, Cream, Glucose (from Wheat or Maize, contains preservative Sulphur Dioxide), Emi	ulsifiers (433	471), Veaet	able Gums	(407, 407a. 4	412, 466).	Energy (Ca		239		102	292		94	336	89
Flavour.		.,,		,, . ,	·, ·/,	Protein (g)	,	4.7		2.0	5.2		1.7	5.7	1.5
Contains milk and sulphites. Traces of gluten.						Fat, total (g)	5.8	3	2.4	6.4	4	2.1	6.9	1.8
						Saturated F	at (g)	3.8	3	1.6	4.2	2	1.4	4.6	1.2
						Carbohydra	ite (g)	42.	1	17.9	53.	4	17.1	62.6	16.7
						Sugars (g)		38.	5	16.4	49.	3	15.8	58.3	15.5
						Sodium (mg	g)	79		33	93	3	30	104	28
	Gluten	Eggs	Milk	Soy	Fish & 0	Crustaea	Peanuts	Tree Nuts	Sesame S	Seeds S	ulphites	Preservativ	e Flavour	Colours	
	Т		Y	ĺ ĺ							T	Т	Y	Y	
Ginger Beer Flavoured Soda					•				Small			Medium	ı	Li	arge
SPRITE : Carbonated Water, Sugar, Acidity Regulators (330, 331), Flavour, Preservative (211).								Avg Qty	/Serve	Avg Qty /100n	nL Avg Qty	/Serve Av	g Qty /100mL	Avg Qty /Serve	Avg Qty /100mL
ICE: Water.						Energy (kJ)		535	5	170	84	7	197	1210	210
GINGER BEER FLAVOURED SYRUP: Sugar, Water, Flavourings, Food Acid (330), Preservatives (211, 202), Colour (150d).						Energy (Cal	I)	126	6	40	199	9	46	284	49
						Protein (g)	,	0.1		<0.1	0.2	2	<0.1	0.3	<0.1
FLAVOURED SYRUP may contain TRACES of sulphites.						Fat, total (g)	0.0)	0.0	0.0)	0.0	0.0	0.0
						Saturated F	at (q)	0.0)	0.0	0.0)	0.0	0.0	0.0
						Carbohydra	(e)	31.4	4	10.0	49.	6	11.5	70.7	12.3
						Sugars (g)	(0)	31.3	3	9,9	49.	5	11.5	70.7	12.3
						Sodium (mg	1)	34		11	49)	11	68	12
	Gluten	Eggs	Milk	Soy	Fish & 0		Peanuts	Tree Nuts	Sesame S	Seeds S	ulphites	Preservativ	e Flavour	Colours	
		-33-									T	Y	Y	Y	
Lemon, Lime and Bitters Flavoured Soda									Small			Medium			arge
SPRITE : Carbonated Water, Sugar, Acidity Regulators (330, 331), Flavour, Preservative (211).								Avg Qty		Avg Qty /100n	n Ava Otv				Avg Qty /100mL
ICE: Water.						Energy (kJ)		531		169	840		195	1200	208
LEMON LIME & BITTERS FLAVOURED SYRUP. Sugar, Water, Flavouring, Food Acid (330), Colours (150d, 124), Preservati	vec (211 200	2)				Energy (Ca		125		40	19		46	281	49
	100 (211, 202	-/-				Protein (g)	'/	0.1		<0.1	0.2		<0.1	0.2	<0.1
FLAVOURED SYRUP may contain TRACES of sulphites.						Fat, total (g))	0.0		0.0	0.2		0.0	0.2	0.0
r En roome o mor may contain minoeo or sulprites.						Saturated F		0.0		0.0	0.0	-	0.0	0.0	0.0
							(0)	31.3		9.9	49.	-	11.5	70.1	12.2
						Carbohydra	ite (g)	31.		9.9	49.		11.5		
						Sugars (g)	~				49.			70.1	12.2
	01.1	-				Sodium (mg		34		11		·	11	68	12
	Gluten	Eggs	Milk	Soy	Fish & 0	rustaea	Peanuts	Tree Nuts	Sesame S	seeds S	ulphites	Preservativ		Colours	4
	1	1	1	1	1		1				1	Y	Y	Y	

												Small	Me	edium
Orange Juice												e Avg Qty /100		Avg Qty /100mL
Water, Orange Juice Concentrate, Preservatives (211,202), Colour (160a), Flavour.									Energ	y (kJ)	546	182	782	182
· · · · · · · · · · · · · · · · · · ·										y (Cal)	131	44	187	44
									Protei	n (g)	2.4	0.8	3.4	0.8
									Fat, to	otal (g)	0.0	0.0	0.0	0.0
									Satur	ated Fat (g)	0.0	0.0	0.0	0.0
										hydrate (g)	29.7	9.9	42.6	9.9
									Sugar		23.7	7.9	34.0	7.9
									-	m (mg)	26	9	38	9
	Gluten	Eggs	Milk	Soy	Fish & Cru	istana	Peanuts	Tree Nuts	Sesame Seed	(0)		servative Flavo		, , , , , , , , , , , , , , , , , , ,
	Giulen	Lyys	IVIIIK	30y	Tian d ord	131000	Fediluts	THEE INUIS	Cesame Ceeu	a ouip	1163 116	Y Y	Y	-
									Small		,	r r ledium		
Shake - Chocolate								Aut Ohi		Oh. /100ml				arge
					-			Avg Qty		Qty /100mL	Avg Qty /Serv	• •		e Avg Qty /100mL
SHAKE MIX: Milk, Milk Solids, Sugar, Maltodextrin, Cream, Stabilisers (412, 407, 407a, 466), Mineral Salt (452), Flavours.						nergy (kJ)		129	-	389	1740	389	2110	389
OR Milk, Sugar, Milk Solids, Glucose Syrup, Vegetable Gums (412, 407, 407a, 466), Stabiliser (452), Flavour						nergy (Cal)		307 8.8		93 2.7	415 11.9	93 2.7	503 14,5	93 2.7
	M-11 0	D-14 D	- (044)			rotein (g) at, total (g)		7.6		2.7	11.9	2.7	14.5	2.7
CHOCOLATE SHAKE SYRUP: Invert Syrup, Glucose Syrup (contains preservative sulphur dioxide), Water, Cocoa Powder, Acidity Regulator (330), Flavour.	wait Syrup, S	bail, Preserv	auve (211),			. (0/	at (a)	4.8		1.4	6.4	2.3	7.8	2.3
noully nogulator (550), r lavoul.						aturated Fat	(•)	4.d 49.9		1.4	67.4	1.4	81.8	1.4
Containe milk & sulphites						arbohydrate	e (g)	49.9		15.1	67.4 55.9	15.1	67.8	15.1
Contains milk & sulphites.						ugars (g) odium (mg)	\	251		76	339	76	411	76
	01.1	-						-						/0
	Gluten	Eggs	Milk	Soy	Fish & Cru	ustaea	Peanuts	Tree Nuts	Sesame Seed	s Sulp	hites Pres	servative Flavo	our Colours	_
			Y								Y	Y Y		
									Small			ledium		arge
Shake - Strawberry								Avg Qty		Qty /100mL	Avg Qty /Serv	e Avg Qty /100		e Avg Qty /100mL
SHAKE MIX: Milk, Milk Solids, Sugar, Maltodextrin, Cream, Stabilisers (412, 407, 407a, 466), Mineral Salt (452), Flavours.					Er	nergy (kJ)		124		361	1600	361	1980	361
OR						nergy (Cal)		296		86	382	86	474	86
Milk, Sugar, Milk Solids, Glucose Syrup, Vegetable Gums (412, 407, 407a, 466), Stabiliser (452), Flavour					Pr	rotein (g)		8.0		2.3	10.3	2.3	12.9	2.3
STRAWBERRY SYRUP: Invert Sugar Syrup, Water, Glucose Syrup (Preservative (sulphur dioxide)), Sugar, Strawberry Juice	e Concentrat	e, Acidity Re	gulator		Fa	at, total (g)		7.1		2.1	9.1	2.1	11.3	2.1
(330), Preservative (211), Humectant (1520), Colours (129,110, 133), Flavour.					Sa	aturated Fat	at (g)	4.4		1.3	5.7	1.3	7.1	1.3
					Ca	arbohydrate	e (g)	49.4	4	14.4	63.7	14.4	79.3	14.4
Contains milk & sulphites.					Su	ugars (g)		41.0	6	12.1	53.6	12.1	66.6	12.1
					So	odium (mg))	192	2	56	248	56	308	56
	Gluten	Eggs	Milk	Soy	Fish & Cru	ustaea	Peanuts	Tree Nuts	Sesame Seed	s Sulp	hites Pres	servative Flavo	our Colours	
			Y								Y	Y Y	Y	
									Small		N	ledium	L	arge
Shake - Vanilla								Avg Qty	/Serve Ava	Qty /100mL	Ava Qtv /Serv	e Avg Qty /100		Avg Qty /100mL
SHAKE MIX: Milk, Milk Solids, Sugar, Maltodextrin, Cream, Stabilisers (412, 407, 407a, 466), Mineral Salt (452), Flavours.					Fr	nergy (kJ)		111	•	330	1470	330	1880	330
						nergy (Cal)		266		79	352	79	449	79
Milk, Sugar, Milk Solids, Glucose Syrup, Vegetable Gums (412, 407, 407a, 466), Stabiliser (452), Flavour						rotein (g)		7.4		2.2	9.8	2.2	12.5	2.2
	e (211) Acid	ity Regulator	(330)			at, total (g)		6.5		1.9	8.6	1.9	11.0	1.9
IVANILLA STRUP: Water, Sugar, Glucose Syrup (contains preservative suppur dioxide), Flavour, Colour (150d). Preservative		,	(aturated Fat	at (a)	4.1		1.2	5.4	1.0	6.9	1.2
VANILLA SYRUP: Water, Sugar, Glucose Syrup (contains preservative sulphur dioxide), Flavour, Colour (150d), Preservative											-			
					104						58.1	13.0	7/1	
<u>VANILLA SYRUP</u> : Water, Sugar, Glucose Syrup (contains preservative sulphur dioxide), Flavour, Colour (150d), Preservative Contains milk & sulphites.						arbohydrate	e (g)	44.0		13.0	58.1	13.0	74.1	13.0
					Su	ugars (g)		38.0	0	11.2	50.1	11.2	64.0	11.2
	Chiter	- Faar	Mille	Cau	Su	ugars (g) odium (mg))	38.0 173	D 3	11.2 51	50.1 229	11.2 51	64.0 292	
	Gluten	Eggs	Milk	Soy	Su	ugars (g) odium (mg)		38.0	0	11.2 51	50.1 229	11.2	64.0 292	11.2

									Sma	11		Med	dium	Li	arge
Sprite								Avg Qty		Avg Qty /100r	nL Ava G		Avg Qty /100mL		Avg Qty /100mL
<u>SPRITE:</u> Carbonated Water, Sugar, Acidity Regulators (330, 331), Flavour, Preservative (211).						Energy (kJ)		403		131	-	576	141	877	149
<u>ICE:</u> Water						Energy (Ca		96		31		135	34	210	36
						Protein (g)	/	0.0		0.0		0.0	0.0	0.0	0.0
						Fat, total (g)	0.0	D	0.0		0.0	0.0	0.0	0.0
						Saturated F	Fat (g)	0.0	D	0.0		0.0	0.0	0.0	0.0
						Carbohydra	ate (g)	23.	.6	7.7		33.7	8.2	51.6	8.7
						Sugars (g)		23.	.1	7.6	:	33.1	8.1	50.6	8.6
						Sodium (m	g)	46	6	15		66	16	100	17
	Gluten	Eggs	Milk	Soy	Fish & C	Crustaea	Peanuts	Tree Nuts	Sesame	Seeds S	ulphites	Preserv	vative Flavour	Colours	
												Y	Y Y		
												Pop Top	os Water	Coo	l Ridge
Water- Frantelle and Cool Ridge											Avg C	Qty /Serve	Avg Qty /100mL	Avg Qty /Serve	Avg Qty /100mL
FRANTELLE: Spring Water										Energy (kJ)		0	0	0	0
COOL RIDGE: Spring Water										Energy (Cal)		0	0	0	0
										Protein (g)		0.0	0.0	0.0	0.0
										Fat, total (g)		0.0	0.0	0.0	0.0
										Saturated Fat (g)	0.0	0.0	0.0	0.0
										Carbohydrate (g)	0.0	0.0	0.0	0.0
										Sugars (g)		0.0	0.0	0.0	0.0
										Sodium (mg)		5	2	33	6
	Gluten	Eggs	Milk	Soy	Fish & 0	Crustaea	Peanuts	Tree Nuts	Sesame	, e ,	ulphites	Preserv	vative Flavour	Colours	
		-33-		,											
FRAPPES AND SMOOTHIES															
									Sma	11		Med	dium	Li	arge
Frappe - Caramel Crush								Avg Qty			nL Avg C				
	s, Colour (150	0c).				Energy (kJ))	Avg Qty 182	/Serve	II Avg Qty /100r 565			dium Avg Qty /100mL 553		arge Avg Qty /100mL 548
Frappe - Caramel Crush	s, Colour (150	0c).				Energy (kJ) Energy (Ca			/Serve 20	Avg Qty /100r	1	Qty /Serve	Avg Qty /100mL	Avg Qty /Serve	Avg Qty /100mL
