



# McDonald's Australia

## McCafé Beverages Menu

### Nutrition Information - Ingredients - Allergens

Information correct as at November 2021.

At McDonald's we believe in the nutritional principals of balance, variety and moderation and that eating at McDonald's can fit into a healthy lifestyle. Our goal is to provide you with the information necessary to make informed decisions about your McDonald's menu choices. This guide can help you balance your McDonald's meal with the other meals you eat today, and every day.

This guide is for our standard or core menu items. For information regarding short-time menu items, please either ask a manager in one of our restaurants or contact our Customer Service Department either via our website <http://mcdonalds.com.au/contactus> or on 02 9875 7100.

The nutrition and ingredient information is based on standard product formulations, standard product assembly and standard serving sizes (including ice for drinks from our beverage system). Actual sizes and assembly may vary. Due to the individual preparation of each of our menu items, actual values may vary from those listed. Variations may also occur depending on the local supplier, region of the country, and the season of the year. Further, product formulations may change periodically.

#### **Food Sensitivities and Preferences**

No food items are sold as allergen free.

As we operate working kitchens please be aware that there is always a risk that traces of allergens may be transferred to ingredients during storage or preparation of food in our kitchens. McDonald's Restaurants are therefore unable to guarantee that any food item sold is free from traces of allergens.

No food items are certified as vegetarian. Whilst some ingredients may not contain animal ingredients, we cannot guarantee that there will be no cross contact with ingredients that do contain animal ingredients in our kitchens.

We have a number of restaurants that serve Halal menu options. Only those items listed on the certificate in the restaurants serving Halal options are certified as Halal.

If you would like further information or have food sensitivities or dietary concerns regarding specific ingredients in specific menu items, please contact us at <http://mcdonalds.com.au/contactus> or call us on 02 9875 7100.

# HOT BEVERAGES

## Espresso

COFFEE: Ground and Extracted Roasted Coffee Beans.

Contains caffeine.

	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	2	3
Energy (Cal)	<1	1
Protein (g)	0.0	0.1
Fat, Total (g)	0.0	0.0
Saturated Fat (g)	0.0	0.0
Carbohydrate (g)	0.0	0.1
Sugars (g)	0.0	0.1
Sodium (mg)	<1	2

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour

## Long Black

COFFEE: Ground and Extracted Roasted Coffee Beans.

Contains caffeine.

	Small		Standard		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	1	<1	2	<1	2	<1
Energy (Cal)	<1	<1	<1	<1	<1	<1
Protein (g)	0.0	0.0	0.0	0.0	0.1	0.0
Fat, Total (g)	0.0	0.0	0.0	0.0	0.0	0.0
Saturated Fat (g)	0.0	0.0	0.0	0.0	0.0	0.0
Carbohydrate (g)	0.0	0.0	0.0	0.0	0.1	0.0
Sugars (g)	0.0	0.0	0.0	0.0	0.1	0.0
Sodium (mg)	<1	<1	<1	<1	1	<1

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour

## Vienna

COFFEE: Ground and Extracted Roasted Coffee Beans.

WATER: Water.

WHIPPED CREAM: **Cream**, Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407).

HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains milk and caffeine.

	Small		Standard		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	352	132	352	96	353	83
Energy (Cal)	84	32	84	23	84	20
Protein (g)	0.7	0.3	0.7	0.2	0.7	0.2
Fat, Total (g)	8.1	3.1	8.1	2.2	8.1	1.9
Saturated Fat (g)	5.4	2.0	5.4	1.5	5.4	1.3
Carbohydrate (g)	2.2	0.8	2.2	0.6	2.2	0.5
Sugars (g)	2.1	0.8	2.1	0.6	2.1	0.5
Sodium (mg)	11	4	12	3	12	3

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
		Y									Y	

## Babyccino

MILK: Full Cream **Milk**.

HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains milk.

May contain traces of gluten, soy or tree nuts due to equipment cross contact.

	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	340	295
Energy (Cal)	81	71
Protein (g)	2.3	2.0
Fat, Total (g)	2.6	2.2
Saturated Fat (g)	1.7	1.5
Carbohydrate (g)	3.9	3.4
Sugars (g)	3.8	3.3
Sodium (mg)	30	26

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
T		Y	T			T					Y	

## Babyccino - Skim Milk

SKIM MILK: Skim **Milk**, **Milk** Solids Non Fat.

HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains milk.

May contain traces of gluten, soy or tree nuts due to equipment cross contact.

	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	113	171
Energy (Cal)	27	41
Protein (g)	2.4	3.7
Fat, Total (g)	0.1	0.1
Saturated Fat (g)	0.1	0.1
Carbohydrate (g)	4.0	6.0
Sugars (g)	3.9	5.9
Sodium (mg)	31	47

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
T		Y	T			T						

## Babyccino - Lactose Free Milk

LACTOSE FREE MILK: Milk, Enzyme (Lactase).

HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (Milk), Flavour, Starch, Salt.

Contains milk.

May contain traces of gluten, soy or tree nuts due to equipment cross contact.

	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	129	283
Energy (Cal)	46	68
Protein (g)	2.2	3.2
Fat, Total (g)	2.4	3.5
Saturated Fat (g)	1.7	2.5
Carbohydrate (g)	3.8	5.6
Sugars (g)	3.7	5.5
Sodium (mg)	27	40

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
T		Y	T			T					Y	

## Babyccino - Soy Milk

SOY MILK: Filtered Water, Whole **Soybean**, Raw Sugar, Minerals (Calcium Phosphate), Vegetable Gums (460, 407, 466), Natural Flavours, Salt, Food Acids (340, 331).

HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains milk and soy.

May contain traces of gluten or tree nuts due to equipment cross contact.

	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	132	196
Energy (Cal)	32	47
Protein (g)	2.1	3.1
Fat, Total (g)	1.2	1.8
Saturated Fat (g)	0.2	0.3
Carbohydrate (g)	2.8	4.1
Sugars (g)	2.0	3.0
Sodium (mg)	49	72

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
T		Y	Y			T					Y	

## Babyccino - Almond Milk

ALMOND MILK: Water, **Almonds**, Sugar, Sunflower Oil, Maltodextrin (From Corn), Acidity Regulators (340, 332), Vegetable Gums (418, 415, 410), Sunflower Lecithin, Salt.

HOT CHOCOLATE POWDER: Sugar, Cocoa Powders, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains milk and tree nuts.

May contain traces of gluten or soy due to equipment cross contact.

	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	115	172
Energy (Cal)	27	41
Protein (g)	0.6	0.9
Fat, Total (g)	1.5	2.3
Saturated Fat (g)	0.2	0.2
Carbohydrate (g)	2.6	3.9
Sugars (g)	1.7	2.6
Sodium (mg)	33	49

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
T		Y	T			Y					Y	

## Babyccino - Oat Milk

OAT MILK: Water, Oat Flour (**Gluten**), Sunflower Oil, Acidity Regulators (Dipotassium Phosphate, Potassium Citrate), Salt, Vegetable Gums (460, 466).

HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains gluten and milk.

May contain traces of soy or tree nuts due to equipment cross contact.

	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	180	264
Energy (Cal)	43	63
Protein (g)	0.5	0.7
Fat, Total (g)	1.7	2.5
Saturated Fat (g)	0.3	0.4
Carbohydrate (g)	6.2	9.1
Sugars (g)	2.7	1.0
Sodium (mg)	38	56

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
Y		Y	T			T					Y	

## Macchiato

MILK: Full Cream **Milk**.

COFFEE: Ground and Extracted Roasted Coffee Beans.

Contains milk and caffeine.

May contain traces of gluten, soy or tree nuts due to equipment cross contact.

	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	15	39
Energy (Cal)	4	9
Protein (g)	0.2	0.5
Fat, Total (g)	0.2	0.5
Saturated Fat (g)	0.1	0.3
Carbohydrate (g)	0.3	0.7
Sugars (g)	0.3	0.7
Sodium (mg)	3	7

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
T		Y	T			T						

## Macchiato - Skim Milk

SKIM MILK: Skim **Milk**, **Milk** Solids Non Fat.  
COFFEE: Ground and Extracted Roasted Coffee Beans.

Contains milk and caffeine.  
May contain traces of gluten, soy or tree nuts due to equipment cross contact.

	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	9	22
Energy (Cal)	2	5
Protein (g)	0.2	0.5
Fat, Total (g)	0.0	0.0
Saturated Fat (g)	0.0	0.0
Carbohydrate (g)	0.3	0.7
Sugars (g)	0.3	0.7
Sodium (mg)	3	7

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
T		Y	T			T						

## Macchiato - Lactose Free Milk

LACTOSE FREE MILK: **Milk**, Enzyme (Lactase).  
COFFEE: Ground and Extracted Roasted Coffee Beans.

Contains milk and caffeine.  
May contain traces of gluten, soy or tree nuts due to equipment cross contact.

	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	15	37
Energy (Cal)	4	9
Protein (g)	0.2	0.5
Fat, Total (g)	0.2	0.4
Saturated Fat (g)	0.1	0.3
Carbohydrate (g)	0.3	0.7
Sugars (g)	0.3	0.7
Sodium (mg)	3	6

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
T		Y	T			T						

## Macchiato - Soy Milk

SOY MILK: Filtered Water, Whole **Soybean**, Raw Sugar, Minerals (Calcium Phosphate), Vegetable Gums (460, 407, 466), Natural Flavours, Salt, Food Acids (340, 331).  
COFFEE: Ground and Extracted Roasted Coffee Beans.

Contains soy and caffeine.  
May contain traces of gluten, milk or tree nuts due to equipment cross contact.

	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	10	25
Energy (Cal)	2	6
Protein (g)	0.2	0.5
Fat, Total (g)	0.1	0.2
Saturated Fat (g)	0.0	0.0
Carbohydrate (g)	0.2	0.5
Sugars (g)	0.1	0.3
Sodium (mg)	4	11

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
T		T	Y			T						

## Macchiato - Almond Milk

ALMOND MILK: Water, **Almonds**, Sugar, Sunflower Oil, Maltodextrin (From Corn), Acidity Regulators (340, 332), Vegetable Gums (418, 415, 410), Sunflower Lecithin, Salt.  
COFFEE: Ground and Extracted Roasted Coffee Beans.

Contains tree nuts and caffeine.  
May contain traces of gluten, milk or soy due to equipment cross contact.

	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	9	22
Energy (Cal)	2	5
Protein (g)	0.1	0.2
Fat, Total (g)	0.1	0.3
Saturated Fat (g)	0.0	0.0
Carbohydrate (g)	0.2	0.5
Sugars (g)	0.1	0.3
Sodium (mg)	3	8

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
T		T	T			Y						

## Macchiato - Oat Milk

OAT MILK: Water, Oat Flour (**Gluten**), Sunflower Oil, Acidity Regulators (Dipotassium Phosphate, Potassium Citrate), Salt, Vegetable Gums (460, 466).  
COFFEE: Ground and Extracted Roasted Coffee Beans.

Contains gluten and caffeine.  
May contain traces of milk, soy or tree nuts due to equipment cross contact.

