



# McDonald's Australia

## McCafé Beverages Menu

### Nutrition Information - Ingredients - Allergens

Information correct as at January 2022.

At McDonald's we believe in the nutritional principals of balance, variety and moderation and that eating at McDonald's can fit into a healthy lifestyle. Our goal is to provide you with the information necessary to make informed decisions about your McDonald's menu choices. This guide can help you balance your McDonald's meal with the other meals you eat today, and every day.

This guide is for our standard or core menu items. For information regarding short-time menu items, please either ask a manager in one of our restaurants or contact our Customer Service Department either via our website <http://mcdonalds.com.au/contactus> or on 02 9875 7100.

The nutrition and ingredient information is based on standard product formulations, standard product assembly and standard serving sizes (including ice for drinks from our beverage system). Actual sizes and assembly may vary. Due to the individual preparation of each of our menu items, actual values may vary from those listed. Variations may also occur depending on the local supplier, region of the country, and the season of the year. Further, product formulations may change periodically.

#### **Food Sensitivities and Preferences**

No food items are sold as allergen free.

As we operate working kitchens please be aware that there is always a risk that traces of allergens may be transferred to ingredients during storage or preparation of food in our kitchens. McDonald's Restaurants are therefore unable to guarantee that any food item sold is free from traces of allergens.

No food items are certified as vegetarian. Whilst some ingredients may not contain animal ingredients, we cannot guarantee that there will be no cross contact with ingredients that do contain animal ingredients in our kitchens.

We have a number of restaurants that serve Halal menu options. Only those items listed on the certificate in the restaurants serving Halal options are certified as Halal.

If you would like further information or have food sensitivities or dietary concerns regarding specific ingredients in specific menu items, please contact us at <http://mcdonalds.com.au/contactus> or call us on 02 9875 7100.

# HOT BEVERAGES

## Espresso

COFFEE: Ground and Extracted Roasted Coffee Beans.

Contains caffeine.

	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	2	3
Energy (Cal)	<1	1
Protein (g)	0.0	0.1
Fat, Total (g)	0.0	0.0
Saturated Fat (g)	0.0	0.0
Carbohydrate (g)	0.0	0.1
Sugars (g)	0.0	0.1
Sodium (mg)	<1	2

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour

## Long Black

COFFEE: Ground and Extracted Roasted Coffee Beans.

Contains caffeine.

	Small		Standard		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	1	<1	2	<1	2	<1
Energy (Cal)	<1	<1	<1	<1	<1	<1
Protein (g)	0.0	0.0	0.0	0.0	0.1	0.0
Fat, Total (g)	0.0	0.0	0.0	0.0	0.0	0.0
Saturated Fat (g)	0.0	0.0	0.0	0.0	0.0	0.0
Carbohydrate (g)	0.0	0.0	0.0	0.0	0.1	0.0
Sugars (g)	0.0	0.0	0.0	0.0	0.1	0.0
Sodium (mg)	<1	<1	<1	<1	1	<1

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour

## Vienna

COFFEE: Ground and Extracted Roasted Coffee Beans.

WATER: Water.

WHIPPED CREAM: **Cream**, Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407).

HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains milk and caffeine.

	Small		Standard		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	352	132	352	96	353	83
Energy (Cal)	84	32	84	23	84	20
Protein (g)	0.7	0.3	0.7	0.2	0.7	0.2
Fat, Total (g)	8.1	3.1	8.1	2.2	8.1	1.9
Saturated Fat (g)	5.4	2.0	5.4	1.5	5.4	1.3
Carbohydrate (g)	2.2	0.8	2.2	0.6	2.2	0.5
Sugars (g)	2.1	0.8	2.1	0.6	2.1	0.5
Sodium (mg)	11	4	12	3	12	3

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
		Y									Y	

## Babyccino

MILK: Full Cream **Milk**.

HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains milk.

May contain traces of gluten, soy or tree nuts due to equipment cross contact.

	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	340	295
Energy (Cal)	81	71
Protein (g)	2.3	2.0
Fat, Total (g)	2.6	2.2
Saturated Fat (g)	1.7	1.5
Carbohydrate (g)	3.9	3.4
Sugars (g)	3.8	3.3
Sodium (mg)	30	26

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
T		Y	T			T					Y	

### Babyccino - Skim Milk

SKIM MILK: Skim **Milk**, **Milk** Solids Non Fat.

HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains milk.

May contain traces of gluten, soy or tree nuts due to equipment cross contact.

	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	113	171
Energy (Cal)	27	41
Protein (g)	2.4	3.7
Fat, Total (g)	0.1	0.1
Saturated Fat (g)	0.1	0.1
Carbohydrate (g)	4.0	6.0
Sugars (g)	3.9	5.9
Sodium (mg)	31	47

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
T		Y	T			T					Y	

### Babyccino - Lactose Free Milk

LACTOSE FREE MILK: Milk, Enzyme (Lactase).

HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (Milk), Flavour, Starch, Salt.

Contains milk.

May contain traces of gluten, soy or tree nuts due to equipment cross contact.

	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	129	283
Energy (Cal)	46	68
Protein (g)	2.2	3.2
Fat, Total (g)	2.4	3.5
Saturated Fat (g)	1.7	2.5
Carbohydrate (g)	3.8	5.6
Sugars (g)	3.7	5.5
Sodium (mg)	27	40

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
T		Y	T			T					Y	

### Babyccino - Soy Milk

SOY MILK: Filtered Water, Whole **Soybean**, Raw Sugar, Minerals (Calcium Phosphate), Vegetable Gums (460, 407, 466), Natural Flavours, Salt, Food Acids (340, 331).

HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains milk and soy.

May contain traces of gluten or tree nuts due to equipment cross contact.

	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	132	196
Energy (Cal)	32	47
Protein (g)	2.1	3.1
Fat, Total (g)	1.2	1.8
Saturated Fat (g)	0.2	0.3
Carbohydrate (g)	2.8	4.1
Sugars (g)	2.0	3.0
Sodium (mg)	49	72

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
T		Y	Y			T					Y	

### Babyccino - Almond Milk

ALMOND MILK: Water, **Almonds**, Sugar, Sunflower Oil, Maltodextrin (From Corn), Acidity Regulators (340, 332), Vegetable Gums (418, 415, 410), Sunflower Lecithin, Salt.

HOT CHOCOLATE POWDER: Sugar, Cocoa Powders, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains milk and tree nuts.

May contain traces of gluten or soy due to equipment cross contact.

	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	115	172
Energy (Cal)	27	41
Protein (g)	0.6	0.9
Fat, Total (g)	1.5	2.3
Saturated Fat (g)	0.2	0.2
Carbohydrate (g)	2.6	3.9
Sugars (g)	1.7	2.6
Sodium (mg)	33	49

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
T		Y	T			Y					Y	

### Babyccino - Oat Milk

OAT MILK: Water, Oat Flour (**Gluten**), Sunflower Oil, Acidity Regulators (Dipotassium Phosphate, Potassium Citrate), Salt, Vegetable Gums (460, 466).  
HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains gluten and milk.  
May contain traces of soy or tree nuts due to equipment cross contact.

	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	180	264
Energy (Cal)	43	63
Protein (g)	0.5	0.7
Fat, Total (g)	1.7	2.5
Saturated Fat (g)	0.3	0.4
Carbohydrate (g)	6.2	9.1
Sugars (g)	2.7	1.0
Sodium (mg)	38	56

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
Y		Y	T			T					Y	

### Macchiato

MILK: Full Cream **Milk**.  
COFFEE: Ground and Extracted Roasted Coffee Beans.

Contains milk and caffeine.  
May contain traces of gluten, soy or tree nuts due to equipment cross contact.

	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	15	39
Energy (Cal)	4	9
Protein (g)	0.2	0.5
Fat, Total (g)	0.2	0.5
Saturated Fat (g)	0.1	0.3
Carbohydrate (g)	0.3	0.7
Sugars (g)	0.3	0.7
Sodium (mg)	3	7

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
T		Y	T			T						

### Macchiato - Skim Milk

SKIM MILK: Skim **Milk**, **Milk** Solids Non Fat.  
COFFEE: Ground and Extracted Roasted Coffee Beans.

Contains milk and caffeine.  
May contain traces of gluten, soy or tree nuts due to equipment cross contact.

	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	9	22
Energy (Cal)	2	5
Protein (g)	0.2	0.5
Fat, Total (g)	0.0	0.0
Saturated Fat (g)	0.0	0.0
Carbohydrate (g)	0.3	0.7
Sugars (g)	0.3	0.7
Sodium (mg)	3	7

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
T		Y	T			T						

### Macchiato - Lactose Free Milk

LACTOSE FREE MILK: **Milk**, Enzyme (Lactase).  
COFFEE: Ground and Extracted Roasted Coffee Beans.

Contains milk and caffeine.  
May contain traces of gluten, soy or tree nuts due to equipment cross contact.

	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	15	37
Energy (Cal)	4	9
Protein (g)	0.2	0.5
Fat, Total (g)	0.2	0.4
Saturated Fat (g)	0.1	0.3
Carbohydrate (g)	0.3	0.7
Sugars (g)	0.3	0.7
Sodium (mg)	3	6

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
T		Y	T			T						

## Macchiato - Soy Milk

SOY MILK: Filtered Water, Whole **Soybean**, Raw Sugar, Minerals (Calcium Phosphate), Vegetable Gums (460, 407, 466), Natural Flavours, Salt, Food Acids (340, 331).  
 COFFEE: Ground and Extracted Roasted Coffee Beans.

Contains soy and caffeine.  
 May contain traces of gluten, milk or tree nuts due to equipment cross contact.

	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	10	25
Energy (Cal)	2	6
Protein (g)	0.2	0.5
Fat, Total (g)	0.1	0.2
Saturated Fat (g)	0.0	0.0
Carbohydrate (g)	0.2	0.5
Sugars (g)	0.1	0.3
Sodium (mg)	4	11

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
T		T	Y			T						

## Macchiato - Almond Milk

ALMOND MILK: Water, **Almonds**, Sugar, Sunflower Oil, Maltodextrin (From Corn), Acidity Regulators (340, 332), Vegetable Gums (418, 415, 410), Sunflower Lecithin, Salt.  
 COFFEE: Ground and Extracted Roasted Coffee Beans.

Contains tree nuts and caffeine.  
 May contain traces of gluten, milk or soy due to equipment cross contact.

	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	9	22
Energy (Cal)	2	5
Protein (g)	0.1	0.2
Fat, Total (g)	0.1	0.3
Saturated Fat (g)	0.0	0.0
Carbohydrate (g)	0.2	0.5
Sugars (g)	0.1	0.3
Sodium (mg)	3	8

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
T		T	T			Y						

## Macchiato - Oat Milk

OAT MILK: Water, Oat Flour (**Gluten**), Sunflower Oil, Acidity Regulators (Dipotassium Phosphate, Potassium Citrate), Salt, Vegetable Gums (460, 466).  
 COFFEE: Ground and Extracted Roasted Coffee Beans.

Contains gluten and caffeine.  
 May contain traces of milk, soy or tree nuts due to equipment cross contact.

	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	14	34
Energy (Cal)	3	8
Protein (g)	0.1	0.2
Fat, Total (g)	0.1	0.3
Saturated Fat (g)	0.0	0.0
Carbohydrate (g)	0.5	1.1
Sugars (g)	0.2	0.5
Sodium (mg)	3	9

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
Y		T	T			T						

## Cappuccino

MILK: Full Cream **Milk**.  
 COFFEE: Ground and Extracted Roasted Coffee Beans.  
 HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains milk and caffeine.  
 May contain traces of gluten, soy or tree nuts due to equipment cross contact.

