



McDonald's Australia
McCafe Beverages
Allergen - Ingredients - Nutrition Information

Information correct as at June 2020

At McDonald's we believe in the nutritional principals of balance, variety and moderation and that eating at McDonald's can fit into a healthy lifestyle. Our goal is to provide you with the information necessary to make informed decisions about your McDonald's menu choices. This guide can help you balance your McDonald's meal with the other meals you eat today, and every day.

This guide is for our McCafe menu items. For information regarding short-time menu items, please either ask a manager in one of our restaurants or contact our Customer Service Department either via our website <http://mcdonalds.com.au/contactus> or on 02 9875 7100.

The nutrition and ingredient information is based on standard product formulations, standard product assembly and standard serving sizes. Actual sizes and assembly may vary. Due to the individual preparation of each of our menu items, actual values may vary from those listed. Variations may also occur depending on the local supplier, region of the country, and the season of the year. Further, product formulations may change periodically.

Food Sensitivities and Preferences

No food items are sold as allergen free.

As we operate working kitchens please be aware that there is always a risk that TRACES of allergens may be transferred to ingredients during storage or preparation of food in our kitchens. McDonald's Restaurants are therefore unable to guarantee that any food item sold is free from TRACES of allergens.

No food items are certified as vegetarian. Whilst some ingredients may not contain animal ingredients, we cannot guarantee that there will be no cross contact with ingredients that do contain animal ingredients in our kitchens.

We have a number of Halal certified restaurants. Only those items listed on the certificate in the front counter area and drive thru booth at our restaurants serving Halal options are certified as Halal.

If you would like further information or have food sensitivities or dietary concerns regarding specific ingredients in specific menu items, please contact us at <http://mcdonalds.com.au/contactus> or call us on 02 9875 7100.

HOT BEVERAGES																				
Espresso														Avg Qty / Serve	Avg Qty / 100mL					
COFFEE: Water, Ground and Extracted Roasted Coffee Beans.														Energy (kJ)	2	3				
														Energy (Cal)	<1	1				
														Protein (g)	0.0	0.1				
														Fat, Total (g)	0.0	0.0				
														Saturated Fat (g)	0.0	0.0				
														Carbohydrate (g)	0.0	0.1				
Gluten	Egg	Milk	Soy	Fish and Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Sugars (g)	0.0	0.1					
													Sodium (mg)	<1	2					
Long Black														Small		Standard		Large		
COFFEE: Water, Ground and Extracted Roasted Coffee Beans.														Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	
														Energy (kJ)	1	<1	2	<1	2	<1
														Energy (Cal)	<1	<1	<1	<1	<1	<1
														Protein (g)	0.0	0.0	0.0	0.0	0.1	0.0
														Fat, Total (g)	0.0	0.0	0.0	0.0	0.0	0.0
														Saturated Fat (g)	0.0	0.0	0.0	0.0	0.0	0.0
														Carbohydrate (g)	0.0	0.0	0.0	0.0	0.1	0.0
Gluten	Egg	Milk	Soy	Fish and Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Sugars (g)	0.0	0.0					
													Sodium (mg)	<1	<1					
Babyccino														Avg Qty / Serve	Avg Qty / 100mL					
MILK: Whole Fresh Milk.														Energy (kJ)	340	295				
CHOCOLATE POWDER: Sugar, Cocoa Powders, Whey Powder, Flavour, Starch, Salt.														Energy (Cal)	81	71				
<i>Contains milk.</i>														Protein (g)	2.3	2.0				
<i>May contain TRACES of soy and tree nuts due to equipment cross contact.</i>														Fat, Total (g)	2.6	2.2				
<i>CHOCOLATE POWDER may contain TRACES of soy and sulphites.</i>														Saturated Fat (g)	1.7	1.5				
Gluten	Egg	Milk	Soy	Fish and Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Sugars (g)	3.8	3.3					
		Y	T			T		T		Y	Y		Sodium (mg)	30	26					
Babyccino with Skim Milk														Avg Qty / Serve	Avg Qty / 100mL					
SKIM MILK: Fresh Skim Milk, Milk Solids Non Fat.														Energy (kJ)	113	171				
CHOCOLATE POWDER: Sugar, Cocoa Powders, Whey Powder, Flavour, Starch, Salt.														Energy (Cal)	27	41				
<i>Contains milk.</i>														Protein (g)	2.4	3.7				
<i>May contain TRACES of soy and tree nuts due to equipment cross contact.</i>														Fat, Total (g)	0.1	0.1				
<i>CHOCOLATE POWDER may contain TRACES of soy and sulphites.</i>														Saturated Fat (g)	0.1	0.1				
Gluten	Egg	Milk	Soy	Fish and Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Sugars (g)	3.9	5.9					
		Y	T			T		T		Y	Y		Sodium (mg)	31	47					
Babyccino with Soy Milk														Avg Qty / Serve	Avg Qty / 100mL					
SOY MILK: Filtered Water, Whole Soybean, Raw Sugar, Minerals (Calcium Phosphate), Vegetable gums (460, 407, 466), Flavours, Salt, Food Acids (340, 331).														Energy (kJ)	132	196				
CHOCOLATE POWDER: Sugar, Cocoa Powders, Whey Powder, Flavour, Starch, Salt.														Energy (Cal)	32	47				
<i>Contains milk and soy.</i>														Protein (g)	2.1	3.1				
<i>May contain TRACES of milk and tree nuts due to equipment cross contact.</i>														Fat, Total (g)	1.2	1.8				
<i>CHOCOLATE POWDER may contain TRACES of soy and sulphites.</i>														Saturated Fat (g)	0.2	0.3				
Gluten	Egg	Milk	Soy	Fish and Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Sugars (g)	2.0	3.0					
		Y	Y			T		T		Y	Y		Sodium (mg)	49	72					