	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	14	34
Energy (Cal)	3	8
Protein (g)	0.1	0.2
Fat, Total (g)	0.1	0.3
Saturated Fat (g)	0.0	0.0
Carbohydrate (g)	0.5	1.1
Sugars (g)	0.2	0.5
Sodium (mg)	3	9

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
Y		T	T			T						

<b>Cappuccino</b>	<b>Small</b>		<b>Standard</b>		<b>Large</b>	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
MILK: Full Cream <b>Milk</b> .						
COFFEE: Ground and Extracted Roasted Coffee Beans.						
HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder ( <b>Milk</b> ), Flavour, Starch, Salt.						
Contains milk and caffeine.						
May contain traces of gluten, soy or tree nuts due to equipment cross contact.						
	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts
	T		Y	T		T

Energy (kJ)	504	249	690	238	776	235
Energy (Cal)	120	59	165	57	185	56
Protein (g)	5.8	2.9	8.1	2.8	9.1	2.7
Fat, Total (g)	6.5	3.2	9.1	3.1	10.3	3.1
Saturated Fat (g)	4.3	2.1	6.0	2.1	6.8	2.0
Carbohydrate (g)	9.5	4.7	12.6	4.4	14.1	4.3
Sugars (g)	9.4	4.6	12.5	4.3	14.0	4.2
Sodium (mg)	75	37	103	35	116	35

<b>Cappuccino - Skim Milk</b>	<b>Small</b>		<b>Standard</b>		<b>Large</b>	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
SKIM MILK: Skim <b>Milk</b> , <b>Milk</b> Solids Non Fat.						
COFFEE: Ground and Extracted Roasted Coffee Beans.						
HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder ( <b>Milk</b> ), Flavour, Starch, Salt.						
Contains milk and caffeine.						
May contain traces of gluten, soy or tree nuts due to equipment cross contact.						
	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts
	T		Y	T		T

Energy (kJ)	279	142	378	134	423	131
Energy (Cal)	67	34	90	32	101	31
Protein (g)	6.1	3.1	8.5	3.0	9.6	3.0
Fat, Total (g)	0.2	0.1	0.3	0.1	0.3	0.1
Saturated Fat (g)	0.2	0.1	0.3	0.1	0.3	0.1
Carbohydrate (g)	9.7	4.9	13.0	4.6	14.5	4.5
Sugars (g)	9.6	4.9	12.9	4.6	14.4	4.5
Sodium (mg)	77	39	106	38	120	37

<b>Cappuccino - Lactose Free Milk</b>	<b>Small</b>		<b>Standard</b>		<b>Large</b>	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
LACTOSE FREE MILK: <b>Milk</b> , Enzyme (Lactase).						
COFFEE: Ground and Extracted Roasted Coffee Beans.						
HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder ( <b>Milk</b> ), Flavour, Starch, Salt.						
Contains milk and caffeine.						
May contain traces of gluten, soy and tree nuts due to equipment cross contact.						
	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts
	T		Y	T		T

Energy (kJ)	480	238	657	228	738	224
Energy (Cal)	115	57	157	54	176	54
Protein (g)	5.6	2.8	7.7	2.7	8.7	2.6
Fat, Total (g)	6.0	3.0	8.3	2.9	9.3	2.8
Saturated Fat (g)	4.3	2.1	6.0	2.1	6.8	2.1
Carbohydrate (g)	9.2	4.6	12.3	4.3	13.7	4.2
Sugars (g)	9.1	4.5	12.2	4.2	13.6	4.1
Sodium (mg)	68	33	93	32	104	32

<b>Cappuccino - Soy Milk</b>	<b>Small</b>		<b>Standard</b>		<b>Large</b>	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
SOY MILK: Filtered Water, Whole <b>Soybean</b> , Raw Sugar, Minerals (Calcium Phosphate), Vegetable Gums (460, 407, 466), Natural Flavours, Salt, Food Acids (340, 331).						
COFFEE: Ground and Extracted Roasted Coffee Beans.						
HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder ( <b>Milk</b> ), Flavour, Starch, Salt.						
Contains milk, soy and caffeine.						
May contain traces of gluten or tree nuts due to equipment cross contact.						
	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts
	T		Y	T		T

Energy (kJ)	325	162	445	155	499	152
Energy (Cal)	78	39	106	37	119	36
Protein (g)	5.3	2.6	7.3	2.5	8.2	2.5
Fat, Total (g)	3.1	1.5	4.3	1.5	4.9	1.5
Saturated Fat (g)	0.5	0.3	0.7	0.3	0.8	0.3
Carbohydrate (g)	6.5	3.2	8.8	3.1	9.7	3.0
Sugars (g)	4.7	2.4	6.1	2.1	6.7	2.0
Sodium (mg)	123	61	170	59	192	58

<b>Cappuccino - Almond Milk</b>	<b>Small</b>		<b>Standard</b>		<b>Large</b>	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
ALMOND MILK: Water, <b>Almonds</b> , Sugar, Sunflower Oil, Maltodextrin (From Corn), Acidity Regulators (340, 332), Vegetable Gums (418, 415, 410), Sunflower Lecithin, Salt.						
COFFEE: Ground and Extracted Roasted Coffee Beans.						
HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder ( <b>Milk</b> ), Flavour, Starch, Salt.						
Contains milk, tree nuts and caffeine.						
May contain traces of gluten or soy due to equipment cross contact.						
	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts
	T		Y	T		Y

Energy (kJ)	283	143	383	135	429	132
Energy (Cal)	68	34	92	32	103	32
Protein (g)	1.5	0.8	2.1	0.7	2.3	0.7
Fat, Total (g)	3.9	2.0	5.4	1.9	6.1	1.9
Saturated Fat (g)	0.4	0.2	0.5	0.2	0.6	0.2
Carbohydrate (g)	6.1	3.2	8.2	2.9	9.1	2.8
Sugars (g)	4.0	2.0	5.1	1.8	5.6	1.7
Sodium (mg)	83	42	114	40	129	40

### Cappuccino - Oat Milk

OAT MILK: Water, Oat Flour (**Gluten**), Sunflower Oil, Acidity Regulators (Dipotassium Phosphate, Potassium Citrate), Salt, Vegetable Gums (460, 466).

COFFEE: Ground and Extracted Roasted Coffee Beans.

HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains gluten, milk and caffeine.

May contain traces of soy or tree nuts due to equipment cross contact.

	Small		Standard		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	450	222	615	212	692	209
Energy (Cal)	108	53	147	51	65	50
Protein (g)	1.2	0.6	1.6	0.5	1.8	0.5
Fat, Total (g)	4.4	2.2	6.1	2.1	6.8	2.1
Saturated Fat (g)	0.7	0.3	0.9	0.3	1.1	0.3
Carbohydrate (g)	15.3	7.6	20.8	7.2	23.3	7.1
Sugars (g)	6.6	3.3	8.8	3.0	9.7	2.9
Sodium (mg)	96	47	132	45	148	45

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
Y		Y	T			T					Y	

### Flat White

MILK: Full Cream **Milk**.

COFFEE: Ground and Extracted Roasted Coffee Beans.

Contains milk and caffeine.

May contain traces of guten, soy or tree nuts due to equipment cross contact.

	Small		Standard		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	487	237	702	232	759	227
Energy (Cal)	116	57	168	55	181	54
Protein (g)	5.8	2.8	8.4	2.8	9.1	2.7
Fat, Total (g)	6.7	3.2	9.6	3.2	10.4	3.1
Saturated Fat (g)	4.4	2.1	6.3	2.1	6.8	2.1
Carbohydrate (g)	8.3	4.0	11.9	3.9	12.9	3.9
Sugars (g)	8.3	4.0	11.9	3.9	12.9	3.9
Sodium (mg)	73	35	105	35	113	34

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
T		Y	T			T						

### Flat White - Skim Milk

SKIM MILK: Skim **Milk**, **Milk** Solids Non Fat.

COFFEE: Ground and Extracted Roasted Coffee Beans.

Contains milk and caffeine.

May contain traces of gluten, soy or tree nuts due to equipment cross contact.

	Small		Standard		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	250	125	375	127	399	123
Energy (Cal)	59	29	88	30	94	29
Protein (g)	6.0	3.0	9.0	3.1	9.6	3.0
Fat, Total (g)	0.2	0.1	0.2	0.1	0.3	0.1
Saturated Fat (g)	0.2	0.1	0.2	0.1	0.3	0.1
Carbohydrate (g)	8.3	4.2	12.5	4.2	13.3	4.1
Sugars (g)	8.3	4.2	12.5	4.2	13.3	4.1
Sodium (mg)	74	37	111	37	118	36

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
T		Y	T			T						

### Flat White - Lactose Free Milk

LACTOSE FREE MILK: **Milk**, Enzyme (Lactase).

COFFEE: Ground and Extracted Roasted Coffee Beans.

Contains milk and caffeine.

May contain traces of gluten, soy and tree nuts due to equipment cross contact.

	Small		Standard		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	462	226	666	221	721	217
Energy (Cal)	110	54	159	53	172	52
Protein (g)	5.6	2.7	8.0	2.7	8.7	2.6
Fat, Total (g)	6.1	3.0	8.7	2.9	9.5	2.8
Saturated Fat (g)	4.4	2.2	6.4	2.1	6.9	2.1
Carbohydrate (g)	8.0	3.9	11.6	3.8	12.5	3.8
Sugars (g)	8.0	3.9	11.6	3.8	12.5	3.8
Sodium (mg)	65	32	94	31	102	31

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
T		Y	T			T						

### Flat White - Soy Milk

SOY MILK: Filtered Water, Whole **Soybean**, Raw Sugar, Minerals (Calcium Phosphate), Vegetable Gums (460, 407, 466), Natural Flavour, Salt, Food Acids (340, 331).

COFFEE: Ground and Extracted Roasted Coffee Beans.

Contains soy and caffeine.

May contain traces of gluten, milk or tree nuts due to equipment cross contact.

	Small		Standard		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	306	150	441	147	477	144
Energy (Cal)	73	36	105	35	114	34
Protein (g)	5.2	2.6	7.6	2.5	8.2	2.5
Fat, Total (g)	3.1	1.5	4.5	1.5	4.9	1.5
Saturated Fat (g)	0.5	0.3	0.8	0.3	0.8	0.2
Carbohydrate (g)	5.4	2.7	7.8	2.6	8.5	2.6
Sugars (g)	3.5	1.7	5.1	1.7	5.5	1.7
Sodium (mg)	122	60	176	59	191	58

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
T		T	Y			T						

Flat White - Almond Milk	Small		Standard		Large								
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL							
ALMOND MILK: Water, <b>Almonds</b> , Sugar, Sunflower Oil, Maltodextrin (From Corn), Acidity Regulators (340, 332), Vegetable Gums (418, 415, 410), Sunflower Lecithin, Salt.	Energy (kJ)	260	129	375	126	406	124						
COFFEE: Ground and Extracted Roasted Coffee Beans.	Energy (Cal)	62	31	90	30	97	30						
Contains tree nuts and caffeine. May contain traces of gluten, milk or soy due to equipment cross contact.	Protein (g)	1.4	0.7	2.0	0.7	2.2	0.7						
	Fat, Total (g)	3.9	2.0	5.7	1.9	6.1	1.9						
	Saturated Fat (g)	0.3	0.2	0.5	0.2	0.5	0.2						
	Carbohydrate (g)	5.0	2.5	7.2	2.4	7.8	2.4						
	Sugars (g)	2.8	1.4	4.0	1.3	4.3	1.3						
	Sodium (mg)	81	40	117	39	127	39						
	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
	T		T	T			Y						

Flat White - Oat Milk	Small		Standard		Large								
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL							
OAT MILK: Water, Oat Flour ( <b>Gluten</b> ), Sunflower Oil, Acidity Regulators (Dipotassium Phosphate, Potassium Citrate), Salt, Vegetable Gums (460, 466).	Energy (kJ)	432	210	622	205	673	202						
COFFEE: Ground and Extracted Roasted Coffee Beans.	Energy (Cal)	103	50	149	49	161	48						
Contains gluten and caffeine. May contain traces of milk, soy or tree nuts due to equipment cross contact.	Protein (g)	1.0	0.5	1.5	0.5	1.6	0.5						
	Fat, Total (g)	4.4	2.2	6.4	2.1	6.9	2.1						
	Saturated Fat (g)	0.7	0.3	1.0	0.3	1.0	0.3						
	Carbohydrate (g)	14.3	7.0	20.6	6.8	22.3	6.7						
	Sugars (g)	5.5	2.7	7.9	2.6	8.5	2.6						
	Sodium (mg)	94	46	136	45	147	44						
	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
	Y			T			T						

