



McDonald's Australia
McCafe Beverages
Allergen - Ingredients - Nutrition Information

Information correct as at March 2020

At McDonald's we believe in the nutritional principals of balance, variety and moderation and that eating at McDonald's can fit into a healthy lifestyle. Our goal is to provide you with the information necessary to make informed decisions about your McDonald's menu choices. This guide can help you balance your McDonald's meal with the other meals you eat today, and every day.

This guide is for our McCafe menu items. For information regarding short-time menu items, please either ask a manager in one of our restaurants or contact our Customer Service Department either via our website <http://mcdonalds.com.au/contactus> or on 02 9875 7100.

The nutrition and ingredient information is based on standard product formulations, standard product assembly and standard serving sizes. Actual sizes and assembly may vary. Due to the individual preparation of each of our menu items, actual values may vary from those listed. Variations may also occur depending on the local supplier, region of the country, and the season of the year. Further, product formulations may change periodically.

Food Sensitivities and Preferences

No food items are sold as allergen free.

As we operate working kitchens please be aware that there is always a risk that traces of allergens may be transferred to ingredients during storage or preparation of food in our kitchens. McDonald's Restaurants are therefore unable to guarantee that any food item sold is free from traces of allergens.

No food items are certified as vegetarian. Whilst some ingredients may not contain animal ingredients, we cannot guarantee that there will be no cross contact with ingredients that do contain animal ingredients in our kitchens.

We have a number of Halal certified restaurants. Only those items listed on the certificate in the front counter area and drive thru booth at our restaurants serving Halal options are certified as Halal.

If you would like further information or have food sensitivities or dietary concerns regarding specific ingredients in specific menu items, please contact us at <http://mcdonalds.com.au/contactus> or call us on 02 9875 7100.

HOT BEVERAGES																				
Espresso														Avg Qty / Serve	Avg Qty / 100mL					
COFFEE: Water, Ground & Extracted Roasted Coffee Beans														Energy (kJ)	2	3				
														Energy (Cal)	<1	1				
														Protein (g)	0.0	0.1				
														Fat, Total (g)	0.0	0.0				
Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour		Saturated Fat (g)	0.0	0.0				
														Carbohydrate (g)	0.0	0.1				
														Sugars (g)	0.0	0.1				
														Sodium (mg)	<1	2				
Long Black														Small		Standard		Large		
COFFEE: Water, Ground & Extracted Roasted Coffee Beans														Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	
														Energy (kJ)	1	<1	2	<1	2	<1
														Energy (Cal)	<1	<1	<1	<1	<1	<1
														Protein (g)	0.0	0.0	0.0	0.0	0.1	0.0
														Fat, Total (g)	0.0	0.0	0.0	0.0	0.0	0.0
Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour		Saturated Fat (g)	0.0	0.0				
														Carbohydrate (g)	0.0	0.0				
														Sugars (g)	0.0	0.0	0.0	0.0	0.1	0.0
														Sodium (mg)	<1	<1	<1	<1	1	<1
Babyccino														Avg Qty / Serve	Avg Qty / 100mL					
MILK: Whole Fresh Milk														Energy (kJ)	340	295				
DRINKING CHOCOLATE: Sugar, Cocoa Powders, Whey Powder , Flavour, Starch, Salt														Energy (Cal)	81	71				
<i>Contains milk.</i>														Protein (g)	2.3	2.0				
<i>May contain traces of soy and tree nuts due to equipment cross contact.</i>														Fat, Total (g)	2.6	2.2				
Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour		Saturated Fat (g)	1.7	1.5				
		Y	T			T				T	Y			Carbohydrate (g)	3.9	3.4				
														Sugars (g)	3.8	3.3				
														Sodium (mg)	30	26				
Babyccino with Skim Milk														Avg Qty / Serve	Avg Qty / 100mL					
SKIM MILK: Fresh Skim Milk, Milk Solids Non Fat														Energy (kJ)	113	171				
DRINKING CHOCOLATE: Sugar, Cocoa Powders, Whey Powder , Flavour, Starch, Salt														Energy (Cal)	27	41				
<i>Contains milk.</i>														Protein (g)	2.4	3.7				
<i>May contain traces of soy and tree nuts due to equipment cross contact.</i>														Fat, Total (g)	0.1	0.1				
Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour		Saturated Fat (g)	0.1	0.1				
		Y	T			T					Y			Carbohydrate (g)	4.0	6.0				
														Sugars (g)	3.9	5.9				
														Sodium (mg)	31	47				
Babyccino with Soy Milk														Avg Qty / Serve	Avg Qty / 100mL					
SOY MILK: Filtered Water, Whole Soybean , Raw Sugar, Minerals (Calcium Phosphate), Vegetable gums (460, 407, 466), Flavours, Salt, Food Acids (340, 331)														Energy (kJ)	132	196				
DRINKING CHOCOLATE: Sugar, Cocoa Powders, Whey Powder , Flavour, Starch, Salt														Energy (Cal)	32	47				
<i>Contains milk and soy.</i>														Protein (g)	2.1	3.1				
<i>May contain traces of tree nuts due to equipment cross contact.</i>														Fat, Total (g)	1.2	1.8				
Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour		Saturated Fat (g)	0.2	0.3				
		Y	Y			T		T			Y			Carbohydrate (g)	2.8	4.1				
														Sugars (g)	2.0	3.0				
														Sodium (mg)	49	72				

