



McDonald's Australia
McCafe Beverages
Allergen - Ingredients - Nutrition Information

Information correct as at May 2018

At McDonald's we believe in the nutritional principals of balance, variety and moderation and that eating at McDonald's can fit into a healthy lifestyle. Our goal is to provide you with the information necessary to make informed decisions about your McDonald's menu choices. This guide can help you balance your McDonald's meal with the other meals you eat today, and every day.

This guide is for our McCafe menu items. For information regarding short-time menu items, please either ask a manager in one of our restaurants or contact our Customer Service Department either via our website <http://mcdonalds.com.au/contactus> or on 02 9875 7100.

The nutrition and ingredient information is based on standard product formulations, standard product assembly and standard serving sizes. Actual sizes and assembly may vary. Due to the individual preparation of each of our menu items, actual values may vary from those listed. Variations may also occur depending on the local supplier, region of the country, and the season of the year. Further, product formulations may change periodically.

Food Sensitivities and Preferences

No food items are sold as allergen free.

As we operate working kitchens please be aware that there is always a risk that traces of allergens may be transferred to ingredients during storage or preparation of food in our kitchens. McDonald's Restaurants are therefore unable to guarantee that any food item sold is free from traces of allergens.

No food items are certified as vegetarian. Whilst some ingredients may not contain animal ingredients, we cannot guarantee that there will be no cross contact with ingredients that do contain animal ingredients in our kitchens.

We have a number of Halal certified restaurants. Only those items listed on the certificate in the front counter area and drive thru booth at our restaurants serving Halal options are certified as Halal.

If you would like further information or have food sensitivities or dietary concerns regarding specific ingredients in specific menu items, please contact us at <http://mcdonalds.com.au/contactus> or call us on 02 9875 7100.

HOT BEVERAGES

Espresso													Avg Qty / Serve	Avg Qty / 100mL	
COFFEE: Water, Ground & Extracted Roasted Coffee Beans													Energy (kJ)	1	3
													Energy (Cal)	0	1
													Protein (g)	<0.1	0.1
													Fat, Total (g)	0.0	0.0
Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Saturated Fat (g)	0.0	0.0
													Carbohydrate (g)	<0.1	0.1
													Sugars (g)	<0.1	0.1
													Sodium (mg)	<1	2

Long Black													Small		Standard		Large		
COFFEE: Water, Ground & Extracted Roasted Coffee Beans													Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	
													Energy (kJ)	1	1	2	1	3	1
													Energy (Cal)	<1	<1	<1	<1	<1	<1
													Protein (g)	0.0	0.0	0.0	0.0	0.1	0.0
													Fat, Total (g)	0.0	0.0	0.0	0.0	0.0	0.0
Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Saturated Fat (g)	0.0	0.0				
													Carbohydrate (g)	0.0	0.0				
													Sugars (g)	0.0	0.0	0.0	0.0	0.1	0.0
													Sodium (mg)	<1	<1	<1	<1	2	<1

Babycino													Avg Qty / Serve	Avg Qty / 100mL	
MILK: Whole Fresh Milk													Energy (kJ)	192	295
DRINKING CHOCOLATE: Sugar, Cocoa Powders, Whey Powder , Flavour, Starch, Salt													Energy (Cal)	46	71
<i>Contains milk.</i>													Protein (g)	2.3	3.5
<i>May contain traces of soy & sulphites</i>													Fat, Total (g)	2.6	4.0
Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Saturated Fat (g)	1.7	2.6
		Y	T					T		T	Y		Carbohydrate (g)	3.9	5.9
													Sugars (g)	3.8	5.9
													Sodium (mg)	30	45

Macchiato													Avg Qty / Serve	Avg Qty / 100mL	
COFFEE: Water, Ground & Extracted Roasted Coffee Beans													Energy (kJ)	16	32
MILK: Whole Fresh Milk													Energy (Cal)	4	8
<i>Contains milk.</i>													Protein (g)	0.2	0.4
Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Fat, Total (g)	0.2	0.4
		Y											Saturated Fat (g)	0.1	0.3
													Carbohydrate (g)	0.3	0.6
													Sugars (g)	0.3	0.6
													Sodium (mg)	3	6

Cappuccino with Full Cream Milk													Small		Standard		Large		
MILK: Whole Fresh Milk													Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	
COFFEE: Water, Ground & Extracted Roasted Coffee Beans													Energy (kJ)	486	247	667	237	751	233
DRINKING CHOCOLATE: Sugar, Cocoa Powders, Whey Powder , Flavour, Starch, Salt													Energy (Cal)	116	59	160	57	180	56
<i>Contains milk.</i>													Protein (g)	5.6	2.9	7.8	2.8	8.8	2.7
<i>May contain traces of soy and sulphites</i>													Fat, Total (g)	6.3	3.2	8.8	3.1	9.9	3.1
Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Saturated Fat (g)	4.2	2.1				
		Y	T					T		T	Y		Carbohydrate (g)	9.2	4.7				
													Sugars (g)	9.1	4.6	12.2	4.3	13.7	4.3
													Sodium (mg)	72	37	100	35	112	35