Frappe - Caramel Crush CARAMEL FRAPPE BASE: Sugar, Milk, Cream, Milk Solids, Emulsifier (471), Stabilisers (412, 466, 410, 407a, 407), Flavours	s, Colour (150	0c).						182	/Serve 20 6	Avg Qty /100r 565	2	Qty /Serve 2650 610 11.8	Avg Qty /100mL 553	Avg Qty /Serve 3190 763 14.4	Avg Qty /100mL 548
Frappe - Caramel Crush CARAMEL FRAPPE BASE: Sugar, Milk, Cream, Milk Solids, Emulsifier (471), Stabilisers (412, 466, 410, 407a, 407), Flavours ICE: Water.	· · ·	,	I), Preservati	ive (202), Ve		Energy (Ca	l)	182 436	/Serve 20 6 9	Avg Qty /100r 565 135	2	Qty /Serve 2650 610	Avg Qty /100mL 553 128	Avg Qty /Serve 3190 763	Avg Qty /100mL 548 131
Frappe - Caramel Crush CARAMEL FRAPPE BASE: Sugar, Milk, Cream, Milk Solids, Emulsifier (471), Stabilisers (412, 466, 410, 407a, 407), Flavours ICE: Water. WHIPPED CREAM: Cream, Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (407, 401).	· · ·	,	I), Preservati	ive (202), Ve		Energy (Ca Protein (g)	l)	182 436 7.9	/Serve 20 6 9 .3	Avg Qty /100r 565 135 2.5		Qty /Serve 2650 610 11.8	Avg Qty /100mL 553 128 2.5	Avg Qty /Serve 3190 763 14.4	Avg Qty /100mL 548 131 2.5
Frappe - Caramel Crush CARAMEL FRAPPE BASE; Sugar, Milk, Cream, Milk Solids, Emulsifier (471), Stabilisers (412, 466, 410, 407a, 407), Flavours ICE: Water. WHIPPED CREAM: Cream, Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (407, 401). CARAMEL SAUCE: Sucrose Syrup (Cane), Sweetened Condensed Milk, Water, Thickener (1442), Flavours, Golden Syrup, S	· · ·	,	I), Preservati	ive (202), Ve		Energy (Ca Protein (g) Fat, total (g	l)) Fat (g)	182 436 7.9 19.3 2.7 57.3	/Serve 20 6 9 3 7 3 3	Avg Qty /100r 565 135 2.5 6.0		Qty /Serve 2650 610 11.8 27.3 2.9 84.4	Avg Qty /100mL 553 128 2.5 5.7 0.6 17.6	Avg Qty /Serve 3190 763 14.4 32.4 2.8 102	Avg Qty /100mL 548 131 2.5 5.6 0.5 17.6
Frappe - Caramel Crush CARAMEL FRAPPE BASE; Sugar, Milk, Cream, Milk Solids, Emulsifier (471), Stabilisers (412, 466, 410, 407a, 407), Flavours ICE: Water. WHIPPED CREAM: Cream, Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (407, 401). CARAMEL SAUCE: Sucrose Syrup (Cane), Sweetened Condensed Milk, Water, Thickener (1442), Flavours, Golden Syrup, S	· · ·	,	I), Preservati	ive (202), Ve		Energy (Ca Protein (g) Fat, total (g Saturated F	l)) Fat (g)	182 436 7.9 19.3 2.7 57.3 57.4	/Serve 20 6 9 3 7 3 0	Avg Qty /100r 565 135 2.5 6.0 0.8 17.8 17.7		Qty /Serve 2650 610 11.8 27.3 2.9 84.4 84.0	Avg Qty /100mL 553 128 2.5 5.7 0.6 17.6 17.6	Avg Qty /Serve 3190 763 14.4 32.4 2.8	Avg Qty /100mL 548 131 2.5 5.6 0.5
Frappe - Caramel Crush <u>CARAMEL FRAPPE BASE</u> : Sugar, Milk, Cream, Milk Solids, Emulsifier (471), Stabilisers (412, 466, 410, 407a, 407), Flavours <u>ICE</u> : Water. <u>WHIPPED CREAM</u> ; Cream, Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (407, 401). <u>CARAMEL SAUCE</u> : Sucrose Syrup (Cane), Sweetened Condensed Milk, Water, Thickener (1442), Flavours, Golden Syrup, S Gums (415, 417, 401), Mineral Salt (339), Emulsifier (471), Colours (150d, 160c).	· · ·	,	I), Preservati	ive (202), Ve		Energy (Ca Protein (g) Fat, total (g Saturated F Carbohydra	l) Fat (g) ate (g)	182 436 7.9 19.3 2.7 57.3	/Serve 20 6 9 3 7 3 0	Avg Qty /100r 565 135 2.5 6.0 0.8 17.8		Qty /Serve 2650 610 11.8 27.3 2.9 84.4	Avg Qty /100mL 553 128 2.5 5.7 0.6 17.6	Avg Qty /Serve 3190 763 14.4 32.4 2.8 102	Avg Qty /100mL 548 131 2.5 5.6 0.5 17.6
Frappe - Caramel Crush CARAMEL FRAPPE BASE: Sugar, Milk, Cream, Milk Solids, Emulsifier (471), Stabilisers (412, 466, 410, 407a, 407), Flavours ICE: Water. WHIPPED CREAM: Cream, Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (407, 401). CARAMEL SAUCE: Sucrose Syrup (Cane), Sweetened Condensed Milk, Water, Thickener (1442), Flavours, Golden Syrup, S Gums (415, 417, 401), Mineral Salt (339), Emulsifier (471), Colours (150d, 160c). Contains milk.	· · ·	,	I), Preservati Milk	ive (202), Ve Soy	getable	Energy (Ca Protein (g) Fat, total (g Saturated F Carbohydra Sugars (g)	l) Fat (g) ate (g)	182 436 7.9 19.3 2.7 57.3 57.4	/Serve 20 6 9 3 7 3 0	Avg Qty /100r 565 135 2.5 6.0 0.8 17.8 17.7 38		Qty /Serve 2650 610 11.8 27.3 2.9 84.4 84.0	Avg Qty /100mL 553 128 2.5 5.7 0.6 17.6 17.6 37	Avg Qty /Serve 3190 763 14.4 32.4 2.8 102 102	Avg Qty /100mL 548 131 2.5 5.6 0.5 17.6 17.5
Frappe - Caramel Crush CARAMEL FRAPPE BASE: Sugar, Milk, Cream, Milk Solids, Emulsifier (471), Stabilisers (412, 466, 410, 407a, 407), Flavours ICE: Water. WHIPPED CREAM: Cream, Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (407, 401). CARAMEL SAUCE: Sucrose Syrup (Cane), Sweetened Condensed Milk, Water, Thickener (1442), Flavours, Golden Syrup, S Gurms (415, 417, 401), Mineral Salt (339), Emulsifier (471), Colours (150d, 160c). Contains milk. Caramel Sauce contains traces of sulphites.	alt, Food Aci	ids (330, 331			getable	Energy (Ca Protein (g) Fat, total (g Saturated F Carbohydra Sugars (g) Sodium (m	l) Fat (g) ate (g) g)	182 436 7.9 19. 2.7 57. 57. 57.	/Serve 20 6 9 3 7 3 0 1	Avg Qty /100r 565 135 2.5 6.0 0.8 17.8 17.7 38		Qty /Serve 2650 610 11.8 27.3 2.9 84.4 84.0 176	Avg Qty /100mL 553 128 2.5 5.7 0.6 17.6 17.6 37	Avg Qty /Serve 3190 763 14.4 32.4 2.8 102 102 212	Avg Qty /100mL 548 131 2.5 5.6 0.5 17.6 17.5
Frappe - Caramel Crush CARAMEL FRAPPE BASE: Sugar, Milk, Cream, Milk Solids, Emulsifier (471), Stabilisers (412, 466, 410, 407a, 407), Flavours ICE: Water. WHIPPED CREAM: Cream, Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (407, 401). CARAMEL SAUCE: Sucrose Syrup (Cane), Sweetened Condensed Milk, Water, Thickener (1442), Flavours, Golden Syrup, S Gurms (415, 417, 401), Mineral Salt (339), Emulsifier (471), Colours (150d, 160c). Contains milk. Caramel Sauce contains traces of sulphites.	alt, Food Aci	ids (330, 331	Milk		getable	Energy (Ca Protein (g) Fat, total (g Saturated F Carbohydra Sugars (g) Sodium (m	l) Fat (g) ate (g) g)	182 436 7.9 19. 2.7 57. 57. 57.	/Serve 20 6 9 3 7 3 0 1	Avg Qty /100r 565 135 2.5 6.0 0.8 17.8 17.7 38 Seeds S		Qty /Serve 2650 610 11.8 27.3 2.9 84.4 84.0 176 Presenv Y	Avg Qty /100mL 553 128 2.5 5.7 0.6 17.6 17.6 37	Avg Qty /Serve 3190 763 14.4 2.8 102 102 212 200urs Y	Avg Qty /100mL 548 131 2.5 5.6 0.5 17.6 17.5 37
Frappe - Caramel Crush CARAMEL FRAPPE BASE: Sugar, Milk, Cream, Milk Solids, Emulsifier (471), Stabilisers (412, 466, 410, 407a, 407), Flavours ICE: Water. WHIPPED CREAM: Cream, Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (407, 401). CARAMEL SAUCE: Sucrose Syrup (Cane), Sweetened Condensed Milk, Water, Thickener (1442), Flavours, Golden Syrup, S Gurms (415, 417, 401), Mineral Salt (339), Emulsifier (471), Colours (150d, 160c). Contains milk. Caramel Sauce contains traces of sulphites.	alt, Food Aci	ids (330, 331	Milk		getable	Energy (Ca Protein (g) Fat, total (g Saturated F Carbohydra Sugars (g) Sodium (m	l) Fat (g) ate (g) g)	182 436 7.9 19 2.7 57 57 121 Tree Nuts	/Serve 20 6 9 3 7 3 0 0 1 Sesame Sma	Avg Qty /100r 565 135 2.5 6.0 0.8 17.8 17.7 38 Seeds S II	ulphites T	Dty /Serve 2650 610 11.8 27.3 2.9 84.4 84.0 176 Present Y Med	Avg Qty /100mL 553 128 2.5 5.7 0.6 17.6 17.6 17.6 37 vative Flavour Y Student V Student V Studen	Avg Qty /Serve 3190 763 14.4 32.4 102 102 212 Colours Y Later Alexandree Alexandreee Alexandree Alexandree Alexandree Alexandree Alexandree Alex	Avg Qty /100mL 548 131 2.5 5.6 0.5 17.6 17.5 37 arge
Frappe - Caramel Crush CARAMEL FRAPPE BASE: Sugar, Milk, Cream, Milk Solids, Emulsifier (471), Stabilisers (412, 466, 410, 407a, 407), Flavours ICE: Water. WHIPPED CREAM: Cream, Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (407, 401). CARAMEL SAUCE: Sucrose Syrup (Cane), Sweetened Condensed Milk, Water, Thickener (1442), Flavours, Golden Syrup, S Gums (415, 417, 401), Mineral Salt (339), Emulsifier (471), Colours (150d, 160c). Contains milk. Caramel Sauce contains traces of sulphites. Frappe made on equipment used to make products containing gluten Frappe - Choc Whirl	Gluten	ids (330, 331	Milk Y	Soy	getable	Energy (Ca Protein (g) Fat, total (g Saturated F Carbohydra Sugars (g) Sodium (mo Crustaea	ate (g) g) Peanuts	182 436 7.9 19.3 2.7 57.3 57.4 121 Tree Nuts	/Serve 20 6 9 3 3 7 3 0 0 1 Sesame Sma /Serve	Avg Qty /100r 565 135 2.5 6.0 0.8 17.8 17.7 38 Seeds S II Avg Qty /100r	ulphites T L Avg C	Dty /Serve 2650 610 11.8 27.3 2.9 84.4 84.0 176 Presen Y Med Dty /Serve	Avg Qty /100mL 553 128 2.5 5.7 0.6 17.6 37 vative Flavour Y dium Avg Qty /100mL	Avg Qty /Serve 3190 763 14.4 32.4 102 102 212 Colours Y La Avg Qty /Serve	Avg Qty /100mL 548 131 2.5 5.6 0.5 17.6 17.5 37 arge Avg Qty /100mL