Latte	Small		Standard		Large								
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL							
MILK: Full Cream <b>Milk</b> .	Energy (kJ)	473	236	687	231	745	227						
COFFEE: Water, Ground and Extracted Roasted Coffee Beans.	Energy (Cal)	113	56	164	55	178	54						
Contains milk and caffeine. May contain traces of gluten, soy or tree nuts due to equipment cross contact.	Protein (g)	5.7	2.8	8.2	2.8	8.9	2.7						
	Fat, Total (g)	6.5	3.2	9.4	3.2	10.2	3.1						
	Saturated Fat (g)	4.3	2.1	6.2	2.1	6.7	2.0						
	Carbohydrate (g)	8.0	4.0	11.7	3.9	12.7	3.9						
	Sugars (g)	8.0	4.0	11.7	3.9	12.7	3.9						
	Sodium (mg)	71	35	103	34	111	34						
	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
	T		Y	T			T						

Latte - Skim Milk	Small		Standard		Large								
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL							
SKIM MILK: Skim <b>Milk</b> , <b>Milk</b> Solids Non Fat.	Energy (kJ)	242	124	368	127	398	122						
COFFEE: Ground and Extracted Roasted Coffee Beans.	Energy (Cal)	57	29	87	30	94	29						
Contains milk and caffeine. May contain traces of gluten, soy or tree nuts due to equipment cross contact.	Protein (g)	5.8	3.0	8.8	3.0	9.6	2.9						
	Fat, Total (g)	0.2	0.1	0.2	0.1	0.3	0.1						
	Saturated Fat (g)	0.2	0.1	0.2	0.1	0.3	0.1						
	Carbohydrate (g)	8.1	4.1	12.3	4.2	13.3	4.1						
	Sugars (g)	8.1	4.1	12.3	4.2	13.3	4.1						
	Sodium (mg)	71	37	108	37	117	36						
	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
	T		Y	T			T						

Latte - Lactose Free Milk	Small		Standard		Large								
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL							
LACTOSE FREE MILK: <b>Milk</b> , Enzyme (Lactase).	Energy (kJ)	449	225	653	220	707	216						
COFFEE: Ground and Extracted Roasted Coffee Beans.	Energy (Cal)	107	54	156	53	169	52						
Contains milk and caffeine. May contain traces of gluten, soy or tree nuts due to equipment cross contact.	Protein (g)	5.4	2.7	7.9	2.7	8.5	2.6						
	Fat, Total (g)	5.9	2.9	8.6	2.9	9.3	2.8						
	Saturated Fat (g)	4.3	2.1	6.2	2.1	6.8	2.1						
	Carbohydrate (g)	7.8	3.9	11.3	3.8	12.3	3.8						
	Sugars (g)	7.8	3.9	11.3	3.8	12.3	3.8						
	Sodium (mg)	63	32	92	31	100	31						
	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
	T		Y	T			T						

<b>Latte - Soy Milk</b>	<b>Small</b>		<b>Standard</b>		<b>Large</b>								
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL							
SOY MILK: Filtered Water, Whole <b>Soybean</b> , Raw Sugar, Minerals (Calcium Phosphate), Vegetable Gums (460, 407, 466), Natural Flavour, Salt, Food Acids (340, 331).	297	149	432	146	477	144							
COFFEE: Ground and Extracted Roasted Coffee Beans.	71	36	103	35	114	34							
Energy (kJ)	5.1	2.6	7.4	2.5	8.2	2.5							
Energy (Cal)	3.0	1.5	4.4	1.5	4.9	1.5							
Protein (g)	0.5	0.3	0.7	0.2	0.8	0.2							
Fat, Total (g)	5.3	2.6	7.7	2.6	8.5	2.6							
Saturated Fat (g)	3.4	1.7	5.0	1.7	5.5	1.7							
Carbohydrate (g)	119	60	173	58	191	58							
Sugars (g)													
Sodium (mg)													
	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
	T		T	Y			T						

<b>Latte - Almond Milk</b>	<b>Small</b>		<b>Standard</b>		<b>Large</b>								
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL							
ALMOND MILK: Water, <b>Almonds</b> , Sugar, Sunflower Oil, Maltodextrin (From Corn), Acidity Regulators (340, 332), Vegetable Gums (418, 415, 410), Sunflower Lecithin, Salt.	252	129	367	126	406	124							
COFFEE: Ground and Extracted Roasted Coffee Beans.	60	31	88	30	97	30							
Energy (kJ)	1.4	0.7	2.0	0.7	2.2	0.7							
Energy (Cal)	3.8	1.9	5.6	1.9	6.1	1.9							
Protein (g)	0.3	0.2	0.5	0.2	0.5	0.2							
Fat, Total (g)	4.9	2.5	7.1	2.4	7.8	2.4							
Saturated Fat (g)	2.7	1.4	3.9	1.3	4.3	1.3							
Carbohydrate (g)	79	40	115	39	127	39							
Sugars (g)													
Sodium (mg)													
	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
	T		T	Y			Y						

<b>Latte - Oat Milk</b>	<b>Small</b>		<b>Standard</b>		<b>Large</b>								
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL							
OAT MILK: Water, Oat Flour ( <b>Gluten</b> ), Sunflower Oil, Acidity Regulators (Dipotassium Phosphate, Potassium Citrate), Salt, Vegetable Gums (460, 466).	419	209	609	205	660	201							
COFFEE: Ground and Extracted Roasted Coffee Beans.	100	50	146	49	158	48							
Energy (kJ)	1.0	0.5	1.5	0.5	1.6	0.5							
Energy (Cal)	4.3	2.1	6.2	2.1	6.8	2.1							
Protein (g)	0.6	0.3	0.9	0.3	1.0	0.3							
Fat, Total (g)	13.9	6.9	20.2	6.8	21.9	6.7							
Saturated Fat (g)	5.3	2.7	7.7	2.6	8.4	2.6							
Carbohydrate (g)	91	46	133	45	144	44							
Sugars (g)													
Sodium (mg)													
	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
	Y		T	T			T						

<b>Piccolo Latte</b>	<b>Small</b>		<b>Standard</b>		<b>Large</b>								
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL							
MILK: Full Cream <b>Milk</b> .	172	187											
COFFEE: Ground and Extracted Roasted Coffee Beans.	41	45											
Energy (kJ)	2.1	2.3											
Energy (Cal)	2.4	2.6											
Protein (g)	1.5	1.7											
Fat, Total (g)	2.9	3.2											
Saturated Fat (g)	2.9	3.2											
Carbohydrate (g)	26	28											
Sugars (g)													
Sodium (mg)													
	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
	T		Y	T			T						

<b>Piccolo Latte - Skim Milk</b>	<b>Small</b>		<b>Standard</b>		<b>Large</b>								
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL							
SKIM MILK: Skim <b>Milk</b> , <b>Milk</b> Solids Non Fat.	91	101											
COFFEE: Ground and Extracted Roasted Coffee Beans.	22	24											
Energy (kJ)	2.2	2.4											
Energy (Cal)	0.1	0.1											
Protein (g)	0.1	0.1											
Fat, Total (g)	3.0	3.4											
Saturated Fat (g)	3.0	3.4											
Carbohydrate (g)	27	20											
Sugars (g)													
Sodium (mg)													
	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
	T		Y	T			T						



### Piccolo Latte - Lactose Free Milk

LACTOSE FREE MILK: **Milk**, Enzyme (Lactase).  
 COFFEE: Ground and Extracted Roasted Coffee Beans.

Contains milk and caffeine.  
 May contain traces of gluten, soy or tree nuts due to equipment cross contact.

	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	164	179
Energy (Cal)	39	43
Protein (g)	2.0	2.2
Fat, Total (g)	2.1	2.3
Saturated Fat (g)	1.6	1.7
Carbohydrate (g)	2.9	3.1
Sugars (g)	2.9	3.1
Sodium (mg)	23	26

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
T		Y	T			T						

### Piccolo Latte - Soy Milk

SOY MILK: Filtered Water, Whole **Soybean**, Raw Sugar, Minerals (Calcium Phosphate), Vegetable Gums (460, 407, 466), Natural Flavour, Salt, Food Acids (340, 331).  
 COFFEE: Ground and Extracted Roasted Coffee Beans.

Contains soy and caffeine.  
 May contain traces of gluten, milk or tree nuts due to equipment cross contact.

	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	108	119
Energy (Cal)	26	28
Protein (g)	1.9	2.0
Fat, Total (g)	1.1	1.2
Saturated Fat (g)	0.2	0.2
Carbohydrate (g)	1.9	2.1
Sugars (g)	1.3	1.4
Sodium (mg)	44	48

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
T		T	Y			T						

### Piccolo Latte - Almond Milk

ALMOND MILK: Water, **Almonds**, Sugar, Sunflower Oil, Maltodextrin (From Corn), Acidity Regulators (340, 332), Vegetable Gums (418, 415, 410), Sunflower Lecithin, Salt.  
 COFFEE: Ground and Extracted Roasted Coffee Beans.

Contains tree nuts and caffeine.  
 May contain traces of gluten, milk or soy due to equipment cross contact.

	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	92	102
Energy (Cal)	22	24
Protein (g)	0.5	0.6
Fat, Total (g)	1.4	1.5
Saturated Fat (g)	0.1	0.1
Carbohydrate (g)	1.8	2.0
Sugars (g)	1.0	1.1
Sodium (mg)	29	32

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
T		T	T			Y						

### Piccolo Latte - Oat Milk

OAT MILK: Water, Oat Flour (**Gluten**), Sunflower Oil, Acidity Regulators (Dipotassium Phosphate, Potassium Citrate), Salt, Vegetable Gums (460, 466).  
 COFFEE: Ground and Extracted Roasted Coffee Beans.

Contains gluten and caffeine.  
 May contain traces of milk, soy or tree nuts due to equipment cross contact.

	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	153	166
Energy (Cal)	37	40
Protein (g)	0.4	0.4
Fat, Total (g)	1.6	1.7
Saturated Fat (g)	0.2	0.3
Carbohydrate (g)	5.1	5.5
Sugars (g)	2.0	2.1
Sodium (mg)	34	37

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
Y		T	T			T						

### Mocha

MILK: Full Cream **Milk**.  
 COFFEE: Ground and Extracted Roasted Coffee Beans.  
 HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains milk and caffeine.  
 May contain traces of gluten, soy or tree nuts due to equipment cross contact.

	Small		Standard		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	883	387	1190	365	1490	392
Energy (Cal)	211	93	284	87	357	94
Protein (g)	8.5	3.7	10.9	3.3	12.9	3.4
Fat, Total (g)	8.5	3.7	10.9	3.2	12.0	3.2
Saturated Fat (g)	5.6	2.4	6.9	2.1	7.8	2.1
Carbohydrate (g)	24.0	10.5	34.5	10.6	46.4	12.2
Sugars (g)	23.1	10.1	33.0	10.2	44.2	11.6
Sodium (mg)	127	56	175	54	219	58

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
T		Y	T			T					Y	

### Mocha - Skim Milk

SKIM MILK: Skim **Milk**, **Milk** Solids Non Fat.

COFFEE: Ground and Extracted Roasted Coffee Beans.

HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains milk and caffeine.

May contain traces of gluten, soy or tree nuts due to equipment cross contact.