													Small		Standard		Large		
													Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	
Cappuccino with Skim Milk													Energy (kJ)	277	138	375	136	420	131
SKIM MILK: Whole Fresh Milk													Energy (Cal)	65	33	88	32	99	31
COFFEE: Water, Ground & Extracted Roasted Coffee Beans													Protein (g)	6.1	3.1	8.5	3.1	9.6	3.0
DRINKING CHOCOLATE: Sugar, Cocoa Powders, Whey Powder , Flavour, Starch, Salt													Fat, Total (g)	0.2	0.1	0.3	0.1	0.3	0.1
<i>Contains milk.</i>													Saturated Fat (g)	0.2	0.1	0.3	0.1	0.3	0.1
<i>May contain traces of soy and sulphites</i>													Carbohydrate (g)	9.7	4.9	13.0	4.7	14.5	4.5
Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Sugars (g)	9.6	4.8	12.9	4.7	14.4	4.5
		Y	T					T		T	Y		Sodium (mg)	78	39	106	39	120	37
													Small		Standard		Large		
													Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	
Cappuccino with Soy Milk													Energy (kJ)	468	234	642	233	723	226
SO GOOD SOY MILK: Water, Soy Protein, Corn Maltodextrin, Vegetable oils (Sunflower, Canola, Antioxidant (307b soy), Cane Sugar, Minerals (Calcium, Phosphorous, Magnesium), Acidity Regulators (332, 450), Antioxidant (300), Vitamins (A, B12, D2, B2, B1), Flavour.													Energy (Cal)	116	56	153	56	173	54
COFFEE: Water, Ground & Extracted Roasted Coffee Beans													Protein (g)	5.5	2.7	7.6	2.7	8.5	2.7
DRINKING CHOCOLATE: Sugar, Cocoa Powders, Whey Powder , Flavour, Starch, Salt													Fat, Total (g)	5.8	2.9	8.1	3.0	9.2	2.9
<i>Contains soy & milk.</i>													Saturated Fat (g)	0.7	0.4	1.0	0.4	1.1	0.3
<i>May contain traces of sulphites</i>													Carbohydrate (g)	10.0	5.0	13.3	4.8	14.9	4.7
Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Sugars (g)	4.6	2.3	5.9	2.1	6.5	2.0
		Y	Y					T		T	Y		Sodium (mg)	80	40	109	40	123	39
													Small		Standard		Large		
													Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	
Flat White with Full Cream Milk													Energy (kJ)	474	236	683	231	739	227
MILK: Whole Fresh Milk													Energy (Cal)	113	56	163	55	177	54
COFFEE: Water, Ground & Extracted Roasted Coffee Beans													Protein (g)	5.7	2.8	8.2	2.8	8.8	2.7
<i>Contains milk.</i>													Fat, Total (g)	6.5	3.2	9.3	3.2	10.1	3.1
Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Saturated Fat (g)	4.3	2.1	6.1	2.1	6.6	2.0
		Y											Carbohydrate (g)	8.1	4.0	11.6	3.9	12.6	3.9
													Sugars (g)	8.0	4.0	11.6	3.9	12.5	3.8
													Sodium (mg)	71	35	102	34	110	34
													Small		Standard		Large		
													Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	
Flat White with Skim Milk													Energy (kJ)	256	125	369	127	399	123
SKIM MILK: Whole Fresh Milk													Energy (Cal)	60	29	87	30	94	29
COFFEE: Water, Ground & Extracted Roasted Coffee Beans													Protein (g)	6.2	3.0	8.9	3.1	9.6	3.0
<i>Contains milk.</i>													Fat, Total (g)	0.2	0.1	0.2	0.1	0.3	0.1
Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Saturated Fat (g)	0.2	0.1	0.2	0.1	0.3	0.1
		Y											Carbohydrate (g)	8.5	4.2	12.3	4.2	13.3	4.1
													Sugars (g)	8.5	4.2	12.3	4.2	13.3	4.1
													Sodium (mg)	76	37	109	37	118	36

