



# McDonald's Australia

## Main Menu

### Nutrition Information - Ingredients - Allergens

Information correct as at September 2021.

At McDonald's we believe in the nutritional principals of balance, variety and moderation and that eating at McDonald's can fit into a healthy lifestyle. Our goal is to provide you with the information necessary to make informed decisions about your McDonald's menu choices. This guide can help you balance your McDonald's meal with the other meals you eat today, and every day.

This guide is for our standard or core menu items. For information regarding short-time menu items, please either ask a manager in one of our restaurants or contact our Customer Service Department either via our website <http://mcdonalds.com.au/contactus> or on 02 9875 7100.

The nutrition and ingredient information is based on standard product formulations, standard product assembly and standard serving sizes (including ice for drinks from our beverage system). Actual sizes and assembly may vary. Due to the individual preparation of each of our menu items, actual values may vary from those listed. Variations may also occur depending on the local supplier, region of the country, and the season of the year. Further, product formulations may change periodically.

#### Food Sensitivities and Preferences

No food items are sold as allergen free.

As we operate working kitchens please be aware that there is always a risk that traces of allergens may be transferred to ingredients during storage or preparation of food in our kitchens. McDonald's Restaurants are therefore unable to guarantee that any food item sold is free from traces of allergens.

No food items are certified as vegetarian. Whilst some ingredients may not contain animal ingredients, we cannot guarantee that there will be no cross contact with ingredients that do contain animal ingredients in our kitchens.

We have a number of restaurants that serve Halal menu options. Only those items listed on the certificate in the restaurants serving Halal options are certified as Halal.

If you would like further information or have food sensitivities or dietary concerns regarding specific ingredients in specific menu items, please contact us at <http://mcdonalds.com.au/contactus> or call us on 02 9875 7100.

# HOT BEVERAGES

## Espresso

COFFEE: Water, Ground & Extracted Roasted Coffee Beans

Contains caffeine.

	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	2	3
Energy (Cal)	<1	1
Protein (g)	0.0	0.1
Fat, Total (g)	0.0	0.0
Saturated Fat (g)	0.0	0.0
Carbohydrate (g)	0.0	0.1
Sugars (g)	0.0	0.1
Sodium (mg)	<1	2

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour

## Long Black

COFFEE: Water, Ground & Extracted Roasted Coffee Beans

Contains caffeine.

	Small		Standard		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	1	<1	2	<1	2	<1
Energy (Cal)	<1	<1	<1	<1	<1	<1
Protein (g)	0.0	0.0	0.0	0.0	0.1	0.0
Fat, Total (g)	0.0	0.0	0.0	0.0	0.0	0.0
Saturated Fat (g)	0.0	0.0	0.0	0.0	0.0	0.0
Carbohydrate (g)	0.0	0.0	0.0	0.0	0.1	0.0
Sugars (g)	0.0	0.0	0.0	0.0	0.1	0.0
Sodium (mg)	<1	<1	<1	<1	1	<1

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour

## Vienna

COFFEE: Water, Ground & Extracted Roasted Coffee Beans.

WATER: Water.

WHIPPED CREAM: **Cream**, Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407).

HOT CHOCOLATE POWDER: Sugar, Cocoa Powders, **Whey** Powder, Flavour, Starch, Salt.

Contains milk and caffeine.

	Small		Standard		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	352	132	352	96	353	83
Energy (Cal)	84	32	84	23	84	20
Protein (g)	0.7	0.3	0.7	0.2	0.7	0.2
Fat, Total (g)	8.1	3.1	8.1	2.2	8.1	1.9
Saturated Fat (g)	5.4	2.0	5.4	1.5	5.4	1.3
Carbohydrate (g)	2.2	0.8	2.2	0.6	2.2	0.5
Sugars (g)	2.1	0.8	2.1	0.6	2.1	0.5
Sodium (mg)	11	4	12	3	12	3

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
		Y									Y	

## Babyccino

MILK: Full Cream **Milk**.

HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains milk.

May contain traces of soy or tree nuts due to equipment cross contact.

	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	340	295
Energy (Cal)	81	71
Protein (g)	2.3	2.0
Fat, Total (g)	2.6	2.2
Saturated Fat (g)	1.7	1.5
Carbohydrate (g)	3.9	3.4
Sugars (g)	3.8	3.3
Sodium (mg)	30	26

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
		Y	T			T					Y	

## Babyccino - Skim Milk

SKIM MILK: Skim **Milk, Milk** Solids Non Fat.

HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains milk.

May contain traces of soy or tree nuts due to equipment cross contact.

	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	113	171
Energy (Cal)	27	41
Protein (g)	2.4	3.7
Fat, Total (g)	0.1	0.1
Saturated Fat (g)	0.1	0.1
Carbohydrate (g)	4.0	6.0
Sugars (g)	3.9	5.9
Sodium (mg)	31	47

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
		Y	T			T					Y	

## Babyccino - Soy Milk

SOY MILK: Filtered Water, Whole **Soybean**, Raw Sugar, Minerals (Calcium Phosphate), Vegetable Gums (460, 407, 466), Natural Flavours, Salt, Food Acids (340, 331).

HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains milk and soy.

May contain traces of tree nuts due to equipment cross contact.

	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	132	196
Energy (Cal)	32	47
Protein (g)	2.1	3.1
Fat, Total (g)	1.2	1.8
Saturated Fat (g)	0.2	0.3
Carbohydrate (g)	2.8	4.1
Sugars (g)	2.0	3.0
Sodium (mg)	49	72

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
		Y	Y			T					Y	

## Babyccino - Almond Milk

ALMOND MILK: Water, **Almonds**, Sugar, Sunflower Oil, Maltodextrin (From Corn), Acidity Regulators (340, 332), Vegetable Gums (418, 415, 410), Sunflower Lecithin, Salt.

HOT CHOCOLATE POWDER: Sugar, Cocoa Powders, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains milk and tree nuts.

May contain traces of soy due to equipment cross contact.

	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	115	172
Energy (Cal)	27	41
Protein (g)	0.6	0.9
Fat, Total (g)	1.5	2.3
Saturated Fat (g)	0.2	0.2
Carbohydrate (g)	2.6	3.9
Sugars (g)	1.7	2.6
Sodium (mg)	33	49

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
		Y	T			Y					Y	

## Macchiato

MILK: Full Cream **Milk**.

COFFEE: Water, Ground & Extracted Roasted Coffee Beans.

Contains milk and caffeine.

May contain traces of soy or tree nuts due to equipment cross contact.

	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	15	39
Energy (Cal)	4	9
Protein (g)	0.2	0.5
Fat, Total (g)	0.2	0.5
Saturated Fat (g)	0.1	0.3
Carbohydrate (g)	0.3	0.7
Sugars (g)	0.3	0.7
Sodium (mg)	3	7

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
		Y	T			T						

## Macchiato - Skim Milk

SKIM MILK: Skim **Milk, Milk** Solids Non Fat.

COFFEE: Ground & Extracted Roasted Coffee Beans.

Contains milk and caffeine.

May contain traces of soy or tree nuts due to equipment cross contact.

	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	9	22
Energy (Cal)	2	5
Protein (g)	0.2	0.5
Fat, Total (g)	0.0	0.0
Saturated Fat (g)	0.0	0.0
Carbohydrate (g)	0.3	0.7
Sugars (g)	0.3	0.7
Sodium (mg)	3	7

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
		Y	T			T						

## Macchiato - Soy Milk

SOY MILK: Filtered Water, Whole **Soybean**, Raw Sugar, Minerals (Calcium Phosphate), Vegetable Gums (460, 407, 466), Natural Flavours, Salt, Food Acids (340, 331).  
 COFFEE: Ground & Extracted Roasted Coffee Beans.

Contains soy and caffeine.  
 May contain traces of milk or tree nuts due to equipment cross contact.