	Small		Standard		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	442	204	703	229	896	251
Energy (Cal)	106	49	168	55	214	60
Protein (g)	7.1	3.3	10.5	3.4	12.2	3.4
Fat, Total (g)	0.6	0.3	0.9	0.3	1.3	0.4
Saturated Fat (g)	0.4	0.2	0.7	0.2	0.9	0.3
Carbohydrate (g)	17.1	7.9	27.7	9.0	36.1	10.1
Sugars (g)	16.6	7.6	26.7	8.7	34.7	9.7
Sodium (mg)	101	46	153	50	185	52

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
T		Y	T			T					Y	

### Mocha - Lactose Free Milk

LACTOSE FREE MILK: **Milk**, Enzyme (Lactase).

COFFEE: Ground and Extracted Roasted Coffee Beans.

HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains milk and caffeine.

May contain traces of gluten, soy or tree nuts due to equipment cross contact.

	Small		Standard		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	726	320	1150	355	1450	382
Energy (Cal)	174	77	275	85	347	91
Protein (g)	7.0	3.1	10.5	3.2	12.6	3.3
Fat, Total (g)	6.6	2.9	9.6	3.0	11.0	2.9
Saturated Fat (g)	4.8	2.1	6.9	2.1	7.8	2.1
Carbohydrate (g)	20.1	8.9	34.1	10.5	46.0	12.1
Sugars (g)	19.4	8.5	32.7	10.1	4.9	11.6
Sodium (mg)	101	45	159	49	201	53

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
T		Y	T			T					Y	

### Mocha - Soy Milk

SOY MILK: Filtered Water, Whole **Soybean**, Raw Sugar, Minerals (Calcium Phosphate), Vegetable Gums (460, 407, 466), Natural Flavours, Salt, Food Acids (340, 331).

COFFEE: Ground and Extracted Roasted Coffee Beans.

HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains milk, soy and caffeine.

May contain traces of gluten or tree nuts due to equipment cross contact.

	Small		Standard		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	492	223	775	247	976	268
Energy (Cal)	118	53	185	59	233	64
Protein (g)	6.2	2.8	9.2	2.9	10.8	3.0
Fat, Total (g)	3.5	1.6	5.1	1.6	5.9	1.6
Saturated Fat (g)	0.8	0.3	1.2	0.4	1.5	0.4
Carbohydrate (g)	14.0	6.3	23.4	7.5	31.3	8.6
Sugars (g)	11.5	5.2	19.7	6.3	26.9	7.4
Sodium (mg)	148	67	219	70	259	71

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
T		Y	Y			T					Y	

### Mocha - Almond Milk

ALMOND MILK: Water, **Almonds**, Sugar, Sunflower Oil, Maltodextrin (From Corn), Acidity Regulators (340, 332), Vegetable Gums (418, 415, 410), Sunflower Lecithin, Salt.

COFFEE: Ground and Extracted Roasted Coffee Beans.

HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains milk, tree nuts and caffeine.

May contain traces of gluten or soy due to equipment cross contact.

	Small		Standard		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	447	205	709	230	903	251
Energy (Cal)	107	49	169	55	216	60
Protein (g)	2.4	1.1	3.8	1.2	4.8	1.3
Fat, Total (g)	4.3	2.0	6.3	2.0	7.2	2.0
Saturated Fat (g)	0.6	0.3	0.9	0.3	1.2	0.3
Carbohydrate (g)	13.6	6.2	22.7	7.4	30.6	8.5
Sugars (g)	10.8	4.9	18.6	6.0	25.7	7.2
Sodium (mg)	106	49	161	52	194	54

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
T		Y	T			Y					Y	

### Mocha - Oat Milk

OAT MILK: Water, Oat Flour (**Gluten**), Sunflower Oil, Acidity Regulators (Dipotassium Phosphate, Potassium Citrate), Salt, Vegetable Gums (460, 466).

COFFEE: Ground and Extracted Roasted Coffee Beans.

HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains gluten, milk and caffeine.

May contain traces of soy or tree nuts due to equipment cross contact.

	Small		Standard		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	696	306	1110	340	1400	369
Energy (Cal)	166	73	264	81	335	88
Protein (g)	2.4	1.1	4.1	1.3	5.5	1.4
Fat, Total (g)	5.0	2.2	7.3	2.2	8.4	2.2
Saturated Fat (g)	1.0	0.4	1.6	0.5	2.0	0.5
Carbohydrate (g)	26.4	11.6	43.0	13.2	55.8	14.7
Sugars (g)	16.8	7.4	29.1	9.0	39.9	10.5
Sodium (mg)	130	57	200	62	246	65

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
Y		Y	T			T					Y	

<b>Hot Chocolate</b>	<b>Small</b>		<b>Standard</b>		<b>Large</b>								
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL							
MILK: Full Cream <b>Milk</b> .	1010	416	1500	428	1990	416							
WATER: Water.	242	99	359	102	476	99							
HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder ( <b>Milk</b> ), Flavour, Starch, Salt	8.8	3.6	13.1	3.7	17.4	3.6							
Contains milk.	8.1	3.3	12.1	3.4	16.1	3.4							
May contain traces of gluten, soy or tree nuts due to equipment cross contact.	5.3	2.2	7.9	2.3	10.5	2.2							
	31.6	13.0	46.6	13.3	61.7	12.9							
	30.1	12.4	44.5	12.7	58.9	12.3							
	143	59	213	61	283	59							
	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
	T		Y	T			T					Y	
<b>Hot Chocolate - Skim Milk</b>	<b>Small</b>		<b>Standard</b>		<b>Large</b>								
SKIM MILK: Skim <b>Milk</b> , <b>Milk</b> Solids Non Fat.	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL							
WATER: Water.	597	275	872	284	1150	274							
HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder ( <b>Milk</b> ), Flavour, Starch, Salt.	143	66	208	68	276	65							
Contains milk.	7.9	3.7	11.6	3.8	15.5	3.7							
May contain traces of gluten, soy or tree nuts due to equipment cross contact.	0.9	0.4	1.3	0.4	1.7	0.4							
	0.6	0.3	0.9	0.3	1.2	0.3							
	24.2	11.1	35.3	11.5	46.7	11.1							
	23.2	10.7	33.9	11.0	44.8	10.6							
	121	56	177	58	236	56							
	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
	T		Y	T			T					Y	
<b>Hot Chocolate - Lactose Free Milk</b>	<b>Small</b>		<b>Standard</b>		<b>Large</b>								
LACTOSE FREE MILK: <b>Milk</b> , Enzyme (Lactase).	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL							
HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder ( <b>Milk</b> ), Flavour, Starch, Salt.	985	407	1460	418	1940	406							
Contains milk.	235	97	349	100	464	9							
May contain traces of gluten, soy or tree nuts due to equipment cross contact.	8.5	3.5	12.7	3.6	16.8	3.5							
	7.4	3.1	11.1	3.2	14.8	3.1							
	5.3	2.2	8.0	2.3	10.6	2.2							
	31.3	12.9	46.2	13.2	61.1	12.8							
	29.8	12.3	44.1	12.6	58.3	12.2							
	136	56	201	58	267	56							
	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
	T		Y	T			T					Y	
<b>Hot Chocolate - Soy Milk</b>	<b>Small</b>		<b>Standard</b>		<b>Large</b>								
SOY MILK: Filtered Water, Whole <b>Soybean</b> , Raw Sugar, Minerals (Calcium Phosphate), Vegetable Gums (460, 407, 466), Natural Flavours, Salt, Food Acids (340, 331).	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL							
WATER: Water.	646	293	945	302	1250	291							
HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder ( <b>Milk</b> ), Flavour, Starch, Salt.	154	70	226	72	299	70							
Contains soy and milk.	7.0	3.2	10.3	3.3	13.7	3.2							
May contain traces of gluten or tree nuts due to equipment cross contact.	3.8	1.7	5.6	1.8	7.5	1.7							
	1.0	0.4	1.4	0.4	1.9	0.4							
	21.1	9.5	30.7	9.8	40.6	9.4							
	18.2	8.2	26.5	8.5	34.9	8.1							
	168	76	246	79	328	76							
	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
	T		Y	Y			T					Y	

### Hot Chocolate - Almond Milk

ALMOND MILK: Water, **Almonds**, Sugar, Sunflower Oil, Maltodextrin (From Corn), Acidity Regulators (340, 332), Vegetable Gums (418, 415, 410), Sunflower Lecithin, Salt.  
WATER: Water.

HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains tree nuts and milk.

May contain traces of gluten or soy due to equipment cross contact.

	Small		Standard		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	601	275	878	284	1160	274
Energy (Cal)	144	66	210	68	278	65
Protein (g)	3.2	1.5	4.6	1.5	6.1	1.4
Fat, Total (g)	4.6	2.1	6.8	2.2	9.1	2.1
Saturated Fat (g)	0.8	0.4	1.1	0.4	1.5	0.4
Carbohydrate (g)	20.7	9.5	30.1	69.8	39.7	9.4
Sugars (g)	17.4	8.0	25.4	8.2	33.5	7.9
Sodium (mg)	127	58	186	60	247	58

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
T		Y	T			Y					Y	

### Hot Chocolate - Oat Milk

OAT MILK: Water, Oat Flour (**Gluten**), Sunflower Oil, Acidity Regulators (Dipotassium Phosphate, Potassium Citrate), Salt, Vegetable Gums (460, 466).

WATER: Water.

HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains gluten and milk.

May contain traces of soy or tree nuts due to equipment cross contact.

	Small		Standard		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	953	392	1410	403	1870	391
Energy (Cal)	228	94	338	96	448	94
Protein (g)	3.7	1.5	5.5	1.6	7.2	1.5
Fat, Total (g)	5.7	2.4	8.5	2.4	11.4	2.4
Saturated Fat (g)	1.3	0.6	2.0	0.6	2.7	0.6
Carbohydrate (g)	37.9	15.6	56.2	16.0	74.4	15.5
Sugars (g)	27.1	11.2	40.0	11.4	52.9	11.1
Sodium (mg)	166	68	247	70	328	69

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
Y		Y	T			T					Y	

### Chai Latte

MILK: Full Cream **Milk**.

WATER: Water.

CHAI POWDER: Sugar, **Milk** Solids, Beverage Whitener (Vegetable Fat, Glucose Syrup Solids, **Milk** Protein, Emulsifiers (471, 472c), Stabilisers (339(iii)) (450(i)), Anti-caking Agent (551),

Antioxidant (307b)), Maltodextrin, Tea Powder, Colour 150d, Spices, Malt Extract (**Barley**), Flavourings, Vegetable Gum (407), Spice Extract, Lactose (**Milk**), Anticaking Agent (551).

Contains gluten, milk and sulphites.

May contain traces of soy or tree nuts due to equipment cross contact.

	Small		Standard		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	756	352	1250	390	1750	409
Energy (Cal)	181	84	300	93	419	98
Protein (g)	7.1	3.3	11.1	3.4	15.1	3.5
Fat, Total (g)	7.8	3.6	12.1	3.7	16.3	3.8
Saturated Fat (g)	5.0	2.3	7.7	2.4	10.4	2.4
Carbohydrate (g)	20.4	9.5	36.4	11.3	52.4	12.2
Sugars (g)	19.7	9.2	35.0	10.9	50.4	11.7
Sodium (mg)	100	47	162	50	224	52

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
Y		Y	T			T		Y			Y	Y

### Chai Latte - Skim Milk

SKIM MILK: Skim **Milk**, **Milk** Solids Non Fat.

WATER: Water.

CHAI POWDER: Sugar, **Milk** Solids, Beverage Whitener (Vegetable Fat, Glucose Syrup Solids, **Milk** Protein, Emulsifiers (471, 472c), Stabilisers (339(iii)) (450(i)), Anti-caking Agent (551),

Antioxidant (307b)), Maltodextrin, Tea Powder, Colour 150d, Spices, Malt Extract (**Barley**), Flavourings, Vegetable Gum (407), Spice Extract, Lactose (**Milk**), Anticaking Agent (551).

Contains gluten, milk and sulphites.

May contain traces of soy or tree nuts due to equipment cross contact.