													Small		Standard		Large		
													Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	
Flat White with Soy Milk													Energy (kJ)	455	222	656	226	710	219
SO GOOD SOY MILK: Water, Soy Protein, Corn Maltodextrin, Vegetable oils (Sunflower, Canola, Antioxidant (307b soy)), Cane Sugar, Minerals (Calcium, Phosphorous, Magnesium), Acidity Regulators (332, 450), Antioxidant (300), Vitamins (A, B12, D2, B2, B1), Flavour.													Energy (Cal)	109	53	157	54	170	52
COFFEE: Water, Ground & Extracted Roasted Coffee Beans													Protein (g)	5.5	2.7	7.9	2.7	8.5	2.6
<i>Contains soy.</i>													Fat, Total (g)	5.9	2.9	8.6	3.0	9.3	2.9
Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Saturated Fat (g)	0.7	0.3	1.0	0.3	1.1	0.3
			Y								Y		Carbohydrate (g)	8.8	4.3	12.6	4.4	13.7	4.2
													Sugars (g)	3.4	1.6	4.8	1.7	5.2	1.6
													Sodium (mg)	78	38	112	39	121	37
													Small		Standard		Large		
													Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	
Latte with Full Cream Milk													Energy (kJ)	460	235	669	231	725	226
MILK: Whole Fresh Milk													Energy (Cal)	110	110	160	55	173	54
COFFEE: Water, Ground & Extracted Roasted Coffee Beans													Protein (g)	5.5	2.8	8.0	2.7	8.7	2.7
<i>Contains milk.</i>													Fat, Total (g)	6.3	3.2	9.1	3.1	9.9	3.1
Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Saturated Fat (g)	4.1	2.1	6.0	2.1	6.5	2.0
		Y											Carbohydrate (g)	7.8	4.0	11.3	3.9	12.3	3.9
													Sugars (g)	7.8	4.0	11.3	3.9	12.3	3.9
													Sodium (mg)	69	35	99	34	108	34
													Small		Standard		Large		
													Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	
Latte with Skim Milk													Energy (kJ)	249	124	361	127	392	122
SKIM MILK: Whole Fresh Milk													Energy (Cal)	59	29	85	30	92	29
COFFEE: Water, Ground & Extracted Roasted Coffee Beans													Protein (g)	6.0	3.0	8.7	3.0	9.4	2.9
<i>Contains milk.</i>													Fat, Total (g)	0.2	0.1	0.2	0.1	0.3	0.1
Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Saturated Fat (g)	0.2	0.1	0.2	0.1	0.3	0.1
		Y											Carbohydrate (g)	8.3	4.1	12.0	4.2	13.1	4.1
													Sugars (g)	8.3	4.1	12.0	4.2	13.1	4.1
													Sodium (mg)	73	37	107	37	116	36
													Small		Standard		Large		
													Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	
Latte with Soy Milk													Energy (kJ)	442	221	643	225	697	218
SO GOOD SOY MILK: Water, Soy Protein, Corn Maltodextrin, Vegetable oils (Sunflower, Canola, Antioxidant (307b soy)), Cane Sugar, Minerals (Calcium, Phosphorous, Magnesium), Acidity Regulators (332, 450), Antioxidant (300), Vitamins (A, B12, D2, B2, B1), Flavour.													Energy (Cal)	106	53	154	54	167	52
COFFEE: Water, Ground & Extracted Roasted Coffee Beans													Protein (g)	5.3	2.7	7.7	2.7	8.4	2.6
<i>Contains soy.</i>													Fat, Total (g)	5.8	2.9	8.4	2.9	9.1	2.8
Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Saturated Fat (g)	0.7	0.3	1.0	0.3	1.1	0.3
			Y								Y		Carbohydrate (g)	8.5	4.3	12.4	4.3	13.5	4.2
													Sugars (g)	3.3	1.6	4.7	1.7	5.2	1.6
													Sodium (mg)	75	38	110	38	119	37
													Avg Qty / Serve	Avg Qty / 100mL					
Piccolo Latte with Full Cream Milk													Energy (kJ)	172	187				
MILK: Whole Fresh Milk													Energy (Cal)	40	45				
COFFEE: Water, Ground & Extracted Roasted Coffee Beans													Protein (g)	2.1	2.3				
<i>Contains milk.</i>													Fat, Total (g)	2.4	2.6				
Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Saturated Fat (g)	1.5	1.7				
		Y											Carbohydrate (g)	2.9	3.3				
													Sugars (g)	2.9	3.3				
													Sodium (mg)	26	29				

