



McDonald's Australia

Main Menu

Nutrition Information - Ingredients - Allergens

Information correct as at December 2020.

At McDonald's we believe in the nutritional principals of balance, variety and moderation and that eating at McDonald's can fit into a healthy lifestyle. Our goal is to provide you with the information necessary to make informed decisions about your McDonald's menu choices. This guide can help you balance your McDonald's meal with the other meals you eat today, and every day.

This guide is for our standard or core menu items. For information regarding short-time menu items, please either ask a manager in one of our restaurants or contact our Customer Service Department either via our website <http://mcdonalds.com.au/contactus> or on 02 9875 7100.

The nutrition and ingredient information is based on standard product formulations, standard product assembly and standard serving sizes (including ice for drinks from our beverage system). Actual sizes and assembly may vary. Due to the individual preparation of each of our menu items, actual values may vary from those listed. Variations may also occur depending on the local supplier, region of the country, and the season of the year. Further, product formulations may change periodically.

Food Sensitivities and Preferences

No food items are sold as allergen free.

As we operate working kitchens please be aware that there is always a risk that traces of allergens may be transferred to ingredients during storage or preparation of food in our kitchens. McDonald's Restaurants are therefore unable to guarantee that any food item sold is free from traces of allergens.

No food items are certified as vegetarian. Whilst some ingredients may not contain animal ingredients, we cannot guarantee that there will be no cross contact with ingredients that do contain animal ingredients in our kitchens.

We have a number of restaurants that serve Halal menu options. Only those items listed on the certificate in the restaurants serving Halal options are certified as Halal.

If you would like further information or have food sensitivities or dietary concerns regarding specific ingredients in specific menu items, please contact us at <http://mcdonalds.com.au/contactus> or call us on 02 9875 7100.

HOT BEVERAGES

Espresso

COFFEE: Water, Ground & Extracted Roasted Coffee Beans

Contains caffeine.

	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	2	3
Energy (Cal)	<1	1
Protein (g)	0.0	0.1
Fat, Total (g)	0.0	0.0
Saturated Fat (g)	0.0	0.0
Carbohydrate (g)	0.0	0.1
Sugars (g)	0.0	0.1
Sodium (mg)	<1	2

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour

Long Black

COFFEE: Water, Ground & Extracted Roasted Coffee Beans

Contains caffeine.

	Small		Standard		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	1	<1	2	<1	2	<1
Energy (Cal)	<1	<1	<1	<1	<1	<1
Protein (g)	0.0	0.0	0.0	0.0	0.1	0.0
Fat, Total (g)	0.0	0.0	0.0	0.0	0.0	0.0
Saturated Fat (g)	0.0	0.0	0.0	0.0	0.0	0.0
Carbohydrate (g)	0.0	0.0	0.0	0.0	0.1	0.0
Sugars (g)	0.0	0.0	0.0	0.0	0.1	0.0
Sodium (mg)	<1	<1	<1	<1	1	<1

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour

Babyccino

MILK: Full Cream **Milk**.

HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains milk.

May contain traces of soy or tree nuts due to equipment cross contact.

	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	340	295
Energy (Cal)	81	71
Protein (g)	2.3	2.0
Fat, Total (g)	2.6	2.2
Saturated Fat (g)	1.7	1.5
Carbohydrate (g)	3.9	3.4
Sugars (g)	3.8	3.3
Sodium (mg)	30	26

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour
		Y	T			T					Y	

Babyccino - Skim Milk

SKIM MILK: Skim **Milk**, **Milk** Solids Non Fat.

HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains milk.

May contain traces of soy or tree nuts due to equipment cross contact.

	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	113	171
Energy (Cal)	27	41
Protein (g)	2.4	3.7
Fat, Total (g)	0.1	0.1
Saturated Fat (g)	0.1	0.1
Carbohydrate (g)	4.0	6.0
Sugars (g)	3.9	5.9
Sodium (mg)	31	47

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour
		Y	T			T					Y	

Babyccino - Soy Milk

SOY MILK: Filtered Water, Whole **Soybean**, Raw Sugar, Minerals (Calcium Phosphate), Vegetable Gums (460, 407, 466), Flavours, Salt, Food Acids (340, 331).

HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains milk and soy.

May contain traces of tree nuts due to equipment cross contact.

	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	132	196
Energy (Cal)	32	47
Protein (g)	2.1	3.1
Fat, Total (g)	1.2	1.8
Saturated Fat (g)	0.2	0.3
Carbohydrate (g)	2.8	4.1
Sugars (g)	2.0	3.0
Sodium (mg)	49	72

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour
		Y	Y			T					Y	

Babyccino - Almond Milk

ALMOND MILK: Filtered Water, Whole **Almonds**, Raw Sugar, Sunflower Oil, Emulsifier (471, 322), Natural Flavour, Vegetable Gum (407, 418), Food Acid (330), Sea Salt.

HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains milk, tree nuts.

May contain traces of soy due to equipment cross contact.

	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	185	122
Energy (Cal)	44	29
Protein (g)	3.1	2.0
Fat, Total (g)	1.6	1.1
Saturated Fat (g)	0.4	0.3
Carbohydrate (g)	4.0	2.7
Sugars (g)	2.5	1.6
Sodium (mg)	70	46

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour
		Y	T			Y					Y	

Macchiato

MILK: Full Cream **Milk**.

COFFEE: Water, Ground & Extracted Roasted Coffee Beans.

Contains milk and caffeine.

May contain traces of soy or tree nuts due to equipment cross contact.

	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	7	39
Energy (Cal)	2	9
Protein (g)	0.1	0.5
Fat, Total (g)	0.1	0.5
Saturated Fat (g)	0.1	0.3
Carbohydrate (g)	0.1	0.7
Sugars (g)	0.1	0.7
Sodium (mg)	1	7

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour
		Y	T			T						

Macchiato - Skim Milk

SKIM MILK: Skim **Milk**, **Milk** Solids Non Fat.

COFFEE: Ground & Extracted Roasted Coffee Beans.

Contains milk and caffeine.

May contain traces of soy or tree nuts due to equipment cross contact.

	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	9	22
Energy (Cal)	2	5
Protein (g)	0.2	0.5
Fat, Total (g)	0.0	0.0
Saturated Fat (g)	0.0	0.0
Carbohydrate (g)	0.3	0.7
Sugars (g)	0.3	0.7
Sodium (mg)	3	7

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour
		Y	T			T						

Macchiato - Soy Milk

SOY MILK: Filtered Water, Whole **Soybean**, Raw Sugar, Minerals (Calcium Phosphate), Vegetable Gums (460, 407, 466), Flavours, Salt, Food Acids (340, 331).

COFFEE: Ground & Extracted Roasted Coffee Beans.

Contains soy and caffeine.

May contain traces of milk or tree nuts due to equipment cross contact.

	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	10	25
Energy (Cal)	2	6
Protein (g)	0.2	0.5
Fat, Total (g)	0.1	0.2
Saturated Fat (g)	0.0	0.0
Carbohydrate (g)	0.2	0.5
Sugars (g)	0.1	0.3
Sodium (mg)	4	11

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour
		T	Y			T						

Macchiato - Almond Milk

ALMOND MILK: Filtered Water, Whole **Almonds**, Raw Sugar, Sunflower Oil, Emulsifier (471, 322), Natural Flavour, Vegetable Gum (407, 418), Food Acid (330), Sea Salt.