	Small		Standard		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	504	249	690	238	776	235
Energy (Cal)	120	59	165	57	185	56
Protein (g)	5.8	2.9	8.1	2.8	9.1	2.7
Fat, Total (g)	6.5	3.2	9.1	3.1	10.3	3.1
Saturated Fat (g)	4.3	2.1	6.0	2.1	6.8	2.0
Carbohydrate (g)	9.5	4.7	12.6	4.4	14.1	4.3
Sugars (g)	9.4	4.6	12.5	4.3	14.0	4.2
Sodium (mg)	75	37	103	35	116	35

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
T		Y	T			T					Y	

## Cappuccino - Skim Milk

SKIM MILK: Skim **Milk**, **Milk** Solids Non Fat.  
 COFFEE: Ground and Extracted Roasted Coffee Beans.  
 HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains milk and caffeine.  
 May contain traces of gluten, soy or tree nuts due to equipment cross contact.

	Small		Standard		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	279	142	378	134	423	131
Energy (Cal)	67	34	90	32	101	31
Protein (g)	6.1	3.1	8.5	3.0	9.6	3.0
Fat, Total (g)	0.2	0.1	0.3	0.1	0.3	0.1
Saturated Fat (g)	0.2	0.1	0.3	0.1	0.3	0.1
Carbohydrate (g)	9.7	4.9	13.0	4.6	14.5	4.5
Sugars (g)	9.6	4.9	12.9	4.6	14.4	4.5
Sodium (mg)	77	39	106	38	120	37

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
T		Y	T			T					Y	

<b>Cappuccino - Lactose Free Milk</b>	<b>Small</b>		<b>Standard</b>		<b>Large</b>	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
LACTOSE FREE MILK: <b>Milk</b> , Enzyme (Lactase).						
COFFEE: Ground and Extracted Roasted Coffee Beans.						
HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder ( <b>Milk</b> ), Flavour, Starch, Salt.						
Contains milk and caffeine.						
May contain traces of gluten, soy and tree nuts due to equipment cross contact.						
	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts
	T		Y	T		

Energy (kJ)	480	238	657	228	738	224
Energy (Cal)	115	57	157	54	176	54
Protein (g)	5.6	2.8	7.7	2.7	8.7	2.6
Fat, Total (g)	6.0	3.0	8.3	2.9	9.3	2.8
Saturated Fat (g)	4.3	2.1	6.0	2.1	6.8	2.1
Carbohydrate (g)	9.2	4.6	12.3	4.3	13.7	4.2
Sugars (g)	9.1	4.5	12.2	4.2	13.6	4.1
Sodium (mg)	68	33	93	32	104	32

<b>Cappuccino - Soy Milk</b>	<b>Small</b>		<b>Standard</b>		<b>Large</b>	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
SOY MILK: Filtered Water, Whole <b>Soybean</b> , Raw Sugar, Minerals (Calcium Phosphate), Vegetable Gums (460, 407, 466), Natural Flavours, Salt, Food Acids (340, 331).						
COFFEE: Ground and Extracted Roasted Coffee Beans.						
HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder ( <b>Milk</b> ), Flavour, Starch, Salt.						
Contains milk, soy and caffeine.						
May contain traces of gluten or tree nuts due to equipment cross contact.						
	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts
	T		Y	T		

Energy (kJ)	325	162	445	155	499	152
Energy (Cal)	78	39	106	37	119	36
Protein (g)	5.3	2.6	7.3	2.5	8.2	2.5
Fat, Total (g)	3.1	1.5	4.3	1.5	4.9	1.5
Saturated Fat (g)	0.5	0.3	0.7	0.3	0.8	0.3
Carbohydrate (g)	6.5	3.2	8.8	3.1	9.7	3.0
Sugars (g)	4.7	2.4	6.1	2.1	6.7	2.0
Sodium (mg)	123	61	170	59	192	58

<b>Cappuccino - Almond Milk</b>	<b>Small</b>		<b>Standard</b>		<b>Large</b>	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
ALMOND MILK: Water, <b>Almonds</b> , Sugar, Sunflower Oil, Maltodextrin (From Corn), Acidity Regulators (340, 332), Vegetable Gums (418, 415, 410), Sunflower Lecithin, Salt.						
COFFEE: Ground and Extracted Roasted Coffee Beans.						
HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder ( <b>Milk</b> ), Flavour, Starch, Salt.						
Contains milk, tree nuts and caffeine.						
May contain traces of gluten or soy due to equipment cross contact.						
	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts
	T		Y	Y		

Energy (kJ)	283	143	383	135	429	132
Energy (Cal)	68	34	92	32	103	32
Protein (g)	1.5	0.8	2.1	0.7	2.3	0.7
Fat, Total (g)	3.9	2.0	5.4	1.9	6.1	1.9
Saturated Fat (g)	0.4	0.2	0.5	0.2	0.6	0.2
Carbohydrate (g)	6.1	3.2	8.2	2.9	9.1	2.8
Sugars (g)	4.0	2.0	5.1	1.8	5.6	1.7
Sodium (mg)	83	42	114	40	129	40

<b>Cappuccino - Oat Milk</b>	<b>Small</b>		<b>Standard</b>		<b>Large</b>	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
OAT MILK: Water, Oat Flour ( <b>Gluten</b> ), Sunflower Oil, Acidity Regulators (Dipotassium Phosphate, Potassium Citrate), Salt, Vegetable Gums (460, 466).						
COFFEE: Ground and Extracted Roasted Coffee Beans.						
HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder ( <b>Milk</b> ), Flavour, Starch, Salt.						
Contains gluten, milk and caffeine.						
May contain traces of soy or tree nuts due to equipment cross contact.						
	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts
	Y		Y	T		

Energy (kJ)	450	222	615	212	692	209
Energy (Cal)	108	53	147	51	65	50
Protein (g)	1.2	0.6	1.6	0.5	1.8	0.5
Fat, Total (g)	4.4	2.2	6.1	2.1	6.8	2.1
Saturated Fat (g)	0.7	0.3	0.9	0.3	1.1	0.3
Carbohydrate (g)	15.3	7.6	20.8	7.2	23.3	7.1
Sugars (g)	6.6	3.3	8.8	3.0	9.7	2.9
Sodium (mg)	96	47	132	45	148	45

<b>Flat White</b>	<b>Small</b>		<b>Standard</b>		<b>Large</b>	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
MILK: Full Cream <b>Milk</b> .						
COFFEE: Ground and Extracted Roasted Coffee Beans.						
Contains milk and caffeine.						
May contain traces of gluten, soy or tree nuts due to equipment cross contact.						
	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts
	T		Y	T		

Energy (kJ)	487	237	702	232	759	227
Energy (Cal)	116	57	168	55	181	54
Protein (g)	5.8	2.8	8.4	2.8	9.1	2.7
Fat, Total (g)	6.7	3.2	9.6	3.2	10.4	3.1
Saturated Fat (g)	4.4	2.1	6.3	2.1	6.8	2.1
Carbohydrate (g)	8.3	4.0	11.9	3.9	12.9	3.9
Sugars (g)	8.3	4.0	11.9	3.9	12.9	3.9
Sodium (mg)	73	35	105	35	113	34

Flat White - Skim Milk	Small		Standard		Large								
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL							
SKIM MILK: Skim <b>Milk</b> , <b>Milk</b> Solids Non Fat.	250	125	375	127	399	123							
COFFEE: Ground and Extracted Roasted Coffee Beans.	59	29	88	30	94	29							
Energy (kJ)	6.0	3.0	9.0	3.1	9.6	3.0							
Energy (Cal)	0.2	0.1	0.2	0.1	0.3	0.1							
Protein (g)	0.2	0.1	0.2	0.1	0.3	0.1							
Fat, Total (g)	8.3	4.2	12.5	4.2	13.3	4.1							
Saturated Fat (g)	8.3	4.2	12.5	4.2	13.3	4.1							
Carbohydrate (g)	74	37	111	37	118	36							
Sugars (g)													
Sodium (mg)													
	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
	T		Y	T			T						

Flat White - Lactose Free Milk	Small		Standard		Large								
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL							
LACTOSE FREE MILK: <b>Milk</b> , Enzyme (Lactase).	462	226	666	221	721	217							
COFFEE: Ground and Extracted Roasted Coffee Beans.	110	54	159	53	172	52							
Energy (kJ)	5.6	2.7	8.0	2.7	8.7	2.6							
Energy (Cal)	6.1	3.0	8.7	2.9	9.5	2.8							
Protein (g)	4.4	2.2	6.4	2.1	6.9	2.1							
Fat, Total (g)	8.0	3.9	11.6	3.8	12.5	3.8							
Saturated Fat (g)	8.0	3.9	11.6	3.8	12.5	3.8							
Carbohydrate (g)	65	32	94	31	102	31							
Sugars (g)													
Sodium (mg)													
	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
	T		Y	T			T						

Flat White - Soy Milk	Small		Standard		Large								
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL							
SOY MILK: Filtered Water, Whole <b>Soybean</b> , Raw Sugar, Minerals (Calcium Phosphate), Vegetable Gums (460, 407, 466), Natural Flavour, Salt, Food Acids (340, 331).	306	150	441	147	477	144							
COFFEE: Ground and Extracted Roasted Coffee Beans.	73	36	105	35	114	34							
Energy (kJ)	5.2	2.6	7.6	2.5	8.2	2.5							
Energy (Cal)	3.1	1.5	4.5	1.5	4.9	1.5							
Protein (g)	0.5	0.3	0.8	0.3	0.8	0.2							
Fat, Total (g)	5.4	2.7	7.8	2.6	8.5	2.6							
Saturated Fat (g)	3.5	1.7	5.1	1.7	5.5	1.7							
Carbohydrate (g)	3.5	1.7	5.1	1.7	5.5	1.7							
Sugars (g)	122	60	176	59	191	58							
Sodium (mg)													
	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
	T		Y	T			T						

Flat White - Almond Milk	Small		Standard		Large								
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL							
ALMOND MILK: Water, <b>Almonds</b> , Sugar, Sunflower Oil, Maltodextrin (From Corn), Acidity Regulators (340, 332), Vegetable Gums (418, 415, 410), Sunflower Lecithin, Salt.	260	129	375	126	406	124							
COFFEE: Ground and Extracted Roasted Coffee Beans.	62	31	90	30	97	30							
Energy (kJ)	1.4	0.7	2.0	0.7	2.2	0.7							
Energy (Cal)	3.9	2.0	5.7	1.9	6.1	1.9							
Protein (g)	0.3	0.2	0.5	0.2	0.5	0.2							
Fat, Total (g)	5.0	2.5	7.2	2.4	7.8	2.4							
Saturated Fat (g)	2.8	1.4	4.0	1.3	4.3	1.3							
Carbohydrate (g)	2.8	1.4	4.0	1.3	4.3	1.3							
Sugars (g)	81	40	117	39	127	39							
Sodium (mg)													
	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
	T		T	T			Y						

Flat White - Oat Milk	Small		Standard		Large								
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL							
OAT MILK: Water, Oat Flour ( <b>Gluten</b> ), Sunflower Oil, Acidity Regulators (Dipotassium Phosphate, Potassium Citrate), Salt, Vegetable Gums (460, 466).	432	210	622	205	673	202							
COFFEE: Ground and Extracted Roasted Coffee Beans.	103	50	149	49	161	48							
Energy (kJ)	1.0	0.5	1.5	0.5	1.6	0.5							
Energy (Cal)	4.4	2.2	6.4	2.1	6.9	2.1							
Protein (g)	0.7	0.3	1.0	0.3	1.0	0.3							
Fat, Total (g)	14.3	7.0	20.6	6.8	22.3	6.7							
Saturated Fat (g)	5.5	2.7	7.9	2.6	8.5	2.6							
Carbohydrate (g)	94	46	136	45	147	44							
Sugars (g)													
Sodium (mg)													
	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
	Y		T	T			T						

Latte	Small		Standard		Large								
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL							
MILK: Full Cream Milk.	473	236	687	231	745	227							
COFFEE: Water, Ground and Extracted Roasted Coffee Beans.	113	56	164	55	178	54							
Energy (kJ)	5.7	2.8	8.2	2.8	8.9	2.7							
Energy (Cal)	6.5	3.2	9.4	3.2	10.2	3.1							
Protein (g)	4.3	2.1	6.2	2.1	6.7	2.0							
Fat, Total (g)	8.0	4.0	11.7	3.9	12.7	3.9							
Saturated Fat (g)	8.0	4.0	11.7	3.9	12.7	3.9							
Carbohydrate (g)	71	35	103	34	111	34							
Sugars (g)													
Sodium (mg)													
	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
	T		Y	T			T						