													Small		Standard		Large		
													Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	
Mocha with Full Cream Milk													Energy (kJ)	620	302	931	327	1120	343
MILK: Whole Fresh Milk													Energy (Cal)	148	72	222	78	266	82
COFFEE: Water, Ground & Extracted Roasted Coffee Beans													Protein (g)	6.3	3.1	9.1	3.2	10.4	3.2
DRINKING CHOCOLATE: Sugar, Cocoa Powders, Whey Powder , Flavour, Starch, Salt													Fat, Total (g)	6.5	3.2	9.2	3.2	10.2	3.1
<i>Contains milk.</i>													Saturated Fat (g)	4.3	2.1	6.0	2.1	6.6	2.0
<i>May contain traces of soy and sulphites</i>													Carbohydrate (g)	15.5	7.6	24.8	8.7	31.8	9.8
Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Sugars (g)	15.0	7.3	23.9	8.4	36.5	9.4
		Y	T					T		T	Y		Sodium (mg)	90	44	135	47	161	49
													Small		Standard		Large		
													Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	
Mocha with Skim Milk													Energy (kJ)	442	216	703	247	896	276
SKIM MILK: Whole Fresh Milk													Energy (Cal)	104	51	166	58	212	65
COFFEE: Water, Ground & Extracted Roasted Coffee Beans													Protein (g)	7.1	3.5	10.5	3.7	12.2	3.8
DRINKING CHOCOLATE: Sugar, Cocoa Powders, Whey Powder , Flavour, Starch, Salt													Fat, Total (g)	0.6	0.3	0.9	0.3	1.3	0.4
<i>Contains milk.</i>													Saturated Fat (g)	0.4	0.2	0.7	0.2	0.9	0.3
<i>May contain traces of soy and sulphites</i>													Carbohydrate (g)	17.1	8.3	27.7	9.7	36.1	11.1
Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Sugars (g)	16.6	8.1	26.7	9.4	34.7	10.7
		Y	T					T		T	Y		Sodium (mg)	101	49	153	54	185	57
													Small		Standard		Large		
													Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	
Mocha with Soy Milk													Energy (kJ)	653	318	1000	351	1230	377
SO GOOD SOY MILK: Water, Soy Protein, Corn Maltodextrin, Vegetable oils (Sunflower, Canola, Antioxidant (307b- soy), Cane Sugar, Minerals (Calcium, Phosphorous, Magnesium), Acidity Regulators (332, 450), Antioxidant (300), Vitamins (A, B12, D2, B2, B1), Flavour.													Energy (Cal)	156	76	239	84	292	90
COFFEE: Water, Ground & Extracted Roasted Coffee Beans													Protein (g)	6.4	3.1	9.5	3.3	11.1	3.4
DRINKING CHOCOLATE: Sugar, Cocoa Powders, Whey Powder , Flavour, Starch, Salt													Fat, Total (g)	6.3	3.1	9.1	3.2	10.3	3.2
<i>Contains soy & milk.</i>													Saturated Fat (g)	0.9	0.5	1.4	0.5	1.7	0.5
<i>May contain traces of sulphites</i>													Carbohydrate (g)	17.3	8.5	28.1	9.9	36.5	11.2
Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Sugars (g)	11.4	5.6	19.4	6.8	26.6	8.2
		Y	Y					T		T	Y		Sodium (mg)	103	50	156	55	189	58
													Small		Standard		Large		
													Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	
Vienna													Energy (kJ)	352	141	353	101	353	86
WHIPPED CREAM:													Energy (Cal)	85	34	85	24	85	21
COFFEE: Water, Ground & Extracted Roasted Coffee Beans													Protein (g)	0.7	0.3	0.7	0.2	0.7	0.2
DRINKING CHOCOLATE: Sugar, Cocoa Powders, Whey Powder , Flavour, Starch, Salt													Fat, Total (g)	8.1	3.2	8.1	2.3	8.1	2.0
<i>Contains milk.</i>													Saturated Fat (g)	5.4	2.1	5.4	1.5	5.4	1.3
<i>May contain traces of soy and sulphites</i>													Carbohydrate (g)	2.2	0.9	2.2	0.6	2.2	0.5
Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Sugars (g)	2.1	0.8	2.1	0.6	2.2	0.5
		Y						T		T	Y		Sodium (mg)	12	5	12	3	12	3