Babyccino with Almond Milk													Avg Qty / Serve	Avg Qty / 100mL	
ALMOND MILK: Filtered Water, Whole Almonds , Raw Sugar, Sunflower Oil, Emulsifer (471, 322), Natural Flavour, Vegetable Gum (407, 418), Food Acid (330), Sea Salt.													Energy (kJ)	185	122
DRINKING CHOCOLATE: Sugar, Cocoa Powders, Whey Powder , Flavour, Starch, Salt													Energy (Cal)	44	29
<i>Contains milk and tree nuts.</i>													Protein (g)	3.1	2.0
<i>May contain traces of soy due to equipment cross contact.</i>													Fat, Total (g)	1.6	1.1
Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Saturated Fat (g)	0.4	0.3
		Y	T			Y		T			Y		Carbohydrate (g)	4.0	2.7
													Sugars (g)	2.5	1.6
													Sodium (mg)	70	46
Macchiato													Avg Qty / Serve	Avg Qty / 100mL	
COFFEE: Water, Ground & Extracted Roasted Coffee Beans													Energy (kJ)	15	39
MILK: Whole Fresh Milk													Energy (Cal)	4	9
<i>Contains milk.</i>													Protein (g)	0.2	0.5
<i>May contain traces of soy and tree nuts due to equipment cross contact.</i>													Fat, Total (g)	0.2	0.5
Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Saturated Fat (g)	0.1	0.3
		Y	T			T							Carbohydrate (g)	0.3	0.7
													Sugars (g)	0.3	0.7
													Sodium (mg)	3	7
Macchiato with Skim Milk													Avg Qty / Serve	Avg Qty / 100mL	
COFFEE: Water, Ground & Extracted Roasted Coffee Beans													Energy (kJ)	9	22
SKIM MILK: Fresh Skim Milk, Milk Solids Non Fat													Energy (Cal)	2	5
<i>Contains milk.</i>													Protein (g)	0.2	0.5
<i>May contain traces of soy and tree nuts due to equipment cross contact.</i>													Fat, Total (g)	0.0	0.0
Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Saturated Fat (g)	0.0	0.0
		Y	T			T							Carbohydrate (g)	0.3	0.7
													Sugars (g)	0.3	0.7
													Sodium (mg)	3	7
Macchiato with Soy Milk													Avg Qty / Serve	Avg Qty / 100mL	
COFFEE: Water, Ground & Extracted Roasted Coffee Beans													Energy (kJ)	10	25
SOY MILK: Filtered Water, Whole Soybean , Raw Sugar, Minerals (Calcium Phosphate), Vegetable gums (460, 407, 466), Flavours, Salt, Food Acids (340, 331)													Energy (Cal)	2	6
<i>Contains milk & soy.</i>													Protein (g)	0.2	0.5
<i>May contain traces of tree nuts due to equipment cross contact.</i>													Fat, Total (g)	0.1	0.2
Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Saturated Fat (g)	0.0	0.0
		Y	Y		Y						Y		Carbohydrate (g)	0.2	0.5
													Sugars (g)	0.1	0.3
													Sodium (mg)	4	11
Macchiato with Almond Milk													Avg Qty / Serve	Avg Qty / 100mL	
COFFEE: Water, Ground & Extracted Roasted Coffee Beans													Energy (kJ)	9	23
ALMOND MILK: Filtered Water, Whole Almonds , Raw Sugar, Sunflower Oil, Emulsifer (471, 322), Natural Flavour, Vegetable Gum (407, 418), Food Acid (330), Sea Salt.													Energy (Cal)	2	6
<i>Contains milk, soy and tree nuts</i>													Protein (g)	0.2	0.5
Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Fat, Total (g)	0.1	0.2
		Y	Y			Y					Y		Saturated Fat (g)	0.0	0.1
													Carbohydrate (g)	0.2	0.5
													Sugars (g)	0.4	0.3
													Sodium (mg)	4	10

													Small		Standard		Large		
													Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	
Cappuccino with Full Cream Milk													Energy (kJ)	647	249	690	238	776	235
MILK: Whole Fresh Milk													Energy (Cal)	155	59	165	57	185	56
COFFEE: Water, Ground & Extracted Roasted Coffee Beans													Protein (g)	7.5	2.9	8.1	2.8	9.1	2.7
DRINKING CHOCOLATE: Sugar, Cocoa Powders, Whey Powder , Flavour, Starch, Salt													Fat, Total (g)	8.4	3.2	9.1	3.1	10.3	3.1
<i>Contains milk.</i>													Saturated Fat (g)	5.5	2.1	6.0	2.1	6.8	2.0
<i>May contain traces of soy or tree nuts due to equipment cross contact.</i>													Carbohydrate (g)	12.2	4.7	12.6	4.4	14.1	4.3
Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Sugars (g)	12.0	4.6	12.5	4.3	14.0	4.2
		Y	T			T				T	Y		Sodium (mg)	96	37	103	35	116	35
													Small		Standard		Large		
													Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	
Cappuccino with Skim Milk													Energy (kJ)	287	142	371	134	423	131
SKIM MILK: Fresh Skim Milk, Milk Solids Non Fat													Energy (Cal)	68	34	89	32	101	31
COFFEE: Water, Ground & Extracted Roasted Coffee Beans													Protein (g)	6.3	3.1	8.3	3.0	9.6	3.0
DRINKING CHOCOLATE: Sugar, Cocoa Powders, Whey Powder , Flavour, Starch, Salt													Fat, Total (g)	0.2	0.1	0.3	0.1	0.3	0.1
<i>Contains milk.</i>													Saturated Fat (g)	0.2	0.1	0.3	0.1	0.3	0.1
<i>May contain traces of soy or tree nuts due to equipment cross contact.</i>													Carbohydrate (g)	10.0	4.9	12.7	4.6	14.5	4.5
Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Sugars (g)	9.9	4.9	12.7	4.6	14.4	4.5
		Y	T			T				T	Y		Sodium (mg)	79	39	105	38	120	37
													Small		Standard		Large		
													Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	
Cappuccino with Soy Milk													Energy (kJ)	325	162	445	155	499	152
SOY MILK: Filtered Water, Whole Soybean, Raw Sugar, Minerals (Calcium Phosphate), Vegetable gums (460, 407, 466), Flavours, Salt, Food Acids (340, 331)													Energy (Cal)	78	39	106	37	119	36
COFFEE: Water, Ground & Extracted Roasted Coffee Beans													Protein (g)	5.3	2.6	7.3	2.5	8.2	2.5
DRINKING CHOCOLATE: Sugar, Cocoa Powders, Whey Powder , Flavour, Starch, Salt													Fat, Total (g)	3.1	1.5	4.3	1.5	4.9	1.5
<i>Contains milk & soy.</i>													Saturated Fat (g)	0.5	0.3	0.7	0.3	0.8	0.3
<i>May contain traces of tree nuts due to equipment cross contact.</i>													Carbohydrate (g)	6.5	3.2	8.8	3.1	9.7	3.0
Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Sugars (g)	4.7	2.4	6.1	2.1	6.7	2.0
		Y	Y			T					Y		Sodium (mg)	123	61	170	59	192	58
													Small		Standard		Large		
													Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	
Cappuccino with Almond Milk													Energy (kJ)	303	153	410	145	459	142
ALMOND MILK: Filtered Water, Whole Almonds, Raw Sugar, Sunflower Oil, Emulsifer (471, 322), Natural Flavour, Vegetable Gum (407, 418), Food Acid (330), Sea Salt.													Energy (Cal)	72	37	98	35	110	34
COFFEE: Water, Ground & Extracted Roasted Coffee Beans													Protein (g)	5.2	2.6	7.1	2.5	8.0	2.5
DRINKING CHOCOLATE: Sugar, Cocoa Powders, Whey Powder , Flavour, Starch, Salt													Fat, Total (g)	2.7	1.4	3.8	1.3	4.2	1.3
<i>Contains milk, soy & tree nuts.</i>													Saturated Fat (g)	0.7	0.4	1.0	0.3	1.1	0.3
<i>May contain traces of soy due to equipment cross contact.</i>													Carbohydrate (g)	6.4	3.3	8.4	3.0	9.3	2.9
Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Sugars (g)	3.8	1.9	4.8	1.7	5.3	1.6
		Y	T			Y					Y		Sodium (mg)	117	59	162	57	183	57