	Small		Standard		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	511	245	888	284	1260	303
Energy (Cal)	122	58	212	68	302	72
Protein (g)	7.4	3.5	11.6	3.7	15.8	3.8
Fat, Total (g)	0.9	0.4	1.7	0.6	2.6	0.6
Saturated Fat (g)	0.5	0.3	1.0	0.3	1.4	0.3
Carbohydrate (g)	20.6	9.9	36.8	11.7	52.9	12.7
Sugars (g)	20.0	9.6	35.5	11.3	50.9	12.2
Sodium (mg)	103	49	166	53	230	55

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
Y		Y	T			T		Y			Y	Y

### Chai Latte - Lactose Free Milk

LACTOSE FREE MILK: **Milk**, Enzyme (Lactase).

WATER: Water.

CHAI POWDER: Sugar, **Milk** Solids, Beverage Whitener (Vegetable Fat, Glucose Syrup Solids, **Milk** Protein, Emulsifiers (471, 472c), Stabilisers (339(iii)) (450(i)), Anti-caking Agent (551),

Antioxidant (307b)), Maltodextrin, Tea Powder, Colour 150d, Spices, Malt Extract (**Barley**), Flavourings, Vegetable Gum (407), Spice Extract, Lactose (**Milk**), Anticaking Agent (551).

Contains gluten, milk and sulphites.

May contain traces of soy or tree nuts due to equipment cross contact.

	Small		Standard		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	731	341	1220	380	1700	399
Energy (Cal)	175	82	291	91	407	95
Protein (g)	6.7	3.1	10.5	3.3	14.3	3.3
Fat, Total (g)	7.2	3.3	11.1	3.5	15.0	3.5
Saturated Fat (g)	5.1	2.4	7.8	2.4	10.5	2.5
Carbohydrate (g)	20.3	9.5	36.3	11.3	52.4	12.3
Sugars (g)	19.0	8.9	33.8	10.5	48.6	11.4
Sodium (mg)	92	43	150	47	208	49

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
Y		Y	T			T		Y			Y	Y

### Chai Latte - Soy Milk

SOY MILK: Filtered Water, Whole **Soybean**, Raw Sugar, Minerals (Calcium Phosphate), Vegetable Gums (460, 407, 466), Natural Flavours, Salt, Food Acids (340, 331).

WATER: Water.

CHAI POWDER: Sugar, **Milk** Solids, Beverage Whitener (Vegetable Fat, Glucose Syrup Solids, **Milk** Protein, Emulsifiers (471, 472c), Stabilisers (339(iii)) (450(i)), Anti-caking Agent (551),

Antioxidant (307b)), Maltodextrin, Tea Powder, Colour 150d, Spices, Malt Extract (**Barley**), Flavourings, Vegetable Gum (407), Spice Extract, Lactose (**Milk**), Anticaking Agent (551).

Contains gluten, milk, soy and sulphites.

May contain traces of tree nuts due to equipment cross contact.

	Small		Standard		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	564	265	967	303	1370	322
Energy (Cal)	135	63	231	72	327	77
Protein (g)	6.5	3.0	10.2	3.2	13.8	3.3
Fat, Total (g)	4.0	1.9	6.4	2.0	8.8	2.1
Saturated Fat (g)	0.9	0.4	1.5	0.5	2.2	0.5
Carbohydrate (g)	17.3	8.1	31.8	10.0	46.3	10.9
Sugars (g)	14.7	6.9	27.5	8.6	40.3	9.5
Sodium (mg)	153	72	241	76	329	77

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
Y		Y	Y			T		Y			Y	Y

### Chai Latte - Almond Milk

ALMOND MILK: Water, **Almonds**, Sugar, Sunflower Oil, Maltodextrin (From Corn), Acidity Regulators (340, 332), Vegetable Gums (418, 415, 410), Sunflower Lecithin, Salt.

WATER: Water.

CHAI POWDER: Sugar, **Milk** Solids, Beverage Whitener (Vegetable Fat, Glucose Syrup Solids, **Milk** Protein, Emulsifiers (471, 472c), Stabilisers (339(iii)) (450(i)), Anti-caking Agent (551),

Antioxidant (307b)), Maltodextrin, Tea Powder, Colour 150d, Spices, Malt Extract (**Barley**), Flavourings, Vegetable Gum (407), Spice Extract, Lactose (**Milk**), Anticaking Agent (551).

Contains gluten, milk, tree nuts and sulphites.

May contain traces of soy due to equipment cross contact.

	Small		Standard		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	517	246	897	285	1280	304
Energy (Cal)	124	59	214	68	305	73
Protein (g)	2.3	101.0	3.9	1.2	5.5	1.3
Fat, Total (g)	4.9	2.3	7.7	2.4	10.5	2.5
Saturated Fat (g)	0.7	0.4	1.3	0.4	1.9	0.4
Carbohydrate (g)	17.1	8.1	31.5	10.0	46.0	11.0
Sugars (g)	13.5	6.4	25.5	8.1	37.5	8.9
Sodium (mg)	109	52	175	56	242	58

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
Y		Y	T			Y		Y			Y	Y

### Chai Latte - Oat Milk

OAT MILK: Water, Oat Flour (**Gluten**), Sunflower Oil, Acidity Regulators (Dipotassium Phosphate, Potassium Citrate), Salt, Vegetable Gums (460, 466).

WATER: Water.

CHAI POWDER: Sugar, **Milk** Solids, Beverage Whitener (Vegetable Fat, Glucose Syrup Solids, **Milk** Protein, Emulsifiers (471, 472c), Stabilisers (339(iii)) (450(i)), Anti-caking Agent (551),

Antioxidant (307b)), Maltodextrin, Tea Powder, Colour 150d, Spices, Malt Extract (**Barley**), Flavourings, Vegetable Gum (407), Spice Extract, Lactose (**Milk**), Anticaking Agent (551).

Contains gluten, milk and sulphites.

May contain traces of soy or tree nuts due to equipment cross contact.

	Small		Standard		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	699	325	1170	363	1640	382
Energy (Cal)	167	78	279	87	392	91
Protein (g)	1.9	0.9	3.3	1.0	4.7	1.1
Fat, Total (g)	5.4	2.5	8.5	2.6	11.6	2.7
Saturated Fat (g)	1.1	0.5	1.8	0.6	2.6	0.6
Carbohydrate (g)	26.9	12.5	46.3	14.4	65.7	15.3
Sugars (g)	16.3	7.6	29.7	9.2	43.2	10.1
Sodium (mg)	123	57	196	61	269	63

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
Y		Y	T			T		Y			Y	Y

### Tea

ENGLISH BREAKFAST TEA: Water, Ceylon Tea.

EARL GREY TEA: Water, Ceylon Black Tea, Bergamot Flavour.

JASMINE GREEN TEA: Water, Green Tea with Jasmine Petals.

PEPPERMINT AND CINNAMON TEA: Water, Peppermint Herb, Cinnamon Spice.

	Small		Standard		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	16	6	23	6	27	6
Energy (Cal)	4	1	5	1	6	1
Protein (g)	0.3	0.1	0.4	0.1	0.5	0.1
Fat, Total (g)	0.3	0.1	0.4	0.1	0.5	0.1
Saturated Fat (g)	0.0	0.0	0.0	0.0	0.0	0.0
Carbohydrate (g)	0.0	0.0	0.0	0.0	0.0	0.0
Sugars (g)	0.0	0.0	0.0	0.0	0.0	0.0
Sodium (mg)	10	4	15	4	18	4

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour

## COLD BEVERAGES

### Iced Long Black

ICE: Water.

COFFEE: Ground and Extracted Roasted Coffee Beans

Contains caffeine.

	Small		Standard		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	<1	<1	1	<1	2	1
Energy (Cal)	<1	<1	<1	<1	<1	<1
Protein (g)	0.0	0.0	0.0	0.0	0.0	0.0
Fat, Total (g)	0.0	0.0	0.0	0.0	0.0	0.0
Saturated Fat (g)	0.0	0.0	0.0	0.0	0.0	0.0
Carbohydrate (g)	0.0	0.0	0.0	0.0	0.0	0.0
Sugars (g)	0.0	0.0	0.0	0.0	0.0	0.0
Sodium (mg)	<1	<1	<1	<1	1	<1

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour

Iced Chocolate	Small		Standard		Large								
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL							
MILK: Full Cream <b>Milk</b> .													
ICE: Water.													
CHOCOLATE SYRUP: Invert Sugar Syrup, Glucose Syrup (Preservative (223)), Water, Cocoa Powder, Salt, Preservative (202), Acidity Regulator (330), Flavours.													
WHIPPED CREAM: Cream ( <b>Milk</b> ), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gum (407, 401).													
HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder ( <b>Milk</b> ), Flavour, Starch, Salt.													
Contains milk and sulphites.													
May contain traces of gluten, soy or tree nuts due to equipment cross contact.													
	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
	T		Y	T			T		Y		Y	Y	

Iced Chocolate - Skim Milk	Small		Standard		Large								
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL							
SKIM MILK: Skim <b>Milk</b> , <b>Milk</b> Solids Non Fat.													
ICE: Water													
CHOCOLATE SYRUP: Invert Sugar Syrup, Glucose Syrup (Preservative (223)), Water, Cocoa Powder, Salt, Preservative (202), Acidity Regulator (330), Flavours.													
WHIPPED CREAM: Cream ( <b>Milk</b> ), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gum (407, 401).													
HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder ( <b>Milk</b> ), Flavour, Starch, Salt.													
Contains milk and sulphites.													
May contain traces of gluten, soy or tree nuts due to equipment cross contact.													
	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
	T		Y	T			T		Y		Y	Y	

Iced Chocolate - Lactose Free Milk	Small		Standard		Large								
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL							
LACTOSE FREE MILK: <b>Milk</b> , Enzyme (Lactase).													
ICE: Water													
CHOCOLATE SYRUP: Invert Sugar Syrup, Glucose Syrup (Preservative (223)), Water, Cocoa Powder, Salt, Preservative (202), Acidity Regulator (330), Flavours.													
WHIPPED CREAM: Cream ( <b>Milk</b> ), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gum (407, 401).													
HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder ( <b>Milk</b> ), Flavour, Starch, Salt.													
Contains milk and sulphites.													
May contain traces of gluten, soy or tree nuts due to equipment cross contact.													
	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
	T		Y	T			T		Y		Y	Y	

Iced Chocolate - Soy Milk	Small		Standard		Large								
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL							
SOY MILK: Filtered Water, Whole <b>Soybean</b> , Raw Sugar, Minerals (Calcium Phosphate), Vegetable Gums (460, 407, 466), Natural Flavours, Salt, Food Acids (340, 331).													
ICE: Water.													
CHOCOLATE SYRUP: Invert Sugar Syrup, Glucose Syrup (Preservative (223)), Water, Cocoa Powder, Salt, Preservative (202), Acidity Regulator (330), Flavours.													
WHIPPED CREAM: Cream ( <b>Milk</b> ), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gum (407, 401).													
HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder ( <b>Milk</b> ), Flavour, Starch, Salt.													
Contains milk, soy and sulphites.													
May contain traces of gluten or tree nuts due to equipment cross contact.													
	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
	T		Y	Y			T		Y		Y	Y	

Iced Chocolate - Almond Milk	Small		Standard		Large								
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL							
ALMOND MILK: Water, <b>Almonds</b> , Sugar, Sunflower Oil, Maltodextrin (From Corn), Acidity Regulators (340, 332), Vegetable Gums (418, 415, 410), Sunflower Lecithin, Salt.													
ICE: Water.													
CHOCOLATE SYRUP: Invert Sugar Syrup, Glucose Syrup (Preservative (223)), Water, Cocoa Powder, Salt, Preservative (202), Acidity Regulator (330), Flavours.													
WHIPPED CREAM: Cream ( <b>Milk</b> ), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gum (407, 401).													
HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder ( <b>Milk</b> ), Flavour, Starch, Salt.													
Contains milk, tree nuts and sulphites.													
May contain traces of gluten or soy due to equipment cross contact.													
	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
	T		Y	T			Y		Y		Y	Y	