													Small		Standard		Large		
													Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	
Hot Chocolate with Full Cream Milk													Energy (kJ)	1060	392	1210	384	1610	372
MILK: Whole Fresh Milk													Energy (Cal)	248	92	288	91	383	89
WATER													Protein (g)	9.6	3.4	11.2	3.6	14.9	3.0
DRINKING CHOCOLATE: Sugar, Cocoa Powders, Whey Powder , Flavour, Starch, Salt													Fat, Total (g)	9.4	3.3	10.8	3.4	14.5	2.9
<i>Contains milk.</i>													Saturated Fat (g)	6.1	2.3	7.2	2.3	9.5	1.9
<i>May contain traces of soy and sulphites</i>													Carbohydrate (g)	29.6	10.4	34.8	11.1	46.2	9.2
Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Sugars (g)	28.4	10.0	33.6	10.7	44.3	8.9
		Y	T					T		T	Y		Sodium (mg)	148	52	172	55	230	46
													Small		Standard		Large		
													Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	
Hot Chocolate with Skim Milk													Energy (kJ)	597	209	872	218	1150	231
SKIM MILK: Whole Fresh Milk													Energy (Cal)	141	49	204	51	273	55
WATER													Protein (g)	7.9	2.8	11.6	2.9	15.5	3.1
DRINKING CHOCOLATE: Sugar, Cocoa Powders, Whey Powder , Flavour, Starch, Salt													Fat, Total (g)	0.9	0.3	1.2	0.3	1.7	0.3
<i>Contains milk.</i>													Saturated Fat (g)	0.6	0.2	0.8	0.2	1.2	0.2
<i>May contain traces of soy and sulphites</i>													Carbohydrate (g)	24.2	8.5	35.2	8.8	46.7	9.3
Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Sugars (g)	23.2	8.1	34.0	8.5	44.8	9.0
		Y	T					T		T	Y		Sodium (mg)	121	42	176	44	236	47
													Small		Standard		Large		
													Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	
Hot Chocolate with Soy Milk													Energy (kJ)	808	284	1180	296	1570	314
SO GOOD SOY MILK: Water, Soy Protein, Corn maltodextrin, Vegetable oils (Sunflower, Canola, Antioxidant (307b- soy), Cane Sugar, Minerals (Calcium, Phosphorous, Magnesium), Acidity Regulators (332, 450), Antioxidant (300), Vitamins (A, B12, D2, B2, B1), Flavour.													Energy (Cal)	192	68	282	70	374	75
WATER													Protein (g)	7.2	2.5	10.6	2.7	14.2	2.8
DRINKING CHOCOLATE: Sugar, Cocoa Powders, Whey Powder , Flavour, Starch, Salt													Fat, Total (g)	6.7	2.3	9.8	2.4	13.1	2.6
<i>Contains soy & milk.</i>													Saturated Fat (g)	1.1	0.4	1.7	0.4	2.2	0.4
<i>May contain traces of sulphites</i>													Carbohydrate (g)	24.5	8.6	35.7	8.9	47.3	9.5
Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Sugars (g)	18.0	6.3	26.3	6.6	34.7	6.9
		Y	Y					T		T	Y		Sodium (mg)	123	43	181	45	240	48
													Small		Standard		Large		
													Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	
Chai Latte with Full Cream Milk													Energy (kJ)	756	265	1250	314	1750	351
MILK: Whole Fresh Milk													Energy (Cal)	240	84	300	75	489	84
WATER													Protein (g)	7.1	2.5	11.1	2.8	15.1	3.0
CHAI POWDER: Sugar, Milk Solids, Beverage Whitener [Vegetable Fat, Glucose Syrup Solids, Milk Protein, Emulsifiers (471 - soy , 472c - soy), Mineral Salts (450, 339), Anticaking Agent (551), Antioxidant (307b - soy)], Maltodextrin, Tea Powder, Colour (150d), Spices, Malt Extract , Flavours, Vegetable Gum (407), Spice Extract, Anticaking Agent (551).													Fat, Total (g)	7.8	2.7	12.1	3.0	16.3	3.3
<i>Contains gluten, milk, soy and sulphites.</i>													Saturated Fat (g)	5.0	1.8	7.7	1.9	10.4	2.1
Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Carbohydrate (g)	20.4	7.1	36.4	9.1	52.4	10.5
Y		Y	Y					Y		Y	Y		Sugars (g)	19.7	6.9	35.0	8.8	50.4	10.1
													Sodium (mg)	100	35	162	41	224	45

													Small		Standard		Large		
													Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	
Chai Latte with Skim Milk													Energy (kJ)	511	179	888	222	1260	253
SKIM MILK: Whole Fresh Milk													Energy (Cal)	122	43	212	53	302	60
WATER													Protein (g)	7.4	2.6	11.6	2.9	15.8	3.2
CHAI POWDER: Sugar, Milk Solids, Beverage Whitener [Vegetable Fat, Glucose Syrup Solids, Milk Protein, Emulsifiers (471 - soy, 472c - soy), Mineral Salts (450, 339), Anticaking Agent (551), Antioxidant (307b -soy)], Maltodextrin, Tea Powder, Colour (150d), Spices, Malt Extract, Flavours, Vegetable Gum (407), Spice Extract, Anticaking Agent (551).													Fat, Total (g)	0.9	0.3	1.7	0.4	2.6	0.5
<i>Contains gluten, milk, soy and sulphites.</i>													Saturated Fat (g)	0.5	0.2	1.0	0.2	1.4	0.3
Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Carbohydrate (g)	20.6	7.2	36.8	9.2	52.9	10.6
Y		Y	Y					Y		Y	Y	Y	Sugars (g)	20.0	7.0	35.5	8.9	50.9	10.2
													Sodium (mg)	103	36	166	42	230	46
													Small		Standard		Large		
													Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	
Chai Latte with Soy Milk													Energy (kJ)	733	258	1220	305	1710	342
SO GOOD SOY MILK: Water, Soy Protein, Corn maltodextrin, Vegetable oils (Sunflower, Canola, Antioxidant (307b-soy), Cane Sugar, Minerals (Calcium, Phosphorous, Magnesium), Acidity Regulators (332, 450), Antioxidant (300), Vitamins (A, B12, D2, B2, B1), Flavour.													Energy (Cal)	233	82	292	73	409	82
WATER													Protein (g)	6.7	2.3	10.5	2.6	14.3	2.9
CHAI POWDER: Sugar, Milk Solids, Beverage Whitener [Vegetable Fat, Glucose Syrup Solids, Milk Protein, Emulsifiers (471 - soy, 472c - soy), Mineral Salts (450, 339), Anticaking Agent (551), Antioxidant (307b -soy)], Maltodextrin, Tea Powder, Colour (150d), Spices, Malt Extract, Flavours, Vegetable Gum (407), Spice Extract, Anticaking Agent (551).													Fat, Total (g)	7.0	2.5	10.9	2.7	14.8	3.0
<i>Contains gluten, milk, soy and sulphites.</i>													Saturated Fat (g)	1.1	0.4	1.8	0.5	2.5	0.5
Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Carbohydrate (g)	20.9	7.3	37.2	9.3	53.4	10.7
Y		Y	Y					Y		Y	Y	Y	Sugars (g)	14.5	5.1	27.2	6.8	40.0	8.0
													Sodium (mg)	105	37	170	42	234	47
													Small		Standard		Large		
													Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	
Tea - Black													Energy (kJ)	7	2	7	2	7	2
ENGLISH BREAKFAST TEA: Water, Ceylon Tea													Energy (Cal)	2	<1	2	<1	2	<1
EARL GREY TEA: Water, Ceylon Black Tea, Bergamont Flavour													Protein (g)	0.1	<0.1	0.1	<0.1	0.1	<0.1
JASMINE GREEN TEA: Water, Green Tea with Jasmine Petals													Fat, Total (g)	0.1	<0.1	0.1	<0.1	0.1	<0.1
PEPPERMINT AND CINNAMON TEA: Water, Peppermint Herb, Cinnamon Spice													Saturated Fat (g)	0.0	0.0	0.0	0.0	0.0	0.0
													Carbohydrate (g)	0.0	0.0	0.0	0.0	0.0	0.0
													Sugars (g)	0.0	0.0	0.0	0.0	0.0	0.0
													Sodium (mg)	5	1	5	1	5	1
													Gluten						
													Egg						
													Milk						
													Soy						
													Fish & Crustacea						
													Peanuts						
													Tree Nuts						
													Sesame Seeds						
													Sulphites						
													Lupin						
													Preservative						
													Flavour						
													Colour						
English Breakfast																			
Jasmine Green																			
Peppermint & Cinnamon																			
Earl Grey																			