												Small		Standard		Large			
												Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL		
Flat White with Full Cream Milk												Energy (kJ)	487	237	702	232	759	227	
MILK: Whole Fresh Milk												Energy (Cal)	116	57	168	55	181	54	
COFFEE: Water, Ground & Extracted Roasted Coffee Beans												Protein (g)	5.8	2.8	8.4	2.8	9.1	2.7	
<i>Contains milk.</i>												Fat, Total (g)	6.7	3.2	9.6	3.2	10.4	3.1	
<i>May contain traces of soy or tree nuts due to equipment cross contact.</i>												Saturated Fat (g)	4.4	2.1	6.3	2.1	6.8	2.1	
Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Carbohydrate (g)	8.3	4.0	11.9	3.9	12.9	3.9
		Y	T			T							Sugars (g)	8.3	4.0	11.9	3.9	12.9	3.9
													Sodium (mg)	73	35	105	35	113	34
												Small		Standard		Large			
												Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL		
Flat White with Skim Milk												Energy (kJ)	256	125	369	127	399	123	
SKIM MILK: Fresh Skim Milk, Milk Solids Non Fat												Energy (Cal)	60	29	87	30	94	29	
COFFEE: Water, Ground & Extracted Roasted Coffee Beans												Protein (g)	6.2	3.0	8.9	3.1	9.6	3.0	
<i>Contains milk.</i>												Fat, Total (g)	0.2	0.1	0.2	0.1	0.3	0.1	
<i>May contain traces of soy or tree nuts due to equipment cross contact.</i>												Saturated Fat (g)	0.2	0.1	0.2	0.1	0.3	0.1	
Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Carbohydrate (g)	8.5	4.2	12.3	4.2	13.3	4.1
		Y	T			T							Sugars (g)	8.5	4.2	12.3	4.2	13.3	4.1
													Sodium (mg)	76	37	109	37	118	36
												Small		Standard		Large			
												Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL		
Flat White with Soy Milk												Energy (kJ)	306	150	441	147	477	144	
SOY MILK: Filtered Water, Whole Soybean, Raw Sugar, Minerals (Calcium Phosphate), Vegetable gums (460, 407, 466), Flavours, Salt, Food Acids (340, 331)												Energy (Cal)	73	36	105	35	114	34	
COFFEE: Water, Ground & Extracted Roasted Coffee Beans												Protein (g)	5.2	2.6	7.6	2.5	8.2	2.5	
<i>Contains soy.</i>												Fat, Total (g)	3.1	1.5	4.5	1.5	4.9	1.5	
<i>May contain traces of milk or tree nuts due to equipment cross contact.</i>												Saturated Fat (g)	0.5	0.3	0.8	0.3	0.8	0.2	
Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Carbohydrate (g)	5.4	2.7	7.8	2.6	8.5	2.6
		T	Y			T					Y		Sugars (g)	3.5	1.7	5.1	1.7	5.5	1.7
													Sodium (mg)	122	60	176	59	191	58

													Small		Standard		Large		
													Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	
Flat White with Almond Milk													Energy (kJ)	280	140	403	136	436	134
ALMOND MILK: Filtered Water, Whole Almonds , Raw Sugar, Sunflower Oil, Emulsifer (471, 322), Natural Flavour, Vegetable Gum (407, 418), Food Acid (330), Sea Salt.													Energy (Cal)	67	33	96	33	104	32
COFFEE: Water, Ground & Extracted Roasted Coffee Beans													Protein (g)	5.1	2.6	7.4	2.5	8.0	2.5
<i>Contains tree nuts.</i>													Fat, Total (g)	2.7	1.4	3.9	1.3	4.2	1.3
<i>May contain traces of milk and soy due to equipment cross contact.</i>													Saturated Fat (g)	0.7	0.3	1.0	0.3	1.1	0.3
Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Carbohydrate (g)	5.1	2.6	7.4	2.5	8.0	2.5
		T	T			Y					Y		Sugars (g)	2.6	1.3	3.7	1.3	4.0	1.2
													Sodium (mg)	116	58	168	57	182	56
													Small		Standard		Large		
													Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	
Latte with Full Cream Milk													Energy (kJ)	473	236	687	231	745	227
MILK: Whole Fresh Milk													Energy (Cal)	113	56	164	55	178	54
COFFEE: Water, Ground & Extracted Roasted Coffee Beans													Protein (g)	5.7	2.8	8.2	2.8	8.9	2.7
<i>Contains milk.</i>													Fat, Total (g)	6.5	3.2	9.4	3.2	10.2	3.1
<i>May contain traces of soy or tree nuts due to equipment cross contact.</i>													Saturated Fat (g)	4.3	2.1	6.2	2.1	6.7	2.0
Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Carbohydrate (g)	8.0	4.0	11.7	3.9	12.7	3.9
		Y	T			T							Sugars (g)	8.0	4.0	11.7	3.9	12.7	3.9
													Sodium (mg)	71	35	103	34	111	34
													Small		Standard		Large		
													Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	
Latte with Skim Milk													Energy (kJ)	249	124	361	127	392	122
SKIM MILK: Fresh Skim Milk , Milk Solids Non Fat													Energy (Cal)	59	29	85	30	92	29
COFFEE: Water, Ground & Extracted Roasted Coffee Beans													Protein (g)	6.0	3.0	8.7	3.0	9.4	2.9
<i>Contains milk.</i>													Fat, Total (g)	0.2	0.1	0.2	0.1	0.3	0.1
<i>May contain traces of soy or tree nuts due to equipment cross contact.</i>													Saturated Fat (g)	0.2	0.1	0.2	0.1	0.3	0.1
Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Carbohydrate (g)	8.3	4.1	12.0	4.2	13.1	4.1
		Y	T			T							Sugars (g)	8.3	4.1	12.0	4.2	13.1	4.1
													Sodium (mg)	73	37	107	37	116	36
													Small		Standard		Large		
													Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	
Latte with Soy Milk													Energy (kJ)	297	149	432	146	477	144
SOY MILK: Filtered Water, Whole Soybean , Raw Sugar, Minerals (Calcium Phosphate), Vegetable gums (460, 407, 466), Flavours, Salt, Food Acids (340, 331)													Energy (Cal)	71	36	103	35	114	34
COFFEE: Water, Ground & Extracted Roasted Coffee Beans													Protein (g)	5.1	2.6	7.4	2.5	8.2	2.5
<i>Contains soy.</i>													Fat, Total (g)	3.0	1.5	4.4	1.5	4.9	1.5
<i>May contain traces of milk or tree nuts due to equipment cross contact.</i>													Saturated Fat (g)	0.5	0.3	0.7	0.2	0.8	0.2
Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Carbohydrate (g)	5.3	2.6	7.7	2.6	8.5	2.6
		T	Y			T					Y		Sugars (g)	3.4	1.7	5.0	1.7	5.5	1.7
													Sodium (mg)	119	60	173	58	191	58