Latte - Skim Milk	Small		Standard		Large								
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL							
SKIM MILK: Skim Milk, Milk Solids Non Fat.	242	124	368	127	398	122							
COFFEE: Ground and Extracted Roasted Coffee Beans.	57	29	87	30	94	29							
Energy (kJ)	5.8	3.0	8.8	3.0	9.6	2.9							
Energy (Cal)	0.2	0.1	0.2	0.1	0.3	0.1							
Protein (g)	0.2	0.1	0.2	0.1	0.3	0.1							
Fat, Total (g)	8.1	4.1	12.3	4.2	13.3	4.1							
Saturated Fat (g)	8.1	4.1	12.3	4.2	13.3	4.1							
Carbohydrate (g)	71	37	108	37	117	36							
Sugars (g)													
Sodium (mg)													
	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
	T		Y	T			T						

Latte - Lactose Free Milk	Small		Standard		Large								
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL							
LACTOSE FREE MILK: Milk, Enzyme (Lactase).	449	225	653	220	707	216							
COFFEE: Ground and Extracted Roasted Coffee Beans.	107	54	156	53	169	52							
Energy (kJ)	5.4	2.7	7.9	2.7	8.5	2.6							
Energy (Cal)	5.9	2.9	8.6	2.9	9.3	2.8							
Protein (g)	4.3	2.1	6.2	2.1	6.8	2.1							
Fat, Total (g)	7.8	3.9	11.3	3.8	12.3	3.8							
Saturated Fat (g)	7.8	3.9	11.3	3.8	12.3	3.8							
Carbohydrate (g)	63	32	92	31	100	31							
Sugars (g)													
Sodium (mg)													
	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
	T		Y	T			T						

Latte - Soy Milk	Small		Standard		Large								
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL							
SOY MILK: Filtered Water, Whole Soybean, Raw Sugar, Minerals (Calcium Phosphate), Vegetable Gums (460, 407, 466), Natural Flavour, Salt, Food Acids (340, 331).	297	149	432	146	477	144							
COFFEE: Ground and Extracted Roasted Coffee Beans.	71	36	103	35	114	34							
Energy (kJ)	5.1	2.6	7.4	2.5	8.2	2.5							
Energy (Cal)	3.0	1.5	4.4	1.5	4.9	1.5							
Protein (g)	0.5	0.3	0.7	0.2	0.8	0.2							
Fat, Total (g)	5.3	2.6	7.7	2.6	8.5	2.6							
Saturated Fat (g)	3.4	1.7	5.0	1.7	5.5	1.7							
Carbohydrate (g)	3.4	1.7	5.0	1.7	5.5	1.7							
Sugars (g)	119	60	173	58	191	58							
Sodium (mg)													
	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
	T		T	Y			T						

Latte - Almond Milk	Small		Standard		Large								
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL							
ALMOND MILK: Water, Almonds, Sugar, Sunflower Oil, Maltodextrin (From Corn), Acidity Regulators (340, 332), Vegetable Gums (418, 415, 410), Sunflower Lecithin, Salt.	252	129	367	126	406	124							
COFFEE: Ground and Extracted Roasted Coffee Beans.	60	31	88	30	97	30							
Energy (kJ)	1.4	0.7	2.0	0.7	2.2	0.7							
Energy (Cal)	3.8	1.9	5.6	1.9	6.1	1.9							
Protein (g)	0.3	0.2	0.5	0.2	0.5	0.2							
Fat, Total (g)	4.9	2.5	7.1	2.4	7.8	2.4							
Saturated Fat (g)	2.7	1.4	3.9	1.3	4.3	1.3							
Carbohydrate (g)	79	40	115	39	127	39							
Sugars (g)													
Sodium (mg)													
	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
	T		T	T			Y						



Latte - Oat Milk	Small			Standard			Large						
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL					
OAT MILK: Water, Oat Flour ( <b>Gluten</b> ), Sunflower Oil, Acidity Regulators (Dipotassium Phosphate, Potassium Citrate), Salt, Vegetable Gums (460, 466).	419	209	609	205	660	201							
COFFEE: Ground and Extracted Roasted Coffee Beans.	100	50	146	49	158	48							
Energy (kJ)	1.0	0.5	1.5	0.5	1.6	0.5							
Energy (Cal)	4.3	2.1	6.2	2.1	6.8	2.1							
Protein (g)	0.6	0.3	0.9	0.3	1.0	0.3							
Fat, Total (g)	13.9	6.9	20.2	6.8	21.9	6.7							
Saturated Fat (g)	5.3	2.7	7.7	2.6	8.4	2.6							
Carbohydrate (g)	91	46	133	45	144	44							
Sugars (g)													
Sodium (mg)													
	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
	Y		T	T			T						

Piccolo Latte	Small			Standard			Large						
MILK: Full Cream Milk.													
COFFEE: Ground and Extracted Roasted Coffee Beans.													
Energy (kJ)											172	187	
Energy (Cal)											41	45	
Protein (g)											2.1	2.3	
Fat, Total (g)											2.4	2.6	
Saturated Fat (g)											1.5	1.7	
Carbohydrate (g)											2.9	3.2	
Sugars (g)											2.9	3.2	
Sodium (mg)											26	28	
	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
	T		Y	T			T						

Piccolo Latte - Skim Milk	Small			Standard			Large						
SKIM MILK: Skim Milk, Milk Solids Non Fat.													
COFFEE: Ground and Extracted Roasted Coffee Beans.													
Energy (kJ)											91	101	
Energy (Cal)											22	24	
Protein (g)											2.2	2.4	
Fat, Total (g)											0.1	0.1	
Saturated Fat (g)											0.1	0.1	
Carbohydrate (g)											3.0	3.4	
Sugars (g)											3.0	3.4	
Sodium (mg)											27	20	
	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
	T		Y	T			T						

Piccolo Latte - Lactose Free Milk	Small			Standard			Large						
LACTOSE FREE MILK: Milk, Enzyme (Lactase).													
COFFEE: Ground and Extracted Roasted Coffee Beans.													
Energy (kJ)											164	179	
Energy (Cal)											39	43	
Protein (g)											2.0	2.2	
Fat, Total (g)											2.1	2.3	
Saturated Fat (g)											1.6	1.7	
Carbohydrate (g)											2.9	3.1	
Sugars (g)											2.9	3.1	
Sodium (mg)											23	26	
	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
	T		Y	T			T						

Piccolo Latte - Soy Milk	Small			Standard			Large						
SOY MILK: Filtered Water, Whole Soybean, Raw Sugar, Minerals (Calcium Phosphate), Vegetable Gums (460, 407, 466), Natural Flavour, Salt, Food Acids (340, 331).													
COFFEE: Ground and Extracted Roasted Coffee Beans.													
Energy (kJ)											108	119	
Energy (Cal)											26	28	
Protein (g)											1.9	2.0	
Fat, Total (g)											1.1	1.2	
Saturated Fat (g)											0.2	0.2	
Carbohydrate (g)											1.9	2.1	
Sugars (g)											1.3	1.4	
Sodium (mg)											44	48	
	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
	T		T	Y			T						

### Piccolo Latte - Almond Milk

ALMOND MILK: Water, **Almonds**, Sugar, Sunflower Oil, Maltodextrin (From Corn), Acidity Regulators (340, 332), Vegetable Gums (418, 415, 410), Sunflower Lecithin, Salt.  
 COFFEE: Ground and Extracted Roasted Coffee Beans.

Contains tree nuts and caffeine.  
 May contain traces of gluten, milk or soy due to equipment cross contact.

	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	92	102
Energy (Cal)	22	24
Protein (g)	0.5	0.6
Fat, Total (g)	1.4	1.5
Saturated Fat (g)	0.1	0.1
Carbohydrate (g)	1.8	2.0
Sugars (g)	1.0	1.1
Sodium (mg)	29	32

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
T		T	T			Y						

### Piccolo Latte - Oat Milk

OAT MILK: Water, Oat Flour (**Gluten**), Sunflower Oil, Acidity Regulators (Dipotassium Phosphate, Potassium Citrate), Salt, Vegetable Gums (460, 466).  
 COFFEE: Ground and Extracted Roasted Coffee Beans.

Contains gluten and caffeine.  
 May contain traces of milk, soy or tree nuts due to equipment cross contact.

	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	153	166
Energy (Cal)	37	40
Protein (g)	0.4	0.4
Fat, Total (g)	1.6	1.7
Saturated Fat (g)	0.2	0.3
Carbohydrate (g)	5.1	5.5
Sugars (g)	2.0	2.1
Sodium (mg)	34	37

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
Y		T	T			T						

### Mocha

MILK: Full Cream **Milk**.  
 COFFEE: Ground and Extracted Roasted Coffee Beans.  
 HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains milk and caffeine.  
 May contain traces of gluten, soy or tree nuts due to equipment cross contact.

	Small		Standard		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	883	387	1190	365	1490	392
Energy (Cal)	211	93	284	87	357	94
Protein (g)	8.5	3.7	10.9	3.3	12.9	3.4
Fat, Total (g)	8.5	3.7	10.9	3.2	12.0	3.2
Saturated Fat (g)	5.6	2.4	6.9	2.1	7.8	2.1
Carbohydrate (g)	24.0	10.5	34.5	10.6	46.4	12.2
Sugars (g)	23.1	10.1	33.0	10.2	44.2	11.6
Sodium (mg)	127	56	175	54	219	58

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
T		Y	T			T					Y	

### Mocha - Skim Milk

SKIM MILK: Skim **Milk**, **Milk** Solids Non Fat.  
 COFFEE: Ground and Extracted Roasted Coffee Beans.  
 HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains milk and caffeine.  
 May contain traces of gluten, soy or tree nuts due to equipment cross contact.

	Small		Standard		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	442	204	703	229	896	251
Energy (Cal)	106	49	168	55	214	60
Protein (g)	7.1	3.3	10.5	3.4	12.2	3.4
Fat, Total (g)	0.6	0.3	0.9	0.3	1.3	0.4
Saturated Fat (g)	0.4	0.2	0.7	0.2	0.9	0.3
Carbohydrate (g)	17.1	7.9	27.7	9.0	36.1	10.1
Sugars (g)	16.6	7.6	26.7	8.7	34.7	9.7
Sodium (mg)	101	46	153	50	185	52

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
T		Y	T			T					Y	

### Mocha - Lactose Free Milk

LACTOSE FREE MILK: **Milk**, Enzyme (Lactase).  
 COFFEE: Ground and Extracted Roasted Coffee Beans.  
 HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains milk and caffeine.  
 May contain traces of gluten, soy or tree nuts due to equipment cross contact.