COLD BEVERAGES

													Small		Standard		Large		
													Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	
Iced Chocolate with Full Cream Milk													Energy (kJ)	1180	358	1680	348	2190	343
MILK: Whole Fresh Milk													Energy (Cal)	281	85	401	83	521	82
ICE: Water													Protein (g)	8.0	2.4	12.9	2.7	13.2	2.5
CHOCOLATE SYRUP: Inverts Sugar Syrup, Glucose Syrup (contains Preservative (223)), Water, Coca Powder, Malt Syrup, Salt, Preservative (211), Acidity Regulator (330), Flavour.													Fat, Total (g)	13.4	4.1	19.2	4.0	22.5	3.5
WHIPPED CREAM: Cream, Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gum (407, 401).													Saturated Fat (g)	8.9	2.7	12.7	2.6	14.8	2.3
DRINKING CHOCOLATE POWDER: Sugar, Cocoa Powders, Whey Powder , Flavour, Starch, Salt.													Carbohydrate (g)	31.5	9.6	50.2	10.4	62.5	9.8
<i>Contains milk and sulphites. May contain traces of soy.</i>													Sugars (g)	28.1	8.5	44.7	9.3	55.7	8.7
Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Sodium (mg)	171	52	274	57	343	54
		Y	T					Y		Y	Y								

													Small		Standard		Large		
													Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	
Iced Chocolate with Skim Milk													Energy (kJ)	924	281	1290	267	1660	259
MILK: Whole Fresh Milk													Energy (Cal)	219	67	305	63	392	61
ICE: Water													Protein (g)	8.5	2.6	12.9	2.7	17.3	2.7
CHOCOLATE SYRUP: Inverts Sugar Syrup, Glucose Syrup (contains Preservative (223)), Water, Coca Powder, Malt Syrup, Salt, Preservative (211), Acidity Regulator (330), Flavour.													Fat, Total (g)	5.9	1.8	6.3	1.3	6.6	1.0
WHIPPED CREAM: Cream , Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gum (407, 401).													Saturated Fat (g)	4.0	1.2	4.3	0.9	4.5	0.7
DRINKING CHOCOLATE POWDER: Sugar, Cocoa Powders, Whey Powder , Flavour, Starch, Salt.													Carbohydrate (g)	32.4	9.8	48.4	10.0	64.5	10.1
<i>Contains milk and sulphites. May contain traces of soy.</i>													Sugars (g)	29.0	8.8	43.3	9.0	57.6	9.0
Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Sodium (mg)	177	54	267	55	357	56
		Y	T					Y		Y	Y								