Erappe - Caramel Crush CARAMEL FRAPPE BASE; Sugar, Milk, Cream, Milk Solids, Emulsifier (471), Stabilisers (412, 466, 410, 407a, 407), Flavours (CE: Water. WHIPPED CREAM: Cream, Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (407, 401). CARAMEL SAUCE: Sucrose Syrup (Cane), Sweetened Condensed Milk, Water, Thickener (1442), Flavours, Golden Syrup, S Gums (415, 417, 401), Mineral Salt (339), Emulsifier (471), Colours (150d, 160c). Contains milk. Caramel Sauce contains traces of sulphites. Frappe made on equipment used to make products containing gluten Erappe - Choc Whirl CHOC FRAPPE BASE; Sugar, Milk Solids, Cream, Milk, Cocca Powder, Malt Extract, Chocolate Flavour, Emulsifier (471), Stabiliser (471), S	Gluten	ids (330, 331	Milk Y	Soy	getable	Energy (Ca Protein (g) Fat, total (g Saturated F Carbohydra Sugars (g) Sodium (m Crustaea	i) Fat (g) ate (g) g) Peanuts	182 436 7.9 19 19 19 57.1 12.7 57.1 121 Tree Nuts Avg Qty (165	/Serve 20 6 9 3 3 7 3 0 0 1 Sesame Sma /Serve 50	Avg Qty /100r 565 135 2.5 6.0 0.8 17.8 17.7 38 Seeds \$ II Avg Qty /100r 517	ulphites T nL Avg C	Dty /Serve 2650 610 11.8 27.3 2.9 84.4 84.0 176 Presen Y Med Dty /Serve 2380	Avg Qty /100mL 553 128 2.5 5.7 0.6 17.6 17.6 17.6 37 vative Flavour Y flavour Y tium Avg Qty /100mL 504	Avg Qty /Serve 3190 763 14.4 32.4 2.8 102 102 212 Colours Y Li Avg Qty /Serve 2860	Avg Qty /100mL 548 131 2.5 5.6 0.5 17.6 17.5 37 arge Avg Qty /100mL 498
Frappe - Caramel Crush CARAMEL FRAPPE BASE: Sugar, Milk, Cream, Milk Solids, Emulsifier (471), Stabilisers (412, 466, 410, 407a, 407), Flavours ICE: Water. WHIPED CREAM: Cream, Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (407, 401). CARAMEL SAUCE: Sucrose Syrup (Cane), Sweetened Condensed Milk, Water, Thickener (1442), Flavours, Golden Syrup, S Gums (415, 417, 401), Mineral Salt (339), Emulsifier (471), Colours (150d, 160c). Contains milk. Caramel Sauce contains traces of sulphites. Frappe made on equipment used to make products containing gluten Frappe - Choc Whirl CHOC FRAPPE BASE: Sugar, Milk Solids, Cream, Milk, Coccoa Powder, Malt Extract, Chocolate Flavour, Emulsifier (471), Sta ICE: Water.	Gluten	ids (330, 331	Milk Y	Soy	getable	Energy (Ca Protein (g) Fat, total (g Saturated F Carbohydra Sugars (g) Sodium (m Crustaea Energy (kJ) Energy (Ca	i) Fat (g) ate (g) g) Peanuts	182 436 7.9 19.3 2.7 57.3 57.4 121 Tree Nuts	/Serve 20 6 9 3 7 3 0 0 1 Sesame Sma /Serve 50 5	Avg Qty /100r 565 135 2.5 6.0 0.8 17.8 17.7 38 Seeds Seeds Seeds 1 Avg Qty /100r 517 124	ulphites T hL Avg C	Dty /Serve 2650 610 11.8 27.3 2.9 84.4 84.0 176 Presen Y Med Dty /Serve	Avg Qty /100mL 553 128 2.5 5.7 0.6 17.6 17.6 17.6 17.6 17.6 17.6 Y Vative Flavour Y Study /100mL 504 120	Avg Qty /Serve 3190 763 14.4 32.4 2.8 102 102 212 Colours Y La Avg Qty /Serve 2860 684	Avg Qty /100mL 548 131 2.5 5.6 0.5 17.6 17.5 37 arge Avg Qty /100mL 498 119
Frappe - Caramel Crush CARAMEL FRAPPE BASE: Sugar, Milk, Cream, Milk Solids, Emulsifier (471), Stabilisers (412, 466, 410, 407a, 407), Flavours ICE: Water. WHIPPED CREAM: Cream, Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (407, 401). CARAMEL SAUCE: Sucrose Syrup (Cane). Sweetened Condensed Milk, Water, Thickener (1442), Flavours, Golden Syrup, S Gums (415, 417, 401), Mineral Salt (339), Emulsifier (471), Colours (150d, 160c). Contains milk. Caramel Sauce contains traces of sulphites. Frappe made on equipment used to make products containing gluten Frappe - Choc Whirl CHOC FRAPPE BASE: Sugar, Milk Solids, Cream, Milk, Coccoa Powder, Malt Extract, Chocolate Flavour, Emulsifier (471), Stater. WHIPPED CREAM: Cream, Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (407, 401).	Gluten T	Eggs	Milk Y 110, 407a, 40	Soy 17).	getable Fish & C	Energy (Ca Protein (g) Fat, total (g Saturated F Carbohydra Sugars (g) Sodium (my Crustaea Energy (kJ) Energy (Ca Protein (g)	I) Fat (g) Ite (g) g) Peanuts I)	182 436 7.9 19 57 57 57 121 Tree Nuts Avg Qty. 165 396	/Serve 20 6 9 3 3 7 3 0 1 1 Sesame /Serve 50 5 5 3	Avg Qty /100r 565 135 2.5 6.0 0.8 17.8 17.7 38 Seeds \$ II Avg Qty /100r 517	ulphites T Augurational Avg C	Dty /Serve 2650 610 11.8 27.3 2.9 84.4 84.0 176 Presen Y Med Dty /Serve 2380 570	Avg Qty /100mL 553 128 2.5 5.7 0.6 17.6 17.6 17.6 37 vative Flavour Y flavour Y tium Avg Qty /100mL 504	Avg Qty /Serve 3190 763 14.4 32.4 2.8 102 102 212 Colours Y Li Avg Qty /Serve 2860	Avg Qty /100mL 548 131 2.5 5.6 0.5 17.6 17.5 37 arge Avg Qty /100mL 498 119 2.3
Frappe - Caramel Crush CARAMEL FRAPPE BASE: Sugar, Milk, Cream, Milk Solids, Emulsifier (471), Stabilisers (412, 466, 410, 407a, 407), Flavours ICE: Water. WHIPED CREAM: Cream, Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (407, 401). CARAMEL SAUCE: Sucrose Syrup (Cane), Sweetened Condensed Milk, Water, Thickener (1442), Flavours, Golden Syrup, S Gums (415, 417, 401), Mineral Salt (339), Emulsifier (471), Colours (150d, 160c). Contains milk. Caramel Sauce contains traces of sulphites. Frappe made on equipment used to make products containing gluten Frappe - Choc Whirl CHOC FRAPPE BASE: Sugar, Milk Solids, Cream, Milk, Coccoa Powder, Malt Extract, Chocolate Flavour, Emulsifier (471), Sta ICE: Water.	Gluten T	Eggs	Milk Y 110, 407a, 40	Soy 17).	getable Fish & C	Energy (Ca Protein (g) Fat, total (g Saturated F Carbohydra Sugars (g) Sodium (my Crustaea Energy (kJ) Energy (Ca Protein (g) Fat, total (g	i) Fat (g) g) Peanuts i) i)	182 433 7.9 19.: 57.: 57.: 57.: 12: Tree Nuts Avg Qty : 165 399; 7.:3 17.:	/Serve 20 6 9 3 3 7 3 0 1 1 Sesame /Serve 5 5 3 6	Avg Qty /100r 565 135 2.5 6.0 0.8 17.8 17.7 38 Seeds S II Avg Qty /100r 517 124 2.3 5.5	ulphites T hL Avg C	Dty /Serve 2650 610 11.8 27.3 2.9 84.4 84.0 176 Presen Y Med 2380 570 10.8 24.7	Avg Qty /100mL 553 128 2.5 5.7 0.6 17.6 120 2.3 5.2	Avg Qty /Serve 3190 763 14.4 32.4 2.8 102 102 212 Colours Y La Avg Qty /Serve 2860 684 13.2 29.3	Avg Qty /100mL 548 131 2.5 5.6 0.5 17.6 17.5 37 arge Avg Qty /100mL 498 119 2.3 5.1
Frappe - Caramel Crush CARAMEL FRAPPE BASE: Sugar, Milk, Cream, Milk Solids, Emulsifier (471), Stabilisers (412, 466, 410, 407a, 407), Flavours ICE: Water. WHIPPED CREAM: Cream, Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (407, 401). CARAMEL SAUCE: Sucrose Syrup (Cane), Sweetneed Condensed Milk, Water, Thickener (1442), Flavours, Golden Syrup, S Gums (415, 417, 401), Mineral Salt (339), Emulsifier (471), Colours (150d, 160c). Contains milk. Caramel Sauce contains traces of sulphites. Frappe made on equipment used to make products containing gluten Erappe - Choc Whirl CHOC FRAPPE BASE: Sugar, Milk Solids, Cream, Milk, Cocca Powder, Malt Extract, Chocolate Flavour, Emulsifier (471), State: WHIPPED CREAM: Cream, Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (407, 401). CHOC LATE SAUCE: Sucrose Syrup (Cane), Water, Cocca Powder, Thickener (1442), Colour (150d), Flavour, Salt, Food Action	Gluten T	Eggs	Milk Y 110, 407a, 40	Soy 17).	getable Fish & C	Energy (Ca Protein (g) Fat, total (g Saturated F Carbohydra Sugars (g) Sodium (mi Crustaea Energy (kJ) Energy (Ca Protein (g) Fat, total (g Saturated F	i) Fat (g) g) Peanuts i) Fat (g)	182 433 7.9 19 57.1 57.1 12: Tree Nuts Avg Qty, 165 398 7.3 7.1 17.1 1.1	/Serve 20 6 9 3 3 7 3 0 1 Sesame Sesame Sma /Serve 5 5 3 6 6 4	Avg Qty /100r 565 135 2.5 6.0 0.8 17.8 17.7 38 Seeds S II Avg Qty /100r 517 124 2.3 5.5 3.6	ulphites T L Avg C	Dty /Serve 2650 610 11.8 27.3 2.9 84.4 84.0 176 Presen Y Med 2380 570 10.8 24.7 16.0	Avg Qty /100mL 553 128 2.5 5.7 0.6 17.6 17.6 17.6 37 vative Flavour Y dium 504 120 2.3 5.2 3.4	Avg Qty /Serve 3190 763 14.4 32.4 2.8 102 102 212 Colours Y Li Avg Qty /Serve 2860 684 13.2 29.3 18.9	Avg Qty /100mL 548 131 2.5 5.6 0.5 17.6 17.5 37 arge Avg Qty /100mL 498 119 2.3 5.1 3.3
Frappe - Caramel Crush CARAMEL FRAPPE BASE; Sugar, Milk, Cream, Milk Solids, Emulsifier (471), Stabilisers (412, 466, 410, 407a, 407), Flavours (2E; Water. WHIPPED CREAM: Cream, Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (407, 401). CARAMEL SAUCE: Sucrose Syrup (Cane), Sweetened Condensed Milk, Water, Thickener (1442), Flavours, Golden Syrup, S Gums (415, 417, 401), Mineral Salt (339), Emulsifier (471), Colours (150d, 160c). Contains milk. Caramel Sauce contains traces of sulphites. Frappe made on equipment used to make products containing gluten Functionary Content of the solid strates of sulphites. Frappe - Choc Whirl CHOC FRAPPE BASE; Sugar, Milk Solids, Cream, Milk, Cocca Powder, Malt Extract, Chocolate Flavour, Emulsifier (471), State (2E; Water. WHIPPED CREAM; Cream, Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (407, 401). CHOCOLATE SAUCE: Sucrose Syrup (Cane), Water, Cocca Powder, Thickener (1442), Colour (150d), Flavour, Sait, Food Ac 417, 401).	Gluten T	Eggs	Milk Y 110, 407a, 40	Soy 17).	getable Fish & C	Energy (Ca Protein (g) Fat, total (g Saturated F Carbohydra Sugars (g) Sodium (m; Crustaea Energy (Ka) Energy (Ca Protein (g) Fat, total (g Saturated f Carbohydra	i) Fat (g) g) Peanuts i) Fat (g)	182 433 7.9 19.: 57.: 57.: 57.: 12: Tree Nuts Avg Qty : 165 399; 7.:3 17.:	/Serve 20 6 9 3 3 7 3 0 1 Sesame Sma /Serve 50 5 5 3 6 6 4 4 5	Avg Qty /100r 565 135 2.5 6.0 0.8 17.8 17.7 38 Seeds 5 11 Avg Qty /100r 517 124 2.3 5.5 3.6 16.1	Ulphites T Augustication Augus	Dty /Serve 2650 610 11.8 27.3 2.9 84.4 84.0 176 Presen Y Med 2380 570 10.8 24.7	Avg Qty /100mL 553 128 2.5 5.7 0.6 17.6 17.6 17.6 37 Y vative Flavour Y dium Avg Qty /100mL 504 120 2.3 5.2 3.4 15.9	Avg Qty /Serve 3190 763 14.4 32.4 2.8 102 102 212 Colours Y Li Avg Qty /Serve 2860 684 13.2 29.3 18.9 91.2	Avg Qty /100mL 548 131 2.5 5.6 0.5 17.6 17.5 37 arge Avg Qty /100mL 498 119 2.3 5.1 3.3 15.9