	Small		Standard		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	726	320	1150	355	1450	382
Energy (Cal)	174	77	275	85	347	91
Protein (g)	7.0	3.1	10.5	3.2	12.6	3.3
Fat, Total (g)	6.6	2.9	9.6	3.0	11.0	2.9
Saturated Fat (g)	4.8	2.1	6.9	2.1	7.8	2.1
Carbohydrate (g)	20.1	8.9	34.1	10.5	46.0	12.1
Sugars (g)	19.4	8.5	32.7	10.1	4.9	11.6
Sodium (mg)	101	45	159	49	201	53

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
T		Y	T			T					Y	

<b>Mocha - Soy Milk</b>	<b>Small</b>		<b>Standard</b>		<b>Large</b>																				
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL																			
SOY MILK: Filtered Water, Whole <b>Soybean</b> , Raw Sugar, Minerals (Calcium Phosphate), Vegetable Gums (460, 407, 466), Natural Flavours, Salt, Food Acids (340, 331).	Energy (kJ)	492	223	775	247	976	268																		
COFFEE: Ground and Extracted Roasted Coffee Beans.	Energy (Cal)	118	53	185	59	233	64																		
HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder ( <b>Milk</b> ), Flavour, Starch, Salt.	Protein (g)	6.2	2.8	9.2	2.9	10.8	3.0																		
Contains milk, soy and caffeine.	Fat, Total (g)	3.5	1.6	5.1	1.6	5.9	1.6																		
May contain traces of gluten or tree nuts due to equipment cross contact.	Saturated Fat (g)	0.8	0.3	1.2	0.4	1.5	0.4																		
	Carbohydrate (g)	14.0	6.3	23.4	7.5	31.3	8.6																		
	Sugars (g)	11.5	5.2	19.7	6.3	26.9	7.4																		
	Sodium (mg)	148	67	219	70	259	71																		
	Gluten		Egg		Milk		Soy		Fish & Crustacea		Peanuts		Tree Nuts		Sesame Seeds		Sulphites		Lupin		Preservative		Artificial Flavour		Artificial Colour
	T			Y		Y							T										Y		

<b>Mocha - Almond Milk</b>	<b>Small</b>		<b>Standard</b>		<b>Large</b>																				
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL																			
ALMOND MILK: Water, <b>Almonds</b> , Sugar, Sunflower Oil, Maltodextrin (From Corn), Acidity Regulators (340, 332), Vegetable Gums (418, 415, 410), Sunflower Lecithin, Salt.	Energy (kJ)	447	205	709	230	903	251																		
COFFEE: Ground and Extracted Roasted Coffee Beans.	Energy (Cal)	107	49	169	55	216	60																		
HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder ( <b>Milk</b> ), Flavour, Starch, Salt.	Protein (g)	2.4	1.1	3.8	1.2	4.8	1.3																		
Contains milk, tree nuts and caffeine.	Fat, Total (g)	4.3	2.0	6.3	2.0	7.2	2.0																		
May contain traces of gluten or soy due to equipment cross contact.	Saturated Fat (g)	0.6	0.3	0.9	0.3	1.2	0.3																		
	Carbohydrate (g)	13.6	6.2	22.7	7.4	30.6	8.5																		
	Sugars (g)	10.8	4.9	18.6	6.0	25.7	7.2																		
	Sodium (mg)	106	49	161	52	194	54																		
	Gluten		Egg		Milk		Soy		Fish & Crustacea		Peanuts		Tree Nuts		Sesame Seeds		Sulphites		Lupin		Preservative		Artificial Flavour		Artificial Colour
	T			Y		T							Y										Y		

<b>Mocha - Oat Milk</b>	<b>Small</b>		<b>Standard</b>		<b>Large</b>																				
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL																			
OAT MILK: Water, Oat Flour ( <b>Gluten</b> ), Sunflower Oil, Acidity Regulators (Dipotassium Phosphate, Potassium Citrate), Salt, Vegetable Gums (460, 466).	Energy (kJ)	696	306	1110	340	1400	369																		
COFFEE: Ground and Extracted Roasted Coffee Beans.	Energy (Cal)	166	73	264	81	335	88																		
HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder ( <b>Milk</b> ), Flavour, Starch, Salt.	Protein (g)	2.4	1.1	4.1	1.3	5.5	1.4																		
Contains gluten, milk and caffeine.	Fat, Total (g)	5.0	2.2	7.3	2.2	8.4	2.2																		
May contain traces of soy or tree nuts due to equipment cross contact.	Saturated Fat (g)	1.0	0.4	1.6	0.5	2.0	0.5																		
	Carbohydrate (g)	26.4	11.6	43.0	13.2	55.8	14.7																		
	Sugars (g)	16.8	7.4	29.1	9.0	39.9	10.5																		
	Sodium (mg)	130	57	200	62	246	65																		
	Gluten		Egg		Milk		Soy		Fish & Crustacea		Peanuts		Tree Nuts		Sesame Seeds		Sulphites		Lupin		Preservative		Artificial Flavour		Artificial Colour
	Y			Y		T							T										Y		

<b>Hot Chocolate</b>	<b>Small</b>		<b>Standard</b>		<b>Large</b>																				
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL																			
MILK: Full Cream <b>Milk</b> .	Energy (kJ)	1010	416	1500	428	1990	416																		
WATER: Water.	Energy (Cal)	242	99	359	102	476	99																		
HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder ( <b>Milk</b> ), Flavour, Starch, Salt.	Protein (g)	8.8	3.6	13.1	3.7	17.4	3.6																		
Contains milk.	Fat, Total (g)	8.1	3.3	12.1	3.4	16.1	3.4																		
May contain traces of gluten, soy or tree nuts due to equipment cross contact.	Saturated Fat (g)	5.3	2.2	7.9	2.3	10.5	2.2																		
	Carbohydrate (g)	31.6	13.0	46.6	13.3	61.7	12.9																		
	Sugars (g)	30.1	12.4	44.5	12.7	58.9	12.3																		
	Sodium (mg)	143	59	213	61	283	59																		
	Gluten		Egg		Milk		Soy		Fish & Crustacea		Peanuts		Tree Nuts		Sesame Seeds		Sulphites		Lupin		Preservative		Artificial Flavour		Artificial Colour
	T			Y		T							T										Y		

<b>Hot Chocolate - Skim Milk</b>	<b>Small</b>		<b>Standard</b>		<b>Large</b>																				
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL																			
SKIM MILK: Skim <b>Milk</b> , <b>Milk</b> Solids Non Fat.	Energy (kJ)	597	275	872	284	1150	274																		
WATER: Water.	Energy (Cal)	143	66	208	68	276	65																		
HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder ( <b>Milk</b> ), Flavour, Starch, Salt.	Protein (g)	7.9	3.7	11.6	3.8	15.5	3.7																		
Contains milk.	Fat, Total (g)	0.9	0.4	1.3	0.4	1.7	0.4																		
May contain traces of gluten, soy or tree nuts due to equipment cross contact.	Saturated Fat (g)	0.6	0.3	0.9	0.3	1.2	0.3																		
	Carbohydrate (g)	24.2	11.1	35.3	11.5	46.7	11.1																		
	Sugars (g)	23.2	10.7	33.9	11.0	44.8	10.6																		
	Sodium (mg)	121	56	177	58	236	56																		
	Gluten		Egg		Milk		Soy		Fish & Crustacea		Peanuts		Tree Nuts		Sesame Seeds		Sulphites		Lupin		Preservative		Artificial Flavour		Artificial Colour
	T			Y		T							T										Y		

Hot Chocolate - Lactose Free Milk	Small			Standard		Large							
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL							
LACTOSE FREE MILK: <b>Milk</b> , Enzyme (Lactase).	985	407	1460	418	1940	406							
HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder ( <b>Milk</b> ), Flavour, Starch, Salt.	235	97	349	100	464	9							
Energy (kJ)	8.5	3.5	12.7	3.6	16.8	3.5							
Energy (Cal)	7.4	3.1	11.1	3.2	14.8	3.1							
Protein (g)	5.3	2.2	8.0	2.3	10.6	2.2							
Fat, Total (g)	31.3	12.9	46.2	13.2	61.1	12.8							
Saturated Fat (g)	29.8	12.3	44.1	12.6	58.3	12.2							
Carbohydrate (g)	136	56	201	58	267	56							
Sugars (g)													
Sodium (mg)													
	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
	T		Y	T			T					Y	

Hot Chocolate - Soy Milk	Small			Standard		Large							
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL							
SOY MILK: Filtered Water, Whole <b>Soybean</b> , Raw Sugar, Minerals (Calcium Phosphate), Vegetable Gums (460, 407, 466), Natural Flavours, Salt, Food Acids (340, 331).	646	293	945	302	1250	291							
WATER: Water.	154	70	226	72	299	70							
HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder ( <b>Milk</b> ), Flavour, Starch, Salt.	7.0	3.2	10.3	3.3	13.7	3.2							
Energy (kJ)	3.8	1.7	5.6	1.8	7.5	1.7							
Energy (Cal)	1.0	0.4	1.4	0.4	1.9	0.4							
Protein (g)	21.1	9.5	30.7	9.8	40.6	9.4							
Fat, Total (g)	18.2	8.2	26.5	8.5	34.9	8.1							
Saturated Fat (g)	168	76	246	79	328	76							
Carbohydrate (g)													
Sugars (g)													
Sodium (mg)													
	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
	T		Y	Y			T					Y	

Hot Chocolate - Almond Milk	Small			Standard		Large							
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL							
ALMOND MILK: Water, <b>Almonds</b> , Sugar, Sunflower Oil, Maltodextrin (From Corn), Acidity Regulators (340, 332), Vegetable Gums (418, 415, 410), Sunflower Lecithin, Salt.	601	275	878	284	1160	274							
WATER: Water.	144	66	210	68	278	65							
HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder ( <b>Milk</b> ), Flavour, Starch, Salt.	3.2	1.5	4.6	1.5	6.1	1.4							
Energy (kJ)	4.6	2.1	6.8	2.2	9.1	2.1							
Energy (Cal)	0.8	0.4	1.1	0.4	1.5	0.4							
Protein (g)	20.7	9.5	30.1	69.8	39.7	9.4							
Fat, Total (g)	17.4	8.0	25.4	8.2	33.5	7.9							
Saturated Fat (g)	127	58	186	60	247	58							
Carbohydrate (g)													
Sugars (g)													
Sodium (mg)													
	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
	T		Y	T			Y					Y	

Hot Chocolate - Oat Milk	Small			Standard		Large							
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL							
OAT MILK: Water, Oat Flour ( <b>Gluten</b> ), Sunflower Oil, Acidity Regulators (Dipotassium Phosphate, Potassium Citrate), Salt, Vegetable Gums (460, 466).	953	392	1410	403	1870	391							
WATER: Water.	228	94	338	96	448	94							
HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder ( <b>Milk</b> ), Flavour, Starch, Salt.	3.7	1.5	5.5	1.6	7.2	1.5							
Energy (kJ)	5.7	2.4	8.5	2.4	11.4	2.4							
Energy (Cal)	1.3	0.6	2.0	0.6	2.7	0.6							
Protein (g)	37.9	15.6	56.2	16.0	74.4	15.5							
Fat, Total (g)	27.1	11.2	40.0	11.4	52.9	11.1							
Saturated Fat (g)	166	68	247	70	328	69							
Carbohydrate (g)													
Sugars (g)													
Sodium (mg)													
	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
	Y		Y	T			T					Y	

Chai Latte	Small			Standard		Large							
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL							
MILK: Full Cream <b>Milk</b> .	756	352	1250	390	1750	409							
WATER: Water.	181	84	300	93	419	98							
CHAI POWDER: Sugar, <b>Milk</b> Solids, Beverage Whitener (Vegetable Fat, Glucose Syrup Solids, <b>Milk</b> Protein, Emulsifiers (471, 472c), Stabilisers (339(ii)) (450(i)), Anti-caking Agent (551), Antioxidant (307b)), Maltodextrin, Tea Powder, Colour 150d, Spices, Malt Extract ( <b>Barley</b> ), Flavourings, Vegetable Gum (407), Spice Extract, Lactose ( <b>Milk</b> ), Anticaking Agent (551).	7.1	3.3	11.1	3.4	15.1	3.5							
Energy (kJ)	7.8	3.6	12.1	3.7	16.3	3.8							
Energy (Cal)	5.0	2.3	7.7	2.4	10.4	2.4							
Protein (g)	20.4	9.5	36.4	11.3	52.4	12.2							
Fat, Total (g)	19.7	9.2	35.0	10.9	50.4	11.7							
Saturated Fat (g)	100	47	162	50	224	52							
Carbohydrate (g)													
Sugars (g)													
Sodium (mg)													
	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
	Y		Y	T			T		Y			Y	Y