Iced Chocolate - Oat Milk	Small			Standard		Large							
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL							
OAT MILK: Water, Oat Flour ( <b>Gluten</b> ), Sunflower Oil, Acidity Regulators (Dipotassium Phosphate, Potassium Citrate), Salt, Vegetable Gums (460, 466).													
ICE: Water.													
CHOCOLATE SYRUP: Invert Sugar Syrup, Glucose Syrup (Preservative (223)), Water, Cocoa Powder, Salt, Preservative (202), Acidity Regulator (330), Flavours.													
WHIPPED CREAM: Cream ( <b>Milk</b> ), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gum (407, 401).													
HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder ( <b>Milk</b> ), Flavour, Starch, Salt.													
Contains gluten, milk and sulphites.													
May contain traces of soy or tree nuts due to equipment cross contact.													
	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
	Y		Y	T			T		Y		Y		Y

Iced Chai Latte	Small			Standard		Large							
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL							
MILK: Full Cream <b>Milk</b> .													
ICE: Water.													
WATER: Water.													
CHAI POWDER: Sugar, <b>Milk</b> Solids, Beverage Whitener (Vegetable Fat, Glucose Syrup Solids, <b>Milk</b> Protein, Emulsifiers (471, 472c), Stabilisers (339(iii)) (450(i)), Anti-caking Agent (551), Antioxidant (307b)), Maltodextrin, Tea Powder, Colour 150d, Spices, Malt Extract ( <b>Barley</b> ), Flavourings, Vegetable Gum (407), Spice Extract, Lactose ( <b>Milk</b> ), Anticaking Agent (551).													
Contains gluten, milk and sulphites.													
May contain traces of soy or tree nuts due to equipment cross contact.													
	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
	Y		Y	T			T		Y			Y	Y

Iced Chai Latte - Skim Milk	Small			Standard		Large							
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL							
SKIM MILK: Skim <b>Milk</b> , <b>Milk</b> Solids Non Fat.													
ICE: Water.													
WATER: Water.													
CHAI POWDER: Sugar, <b>Milk</b> Solids, Beverage Whitener (Vegetable Fat, Glucose Syrup Solids, <b>Milk</b> Protein, Emulsifiers (471, 472c), Stabilisers (339(iii)) (450(i)), Anti-caking Agent (551), Antioxidant (307b)), Maltodextrin, Tea Powder, Colour 150d, Spices, Malt Extract ( <b>Barley</b> ), Flavourings, Vegetable Gum (407), Spice Extract, Lactose ( <b>Milk</b> ), Anticaking Agent (551).													
Contains gluten, milk and sulphites.													
May contain traces of soy or tree nuts due to equipment cross contact.													
	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
	Y		Y	T			T		Y			Y	Y

Iced Chai Latte - Lactose Free Milk	Small			Standard		Large							
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL							
LACTOSE FREE MILK: <b>Milk</b> , Enzyme (Lactase).													
ICE: Water.													
WATER: Water.													
CHAI POWDER: Sugar, <b>Milk</b> Solids, Beverage Whitener (Vegetable Fat, Glucose Syrup Solids, <b>Milk</b> Protein, Emulsifiers (471, 472c), Stabilisers (339(iii)) (450(i)), Anti-caking Agent (551), Antioxidant (307b)), Maltodextrin, Tea Powder, Colour 150d, Spices, Malt Extract ( <b>Barley</b> ), Flavourings, Vegetable Gum (407), Spice Extract, Lactose ( <b>Milk</b> ), Anticaking Agent (551).													
Contains gluten, milk and sulphites.													
May contain traces of soy or tree nuts due to equipment cross contact.													
	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
	Y		Y	T			T		Y			Y	Y

Iced Chai Latte - Soy Milk	Small			Standard		Large							
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL							
SOY MILK: Filtered Water, Whole <b>Soybean</b> , Raw Sugar, Minerals (Calcium Phosphate), Vegetable Gums (460, 407, 466), Natural Flavours, Salt, Food Acids (340, 331).													
ICE: Water.													
WATER: Water.													
CHAI POWDER: Sugar, <b>Milk</b> Solids, Beverage Whitener (Vegetable Fat, Glucose Syrup Solids, <b>Milk</b> Protein, Emulsifiers (471, 472c), Stabilisers (339(iii)) (450(i)), Anti-caking Agent (551), Antioxidant (307b)), Maltodextrin, Tea Powder, Colour 150d, Spices, Malt Extract ( <b>Barley</b> ), Flavourings, Vegetable Gum (407), Spice Extract, Lactose ( <b>Milk</b> ), Anticaking Agent (551).													
Contains gluten, milk, soy and sulphites.													
May contain traces of tree nuts due to equipment cross contact.													
	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
	Y		Y	Y			T		Y			Y	Y

### Iced Chai Latte - Almond Milk

ALMOND MILK: Water, **Almonds**, Sugar, Sunflower Oil, Maltodextrin (From Corn), Acidity Regulators (340, 332), Vegetable Gums (418, 415, 410), Sunflower Lecithin, Salt.

ICE: Water.

WATER: Water.

CHAI POWDER: Sugar, **Milk** Solids, Beverage Whitener (Vegetable Fat, Glucose Syrup Solids, **Milk** Protein, Emulsifiers (471, 472c), Stabilisers (339(iii)) (450(i)), Anti-caking Agent (551),

Antioxidant (307b)), Maltodextrin, Tea Powder, Colour 150d, Spices, Malt Extract (**Barley**), Flavourings, Vegetable Gum (407), Spice Extract, Lactose (**Milk**), Anticaking Agent (551).

Contains gluten, milk, tree nuts and sulphites.

May contain traces of soy due to equipment cross contact.

	Small		Standard		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	676	185	1190	219	1610	245
Energy (Cal)	162	44	285	52	385	58
Protein (g)	3.1	0.9	5.4	1.0	7.2	1.1
Fat, Total (g)	6.5	1.8	10.6	1.9	13.2	2.0
Saturated Fat (g)	0.9	0.3	1.7	0.3	2.3	0.3
Carbohydrate (g)	22.0	6.0	40.9	7.5	57.9	8.8
Sugars (g)	18.0	4.9	34.3	6.3	49.5	7.5
Sodium (mg)	144	39	238	44	303	46

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
Y		Y	T			Y		Y			Y	Y

### Iced Chai Latte - Oat Milk

OAT MILK: Water, Oat Flour (**Gluten**), Sunflower Oil, Acidity Regulators (Dipotassium Phosphate, Potassium Citrate), Salt, Vegetable Gums (460, 466).

ICE: Water.

WATER: Water.

CHAI POWDER: Sugar, **Milk** Solids, Beverage Whitener (Vegetable Fat, Glucose Syrup Solids, **Milk** Protein, Emulsifiers (471, 472c), Stabilisers (339(iii)) (450(i)), Anti-caking Agent (551),

Antioxidant (307b)), Maltodextrin, Tea Powder, Colour 150d, Spices, Malt Extract (**Barley**), Flavourings, Vegetable Gum (407), Spice Extract, Lactose (**Milk**), Anticaking Agent (551).

Contains gluten, milk and sulphites.

May contain traces of soy or tree nuts due to equipment cross contact.

	Small		Standard		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	920	247	1570	285	2070	308
Energy (Cal)	220	59	376	68	494	74
Protein (g)	2.5	0.7	4.4	0.8	5.9	0.9
Fat, Total (g)	7.2	1.9	11.6	2.1	14.4	2.2
Saturated Fat (g)	1.4	0.4	2.4	0.4	3.2	0.5
Carbohydrate (g)	35.3	9.5	61.8	11.2	83.0	12.4
Sugars (g)	21.3	5.7	39.1	7.1	55.0	8.2
Sodium (mg)	163	44	267	48	337	50

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
Y		Y	T			T		Y			Y	Y

### Iced Latte

MILK: Full Cream **Milk**.

ICE: Water.

COFFEE: Ground and Extracted Roasted Coffee Beans.

SUGAR SYRUP: Sucrose Syrup, Preservatives (211, 202), Food Acid (330).

Contains milk and caffeine.

May contain traces of gluten, soy or tree nuts due to equipment cross contact.

	Small		Standard		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	791	251	1300	274	1800	290
Energy (Cal)	189	60	310	66	430	69
Protein (g)	6.8	2.2	10.3	2.2	13.7	2.2
Fat, Total (g)	7.9	2.5	11.8	2.5	15.7	2.5
Saturated Fat (g)	5.2	1.6	7.7	1.6	10.3	1.7
Carbohydrate (g)	22.6	7.2	40.4	8.5	58.1	9.4
Sugars (g)	22.6	7.2	40.3	8.5	58.1	9.4
Sodium (mg)	85	27	128	27	171	28

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
T		Y	T			T				Y		

### Iced Latte - Skim Milk

SKIM MILK: Skim **Milk**, **Milk** Solids Non Fat.

ICE: Water.

COFFEE: Ground and Extracted Roasted Coffee Beans.

SUGAR SYRUP: Sucrose Syrup, Preservatives (211, 202), Food Acid (330).

Contains milk and caffeine.

May contain traces of gluten, soy or tree nuts due to equipment cross contact.

	Small		Standard		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	521	160	927	180	1260	196
Energy (Cal)	124	38	222	43	301	47
Protein (g)	7.2	2.2	11.8	2.3	14.5	2.2
Fat, Total (g)	0.2	0.1	0.3	0.1	0.4	0.1
Saturated Fat (g)	0.2	0.1	0.3	0.1	0.4	0.1
Carbohydrate (g)	22.9	7.0	42.1	8.2	58.8	9.1
Sugars (g)	22.9	7.0	42.1	8.2	58.8	9.1
Sodium (mg)	89	27	145	28	178	28

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
T		Y	T			T				Y		

### Iced Latte - Lactose Free Milk

LACTOSE FREE MILK: **Milk**, Enzyme (Lactase).

ICE: Water.

COFFEE: Ground and Extracted Roasted Coffee Beans.

SUGAR SYRUP: Sucrose Syrup, Preservatives (211, 202), Food Acid (330).

Contains milk and caffeine.

May contain traces of gluten, soy or tree nuts due to equipment cross contact.