Frappe - Caramel Crush CARAMEL FRAPPE BASE: Sugar, Milk, Cream, Milk Solids, Emulsifier (471), Stabilisers (412, 466, 410, 407a, 407), Flavours (CE: Water. WHIPPED CREAM: Cream, Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (407, 401). CARAMEL SAUCE: Sucrose Syrup (Cane), Sweetened Condensed Milk, Water, Thickener (1442), Flavours, Golden Syrup, S Gums (415, 417, 401), Mineral Salt (339), Emulsifier (471), Colours (150d, 160c). Contains milk. Caramel Sauce contains traces of sulphites. Frappe made on equipment used to make products containing gluten Functional Context (Contains Cream, Milk Solids, Cream, Milk, Coccoa Powder, Malt Extract, Chocolate Flavour, Emulsifier (471), State: VHIPPED CREAM: Cream, Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (407, 401). CHOC FRAPPE BASE: Sugar, Milk Solids, Cream, Milk, Coccoa Powder, Malt Extract, Chocolate Flavour, Emulsifier (471), State: WHIPPED CREAM: Cream, Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (407, 401). CHOC LATE SAUCE: Sucrose Syrup (Cane), Water, Coccoa Powder, Thickener (1442), Colour (150d), Flavour, Salt, Food Act 417, 401). Contains gluten, & milk.	Gluten T	Eggs	Milk Y 110, 407a, 40	Soy 17).	getable Fish & C	Energy (Ca Protein (g) Fat, total (g Saturated F Carbohydra Sugars (g) Sodium (m; Crustaea Energy (Ka) Energy (Ca Protein (g) Fat, total (g Saturated F Carbohydra Sugars (g)	i) Fat (g) g) Peanuts i) ii) fat (g) te (g)	182 436 7.9 19.9 7.7 57.1 57.1 57.1 57.1 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7	/Serve 20 6 9 7 3 3 7 3 0 0 1 Sesame 5 5 3 6 6 4 4 5 5 2	Avg Qty /100r 565 135 2.5 6.0 0.8 17.8 17.7 17.7 17.7 17.7 Avg Qty /100r 517 124 2.3 5.5 3.6 16.1 15.4	ulphites T Augustication L Avg C	Dty /Serve 2650 610 11.8 27.3 2.9 84.4 84.0 176 Present Present 21y /Serve 2380 570 10.8 24.7 16.0 75.3 72.1	Avg Qty /100mL 553 128 2.5 5.7 0.6 17.6 17.6 17.6 17.6 17.6 17.6 Y Y tium Avg Qty /100mL 504 120 2.3 5.2 3.4 15.9 15.2	Avg Qty /Serve 3190 763 14.4 32.4 2.8 102 102 212 Colours Y Li Avg Qty /Serve 2860 684 13.2 29.3 18.9 91.2 87.4	Avg Qty /100mL 548 131 2.5 5.6 0.5 17.6 17.5 37 arge Avg Qty /100mL 498 119 2.3 5.1 3.3 15.9 15.2
Frappe - Caramel Crush CARAMEL FRAPPE BASE; Sugar, Milk, Cream, Milk Solids, Emulsifier (471), Stabilisers (412, 466, 410, 407a, 407), Flavours (2E; Water. WHIPPED CREAM: Cream, Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (407, 401). CARAMEL SAUCE: Sucrose Syrup (Cane), Sweetened Condensed Milk, Water, Thickener (1442), Flavours, Golden Syrup, S Gums (415, 417, 401), Mineral Salt (339), Emulsifier (471), Colours (150d, 160c). Contains milk. Caramel Sauce contains traces of sulphites. Frappe made on equipment used to make products containing gluten Functionary Content of the solid strates of sulphites. Frappe - Choc Whirl CHOC FRAPPE BASE; Sugar, Milk Solids, Cream, Milk, Cocca Powder, Malt Extract, Chocolate Flavour, Emulsifier (471), State (2E; Water. WHIPPED CREAM; Cream, Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (407, 401). CHOCOLATE SAUCE: Sucrose Syrup (Cane), Water, Cocca Powder, Thickener (1442), Colour (150d), Flavour, Sait, Food Ac 417, 401).	Gluten T sbilisers (412	Eggs	Milk Y 110, 407a, 40 tive (202), Ve)7).	rgetable	Energy (Ca Protein (g) Fat, total (g Saturated F Carbohydre Sugars (g) Sodium (m Crustaea Energy (kJ) Energy (Ca Protein (g) Fat, total (g Saturated F Carbohydre Saturated F Saturated F Saturated F Saturated F	i) Fat (g) g) Peanuts i) i) fat (g) g) g)	182 436 7.9 19. 2.7. 57. 57. 57. 57. 57. 12: Tree Nuts Avg Qty 4 165 396 7.3 90 7.7. 11.4 11.4 11.4 98	/Serve 20 6 9 7 3 3 7 3 0 1 Sesame 5 5 5 5 5 3 6 6 4 4 5 5 2 8	Avg Qty /100r 565 135 2.5 6.0 0.8 17.8 17.7 38 Seeds 517 124 2.3 5.5 3.6 16.1 15.4 31	ulphites T hL Avg C	Dty /Serve 2650 610 11.8 27.3 2.9 84.4 84.0 176 Preserve 2380 570 10.8 24.7 16.0 75.3 72.1 143	Avg Qty /100mL 553 128 2.5 5.7 0.6 17.6 17.6 17.6 Yative Flavour Y Avg Qty /100mL 504 120 2.3 5.2 30	Avg Qty /Serve 3190 763 14.4 32.4 2.8 102 102 212 Colours Y Li Avg Qty /Serve 2860 684 13.2 29.3 18.9 91.2 87.4 173	Avg Qty /100mL 548 131 2.5 5.6 0.5 17.6 17.5 37 arge Avg Qty /100mL 498 119 2.3 5.1 3.3 15.9
Frappe - Caramel Crush CARAMEL FRAPPE BASE: Sugar, Milk, Cream, Milk Solids, Emulsifier (471), Stabilisers (412, 466, 410, 407a, 407), Flavours (CE: Water. WHIPPED CREAM: Cream, Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (407, 401). CARAMEL SAUCE: Sucrose Syrup (Cane), Sweetened Condensed Milk, Water, Thickener (1442), Flavours, Golden Syrup, S Gums (415, 417, 401), Mineral Salt (339), Emulsifier (471), Colours (150d, 160c). Contains milk. Caramel Sauce contains traces of sulphites. Frappe made on equipment used to make products containing gluten Functional Context (Contains Cream, Milk Solids, Cream, Milk, Coccoa Powder, Malt Extract, Chocolate Flavour, Emulsifier (471), State: VHIPPED CREAM: Cream, Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (407, 401). CHOC FRAPPE BASE: Sugar, Milk Solids, Cream, Milk, Coccoa Powder, Malt Extract, Chocolate Flavour, Emulsifier (471), State: WHIPPED CREAM: Cream, Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (407, 401). CHOC LATE SAUCE: Sucrose Syrup (Cane), Water, Coccoa Powder, Thickener (1442), Colour (150d), Flavour, Salt, Food Act 417, 401). Contains gluten, & milk.	Gluten T	Eggs	Milk Y 110, 407a, 40	Soy 17).	rgetable	Energy (Ca Protein (g) Fat, total (g Saturated F Carbohydra Sugars (g) Sodium (m; Crustaea Energy (Ka) Energy (Ca Protein (g) Fat, total (g Saturated F Carbohydra Sugars (g)	i) Fat (g) g) Peanuts i) ii) fat (g) te (g)	182 436 7.9 19.9 7.7 57.1 57.1 57.1 57.1 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7	/Serve 20 6 9 7 3 3 7 3 0 0 1 Sesame 5 5 3 6 6 4 4 5 5 2	Avg Qty /100r 565 135 2.5 6.0 0.8 17.8 17.7 38 Seeds 517 124 2.3 5.5 3.6 16.1 15.4 31	ulphites T Augustication L Avg C	Dty /Serve 2650 610 11.8 27.3 2.9 84.4 84.0 176 Present Present 21y /Serve 2380 570 10.8 24.7 16.0 75.3 72.1	Avg Qty /100mL 553 128 2.5 5.7 0.6 17.6 17.6 17.6 17.6 17.6 17.6 Y Y Statum Avg Qty /100mL 504 120 2.3 5.2 3.4 15.9 15.2 30	Avg Qty /Serve 3190 763 14.4 32.4 2.8 102 102 212 Colours Y Li Avg Qty /Serve 2860 684 13.2 29.3 18.9 91.2 87.4	Avg Qty /100mL 548 131 2.5 5.6 0.5 17.6 17.5 37 arge Avg Qty /100mL 498 119 2.3 5.1 3.3 15.9 15.2

								Small		N	ledium	L	arge
Frappe - Coffee Kick							Avg Qty /	Serve	Avg Qty /100mL	Avg Qty /Serve	e Avg Qty /100mL	Avg Qty /Serve	Avg Qty /100mL
COFFEE FLAVOURED FRAPPE BASE: Milk, Sugar, Cream, Milk Solids, Water, Coffee Powder, Emulsifier (471), Stabilisers (4	412, 466, 41	10, 407a, 40	7), Flavours.		Energy (kJ)	1570	0	492	2250	478	2700	471
ICE: Water.					Energy (Ca	al)	375		118	539	114	645	113
WHIPPED CREAM: Cream, Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (407, 401).					Protein (g)		7.8		2.5	11.6	2.5	14.2	2.5
COFFEE SAUCE: Sucrose Syrup, Water, Flavours, Thickener (1442), Cocoa Powder, Colour (150d), Salt, Food Acids (330, 33	1), Preserva	ative (202), '	√egetable Gu	ıms (415,	Fat, total (17.5		5.5	24.7	5.2	29.2	5.1
417, 401)					Saturated	Fat (g)	11.8		3.7	16.6	3.5	19.7	3.4
					Carbohydr	ate (g)	46.2	2	14.5	67.1	14.2	80.7	14.1
Contains milk . Traces of sulphites.					Sugars (g)		43.9		13.8	64.0	13.6	77.0	13.4
Coffee Sauce manufactured on a line that produces products containing gluten					Sodium (m	ng)	110)	35	162	34	195	34
Frappe made on equipment used to make products containing gluten	Gluten	Eggs	Milk	Soy	Fish & Crustaea	Peanuts	Tree Nuts	Sesame	Seeds Sul	phites Pres	ervative Flavour	Colours	
	Т		Y							Т	Y Y	Y	
								Small	1	N	ledium	L	arge
Smoothie - Bananaberry Bash							Avg Qty /	Serve	Avg Qty /100mL	Avg Qty /Serve	e Avg Qty /100mL	Avg Qty /Serve	Avg Qty /100m
	y), Flavours,	, Thickeners	s (466, 440, 4	15), Acidity Re	gulator Energy (kJ)	767		264	1120	260	1430	251
(330), Antioxidant (300).					Energy (Ca		183	;	63	267	62	342	60
ICE: Water.					Protein (g)		2.0		0.7	2.9	0.7	3.8	0.7
LOW FAT YOGHURT: Skim Milk, Sugar, Cream, Milk Solids, Gelatine, Live Yoghurt Cultures.					Fat, total (g)	1.5		0.5	2.1	0.5	2.8	0.5
					Saturated	Fat (g)	0.5		0.2	0.8	0.2	1.0	0.2
Contains milk.					Carbohydr	ate (g)	39.2		13.5	57.1	13.3	73.1	12.8
Smoothie made on equipment used to make products containing gluten					Sugars (g)		35.6		12.2	51.8	12.1	66.3	11.6
					Sodium (m	ng)	57		19	82	19	105	18
	Gluten	Eggs	Milk	Soy	Fish & Crustaea	Peanuts	Tree Nuts	Sesame S	Seeds Sul	phites Pres	ervative Flavour	Colours	
	Т		Y								Y		
								Small		N	ledium	L	arge
Smoothie - Mango Pineapple Smash							Avg Qty /	Serve	Avg Qty /100mL	Avg Qty /Serve	e Avg Qty /100mL	Avg Qty /Serve	e Avg Qty /100m
	Crushed Pin	neapple, An	tioxidant (300	l)], Passionfruit	Juice, Energy (kJ)	Avg Qty / 770		Avg Qty /100mL 252	Avg Qty /Serve 1110	e Avg Qty /100mL 248	Avg Qty /Serve 1410	e Avg Qty /100m 252