COFFEE: Ground & Extracted Roasted Coffee Beans.

Contains tree nuts and caffeine.

May contain traces of milk or soy due to equipment cross contact.

	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	9	23
Energy (Cal)	2	6
Protein (g)	0.2	0.5
Fat, Total (g)	0.1	0.2
Saturated Fat (g)	0.0	0.1
Carbohydrate (g)	0.2	0.5
Sugars (g)	0.4	0.3
Sodium (mg)	4	10

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour
		T	T			Y						

Cappuccino

MILK: Full Cream **Milk**.

COFFEE: Ground & Extracted Roasted Coffee Beans.

HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains milk and caffeine.

May contain traces of soy or tree nuts due to equipment cross contact.

	Small		Standard		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	504	249	690	238	776	235
Energy (Cal)	120	59	165	57	185	56
Protein (g)	5.8	2.9	8.1	2.8	9.1	2.7
Fat, Total (g)	6.5	3.2	9.1	3.1	10.3	3.1
Saturated Fat (g)	4.3	2.1	6.0	2.1	6.8	2.0
Carbohydrate (g)	9.5	4.7	12.6	4.4	14.1	4.3
Sugars (g)	9.4	4.6	12.5	4.3	14.0	4.2
Sodium (mg)	75	37	103	35	116	35

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour
		Y	T			T				T	Y	

Cappuccino - Skim Milk

SKIM MILK: Skim **Milk**, **Milk** Solids Non Fat.

COFFEE: Ground & Extracted Roasted Coffee Beans.

HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains milk and caffeine.

May contain traces of soy or tree nuts due to equipment cross contact.

	Small		Standard		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	279	142	378	134	423	131
Energy (Cal)	67	34	90	32	101	31
Protein (g)	6.1	3.1	8.5	3.0	9.6	3.0
Fat, Total (g)	0.2	0.1	0.3	0.1	0.3	0.1
Saturated Fat (g)	0.2	0.1	0.3	0.1	0.3	0.1
Carbohydrate (g)	9.7	4.9	13.0	4.6	14.5	4.5
Sugars (g)	9.6	4.9	12.9	4.6	14.4	4.5
Sodium (mg)	77	39	106	38	120	37

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour
		Y	T			T					Y	

Cappuccino - Soy Milk

Soy MILK: Filtered Water, Whole **Soybean**, Raw Sugar, Minerals (Calcium Phosphate), Vegetable Gums (460, 407, 466), Flavours, Salt, Food Acids (340, 331).

COFFEE: Ground & Extracted Roasted Coffee Beans.

HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains milk, soy and caffeine.

May contain traces of tree nuts due to equipment cross contact.

	Small		Standard		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	325	162	445	155	499	152
Energy (Cal)	78	39	106	37	119	36
Protein (g)	5.3	2.6	7.3	2.5	8.2	2.5
Fat, Total (g)	3.1	1.5	4.3	1.5	4.9	1.5
Saturated Fat (g)	0.5	0.3	0.7	0.3	0.8	0.3
Carbohydrate (g)	6.5	3.2	8.8	3.1	9.7	3.0
Sugars (g)	4.7	2.4	6.1	2.1	6.7	2.0
Sodium (mg)	123	61	170	59	192	58

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour
		Y	Y			T					Y	

Cappuccino - Almond Milk

ALMOND MILK: Filtered Water, Whole **Almonds**, Raw Sugar, Sunflower Oil, Emulsifiers (471, 322), Natural Flavour, Vegetable Gums (407, 418), Food Acid (330), Sea Salt.

COFFEE: Ground & Extracted Roasted Coffee Beans.

HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains milk, tree nuts and caffeine.

May contain traces of soy due to equipment cross contact.

	Small		Standard		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	303	153	410	145	459	142
Energy (Cal)	72	37	98	35	110	34
Protein (g)	5.2	2.6	7.1	2.5	8.0	2.5
Fat, Total (g)	2.7	1.4	3.8	1.3	4.2	1.3
Saturated Fat (g)	0.7	0.4	1.0	0.3	1.1	0.3
Carbohydrate (g)	6.4	3.3	8.4	3.0	9.3	2.9
Sugars (g)	3.8	1.9	4.8	1.7	5.3	1.6
Sodium (mg)	117	59	162	57	183	57

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour
		Y	T			Y					Y	

Flat White	Small		Standard		Large							
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL						
MILK: Full Cream Milk .	487	237	702	232	759	227						
COFFEE: Ground & Extracted Roasted Coffee Beans.	116	57	168	55	181	54						
Energy (kJ)	5.8	2.8	8.4	2.8	9.1	2.7						
Energy (Cal)	6.7	3.2	9.6	3.2	10.4	3.1						
Protein (g)	4.4	2.1	6.3	2.1	6.8	2.1						
Fat, Total (g)	8.3	4.0	11.9	3.9	12.9	3.9						
Saturated Fat (g)	8.3	4.0	11.9	3.9	12.9	3.9						
Carbohydrate (g)	73	35	105	35	113	34						
Sugars (g)												
Sodium (mg)												
Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour
		Y	T			T						

Flat White - Skim Milk	Small		Standard		Large							
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL						
SKIM MILK: Skim Milk, Milk Solids Non Fat.	250	125	375	127	399	123						
COFFEE: Ground & Extracted Roasted Coffee Beans.	59	29	88	30	94	29						
Energy (kJ)	6.0	3.0	9.0	3.1	9.6	3.0						
Energy (Cal)	0.2	0.1	0.2	0.1	0.3	0.1						
Protein (g)	0.2	0.1	0.2	0.1	0.3	0.1						
Fat, Total (g)	8.3	4.2	12.5	4.2	13.3	4.1						
Saturated Fat (g)	8.3	4.2	12.5	4.2	13.3	4.1						
Carbohydrate (g)	74	37	111	37	118	36						
Sugars (g)												
Sodium (mg)												
Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour
		Y	T			T						

Flat White - Soy Milk	Small		Standard		Large							
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL						
SOY MILK: Filtered Water, Whole Soybean , Raw Sugar, Minerals (Calcium Phosphate), Vegetable Gums (460, 407, 466), Flavour, Salt, Food Acids (340, 331).	306	150	441	147	477	144						
COFFEE: Ground & Extracted Roasted Coffee Beans.	73	36	105	35	114	34						
Energy (kJ)	5.2	2.6	7.6	2.5	8.2	2.5						
Energy (Cal)	3.1	1.5	4.5	1.5	4.9	1.5						
Protein (g)	0.5	0.3	0.8	0.3	0.8	0.2						
Fat, Total (g)	5.4	2.7	7.8	2.6	8.5	2.6						
Saturated Fat (g)	5.4	2.7	7.8	2.6	8.5	2.6						
Carbohydrate (g)	3.5	1.7	5.1	1.7	5.5	1.7						
Sugars (g)	122	60	176	59	191	58						
Sodium (mg)												
Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour
		T	Y			T						