													Small		Standard		Large		
													Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	
Latte with Almond Milk													Energy (kJ)	271	139	395	136	436	134
ALMOND MILK: Filtered Water, Whole Almonds , Raw Sugar, Sunflower Oil, Emulsifer (471, 322), Natural Flavour, Vegetable Gum (407, 418), Food Acid (330), Sea Salt.													Energy (Cal)	65	33	94	33	104	32
COFFEE: Water, Ground & Extracted Roasted Coffee Beans													Protein (g)	5.0	2.6	7.3	2.5	8.0	2.5
<i>Contains tree nuts.</i>													Fat, Total (g)	2.6	1.4	3.8	1.3	4.2	1.3
<i>May contain traces of milk or soy due to equipment cross contact.</i>													Saturated Fat (g)	0.7	0.3	1.0	0.3	1.1	0.3
Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Carbohydrate (g)	5.0	2.6	7.3	2.5	8.0	2.5
		T	T			Y					Y		Sugars (g)	2.5	1.3	3.7	1.3	4.0	1.2
													Sodium (mg)	113	58	165	57	182	56
Piccolo Latte with Full Cream Milk													Avg Qty / Serve	Avg Qty / 100mL					
MILK: Whole Fresh Milk													Energy (kJ)	172	187				
COFFEE: Water, Ground & Extracted Roasted Coffee Beans													Energy (Cal)	41	45				
<i>Contains milk.</i>													Protein (g)	2.1	2.3				
<i>May contain traces of soy or tree nuts due to equipment cross contact.</i>													Fat, Total (g)	2.4	2.6				
Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Saturated Fat (g)	1.5	1.7				
		Y	T			T							Carbohydrate (g)	2.9	3.2				
													Sugars (g)	2.9	3.2				
													Sodium (mg)	26	28				
Mocha with Full Cream Milk													Avg Qty / Serve	Avg Qty / 100mL					
MILK: Whole Fresh Milk													Energy (kJ)	883	387	1190	365	1490	392
COFFEE: Water, Ground & Extracted Roasted Coffee Beans													Energy (Cal)	211	93	284	87	357	94
DRINKING CHOCOLATE: Sugar, Cocoa Powders, Whey Powder , Flavour, Starch, Salt													Protein (g)	8.5	3.7	10.9	3.3	12.9	3.4
<i>Contains milk.</i>													Fat, Total (g)	8.5	3.7	10.9	3.2	12.0	3.2
<i>May contain traces of soy or tree nuts due to equipment cross contact.</i>													Saturated Fat (g)	5.6	2.4	6.9	2.1	7.8	2.1
Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Carbohydrate (g)	24.0	10.5	34.5	10.6	46.4	12.2
		Y	T			T				T	Y		Sugars (g)	23.1	10.1	33.0	10.2	44.2	11.6
													Sodium (mg)	127	56	175	54	219	58
Mocha with Skim Milk													Avg Qty / Serve	Avg Qty / 100mL					
SKIM MILK: Fresh Skim Milk, Milk Solids Non Fat													Energy (kJ)	442	204	703	229	896	251
COFFEE: Water, Ground & Extracted Roasted Coffee Beans													Energy (Cal)	106	49	168	55	214	60
DRINKING CHOCOLATE: Sugar, Cocoa Powders, Whey Powder , Flavour, Starch, Salt													Protein (g)	7.1	3.3	10.5	3.4	12.2	3.4
<i>Contains milk.</i>													Fat, Total (g)	0.6	0.3	0.9	0.3	1.3	0.4
<i>May contain traces of soy or tree nuts due to equipment cross contact.</i>													Saturated Fat (g)	0.4	0.2	0.7	0.2	0.9	0.3
Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Carbohydrate (g)	17.1	7.9	27.7	9.0	36.1	10.1
		Y	T			T				T	Y		Sugars (g)	16.6	7.6	26.7	8.7	34.7	9.7
													Sodium (mg)	101	46	153	50	185	52
Mocha with Soy Milk													Avg Qty / Serve	Avg Qty / 100mL					
SOY MILK: Filtered Water, Whole Soybean , Raw Sugar, Minerals (Calcium Phosphate), Vegetable gums (460, 407, 466), Flavours, Salt, Food Acids (340, 331)													Energy (kJ)	492	223	775	247	976	268
COFFEE: Water, Ground & Extracted Roasted Coffee Beans													Energy (Cal)	118	53	185	59	233	64
DRINKING CHOCOLATE: Sugar, Cocoa Powders, Whey Powder , Flavour, Starch, Salt													Protein (g)	6.2	2.8	9.2	2.9	10.8	3.0
<i>Contains milk & soy.</i>													Fat, Total (g)	3.5	1.6	5.1	1.6	5.9	1.6
<i>May contain traces of tree nuts due to equipment cross contact.</i>													Saturated Fat (g)	0.8	0.3	1.2	0.4	1.5	0.4
Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Carbohydrate (g)	14.0	6.3	23.4	7.5	31.3	8.6
		Y	Y			T					Y		Sugars (g)	11.5	5.2	19.7	6.3	26.9	7.4
													Sodium (mg)	148	67	219	70	259	71