MANGO PINEAPPLE SYPUP: Water, Fruit Sugar, Mango Puree, Fruit Juice Concentrates [Pineapple, Orange, Apple, Peach), Flavours, Thickeners (466, 440, 415), Acidity Regulator (330), Colours (Carrot Extract, Tumeric Extract).	Crushed Pin	neapple, An	tioxidant (300)], Passionfruit	Energy (Ca	al)	770 184)	252 60	1110 265	248 59	1410 338	252 60
MANGO PINEAPPLE SYRUP: Water, Fruit Sugar, Mango Puree, Fruit Juice Concentrates [Pineapple, Orange, Apple, Peach), Flavours, Thickeners (466, 440, 415), Acidity Regulator (330), Colours (Carrot Extract, Tumeric Extract). ICE: Water.	Crushed Pin	neapple, An	tioxidant (300	I)], Passionfruit	Energy (Ca Protein (g)	al)	770 184 1.7)	252 60 0.6	1110 265 2.5	248 59 0.5	1410 338 3.2	252 60 0.6
<u>Smoothie - Mango Pineapple Smash</u> <u>MANGO PINEAPPLE SYRUP</u> : Water, Fruit Sugar, Mango Puree, Fruit Juice Concentrates [Pineapple, Orange, Apple, Peach), Flavours, Thickeners (466, 440, 415), Acidity Regulator (330), Colours (Carrot Extract, Tumeric Extract). <u>ICE</u> : Water. <u>LOW FAT YOGHURT:</u> Skim Milk, Sugar, Cream, Milk Solids, Gelatine, Live Yoghurt Cultures.	Crushed Pin	neapple, An	tioxidant (300	I)], Passionfruit	Energy (Ca Protein (g) Fat, total (g	al) g)	770 184 1.7 0.7)	252 60 0.6 0.2	1110 265 2.5 1.0	248 59 0.5 0.2	1410 338 3.2 1.3	252 60 0.6 0.2
MANGO PINEAPPLE SYRUP: Water, Fruit Sugar, Mango Puree, Fruit Juice Concentrates [Pineapple, Orange, Apple, Peach), Flavours, Thickeners (466, 440, 415), Acidity Regulator (330), Colours (Carrot Extract, Tumeric Extract). ICE: Water. LOW FAT YOGHURT: Skim Milk, Sugar, Cream, Milk Solids, Gelatine, Live Yoghurt Cultures.	Crushed Pin	neapple, An	tioxidant (300))], Passionfruit	Energy (Ca Protein (g) Fat, total (Saturated	g) Fat (g)	770 184 1.7 0.7 0.5		252 60 0.6 0.2 0.2	1110 265 2.5 1.0 0.7	248 59 0.5 0.2 0.2	1410 338 3.2 1.3 1.0	252 60 0.6 0.2 0.2
MANGO PINEAPPLE SYRUP: Water, Fruit Sugar, Mango Puree, Fruit Juice Concentrates [Pineapple, Orange, Apple, Peach), Flavours, Thickeners (466, 440, 415), Acidity Regulator (330), Colours (Carrot Extract, Tumeric Extract). ICE: Water. LOW FAT YOGHURT: Skim Milk, Sugar, Cream, Milk Solids, Gelatine, Live Yoghurt Cultures. Contains milk.	Crushed Pin	neapple, An	tioxidant (300)), Passionfruit	Energy (Ca Protein (g) Fat, total (g Saturated Carbohydr	g) Fat (g) ate (g)	770 184 1.7 0.7 0.5 41.0		252 60 0.6 0.2 0.2 13.4	1110 265 2.5 1.0 0.7 59.1	248 59 0.5 0.2 0.2 13.2	1410 338 3.2 1.3 1.0 75.3	252 60 0.6 0.2 0.2 13.4
MANGO PINEAPPLE SYRUP: Water, Fruit Sugar, Mango Puree, Fruit Juice Concentrates [Pineapple, Orange, Apple, Peach), Flavours, Thickeners (466, 440, 415), Acidity Regulator (330), Colours (Carrot Extract, Tumeric Extract). ICE: Water.	Crushed Pin	neapple, An	tioxidant (300))], Passionfruit	Energy (Ca Protein (g) Fat, total (g Saturated Carbohydr Sugars (g)	al) g) Fat (g) ate (g)	770 184 1.7 0.7 0.5 41.0 40.3)	252 60 0.6 0.2 0.2 13.4 13.2	1110 265 2.5 1.0 0.7 59.1 58.0	248 59 0.5 0.2 0.2 13.2 13.0	1410 338 3.2 1.3 1.0 75.3 73.9	252 60 0.6 0.2 0.2 13.4 13.2
MANGO PINEAPPLE SYRUP: Water, Fruit Sugar, Mango Puree, Fruit Juice Concentrates [Pineapple, Orange, Apple, Peach), Flavours, Thickeners (466, 440, 415), Acidity Regulator (330), Colours (Carrot Extract, Tumeric Extract). ICE: Water. LOW FAT YOGHURT: Skim Milk, Sugar, Cream, Milk Solids, Gelatine, Live Yoghurt Cultures.					Energy (Ca Protein (g) Fat, total (g Saturated Carbohydr Sugars (g) Sodium (m	al) g) Fat (g) ate (g)	770 184 1.7 0.7 0.5 41.0 40.3 40)	252 60 0.6 0.2 0.2 13.4 13.2 13	1110 265 2.5 1.0 0.7 59.1 58.0 57	248 59 0.5 0.2 0.2 13.2 13.0 13	1410 338 3.2 1.3 1.0 75.3 73.9 73	252 60 0.6 0.2 0.2 13.4
MANGO PINEAPPLE SYRUP: Water, Fruit Sugar, Mango Puree, Fruit Juice Concentrates [Pineapple, Orange, Apple, Peach), Flavours, Thickeners (466, 440, 415), Acidity Regulator (330), Colours (Carrot Extract, Tumeric Extract). ICE: Water. LOW FAT YOGHURT: Skim Milk, Sugar, Cream, Milk Solids, Gelatine, Live Yoghurt Cultures.	Crushed Pin	neapple, An	tioxidant (300	i)], Passionfruit	Energy (Ca Protein (g) Fat, total (g Saturated Carbohydr Sugars (g)	al) g) Fat (g) ate (g)	770 184 1.7 0.7 0.5 41.0 40.3 40)	252 60 0.6 0.2 0.2 13.4 13.2 13	1110 265 2.5 1.0 0.7 59.1 58.0 57	248 59 0.5 0.2 0.2 13.2 13.0	1410 338 3.2 1.3 1.0 75.3 73.9	252 60 0.6 0.2 0.2 13.4 13.2
MANGO PINEAPPLE SYRUP: Water, Fruit Sugar, Mango Puree, Fruit Juice Concentrates [Pineapple, Orange, Apple, Peach), Flavours, Thickeners (466, 440, 415), Acidity Regulator (330), Colours (Carrot Extract, Tumeric Extract). ICE: Water. LOW FAT YOGHURT: Skim Milk, Sugar, Cream, Milk Solids, Gelatine, Live Yoghurt Cultures. Contains milk. Smoothie made on equipment used to make products containing gluten					Energy (Ca Protein (g) Fat, total (g Saturated Carbohydr Sugars (g) Sodium (m	al) g) Fat (g) ate (g)	770 184 1.7 0.7 0.5 41.0 40.3 40)	252 60 0.6 0.2 0.2 13.4 13.2 13	1110 265 2.5 1.0 0.7 59.1 58.0 57	248 59 0.5 0.2 0.2 13.2 13.0 13	1410 338 3.2 1.3 1.0 75.3 73.9 73	60 0.6 0.2 0.2 13.4 13.2
MANGO PINEAPPLE SYPUP: Water, Fruit Sugar, Mango Puree, Fruit Juice Concentrates [Pineapple, Orange, Apple, Peach), Flavours, Thickeners (466, 440, 415), Acidity Regulator (330), Colours (Carrot Extract, Tumeric Extract). ICE: Water. LOW FAT YOGHURT: Skim Milk, Sugar, Cream, Milk Solids, Gelatine, Live Yoghurt Cultures. Contains milk. Smoothie made on equipment used to make products containing gluten			Milk		Energy (Ca Protein (g) Fat, total (g Saturated Carbohydr Sugars (g) Sodium (m	al) g) Fat (g) ate (g)	770 184 1.7 0.7 0.5 41.0 40.3 40)	252 60 0.6 0.2 0.2 13.4 13.2 13	1110 265 2.5 1.0 0.7 59.1 58.0 57	248 59 0.5 0.2 0.2 13.2 13.0 13 ervative Flavour	1410 338 3.2 1.3 1.0 75.3 73.9 73 Colours	252 60 0.6 0.2 0.2 13.4 13.2
MANGO PINEAPPLE SYRUP: Water, Fruit Sugar, Mango Puree, Fruit Juice Concentrates [Pineapple, Orange, Apple, Peach), Flavours, Thickeners (466, 440, 415), Acidity Regulator (330), Colours (Carrot Extract, Tumeric Extract). ICE: Water. LOW FAT YOGHURT: Skim Milk, Sugar, Cream, Milk Solids, Gelatine, Live Yoghurt Cultures.			Milk		Energy (Ca Protein (g) Fat, total (g Saturated Carbohydr Sugars (g) Sodium (m	al) g) Fat (g) ate (g)	770 184 1.7 0.7 0.5 41.0 40.3 40)	252 60 0.6 0.2 0.2 13.4 13.2 13	1110 265 2.5 1.0 0.7 59.1 58.0 57	248 59 0.5 0.2 0.2 13.2 13.0 13 ervative Flavour	1410 338 3.2 1.3 1.0 75.3 73.9 73 Colours Y	252 60 0.2 0.2 13.4 13.2 13
MANGO PINEAPPLE SYPUP: Water, Fruit Sugar, Mango Puree, Fruit Juice Concentrates [Pineapple, Orange, Apple, Peach), Flavours, Thickeners (466, 440, 415), Acidity Regulator (330), Colours (Carrot Extract, Tumeric Extract). ICE: Water. LOW FAT YOGHURT: Skim Milk, Sugar, Cream, Milk Solids, Gelatine, Live Yoghurt Cultures. Contains milk. Smoothie made on equipment used to make products containing gluten HOT DRINKS			Milk		Energy (Ca Protein (g) Fat, total (g Saturated Carbohydr Sugars (g) Sodium (m	al) g) Fat (g) ate (g)	770 184 1.7 0.7 0.5 41.0 40.3 40)	252 60 0.6 0.2 0.2 13.4 13.2 13	1110 265 2.5 1.0 0.7 59.1 58.0 57	248 59 0.5 0.2 0.2 13.2 13.0 13 ervative Flavour	1410 338 3.2 1.3 1.0 75.3 73.9 73 Colours Y	252 60 0.2 0.2 13.4 13.2 13
<u>MANGO PINEAPPLE SYPUP</u> : Water, Fruit Sugar, Mango Puree, Fruit Juice Concentrates [Pineapple, Orange, Apple, Peach), Flavours, Thickeners (466, 440, 415), Acidity Regulator (330), Colours (Carrot Extract, Tumeric Extract). <u>ICE</u> : Water. <u>LOW FAT YOGHURT</u> : Skim Milk, Sugar, Cream, Milk Solids, Gelatine, Live Yoghurt Cultures. Contains milk. Smoothie made on equipment used to make products containing gluten <u>HOT DRINKS</u> <u>Espresso Pronto - Espresso</u> <u>WATER</u> .			Milk		Energy (Ca Protein (g) Fat, total (g Saturated Carbohydr Sugars (g) Sodium (m	al) g) Fat (g) ate (g)	770 184 1.7 0.7 0.5 41.0 40.3 40)	252 60 0.6 0.2 0.2 13.4 13.2 13	1110 265 2.5 1.0 0.7 59.1 58.0 57	248 59 0.5 0.2 13.2 13.0 13.0 13 ervative Flavour Y	1410 338 3.2 1.3 1.0 75.3 73.9 73 Colours Y Avg Qty /Serve 2 <1	252 60 0.6 0.2 13.4 13.2 13 4 13.2 13
<u>MANGO PINEAPPLE SYPUP</u> : Water, Fruit Sugar, Mango Puree, Fruit Juice Concentrates [Pineapple, Orange, Apple, Peach), Flavours, Thickeners (466, 440, 415), Acidity Regulator (330), Colours (Carrot Extract, Tumeric Extract). <u>ICE</u> : Water. <u>LOW FAT YOGHURT</u> : Skim Milk, Sugar, Cream, Milk Solids, Gelatine, Live Yoghurt Cultures. Contains milk. Smoothie made on equipment used to make products containing gluten <u>HOT DRINKS</u> <u>Espresso Pronto - Espresso</u> <u>WATER</u> .			Milk		Energy (Ca Protein (g) Fat, total (g Saturated Carbohydr Sugars (g) Sodium (m	al) g) Fat (g) ate (g)	770 184 1.7 0.7 0.5 41.0 40.3 40)	252 60 0.6 0.2 0.2 13.4 13.2 13	1110 265 2.5 1.0 0.7 59.1 58.0 57	248 59 0.5 0.2 13.2 13.0 13 rervative Flavour Y Energy (kJ)	1410 338 3.2 1.3 1.0 75.3 73.9 73 Colours Y Avg Qty /Serve 2	252 60 0.6 0.2 13.4 13.2 13 4 13.2 13