Flat White - Almond Milk	Small		Standard		Large							
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL						
ALMOND MILK: Filtered Water, Whole Almonds , Raw Sugar, Sunflower Oil, Emulsifer (471, 322), Natural Flavour, Vegetable Gums (407, 418), Food Acid (330), Sea Salt.	280	140	403	136	436	134						
COFFEE: Water, Ground & Extracted Roasted Coffee Beans.	67	33	96	33	104	32						
Energy (kJ)	5.1	2.6	7.4	2.5	8.0	2.5						
Energy (Cal)	2.7	1.4	3.9	1.3	4.2	1.3						
Protein (g)	0.7	0.3	1.0	0.3	1.1	0.3						
Fat, Total (g)	5.1	2.6	7.4	2.5	8.0	2.5						
Saturated Fat (g)	5.1	2.6	7.4	2.5	8.0	2.5						
Carbohydrate (g)	2.6	1.3	3.7	1.3	4.0	1.2						
Sugars (g)	116	58	168	57	182	56						
Sodium (mg)												
Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour
		T	Y			Y						

Latte	Small		Standard		Large							
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL						
MILK: Full Cream Milk .	473	236	687	231	745	227						
COFFEE: Water, Ground & Extracted Roasted Coffee Beans.	113	56	164	55	178	54						
Energy (kJ)	5.7	2.8	8.2	2.8	8.9	2.7						
Energy (Cal)	6.5	3.2	9.4	3.2	10.2	3.1						
Protein (g)	4.3	2.1	6.2	2.1	6.7	2.0						
Fat, Total (g)	8.0	4.0	11.7	3.9	12.7	3.9						
Saturated Fat (g)	8.0	4.0	11.7	3.9	12.7	3.9						
Carbohydrate (g)	71	35	103	34	111	34						
Sugars (g)												
Sodium (mg)												
Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour
		Y	T			T						

Latte - Skim Milk	Small			Standard		Large							
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL							
SKIM MILK: Skim Milk, Milk Solids Non Fat. COFFEE: Ground & Extracted Roasted Coffee Beans.	Energy (kJ)	242	124	368	127	398	122						
	Energy (Cal)	57	29	87	30	94	29						
	Protein (g)	5.8	3.0	8.8	3.0	9.6	2.9						
	Fat, Total (g)	0.2	0.1	0.2	0.1	0.3	0.1						
	Saturated Fat (g)	0.2	0.1	0.2	0.1	0.3	0.1						
	Carbohydrate (g)	8.1	4.1	12.3	4.2	13.3	4.1						
	Sugars (g)	8.1	4.1	12.3	4.2	13.3	4.1						
	Sodium (mg)	71	37	108	37	117	36						
	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour
			Y	T			T						

Latte - Soy Milk	Small			Standard		Large							
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL							
SOY MILK: Filtered Water, Whole Soybean , Raw Sugar, Minerals (Calcium Phosphate), Vegetable Gums (460, 407, 466), Natural Flavour, Salt, Food Acids (340, 331). COFFEE: Ground & Extracted Roasted Coffee Beans.	Energy (kJ)	297	149	432	146	477	144						
	Energy (Cal)	71	36	103	35	114	34						
	Protein (g)	5.1	2.6	7.4	2.5	8.2	2.5						
	Fat, Total (g)	3.0	1.5	4.4	1.5	4.9	1.5						
	Saturated Fat (g)	0.5	0.3	0.7	0.2	0.8	0.2						
	Carbohydrate (g)	5.3	2.6	7.7	2.6	8.5	2.6						
	Sugars (g)	3.4	1.7	5.0	1.7	5.5	1.7						
	Sodium (mg)	119	60	173	58	191	58						
	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour
			T	Y			T						

Latte - Almond Milk	Small			Standard		Large							
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL							
ALMOND MILK: Filtered Water, Whole Almonds , Raw Sugar, Sunflower Oil, Emulsifer (471, 322), Natural Flavour, Vegetable Gums (407, 418), Food Acid (330), Sea Salt. COFFEE: Ground & Extracted Roasted Coffee Beans.	Energy (kJ)	271	139	395	136	436	134						
	Energy (Cal)	65	33	94	33	104	32						
	Protein (g)	5.0	2.6	7.3	2.5	8.0	2.5						
	Fat, Total (g)	2.6	1.4	3.8	1.3	4.2	1.3						
	Saturated Fat (g)	0.7	0.3	1.0	0.3	1.1	0.3						
	Carbohydrate (g)	5.0	2.6	7.3	2.5	8.0	2.5						
	Sugars (g)	2.5	1.3	3.7	1.3	4.0	1.2						
	Sodium (mg)	113	58	165	57	182	56						
	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour
			T	T			Y						

Piccolo Latte	Small		Standard		Large								
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL							
MILK: Full Cream Milk . COFFEE: Water, Ground & Extracted Roasted Coffee Beans.	Energy (kJ)	172	172	187	172	187							
	Energy (Cal)	41	41	45	41	45							
	Protein (g)	2.1	2.1	2.3	2.1	2.3							
	Fat, Total (g)	2.4	2.4	2.6	2.4	2.6							
	Saturated Fat (g)	1.5	1.5	1.7	1.5	1.7							
	Carbohydrate (g)	2.9	2.9	3.2	2.9	3.2							
	Sugars (g)	2.9	2.9	3.2	2.9	3.2							
	Sodium (mg)	26	26	28	26	28							
	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour
			Y	T			T						

Piccolo Latte - Skim Milk	Small		Standard		Large								
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL							
SKIM MILK: Skim Milk, Milk Solids Non Fat. COFFEE: Ground & Extracted Roasted Coffee Beans.	Energy (kJ)	91	91	101	91	101							
	Energy (Cal)	22	22	24	22	24							
	Protein (g)	2.2	2.2	2.4	2.2	2.4							
	Fat, Total (g)	0.1	0.1	0.1	0.1	0.1							
	Saturated Fat (g)	0.1	0.1	0.1	0.1	0.1							
	Carbohydrate (g)	3.0	3.0	3.4	3.0	3.4							
	Sugars (g)	3.0	3.0	3.4	3.0	3.4							
	Sodium (mg)	27	27	20	27	20							
	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour
			Y	T			T						

Piccolo Latte - Soy Milk

SOY MILK: Filtered Water, Whole **Soybean**, Raw Sugar, Minerals (Calcium Phosphate), Vegetable Gums (460, 407, 466), Natural Flavour, Salt, Food Acids (340, 331).
 COFFEE: Ground & Extracted Roasted Coffee Beans.

Contains soy and caffeine.
 May contain traces of milk or tree nuts due to equipment cross contact.

	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	108	119
Energy (Cal)	26	28
Protein (g)	1.9	2.0
Fat, Total (g)	1.1	1.2
Saturated Fat (g)	0.2	0.2
Carbohydrate (g)	1.9	2.1
Sugars (g)	1.3	1.4
Sodium (mg)	44	48

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour
		T	Y			T						

Piccolo Latte - Almond Milk

ALMOND MILK: Filtered Water, Whole **Almonds**, Raw Sugar, Sunflower Oil, Emulsifier (471, 322), Natural Flavour, Vegetable Gums (407, 418), Food Acid (330), Sea Salt.
 COFFEE: Ground & Extracted Roasted Coffee Beans.

Contains tree nuts and caffeine.
 May contain traces of milk or soy due to equipment cross contact.

	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	99	110
Energy (Cal)	24	26
Protein (g)	1.8	2.0
Fat, Total (g)	1.0	1.1
Saturated Fat (g)	0.2	0.3
Carbohydrate (g)	1.8	2.0
Sugars (g)	0.9	1.0
Sodium (mg)	41	46

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour
		T	T			Y						

Mocha

MILK: Full Cream **Milk**.
 COFFEE: Ground & Extracted Roasted Coffee Beans.
 HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains milk and caffeine.
 May contain traces of soy or tree nuts due to equipment cross contact.