Babyccino with Almond Milk													Avg Qty / Serve	Avg Qty / 100mL	
ALMOND MILK: Filtered Water, Whole Almonds , Raw Sugar, Sunflower Oil, Emulsifer (471, 322 - soy), Natural Flavour, Vegetable Gum (407, 418), Food Acid (330), Sea Salt.													Energy (kJ)	185	122
CHOCOLATE POWDER: Sugar, Cocoa Powders, Whey Powder, Flavour, Starch, Salt.													Energy (Cal)	44	29
<i>Contains milk, soy and tree nuts.</i>													Protein (g)	3.1	2.0
<i>May contain TRACES of milk and soy due to equipment cross contact.</i>													Fat, Total (g)	1.6	1.1
<i>CHOCOLATE POWDER may contain TRACES of soy and sulphites.</i>													Saturated Fat (g)	0.4	0.3
Gluten	Egg	Milk	Soy	Fish and Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Carbohydrate (g)	4.0	2.7
		Y	Y			Y		T		Y	Y		Sugars (g)	2.5	1.6
													Sodium (mg)	70	46
Macchiato													Avg Qty / Serve	Avg Qty / 100mL	
COFFEE: Water, Ground and Extracted Roasted Coffee Beans.													Energy (kJ)	15	39
MILK: Whole Fresh Milk .													Energy (Cal)	4	9
<i>Contains milk.</i>													Protein (g)	0.2	0.5
<i>May contain TRACES of soy and tree nuts due to equipment cross contact.</i>													Fat, Total (g)	0.2	0.5
Gluten	Egg	Milk	Soy	Fish and Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Saturated Fat (g)	0.1	0.3
		Y	T			T							Carbohydrate (g)	0.3	0.7
													Sugars (g)	0.3	0.7
													Sodium (mg)	3	7
Macchiato with Skim Milk													Avg Qty / Serve	Avg Qty / 100mL	
COFFEE: Water, Ground and Extracted Roasted Coffee Beans.													Energy (kJ)	9	22
SKIM MILK: Fresh Skim Milk , Milk Solids Non Fat.													Energy (Cal)	2	5
<i>Contains milk.</i>													Protein (g)	0.2	0.5
<i>May contain TRACES of soy and tree nuts due to equipment cross contact.</i>													Fat, Total (g)	0.0	0.0
Gluten	Egg	Milk	Soy	Fish and Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Saturated Fat (g)	0.0	0.0
		Y	T			T							Carbohydrate (g)	0.3	0.7
													Sugars (g)	0.3	0.7
													Sodium (mg)	3	7
Macchiato with Soy Milk													Avg Qty / Serve	Avg Qty / 100mL	
COFFEE: Water, Ground and Extracted Roasted Coffee Beans.													Energy (kJ)	10	25
SOY MILK: Filtered Water, Whole Soybean , Raw Sugar, Minerals (Calcium Phosphate), Vegetable gums (460, 407, 466), Flavours, Salt, Food Acids (340, 331).													Energy (Cal)	2	6
<i>Contains soy.</i>													Protein (g)	0.2	0.5
<i>May contain TRACES of milk and tree nuts due to equipment cross contact.</i>													Fat, Total (g)	0.1	0.2
Gluten	Egg	Milk	Soy	Fish and Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Saturated Fat (g)	0.0	0.0
		T	Y			Y					Y		Carbohydrate (g)	0.2	0.5
													Sugars (g)	0.1	0.3
													Sodium (mg)	4	11
Macchiato with Almond Milk													Avg Qty / Serve	Avg Qty / 100mL	
COFFEE: Water, Ground and Extracted Roasted Coffee Beans.													Energy (kJ)	9	23
ALMOND MILK: Filtered Water, Whole Almonds , Raw Sugar, Sunflower Oil, Emulsifer (471, 322 - soy), Natural Flavour, Vegetable Gum (407, 418), Food Acid (330), Sea Salt.													Energy (Cal)	2	6
<i>Contains soy and tree nuts.</i>													Protein (g)	0.2	0.5
<i>May contain TRACES of milk and soy due to equipment cross contact.</i>													Fat, Total (g)	0.1	0.2
Gluten	Egg	Milk	Soy	Fish and Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Saturated Fat (g)	0.0	0.1
		T	Y			Y					Y		Carbohydrate (g)	0.2	0.5
													Sugars (g)	0.4	0.3
													Sodium (mg)	4	10

													Small		Standard		Large		
													Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	
Cappuccino with Full Cream Milk													Energy (kJ)	647	249	690	238	776	235
MILK: Whole Fresh Milk.													Energy (Cal)	155	59	165	57	185	56
COFFEE: Water, Ground and Extracted Roasted Coffee Beans.													Protein (g)	7.5	2.9	8.1	2.8	9.1	2.7
CHOCOLATE POWDER: Sugar, Cocoa Powders, Whey Powder, Flavour, Starch, Salt.													Fat, Total (g)	8.4	3.2	9.1	3.1	10.3	3.1
<i>Contains milk.</i>													Saturated Fat (g)	5.5	2.1	6.0	2.1	6.8	2.0
<i>May contain TRACES of soy and tree nuts due to equipment cross contact.</i>													Carbohydrate (g)	12.2	4.7	12.6	4.4	14.1	4.3
<i>CHOCOLATE POWDER may contain TRACES of soy and sulphites.</i>													Sugars (g)	12.0	4.6	12.5	4.3	14.0	4.2
Gluten	Egg	Milk	Soy	Fish and Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Sodium (mg)	96	37	103	35	116	35
		Y	T			T		T		Y	Y								
Cappuccino with Skim Milk													Small		Standard		Large		
													Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	
SKIM MILK: Fresh Skim Milk, Milk Solids Non Fat.													Energy (kJ)	287	142	371	134	423	131
COFFEE: Water, Ground and Extracted Roasted Coffee Beans.													Energy (Cal)	68	34	89	32	101	31
CHOCOLATE POWDER: Sugar, Cocoa Powders, Whey Powder, Flavour, Starch, Salt.													Protein (g)	6.3	3.1	8.3	3.0	9.6	3.0
<i>Contains milk.</i>													Fat, Total (g)	0.2	0.1	0.3	0.1	0.3	0.1
<i>May contain TRACES of soy and tree nuts due to equipment cross contact.</i>													Saturated Fat (g)	0.2	0.1	0.3	0.1	0.3	0.1
<i>CHOCOLATE POWDER may contain TRACES of soy and sulphites.</i>													Carbohydrate (g)	10.0	4.9	12.7	4.6	14.5	4.5
Gluten	Egg	Milk	Soy	Fish and Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Sugars (g)	9.9	4.9	12.7	4.6	14.4	4.5
		Y	T			T		T		Y	Y		Sodium (mg)	79	39	105	38	120	37
Cappuccino with Soy Milk													Small		Standard		Large		
													Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	
SOY MILK: Filtered Water, Whole Soybean , Raw Sugar, Minerals (Calcium Phosphate), Vegetable gums (460, 407, 466), Flavours, Salt, Food Acids (340, 331).													Energy (kJ)	325	162	445	155	499	152
COFFEE: Water, Ground and Extracted Roasted Coffee Beans.													Energy (Cal)	78	39	106	37	119	36
CHOCOLATE POWDER: Sugar, Cocoa Powders, Whey Powder, Flavour, Starch, Salt.													Protein (g)	5.3	2.6	7.3	2.5	8.2	2.5
<i>Contains soy.</i>													Fat, Total (g)	3.1	1.5	4.3	1.5	4.9	1.5
<i>May contain TRACES of milk and tree nuts due to equipment cross contact.</i>													Saturated Fat (g)	0.5	0.3	0.7	0.3	0.8	0.3
<i>CHOCOLATE POWDER may contain TRACES of soy and sulphites.</i>													Carbohydrate (g)	6.5	3.2	8.8	3.1	9.7	3.0
Gluten	Egg	Milk	Soy	Fish and Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Sugars (g)	4.7	2.4	6.1	2.1	6.7	2.0
		T	Y			T		T		Y	Y		Sodium (mg)	123	61	170	59	192	58
Cappuccino with Almond Milk													Small		Standard		Large		
													Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	
ALMOND MILK: Filtered Water, Whole Almonds , Raw Sugar, Sunflower Oil, Emulsifer (471, 322 - soy), Natural Flavour, Vegetable Gum (407, 418), Food Acid (330), Sea Salt.													Energy (kJ)	303	153	410	145	459	142
COFFEE: Water, Ground and Extracted Roasted Coffee Beans.													Energy (Cal)	72	37	98	35	110	34
CHOCOLATE POWDER: Sugar, Cocoa Powders, Whey Powder, Flavour, Starch, Salt.													Protein (g)	5.2	2.6	7.1	2.5	8.0	2.5
<i>Contains soy and tree nuts.</i>													Fat, Total (g)	2.7	1.4	3.8	1.3	4.2	1.3
<i>May contain TRACES of milk and soy due to equipment cross contact.</i>													Saturated Fat (g)	0.7	0.4	1.0	0.3	1.1	0.3
<i>CHOCOLATE POWDER may contain TRACES of soy and sulphites.</i>													Carbohydrate (g)	6.4	3.3	8.4	3.0	9.3	2.9
Gluten	Egg	Milk	Soy	Fish and Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Sugars (g)	3.8	1.9	4.8	1.7	5.3	1.6
		T	Y			Y		T		Y	Y		Sodium (mg)	117	59	162	57	183	57