<b>Chai Latte - Skim Milk</b>	<b>Small</b>			<b>Standard</b>		<b>Large</b>							
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL							
SKIM MILK: Skim <b>Milk</b> , <b>Milk</b> Solids Non Fat.	511	245	888	284	1260	303							
WATER: Water.	122	58	212	68	302	72							
CHAI POWDER: Sugar, <b>Milk</b> Solids, Beverage Whitener (Vegetable Fat, Glucose Syrup Solids, <b>Milk</b> Protein, Emulsifiers (471, 472c), Stabilisers (339(ii)) (450(i)), Anti-caking Agent (551), Antioxidant (307b)), Maltodextrin, Tea Powder, Colour 150d, Spices, Malt Extract ( <b>Barley</b> ), Flavourings, Vegetable Gum (407), Spice Extract, Lactose ( <b>Milk</b> ), Anticaking Agent (551).	7.4	3.5	11.6	3.7	15.8	3.8							
	0.9	0.4	1.7	0.6	2.6	0.6							
	0.5	0.3	1.0	0.3	1.4	0.3							
	20.6	9.9	36.8	11.7	52.9	12.7							
	20.0	9.6	35.5	11.3	50.9	12.2							
	103	49	166	53	230	55							
	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
	Y		Y	T			T		Y			Y	Y

<b>Chai Latte - Lactose Free Milk</b>	<b>Small</b>			<b>Standard</b>		<b>Large</b>							
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL							
LACTOSE FREE MILK: <b>Milk</b> , Enzyme (Lactase).	731	341	1220	380	1700	399							
WATER: Water.	175	82	291	91	407	95							
CHAI POWDER: Sugar, <b>Milk</b> Solids, Beverage Whitener (Vegetable Fat, Glucose Syrup Solids, <b>Milk</b> Protein, Emulsifiers (471, 472c), Stabilisers (339(ii)) (450(i)), Anti-caking Agent (551), Antioxidant (307b)), Maltodextrin, Tea Powder, Colour 150d, Spices, Malt Extract ( <b>Barley</b> ), Flavourings, Vegetable Gum (407), Spice Extract, Lactose ( <b>Milk</b> ), Anticaking Agent (551).	6.7	3.1	10.5	3.3	14.3	3.3							
	7.2	3.3	11.1	3.5	15.0	3.5							
	5.1	2.4	7.8	2.4	10.5	2.5							
	20.3	9.5	36.3	11.3	52.4	12.3							
	19.0	8.9	33.8	10.5	48.6	11.4							
	92	43	150	47	208	49							
	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
	Y		Y	T			T		Y			Y	Y

<b>Chai Latte - Soy Milk</b>	<b>Small</b>			<b>Standard</b>		<b>Large</b>							
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL							
SOY MILK: Filtered Water, Whole <b>Soybean</b> , Raw Sugar, Minerals (Calcium Phosphate), Vegetable Gums (460, 407, 466), Natural Flavours, Salt, Food Acids (340, 331).	564	265	967	303	1370	322							
WATER: Water.	135	63	231	72	327	77							
CHAI POWDER: Sugar, <b>Milk</b> Solids, Beverage Whitener (Vegetable Fat, Glucose Syrup Solids, <b>Milk</b> Protein, Emulsifiers (471, 472c), Stabilisers (339(ii)) (450(i)), Anti-caking Agent (551), Antioxidant (307b)), Maltodextrin, Tea Powder, Colour 150d, Spices, Malt Extract ( <b>Barley</b> ), Flavourings, Vegetable Gum (407), Spice Extract, Lactose ( <b>Milk</b> ), Anticaking Agent (551).	6.5	3.0	10.2	3.2	13.8	3.3							
	4.0	1.9	6.4	2.0	8.8	2.1							
	0.9	0.4	1.5	0.5	2.2	0.5							
	17.3	8.1	31.8	10.0	46.3	10.9							
	14.7	6.9	27.5	8.6	40.3	9.5							
	153	72	241	76	329	77							
	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
	Y		Y	Y			T		Y			Y	Y

<b>Chai Latte - Almond Milk</b>	<b>Small</b>			<b>Standard</b>		<b>Large</b>							
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL							
ALMOND MILK: Water, <b>Almonds</b> , Sugar, Sunflower Oil, Maltodextrin (From Corn), Acidity Regulators (340, 332), Vegetable Gums (418, 415, 410), Sunflower Lecithin, Salt.	517	246	897	285	1280	304							
WATER: Water.	124	59	214	68	305	73							
CHAI POWDER: Sugar, <b>Milk</b> Solids, Beverage Whitener (Vegetable Fat, Glucose Syrup Solids, <b>Milk</b> Protein, Emulsifiers (471, 472c), Stabilisers (339(ii)) (450(i)), Anti-caking Agent (551), Antioxidant (307b)), Maltodextrin, Tea Powder, Colour 150d, Spices, Malt Extract ( <b>Barley</b> ), Flavourings, Vegetable Gum (407), Spice Extract, Lactose ( <b>Milk</b> ), Anticaking Agent (551).	2.3	101.0	3.9	1.2	5.5	1.3							
	4.9	2.3	7.7	2.4	10.5	2.5							
	0.7	0.4	1.3	0.4	1.9	0.4							
	17.1	8.1	31.5	10.0	46.0	11.0							
	13.5	6.4	25.5	8.1	37.5	8.9							
	109	52	175	56	242	58							
	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
	Y		Y	T			Y		Y			Y	Y

<b>Chai Latte - Oat Milk</b>	<b>Small</b>			<b>Standard</b>		<b>Large</b>							
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL							
OAT MILK: Water, Oat Flour ( <b>Gluten</b> ), Sunflower Oil, Acidity Regulators (Dipotassium Phosphate, Potassium Citrate), Salt, Vegetable Gums (460, 466).	699	325	1170	363	1640	382							
WATER: Water.	167	78	279	87	392	91							
CHAI POWDER: Sugar, <b>Milk</b> Solids, Beverage Whitener (Vegetable Fat, Glucose Syrup Solids, <b>Milk</b> Protein, Emulsifiers (471, 472c), Stabilisers (339(ii)) (450(i)), Anti-caking Agent (551), Antioxidant (307b)), Maltodextrin, Tea Powder, Colour 150d, Spices, Malt Extract ( <b>Barley</b> ), Flavourings, Vegetable Gum (407), Spice Extract, Lactose ( <b>Milk</b> ), Anticaking Agent (551).	1.9	0.9	3.3	1.0	4.7	1.1							
	5.4	2.5	8.5	2.6	11.6	2.7							
	1.1	0.5	1.8	0.6	2.6	0.6							
	26.9	12.5	46.3	14.4	65.7	15.3							
	16.3	7.6	29.7	9.2	43.2	10.1							
	123	57	196	61	269	63							
	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
	Y		Y	T			T		Y			Y	Y

Tea	Small			Standard		Large							
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL							
ENGLISH BREAKFAST TEA: Water, Ceylon Tea.	16	6	23	6	27	6							
EARL GREY TEA: Water, Ceylon Black Tea, Bergamont Flavour.	4	1	5	1	6	1							
JASMINE GREEN TEA: Water, Green Tea with Jasmine Petals.	0.3	0.1	0.4	0.1	0.5	0.1							
PEPPERMINT AND CINNAMON TEA: Water, Peppermint Herb, Cinnamon Spice.	0.3	0.1	0.4	0.1	0.5	0.1							
	0.0	0.0	0.0	0.0	0.0	0.0							
	0.0	0.0	0.0	0.0	0.0	0.0							
	0.0	0.0	0.0	0.0	0.0	0.0							
	10	4	15	4	18	4							
	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour

## COLD BEVERAGES

Iced Long Black	Small			Standard		Large							
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL							
ICE: Water.	<1	<1	1	<1	2	1							
COFFEE: Ground and Extracted Roasted Coffee Beans	<1	<1	<1	<1	<1	<1							
	0.0	0.0	0.0	0.0	0.0	0.0							
	0.0	0.0	0.0	0.0	0.0	0.0							
	0.0	0.0	0.0	0.0	0.0	0.0							
	0.0	0.0	0.0	0.0	0.0	0.0							
	0.0	0.0	0.0	0.0	0.0	0.0							
	<1	<1	<1	<1	1	<1							
	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour

Iced Chocolate	Small			Standard		Large							
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL							
MILK: Full Cream Milk.	1270	358	1800	348	2330	343							
ICE: Water.	302	85	429	83	555	82							
CHOCOLATE SYRUP: Invert Sugar Syrup, Glucose Syrup (Preservative (223)), Water, Cocoa Powder, Salt, Preservative (202), Acidity Regulator (330), Flavours.	8.6	2.4	12.9	2.5	17.2	2.5							
WHIPPED CREAM: Cream (Milk), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gum (407, 401).	14.4	4.1	19.2	3.7	23.9	3.5							
HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (Milk), Flavour, Starch, Salt.	9.5	2.7	12.7	2.5	16.8	2.3							
	33.9	9.6	50.2	9.7	66.5	9.8							
	30.2	8.5	44.7	8.7	59.3	8.7							
	184	52	274	53	365	54							
	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
	T		Y	T			T		Y		Y		

Iced Chocolate - Skim Milk	Small			Standard		Large							
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL							
SKIM MILK: Skim Milk, Milk Solids Non Fat.	924	281	1290	267	1660	259							
ICE: Water	219	67	305	63	392	61							
CHOCOLATE SYRUP: Invert Sugar Syrup, Glucose Syrup (Preservative (223)), Water, Cocoa Powder, Salt, Preservative (202), Acidity Regulator (330), Flavours.	8.5	2.6	12.9	2.7	17.3	2.7							
WHIPPED CREAM: Cream (Milk), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gum (407, 401).	5.9	1.8	6.3	1.3	6.6	1.0							
HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (Milk), Flavour, Starch, Salt.	4.0	1.2	4.3	0.9	4.5	0.7							
	32.4	9.8	48.4	10.0	64.5	10.1							
	29.0	8.8	43.3	9.0	57.6	9.0							
	177	54	267	55	357	56							
	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
	T		Y	T			T		Y		Y		

Iced Chocolate - Lactose Free Milk	Small			Standard		Large							
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL							
LACTOSE FREE MILK: Milk, Enzyme (Lactase).	1220	345	1720	334	2220	328							
ICE: Water	291	82	411	80	531	78							
CHOCOLATE SYRUP: Invert Sugar Syrup, Glucose Syrup (Preservative (223)), Water, Cocoa Powder, Salt, Preservative (202), Acidity Regulator (330), Flavours.	8.2	2.3	12.2	2.4	16.3	2.4							
WHIPPED CREAM: Cream (Milk), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gum (407, 401).	13.7	3.9	18.0	3.5	22.2	3.3							
HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (Milk), Flavour, Starch, Salt.	9.9	2.8	13.0	2.5	16.1	2.4							
	32.6	9.2	48.3	9.4	64.0	9.5							
	29.3	8.3	43.5	8.4	57.6	8.5							
	167	47	250	49	332	49							
	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
	T		Y	T			T		Y		Y		

Iced Chocolate - Soy Milk	Small			Standard		Large							
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL							
SOY MILK: Filtered Water, Whole <b>Soybean</b> , Raw Sugar, Minerals (Calcium Phosphate), Vegetable Gums (460, 407, 466), Natural Flavours, Salt, Food Acids (340, 331).	1010	288	1410	275	1810	268							
ICE: Water.	242	69	337	66	432	64							
CHOCOLATE SYRUP: Invert Sugar Syrup, Glucose Syrup (Preservative (223)), Water, Cocoa Powder, Salt, Preservative (202), Acidity Regulator (330), Flavours.	7.7	2.2	11.5	2.3	15.4	2.3							
WHIPPED CREAM: Cream ( <b>Milk</b> ), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gum (407, 401).	9.9	2.8	12.1	2.4	14.4	2.1							
HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder ( <b>Milk</b> ), Flavour, Starch, Salt.	4.6	1.3	5.0	1.0	5.5	0.8							
	29.3	8.3	43.3	8.4	57.2	8.5							
	23.7	6.7	34.7	6.8	45.8	6.8							
	240	68	361	70	482	71							
	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
	T		Y	Y			T		Y		Y	Y	