													Small		Standard		Large		
													Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	
Mocha with Almond Milk													Energy (kJ)	468	215	737	240	933	261
ALMOND MILK: Filtered Water, Whole Almonds , Raw Sugar, Sunflower Oil, Emulsifer (471, 322), Natural Flavour, Vegetable Gum (407, 418), Food Acid (330), Sea Salt.													Energy (Cal)	112	51	176	57	223	62
COFFEE: Water, Ground & Extracted Roasted Coffee Beans													Protein (g)	6.1	2.8	9.1	2.9	10.6	3.0
DRINKING CHOCOLATE: Sugar, Cocoa Powders, Whey Powder , Flavour, Starch, Salt													Fat, Total (g)	3.1	1.4	4.6	1.5	5.3	1.5
<i>Contains milk & tree nuts.</i>													Saturated Fat (g)	0.9	0.4	1.4	0.5	1.7	0.5
<i>May contain traces of soy due to equipment cross contact.</i>													Carbohydrate (g)	13.7	6.3	22.9	7.5	30.8	8.6
Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Sugars (g)	10.6	4.9	18.3	6.0	25.4	7.1
		Y	T			Y					Y		Sodium (mg)	142	65	211	69	249	70
													Small		Standard		Large		
													Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	
Vienna													Energy (kJ)	352	132	353	96	353	83
WHIPPED CREAM:													Energy (Cal)	84	32	84	23	84	20
COFFEE: Water, Ground & Extracted Roasted Coffee Beans													Protein (g)	0.7	0.3	0.7	0.2	0.7	0.2
DRINKING CHOCOLATE: Sugar, Cocoa Powders, Whey Powder , Flavour, Starch, Salt													Fat, Total (g)	8.1	3.1	8.1	2.2	8.1	1.9
<i>Contains milk.</i>													Saturated Fat (g)	5.4	2.0	5.4	1.5	5.4	1.3
<i>May contain traces of soy or tree nuts due to equipment cross contact.</i>													Carbohydrate (g)	2.2	0.8	2.2	0.6	2.2	0.5
Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Sugars (g)	2.1	0.8	2.1	0.6	2.2	0.5
		Y	T			T				T	Y		Sodium (mg)	12	4	12	3	12	3
													Small		Standard		Large		
													Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	
Hot Chocolate with Full Cream Milk													Energy (kJ)	1010	416	1500	428	1990	416
MILK: Whole Fresh Milk													Energy (Cal)	242	99	359	102	476	99
WATER													Protein (g)	8.8	3.6	13.1	3.7	17.4	3.6
DRINKING CHOCOLATE: Sugar, Cocoa Powders, Whey Powder , Flavour, Starch, Salt													Fat, Total (g)	8.1	3.3	12.1	3.4	16.1	3.4
<i>Contains milk.</i>													Saturated Fat (g)	5.3	2.2	7.9	2.3	10.5	2.2
<i>May contain traces of soy or tree nuts due to equipment cross contact.</i>													Carbohydrate (g)	31.6	13.0	46.6	13.3	61.7	12.9
Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Sugars (g)	30.1	12.4	44.5	12.7	58.9	12.3
		Y	T			T				T	Y		Sodium (mg)	143	59	213	61	283	59
													Small		Standard		Large		
													Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	
Hot Chocolate with Skim Milk													Energy (kJ)	597	275	872	284	1150	274
SKIM MILK: Fresh Skim Milk , Milk Solids Non Fat													Energy (Cal)	143	66	208	68	276	65
WATER													Protein (g)	7.9	3.7	11.6	3.8	15.5	3.7
DRINKING CHOCOLATE: Sugar, Cocoa Powders, Whey Powder , Flavour, Starch, Salt													Fat, Total (g)	0.9	0.4	1.3	0.4	1.7	0.4
<i>Contains milk.</i>													Saturated Fat (g)	0.6	0.3	0.9	0.3	1.2	0.3
<i>May contain traces of soy or tree nuts due to equipment cross contact.</i>													Carbohydrate (g)	24.2	11.1	35.3	11.5	46.7	11.1
Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Sugars (g)	23.2	10.7	33.9	11.0	44.8	10.6
		Y	T			T				T	Y		Sodium (mg)	121	56	177	58	236	56
													Small		Standard		Large		
													Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	
Hot Chocolate with Soy Milk													Energy (kJ)	646	293	945	302	1250	291
SOY MILK: Filtered Water, Whole Soybean , Raw Sugar, Minerals (Calcium Phosphate), Vegetable gums (460, 407, 466), Flavours, Salt, Food Acids (340, 331)													Energy (Cal)	154	70	226	72	299	70
WATER													Protein (g)	7.0	3.2	10.3	3.3	13.7	3.2
DRINKING CHOCOLATE: Sugar, Cocoa Powders, Whey Powder , Flavour, Starch, Salt													Fat, Total (g)	3.8	1.7	5.6	1.8	7.5	1.7
<i>Contains milk & soy.</i>													Saturated Fat (g)	1.0	0.4	1.4	0.4	1.9	0.4
<i>May contain traces of tree nuts due to equipment cross contact.</i>													Carbohydrate (g)	21.1	9.5	30.7	9.8	40.6	9.4
Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Sugars (g)	18.2	8.2	26.5	8.5	34.9	8.1
		Y	Y			T					Y		Sodium (mg)	168	76	246	79	328	76

													Small		Standard		Large		
													Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	
Hot Chocolate with Almond Milk													Energy (kJ)	620	285	907	295	1200	284
ALMOND MILK: Filtered Water, Whole Almonds , Raw Sugar, Sunflower Oil, Emulsifer (471, 322), Natural Flavour, Vegetable Gum (407, 418), Food Acid (330), Sea Salt.													Energy (Cal)	148	68	217	70	287	68
WATER													Protein (g)	6.9	3.2	10.1	3.3	13.5	3.2
DRINKING CHOCOLATE: Sugar, Cocoa Powders, Whey Powder , Flavour, Starch, Salt													Fat, Total (g)	3.4	1.6	5.0	1.6	6.7	1.6
<i>Contains milk, soy & tree nuts.</i>													Saturated Fat (g)	1.1	0.5	1.6	0.5	2.2	0.5
<i>May contain traces of soy due to equipment cross contact.</i>													Carbohydrate (g)	20.8	9.6	30.3	9.9	40.0	9.5
Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Sugars (g)	17.3	7.9	25.1	8.2	33.1	7.8
		Y	T			Y					Y		Sodium (mg)	162	75	238	77	316	75
Chai Latte with Full Cream Milk													Small		Standard		Large		
													Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	
MILK: Whole Fresh Milk													Energy (kJ)	756	352	1250	390	1750	409
WATER													Energy (Cal)	181	84	300	93	419	98
CHAI POWDER: Sugar, Milk Solids, Beverage Whitener [Vegetable Fat, Glucose Syrup Solids, Milk Protein, Emulsifiers (471 - soy, 472c - soy), Mineral Salts (450, 339), Anticaking Agent (551), Antioxidant (307b -soy)], Maltodextrin, Tea Powder, Colour (150d), Spices, Malt Extract, Flavours, Vegetable Gum (407), Spice Extract, Anticaking Agent (551).													Protein (g)	7.1	3.3	11.1	3.4	15.1	3.5
<i>Contains gluten, milk, soy and sulphites.</i>													Fat, Total (g)	7.8	3.6	12.1	3.7	16.3	3.8
<i>May contain traces of tree nuts due to equipment cross contact.</i>													Saturated Fat (g)	5.0	2.3	7.7	2.4	10.4	2.4
Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Carbohydrate (g)	20.4	9.5	36.4	11.3	52.4	12.2
Y		Y	Y			T		Y		Y	Y	Y	Sugars (g)	19.7	9.2	35.0	10.9	50.4	11.7
													Sodium (mg)	100	47	162	50	224	52
Chai Latte with Skim Milk													Small		Standard		Large		
													Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	
SKIM MILK: Fresh Skim Milk , Milk Solids Non Fat													Energy (kJ)	511	245	888	284	1260	303
WATER													Energy (Cal)	122	58	212	68	302	72
CHAI POWDER: Sugar, Milk Solids , Beverage Whitener [Vegetable Fat, Glucose Syrup Solids, Milk Protein , Emulsifiers (471 - soy, 472c - soy), Mineral Salts (450, 339), Anticaking Agent (551), Antioxidant (307b -soy)], Maltodextrin, Tea Powder, Colour (150d), Spices, Malt Extract , Flavours, Vegetable Gum (407), Spice Extract, Anticaking Agent (551).													Protein (g)	7.4	3.5	11.6	3.7	15.8	3.8
<i>Contains gluten, milk, soy and sulphites.</i>													Fat, Total (g)	0.9	0.4	1.7	0.6	2.6	0.6
<i>May contain traces of tree nuts due to equipment cross contact.</i>													Saturated Fat (g)	0.5	0.3	1.0	0.3	1.4	0.3
Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Carbohydrate (g)	20.6	9.9	36.8	11.7	52.9	12.7
Y		Y	Y			T		Y		Y	Y	Y	Sugars (g)	20.0	9.6	35.5	11.3	50.9	12.2
													Sodium (mg)	103	49	166	53	230	55
Chai Latte with Soy Milk													Small		Standard		Large		
													Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	
SOY MILK: Filtered Water, Whole Soybean , Raw Sugar, Minerals (Calcium Phosphate), Vegetable gums (460, 407, 466), Flavours, Salt, Food Acids (340, 331)													Energy (kJ)	564	265	967	303	1370	322
WATER													Energy (Cal)	135	63	231	72	327	77
CHAI POWDER: Sugar, Milk Solids , Beverage Whitener [Vegetable Fat, Glucose Syrup Solids, Milk Protein , Emulsifiers (471 - soy, 472c - soy), Mineral Salts (450, 339), Anticaking Agent (551), Antioxidant (307b -soy)], Maltodextrin, Tea Powder, Colour (150d), Spices, Malt Extract , Flavours, Vegetable Gum (407), Spice Extract, Anticaking Agent (551).													Protein (g)	6.5	3.0	10.2	3.2	13.8	3.3
<i>Contains gluten, milk, soy and sulphites.</i>													Fat, Total (g)	4.0	1.9	6.4	2.0	8.8	2.1
<i>May contain traces of tree nuts due to equipment cross contact.</i>													Saturated Fat (g)	0.9	0.4	1.5	0.5	2.2	0.5
Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Carbohydrate (g)	17.3	8.1	31.8	10.0	46.3	10.9
Y		Y	Y			T		Y			Y	Y	Sugars (g)	14.7	6.9	27.5	8.6	40.3	9.5
													Sodium (mg)	153	72	241	76	329	77
Chai Latte with Almond Milk													Small		Standard		Large		
													Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	
ALMOND MILK: Filtered Water, Whole Almonds , Raw Sugar, Sunflower Oil, Emulsifer (471, 322), Natural Flavour, Vegetable Gum (407, 418), Food Acid (330), Sea Salt.													Energy (kJ)	537	256	926	295	1310	315
WATER													Energy (Cal)	128	61	221	71	314	75
CHAI POWDER: Sugar, Milk Solids , Beverage Whitener [Vegetable Fat, Glucose Syrup Solids, Milk Protein , Emulsifiers (471 - soy, 472c - soy), Mineral Salts (450, 339), Anticaking Agent (551), Antioxidant (307b -soy)], Maltodextrin, Tea Powder, Colour (150d), Spices, Malt Extract , Flavours, Vegetable Gum (407), Spice Extract, Anticaking Agent (551).													Protein (g)	6.3	3.0	10.0	3.2	13.6	3.3
<i>Contains gluten, milk, soy, tree nuts and sulphites.</i>													Fat, Total (g)	3.6	1.7	5.8	1.8	8.0	1.9
Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Saturated Fat (g)	1.1	0.5	1.8	0.6	2.5	0.6
Y		Y	Y			Y		Y			Y	Y	Carbohydrate (g)	17.0	8.1	31.4	10.0	45.7	10.9
													Sugars (g)	13.7	6.5	26.0	8.3	38.3	9.2
													Sodium (mg)	146	70	232	74	317	76