													Small		Standard		Large		
													Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	
Flat White with Full Cream Milk													Energy (kJ)	487	237	702	232	759	227
MILK: Whole Fresh Milk.													Energy (Cal)	116	57	168	55	181	54
COFFEE: Water, Ground and Extracted Roasted Coffee Beans.													Protein (g)	5.8	2.8	8.4	2.8	9.1	2.7
<i>Contains milk.</i>													Fat, Total (g)	6.7	3.2	9.6	3.2	10.4	3.1
<i>May contain TRACES of soy and tree nuts due to equipment cross contact.</i>													Saturated Fat (g)	4.4	2.1	6.3	2.1	6.8	2.1
Gluten	Egg	Milk	Soy	Fish and Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Carbohydrate (g)	8.3	4.0	11.9	3.9	12.9	3.9
		Y	T			T							Sugars (g)	8.3	4.0	11.9	3.9	12.9	3.9
													Sodium (mg)	73	35	105	35	113	34
													Small		Standard		Large		
													Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	
Flat White with Skim Milk													Energy (kJ)	256	125	369	127	399	123
SKIM MILK: Fresh Skim Milk, Milk Solids Non Fat.													Energy (Cal)	60	29	87	30	94	29
COFFEE: Water, Ground and Extracted Roasted Coffee Beans.													Protein (g)	6.2	3.0	8.9	3.1	9.6	3.0
<i>Contains milk.</i>													Fat, Total (g)	0.2	0.1	0.2	0.1	0.3	0.1
<i>May contain TRACES of soy or tree nuts due to equipment cross contact.</i>													Saturated Fat (g)	0.2	0.1	0.2	0.1	0.3	0.1
Gluten	Egg	Milk	Soy	Fish and Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Carbohydrate (g)	8.5	4.2	12.3	4.2	13.3	4.1
		Y	T			T							Sugars (g)	8.5	4.2	12.3	4.2	13.3	4.1
													Sodium (mg)	76	37	109	37	118	36
													Small		Standard		Large		
													Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	
Flat White with Soy Milk													Energy (kJ)	306	150	441	147	477	144
SOY MILK: Filtered Water, Whole Soybean, Raw Sugar, Minerals (Calcium Phosphate), Vegetable gums (460, 407, 466), Flavours, Salt, Food Acids (340, 331).													Energy (Cal)	73	36	105	35	114	34
COFFEE: Water, Ground and Extracted Roasted Coffee Beans.													Protein (g)	5.2	2.6	7.6	2.5	8.2	2.5
<i>Contains soy.</i>													Fat, Total (g)	3.1	1.5	4.5	1.5	4.9	1.5
<i>May contain TRACES of milk and tree nuts due to equipment cross contact.</i>													Saturated Fat (g)	0.5	0.3	0.8	0.3	0.8	0.2
Gluten	Egg	Milk	Soy	Fish and Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Carbohydrate (g)	5.4	2.7	7.8	2.6	8.5	2.6
		T	Y			T					Y		Sugars (g)	3.5	1.7	5.1	1.7	5.5	1.7
													Sodium (mg)	122	60	176	59	191	58

													Small		Standard		Large		
													Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	
Flat White with Almond Milk													Energy (kJ)	280	140	403	136	436	134
ALMOND MILK: Filtered Water, Whole Almonds , Raw Sugar, Sunflower Oil, Emulsifer (471, 322 - soy), Natural Flavour, Vegetable Gum (407, 418), Food Acid (330), Sea Salt.													Energy (Cal)	67	33	96	33	104	32
COFFEE: Water, Ground and Extracted Roasted Coffee Beans.													Protein (g)	5.1	2.6	7.4	2.5	8.0	2.5
<i>Contains soy and tree nuts.</i>													Fat, Total (g)	2.7	1.4	3.9	1.3	4.2	1.3
<i>May contain TRACES of milk and soy due to equipment cross contact.</i>													Saturated Fat (g)	0.7	0.3	1.0	0.3	1.1	0.3
Gluten	Egg	Milk	Soy	Fish and Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Carbohydrate (g)	5.1	2.6	7.4	2.5	8.0	2.5
		T	Y			Y					Y		Sugars (g)	2.6	1.3	3.7	1.3	4.0	1.2
													Sodium (mg)	116	58	168	57	182	56
													Small		Standard		Large		
													Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	
Latte with Full Cream Milk													Energy (kJ)	473	236	687	231	745	227
MILK: Whole Fresh Milk .													Energy (Cal)	113	56	164	55	178	54
COFFEE: Water, Ground and Extracted Roasted Coffee Beans.													Protein (g)	5.7	2.8	8.2	2.8	8.9	2.7
<i>Contains milk.</i>													Fat, Total (g)	6.5	3.2	9.4	3.2	10.2	3.1
<i>May contain TRACES of soy and tree nuts due to equipment cross contact.</i>													Saturated Fat (g)	4.3	2.1	6.2	2.1	6.7	2.0
Gluten	Egg	Milk	Soy	Fish and Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Carbohydrate (g)	8.0	4.0	11.7	3.9	12.7	3.9
		Y	T			T							Sugars (g)	8.0	4.0	11.7	3.9	12.7	3.9
													Sodium (mg)	71	35	103	34	111	34
													Small		Standard		Large		
													Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	
Latte with Skim Milk													Energy (kJ)	249	124	361	127	392	122
SKIM MILK: Fresh Skim Milk , Milk Solids Non Fat.													Energy (Cal)	59	29	85	30	92	29
COFFEE: Water, Ground and Extracted Roasted Coffee Beans.													Protein (g)	6.0	3.0	8.7	3.0	9.4	2.9
<i>Contains milk.</i>													Fat, Total (g)	0.2	0.1	0.2	0.1	0.3	0.1
<i>May contain TRACES of soy and tree nuts due to equipment cross contact.</i>													Saturated Fat (g)	0.2	0.1	0.2	0.1	0.3	0.1
Gluten	Egg	Milk	Soy	Fish and Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Carbohydrate (g)	8.3	4.1	12.0	4.2	13.1	4.1
		Y	T			T							Sugars (g)	8.3	4.1	12.0	4.2	13.1	4.1
													Sodium (mg)	73	37	107	37	116	36
													Small		Standard		Large		
													Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	
Latte with Soy Milk													Energy (kJ)	297	149	432	146	477	144
SOY MILK: Filtered Water, Whole Soybean , Raw Sugar, Minerals (Calcium Phosphate), Vegetable gums (460, 407, 466), Flavours, Salt, Food Acids (340, 331).													Energy (Cal)	71	36	103	35	114	34
COFFEE: Water, Ground and Extracted Roasted Coffee Beans.													Protein (g)	5.1	2.6	7.4	2.5	8.2	2.5
<i>Contains soy.</i>													Fat, Total (g)	3.0	1.5	4.4	1.5	4.9	1.5
<i>May contain TRACES of milk and tree nuts due to equipment cross contact.</i>													Saturated Fat (g)	0.5	0.3	0.7	0.2	0.8	0.2
Gluten	Egg	Milk	Soy	Fish and Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Carbohydrate (g)	5.3	2.6	7.7	2.6	8.5	2.6
		T	Y			T					Y		Sugars (g)	3.4	1.7	5.0	1.7	5.5	1.7
													Sodium (mg)	119	60	173	58	191	58