Iced Chocolate - Almond Milk	Small			Standard		Large							
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL							
ALMOND MILK: Water, <b>Almonds</b> , Sugar, Sunflower Oil, Maltodextrin (From Corn), Acidity Regulators (340, 332), Vegetable Gums (418, 415, 410), Sunflower Lecithin, Salt.	962	276	1330	262	1690	254							
ICE: Water.	230	66	317	62	405	61							
CHOCOLATE SYRUP: Invert Sugar Syrup, Glucose Syrup (Preservative (223)), Water, Cocoa Powder, Salt, Preservative (202), Acidity Regulator (330), Flavours.	2.9	0.8	4.1	0.8	5.3	0.8							
WHIPPED CREAM: Cream ( <b>Milk</b> ), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gum (407, 401).	11.0	3.2	13.8	2.7	16.7	2.5							
HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder ( <b>Milk</b> ), Flavour, Starch, Salt.	4.7	1.4	5.1	1.0	5.4	0.8							
	28.8	8.3	42.5	8.4	56.1	8.4							
	22.7	6.5	33.3	6.6	43.8	6.6							
	187	54	280	55	374	56							
	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
	T		Y	T			Y		Y		Y	Y	

Iced Chocolate - Oat Milk	Small			Standard		Large							
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL							
OAT MILK: Water, Oat Flour ( <b>Gluten</b> ), Sunflower Oil, Acidity Regulators (Dipotassium Phosphate, Potassium Citrate), Salt, Vegetable Gums (460, 466).	1180	333	1660	322	2140	316							
ICE: Water.	282	80	397	77	512	75							
CHOCOLATE SYRUP: Invert Sugar Syrup, Glucose Syrup (Preservative (223)), Water, Cocoa Powder, Salt, Preservative (202), Acidity Regulator (330), Flavours.	2.4	0.7	3.4	0.7	4.4	0.7							
WHIPPED CREAM: Cream ( <b>Milk</b> ), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gum (407, 401).	11.6	3.3	14.8	2.9	17.9	2.6							
HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder ( <b>Milk</b> ), Flavour, Starch, Salt.	5.1	1.4	5.7	1.1	6.3	0.9							
	40.0	11.5	60.5	11.7	80.5	11.9							
	26.1	7.4	38.5	7.5	50.9	7.5							
	204	58	306	59	408	60							
	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
	Y		Y	T			T		Y		Y	Y	

Iced Chai Latte	Small			Standard		Large							
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL							
MILK: Full Cream <b>Milk</b> .	996	268	1690	306	2210	329							
ICE: Water.	238	64	404	73	528	79							
WATER: Water.	9.4	2.5	15.2	2.7	18.8	2.8							
CHAI POWDER: Sugar, <b>Milk</b> Solids, Beverage Whitener (Vegetable Fat, Glucose Syrup Solids, <b>Milk</b> Protein, Emulsifiers (471, 472c), Stabilisers (339(ii)) (450(i)), Anti-caking Agent (551), Antioxidant (307b)), Maltodextrin, Tea Powder, Colour 150d, Spices, Malt Extract ( <b>Barley</b> ), Flavourings, Vegetable Gum (407), Spice Extract, Lactose ( <b>Milk</b> ), Anticaking Agent (551).	10.4	2.8	16.6	3.0	20.3	3.0							
	6.6	1.8	10.6	1.9	12.9	1.9							
	26.6	7.2	48.1	8.7	66.5	9.9							
	25.7	6.9	46.3	8.4	63.9	9.5							
	132	36	220	40	281	42							
	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
	Y		Y	T			T		Y		Y	Y	Y

Iced Chai Latte - Skim Milk	Small			Standard		Large							
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL							
SKIM MILK: Skim <b>Milk</b> , <b>Milk</b> Solids Non Fat.	670	184	1180	219	1600	244							
ICE: Water.	159	44	282	52	382	58							
WATER: Water.	9.8	2.7	15.9	2.9	19.7	3.0							
CHAI POWDER: Sugar, <b>Milk</b> Solids, Beverage Whitener (Vegetable Fat, Glucose Syrup Solids, <b>Milk</b> Protein, Emulsifiers (471, 472c), Stabilisers (339(ii)) (450(i)), Anti-caking Agent (551), Antioxidant (307b)), Maltodextrin, Tea Powder, Colour 150d, Spices, Malt Extract ( <b>Barley</b> ), Flavourings, Vegetable Gum (407), Spice Extract, Lactose ( <b>Milk</b> ), Anticaking Agent (551).	1.2	0.3	2.3	0.4	3.3	0.5							
	0.7	0.2	1.3	0.2	1.8	0.3							
	27.0	7.4	48.6	9.0	67.2	10.3							
	26.1	7.2	46.9	8.7	64.6	9.9							
	136	37	226	42	288	44							
	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
	Y		Y	Y			T		Y		Y	Y	Y



### Iced Chai Latte - Lactose Free Milk

LACTOSE FREE MILK: **Milk**, Enzyme (Lactase).

ICE: Water.

WATER: Water.

CHAI POWDER: Sugar, **Milk** Solids, Beverage Whitener (Vegetable Fat, Glucose Syrup Solids, **Milk** Protein, Emulsifiers (471, 472c), Stabilisers (339(iii)) (450(i)), Anti-caking Agent (551),

Antioxidant (307b)), Maltodextrin, Tea Powder, Colour 150d, Spices, Malt Extract (**Barley**), Flavourings, Vegetable Gum (407), Spice Extract, Lactose (**Milk**), Anticaking Agent (551).

Contains gluten, milk and sulphites.

May contain traces of soy or tree nuts due to equipment cross contact.

	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
		Y		Y	T			T		Y			Y

	Small		Standard		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	963	260	1640	298	2150	321
Energy (Cal)	230	62	393	71	513	77
Protein (g)	8.9	2.4	14.4	2.6	17.8	2.7
Fat, Total (g)	9.5	2.6	15.3	2.8	18.7	2.8
Saturated Fat (g)	6.7	1.8	10.7	1.9	13.1	2.0
Carbohydrate (g)	26.5	7.1	48.1	8.7	66.5	10.0
Sugars (g)	24.8	6.7	44.8	8.1	61.7	9.2
Sodium (mg)	122	33	204	37	261	39

### Iced Chai Latte - Soy Milk

SOY MILK: Filtered Water, Whole **Soybean**, Raw Sugar, Minerals (Calcium Phosphate), Vegetable Gums (460, 407, 466), Natural Flavours, Salt, Food Acids (340, 331).

ICE: Water.

WATER: Water.

CHAI POWDER: Sugar, **Milk** Solids, Beverage Whitener (Vegetable Fat, Glucose Syrup Solids, **Milk** Protein, Emulsifiers (471, 472c), Stabilisers (339(iii)) (450(i)), Anti-caking Agent (551),

Antioxidant (307b)), Maltodextrin, Tea Powder, Colour 150d, Spices, Malt Extract (**Barley**), Flavourings, Vegetable Gum (407), Spice Extract, Lactose (**Milk**), Anticaking Agent (551).

Contains gluten, milk, soy and sulphites.

May contain traces of tree nuts due to equipment cross contact.

	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
		Y		Y	Y			T		Y			Y

	Small		Standard		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	740	200	1290	235	1730	260
Energy (Cal)	177	48	309	56	414	62
Protein (g)	8.6	2.3	13.9	2.5	17.3	2.6
Fat, Total (g)	5.4	1.5	8.8	1.6	11.0	1.7
Saturated Fat (g)	1.2	0.3	2.1	0.4	2.7	0.4
Carbohydrate (g)	22.6	6.1	41.8	7.6	59.0	8.9
Sugars (g)	19.0	5.1	35.9	6.5	51.5	7.7
Sodium (mg)	203	55	329	60	411	62

### Iced Chai Latte - Almond Milk

ALMOND MILK: Water, **Almonds**, Sugar, Sunflower Oil, Maltodextrin (From Corn), Acidity Regulators (340, 332), Vegetable Gums (418, 415, 410), Sunflower Lecithin, Salt.

ICE: Water.

WATER: Water.

CHAI POWDER: Sugar, **Milk** Solids, Beverage Whitener (Vegetable Fat, Glucose Syrup Solids, **Milk** Protein, Emulsifiers (471, 472c), Stabilisers (339(iii)) (450(i)), Anti-caking Agent (551),

Antioxidant (307b)), Maltodextrin, Tea Powder, Colour 150d, Spices, Malt Extract (**Barley**), Flavourings, Vegetable Gum (407), Spice Extract, Lactose (**Milk**), Anticaking Agent (551).

Contains gluten, milk, tree nuts and sulphites.

May contain traces of soy due to equipment cross contact.

	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
		Y		Y	T			Y		Y			Y

	Small		Standard		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	676	185	1190	219	1610	245
Energy (Cal)	162	44	285	52	385	58
Protein (g)	3.1	0.9	5.4	1.0	7.2	1.1
Fat, Total (g)	6.5	1.8	10.6	1.9	13.2	2.0
Saturated Fat (g)	0.9	0.3	1.7	0.3	2.3	0.3
Carbohydrate (g)	22.0	6.0	40.9	7.5	57.9	8.8
Sugars (g)	18.0	4.9	34.3	6.3	49.5	7.5
Sodium (mg)	144	39	238	44	303	46

### Iced Chai Latte - Oat Milk

OAT MILK: Water, Oat Flour (**Gluten**), Sunflower Oil, Acidity Regulators (Dipotassium Phosphate, Potassium Citrate), Salt, Vegetable Gums (460, 466).

ICE: Water.

WATER: Water.

CHAI POWDER: Sugar, **Milk** Solids, Beverage Whitener (Vegetable Fat, Glucose Syrup Solids, **Milk** Protein, Emulsifiers (471, 472c), Stabilisers (339(iii)) (450(i)), Anti-caking Agent (551),

Antioxidant (307b)), Maltodextrin, Tea Powder, Colour 150d, Spices, Malt Extract (**Barley**), Flavourings, Vegetable Gum (407), Spice Extract, Lactose (**Milk**), Anticaking Agent (551).

Contains gluten, milk and sulphites.

May contain traces of soy or tree nuts due to equipment cross contact.

	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
		Y		Y	T			T		Y			Y

	Small		Standard		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	920	247	1570	285	2070	308
Energy (Cal)	220	59	376	68	494	74
Protein (g)	2.5	0.7	4.4	0.8	5.9	0.9
Fat, Total (g)	7.2	1.9	11.6	2.1	14.4	2.2
Saturated Fat (g)	1.4	0.4	2.4	0.4	3.2	0.5
Carbohydrate (g)	35.3	9.5	61.8	11.2	83.0	12.4
Sugars (g)	21.3	5.7	39.1	7.1	55.0	8.2
Sodium (mg)	163	44	267	48	337	50

### Iced Latte

MILK: Full Cream **Milk**.

ICE: Water.

COFFEE: Ground and Extracted Roasted Coffee Beans.

SUGAR SYRUP: Sucrose Syrup, Preservatives (211, 202), Food Acid (330).

Contains milk and caffeine.

May contain traces of gluten, soy or tree nuts due to equipment cross contact.