	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	10	25
Energy (Cal)	2	6
Protein (g)	0.2	0.5
Fat, Total (g)	0.1	0.2
Saturated Fat (g)	0.0	0.0
Carbohydrate (g)	0.2	0.5
Sugars (g)	0.1	0.3
Sodium (mg)	4	11

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
		T	Y			T						

## Macchiato - Almond Milk

ALMOND MILK: Water, **Almonds**, Sugar, Sunflower Oil, Maltodextrin (From Corn), Acidity Regulators (340, 332), Vegetable Gums (418, 415, 410), Sunflower Lecithin, Salt.  
 COFFEE: Ground & Extracted Roasted Coffee Beans.

Contains tree nuts and caffeine.  
 May contain traces of milk or soy due to equipment cross contact.

	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	9	22
Energy (Cal)	2	5
Protein (g)	0.1	0.2
Fat, Total (g)	0.1	0.3
Saturated Fat (g)	0.0	0.0
Carbohydrate (g)	0.2	0.5
Sugars (g)	0.1	0.3
Sodium (mg)	3	8

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
		T	T			Y						

## Cappuccino

MILK: Full Cream **Milk**.  
 COFFEE: Ground & Extracted Roasted Coffee Beans.  
 HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains milk and caffeine.  
 May contain traces of soy or tree nuts due to equipment cross contact.

	Small		Standard		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	504	249	690	238	776	235
Energy (Cal)	120	59	165	57	185	56
Protein (g)	5.8	2.9	8.1	2.8	9.1	2.7
Fat, Total (g)	6.5	3.2	9.1	3.1	10.3	3.1
Saturated Fat (g)	4.3	2.1	6.0	2.1	6.8	2.0
Carbohydrate (g)	9.5	4.7	12.6	4.4	14.1	4.3
Sugars (g)	9.4	4.6	12.5	4.3	14.0	4.2
Sodium (mg)	75	37	103	35	116	35

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
		Y	T			T					Y	

## Cappuccino - Skim Milk

SKIM MILK: Skim **Milk**, **Milk** Solids Non Fat.  
 COFFEE: Ground & Extracted Roasted Coffee Beans.  
 HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains milk and caffeine.  
 May contain traces of soy or tree nuts due to equipment cross contact.

	Small		Standard		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	279	142	378	134	423	131
Energy (Cal)	67	34	90	32	101	31
Protein (g)	6.1	3.1	8.5	3.0	9.6	3.0
Fat, Total (g)	0.2	0.1	0.3	0.1	0.3	0.1
Saturated Fat (g)	0.2	0.1	0.3	0.1	0.3	0.1
Carbohydrate (g)	9.7	4.9	13.0	4.6	14.5	4.5
Sugars (g)	9.6	4.9	12.9	4.6	14.4	4.5
Sodium (mg)	77	39	106	38	120	37

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
		Y	T			T					Y	

## Cappuccino - Soy Milk

Soy MILK: Filtered Water, Whole **Soybean**, Raw Sugar, Minerals (Calcium Phosphate), Vegetable Gums (460, 407, 466), Natural Flavours, Salt, Food Acids (340, 331).  
 COFFEE: Ground & Extracted Roasted Coffee Beans.  
 HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains milk, soy and caffeine.  
 May contain traces of tree nuts due to equipment cross contact.

	Small		Standard		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	325	162	445	155	499	152
Energy (Cal)	78	39	106	37	119	36
Protein (g)	5.3	2.6	7.3	2.5	8.2	2.5
Fat, Total (g)	3.1	1.5	4.3	1.5	4.9	1.5
Saturated Fat (g)	0.5	0.3	0.7	0.3	0.8	0.3
Carbohydrate (g)	6.5	3.2	8.8	3.1	9.7	3.0
Sugars (g)	4.7	2.4	6.1	2.1	6.7	2.0
Sodium (mg)	123	61	170	59	192	58

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
		Y	Y			T					Y	

### Cappuccino - Almond Milk

ALMOND MILK: Water, **Almonds**, Sugar, Sunflower Oil, Maltodextrin (From Corn), Acidity Regulators (340, 332), Vegetable Gums (418, 415, 410), Sunflower Lecithin, Salt.

COFFEE: Ground & Extracted Roasted Coffee Beans.

HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains milk, tree nuts and caffeine.

May contain traces of soy due to equipment cross contact.

	Small		Standard		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	283	143	383	135	429	132
Energy (Cal)	68	34	92	32	103	32
Protein (g)	1.5	0.8	2.1	0.7	2.3	0.7
Fat, Total (g)	3.9	2.0	5.4	1.9	6.1	1.9
Saturated Fat (g)	0.4	0.2	0.5	0.2	0.6	0.2
Carbohydrate (g)	6.1	3.2	8.2	2.9	9.1	2.8
Sugars (g)	4.0	2.0	5.1	1.8	5.6	1.7
Sodium (mg)	83	42	114	40	129	40

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
		Y	T			Y					Y	

### Flat White

MILK: Full Cream **Milk**.

COFFEE: Ground & Extracted Roasted Coffee Beans.

Contains milk and caffeine.

May contain traces of soy or tree nuts due to equipment cross contact.

	Small		Standard		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	487	237	702	232	759	227
Energy (Cal)	116	57	168	55	181	54
Protein (g)	5.8	2.8	8.4	2.8	9.1	2.7
Fat, Total (g)	6.7	3.2	9.6	3.2	10.4	3.1
Saturated Fat (g)	4.4	2.1	6.3	2.1	6.8	2.1
Carbohydrate (g)	8.3	4.0	11.9	3.9	12.9	3.9
Sugars (g)	8.3	4.0	11.9	3.9	12.9	3.9
Sodium (mg)	73	35	105	35	113	34

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
		Y	T			T						

### Flat White - Skim Milk

SKIM MILK: Skim **Milk**, **Milk** Solids Non Fat.

COFFEE: Ground & Extracted Roasted Coffee Beans.

Contains milk and caffeine.

May contain traces of soy or tree nuts due to equipment cross contact.

	Small		Standard		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	250	125	375	127	399	123
Energy (Cal)	59	29	88	30	94	29
Protein (g)	6.0	3.0	9.0	3.1	9.6	3.0
Fat, Total (g)	0.2	0.1	0.2	0.1	0.3	0.1
Saturated Fat (g)	0.2	0.1	0.2	0.1	0.3	0.1
Carbohydrate (g)	8.3	4.2	12.5	4.2	13.3	4.1
Sugars (g)	8.3	4.2	12.5	4.2	13.3	4.1
Sodium (mg)	74	37	111	37	118	36

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
		Y	T			T						

### Flat White - Soy Milk

SOY MILK: Filtered Water, Whole **Soybean**, Raw Sugar, Minerals (Calcium Phosphate), Vegetable Gums (460, 407, 466), Natural Flavour, Salt, Food Acids (340, 331).

COFFEE: Ground & Extracted Roasted Coffee Beans.

Contains soy and caffeine.

May contain traces of milk or tree nuts due to equipment cross contact.

	Small		Standard		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	306	150	441	147	477	144
Energy (Cal)	73	36	105	35	114	34
Protein (g)	5.2	2.6	7.6	2.5	8.2	2.5
Fat, Total (g)	3.1	1.5	4.5	1.5	4.9	1.5
Saturated Fat (g)	0.5	0.3	0.8	0.3	0.8	0.2
Carbohydrate (g)	5.4	2.7	7.8	2.6	8.5	2.6
Sugars (g)	3.5	1.7	5.1	1.7	5.5	1.7
Sodium (mg)	122	60	176	59	191	58

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
		T	Y			T						

### Flat White - Almond Milk

ALMOND MILK: Water, **Almonds**, Sugar, Sunflower Oil, Maltodextrin (From Corn), Acidity Regulators (340, 332), Vegetable Gums (418, 415, 410), Sunflower Lecithin, Salt.

COFFEE: Ground & Extracted Roasted Coffee Beans.

Contains tree nuts and caffeine.

May contain traces of milk or soy due to equipment cross contact.