	Small		Standard		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	883	387	1190	365	1490	392
Energy (Cal)	211	93	284	87	357	94
Protein (g)	8.5	3.7	10.9	3.3	12.9	3.4
Fat, Total (g)	8.5	3.7	10.9	3.2	12.0	3.2
Saturated Fat (g)	5.6	2.4	6.9	2.1	7.8	2.1
Carbohydrate (g)	24.0	10.5	34.5	10.6	46.4	12.2
Sugars (g)	23.1	10.1	33.0	10.2	44.2	11.6
Sodium (mg)	127	56	175	54	219	58

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour
		Y	T			T				T	Y	

Mocha - Skim Milk

SKIM MILK: Skim **Milk**, **Milk** Solids Non Fat.
 COFFEE: Ground & Extracted Roasted Coffee Beans.
 HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains milk and caffeine.
 May contain traces of soy or tree nuts due to equipment cross contact.

	Small		Standard		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	442	204	703	229	896	251
Energy (Cal)	106	49	168	55	214	60
Protein (g)	7.1	3.3	10.5	3.4	12.2	3.4
Fat, Total (g)	0.6	0.3	0.9	0.3	1.3	0.4
Saturated Fat (g)	0.4	0.2	0.7	0.2	0.9	0.3
Carbohydrate (g)	17.1	7.9	27.7	9.0	36.1	10.1
Sugars (g)	16.6	7.6	26.7	8.7	34.7	9.7
Sodium (mg)	101	46	153	50	185	52

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour
		Y	T			T				T	Y	

Mocha - Soy Milk

SOY MILK: Filtered Water, Whole **Soybean**, Raw Sugar, Minerals (Calcium Phosphate), Vegetable Gums (460, 407, 466), Flavours, Salt, Food Acids (340, 331).
 COFFEE: Ground & Extracted Roasted Coffee Beans.
 HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains milk, soy and caffeine.
 May contain traces of tree nuts due to equipment cross contact.

	Small		Standard		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	492	223	775	247	976	268
Energy (Cal)	118	53	185	59	233	64
Protein (g)	6.2	2.8	9.2	2.9	10.8	3.0
Fat, Total (g)	3.5	1.6	5.1	1.6	5.9	1.6
Saturated Fat (g)	0.8	0.3	1.2	0.4	1.5	0.4
Carbohydrate (g)	14.0	6.3	23.4	7.5	31.3	8.6
Sugars (g)	11.5	5.2	19.7	6.3	26.9	7.4
Sodium (mg)	148	67	219	70	259	71

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour
		Y	Y			T				T	Y	

Mocha - Almond Milk

ALMOND MILK: Filtered Water, Whole **Almonds**, Raw Sugar, Sunflower Oil, Emulsifier (471, 322), Natural Flavour, Vegetable Gum (407, 418), Food Acid (330), Sea Salt.

COFFEE: Ground & Extracted Roasted Coffee Beans.

HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains milk, tree nuts and caffeine.

May contain traces of soy due to equipment cross contact.

	Small		Standard		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	468	215	737	240	933	261
Energy (Cal)	112	51	176	57	223	62
Protein (g)	6.1	2.8	9.1	2.9	10.6	3.0
Fat, Total (g)	3.1	1.4	4.6	1.5	5.3	1.5
Saturated Fat (g)	0.9	0.4	1.4	0.5	1.7	0.5
Carbohydrate (g)	13.7	6.3	22.9	7.5	30.8	8.6
Sugars (g)	10.6	4.9	18.3	6.0	25.4	7.1
Sodium (mg)	142	65	211	69	249	70

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour
		Y	T			Y					Y	

Vienna

MILK: Full Cream **Milk**.

WHIPPED CREAM: Cream (**Milk**), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407).

COFFEE: Ground & Extracted Roasted Coffee Beans.

HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains milk and caffeine.

May contain traces of soy or tree nuts due to equipment cross contact.

	Small		Standard		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	352	132	353	96	353	83
Energy (Cal)	84	32	84	23	84	20
Protein (g)	0.7	0.3	0.7	0.2	0.7	0.2
Fat, Total (g)	8.1	3.1	8.1	2.2	8.1	1.9
Saturated Fat (g)	5.4	2.0	5.4	1.5	5.4	1.3
Carbohydrate (g)	2.2	0.8	2.2	0.6	2.2	0.5
Sugars (g)	2.1	0.8	2.1	0.6	2.2	0.5
Sodium (mg)	12	4	12	3	12	3

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour
		Y	T			T				T	Y	

Hot Chocolate

MILK: Full Cream **Milk**.

WATER

HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (Milk), Flavour, Starch, Salt

Contains milk.

May contain traces of soy or tree nuts due to equipment cross contact.

	Small		Standard		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	1010	416	1500	428	1990	416
Energy (Cal)	242	99	359	102	476	99
Protein (g)	8.8	3.6	13.1	3.7	17.4	3.6
Fat, Total (g)	8.1	3.3	12.1	3.4	16.1	3.4
Saturated Fat (g)	5.3	2.2	7.9	2.3	10.5	2.2
Carbohydrate (g)	31.6	13.0	46.6	13.3	61.7	12.9
Sugars (g)	30.1	12.4	44.5	12.7	58.9	12.3
Sodium (mg)	143	59	213	61	283	59

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour
		Y	T			T				T	Y	

Hot Chocolate - Skim Milk

SKIM MILK: Skim **Milk, Milk** Solids Non Fat.

WATER

HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains milk.

May contain traces of soy or tree nuts due to equipment cross contact.

	Small		Standard		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	597	275	872	284	1150	274
Energy (Cal)	143	66	208	68	276	65
Protein (g)	7.9	3.7	11.6	3.8	15.5	3.7
Fat, Total (g)	0.9	0.4	1.3	0.4	1.7	0.4
Saturated Fat (g)	0.6	0.3	0.9	0.3	1.2	0.3
Carbohydrate (g)	24.2	11.1	35.3	11.5	46.7	11.1
Sugars (g)	23.2	10.7	33.9	11.0	44.8	10.6
Sodium (mg)	121	56	177	58	236	56

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour
		Y	T			T				T	Y	

Hot Chocolate - Soy Milk

SOY MILK: Filtered Water, Whole **Soybean**, Raw Sugar, Minerals (Calcium Phosphate), Vegetable Gums (460, 407, 466), Flavours, Salt, Food Acids (340, 331).

WATER

HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains soy and milk.

May contain traces of tree nuts due to equipment cross contact.

	Small		Standard		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	646	293	945	302	1250	291
Energy (Cal)	154	70	226	72	299	70
Protein (g)	7.0	3.2	10.3	3.3	13.7	3.2
Fat, Total (g)	3.8	1.7	5.6	1.8	7.5	1.7
Saturated Fat (g)	1.0	0.4	1.4	0.4	1.9	0.4
Carbohydrate (g)	21.1	9.5	30.7	9.8	40.6	9.4
Sugars (g)	18.2	8.2	26.5	8.5	34.9	8.1
Sodium (mg)	168	76	246	79	328	76

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour
		Y	Y			T					Y	

Hot Chocolate - Almond Milk

ALMOND MILK: Filtered Water, Whole **Almonds**, Raw Sugar, Sunflower Oil, Emulsifer (471, 322), Natural Flavour, Vegetable Gum (407, 418), Food Acid (330), Sea Salt.