Tea - Black	Small		Standard		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
ENGLISH BREAKFAST TEA: Water, Ceylon Tea	16	6	23	6	27	6
EARL GREY TEA: Water, Ceylon Black Tea, Bergamont Flavour	4	1	5	1	6	1
JASMINE GREEN TEA: Water, Green Tea with Jasmine Petals	0.3	0.1	0.4	0.1	0.5	0.1
PEPPERMINT AND CINNAMON TEA: Water, Peppermint Herb, Cinnamon Spice	0.3	0.1	0.4	0.1	0.5	0.1
	0.0	0.0	0.0	0.0	0.0	0.0
	0.0	0.0	0.0	0.0	0.0	0.0
	0.0	0.0	0.0	0.0	0.0	0.0
	10	4	15	4	18	4

	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour
English Breakfast													
Jasmine Green													
Peppermint & Cinnamon													
Earl Grey											Y		

COLD BEVERAGES

Iced Long Black	Small		Standard		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
ICE: Water.	<1	<1	1	<1	2	1
COFFEE: Water, Ground & Extracted Roasted Coffee Beans.	<1	<1	<1	<1	<1	<1
	0.0	0.0	0.0	0.0	0.0	0.0
	0.0	0.0	0.0	0.0	0.0	0.0
	0.0	0.0	0.0	0.0	0.0	0.0
	0.0	0.0	0.0	0.0	0.0	0.0
	0.0	0.0	0.0	0.0	0.0	0.0
	<1	<1	<1	<1	1	<1

Iced Chocolate with Full Cream Milk	Small		Standard		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
MILK: Whole Fresh Milk	1270	358	1800	348	2330	343
ICE: Water	302	85	429	83	555	82
CHOCOLATE SYRUP - Invert Sugar Syrup, Glucose Syrup [Glucose, Preservative (223- sulphur dioxide)], Water, Cocoa Powder, Salt, Preservative (202), Acidity Regulator (330), Flavours.	8.6	2.4	12.9	2.5	17.2	2.5
WHIPPED CREAM: Cream, Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gum (407, 401).	14.4	4.1	19.2	3.7	23.9	3.5
DRINKING CHOCOLATE POWDER: Sugar, Cocoa Powders, Whey Powder , Flavour, Starch, Salt.	9.5	2.7	12.7	2.5	15.8	2.3
<i>Contains gluten, milk and sulphites. May contain traces of soy.</i>	33.9	9.6	50.2	9.7	66.5	9.8
<i>May contain traces of tree nuts due to equipment cross contact.</i>	30.2	8.5	44.7	8.7	59.3	8.7
	184	52	274	53	365	54

Iced Chocolate with Skim Milk	Small		Standard		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
SKIM MILK: Fresh Skim Milk, Milk Solids Non Fat	924	281	1290	267	1660	259
ICE: Water	219	67	305	63	392	61
CHOCOLATE SYRUP: Inverts Sugar Syrup, Glucose Syrup (contains Preservative (223)), Water, Coca Powder, Malt Syrup, Salt, Preservative (211), Acidity Regulator (330), Flavour.	8.5	2.6	12.9	2.7	17.3	2.7
WHIPPED CREAM: Cream, Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gum (407, 401).	5.9	1.8	6.3	1.3	6.6	1.0
DRINKING CHOCOLATE POWDER: Sugar, Cocoa Powders, Whey Powder , Flavour, Starch, Salt.	4.0	1.2	4.3	0.9	4.5	0.7
<i>Contains gluten, milk and sulphites. May contain traces of soy.</i>	32.4	9.8	48.4	10.0	64.5	10.1
<i>May contain traces of tree nuts due to equipment cross contact.</i>	29.0	8.8	43.3	9.0	57.6	9.0
	177	54	267	55	357	56

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour
Y		Y	T			T		Y		Y	Y	

Iced Chocolate with Soy Milk

SOY MILK: Filtered Water, Whole **Soybean**, Raw Sugar, Minerals (Calcium Phosphate), Vegetable gums (460, 407, 466), Flavours, Salt, Food Acids (340, 331)

ICE: Water

CHOCOLATE SYRUP: Inverts Sugar Syrup, Glucose Syrup (contains Preservative (**223**)), Water, Coca Powder, Malt Syrup, Salt, Preservative (211), Acidity

Regulator (330), Flavour.

WHIPPED CREAM: **Cream**, Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gum (407, 401).