	Small		Standard		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	260	129	375	126	406	124
Energy (Cal)	62	31	90	30	97	30
Protein (g)	1.4	0.7	2.0	0.7	2.2	0.7
Fat, Total (g)	3.9	2.0	5.7	1.9	6.1	1.9
Saturated Fat (g)	0.3	0.2	0.5	0.2	0.5	0.2
Carbohydrate (g)	5.0	2.5	7.2	2.4	7.8	2.4
Sugars (g)	2.8	1.4	4.0	1.3	4.3	1.3
Sodium (mg)	81	40	117	39	127	39

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
		T	T			Y						

<b>Latte</b>	<b>Small</b>		<b>Standard</b>		<b>Large</b>								
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL							
MILK: Full Cream <b>Milk</b> .	473	236	687	231	745	227							
COFFEE: Water, Ground & Extracted Roasted Coffee Beans.	113	56	164	55	178	54							
Energy (kJ)	5.7	2.8	8.2	2.8	8.9	2.7							
Energy (Cal)	6.5	3.2	9.4	3.2	10.2	3.1							
Protein (g)	4.3	2.1	6.2	2.1	6.7	2.0							
Fat, Total (g)	8.0	4.0	11.7	3.9	12.7	3.9							
Saturated Fat (g)	8.0	4.0	11.7	3.9	12.7	3.9							
Carbohydrate (g)	71	35	103	34	111	34							
Sugars (g)													
Sodium (mg)													
	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
			Y	T			T						

<b>Latte - Skim Milk</b>	<b>Small</b>		<b>Standard</b>		<b>Large</b>								
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL							
SKIM MILK: Skim <b>Milk</b> , <b>Milk</b> Solids Non Fat.	242	124	368	127	398	122							
COFFEE: Ground & Extracted Roasted Coffee Beans.	57	29	87	30	94	29							
Energy (kJ)	5.8	3.0	8.8	3.0	9.6	2.9							
Energy (Cal)	0.2	0.1	0.2	0.1	0.3	0.1							
Protein (g)	0.2	0.1	0.2	0.1	0.3	0.1							
Fat, Total (g)	8.1	4.1	12.3	4.2	13.3	4.1							
Saturated Fat (g)	8.1	4.1	12.3	4.2	13.3	4.1							
Carbohydrate (g)	71	37	108	37	117	36							
Sugars (g)													
Sodium (mg)													
	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
			Y	T			T						

<b>Latte - Soy Milk</b>	<b>Small</b>		<b>Standard</b>		<b>Large</b>								
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL							
SOY MILK: Filtered Water, Whole <b>Soybean</b> , Raw Sugar, Minerals (Calcium Phosphate), Vegetable Gums (460, 407, 466), Natural Flavour, Salt, Food Acids (340, 331).	297	149	432	146	477	144							
COFFEE: Ground & Extracted Roasted Coffee Beans.	71	36	103	35	114	34							
Energy (kJ)	5.1	2.6	7.4	2.5	8.2	2.5							
Energy (Cal)	3.0	1.5	4.4	1.5	4.9	1.5							
Protein (g)	0.5	0.3	0.7	0.2	0.8	0.2							
Fat, Total (g)	5.3	2.6	7.7	2.6	8.5	2.6							
Saturated Fat (g)	3.4	1.7	5.0	1.7	5.5	1.7							
Carbohydrate (g)	119	60	173	58	191	58							
Sugars (g)													
Sodium (mg)													
	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
			T	Y			T						

<b>Latte - Almond Milk</b>	<b>Small</b>		<b>Standard</b>		<b>Large</b>								
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL							
ALMOND MILK: Water, <b>Almonds</b> , Sugar, Sunflower Oil, Maltodextrin (From Corn), Acidity Regulators (340, 332), Vegetable Gums (418, 415, 410), Sunflower Lecithin, Salt.	252	129	367	126	406	124							
COFFEE: Ground & Extracted Roasted Coffee Beans.	60	31	88	30	97	30							
Energy (kJ)	1.4	0.7	2.0	0.7	2.2	0.7							
Energy (Cal)	3.8	1.9	5.6	1.9	6.1	1.9							
Protein (g)	0.3	0.2	0.5	0.2	0.5	0.2							
Fat, Total (g)	4.9	2.5	7.1	2.4	7.8	2.4							
Saturated Fat (g)	2.7	1.4	3.9	1.3	4.3	1.3							
Carbohydrate (g)	79	40	115	39	127	39							
Sugars (g)													
Sodium (mg)													
	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
			T	T			Y						

<b>Piccolo Latte</b>	<b>Small</b>		<b>Standard</b>		<b>Large</b>								
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL							
MILK: Full Cream <b>Milk</b> .	172	86	258	86	344	114							
COFFEE: Water, Ground & Extracted Roasted Coffee Beans.	41	20.5	122.5	41	164	54							
Energy (kJ)	2.1	1.05	6.125	2.1	8.4	2.8							
Energy (Cal)	2.4	1.2	7.125	2.4	9.6	3.2							
Protein (g)	1.5	0.75	4.5	1.5	6.0	2.0							
Fat, Total (g)	2.9	1.45	8.625	2.9	11.6	3.9							
Saturated Fat (g)	2.9	1.45	8.625	2.9	11.6	3.9							
Carbohydrate (g)	2.9	1.45	8.625	2.9	11.6	3.9							
Sugars (g)	26	13	79.5	26	104	35							
Sodium (mg)													
	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
			Y	T			T						

### Piccolo Latte - Skim Milk

SKIM MILK: Skim **Milk, Milk** Solids Non Fat.  
COFFEE: Ground & Extracted Roasted Coffee Beans.

Contains milk and caffeine.  
May contain traces of soy or tree nuts due to equipment cross contact.

	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	91	101
Energy (Cal)	22	24
Protein (g)	2.2	2.4
Fat, Total (g)	0.1	0.1
Saturated Fat (g)	0.1	0.1
Carbohydrate (g)	3.0	3.4
Sugars (g)	3.0	3.4
Sodium (mg)	27	20

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
		Y	T			T						

### Piccolo Latte - Soy Milk

SOY MILK: Filtered Water, Whole **Soybean**, Raw Sugar, Minerals (Calcium Phosphate), Vegetable Gums (460, 407, 466), Natural Flavour, Salt, Food Acids (340, 331).  
COFFEE: Ground & Extracted Roasted Coffee Beans.

Contains soy and caffeine.  
May contain traces of milk or tree nuts due to equipment cross contact.

	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	108	119
Energy (Cal)	26	28
Protein (g)	1.9	2.0
Fat, Total (g)	1.1	1.2
Saturated Fat (g)	0.2	0.2
Carbohydrate (g)	1.9	2.1
Sugars (g)	1.3	1.4
Sodium (mg)	44	48

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
		T	Y			T						

### Piccolo Latte - Almond Milk

ALMOND MILK: Water, **Almonds**, Sugar, Sunflower Oil, Maltodextrin (From Corn), Acidity Regulators (340, 332), Vegetable Gums (418, 415, 410), Sunflower Lecithin, Salt.  
COFFEE: Ground & Extracted Roasted Coffee Beans.

Contains tree nuts and caffeine.  
May contain traces of milk or soy due to equipment cross contact.

	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	92	102
Energy (Cal)	22	24
Protein (g)	0.5	0.6
Fat, Total (g)	1.4	1.5
Saturated Fat (g)	0.1	0.1
Carbohydrate (g)	1.8	2.0
Sugars (g)	1.0	1.1
Sodium (mg)	29	32

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
		T	T			Y						

### Mocha

MILK: Full Cream **Milk**.  
COFFEE: Ground & Extracted Roasted Coffee Beans.  
HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains milk and caffeine.  
May contain traces of soy or tree nuts due to equipment cross contact.