	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
		T		Y	T			T				Y	

	Small		Standard		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	791	251	1300	274	1800	290
Energy (Cal)	189	60	310	66	430	69
Protein (g)	6.8	2.2	10.3	2.2	13.7	2.2
Fat, Total (g)	7.9	2.5	11.8	2.5	15.7	2.5
Saturated Fat (g)	5.2	1.6	7.7	1.6	10.3	1.7
Carbohydrate (g)	22.6	7.2	40.4	8.5	58.1	9.4
Sugars (g)	22.6	7.2	40.3	8.5	58.1	9.4
Sodium (mg)	85	27	128	27	171	28



<b>Iced Latte - Skim Milk</b>	<b>Small</b>							<b>Standard</b>			<b>Large</b>			
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL		
SKIM MILK: Skim <b>Milk</b> , <b>Milk</b> Solids Non Fat.	Energy (kJ)	521	160	927	180	1260	196	Energy (Cal)	124	38	222	43	301	47
ICE: Water.	Protein (g)	7.2	2.2	11.8	2.3	14.5	2.2	Fat, Total (g)	0.2	0.1	0.3	0.1	0.4	0.1
COFFEE: Ground and Extracted Roasted Coffee Beans.	Saturated Fat (g)	0.2	0.1	0.3	0.1	0.4	0.1	Carbohydrate (g)	22.9	7.0	42.1	8.2	58.8	9.1
SUGAR SYRUP: Sucrose Syrup, Preservatives (211, 202), Food Acid (330).	Sugars (g)	22.9	7.0	42.1	8.2	58.8	9.1	Sodium (mg)	89	27	145	28	178	28
Contains milk and caffeine.	Gluten		Egg		Milk		Soy		Fish & Crustacea		Peanuts		Tree Nuts	
May contain traces of gluten, soy or tree nuts due to equipment cross contact.	T			Y		T							T	
	<b>Small</b>							<b>Standard</b>			<b>Large</b>			
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
LACTOSE FREE MILK: <b>Milk</b> , Enzyme (Lactase).	Energy (kJ)	762	243	1250	266	1740	282	Energy (Cal)	182	58	299	64	417	67
ICE: Water.	Protein (g)	6.5	2.1	9.8	2.1	13.1	2.1	Fat, Total (g)	7.1	2.3	10.7	2.3	14.3	2.3
COFFEE: Ground and Extracted Roasted Coffee Beans.	Saturated Fat (g)	5.2	1.7	7.8	1.7	10.4	1.7	Carbohydrate (g)	22.3	7.1	39.9	8.5	57.5	9.3
SUGAR SYRUP: Sucrose Syrup, Preservatives (211, 202), Food Acid (330).	Sugars (g)	22.3	7.1	39.9	8.5	57.5	9.3	Sodium (mg)	77	24	115	24	153	25
Contains milk and caffeine.	Gluten		Egg		Milk		Soy		Fish & Crustacea		Peanuts		Tree Nuts	
May contain traces of gluten, soy or tree nuts due to equipment cross contact.	T			Y		T							T	
	<b>Small</b>							<b>Standard</b>			<b>Large</b>			
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
SOY MILK: Filtered Water, Whole <b>Soybean</b> , Raw Sugar, Minerals (Calcium Phosphate), Vegetable Gums (460, 407, 466), Natural Flavours, Salt, Food Acids (340, 331)	Energy (kJ)	578	175	1020	196	1380	211	Energy (Cal)	138	42	244	47	329	50
ICE: Water.	Protein (g)	6.2	1.9	10.0	1.9	12.3	1.9	Fat, Total (g)	3.7	1.1	6.0	1.1	7.4	1.1
COFFEE: Ground and Extracted Roasted Coffee Beans.	Saturated Fat (g)	0.6	0.2	1.0	0.2	1.2	0.2	Carbohydrate (g)	19.3	5.8	36.1	6.9	51.4	7.9
SUGAR SYRUP: Sucrose Syrup, Preservatives (211, 202), Food Acid (330).	Sugars (g)	17.0	5.2	32.5	6.2	46.9	7.2	Sodium (mg)	144	44	234	45	289	44
Contains soy and caffeine.	Gluten		Egg		Milk		Soy		Fish & Crustacea		Peanuts		Tree Nuts	
May contain traces of gluten, milk or tree nuts due to equipment cross contact.	T			Y		T							T	
	<b>Small</b>							<b>Standard</b>			<b>Large</b>			
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
ALMOND MILK: Water, <b>Almonds</b> , Sugar, Sunflower Oil, Maltodextrin (From Corn), Acidity Regulators (340, 332), Vegetable Gums (418, 415, 410), Sunflower Lecithin, Salt.	Energy (kJ)	525	160	935	181	1270	196	Energy (Cal)	125	38	223	43	303	47
ICE: Water.	Protein (g)	1.6	0.5	2.7	0.5	3.3	0.5	Fat, Total (g)	4.6	1.4	7.5	1.5	9.3	1.4
COFFEE: Ground and Extracted Roasted Coffee Beans.	Saturated Fat (g)	0.4	0.1	0.7	0.1	0.8	0.1	Carbohydrate (g)	18.8	5.7	35.3	6.8	50.4	7.8
SUGAR SYRUP: Sucrose Syrup, Preservatives (211, 202), Food Acid (330).	Sugars (g)	16.1	4.9	31.1	6.0	45.2	7.0	Sodium (mg)	96	29	156	30	192	30
Contains tree nuts and caffeine.	Gluten		Egg		Milk		Soy		Fish & Crustacea		Peanuts		Tree Nuts	
May contain traces of gluten, milk or soy due to equipment cross contact.	T			T		T							Y	
	<b>Small</b>							<b>Standard</b>			<b>Large</b>			
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
OAT MILK: Water, Oat Flour ( <b>Gluten</b> ), Sunflower Oil, Acidity Regulators (Dipotassium Phosphate, Potassium Citrate), Salt, Vegetable Gums (460, 466).	Energy (kJ)	726	231	1200	254	1670	269	Energy (Cal)	173	55	286	61	399	64
ICE: Water.	Protein (g)	1.2	0.4	1.8	0.4	2.4	0.4	Fat, Total (g)	5.2	1.7	7.8	1.7	10.4	1.7
COFFEE: Ground and Extracted Roasted Coffee Beans.	Saturated Fat (g)	0.8	0.2	1.2	0.2	1.6	0.3	Carbohydrate (g)	29.7	9.4	51.0	10.8	72.3	11.7
SUGAR SYRUP: Sucrose Syrup, Preservatives (211, 202), Food Acid (330).	Sugars (g)	19.3	6.1	35.4	7.5	51.5	8.3	Sodium (mg)	111	35	166	35	221	36
Contains gluten and caffeine.	Gluten		Egg		Milk		Soy		Fish & Crustacea		Peanuts		Tree Nuts	
May contain traces of milk, soy or tree nuts due to equipment cross contact.	Y			T		T							T	

## Deluxe Iced Latte

MILK: Full Cream **Milk**.

ICE: Water.

FLAVOURED SYRUP:

or CARAMEL: Sucrose Syrup (Cane), Water, Flavour, Preservatives (211, 202), Food Acid (330), Colour (150d).

or HAZELNUT: Sucrose Syrup (Cane), Water, Flavour, Preservatives (211, 202), Food Acid (330).

or VANILLA: Sucrose Syrup (Cane), Water, Flavour, Preservatives (211, 202), Food Acid (330), Colour (150d).

or WHITE CHOCOLATE: Sucrose Syrup (Cane), Water, Flavour, Preservatives (211, 202), Food Acid (330).

COFFEE: Roasted and Grounded Coffee Beans.

WHIPPED CREAM: **Cream**, Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407).

HOT CHOCOLATE POWDER: Sugar, Cocoa Powders, **Whey** Powder, Flavour, Starch, Salt.

Contains milk and caffeine.

May contain traces of gluten, soy or tree nuts due to equipment cross contact.

FLAVOURED SYRUPS may contain traces of sulphites.

Gluten	Eggs	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colours
T		Y	T			T		T		Y	Y	

## Deluxe Iced Latte - Skim Milk

SKIM MILK: Skim **Milk**, **Milk** Solids Non Fat.

ICE: Water.

FLAVOURED SYRUP:

or CARAMEL: Sucrose Syrup (Cane), Water, Flavour, Preservatives (211, 202), Food Acid (330), Colour (150d).

or HAZELNUT: Sucrose Syrup (Cane), Water, Flavour, Preservatives (211, 202), Food Acid (330).

or VANILLA: Sucrose Syrup (Cane), Water, Flavour, Preservatives (211, 202), Food Acid (330), Colour (150d).

or WHITE CHOCOLATE: Sucrose Syrup (Cane), Water, Flavour, Preservatives (211, 202), Food Acid (330).

COFFEE: Roasted and Ground Coffee Beans.

WHIPPED CREAM: **Cream**, Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407).

HOT CHOCOLATE POWDER: Sugar, Cocoa Powders, **Whey** Powder, Flavour, Starch, Salt.

Contains milk and caffeine.

May contain traces of gluten, soy or tree nuts due to equipment cross contact.

FLAVOURED SYRUPS may contain traces of sulphites.

Gluten	Eggs	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colours
T		Y	T			T		T		Y	Y	

## Deluxe Iced Latte - Lactose Free Milk

LACTOSE FREE MILK: **Milk**, Enzyme (Lactase).

ICE: Water.

FLAVOURED SYRUP:

or CARAMEL: Sucrose Syrup (Cane), Water, Flavour, Preservatives (211, 202), Food Acid (330), Colour (150d).

or HAZELNUT: Sucrose Syrup (Cane), Water, Flavour, Preservatives (211, 202), Food Acid (330).

or VANILLA: Sucrose Syrup (Cane), Water, Flavour, Preservatives (211, 202), Food Acid (330), Colour (150d).

or WHITE CHOCOLATE: Sucrose Syrup (Cane), Water, Flavour, Preservatives (211, 202), Food Acid (330).

COFFEE: Roasted and Ground Coffee Beans.

WHIPPED CREAM: **Cream**, Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407).

HOT CHOCOLATE POWDER: Sugar, Cocoa Powders, **Whey** Powder, Flavour, Starch, Salt.

Contains milk and caffeine.

May contain traces of gluten, soy or tree nuts due to equipment cross contact.

FLAVOURED SYRUPS may contain traces of sulphites.

Gluten	Eggs	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colours
T		Y	T			T		T		Y	Y	

	Small		Medium		Large	
	Avg Qty /Serve	Avg Qty /100mL	Avg Qty /Serve	Avg Qty /100mL	Avg Qty /Serve	Avg Qty /100mL
Energy (kJ)	1110	317	1520	303	1960	300
Energy (Cal)	264	76	364	72	468	72
Protein (g)	7.6	2.2	11.0	2.2	14.6	2.2
Fat, total (g)	12.7	3.6	16.1	3.2	19.7	3.0
Saturated Fat (g)	9.0	2.6	11.4	2.3	14.0	2.1
Carbohydrate (g)	29.7	8.5	43.4	8.6	57.5	8.8
Sugars (g)	29.0	8.3	42.3	8.4	56.1	8.6
Sodium (mg)	96	27	139	28	183	28

	Small		Medium		Large	
	Avg Qty /Serve	Avg Qty /100mL	Avg Qty /Serve	Avg Qty /100mL	Avg Qty /Serve	Avg Qty /100mL
Energy (kJ)	875	255	1190	239	1500	234
Energy (Cal)	209	61	283	57	357	56
Protein (g)	8.3	2.4	12.3	2.5	16.2	2.5
Fat, total (g)	5.9	1.7	6.0	1.2	6.1	0.9
Saturated Fat (g)	4.3	1.2	4.4	0.9	4.5	0.7
Carbohydrate (g)	30.2	8.8	44.4	9.0	58.5	9.2
Sugars (g)	30.1	8.8	44.2	8.9	58.3	9.1
Sodium (mg)	98	29	143	29	188	29

## Deluxe Iced Latte - Soy Milk

SOY MILK: Filtered Water, Whole **Soybean**, Raw Sugar, Minerals (Calcium Phosphate), Vegetable gums (460, 407, 466), Flavour, Sea Salt, Food Acids (340, 331).

ICE: Water.

FLAVOURED SYRUP:

CARAMEL: Sucrose Syrup (Cane), Water, Flavour, Preservatives (211, 202), Food Acid (330), Colour (150d).

or HAZELNUT: Sucrose Syrup (Cane), Water, Flavour, Preservatives (211, 202), Food Acid (330).

or VANILLA: Sucrose Syrup (Cane), Water, Flavour, Preservatives (211, 202), Food Acid (330), Colour (150d).

or WHITE CHOCOLATE: Sucrose Syrup (Cane), Water, Flavour, Preservatives (211, 202), Food Acid (330).

COFFEE: Roasted and Grounded Coffee Beans.

WHIPPED CREAM: **Cream**, Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407).

HOT CHOCOLATE POWDER: Sugar, Cocoa Powders, **Whey** Powder, Flavour, Starch, Salt.