<u>MANGO PINEAPPLE SYPUP</u> : Water, Fruit Sugar, Mango Puree, Fruit Juice Concentrates [Pineapple, Orange, Apple, Peach), Flavours, Thickeners (466, 440, 415), Acidity Regulator (330), Colours (Carrot Extract, Tumeric Extract). <u>ICE</u> : Water. <u>LOW FAT YOGHURT</u> : Skim Milk, Sugar, Cream, Milk Solids, Gelatine, Live Yoghurt Cultures. Contains milk. Smoothie made on equipment used to make products containing gluten <u>HOT DRINKS</u> <u>Espresso Pronto - Espresso</u> <u>WATER</u> .			Milk		Energy (Ca Protein (g) Fat, total (g Saturated Carbohydr Sugars (g) Sodium (m	al) g) Fat (g) ate (g)	770 184 1.7 0.7 0.5 41.0 40.3 40)	252 60 0.6 0.2 0.2 13.4 13.2 13	1110 265 2.5 1.0 0.7 59.1 58.0 57	248 59 0.5 0.2 13.2 13.0 13 revative Flavour Y Energy (kJ) Energy (Cal)	1410 338 3.2 1.3 1.0 75.3 73.9 73 Colours Y Avg Qty /Serve 2 <1	252 60 0.6 0.2 13.4 13.2 13 Avg Qty /100m 3 1
<u>MANGO PINEAPPLE SYPUP</u> : Water, Fruit Sugar, Mango Puree, Fruit Juice Concentrates [Pineapple, Orange, Apple, Peach), Flavours, Thickeners (466, 440, 415), Acidity Regulator (330), Colours (Carrot Extract, Tumeric Extract). <u>ICE</u> : Water. <u>LOW FAT YOGHURT</u> : Skim Milk, Sugar, Cream, Milk Solids, Gelatine, Live Yoghurt Cultures. Contains milk. Smoothie made on equipment used to make products containing gluten <u>HOT DRINKS</u> <u>Espresso Pronto - Espresso</u> <u>WATER</u> .			Milk		Energy (Ca Protein (g) Fat, total (g Saturated Carbohydr Sugars (g) Sodium (m	al) g) Fat (g) ate (g)	770 184 1.7 0.7 0.5 41.0 40.3 40)	252 60 0.6 0.2 0.2 13.4 13.2 13	1110 265 2.5 1.0 0.7 59.1 58.0 57	248 59 0.5 0.2 13.2 13.0 13 Flavour Y Energy (kJ) Energy (Cal) Protein (g)	1410 338 3.2 1.3 1.0 75.3 73.9 73 Colours Y Avg Qty /Serve 2 <1	252 60 0.2 0.2 13.4 13.2 13 3 Avg Qty /100m 3 1 0.1
<u>MANGO PINEAPPLE SYPUP</u> : Water, Fruit Sugar, Mango Puree, Fruit Juice Concentrates [Pineapple, Orange, Apple, Peach), Flavours, Thickeners (466, 440, 415), Acidity Regulator (330), Colours (Carrot Extract, Tumeric Extract). <u>ICE</u> : Water. <u>LOW FAT YOGHURT</u> : Skim Milk, Sugar, Cream, Milk Solids, Gelatine, Live Yoghurt Cultures. Contains milk. Smoothie made on equipment used to make products containing gluten <u>HOT DRINKS</u> <u>Espresso Pronto - Espresso</u> <u>WATER</u> .			Milk		Energy (Ca Protein (g) Fat, total (g Saturated Carbohydr Sugars (g) Sodium (m	al) g) Fat (g) ate (g)	770 184 1.7 0.7 0.5 41.0 40.3 40)	252 60 0.6 0.2 0.2 13.4 13.2 13	1110 265 2.5 1.0 0.7 59.1 58.0 57	248 59 0.5 0.2 13.2 13.0 13 ervative Flavour Y Energy (kJ) Energy (Cal) Protein (g) Fat, total (g)	1410 338 3.2 1.3 1.0 75.3 73.9 73 Colours Y Avg Qty /Serve 2 <1	252 60 0.2 0.2 13.4 13.2 13 4 4 Avg Qty /100m 3 1 0.1 0.0
MANGO PINEAPPLE SYRUP: Water, Fruit Sugar, Mango Puree, Fruit Juice Concentrates [Pineapple, Orange, Apple, Peach), Flavours, Thickeners (466, 440, 415), Acidity Regulator (330), Colours (Carrot Extract, Tumeric Extract). ICE: Water. LOW FAT YOGHURT: Skim Milk, Sugar, Cream, Milk Solids, Gelatine, Live Yoghurt Cultures. Contains milk. Smoothie made on equipment used to make products containing gluten HOT DRINKS Espresso Pronto - Espresso			Milk		Energy (Ca Protein (g) Fat, total (g Saturated Carbohydr Sugars (g) Sodium (m	al) g) Fat (g) ate (g)	770 184 1.7 0.7 0.5 41.0 40.3 40)	252 60 0.6 0.2 0.2 13.4 13.2 13	1110 265 2.5 1.0 0.7 59.1 58.0 57	248 59 0.5 0.2 13.2 13.0 13 ervative Flavour Y Energy (kJ) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g)	1410 338 3.2 1.3 1.0 75.3 73.9 73 Colours Y Avg Qty /Serve 2 <1	252 60 0.6 0.2 13.4 13.2 13 4 4 Vg Qty /100m 3 1 0.1 0.1 0.0
<u>MANGO PINEAPPLE SYRUP</u> : Water, Fruit Sugar, Mango Puree, Fruit Juice Concentrates [Pineapple, Orange, Apple, Peach), Flavours, Thickeners (466, 440, 415), Acidity Regulator (330), Colours (Carrot Extract, Tumeric Extract). <u>ICE</u> : Water. <u>LOW FAT YOGHURT</u> : Skim Milk, Sugar, Cream, Milk Solids, Gelatine, Live Yoghurt Cultures. Contains milk. Smoothie made on equipment used to make products containing gluten <u>HOT DRINKS</u> <u>Espresso Pronto - Espresso</u> <u>WATER.</u>			Milk		Energy (Ca Protein (g) Fat, total (g Saturated Carbohydr Sugars (g) Sodium (m	al) g) Fat (g) ate (g)	770 184 1.7 0.7 0.5 41.0 40.3 40)	252 60 0.6 0.2 0.2 13.4 13.2 13	1110 265 2.5 1.0 0.7 59.1 58.0 57	248 59 0.5 0.2 13.2 13.0 13 Y Energy (kJ) Energy (kJ) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g)	1410 338 3.2 1.3 1.0 75.3 73.9 73 Colours Y Avg Qty /Serve 2 <1	252 60 0.6 0.2 0.2 13.4 13.2 13 Avg Qty /100m 3 1 0.1 0.0 0.0 0.1
<u>MANGO PINEAPPLE SYPUP</u> : Water, Fruit Sugar, Mango Puree, Fruit Juice Concentrates [Pineapple, Orange, Apple, Peach), Flavours, Thickeners (466, 440, 415), Acidity Regulator (330), Colours (Carrot Extract, Tumeric Extract). <u>ICE:</u> Water. <u>LOW FAT YOGHURT:</u> Skim Milk, Sugar, Cream, Milk Solids, Gelatine, Live Yoghurt Cultures. Contains milk. Smoothie made on equipment used to make products containing gluten <u>HOT DRINKS</u> <u>Espresso Pronto - Espresso</u> <u>WATER.</u>			Milk		Energy (Ca Protein (g) Fat, total (g Saturated Carbohydr Sugars (g) Sodium (m	al) g) Fat (g) ate (g)	770 184 1.7 0.7 0.5 41.0 40.3 40)	252 60 0.6 0.2 0.2 13.4 13.2 13 Seeds Sul	1110 265 2.5 1.0 0.7 59.1 58.0 57 Pres	248 59 0.2 0.2 13.2 13.0 13 vervative Flavour Y Energy (kJ) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g)	1410 338 3.2 1.3 1.0 75.3 73.9 73 Colours Y Avg Qty /Serve 2 <1	252 60 0.2 0.2 13.4 13.2 13 Avg Qty /100m 3 1 0.1 0.0 0.0 0.1 0.1

								Small			Standard		Tall
Espresso Pronto - Cappuccino							Avg Qty /		Qty /100mL	Avg Qty /		ml Ava Otv /Se	ve Avg Qty /100mL
WATER.					Energy (kJ))	418		161	576		663	139
ROAST & GROUND COFFEE.					Energy (Ca		100		39	138		159	33
MILK: Whole Fresh Milk					Protein (g)	/	4.8		1.9	6.7	1.8	7.8	1.6
CHOC POWDER: Sugar, Cocoa Powder, Whey Powder, Flavour, Starch, Salt.					Fat, total (g	1)	5.4		2.1	7.5		8.7	1.8
					Saturated F	Fat (g)	3.5		1.4	4.9		5.7	1.2
Contains milk.					Carbohydra	ate (g)	8.0		3.1	10.7		12.2	2.6
					Sugars (g)		7.9		3.0	10.6		12.1	2.5
		-			Sodium (m	5/	62		24	86	23	99	21
	Gluten	Eggs	Milk	Soy	Fish & Crustaea	Peanuts	Tree Nuts	Sesame Seed	s Sulp	ohites	Preservative Flag		_
			Ť								`		
								Small	a. //aa /		Standard		Tall
Espresso Pronto - Flat White							Avg Qty /			Avg Qty /	•••		ve Avg Qty /100mL
WATER.					Energy (kJ)		473		182	688	-	860	181
ROAST & GROUND COFFEE.					Energy (Ca	al)	113		43	165		206	43
<u>MILK:</u> Whole Fresh Milk					Protein (g)		5.7		2.2	8.2		10.3	2.2
					Fat, total (g		6.5		2.5	9.4	2.5	11.8	2.5
Contains milk.					Saturated F		4.3		1.6	6.2		7.7	1.6
					Carbohydra	ate (g)	8.1		3.1	11.7	-	14.7	3.1
					Sugars (g)		8.0		3.1	11.7	-	14.6	3.1
					Sodium (m	g)	71		27	103		129	27
	Gluten	Eggs	Milk	Soy	Fish & Crustaea	Peanuts	Tree Nuts	Sesame Seed	s Sulp	ohites	Preservative Flat	our Colours	
			Y										
								Small			Standard		Tall
Espresso Pronto - Latte							Avg Qty /	Serve Avg	Qty /100mL	Avg Qty /	Serve Avg Qty /10	mL Avg Qty /Sei	ve Avg Qty /100mL
WATER.					Energy (kJ))	458	;	176	658	173	817	172
ROAST & GROUND COFFEE.					Energy (Ca		110)	42	157	41	195	41
MILK: Whole Fresh Milk					Protein (g)		5.5		2.1	7.9	2.1	9.8	2.1
					Fat, total (g	1)	6.3		2.4	9.0	2.4	11.2	2.3
Contains milk.					Saturated F	at (g)	4.1		1.6	5.9		7.4	1.5
					Carbohydra	ate (g)	7.8		3.0	11.2	2.9	13.9	2.9
					Sugars (g)		7.8		3.0	11.2	2.9	13.9	2.9
					Sodium (m	g)	69		26	99	26	122	26
	Gluten	Eggs	Milk	Soy	Fish & Crustaea	Peanuts	Tree Nuts	Sesame Seed	s Sulp	ohites	Preservative Flat	our Colours	
			Y										
								Small			Standard		Tall
Espresso Pronto - Long Black							Avg Qty /	Serve Avg	Qty /100mL	Avg Qty /	Serve Avg Qty /10	mL Avg Qty /Sei	ve Avg Qty /100mL
WATER.					Energy (kJ))	2		1	2	1	3	1
ROAST & GROUND COFFEE.					Energy (Ca	al)	<1		<1	<1	<1	1	<1
					Protein (g)		<0.1		<0.1	<0.1		<0.1	<0.1
					Fat, total (g		0.0		0.0	0.0	0.0	0.0	0.0
					Saturated F	at (g)	0.0		0.0	0.0		0.0	0.0
					Carbohydra	ate (g)	<0.1	1	<0.1	<0.1	<0.1	<0.1	<0.1
					Sugars (g)		<0.1	1	<0.1	<0.1	<0.1	<0.1	<0.1
					Sodium (mg	g)	1		<1	1	<1	2	<1
	Gluten	Eggs	Milk	Soy	Fish & Crustaea	Peanuts	Tree Nuts	Sesame Seed	s Sulp	ohites	Preservative Flat	our Colours	
		55.											-1
	1			1	1	1							

					Sm	all Black		Large B	lack		Small White T	ea	Large	White Tea
Tea					Avg Qt /Serve		Avg Qty	/Serve	Avg Qty /100m	L Avg Qty	/Serve Avg	Qty /100mL	Avg Qty /Serve	Avg Qty /100mL
BLACK TEA: Water, Tea				Energy (kJ)	4	2	6	i	2	4		20	87	24
				Energy (Cal	1	<1	1		<1	1		5	21	6
WHITE TEA: Water, Milk, Tea				Protein (g)	0.2	0.1	0.		0.1	0.		0.3	1.4	0.4
Contains milk.				Fat, total (g)	0.0	0.0	0.	-	0.0	0.		0.2	1.1	0.3
				Saturated Fa Carbohydrat	(0)	0.0	0.		0.0	0.		0.2	0.7	0.2
				Sugars (g)	e (g) 0.0	0.0	0.	-	0.0	0.		0.3	1.4	0.4
				Sodium (mg	0.0	0.0	0.		0.0	7	7	3	1.4	4
	Gluten	Eggs	Milk	Soy	Fish & Crustaea	Peanuts	Tree Nuts	Sesame	Seeds Su	Iphites	Preservative	Flavour	Colours	
Black Te				,						1				
White Te	≥a		Y											
DESSERTS			-				-				-			