	Small		Standard		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	883	387	1190	365	1490	392
Energy (Cal)	211	93	284	87	357	94
Protein (g)	8.5	3.7	10.9	3.3	12.9	3.4
Fat, Total (g)	8.5	3.7	10.9	3.2	12.0	3.2
Saturated Fat (g)	5.6	2.4	6.9	2.1	7.8	2.1
Carbohydrate (g)	24.0	10.5	34.5	10.6	46.4	12.2
Sugars (g)	23.1	10.1	33.0	10.2	44.2	11.6
Sodium (mg)	127	56	175	54	219	58

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
		Y	T			T					Y	

### Mocha - Skim Milk

SKIM MILK: Skim **Milk, Milk** Solids Non Fat.  
COFFEE: Ground & Extracted Roasted Coffee Beans.  
HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains milk and caffeine.  
May contain traces of soy or tree nuts due to equipment cross contact.

	Small		Standard		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	442	204	703	229	896	251
Energy (Cal)	106	49	168	55	214	60
Protein (g)	7.1	3.3	10.5	3.4	12.2	3.4
Fat, Total (g)	0.6	0.3	0.9	0.3	1.3	0.4
Saturated Fat (g)	0.4	0.2	0.7	0.2	0.9	0.3
Carbohydrate (g)	17.1	7.9	27.7	9.0	36.1	10.1
Sugars (g)	16.6	7.6	26.7	8.7	34.7	9.7
Sodium (mg)	101	46	153	50	185	52

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
		Y	T			T					Y	

<b>Mocha - Soy Milk</b>	<b>Small</b>		<b>Standard</b>		<b>Large</b>		
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	
SOY MILK: Filtered Water, Whole <b>Soybean</b> , Raw Sugar, Minerals (Calcium Phosphate), Vegetable Gums (460, 407, 466), Natural Flavours, Salt, Food Acids (340, 331).	Energy (kJ)	492	223	775	247	976	268
COFFEE: Ground & Extracted Roasted Coffee Beans.	Energy (Cal)	118	53	185	59	233	64
HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder ( <b>Milk</b> ), Flavour, Starch, Salt.	Protein (g)	6.2	2.8	9.2	2.9	10.8	3.0
Contains milk, soy and caffeine.	Fat, Total (g)	3.5	1.6	5.1	1.6	5.9	1.6
May contain traces of tree nuts due to equipment cross contact.	Saturated Fat (g)	0.8	0.3	1.2	0.4	1.5	0.4
	Carbohydrate (g)	14.0	6.3	23.4	7.5	31.3	8.6
	Sugars (g)	11.5	5.2	19.7	6.3	26.9	7.4
	Sodium (mg)	148	67	219	70	259	71
	Gluten						
	Egg						
	Milk	Y					
	Soy	Y					
	Fish & Crustacea						
	Peanuts						
	Tree Nuts		T				
	Sesame Seeds						
	Sulphites						
	Lupin						
	Preservative						
	Artificial Flavour					Y	
	Artificial Colour						

<b>Mocha - Almond Milk</b>	<b>Small</b>		<b>Standard</b>		<b>Large</b>		
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	
ALMOND MILK: Water, <b>Almonds</b> , Sugar, Sunflower Oil, Maltodextrin (From Corn), Acidity Regulators (340, 332), Vegetable Gums (418, 415, 410), Sunflower Lecithin, Salt.	Energy (kJ)	447	205	709	230	903	251
COFFEE: Ground & Extracted Roasted Coffee Beans.	Energy (Cal)	107	49	169	55	216	60
HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder ( <b>Milk</b> ), Flavour, Starch, Salt.	Protein (g)	2.4	1.1	3.8	1.2	4.8	1.3
Contains milk, tree nuts and caffeine.	Fat, Total (g)	4.3	2.0	6.3	2.0	7.2	2.0
May contain traces of soy due to equipment cross contact.	Saturated Fat (g)	0.6	0.3	0.9	0.3	1.2	0.3
	Carbohydrate (g)	13.6	6.2	22.7	7.4	30.6	8.5
	Sugars (g)	10.8	4.9	18.6	6.0	25.7	7.2
	Sodium (mg)	106	49	161	52	194	54
	Gluten						
	Egg						
	Milk	Y					
	Soy	T					
	Fish & Crustacea						
	Peanuts						
	Tree Nuts		Y				
	Sesame Seeds						
	Sulphites						
	Lupin						
	Preservative						
	Artificial Flavour					Y	
	Artificial Colour						

<b>Hot Chocolate</b>	<b>Small</b>		<b>Standard</b>		<b>Large</b>		
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	
MILK: Full Cream <b>Milk</b> .	Energy (kJ)	1010	416	1500	428	1990	416
WATER: Water.	Energy (Cal)	242	99	359	102	476	99
HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder ( <b>Milk</b> ), Flavour, Starch, Salt.	Protein (g)	8.8	3.6	13.1	3.7	17.4	3.6
Contains milk.	Fat, Total (g)	8.1	3.3	12.1	3.4	16.1	3.4
May contain traces of soy or tree nuts due to equipment cross contact.	Saturated Fat (g)	5.3	2.2	7.9	2.3	10.5	2.2
	Carbohydrate (g)	31.6	13.0	46.6	13.3	61.7	12.9
	Sugars (g)	30.1	12.4	44.5	12.7	58.9	12.3
	Sodium (mg)	143	59	213	61	283	59
	Gluten						
	Egg						
	Milk	Y					
	Soy	T					
	Fish & Crustacea						
	Peanuts						
	Tree Nuts		Y				
	Sesame Seeds						
	Sulphites						
	Lupin						
	Preservative						
	Artificial Flavour					Y	
	Artificial Colour						

<b>Hot Chocolate - Skim Milk</b>	<b>Small</b>		<b>Standard</b>		<b>Large</b>		
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	
SKIM MILK: Skim <b>Milk</b> , <b>Milk</b> Solids Non Fat.	Energy (kJ)	597	275	872	284	1150	274
WATER: Water.	Energy (Cal)	143	66	208	68	276	65
HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder ( <b>Milk</b> ), Flavour, Starch, Salt.	Protein (g)	7.9	3.7	11.6	3.8	15.5	3.7
Contains milk.	Fat, Total (g)	0.9	0.4	1.3	0.4	1.7	0.4
May contain traces of soy or tree nuts due to equipment cross contact.	Saturated Fat (g)	0.6	0.3	0.9	0.3	1.2	0.3
	Carbohydrate (g)	24.2	11.1	35.3	11.5	46.7	11.1
	Sugars (g)	23.2	10.7	33.9	11.0	44.8	10.6
	Sodium (mg)	121	56	177	58	236	56
	Gluten						
	Egg						
	Milk	Y					
	Soy	T					
	Fish & Crustacea						
	Peanuts						
	Tree Nuts		T				
	Sesame Seeds						
	Sulphites						
	Lupin						
	Preservative						
	Artificial Flavour					Y	
	Artificial Colour						

<b>Hot Chocolate - Soy Milk</b>	<b>Small</b>		<b>Standard</b>		<b>Large</b>		
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	
SOY MILK: Filtered Water, Whole <b>Soybean</b> , Raw Sugar, Minerals (Calcium Phosphate), Vegetable Gums (460, 407, 466), Natural Flavours, Salt, Food Acids (340, 331).	Energy (kJ)	646	293	945	302	1250	291
WATER: Water.	Energy (Cal)	154	70	226	72	299	70
HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder ( <b>Milk</b> ), Flavour, Starch, Salt.	Protein (g)	7.0	3.2	10.3	3.3	13.7	3.2
Contains soy and milk.	Fat, Total (g)	3.8	1.7	5.6	1.8	7.5	1.7
May contain traces of tree nuts due to equipment cross contact.	Saturated Fat (g)	1.0	0.4	1.4	0.4	1.9	0.4
	Carbohydrate (g)	21.1	9.5	30.7	9.8	40.6	9.4
	Sugars (g)	18.2	8.2	26.5	8.5	34.9	8.1
	Sodium (mg)	168	76	246	79	328	76
	Gluten						
	Egg						
	Milk	Y					
	Soy	Y					
	Fish & Crustacea						
	Peanuts						
	Tree Nuts		T				
	Sesame Seeds						
	Sulphites						
	Lupin						
	Preservative						
	Artificial Flavour					Y	
	Artificial Colour						