													Small		Standard		Large		
													Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	
Iced Chocolate with Soy Milk													Energy (kJ)	1160	351	1650	341	2140	336
SO GOOD SOY MILK: Water, Soy Protein, Corn maltodextrin, Vegetable oils (Sunflower, Canola, Antioxidant (307b- soy), Cane Sugar, Minerals (Calcium, Phosphorous, Magnesium), Acidity Regulators (332, 450), Antioxidant (300), Vitamins (A, B12, D2, B2, B1), Flavour.													Energy (Cal)	276	84	393	81	511	80
ICE: Water													Protein (g)	7.6	2.3	11.4	2.4	15.3	2.4
CHOCOLATE SYRUP: Inverts Sugar Syrup, Glucose Syrup (contains Preservative (223)), Water, Coca Powder, Malt Syrup, Salt, Preservative (211), Acidity Regulator (330), Flavour.													Fat, Total (g)	12.6	3.8	16.7	3.5	20.8	3.3
WHIPPED CREAM: Cream , Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gum (407, 401).													Saturated Fat (g)	4.5	1.4	5.1	1.1	5.8	0.9
DRINKING CHOCOLATE POWDER: Sugar, Cocoa Powders, Whey Powder , Flavour, Starch, Salt.													Carbohydrate (g)	32.1	9.8	48.0	9.9	63.9	10.0
<i>Contains soy, milk and sulphites.</i>													Sugars (g)	22.3	6.8	33.0	6.8	43.8	6.9
Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Sodium (mg)	170	54	266	55	356	56
		Y	Y					Y		Y	Y								

													Small		Standard		Large		
													Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	
Iced Latte with Full Cream Milk													Energy (kJ)	791	246	1370	271	1800	286
MILK: Whole Fresh Milk.													Energy (Cal)	189	59	315	62	431	68
ICE: Water.													Protein (g)	6.8	2.1	11.1	2.2	13.7	2.2
COFFEE: Water, Ground & Extracted Roasted Coffee Beans.													Fat, Total (g)	7.9	2.4	12.8	2.5	15.7	2.5
SUGAR SYRUP: Sucrose Syrup, Preservatives (211, 202), Food Acid (330).													Saturated Fat (g)	5.2	1.6	8.4	1.7	10.3	1.6
<i>Contains milk.</i>													Carbohydrate (g)	22.6	7.0	41.6	8.2	58.1	9.2
Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Sugars (g)	22.6	7.0	41.6	8.2	58.1	9.2
		Y								Y			Sodium (mg)	86	27	139	28	172	27

													Small		Standard		Large		
													Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	
Iced Latte with Skim Milk													Energy (kJ)	521	162	916	180	1260	200
SKIM MILK: Whole Fresh Milk.													Energy (Cal)	123	38	214	42	295	47
ICE: Water.													Protein (g)	7.2	2.3	11.8	2.3	14.5	2.3
COFFEE: Water, Ground & Extracted Roasted Coffee Beans.													Fat, Total (g)	0.2	0.1	0.3	0.1	0.4	0.1
SUGAR SYRUP: Sucrose Syrup, Preservatives (211, 202), Food Acid (330).													Saturated Fat (g)	0.2	0.1	0.3	0.1	0.4	0.1
<i>Contains milk.</i>													Carbohydrate (g)	22.9	7.1	42.1	8.3	58.8	9.3
Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Sugars (g)	22.9	7.1	42.1	8.3	58.8	9.3
		Y								Y			Sodium (mg)	89	28	145	29	178	28
													Small		Standard		Large		
													Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	
Iced Latte with Soy Milk													Energy (kJ)	743	232	1280	254	1690	268
SO GOOD SOY MILK: Water, Soy Protein, Corn maltodextrin, Vegetable oils (Sunflower, Canola, Antioxidant (307b soy), Cane Sugar, Minerals (Calcium, Phosphorous, Magnesium), Acidity Regulators (332, 450), Antioxidant (300), Vitamins (A, B12, D2, B2, B1), Flavour.													Energy (Cal)	177	55	305	60	401	64
ICE: Water.													Protein (g)	6.4	2.0	10.4	2.1	12.8	2.0
COFFEE: Water, Ground & Extracted Roasted Coffee Beans													Fat, Total (g)	7.0	2.2	11.4	2.2	14.0	2.2
SUGAR SYRUP: Sucrose Syrup, Preservatives (211, 202), Food Acid (330).													Saturated Fat (g)	0.8	0.3	1.3	0.3	1.6	0.3
<i>Contains soy.</i>													Carbohydrate (g)	23.2	7.2	42.5	8.4	59.3	9.4
Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Sugars (g)	16.8	5.2	32.1	6.4	46.5	7.4
		Y								Y	Y		Sodium (mg)	91	28	149	29	183	29
													Small		Standard		Large		
													Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	
Iced Mocha with Full Cream Milk													Energy (kJ)	1180	341	1780	370	2440	387
MILK: Whole Fresh Milk													Energy (Cal)	282	81	423	88	548	87
ICE: Water.													Protein (g)	7.4	2.1	9.9	2.1	13.2	2.1
COFFEE: Water, Ground & Extracted Roasted Coffee Beans.													Fat, Total (g)	8.1	2.3	10.7	2.3	14.3	2.3
CHOCOLATE SYRUP: Inverts Sugar Syrup, Glucose Syrup (contains Preservative (223)), Water, Coca Powder, Malt Syrup, Salt, Preservative (211), Acidity Regulator (330), Flavour.													Saturated Fat (g)	5.3	1.5	7.0	1.5	9.4	1.5
SUGAR SYRUP: Sucrose Syrup, Preservatives (211, 202), Food Acid (330).													Carbohydrate (g)	43.9	12.7	70.5	14.8	98.2	15.6
<i>Contains milk and sulphites.</i>													Sugars (g)	40.3	11.6	65.1	13.7	91.1	14.5
Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Sodium (mg)	167	48	236	50	314	50
		Y						Y		Y	Y								
													Small		Standard		Large		
													Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	
Iced Mocha with Skim Milk													Energy (kJ)	917	265	1430	297	1980	314
SKIM MILK: Whole Fresh Milk													Energy (Cal)	211	61	327	68	451	72
ICE: Water.													Protein (g)	7.8	2.3	10.4	2.2	13.8	2.2
COFFEE: Water, Ground & Extracted Roasted Coffee Beans.													Fat, Total (g)	0.7	0.2	0.9	0.2	1.3	0.2
CHOCOLATE SYRUP: Inverts Sugar Syrup, Glucose Syrup (contains Preservative (223)), Water, Coca Powder, Malt Syrup, Salt, Preservative (211), Acidity Regulator (330), Flavour.													Saturated Fat (g)	0.5	0.1	0.7	0.1	1.0	0.2
SUGAR SYRUP: Sucrose Syrup, Preservatives (211, 202), Food Acid (330).													Carbohydrate (g)	44.2	12.8	70.8	14.7	98.7	15.7
<i>Contains milk and sulphites.</i>													Sugars (g)	40.7	11.7	65.5	13.6	91.6	14.5
Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Sodium (mg)	171	49	240	50	320	51
		Y						Y		Y	Y								