													Small		Standard		Large		
													Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	
Latte with Almond Milk													Energy (kJ)	271	139	395	136	436	134
ALMOND MILK: Filtered Water, Whole Almonds , Raw Sugar, Sunflower Oil, Emulsifer (471, 322 - soy), Natural Flavour, Vegetable Gum (407, 418), Food Acid (330), Sea Salt.													Energy (Cal)	65	33	94	33	104	32
COFFEE: Water, Ground and Extracted Roasted Coffee Beans.													Protein (g)	5.0	2.6	7.3	2.5	8.0	2.5
<i>Contains soy and tree nuts.</i>													Fat, Total (g)	2.6	1.4	3.8	1.3	4.2	1.3
<i>May contain TRACES of milk and soy due to equipment cross contact.</i>													Saturated Fat (g)	0.7	0.3	1.0	0.3	1.1	0.3
Gluten	Egg	Milk	Soy	Fish and Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Carbohydrate (g)	5.0	2.6	7.3	2.5	8.0	2.5
		T	Y			Y					Y		Sugars (g)	2.5	1.3	3.7	1.3	4.0	1.2
													Sodium (mg)	113	58	165	57	182	56
Piccolo Latte with Full Cream Milk													Avg Qty / Serve	Avg Qty / 100mL					
MILK: Whole Fresh Milk.													Energy (kJ)	172	187				
COFFEE: Water, Ground and Extracted Roasted Coffee Beans.													Energy (Cal)	41	45				
<i>Contains milk.</i>													Protein (g)	2.1	2.3				
<i>May contain TRACES of soy and tree nuts due to equipment cross contact.</i>													Fat, Total (g)	2.4	2.6				
Gluten	Egg	Milk	Soy	Fish and Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Saturated Fat (g)	1.5	1.7				
		Y	T			T							Carbohydrate (g)	2.9	3.2				
													Sugars (g)	2.9	3.2				
													Sodium (mg)	26	28				
Mocha with Full Cream Milk													Avg Qty / Serve	Avg Qty / 100mL	Standard		Large		
MILK: Whole Fresh Milk.													Energy (kJ)	883	387	1190	365	1490	392
COFFEE: Water, Ground and Extracted Roasted Coffee Beans.													Energy (Cal)	211	93	284	87	357	94
CHOCOLATE POWDER: Sugar, Cocoa Powders, Whey Powder, Flavour, Starch, Salt.													Protein (g)	8.5	3.7	10.9	3.3	12.9	3.4
<i>Contains milk.</i>													Fat, Total (g)	8.5	3.7	10.9	3.2	12.0	3.2
<i>May contain TRACES of soy and tree nuts due to equipment cross contact.</i>													Saturated Fat (g)	5.6	2.4	6.9	2.1	7.8	2.1
<i>CHOCOLATE POWDER may contain TRACES of soy and sulphites.</i>													Carbohydrate (g)	24.0	10.5	34.5	10.6	46.4	12.2
Gluten	Egg	Milk	Soy	Fish and Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Sugars (g)	23.1	10.1	33.0	10.2	44.2	11.6
		Y	T			T		T		Y	Y		Sodium (mg)	127	56	175	54	219	58
Mocha with Skim Milk													Avg Qty / Serve	Avg Qty / 100mL	Standard		Large		
SKIM MILK: Fresh Skim Milk, Milk Solids Non Fat.													Energy (kJ)	442	204	703	229	896	251
COFFEE: Water, Ground and Extracted Roasted Coffee Beans.													Energy (Cal)	106	49	168	55	214	60
CHOCOLATE POWDER: Sugar, Cocoa Powders, Whey Powder, Flavour, Starch, Salt.													Protein (g)	7.1	3.3	10.5	3.4	12.2	3.4
<i>Contains milk.</i>													Fat, Total (g)	0.6	0.3	0.9	0.3	1.3	0.4
<i>May contain TRACES of soy and tree nuts due to equipment cross contact.</i>													Saturated Fat (g)	0.4	0.2	0.7	0.2	0.9	0.3
<i>CHOCOLATE POWDER may contain TRACES of soy and sulphites.</i>													Carbohydrate (g)	17.1	7.9	27.7	9.0	36.1	10.1
Gluten	Egg	Milk	Soy	Fish and Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Sugars (g)	16.6	7.6	26.7	8.7	34.7	9.7
		Y	T			T		T		Y	Y		Sodium (mg)	101	46	153	50	185	52
Mocha with Soy Milk													Avg Qty / Serve	Avg Qty / 100mL	Standard		Large		
SOY MILK: Filtered Water, Whole Soybean , Raw Sugar, Minerals (Calcium Phosphate), Vegetable gums (460, 407, 466), Flavours, Salt, Food Acids (340, 331).													Energy (kJ)	492	223	775	247	976	268
COFFEE: Water, Ground and Extracted Roasted Coffee Beans.													Energy (Cal)	118	53	185	59	233	64
CHOCOLATE POWDER: Sugar, Cocoa Powders, Whey Powder, Flavour, Starch, Salt.													Protein (g)	6.2	2.8	9.2	2.9	10.8	3.0
<i>Contains soy.</i>													Fat, Total (g)	3.5	1.6	5.1	1.6	5.9	1.6
<i>May contain TRACES of milk and tree nuts due to equipment cross contact.</i>													Saturated Fat (g)	0.8	0.3	1.2	0.4	1.5	0.4
<i>CHOCOLATE POWDER may contain TRACES of soy and sulphites.</i>													Carbohydrate (g)	14.0	6.3	23.4	7.5	31.3	8.6
Gluten	Egg	Milk	Soy	Fish and Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Sugars (g)	11.5	5.2	19.7	6.3	26.9	7.4
		T	Y			T		T		Y	Y		Sodium (mg)	148	67	219	70	259	71