<b>Hot Chocolate - Almond Milk</b>	<b>Small</b>		<b>Standard</b>		<b>Large</b>								
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL							
ALMOND MILK: Water, <b>Almonds</b> , Sugar, Sunflower Oil, Maltodextrin (From Corn), Acidity Regulators (340, 332), Vegetable Gums (418, 415, 410), Sunflower Lecithin, Salt.	Energy (kJ)	601	275	878	284	1160	274						
WATER: Water.	Energy (Cal)	144	66	210	68	278	65						
HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder ( <b>Milk</b> ), Flavour, Starch, Salt.	Protein (g)	3.2	1.5	4.6	1.5	6.1	1.4						
<a href="#">Contains tree nuts and milk.</a>	Fat, Total (g)	4.6	2.1	6.8	2.2	9.1	2.1						
<a href="#">May contain traces of soy due to equipment cross contact.</a>	Saturated Fat (g)	0.8	0.4	1.1	0.4	1.5	0.4						
	Carbohydrate (g)	20.7	9.5	30.1	69.8	39.7	9.4						
	Sugars (g)	17.4	8.0	25.4	8.2	33.5	7.9						
	Sodium (mg)	127	58	186	60	247	58						
	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
	Y		Y	T			Y					Y	
<b>Chai Latte</b>	<b>Small</b>		<b>Standard</b>		<b>Large</b>								
MILK: Full Cream <b>Milk</b> .	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL							
WATER: Water.	Energy (kJ)	756	352	1250	390	1750	409						
CHAI POWDER: Sugar, <b>Milk</b> Solids, Beverage Whitener (Vegetable Fat, Glucose Syrup Solids, <b>Milk</b> Protein, Emulsifiers (471 - <b>Soy</b> , 472c - <b>Soy</b> ), Mineral Salts (450, 339), Anticaking Agent (551), Antioxidant (307b - <b>Soy</b> )), Maltodextrin, Tea Powder, Colour (150d), Spices, Malt Extract, Flavours, Vegetable Gum (407), Spice Extract, Anticaking Agent (551).	Energy (Cal)	181	84	300	93	419	98						
<a href="#">Contains gluten, milk, soy and sulphites.</a>	Protein (g)	7.1	3.3	11.1	3.4	15.1	3.5						
<a href="#">May contain traces of tree nuts due to equipment cross contact.</a>	Fat, Total (g)	7.8	3.6	12.1	3.7	16.3	3.8						
	Saturated Fat (g)	5.0	2.3	7.7	2.4	10.4	2.4						
	Carbohydrate (g)	20.4	9.5	36.4	11.3	52.4	12.2						
	Sugars (g)	19.7	9.2	35.0	10.9	50.4	11.7						
	Sodium (mg)	100	47	162	50	224	52						
	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
	Y		Y	Y			T		Y			Y	Y
<b>Chai Latte - Skim Milk</b>	<b>Small</b>		<b>Standard</b>		<b>Large</b>								
SKIM MILK: Skim <b>Milk</b> , <b>Milk</b> Solids Non Fat.	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL							
WATER: Water.	Energy (kJ)	511	245	888	284	1260	303						
CHAI POWDER: Sugar, <b>Milk</b> Solids, Beverage Whitener (Vegetable Fat, Glucose Syrup Solids, <b>Milk</b> Protein, Emulsifiers (471 - <b>Soy</b> , 472c - <b>Soy</b> ), Mineral Salts (450, 339), Anticaking Agent (551), Antioxidant (307b - <b>Soy</b> )), Maltodextrin, Tea Powder, Colour (150d), Spices, Malt Extract, Flavours, Vegetable Gum (407), Spice Extract, Anticaking Agent (551).	Energy (Cal)	122	58	212	68	302	72						
<a href="#">Contains gluten, milk, soy and sulphites.</a>	Protein (g)	7.4	3.5	11.6	3.7	15.8	3.8						
<a href="#">May contain traces of tree nuts due to equipment cross contact.</a>	Fat, Total (g)	0.9	0.4	1.7	0.6	2.6	0.6						
	Saturated Fat (g)	0.5	0.3	1.0	0.3	1.4	0.3						
	Carbohydrate (g)	20.6	9.9	36.8	11.7	52.9	12.7						
	Sugars (g)	20.0	9.6	35.5	11.3	50.9	12.2						
	Sodium (mg)	103	49	166	53	230	55						
	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
	Y		Y	Y			T		Y			Y	Y
<b>Chai Latte - Soy Milk</b>	<b>Small</b>		<b>Standard</b>		<b>Large</b>								
SOY MILK: Filtered Water, Whole <b>Soybean</b> , Raw Sugar, Minerals (Calcium Phosphate), Vegetable Gums (460, 407, 466), Natural Flavours, Salt, Food Acids (340, 331).	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL							
WATER: Water.	Energy (kJ)	564	265	967	303	1370	322						
CHAI POWDER: Sugar, <b>Milk</b> Solids, Beverage Whitener (Vegetable Fat, Glucose Syrup Solids, <b>Milk</b> Protein, Emulsifiers (471 - <b>Soy</b> , 472c - <b>Soy</b> ), Mineral Salts (450, 339), Anticaking Agent (551), Antioxidant (307b - <b>Soy</b> )), Maltodextrin, Tea Powder, Colour (150d), Spices, Malt Extract, Flavours, Vegetable Gum (407), Spice Extract, Anticaking Agent (551).	Energy (Cal)	135	63	231	72	327	77						
<a href="#">Contains gluten, milk, soy and sulphites.</a>	Protein (g)	6.5	3.0	10.2	3.2	13.8	3.3						
<a href="#">May contain traces of tree nuts due to equipment cross contact.</a>	Fat, Total (g)	4.0	1.9	6.4	2.0	8.8	2.1						
	Saturated Fat (g)	0.9	0.4	1.5	0.5	2.2	0.5						
	Carbohydrate (g)	17.3	8.1	31.8	10.0	46.3	10.9						
	Sugars (g)	14.7	6.9	27.5	8.6	40.3	9.5						
	Sodium (mg)	153	72	241	76	329	77						
	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
	Y		Y	Y			T		Y			Y	Y
<b>Chai Latte - Almond Milk</b>	<b>Small</b>		<b>Standard</b>		<b>Large</b>								
ALMOND MILK: Water, <b>Almonds</b> , Sugar, Sunflower Oil, Maltodextrin (From Corn), Acidity Regulators (340, 332), Vegetable Gums (418, 415, 410), Sunflower Lecithin, Salt.	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL							
WATER: Water.	Energy (kJ)	517	246	897	285	1280	304						
CHAI POWDER: Sugar, <b>Milk</b> Solids, Beverage Whitener (Vegetable Fat, Glucose Syrup Solids, <b>Milk</b> Protein, Emulsifiers (471 - <b>Soy</b> , 472c - <b>Soy</b> ), Mineral Salts (450, 339), Anticaking Agent (551), Antioxidant (307b - <b>Soy</b> )), Maltodextrin, Tea Powder, Colour (150d), Spices, Malt Extract, Flavours, Vegetable Gum (407), Spice Extract, Anticaking Agent (551).	Energy (Cal)	124	59	214	68	305	73						
<a href="#">Contains gluten, milk, soy, tree nuts and sulphites.</a>	Protein (g)	2.3	101.0	3.9	1.2	5.5	1.3						
	Fat, Total (g)	4.9	2.3	7.7	2.4	10.5	2.5						
	Saturated Fat (g)	0.7	0.4	1.3	0.4	1.9	0.4						
	Carbohydrate (g)	17.1	8.1	31.5	10.0	46.0	11.0						
	Sugars (g)	13.5	6.4	25.5	8.1	37.5	8.9						
	Sodium (mg)	109	52	175	56	242	58						
	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
	Y		Y	Y			Y		Y			Y	Y