													Small		Standard		Large		
													Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	
Iced Mocha with Soy Milk													Energy (kJ)	1160	334	1740	363	2400	381
SO GOOD SOY MILK: Water, Soy Protein, Corn maltodextrin, Vegetable oils (Sunflower, Canola, Antioxidant (307b- soy), Cane Sugar, Minerals (Calcium, Phosphorous, Magnesium), Acidity Regulators (332, 450), Antioxidant (300), Vitamins (A, B12, D2, B2, B1), Flavour.													Energy (Cal)	263	76	394	82	541	86
ICE: Water.													Protein (g)	7.0	2.0	9.3	1.9	12.4	2.0
COFFEE: Water, Ground & Extracted Roasted Coffee Beans.													Fat, Total (g)	7.3	2.1	9.6	2.0	12.8	2.0
CHOCOLATE SYRUP: Inverts Sugar Syrup, Glucose Syrup (contains Preservative (223)), Water, Coca Powder, Malt Syrup, Salt, Preservative (211), Acidity Regulator (330), Flavour.													Saturated Fat (g)	1.1	0.3	1.5	0.3	2.0	0.3
SUGAR SYRUP: Sucrose Syrup, Preservatives (211, 202), Food Acid (330).													Carbohydrate (g)	44.4	12.8	71.2	14.8	99.2	15.8
<i>Contains soy and sulphites.</i>													Sugars (g)	34.6	10.0	57.8	12.0	81.3	12.9
Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Sodium (mg)	173	50	243	51	324	51
			Y					Y		Y	Y								

EXTRAS													Small & Standard		Large		
													Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	
Flavoured Syrups													Energy (kJ)	152	1010	304	1010
CARAMEL FLAVOURED SYRUP: Sucrose Syrup (Cane), Water, Flavour, Preservatives (211, 202), Food Acid (330), Colour (150d)													Energy (Cal)	36	242	73	242
HAZELNUT FLAVOURED SYRUP: Sucrose Syrup (Cane), Water, Flavour, Preservatives (211, 202), Food Acid (330), Colour (150d)													Protein (g)	0.0	0.0	0.0	0.0
VANILLA FLAVOURED SYRUP: Sucrose Syrup (Cane), Water, Flavour, Preservatives (211, 202), Food Acid (330), Colour (150d)													Fat, Total (g)	0.0	0.0	0.0	0.0
Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Sugars (g)	8.9	59.5	17.8	59.5
								T		Y	Y	Y	8.9	59.4	17.8	59.4	
													Sodium (mg)	<1	2	1	2

													Avg Qty / Serve	Avg Qty / 100mL	
Marshmallows													Energy (kJ)	248	1380
Glucose Syrup (from Wheat , contains Preservative (220)), Sugar, Water, Gelatine, Dextrose, Flavour, Colour (122), Stabiliser (452), Maize Starch, Wheat Starch.													Energy (Cal)	59	330
<i>Contains gluten and sulphites</i>													Protein (g)	0.7	3.8
<i>May contain traces of soy</i>													Fat, Total (g)	0.0	0.1
Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Saturated Fat (g)	0.0	0.1
Y			T					Y		Y	Y		13.9	77.0	
													Carbohydrate (g)	11.6	64.5
													Sugars (g)	16	87
													Sodium (mg)		

Brands of soy milk may vary between restaurants. Nutrition and ingredient information based on So Good Soy Milk