													Small		Standard		Large		
													Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	
Mocha with Almond Milk													Energy (kJ)	468	215	737	240	933	261
ALMOND MILK: Filtered Water, Whole Almonds , Raw Sugar, Sunflower Oil, Emulsifer (471, 322 - soy), Natural Flavour, Vegetable Gum (407, 418), Food Acid (330), Sea Salt.													Energy (Cal)	112	51	176	57	223	62
COFFEE: Water, Ground and Extracted Roasted Coffee Beans.													Protein (g)	6.1	2.8	9.1	2.9	10.6	3.0
CHOCOLATE POWDER: Sugar, Cocoa Powders, Whey Powder, Flavour, Starch, Salt.													Fat, Total (g)	3.1	1.4	4.6	1.5	5.3	1.5
<i>Contains soy and tree nuts.</i>													Saturated Fat (g)	0.9	0.4	1.4	0.5	1.7	0.5
<i>May contain TRACES of milk and soy due to equipment cross contact.</i>													Carbohydrate (g)	13.7	6.3	22.9	7.5	30.8	8.6
<i>CHOCOLATE POWDER may contain TRACES of soy and sulphites.</i>													Sugars (g)	10.6	4.9	18.3	6.0	25.4	7.1
Gluten	Egg	Milk	Soy	Fish and Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Sodium (mg)	142	65	211	69	249	70
		T	Y			Y		T		Y	Y								
Vienna													Small		Standard		Large		
WHIPPED CREAM: Cream , Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gum (407, 401).													Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	
COFFEE: Water, Ground and Extracted Roasted Coffee Beans.													Energy (kJ)	352	132	353	96	353	83
CHOCOLATE POWDER: Sugar, Cocoa Powders, Whey Powder, Flavour, Starch, Salt.													Energy (Cal)	84	32	84	23	84	20
<i>Contains milk.</i>													Protein (g)	0.7	0.3	0.7	0.2	0.7	0.2
<i>May contain TRACES of soy and tree nuts due to equipment cross contact.</i>													Fat, Total (g)	8.1	3.1	8.1	2.2	8.1	1.9
<i>CHOCOLATE POWDER may contain TRACES of soy and sulphites.</i>													Saturated Fat (g)	5.4	2.0	5.4	1.5	5.4	1.3
Gluten	Egg	Milk	Soy	Fish and Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Carbohydrate (g)	2.2	0.8	2.2	0.6	2.2	0.5
		Y	T			T		T		Y	Y		Sugars (g)	2.1	0.8	2.1	0.6	2.2	0.5
													Sodium (mg)	12	4	12	3	12	3
Hot Chocolate with Full Cream Milk													Small		Standard		Large		
MILK: Whole Fresh Milk .													Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	
WATER													Energy (kJ)	1010	416	1500	428	1990	416
CHOCOLATE POWDER: Sugar, Cocoa Powders, Whey Powder, Flavour, Starch, Salt.													Energy (Cal)	242	99	359	102	476	99
<i>Contains milk.</i>													Protein (g)	8.8	3.6	13.1	3.7	17.4	3.6
<i>May contain TRACES of soy and tree nuts due to equipment cross contact.</i>													Fat, Total (g)	8.1	3.3	12.1	3.4	16.1	3.4
<i>CHOCOLATE POWDER may contain TRACES of soy and sulphites.</i>													Saturated Fat (g)	5.3	2.2	7.9	2.3	10.5	2.2
Gluten	Egg	Milk	Soy	Fish and Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Carbohydrate (g)	31.6	13.0	46.6	13.3	61.7	12.9
		Y	T			T		T		Y	Y		Sugars (g)	30.1	12.4	44.5	12.7	58.9	12.3
													Sodium (mg)	143	59	213	61	283	59
Hot Chocolate with Skim Milk													Small		Standard		Large		
SKIM MILK: Fresh Skim Milk , Milk Solids Non Fat.													Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	
WATER													Energy (kJ)	597	275	872	284	1150	274
CHOCOLATE POWDER: Sugar, Cocoa Powders, Whey Powder, Flavour, Starch, Salt.													Energy (Cal)	143	66	208	68	276	65
<i>Contains milk.</i>													Protein (g)	7.9	3.7	11.6	3.8	15.5	3.7
<i>May contain TRACES of soy and tree nuts due to equipment cross contact.</i>													Fat, Total (g)	0.9	0.4	1.3	0.4	1.7	0.4
<i>CHOCOLATE POWDER may contain TRACES of soy and sulphites.</i>													Saturated Fat (g)	0.6	0.3	0.9	0.3	1.2	0.3
Gluten	Egg	Milk	Soy	Fish and Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Carbohydrate (g)	24.2	11.1	35.3	11.5	46.7	11.1
		Y	T			T		T		Y	Y		Sugars (g)	23.2	10.7	33.9	11.0	44.8	10.6
													Sodium (mg)	121	56	177	58	236	56
Hot Chocolate with Soy Milk													Small		Standard		Large		
SOY MILK: Filtered Water, Whole Soybean , Raw Sugar, Minerals (Calcium Phosphate), Vegetable gums (460, 407, 466), Flavours, Salt, Food Acids (340, 331).													Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	
WATER													Energy (kJ)	646	293	945	302	1250	291
CHOCOLATE POWDER: Sugar, Cocoa Powders, Whey Powder, Flavour, Starch, Salt.													Energy (Cal)	154	70	226	72	299	70
<i>Contains milk and soy.</i>													Protein (g)	7.0	3.2	10.3	3.3	13.7	3.2
<i>May contain TRACES of milk and tree nuts due to equipment cross contact.</i>													Fat, Total (g)	3.8	1.7	5.6	1.8	7.5	1.7
<i>CHOCOLATE POWDER may contain TRACES of soy and sulphites.</i>													Saturated Fat (g)	1.0	0.4	1.4	0.4	1.9	0.4
Gluten	Egg	Milk	Soy	Fish and Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Carbohydrate (g)	21.1	9.5	30.7	9.8	40.6	9.4
DAM-057		Y	Y			T		T		Y	Y		Sugars (g)	18.2	8.2	26.5	8.5	34.9	8.1
													Sodium (mg)	168	76	246	79	328	76

													Small		Standard		Large		
													Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	
Hot Chocolate with Almond Milk													Energy (kJ)	620	285	907	295	1200	284
ALMOND MILK: Filtered Water, Whole Almonds , Raw Sugar, Sunflower Oil, Emulsifer (471, 322 - soy), Natural Flavour, Vegetable Gum (407, 418), Food Acid (330), Sea Salt.													Energy (Cal)	148	68	217	70	287	68
WATER													Protein (g)	6.9	3.2	10.1	3.3	13.5	3.2
CHOCOLATE POWDER: Sugar, Cocoa Powders, Whey Powder, Flavour, Starch, Salt.													Fat, Total (g)	3.4	1.6	5.0	1.6	6.7	1.6
<i>Contains milk, soy and tree nuts.</i>													Saturated Fat (g)	1.1	0.5	1.6	0.5	2.2	0.5
<i>May contain TRACES of milk and soy due to equipment cross contact.</i>													Carbohydrate (g)	20.8	9.6	30.3	9.9	40.0	9.5
<i>CHOCOLATE POWDER may contain TRACES of soy and sulphites.</i>													Sugars (g)	17.3	7.9	25.1	8.2	33.1	7.8
Gluten	Egg	Milk	Soy	Fish and Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Sodium (mg)	162	75	238	77	316	75
		Y	Y			Y		T		Y	Y								
Chai Latte with Full Cream Milk													Small		Standard		Large		
MILK: Whole Fresh Milk .													Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	
WATER													Energy (kJ)	756	352	1250	390	1750	409
CHAI POWDER: Sugar, Milk Solids, Beverage Whitener [Vegetable Fat, Glucose Syrup Solids, Milk Protein, Emulsifiers (471, 472c - soy), Mineral Salts (450, 339), Anticaking Agent (551), Antioxidant (307b - soy)], Maltodextrin, Tea Powder, Colour (150d), Spices, Malt Extract (contains gluten), Flavours, Vegetable Gum (407), Spice Extract, Anticaking Agent (551).													Energy (Cal)	181	84	300	93	419	98
<i>Contains gluten, milk, soy and sulphites.</i>													Protein (g)	7.1	3.3	11.1	3.4	15.1	3.5
<i>May contain TRACES of soy and tree nuts due to equipment cross contact.</i>													Fat, Total (g)	7.8	3.6	12.1	3.7	16.3	3.8
Gluten	Egg	Milk	Soy	Fish and Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Sugars (g)	19.7	9.2	35.0	10.9	50.4	11.7
Y		Y	Y			T		Y		Y	Y	Y	Sodium (mg)	100	47	162	50	224	52
Chai Latte with Skim Milk													Small		Standard		Large		
SKIM MILK: Fresh Skim Milk , Milk Solids Non Fat.													Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	
WATER													Energy (kJ)	511	245	888	284	1260	303
CHAI POWDER: Sugar, Milk Solids, Beverage Whitener [Vegetable Fat, Glucose Syrup Solids, Milk Protein, Emulsifiers (471, 472c - soy), Mineral Salts (450, 339), Anticaking Agent (551), Antioxidant (307b - soy)], Maltodextrin, Tea Powder, Colour (150d), Spices, Malt Extract (contains gluten), Flavours, Vegetable Gum (407), Spice Extract, Anticaking Agent (551).													Energy (Cal)	122	58	212	68	302	72
<i>Contains gluten, milk, soy and sulphites.</i>													Protein (g)	7.4	3.5	11.6	3.7	15.8	3.8
<i>May contain TRACES of soy and tree nuts due to equipment cross contact.</i>													Fat, Total (g)	0.9	0.4	1.7	0.6	2.6	0.6
Gluten	Egg	Milk	Soy	Fish and Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Sugars (g)	20.0	9.6	35.5	11.3	50.9	12.2
Y		Y	Y			T		Y		Y	Y	Y	Sodium (mg)	103	49	166	53	230	55
Chai Latte with Soy Milk													Small		Standard		Large		
SOY MILK: Filtered Water, Whole Soybean , Raw Sugar, Minerals (Calcium Phosphate), Vegetable gums (460, 407, 466), Flavours, Salt, Food Acids (340, 331).													Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	
WATER													Energy (kJ)	564	265	967	303	1370	322
CHAI POWDER: Sugar, Milk Solids, Beverage Whitener [Vegetable Fat, Glucose Syrup Solids, Milk Protein, Emulsifiers (471, 472c - soy), Mineral Salts (450, 339), Anticaking Agent (551), Antioxidant (307b - soy)], Maltodextrin, Tea Powder, Colour (150d), Spices, Malt Extract (contains gluten), Flavours, Vegetable Gum (407), Spice Extract, Anticaking Agent (551).													Energy (Cal)	135	63	231	72	327	77
<i>Contains gluten, milk, soy and sulphites.</i>													Protein (g)	6.5	3.0	10.2	3.2	13.8	3.3
<i>May contain TRACES of milk and tree nuts due to equipment cross contact.</i>													Fat, Total (g)	4.0	1.9	6.4	2.0	8.8	2.1
Gluten	Egg	Milk	Soy	Fish and Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Sugars (g)	14.7	6.9	27.5	8.6	40.3	9.5
Y		Y	Y			T		Y		Y	Y	Y	Sodium (mg)	153	72	241	76	329	77
Chai Latte with Almond Milk													Small		Standard		Large		
ALMOND MILK: Filtered Water, Whole Almonds , Raw Sugar, Sunflower Oil, Emulsifer (471, 322 - soy), Natural Flavour, Vegetable Gum (407, 418), Food Acid (330), Sea Salt.													Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	
WATER													Energy (kJ)	537	256	926	295	1310	315
CHAI POWDER: Sugar, Milk Solids, Beverage Whitener [Vegetable Fat, Glucose Syrup Solids, Milk Protein, Emulsifiers (471, 472c - soy), Mineral Salts (450, 339), Anticaking Agent (551), Antioxidant (307b - soy)], Maltodextrin, Tea Powder, Colour (150d), Spices, Malt Extract (contains gluten), Flavours, Vegetable Gum (407), Spice Extract, Anticaking Agent (551).													Energy (Cal)	128	61	221	71	314	75
<i>Contains gluten, milk, soy, tree nuts and sulphites.</i>													Protein (g)	6.3	3.0	10.0	3.2	13.6	3.3
<i>May contain TRACES of milk and soy due to equipment cross contact.</i>													Fat, Total (g)	3.6	1.7	5.8	1.8	8.0	1.9
Gluten	Egg	Milk	Soy	Fish and Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Sugars (g)	13.7	6.5	26.0	8.3	38.3	9.2
AM-057		Y	Y			Y		Y		Y	Y	Y	Sodium (mg)	146	70	232	74	317	76