Tea	Small			Standard		Large							
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL							
ENGLISH BREAKFAST TEA: Water, Ceylon Tea.	16	6	23	6	27	6							
EARL GREY TEA: Water, Ceylon Black Tea, Bergamont Flavour.	4	1	5	1	6	1							
JASMINE GREEN TEA: Water, Green Tea with Jasmine Petals.	0.3	0.1	0.4	0.1	0.5	0.1							
PEPPERMINT AND CINNAMON TEA: Water, Peppermint Herb, Cinnamon Spice.	0.3	0.1	0.4	0.1	0.5	0.1							
	0.0	0.0	0.0	0.0	0.0	0.0							
	0.0	0.0	0.0	0.0	0.0	0.0							
	0.0	0.0	0.0	0.0	0.0	0.0							
	10	4	15	4	18	4							
	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour

## COLD BEVERAGES

Iced Long Black	Small			Standard		Large							
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL							
ICE: Water.	<1	<1	1	<1	2	1							
COFFEE: Water, Ground & Extracted Roasted Coffee Beans	<1	<1	<1	<1	<1	<1							
	0.0	0.0	0.0	0.0	0.0	0.0							
	0.0	0.0	0.0	0.0	0.0	0.0							
	0.0	0.0	0.0	0.0	0.0	0.0							
	0.0	0.0	0.0	0.0	0.0	0.0							
	0.0	0.0	0.0	0.0	0.0	0.0							
	<1	<1	<1	<1	1	<1							
	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour

Iced Chocolate	Small			Standard		Large							
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL							
MILK: Full Cream Milk.	1270	358	1800	348	2330	343							
ICE: Water.	302	85	429	83	555	82							
CHOCOLATE SYRUP: Invert Sugar Syrup, Glucose Syrup (Preservative (223)), Water, Cocoa Powder, Salt, Preservative (202), Acidity Regulator (330), Flavours.	8.6	2.4	12.9	2.5	17.2	2.5							
WHIPPED CREAM: Cream (Milk), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gum (407, 401).	14.4	4.1	19.2	3.7	23.9	3.5							
HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (Milk), Flavour, Starch, Salt.	9.5	2.7	12.7	2.5	15.8	2.3							
	33.9	9.6	50.2	9.7	66.5	9.8							
	30.2	8.5	44.7	8.7	59.3	8.7							
	184	52	274	53	365	54							
	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour

Iced Chocolate - Skim Milk	Small			Standard		Large							
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL							
SKIM MILK: Skim Milk, Milk Solids Non Fat.	924	281	1290	267	1660	259							
ICE: Water.	219	67	305	63	392	61							
CHOCOLATE SYRUP: Invert Sugar Syrup, Glucose Syrup (Preservative (223)), Water, Cocoa Powder, Salt, Preservative (202), Acidity Regulator (330), Flavours.	8.5	2.6	12.9	2.7	17.3	2.7							
WHIPPED CREAM: Cream (Milk), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gum (407, 401).	5.9	1.8	6.3	1.3	6.6	1.0							
HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (Milk), Flavour, Starch, Salt.	4.0	1.2	4.3	0.9	4.5	0.7							
	32.4	9.8	48.4	10.0	64.5	10.1							
	29.0	8.8	43.3	9.0	57.6	9.0							
	177	54	267	55	357	56							
	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour

Iced Chocolate - Soy Milk	Small			Standard		Large							
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL							
SOY MILK: Filtered Water, Whole Soybean, Raw Sugar, Minerals (Calcium Phosphate), Vegetable Gums (460, 407, 466), Natural Flavours, Salt, Food Acids (340, 331).	1010	288	1410	275	1810	268							
ICE: Water.	242	69	337	66	432	64							
CHOCOLATE SYRUP: Invert Sugar Syrup, Glucose Syrup (Preservative (223)), Water, Cocoa Powder, Salt, Preservative (202), Acidity Regulator (330), Flavours.	7.7	2.2	11.5	2.3	15.4	2.3							
WHIPPED CREAM: Cream (Milk), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gum (407, 401).	9.9	2.8	12.1	2.4	14.4	2.1							
HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (Milk), Flavour, Starch, Salt.	4.6	1.3	5.0	1.0	5.5	0.8							
	29.3	8.3	43.3	8.4	57.2	8.5							
	23.7	6.7	34.7	6.8	45.8	6.8							
	240	68	361	70	482	71							
	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour

Iced Chocolate - Almond Milk	Small		Standard		Large								
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL							
ALMOND MILK: Water, <b>Almonds</b> , Sugar, Sunflower Oil, Maltodextrin (From Corn), Acidity Regulators (340, 332), Vegetable Gums (418, 415, 410), Sunflower Lecithin, Salt.	962	276	1330	262	1690	254							
ICE: Water.	230	66	317	62	405	61							
CHOCOLATE SYRUP: Invert Sugar Syrup, Glucose Syrup (Preservative (223)), Water, Cocoa Powder, Salt, Preservative (202), Acidity Regulator (330), Flavours.	2.9	0.8	4.1	0.8	5.3	0.8							
WHIPPED CREAM: Cream ( <b>Milk</b> ), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gum (407, 401).	11.0	3.2	13.8	2.7	16.7	2.5							
HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder ( <b>Milk</b> ), Flavour, Starch, Salt.	4.7	1.4	5.1	1.0	5.4	0.8							
	28.8	8.3	42.5	8.4	56.1	8.4							
	22.7	6.5	33.3	6.6	43.8	6.6							
	187	54	280	55	374	56							
	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
	Y		Y	T			Y		Y		Y	Y	

Iced Chai Latte	Small		Standard		Large								
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL							
MILK: Full Cream <b>Milk</b> .	996	268	1690	306	2210	329							
ICE: Water.	238	64	404	73	528	79							
WATER: Water.	9.4	2.5	15.2	2.7	18.8	2.8							
CHAI POWDER: Sugar, <b>Milk</b> Solids, Beverage Whitener (Vegetable Fat, Glucose Syrup Solids, <b>Milk</b> Protein, Emulsifiers (471 - <b>Soy</b> , 472c - <b>Soy</b> ), Mineral Salts (450, 339), Anticaking Agent (551), Antioxidant (307b - <b>Soy</b> )), Maltodextrin, Tea Powder, Colour (150d), Spices, Malt Extract, Flavours, Vegetable Gum (407), Spice Extract, Anticaking Agent (551).	10.4	2.8	16.6	3.0	20.3	3.0							
	6.6	1.8	10.6	1.9	12.9	1.9							
	26.6	7.2	48.1	8.7	66.5	9.9							
	25.7	6.9	46.3	8.4	63.9	9.5							
	132	36	220	40	281	42							
	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
	Y		Y	Y			T		Y			Y	Y

Iced Chai Latte - Skim Milk	Small		Standard		Large								
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL							
SKIM MILK: Skim <b>Milk</b> , <b>Milk</b> Solids Non Fat.	670	184	1180	219	1600	244							
ICE: Water.	159	44	282	52	382	58							
WATER: Water.	9.8	2.7	15.9	2.9	19.7	3.0							
CHAI POWDER: Sugar, <b>Milk</b> Solids, Beverage Whitener (Vegetable Fat, Glucose Syrup Solids, <b>Milk</b> Protein, Emulsifiers (471 - <b>Soy</b> , 472c - <b>Soy</b> ), Mineral Salts (450, 339), Anticaking Agent (551), Antioxidant (307b - <b>Soy</b> )), Maltodextrin, Tea Powder, Colour (150d), Spices, Malt Extract, Flavours, Vegetable Gum (407), Spice Extract, Anticaking Agent (551).	1.2	0.3	2.3	0.4	3.3	0.5							
	0.7	0.2	1.3	0.2	1.8	0.3							
	27.0	7.4	48.6	9.0	67.2	10.3							
	26.1	7.2	46.9	8.7	64.6	9.9							
	136	37	226	42	288	44							
	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
	Y		Y	Y			T		Y			Y	Y