WATER

HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (**Milk**), Flavour, Starch, Salt.

Contains tree nuts and milk.

May contain traces of soy due to equipment cross contact.

	Small		Standard		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	620	285	907	295	1200	284
Energy (Cal)	148	68	217	70	287	68
Protein (g)	6.9	3.2	10.1	3.3	13.5	3.2
Fat, Total (g)	3.4	1.6	5.0	1.6	6.7	1.6
Saturated Fat (g)	1.1	0.5	1.6	0.5	2.2	0.5
Carbohydrate (g)	20.8	9.6	30.3	9.9	40.0	9.5
Sugars (g)	17.3	7.9	25.1	8.2	33.1	7.8
Sodium (mg)	162	75	238	77	316	75

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour
Y		Y	T			Y					Y	

Chai Latte

MILK: Full Cream **Milk**.

WATER

CHAI POWDER: Sugar, **Milk** Solids, Beverage Whitener (Vegetable Fat, Glucose Syrup Solids, **Milk** Protein, Emulsifiers (471 - **Soy**, 472c - **Soy**), Mineral Salts (450, 339), Anticaking

Agent (551), Antioxidant (307b -**Soy**)), Maltodextrin, Tea Powder, Colour (150d), Spices, Malt Extract, Flavours, Vegetable Gum (407), Spice Extract, Anticaking Agent (551).

Contains gluten, milk, soy and sulphites.

May contain traces of tree nuts due to equipment cross contact.

	Small		Standard		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	756	352	1250	390	1750	409
Energy (Cal)	181	84	300	93	419	98
Protein (g)	7.1	3.3	11.1	3.4	15.1	3.5
Fat, Total (g)	7.8	3.6	12.1	3.7	16.3	3.8
Saturated Fat (g)	5.0	2.3	7.7	2.4	10.4	2.4
Carbohydrate (g)	20.4	9.5	36.4	11.3	52.4	12.2
Sugars (g)	19.7	9.2	35.0	10.9	50.4	11.7
Sodium (mg)	100	47	162	50	224	52

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour
Y		Y	Y			T		Y			Y	Y

Chai Latte - Skim Milk

SKIM MILK: Skim **Milk**, **Milk** Solids Non Fat.

WATER

CHAI POWDER: Sugar, **Milk** Solids, Beverage Whitener (Vegetable Fat, Glucose Syrup Solids, **Milk** Protein, Emulsifiers (471 - **Soy**, 472c - **Soy**), Mineral Salts (450, 339), Anticaking

Agent (551), Antioxidant (307b -**Soy**)), Maltodextrin, Tea Powder, Colour (150d), Spices, Malt Extract, Flavours, Vegetable Gum (407), Spice Extract, Anticaking Agent (551).

Contains gluten, milk, soy and sulphites.

May contain traces of tree nuts due to equipment cross contact.

	Small		Standard		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	511	245	888	284	1260	303
Energy (Cal)	122	58	212	68	302	72
Protein (g)	7.4	3.5	11.6	3.7	15.8	3.8
Fat, Total (g)	0.9	0.4	1.7	0.6	2.6	0.6
Saturated Fat (g)	0.5	0.3	1.0	0.3	1.4	0.3
Carbohydrate (g)	20.6	9.9	36.8	11.7	52.9	12.7
Sugars (g)	20.0	9.6	35.5	11.3	50.9	12.2
Sodium (mg)	103	49	166	53	230	55

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour
Y		Y	Y			T		Y			Y	Y

Chai Latte - Soy Milk

SOY MILK: Filtered Water, Whole Soybean, Raw Sugar, Minerals (Calcium Phosphate), Vegetable Gums (460, 407, 466), Flavours, Salt, Food Acids (340, 331).

WATER

CHAI POWDER: Sugar, **Milk** Solids, Beverage Whitener (Vegetable Fat, Glucose Syrup Solids, **Milk** Protein, Emulsifiers (471 - **Soy**, 472c - **Soy**), Mineral Salts (450, 339), Anticaking

Agent (551), Antioxidant (307b -**Soy**)), Maltodextrin, Tea Powder, Colour (150d), Spices, Malt Extract, Flavours, Vegetable Gum (407), Spice Extract, Anticaking Agent (551).

Contains gluten, milk, soy and sulphites.

May contain traces of tree nuts due to equipment cross contact.

	Small		Standard		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	564	265	967	303	1370	322
Energy (Cal)	135	63	231	72	327	77
Protein (g)	6.5	3.0	10.2	3.2	13.8	3.3
Fat, Total (g)	4.0	1.9	6.4	2.0	8.8	2.1
Saturated Fat (g)	0.9	0.4	1.5	0.5	2.2	0.5
Carbohydrate (g)	17.3	8.1	31.8	10.0	46.3	10.9
Sugars (g)	14.7	6.9	27.5	8.6	40.3	9.5
Sodium (mg)	153	72	241	76	329	77

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour
Y		Y	Y			T		Y			Y	Y

Chai Latte - Almond Milk

ALMOND MILK: Filtered Water, Whole **Almonds**, Raw Sugar, Sunflower Oil, Emulsifer (471, 322), Natural Flavour, Vegetable Gum (407, 418), Food Acid (330), Sea Salt.

WATER

CHAI POWDER: Sugar, **Milk** Solids, Beverage Whitener (Vegetable Fat, Glucose Syrup Solids, **Milk** Protein, Emulsifiers (471 - **Soy**, 472c - **Soy**), Mineral Salts (450, 339), Anticaking

Agent (551), Antioxidant (307b -**Soy**)), Maltodextrin, Tea Powder, Colour (150d), Spices, Malt Extract, Flavours, Vegetable Gum (407), Spice Extract, Anticaking Agent (551).

Contains gluten, milk, soy, tree nuts and sulphites.

	Small		Standard		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	537	256	926	295	1310	315
Energy (Cal)	128	61	221	71	314	75
Protein (g)	6.3	3.0	10.0	3.2	13.6	3.3
Fat, Total (g)	3.6	1.7	5.8	1.8	8.0	1.9
Saturated Fat (g)	1.1	0.5	1.8	0.6	2.5	0.6
Carbohydrate (g)	17.0	8.1	31.4	10.0	45.7	10.9
Sugars (g)	13.7	6.5	26.0	8.3	38.3	9.2
Sodium (mg)	146	70	232	74	317	76

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour
Y		Y	Y			Y		Y			Y	Y

Tea	Small			Standard		Large							
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL							
ENGLISH BREAKFAST TEA: Water, Ceylon Tea.	16	6	23	6	27	6							
EARL GREY TEA: Water, Ceylon Black Tea, Bergamont Flavour.	4	1	5	1	6	1							
JASMINE GREEN TEA: Water, Green Tea with Jasmine Petals.	0.3	0.1	0.4	0.1	0.5	0.1							
PEPPERMINT AND CINNAMON TEA: Water, Peppermint Herb, Cinnamon Spice.	0.3	0.1	0.4	0.1	0.5	0.1							
	0.0	0.0	0.0	0.0	0.0	0.0							
	0.0	0.0	0.0	0.0	0.0	0.0							
	0.0	0.0	0.0	0.0	0.0	0.0							
	10	4	15	4	18	4							
	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour

COLD BEVERAGES

Iced Long Black	Small			Standard		Large							
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL							
ICE: Water.	<1	<1	1	<1	2	1							
COFFEE: Water, Ground & Extracted Roasted Coffee Beans	<1	<1	<1	<1	<1	<1							
	0.0	0.0	0.0	0.0	0.0	0.0							
	0.0	0.0	0.0	0.0	0.0	0.0							
	0.0	0.0	0.0	0.0	0.0	0.0							
	0.0	0.0	0.0	0.0	0.0	0.0							
	0.0	0.0	0.0	0.0	0.0	0.0							
	<1	<1	<1	<1	1	<1							
	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour

Iced Chocolate	Small			Standard		Large							
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL							
MILK: Full Cream Milk.	1270	358	1800	348	2330	343							
ICE: Water.	302	85	429	83	555	82							
CHOCOLATE SYRUP: Invert Sugar Syrup, Glucose Syrup (Preservative (223)), Water, Cocoa Powder, Salt, Preservative (202), Acidity Regulator (330), Flavours.	8.6	2.4	12.9	2.5	17.2	2.5							
WHIPPED CREAM: Cream (Milk), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gum (407, 401).	14.4	4.1	19.2	3.7	23.9	3.5							
HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (Milk), Flavour, Starch, Salt.	9.5	2.7	12.7	2.5	15.8	2.3							
	33.9	9.6	50.2	9.7	66.5	9.8							
	30.2	8.5	44.7	8.7	59.3	8.7							
	184	52	274	53	365	54							
	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour
	Y		Y	T			T		Y		Y		

Iced Chocolate - Skim Milk	Small			Standard		Large							
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL							
SKIM MILK: Skim Milk, Milk Solids Non Fat.	924	281	1290	267	1660	259							
ICE: Water.	219	67	305	63	392	61							
CHOCOLATE SYRUP: Inverts Sugar Syrup, Glucose Syrup (Preservative (223)), Water, Cocoa Powder, Malt Syrup, Salt, Preservative (211), Acidity Regulator (330), Flavour.	8.5	2.6	12.9	2.7	17.3	2.7							
WHIPPED CREAM: Cream (Milk), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gum (407, 401).	5.9	1.8	6.3	1.3	6.6	1.0							
HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (Milk), Flavour, Starch, Salt.	4.0	1.2	4.3	0.9	4.5	0.7							
	32.4	9.8	48.4	10.0	64.5	10.1							
	29.0	8.8	43.3	9.0	57.6	9.0							
	177	54	267	55	357	56							
	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour
	Y		Y	T			T		Y		Y		

Iced Chocolate - Soy Milk	Small			Standard		Large							
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL							
SOY MILK: Filtered Water, Whole Soybean, Raw Sugar, Minerals (Calcium Phosphate), Vegetable Gums (460, 407, 466), Flavours, Salt, Food Acids (340, 331).	1010	288	1410	275	1810	268							
ICE: Water.	242	69	337	66	432	64							
CHOCOLATE SYRUP: Inverts Sugar Syrup, Glucose Syrup (Preservative (223)), Water, Cocoa Powder, Malt Syrup, Salt, Preservative (211), Acidity Regulator (330), Flavour.	7.7	2.2	11.5	2.3	15.4	2.3							
WHIPPED CREAM: Cream (Milk), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gum (407, 401).	9.9	2.8	12.1	2.4	14.4	2.1							
HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, Whey Powder (Milk), Flavour, Starch, Salt.	4.6	1.3	5.0	1.0	5.5	0.8							
	29.3	8.3	43.3	8.4	57.2	8.5							
	23.7	6.7	34.7	6.8	45.8	6.8							
	240	68	361	70	482	71							
	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour
	Y		Y	Y			T		Y		Y		

Iced Chocolate - Almond Milk

ALMOND MILK: Filtered Water, Whole **Almonds**, Raw Sugar, Sunflower Oil, Emulsifer (471, 322), Natural Flavour, Vegetable Gum (407, 418), Food Acid (330), Sea Salt.

ICE: Water.

CHOCOLATE SYRUP: Inverts Sugar Syrup, Glucose Syrup (Preservative (223)), Water, Coca Powder, Malt Syrup, Salt, Preservative (211), Acidity Regulator (330), Flavour.

WHIPPED CREAM: Cream (**Milk**), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gum (407, 401).

HOT CHOCOLATE POWDER: Sugar, Cocoa Powder, **Whey** Powder (**Milk**), Flavour, Starch, Salt.

Contains gluten, milk, tree nuts and sulphites.

May contain traces of soy due to equipment cross contact.

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour
Y		Y	T			Y		Y		Y	Y	

Iced Chai Latte

MILK: Full Cream **Milk**.

ICE: Water.

WATER: Water.

CHAI POWDER: Sugar, **Milk** Solids, Beverage Whitener (Vegetable Fat, Glucose Syrup Solids, **Milk** Protein, Emulsifiers (471 - **Soy**, 472c - **Soy**), Mineral Salts (450, 339), Anticaking

Agent (551), Antioxidant (307b -**Soy**)), Maltodextrin, Tea Powder, Colour (150d), Spices, Malt Extract, Flavours, Vegetable Gum (407), Spice Extract, Anticaking Agent (551).

Contains gluten, milk, soy and sulphites.

May contain traces of tree nuts due to equipment cross contact.

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour
Y		Y	Y			T		Y			Y	Y

Iced Chai Latte - Skim Milk

SKIM MILK: Skim **Milk**, Milk Solids Non Fat.

ICE: Water.

WATER: Water.

CHAI POWDER: Sugar, **Milk** Solids, Beverage Whitener (Vegetable Fat, Glucose Syrup Solids, **Milk** Protein, Emulsifiers (471 - **Soy**, 472c - **Soy**), Mineral Salts (450, 339), Anticaking

Agent (551), Antioxidant (307b -**Soy**)), Maltodextrin, Tea Powder, Colour (150d), Spices, Malt Extract, Flavours, Vegetable Gum (407), Spice Extract, Anticaking Agent (551).

Contains gluten, milk, soy and sulphites.

May contain traces of tree nuts due to equipment cross contact.

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour
Y		Y	Y			T		Y			Y	Y

Iced Chai Latte - Soy Milk

SOY MILK: Filtered Water, Whole **Soybean**, Raw Sugar, Minerals (Calcium Phosphate), Vegetable Gums (460, 407, 466), Flavours, Salt, Food Acids (340, 331).

ICE: Water.

WATER: Water.

CHAI POWDER: Sugar, **Milk** Solids, Beverage Whitener (Vegetable Fat, Glucose Syrup Solids, **Milk** Protein, Emulsifiers (471 - **Soy**, 472c - **Soy**), Mineral Salts (450, 339), Anticaking

Agent (551), Antioxidant (307b -**Soy**)), Maltodextrin, Tea Powder, Colour (150d), Spices, Malt Extract, Flavours, Vegetable Gum (407), Spice Extract, Anticaking Agent (551).

Contains gluten, milk, soy and sulphites.

May contain traces of tree nuts due to equipment cross contact.

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour
Y		Y	Y			T		Y			Y	Y

Iced Chai Latte - Almond Milk

ALMOND MILK: Filtered Water, Whole **Almonds**, Raw Sugar, Sunflower Oil, Emulsifer (471, 322), Natural Flavour, Vegetable Gum (407, 418), Food Acid (330), Sea Salt.