[Contains soy and caffeine.](#)

[May contain traces of gluten, milk or tree nuts due to equipment cross contact.](#)

[FLAVOURED SYRUPS may contain traces of sulphites.](#)

Gluten	Eggs	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colours
T		T	Y			T		T		Y	Y	

## Deluxe Iced Latte - Almond Milk

ALMOND MILK: Water, **Almonds**, Sugar, Sunflower Oil, Maltodextrin (From Corn), Acidity Regulators (340, 332), Vegetable Gums (418, 415, 410), Sunflower Lecithin, Salt.

ICE: Water.

FLAVOURED SYRUP:

CARAMEL: Sucrose Syrup (Cane), Water, Flavour, Preservatives (211, 202), Food Acid (330), Colour (150d).

or HAZELNUT: Sucrose Syrup (Cane), Water, Flavour, Preservatives (211, 202), Food Acid (330).

or VANILLA: Sucrose Syrup (Cane), Water, Flavour, Preservatives (211, 202), Food Acid (330), Colour (150d).

or WHITE CHOCOLATE: Sucrose Syrup (Cane), Water, Flavour, Preservatives (211, 202), Food Acid (330).

COFFEE: Roasted and Grounded Coffee Beans.

WHIPPED CREAM: **Cream**, Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407).

HOT CHOCOLATE POWDER: Sugar, Cocoa Powders, **Whey** Powder, Flavour, Starch, Salt.

[Contains tree nuts and caffeine.](#)

[May contain traces of gluten, milk or soy due to equipment cross contact.](#)

[FLAVOURED SYRUPS may contain traces of sulphites.](#)

Gluten	Eggs	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colours
T		T	T			Y		T		Y	Y	

## Deluxe Iced Latte - Oat Milk

OAT MILK: Water, Oat Flour (**Gluten**), Sunflower Oil, Acidity Regulators (Dipotassium Phosphate, Potassium Citrate), Salt, Vegetable Gums (460, 466).

ICE: Water.

FLAVOURED SYRUP:

CARAMEL: Sucrose Syrup (Cane), Water, Flavour, Preservatives (211, 202), Food Acid (330), Colour (150d).

or HAZELNUT: Sucrose Syrup (Cane), Water, Flavour, Preservatives (211, 202), Food Acid (330).

or VANILLA: Sucrose Syrup (Cane), Water, Flavour, Preservatives (211, 202), Food Acid (330), Colour (150d).

or WHITE CHOCOLATE: Sucrose Syrup (Cane), Water, Flavour, Preservatives (211, 202), Food Acid (330).

COFFEE: Roasted and Grounded Coffee Beans.

WHIPPED CREAM: **Cream**, Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407).

HOT CHOCOLATE POWDER: Sugar, Cocoa Powders, **Whey** Powder, Flavour, Starch, Salt.

[Contains gluten and caffeine.](#)

[May contain traces of milk, soy or tree nuts due to equipment cross contact.](#)

[FLAVOURED SYRUPS may contain traces of sulphites.](#)

Gluten	Eggs	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colours
Y		T	T			T		Y		Y	Y	

## Iced Mocha

MILK: Full Cream **Milk**.

ICE: Water.

COFFEE: Ground and Extracted Roasted Coffee Beans.

SHAKE SYRUP CHOCOLATE: Invert Sugar Syrup, Glucose Syrup (Preservative (223)), Water, Cocoa Powder, Salt, Preservative (202), Acidity Regulator (330), Flavours.

SUGAR SYRUP: Sucrose Syrup, Preservatives (211, 202), Food Acid (330).

[Contains milk and sulphites.](#)

[May contain traces of gluten, soy or tree nuts due to equipment cross contact.](#)

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
T		Y	T			T		Y		Y	Y	

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty /100mL	Avg Qty / Serve	Avg Qty /100mL	Avg Qty / Serve	Avg Qty /100mL
Energy (kJ)	916	264	1250	245	1580	244
Energy (Cal)	219	63	298	59	377	58
Protein (g)	6.7	1.9	9.8	1.9	12.8	2.0
Fat, total (g)	9.3	2.7	11.2	2.2	13.0	2.0
Saturated Fat (g)	4.7	1.3	5.0	1.0	5.3	0.8
Carbohydrate (g)	26.2	7.5	38.3	7.6	50.4	7.8
Sugars (g)	23.8	6.8	34.7	6.9	45.7	7.1
Sodium (mg)	152	44	224	45	296	46

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty /100mL	Avg Qty / Serve	Avg Qty /100mL	Avg Qty / Serve	Avg Qty /100mL
Energy (kJ)	863	251	1170	235	1470	229
Energy (Cal)	206	60	279	56	352	55
Protein (g)	2.2	0.6	3.0	0.6	3.8	0.6
Fat, total (g)	10.3	3.0	12.6	2.5	14.9	2.3
Saturated Fat (g)	4.5	1.3	4.7	0.9	4.9	0.8
Carbohydrate (g)	25.7	7.5	37.5	7.5	49.4	7.7
Sugars (g)	22.9	6.7	33.4	6.7	43.9	6.8
Sodium (mg)	104	30	152	30	199	31

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty /100mL	Avg Qty / Serve	Avg Qty /100mL	Avg Qty / Serve	Avg Qty /100mL
Energy (kJ)	1060	305	1470	291	1870	288
Energy (Cal)	254	73	351	70	448	69
Protein (g)	1.7	0.5	2.4	0.5	3.0	0.5
Fat, total (g)	10.9	3.1	13.5	2.7	16.1	2.5
Saturated Fat (g)	4.8	1.4	5.2	1.0	5.6	0.9
Carbohydrate (g)	36.6	10.5	54.0	10.7	71.3	10.9
Sugars (g)	26.1	7.5	38.2	7.5	50.3	7.7
Sodium (mg)	119	34	175	35	230	35

## Iced Mocha - Skim Milk

SKIM MILK: Skim **Milk, Milk** Solids Non Fat.

ICE: Water.

COFFEE: Ground and Extracted Roasted Coffee Beans.

CHOCOLATE SYRUP: Inverts Sugar Syrup, Glucose Syrup (Preservative (223)), Water, Cocoa Powder, Malt Syrup, Salt, Preservative (211), Acidity Regulator (330), Flavour.

SUGAR SYRUP: Sucrose Syrup, Preservatives (211, 202), Food Acid (330).

Contains milk and sulphites.

May contain traces of gluten, soy or tree nuts due to equipment cross contact.

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
T		Y	T			T		Y		Y	Y	

### Small

### Standard

### Large

LACTOSE FREE MILK: **Milk**, Enzyme (Lactase).

ICE: Water.

COFFEE: Ground and Extracted Roasted Coffee Beans.

CHOCOLATE SYRUP: Inverts Sugar Syrup, Glucose Syrup (Preservative (223)), Water, Cocoa Powder, Malt Syrup, Salt, Preservative (211), Acidity Regulator (330), Flavour.

SUGAR SYRUP: Sucrose Syrup, Preservatives (211, 202), Food Acid (330).

Contains milk and sulphites.

May contain traces of gluten, soy or tree nuts due to equipment cross contact.

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
T		Y	T			T		Y		Y	Y	

### Small

### Standard

### Large

SOY MILK: Filtered Water, Whole **Soybean**, Raw Sugar, Minerals (Calcium Phosphate), Vegetable Gums (460, 407, 466), Natural Flavours, Salt, Food Acids (340, 331).

ICE: Water.

COFFEE: Ground and Extracted Roasted Coffee Beans.

CHOCOLATE SYRUP: Inverts Sugar Syrup, Glucose Syrup (Preservative (223)), Water, Cocoa Powder, Malt Syrup, Salt, Preservative (211), Acidity Regulator (330), Flavour.

SUGAR SYRUP: Sucrose Syrup, Preservatives (211, 202), Food Acid (330).

Contains soy and sulphites.

May contain traces of gluten, milk or tree nuts due to equipment cross contact.

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
T		T	Y			T		Y		Y	Y	

### Small

### Standard

### Large

ALMOND MILK: Water, **Almonds**, Sugar, Sunflower Oil, Maltodextrin (From Corn), Acidity Regulators (340, 332), Vegetable Gums (418, 415, 410), Sunflower Lecithin, Salt.

ICE: Water.

COFFEE: Ground and Extracted Roasted Coffee Beans.

CHOCOLATE SYRUP: Inverts Sugar Syrup, Glucose Syrup (Preservative (223)), Water, Cocoa Powder, Malt Syrup, Salt, Preservative (211), Acidity Regulator (330), Flavour.

SUGAR SYRUP: Sucrose Syrup, Preservatives (211, 202), Food Acid (330).

Contains tree nuts and sulphites.

May contain traces of gluten, milk or soy due to equipment cross contact.

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
T		T	T			Y		Y		Y	Y	

### Small

### Standard

### Large

OAT MILK: Water, Oat Flour (**Gluten**), Sunflower Oil, Acidity Regulators (Dipotassium Phosphate, Potassium Citrate), Salt, Vegetable Gums (460, 466).

ICE: Water.

COFFEE: Ground and Extracted Roasted Coffee Beans.

CHOCOLATE SYRUP: Inverts Sugar Syrup, Glucose Syrup (Preservative (223)), Water, Cocoa Powder, Malt Syrup, Salt, Preservative (211), Acidity Regulator (330), Flavour.

SUGAR SYRUP: Sucrose Syrup, Preservatives (211, 202), Food Acid (330).

Contains gluten and sulphites.

May contain traces of milk, soy or tree nuts due to equipment cross contact.

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
Y		T	T			T		Y		Y	Y	

# EXTRAS

## Flavoured Syrups

CARAMEL FLAVOURED SYRUP: Sucrose Syrup (Cane), Water, Flavour, Preservatives (211, 202), Food Acid (330), Colour (150d).  
 HAZELNUT FLAVOURED SYRUP: Sucrose Syrup (Cane), Water, Flavour, Preservatives (211, 202), Food Acid (330), Colour (150d).  
 VANILLA FLAVOURED SYRUP: Sucrose Syrup (Cane), Water, Flavour, Preservatives (211, 202), Food Acid (330), Colour (150d).  
 WHITE CHOCOLATE: Sucrose Syrup (Cane), Water, Flavour, Preservatives (211, 202), Food Acid (330).

May contain traces of sulphites.

	Small		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	152	1010	304	1010
Energy (Cal)	36	242	73	242
Protein (g)	0.0	0.0	0.0	0.0
Fat, Total (g)	0.0	0.0	0.0	0.0
Saturated Fat (g)	0.0	0.0	0.0	0.0
Carbohydrate (g)	8.9	59.5	17.8	59.5
Sugars (g)	8.9	59.4	17.8	59.4
Sodium (mg)	<1	2	1	2

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
								T		Y	Y	

## Marshmallows

Sugar, Glucose Syrup (From **Wheat** and Corn), Invert Sugar, Gelatine, Flavours, Colour (120).

Contains gluten.

MARSHMALLOWS are produced in the same facility as products containing milk

	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	257	1430
Energy (Cal)	61	341
Protein (g)	0.5	2.7
Fat, Total (g)	0.2	1.0
Saturated Fat (g)	0.2	1.0
Carbohydrate (g)	14.2	78.7
Sugars (g)	11.5	63.9
Sodium (mg)	8	43

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
Y										Y	Y	

## Honey

Honey.

	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	184	1420
Energy (Cal)	44	340
Protein (g)	0.0	0.3
Fat, total (g)	0.0	0.1
Saturated Fat (g)	0.0	0.1
Carbohydrate (g)	10.8	83.1
Sugars (g)	10.7	82.5
Sodium (mg)	2	15

Gluten	Eggs	Milk	Soy	Fish and Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour

Brands of Lactose Free milk may vary between restaurants. Nutrition and ingredient information based on MilkLab Lactose Free Milk.

Brands of Soy milk may vary between restaurants. Nutrition and ingredient information based on VitaSoy Barista Soy Milk.

Brands of Almond milk may vary between restaurants. Nutrition and ingredient information based on MilkLab Almond Milk.

Brands of Oat milk may vary between restaurants. Nutrition and ingredient information based on MilkLab Oat Milk.

Brands of Full Cream and Skim milk will vary between restaurants.