Iced Chai Latte - Soy Milk	Small		Standard		Large								
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL							
SOY MILK: Filtered Water, Whole <b>Soybean</b> , Raw Sugar, Minerals (Calcium Phosphate), Vegetable Gums (460, 407, 466), Natural Flavours, Salt, Food Acids (340, 331).	740	200	1290	235	1730	260							
ICE: Water.	177	48	309	56	414	62							
WATER: Water.	8.6	2.3	13.9	2.5	17.3	2.6							
CHAI POWDER: Sugar, <b>Milk</b> Solids, Beverage Whitener (Vegetable Fat, Glucose Syrup Solids, <b>Milk</b> Protein, Emulsifiers (471 - <b>Soy</b> , 472c - <b>Soy</b> ), Mineral Salts (450, 339), Anticaking Agent (551), Antioxidant (307b - <b>Soy</b> )), Maltodextrin, Tea Powder, Colour (150d), Spices, Malt Extract, Flavours, Vegetable Gum (407), Spice Extract, Anticaking Agent (551).	5.4	1.5	8.8	1.6	11.0	1.7							
	1.2	0.3	2.1	0.4	2.7	0.4							
	22.6	6.1	41.8	7.6	59.0	8.9							
	19.0	5.1	35.9	6.5	51.5	7.7							
	203	55	329	60	411	62							
	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
	Y		Y	Y			T		Y			Y	Y

Iced Chai Latte - Almond Milk	Small		Standard		Large		
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	
ALMOND MILK: Water, <b>Almonds</b> , Sugar, Sunflower Oil, Maltodextrin (From Corn), Acidity Regulators (340, 332), Vegetable Gums (418, 415, 410), Sunflower Lecithin, Salt.	Energy (kJ)	676	185	1190	219	1610	245
ICE: Water.	Energy (Cal)	162	44	285	52	385	58
WATER: Water.	Protein (g)	3.1	0.9	5.4	1.0	7.2	1.1
CHAI POWDER: Sugar, <b>Milk</b> Solids, Beverage Whitener (Vegetable Fat, Glucose Syrup Solids, <b>Milk</b> Protein, Emulsifiers (471 - <b>Soy</b> , 472c - <b>Soy</b> ), Mineral Salts (450, 339), Anticaking Agent (551), Antioxidant (307b - <b>Soy</b> )), Maltodextrin, Tea Powder, Colour (150d), Spices, Malt Extract, Flavours, Vegetable Gum (407), Spice Extract, Anticaking Agent (551).	Fat, Total (g)	6.5	1.8	10.6	1.9	13.2	2.0
	Saturated Fat (g)	0.9	0.3	1.7	0.3	2.3	0.3
	Carbohydrate (g)	22.0	6.0	40.9	7.5	57.9	8.8
	Sugars (g)	18.0	4.9	34.3	6.3	49.5	7.5
	Sodium (mg)	144	39	238	44	303	46
	Gluten						
	Egg						
	Milk	Y					
	Soy	Y					
	Fish & Crustacea						
	Peanuts						
	Tree Nuts	Y					
	Sesame Seeds						
	Sulphites	Y					
	Lupin						
	Preservative						
	Artificial Flavour			Y			
	Artificial Colour					Y	

Iced Latte	Small		Standard		Large		
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	
MILK: Full Cream <b>Milk</b> .	Energy (kJ)	791	251	1300	274	1800	290
ICE: Water.	Energy (Cal)	189	60	310	66	430	69
COFFEE: Ground & Extracted Roasted Coffee Beans.	Protein (g)	6.8	2.2	10.3	2.2	13.7	2.2
SUGAR SYRUP: Sucrose Syrup, Preservatives (211, 202), Food Acid (330).	Fat, Total (g)	7.9	2.5	11.8	2.5	15.7	2.5
	Saturated Fat (g)	5.2	1.6	7.7	1.6	10.3	1.7
	Carbohydrate (g)	22.6	7.2	40.4	8.5	58.1	9.4
	Sugars (g)	22.6	7.2	40.3	8.5	58.1	9.4
	Sodium (mg)	85	27	128	27	171	28
	Gluten						
	Egg						
	Milk	Y					
	Soy	Y					
	Fish & Crustacea						
	Peanuts						
	Tree Nuts						
	Sesame Seeds						
	Sulphites						
	Lupin						
	Preservative				Y		
	Artificial Flavour						
	Artificial Colour						

Iced Latte - Skim Milk	Small		Standard		Large		
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	
SKIM MILK: Skim <b>Milk</b> , <b>Milk</b> Solids Non Fat.	Energy (kJ)	521	160	927	180	1260	196
ICE: Water.	Energy (Cal)	124	38	222	43	301	47
COFFEE: Ground & Extracted Roasted Coffee Beans.	Protein (g)	7.2	2.2	11.8	2.3	14.5	2.2
SUGAR SYRUP: Sucrose Syrup, Preservatives (211, 202), Food Acid (330).	Fat, Total (g)	0.2	0.1	0.3	0.1	0.4	0.1
	Saturated Fat (g)	0.2	0.1	0.3	0.1	0.4	0.1
	Carbohydrate (g)	22.9	7.0	42.1	8.2	58.8	9.1
	Sugars (g)	22.9	7.0	42.1	8.2	58.8	9.1
	Sodium (mg)	89	27	145	28	178	28
	Gluten						
	Egg						
	Milk	Y					
	Soy	T					
	Fish & Crustacea						
	Peanuts						
	Tree Nuts			T			
	Sesame Seeds						
	Sulphites						
	Lupin						
	Preservative				Y		
	Artificial Flavour						
	Artificial Colour						

Iced Latte - Soy Milk	Small		Standard		Large		
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	
SOY MILK: Filtered Water, Whole <b>Soybean</b> , Raw Sugar, Minerals (Calcium Phosphate), Vegetable Gums (460, 407, 466), Natural Flavours, Salt, Food Acids (340, 331)	Energy (kJ)	578	175	1020	196	1380	211
ICE: Water.	Energy (Cal)	138	42	244	47	329	50
COFFEE: Ground & Extracted Roasted Coffee Beans.	Protein (g)	6.2	1.9	10.0	1.9	12.3	1.9
SUGAR SYRUP: Sucrose Syrup, Preservatives (211, 202), Food Acid (330).	Fat, Total (g)	3.7	1.1	6.0	1.1	7.4	1.1
	Saturated Fat (g)	0.6	0.2	1.0	0.2	1.2	0.2
	Carbohydrate (g)	19.3	5.8	36.1	6.9	51.4	7.9
	Sugars (g)	17.0	5.2	32.5	6.2	46.9	7.2
	Sodium (mg)	144	44	234	45	289	44
	Gluten						
	Egg						
	Milk	T					
	Soy	Y					
	Fish & Crustacea						
	Peanuts						
	Tree Nuts			T			
	Sesame Seeds						
	Sulphites						
	Lupin						
	Preservative				Y		
	Artificial Flavour					Y	
	Artificial Colour						

Iced Latte - Almond Milk	Small		Standard		Large		
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	
ALMOND MILK: Water, <b>Almonds</b> , Sugar, Sunflower Oil, Maltodextrin (From Corn), Acidity Regulators (340, 332), Vegetable Gums (418, 415, 410), Sunflower Lecithin, Salt.	Energy (kJ)	525	160	935	181	1270	196
ICE: Water.	Energy (Cal)	125	38	223	43	303	47
COFFEE: Ground & Extracted Roasted Coffee Beans.	Protein (g)	1.6	0.5	2.7	0.5	3.3	0.5
SUGAR SYRUP: Sucrose Syrup, Preservatives (211, 202), Food Acid (330).	Fat, Total (g)	4.6	1.4	7.5	1.5	9.3	1.4
	Saturated Fat (g)	0.4	0.1	0.7	0.1	0.8	0.1
	Carbohydrate (g)	18.8	5.7	35.3	6.8	50.4	7.8
	Sugars (g)	16.1	4.9	31.1	6.0	45.2	7.0
	Sodium (mg)	96	29	156	30	192	30
	Gluten						
	Egg						
	Milk	T					
	Soy	T					
	Fish & Crustacea						
	Peanuts						
	Tree Nuts			Y			
	Sesame Seeds						
	Sulphites						
	Lupin						
	Preservative				Y		
	Artificial Flavour						
	Artificial Colour						