													Small		Standard		Large		
													Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	
Black Tea													Energy (kJ)	16	6	23	6	27	6
ENGLISH BREAKFAST TEA: Water, Black Tea.													Energy (Cal)	4	1	5	1	6	1
EARL GREY TEA: Water, Black Tea, Bergamot.													Protein (g)	0.3	0.1	0.4	0.1	0.5	0.1
GREEN TEA: Water, Green Tea.													Fat, Total (g)	0.3	0.1	0.4	0.1	0.5	0.1
PEPPERMINT TEA: Water, Peppermint Herb.													Saturated Fat (g)	0.0	0.0	0.0	0.0	0.0	0.0
													Carbohydrate (g)	0.0	0.0	0.0	0.0	0.0	0.0
													Sugars (g)	0.0	0.0	0.0	0.0	0.0	0.0
													Sodium (mg)	10	4	15	4	18	4
Gluten	Egg	Milk	Soy	Fish and Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour							
COLD BEVERAGES																			
													Small		Standard		Large		
													Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	
Iced Long Black													Energy (kJ)	<1	<1	1	<1	2	1
ICE: Water.													Energy (Cal)	<1	<1	<1	<1	<1	<1
COFFEE: Water, Ground and Extracted Roasted Coffee Beans.													Protein (g)	0.0	0.0	0.0	0.0	0.0	0.0
													Fat, Total (g)	0.0	0.0	0.0	0.0	0.0	0.0
													Saturated Fat (g)	0.0	0.0	0.0	0.0	0.0	0.0
													Carbohydrate (g)	0.0	0.0	0.0	0.0	0.0	0.0
Gluten	Egg	Milk	Soy	Fish and Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Sugars (g)	0.0	0.0				
													0.0	0.0					
													Sodium (mg)	<1	<1	<1	<1	1	<1
Iced Chocolate with Full Cream Milk																			
													Small		Standard		Large		
													Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	
MILK: Whole Fresh Milk.													Energy (kJ)	1270	358	1800	348	2330	343
ICE: Water.													Energy (Cal)	302	85	429	83	555	82
CHOCOLATE SYRUP: Invert Sugar Syrup, Glucose Syrup [Glucose, Preservative (223 - sulphur dioxide)], Water, Cocoa Powder, Salt, Preservative (202), Acidity Regulator (330), Flavours.													Protein (g)	8.6	2.4	12.9	2.5	17.2	2.5
WHIPPED CREAM: Cream, Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gum (407, 401).													Fat, Total (g)	14.4	4.1	19.2	3.7	23.9	3.5
CHOCOLATE POWDER: Sugar, Cocoa Powders, Whey Powder, Flavour, Starch, Salt.													Saturated Fat (g)	9.5	2.7	12.7	2.5	15.8	2.3
<i>Contains milk and sulphites. May contain TRACES of soy.</i>													Carbohydrate (g)	33.9	9.6	50.2	9.7	66.5	9.8
<i>May contain TRACES of soy and tree nuts due to equipment cross contact.</i>													Sugars (g)	30.2	8.5	44.7	8.7	59.3	8.7
Gluten	Egg	Milk	Soy	Fish and Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Sodium (mg)	184	52				
		Y	T			T		Y		Y	Y		274	53					
Iced Chocolate with Skim Milk																			
													Small		Standard		Large		
													Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	
SKIM MILK: Fresh Skim Milk, Milk Solids Non Fat.													Energy (kJ)	924	281	1290	267	1660	259
ICE: Water.													Energy (Cal)	219	67	305	63	392	61
CHOCOLATE SYRUP: Invert Sugar Syrup, Glucose Syrup [Glucose, Preservative (223 - sulphur dioxide)], Water, Cocoa Powder, Salt, Preservative (202), Acidity Regulator (330), Flavours.													Protein (g)	8.5	2.6	12.9	2.7	17.3	2.7
WHIPPED CREAM: Cream, Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gum (407, 401).													Fat, Total (g)	5.9	1.8	6.3	1.3	6.6	1.0
CHOCOLATE POWDER: Sugar, Cocoa Powders, Whey Powder, Flavour, Starch, Salt.													Saturated Fat (g)	4.0	1.2	4.3	0.9	4.5	0.7
<i>Contains milk and sulphites. May contain TRACES of soy.</i>													Carbohydrate (g)	32.4	9.8	48.4	10.0	64.5	10.1
<i>May contain TRACES of soy and tree nuts due to equipment cross contact.</i>													Sugars (g)	29.0	8.8	43.3	9.0	57.6	9.0
Gluten	Egg	Milk	Soy	Fish and Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Sodium (mg)	177	54				
		Y	T			T		Y		Y	Y		267	55					

Iced Chocolate with Soy Milk

 SOY MILK: Filtered Water, Whole **Soybean**, Raw Sugar, Minerals (Calcium Phosphate), Vegetable gums (460, 407, 466), Flavours, Salt, Food Acids (340, 331).

ICE: Water.