	Small		Standard		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	762	243	1250	266	1740	282
Energy (Cal)	182	58	299	64	417	67
Protein (g)	6.5	2.1	9.8	2.1	13.1	2.1
Fat, Total (g)	7.1	2.3	10.7	2.3	14.3	2.3
Saturated Fat (g)	5.2	1.7	7.8	1.7	10.4	1.7
Carbohydrate (g)	22.3	7.1	39.9	8.5	57.5	9.3
Sugars (g)	22.3	7.1	39.9	8.5	57.5	9.3
Sodium (mg)	77	24	115	24	153	25

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
T		Y	T			T				Y		



Iced Latte - Soy Milk	Small		Standard		Large																				
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL																			
SOY MILK: Filtered Water, Whole <b>Soybean</b> , Raw Sugar, Minerals (Calcium Phosphate), Vegetable Gums (460, 407, 466), Natural Flavours, Salt, Food Acids (340, 331)	Energy (kJ)	578	175	1020	196	1380	211																		
ICE: Water.	Energy (Cal)	138	42	244	47	329	50																		
COFFEE: Ground and Extracted Roasted Coffee Beans.	Protein (g)	6.2	1.9	10.0	1.9	12.3	1.9																		
SUGAR SYRUP: Sucrose Syrup, Preservatives (211, 202), Food Acid (330).	Fat, Total (g)	3.7	1.1	6.0	1.1	7.4	1.1																		
	Saturated Fat (g)	0.6	0.2	1.0	0.2	1.2	0.2																		
	Carbohydrate (g)	19.3	5.8	36.1	6.9	51.4	7.9																		
	Sugars (g)	17.0	5.2	32.5	6.2	46.9	7.2																		
	Sodium (mg)	144	44	234	45	289	44																		
	Gluten		Egg		Milk		Soy		Fish & Crustacea		Peanuts		Tree Nuts		Sesame Seeds		Sulphites		Lupin		Preservative		Artificial Flavour		Artificial Colour
	T			T		Y							T								Y				

Iced Latte - Almond Milk	Small		Standard		Large																				
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL																			
ALMOND MILK: Water, <b>Almonds</b> , Sugar, Sunflower Oil, Maltodextrin (From Corn), Acidity Regulators (340, 332), Vegetable Gums (418, 415, 410), Sunflower Lecithin, Salt.	Energy (kJ)	525	160	935	181	1270	196																		
ICE: Water.	Energy (Cal)	125	38	223	43	303	47																		
COFFEE: Ground and Extracted Roasted Coffee Beans.	Protein (g)	1.6	0.5	2.7	0.5	3.3	0.5																		
SUGAR SYRUP: Sucrose Syrup, Preservatives (211, 202), Food Acid (330).	Fat, Total (g)	4.6	1.4	7.5	1.5	9.3	1.4																		
	Saturated Fat (g)	0.4	0.1	0.7	0.1	0.8	0.1																		
	Carbohydrate (g)	18.8	5.7	35.3	6.8	50.4	7.8																		
	Sugars (g)	16.1	4.9	31.1	6.0	45.2	7.0																		
	Sodium (mg)	96	29	156	30	192	30																		
	Gluten		Egg		Milk		Soy		Fish & Crustacea		Peanuts		Tree Nuts		Sesame Seeds		Sulphites		Lupin		Preservative		Artificial Flavour		Artificial Colour
	T			T		Y						Y									Y				

Iced Latte - Oat Milk	Small		Standard		Large																				
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL																			
OAT MILK: Water, Oat Flour ( <b>Gluten</b> ), Sunflower Oil, Acidity Regulators (Dipotassium Phosphate, Potassium Citrate), Salt, Vegetable Gums (460, 466).	Energy (kJ)	726	231	1200	254	1670	269																		
ICE: Water.	Energy (Cal)	173	55	286	61	399	64																		
COFFEE: Ground and Extracted Roasted Coffee Beans.	Protein (g)	1.2	0.4	1.8	0.4	2.4	0.4																		
SUGAR SYRUP: Sucrose Syrup, Preservatives (211, 202), Food Acid (330).	Fat, Total (g)	5.2	1.7	7.8	1.7	10.4	1.7																		
	Saturated Fat (g)	0.8	0.2	1.2	0.2	1.6	0.3																		
	Carbohydrate (g)	29.7	9.4	51.0	10.8	72.3	11.7																		
	Sugars (g)	19.3	6.1	35.4	7.5	51.5	8.3																		
	Sodium (mg)	111	35	166	35	221	36																		
	Gluten		Egg		Milk		Soy		Fish & Crustacea		Peanuts		Tree Nuts		Sesame Seeds		Sulphites		Lupin		Preservative		Artificial Flavour		Artificial Colour
	Y			T		T						T									Y				

Flavoured Iced Latte	Small		Medium		Large																				
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL																			
MILK: Full Cream <b>Milk</b> .	Energy (kJ)	875	264	1310	269	1750	276																		
ICE: Water.	Energy (Cal)	209	63	314	64	418	66																		
FLAVOURED SYRUP:	Protein (g)	6.8	2.1	10.3	2.1	13.7	2.2																		
CARAMEL: Sucrose Syrup (Cane), Water, Flavour, Preservatives (211, 202), Food Acid (330), Colour (150d).	Fat, total (g)	7.9	2.4	11.8	2.4	15.7	2.5																		
or HAZELNUT: Sucrose Syrup (Cane), Water, Flavour, Preservatives (211, 202), Food Acid (330).	Saturated Fat (g)	5.2	1.6	7.7	1.6	10.3	1.6																		
or VANILLA: Sucrose Syrup (Cane), Water, Flavour, Preservatives (211, 202), Food Acid (330), Colour (150d).	Carbohydrate (g)	27.6	8.3	41.4	8.5	55.2	8.7																		
or WHITE CHOCOLATE: Sucrose Syrup (Cane), Water, Flavour, Preservatives (211, 202), Food Acid (330).	Sugars (g)	27.5	8.3	41.3	8.5	55.0	8.7																		
COFFEE: Roasted and Grounded Coffee Beans.	Sodium (mg)	86	26	128	26	171	27																		
	Gluten		Eggs		Milk		Soy		Fish & Crustacea		Peanuts		Tree Nuts		Sesame Seeds		Sulphites		Lupin		Preservative		Artificial Flavour		Artificial Colours
	T			Y		T						T					T				Y		Y		Y

Flavoured Iced Latte - Skim Milk	Small		Medium		Large																				
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL																			
SKIM MILK: Skim <b>Milk</b> , <b>Milk</b> Solids Non Fat.	Energy (kJ)	604	186	906	190	1210	195																		
ICE: Water.	Energy (Cal)	144	44	216	45	289	47																		
FLAVOURED SYRUP:	Protein (g)	7.2	2.2	10.8	2.3	14.4	2.3																		
CARAMEL: Sucrose Syrup (Cane), Water, Flavour, Preservatives (211, 202), Food Acid (330), Colour (150d).	Fat, total (g)	0.2	0.1	0.3	0.1	0.4	0.1																		
or HAZELNUT: Sucrose Syrup (Cane), Water, Flavour, Preservatives (211, 202), Food Acid (330).	Saturated Fat (g)	0.2	0.1	0.3	0.1	0.4	0.1																		
or VANILLA: Sucrose Syrup (Cane), Water, Flavour, Preservatives (211, 202), Food Acid (330), Colour (150d).	Carbohydrate (g)	27.9	8.6	41.8	8.8	55.7	9.0																		
or WHITE CHOCOLATE: Sucrose Syrup (Cane), Water, Flavour, Preservatives (211, 202), Food Acid (330).	Sugars (g)	27.8	8.6	41.8	8.7	55.7	9.0																		
COFFEE: Roasted and Ground Coffee Beans.	Sodium (mg)	89	27	133	28	178	29																		
	Gluten		Eggs		Milk		Soy		Fish & Crustacea		Peanuts		Tree Nuts		Sesame Seeds		Sulphites		Lupin		Preservative		Artificial Flavour		Artificial Colours
	T			Y		T						T					T				Y				

**Flavoured Iced Latte - Lactose Free Milk (Caramel/ Hazelnut/ Vanilla/ White Chocolate)**LACTOSE FREE MILK: **Milk**, Enzyme (Lactase).

ICE: Water.

FLAVOURED SYRUP:

CARAMEL: Sucrose Syrup (Cane), Water, Flavour, Preservatives (211, 202), Food Acid (330), Colour (150d).

or HAZELNUT: Sucrose Syrup (Cane), Water, Flavour, Preservatives (211, 202), Food Acid (330).

or VANILLA: Sucrose Syrup (Cane), Water, Flavour, Preservatives (211, 202), Food Acid (330), Colour (150d).

or WHITE CHOCOLATE: Sucrose Syrup (Cane), Water, Flavour, Preservatives (211, 202), Food Acid (330).

COFFEE: Roasted and Ground Coffee Beans.

Contains milk and caffeine.

May contain traces of gluten, soy or tree nuts due to equipment cross contact.

FLAVOURED SYRUPS may contain traces of sulphites.

Gluten	Eggs	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colours
T		Y	T			T		T		Y	Y	Y

**Flavoured Iced Latte - Soy Milk (Caramel/ Hazelnut/ Vanilla/ White Chocolate)**SOY MILK: Filtered Water, Whole **Soybean**, Raw Sugar, Minerals (Calcium Phosphate), Vegetable gums (460, 407, 466), Flavour, Sea Salt, Food Acids (340, 331).

ICE: Water.

FLAVOURED SYRUP:

CARAMEL: Sucrose Syrup (Cane), Water, Flavour, Preservatives (211, 202), Food Acid (330), Colour (150d).

or HAZELNUT: Sucrose Syrup (Cane), Water, Flavour, Preservatives (211, 202), Food Acid (330).

or VANILLA: Sucrose Syrup (Cane), Water, Flavour, Preservatives (211, 202), Food Acid (330), Colour (150d).

or WHITE CHOCOLATE: Sucrose Syrup (Cane), Water, Flavour, Preservatives (211, 202), Food Acid (330).

COFFEE: Roasted and Grounded Coffee Beans.

Contains soy and caffeine.

May contain traces of gluten, milk or tree nuts due to equipment cross contact.

FLAVOURED SYRUPS may contain traces of sulphites.

Gluten	Eggs	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colours
T		T	Y			T		T		Y	Y	Y

**Flavoured Iced Latte - Almond Milk (Caramel/ Hazelnut/ Vanilla/ White Chocolate)**ALMOND MILK: Water, **Almonds**, Sugar, Sunflower Oil, Maltodextrin (From Corn), Acidity Regulators (340, 332), Vegetable Gums (418, 415, 410), Sunflower Lecithin, Salt.

ICE: Water.

FLAVOURED SYRUP:

CARAMEL: Sucrose Syrup (Cane), Water, Flavour, Preservatives (211, 202), Food Acid (330), Colour (150d).

or HAZELNUT: Sucrose Syrup (Cane), Water, Flavour, Preservatives (211, 202), Food Acid (330).

or VANILLA: Sucrose Syrup (Cane), Water, Flavour, Preservatives (211, 202), Food Acid (330), Colour (150d).

or WHITE CHOCOLATE: Sucrose Syrup (Cane), Water, Flavour, Preservatives (211, 202), Food Acid (330).

COFFEE: Roasted and Grounded Coffee Beans.

Contains tree nuts and caffeine.

May contain traces of gluten, milk or soy due to equipment cross contact.

FLAVOURED SYRUPS may contain traces of sulphites.

Gluten	Eggs	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colours
T		T	T			Y		T		Y	Y	Y

**Flavoured Iced Latte - Oat Milk (Caramel/ Hazelnut/ Vanilla/ White Chocolate)**OAT MILK: Water, Oat Flour (**Gluten**), Sunflower Oil, Acidity Regulators (Dipotassium Phosphate, Potassium Citrate), Salt, Vegetable Gums (460, 466).

ICE: Water.

FLAVOURED SYRUP:

CARAMEL: Sucrose Syrup (Cane), Water, Flavour, Preservatives (211, 202), Food Acid (330), Colour (150d).

or HAZELNUT: Sucrose Syrup (Cane), Water, Flavour, Preservatives (211, 202), Food Acid (330).

or VANILLA: Sucrose Syrup (Cane), Water, Flavour, Preservatives (211, 202), Food Acid (330), Colour (150d).

or WHITE CHOCOLATE: Sucrose Syrup (Cane), Water, Flavour, Preservatives (211, 202), Food Acid (330).

COFFEE: Roasted and Grounded Coffee Beans.

Contains gluten and caffeine.

May contain traces of milk, soy or tree nuts due to equipment cross contact.

FLAVOURED SYRUPS may contain traces of sulphites.