<b>Iced Mocha</b>	<b>Small</b>							<b>Standard</b>			<b>Large</b>		
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	
MILK: Full Cream <b>Milk</b> .	1090	337	1740	360	2390	392							
ICE: Water.	259	81	415	86	571	94							
COFFEE: Ground & Extracted Roasted Coffee Beans.	6.4	2.0	9.6	2.0	12.8	2.1							
SHAKE SYRUP CHOCOLATE: Invert Sugar Syrup, Glucose Syrup (Preservative (223)), Water, Cocoa Powder, Salt, Preservative (202), Acidity Regulator (330), Flavours.	7.0	2.2	10.5	2.2	14.0	2.3							
SUGAR SYRUP: Sucrose Syrup, Preservatives (211, 202), Food Acid (330).	4.6	1.4	6.9	1.4	9.2	1.5							
Contains milk and sulphites.	41.7	13.0	69.0	14.3	96.3	15.8							
May contain traces of soy or tree nuts due to equipment cross contact.	38.5	12.0	64.3	13.3	90.0	14.8							
	150	47	225	47	300	49							
	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
			Y	T			T		Y		Y	Y	
<b>Iced Mocha - Skim Milk</b>	<b>Small</b>							<b>Standard</b>			<b>Large</b>		
SKIM MILK: Skim <b>Milk</b> , <b>Milk</b> Solids Non Fat.	893	249	1390	278	1930	293							
ICE: Water.	213	60	333	66	461	70							
COFFEE: Ground & Extracted Roasted Coffee Beans.	7.7	2.1	10.1	2.0	13.5	2.0							
CHOCOLATE SYRUP: Inverts Sugar Syrup, Glucose Syrup (Preservative (223)), Water, Cocoa Powder, Malt Syrup, Salt, Preservative (211), Acidity Regulator (330), Flavour.	0.5	0.2	0.8	0.2	1.0	0.2							
SUGAR SYRUP: Sucrose Syrup, Preservatives (211, 202), Food Acid (330).	0.4	0.1	0.6	0.1	0.8	0.1							
Contains milk and sulphites.	43.2	12.1	69.4	13.9	96.9	14.7							
May contain traces of soy or tree nuts due to equipment cross contact.	40.1	11.2	64.7	12.9	90.5	13.7							
	164	46	230	46	306	46							
	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
			Y	T			T		Y		Y	Y	
<b>Iced Mocha - Soy Milk</b>	<b>Small</b>							<b>Standard</b>			<b>Large</b>		
SOY MILK: Filtered Water, Whole <b>Soybean</b> , Raw Sugar, Minerals (Calcium Phosphate), Vegetable Gums (460, 407, 466), Natural Flavours, Salt, Food Acids (340, 331).	950	262	1470	289	2030	304							
ICE: Water.	227	63	351	69	485	73							
COFFEE: Ground & Extracted Roasted Coffee Beans.	6.6	1.8	8.8	1.7	11.7	1.8							
CHOCOLATE SYRUP: Inverts Sugar Syrup, Glucose Syrup (Preservative (223)), Water, Cocoa Powder, Malt Syrup, Salt, Preservative (211), Acidity Regulator (330), Flavour.	3.9	1.1	5.2	1.0	6.9	1.0							
SUGAR SYRUP: Sucrose Syrup, Preservatives (211, 202), Food Acid (330).	0.8	0.2	1.1	0.2	1.5	0.2							
Contains soy and sulphites.	39.7	10.9	64.8	12.8	90.6	13.6							
May contain traces of milk or tree nuts due to equipment cross contact.	34.3	9.5	57.2	11.3	80.5	12.1							
	218	60	300	59	400	60							
	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
			T	Y			T		Y		Y	Y	
<b>Iced Mocha - Almond Milk</b>	<b>Small</b>							<b>Standard</b>			<b>Large</b>		
ALMOND MILK: Water, <b>Almonds</b> , Sugar, Sunflower Oil, Maltodextrin (From Corn), Acidity Regulators (340, 332), Vegetable Gums (418, 415, 410), Sunflower Lecithin, Salt.	898	249	1400	278	1940	293							
ICE: Water.	215	60	334	66	463	70							
COFFEE: Ground & Extracted Roasted Coffee Beans.	2.2	0.6	3.0	0.6	4.2	0.6							
CHOCOLATE SYRUP: Inverts Sugar Syrup, Glucose Syrup (Preservative (223)), Water, Cocoa Powder, Malt Syrup, Salt, Preservative (211), Acidity Regulator (330), Flavour.	4.9	1.4	6.4	1.3	8.6	1.3							
SUGAR SYRUP: Sucrose Syrup, Preservatives (211, 202), Food Acid (330).	0.6	0.2	0.9	0.2	1.1	0.2							
Contains tree nuts and sulphites.	39.2	10.9	64.1	12.7	89.8	13.6							
May contain traces of milk or soy due to equipment cross contact.	33.5	9.3	56.0	11.1	79.0	11.9							
	171	47	238	47	318	48							
	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
			T	T			Y		Y		Y	Y	

# EXTRAS

## Flavoured Syrups

CARAMEL FLAVOURED SYRUP: Sucrose Syrup (Cane), Water, Flavour, Preservatives (211, 202), Food Acid (330), Colour (150d).

HAZELNUT FLAVOURED SYRUP: Sucrose Syrup (Cane), Water, Flavour, Preservatives (211, 202), Food Acid (330), Colour (150d).

VANILLA FLAVOURED SYRUP: Sucrose Syrup (Cane), Water, Flavour, Preservatives (211, 202), Food Acid (330), Colour (150d).

WHITE CHOCOLATE: Sucrose Syrup (Cane), Water, Flavour, Preservatives (211, 202), Food Acid (330).

	Small		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	152	1010	304	1010
Energy (Cal)	36	242	73	242
Protein (g)	0.0	0.0	0.0	0.0
Fat, Total (g)	0.0	0.0	0.0	0.0
Saturated Fat (g)	0.0	0.0	0.0	0.0
Carbohydrate (g)	8.9	59.5	17.8	59.5
Sugars (g)	8.9	59.4	17.8	59.4
Sodium (mg)	<1	2	1	2

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
								T		Y	Y	Y

## Marshmallows

Sugar, Glucose Syrup (From **Wheat** and Corn), Invert Sugar, Gelatine, Flavours, Colour (120).

Contains gluten.

MARSHMALLOWS are produced in the same facility as products containing milk

	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	257	1430
Energy (Cal)	61	341
Protein (g)	0.5	2.7
Fat, Total (g)	0.2	1.0
Saturated Fat (g)	0.2	1.0
Carbohydrate (g)	14.2	78.7
Sugars (g)	11.5	63.9
Sodium (mg)	8	43

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour
Y										Y	Y	

## Honey

Honey.

	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	184	1420
Energy (Cal)	44	340
Protein (g)	0.0	0.3
Fat, total (g)	0.0	0.1
Saturated Fat (g)	0.0	0.1
Carbohydrate (g)	10.8	83.1
Sugars (g)	10.7	82.5
Sodium (mg)	2	15

Gluten	Eggs	Milk	Soy	Fish and Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colour

Brands of Soy milk may vary between restaurants. Nutrition and ingredient information based on VitaSoy Milk.

Brands of Almond milk may vary between restaurants. Nutrition and ingredient information based on MilkLab Almond Milk.