DRINKING CHOCOLATE POWDER: Sugar, Cocoa Powders, **Whey Powder**, Flavour, Starch, Salt.

Contains gluten, milk, soy and sulphites.

May contain traces of tree nuts due to equipment cross contact.

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour
Y		Y	Y			T		Y		Y	Y	

	Small		Standard		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	1010	288	1410	275	1810	268
Energy (Cal)	242	69	337	66	432	64
Protein (g)	7.7	2.2	11.5	2.3	15.4	2.3
Fat, Total (g)	9.9	2.8	12.1	2.4	14.4	2.1
Saturated Fat (g)	4.6	1.3	5.0	1.0	5.5	0.8
Carbohydrate (g)	29.3	8.3	43.3	8.4	57.2	8.5
Sugars (g)	23.7	6.7	34.7	6.8	45.8	6.8
Sodium (mg)	240	68	361	70	482	71

Iced Chocolate with Almond Milk

ALMOND MILK: Filtered Water, Whole **Almonds**, Raw Sugar, Sunflower Oil, Emulsifer (471, **322**), Natural Flavour, Vegetable Gum (407, 418), Food Acid (330), Sea Salt.

ICE: Water

CHOCOLATE SYRUP: Inverts Sugar Syrup, Glucose Syrup (contains Preservative (**223**)), Water, Coca Powder, Malt Syrup, Salt, Preservative (211), Acidity

Regulator (330), Flavour.

WHIPPED CREAM: **Cream**, Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gum (407, 401).

DRINKING CHOCOLATE POWDER: Sugar, Cocoa Powders, **Whey Powder**, Flavour, Starch, Salt.

Contains gluten, milk, soy, tree nuts and sulphites.

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour
Y		Y	Y			Y		Y		Y	Y	

	Small		Standard		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	981	282	1360	269	1740	261
Energy (Cal)	235	67	325	64	416	62
Protein (g)	7.6	2.2	11.3	2.2	15.1	2.3
Fat, Total (g)	9.3	2.7	11.4	2.2	13.4	2.0
Saturated Fat (g)	4.8	1.4	5.3	1.1	5.9	0.9
Carbohydrate (g)	29.0	8.3	42.7	8.4	56.5	8.5
Sugars (g)	22.5	6.5	32.9	6.5	43.4	6.5
Sodium (mg)	233	67	350	69	467	70

Iced Latte with Full Cream Milk

MILK: Whole Fresh **Milk**.

ICE: Water.

COFFEE: Water, Ground & Extracted Roasted Coffee Beans.

SUGAR SYRUP: Sucrose Syrup, Preservatives (211, 202), Food Acid (330).

Contains milk.

May contain traces of soy or tree nuts due to equipment cross contact.

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour
		Y	T			T				Y		

	Small		Standard		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	791	251	1300	274	1800	290
Energy (Cal)	189	60	310	66	430	69
Protein (g)	6.8	2.2	10.3	2.2	13.7	2.2
Fat, Total (g)	7.9	2.5	11.8	2.5	15.7	2.5
Saturated Fat (g)	5.2	1.6	7.7	1.6	10.3	1.7
Carbohydrate (g)	22.6	7.2	40.4	8.5	58.1	9.4
Sugars (g)	22.6	7.2	40.3	8.5	58.1	9.4
Sodium (mg)	85	27	128	27	171	28

Iced Latte with Skim Milk

SKIM MILK: Fresh Skim **Milk**, **Milk** Solids Non Fat

ICE: Water.

COFFEE: Water, Ground & Extracted Roasted Coffee Beans.

SUGAR SYRUP: Sucrose Syrup, Preservatives (211, 202), Food Acid (330).

Contains milk.

May contain traces of soy or tree nuts due to equipment cross contact.

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour
		Y	T			T				Y		

	Small		Standard		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	521	160	927	180	1260	196
Energy (Cal)	124	38	222	43	301	47
Protein (g)	7.2	2.2	11.8	2.3	14.5	2.2
Fat, Total (g)	0.2	0.1	0.3	0.1	0.4	0.1
Saturated Fat (g)	0.2	0.1	0.3	0.1	0.4	0.1
Carbohydrate (g)	22.9	7.0	42.1	8.2	58.8	9.1
Sugars (g)	22.9	7.0	42.1	8.2	58.8	9.1
Sodium (mg)	89	27	145	28	178	28