 CHOCOLATE SYRUP: Invert Sugar Syrup, Glucose Syrup [Glucose, Preservative (223 - **sulphur dioxide**)], Water, Cocoa Powder, Salt, Preservative (202), Acidity Regulator (330), Flavours.

 WHIPPED CREAM: **Cream**, Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gum (407, 401).

 CHOCOLATE POWDER: Sugar, Cocoa Powders, **Whey** Powder, Flavour, Starch, Salt.

Contains milk, soy and sulphites.
May contain TRACES of milk and tree nuts due to equipment cross contact.

Gluten	Egg	Milk	Soy	Fish and Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour
		Y	Y			T		Y		Y	Y	

	Small		Standard		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	1010	288	1410	275	1810	268
Energy (Cal)	242	69	337	66	432	64
Protein (g)	7.7	2.2	11.5	2.3	15.4	2.3
Fat, Total (g)	9.9	2.8	12.1	2.4	14.4	2.1
Saturated Fat (g)	4.6	1.3	5.0	1.0	5.5	0.8
Carbohydrate (g)	29.3	8.3	43.3	8.4	57.2	8.5
Sugars (g)	23.7	6.7	34.7	6.8	45.8	6.8
Sodium (mg)	240	68	361	70	482	71

Iced Chocolate with Almond Milk

 ALMOND MILK: Filtered Water, Whole **Almonds**, Raw Sugar, Sunflower Oil, Emulsifier (471, 322 - **soy**), Natural Flavour, Vegetable Gum (407, 418), Food Acid (330), Sea Salt.

ICE: Water

 CHOCOLATE SYRUP: Invert Sugar Syrup, Glucose Syrup [Glucose, Preservative (223 - **sulphur dioxide**)], Water, Cocoa Powder, Salt, Preservative (202), Acidity Regulator (330), Flavours.

 WHIPPED CREAM: **Cream**, Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gum (407, 401).

 CHOCOLATE POWDER: Sugar, Cocoa Powders, **Whey** Powder, Flavour, Starch, Salt.

Contains milk, soy, tree nuts and sulphites.

Gluten	Egg	Milk	Soy	Fish and Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour
		Y	Y			Y		Y		Y	Y	

	Small		Standard		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	981	282	1360	269	1740	261
Energy (Cal)	235	67	325	64	416	62
Protein (g)	7.6	2.2	11.3	2.2	15.1	2.3
Fat, Total (g)	9.3	2.7	11.4	2.2	13.4	2.0
Saturated Fat (g)	4.8	1.4	5.3	1.1	5.9	0.9
Carbohydrate (g)	29.0	8.3	42.7	8.4	56.5	8.5
Sugars (g)	22.5	6.5	32.9	6.5	43.4	6.5
Sodium (mg)	233	67	350	69	467	70

Iced Latte with Full Cream Milk

 MILK: Whole Fresh **Milk**.

ICE: Water.

COFFEE: Water, Ground and Extracted Roasted Coffee Beans.

SUGAR SYRUP: Sucrose Syrup, Preservatives (211, 202), Food Acid (330).

Contains milk.
May contain TRACES of soy and tree nuts due to equipment cross contact.

Gluten	Egg	Milk	Soy	Fish and Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour
		Y	T			T				Y		

	Small		Standard		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	791	251	1300	274	1800	290
Energy (Cal)	189	60	310	66	430	69
Protein (g)	6.8	2.2	10.3	2.2	13.7	2.2
Fat, Total (g)	7.9	2.5	11.8	2.5	15.7	2.5
Saturated Fat (g)	5.2	1.6	7.7	1.6	10.3	1.7
Carbohydrate (g)	22.6	7.2	40.4	8.5	58.1	9.4
Sugars (g)	22.6	7.2	40.3	8.5	58.1	9.4
Sodium (mg)	85	27	128	27	171	28

Iced Latte with Skim Milk

 SKIM MILK: Fresh Skim **Milk**, **Milk** Solids Non Fat.

ICE: Water.

COFFEE: Water, Ground and Extracted Roasted Coffee Beans.

SUGAR SYRUP: Sucrose Syrup, Preservatives (211, 202), Food Acid (330).

Contains milk.
May contain TRACES of soy and tree nuts due to equipment cross contact.

Gluten	Egg	Milk	Soy	Fish and Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour
		Y	T			T				Y		

	Small		Standard		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	521	160	927	180	1260	196
Energy (Cal)	124	38	222	43	301	47
Protein (g)	7.2	2.2	11.8	2.3	14.5	2.2
Fat, Total (g)	0.2	0.1	0.3	0.1	0.4	0.1
Saturated Fat (g)	0.2	0.1	0.3	0.1	0.4	0.1
Carbohydrate (g)	22.9	7.0	42.1	8.2	58.8	9.1
Sugars (g)	22.9	7.0	42.1	8.2	58.8	9.1
Sodium (mg)	89	27	145	28	178	28