Apple Pie													Avg Qty /Serve	Avg Qty /100g
Apple, Water, Wheat Flour, Vegetable Fats & Oils (Canola & Palm), Sugar, Thickeners (1412, 1422, 415, 466), Whey Powde	er. Salt Dextro	ose (from Wł	eat), Snice	s. Lemon Juic	e. Mineral Salts (170	450, 500) En	nulsifiers (47	1, 322 - fror	n Sov).		Energ	v (kJ)	970	1210
Flavour, Acidity Regulators (270, 330), Antioxidants (300, 320), Colour (160a).	r, ouit, Doxie	300 (iioiii ii i	icut), opioo	o, comon outo		400, 000), Eli		1, 022 1101	n ooy),		Energ	,	232	290
												• • •	1.8	2.2
Contains gluten, milk & soy.														16.7
APPLE PIES are produced in a plant that also produces products containing sesame seeds.											Satura	ated Fat (g)	3.2	4.0
Note: Cooked in canola oil blend.											Carbo	hydrate (g)	24.6	30.8
											Sugar	s (g)	6.9	8.6
		<u> </u>	-								Sodiu	m (mg)	146	182
	Gluten	Eggs	Milk	Soy	Fish & Crustaea	Peanuts	Tree Nuts	Sesame	Seeds Su	Iphites	Preservative	Flavour	Colours	
	Y		Y	Y				Т				Y	Y	
Birthday Cake - Icecream													Avg Qty /Serve	Avg Qty /100g
Water, Cream, Sugar, Whey Powder (Milk) Glucose Syrup (from wheat), Skim Milk Concentrate, Confectionery [Sugar, Veg		nulsifiers (49)	2, Soy Lecit	hin), Glucose	(from wheat), Water,	Colours (102,	, 110, 122, 12	23, 124, 13	3)) Maltodextrin,		Energ	,	384	874
Cocoa, Emulsifier (471 from Soy), Vegetable Gums (412, 466, 407a), Colours [150d (from Wheat) 155, 123, 102, 133, 122],	-lavours.										Energ	• • •	-	209
														1.5
Protein (g) 0.7 1 Fat, total (g) 4.7 10														
														10.7
Contains gluten, milk & soy. Note: ICE CREAM CAKE is made on equipment that also processes products containing peanuts & tree nuts											Fat, to Satura	otal (g) ated Fat (g)	4.7 3.3	7.5
											Fat, to Satura Carbo	ated Fat (g) hydrate (g)	4.7 3.3 11.7	7.5 26.6
											Fat, to Satura Carbo Sugar	ated Fat (g) hydrate (g) s (g)	4.7 3.3 11.7 9.6	7.5 26.6 21.8
	Gluten	Eaas	Milk	Sov	Fish & Crustaea	Peanuts	Tree Nuts	Sesame	Seeds Si	llohites	Fat, to Satura Carbo Sugar Sodiu	hydrate (g) hydrate (g) s (g) m (mg)	4.7 3.3 11.7 9.6 33	7.5 26.6
	Gluten	Eggs	Milk	Soy Y	Fish & Crustaea	Peanuts	Tree Nuts	Sesame	Seeds Si	Ilphites	Fat, to Satura Carbo Sugar	hydrate (g) hydrate (g) s (g) m (mg)	4.7 3.3 11.7 9.6	7.5 26.6 21.8
Note: ICE CREAM CAKE is made on equipment that also processes products containing peanuts & tree nuts	Gluten Y	Eggs	Milk Y	Soy Y	Fish & Crustaea	Peanuts T	Tree Nuts	Sesame	Seeds St	Iphites	Fat, to Satura Carbo Sugar Sodiu	hydrate (g) hydrate (g) s (g) m (mg)	4.7 3.3 11.7 9.6 33 Colours Y	7.5 26.6 21.8 75
Note: ICE CREAM CAKE is made on equipment that also processes products containing peanuts & tree nuts McDonaldland Cookies	Gluten Y	Eggs	Milk Y	Soy Y	Fish & Crustaea	Peanuts T	Tree Nuts T	Sesame	Seeds Si	Ilphites	Fat, to Satura Carbo Sugar Sodiu Preservative	ated Fat (g) hydrate (g) s (g) m (mg) Flavour Y	4.7 3.3 11.7 9.6 33 Colours Y Avg Qty /Serve	7.5 26.6 21.8 75 Avg Qty /100g
Note: ICE CREAM CAKE is made on equipment that also processes products containing peanuts & tree nuts <u>McDonaldland Cookies</u>	Gluten Y	Eggs	Milk Y	Soy Y	Fish & Crustaea	Peanuts T	Tree Nuts	Sesame	Seeds Su	Ilphites	Fat, to Satura Carbo Sugar Sodiui Preservative Energ	otal (g) ated Fat (g) hydrate (g) s (g) m (mg) Flavour Y y (kJ)	4.7 3.3 11.7 9.6 33 Colours Y Avg Qty /Serve 1180	7.5 26.6 21.8 75 Avg Qty /100g 1950
Note: ICE CREAM CAKE is made on equipment that also processes products containing peanuts & tree nuts <u>McDonaldland Cookies</u> Wheat Flour, Sugar, Palm Oil, Golden Syrup, Salt, Raising Agent (500), Soy Lecithin, Flavour.	Gluten Y	Eggs	Milk Y	Soy Y	Fish & Crustaea	Peanuts T	Tree Nuts	Sesame	Seeds Si	Ilphites	Fat, to Satura Carbo Sugar Sodiur Preservative Energ Energ	ated Fat (g) hydrate (g) s (g) m (mg) Flavour Y y (kJ) y (Cal)	4.7 3.3 11.7 9.6 33 Colours Y Avg Qty /Serve 1180 281	7.5 26.6 21.8 75 Avg Qty /100g 1950 469
Note: ICE CREAM CAKE is made on equipment that also processes products containing peanuts & tree nuts <u>McDonaldland Cookies</u> Wheat Flour, Sugar, Palm Oil, Golden Syrup, Salt, Raising Agent (500), Soy Lecithin, Flavour. Contains gluten & soy.	Gluten Y	Eggs	Milk Y	Soy Y	Fish & Crustaea	Peanuts T	Tree Nuts	Sesame	Seeds Si	Iphites	Fat, to Satura Carbo Sugar Sodiui Preservative Energ	btal (g) ated Fat (g) hydrate (g) s (g) m (mg) Flavour Y y (kJ) y (Cal) n (g)	4.7 3.3 11.7 9.6 33 Colours Y Avg Qty /Serve 1180	7.5 26.6 21.8 75 Avg Qty /100g 1950
Note: ICE CREAM CAKE is made on equipment that also processes products containing peanuts & tree nuts McDonaldland Cookies	Gluten Y	Eggs	Milk Y	Soy Y	Fish & Crustaea	Peanuts T	Tree Nuts T	Sesame	Seeds Su	Iphites	Fat, to Satura Carbo Sugar Sodiu Preservative Energ Energ Protei Fat, to	btal (g) ated Fat (g) hydrate (g) s (g) m (mg) Flavour Y y (kJ) y (Cal) n (g)	4.7 3.3 11.7 9.6 33 Colours Y Avg Qty /Serve 1180 281 3.6	7.5 26.6 21.8 75 Avg Qty /100g 1950 469 6.0
Note: ICE CREAM CAKE is made on equipment that also processes products containing peanuts & tree nuts <u>McDonaldland Cookies</u> Wheat Flour, Sugar, Palm Oil, Golden Syrup, Salt, Raising Agent (500), Soy Lecithin, Flavour. Contains gluten & soy.	Gluten Y	Eggs	Milk Y	Soy Y	Fish & Crustaea	Peanuts T	Tree Nuts T	Sesame	Seeds Su	Iphites	Fat, to Satura Carbo Sugar Sodiu Preservative Energ Protei Fat, to Satura	tal (g) ated Fat (g) hydrate (g) s (g) m (mg) Flavour Y y (kJ) y (kJ) y (Cal) n (g) tal (g)	4.7 3.3 11.7 9.6 33 Colours Y Avg Qty /Serve 1180 281 3.6 8.2	7.5 26.6 21.8 75 Avg Qty /100g 1950 469 6.0 13.7
Note: ICE CREAM CAKE is made on equipment that also processes products containing peanuts & tree nuts <u>McDonaldland Cookies</u> Wheat Flour, Sugar, Palm Oil, Golden Syrup, Salt, Raising Agent (500), Soy Lecithin, Flavour. Contains gluten & soy.	Gluten Y	Eggs	Milk Y	Soy Y	Fish & Crustaea	Peanuts T	Tree Nuts	Sesame	Seeds Su	Ilphites	Fat, to Satura Carbo Sugar Sodiu Preservative Energ Protei Fat, to Satura	tal (g) ated Fat (g) hydrate (g) s (g) m (mg) Flavour Y y (kJ) y (Cal) n (g) tal (g) ated Fat (g) hydrate (g)	4.7 3.3 11.7 9.6 33 Colours Y Avg Qty /Serve 1180 281 3.6 8.2 4.0	7.5 26.6 21.8 75 Avg Qty /100g 1950 469 6.0 13.7 6.6
Note: ICE CREAM CAKE is made on equipment that also processes products containing peanuts & tree nuts <u>McDonaldland Cookies</u> Wheat Flour, Sugar, Palm Oil, Golden Syrup, Salt, Raising Agent (500), Soy Lecithin, Flavour. Contains gluten & soy.	Gluten Y	Eggs	Milk Y	Soy Y	Fish & Crustaea	Peanuts T	Tree Nuts	Sesame	Seeds Su	Ilphites	Fat, to Satura Carbo Sugar Sodiur Preservative Energ Protei Fat, to Satura Carbo Sugar	tal (g) ated Fat (g) hydrate (g) s (g) m (mg) Flavour Y y (kJ) y (Cal) n (g) tal (g) ated Fat (g) hydrate (g)	4.7 3.3 11.7 9.6 33 Colours Y Avg Qty /Serve 1180 281 3.6 8.2 4.0 46.5	7.5 26.6 21.8 75 Avg Qty /100g 1950 469 6.0 13.7 6.6 77.5
Note: ICE CREAM CAKE is made on equipment that also processes products containing peanuts & tree nuts <u>McDonaldland Cookies</u> Wheat Flour, Sugar, Palm Oil, Golden Syrup, Salt, Raising Agent (500), Soy Lecithin, Flavour. Contains gluten & soy.	Gluten Y	Eggs	Milk Y Milk	Soy Y Soy	Fish & Crustaea	Peanuts T Peanuts	Tree Nuts	Sesame		Ilphites	Fat, to Satura Carbo Sugar Sodiur Preservative Energ Protei Fat, to Satura Carbo Sugar	tal (g) ated Fat (g) hydrate (g) s (g) m (mg) Flavour Y y (kJ) y (Cal) n (g) tated Fat (g) hydrate (g) s (g) m (mg)	4.7 3.3 11.7 9.6 33 Colours Y Avg Qty /Serve 1180 281 3.6 8.2 4.0 46.5 16.6	7.5 26.6 21.8 75 4vg Qty /100g 1950 469 6.0 13.7 6.6 77.5 27.6

												1	1
McFlurry - Cadbury® Crunchie										_		Avg Qty /Serve	
SUNDAE MIX: Milk, Milk Solids, Sugar, Cream, Glucose (from Wheat or Maize, contains preservative Sulphur Dioxide), En	ulsifiers (433,	471), Veget	able Gums ((407, 407a, 4	12, 466), Flavour.						nergy (kJ)	2220	978
CARAMEL TOPPING: Glucose Corn Syrup, Whole Sweetened Condensed Milk (Milk, Milk Powder, Sugar, Lactose), High Fr	uctose Corn S	Syrup, Shorte	ening [Palm (Oil, Antioxida	ant (307)], Water, Sugar	Thickeners					nergy (Cal)	531	234
(401, 440), Salt, Stabiliser (339), Flavouring.											rotein (g)	8.1	3.6
											at, total (g)	16.8	7.4
CRUNCHIE PIECES: Sugar, Milk Solids, Cocoa Butter, Cocoa Mass, Wheat Glucose Syrup, Glazing Agent (Vegetable Gum	(414), Vegeta	ble Fat), Em	ulsifiers (So	y Lecithin, 4	76), Raising Agent (500)	, Flavour.					aturated Fat (g)	10.9	4.8
											arbohydrate (g)	87.9	38.8
Contains gluten, milk & sulphites.											ugars (g)	67.2	29.6
Traces of peanuts, tree nuts in the Crunchie Pieces	Obstan	F	A.C.IL.	0	Fish & Oranta as	Descrite	Teres Made	0	Outshites	_	odium (mg)	216 Colours	95
	Gluten	Eggs	Milk	Soy	Fish & Crustaea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Preserva	tive Flavour	Colours	-
	1			1			1		I	1	Ť	A 01 10	
<u>McFlurry - Kit Kat</u>										-		Avg Qty /Serve	