WATER

CHAI POWDER: Sugar, Milk Solids, Beverage Whitener (Vegetable Fat, Glucose Syrup Solids, Milk Protein, Emulsifiers (471 - **Soy**, 472c - **Soy**), Mineral Salts (450, 339), Anticaking

Agent (551), Antioxidant (307b -**Soy**)), Maltodextrin, Tea Powder, Colour (150d), Spices, Malt Extract, Flavours, Vegetable Gum (407), Spice Extract, Anticaking Agent (551).

Contains gluten, milk, soy, tree nuts and sulphites.

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	Small		Standard		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	981	282	1360	269	1740	261
Energy (Cal)	235	67	325	64	416	62
Protein (g)	7.6	2.2	11.3	2.2	15.1	2.3
Fat, Total (g)	9.3	2.7	11.4	2.2	13.4	2.0
Saturated Fat (g)	4.8	1.4	5.3	1.1	5.9	0.9
Carbohydrate (g)	29.0	8.3	42.7	8.4	56.5	8.5
Sugars (g)	22.5	6.5	32.9	6.5	43.4	6.5
Sodium (mg)	233	67	350	69	467	70

	Small		Standard		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	996	268	1690	306	2210	329
Energy (Cal)	238	64	404	73	528	79
Protein (g)	9.4	2.5	15.2	2.7	18.8	2.8
Fat, Total (g)	10.4	2.8	16.6	3.0	20.3	3.0
Saturated Fat (g)	6.6	1.8	10.6	1.9	12.9	1.9
Carbohydrate (g)	26.6	7.2	48.1	8.7	66.5	9.9
Sugars (g)	25.7	6.9	46.3	8.4	63.9	9.5
Sodium (mg)	132	36	220	40	281	42

	Small		Standard		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	670	184	1180	219	1600	244
Energy (Cal)	159	44	282	52	382	58
Protein (g)	9.8	2.7	15.9	2.9	19.7	3.0
Fat, Total (g)	1.2	0.3	2.3	0.4	3.3	0.5
Saturated Fat (g)	0.7	0.2	1.3	0.2	1.8	0.3
Carbohydrate (g)	27.0	7.4	48.6	9.0	67.2	10.3
Sugars (g)	26.1	7.2	46.9	8.7	64.6	9.9
Sodium (mg)	136	37	226	42	288	44

	Small		Standard		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	740	200	1290	235	1730	260
Energy (Cal)	177	48	309	56	414	62
Protein (g)	8.6	2.3	13.9	2.5	17.3	2.6
Fat, Total (g)	5.4	1.5	8.8	1.6	11.0	1.7
Saturated Fat (g)	1.2	0.3	2.1	0.4	2.7	0.4
Carbohydrate (g)	22.6	6.1	41.8	7.6	59.0	8.9
Sugars (g)	19.0	5.1	35.9	6.5	51.5	7.7
Sodium (mg)	203	55	329	60	411	62

	Small		Standard		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	676	185	1190	219	1610	245
Energy (Cal)	162	44	285	52	385	58
Protein (g)	3.1	0.9	5.4	1.0	7.2	1.1
Fat, Total (g)	6.5	1.8	10.6	1.9	13.2	2.0
Saturated Fat (g)	0.9	0.3	1.7	0.3	2.3	0.3
Carbohydrate (g)	22.0	6.0	40.9	7.5	57.9	8.8
Sugars (g)	18.0	4.9	34.3	6.3	49.9	7.5

Information correct as at 1 December 2020

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Sodium (mg)	144	39	238	44	303	46
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Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour
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Iced Latte

MILK: Full Cream **Milk**.
 ICE: Water.
 COFFEE: Ground & Extracted Roasted Coffee Beans.
 SUGAR SYRUP: Sucrose Syrup, Preservatives (211, 202), Food Acid (330).

Contains milk and caffeine.
 May contain traces of soy or tree nuts due to equipment cross contact.

	Small		Standard		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	791	251	1300	274	1800	290
Energy (Cal)	189	60	310	66	430	69
Protein (g)	6.8	2.2	10.3	2.2	13.7	2.2
Fat, Total (g)	7.9	2.5	11.8	2.5	15.7	2.5
Saturated Fat (g)	5.2	1.6	7.7	1.6	10.3	1.7
Carbohydrate (g)	22.6	7.2	40.4	8.5	58.1	9.4
Sugars (g)	22.6	7.2	40.3	8.5	58.1	9.4
Sodium (mg)	85	27	128	27	171	28

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour
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Iced Latte - Skim Milk

SKIM MILK: Skim **Milk, Milk** Solids Non Fat.
 ICE: Water.
 COFFEE: Ground & Extracted Roasted Coffee Beans.
 SUGAR SYRUP: Sucrose Syrup, Preservatives (211, 202), Food Acid (330).

Contains milk and caffeine.
 May contain traces of soy or tree nuts due to equipment cross contact.

	Small		Standard		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	521	160	927	180	1260	196
Energy (Cal)	124	38	222	43	301	47
Protein (g)	7.2	2.2	11.8	2.3	14.5	2.2
Fat, Total (g)	0.2	0.1	0.3	0.1	0.4	0.1
Saturated Fat (g)	0.2	0.1	0.3	0.1	0.4	0.1
Carbohydrate (g)	22.9	7.0	42.1	8.2	58.8	9.1
Sugars (g)	22.9	7.0	42.1	8.2	58.8	9.1
Sodium (mg)	89	27	145	28	178	28

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour
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Iced Latte - Soy Milk

SOY MILK: Filtered Water, Whole **Soybean**, Raw Sugar, Minerals (Calcium Phosphate), Vegetable Gums (460, 407, 466), Flavours, Salt, Food Acids (340, 331)
 ICE: Water.
 COFFEE: Ground & Extracted Roasted Coffee Beans.
 SUGAR SYRUP: Sucrose Syrup, Preservatives (211, 202), Food Acid (330).

Contains soy and caffeine.
 May contain traces of milk or tree nuts due to equipment cross contact.

	Small		Standard		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	578	175	1020	196	1380	211
Energy (Cal)	138	42	244	47	329	50
Protein (g)	6.2	1.9	10.0	1.9	12.3	1.9
Fat, Total (g)	3.7	1.1	6.0	1.1	7.4	1.1
Saturated Fat (g)	0.6	0.2	1.0	0.2	1.2	0.2
Carbohydrate (g)	19.3	5.8	36.1	6.9	51.4	7.9
Sugars (g)	17.0	5.2	32.5	6.2	46.9	7.2
Sodium (mg)	144	44	234	45	289	44

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour
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Iced Latte - Almond Milk

ALMOND MILK: Filtered Water, Whole **Almonds**, Raw Sugar, Sunflower Oil, Emulsifer (471, 322), Natural Flavour, Vegetable Gum (407, 418), Food Acid (330), Sea Salt.
 ICE: Water.
 COFFEE: Ground & Extracted Roasted Coffee Beans.
 SUGAR SYRUP: Sucrose Syrup, Preservatives (211, 202), Food Acid (330).

Contains tree nuts and caffeine.
 May contain traces of milk or soy due to equipment cross contact.