												Small		Standard		Large			
												Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL		
Iced Latte with Soy Milk												Energy (kJ)	578	175	1020	196	1380	211	
SOY MILK: Filtered Water, Whole Soybean , Raw Sugar, Minerals (Calcium Phosphate), Vegetable gums (460, 407, 466), Flavours, Salt, Food Acids (340, 331).												Energy (Cal)	138	42	244	47	329	50	
ICE: Water.												Protein (g)	6.2	1.9	10.0	1.9	12.3	1.9	
COFFEE: Water, Ground and Extracted Roasted Coffee Beans.												Fat, Total (g)	3.7	1.1	6.0	1.1	7.4	1.1	
SUGAR SYRUP: Sucrose Syrup, Preservatives (211, 202), Food Acid (330).												Saturated Fat (g)	0.6	0.2	1.0	0.2	1.2	0.2	
<i>Contains soy.</i>												Carbohydrate (g)	19.3	5.8	36.1	6.9	51.4	7.9	
<i>May contain TRACES of milk and tree nuts due to equipment cross contact.</i>												Sugars (g)	17.0	5.2	32.5	6.2	46.9	7.2	
Gluten	Egg	Milk	Soy	Fish and Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Sodium (mg)	144	44	234	45	289	44
		T	Y			T				Y	Y								
Iced Latte with Almond Milk												Small		Standard		Large			
												Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL		
ALMOND MILK: Filtered Water, Whole Almonds , Raw Sugar, Sunflower Oil, Emulsifier (471, 322 - soy), Natural Flavour, Vegetable Gum (407, 418), Food Acid (330), Sea Salt.												Energy (kJ)	548	168	973	189	1310	204	
ICE: Water.												Energy (Cal)	131	40	232	45	314	49	
COFFEE: Water, Ground and Extracted Roasted Coffee Beans.												Protein (g)	6.0	1.9	9.8	1.9	12.1	1.9	
SUGAR SYRUP: Sucrose Syrup, Preservatives (211, 202), Food Acid (330).												Fat, Total (g)	3.2	1.0	5.2	1.0	6.4	1.0	
<i>Contains soy and tree nuts.</i>												Saturated Fat (g)	0.8	0.2	1.3	0.3	1.6	0.2	
<i>May contain TRACES of milk and tree nuts due to equipment cross contact.</i>												Carbohydrate (g)	18.9	5.8	35.6	6.9	50.7	7.9	
Gluten	Egg	Milk	Soy	Fish and Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Sugars (g)	15.9	4.9	30.7	6.0	44.7	6.9
		T	Y			Y				Y			Sodium (mg)	137	42	223	43	275	43
Iced Mocha with Full Cream Milk												Small		Standard		Large			
												Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL		
MILK: Whole Fresh Milk .												Energy (kJ)	1300	386	1960	392	2610	401	
ICE: Water.												Energy (Cal)	311	92	467	94	623	96	
COFFEE: Water, Ground and Extracted Roasted Coffee Beans.												Protein (g)	6.8	2.0	10.0	2.0	13.2	2.0	
CHOCOLATE SYRUP: Invert Sugar Syrup, Glucose Syrup [Glucose, Preservative (223 - sulphur dioxide)], Water, Cocoa Powder, Salt, Preservative (202), Acidity Regulator (330), Flavours.												Fat, Total (g)	12.5	3.7	16.0	3.2	19.5	3.0	
SUGAR SYRUP: Sucrose Syrup, Preservatives (211, 202), Food Acid (330).												Saturated Fat (g)	8.3	2.4	10.6	2.1	12.9	2.0	
<i>Contains milk and sulphites.</i>												Carbohydrate (g)	42.2	12.5	69.5	13.9	96.8	14.9	
<i>May contain TRACES of soy and tree nuts due to equipment cross contact.</i>												Sugars (g)	39.1	11.6	64.8	13.0	90.5	13.9	
Gluten	Egg	Milk	Soy	Fish and Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Sodium (mg)	154	46	230	46	305	47
		Y	T			T		Y		Y	Y								
Iced Mocha with Skim Milk												Small		Standard		Large			
												Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL		
SKIM MILK: Fresh Skim Milk , Milk Solids Non Fat.												Energy (kJ)	893	249	1390	278	1930	293	
ICE: Water.												Energy (Cal)	213	60	333	66	461	70	
COFFEE: Water, Ground and Extracted Roasted Coffee Beans.												Protein (g)	7.7	2.1	10.1	2.0	13.5	2.0	
CHOCOLATE SYRUP: Invert Sugar Syrup, Glucose Syrup [Glucose, Preservative (223 - sulphur dioxide)], Water, Cocoa Powder, Salt, Preservative (202), Acidity Regulator (330), Flavours.												Fat, Total (g)	0.5	0.2	0.8	0.2	1.0	0.2	
SUGAR SYRUP: Sucrose Syrup, Preservatives (211, 202), Food Acid (330).												Saturated Fat (g)	0.4	0.1	0.6	0.1	0.8	0.1	
<i>Contains milk and sulphites.</i>												Carbohydrate (g)	43.2	12.1	69.4	13.9	96.9	14.7	
<i>May contain TRACES of soy and tree nuts due to equipment cross contact.</i>												Sugars (g)	40.1	11.2	64.7	12.9	90.5	13.7	
Gluten	Egg	Milk	Soy	Fish and Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Sodium (mg)	164	46	230	46	306	46
		Y	T			T		Y		Y	Y								
Iced Mocha with Soy Milk												Small		Standard		Large			
												Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL		
SOY MILK: Filtered Water, Whole Soybean , Raw Sugar, Minerals (Calcium Phosphate), Vegetable gums (460, 407, 466), Flavours, Salt, Food Acids (340, 331).												Energy (kJ)	950	262	1470	289	2030	304	
ICE: Water.												Energy (Cal)	227	63	351	69	485	73	
COFFEE: Water, Ground and Extracted Roasted Coffee Beans.												Protein (g)	6.6	1.8	8.8	1.7	11.7	1.8	
CHOCOLATE SYRUP: Invert Sugar Syrup, Glucose Syrup [Glucose, Preservative (223 - sulphur dioxide)], Water, Cocoa Powder, Salt, Preservative (202), Acidity Regulator (330), Flavours.												Fat, Total (g)	3.9	1.1	5.2	1.0	6.9	1.0	
SUGAR SYRUP: Sucrose Syrup, Preservatives (211, 202), Food Acid (330).												Saturated Fat (g)	0.8	0.2	1.1	0.2	1.5	0.2	
<i>Contains soy and sulphites.</i>												Carbohydrate (g)	39.7	10.9	64.8	12.8	90.6	13.6	
<i>May contain TRACES of milk and tree nuts due to equipment cross contact.</i>												Sugars (g)	34.3	9.5	57.2	11.3	80.5	12.1	
Gluten	Egg	Milk	Soy	Fish and Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Sodium (mg)	218	60	300	59	400	60

													Small		Standard		Large					
													Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL				
Iced Mocha with Almond Milk													Energy (kJ)	920	256	1430	285	1980	299			
ALMOND MILK: Filtered Water, Whole Almonds , Raw Sugar, Sunflower Oil, Emulsifer (471, 322 - soy), Natural Flavour, Vegetable Gum (407, 418), Food Acid (330), Sea Salt.													Energy (Cal)	220	61	341	68	473	72			
ICE: Water.													Protein (g)	6.5	1.8	8.6	1.7	11.5	1.7			
COFFEE: Water, Ground and Extracted Roasted Coffee Beans.													Fat, Total (g)	3.5	1.0	4.6	0.9	6.1	0.9			
CHOCOLATE SYRUP: Invert Sugar Syrup, Glucose Syrup [Glucose, Preservative (223 - sulphur dioxide)], Water, Cocoa Powder, Salt, Preservative (202), Acidity Regulator (330), Flavours.													Saturated Fat (g)	1.0	0.3	1.4	0.3	1.8	0.3			
SUGAR SYRUP: Sucrose Syrup, Preservatives (211, 202), Food Acid (330).													Carbohydrate (g)	39.3	11.0	64.3	12.8	90.1	13.6			
<i>Contains soy, tree nuts and sulphites. May contain TRACES of milk and soy due to equipment cross contact.</i>													Sugars (g)	33.3	9.3	55.8	11.1	78.6	11.9			
Gluten	Egg	Milk	Soy	Fish and Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Sodium (mg)	211	59	291	58	389	59			
		T	Y			Y		Y		Y	Y											
EXTRAS																						
													Small and Standard		Large							
													Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL						
Flavoured Syrups													Energy (kJ)	152	1010	304	1010					
CARAMEL FLAVOURED SYRUP: Sucrose Syrup (Cane), Water, Flavour, Preservatives (211, 202), Food Acid (330), Colour (150d).													Energy (Cal)	36	242	73	242					
HAZELNUT FLAVOURED SYRUP: Sucrose Syrup (Cane), Water, Flavour, Preservatives (211, 202), Food Acid (330), Colour (150d).													Protein (g)	0.0	0.0	0.0	0.0					
VANILLA FLAVOURED SYRUP: Sucrose Syrup (Cane), Water, Flavour, Preservatives (211, 202), Food Acid (330), Colour (150d).													Fat, Total (g)	0.0	0.0	0.0	0.0					
													Saturated Fat (g)	0.0	0.0	0.0	0.0					
													Carbohydrate (g)	8.9	59.5	17.8	59.5					
Gluten	Egg	Milk	Soy	Fish and Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Sugars (g)	8.9	59.4	17.8	59.4					
								T		Y	Y	Y	Sodium (mg)	<1	2	1	2					
Marshmallows													Avg Qty / Serve	Avg Qty / 100mL								
Glucose Syrup (from Wheat , contains Preservative (220)), Sugar, Water, Gelatine, Dextrose, Flavour, Colour (122), Stabiliser (452), Maize Starch, Wheat													Energy (kJ)	248	1380							
Starch.													Energy (Cal)	58	324							
<i>Contains gluten and sulphites.</i>													Protein (g)	0.8	4.4							
<i>May contain TRACES of soy.</i>													Fat, Total (g)	0.0	0.1							
													Saturated Fat (g)	0.0	0.1							
													Carbohydrate (g)	13.7	76.3							
Gluten	Egg	Milk	Soy	Fish and Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Flavour	Colour	Sugars (g)	10.7	59.4							
Y			T					Y		Y	Y	Y	Sodium (mg)	12	67							

Brands of soy milk may vary between restaurants. Nutrition and ingredient information based on VitaSoy Milk.