SUNDAE MIX: Milk, Milk Solids, Sugar, Cream, Glucose (from Wheat or Maize, contains preservative Sulphur Dioxide), Err	· · ·	<i>.</i>	,		112, 466), Flavour.						nergy (kJ)	1620 387	843 202
KIT KAT SAUCE: Sugar, Water, Dextrose (Maize or Wheat), Fat Reduced Cocoa Powder (Soy), Invert Sugar Syrup, Food Ad	(<i>)</i> .			· /		B // 0" '	- .				nergy (Cal) rotein (q)	7.8	4.0
CRUSHED KIT KAT PIECES: Wafer Pieces [Wheat Flour, Sugar, Vegetable Fat, Wheat Starch, Soy Lecithin, Salt], Sugar, C Cocca Powder. Emulsifier (Sunflower Lecithins). Natural Vanilla Flavour.		at, total (g)	12.4	4.0									
Cocoa Powder, Entuisiner (Sunnower Leutrinis), Naturar Varinia Plavour.		aturated Fat (g)	7.7	4.0									
	arbohydrate (g)	59.8	31.1										
Contains gluten, milk, soy & sulphites.											ugars (g)	51.6	26.9
Traces of tree nuts .											odium (mg)	119	62
	Gluten	Eggs	Milk	Soy	Fish & Crustaea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Preserva	(0)	Colours	02
	Y	-33-	Y	Y			Т		T	Y	Y		1
McFlurry - M&M Minis®					•				•			Avg Qty /Serve	Avg Qty /100g
SUNDAE MIX: Milk, Milk Solids, Sugar, Cream, Glucose (from Wheat or Maize, contains preservative Sulphur Dioxide), Err	ulcifiore (133	(171) Vocet	ahla Gume (107 1072	112 (166) Elavour					Fr	nergy (kJ)	1720	912
											nergy (Cal)	410	218
MINI M&M'S: Milk Chocolate [Sugar, Milk Solids, Cocoa Mass, Cocoa Butter, Vegetable Fat, Emulsifier (Soy Lecithin), Salt, F 133, 129, 110, 102), Vegetable gum (414), Thickener (Dextrin), Glazing Agent (903).	avourj, Sugar	, Starch (wh	eat), Glucos	e Syrup (Iro	m wheat), Colours (171,						rotein (q)	8.1	4.3
											at, total (g)	15.6	8.3
											aturated Fat (q)	9.9	5.3
											arbohydrate (g)	58.5	31.1
Contains gluten, milk & sulphites.										Su	ugars (g)	52.3	27.8
Traces of peanuts and tree nuts in the Mini M&Ms										So	odium (mg)	116	62
	Gluten	Eggs	Milk	Soy	Fish & Crustaea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Preserva	tive Flavour	Colours	
	Y		Y	Y		Т	Т		Y	Y	Y	Y	
McFlurry - Malteser												Avg Qty /Serve	
SUNDAE MIX: Milk, Milk Solids, Sugar, Cream, Glucose (from Wheat or Maize, contains preservative Sulphur Dioxide), Em	,	, .									nergy (kJ)	1940	940
HOT FUDGE TOPPING: Sugar, Water, Glucose Corn Syrup, Hydrodgenated Palm Kernel Olein (Soy Lecithin), Whole Sweet Powder, Whole Milk Powder, Thickeners (1422, 401), Salt, Stabiliser), Flavouring, Preservative (202).	ened Conden	sed Milk (Mil	IK, MIIK POW	der, Sugar, I	Lactose), Cocoa						nergy (Cal) rotein (q)	462 8.1	223 3.9
MALTESERS: Sugar, Milk Solids, Cocca Butter, Glucose Syrup (Wheat), Barley Malt Extract, Cocca Mass, Vegetable Fat, E	mulsifier (Sov	Lecithin, 49	2). Wheat G	iluten. Raisi	ng Agent (501, 500), Sal	t. Natural Fla	ivour (Vanilla	Extract), Pectin,			at, total (g)	14.3	6.9
			,,	,	5 5 (,), oa	.,	(,,			aturated Fat (g)	9.8	4.7
Contains gluten, milk & soy. May contain TRACES of sulphites										Ca	arbohydrate (g)	74.9	36.2
											ugars (g)	59.5	28.8
	01.4	5	A.C.II.	0	Fish & Orasta	Deserved	Tree Mart	0	0. databita		odium (mg)	166	80
	Gluten	Eggs	Milk	Soy	Fish & Crustaea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites T	Preserva	tive Flavour	Colours	-
	1			1		I				T	I		

												Avg Qty /Serve	Avg Qty /100g
McFlurry - Oreo CLINIDAE MIX: Milk Solido Super Cream Clusses (from Wheet or Maize contains presenting Subbur Disvide) Emi	laifiara (122	171) Voqo	abla Cuma	(407 407	412 466) Eleveur						Eporgy (k l)	Avg Qly /Serve	799
SUNDAE MIX; Milk Solids, Sugar, Cream, Glucose (from Wheat or Maize, contains preservative Sulphur Dioxide), Emulsifiers (433, 471), Vegetable Gums (407, 407a, 412, 466), Flavour. Energy (kJ												329	799 191
OREO COOKIE PIECES: Wheat Flour, Sugar, Vegetable Oil (Palm Oil and Palm Kernel Oil, Contains Antioxidant [319]), Cocoa Powder, Starch, Invert Syrup, Salt, Raising/Leavening Agents (Sodium Bicarbonate, Ammonium Bicarbonate), Emulsifier (Soy Lecithin), Flavour.											Protein (g)	7.2	4.2
												11.7	6.8
											Fat, total (g) Saturated Fat (g)	7.3	4.2
											Carbohydrate (g)	48.2	28.0
Contains gluten, milk & sulphites.												37.8	22.0
Traces of egg, peanuts and sesame seeds in the Oreo Pieces.												170	99
Gluten Eggs Milk Soy Fish & Crustaea Peanuts Tree Nuts Sesame Seeds Sulphites Prese											ervative Flavour	Colours	
	Y	Т	Y	Y		Т		Т	,	(Y Y		
Soft Serve Cone												Avg Qty /Serve	Avg Qty /100g
SUNDAE MIX: Milk, Milk Solids, Sugar, Cream, Glucose (from Wheat or Maize, contains preservative Sulphur Dioxide), Emulsifiers (433, 471), Vegetable Gums (407, 407a, 412, 466), Flavour.												627	700
											Energy (Cal)	150	168
											Protein (g)	3.9 4.6	4.4
										Fat, total (g)		5.1	
Note: CONES are produced in a facility which also produces products containing peanuts & tree nuts (almonds & hazelnuts).											Carbohydrate (g)	2.9 22.9	3.2 25.6
												17.0	25.0
											Sugars (g) Sodium (mg)	58	65
	Eggs	Milk	Soy	Fish & Crustaea	Peanuts	Tree Nuts	Sesame Seeds	Sulp	hitos Pros	ervative Flavour	Colours	05	
	Gluten	Lyys	Y	Y	Tian & Ordataea	T	T	Ocadine Oceaa	oup	/		Colours	
												Li	arge
Sundae - Caramel										Avg Qty /Serve	e Avg Qty /100g	Avg Qty /Serve	
SUNDAE MIX: Milk, Milk Solids, Sugar, Cream, Glucose (from Wheat or Maize, contains preservative Sulphur Dioxide), Em	ulsifiers (433	, 471), Vege	table Gums	(407, 407;	a, 412, 466), Flavour.			Energy	(kJ)	1470	841	2280	919
CARAMEL TOPPING: Glucose Corn Syrup, Whole Sweetened Condensed Milk (Milk, Milk Powder, Sugar, Lactose), High Fru	ctose Corn S	Syrup, Shorte	ening [Palm	Oil, Antiox	idant (307)], Water, Sugar	Thickeners		Energy	(Cal)	352	201	545	220
(401, 440), Salt, Stabiliser (339), Flavouring.								Protein		6.0	3.4	7.9	3.2
								Fat, tota	(0)	8.7	5.0	12.3	4.9
Contains milk & sulphites. Traces of gluten.									d Fat (g)	5.8	3.3	8.1	3.3
Note: CARAMEL TOPPING is manufactured on the same line as products containing soy.								Sugars	drate (g)	61.2 42.9	34.9 24.5	99 65.4	39.8 26.4
								Sodium	(•)	42.3	81	226	91
										ervative Flavour	Colours	01	
	Т	00-	Y	T						(Y Y		
												Li	arge
Sundae - Hot Fudge										Avg Qty /Serve Avg Qty /100g		Avg Qty /Serve	Avg Qty /100g
SUNDAE MIX: Milk, Milk Solids, Sugar, Cream, Glucose (from Wheat or Maize, contains preservative Sulphur Dioxide), Emulsifiers (433, 471), Vegetable Gums (407, 407a, 412, 466), Flavour.										1480	862	2310	952
HOT FUDGE TOPPING: Sugar, Water, Glucose Corn Syrup, Hydrodgenated Palm Kernel Olein (Soy Lecithin), Whole Sweetened Condensed Milk (Milk Milk Milk Powder, Sugar, Lactose), Cocoa Powder, Whole Energy (Cal)								352	204	554	228		
Milk Powder, Thickeners (1422, 401), Salt, Stabiliser), Flavouring, Preservative (202).					. ,.			Protein	(g)	6.3	3.7	8.5	3.5
								Fat, tota	l (g)	9.7	5.6	14.3	5.9
									ed Fat (g)	6.9	4.0	10.5	4.3
Contains milk, soy & sulphites. Traces of gluten									drate (g)	59.7	34.7	96.1	39.5
Sugars (g) 46.9 27.2												73.6	30.3
		r _				r -		Sodium	(5/	137	80	216	89
	Gluten	Eggs	Milk	Soy	Fish & Crustaea	Peanuts	Tree Nuts	Sesame Seeds	Sulp	hites Pres	ervative Flavour	Colours	4
			Y	Y					<u> </u>	r	Y Y		

Sundae - Plain, Small													Avg Qty /Serve	Avg Qty /100g
SUNDAE MIX; Milk, Milk Solids, Sugar, Cream, Glucose (from Wheat or Maize, contains preservative Sulphur Dioxide), Emulsifiers (433, 471), Vegetable Gums (407, 407a, 412, 466), Flavour.												(kJ)	876	649
Energy (Cal)													210	155
Contains milk & sulphites. Traces of gluten. Protein (g)														4.1
McDonald's Sundae without Topping is available on request.													6.8 4.5	5.0
Saturated Fat (g)														3.3
Carbohydrate (g)													31.3	23.2
Sugars (g)													27.0	20.0
											Sodium		78	58
	Gluten	Eggs	Milk	Soy	Fish & Crustaea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites Pres		ervative	Flavour	Colours	4
			Y						Y		Y	Ŷ		l
Small Small Sundae - Strawberry Avg Qty /Serve Avg Qty /Serve Avg Qty /Serve Avg Qty /100g A SUNDAE MIX: Milk Solids, Sugar, Cream, Glucose (from Wheat or Maize, contains preservative Sulphur Dioxide), Emulsifiers (433, 471), Vegetable Gums (407, 407a, 412, 466), Flavour. Energy (kJ) 1240 725 STRAWBERRY TOPPING: Strawberries, Sugar, Water, High Fructose Com Syrup, Strawberry Juice Concentrate, Thickeners (440, 410), Flavouring, Acidity Regulator (330), Preservative (202), Colour (124), Firming Agent Energy (Cal) 297 173												arge		
											Avg Qty /Serve	Avg Qty /100g		
											725	1830	757	
											173	437	181	
Protein (g) 5.8 3.4 Fat. total (g) 6.7 3.9 Contains milk & sulphites. Traces of gluten. Saturated Fat (g) 4.5 2.6 Carobodydrate (g) 52.2 30.5 Sugars (g) 44.7 26.2												7.5	3.1	
												8.4	3.5	
												5.6	2.3	
													81.1	33.7
												-	69.4	28.8
Sodium (mg) 80 47										47 Flavour	102	42		
	Gluten	Eggs	Milk	Soy	Fish & Crustaea	Peanuts	Tree Nuts	Sesame Seeds	esame Seeds Sulphites Preser				Colours	
	Ť		Y	Ť					Y		Y	Y	Y	1