	Small		Standard		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	548	168	973	189	1310	204
Energy (Cal)	131	40	232	45	314	49
Protein (g)	6.0	1.9	9.8	1.9	12.1	1.9
Fat, Total (g)	3.2	1.0	5.2	1.0	6.4	1.0
Saturated Fat (g)	0.8	0.2	1.3	0.3	1.6	0.2
Carbohydrate (g)	18.9	5.8	35.6	6.9	50.7	7.9
Sugars (g)	15.9	4.9	30.7	6.0	44.7	6.9
Sodium (mg)	137	42	223	43	275	43

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour
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Iced Mocha

MILK: Full Cream **Milk**.
 ICE: Water.
 COFFEE: Ground & Extracted Roasted Coffee Beans.
 SHAKE SYRUP CHOCOLATE: Invert Sugar Syrup, Glucose Syrup (Preservative (223)), Water, Cocoa Powder, Salt, Preservative (202), Acidity Regulator (330), Flavours.
 SUGAR SYRUP: Sucrose Syrup, Preservatives (211, 202), Food Acid (330).

Contains gluten, milk and sulphites.
 May contain traces of soy or tree nuts due to equipment cross contact.

	Small		Standard		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	1300	386	1960	392	2610	401
Energy (Cal)	311	92	467	94	623	96
Protein (g)	6.8	2.0	10.0	2.0	13.2	2.0
Fat, Total (g)	12.5	3.7	16.0	3.2	19.5	3.0
Saturated Fat (g)	8.3	2.4	10.6	2.1	12.9	2.0
Carbohydrate (g)	42.2	12.5	69.5	13.9	96.8	14.9
Sugars (g)	39.1	11.6	64.8	13.0	90.5	13.9
Sodium (mg)	154	46	230	46	305	47

	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour
	Y		Y	T			T		Y		Y	Y	

Iced Mocha - Skim Milk

SKIM MILK: Skim **Milk**, **Milk** Solids Non Fat.

ICE: Water.

COFFEE: Ground & Extracted Roasted Coffee Beans.

CHOCOLATE SYRUP: Inverts Sugar Syrup, Glucose Syrup (Preservative (223)), Water, Coca Powder, Malt Syrup, Salt, Preservative (211), Acidity Regulator (330), Flavour.

SUGAR SYRUP: Sucrose Syrup, Preservatives (211, 202), Food Acid (330).

Contains gluten, milk and sulphites.

May contain traces of soy or tree nuts due to equipment cross contact.

	Small		Standard		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	893	249	1390	278	1930	293
Energy (Cal)	213	60	333	66	461	70
Protein (g)	7.7	2.1	10.1	2.0	13.5	2.0
Fat, Total (g)	0.5	0.2	0.8	0.2	1.0	0.2
Saturated Fat (g)	0.4	0.1	0.6	0.1	0.8	0.1
Carbohydrate (g)	43.2	12.1	69.4	13.9	96.9	14.7
Sugars (g)	40.1	11.2	64.7	12.9	90.5	13.7
Sodium (mg)	164	46	230	46	306	46

	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour
	Y		Y	T			T		Y		Y	Y	

Iced Mocha - Soy Milk

SOY MILK: Filtered Water, Whole **Soybean**, Raw Sugar, Minerals (Calcium Phosphate), Vegetable Gums (460, 407, 466), Flavours, Salt, Food Acids (340, 331).

ICE: Water.

COFFEE: Ground & Extracted Roasted Coffee Beans.

CHOCOLATE SYRUP: Inverts Sugar Syrup, Glucose Syrup (Preservative (223)), Water, Coca Powder, Malt Syrup, Salt, Preservative (211), Acidity Regulator (330), Flavour.

SUGAR SYRUP: Sucrose Syrup, Preservatives (211, 202), Food Acid (330).

Contains gluten, soy and sulphites.

May contain traces of milk or tree nuts due to equipment cross contact.

	Small		Standard		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	950	262	1470	289	2030	304
Energy (Cal)	227	63	351	69	485	73
Protein (g)	6.6	1.8	8.8	1.7	11.7	1.8
Fat, Total (g)	3.9	1.1	5.2	1.0	6.9	1.0
Saturated Fat (g)	0.8	0.2	1.1	0.2	1.5	0.2
Carbohydrate (g)	39.7	10.9	64.8	12.8	90.6	13.6
Sugars (g)	34.3	9.5	57.2	11.3	80.5	12.1
Sodium (mg)	218	60	300	59	400	60

	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour
	Y		T	Y			T		Y		Y	Y	

Iced Mocha - Almond Milk

ALMOND MILK: Filtered Water, Whole **Almonds**, Raw Sugar, Sunflower Oil, Emulsifer (471, 322), Natural Flavour, Vegetable Gum (407, 418), Food Acid (330), Sea Salt.

ICE: Water.

COFFEE: Ground & Extracted Roasted Coffee Beans.

CHOCOLATE SYRUP: Inverts Sugar Syrup, Glucose Syrup (Preservative (223)), Water, Coca Powder, Malt Syrup, Salt, Preservative (211), Acidity Regulator (330), Flavour.

SUGAR SYRUP: Sucrose Syrup, Preservatives (211, 202), Food Acid (330).

Contains gluten, tree nuts and sulphites.

May contain traces of milk or soy due to equipment cross contact.

	Small		Standard		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	920	256	1430	285	1980	299
Energy (Cal)	220	61	341	68	473	72
Protein (g)	6.5	1.8	8.6	1.7	11.5	1.7
Fat, Total (g)	3.5	1.0	4.6	0.9	6.1	0.9
Saturated Fat (g)	1.0	0.3	1.4	0.3	1.8	0.3
Carbohydrate (g)	39.3	11.0	64.3	12.8	90.1	13.6
Sugars (g)	33.3	9.3	55.8	11.1	78.6	11.9
Sodium (mg)	211	59	291	58	389	59

	Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour
	Y		T	T			Y		Y		Y	Y	

EXTRAS

Flavoured Syrups

CARAMEL FLAVOURED SYRUP: Sucrose Syrup (Cane), Water, Flavour, Preservatives (211, 202), Food Acid (330), Colour (150d).

HAZELNUT FLAVOURED SYRUP: Sucrose Syrup (Cane), Water, Flavour, Preservatives (211, 202), Food Acid (330), Colour (150d).

VANILLA FLAVOURED SYRUP: Sucrose Syrup (Cane), Water, Flavour, Preservatives (211, 202), Food Acid (330), Colour (150d).

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	152	1010			304	1010
Energy (Cal)	36	242			73	242
Protein (g)	0.0	0.0			0.0	0.0
Fat, Total (g)	0.0	0.0			0.0	0.0
Saturated Fat (g)	0.0	0.0			0.0	0.0
Carbohydrate (g)	8.9	59.5			17.8	59.5
Sugars (g)	8.9	59.4			17.8	59.4
Sodium (mg)	<1	2			1	2

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour
								T		Y	Y	Y

Marshmallows

Glucose Syrup (**Wheat**, contains Preservative (**220**)), Sugar, Water, Gelatine, Dextrose, Flavour, Colour (122), Stabiliser (452), Maize Starch, **Wheat Starch**.

Contains gluten and sulphites.

	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	248	1380
Energy (Cal)	58	324
Protein (g)	0.8	4.4
Fat, Total (g)	0.0	0.1
Saturated Fat (g)	0.0	0.1
Carbohydrate (g)	13.7	76.3
Sugars (g)	10.7	59.4
Sodium (mg)	12	67

Gluten	Egg	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour
Y			T					Y		Y	Y	Y

Brands of Soy milk may vary between restaurants. Nutrition and ingredient information based on VitaSoy Milk.