Gluten	Eggs	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colours
Y		T	T			T		Y		Y	Y	Y

	Small		Medium		Large	
	Avg Qty /Serve	Avg Qty /100mL	Avg Qty /Serve	Avg Qty /100mL	Avg Qty /Serve	Avg Qty /100mL
Energy (kJ)	846	256	1270	261	1690	268
Energy (Cal)	202	61	303	62	405	64
Protein (g)	6.5	2.0	9.8	2.0	13.1	2.1
Fat, total (g)	7.1	2.2	10.7	2.2	14.3	2.3
Saturated Fat (g)	5.2	1.6	7.8	1.6	10.4	1.6
Carbohydrate (g)	27.3	8.3	40.9	8.4	54.5	8.6
Sugars (g)	27.2	8.2	40.9	8.4	54.5	8.6
Sodium (mg)	77	23	115	24	154	24

	Small		Medium		Large	
	Avg Qty /Serve	Avg Qty /100mL	Avg Qty /Serve	Avg Qty /100mL	Avg Qty /Serve	Avg Qty /100mL
Energy (kJ)	662	201	994	205	1340	210
Energy (Cal)	158	48	237	49	320	50
Protein (g)	6.2	1.9	9.2	1.9	12.4	2.0
Fat, total (g)	3.7	1.1	5.5	1.1	7.4	1.2
Saturated Fat (g)	0.6	0.2	0.9	0.2	1.2	0.2
Carbohydrate (g)	24.2	7.4	36.3	7.5	48.9	7.7
Sugars (g)	21.9	6.7	32.9	6.8	44.3	7.0
Sodium (mg)	144	44	216	45	291	46

	Small		Medium		Large	
	Avg Qty /Serve	Avg Qty /100mL	Avg Qty /Serve	Avg Qty /100mL	Avg Qty /Serve	Avg Qty /100mL
Energy (kJ)	609	187	913	190	1220	195
Energy (Cal)	145	45	218	45	291	47
Protein (g)	1.6	0.5	2.4	0.5	3.2	0.5
Fat, total (g)	4.6	1.4	7.0	1.4	9.3	1.5
Saturated Fat (g)	0.4	0.1	0.6	0.1	0.8	0.1
Carbohydrate (g)	23.7	7.3	35.6	7.4	47.4	7.6
Sugars (g)	21.1	6.5	31.6	6.6	42.1	6.8
Sodium (mg)	96	29	143	30	191	31

Iced Mocha	Small		Standard		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
MILK: Full Cream <b>Milk</b> .	1090	337	1740	360	2390	392
ICE: Water.	259	81	415	86	571	94
COFFEE: Ground and Extracted Roasted Coffee Beans.	6.4	2.0	9.6	2.0	12.8	2.1
SHAKE SYRUP CHOCOLATE: Invert Sugar Syrup, Glucose Syrup (Preservative (223)), Water, Cocoa Powder, Salt, Preservative (202), Acidity Regulator (330), Flavours.	7.0	2.2	10.5	2.2	14.0	2.3
SUGAR SYRUP: Sucrose Syrup, Preservatives (211, 202), Food Acid (330).	4.6	1.4	6.9	1.4	9.2	1.5
	41.7	13.0	69.0	14.3	96.3	15.8
	38.5	12.0	64.3	13.3	90.0	14.8
	150	47	225	47	300	49

Contains milk and sulphites.

May contain traces of gluten, soy or tree nuts due to equipment cross contact.

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
T		Y	T			T		Y		Y	Y	

Iced Mocha - Skim Milk	Small		Standard		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
SKIM MILK: Skim <b>Milk</b> , <b>Milk</b> Solids Non Fat.	893	249	1390	278	1930	293
ICE: Water.	213	60	333	66	461	70
COFFEE: Ground and Extracted Roasted Coffee Beans.	7.7	2.1	10.1	2.0	13.5	2.0
CHOCOLATE SYRUP: Inverts Sugar Syrup, Glucose Syrup (Preservative (223)), Water, Cocoa Powder, Malt Syrup, Salt, Preservative (211), Acidity Regulator (330), Flavour.	0.5	0.2	0.8	0.2	1.0	0.2
SUGAR SYRUP: Sucrose Syrup, Preservatives (211, 202), Food Acid (330).	0.4	0.1	0.6	0.1	0.8	0.1
	43.2	12.1	69.4	13.9	96.9	14.7
	40.1	11.2	64.7	12.9	90.5	13.7
	164	46	230	46	306	46

Contains milk and sulphites.

May contain traces of gluten, soy or tree nuts due to equipment cross contact.

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
T		Y	T			T		Y		Y	Y	

Iced Mocha - Lactose Free Milk	Small		Standard		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
LACTOSE FREE MILK: <b>Milk</b> , Enzyme (Lactase).	1060	331	1700	353	2340	385
ICE: Water.	254	79	407	84	559	92
COFFEE: Ground and Extracted Roasted Coffee Beans.	6.0	1.9	9.3	1.9	12.3	2.0
CHOCOLATE SYRUP: Inverts Sugar Syrup, Glucose Syrup (Preservative (223)), Water, Cocoa Powder, Malt Syrup, Salt, Preservative (211), Acidity Regulator (330), Flavour.	6.4	2.0	9.6	2.0	12.8	2.1
SUGAR SYRUP: Sucrose Syrup, Preservatives (211, 202), Food Acid (330).	4.7	1.4	7.0	1.4	9.3	1.5
	41.5	12.9	68.6	14.2	95.8	15.8
	38.3	11.9	63.9	13.3	89.5	14.7
	143	44	214	44	285	47

Contains milk and sulphites.

May contain traces of gluten, soy or tree nuts due to equipment cross contact.

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
T		Y	T			T		Y		Y	Y	

Iced Mocha - Soy Milk	Small		Standard		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
SOY MILK: Filtered Water, Whole <b>Soybean</b> , Raw Sugar, Minerals (Calcium Phosphate), Vegetable Gums (460, 407, 466), Natural Flavours, Salt, Food Acids (340, 331).	950	262	1470	289	2030	304
ICE: Water.	227	63	351	69	485	73
COFFEE: Ground and Extracted Roasted Coffee Beans.	6.6	1.8	8.8	1.7	11.7	1.8
CHOCOLATE SYRUP: Inverts Sugar Syrup, Glucose Syrup (Preservative (223)), Water, Cocoa Powder, Malt Syrup, Salt, Preservative (211), Acidity Regulator (330), Flavour.	3.9	1.1	5.2	1.0	6.9	1.0
SUGAR SYRUP: Sucrose Syrup, Preservatives (211, 202), Food Acid (330).	0.8	0.2	1.1	0.2	1.5	0.2
	39.7	10.9	64.8	12.8	90.6	13.6
	34.3	9.5	57.2	11.3	80.5	12.1
	218	60	300	59	400	60

Contains soy and sulphites.

May contain traces of gluten, milk or tree nuts due to equipment cross contact.

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
T		T	Y			T		Y		Y	Y	

Iced Mocha - Almond Milk	Small		Standard		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
ALMOND MILK: Water, <b>Almonds</b> , Sugar, Sunflower Oil, Maltodextrin (From Corn), Acidity Regulators (340, 332), Vegetable Gums (418, 415, 410), Sunflower Lecithin, Salt.	898	249	1400	278	1940	293
ICE: Water.	215	60	334	66	463	70
COFFEE: Ground and Extracted Roasted Coffee Beans.	2.2	0.6	3.0	0.6	4.2	0.6
CHOCOLATE SYRUP: Inverts Sugar Syrup, Glucose Syrup (Preservative (223)), Water, Cocoa Powder, Malt Syrup, Salt, Preservative (211), Acidity Regulator (330), Flavour.	4.9	1.4	6.4	1.3	8.6	1.3
SUGAR SYRUP: Sucrose Syrup, Preservatives (211, 202), Food Acid (330).	0.6	0.2	0.9	0.2	1.1	0.2
	39.2	10.9	64.1	12.7	89.8	13.6
	33.5	9.3	56.0	11.1	79.0	11.9
	171	47	238	47	318	48

Contains tree nuts and sulphites.

May contain traces of gluten, milk or soy due to equipment cross contact.

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
T		T	T			Y		Y		Y	Y	

## Iced Mocha - Oat Milk

OAT MILK: Water, Oat Flour (**Gluten**), Sunflower Oil, Acidity Regulators (Dipotassium Phosphate, Potassium Citrate), Salt, Vegetable Gums (460, 466).

ICE: Water.

COFFEE: Ground and Extracted Roasted Coffee Beans.

CHOCOLATE SYRUP: Inverts Sugar Syrup, Glucose Syrup (Preservative (223)), Water, Cocoa Powder, Malt Syrup, Salt, Preservative (211), Acidity Regulator (330), Flavour.

SUGAR SYRUP: Sucrose Syrup, Preservatives (211, 202), Food Acid (330).

Contains gluten and sulphites.

May contain traces of milk, soy or tree nuts due to equipment cross contact.

	Small		Standard		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	1030	320	1660	343	2280	374
Energy (Cal)	246	77	396	82	545	89
Protein (g)	1.6	0.5	2.5	0.5	3.3	0.5
Fat, Total (g)	4.8	1.5	7.2	1.5	9.5	1.6
Saturated Fat (g)	0.9	0.3	1.3	0.3	1.8	0.3
Carbohydrate (g)	47.7	14.8	78.1	16.2	108.0	17.8
Sugars (g)	35.8	11.1	60.1	12.4	84.4	13.8
Sodium (mg)	171	53	257	53	343	56

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
Y		T	T			T		Y		Y	Y	

## EXTRAS

### Flavoured Syrups

CARAMEL FLAVOURED SYRUP: Sucrose Syrup (Cane), Water, Flavour, Preservatives (211, 202), Food Acid (330), Colour (150d).

HAZELNUT FLAVOURED SYRUP: Sucrose Syrup (Cane), Water, Flavour, Preservatives (211, 202), Food Acid (330), Colour (150d).

VANILLA FLAVOURED SYRUP: Sucrose Syrup (Cane), Water, Flavour, Preservatives (211, 202), Food Acid (330), Colour (150d).

WHITE CHOCOLATE: Sucrose Syrup (Cane), Water, Flavour, Preservatives (211, 202), Food Acid (330).

May contain traces of sulphites.

	Small		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	152	1010	304	1010
Energy (Cal)	36	242	73	242
Protein (g)	0.0	0.0	0.0	0.0
Fat, Total (g)	0.0	0.0	0.0	0.0
Saturated Fat (g)	0.0	0.0	0.0	0.0
Carbohydrate (g)	8.9	59.5	17.8	59.5
Sugars (g)	8.9	59.4	17.8	59.4
Sodium (mg)	<1	2	1	2

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
								T		Y	Y	Y

### Marshmallows

Sugar, Glucose Syrup (From **Wheat** and Corn), Invert Sugar, Gelatine, Flavours, Colour (120).

Contains gluten.

MARSHMALLOWS are produced in the same facility as products containing milk

	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	257	1430
Energy (Cal)	61	341
Protein (g)	0.5	2.7
Fat, Total (g)	0.2	1.0
Saturated Fat (g)	0.2	1.0
Carbohydrate (g)	14.2	78.7
Sugars (g)	11.5	63.9
Sodium (mg)	8	43

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
Y										Y	Y	

### Honey

Honey.

	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	184	1420
Energy (Cal)	44	340
Protein (g)	0.0	0.3
Fat, total (g)	0.0	0.1
Saturated Fat (g)	0.0	0.1
Carbohydrate (g)	10.8	83.1
Sugars (g)	10.7	82.5
Sodium (mg)	2	15

Gluten	Eggs	Milk	Soy	Fish and Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour

Brands of Lactose Free milk may vary between restaurants. Nutrition and ingredient information based on MilkLab Lactose Free Milk.

Brands of Soy milk may vary between restaurants. Nutrition and ingredient information based on VitaSoy Barista Soy Milk.

Brands of Almond milk may vary between restaurants. Nutrition and ingredient information based on MilkLab Almond Milk.

Brands of Oat milk may vary between restaurants. Nutrition and ingredient information based on MilkLab Oat Milk.

Brands of Full Cream and Skim milk will vary between restaurants.