													Small		Standard		Large		
													Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	
Iced Latte with Soy Milk													Energy (kJ)	578	175	1020	196	1380	211
SOY MILK: Filtered Water, Whole Soybean , Raw Sugar, Minerals (Calcium Phosphate), Vegetable gums (460, 407, 466), Flavours, Salt, Food Acids (340, 331)													Energy (Cal)	138	42	244	47	329	50
ICE: Water.													Protein (g)	6.2	1.9	10.0	1.9	12.3	1.9
COFFEE: Water, Ground & Extracted Roasted Coffee Beans.													Fat, Total (g)	3.7	1.1	6.0	1.1	7.4	1.1
SUGAR SYRUP: Sucrose Syrup, Preservatives (211, 202), Food Acid (330).													Saturated Fat (g)	0.6	0.2	1.0	0.2	1.2	0.2
<i>Contains milk and soy.</i>													Carbohydrate (g)	19.3	5.8	36.1	6.9	51.4	7.9
<i>May contain traces of tree nuts due to equipment cross contact.</i>													Sugars (g)	17.0	5.2	32.5	6.2	46.9	7.2
Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Sodium (mg)	144	44	234	45	289	44
		Y	Y			T				Y	Y								
Iced Latte with Almond Milk													Small		Standard		Large		
													Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	
ALMOND MILK: Filtered Water, Whole Almonds , Raw Sugar, Sunflower Oil, Emulsifer (471, 322), Natural Flavour, Vegetable Gum (407, 418), Food Acid (330), Sea Salt.													Energy (kJ)	548	168	973	189	1310	204
ICE: Water.													Energy (Cal)	131	40	232	45	314	49
COFFEE: Water, Ground & Extracted Roasted Coffee Beans.													Protein (g)	6.0	1.9	9.8	1.9	12.1	1.9
SUGAR SYRUP: Sucrose Syrup, Preservatives (211, 202), Food Acid (330).													Fat, Total (g)	3.2	1.0	5.2	1.0	6.4	1.0
<i>Contains milk, soy and tree nuts.</i>													Saturated Fat (g)	0.8	0.2	1.3	0.3	1.6	0.2
<i>May contain traces of tree nuts due to equipment cross contact.</i>													Carbohydrate (g)	18.9	5.8	35.6	6.9	50.7	7.9
Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Sugars (g)	15.9	4.9	30.7	6.0	44.7	6.9
		Y	Y			Y				Y			Sodium (mg)	137	42	223	43	275	43
Iced Mocha with Full Cream Milk													Small		Standard		Large		
													Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	
MILK: Whole Fresh Milk													Energy (kJ)	1300	386	1960	392	2610	401
ICE: Water.													Energy (Cal)	311	92	467	94	623	96
COFFEE: Water, Ground & Extracted Roasted Coffee Beans.													Protein (g)	6.8	2.0	10.0	2.0	13.2	2.0
SHAKE SYRUP CHOCOLATE - Invert Sugar Syrup, Glucose Syrup [Glucose, Preservative (223)], Water, Cocoa Powder, Salt, Preservative (202), Acidity Regulator (330), Flavours.													Fat, Total (g)	12.5	3.7	16.0	3.2	19.5	3.0
SUGAR SYRUP: Sucrose Syrup, Preservatives (211, 202), Food Acid (330).													Saturated Fat (g)	8.3	2.4	10.6	2.1	12.9	2.0
<i>Contains gluten, milk and sulphites.</i>													Carbohydrate (g)	42.2	12.5	69.5	13.9	96.8	14.9
<i>May contain traces of soy or tree nuts due to equipment cross contact.</i>													Sugars (g)	39.1	11.6	64.8	13.0	90.5	13.9
Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Sodium (mg)	154	46	230	46	305	47
		Y	T			T		Y		Y	Y								
Iced Mocha with Skim Milk													Small		Standard		Large		
													Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	
SKIM MILK: Fresh Skim Milk , Milk Solids Non Fat													Energy (kJ)	893	249	1390	278	1930	293
ICE: Water.													Energy (Cal)	213	60	333	66	461	70
COFFEE: Water, Ground & Extracted Roasted Coffee Beans.													Protein (g)	7.7	2.1	10.1	2.0	13.5	2.0
CHOCOLATE SYRUP: Inverts Sugar Syrup, Glucose Syrup (contains Preservative (223)), Water, Coca Powder, Malt Syrup, Salt, Preservative (211), Acidity Regulator (330), Flavour.													Fat, Total (g)	0.5	0.2	0.8	0.2	1.0	0.2
SUGAR SYRUP: Sucrose Syrup, Preservatives (211, 202), Food Acid (330).													Saturated Fat (g)	0.4	0.1	0.6	0.1	0.8	0.1
<i>Contains gluten, milk and sulphites.</i>													Carbohydrate (g)	43.2	12.1	69.4	13.9	96.9	14.7
<i>May contain traces of soy or tree nuts due to equipment cross contact.</i>													Sugars (g)	40.1	11.2	64.7	12.9	90.5	13.7
Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Sodium (mg)	164	46	230	46	306	46
		Y	T			T		Y		Y	Y								
Iced Mocha with Soy Milk													Small		Standard		Large		
													Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	
SOY MILK: Filtered Water, Whole Soybean , Raw Sugar, Minerals (Calcium Phosphate), Vegetable gums (460, 407, 466), Flavours, Salt, Food Acids (340, 331)													Energy (kJ)	950	262	1470	289	2030	304
ICE: Water.													Energy (Cal)	227	63	351	69	485	73
COFFEE: Water, Ground & Extracted Roasted Coffee Beans.													Protein (g)	6.6	1.8	8.8	1.7	11.7	1.8
CHOCOLATE SYRUP: Inverts Sugar Syrup, Glucose Syrup (contains Preservative (223)), Water, Coca Powder, Malt Syrup, Salt, Preservative (211), Acidity Regulator (330), Flavour.													Fat, Total (g)	3.9	1.1	5.2	1.0	6.9	1.0
SUGAR SYRUP: Sucrose Syrup, Preservatives (211, 202), Food Acid (330).													Saturated Fat (g)	0.8	0.2	1.1	0.2	1.5	0.2
<i>Contains gluten, milk, soy and sulphites.</i>													Carbohydrate (g)	39.7	10.9	64.8	12.8	90.6	13.6
<i>May contain traces of tree nuts due to equipment cross contact.</i>													Sugars (g)	34.3	9.5	57.2	11.3	80.5	12.1
Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Sodium (mg)	218	60	300	59	400	60
Y		Y	Y			T		Y		Y	Y								

													Small		Standard		Large		
													Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	
Iced Mocha with Almond Milk													Energy (kJ)	920	256	1430	285	1980	299
ALMOND MILK: Filtered Water, Whole Almonds , Raw Sugar, Sunflower Oil, Emulsifer (471, 322), Natural Flavour, Vegetable Gum (407, 418), Food Acid (330), Sea Salt.													Energy (Cal)	220	61	341	68	473	72
ICE: Water.													Protein (g)	6.5	1.8	8.6	1.7	11.5	1.7
COFFEE: Water, Ground & Extracted Roasted Coffee Beans.													Fat, Total (g)	3.5	1.0	4.6	0.9	6.1	0.9
CHOCOLATE SYRUP: Inverts Sugar Syrup, Glucose Syrup (contains Preservative (223)), Water, Coca Powder, Malt Syrup, Salt, Preservative (211), Acidity Regulator (330), Flavour.													Saturated Fat (g)	1.0	0.3	1.4	0.3	1.8	0.3
SUGAR SYRUP: Sucrose Syrup, Preservatives (211, 202), Food Acid (330).													Carbohydrate (g)	39.3	11.0	64.3	12.8	90.1	13.6
<i>Contains gluten, milk, soy, tree nuts and sulphites.</i>													Sugars (g)	33.3	9.3	55.8	11.1	78.6	11.9
Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Sodium (mg)	211	59	291	58	389	59
Y		Y	Y			Y		Y		Y	Y								

EXTRAS													Small & Standard		Large		
													Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	
Flavoured Syrups													Energy (kJ)	152	1010	304	1010
CARAMEL FLAVOURED SYRUP: Sucrose Syrup (Cane), Water, Flavour, Preservatives (211, 202), Food Acid (330), Colour (150d)													Energy (Cal)	36	242	73	242
HAZELNUT FLAVOURED SYRUP: Sucrose Syrup (Cane), Water, Flavour, Preservatives (211, 202), Food Acid (330), Colour (150d)													Protein (g)	0.0	0.0	0.0	0.0
VANILLA FLAVOURED SYRUP: Sucrose Syrup (Cane), Water, Flavour, Preservatives (211, 202), Food Acid (330), Colour (150d)													Fat, Total (g)	0.0	0.0	0.0	0.0
Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Sugars (g)	8.9	59.4	17.8	59.4
								T		Y	Y	Y	Sodium (mg)	<1	2	1	2

Marshmallows													Avg Qty / Serve	Avg Qty / 100mL	
Glucose Syrup (from Wheat , contains Preservative (220)), Sugar, Water, Gelatine, Dextrose, Flavour, Colour (122), Stabiliser (452), Maize Starch, Wheat Starch .													Energy (kJ)	248	1380
<i>Contains gluten and sulphites</i>													Energy (Cal)	58	324
<i>May contain traces of soy</i>													Protein (g)	0.8	4.4
Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Fat, Total (g)	0.0	0.1
Y			T					Y		Y	Y	Y	Saturated Fat (g)	0.0	0.1
													Carbohydrate (g)	13.7	76.3
													Sugars (g)	10.7	59.4
													Sodium (mg)	12	67

Brands of soy milk may vary between restaurants. Nutrition and ingredient information based on VitaSoy Milk.